



APG NEWS

Published in the interest of the people of Aberdeen Proving Ground, Maryland

www.TeamAPG.com

THURSDAY, SEPTEMBER 17, 2015

59, No. 37

Pollution Prevention Week events set

By **YVONNE JOHNSON**
APG News

With the theme, "Reduce, Reuse, Recycle," the Directorate of Public Works will host awareness-focused events for the APG community during Pollution Prevention Week, Sept. 21-25.

The first event is a Pollution Prevention Week Open House set for 10 a.m. to 2 p.m., Tuesday, Sept. 22 at the APG North (Aberdeen) recreation center. Displays and information tables by post and local organizations will promote awareness and highlight initiatives and goals.

Vickie Venzen, DPW qualified recycling program manager, Maia Kaiser, DPW pollution prevention program manager, and Syreeta Gross, a pollution prevention program support contractor, are organizing the event; it's a first for APG.

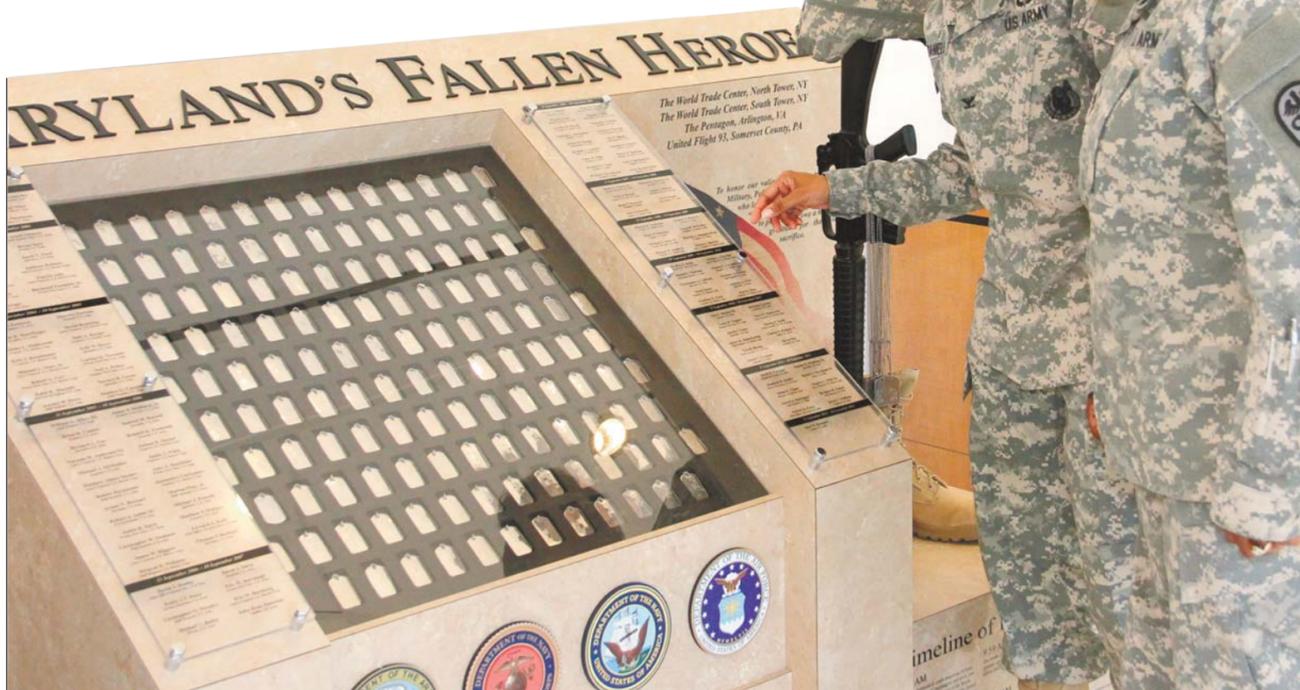
"It's all about minimizing waste," in line with the Army Net Zero program, which focuses on energy, water, and waste consumption and production," Venzen said.

"This is the first time we're celebrating pollution

See **POLLUTION**, page 18

Col. Debra Daniels of ECBC and Master Sgt. Joretha Carodine with MRICD reflect on the "Maryland's Fallen Heroes" memorial during the Patriot Day/National Day of Service and Remembrance Ceremony at the Myer Auditorium, Sept. 11.

Photo illustration by Molly Blossie



A time of remembrance

APG observes 9/11 anniversary, National Day of Service

By **STACY SMITH**
APG News

Team APG commemorated the 14th anniversary of the Sept. 11, 2001 terrorist attacks during the 2015 Patriot Day/National Day of Service and Remembrance Ceremony hosted by the U.S. Army Research, Development and Engineering Command (RDECOM) at the Myer Auditorium Sept. 11.

"This is a day when we come together to

remember the sacrifice and heroism of countless Americans who answered the call of duty in response to the evil that was done to our country, said Staff Sgt. Travis Bradley during opening remarks.

The ceremony began with the singing of the national anthem by RDECOM Chief of Future Operations Keith D. Gordon, followed by a scripture reading and prayer led by Chaplain Lt. Col. Jeffrey D. Dillard.

A moment of silence marked the time when the first plane struck the North Tower of the World Trade Center, and video of a U.S. Army bugler playing "Taps" filled the auditorium's three jumbo screens.

In 2001 President George W. Bush proclaimed Sept. 11 as Patriot Day, observed annually as the National Day of Service and

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COMMUNITY

Annual STEM in Scouting even draws 500+ local scouts

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EXCELLENCE

CERDEC engineer named DOD 'Scientist of the Quarter.'

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PREPARE

As fall arrives, don't wait to prepare for winter weather.

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36 days until
Oktoberfest

Oct. 23 & 24
see page 10 for details

online

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twitter.com/USAGAPG

flickr.com/photos/usagapg/

ICE system
http://ice.disa.mil/
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Back-to-school fair delights

Story and photos by **STACY SMITH**
APG News

To the delight of military members, civilians and their families, the APG Chapel Catholic service hosted its annual back-to-school fair Sept. 13 at the APG North (Aberdeen) chapel grounds.

Nearly 300 people attended the fair, which included Directorate of Emergency Services vehicle displays, a jousting contest, moon bounce, piñata, bingo, face painting, dunk tank, carnival food, games, raffle prizes and silent auction.

Entry to the fair was free to anyone with on-post access, and attendees could purchase tickets for or to participate in the games and raffle. A sug-

See **FAIR**, page 17

T.J. Walton, 14, the son of Sgt. 1st Class Vernon Walton of ATEC, jabs his opponent during a jousting match at the 2015 Back-to-School Fair at the APG North (Aberdeen) chapel Aug. 13.



Garrison hosts first PrepareAthon



Maryland National Guard Chief Warrant Officer 3 Patrick Fisher, of A Company 1-224th Security and Support Battalion, explains the capabilities of the UH-72 A Lakota helicopter during the PrepareAthon event hosted by the MDNG hangar and Weide Army Airfield at APG South (Edgewood) Sept. 10.

Next PrepareAthon Thursday, Sept. 17 at post theater

Story and photos by **RACHEL PONDER**
APG News

In honor of National Preparedness Month, the APG Garrison hosted a PrepareAthon event in the Maryland National Guard hangar and Weide Army Airfield at APG South (Edgewood) Sept. 10. This was the first of three PrepareAthon events planned for the APG community; the next will take place today, Sept. 17 at the APG North (Aberdeen) post theater.

The three-hour interactive event included information and displays from the Directorate of Plans Training Mobilization and Security Emergency Operations Center (EOC), Directorate of Emergency Services, the Instal-

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STREET TALK

September is National Preparedness Month. How have you prepared for an emergency?

"We put all our safe keepings, like birth and marriage certificates, in fire and water-proof boxes. I have extra water and food on hand. And we have a small, gas-powered generator just in case the power goes out. So I think we're pretty prepared for anything that may happen."



Sgt. Maj. Todd Galindo
RDECOM

"We always have water reserves in our house. We also have food and medical supplies. We have three big backpacks already full in our cars."



Svetlana Shamshidov
Family member

"It would all depend on the emergency. We practice fire drills and have fun crawling along the floor [and] to the closest exit to our known meet-up location, which is the mailbox down the street."



Sgt. Louis Schwab,
CECOM

"We have fire extinguishers around the house, and for imminent storms we know to get out or get into a broom closet. For earthquakes, stay low."



Pvt. Matthew Arnold
1st AML

"A big thing for me is trying to keep stocked on food, water, batteries; just little, simple things. I try and keep at least one case of water in my house at all times, and all different sized batteries, and a first aid kit and candles are always good to have."



Sgt. Steven Fichthorn
Maryland Army National Guard

Thursday Social at Top of the Bay

By **AMANDA ROMINIECKI**
APG News

In a bid to bring Team APG together and build camaraderie, the Garrison will host a Thursday Social open to the entire installation at Top of the Bay, with the first social scheduled for Thursday, Sept. 24 at 3:30 p.m.

Team APG personnel are encouraged to stop by after work to share a few laughs with coworkers or battle buddies, network with new acquaintances, or reconnect with old friends.

Hosted by the APG Garrison and FMWR, free light hors d'oeuvres will be served and a cash bar will be available.

For more information, contact Teri Hall at teri.s.hall.naf@mail.mil or 410-278-3062.

AER allows junior Soldiers direct access

Army News Service

Army Emergency Relief, or AER, has just made it easier for junior Soldiers to request interest-free loans and grants.

Effective Sept. 9, many junior Soldiers will be able to apply for emergency financial assistance without involving their chain of command.

The new policy pertains to privates through corporals and specialists, who have completed Initial Entry Training and have a minimum of 12 months service or have completed Advanced Individual Training - whichever comes first. They will no longer be required to request an AER loan or grant by going through their chain of command.

Direct Access Policy Change Q&A

Army Emergency Relief has provided the below Q&A information about the policy change:

What is the Policy Change?

The policy change allows all Soldiers, regardless of rank, direct access to AER without having to obtain approval from their chain of command.

Why did AER make the change?

The number of active-duty Soldiers requesting assistance has declined 35 percent over the past six years. Assessments reveal that Soldiers are reluctant to seek AER assistance because the process can be intimidating and there is a perceived negative stigma associated with asking for financial help.

Who approved the change?

The AER Board of Managers unanimously approved the policy change in an email vote in July.

When will the new policy be implemented?

The new policy went into effect Sept. 9, 2015.

Does AER expect to see an increase in requests for assistance?

Yes, we expect an initial increase in assistance requests when this policy is implemented.

Does AER have the financial resources for this change if there is a large increase in requests?

AER has the resources to support the anticipated increase in assistance requests.

Are there any exceptions, or caveats to this policy?

- Soldiers in the grades of E-1 through E-4 in Initial Entry Training (IET) will not be authorized direct access. They will continue to submit AER requests through the unit chain of command.

- All Soldiers in the grade of E-1 through E-4 must have a minimum of 12 months time in service (TIS) and have completed IET whichever is greater in order to be eligible for direct access.

- Regardless of rank, financial assistance will be limited to two assistance requests (loan or grant) within a 12 month period without the commander/first sergeant review.

- All Soldiers, regardless of rank, who exhibit "high risk" financial behavior IAW AR 600-85 and SecArmy Directive 2013-11(Change to the Army Risk Reduction Program), will require company commander/first sergeant review before AER assistance will be considered.

Will there still be a Commander's Referral Program?

Yes. The Commander's Referral Program will stay, as is, and remains the quickest way to receive assistance.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell8.civ@mail.mil

Acosta, Jeannie M.
Adair, Jennifer
Alba, Audrey
Briggs, Gregory Lynn
Brutus, Mikale G.
Bukosky, Velorie F.
Ciborowski, Steven
Clark, Lyra
Dissek, Michael J.
Dunn, Alexander
Finegan-Bell, Antoinette

Employees eligible for donations in the Voluntary Leave Transfer Program

Gaddis, Lonnie
Hall, Asha
Hancock, Kimberly M.
Hazel, Wanda L.
Johnson, Douglas W.
Kent, Nathaniel
King, Sharon M.
Kladitis, Johnathan
Kuciej, Andrea D.
Lasley, Bonnie L.
Leonforte, John L.

Lloyd, Wayne F.
McAlpine, Maria
McCaughey, Adrienne
Meadowcroft, Catherine
Morrow, Patricia D.
Urban, Brenda G.

APG SEVEN DAY FORECAST



APG NEWS

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or email yvonne.johnson5.ctr@mail.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

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STEM event draws 500+ local scouts

Story and photo by **RACHEL PONDER**
APG News

More than 500 Cub Scouts, Boy Scouts and Girl Scouts from surrounding states gathered at Shore Park on APG North (Aberdeen) for the fifth annual STEM in Scouting Day, Sept. 12.

This year's event marked the first time STEM in Scouting Day was open to all local Girl Scout troops.

Volunteers from Team APG, the Baltimore Area Council of Boy Scouts of America and Girl Scout troops partnered together to organize the STEM-focused event.

Baltimore Area Council STEM committee representative Marcie Forester said since this event began in 2010, almost 2,500 scouts have participated.

"APG has given us wonderful support all five years," she said. "This is a wonderful partnership because APG is an excellent technology center."

During the opening ceremony, Jy-ji D. Hewitt, deputy director for the U.S. Army Research, Development and Engineering Command, challenged the scouts to use this opportunity to network and learn about STEM careers. He added that he is glad the event is now open to Girl Scouts.

"When we say STEM in Scouting at Aberdeen Proving Ground, this is what we want," he said. "Scouting for all."

In the morning, scouts worked toward earning merit badges or participated in interactive STEM activities.

Merit badges included aviation, architecture, chemistry, nuclear science, engineering, astronomy, automotive, geocaching, insect study, space exploration, medicine, robotics and weather. To assist with the event, about 10 Navy midshipmen Eagle Scouts from the U.S. Naval Academy in Annapolis served as volunteer instructors.

Eleven-year olds Caroline Hufnagel and Allie Toohey, with Girl Scout Troop 2526 from Lutherville, said they enjoyed learning more about computer design and robotics by creating a banana keyboard using a Makey Makey invention kit, which includes a USB cable, alligator clips and connector wires.

"I was never into robotics before, but now I really like it," Toohey said.

During lunch, the Girl Scouts listened to a Women in STEM Luncheon

Panel. Participants included Suzanne Miclchling, the technical director of the U.S. Army Materiel Systems Analysis Activity (AMSAA); Deputy Program Executive Officer Mary Woods, with the Program Executive Office Command, Control, Communications-Tactical (PEO-C3T); Nina Lamba, a senior program manager with the BioMaryland Center, Maryland Dept. of Business and Economic Development; Navy Midshipman Monique Valliere, a Girl Scout Gold Award recipient; and Andrea Marsh, with Battelle.

Panel participants said education is the key to a successful career.

"Education is the most important thing; the day you stop learning is the day you die," Lamba said. "Education will give you powerful choices later in life."

During a lunchtime break, scouts, parents and volunteers rotated through exhibits set up around the Shore Park picnic area by APG organizations. Parents expressed enthusiasm for the program and volunteers said they enjoyed their mentoring roles.

Casey P. Weininger, with the Edgewood Biological Chemical Center, taught scouts how to extract DNA from strawberries.

"They were amazed that you could see something like that," he said. "Surprisingly, some were well versed in DNA."

Another highlight of the event was a ground vehicle demonstration by the U.S. Army Aberdeen Test Center. At the demo, the children controlled two vehicles using video game controllers. Jessica Evans, a test officer with ATC, said the scouts were enthusiastic, and many said they wanted to pursue a career in engineering after they graduate college.

"The children asked lots of interesting questions," Evans said. "Because they used video game controllers, they took to this system like second hand nature."

Parent Miriam Killoran, with Troop 361 from Ellicott City, called the event "wonderful." She said her son, Zeb, is working on a signs, signals and codes merit badge.

"This is a way for them to explore different avenues and different interests in an informal setting," she said. "They see adults who are engaged in these [STEM]



Alanna Miller, 10, practices CPR techniques on a mannequin torso at the Directorate of Emergency Services display during the fifth annual STEM in Scouting Day hosted by Team APG at Shore Park, Sept. 12.

careers and are serving as mentors. It opens up so many ideas to them."

Troop 1128 Leader Laura Crum, from Aberdeen, called the event "a good time."

"They were all very excited to come

here today," she said. "Some girls don't have the opportunity to do activities like this in school."

View more photos of the STEM in Scouting Day at www.flickr.com/photos/usagap.

APG, educators join together for first 'Partnership for Education' Sept. 26

By **AMANDA ROMINIECKI**
APG News

In an effort to strengthen relationships among local educators, parents and the federal workforce, Aberdeen Proving Ground senior commander Maj. Gen. Bruce T. Crawford has announced the first Community Partnership for Education initiative to be held at Aberdeen High School, 8 a.m. to noon, Sept. 26.

Open to all parents of students in kindergarten through 12th grade in Harford, Cecil and Baltimore counties, the event will focus on the myriad of science, technology, engineering and math (STEM) scholastic opportunities and partnerships available to students within the greater community surrounding APG. The event will also address the unique challenges facing students coming of age in an increasingly connected, digital society.

According to Crawford, the event will provide an opportunity to "create an information sharing program for parents and educators."

"By engaging in conversation, we can broaden our avenues of success and performance through the discussion of relevant issues and challenges facing our youth," he said.

The event will include a panel discussion with representatives from Harford and Baltimore County Public Schools, APG, and the Maryland State Department of Education.

Break-out sessions will cover a range of topics, from college readiness to health and wellness, including: "Career & Tech Ed," "Partnership for Assessment of Readiness for College and Careers," "Social Media," "Bullying," "Child Health & Wellness," and "DOD STEM Opportunities."

A multitude of information about local, state and Army programs and resources will also be available.

Barbara Canavan, Harford County Public Schools superintendent, said she looks forward to the Community Partnership for Education as a way to "recognize the importance of building community connections."

"Our partnership with APG contrib-



Photo by Allison Barrow

Staff Sgt. David Carter and two rising sixth and seventh-grade students work through a LEGO Mindstorm Robotics challenge during the CERDEC Math and Science Summer Camp in 2014. Each year, the APG-based U.S. Army Communications-Electronics Research, Development and Engineering Center (CERDEC) hosts its Math and Science Summer Camp at Harford Glen in Bel Air; it's just one of many opportunities available to local students.

utes to the growth and success of our students. We believe the connections our students make with APG personnel in

the schools as well as on post will influence them as they move onto college and careers," she said.

Attendees are encouraged to pre-register by visiting www.apgeducationpartnership.eventbrite.com.



APG civilians search for information online in the new Army Community Service (ACS) computer lab and resource center in Bldg. 2503, APG North (Aberdeen). The center is open during ACS business hours and is equipped with four computers that are Wi-Fi and Common Access Card (CAC)-enabled, as well as a copy machine, printer and resource materials. The lab is open to military and government ID card holders.

ACS opens resource lab

By **STACY SMITH**
APG News

In a continuing effort to better serve the needs of military personnel and their families, Army Community Services (ACS) opened a new computer lab and resource center at their APG North (Aberdeen) location, Bldg. 2503.

Open to anyone with access to the installation, including civilians and contractors, the center currently holds four computers that are Wi-Fi and Common Access Card (CAC)-enabled, and ACS director Jennifer Eichner is hoping to receive four more before 2016. The center also has a copy machine, printer and several resource books.

"It's kind of like a one-stop shop," Eichner said.

ACS supports military personnel and their families by meeting the challenges of military life with programs to help people resolve problems, grow together, and build a stronger community.

Eichner said the resource center will allow ACS clients to meet many of their programs' goals, from writing resumes to editing financial documents, on the same day as the services provided to

them, expediting the entire process.

"You don't have to come and get the service and then remember it all, get home, get on your computer and try to get started, and then realize you have a question. You can do [everything] here," Eichner said.

Although ACS primarily serves military members and their families, Eichner stressed that civilians, contractors and anyone with on-base access is welcome to use the resource center.

"Maybe you're having Wi-Fi problems at your house and you have something that's gotta get done today. You can bring your laptop and come over to the ACS and get it done," Eichner said.

Although personal laptops, computers and other electronic devices are welcome, Eichner said that the center does not allow users to connect these personal devices to a government computer.

The ACS computer lab and resource center is open Monday through Thursday from 8 a.m. to 5:30 p.m., and Fridays from 8 a.m. to 4:30 p.m. For more information, contact ACS director Jennifer Eichner at 410-278-2500, or Jennifer.eichner.civ@mail.mil.

How are we doing? E-mail comments and suggestions for the APG News to usarmy.apg.imcom.mbx.apg-pao@mail.mil

DOD recognizes CERDEC engineer

By **ALLISON BARROW**
CERDEC

The Department of Defense recognized an Aberdeen Proving Ground engineer for his accomplishments in Soldier power systems, particularly in developing a wearable fuel cell system that improves Soldiers' power efficiency while reducing the load they have to carry, during a ceremony at the Pentagon, Sept. 14.

Dr. Tony Thampan, a chemical engineer in the U.S. Army Communications-Electronics Research, Development and Engineering Center, or CERDEC, was chosen as the Defense Department's Scientist of the Quarter, an award which recognizes extraordinary service by DOD engineers and scientists with less than 15 years of government experience.

"The leadership and innovation shown by Dr. Thampan on wearable fuel cell systems has resulted in substantial advancements in these state of the art technologies," said Henry Muller, CERDEC director. "It is anticipated that his accomplishments will play a key role in providing the Soldier with lighter power sources with increased capabilities."

Thampan began his career with CERDEC in 2011 after working for several years in the industrial gas industry. He started on laboratory development of small power systems for CERDEC's Command, Power and Integration Directorate, and progressed into wearable power systems with a focus on wearable fuel cells.

"Today's challenge for our dismounted infantry Soldier is basically weight, so we have situations where some Soldiers are carrying in excess of 100 pounds. Ideally you want to be at 30 percent body weight, so you want to carry like 30 pounds," Thampan said. "Before they would just limit the missions, and that takes away capability."

Thampan modeled, designed, and developed a Soldier wearable power system that can cut a Soldier's weight burden by up to four times. He did this by using a fuel cell membrane made of Aluminum hydride, or AlH₃, which provides a better energy density than the common Li-ion battery used today.

"Now that these solutions have



(Left) Dr. Tony Thampan, CERDEC chemical engineer, was chosen as the Defense Department's Scientist of the Quarter for his work with wearable power systems.

Photo by Allison Barrow

(Below) Under Secretary for Acquisition, Technology, and Logistics Frank Kendall, left, presents Dr. Tony Thampan with the Department of Defense Scientist of the Quarter Award.

U.S. Department of Defense Photo

increased energy density systems, you can go out on longer missions and keep the weight manageable," Thampan said.

The wearable power system powers individual Soldier devices or all of a Soldier's ensemble devices – such as worn radios and end user devices – through a power distribution system. It consists of a power unit with an internal starting battery, fuel gauge and fuel cartridges.

The system is flexible and can be worn in a pouch on the side of a Soldier's vest. It has passed government ballistic testing requirements and is rated safe for Soldier's to wear.

"Because the Army wants to provide information all the way down to the Soldier level, the communications equipment is sucking up more power," Thampan said. "With this technology, we can enable more capability, because we have technology that can provide power, without adding extra weight. So that's pretty exciting, because it enables more situational awareness."

The system was tested for user feedback during CERDEC's C4ISR Ground Activity Event 15 this summer, and has been endorsed for transition to Project Manager Soldier Warrior under Program Executive Office Soldier.

Thampan's research has also led to



Alane based fuel cells being investigated and developed for other DOD applications as well.

"It's great, because we're really trying to push the boundary of technology and new solutions and we have the

greatest users in the world," Thampan said. "You get to really use your skill set to develop technologies that can be deployed and really have meaningful use. The big driver for me is that there's some end use that's helpful."

MARK YOUR CALENDAR

events&town halls

FRIDAY SEPTEMBER 18

SUICIDE PREVENTION PRESENTATION

Team APG will host a Suicide Prevention presentation 9 a.m. at the Chemical Demilitarization Training Facility, Bldg. E 4515 in APG South (Edgewood). "Maxwell Defiance Landbeck" is the true story of an Aberdeen teenager, presented by his parents. Attendance counts towards annual suicide prevention training.

For more information, contact Lamont Coger, ASAP Suicide prevention coordinator, at 410-278-7779 or lamont.a.coger.civ@mail.mil.

TUESDAY SEPTEMBER 22

POLLUTION PREVENTION WEEK OPEN HOUSE

Team APG will host a Pollution Prevention Week "Reduce, Reuse, Recycle" Open House, 10 a.m. to 2 p.m. at the APG North (Aberdeen) recreation center. Learn more about reducing your carbon footprint and how to do your part to prevent pollution.

For more information, contact Vickie Venzen at 410-306-2260 or vickie.a.venzen.civ@mail.mil, or Maia Kaiser at 410-306-2199 or maia.n.kaiser.civ@mail.mil.

THURSDAY SEPTEMBER 24

THURSDAY SOCIAL AT TOP OF THE BAY

In a bid to bring Team APG together and build camaraderie, the Garrison will host a Thursday Social open to the entire installation at Top of the Bay, with the first social scheduled for Thursday, Sept. 24 at 3:30 p.m.

Team APG personnel are encouraged to stop by after work to share a few laughs with coworkers or battle buddies, network with new acquaintances, or reconnect with old friends.

Hosted by the APG Garrison and FMWR, free light hors d'oeuvres will be served and a cash bar will be available.

For more information, contact Teri Hall at teri.s.hall.naf@mail.mil or 410-278-3062.

THURSDAY SEPTEMBER 24

RACE AGAINST WASTE 5K RUN/WALK

Team APG will host a "Race Against Waste" 5K run/walk in observation of Pollution Prevention Week, 11 a.m. to 1 p.m., starting at Top of the Bay.

For more information, or to register for the 5K, contact Vickie Venzen at 410-306-2260 or vickie.a.venzen.civ@mail.mil, or Maia Kaiser at 410-306-2199 or maia.n.kaiser.civ@mail.mil.

WEDNESDAY SEPTEMBER 30

TEAM APG FAMILIES NATIONAL PREPAREDNESS MONTH PREPAREATHON

Team APG will host a National Preparedness Month Community Event at the Corvias Community Center on APG North (Aberdeen), 6 to 8 p.m.

The event will include preparedness information and details about how to sign up for APG's mass warning notifications, static displays from the Directorate of Emergency Services and the Maryland National Guard, community health information from Kirk U.S. Army Health Clinic, and displays from Army Community Service, the Installation Safety Office, and Harford County Emergency Operations.

HISPANIC AMERICAN HERITAGE PROGRAM

Team APG will host the 2015 National Hispanic American Heritage Month program starting 10:30 a.m. at the Myer Auditorium, Bldg. 6000. The guest speaker is David Jimenez, a member of the Senior Executive Service and the executive technical director and deputy to the commander of the U.S. Army Test and Evaluation Command.

The program, themed, "Hispanic Americans: Energizing Our Nation's Diversity," includes a cultural food tasting, and educational performances and exhibits.

Organization points of contact include:

- Master Sgt. Cheryl Nevels, 20th CBRNE Command, 410-436-0321
- Master Sgt. Jay Shearer, Public Health Center, 410-436-0291
- Sgt. 1st Class Yvette James, RDECOM, 410-306-2425
- Sgt. 1st Class Twana Burrow, ATEC, 443-861-9251
- Sgt. 1st Class April Marinakes, 20th CBRNE Command, 410-436-0322
- Sgt. 1st Class Rickie Allen, CECOM, 443-861-6213

Rose Satz, CERDEC, CP&I, 443-395-0419

For more information, or to request disability accommodations, call 443-861-4366.

THURSDAY OCTOBER 8

GARRISON ORG DAY

All APG Garrison employees and contractors are invited to the 2015 U.S. Army Garrison Aberdeen Proving Ground Organization Day, 7 a.m. to 2 p.m., at Ruggles Golf Course.

Events include a golf tournament, bowling, bingo, spades and domino tournaments, and lunch.

Food tickets cost \$15 and can be purchased in advance at Ruggles, the recreation center, or

from the APG Garrison HHC 1st Sergeant.

Volunteers are needed. For more information, contact HHC Commander Cpt. Nicholas Milano at 410-278-3000 or email nicholas.c.milano@mail.mil.

WEDNESDAY- FRIDAY OCTOBER 14-16

FORGING STAKEHOLDER RELATIONSHIPS

The Defense Acquisition University (DAU) will host a three day ACQ 452 – Forging Stakeholder Relationships course 8 a.m. to 5 p.m. each day at the DAU facility located at 6175 Guardian Gateway, Aberdeen Proving Ground.

This action-based learning course introduces professionals to the methods and skills necessary to identify, assess, and promote the building of stakeholder relationships required for success in the acquisition environment.

Experiential activities will include a pre-course stakeholder assessment as well as simulation, communication, and critical-thinking activities that will facilitate the development of tailored stakeholder action plans. At the end of the course, professionals will be able to build ownership of acquisition outcomes across the enterprise.

Level III certification in at least one acquisition career field is a required prerequisite for the course. Completion of ACQ 450 - Leading in the Acquisition Environment and at least three years of Level III experience are recommended prerequisites. Upon completion, ACQ 452 students will earn 25 Continuous Learning Points.

Applicants must submit an application through their registration site prior to Friday, Oct. 9. The URL for each site is listed at <http://www.dau.mil/training/Pages/apply.aspx>.

For more information, contact Ben Metcalfe 410-272-9471 or email benjamin.metcalfe@dau.mil.

FRIDAY - SATURDAY OCT. 23-24

SAVE THE DATE – APG OKTOBERFEST

Save the date! Team APG will host its annual Oktoberfest – open to the entire community – Friday and Saturday Oct. 23-24.

Stay tuned for more details to follow.

meetings&conferences

TUESDAY – FRIDAY SEPTEMBER 22-25

DAU ACQUISITION ENVIRONMENT COURSE

The Defense Acquisition University (DAU) will host a four-day ACQ 450 – Leading in the Acquisition Environment course 8 a.m. to 5 p.m. each day at the DAU Facility, 6175 Guardian Gateway at Aberdeen Proving Ground.

This action-based learning course provides an overview of the competencies and skills needed to lead in an acquisition environment. Experiential activities include role playing, simulation, communication, and critical-thinking exercises; a leadership challenge; and completion of 360 degree feedback instrument and executive coaching to develop action plans related to the feedback.

Participants will learn to apply strategies for leading up, down, and across in an acquisition organization. Level III certification in at least one acquisition career field and at least three years of Level III experience are required prerequisites for the course. Upon completion ACQ 450 students will earn 31 Continuous Learning Points.

Applicants must submit an application through their registration site prior to Tuesday, Sept. 1.

The URL for each site is listed at <http://www.dau.mil/training/Pages/apply.aspx>.

For more information, contact Ben Metcalfe at 410-272-9471 or email benjamin.metcalfe@dau.mil.

THURSDAY SEPTEMBER 24

RESTORATION ADVISORY BOARD MEETING

The next Restoration Advisory Board (RAB) meeting will be held at 7 p.m., at the Ramada Conference Center in Edgewood. Topics of discussion will include the West Canal Creek Study Area, with status updates on MMRP, Maxwell Point, and Building 4031.

APG is currently seeking volunteers for the RAB. Members must be willing to serve a two-year term and attend six evening meetings throughout the year.

For more information, or an application for RAB membership, please call 410-436-7313 or 800-APG(274)-9998.

SEPTEMBER TO DECEMBER

ASL CLASS

An American Sign Language (ASL) class will be held each Tuesday, 11:30 a.m. to 12:30 p.m. starting Sept. 22 and run through Dec. 15 in Bldg. E4301 Otto Road (past Hoyle Gym) conference room at APG South (Edgewood).

This free class offers basic to advanced instruction. The required text book, "ABC, A Basic Course in American Sign Language," can be found on www.amazon.com. Students can bring their own lunch.

To register, for directions or for more information, contact Randy Weber at 410-436-8546 or randy.k.weber.civ@mail.mil.

health&resiliency

MONDAY-FRIDAY SEPTEMBER 21-25

RX/OTC TAKE-BACK CAMPAIGN

The Army Substance Abuse Program (ASAP) will hold its ninth annual prescription (RX) and over-the-counter (OTC) drug Take-Back Campaign for expired, unused or unwanted pharmaceuticals.

During the week, members of Team APG and their families can turn in items at the following locations and times.

- APG North (Aberdeen) police station lobby, Bldg. 2200 - 24 hours
- ATEC Bldg. 2202; Tuesday, Sept. 22, 11 a.m. to 1 p.m.
- APG South (Edgewood) Express Bldg. E4010; Wednesday, Sept. 23, 11 a.m. to 1 p.m.
- Myer Auditorium, Bldg. 6000; Thursday, Sept. 24, 11 a.m. to 1 p.m.
- Harford County Office Bldg. 220 S. Main Street, Bel Air; Saturday, Sept. 26. 10 a.m. to 2 p.m.:
- Havre de Grace Police Station, 715 Pennington Avenue, Havre de Grace; Saturday, Sept. 26. 10 a.m. to 2 p.m.

For more information, contact Cindy Scott, ASAP prevention coordinator, at 410-278-4013/3784 or cynthia.m.scott4.civ@mail.mil

THURSDAY SEPTEMBER 24

STAYING HEALTHY IN THE WORKPLACE

The C4ISR Wellness Committee will host a Staying Healthy in the Workplace Informational Session 11:30 a.m. to 12:30 p.m. at the Myer Auditorium, Bldg. 6000. The session will teach smart ways to keep up with nutrition and how to deal with conflict, as well as other workplace stressors and will emphasize moving and walking more each day to obtain the ideal 10,000 steps.

The session is open to all Team APG service members, civilians and contractors. Any contractors who participate in CECOM activities must not invoice any government contracts for time spent at these activities.

VTC will be available for groups of employees who are not able to attend. Contact the CECOM G-1 to request VTC access.

To request sign language interpreters and other disability-related accommodations, contact the CECOM EEO Office at 443-861-4355 by Sept. 10.

For more information, contact Tiffany Grimes, CECOM G-1, at 443-861-7901 or tiffany.l.grimes.civ@mail.mil.

SEPTEMBER – OCTOBER

LIMITED OPTOMETRY SERVICES

During the month of September and into October, Optometry services at Kirk U.S. Army Health Clinic will be restricted due to limited staff.

Full services will remain available to active duty Soldiers, however full eye exams will likely not be available to family members and retirees.

Active duty appointments will be opened up to family members and retirees only if they are not filled within a reasonable time period. Patients are reminded during this time of limited availability that full eye exams are a covered benefit under TRICARE, and can be obtained at any network provider without the need for referral once every calendar year. Referral Services or Tri-care can provide information as to which providers in the community are network providers and can provide this service.

Full services are anticipated to resume in mid-October.

ONGOING

ARMY WELLNESS CENTER AT APG SOUTH CLINIC

The Army Wellness Center is seeing clients at the APG South (Edgewood) clinic, Bldg. E4110. Clients can have metabolism and body composition assessments and other services without having to drive to APG North (Aberdeen). Service members and their family members, retirees and Army civilians can make an appointment through the APG North AWC, or be referred by their unit or primary health care provider at Kirk U.S. Army Health Clinic. The next APG South AWC date is:

- Sept. 22

For more information, or to schedule an appointment call 410-306-1024.

ONGOING

WEAR BLUE: RUN TO REMEMBER HARFORD COUNTY/APG

A Harford County/APG-based Wear Blue: Run to Remember community has been established, with ongoing meets the second Saturday of every month 8:30 a.m. at the Maryland and Pennsylvania Heritage Trail in Fallston.

Wear Blue: Run to Remember communities run, jog and walk in honor of the nation's fallen, fighting and families.

Those interested in participating in the run should meet at the Annie's Playground

– Pavilion at 864 Smith Lane, Fallston, Maryland. Pets are allowed, but park rules do not allow retractable leashes.

All ability levels are welcome. Participants are strongly encouraged to wear blue.

Upcoming dates include:

- Oct. 10

For more information, contact Robin Bruns at 910-987-6764 or brunsr@yahoo.com.

THROUGH 2015

2015 CPR, AED CLASS SCHEDULE

The APG Directorate of Emergency Services has announced the CPR/AED class schedule for 2015. Classes are open to the entire APG community.

Oct. 21 – APG South Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

Nov. 18 – APG North Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Dec 16 – APG South Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

For more information, contact Mike Slayman at 410-306-0566.

family&children

SEPTEMBER

COMMUNITY JEWISH HOLIDAY OBSERVANCES

Jewish members of the APG community are invited to join in the Jewish New Year and Day of Atonement events during September at the Temple Adas Shalom Harford Jewish Center, 8 North Earlton Road Extension, Havre de Grace MD, 21078.

Events:

Sabbath

- 7:30 p.m., Friday, Sept. 18

Yom Kippur

- 7:30 p.m., Tuesday, Sept. 22
- 9:15 a.m., Wednesday, Sept. 23

For more information, contact retired Lt. Col. Jonas Vogelhut at 443-224-3986 or vogelhutj@aol.com.

miscellaneous

SATURDAY SEPT. 26

HARFORD HABITAT FOR HUMANITY – WOMEN'S HOME BUILD

Grab your hard hats, tool belts, working boots, and join the women of the APG community as they come together and volunteer with Harford Habitat for Humanity in Support of a Women's Home Build event.

Calling all women, active duty military, retirees, civilians or contractors – The Team APG Federal Women's Program, the Maryland Tri-County Chapter of Federally Employed Women, and the Women in Defense, Mid-Atlantic Chapter, are seeking team members for: A Women's Home Build event set for Saturday, Sept. 26 from 7:30 a.m. to 3:30 p.m.

Harford Habitat for Humanity is building in Bel Air, Aberdeen and Havre de Grace. Location will be determined prior to the September build.

All volunteers (ages 16 and older) must attend a safety class before they can participate. The training is online and is part of the registration process. The online registration at www.habitatsusq.org/volunteer/construction-volunteers consists of three parts: (1) Creating a user account; (2) Signing a waiver of liability; and (3) Safety training.

Once all three steps are complete, users are directed to click on the link to the construction calendar where they can sign up for specific build days. To see the calendar in the future, log onto the website and select "Construction Calendar" from the drop down menu under the Volunteer tab at the top of the screen.

Even if you're undecided at this time, please take the safety classes, in case you decide to participate later. Your service will help a family in need. Plus, you can network and experience team building with women from all over the APG community.

Some materials, like toolbelts, hard hats, work gloves, safety glasses, and hand and power tools will be provided but in limited supply. Volunteers are encouraged to bring their own tools, if possible.

Call one of the following individuals by Aug. 25 for more information: Linda Patrick, 410-436-1023; Tracy Marshall, 410-306-2054; Sheryl Coleman, 410-278-5964; Teresa Rudd, 410-436-5501; Capt. Tamika Mckenzie, 410-436-1591; or Diane Siler, 443-243-7344.

MORE ONLINE

More events can be seen at www.TeamAPG.com

OPINION

Road to happiness through nutrition, exercise

By **STEVE WISNIEWSKI**

What was the “light bulb moment” that made you realize you needed to improve your health? Have you had your moment yet? My moment came late last year and it will save my life.

In November of 2014, I weighed 351 pounds and had a body mass index of 45. (A healthy BMI ranges between 19 and 24.) My nephrologist (kidney doctor) informed me that I had a very severe stage of kidney/renal failure, along with Proteinuria, or protein in the urine. I was slowly dying inside and didn’t know it was happening. It was the result of years of being overweight and eating all the wrong foods. For 30 years, I never thought about exercise or nutrition.

The problem was so severe, that immediate treatment was required. During a Christmas vacation break, I had a kidney biopsy performed. The doctor called me on a Sunday, while I was on the couch eating pizza and watching the New York Giants beat St. Louis Rams, with the test results. She said it was life threatening and recommended I report immediately to the emergency room.

The next day, I went to the hospital and was put on a very potent chemo drug for three days. Over the next two months, I received two additional treatments but my weight was still inhibiting my ability to receive the medical care I truly needed – New Jersey state law requires that in order to receive a kidney transplant, the individual must weigh 255 pounds or less and have a BMI must of 35 or under.

My doctor told me I had to lose weight, but I didn’t know how to start. I made some changes to my diet, like eliminating certain sweets, and my weight dropped to 345, but it wasn’t enough. I wondered how I was going to lose 100 pounds in a short time frame and maintain the weight loss.

Army Wellness Center support

In April, the APG Army Wellness Center sent out an email explaining the services they provide, including a free metabolic test, plus some educational classes offered. Immediately, I decided to schedule an appointment.

At the Army Wellness Center I met director Chris Sorrells and health educators Brandon Allen and Erin Flaherty. Everyone was very helpful and supportive. After the metabolic test, I took part in the “Upping Your Metabolism” class led by Brandon. The class covered basics about exercise and nutrition and explained the results of my metabolic test.

Because the health educators at the AWC aren’t nutritionists or registered dietitians, Brandon encouraged me to search for a nutritionist who could work with my specific health issues. As a direct result of his class and encouragement, I called my health insurance provider to see what services, like nutrition classes, counseling and diabetes education, were covered under my plan. I was thrilled to learn that my insurance provides 100 percent coverage for nutrition counseling and unlimited visits, as long as it was a medical necessity – which for me, it was.

I did some research online to find a nutrition counseling center close to my home in New Jersey and found a center called Nutrition Solutions. I asked my primary care physician to write a prescription for me to see a registered dietician, and I made an appointment.



(Left) APG employee Steve Wisniewski, second from left, stands with APG Army Wellness Center director Chris Sorrells, and health educators Erin Flaherty and Brandon Allen. The AWC team has helped Wisniewski lose more than 40 pounds as he works toward a goal weight to be eligible for a kidney transplant. (Right) Here, APG employee Steve Wisniewski stands with his registered dietician Alla Ready, who has helped him to develop meal plans geared toward his specific health conditions and weight loss goals while teaching him the basics of proper nutrition.



Courtesy photos

For 15 years, my primary care physician, Dr. Allison Faches, told me I needed to lose weight, but at that time I didn’t seem to care, nor did I listen to her. In retrospect, I should have followed her guidance, and maybe none of the kidney stuff would have ever happened. Despite ignoring her advice to lose weight for some time, Dr. Faches has continued to be one of my biggest supporters.

Nutrition counseling

At Nutrition Solutions, I met my registered dietician, Alla Ready, who is very warm and friendly. One of her specialties was helping clients for general nutrition, healthy living, diabetes management, and kidney/renal disease, which is why I wanted to specifically work with her. One of the things I liked about Alla from the beginning was that she provides counseling techniques and scientifically-based nutrition information that are proven to empower and inspire people to introduce positive lifestyle changes.

I explained my existing kidney problems to Alla, and she began to teach me basic concepts of nutrition, how to shop at the supermarket, and helped develop a personalized meal plan that suited my goals and health issues. She outlined what foods to eliminate from my diet – and which specific ones to include – and explained portion sizes, and how to read food labels while shopping.

Using a food journal, I track what I eat, and at our visits, she tells me if I made good choices or bad choices. Together, we set specific short term goals related to weight loss and exercise in order for me to be eligible for a kidney transplant.

My visits with Alla complement the care I receive from my primary care doctor and my visits to the AWC. Alla weighs me on a special scale that tracks BMI and fat intake; the results are tracked over time and shared with my primary care doctor. The specialized meal plan Alla develops for me ranges between 1800-2000 calories a day, which is just about on target with my metabolic test from the AWC, at 1900 calories.

Making progress

Since May, I have visited the AWC each week to check my weight and blood pressure and set weight loss goals similar to the ones provided by my registered dieti-

tian. Chris, Brandon and Erin have been extremely supportive in helping me to meet my weight loss goals.

In August, I completed my second metabolic test at the AWC, and I will work with Alla to make any adjustments in the meal plan if any adjustments are needed.

My weight loss thus far continues to be very surprising. By following Alla’s meal plan, combined with proper exercise and assistance from the AWC staff, I have lost 45.4 pounds. I am proud to say that my weight is down to 308.4 pounds, which I haven’t been at since 1976. Thus far, I have exceeded two targeted weight goals and am now working on meeting my next short term goal of 300 pounds by Oct. 2.

In April, I switched nephrologists and have completed four additional treatments of a less potent chemo drug to treat my Proteinuria. Following each treatment, the doctor tells me “the key is proper diet, exercise, and nutrition.”

As a result of my medical conditions I have been on a handful of medications. Since my weight loss began, I have dropped two medications, with another on the verge of being eliminated. Two others are currently being lowered. And by the end of the year, yet another should be reduced as well if my weight loss stays on track. Also in April, I started seeing an endocrinologist to help me manage my diabetes. Another one of my medications may be eliminated soon.

Presently, I have 11 doctors (10 specialists, and one primary care doctor), one registered dietitian, one chronic care nurse, one clinical pharmacist, and the Army Wellness Center team. The network of people supporting me is empowering. With their help, I am putting myself on a path to succeed.

Each day during lunch – rain or shine – I walk two miles, and after work I walk an additional one to two miles around APG. On the weekends in New Jersey, I walk five miles a day around my community.

A path forward

Biweekly visits with Alla and weekly AWC appointments help me set specific, short-term goals, and I will continue to meet with them as I move forward with my weight loss goals. During these visits, I can discuss my nutrition and exercise questions and get the encouragement I need to keep

me on track to make the healthiest decisions for myself.

Ultimately, I hope to reach 255 pounds, which will give me a BMI of 35 and allow me to go on the kidney transplant waiting list by March of 2016. By June of 2016, my target goal is 200 pounds, which I haven’t weighed since high school. This final goal hopefully will eliminate or reduce the remaining medications that I am currently taking as well as lower my cholesterol to normal levels.

I had my “light bulb moment” late last year. I knew I had to change my lifestyle – I had no choice. I hope my story has helped you have your own “light bulb moment” and made you think about adopting healthier lifestyle choices.

For me – as I imagine it is for many others – the biggest challenge to losing weight and adopting a healthy lifestyle was knowing where to start and finding the support system I needed to make my goals a reality. I found that knowledge and support through my nutritionist and the staff at the APG Army Wellness Center. Support from my WIN-T product manager and SED division chief at work has been invaluable as well.

Healthy nutrition is a new concept for me – from learning which items are smart choices at restaurants, to what foods to eliminate from my diet and which ones I should add – and incorporating those concepts into my lifestyle is an ongoing process. But it is lot of fun. When I stand on the scale after exercising and eating nutritious foods and I see the pounds come off – it is all worth it.

I am confident that I will succeed in reaching my goals, get my transplant, and between Chris Sorrells and her health educators, Brandon and Erin at the Army Wellness Center, along with my nutritionist Alla Ready – they will have saved my life.

Steve Wisniewski has been a government employee for seven years. He works for the Communications Electronics Research Development Engineering Center (CERDEC) Software Engineering Directorate, supporting Program Manager Warfighter Information Networks-Tactical (PM WIN-T) Increment 3, through the Program Executive Office Command Control Communications-Tactical (PEO C3T).

Kick-starting your diet with fresh fall food choices

By **ANGELA LANG**

KUSAHC Registered Dietician

It seems like summer went faster than ever this year and now we turn our backs on flip-flops and lemonade, and look forward to chocolate, turkey, and of course, pumpkin spice flavored everything (cereal, cookies, yogurt and hummus).

Instead of focusing on pumpkin spice merchandise, why not take a renewed look at your diet. Now is a great time to develop a plan for maintaining a healthy weight throughout fall and into the new year.

The following tips will get you started, but don’t stop there. Look for new ways to kick start your diet and find motivation to keep you moving throughout the chilly fall and winter months. A year from now, you will be glad you started.

Pick your own produce

If you have never visited a farm to pick fresh produce, the fall is a great time to start. Nothing tastes more delicious than a crisp, juicy apple you plucked from the tree yourself.

There are several pick your own farms within a 30 minute drive from APG. Visit



www.pickyourown.org and select Maryland, then Baltimore, DC area and Central Maryland for a list of farms by county.

Sign up for a spring race

As someone who is not a runner, I have always shied away from anything that ends in a ‘K’ or ‘thon’...5k, 10k or marathon. The fear of cramps, pain, and overwhelming discomfort has always kept me far from these events. However, I am also someone who struggles to keep motivation to exercise during the winter months when it is cold and dark both before and after work.

This year I have decided to sign up for a spring 10K. Having committed to something with a financial commitment

is something that will motivate me to stay on task with a weekly goal. Even if, like me, you have never done a race before you can utilize a training schedule from a program like “Couch to 5K” to gradually work toward your goal.

Root for the home team

Although your favorite football player may be on commercials advertising pizza and soda, it doesn’t mean he is actually consuming these foods every weekend. So why are you?

Instead of noshing fried wings, potato chips, or hot dogs and guzzling beer or soda, choose to eat like a baller would. Eat to maximize your health, not to take on empty calories.

Keep in mind that a linebacker might be able to consume 7,000 calories a day to keep up their strength and endurance, but an average person cannot. An extra 2,000 calories per week during the season – just under 300 extra calories a day, or a few beers and wings on game day – can lead to an extra 10 pounds by the time the Super Bowl rolls around.

Try healthier game-day food options this season, like turkey meatballs, hummus with veggies, guacamole with multi-grain chips, or steamed shrimp.

Try a new super food

When we think of fall and healthy foods, orange is the new green. There is an entire wonderful assortment of orange foods soon to be in season: acorn squash, pumpkin and butternut squash.

These fall veggies are superb sources of flavor and nutrients, and they are at their peak during the fall season – so why not find a way to incorporate them into your family’s dinner menu? Try something new like homemade oat and pumpkin muffins, butternut squash soup with curry, or baked acorn squash. A quick internet search yields many interesting recipes to experiment with.

First chill in the air, prepare for winter now

By **AMANDA ROMINIECKI**
APG News

National Preparedness Month is a time for all Americans to prepare for emergencies and natural disasters before they happen. With the first chill of fall in the air, it's never too early to start planning for winter now – before the snow and ice are even a possibility.

You hear weather forecasters use these terms all the time. But do you really know what they mean? Brush up on your winter weather vocabulary with the following terms:

- **Freezing Rain:** rain that freezes when it hits the ground. It can coat roads, walkways, trees and power lines in ice.

- **Sleet:** rain that freezes into ice pellets before it reaches the ground. The pellets can be clear and icy looking, or a foggy white.

- **Frost/Freeze Warning:** This warning indicates that temperatures are expected to be below freezing.

- **Winter Storm Watch:** A watch means conditions are favorable for a winter storm. Proper precautions should be taken.

- **Winter Storm Warning:** This warning means a winter storm is occurring or about to occur. Avoid traveling, if possible.

- **Blizzard Warning:** This warning means considerable amounts of snow and wind are expected for at least three hours. Travel should be avoided.

Planning ahead for snow, ice

Ready Army recommends individuals prepare for inclement winter weather by first ensuring one's home is properly insulated. Caulk and weather strip doors and windows to keep cool air out. Insulate pipes near exterior walls to prevent freezing.

Next, consider how to keep your family warm, should the power go out during a winter storm. Do you have a fireplace? Space heaters can be used, but only with direct supervision. Never bring a generator indoors to power a space heater; it can cause deadly carbon monoxide poisoning. Have plenty of blankets and warm clothes readily accessible.

Before winter weather hits, add cer-



Courtesy Graphic

A winter weather emergency kit should include the standard emergency kit items like food, water and medications – but it should also include winter clothes, boots, rock salt and a shovel.

tain items to your emergency kit: rock salt, sand, snow shovels, winter clothing, windshield scrapers and batteries for flashlights and radios.

If a winter storm is approaching, make a quick stop at the gas station to fill up. It will keep the fuel line from freezing, and ensure you have a full tank for emergencies. Also consider making a portable winter emergency kit for each vehicle you own as well, in case you get stranded in a winter storm. Driving during snow storms should be limited to during daylight hours, and avoided entirely if possible.

If you get stranded while driving during a snow storm, Ready Army recommends these steps:

- Pull over and put the hazard lights on.
- Remain in the vehicle – rescuers are most likely to find you inside your car.
- Run the engine for just 10 minutes every hour to keep warm.

- Exercise to maintain body heat, but do not overexert yourself.

- Drink fluids to avoid dehydration.
- Take care not to waste battery power.
- Watch for signs of hypothermia: uncontrollable shivering, memory loss, disorientation, slurred speech and drowsiness.

Where to go for winter weather updates

The weatherman has forecast a fair bit of snow overnight. Wondering whether the installation will be open – and where to get the information the moment it is released?

Before inclement weather strikes, the APG Destructive Weather Team meets to track the weather so commanders can determine if the installation should have a delayed opening, an early release, be closed entirely or remain open. Once a decision has been made it is disseminated several ways.

If there is a change to the installation's normal operating hours, a notification will be sent out via APG's mass warning notification system AtHoc. To learn how to register for AtHoc, check out the Sept. 10 issue of the APG News at www.teamapg.com/apgnews under "Archive."

Updates will also be posted to the Team APG Facebook page at www.facebook.com/APGMd. An individual does not need a Facebook account to visit the page and see posts. Updates will be shared to Facebook, including when the installation will remain open despite potential inclement weather.

Team APG members can also call the snow line, 410-278-SNOW (7669), for weather updates. The installation operational status will also be shared with local news organizations.

For more winter safety information, visit www.ready.army.mil; www.ready.gov; or www.fema.gov.



See more photos from events around APG <http://www.flickr.com/photos/usagapg/>

Inheritance ‘bearing fruit’ for APG contractor

Story and photos by
YVONNE JOHNSON
APG News

When he’s not working, this Aberdeen Proving Ground contractor is still working. A systems administrator and network engineer with the U.S. Army Communications-Electronics Command – Software Engineering Center (CECOM-SEC), Eric Behnke is producing wine at his family-owned vineyard.

Located in North East, Maryland, the Turkey Point Vineyard is the product of an inheritance that is literally bearing fruit. Behnke’s wife, Doris Wood Behnke, is a fifth-generation owner of the land she inherited from her father, a dairy farmer who was born and died in the house that still stands on the property. Behnke said that after debating what to do with the land they decided in 2007 to “jump in” the wine producing industry.

“We kept the land because my wife still had strong attachment to it,” he said. “Her father worked the land his whole life and passed it on to his daughters,” he added, noting that his sister-in-law owns the adjoining property. Still, the Behnkes didn’t reach the decision lightly. Both have full-time jobs – Doris works for the University of Maryland Extension Office in Cecil County – and they knew the venture would be time consuming and require a large investment and hard work on their part. He said their first major step was joining the Maryland Grape Growers Association.

“We found that they’re generous with their time and willing to share their knowledge and advice,” he said.

With advice in hand they scoured the internet for information about starting a vineyard from scratch. The first sobering lesson they learned was that it takes three years of growing to bring in a production-worthy crop.

“We didn’t know anything and of course we had a thousand questions,” he said. “There’s a wealth of information on the internet and the association provided the answers to questions we still had.”

Along with his son Alex, 14 at the time, and daughter Jessica, who was 16, and a handful of helpful friends, the Behnkes slowly but surely turned their



Plump Merlot grapes hang ready for harvesting at the Turkey Point Vineyard in North East, Maryland. The young vineyard, constructed from the ground up by APG contractor Eric Behnke and his family, was the result of an inheritance to his wife, Doris Wood Behnke, from her father, a dairy farmer who lived and died in the same house that still stands on the property.

fertile fields into a thriving vineyard. They tilled the land, measured the distance for the trellises, dug the holes and the rows, installed sprinklers, planted the vines, and more. They did it all themselves. And when they were done, they didn’t just sit back and wait for their harvest. They thought of a unique way to market their future product.

The Behnkes are the proud owners of the Turkey Point Vineyard Tasting Room and Gift Shop. Located on Main Street in North East, the shop opened in 2014. Half of the shop features gifts and souvenirs. The other half features a bar constructed from a dilapidated barn still on the property. Behnke said the wood is a grade of genuine chestnut that no longer exists in the United States due to the Chestnut Blight Fungus of 1900. At

the bar, customers can sample a variety of the family’s award-winning wines. Proudly displayed are the bottles from the Behnke’s 2014 harvest that won Maryland Wine Masters Choice Awards: gold for their Vidal Blanc, the Rosé won silver and bronze for the Merlot, White Wine and Chardonnay.

“We really did great for such a new and young winery,” Behnke said.

Customers can also view a slide show of photos of the vineyard’s construction from an empty field to 120 rows of wine-producing grapes.

The grapes on his vines are ready for harvest and soon will be picked and shipped off for production. Then, the cycle will start again. Harvest time is a job in itself, Behnke said.

“It’s all done by hand. If we get 25-30 volunteers it goes much faster,” he said.

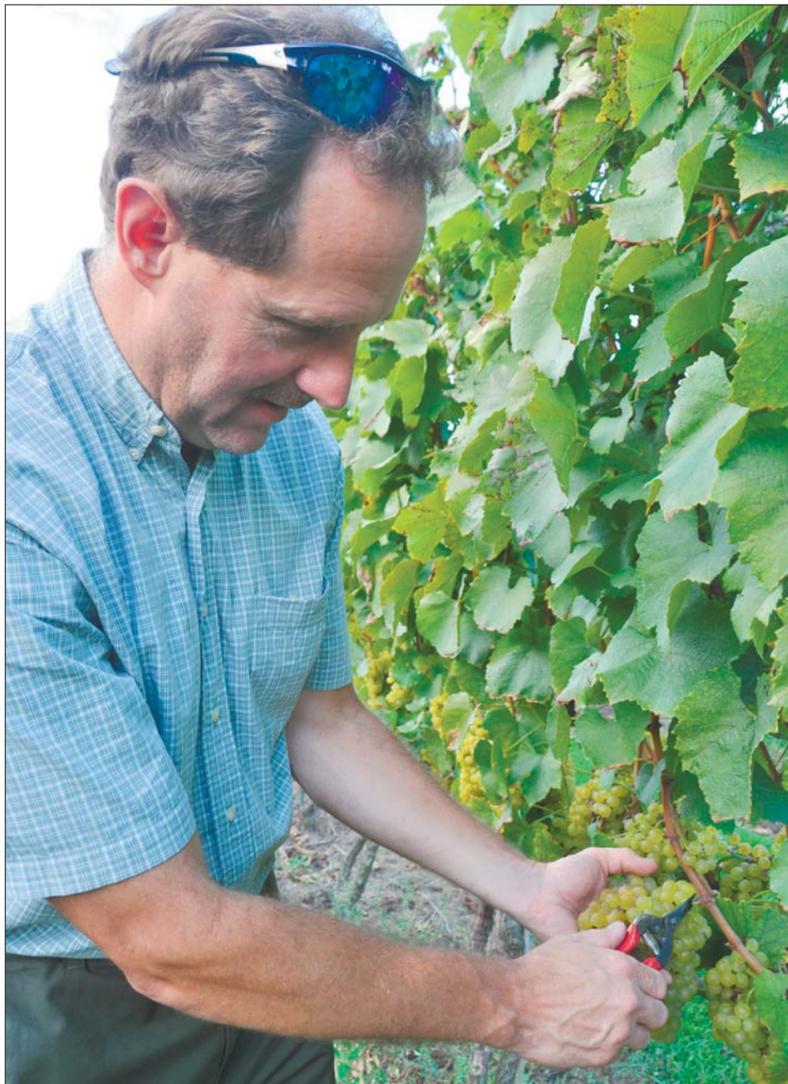
On weekends, they family starts around 7 a.m. and finishes around noon. During the week, working the vineyard is what he’s doing when he’s not working

at APG. He said the vineyard has become popular in the area and that the family occasionally puts on festivals for families as well as tourists in the area. The vineyard yielded its first growth of Moscato grapes this year but it won’t yield a productive crop until 2017, Behnke said.

“We’re looking forward to that as well,” he said. “Looking back on how far we’ve come, it’s amazing,” he said. “People think owning a vineyard is glamorous but it’s really hard work.”

At last count in 2014, Maryland is home to 71 wineries – up from just 12 in 2001 – producing more than 90 varieties of grapes. The industry is growing rapidly, with at least one vineyard in each of the state’s 23 counties. Maryland’s varying landscape – from mountains to coastal plains – allows for distinct growing regions, with different grape varieties thriving in each region.

For more information about Maryland’s grape and wine industry, visit www.marylandwine.com.



APG contractor Eric Behnke clips chardonnay grapes from the vines at the Turkey Point Vineyard to check them for ripeness. The wine industry in Maryland is booming; at last count in 2014, there are 71 vineyards in the state, up from 12 in 2001.



MORALE, WELFARE & RECREATION

Upcoming Activities



APG OKTOBERFEST OCT. 23-24

Team APG will host the third annual Oktoberfest open to the entire community Friday & Saturday Oct. 23-24.

The event is family-friendly and will include German food, music, live entertainment, kids activities and more!

Activities include:

- Festhalle with live entertainment
 - Volksmarch
 - Car and bike show
 - Fireworks
 - Childrens activities & amusements
 - Main Street Marketplace
 - German food and beverages
- For more information, visit www.apgmwr.com/2015-oktoberfest.

CHILD & YOUTH SERVICES

CYSS/HOME-SCHOOL PARTNERSHIP

CYSS is currently trying to establish a partnership with authorized CYSS patrons who home-school their children in the Aberdeen and Edgewood areas.

The CYSS facilities are available to open during specific days and times during the week so that children who are home-schooled can have access to its classrooms, computer lab and gym on a scheduled basis. Sponsors of registered home-schooled children and youth are responsible to provide student instruction and supervision during the entire period of use.

The CYSS facilities will not be available on school holidays, evenings, week-ends or federal holidays. All home-school users must be registered with the CYSS Parent Central Office.

For more information, contact Stacie Umbarger, APG school liaison officer at 410-278-2857 or stacie.e.umbarger.naf@mail.mil.

BEFORE & AFTER SCHOOL IMMEDIATE OPENINGS

Participants must be registered with the Parent Central Office. Fees are based on the Total Family Income. Fees are waived for all middle school students' afternoon care.

For information contact the Parent Central Office at 410- 278-7571.

PRE-SCHOOL IMMEDIATE OPENINGS

Participants must be registered with the Parent Central Office. Fees are based

on the Total Family Income. For additional information contact Parent Central Office at (410) 278-7479 or (410) 278-7571.

LEISURE & TRAVEL

PA RENAISSANCE FAIRE THROUGH OCTOBER 25

Experience the fantasy of a marvelous trip back in time to the days of yore as the castle gates swing wide to usher in the 35th season of the Pennsylvania Renaissance Faire.

Featuring 35 acres of jousting knights and royal delights, the faire welcomes you with a cast of hundreds of costumed merrymakers, more than 90 shows daily, manicured gardens, scores of artisans demonstrating ancient crafts and 22 royal kitchens -- truly the faire remains a marvelous fantasy of bygone days and knights.

Tickets are \$23.25 for adults and \$10 for children ages 5-11. Registration deadline is July 9.

To purchase tickets, visit Leisure Travel Services at the recreation center, Bldg. 3326. For more information, call 410-278-4011/4907 or email usarmy.APG.imcom.list.apgr-usag-mwr-leisuretravel@mail.mil.

DISNEY ON ICE - 100 YEARS OF MAGIC TICKETS ON SALE THROUGH OCT. 23

Grab your Mickey ears and get ready for the ultimate Disney experience at Disney On Ice celebrates 100 Years of Magic Presented by Stonyfield YoKids Organic Yogurt!

Be charmed by a cast of over 50, with Mouse-ter of Ceremonies Mickey Mouse, sweetheart Minnie Mouse, Donald Duck, Goofy and Disney Princesses including Cinderella, Rapunzel, Ariel, Snow White and Tiana. Relive the magic of Disney's Frozen with Anna, Elsa and the hilarious Olaf as they discover that true love is the greatest magic of all.

Tickets cost \$20 and are available for the following shows:

- Oct. 30 @ 7:30 p.m.
- Oct. 31 @ 10:30 a.m.; 2:30 p.m.; and 6:30 p.m.
- Nov. 1 @ 12:30 p.m. and 4 p.m.

SPORTS & RECREATION DRIVE AWAY DOMESTIC VIOLENCE GOLF TOURNAMENT SEPT. 23

Ruggles Golf Course will host a "Drive Away Domestic Violence Golf Tournament" to raise awareness of domestic violence prevention. The tournament will be a four-person scramble, captain's choice. Registration begins at 11 a.m. Lunch will be from 11:30 a.m. to 1 p.m., followed by a shot-gun start. The tournament is open to men and women and costs \$45.

The purple ball challenge winners will be documented on a plaque displayed at Ruggles.

For more information, call the Ruggles Pro Shop at 410-278-4794.

ULTIMATE FRISBEE WEDNESDAYS

Ultimate Frisbee matches will be held at Shore Park on APG North (Aberdeen), Every Wednesday from 5:15 to 7 p.m.

Ultimate Frisbee is a limited-contact team field sport played with a frisbee. Points are scored by passing the disc to a teammate in the opposing end zone. Other rules imply that players must not take steps while holding the disc (but may maintain a pivot) and interceptions and incomplete passes are turnovers.

All levels of players are invited -- beginners are welcome to come out and try a new activity!

ARMY COMMUNITY SERVICE

APPLYING FOR FEDERAL EMPLOYMENT SEPT. 22 AND NOV. 9

ACS will host an "Applying for Federal Employment" workshop, exploring the 10 steps to federal employment. Seating is limited to 30 individuals. Participants are encouraged to bring their lunch.

Registration is required. Visit www.mwe-jobs.maryland.gov; create a user account; go to events calendar on left-hand side; move forward to appropriate date; click on "APG How to Apply for Federal Jobs"; Click register.

BUDGETING FOR BABY OCT. 8

Have some fun learning about common expenses related to babies and children and how you can plan for these expenses, during a "Budgeting for Baby" workshop at Bldg, 2503, 11:30 a.m. to 12:30 p.m. The workshop will include useful money saving tips are given to help parents save money, from pre-natal to college expenses. Registration is required; to reserve a seat call ACS at 410-278-7572.

CREDIT & DEBT MANAGEMENT OCT. 29

ACS will host a class on the advantages and disadvantages of using credit, 11:30 a.m. to 12:30 p.m., at Bldg. 2503. Topics include: how to choose and apply for credit cards and installment loans and how to responsibly manage these accounts will be discussed.

This class will address how to establish a credit record, protect your credit history and correct credit report mistakes. Options available to manage and reduce debt also will be discussed. The class is in partnership with the ACS Financial Readiness Program and Aberdeen Proving Ground Federal Credit Union.

Registration is required; to reserve a seat call ACS at 410-278-9669/7572.

CHECKBOOK MANAGEMENT NOV. 5

ACS will host a course illustrating the choices in banks and banking services, 11:30 a.m. to 12:30 p.m. at Bldg. 2503. The

course will provide guidance in choosing the right account and identifying the skills necessary to maintain a balanced account. Participants should gain a complete understanding of their responsibility in managing their money and the accounts, debit cards, checks and ATM machines that come with it.

Registration is required; to reserve a seat call ACS at 410-278-7572/9669.

IDENTITY THEFT DEC. 3

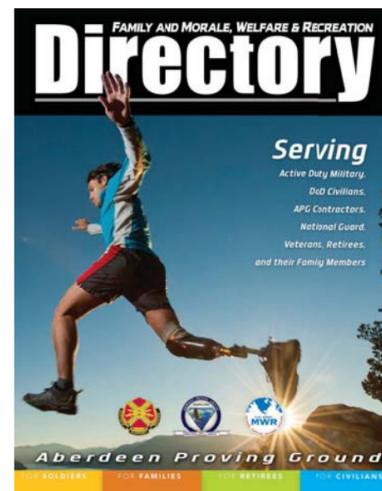
ACS will host a course discussing what ID theft is, how thieves steal your ID, and what you can do to deter, detect and defend against identity theft, 11:30 a.m. to 12:30 p.m., at Bldg. 2503. The class will also explain the different classifications of ID theft and how you can safeguard your information.

To reserve a seat call ACS at 410-278-9669/7572.

CREDIT FINESSE DEC. 10

ACS will host a course identifying ways to properly use and build credit, 11:30 a.m. to 12:30 p.m. at Bldg. 2503. The course will also explain good credit practices; identify measures to protect your credit; explain what is in a credit report; pinpoint credit report information used in forming your credit score; identify security measures to protect from identity theft; and identify ways to maintain a good credit report. The course is held in partnership with ACS Financial Readiness Program and Aberdeen Proving Ground Federal Credit Union

To reserve a seat call ACS at 410-278-7572/9669.



Learn more about APG MWR activities and services by going online at www.apgmwr.com and download the FMWR Directory.

Thursday Social

September 24 3:30pm
Top of the Bay, 30 Plumb Point Loop

Building camaraderie
FREE Light Hors D'oeuvres
Cash Bar

All Soldiers, Civilians and Contractors are invited to attend

For more information contact Teri Hall
Teri.S.Hall.naf@mail.mil
410-278-3062

Strike Out

AGAINST DOMESTIC VIOLENCE
FREE MONDAY NIGHT BOWLING

BOWLING TOURNAMENT TO RAISE DOMESTIC VIOLENCE AWARENESS

MONDAY NIGHTS
OCTOBER 5-26
STARTING AT 5:30PM

FOR MORE INFORMATION OR TO REGISTER CONTACT THE BOWLING CENTER AT 410-278-4041.
NO BOWLING ON OCTOBER 12TH

Teen Night October 26

FREE Pizza and drink each week!

Golf tournament to support domestic violence awareness

By **YVONNE JOHNSON**
APG News

The Directorate of Family and Morale, Welfare and Recreation will introduce National Domestic Violence Awareness Month, which is observed in October, with the second Driving Away Domestic Violence golf tournament at Ruggles Golf Course Sept. 23.

The four-person, Captain's Choice scramble kicks off with an 11 a.m. registration session followed by lunch at 11:30 a.m. and a 1 p.m. shotgun start. The tournament features a Purple Ball Challenge and winners' names will be inscribed on a plaque display at Ruggles. The cost of \$45 includes golf, cart, food and prizes. For more information, or to pre-register, contact the Golf Pro Shop at 410-278-4794.

It's all about awareness

Mike Farlow, Army Community Service victim advocate coordinator, said the 2014 tournament was such a success that the focus this year is to spread awareness among an even larger audience.

"Everyone is affected by domestic violence," he said. "Events like this can reach [victim's] families, coworkers and friends and raise their awareness about the signs of abuse."

He noted that the tournament kicks off a series of DV Awareness events planned for October. They include Strike Out Against DV nights each Monday – except Columbus Day – 5:30 to 8:30 p.m. at the APG Bowling Center and a U.S. Army Research, Development and Engineering Command Lunch & Learn event to be held 11 a.m. to noon at the

Ball Conference Center Oct. 8. Check the APG News and APG social media sites for more events and additional information.

Farlow said that along with awareness, the overall goal is to "make sure people know we're here."

"Instead of the violence, we focus on an acceptable lifestyle and how we can help you get out of a bad situation," he said. "Don't hesitate to give us a call. If we don't have the resources here we can connect you to the correct resources."

He said the office routinely responds to questions from people just wanting to know how to help a neighbor or friend.

One stumbling block to helping victims, Farlow added, is the fear of the unknown.

Because domestic violence victims can't envision life beyond what they have now they go into survival mode instead of taking steps to get out of the situation. It's understandable, especially when children and even pets are involved, he said.

"What we do is help them take those steps and support them through the transition."

24/7 support

APG victim advocates can be reached 24 hours a day, seven days a week through the Domestic Violence Hotline at 410-652-6048, or the Sexual Assault Hotline at

410-322-7154. Additional resources include the DOD SAFE Helpline at 877-995-5247; the Harford County Mobile Crisis Team at 410-638-5248, or call 911.

Send newspaper submissions to the APG News

Community members are asked to send all submissions for the APG News to usarmy.apg.imcom.mbx.apg-pao@mail.mil, and CC amanda.r.rominiecki.civ@mail.mil. Type APG NEWS SUBMISSION in the Subject Line. You should receive a response within three business days letting you know that the submission has been received. If you do not receive a response, please call 410-278-7274 to inquire.

BY THE NUMB#RS

National Recovery Month

National Recovery Month, sponsored by the Substance Abuse and Mental Health Services Administration, is a platform to celebrate people recovering from addictions as well as those who serve them.

\$700 billion
Cost of tobacco, alcohol and illicit drug abuse to the United States, per year. This figure includes health care expenditures, lost earnings and costs associated with crime and accidents.

23.5 million
Number of Americans currently addicted to alcohol and drugs. That's approximately one in every 10 Americans over the age of 12, roughly equal to the entire population of Texas.

17.6 million
Total Americans who suffer from alcohol abuse or dependence. Several million more engage in risky, binge drinking patterns. Alcohol is the most used addictive substance in the United States.

14,500
Number of specialized drug treatment facilities in the U.S. that provide counseling, behavioral therapy, medication, case management, and other types of services for substance use disorders.

33
Years since former First Lady Betty Ford co-founded the Betty Ford Center in Rancho Mirage, California. The facility offers inpatient, outpatient, and residential day treatment for alcohol and other drug addictions, as well as prevention and education programs.

National Recovery Month
Prevention Works • Treatment is Effective • People Recover
SEPTEMBER 2015

By **RACHEL PONDER** APG News
Source(s): www.drugabuse.gov
www.drugfree.org
www.ncadd.org

See Something

Cut along dotted lines and fold in middle for use as wallet reference Card.

Provided by the INTEL DIV/DPTMS

Say Something

INSTALLATION WATCH CARD

DO OBSERVE & REPORT

- Suspicious activity or suspected surveillance.
- Unusual questions or requests for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around APG.
- Unusual phone calls, messages, or e-mails.
- Unusual contacts on or off post.
- Unusual aerial activity near or around installation.
- Any possible compromise of sensitive information.



INSTALLATION WATCH CARD

DON'T

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss FP measures, capabilities, or posture.
- Disclose information about R&D and testing.

Report suspicious activity immediately to APG Police!

APG (North & South): 410.306.2222
Off Post in Maryland call 1-800-492-TIPS or 911



Card created by APG Intel



ALL THINGS MARYLAND

Autumn Glory Festival

Embrace fall with festival in Garrett County



By **STACY SMITH**
APG News

The lush greens of summer will soon be replaced by the red, brown and golden hues of falling leaves, and a chill in the crisp, morning air is letting Marylanders know that autumn is quickly approaching. It's a favored time for many who prefer apple cider and cozy sweaters to baseball games and carnival rides, and for the past 47 years Garrett County has embraced the turn of season with its Autumn Glory Festival, a five-day celebration that rejoices in the beauty of local fall foliage.

The festival runs from Oct. 7 to 11 at Deep Creek Lake area in Oakland and kicks off with a dinner and reception on Wednesday, followed by a fireman's parade and Oktoberfest on Thursday.

The week continues with several attractions, including historic area tours, antique and craft shows, fine arts exhibits, a farmers' market, 5K walk, musical concerts, car shows, dogsled events, corn maze, outdoor adventures, food and drink specials, live entertainment, a comedy basketball game, pumpkin chucking contest, horseback trail rides, and other activities.

According to www.visitdeepcreek.com, the festival landed in the international spotlight in 2007, when travel website, MSN.com listed it among top fall festivals in the world, and in 2014, Travel & Leisure magazine listed the Autumn Glory Festival and Oakland as America's Best Town for Fall Colors.

Visitors to the festival can also take in the breathtaking views while driving or biking one, or both, of the county's 2015 Autumn Glory Fall Foliage Tours. The first tour is a scenic route which includes Several Barn Quilts, Friend's Store, Cranesville Swamp, Swallow Falls State Park, Fork Run Recreation Area and Maryland scenic byways.

The Extended Fall Foliage Heritage Tour includes Bear Creek Traders, historic Oakland, Maryland High Point, the historic African Methodist Episcopal Church, the Loch Lynn walking trail, Simon Pearce glassblowing factory & retail store and Maryland scenic



byways.

The festival's origins are rooted half a century ago when a group of local turkey growers began organizing turkey dinners for local patronage. These dinner "were an on again-off again event until the Lions Club became involved in the 1960s," said local historian John Grant.

The idea of a large festival to attract visitors to the area became popular and led to the start of the Autumn Glory Festival, which now attracts more than 60,000 attendees. In 2004, the turkey growers were the Autumn Glory Grand Parade Marshals in recognition of the 50th anniversary of that first Garrett County Turkey Growers Festival.

The 48th annual Autumn Glory Festival runs from Oct. 7 to 11 in Oakland. For more information and directions, visit <http://www.visitdeepcreek.com/pages/48thAnnualAutumnGloryFestival>.



(From top) Parade horses trot past onlookers during the Garrett County Autumn Glory Festival held annually in mid-October at the Deep Creek Lake Area in Oakland, Maryland; The five-day Autumn Glory Festival ushers in the season with two scenic fall foliage driving tours, as well as antique and craft shows, fine arts exhibits, a farmers' market, and other family-friendly activities.

CERDEC hosts Australian military attaché

Story and photos by **KEN GOSS**
CERDEC

The Communications-Electronics Research, Development and Engineering Center (CERDEC) hosted Australia's Military Attaché, Army Brig. David Creagh, at Aberdeen Proving Ground, Aug. 25, in the lead-up to his country's initial participation in the Network Integration Evaluation next month.

Creagh's visit follows a CERDEC visit by Col. James Murray, the Australian Army's G6, in December.

CERDEC Director Henry Muller gave Australia's senior military representative to the U.S. an overview of the center's mission, briefings of CERDEC programs of mutual interest, and a walking tour of several labs to lay out possible future areas of international cooperation in the development and testing arena.

"Today's Army works with bilateral engagements and multi-national partnerships, so our capabilities have to be able to seamlessly work with each other," Muller said. "Both countries have many different areas of research going on, so there are many different areas we can collaborate, share resources and minimize costs."

"Being able to share intellectual property, as well as research funding adds to each country's bottom line to deliver joint interoperability," Muller said.

One of the areas CERDEC has consistently delivered is in narrowing down the field of NIE candidates to only those systems that have reached a certain level of maturity where program managers are confident they can be evaluated effectively by Soldiers.

"When we put out the invitation for those 45 companies who may have had technologies to present, 18 of those didn't accept. They just weren't ready yet," Muller said.

In the course of discussions during the visit, an administrative note caught Creagh's eye, and he commented with surprise that his government didn't



(Left) Australian Army Brig. David Creagh learns about the "two-for-one" radio bracket device developed and created by CERDEC engineers that provides the user two separate mounting brackets within the same strict size and weight limitation with a simple swivel.

(Below) Ben Foresta, chief of CERDEC's Space and Terrestrial Communications Directorate Tactical Radio Branch, left, briefs Australian Army Brig. David Creagh about CERDEC's current radio developments.

approve a collaboration opportunity with CERDEC.

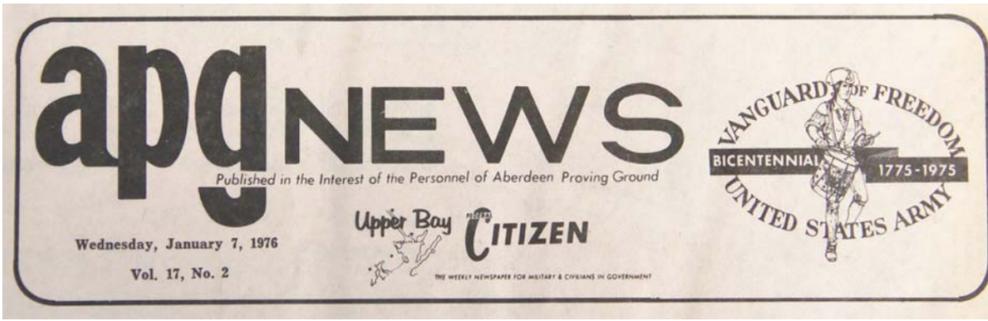
After some discussion, it became clear that both governments wanted to collaborate on the item, but it went beyond the scope of the current written agreement. "It just came down to having the agreement redrafted to properly document and approve all areas of interest in writing," Muller said.

A key point in working relationships like these is understanding each other, according to Creagh.

"We want to ensure we're understanding each other's language, terminology and technology to arrive at a mutually beneficial destination," he said. "I am looking forward to seeing the results of this working partnership and how it benefits all parties involved."



THIS WEEK IN APG HISTORY

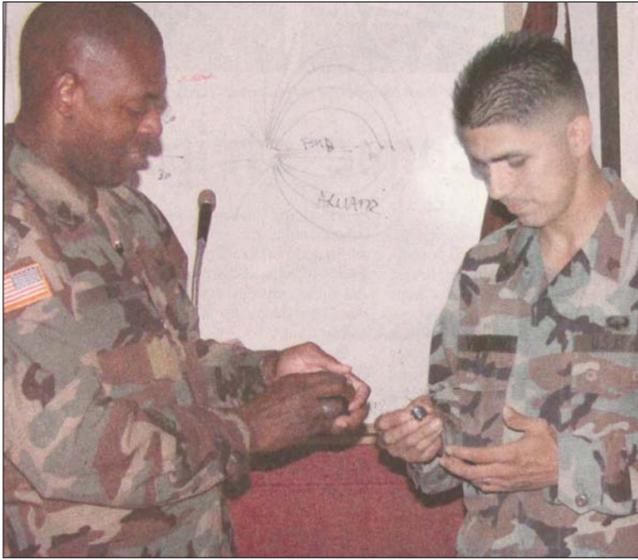


Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 1976.

By **YVONNE JOHNSON**, APG News

2015
2010
2000
1990
1980
1970
1960
1950

10 Years Ago: Sept. 15, 2005



(Above) Garrison Command Sgt. Maj. Elvis Irby, left, presents a commemorative ring to APG NCO of the Year Sgt. Raul Villalobos-Guerrero of the U.S. Army Center for Health Promotion and Preventive Medicine.

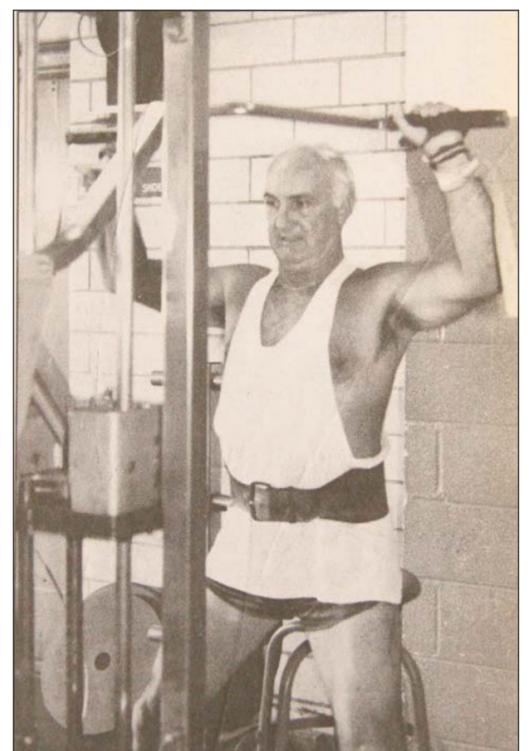


(Right) Staff Sgt. Shadrick Brown of the 61st Ordnance Brigade places ID tags on a memorial to Ordnance Soldiers killed in the War on Terrorism during the 9/11 Remembrance Ceremony at Ordnance Circle.

25 Years Ago: Sept. 12, 1990



(Left) Lisa Bray of the U.S. Army Chemical Research, Development and Engineering Center, left, and friend Joel Caudill sit aboard a hot air balloon prepared for a ride Bray won during the Edgewood Area Officer's Club auction.



(Right) Don White, an electronic technician with the U.S. Army Materiel Systems Analysis Activity, limbers up on Nautilus equipment at Russell Gymnasium.

50 Years Ago: Sept. 16, 1965



(Above) TECOM Commander Maj. Gen. James W. Sutherland Jr., right, presents the Bronze Star Medal for valor award to Maj. Irving C. Dudlin of the TECOM Inspector General office, left, for directing fire and leading his unit to safety during an ambush by Viet Cong forces in December 1964.

(Left) During a demonstration at Kirk Army Hospital, Havre de Grace police officer Warner L. Taylor, left, directs a K-9 attack on Spc. Allene M. Bledsoe.

Keeping lighthouse history alive

Local woman shines spotlight on ‘untold story’ of female lighthouse keepers

Story and photo by
YVONNE JOHNSON
APG News

Mary Rasa loves shedding light on the story of America’s lighthouses. A historian who works as a library associate at Harford County Public libraries, she periodically presents lectures and programs to adult and school groups on her “Women Lighthouse Keepers” research.

The wife of an Aberdeen Proving Ground civilian with the Army Contracting Command-APG, Rasa moved to the area during the base realignment and closure period. She hails from West Long Branch, New Jersey where she was a museum curator and park ranger with the National Park Service at Sandy Hook.

She is a recognized authority on Fort Hancock, the former Army installation where the Sandy Hook Light, the nation’s oldest working lighthouse is located. Rasa also is the author of several articles for the “Garden State Legacy,” including “Service to the Sea,” “The Civilian Conservation Corps,” and “The Women of Fort Hancock,” and has been featured in the “New York Times” and New Jersey’s “Asbury Park Press.”

Rasa’s most recent presentation at the Aberdeen Library focused on women lighthouse keepers. She also conducts history programs as a freelance speaker and teaches non-credit courses at Cecil Community College.

“It’s a very popular theme,” Rasa said. “I’ve found that people like that I have personal knowledge of the facts.”

She said one reason she started the research is that “women are the untold story of America’s lighthouses.”

“They had a big impact that people are just now starting to appreciate,” she said.

Rasa’s presentation, “Women Lighthouse Keepers,” centers on five women keepers including Sandy Hook’s Sarah Patterson Johnson and her family members who were lighthouse and light saving keepers for decades. She details her research on the keepers family, including original letters from the 1800s, as well as the characteristics and features of different lights; from their



Mary Rasa is in her element at the Concord Point Lighthouse in Havre de Grace. The local historian, former Sandy Hook, New Jersey museum curator and park ranger, and author of several historical publications hosts frequent presentations – many about lighthouses, lighthouse keepers and their descendants – at Harford and Cecil County libraries.

foundations to their lenses. “What’s unique about it is that it opened doors for women in the workplace and gave women a new career field,” Rasa said.

She added that she hopes to write a book one day to further present untold stories of the important service to the nation lighthouse keepers provided.

“While this research began as a way to do a small temporary exhibit,” her “Service to the Sea” article reads, “it became much more than that. It was an exciting endeavor that led to the history of a hardworking and patriotic family that spent decades serving on Sandy Hook.

“Because of this research, the Patterson family is part of the permanent exhibits at the Sandy Hook Lighthouse and Sarah Patterson Johnson is included on the New Jersey Women’s Heritage Trail.”

For more information, email Rasa at maryhistorymd@gmail.com

Author commentary

I don’t know why I’ve always loved

lighthouses. Perhaps the role they play is the attraction. Maybe there’s something about a guiding light in a storm that gives me a sense of peace.

For whatever reason, I’ve always been attracted to these mesmerizing structures as well as curious about their history and those who cared for them.

This is why I was drawn to Mary Rasa’s presentation. It’s also the reason “APG News” reporter Rachel Ponder and I will participate in the Maryland Lighthouse Challenge this weekend.

The 10th annual event challenges participants to visit selected lighthouses in the state in just one weekend— early birds can get a head start on Friday. At each location, a complimentary souvenir will be given to participants. There’s no requirement as to how many lighthouses you visit. But those who are able to visit all 10 lighthouses receive a specially-designed gift to mark their accomplishment.

I’ve wanted to do this for years and this year I made up my mind to see it through. The list includes Concord Point, Seven Foot Knoll, Lightship

Chesapeake, Hooper Strait, Choptank River Replica, Drum Point, Cove Point, Piney Point, Point Lookout and Fort Washington.

We’re not sure if we’ll get to all of them but we sure plan to try.

Incidentally, other states also host lighthouse challenges or related events. The New Jersey Lighthouse Challenge is set for Oct. 15-17; Delaware hosted its first Lighthouse Festival in August; and the Lake Ontario region in Upstate New York features annual events each June.

When I think of lighthouses I think of all the Sailors and fisherman who were calmed by the sight of soft, glowing beams guiding them through a storm. Countless metaphors come to mind but I think I’ll stick with this spiritual one. It’s one of my favorite from Psalms 119:105, “Thy word is a lamp unto my feet, and a light unto my path.”

In next week’s issue, Rachel and I will share our adventure in the weekly “All Things Maryland” column. It’s sure to be an enlightening experience.



Tyrell Gibson, CDC administrative assistant

By **STACY SMITH**
APG News

As the administrative assistant for the APG South (Edgewood) child development center (CDC), Tyrell Gibson greets parents, staff and visitors entering the building; a position he said fits him well due to several years working in retail.

“I’m used to working with people, I’m used to being the ‘face’ of a company,” he said.

Gibson’s responsibilities include maintaining and organizing files, answering phone calls, and managing payroll. He also accounts for everyone in the building, and assures each room is meeting the cor-

rect staff-to-child ratio.

He describes his position as “the bridge between management and the staff in the rooms.”

“I love that it’s busy; I love that it’s fast-paced. There’s always something to do [or] look at,” Gibson said. “There’s not a lot of down-time.”

He said it’s ironic that the aspect he loves most about the position is also what he finds most challenging at times.

“While I love that it’s fast-paced, I think sometimes having so many things to do at once is a little bit challenging,” Gibson said. “It definitely teaches you to prioritize.”

In addition to working two jobs and attending business management courses at Harford Community College, Gibson has volunteered as a basketball coach with the YMCA, Boys and Girls Clubs of America and the local school system.

“I always knew when I was younger that I wanted to work with kids,” Gibson said. “But when I became a para-educator for Harford County Public Schools, I also started dealing with a little bit more of the administrative side, the paperwork side; and I kind of found that that’s a little bit more of my niche.”

Gibson has been in his current position for a little more than a year. He previously was employed for two years with HCPS. He said his ultimate goal is to work for the government in labor and employee relations.

For more information, about APG child development centers, visit Child, Youth and School Services online at <http://www.apgmwr.com/child-youth-school-services/child-development-centers>, or call, Aberdeen at 410-278-5748; Bay-side at 410-278-4683; or Edgewood at 410-436-2692.

Hispanic Heritage at heart of SSA mission

By **NICOLE DECAMPLI**
Social Security District, Abingdon

From Sept. 15 to Oct. 15, people across the country will join in celebrating the many contributions of Hispanic Americans during National Hispanic Heritage Month. Social Security is no stranger to celebrating Hispanic heritage and culture.

Social Security’s website is a trailblazer when it comes to providing information and services in Spanish. Our site offers the same great service in Spanish on your tablet or laptop when you’re on the go. Try it out at www.segurosocial.gov. There, you can learn all about our programs and online services and view more than 100 Spanish-language public information pamphlets, leaflets, and fact sheets.

We offer several of our most popular online services in Spanish, as well. One of the most personalized features of the site is the Spanish-language Retirement Estimator at www.segurosocial.gov/calculador. The Retirement Estimator allows visitors to receive an instant estimate of future retirement benefits. Try out different scenarios, like changing your future wage estimates or retirement dates, and see how your future benefits could change. The Retirement Estimator is an indispensable, personalized tool for planning your financial future,

and you won’t find it anywhere else.

When you’re ready to retire, you can apply online for retirement benefits — all in Spanish — and in as little as 15 minutes! Once you complete the online application for benefits, in most cases, that’s all there is to it. There are no papers to sign or documents to provide. Give it a try when you’re ready to retire at www.socialsecurity.gov/espanol/soliciteporinternet.

If you need to visit an office and speak with someone in Spanish, we have free interpreter services available if there

is not a Spanish-speaking representative working in the office. To learn about our interpreter services, visit www.socialsecurity.gov/espanol/interpreter.htm.

In addition, our national toll-free number (1-800-772-1213) provides automated prompts in Spanish. Toward the beginning of the call, you’ll be asked to continue in English or Spanish to get service in your language of choice.

So, whether you’re on a computer or tablet, calling us on our national 800 number, or visiting one of our offices, Social Security remains committed to providing quality service to you and all of our customers.

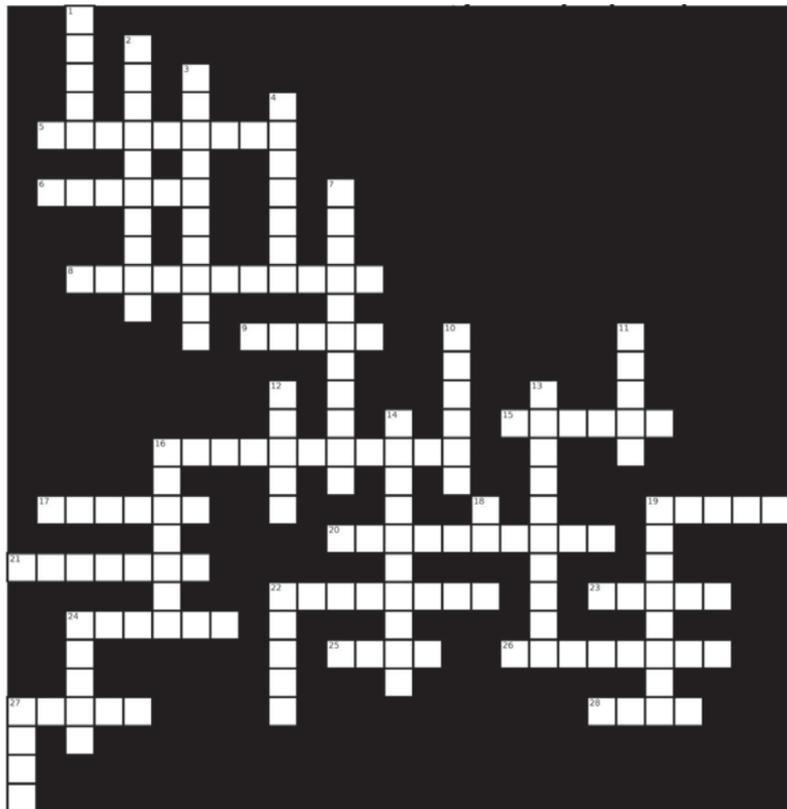
This National Hispanic Heritage Month, visit www.segurosocial.gov to learn about Social Security’s resources for Spanish speakers.





Want to make a difference in how services are rendered at APG? Tell us how we are doing. Visit <http://ice.disa.mil>.

Click on “ARMY” then “Aberdeen Proving Ground.”



The APG Crossword

National Preparedness Month

By **RACHEL PONDER**, APG News

September is National Preparedness Month, an educational campaign that encourages Americans to take steps to prepare for emergencies in their homes, businesses, schools and communities. Complete this puzzle to learn more about emergency preparedness.

Across

- 5. A standby _____ is a back-up electrical system that operates automatically.
- 6. The most earthquake-prone state in the U.S.
- 8. Protects against the flu
- 9. The recommended course of action during an active shooter incident; run, hide, or _____.
- 15. Founder of the American Red Cross.
- 16. The 2015 National Pre-

paredness theme is: "Don't Wait. _____ . Make Your Emergency Plan Today."

- 17. Most tornado outbreaks in North America occur in this season.
- 19. Number of community PrepareAthon events hosted by Team APG this month.
- 20. The most wild-fire prone state.
- 21. Another name for tornado.
- 22. Flash _____ is responsible for more fatalities than any

other thunderstorm-associated hazard.

23. The deadliest and most destructive hurricane of the 2012 Atlantic hurricane season, and the second-costliest hurricane in U.S. history.

24. On April 1, 1979 this U.S. President signed the executive order that created FEMA.

25. In March 2003, this U.S. President created the Department of Homeland Security in response to 9/11.

26. An outbreak of a disease that occurs over a wide geographic area and affects an exceptionally high proportion of the population.

27. Rain that freezes when it reaches the ground.

28. An emergency supply kit should include a dust _____ to help filter contaminated air.

Down

- 1. On APG the outdoor Giant _____ System is used by APG Emergency Operations Center to immediately inform the community of emergency situations.
- 2. An earthquake of similar or lesser intensity that follows the main earthquake.
- 3. A medical term for the act of keeping an object in enforced isolation for a period of time to limit or prevent the spread of disease or infection.
- 4. A period of reduced rainfall.
- 7. A medical emergency that occurs when your body loses heat faster than it can produce heat, causing a dangerously low body temperature.
- 10. The U.S. Coast Guard recommends that everyone wear a life _____ while boating.
- 11. APG emergency notification system.
- 12. Earthquakes happen along

cracks in the earth's surface, called _____ lines.

13. This bacteria can be present in uncooked or undercooked meat, poultry, eggs or unpasteurized dairy products, as well as other foods contaminated during harvest, production or packaging.

14. This South Asian country experienced the deadliest single tornado in world history on April 26, 1989.

16. Harford County emergency notification system; Blackboard _____ 5.

18. Another name for an emergency supply kit; a " _____ bag."

19. A series of enormous waves created by an underwater disturbance such as an earthquake, landslide, volcanic eruption, or meteorite.

22. Name of the 1999 hurricane that triggered the third largest evacuation in US history.

24. According to FEMA, the protective action to take during an earthquake is to drop, _____ and hold on.

27. Rock _____ melts ice on walk ways.

Think you solved last week's puzzle?

Check out the solution below

Solution to the September 10 puzzle



WORD OF THE WEEK

Elliptical

Pronounced: ih-LIP-ti-kuh l]

Part of Speech: Adjective

Definition:

- 1. Of a style of speaking or writing tending to be ambiguous, cryptic, or obscure: an elliptical prose that is difficult to translate.
- 2. Expressed with extreme or excessive economy; relieved of irrelevant matter.
- 3. Tending to be ambiguous, cryptic, or obscure.

Noun

- 1. (Astronomy) elliptical galaxy.
- 2. Pertaining to or having the form of an ellipse.

Use

- The orbits of the planets around the sun are not spherical, as many people imagine, but are in fact elliptical.
- It was difficult for the audience to decipher his rambling, elliptical declaration.
- Often referred to as a flattened circle, elliptical describes an orbit or round shape that isn't perfectly circular - it's an ellipse, or oval.

By **YVONNE JOHNSON**, APG News

Source(s): www.dictionary.reference.com www.oxforddictionaries.com

ACRONYM OF THE WEEK

MSHA

Mine Safety and Health Administration



An agency of the U.S. Department of Labor, MSHA is tasked with preventing death, disease and injury from mining and promoting safe and healthful workplaces for the nation's miners.

The federal Mine Safety & Health Act of 1977 provides that MSHA inspectors shall inspect each surface mine at least twice a year and each underground mine at least four times a year to determine compliance with health and safety standards or with any citation, order, or decision issued under the Mine Act and whether an imminent danger exists. During fiscal year 2014, MSHA conducted approximately 19,000 regular mandatory inspections at the nation's 13,000 surface and underground mines.

MSHA is organized into several divisions: The Coal Mine Safety and Health division is divided into 12 districts covering coal mining in different portions of the United States. The Metal-Nonmetal Mine Safety and Health division covers six regions of the United States.

Joe Main is the Assistant Secretary of Labor for Mine Safety and Health, and the head of MSHA.

By **YVONNE JOHNSON**, APG News

Source(s): www.msha.gov/



APG CATCH-A-POACHER PROGRAM

A wide variety of wildlife call Aberdeen Proving Ground home. The APG Conservation Law Enforcement Branch is asking you to be a partner in protecting and preserving the natural resources here on post. If you see or have knowledge of poaching or illegal activity involving wildlife or natural resources, you can use the SUBMIT-A-TIP hotline to anonymously provide information to catch a poacher.

Call the SUBMIT-A-TIP "HOTLINE" at 410-306-4673.

Emergencies or violations in progress should always be reported via 911.

When reporting poaching or illegal activity involving wildlife or natural resources on APG, please take note of the information listed in the form below.

Name/Description/Address of the Poacher
Location/Days/Times & Type of Poaching
Vehicle/Vessel Description or Registration #

You can also cut out this completed SUBMIT-A-TIP form and mail it to: 2200 Aberdeen Blvd. APG, MD 21005

Event pays tribute to lives lost since 9/11

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Remembrance, to honor the memory of the 2,977 killed in the 9/11 terrorist attacks. On this day each year, Americans are called to unite in service, as they remember the countless military personnel and civilians who answered the call to serve on that day 14 years ago.

Guest speaker Maj. Gen. John F. Wharton, commanding general of RDECOM, echoed this call to service, while recognizing the nearly 3,000 American lives lost in the attacks, and the more than 6,000 fallen service members lost in the ensuing conflicts in Iraq and Afghanistan.

"We selflessly serve by putting the welfare of the nation ahead of oneself," Wharton said. "I want you to remember the past, remember the fallen, but look to the future...recognize our continuing need to serve."

Wharton encouraged attendees to honor the memory of lives lost by serving something greater than themselves.

"We can serve our communities; we can serve our churches; we can serve Team APG," Wharton said. "Look to how we can make our nation even greater...and help us move forward."

The ceremony concluded with a commemorative video featuring some of the unsung heroes of 9/11: ordinary Americans who helped evacuate Lower Manhattan by water vessel. A light breakfast followed the ceremony, and attendees took the opportunity to share personal stories and memories.

"A friend of mine actually died in the towers," said PEO-C3T employee Lisa Silver. "He was working on the 100 and some odd floor. And it was his last week; he had just given notice."

Silver said she attended the ceremony to remember her friend and pay tribute to all the 9/11 victims. She said she was working in New Jersey when the towers fell, and that the memories from that day are still vivid.

"I can tell you the outfit I was wearing and exactly where I was working," she said. "I had a radio [because] you couldn't get on the Internet. I plugged it in and that's when we heard and we just sat there listening," she said. "I will never forget that day."

"It touches everyone's lives every year, and it's still something that we go through even though it happened on 9/11 [in 2001]. It's something that we live through every day," said Master Sgt. Joretha Carodine.

Carodine was deployed to Afghanistan for nine months working in an Army blood supply unit. She answered the call to the serve the nation after 9/11.

Silver added that she thinks service is vital, and that it's something all Americans can support and practice every day.

"It shouldn't take a tragedy to serve your community," she said. "You should always be a hero to yourself. You should always help other people no matter what the circumstance."

For more information about Patriot Day and the National Day of Service and Remembrance, or to find volunteer opportunities, visit www.serve.gov.



(Above) RDECOM Master Sgt. James Franicevich, left, Sgt. 1st Class Tasha Wright, center, and her son, Darius Pernell, right, chat during the reception after the 2015 Patriot Day Remembrance Ceremony at the Myer Auditorium Sept. 11.



(Left) Guest speaker Maj. Gen. John F. Wharton, commanding general of RDECOM, encourages attendees to remember the lives lost on 9/11 by serving something greater than themselves. In 2013, President Barack Obama proclaimed Sept. 11 as a National Day of Service and Remembrance in honor of those killed in the 9/11 attacks.

Photos by Molly Blossie

Fair brings kid-friendly fun for APG families

Continued from Page 1

gested, small donation gave fair attendees the chance to win donated hair care products, gift baskets, and food vouchers. Ticket proceeds go toward the chapel fund which helps cover the cost of the fair and other recreational events hosted by the chapel.

The chapel's Catholic pastoral coordinator and fair organizer Cathy Day said she was surprised by the ample turnout despite looming rain clouds.

"I am so pleased that we've had more people than expected, and they're having a good time," Day said. "Everybody has told me that they just love it."

Day said she has organized the fair for the last five years and that she and her team of volunteers, which includes members of the Catholic Women of the Chapel group, began planning the fair in June.

Day said the fair is not only a fun way to give back to military families, but also an opportunity to show the APG community "what the chapel has to offer."

"And not just for the Catholics, but for the whole community, she said, adding that, "Families can be here, and it's a safe environment."

"It's part of our Catholic Women of the Chapel, [and] we include all of the other chapel groups. We just try to do something good for the kids," said Dan-



Riley Morrison, 4, sports a pink butterfly face painting while relaxing with a bag of popcorn during the 2015 Back-to-School Fair at the APG North (Aberdeen) chapel Sept 13.

ny O'Hern a retired staff sergeant and volunteer face painter.

O'Hern said the fair brings the military community together.

"The Army is like a big family, and big families get together," O'Hern said. "People in the military sometimes feel isolated because they may not be liv-

ing on base, but if you can draw them in, then they feel like they have a community."

Lt. Col. Leslie Hawkins, with the 20th CBRNE Command, attended the fair with her husband and three children. Stationed at APG for approximately one year, Hawkins said she and her family enjoy participating in on-post activities.

"We try to do things on the installation. My kids do taekwondo on base, and a couple of other things," Hawkins said.

She added that it was their first fair and that they enjoyed the attractions.

"It's a nice back to school event. I see some other folks from my unit here with their families," she said.

Day added that after each fair, the organizers discuss what worked well and what should be improved for next year. She said that despite minor hiccups, the event was an overall success.

"It's nice to see people smiling, laughing, and bringing families together," she said. "Every year just keeps getting better."

The back-to-school fair is held annually on the second Sunday of September, and is sponsored by the APG Chapel Catholic service. For more information, contact Cathy Day, Catholic pastoral coordinator, at 410-278-4333, or catherine.m.day6.ctr@mail.mil.



Come and follow us

<https://twitter.com/USAGAPG>

PrepareAthons encourage families to plan ahead

Continued from Page 1

lution Safety Office, Kirk U.S. Army Health Clinic, the Maryland National Guard, Army Community Service and the Harford County Emergency Operations Center.

According to APG Garrison Emergency Manager Bill Fowler, PrepareAthons are meant to highlight the importance of preparing for hazards. Fowler recommends staying informed by visiting the Ready Army website, <http://www.acsim.army.mil/readyarmy/>. This website includes a family emergency plan worksheet and detailed information about building a home emergency kit.

"FEMA (Federal Emergency Management Agency) recommends having enough water and food for at least 72 hours," he said.

Fowler added that getting to know your community can be helpful in the event of an emergency.

"For emergency (preparedness) get to know your neighbors," he said. "If you have an emergency situation with no water or electricity, you are going to have to rely on each other."

ACS Employment Readiness Manager Marilyn Howard said ACS provides military personnel and their family members, as well as civilian employees, a central point to turn to for information, advice and guidance in resolving personal and family issues and challenges.

Volunteer Melinda Conway called ACS a "one-stop shop" for information and support.

"As a military spouse of 16 years, ACS has been a godsend, it always has helpful information," she said.

Conway added that she plans to "spread the word" about the upcoming PrepareAthon events to fellow military families.

"I hope that more people can come to the upcoming PrepareAthon events (at APG North)," she said. "There is a lot of good information here and fun things for people to do. I think this event is phenomenal."

In addition to information, the event highlighted how the installation is prepared to respond to an emergency, with displays by DES police and fire personnel.

Members of the DES Special Reaction Team were available to talk about their mission and their specialized equipment including a new police vehicle, which can be used in the event of a dangerous, high-



Tactical equipment used by the Directorate of Emergency Services Special Reaction Team is showcased during a PrepareAthon event hosted by APG Garrison at the Maryland National Guard hangar and Weide Army Airfield at APG South (Edgewood) Sept. 10.

risk situation occurring on post.

Conservation Law Enforcement Officer Larry Merrill, with the DES Marine and Wildlife Branch had information about boating safety. Merrill said children and adults should wear a life vest at all times while they are boating.

"If your boat is moving, and you have a life jacket on, more than likely you will not die if you fall over," he said.

Attendees also had the opportunity to tour helicopters used by the Maryland National Guard. Static displays included UH-60A/L Black Hawk, UH-72A Lakota, CH-47F Chinook helicopters and subject matter experts were on hand to answer any questions.

"My boss and I have been talking about wanting to see the helicopters for months now, our building is right across the airfield," said Capt. Jenny Jacku with the U.S. Army Medical Research Insti-

tute of Chemical Defense. "We don't get the opportunity to sit inside these helicopters very often, it's cool."

Jacku added that she appreciated the free information available at the PrepareAthon.

"It is always good to be aware of the things that can happen and what you should do to keep yourself and your family safe."

Upcoming PrepreAthon events

The next PrepareAthon event will take place at the APG North Theater and adjacent grounds Sept. 17, from 11 a.m. to 2 p.m.

The final PrepareAthon event, open to Team APG residents and families, will take place at the Corvias Bayside Community Center on APG North, Sept. 30, from 6 to 8 p.m. It will coincide with the National PrepareAthon! Day of Action. The event at the Corvias community

center will include various family and child-friendly activities and preparedness information.

At both events important information will be available about how to register for the installation's mass warning notification system ATHoc, as well as Harford County's Blackboard Connect 5 warning system.

APG emergency notifications, post closures and delays are announced on the APG weather line at 410-278-7669 and are posted on the APG website at www.apg.army.mil, the APG Facebook page at www.facebook.com/APGMd, and the APG Twitter Page at www.twitter.com/USAGAPG.

For more information about National Preparedness Month and for preparedness resources, visit www.ready.gov; www.fema.gov; www.acsim.army.mil/readyarmy.

Did You Know?

The first African-American U.S. Marine Corps aviator and general officer, Frank E. Petersen Jr., died in Stevensville, Maryland Aug. 25, 2015.



Frank E. Petersen Jr. was born March 2, 1932 in Topeka, Kansas. He enlisted in the Navy in 1950 as a seaman apprentice and served as an electronics technician. In 1951, he entered the Naval Aviation Cadet Program and after completing flight training he was commissioned as a second lieutenant in the Marine Corps in 1952.

Petersen served combat tours in two wars, Korea in 1953 and Vietnam in 1968. His first tactical assignment was with Marine Fighter Squadron 212 during the Korean War. He flew over 350 combat missions and over 4,000 hours in various fighter/attack aircraft.

He held command positions at all levels of Marine Corps aviation, including commanding a Marine Fighter Squadron, a Marine Aircraft Group and a Marine Aircraft Wing. He was also the first African-American to command a fighter squadron, a fighter air group, an air wing and a major base.

When he was promoted to brigadier general in February 1979, Petersen became the first African-American general in the Marine Corps. He relinquished his duties as the Commanding General, Marine Corps Combat Development Command Quantico, Virginia in July 1988 to serve as the Special Assistant to the Chief of Staff from July 8-31 and retired from the Marine Corps at the rank of lieutenant general Aug. 1, 1988, after 38 years of service. Upon his retirement, he was awarded the Distinguished Service Medal. His previous awards include the Navy Aviator Badge; Superior Service Medal; Legion of Merit with Valor device; Distinguished Flying Cross; the Purple Heart; the Air Medal; the Navy and Marine Corps Commendation medals and the Vietnam and Korean Service medals.

In 2010, President Barack Obama appointed Petersen to the Board of Visitors to the U.S. Naval Academy.

According to a news release on the Marine Corps website, his son, Frank E. Petersen II, said his father loved living on the Chesapeake Bay and loved being on the water.

He said his father never complained, "Even to his last day. You couldn't ask for a better father."

"As tough as he had to be as a Marine," his son said, "He was as peaceful and gentle as you could ask a dad to be and was always there for us."

Funeral services were held Sept. 3 at the USNA in Annapolis, Maryland. Burial at Arlington National Cemetery is scheduled for a later date.

Yvonne Johnson, APG News
Source(s): www.wikipedia.org; www.wbalv.com

Pollution prevention events include 5K run/walk Sept. 24

Continued from Page 1

prevention with this kind of event," she said. "The goal is to grow and extend to larger celebrations to make pollution prevention permanent and not just something we think about once a year."

Open House

Indoor and outdoor attractions for the Open House include live animals and displays by Scales & Tails, the Commuter Center, Harford Recycling, the Maryland Department of Energy, the Army Corps of Engineers, the Anita C. Leight Estuary Center, Veterans Compost of Aberdeen and more.

In addition, a Lunch & Learn session set for 11 to 11:30 a.m. will feature a talk on reducing office waste by Beth Martin of the U.S. Army Public Health Command.

First Sgt.'s Barbecue will cater the event with complimentary foods like wings, meatballs and wraps, and bottled water. There also will be giveaways and door prizes featuring folding chairs and umbrellas with the APG Recycling Program "Proving We Care" logo.

Venzen noted that First Sgt.'s Barbecue is required to use recyclable or biodegradable plates and utensils during the event - no Styrofoam.

"This will be a fun, educational and

environmentally friendly event," she said. "We're hoping the entire community comes out. There'll be something for everyone."

Race Against Waste

The second Team APG Pollution Prevention Week event is a 5K Fun Run/Walk set for 11 a.m. to 1 p.m., Thursday Sept. 24, starting at

Top of the Bay. Themed, "Race Against Waste," the route circles Plumb Point Loop and the scenic Woodpecker Point area. Participants can register and pick up their race badges starting at 10:30 a.m. the day of the race. Early registration takes place during the Pollution Prevention Open House. Email

Venzen or Kaiser to register early at vickie.a.venzen.civ@mail.mil or maia.n.kaiser.civ@mail.mil. The first 50 registrants will receive t-shirts.

Venzen thanked Family and Morale, Welfare and Recreation for its help planning both events.

"FMWR is providing a great amount of support. We could not do this without them," she said.

Food, refreshments and giveaways also will be available during this event.

For more information, contact Venzen at 410-306-2260 or Kaiser at 410-306-2199.



APG NEWS

Visit us online at

www.TeamAPG.com/APGNews

APG SNAPSHOT

Take a peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.



5TH ANNUAL STEM IN SCOUTING AT APG

More than 500 Cub, Boy and Girl Scouts from surrounding states gathered at Shore Park on APG North (Aberdeen) for the fifth annual STEM in Scouting Day hosted by Team APG Sept. 12.

(Left) Valentine Ukandu, from the U.S. Army Materiel Systems Analysis Activity, helps Boy Scout Neil Bayley, 7, try on body armor. (Above) Girl Scout Emily Fink, 9, with Troop 1128 from Aberdeen, holds a Madagascar hissing cockroach, part of the Army Public Health Center entomology display.

Photos by Rachel Ponder



Photos by Stacy Smith

BACK-TO-SCHOOL FAIR BRINGS FAMILIES TOGETHER

(Above, left) Ian Heiliger, 2, the son of Maj. Padraic Heiliger of PEO IEW&S, plays a ring toss game, one of several children events during the 2015 Back-to-School Fair at the APG North (Aberdeen) chapel Sept 13. (Above, right) Garrison Chaplain Assistant Sgt. Jamie Benjamin helps a blind-folded youngster trying to swat a candy-filled piñata.

HARFORD COUNTY SUNFLOWERS IN BLOOM

A field of sunflowers brightens Jarrettsville, Maryland. Each year, Harford County sunflower fields attract hundreds of sightseers and photographers hoping to catch a glimpse of the brilliant flowers that are only in bloom for a few weeks in the late summer and early fall. The sunflower field is harvested in the late fall for sunflower seeds and bird seed feeders.

Photo by Rachel Ponder

