



APG NEWS

Published in the interest of the people of Aberdeen Proving Ground, Maryland

www.TeamAPG.com

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Vol. 59, No. 47

newsbrief

C4ISR HOLIDAY BALL SET FOR DEC. 4

After receiving feedback from the APG community, installation leadership has decided to cancel the APG Ball scheduled for Jan. 28.

All who would like to celebrate the holiday season in their finest attire are encouraged to instead attend the C4ISR Holiday Ball set for 6 to 11 p.m., Friday, Dec. 4 at Top of the Bay.

Price for admission is \$50. All garrison personnel who wish to attend should RSVP to Monica Kilburn at 443-395-6487, by Dec. 1.

A full list of tenant POCs and the event menu can be found on the APG Facebook page at www.facebook.com/APGmd.

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Photo by Molly Blossie

Veterinarian Dr. Carol Bossone, a retired Army lieutenant colonel and Army Veterinary Corps member, examines the ears of a chocolate lab named Roxy during an appointment APG Veterinary Facility, Nov. 23. The facility provides affordable, routine care for the dogs and cats of APG service members, retirees and their families.

APG pets in good hands

Vet clinic offers affordable services

By **AMANDA ROMINIECKI**
APG News

For the Team APG four-legged "fur babies" cared for by active-duty service members, National Guard and Reserve Soldiers, retirees and their families, the APG Veterinary Treatment Facility (VTF) offers a

host of top-notch preventive care services on post, for a fraction of the cost of private veterinary clinics.

According to Capt. Amanda Jeffries, chief of the Dover Air Force Base branch of Veterinary Services which oversees APG's facility, eligible patrons can bring their cats or

dogs to the APG VTF for routine care such as annual exams, vaccinations and preventive medications for heartworms, flea and ticks. The facility can also treat minor illnesses and infections, take blood for blood

See **VETERINARY**, page 18

Travel safely this Thanksgiving

Maryland State Highway Administration

If over the hills and through the woods to Thanksgiving dinner you go... know before you go.

Unexpected traffic delays or vehicle breakdowns can abruptly put a halt to the much-anticipated annual sojourn to the family gathering.

The Maryland Department of Transportation's State Highway Administration (SHA) and Maryland Transportation Authority (MDTA) along with Maryland State Police

See **THANKSGIVING**, page 18

Maryland drivers are reminded to plan ahead before traveling over the Thanksgiving holiday and expect delays during several of the heaviest travel days of the year.

Courtesy photo



Food sharing program lends a helping hand



Garrison Commander Col. James E. Davis spreads holiday cheer as he bags groceries for Soldiers participating in the annual Holiday Food Sharing Program at the APG North (Aberdeen) commissary Nov. 23.

The Religious Support Office distributed more than 40 food vouchers to APG Soldiers, with priority given to those E-5 and below with children. APG senior leaders gave back to fellow Soldiers by bagging their groceries and thanking them for their service.

Throughout the year, members of APG Catholic, Protestant and Gospel congregations collect donations for Operation Helping Hand to help Soldiers and their families during the holidays.

"Thanksgiving is the time for giving," said Dianne Crawford, wife of Senior Commander Maj. Gen. Bruce T. Crawford, who attended the event with members of the APG Community Spouses Club.

"It makes everyone feel well to be able to give back to our military families who support and defend us every day," she said.

For more information about the food sharing program, call the APG North (Aberdeen) post chapel at 410-278-4333.

Photo by Stacy Smith

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STREET TALK

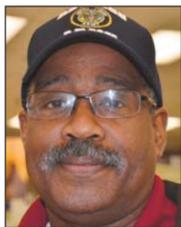
Which Thanksgiving dish are you looking forward to most?

"Turkey breast with cranberry sauce and stuffing. The usual traditional stuff, but that's what I like the best on Thanksgiving. And for dessert—a piece of apple pie and a piece of pumpkin pie."



Col. Scott Brooks
ATEC

"Sweet potato pie. My mom always makes it for Thanksgiving."



A.J. Hill
PEO C3T

"Turkey. Always turkey."



Tech. Sgt. Nathan Relph
U.S. Air Force

"Mashed potatoes. My mom just makes them the best. She knows how to mash them perfectly and adds just enough butter and sweetness to make them taste so good."



Erin Flaherty
AWC

"Probably tacos. Because I'm not close to home, I have nothing to do for Thanksgiving. So I'm just going to get some tacos probably."



Pvt. Antonio Martin
20th CBRNE

Flu prevention: What you may not know

By **JOHN AMBROSE** and **MAJ. ELISABETH HESSE**
Army Public Health Center

The days get shorter, the air gets cooler and the leaves begin to change colors. Everyone knows that this signals the beginning of fall; what you may not know is that it also signals the beginning of flu season.

The flu is a contagious respiratory illness caused by the influenza virus. It is spread when viral particles from an infected person travel through the air from a cough, sneeze or even talking. Symptoms usually start one to four days after the virus enters the body; however, people who are infected can actually spread the virus a day before they feel sick.

Common symptoms of the flu include fever, chills, cough, sore throat, muscle aches and fatigue. The U.S. Centers for Disease Control and Prevention estimates that approximately 200,000 people a year are hospitalized for influenza in the United States and deaths from influenza can range from 3,000-49,000 per year.

Some people are at higher risk of influenza hospitalization or death than others; these groups include children under five, adults over 65, pregnant women, residents of nursing homes and people with certain medical conditions, including asthma, chronic lung disease, heart disease, blood disorders and diabetes. Other individuals at risk for the flu include those with weakened immune systems, such as people with HIV and cancer and those individuals taking chronic steroids.

The best way to prevent flu infection is by getting a flu vaccine. Everyone over the age of six months should be vaccinated against the influenza virus. There are two main formulations of the vaccine: one given by an injection into the muscle. The other is given by a nasal spray.

Which vaccine is right for you?

The nasal spray vaccine is approved for people between the ages of 2-49. Some people should not receive this form of the vaccine, including people with an allergy to the vaccine or eggs, pregnant women, those with weakened immune systems and children with asthma. For everyone else, the injectable flu vaccine is approved for ages 6 months and older. Those who have had an allergic reaction to the flu vaccine or to eggs should talk to a doctor before being vaccinated. Talk to your doctor or pharmacist about which vaccine is right for you and your family.



Can you get the flu from the flu vaccine?

Neither flu vaccine can cause an influenza infection. However, since the flu vaccine takes one to two weeks before it is effective, being exposed to the influenza virus before or during this time may lead to infection. In addition, infections that are not influenza, such as a cold, can cause similar symptoms that are not prevented by the flu vaccine. There also may be strains of the influenza virus that are not covered in this year's vaccine.

What are the side effects?

Some people experience mild side effects after the vaccine. For the injected vaccine, the most common side effects are soreness at the injection site and low grade fever. This represents the reaction mounted by the immune system. For the nasal vaccine spray, the most common reactions are a runny nose, sore throat and mild headache.

As we continue through this fall and flu season, make sure you're covering your mouth when you cough or sneeze, washing your hands frequently, and most importantly, that you get a flu vaccine. Since the influenza virus can spread before you even know you're sick, getting vaccinated doesn't only protect you—it protects everyone around you.

For more information on influenza and the influenza vaccine, see:

- The Defense Health Agency Immunization Healthcare Branch, <http://www.vaccines.mil/flu>.
- U.S. Centers for Disease Control and Prevention, <http://www.cdc.gov/flu/protect/vaccine/index.htm>

DOD restricts travel to France

Army News Service

The U.S. European Command, or EUCOM, has put in place travel restrictions to France that apply to all Department of Defense personnel.

"Until further notice, [EUCOM] has prohibited unofficial travel to Paris, and for DOD personnel who are traveling outside Paris, it requires a higher level of approval to go," Pentagon spokesman Navy Capt. Jeff Davis said.

The travel restrictions apply to U.S. service members, DOD civilian employees, contractors and command-sponsored dependents and family members, Davis said.

Specifically, unofficial travel such as leave, liberty and special passes to France are prohibited.

Official travel and emergency leave to France requires approval from the first general/flag officer or Senior Executive

Service civilian in the chain of command.

The prohibition on unofficial travel to Paris extends to a 50-kilometer radius around the city, according to a EUCOM message.

"This is a precautionary measure to keep our personnel and families safe in light of the recent attacks," states the EUCOM message, referring to the Friday, Nov. 13 terrorist incident. "This is also an effort to help minimize tourist traffic at the borders in France, and in particular, in Paris as the French authorities continue their investigation."

The travel restrictions also apply to cruise ship shore excursions, but do not apply to military personnel assigned to diplomatic posts in France and individuals who have commercial airline connections in the country and will not leave the secure portions of airport terminals, officials said.



Vanpoolers needed

APG Commuter Center

There are several existing vanpools looking for riders as well as individuals looking to start vanpools for the following locations:

<p>APG North (Aberdeen) to:</p> <ul style="list-style-type: none"> ◆ Baltimore, MD (Canton-area) ◆ Baltimore County, MD (near I-70 and 695) ◆ Elkton, MD ◆ Philidelphia, PA 	<p>APG South (Edgewood) to:</p> <ul style="list-style-type: none"> ◆ - Baltimore, MD ◆ - Delaware ◆ - Philadelphia, PA
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Commuters only need to be willing to travel to the designated areas to ride the vanpool. For more information, contact the APG Commuter Center POC, Syreeta Gross, at 410-278-5491 or syreeta.a.gross.ctr@mail.mil.

APG SEVEN DAY FORECAST



APG NEWS

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMAP-PA, Building 305, APG, MD 21005-5001. Printed circulation is 5,200.

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email yvonne.johnson5.ctr@mail.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

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EFMP hosts support group

Story and photo by **RACHEL PONDER**
APG News

The Exceptional Family Member Program (EFMP) hosted the first support group and focus group of the new fiscal year at the Main Post Chapel, Nov. 19.

A part of Army Community Service, EFMP assists Soldiers with family members who have physical, emotional, developmental or intellectual needs that require special treatment, therapy, education, training and equipment modifications.

EFMP Manager Nancy Goucher said support group members have at least one child or adult family member with special needs and that the support group lets members share similar experiences.

Support and focus groups are open to all military, Department of Defense civilians, retirees and contractors.

"You'll find that many of the feelings you don't even admit to yourself are shared by others," Goucher said. "Solutions to baffling situations may become evident to you as you listen to others."

During the meeting, participants shared what works and what doesn't work for their family.

Svetlana Shamshidov, a military spouse, said it is important to remember that children with special needs are all different. Her family had to find solutions to problems through trial and error.

"Everyone is a unique individual," she said.

Shamshidov added that she appreciates the group because it gives her the opportunity to get out of the house and meet others who share similar experiences.

Military spouse Rebecca Holt, said she has five children with special needs and she participates in support groups to share her story and hear from others.

"You have to keep on top of things, because special education laws and medical laws change," she said.



ACS Exceptional Family Member Program Manager Nancy Goucher, left, chats with from military spouses Svetlana Shamshidov, center, and Rebecca Holt, right, during the first EFMP focus and support group meeting of the new fiscal year at the APG North (Aberdeen) chapel, Nov. 19.

During the meeting Kirk U.S. Army Health Clinic Chief of Primary Care Dr. Barry Marx, an EFMP medical doctor, was available to answer medical questions. Marx told attendees he learned from their stories.

"It's amazing, listening to the process that you have gone through with your children," he said. "It is an incredible privilege to be able to listen to this."

Goucher said support group meetings are held monthly and will cover a wide range of topics. She gave attendees a questionnaire to determine the needs of the group. Suggested support group topics include special needs trusts, special education law, special

needs parenting and social development. Most support group meetings will have a guest speaker.

According to Goucher, EFMP plans to host several social events throughout the year, including play groups and bowling outings. Another option, she said, is holding Child, Youth and School Services SKIES classes specifically for special needs children. Proposed classes include yoga, art, basketball and taekwondo.

Goucher added that ACS has a Special Needs Resource Lending Library. Resource books and DVDs in the library cover a range of topics including special education, advocacy, law, social

skills development, behavior management and parenting.

The next planning and support group meeting will be held 5:30 to 7:30 p.m., Thursday, Jan. 14, 2016 at the APG the APG North (Aberdeen) chapel. An EFMP bowling event, for special needs family members, will be held 5:30 to 7:30 p.m., Monday, Jan. 25, 2016, at the APG Bowling Center, Bldg. 2342.

ACS is located in Bldg. 2503. Goucher's office hours are 8:30 a.m. to 5:30 p.m. Monday- Thursday and every other Friday. Appointments are suggested. For more information call 410-278-2420 or email nancy.e.goucher.civ@mail.mil.

ICE

Want to make a difference in how services are rendered at APG? Tell us how we are doing. Visit <http://ice.disa.mil>.

Click on "ARMY" then "Aberdeen Proving Ground."

The making of a SAMC Soldier

Story and photos by
YVONNE JOHNSON
APG News

The U.S. Army Training and Doctrine Command (TRADOC) Sergeant Audie Murphy Club (SAMC) is an elite organization of noncommissioned officers who have demonstrated performance and inherent leadership qualities and abilities characterized by those of Sergeant Audie Murphy. Induction into the time-honored organization is reserved for the few and exceptional.

On Friday, Nov. 13, an Aberdeen Proving Ground Soldier consummated the rigorous requirements – including packet preparation, nomination, study, physical and mental achievement and the anxiety-filled board appearance – and successfully gained elite status of membership.

Sgt. 1st Class Jason C. Sweeney of the Army Public Health Center is the newest Aberdeen Proving Ground SAMC member and will be formally inducted into the club at a later

date. With more than 11 years of service, the 68W combat medic was sponsored by SAMC member Sgt. 1st Class April V. Marinakes of the 20th CBRNE Command.

Sweeney's day of reckoning started out with a physical fitness test then progressed to a series of mystery tests and his appearance before the SAMC selection board that afternoon.

1st Sgt. Jermaine Allen of HHC Garrison conducted the PT test and acted as the board recorder. Board members included APG Senior Command Sgt. Maj. William G. Bruns as board president, and Command Sgts. Maj. Harold Dunn, 20th CBRNE Command; James Snyder, RDECOM; Andrew Connette, ATEC; and Sgt. Maj. Rebecca Franco, 20th CBRNE Command.

Also a SAMC member since 2009, Allen said candidates are recommended by senior noncommissioned officers who "see something in them."

"I can empathize with what they go through to get here, it's not easy,

but it's not supposed to be easy," he said, "They've accomplished a lot before they're even nominated. They're already elite and this process confirms it.

"I'd like to see the program grow and I encourage NCOs to continue to recognize their best Soldiers and Soldiers to not fear this challenge."

After the grueling and intense selection board proceedings – which lasted two hours – Bruns explained its purpose.

"It's intentionally intense to see how they handle issues under pressure," he said. "Leadership is tough and everything is not in black and white. We need evidence that they understand the needs of the Soldier as well as the needs of the Army."

He added that he thought Sweeney was "very impressive."

"He's had an impressive career and Soldiers can take on his character traits and attributes. His knowledge, skills and potential is why we brought him into the club.

"But it doesn't end there," he added. "Induction into SAMC just raises the bar. Members still have a lot to live up to and accomplish. This is just the beginning."

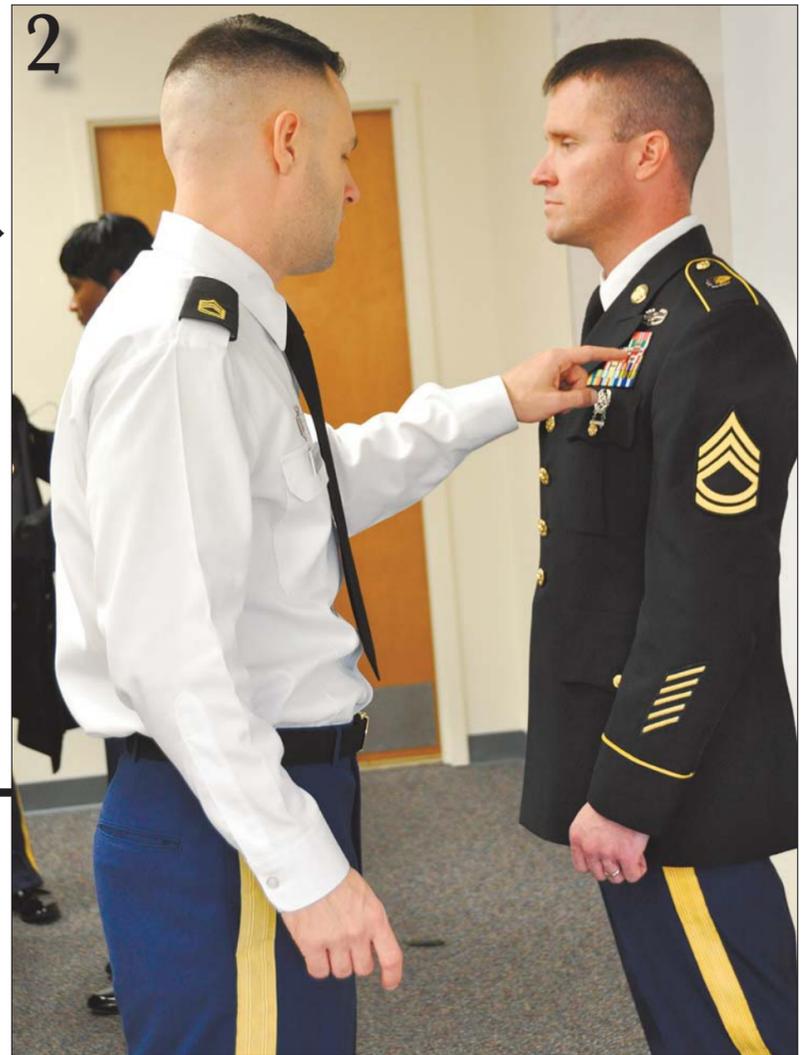
Sweeney thanked his sponsor, chain of command and other supporters, "who believed in me."

"I saw what SAMC was all about and I wanted to be a part of it," he said. "I know what it means for me and for the Soldiers I will lead. I'm ready."

Sergeant Audie Murphy

Audie L. Murphy was the most decorated combat Soldier of World War II. Murphy earned and received every decoration for valor the nation had to offer plus five decorations from France and Belgium. He left the service a national hero and went on to become a famous movie star and starred in 44 films. Murphy died in a 1971 plane crash. He was interred at Arlington National Cemetery with full military honors.

The following is a pictorial essay of the making of a SAMC Soldier.



1. HHC Garrison 1st Sgt. Jermaine Allen and Sgt. 1st Class April Marinakes watch Sgt. 1st Class Jason C. Sweeney cross the 2-mile run finish line during his PT test for the Sergeant Audie Murphy Club board Nov. 13.

2. Sweeney inspects the uniform of Sgt. 1st Class Joseph Conway for deficiencies during a mystery test for the SAMC board.

3. Sweeney recites the NCO Creed while presenting before the board.

4. Board President Command Sgt. Maj. William Bruns reviews Sweeney's packet.

5. Board members, from left, Garrison HHC 1st Sgt. Jermaine Allen, ATEC Command Sgt. Maj. James Snyder, Command Sgt. Maj. Andrew Connette, APG Senior Command Sgt. Maj. William Bruns, CBRNE Command Sgt. Maj. Harold Dunn, and CBRNE Sgt. Maj. Rebecca Franco, look on as Sweeney barely stops himself from jumping for joy after being told he made the board.

Advisory board tours areas for environmental restoration

Story and photo by **STACY SMITH**
APG News

Guided by the Directorate of Public Works' environmental division, members of the Restoration Advisory Board (RAB) toured several areas marked for environmental cleanup and remediation on APG South (Edgewood) Nov. 20.

RAB serves to promote community awareness and obtain effective community review and comment on the environmental cleanup and restoration actions of the Installation Restoration Program (IRP), Military Munitions Response Program, and compliance cleanup activities underway at APG.

"Because of the size of APG and different past activities we broke [APG North and South] into 13 study areas, and in each study area we investigated the sites," said environmental engineer and IRP project manager Rurik Loder, adding that the IRP is looking for contamination that occurred before 1985.

"Other Edgewood Areas"

The tour focused on one of those study areas, known as "Other Edgewood Areas," or OEA, which included portions of Maxwell Point, Swaderick-Watson Creek, and Gun Club Creek; environmental remedial actions are planned at these locations due to soil and groundwater contamination that may pose a risk to human health and biodiversity.

According to Allison O'Brien, IRP program manager for OEA, there are two upcoming remediation actions at Maxwell Point. One is a soil removal action required due to metals found in certain 'hot spots' or high contamination areas that pose a risk to the surrounding environment. The other is a groundwater remediation action that will first mix amendments into the soils and groundwater that will aid in the breakdown of site contaminants, and then add bioremediation products into the groundwater. These additives will react with contaminants in the ground, reducing or neutralizing the contamination in the affected area over time.

"This is the first time we are using this method of remediation here at APG, Loder



ECC assistant project manager Jennifer Schaefer, right, points out areas marked for environmental remediation to Restoration Advisory Board (RAB) program officer Allison O'Brien, 20-year RAB member Arlen Crabb, and chief of the DPW environmental branch Cindy Smith during a tour of Maxwell Point on APG South (Edgewood) Nov. 20.

said. Both Loder and O'Brien said that they are interested in the results because it may open up other areas where this technology could be used.

Jennifer Schaefer, Assistant Project Manager for Environmental Chemical Corporation, a construction and environmental remediation firm conducting site remediation at APG, said Maxwell Point was used from WWII to the Vietnam era for pyrotechnic testing, smoke generator testing and storage of waste materials. These activities contributed to contamination of the area's groundwater with a sticky substance called 1,1,2,2-tetrachloroethane, which can adhere to soil particles and slowly release into the groundwater.

"The groundwater does feed into the Gunpowder River," Loder said. "However, current sampling does not show that contamination has migrated to the river. It does not pose environmental risk, but the concentrations at the source of the plume are high enough that it requires the Army to take remedial action."

The RAB tour visited two other OEA sites where the IRP has proposed excavation of contaminated soil and off-site disposal, which will remove the cadmium,

chromium, copper, lead, zinc and other chemicals that may pose an ecological threat to plants and animals in those areas. According to the environmental division, some of the contamination was from the remains of grenades, tear gas, munitions fragments and metal scraps found in disposal trenches used in the mid-20th century by testing activities to decontaminate items and destroy materials.

The RAB also toured the processing area where munitions were found downrange that contain no explosive components are deformed to a point to allow the metal to be sent to Army recycling center.

"The rounds came from an IRP remedial action that uncovered more munition items than expected," Loder said. "We had to take a step back and come up with a procedure to best deal with the rounds in a safe manner. It took a while but we did it."

An Army explosives technician explained to the group the steps in determining which items are sent to the processing center and showed the RAB members examples of those items recovered.

"Back then, the rules were different," Loder said. "It was common practice to

take scrap from a range and just dump it in one place."

CERCLA (Comprehensive Environmental Response, Compensation, and Liability Act), commonly known as Superfund, is a federal law enacted in 1980 designed to clean up non-DOD sites contaminated with hazardous substances as well as broadly defined pollutants or contaminants.

"Around that same time, the Army made a federal facility agreement with the EPA (Environmental Protection Agency) that basically started the Installation Restoration Program; it allocated funding and specified which sites to look at officially," Loder said.

The CERCLA process for APG cleanup and restoration sites involved a preliminary inspection that included aerial photography and historical research of each site. Post-remedial action includes long-term monitoring for some of the sites to assure the remediation has been successful.

For more information about the Installation Restoration Program, contact Cindy Smith at 410 436-3799 or cynthia.c.smith55.civ@mail.mil.

MARK YOUR CALENDAR

MORE ONLINE

More events can be seen at www.TeamAPG.com

events&town halls

FRIDAY DECEMBER 4

C4ISR HOLIDAY BALL

All who would like to celebrate the holiday season in their finest attire are encouraged to instead attend the C4ISR Holiday Ball set for 6 to 11 p.m., Friday, Dec. 4 at Top of the Bay.

Price for admission is \$50. All garrison personnel who wish to attend should RSVP to Monica Kilburn at 443-395-6487, by Dec. 1.

A full list of tenant POCs and the event menu can be found on the APG Facebook page at www.facebook.com/APGmd.

TUESDAY DECEMBER 8

APG SHARP POETRY SLAM

Team APG will host its first Sexual Harassment/Assault Response and Prevention (SHARP) Poetry Slam at the APG North (Aberdeen) recreation center from 11:30 a.m. to 1 p.m.

The SHARP Poetry Slam is a competition in which poets read or recite original work. The performances are then judged on a numeric scale by previously-selected members of the audience. Participants will present SHARP-themed poems focusing on such topics as prevention, culture change, intervention, awareness, and more.

Attendees are encouraged to bring their lunch and enjoy the performances. All attendees will receive credit for the 2016 SHARP – PART TWO TRAINING and will not need to take the online training. Certificates will be issued at the end of the Poetry Slam.

For more information, contact Jody Jackson at 443-861-9258 or Michell Shultz at 410-278-0137.

meetings&conferences

ONGOING

BIBLE STUDY CLASS

The Religious Services Office hosts a new Soldier and Family Christian Fellowship Bible Study Class 6:30 to 7:30 p.m., every Tuesday at the APG North (Aberdeen) chapel. Free childcare is included. The class focuses on biblical fellowship and outreach and encouragement through prayer and is open to the entire APG community. For more information, call 410-278-4333.

THROUGH DECEMBER

SIGN LANGUAGE CLASS

An American Sign Language (ASL) class will be held each Tuesday, 11:30 a.m. to 12:30 p.m. through Dec. 15 in Bldg. E4301 Otto Road (past Hoyle Gym) conference room at APG South (Edgewood).

This free class offers basic to advanced instruction. The required text book, "ABC, A Basic Course in American Sign Language," can be found on www.amazon.com. Students can bring their own lunch.

To register, for directions or for more information, contact Randy Weber at 410-436-8546 or randy.k.weber.civ@mail.mil.

health&resiliency

NOVEMBER 26-27

KIRK U.S. ARMY HEALTH CLINIC CLOSED

Kirk U.S. Army Health Clinic will be closed Nov. 26-27 for the Thanksgiving holiday. It will resume normal operations Monday, Nov. 30.

DECEMBER 2

KIRK U.S. ARMY HEALTH CLINIC CLOSED

Kirk U.S. Army Health Clinic will be closed Wednesday, Dec. 2 for its monthly first-Wednesday training day.

THURSDAY DECEMBER 3

SOCIAL HEALTH & WELLNESS SESSION

The C4ISR Wellness Committee invites Team APG to attend a Social Health and Wellness Informational Session at the Myer Auditorium, 11:30 a.m. to 12:30 p.m.

As the holidays approach, we need to realize there are many choices we can enjoy while staying the course with healthy eating plans. The session covers how to make healthy choices for popular holiday foods and drinks during the holiday season.

C4ISR Slim Down Participants must bring their Wellness Activity Rosters so attendance can be credited. Any contractors who participate in CECOM activities must not invoice any government contracts for time spent at these activities.

VTC will be available for groups of employees who are not stationed at APG. Contact the CECOM G-1 for a VTC dial in number and code. For sign language interpreters and other disability-related accommodations, contact the CECOM EEO Office at 443-861-4355 by Nov. 18.

The G1 POC is Tiffany Grimes, at 443-861-7901 or tiffany.l.grimes.civ@mail.mil.

TUESDAY DECEMBER 8

EDGEWOOD DENTAL CLINIC CLOSED

The APG South (Edgewood) Dental Clinic will be closed due to a senior leadership conference.

WEDNESDAY DECEMBER 9

APG IRON EAGLE COMPETITION

The APG Army Performance Triad initiative will host the second APG Iron Eagle 6 a.m. at the APG South (Edgewood) Hoyle Gym. The event will consist of pushups, sit-ups, pull-ups, dips and a running event.

For more information, contact Capt. Joanna Moore, Performance Triad Action Officer, at (410) 278-1773 or joanna.t.moore@mail.mil.

THURSDAY DECEMBER 10

C4ISR SLIM DOWN CHALLENGE: JUMP START SESSION

C4ISR Slim Down Challenge participants are invited to the jump start session "Weight Loss, Nutrition and Exercise Guidelines" at Bldg. 6001, fourth floor, room 120 from 11:30 a.m. to 12:30 p.m.

Learn how to eat well and move your body for optimal health presented by Tony De Cesare, certified personal trainer, owner of Metabolix Nutrition, and Towson University rugby coach.

To request sign language interpreters and other disability-related accommodations, contact the CECOM EEO Office at 443-861-4355 by Nov. 24.

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes.civ@mail.mil.

EDGEWOOD DENTAL CLINIC CLOSED

The APG South (Edgewood) Dental Clinic will be closed due to a senior leadership conference.

ONGOING

WEAR BLUE: RUN TO REMEMBER HARFORD COUNTY/ APG

A Harford County/APG-based Wear Blue: Run to Remember community has been established, with ongoing meets the second Saturday of every month 8:30 a.m. at the Maryland and Pennsylvania Heritage Trail in Fallston.

Wear Blue: Run to Remember communities run, jog and walk in honor of the nation's fallen, fighting and families.

Those interested in participating in the run should meet at the Annie's Playground – Pavilion at 864 Smith Lane, Fallston, Maryland. Pets are allowed, but park rules do not allow retractable leashes.

All ability levels are welcome. Participants are strongly encouraged to wear blue.

Upcoming dates include:

- Dec. 12

For more information, contact Robin Bruns

at 910-987-6764 or brunsrd@yahoo.com.

TUESDAY DECEMBER 15

FIVE PILLARS OF HEALTH INFO SESSION

The C4ISR Wellness Committee invites Team APG to the Five Pillars of Health Informational Session, held at Bldg. 6001, second floor, room 224 from 11:30 a.m. to 12:30 p.m. The session will discuss the five pillars of health and how they can provide immunity to stay healthy and happy.

All non-C4ISR employees must register by Dec. 9. C4ISR Slim Down Challenge participants, must bring their Wellness Activity Rosters for attendance to be credited.

VTC will be available for groups of employees who are not stationed at APG. For a VTC dial in number and code, contact the G1 POC. For sign language interpreters and other disability-related accommodations, contact the CECOM EEO Office at 443-861-4355 By Dec. 1.

For more information, or to request a registration packet, contact Tiffany Grimes, G1 POC, at 443-861-7901, tiffany.l.grimes.civ@mail.mil.

DECEMBER 24-25

KIRK U.S. ARMY HEALTH CLINIC CLOSED

Kirk U.S. Army Health Clinic will be closed Dec. 24-25 for the Christmas holiday. KUSAHC will resume normal operations Monday, Dec. 28.

ONGOING

KUSAHC CLOSED FIRST WEDNESDAY OF EVERY MONTH

Kirk U.S. Army Health Clinic believes the key to being the premier health and readiness platform is a professionally-developed workforce, and reinvesting in employees is an investment to their service to APG.

As such, KUSAHC will close the first Wednesday of every month for training purposes until further notice, starting Wednesday, Oct. 7.

For more information, visit <http://kusahc.narmc.amedd.army.mil/SitePages/Home.aspx> or www.facebook.com/KUSAHC.

THROUGH 2015

FINAL 2015 CPR, AED CLASS SCHEDULED

The APG Directorate of Emergency Services will host two final CPR/AED classes for 2015. Classes are open to the entire APG community.

Dec 16 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

For more information, contact Mike Slayman at 410-306-0566.

miscellaneous

ONGOING

FIREWOOD AVAILABLE FOR SALE

Firewood is available at a cost of \$20 per level standard 8-foot pick-up truck, \$15 per level standard 6-foot pick-up truck, and \$5 per car trunk load. Permits to buy wood are good for ten days, or until an order is filled, whichever comes first. Permits will be issued 8 a.m. to 3 p.m. on a first-come-first-served basis at APG South (Edgewood) in Bldg. E4630, Monday through Thursday. For more information, contact Scott English at 410-436-9804 or Kathy Thisse at 410-436-8789.

ONGOING

RETIRING SOON? UNCLE SAM WANTS TO THANK YOU!

Are you an APG Soldier or civilian nearing retirement from government service? Consider participating in the monthly Installation Retirement Ceremony.

The APG Garrison hosts the event the fourth Thursday of each month –except November – and the first Thursday in December, at the Dickson Hall (Ball Conference Center).

Much goes into the planning for these events. Event planners set up flag displays, write speeches, print programs, provide sound equipment and photography support and even create photo DVDs for each retiree.

Also, awards and decorations are presented to retirees and their spouses.

All Soldiers and civilians are eligible to participate in the Installation Retirement Ceremony regardless of unit or organization.

This is a program designed to thank retiring personnel for their loyalty and perseverance and for the sacrifices they endured while serving the nation.

Retirees are encouraged to participate and to share this day with family members and friends.

After all, Uncle Sam wants to thank you. Don't you think you've earned it?

For more information, contact Lisa M. Waldon, Garrison Training Operations Officer, at 410-278-4353 or email lisa.m.waldon.civ@mail.mil.

ONGOING

NEW HOURS FOR WEEKDAY MASS

The hours of weekday Mass have changed to the following:

At the APG North (Aberdeen) chapel, Mass is celebrated 11:45 Monday, Tuesday and Friday in the main sanctuary; Thursday in the Blessed Sacrament Chapel.

On first Fridays at the APG North (Aberdeen) chapel, Mass begins 11 a.m. with Holy Hour with exposition of the blessed sacrament, meditation and confessions prior to the 11:45 a.m. Mass.

At the APG South (Edgewood) chapel, Wednesday Mass will be celebrated at noon followed by confession.

For more information, contact the Religious Support Administrative Office at 410-278-4333.

THROUGH 2015

MOTORCYCLE SAFETY COURSES

Training schedules have been set for the 2015 Local Hazards Course and Intermediate Driver's Course. Training will be held in Bldg. 4305 Susquehanna Avenue, room 243A. Attendees must register online at AIRS through the www.TeamAPG.com web site at <https://apps.imcom.army.mil/airs/>.

Local Hazards Course:

This is a 30-minute course for personnel who are new to APG. It is a mandatory course for all APG service members, family members, DOD civilians, and contractors who are licensed motorcycle drivers. Those on temporary duty (TDY) at APG for more than 30 day also are required to take the course. Additional classes will be added as needed.

Course time: 7:30 to 8 a.m. and 8:15 to 8:45 a.m.

Course dates:

Dec. 10.

Intermediate Driver's Course:

This two-and-one-half hour course builds on themes introduced during the Introductory Course 1 taken during basic and advanced individual training. This course is mandatory for service members age 26 and younger and may be used to satisfy the remedial defensive driving course. Additional classes will be added as needed.

Course time: 9 to 11:30 a.m.

Course dates: Dec. 10

For more information, contact H. Mike Allen at the Installation Safety Office at 410-306-1081 or horace.m.allen.civ@mail.mil.

If you see it, report it! Aggressive driving has no place at APG! Call 410-306-0550



Have a great idea for a story?

Know about any interesting upcoming events?

Wish you saw more of your organization in the paper?

The APG News accepts story ideas and content you think the APG community should know about.

- Story ideas or content must be geared toward the greater APG community and cannot appear to endorse any private company.
- The deadline for content to appear in an upcoming issue of the APG News is the **Thursday PRIOR** to publication. The APG News cannot guarantee submissions received after the Thursday prior to publication will appear in the next issue of the paper.
- Send story ideas or pre-written content to amanda.r.rominiecki.civ@mail.mil or call 410-278-7274 for more information.
- Please note, the APG News editor reserves the right to (1) reject any content deemed inappropriate, irrelevant or against regulation, (2) delay the publication of submitted material if it is not timely and (3) edit or shorten content for space and style reasons without altering the meaning of the submission.



Expo puts Team APG on 'Highway to Health'

"Soups Fresh" Owner Christina Kelly hands AMSAA employee Gary Becquet a juice sample during the Highway to Health expo hosted by AMSAA in Bldg. 330 Nov. 19. The expo offered a variety of health and wellness topics, including tobacco cessation information and health screenings.

Photo by Molly Blossie

Leave Donations Employees eligible for donations in the Voluntary Leave Transfer Program

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630- B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell8.civ@mail.mil

Acevedo, Rachel
Acosta, Jeannie M.
Adair, Jennifer
Alba, Audrey
Belcher, Stacey L.
Branscome, Teresa A.
Briggs, Gregory Lynn
Bruner, Stephen M.
Bukosky, Velorie F.
Ciborowski, Steven
Clark, Lyra
Clelland, Louis A.
Dimond, Crystal

Dissek, Michael J.
Dunn, Joanne
Finegan-Bell, Antoinette
Fleetwood, Phylcia R.
Frankel, Ronald A.
Gaddis, Lonnie
Gibson, Tanya J.
Gresham, James F.
Guy, Jessica
Hampton, Devita D.
Hazel, Wanda L.
Henry, Edwin R.
Holderbaum, Larry G.

Humphries, Theresa
Johnson, Douglas W.
Kent, Nathaniel
King, Sharon M.
Kladitis, Johnathan
Kubat, Tracey L.
Kuciej, Andrea D.
Lilley, Gretchen E.
Lloyd, Wayne F.
Mancini, Jennifer
McCauley, Adrienne
Meadowcroft, Catherine
Meskill, Joseph F.

Mielke, Sylvia A.
Morrison, Cassandra D.
Morrow, Patricia D.
Morton, Royce
Moss, Jason D.
Park, Jessica C.
Solomon, Je'Neane
Thompson, Curtis
Urban, Brenda G.
Vincelli, Louis
Wells, David W.
Yoo, Alexia D.

BY THE NUMB#RS

Warrior Care Month

November is Warrior Care Month, a time set aside by the Department of Defense to recognize the resilience and accomplishments of wounded, ill or injured service members, their family members and their caregivers. This year's theme is "Show of Strength."

254,000+

Number of wounded, ill and injured service members who have received adaptive sports and reconditioning assistance from the Military Adaptive Sports Program.

68,000+

Number of Soldiers who have received support through the Warrior Care and Transition Program since it began in 2007.

25

Number of Warrior Transition Units (WTUs) throughout the U.S., Europe and Puerto Rico. WTUs provide personalized support to wounded, ill and injured Soldiers who require at least six months of rehabilitative care and complex medical management.

10

Number of regional coordinators that support Operation Warfighter. The DOD internship program matches qualified wounded, ill and injured service members with non-funded federal internships in order for them to gain valuable work experience during their recovery and rehabilitation.

8

Number of sporting events featured in the 2015 DOD Warrior Games held at the Marine Corps Base in Quantico, Virginia June 19-28. Approximately 250 athletes participated, representing teams from the Army, Marine Corps, Navy/Coast Guard, Air Force, U.S. Special Operations Command and the British Armed Forces.

By **RACHEL PONDER** APG News

Source(s): <http://www.wtc.army.mil/>

<http://warriorcare.dodlive.mil/>

http://archive.defense.gov/home/features/2015/0615_warriorgames/

www.facebook.com/WarriorGames/

CDC hosts Thanksgiving celebration

Story and photos by **RACHEL PONDER**
APG News

To kick off the holiday season, the APG North (Aberdeen) Child Development Center hosted a Thanksgiving meal for children and their families Nov. 19.

Families were treated to a traditional Thanksgiving meal of turkey, mashed potatoes, green beans, stuffing, cranberry sauce and macaroni and cheese.

Children in the Strong Beginnings pre-kindergarten classroom decorated pilgrim and Indian hats and sang Thanksgiving-themed songs for their family members.

Flo Vaughan, a Strong Beginnings teacher, said the children were “very excited” and prepared for the event for several weeks.

“We talked about the first Thanksgiving, read books and built a teepee for the classroom,” she said.

The children told Vaughan how they thought turkey should be prepared. The answers, which included using sprinkles, soda, and ice cream, were shared with the guests during the dinner.

“The answers were very cute,” said Child, Youth and School Services Coordinator Ruth Strauss who was invited as a “special guest” along with Family and Morale, Welfare and Recreation Director Michael Lupacchino.

“I am glad the parents came out to support this event, the turnout was phenomenal,” she said.

Facility director Heidi Fernandez said to get in the festive spirit, children and parents were asked to “disguise” a cartoon turkey at home. The disguises, which were displayed in the hallway, included a Ravens player, a ballerina, a gumball machine, a peacock, a Minion and a Teenage Mutant Ninja Turtle.

Fernandez thanked the parents for supporting the event and staff members for preparing the food.

“I want to thank Preston Saddler, Cynthia Hickox, Laura Daisy and Beth Command for their hard work in the kitchen,” she said.

Parent Omari Ruiz, a Program Executive Office Intelligence Electronic Warfare and Sensors contractor, said he appreciated the opportunity to eat lunch with his son, Omari Ruiz Jr., 2.

“I think it’s a great event, you get to know the staff members and the other families, he said. “I think they have a



(Above) Laura Powell, of the U.S. Army Aberdeen Test Center, smiles at her daughter Quinn Powell, 18 months, during the Thanksgiving meal for children at families at the APG North (Aberdeen) Child Development Center Nov. 19; (Below) Sgt. David Clark, of Kirk U.S. Army Health Clinic, shares a quiet moment with his daughter, Kyla Clark, 5 months. Children and parents were treated to a traditional Thanksgiving meal.

great program here.”

Laura Powell, of the Aberdeen Test Center, said she enjoyed taking a break with her daughter, Quinn Powell, 18 months, during the work day.

“It’s nice to see how the children and staff members interact on a daily basis,” she said. “And it’s a good opportunity to meet other parents.”

Several children in the Strong Beginnings classrooms shared what they are thankful for during the dinner.

“I am thankful for candy,” said Jacob Long, 4.

Gabrielle Harris, 5, said she is looking forward to Thanksgiving because she likes to cook with her mother.

“Ham is my favorite food to cook,” she said. “I like Thanksgiving because I get to spend time with family. I am excited to see my grandma and papa.”

Morgan Williams, 4, said he was also happy to see his relatives.

“I am thankful for turkey, food and family.”



RDECOM kicks off inaugural Turkey Bowl

By **ROGERTEEL**
RDECOM Public Affairs

To enhance morale, encourage team building and promote esprit de corps through spirited competition, the U.S. Army Research, Development and Engineering Command hosted its inaugural Turkey Bowl flag football competition Nov. 17 at Shore Park on APG North.

Jyuji Hewitt, RDECOM’s executive deputy to the commanding general, welcomed participants to the battle site and encouraged them all to “be safe” and “have fun” playing for their organizations.

Initial pairings were quickly drawn: The Edgewood Chemical Biological Center squared off against the RDECOM headquarters team, and the Communication-Electronics Research, Development and Engineering Center, faced the Army Research Laboratory, in the other semi-final. Winners advanced to the Turkey Bowl final; losers to a consolation game.

Displaying an unstoppable aerial attack, the ECBC Dragons cruised past the RDECOM Thunder to advance. The CERDEC Commandos had a tougher time with the ARL A-Team, but also prevailed to advance to the final.

The CERDEC Commandos displayed depth and football prowess in the final, shutting down the ECBC Dragons and winning by two scores to capture the Turkey Bowl title.

“This event was well received by participants and spectators,” said Deborah Prue, event organizer and RDECOM wellness coordinator. “It gave folks the opportunity to interact with others from across the command in a relaxed atmosphere. We had approximately 200 people including players attend.”

ARL captured the event’s spirit award, as ARL leadership built upon the event with an organizational day cook-out in the Shore Park picnic area for the entire ARL family after the games.

“I have to give Dr. Thomas Russell and the members of ARL a tip of the hat for embracing this event the way they did,” Prue said.

The event also served as a kick-off



ceremony for RDECOM’s Combined Federal Campaign. Chesapeake Bay Area CFC coordinator Rachel Reichley provided opening comments and volunteers sold concessions to build awareness for the CFC. The CFC contribution window closes Dec. 15.

(Above) The Research Development and Engineering Command hosted an inaugural Turkey Bowl flag football competition for command employees Nov. 17. Approximately 200 personnel from RDECOM headquarters, ECBC, CERDEC and ARL displayed their football prowess to take home the Turkey Bowl title; (Right) The CERDEC Commandos beat the ARL A-Team and the ECBC Dragons to take home the first Turkey Bowl title and bragging rights within the command.

Photos by Tom Faulkner





ALL THINGS MARYLAND

Family fun at Port Discovery

Children's museum offers 10 interactive exhibits

By **RACHEL PONDER**
APG News

This holiday season, spend some family time at Port Discovery Children's Museum located in Baltimore's Inner Harbor.

The 80,000 square-foot facility has welcomed more than 4 million visitors since it opened in 1998. The majority of the museum's exhibits and programs are designed for children ages 2 through 10 years old. The museum promotes "play with a purpose" and features more than 10 educational, interactive exhibits and programs.

According to Ashley Barnett, museum public relations and promotions specialist, earlier this year, Port Discovery was named one of the top children's museums by "Parent's Magazine" and "Fodor's Travel."

"We are very proud to be chosen by these large and well-known publications as a great resource for children in Baltimore City and around Maryland."

Barnett said one of the most popular activities at Port Discovery is "KidWorks" a three-story urban tree house.

"There are rock climbing walls, rope bridges, ladders and even a slide, which can keep children entertained for hours," she said.

Another popular attraction is "Wonders of Water," which examines how humans interact with water. The exhibit features "Earth Today," a real-time atmospheric display with global data from the National Aeronautics and Space Administration (NASA), the National Oceanic and Atmospheric Administration (NOAA) and the U.S. Geological Survey (USGS).

This exhibit includes several hands-on water activities. "Plumbers Park" lets visitors put together pipes that direct water in different directions, creating mini water fountains. "Musical Chimes" lets children use arcade-like water shooters to hit various instruments to make music.

According to the museum website, visitors can get wet while visiting "Wonders of Water" so rain slickers and boots are available for use. Visitors can also bring a dry change of clothes. Lockers are available for a small fee.

Children ages 3 years old and younger will enjoy exploring "Tot Trails" a Maryland nature-themed learning environment. The museum also hosts special programs in this area like story time and a music program called "Jingle Jangle Music Time" which teaches children basic rhythm through singing and clapping. Younger visitors will also enjoy "The Oasis," a quiet room where families can read a book, play a game, or solve a puzzle.

In addition to permanent exhibits, the museum hosts traveling exhibits. The current traveling exhibit called "Here we Grow!" teaches children about farming and the technology used in the agriculture industry. Activities in this exhibit include an egg factory, a farmer's market, cow milking and a horse veterinary station.



"Most children know that you can get fruits, vegetables and milk from the store, but many don't know the process that happens from the moment it is harvested to the moment it's on the table," Barnett said. "Understanding where your food comes from can often help a person make healthier choices."

The Port Discovery Children's Museum is located at 35 Market Place. The museum's current seasonal hours, through May, are Tuesday through Friday 9:30 a.m. to 4:30 p.m., Saturday 10 a.m. to 5 p.m. and Sunday 12 p.m. to 5 p.m.

The museum recommends that visitor's "dress for play." Sneakers or flat-soled, closed-toe shoes are recommended and required to climb KidWorks.

Admission is \$14.95 for ages 2 and older. Through Jan. 3, active-duty service members and veterans with valid ID will receive free admission through the museum's "Salute the Troops" program. Guests of active-duty service members and veterans will receive \$2 off admission.

For more information visit www.portdiscovery.org/.

(From top) The Port Discovery Children's Museum in Baltimore's Inner Harbor, features more than 10 educational, interactive exhibits and programs and was recently named one of the top children's museums by "Parent's Magazine" and "Fodor's Travel."; Visitors participate in the "Kick it Up!" exhibit bike challenge, which promotes exercise and healthy eating habits; The "Here We Grow" exhibit features a milking game, which teaches visitors about farming and agriculture industry technology.

Courtesy Photos



Ever wonder what difference your CFC donation can make ?



A Pledge For One Year	One Week's Pledge is Equivalent To	A Year's Pledge Will Provide
\$1 a week Total Gift = \$52	One candy bar	Breakfast for one child for the entire summer
\$1 a week Total Gift = \$52	Five lives on Candy Crush	12 elementary school students with trained volunteer tutors to help with reading and math
\$2 a week Total Gift = \$104	Two lottery tickets	Two potential donors to be typed for the Bone Marrow Registry
\$2 a week Total Gift = \$104	One large iced tea	Mosquito nets that can save the lives of 8 African children
\$3 a week Total Gift = \$156	Two packs of gum	Training for ten volunteers who provide support to ex-offenders re-entering the community
\$3 a week Total Gift = \$156	Six pack of soda	Six months of counseling sessions for a family dealing with Alzheimer's
\$4 a week Total Gift = \$208	One burger, fries and shake	13 hours of research on the causes and cures for leukemia
\$4 a week Total Gift = \$208	A ballpoint pen	A member of the Armed Forces serving abroad in handling a crisis back home
\$5 a week Total Gift = \$260	Sunday newspaper	Temporary shelter for a family of four for three nights following a disaster
\$5 a week Total Gift = \$260	Large bag of movie popcorn	Five and a half weeks of job training
\$10 a week Total Gift = \$520	One small pizza and a soda	Enough trees to protect water quality in 50 feet of streams
\$10 a week Total Gift = \$520	One paperback for the beach	One ton - 2,000 pounds - of food that translates to 1,612 meals for the hungry
\$15 a week Total Gift = \$780	A book of crossword puzzles	Support for 30 senior citizens so they don't have to choose between food and medicine
\$15 a week Total Gift = \$780	Download a music album	Two visits for short-term in-patient care for substance abusers
\$20 a week Total Gift = \$1,040	Two movie theater tickets	Two villages with clean, safe water with a well
\$40 a week Total Gift = \$2,080	A casual dinner for two	Save 100 severely malnourished children with nutritional feeding kits

For more information about the Combined Federal Campaign, contact your local unit/agency representative to donate or Sgt. 1st Class Anthony Woods at 410-278-1957.



MORALE, WELFARE & RECREATION

Learn more about APG MWR activities and services by going online at www.apgmwr.com.

Upcoming Activities

LEISURE & TRAVEL MARVELS UNIVERSE LIVE DEC. 11-13

Marvel fans, assemble! Watch your favorite Marvel Super Heroes including Spider-Man, Iron Man and Hulk and threatening villains come to life in an action-packed Royal Farms Arena extravaganza. You'll definitely feel the energy-with cutting-edge special effects, pyrotechnics, aerial stunts, martial arts, motorcycles and more. It's being hailed as the most technically advanced live show ever. Join Marvel fans of all ages for this once-in-a-lifetime, monumental performance. The fate of the universe depends on it!

All tickets, while supplies last, are \$25 and available for the following dates and times:

- Friday, Dec. 11 at 7:30 p.m.
- Saturday, Dec. 12 at 11 a.m., 3 p.m., and 7:30 p.m.
- Sunday, Dec. 13 at 1 p.m. and 5 p.m.

To purchase tickets, visit MWR Leisure Travel Services at the APG North (Aberdeen) recreation center, Bldg. 3326. For more information, contact the Leisure Travel Office at 410-278-4011/4907 or email usarmy.apg.imcom.list.apgr-usag-mwr-leisuretravel.

ARMY/NAVY GAME TRIP AND TICKETS DEC. 12

MWR will host a trip to the Army/Navy game in Philadelphia. For \$130 a person, individuals will receive transportation and admission to the game. The bus will depart the APG North (Aberdeen) recreation center at 8 a.m. and return at roughly 8 p.m.

Game tickets only (no transportation provided) are \$91. All tickets are for the upper level end zone, Navy side.

To purchase tickets, visit the MWR Leisure Travel Services at the APG North or APG South (Edgewood) recreation centers.

For more information, call 410-278-4011/4907.

MWR STOCKING STUFFERS THROUGH DECEMBER

Looking for the perfect gift or stocking stuffer? Visit the MWR Leisure Travel Office for discounted tickets, including:

- White House Christmas Ornament
- Regal Movie Theaters
- AMC Movie Theaters
- National Aquarium
- Roundtop Mountain Resort ski lift
- Whitetail Resort ski lift
- Liberty Mountain Resort ski lift

For more information, call 410-278-4011/4907.

PHANTOM OF THE OPERA JAN. 28

MWR Leisure Travel has tickets to Baltimore Broadway performance of The Phan-

tom of the Opera, Thursday, Jan. 28, 2016 at 8 p.m. Tickets are \$68.95 a person and must be purchased by Dec. 18.

To purchase tickets, visit Leisure Travel Services at the APG North (Aberdeen) recreation center. For more information, call 410-278-4011.

For more information about the show, visit <http://baltimore.broadway.com/shows/phantom-opera-baa/>.

CHILD & YOUTH SERVICES PANCAKE BREAKFAST WITH SANTA DEC. 12

Santa will make a special appearance at Top of the Bay Dec. 12, from 9 to 11 a.m. The pancake breakfast costs \$10 for adults, \$5 for children ages 5-10; children ages 4 and under are free.

Seating is limited and reservations are required. Call 410-278-5915 to register, or visit www.apgmwr.com.

LET'S COOK DEC. 12

International cooking class will teach children different skills to prepare foods from different places around the world. The children will learn about sanitation and kitchen safety. They will also be taught different recipes that require little help from their parents. Children will learn to cook up to 3 dishes including a main dish and a dessert.

Each class, open to children ages 7 and up, will be held at the Corvias Bayside Community Center, 2658 Chesapeake Ave., 10 a.m. to 1 p.m. The cost is a \$17 supply fee, per class.

For more information, contact Shirelle Womack at shirelle.j.womack.naf@mail.mil or call 410-278-4589.

4-H/CYSS BABYSITTING COURSE DEC. 28-29

CYSS will host a 4-H/CYSS Babysitting Course at Bldg. 2503 from 9 a.m. to 4:30 p.m. The class will familiarize participants with all the responsibilities of babysitting; participants will also receive certification in CPR and first aid.

The event is free and open to youth ages 13-19.

Registration is required; contact Shirelle Womack at 410-278-4589 or shirelle.j.womack.naf@mail.mil.

PRE-SCHOOL AND KINDERGARTEN CHILD CARE OPENINGS

Child, Youth and School Services (CYSS) at Aberdeen Proving Ground (APG) offer active duty military and DOD civilians and contractors a comprehensive program to assist with full-day child care needs.

The Aberdeen CDC has immediate full-time child care openings at their facility for children ages 3 and 4 years old in need of full-time care and children attending Kindergarten that need Before & After School Care.

Through Teaching Strategies Creative Curriculum and TS Gold, the program helps children work with their strengths, interests, and each other, to feel good about themselves, and to grow as individuals. Activities are offered in the areas of oral language, social/emotional, physical, cognitive, literacy, mathematics, science & technology, social studies, arts and English language acquisition. Sign up your child today!

Participants must be registered with Parent Central Office. Fees are based on total family income.

For additional information contact Parent Central Office at 410-278-7479 or 410-278-7571.

YOUTH SPONSORSHIP

All youth between the ages 8-18 can request a Youth Sponsor before, during or after their move to the Aberdeen Proving Ground community. A Youth Sponsor can provide you with information about schools, shopping and culture or maybe become your new friend! Youth Sponsorship is co-ordinated by the Youth Services and will match sponsors to new youths according to gender, age/grade, interests/hobbies, and school attending.

Why request a Youth Sponsor? Moving to a completely new location is sometimes scary, exciting, but always new and different. It always helps when you have someone that can show you around and tell you about your school or program, the community, places to see and shop, and introduce you to new friends. The Youth Sponsorship Program can help your transition to a new place easier.

Why become a Youth Sponsor? Everyone is encouraged to become a Youth Sponsor. If you like to help and meet new friends, then being a sponsor is the right thing to do. As a Youth Sponsor, you get to identify, meet and help incoming teens and youth. You provide them with friendship, a warm welcome, information, and possibly a tour of the community/program. Youth Centers are always looking for new teen sponsors.

To participate, contact the School Liaison Office (SLO) at 410-278-2857 or email stacie.e.umbarger.naf@mail.mil.

SPORTS & RECREATION SUTHERLAND GRILLE CLOSES FOR SEASON THROUGH APRIL 4, 2016

The Sutherland Grille at Ruggles Golf Course is closed for lunch service for the winter season and reopens April 4. During this time, the grille will be available for meetings and special events.

For more information and the special holiday menu, call 410-278-4794.

HOLIDAY SEASON AT RUGGLES DEC. 1 - 18

Celebrate the holiday season at Ruggles with festive holiday music, seasonal decorations and a fire in one of our two fireplaces. The Sutherland Grille is booking special

events for the December holiday season. Dates are available for weekday luncheons, after work functions, or weekend parties, between the hours of 11 a.m. and 10 p.m.

For more information and the special holiday menu, call 410-278-4794.

2015 DEMO CLUB SALE THROUGH DEC. 23

Ruggles golf shop is now selling 2015 Demo Clubs. Stop by to see the inventory and great savings on Callaway, Taylor Made, Titlesit and Mizuno clubs. Sale continues while supplies last. The Pro Shop is open from 9 a.m. to 5 p.m.

For more information and the special holiday menu, call 410-278-4794.

ARMY COMMUNITY SERVICE IDENTITY THEFT DEC. 3

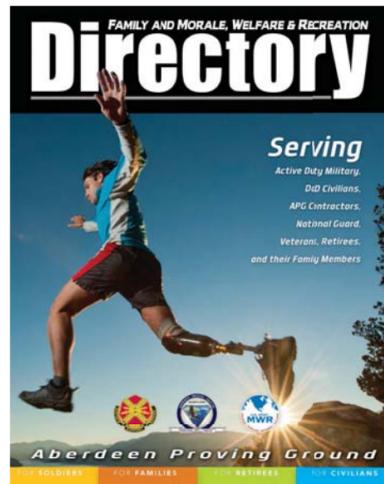
ACS will host a course discussing what ID theft is, how thieves steal your ID, and what you can do to deter, detect and defend against identity theft, 11:30 a.m. to 12:30 p.m., at Bldg. 2503. The class will also explain the different classifications of ID theft and how you can safeguard your information.

To reserve a seat call ACS at 410-278-9669/7572.

CREDIT FINESSE DEC. 10

ACS will host a course identifying ways to properly use and build credit, 11:30 a.m. to 12:30 p.m. at Bldg. 2503. The course will also explain good credit practices; identify measures to protect your credit; explain what is in a credit report; pinpoint credit report information used in forming your credit score; identify security measures to protect from identity theft; and identify ways to maintain a good credit report. The course is held in partnership with ACS Financial Readiness Program and Aberdeen Proving Ground Federal Credit Union

To reserve a seat call ACS at 410-278-7572/9669.



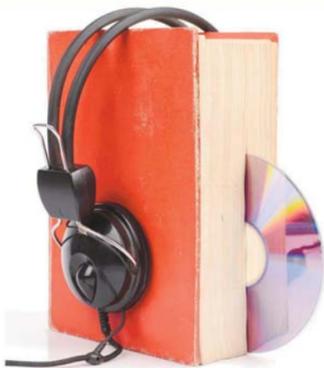
Learn more about APG MWR activities and services by going online at www.apgmwr.com and downloading the FMWR Directory.

Special Needs Resource Lending Library

The EFMP Lending Library provides an opportunity for Families who have a member with special needs to learn about, examine and borrow resources books and DVD's.

TOPICS INCLUDE:

- Special Education
- Advocacy
- Law
- Social Skills Development
- Behavior Management
- Parenting a Child with Special Needs
- Training DVD's
- & Much More



Open to Military Families, DOD Civilians, Retirees and Contractors
9:00am - 5:00pm Monday - Thursday.
Army Community Service
Exceptional Family Member Program, Room 112
410-278-2420



December 3
11:30 a.m. - 12:30 p.m.
ACS Building 2503

This class discusses what ID theft is, how thieves steal your ID, and what you can do to deter, detect and defend against identity theft. It explains the different classifications of ID theft and how you can safeguard your information and how you can learn more.

For more information contact Leary Henry
leary.g.henry.civ@mail.mil
410-278-2453/ 7572

Registration Required:
To reserve a seat call ACS
410-278-2453/7572



MEMORIES OF 'NAM



Vet recounts days when everyone was infantry

By **YVONNE JOHNSON**
APG News

Like so many other 'Nam veterans, George Blake decided to serve the nation in 1965 and never looked back.

Blake was born and raised on Maryland's Eastern Shore in the little town of Snow Hill, in Worcester County, about 16 miles from Salisbury. Segregation reigned during that time and Blake attended an all-black high school that was not integrated until 1970.

"In sports, we competed only against other black schools in places like Easton and Centerville," Blake said. "The first time I competed against whites was in the Army."

With plans to enter the military after school, Blake said when he caught the bus in Salisbury to Fort Holabird in Baltimore it was his first time crossing the Bay Bridge.

"Just about everybody who graduated ended up at the induction station, which was also segregated," he said.

Knowing he would likely get drafted anyway, Blake passed the test in the hope that he might be able to choose his first assignment. While awaiting his orders, he stayed with an aunt and uncle in Havre de Grace, where jobs were more plentiful.

"The only thing available on the Eastern Shore was chicken farms," he said.

While waiting to receive his orders, Blake landed a job at the Bata shoe factory in Belcamp. He said it was "rough, assembly line work" and he lasted about a month.

He then became a nursing assistant at Perry Point VA Medical Center in Perryville in October 1965. One month later, he received his draft notice.

Blake caught the bus back to Snow Hill to report to the recruiting station in Salisbury where he was told that if he joined as RA (Regular Army) status instead of as a draftee, he'd have to do another year but wouldn't have to worry about "going back again."

He took the extra year and worked at Perry Point until February and then entered the Army March 28, 1966. He took the bus from Snow Hill to Baltimore and said his farewells to the grandmother and aunt who raised him.

"They knew there were better opportunities out there and they figured the military was a good way to get me out of that environment," he said.

From Baltimore, he caught a train to Fort Jackson, South Carolina where he in-processed and took the Oath of Enlistment into the Army. After his first two weeks of basic training at Fort Gordon, Georgia, he received the military occupational specialty (MOS) of 51 N, Construction Engineer/Water Purification Specialist.

"My secondary MOS was 11B-Infantry, but in those days everybody's secondary was infantry," he chuckled.

He attended advanced individual training at Fort Leonard Wood, Missouri where they said the final two weeks would consist of training for Vietnam in a mock-Vietnam village. Blake said he thought they'd prepare for 'Nam in a more "jungle-like" environment.

"I expected we'd go to Fort Polk or Fort Benning; Fort Leonard Wood was nothing but rocks," he said.

But train they did. The two-week course included training in protective masks and familiarization with claymore mines, the M60 machine gun and other weapons.

Having to report to McGuire Air Force Base in New Jersey by Aug. 27, Blake had about eight days to spend with his family before leaving for 'Nam.

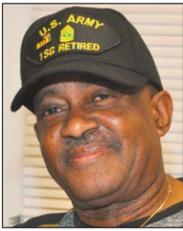
Headed for 'Nam

At McGuire, he boarded a charter flight for service members. After two days of flying they arrived in Tan Son Nhut Air Base in Saigon, Vietnam.

From there he rode a 2.5 ton truck to Long Binh replacement center for in-processing where he received his jungle fatigues and equipment. He said an E6 who was heading "out of country" told his group that "every third person wouldn't make it home."

"He said you'd either get killed during your first six months or your last six months," Blake said. "Motivation really went down."

While at Long Bin they pulled guard



Blake



(Left) Vietnam veteran and retired 1st Sgt. George Blake was a young private in basic training at Fort Gordon, Georgia when this photo was taken.

(Below) Blake was an experienced and promotable E-4 specialist, fresh from Vietnam in this 1967 photo taken at Fort Hood, Texas. Blake and his wife have been members of the APG Chapel protestant service since 1988.

Courtesy photos

duty with shotguns, Blake said. After two days there they were flown to Qui Nhon where he was assigned to Headquarters Company, 84th Engineer Battalion. He said most people didn't get to work their MOS in 'Nam and he was assigned to Red Beach where the supply ships came in.

"Korean forces were doing most of the fighting in that area before American Infantry forces moved in," he said, "and they moved further north when the Vietnamese forces moved north."

"Most of the time, you pulled guard duty, it didn't matter what your MOS was." He said his M14 was the sole tool of his trade.

"We spent most of our time patrolling, building barracks, roads, and air strips. I didn't really work my MOS until the last six months because they already had people to do that when we got there."

"During that time, Vietnam really was stressful," he added. "Most of the attacks occurred at night so you always had your head on a swivel."

Back stateside

Blake returned to the states as an E-4 (promotable) and was assigned to Fort Hood, Texas in 1967. He said he had the opportunity to make E-5 if he extended in 'Nam but he declined.

"I'm glad I didn't stay. After I left, they pulled most of my unit up to Pleiku and put them into infantry and artillery units."

"The thing about Vietnam," he said, "is that until I went, I never knew my grandmother could write. She wrote and told me that my aunt had died. She signed it, 'God loves you and take care of yourself.' She died a couple of months later but I didn't get to go home for the funeral because she wasn't my mother."

Blake left the military the first time in 1969 but it wasn't his idea. In retrospect, he said, "I was listening to my buddies."

"All we were doing was partying. Most draftees were getting out because they didn't want to go back [to 'Nam] so I got out too. I thought I could do the same as in the Army but I couldn't party and stay out late all the time. I had bills to pay."

He said two of his cousins and other friends that he was "hanging out with" drew him back to the military.

"They saw something in me that I didn't see in myself and they told me I wouldn't make it out here. They said I had a future and that future was in the military. I thank God for them."

Blake met his future wife after that and they agreed that the only way to advance was to leave the area.

The second time around

Before long, Blake was at Fort Dix, New Jersey where he was re-inducted into the Army. He went Quartermaster this time, with a supply MOS. He said he made honor graduate in Advanced Individual Training and was promoted from E-4 to E-5. Given duty station choices of Germany, Korea or Alaska, Blake chose Alaska. He and his wife were married at Fort Richardson in 1971.

For the first time in years, life was good.

"Things just started falling into place," he said. "I made squad leader and then platoon sergeant. The pay was really good because Alaska was considered a high cost of living area. We lived on post and my wife [a nurse] got a government job."

It was then that Blake embraced the



military life style. Its structure and regimen appealed to his sense of rightness after a turbulent and unstructured youth.

"We were blessed," he said.

The next years were busy. From Alaska, he completed the Basic Noncommissioned Officer Course at Fort Lee, Virginia then served at Fort Devens, Massachusetts, and Fort Belvoir, Virginia where he made E-6 and reclassified from Quartermaster to Field Artillery. He served again at Fort Hood and then with the 25th Infantry Division at Schofield Barracks, Hawaii, where he was promoted to E-7. After Hawaii, he returned to Fort Sill where he made the E-8 list and received orders to Germany in 1982.

Blake was assigned to Headquarters 5th Battalion, 3rd Field Artillery Regiment in Giessen where he was challenged to fill a first sergeant slot "nobody else wanted." Things worked out a little too well, Blake said, noting that he was called on to 'straighten out' other units after that.

Final assignment and retirement

Blake said he turned down a slot at the Army Sergeant Major Academy before leaving Germany. With only 18 months left before retiring, he chose, instead, to let ROTC be his final assignment.

He retired in 1988 and worked for a manufacturing plant in Havre de Grace before he joined the U.S. Postal Service which he retired from in 2009.

Today, Blake is dealing with health issues stemming from his service in 'Nam. He has attended the Aberdeen Veteran Outreach Center for five years. Every week, he takes copies of the APG News there for his fellow veterans.

"When I got out there was no such thing as PTSD or at least people didn't think about it," he said. "But people didn't want to hear about 'Nam and guys like me held a lot of things in for a long time."

He recalled being called "a mon-

key" by a woman who saw him in uniform in Philadelphia and being told upon his return from 'Nam that, "If you don't want to have any problems, take off your uniform."

The best thing about the Vet Center is they not only help you with claims, but they understand your problems and you get to talk with other veterans who have the same problems," he said.

"It's the only place some veterans will even talk about Vietnam."

Blake said he is uplifted, lately by the turnaround in the national attitude toward veterans. He said that once while wearing his 'Vietnam Veteran' hat while eating in the Golden Corral restaurant in Aberdeen, a couple who had been staying at him left a note thanking him for his service.

And once, he said, an E-6 from APG who saw the Vietnam veteran tags and on his car followed him into the store.

"He thanked me for my service and said, 'You paved the way for me.'" Blake said. "Then I thanked him for his service."

"These are the kinds of stories you hear at the Vet Center," he added. "It feels good to know that vets are getting the respect they should have gotten years ago."

"Just to sit and listen to their stories is a joy," he said. "You think you've been through a lot until you hear what they have to say."

"The thing about talking with veterans is that you discover that some of them have not only done a lot, they've accomplished a lot," Blake said.

"Some served quietly and never asked for any recognition," he said.

Blake said he and his wife continue to visit with veterans at Perry Point VAMC.

"I'm surrounded by heroes, from those I converse with at the Vet Center to those I visit at Perry Point," he said. "It's imperative that we never forget the brave service men and women who are truly our nation's heroes."



Ending the tobacco cycle

From left, military retiree spouse Amy Nash; Aberdeen Test Center civilian Richard "RC" Koerner; Kirk U.S. Army Health Clinic Chief of Preventive Medicine Capt. Joanna Moore; and KUSAHC registered nurse Sue Singh, prepare to head out on the Freedom (From Tobacco) Ride as part of the Great American Smoke Out, Nov. 18.

The cyclists distributed smoking cessation information across the installation. Harford County will host tobacco cessation classes 11:30 a.m. to 12:30 p.m. each Tuesday and Thursday, Dec. 1-17, at the Myer Auditorium. Those who participate in the class may be eligible for up to 12 weeks of tobacco cessation aides including patches or gum. For more information, contact Capt. Joanna Moore at 410-278-1773.

Photo by Molly Blossie

Thanksgiving Holiday Hours

ACTIVITY	THURSDAY Nov. 26	FRIDAY Nov. 27	SATURDAY Nov. 28	SUNDAY Nov. 29
FITNESS				
AA ATHLETIC CENTER *	CLOSED	CLOSED.	7 a.m. - 3 p.m.	7 a.m. - 3 p.m.
AA Health & Fitness Ctr (302)	CLOSED	7 a.m. - 3 p.m.	CLOSED	CLOSED
EA HOYLE GYM/FITNESS CTR	CLOSED	7 a.m. - 3 p.m.	7 a.m. - 3 p.m.	7 a.m. - 3 p.m.
COMMUNITY SERVICES/CHILD CARE				
ARMY COMMUNITY SVS	CLOSED	CLOSED	CLOSED	CLOSED
CHILD & YOUTH SERVICES**	CLOSED	CLOSED	CLOSED	CLOSED
CORVIAS Housing Office	CLOSED	CLOSED	CLOSED	CLOSED
RECREATION				
AA RECREATION CENTER	CLOSED	CLOSED	CLOSED	CLOSED
EA RECREATION CENTER	CLOSED	CLOSED	CLOSED	CLOSED
BOWLING & SNACK BAR	CLOSED	CLOSED	CLOSED	CLOSED
RUGGLES GOLF COURSE	CLOSED	8 a.m. - 5 p.m.	8 a.m. - 5 p.m.	8 a.m. - 5 p.m.
EXTON GOLF COURSE	CLOSED	CLOSED	CLOSED	CLOSED
SELF SERVICE				
AUTO SKILLS SHOP	CLOSED	9 a.m. - 5 p.m.	9 a.m. - 5 p.m.	9 a.m. - 5 p.m.
OUTDOOR & EQUIPMENT CENTER	CLOSED	CLOSED	CLOSED	CLOSED
LIBRARY	CLOSED	CLOSED	CLOSED	CLOSED
MWR LEISURE TRAVEL	CLOSED	CLOSED	CLOSED	CLOSED
FOOD & BEVERAGE				
NORTH SIDE GRILL/1SG BBQ	CLOSED	CLOSED	CLOSED	CLOSED
TOP OF THE BAY	CLOSED	CLOSED	CLOSED	CLOSED
BOWLING'S STRIKE FORCE CAFÉ	CLOSED	CLOSED	CLOSED	CLOSED
SUTHERLAND GRILLE	CLOSED	CLOSED	CLOSED	CLOSED
GROCERY				
Commissary	CLOSED	10 a.m. - 3 p.m.	9 a.m. - 6 p.m.	11 a.m. - 6 p.m.
		Mon, Nov. 23 open 10 a.m. - 7 p.m.		
MEDICAL/DENTAL				
Kirk Clinic	CLOSED	CLOSED	CLOSED	CLOSED
DENTAC	CLOSED	CLOSED	CLOSED	CLOSED
APG Veterinary Clinic	CLOSED	CLOSED	CLOSED	CLOSED
HUMAN RESOURCES				
SJA / LEGAL	CLOSED	CLOSED	CLOSED	CLOSED
MILPO/ ID CARD/ RETIREMENT	CLOSED	7:30 a.m. - 4:30 p.m.	CLOSED	CLOSED
SHOPPING (AAFES)/VENDOR SERVICES				
MAIN EXCHANGE	CLOSED	Black Friday: 4 a.m. - 6 p.m.	10 a.m. - 4:30 p.m.	10 a.m. - 4 p.m.
GNC	CLOSED	9 a.m. - 6 p.m.	10 a.m. - 4 p.m.	11 a.m. - 4 p.m.
BARBER SHOP	CLOSED	9 a.m. - 5 p.m.	10 a.m. - 3 p.m.	10 a.m. - 3 p.m.
OPTICAL	CLOSED	10 a.m. - 5 p.m.	10 a.m. - 3 p.m.	CLOSED
Laundry/Dry Cleaners	CLOSED	10 a.m. - 5 p.m.	10 a.m. - 3 p.m.	CLOSED
Lunch Box	CLOSED	CLOSED	CLOSED	CLOSED
Melvins Auto	CLOSED	CLOSED	CLOSED	CLOSED
APG Express (Shoppette)	CLOSED	10 a.m. - 6 p.m.	9 a.m. - 5 p.m.	9 a.m. - 5 p.m.
APG Shoppette Subway	CLOSED	10 a.m. - 6 p.m.	10 a.m. - 3 p.m.	10 a.m. - 3 p.m.
Tim Hortons bldg 6002	CLOSED	CLOSED	CLOSED	CLOSED
Tim Hortons bldg 6008	CLOSED	CLOSED	CLOSED	CLOSED
Subway Bldg 6008 C4ISR	CLOSED	CLOSED	CLOSED	CLOSED
Burger King	CLOSED	10 a.m. - 4 p.m.	CLOSED	CLOSED
Edgewood Express (Shoppette)	CLOSED	9 a.m. - 3 p.m.	10:30 a.m. - 4:30 p.m.	11 a.m. - 4 p.m.
Subway EA	CLOSED	CLOSED	CLOSED	CLOSED
LOGISTICS READINESS CENTER-APG				
LRC-ABERDEEN	CLOSED	OPERATIONAL	CLOSED	CLOSED
Property Book Office	CLOSED	7 am - 4:30 pm	CLOSED	CLOSED
Property Book Warehouse	CLOSED	7 am - 4:30 pm	CLOSED	CLOSED
CIF	CLOSED	CLOSED	CLOSED	CLOSED
Installation ASP	CLOSED	CLOSED (RDO)	CLOSED	CLOSED
SSA / CRP	CLOSED	CLOSED (RDO)	CLOSED	CLOSED
DOL Fuel Station	CLOSED	7a.m. - 3 p.m.	CLOSED	CLOSED
TMP	CLOSED	CLOSED	CLOSED	CLOSED
PPPO	CLOSED	CLOSED	CLOSED	CLOSED
Carlson Wagonlit Travel CTO	CLOSED	8 am - 4:30 pm	CLOSED	CLOSED
Passenger Travel	CLOSED	CLOSED	CLOSED	CLOSED
Freight Office	CLOSED	CLOSED	CLOSED	CLOSED
Maintenance	CLOSED	CLOSED	CLOSED	CLOSED
GATES				
AA Rt 22 / Visitor Center	OPEN / CLOSED	OPEN	OPEN/ 6 a.m. - 6 p.m.	OPEN / 6 a.m. - 6 p.m.
AA Rt 715 / Visitor Center	CLOSED	Open/ 6 a.m. - 6 p.m.	CLOSED	CLOSED
EA Wise Rd	CLOSED	CLOSED	CLOSED	CLOSED
EA Rt 24 / Visitor Center	OPEN / CLOSED	OPEN / CLOSED	OPEN / CLOSED	OPEN / CLOSED

* Athletic Center is closed on Friday, 27 Nov for floor maintenance. The Fitness Center (building 320) will be open Nov 27; ** CYSS Facilities are: Child Development Centers, Youth Centers/School-Age Services & Family Child Care Homes; ***For support services call 913-271-4245. For Army Emergency Relief, call Red Cross at 1-877-272-7337

THIS WEEK IN APG HISTORY

APG News

Published in the interest of the people of Aberdeen Proving Ground, Maryland

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Vol. 49, No. 13 • March 31, 2005

Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 2005.

By YVONNE JOHNSON, APG News

2015

10 Years Ago: Nov. 23, 2005



(Above) New soda and coffee machines and a red art deco railing are just some of the upgrades to the APG Burger King.



(Right) A Maryland National Guard helicopter drops a wreath into the Chesapeake Bay during a Veterans Day ceremony at the Perry Point VA Medical Center.

2010

2000

25 Years Ago: Nov. 21, 1990



(Above) APG Soldiers fill all available donor tables at Bldg. 5454 during the NCO Blood Drive for the Walter Reed Army Medical Center.

(Left) U.S. Marine Samuel Ward has the Army's Andrew Kramer on the ropes during a boxing smoker at the Edgewood Area Hoyle Gym.

1990

1980

50 Years Ago: Nov. 24, 1965

(Below) Capt. Carmen G. Santos, chief of food services at Kirk Army Hospital, left, receives a pie for the hospital Thanksgiving dinner from KAH baker Albert Peach.



(Above) Col. Lloyd O. Jensen, right, presents awards to Sgt. Walter C. Ruth of Kirk Army Hospital, center, for making Post Soldier of the Month, as James H. Caldwell of the 5th Veterans of Foreign Wars district, which donated the gifts, looks on.

1970

1960

1950

Bakery helps vets work through PTSD

By **SHANNON COLLINS**
Defense Media Activity

Smiles and the smells of freshly baked bread, cakes and cookies greet visitors of Dog Tag Bakery in Washington, D.C., a place where disabled veterans can learn more than just baking.

Disabled veterans, their spouses and caregivers can participate in a work-study fellowship that will help them as they transition from the military to the civilian workforce, said Kyle Burns, senior program director for the fellowship program at Dog Tag Bakery.

The program

Burns said the program has three prongs: The first is education, where they partner with Georgetown University to deliver a certificate in business administration through the university's School of Continuing Studies. The second prong is rotations through the different business roles at the bakery, such as management, human resources, marketing, public relations, product development and customer service. The third prong is developing transition skills such as resume preparation, interview skills, group dynamics, resolving conflict in the workplace and networking.

"Throughout the course, we put what they learned from the classroom into the hands-on experience here in the bakery," she said.

The bakery opened last year, and its second set of students began their five-month course in June and graduate next week. Most of the students have post-traumatic stress disorder, or PTSD, or traumatic brain injuries, or TBI.

"It's incredible to see the transition for all of them," Burns said. "They start anxious and excited, and then they go through this journey. It's challenging, and it's interesting and exciting. It's just amazing to watch as they blossom and grow and begin to see how valuable the skill sets are and how needed they are in the civilian world - and they begin the



Photo by Marvin Lynchard

Josh Tredinnick, a retired Army sergeant and fellow at the Dog Tag Bakery, is training to become a baker through a work-study program conducted by Georgetown University's School of Continuing Studies in Washington, D.C., Oct. 19, 2015.

see their place in it."

Helping veterans plan for the future

For Josh Tredinnick, a medically-retired Army sergeant, the Dog Tag Bakery fellowship gave him a new future.

Tredinnick was injured in 2009 in Afghanistan when he was struck by an improvised explosive device. He had hip and back surgery and has a TBI and PTSD. He said his work in a veteran support office was fulfilling, but baking has always been beneficial for him.

"Baking has been very therapeutic as far as just getting me involved in a healthy activity," he said. "What I've enjoyed most about it that you can take this set of ingredients, you can follow these steps, and you're more than likely to come out with this final product every

single time.

"You take these small steps and do it correctly, you put everything you've got into it, and you'll come out with a better product on the other end," Tredinnick added. He said his favorite part of baking is the variety of breads that can be made from the same basic set of ingredients.

He said his wife, Erica, has enjoyed his work at the bakery, especially when he brings home some of the French baguettes he bakes.

"She's been very supportive," he said. "She's excited for what happens next."

Taking advantage of an opportunity

Burns said Tredinnick is making the most of his fellowship.

"Josh is really dedicated to the pro-

gram and what he can take from it, taking advantage of all kinds of opportunities and making this an experience that will benefit him in his future," she said.

Tredinnick said he hopes to open his own bakery and already has a job lined up at another bakery when he graduates next week.

He and Burns recommend that disabled veterans and their spouses and caregivers consider applying to programs like this one.

"It's okay to take help, and it's okay to know that the next steps are probably going to be a little difficult. But take advantage of the opportunities that are out there, especially when you can find good programs like this. It will really be beneficial," Tredinnick said.

The professors provide handouts, resources online and a book to reinforce the material for those with PTSD and TBI issues, he added.

"There are two fellowship programs each year," Burns said. "... We are always looking for wounded warriors, sponsors and caregivers to be a part of those classes."

The application is available on the Dog Tag Bakery's website, she said, noting that they are recruiting right now for the January class. "We encourage anybody who thinks this might be a great program for them to please apply," Burns said.

She also encourages anybody who would just like to visit the Dog Tag Bakery to just stop by.

"We're open Tuesday through Sunday in Georgetown, off M Street and Wisconsin, toward the river. We have free Wi-Fi. Come down and get a great cup of coffee and great pastry or a sandwich," Burns said. "You can also get a dog tag made on one of the original dog tag presses and take one home as a keepsake, and we'll hang the other up on the dog tag chandelier to honor a fallen service member. Proceeds go toward the fellowship."

APG Religious Services Holiday Schedule

APG North (Aberdeen) Chapel

Catholic Mass		
Date	Service	Time
Wednesday, Nov. 25	Mass of Thanksgiving	5:30 p.m.
Sunday, Nov. 29	1st Sun of Advent	8:45 a.m.
Sunday, Dec. 6	2nd Sun of Advent	8:45 a.m.
Tuesday, Dec. 8	Immaculate Conception	11:45 a.m.
Sunday, Dec. 13	3rd Sun of Advent	8:45 a.m.
Sunday, Dec. 20	4th Sun of Advent	8:45 a.m.
Thursday, Dec. 24	Christmas Pageant	5 p.m.
Thursday, Dec. 24	Christmas Kid's Mass	5:30 p.m.
Friday, Dec. 25	Christmas Mass	8:45 a.m.
Friday, Jan. 1	Mary, Mother of God	8:45 a.m.

Protestant Worship		
Date	Service	Time
Sunday, Nov. 29	1st Sun of Advent	10:15 a.m.
Sunday, Dec. 6	2nd Sun of Advent	10:15 a.m.
Sunday, Dec. 13	3rd Advent/Cantata	10:15 a.m.
Sunday, Dec. 20	4th Sun of Advent	10:15 a.m.
Sunday, Dec. 27	Worship	10:15 a.m.

Gospel Worship		
Date	Service	Time
Sunday, Nov. 30	1st Sun of Advent	Noon
Sunday, Dec. 6	2nd Sun of Advent	Noon
Saturday, Dec. 12	Children's Play	3 p.m.
Sunday, Dec. 13	3rd Sun of Advent	Noon
Sunday, Dec. 20	4th Sun of Advent	Noon
Sunday, Dec. 27	Worship	Noon
Thursday, Dec. 31	Watch Night Service	10 p.m.

Combined Events

Thanksgiving Lunch & Advent Wreath Making Social

Sunday, Nov. 29 at Noon
APG South Chapel

Christmas Eve Candlelight Service

Thursday, Dec. 24 at 7 p.m.
APG North Chapel
Refreshments served afterward

APG South (Edgewood) Chapel

Catholic Mass		
Date	Service	Time
Sunday, Nov. 29	1st Sun of Advent	10:45 a.m.
Sunday, Dec. 6	2nd Sun of Advent	10:45 a.m.
Tuesday, Dec. 8	Immaculate Conception	Noon
Sunday, Dec. 13	3rd Sun of Advent	10:45 a.m.
Sunday, Dec. 20	4th Sun of Advent	10:45 a.m.
Friday, Dec. 25	Christmas Mass	10:45 a.m.
Friday, Jan. 1	Mary, Mother of God	10:45 a.m.

Protestant Worship		
Date	Service	Time
Sunday, Nov. 29	1st Sun of Advent	9:15 a.m.
Sunday, Dec. 6	2nd Sun of Advent	9:15 a.m.
Sunday, Dec. 13	3rd Sun of Advent	9:15 a.m.
Sunday, Dec. 20	4th Sun of Advent	9:15 a.m.
Sunday, Dec. 27	Worship	9:15 a.m.

Other Holy Days

Islamic Contact

Mohamed Meshal
443-861-3745

Jewish Contact

Harford Jewish Center, 443-939-3170
8 North Earlton Rd, Havre de Grace
Hanukkah, Menorah Lighting

Dear Friends,
The APG Chapel community offers a variety of exciting programs to meet your religious and spiritual needs. This flyer summarizes the services and ministries currently offered. These services and ministries will assist you and your family pursuing spiritual resiliency at APG.

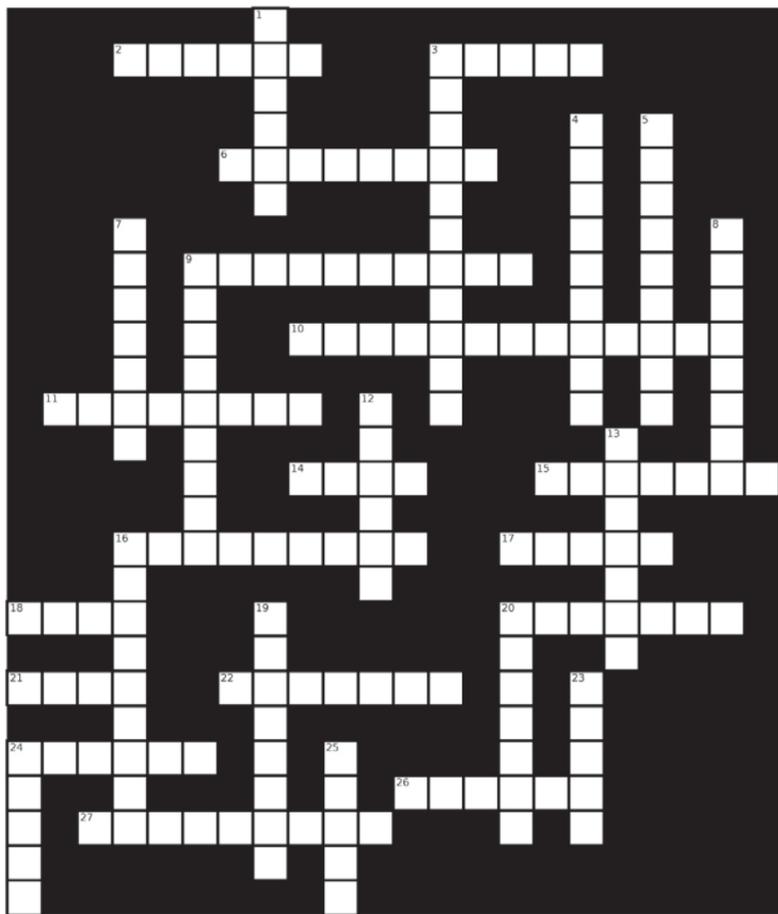
Blessings,
Chaplain Lt. Col. Jerry Owens
Garrison Chaplain
410-278-4333



Do you know where to go for winter weather updates?

Like APG on Facebook: www.facebook.com/APGMd





The APG Crossword

Turkey Day Trivia

By **STACY SMITH**, APG News

Thanksgiving is celebrated in the U.S. as a day of giving thanks for the blessing of the harvest and of the preceding year. Undertake this challenging puzzle to discover how much you know about this national holiday.

Across

- 2. Traditional Thanksgiving offering given to a live turkey by the U.S. president during a ceremony at the White House.
- 3. More than 120 million Americans now shop online on _____ Monday.
- 6. Colony where the first Thanksgiving took place in 1621.
- 9. Horn-shaped container symbolizing abundance and nourishment that is often used in depic-

tions of Thanksgiving.

- 10. German harvest Thanksgiving festival.
- 11. Part of the Thanksgiving turkey that is often broken for good fortune.
- 14. Children's book illustrator and puppeteer who designed the first giant hot air balloons for the Macy's Thanksgiving Day Parade in 1927.
- 15. In 1927, the Macy's Thanksgiving Day Parade replaced living

_____ with large hot air balloons.

- 16. Ship that transported English Separatists, known today as the Pilgrims, from England to the New World.
- 17. Short prayer or thankful phrase said before or after eating.
- 18. Native Americans taught pilgrims how to grow this crop which is believed to have helped them survive the bitter winter of 1620.
- 20. Type of meal or party commonly celebrated on Thanksgiving in which each guest contributes a dish.
- 21. Influential magazine editor and author who waged a tireless campaign to make Thanksgiving a national holiday in the mid-19th century.
- 22. The first Thanksgiving was not a one-day event, but rather a three-day festival of eating, entertainment and this wildlife pursuit.
- 24. Cartoon character who has appeared as a giant balloon in the Macy's Thanksgiving Day Parade more times than any other character in history.
- 26. The Macy's Thanksgiving Day Parade's 15 balloons require 300,000 cubic feet of this chemical element.
- 27. Native American tribe who are believed to have attended the first Thanksgiving.

refers to the season for reaping and gathering grain and other grown products.

- 8. U.S. sport frequently watched and played on Thanksgiving.
- 9. U.S. production of this vine fruit, which is a part of several Thanksgiving dishes, reached 750 million pounds in 2011.
- 12. Eighty-eight percent of Americans enjoy eating this bird on Thanksgiving.
- 13. President who declared the final Thursday in November as a national day of thanksgiving
- 16. Top turkey-producing U.S. state.
- 19. Edible filling used to fill a cavity in another food item while cooking.
- 20. According to the Guinness Book of World Records, the largest of this type of pie weighed 2,020 pounds and measured just over 12 feet long.
- 23. 2001 U.S. postal service item resembling traditional folk-art needlework that commemorates Thanksgiving.
- 24. The Macy's Thanksgiving Day Parade concludes every year with the appearance of this jolly character.
- 25. The day after Thanksgiving, commonly known as _____ Friday, is often considered the start of the holiday shopping season.

Down

- 1. Turkeys are said to make this sound, which also means to eat something hurriedly and noisily.
- 3. Decorative piece or display placed in the middle of a dining table for special holidays like Thanksgiving.
- 4. Also known as a three bird roast, this increasingly common Thanksgiving dish consists of a deboned chicken stuffed into a deboned duck, stuffed into a deboned turkey.
- 5. President who in 1941 signed a joint resolution of Congress changing the national Thanksgiving Day from the last Thursday in November to the fourth Thursday.
- 7. Derived from an Old English word meaning 'autumn,' it now

Think you solved last week's puzzle?

Check out the solution below

Solution to the November 19 puzzle



WORD OF THE WEEK

Fractious

Pronounced: FRAK-shuh s

Part of Speech: Adjective

Definition:

- 1. Typically of Children: readily angered; irritable and quarrelsome
- 2. Of a group or organization: difficult to control; unruly

Use:

- Spoiled and coddled since childhood, he grew into an incorrigibly, fractious young man who was impervious to reason when he did not have his way.
- Her agitated and fractious attitude stifled all negotiation efforts, causing an adjournment of the summit.
- Because he was prone to be fractious and unpredictable, they chose the day of his scheduled absence to put the measure to the floor.

By **YVONNE JOHNSON**, APG News
Source(s): www.dictionary.reference.com www.oxforddictionaries.com

ACRONYM OF THE WEEK

FERPA

Family Education Rights and Privacy Act

The Family Education Rights and Privacy Act (FERPA) is a federal law that protects the privacy of student education records. The law applies to all schools that receive funds under an applicable program of the U.S. Department of Education.

FERPA gives parents certain rights with respect to their children's education records. These rights transfer to the student at age 18 or when they attend a school beyond the high-school level. They then are known as "eligible students."

Parents or eligible students have the right to (1) inspect and review the student's educational records and schools may charge a fee for copies; (2) request that a school correct records that they believe to be inaccurate or misleading and to request a formal hearing if the school does not comply; and (3) Schools must have written permission from the parent or eligible student to release information from the student's educational record.

For more information, call 1-800-USA-LEARN (872-5327); write: Family Policy Compliance Office, U.S. Department of Education, 400 Maryland Avenue SW, Washington, DC 20202-8520, or visit the DOE website at www.2.ed.gov.

By **YVONNE JOHNSON**, APG News
Source(s): www.2.ed.gov



APG CATCH-A-POACHER PROGRAM

A wide variety of wildlife call Aberdeen Proving Ground home. The APG Conservation Law Enforcement Branch is asking you to be a partner in protecting and preserving the natural resources here on post. If you see or have knowledge of poaching or illegal activity involving wildlife or natural resources, you can use the SUBMIT-A-TIP hotline to anonymously provide information to catch a poacher.

Call the SUBMIT-A-TIP "HOTLINE" at 410-306-4673.

Emergencies or violations in progress should always be reported via 911.

When reporting poaching or illegal activity involving wildlife or natural resources on APG, please take note of the information listed in the form below.

Name/Description/Address of the Poacher
Location/Days/Times & Type of Poaching
Vehicle/Vessel Description or Registration #

You can also cut out this completed SUBMIT-A-TIP form and mail it to: 2200 Aberdeen Blvd. APG, MD 21005

Non-deployable Soldiers Army's No.1 problem

Story and photo by **DAVID VERGUN**
Army News Service

The biggest problem in the Army today is Soldiers who are non-deployable, and that's having a direct impact on readiness, Sgt. Maj. of the Army Daniel A. Dailey said. He said this construct is unsustainable in the complex operational environment that exists today.

Dailey spoke at the chief of staff of the Army-sponsored Noncommissioned Officer, or NCO, Solarium II, held at the U.S. Army Command and General Staff College Nov. 19.

To give a scope of how big the problem is, there are currently about 50,000 Soldiers who are non-deployable. "That's huge. That's three out of the 10 divisions" that the Army currently has, he said, putting the numbers in context.

With the Army's mission being to fight and win the nation's wars, that's totally unacceptable, he said. And, that mission applies to every Soldier, no matter what military occupational specialty they're in.

"If you will not or cannot fight and win, then there's no place for you in the Army," Dailey said, "We have to become unemotional about this. We have a job to do."

Dailey said he's doing something about it. He's proposing to the Army's chief of staff that in the future, there should be a box to check on the Soldier's evaluation form, indicating if that Soldier is deployable.

Soldiers with long-term medical profiles would be critically evaluated against their ability to recover and be deployable if called, under his proposal.

Dailey said he realizes this will take a big shift in culture. It's natural to want to keep someone who has a profile, especially if that person is really of good character and skilled. But having so many Soldiers in non-deployable status is not good for the Army or good for the nation, particularly as the Army draws down from 490,000 to 450,000, and as more deployments loom on the horizon.

Dailey added that he wants to incentivize deployments by increasing deployment pay. He said he'll do what he can to recommend this, as it would require policy changes.

The other incentive he said he wants for Soldiers who stay and are willing to deploy, is more promotion opportunities. He said he's recommending reducing the retention control points to 20 years for E-6s, 24 for E-7s, 26 for E-8s,



Sgt. Maj. of the Army Daniel A. Dailey speaks at the chief of staff of the Army-sponsored Noncommissioned Officer Solarium II, held at the U.S. Army Command and General Staff College on Fort Leavenworth, Kansas Nov. 19.

and 30 for E-9s. He also said he plans to recommend reducing the time-in-grade requirements for E-7 through E-9 by one year.

These changes would stimulate initiative in young leaders, and offer more opportunities for promotion by moving stagnant leaders into their transition phase, he said.

Leader development

The second biggest issue facing the Army today, Dailey said, is leader development.

The Army is still using old standards of multiple-choice testing and rote-memory drills in training, instead of training leaders to be critical thinkers.

Having said that, "we have the best trained Army in the world in leader development," but other nations, including potential adversaries, are catching up in their own leader-development efforts. A lot more realistic and relevant leader-

development training will need to take place in the future.

One big problem in leader development, he acknowledged, is a lot of Soldiers shy away from attending courses. That's going to change really fast, he said. By next year, if Soldiers are not attending, they risk Qualitative Management Program (QMP) screenings under the Select-Train-Education-Promote, or STEP, program.

That will create more opportunities for Soldiers who do want to develop their leadership skills and get promoted, he added.

Talent Management

The No. 3 problem in today's Army is talent management, Dailey said. "We're really good at moving people around, but terrible at managing talent."

A lot of that has to do with the Army being big and bureaucratic in nature, he conceded. "We're working very hard to

change that."

The Army is in the process of evaluating all of the skills needed in each military occupational specialty, or MOS, and will be matching that to the knowledge, skills and attributes of Soldiers as well as what's on their noncommissioned officer evaluation report, or NCOER.

Speaking of the NCOER, he said "80 percent of the Army thinks they're in the top 20 percent" of the ratings "because we told them they are."

The new NCOER promises a fairer assessment and more honest ratings, he added. Simple statistics bear out that "25 percent of the Army is in the top 25 percent of the Army."

The SMA [sergeant major of the Army] also received what he termed "unfiltered feedback" from NCOs. That will be the topic of an upcoming ARNEWS article, which will discuss a program that could be overhauled because of participants' recommendations.

All employees must schedule "use or lose" leave by Nov. 28, 2015.

Civilian Personnel Advisory Center

The deadline for scheduling excess, or "use or lose" leave is fast approaching. The current leave year ends for most APG employees on Saturday, Jan. 9, 2016. All excess leave must be scheduled and approved prior to the beginning of the third pay period, prior to the end of the leave year. Employees subject to excess leave carryover should be aware that the deadline for scheduling excess leave is Saturday, Nov. 28.

Excess leave restoration

There is a two-step process for having excess leave restored which cannot be used due to a work exigency. Commanders/directors are responsible for approving exigencies within their organizations. In this capacity, commanders/directors should only approve exigencies for rare circumstances. This expectation applies to all employees regardless of grade. Diligence must be used to ensure that all supervisors are working with their employees to properly schedule and use their excess leave.

However, if a supervisor confirms an exigency which prevents an employee from using his/her excess leave before the end of the leave year (Jan. 9, 2016), the supervisor will need to document the exigency by Nov. 28 for each employee affected. Then, after the leave year has concluded (after Jan. 11, 2016), the employee should coordinate the supervisor's exigency confirmation documentation with the servicing Customer Service Representative (CSR) to get his/her excess leave restored.

If management becomes aware of an exigency after the Nov. 28 deadline for scheduling excess leave, which prevents an employee from using scheduled and approved excess leave for which the supervisor and employee arranged prior to the deadline, the supervisor must document the exigency which prevented the employee from taking his/her scheduled excess leave. Then, after the leave year has concluded (Jan. 9, 2016), the employee should coordinate the supervisor's exigency confirmation documentation and the documentation showing that the employee and supervisor had scheduled excess leave to be taken prior to the Nov. 28 deadline with their servicing (CSR) to get his/her excess leave restored.

If sickness prevents an employee from taking his/her scheduled excess leave (leave that was arranged between the employee and supervisor before Nov. 28), the time is eligible to be restored. In this situation, the supervisor should document that it was planned for the employee to use his/her excess leave before the end of the leave year, but the employee could not use the excess leave as a result of sickness. Then, after the leave year has concluded (after Jan. 9, 2016), the employee should coordinate the supervisor's documentation with their servicing CSR to get his/her excess leave restored.

If employees have excess leave and do not follow the procedures mentioned in paragraphs 2, 3 and 4 of this notice, they risk losing their excess leave without an option to restore it.

Voluntary Leave Transfer Program

The Voluntary Leave Transfer Program (VLTP) offers a viable alternative for those individuals who wish to donate their excess annual leave to eligible federal employees. Federal employees who receive VLTP donations are able to remain in a pay status after they have depleted their annual leave and sick leave, while recovering from a health ailment or in working to try and get an eligible family member well.

To make a donation, individuals must complete either an OPM 630-A (inside the agency) or an OPM 630-B (outside the agency). Donations for the end of the year must be submitted to Sue Campbell, VLTP Coordinator no later than Jan. 6, 2016.

For more information about the Voluntary Leave Transfer Program, contact Sue Campbell at 410-306-0266.

Do YOU Know Your CPAC Rep?

What Can CPAC Do For YOU?

Contact Us
410 306-0176

Location
4504 Springfield Street
APG, MD 21005

Hours of Operation
M-F 7:30 AM - 4:30 PM

Discover what we can do for You!

See Something

Cut along dotted lines and fold in middle for use as wallet reference Card.

Provided by the INTEL DIV/DPTMS

Say Something

INSTALLATION WATCH CARD

DO OBSERVE & REPORT

- Suspicious activity or suspected surveillance.
- Unusual questions or requests for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around APG.
- Unusual phone calls, messages, or e-mails.
- Unusual contacts on or off post.
- Unusual aerial activity near or around installation.
- Any possible compromise of sensitive information.



INSTALLATION WATCH CARD

DON'T

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss FP measures, capabilities, or posture.
- Disclose information about R&D and testing.

Report suspicious activity immediately to APG Police!

APG (North & South): 410.306.2222
Off Post in Maryland call 1-800-492-TIPS or 911



Card created by APG Intel



Veterinary services also available at Dover, Ft. Meade

Continued from Page 1

workups and microchip animals.

“Think of the clinic at APG as similar to a primary care physician for your pet,” Jeffries said. “In addition to an annual exam, if your dog has the sniffles or an ear infection, you can schedule an appointment to see the veterinarian.”

She added that animals in need of critical, emergency care should be taken to an animal hospital, just as a human in dire need of medical attention would seek out an emergency room, not their primary care physician.

Any service or follow-up care deemed necessary by the APG VTF in-house veterinarian, Dr. Carol Bossone, can be treated at Dover Air Force Base in Dover, Delaware or Fort George G. Meade in Laurel, Maryland, both of which the Army considers to be “Tier 2” veterinary facilities.

“Dover and Fort Meade [veterinary facilities] have more diagnostic, anesthetic and surgical capabilities,” said Lt. Col. Sandi Parriott, commander of the Army Public Health Center’s Fort Belvoir Veterinary Services district that includes APG, Dover AFB and Fort Meade.

Jeffries and Parriott noted that while the distance from APG to Dover AFB or Fort Meade might be a deterrent, the cost-savings of Army veterinary services alone are worth the drive.

“On average, standard annual veterinary care for a dog will be about \$125 at an Army facility,” Jeffries said. “That

same care can cost between \$300 and \$500 at a private veterinary clinic.”

Many pet owners know that more extensive treatment, including surgery, can become quite costly, but according to Jeffries even those extensive or complicated treatments are still more affordable at an Army facility.

Another useful service offered by Army veterinary facilities is helping prepare Soldiers’ pets for overseas. According to Jeffries, the process can be complicated but VTF personnel are well-versed on regulations, vaccinations and documentation needed to transport a pet outside the United States.

The bottom line, according to Jeffries, is that if Soldiers, retirees or their family member’s pets need medical attention, the Army’s veterinarians are able to provide it – whether it’s at APG or another installation.

The APG Veterinary Facility is currently open Monday through Wednesday, 8 a.m. to 4 p.m. with plans to shift operations to only Tuesdays and Wednesdays, 8 a.m. to 5 p.m. in January 2016. For more information, or to make an appointment, call 410-278-4604.

The Army Veterinary Corps

Overseen by the Army Medical Department and the Army Public Health Center, the Army Veterinary Corps has a three-pronged mission, with first and foremost a responsibility to care for the Army’s military working dogs and other animals, and keep them in peak physical condition.



According to Parriott, caring for the personal pets of service members and their families is a secondary mission to keep the skills of Veterinary Corps Soldiers sharp and contribute to a positive quality of life for service members and their families.

The Veterinary Corps is also responsible for all food inspections for the Army, from the food stocked on the shelves at the commissary to the fish and chips served at the on-post restaurant of choice. Through this mission, the Corps’ mission touches every Soldier and civilian within the Army, Parriott said.

“If you buy Ben and Jerry’s ice cream on post, we [the Veterinary Corps] have

inspected the Ben and Jerry’s production plant,” she said. “We do sanitary inspections, enforce recalls and ensure our food sources are safe.”

APG’s veterinarian

Retired Lt. Col. Dr. Carol Bossone served in the Army for 26 years, with much of that time in the Veterinary Corps.

She graduated from the University of California, Davis School of Veterinary medicine and the Uniform Services University of the Health Sciences in Bethesda, Maryland where she obtained a PhD in physiology. Bossone is board-certified by the American College of Veterinary Preventive Medicine.

Thanksgiving traffic expected to cause delays

Continued from Page 1

and AAA representatives are preparing for the influx of traffic anticipated Thanksgiving Eve, notoriously referred to as the busiest travel day of the year.

“Invest time in making sure your trip goes smoothly—carefully choose your route, have a back up plan, and know before you go with the free 511 travel information service,” said Deputy State Highway Administrator and Chief of Operations Dave Coyne. “By doing some time-saving research to learn about major incidents, delays, estimated travel times and weather conditions before getting behind the wheel, drivers can save time, fuel costs and frustration.”

511 Travel Info

The 511 free travel service can be called or accessed by www.md511.org and provides estimated travel times, incident information, travel delays, weather updates and other value information for those on the road.

The SHA’s CHART (Coordinated Highways Action Response Team) program closely coordinates and shares traffic information and their patrols respond to incidents and aid disabled drivers, which enhances everyone’s safety by preventing unexpected delays and reducing the possibility of secondary crashes.

To further ease traffic delays, non-emergency roadwork is not permitted on SHA-maintained roadways between Wednesday, Nov. 25 at 9 a.m. and the morning of Nov. 30.

“We expect more than 2.7 million motorists this week on Maryland’s toll highways, bridges and tunnels, with more than half of those motorists on

By doing some time-saving research to learn about major incidents, delays, estimated travel times and weather conditions before getting behind the wheel, drivers can save time, fuel costs and frustration.

Dave Coyne

Deputy State Highway Administrator and Chief of Operations

the I-95 corridor alone,” said Maryland Transportation Authority (MDTA) Executive Director Milt Chaffee. “Our focus this week is to keep traffic moving as safely and efficiently as possible.”

Stranded motorists

MDTA also deploys patrols known as Vehicle Recovery Technicians, who assist stranded motorists. VRTs are especially helpful for disabled vehicles on bridges and tunnels which do not have standard shoulder areas.

After several recent traffic crashes involving stranded motorists, Maryland State Police urges drivers to make sure vehicles are in good working order. Between 2010 and 2014, 32 people were killed while standing outside vehicles along interstates, many of them attending to mechanical issues on the shoulder.

“We want Maryland travelers to make their safety a priority this holiday and every day,” said Maryland State Police Lt. Col. Anthony Satchell. “Unexpected breakdowns do occur and never at a convenient time or location. While what to do will vary with each case, we recommend that drivers carry emergency kits with reflectors and a

light source, and to call for assistance as soon as possible.”

Stranded motorists are urged to move their vehicle, if it is still operable, as far onto the shoulder as possible. The same is true for individuals involved in a minor traffic accident. In both situations, motorists are reminded that while on the shoulder, you are still at risk as drivers steer toward the direction they are looking in.

Inattentive and drowsy drivers present one of the largest threats on the road – especially for vulnerable disabled motorists. With estimates of increased travelers on Maryland roads this holiday, every driver’s most alert and careful driving will be needed while navigating holiday traffic.

“AAA projects nearly one million Marylanders will carve out time to visit friends and family this Thanksgiving holiday weekend,” said Ragina Cooper Averella, manager of Public and Government Affairs at AAA Mid-Atlantic. “With over 90 percent of these holiday travelers expected to take to the roads, we remind motorists to pack their patience and build in extra time to reach

their destination safely.”

General safety tips

- Drivers with mobile phones can dial #77 (on Maryland interstates to reach the nearest State Police barrack) or 911 to report suspected aggressive or drunk drivers, disabled motorists and other travel emergencies.

- Check your vehicle’s lights, fluids, tires, battery and windshield wipers for proper operation. Carry an emergency roadside kit.

- Drive focused – Maryland law prohibits hand-held cell phone use and texting while driving.

- Buckle up! All seats, all passengers regardless of age, even in the backseat.

- Travel during off peak hours and allow extra time for unexpected delays.

- Slow down and pay attention, avoiding distractions such as cell-phone use, changing CDs and eating.

- Observe all posted speed limits.
- Never drink and drive! Designate a sober driver.

- Move over in the next lane or slow down when passing emergency responders on the shoulder. It is Maryland law.

- In the unfortunate case that you are involved in a minor crash, please safely move your vehicle from the travel lanes – it is Maryland’s law.

- The National Click it or Ticket campaign will be underway; police will be enforcing seat belt laws.

- Place children in the proper child safety seats.

For more information about traffic safety, visit www.roads.maryland.gov; www.mdt.maryland.gov; or www.mdsp.maryland.gov.

Did You Know?

A Native American U.S. Marine helped raise the flag at Iwo Jima.

Ira Hamilton Hayes was born at the Gila River Indian Reservation in Arizona. He enlisted in the Marine Corps in 1942 and was trained as a paratrooper. Because of his ethnicity, his comrades nicknamed him Chief Falling Cloud. Quiet by nature, he was pushed to become a national hero when he happened to be one of the Marines who helped raise the replacement flag at Mount Suribachi on Feb. 23, 1945.

The photograph by Joe Rosenthal quickly became a national sensation, stirring up American morale. Hayes, who is pictured on the far left in the photo, was recalled stateside to star in a war bonds tour, but during the tour his problems with alcohol eventually brought him back to combat. He was disappointed, but the Marine Corps made the excuse that it was Hayes’ choice to be with his fellow Marines. He was promoted to corporal before being discharged.

After the war, Hayes attempted to live an anonymous life but was disturbed by occasional visitors.

“I kept getting hundreds of letters. And people would drive through the reservation, walk up to me and ask, ‘Are you the Indian who raised the flag on Iwo Jima,’” Hayes said.

In 1949, along with John Bradley, he was invited to star in the John Wayne film, “Sands of Iwo Jima.” In the end, Hayes and Bradley only appeared in the film for a few minutes and did almost no consulting. They were largely used as a marketing tool.

Hayes was found dead on the Gila Indian Reservation Jan. 24, 1955. Reportedly, he had been drinking with others, which led to the official report that his death was alcohol related. Hayes’ brothers alleged that fellow Pima Henry Setoyant had something to do with Hayes’ death but this was never proven.

Hayes was buried with full military honors in Arlington National Cemetery with full military honors.

Yvonne Johnson, APG News
Courtesy photo illustration



APG SNAPSHOT

Take a peek at the events making news in and around Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.



Photos by Molly Blossie

MWR BAZAAR BRINGS HOLIDAY SPIRIT TO APG

Clockwise from Top Left

Sharrin Jones, owner of Magic Bubble shirts, shows different color combinations to a patron during the MWR Holiday Bazaar at the APG North (Aberdeen) recreation center, Nov. 18.; Beth Williams with ViVi jewelry, left, points out a necklace to ACC's Samantha Shultz, right, and CERDEC's Barbara Wines, center; From left, Kim Walton of RDECOM and Shawntil Eure with ACC check out the wares at the Tastefully Simple display as Master Sgt. Johnny Eure of ACC and another customer listen to Tastefully Simple Independent consultant Betsy Bink.



GIVING THANKS TO SOLDIERS AND THEIR FAMILIES

The APG Community Spouses Club donates non-perishable food items to Soldiers and their families during the annual Holiday Food Sharing Program at the APG North (Aberdeen) commissary Nov. 23.

"Most of us [spouses club members] remember what it was like to be a young, struggling military family," said club president Crystal Dunn. "When you have an opportunity to give back, there's nothing more rewarding."

Club members include, from left to right, Jen Smith, Michelle Davis, Dianne Crawford, Crystal Dunn, Mary Card-Mina and Nancy Vollmecke.

Photo by Stacy Smith



HIGHWAY TO A HEALTHY LIFESTYLE

The Army Materiel Systems Analysis Activity hosted a Turkey Trot 5K and Highway to Health Expo Nov. 19, featuring on-post services and local vendors with a focus on health and wellness. Attendees were able to sample healthy foods and receive free health screenings.

(Above) Blue Cross and Blue Shield Account Manager Anne Healy offers samples of a mango, kale and avocado smoothie as a way to reach fruit and vegetable serving goals for a healthy diet during the Highway to Health Expo. Healy also explained appropriate portion sizes, as recommended by the U.S. Department of Agriculture's "Choose My Plate" initiative; (Right) Karen Shavin of "Massage Kneads" provides a free back massage to a health expo attendee.



Photos by Molly Blossie