



APG NEWS

Published in the interest of the people of Aberdeen Proving Ground, Maryland

www.TeamAPG.com

THURSDAY, APRIL 23, 2015

Vol. 59, No. 16

Improv comedy show to provide laughs tonight

By **STACY SMITH**
APG News

Prepare for side-splitting laughter; the Mission IMPROVable comedy troupe takes center stage at the APG North (Aberdeen) recreation center 7 p.m. tonight, April 23.

Tickets are still available and can be purchased in advance for \$10 at the Leisure Travel Office in the APG North (Aberdeen) or South (Edgewood) recreation centers call 410-278-4011/4907.

Tickets are \$15 at the door. Doors open 6 p.m., the show starts 7 p.m. Food and cash bar purchases will be available.

Comprised of up-and-coming actors and comedians Sherman Edwards, Matt Garard, Kevin Branick and Mike Keeney, the Mission IMPROVables entertain at festivals and college campuses around the country.

The Mission IMPROVable website describes the act as a “fast-paced and exciting form of comedy” that is a combination of MTV’s “Wild ‘N Out” and ABC’s “Who’s Line is it Anyway,” but with a twist.”

The improv players pretend to be agents, while

See **MISSION**, page 18

inside

LEADERSHIP

City of Aberdeen Mayor Michael E. Bennett talks leadership at ATC “Brown Bag” session.

Mayor | 3

CYBER

APG organizations are working to define the “tactical cyber” professional.

Defining | 5

READINESS

Emergency preparedness materials will soon be available across the installation.

PrepareAthon | 8

ECO-FRIENDLY

Take advantage of vanpools, mass transit to make commute green and stress free.

Carpools | 11

online

www.TeamAPG.com/APGNews

facebook.com/APGMd

twitter.com/USAGAPG

flickr.com/photos/usagapg/

ICE system
http://ice.disa.mil/
Facebook, http://on.fb.me/HzQlQw



Better Opportunities for Single Soldiers Volunteer Sgt. Antrod Campbell, of the 22d Chemical Battalion, sprays Kaylee Porter, 7, with blue cornstarch while her mother Kelli Porter, sister Miikaela Porter, 22 months, and father Capt. Mike Porter, from the 902nd Military Intelligence Group, look on during the Month of the Military Child 2K Color Family Fun Run Festival April 18.

Colorful fun at 2K, festival

APG’s Month of the Military Child celebration draws 900+

Story and photo by **RACHEL PONDER**
APG News

More than 900 community members participated in the Month of the Military Child 2K Color Family Fun Run and Festival hosted by Team APG April 18.

The morning-long event kicked off in

front of the APG North (Aberdeen) chapel with the theme, “Their Lives, Their Stories.”

Dianne Crawford, wife of APG Senior Commander Maj. Gen. Bruce T. Crawford, provided opening remarks before the main event.

“Like all of our children, military children are resilient, adaptive, agile and strong,” she said. “There are approximately four million military children, and each child has a story. Today is our opportuni-

See **RUN**, page 14

Summit encourages prevention, trust

CECOM Public Affairs

APG senior leaders gathered for the installation’s second Sexual Harassment and Assault Response and Prevention (SHARP) Summit Wednesday, April 15.

The summit is designed to provide for the exchange of ideas and best practices for eradicating negative behavior and sparking a culture change of trust that holds offenders accountable for sexual harassment and assault offenses.

The all-day event was attended by nearly 500 APG leaders across the officer, enlisted and civilian ranks at the APG North (Aberdeen) recreation center.

“Sexual assault is a national problem that affects military and civilian communities alike,” said Maj. Gen. Bruce T. Crawford, commanding general U.S. Army Communications-Electronic Command (CECOM), APG Senior Commander and host of the SHARP Summit.

“Combating sexual harassment and assault is the Army’s number one priority. It is our inherent responsibility to work together to achieve a character, culture and a value system where these acts and behaviors are never tolerated. Our nation looks to us and expects us, as trusted professionals, to do what is right.”

Under the theme “Sustaining the Momentum – Accountable to

See **SHARP**, page 17



U.S. Army photo

Monique Ferrell, director, Headquarters, Department of the Army SHARP Program Office, speaks to leaders in attendance at the APG 2015 SHARP (Sexual Harassment, Assault Response and Prevention) Summit at the APG North (Aberdeen) recreation center April 15.

Ceremony recognizes top volunteers

By **STACY SMITH**
APG News

Army Community Service hosted the annual Volunteer Appreciation Ceremony at Top of the Bay April 16. Forty volunteers from military, civilian, family, retiree and youth categories were nominated for the top honors.

“Through their dedicated service, volunteers transform military installations into communities,” said Linda Edwards, chief of Family and Morale, Welfare and Recreation’s Business Operations Division.

“This year’s theme, ‘Army volunteers changing lives and communities,’ highlights the outstanding contributions that Army volunteers make to help ensure our Soldiers and families stay resilient,” she said.

See **VOLUNTEERS**, page 18



The 2015 APG Volunteer of the Year award recipients include: From left, front, Family Member and Overall Volunteer of the Year Melinda Conway; Youth Volunteer Jordan Conway; From left, back, Military Volunteer Capt. Mary Hubbard; Timothy Knox, Retiree Volunteer; and Civilian Volunteer Ayesha Varndare. All were recognized during a ceremony at Top of the Bay April 16. Photo by Molly Blossie

index

Mark Your Calendar | 6
Crossword | 16

All Things Maryland | 9
At Your Service | 16

MWR Events | 10
Did You Know? | 18

APG History | 13
Snapshot | 19

STREET TALK

April is Month of the Military Child. Throughout the month, APG News will query military children with special questions for undoubtedly insightful responses that can only be delivered from the minds of youth.

Who is your hero and what is a hero?

My hero is my dad. He served in the Army for 20 years, and he fought for other people overseas and for the country. [A hero is] someone that fights for what they believe in.



Casandra Williams
Age 12

My hero is everyone ... [because] everyone has something really special about them. So they're heroes in their own way. Sure, someone might be better at something else, but they have something that other people don't have. And then other people have something that that person doesn't have.



Emma Chaney
Age 11

My hero would probably be my dad, because he takes care of me. He's a pretty cool man to look up to.



Anthony Craig Spells II
Age 12

Martin Luther King, Jr., because he never stopped trying, even when he got thrown in jail or when he got beat up ... and he gave the speech 'I Have a Dream.' [A hero has] perseverance and determination.



Quentin Santiago
Age 11

My hero would have to be my mom. A hero is somebody you can look up to, someone that you know you can always count on; someone that you're determined to be like when you get older.



Nia Marie Webb
Age 11

Team APG urged to register, update information in AtHoc

Mass warning notification system sends email, text, phone alerts during emergencies

By **AMANDA ROMINIECKI**
APG News

Launched late last summer, AtHoc keeps members of Team APG just a phone call, email or text message away from receiving emergency alerts and notifications.

The AtHoc system provides the installation with an effective and reliable mass warning notification system to accurately alert and warn the APG community of adverse weather conditions and emergencies within minutes.

Currently, Team APG has more than 10,000 registered users, with a projected number of 16,000 by the end of April, according to APG AtHoc administrator Richard B. Rivera.

The addition of AtHoc to the garrison's mass warning notification system increases the installation's ability to quickly disseminate emergency notifications to the masses.

With AtHoc, garrison emergency managers are able to send alerts and notifications to multiple devices within minutes, by way of computer pop-ups, work/cell/home phone calls, text messages and the smartphone app, AtHoc notifier.

Registration

Personnel new to APG or commands at which AtHoc was recently fielded should contact their Information Management Office (IMO) for registration assistance or access the user self-registration guide by visiting the CAC-enabled URL: <https://www.apg.army.mil/elearningcac/athoc/athoc.pdf>.

The guide can also be located by visiting www.teamapg.com. Click "APG Employee Toolbox" on the left-hand navigation, then click "eLearning." Scroll down to "Security and Intelligence" and click on "AtHoc" to open the self-registration guide.

This guide provides step-by-step visual instructions on the registration process. If the AtHoc client is not on your PC, Rivera said employees should notify their IMO.

APG employees are only required to provide their name, organization, work location, employee affiliation and their work email and phone number. All other contact information is optional, but fewer registered devices reduce the means to notify you during an emergency, Rivera said.

According to Rivera, it is of the utmost importance to follow the user guide and fill in all of the required fields. More than 3,400

individuals have failed to properly register despite weekly rounds of self-registration pop-up notifications to register. This highly impacts the delivery of crucial alerts and notifications, he said.

Many users are closing out of the pop-up without reading it, assuming it's a standard daily window that loads when you log on, while others have privacy concerns about entering contact information into the AtHoc system, Rivera added.

Security, PII and privacy

The AtHoc server resides on an **army.mil** domain and personnel can be assured that their registered information, or personally identifiable information, will only be used to send alerts and notifications. The privacy act covering the AtHoc services is available online for CAC users in the AtHoc Self Registration Guide.

On-post residents, families

Installation leaders are urging on-post residents to register in AtHoc to receive alerts.

During emergencies, it is critical to quickly and accurately inform families of hazards in real-time. To effectively and quickly reach a mass audience, the notification system relies on accurate contact information individuals provide when registering for AtHoc services.

A MWN newsletter from the U.S. Army and APG Garrison commander is currently available at the Bayside Community Center. Family members and on-post residents can opt-in to receive AtHoc notifications by calling CORVIAS at 410-305-1076 or visiting the Bayside Community Center. Additional information can be found at www.ready.army.mil

AtHoc Track Record

According to Rivera, AtHoc was put to the test this past winter; adverse weather notifications were sent during several occasions to notify personnel of delayed openings and post closures. Of the 6,000+ fully registered users, much positive feedback was received, praising its performance and suitability, he said.

AtHoc Monthly Test

An AtHoc test alert will be sent to selected devices the first Friday of every month in conjunction with the Giant Voice test to ensure system integrity. This is a necessary step, Rivera said, to monitor compliance of the DOD Installation Emergency Management (IEM) Program that states, "All DOD installations, shall maintain mass warning and notification capabilities to warn all personnel immediately, but no longer than 10 minutes after incident notification and verification".

AtHoc Point of Contact

For more information about AtHoc, contact APG AtHoc Project Officer and Administrator Richard B. Rivera, Garrison Operations at 410 278-4337, richard.r.rivera.civ@mail.mil.

Revised schedule for Weekday Mass

APG North (Aberdeen)

Mass at the APG North (Aberdeen) chapel will be held 11:45 a.m. each Tuesday and on the first Friday of every month.

APG South (Edgewood)

Mass at the APG South (Edgewood) chapel will be held at noon each Friday.

Confession will be available before all masses. Holy days of obligation will be announced at a later date. For more information, call the main post chapel at 410-278-4333.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell.civ@mail.mil.

Adair, Jennifer
Alba, Audrey
Bailey, Vicki E.
Beach, Sarah Lynn
Benysek, Lee
Budzinski, David
Calahan, Jane E.
Clark, Lyra
Decker, Kathleen M.
Dissek, Michael J.
Donlon, Jacqueline

Employees eligible for donations in the Voluntary Leave Transfer Program

Gaddis, Lonnie
Gilley, Christopher M
Johnson, Douglas W.
Jones, Desiree
Leonguerrero, Louise
Mason, Jeremy L.
McCauley, Adrienne
Morrow, Patricia D.
Mughal, Mohamed R.
Palm, Natalie
Pettway, Mary

Robinson, Jennifer
Saenz, Diana
Sauer, Dawn
Solomon, Je'Neane
Thurman, Terry L.
Trulli, Wayne R.
Webb, Monica C.
Zarrillo, Rebecca Lee

APG SEVEN DAY FORECAST



APG NEWS

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMAP-PA, Building 305, APG, MD 21005-5001, 410-278-1153. Printed circulation is 5,200.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The APG News is printed by The Baltimore Sun Media Group, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising and mailing. To obtain a yearly subscription, which costs \$16, the price for weekly mailing, or for problems with incorrect mailing addresses, contact Customer Service at 139 N. Main Street, Suite 203, Bel Air, MD 21014, or call 410-838-0611.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or The Baltimore Sun Media Group of the products or services advertised. For advertising matters, call The Baltimore Sun Media Group, 410-332-6300. Send articles or information for publication to the APG Public Affairs Office, Building 305, IMAP-PA, APG, MD 21005-5001; send a fax to 410-278-2570; contact the Editor Amanda Rominiecki at amanda.r.rominiecki.civ@mail.mil, contact Assistant Editor Yvonne Johnson, 410-278-1148

or email yvonne.johnson5.ctr@mail.mil, or contact Reporter Rachel Ponder, 410-278-1149 or email rachel.e.ponder2.ctr@mail.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

Staff

APG Senior Commander ..Maj. Gen. Bruce T. Crawford
APG Garrison Commander .. Col. Gregory R. McClinton
Public Affairs Officer Kelly Luster
Editor Amanda Rominiecki
Assistant Editor..... Yvonne Johnson
Contract Photojournalists..... Rachel Ponder
..... Stacy Smith
Graphic Designer/Photographer Molly Blossie
Website www.TeamAPG.com/APGNews

Mayor talks leadership at ATC

By **RACHEL PONDER**
APG News

City of Aberdeen Mayor Michael E. Bennett shared his thoughts on leadership during a visit to the U.S. Army Test and Evaluation Command's Aberdeen Test Center April 14.

The discussion was part of an ongoing monthly series called "Leadership Brown-Bag Sessions" for ATC personnel, GS-13 and below, and Soldiers and contractors of equivalent rank. The sessions provide opportunities for the ATC workforce to learn leadership skills and engage with high level military and community leaders.

During his talk, Bennett shared his experiences as mayor, his service with the Maryland State Police, the Army, the Aberdeen Fire Department and other leadership experiences over the course of his career. Bennett advised attendees to look at every experience, even setbacks, as learning opportunities.

"You want to learn something new every day, and you want to incorporate that into your overall thinking and how you want to move forward, how you are going to get to that next level," he said.

Successful leaders must set goals and achieve them, despite obstacles that might get in the way, according to Bennett.

"If you want to do something, you make the time," he said. "And there are sacrifices that have to be made."

Bennett said as a leader he routinely seeks feedback from others. He engages in a "participation management," which means employees at all levels are encouraged to contribute ideas. This style of management, he said, requires open communication and trust on both sides.

"You develop a team approach when you get people involved in the process," he said.

He also challenged attendees to find their niche.

"Life is pretty short, don't go through life miserable," he said. "Find something that you really enjoy, and do it to the best of your abilities."



Photo by Lindsey Monger

City of Aberdeen Mayor Michael E. Bennett watches Test Officer Joe Venuti of the Aberdeen Test Center explain ballistic testing of combat helmets during a tour of an ATC facility dedicated to the testing of personal protective equipment April 14.

Bennett added that finding the right work-life balance is critical for leaders.

"It is one of the most important things, to be able to control your time and energy," he said. "Sticking to a schedule is really important, and you have to make time for your family."

At the end of the presentation, Bennett received a commander's coin on behalf of ATC Commander Col. Gordon Graham.

Prior to the lunchtime session, Bennett toured one of ATC's indoor ballistic testing facilities dedicated to personal protective equipment.

Chris Appelt, chief of Hard Armor

and Special Projects, started the tour with a quick overview of current civilian and military body armor packages. He said ATC experts coordinated with the Town of Aberdeen, Maryland State Police and the APG Garrison's Directorate Emergency Services to gather samples of law enforcement body armor for display at the test center.

Appelt also provided an overview of armor acceptance testing and showed Bennett various articles of military personal protective equipment.

Joe Venuti, an ATC test officer, briefed Bennett on the ability to capture high resolution data for ballistic test

events on items such as body armor, helmets, eyewear and armor plates. Bennett then viewed high-speed footage of a projectile impacting a combat helmet, which was used to assess the effectiveness of protection.

Bennett remarked that he was impressed with the advancements in PPE that have been made since his early days as an officer with the Maryland State Police.

"They [ATC employees] are protecting our most vital resource, our Soldiers," he said. "All the work they do here translates to every branch of the military."



Come and follow us <https://twitter.com/USAGAPG>

ATEC explores steps to problem-solving

Story and photo by
LINDSEY MONGER
ATEC

Led by one of the U.S. Army Test and Evaluation Command's Master Resiliency Trainers, Sgt. 1st Class Jason Barrett, ATEC personnel built problem-solving skills during the command's monthly resiliency training April 9 at Aberdeen Proving Ground.

MRT is a part of the Army's Ready and Resilient Campaign Comprehensive Soldier and Family Fitness Program, which is designed to build resilience and enhance performance of the Army family by providing hands-on training and self-development tools to better perform in stress situations and to thrive in life.

Barrett explained how problem solving is used to increase flexibility and accuracy in thinking about the causes of problems and to develop effective solution strategies.

"You have to understand a problem before you can effectively solve it," he said.

"Confirmation bias, also known as the Velcro and Teflon effect, plays a huge part in the problem-solving process, causing our minds to see what we are looking for, whether it's evidence that does or does not support our thoughts and beliefs," Barrett said.

Barrett pointed out that some ways to fight the confirmation bias include distancing yourself from your thoughts, writing it down, asking fair questions to gather evidence for and against your thoughts, and consulting with others.

Barrett described the following steps of effective problem-solving:

1. What's the problem you're trying to solve (who, what, when, where)
2. What caused the problem?



Army Test and Evaluation Command Master Resiliency Trainer, Sgt. 1st Class Jason Barrett, center, talks about problem-solving steps with ATEC military evaluators Maj. Fredrick Mahler, left, and Maj. Andrew Barham, right, during resiliency training at APG April 9.

3. What did you miss?
4. What's the evidence that each factor contributed to the problem?
5. What really caused the problem?
6. What can you do about it?

"Through these steps you will have a more accurate and complete understanding of a problem and be in a better position to solve it," said Sgt. 1st Class Carmela Brown-Nelson, ATEC military evaluator and resiliency trainer.

After the class was introduced to the

steps of problem-solving, they had the opportunity to review a scenario and go through the steps to practice, as if they were in the same situation.

"The goal is to include any critical information you missed so that you can understand the problem and focus on solution strategies," Barrett said. "This skill is only effective when you have time to go through all of the steps to find a solution."

The next training session will be led

by Sgt. 1st Class Edward Neroes, command chaplain assistant at ATEC, on the resiliency skill "Put it in Perspective," and is set for 9 a.m., May 7 at the APG North (Aberdeen) recreation center.

For more information about ATEC's Ready and Resilient Activities, visit website calendar at www.atec.army.mil. To learn more about the Army's Ready and Resilient Campaign, visit www.army.mil/readyandresilient.



Want to make a difference in how services are rendered at APG? Tell us how we are doing. Visit <http://ice.disa.mil>.

Click on "ARMY" then "Aberdeen Proving Ground."

Defining the cyber professional

Story and photo by
ALLISON BARROW
CERDEC

What is an Army civilian cyber professional? This is the question Army organizations at APG are working to define through certificate training, advanced education and rotational assignments in cyber.

The U.S. Army Communications-Electronics Research, Development and Engineering Center (CERDEC) and the Communications-Electronics Command (CECOM) are working on several initiatives to better train Army engineers in cyber fields.

“Today’s networked Warfighter faces the threat of cyber attacks that are always changing. A large thrust at APG is to protect the network and keep our Soldiers and their information safe,” said Henry Muller, CERDEC director.

“These cyber education initiatives will help us build advanced cyber professionals for the Army who can stay ahead of the curve and adapt to the fast-paced landscape of cyber warfare.”

APG is home to multiple organizations engaged in cyber, and there became a need to find consistency in what a cyber professional does and is trained in, said Gary Martin, CECOM executive deputy to the commanding general.

“Cyber is an interesting thing. It’s one of the biggest areas that we as a community are engaged in,” Martin said. “The fact of the matter is that cyber is such a growing demand on our workforce in terms of what we actually do that our positions are really morphing.”

Universities vary in the cyber-related courses they include in bachelor’s programs, and so far there has not been a cyber “job series” accredited by the Office of Personnel Management, he said.

Tactical cyber

Army work in the realm of tactical cyber requires cyber professionals whose understanding extends beyond that of the commercial cyber world, said Giorgio Bertoli, CERDEC Intelligence and Information Warfare Directorate senior engineer.

“The Army’s tactical network, and the communication, information technology systems, and software that comprise it,



APG employees participate in the Cyber Development Certificate Cohort through the University of Maryland, Baltimore County. The program includes nine months of classes in programming, review of basic computer science and preparation for the Certified Security Software Licensed Professional Test.

have significant operational constraints when compared to commodity business networks, such as high bit error rates and latency, low bandwidth, intermittent connectivity and high likelihood of loss or capture,” Bertoli said.

“The term ‘tactical cyber’ is a way of differentiating capabilities that are specifically designed or tailored to effectively operate within this tactical network environment,” he said.

Cyber education

CERDEC is spearheading three education efforts addressing the workforce gap in cyber that are the direct result of an extensive needs assessment CERDEC’s Human Capital Cell initiated with other APG organizations, said Victor Carrozzo, CERDEC HCC. All programs are open to those in cyber fields at APG, including contractors and military personnel.

The first program is a Cyber Development Certificate Cohort through the University of Maryland, Baltimore County. The program includes nine months of classes in programming, review of basic computer science and preparation for the Certified Security Software Licensed Professional Test.

“There are some topics in this course that I haven’t dealt with in my under-

grad so this class gives me the opportunity to learn that and apply it to my job,” said Dearris Kelley, CERDEC computer scientist.

A two-year course offering a master’s degree in cybersecurity through Johns Hopkins University was set to start this summer on-site, but due to stringent requirements and evaluation of the program, qualified employees will now obtain the degree through Johns Hopkins online, Carrozzo said.

CERDEC HCC is also examining the option of offering a master’s level certificate in cybersecurity. This third educational program will hopefully fill the niche between the MS cyber program and the hands-on certificate program, Carrozzo said.

“Like the other two educational programs, the goal is to bring the APG cyber community together, along with the benefits of advanced learning,” Carrozzo said.

Cyber cohort

In addition to these and other cyber-related certificates like the Certified Information Systems Professional and Risk Management Framework, CECOM is in the process of developing a new “cyber cohort” that would involve a higher education component, certifica-

tion programs and job rotation assignments for a group of cyber professionals from across the installation.

The idea is for the group to take all the training together and rotate through positions at different APG organizations to understand cyber from the entire lifecycle perspective. Members of the cohort would continuously rotate through positions so no organization would suffer a loss of manpower, Martin said.

“By doing it that way, I think we’re going to build cyber folks who have a much broader perspective of the cyber mission. Not only from R&D [research and development] and what are the future things that we can work on, but what are the realities of what we’re actually dealing with in the field today, both offensive and defensive,” Martin said.

He added that there has been significant interest across the installation and they are working to launch the program by the end of the year.

“The beauty of this is they’re all interacting together through this process and everybody’s getting trained in a similar way. So when we talk about a cyber professional, we will all have the same sense for what that means in terms of skills and breadth of capabilities and what they can do,” Martin said.

If you see it, report it

Aggressive driving has no place at APG
call 410-306-0550



MARK YOUR CALENDAR

MORE ONLINE More events can be seen at www.TeamAPG.com

events&town halls

THURSDAY APRIL 23

DAYS OF REMEMBRANCE

Team APG will host the annual Days of Remembrance program, recalling the Holocaust, its victims and survivors, 10:30 to 11:30 a.m. at the post theater. The guest speaker is Buchenwald concentration camp survivor Morris Rosen. Check the APG News or APG social media sites for more information or contact Sheryl Coleman at 410-278-5964 or sheryl.l.coleman.civ@mail.mil.

WEDNESDAY APRIL 29

LINK SOLUTIONS JOB FAIR

Link Solutions will host a job fair seeking candidates for current and future IT contracts 11 a.m. to 1:30 p.m. and 3 to 5 p.m. in the Gunpowder Lounge at Top of the Bay, Bldg. 30 Plumb Point Loop.

Positions include but are not limited to: desktop technical and help desk support; NIPR/SIPR network operations; web server support; information assurance; video teleconference; program management; data center operations; and more.

Those unable to attend the job fair or who would like to submit a resume prior to the event can send to <http://tinyurl.com/LSJOB-SATAPG>.

For more information, contact Kylene Jennings at 703-707-6256 or email kjennings@linksol-inc.com.

THURSDAY MAY 7

NATIONAL DAY OF PRAYER

The Protestant Service and the Protestant Women of the Chapel will host a special service to join the nation in prayer during National Day of Prayer.

The service will start at 11:45 a.m. at the Main Post Chapel on APG North (Aberdeen).

For more information, call 410-278-4333 and ask for PWOC President Serenity Coates.

SATURDAY MAY 9

MILITARY RETIREE APPRECIATION DAY

The APG Military Retiree Appreciation Day observance will take place at the APG North (Aberdeen) recreation center, Bldg. 3326 with registration starting at 8 a.m. Maryland Senator Robert (Bob) Cassilly will serve as guest speaker.

The event will include more than 35 booths and exhibits, providing information on health, wellness and installation services and programs. A panel question and answer session will include representatives from Kirk U.S. Army Health Clinic, Army and Air Force Exchange Service, Office of the Staff Judge Advocate, Directorate of Family and Morale, Welfare and Recreation, Veterinary Treatment Facility, Corvias Housing, Dental Clinic and Veteran Service Representative.

KUSAHC staff will conduct health screenings during the appreciation day observance. The installation ID card office, at Bldg. 4305, will be open to retirees from 8:30 to 11 a.m. and First Sergeant Grill will provide lunch for a nominal fee (cash only).

Don't miss this outstanding informational event. Come out and meet other military retirees and gain some valuable information.

MAY 9-14

APG ARMED FORCES WEEK EVENTS

Several events are scheduled for Military Appreciation Month and Armed Forces Week from May 9-14.

- May 9: Military Retiree Appreciation Day, 8 a.m., APG Recreation Center. For more information, call Tom Shumate at 410-306-2303.
- May 11: Golf Tournament, 7 a.m., Ruggles Golf Course. For more information, call Rick Bond at 410-278-4794.
- May 12: All APG Soldiers Armed Forces Run, 6:15 a.m. For more information, call Sgt. 1st Class Scalies at 410-861-7069.
- May 13: Gold Star Breakfast, 8 a.m., Main Post Chapel.
- May 13: Armed Forces Displays, Future Soldier Recognition, Bike to Work Day, noon to 4 p.m., ceremony starts at 3 p.m., APG North (Aberdeen) recreation center.
- May 14: Harford County Chamber of Commerce Military Appreciation Luncheon, 11 a.m., Richlin Ballroom, Abingdon, MD. Registration Required. For more information, call Vanessa Milio at 410-838-2020.

WEDNESDAY MAY 13

BIKE TO WORK DAY – APG NORTH

The APG community is invited to take part in the annual Bike to Work Day ride on APG North (Aberdeen). The Bike to Work Day Rally will be held 7 to 9 a.m. at the APG North recreation center, followed by a cyclist parade, giveaways, on-the-go refreshments, bike tune ups, vendors and chances to win prizes.

Take the bike ride to the next level by signing up for the Team Cycle Challenge. Commands on APG North are challenged to see who can get the most employees to commit to Bike to Work May 13. Teams must be registered by May 11.

Everyone who registers will be eligible to

win a Trek Lync 3 bike. Visit www.harfordcountymd.gov/commuter for the registration forms and for more information, or contact Alan Doran at rideshare@harfordcountymd.gov or 1-800-924-8646.

TUESDAY MAY 19

SENIOR SERVICE COLLEGE FELLOWSHIP GRADUATION

The Defense Acquisition University - Senior Service College Fellowship Program announces the graduation ceremony for the class of 2014-2015.

The ceremony will take place at 11 a.m. in the Mallette Hall Auditorium, Bldg. 6008. The graduation ceremony marks the culmination of ten months of full-time, rigorous study focused on developing acquisition and leadership attributes. A short reception will follow.

Please RSVP by Thursday, May 14 to Ben Metcalfe at Benjamin.Metcalfe@dau.mil or 410-272-9471.

WEDNESDAY MAY 22

BIKE TO WORK DAY – APG SOUTH

The APG community is invited to take part in the annual Bike to Work Day ride on APG South (Edgewood). The Bike to Work Day Rally will be held 7 to 9 a.m. at the FFCU parking lot, 5502 Hoadley Road, and will be followed by a cyclist parade, giveaways, on-the-go refreshments, bike tune ups, vendors and chances to win prizes.

Take the bike ride to the next level by signing up for the Team Cycle Challenge. Commands on APG South are challenged to see who can get the most employees to commit to Bike to Work May 22. Teams must be registered prior to the event.

Everyone who registers will be eligible to win a Trek Lync 3 bike. Visit www.harfordcountymd.gov/commuter for the registration forms and for more information, or contact Alan Doran at rideshare@harfordcountymd.gov or 1-800-924-8646. Visit www.harfordcountymd.gov/commuter for the registration forms and for more information, or contact Alan Doran at rideshare@harfordcountymd.gov or 1-800-924-8646.

TUESDAY JUNE 16

2015 SOLDIER SHOW

Save the date – the 2015 U.S. Army Soldier Show Tour will stop at APG June 16 at 7 p.m.

The Soldier Show is a live Broadway-style variety performance featuring the Army's best talent. It's singing, it's dancing and it's amazing! Each year, Army Entertainment brings together a talented troupe of performers who are selected through a rigorous audition process.

This year's production, "We Serve" explores the foundational elements of what it means to serve, in and out of uniform, as well as how our country in return serves them.

meetings&conferences

FRIDAY APRIL 24

WOA QUARTERLY MEETING

The U.S. Army Warrant Officer Association Aberdeen-Edgewood "Silver" Chapter will hold its quarterly meeting 3 p.m. in the Sutherland Grille at Ruggles Golf Course. A social hour in conjunction with the AUSA/AAAA golf event will follow the meeting.

For more information, contact retired Chief Warrant Officer 4 Jesse Fields at 410-278-9673/908-956-3368 or jesse.p.fields.ctr@mail.mil; or visit the APG WOA site at <http://www.apgwoa.org>.

THURSDAY MAY 7

WOMEN IN DEFENSE LEADERSHIP SYMPOSIUM

The Women in Defense Mid-Atlantic Chapter will host the 3rd annual Real Women, Real Work, Real World 2015 Leadership Symposium at Water's Edge Event Center in Belcamp, Maryland from 8 a.m. to 5 p.m.

The symposium will include an executive panel discussion, an interactive LeanIN workshop and a series of professional workshops.

This year's theme is "Building Success Through Education, Mentorship and Networks," and Lt. Gen. Michael E. Williamson, principal military deputy to the Assistant Secretary of the Army for Acquisition, Logistics and Technology (ASA(ALT)) and director of acquisition career management, will serve as keynote speaker.

The symposium will bring together leaders and educators from the DOD, industry and academia. DAU continuous learning points (CLPs) may be applicable.

Seating is limited. To register, visit <http://conta.cc/1HXgo1s> or email rspwid@gmail.com. For more information, visit www.widmidatlanticchapter.org.

TUESDAY MAY 12

CREATING A SOLID SPENDING PLAN

The C4ISR Wellness Committee will host the Creating a Solid Spending Plan informational session 11:30 a.m. to 12:30 p.m., in Bldg. 6001, room 224.

The instructor will provide step-by-step details on drawing a financial blueprint for action. Participants will create a personal

action plan, learn how to save money, and gain a better understanding of how to track where their money goes. The session is open to DA civilians, contractors, and military.

For more information, or to request a VTC access dial-in number and code, contact Tiffany Grimes, CECOM G-1, at 443-861-7901, tiffany.l.grimes.civ@mail.mil. For sign language interpreters or other disability-related accommodations, contact the CECOM EEO Office at 443-861-4355 by April 29.

health&resiliency

APRIL 20-24

ASAP DRUG TAKE BACK CAMPAIGN

The APG Army Substance Abuse Program (ASAP) will host the 2015 Prescription (RX) and Over-the-Counter (OTC) Take-Back Campaign April 20-24.

During this week, expired, unused, and unwanted RX/OTC medicines can be turned in at the APG North (Aberdeen) police station, Bldg. 2200 any time from 7 a.m. Monday, April 20 through 5 p.m. Friday, April 24.

Expired, unused, and unwanted RX/OTC medicines can also be turned in at KIRK U.S. Army Health Clinic Pharmacy, Bldg. 2501, April 20-24 during normal operating hours.

One-time drop-off sites will be offered at the following locations and times:

Post theater, Bldg. 3245, 7:30 a.m. to 9 a.m., Tuesday, April 21

CECOM C4ISR campus, Bldg. 6008, 11:30 a.m. to 1 p.m., Tuesday, April 21

APG South (Edgewood) Express (Shopette), 11:30 a.m. to 1 p.m., Wednesday, April 22

ATEC Headquarters Bldg. 2202, 11:30 a.m. to 1 p.m., Thursday, April 23

For more information, contact Cindy Scott, ASAP prevention coordinator, at 410-278-4013, cynthia.m.scott4.civ@mail.mil.

THURSDAY APRIL 23

HOW TO AVOID, DEAL WITH AND ELIMINATE STRESS INFO SESSION

Learn to avoid, deal with and eliminate stress from your work and personal life during a stress informational session hosted by the C4ISR Wellness Committee at the Myer Auditorium, Bldg. 6000 from 11:30 a.m. to 12:30 p.m.

A guest speaker will provide techniques for managing stress and emotional well-being. A mini interactive yoga demonstration to relax the mind, body and spirit is included.

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes.civ@mail.mil.

"LISTENING – BUILDING A CONNECTION" SEMINAR

Members of Team APG are invited to attend a "Listening: Building a Connection" seminar hosted by the AMC Wellness Division at the APG North (Aberdeen) recreation center ballroom from noon to 1 p.m.

Roderick "Skip" Johnson, Suicide and Substance Abuse Program Manager, and Fitness and Resiliency Coordinator Valerie Francis will serve as guest speakers.

The seminar will discuss the difference between hearing and listening; communication barriers in the workplace; how gender impacts one's ability to listen; how to respond to someone when they share good news; and skills to help you build your connection with others.

Attendees are allowed to bring their lunch to the seminar.

ONGOING APRIL

APG TRICARE EVENTS

Kirk U.S. Army Health Clinic has arranged for a TRICARE representative to provide information and answer questions at APG the following dates and locations:

April 27 – APG ID Card Office – 8 a.m. to 4 p.m.

April 29 – APG ID Card Office – 8 a.m. to 4 p.m.

A TRICARE Retirement Briefing will be held April 27 in the conference room of the APG Retirement Office from 10 to 11 a.m.

For more information, contact Kisha York, TRICARE education specialist, at kisha.a.york@healthnet.com

THURSDAY MAY 7

BLOOD PRESSURE/STROKE INFO SESSION

The C4ISR Wellness Committee will host a High Blood Pressure/Stroke Info Session followed by a Zumba demonstration 11:30 a.m. to 12:30 p.m. at the Myer Auditorium, Bldg. 6000. This event is open to APG Soldiers, civilians, contractors and family members.

This event is VTC accessible. Contact the G1 POC, Tiffany Grimes for a VTC dial-in number and code.

For sign language interpreters and other disability-related accommodations, contact the CECOM EEO Office at 443-861-4355 by April 23.

For more information, contact Tiffany Grimes at 443-861-7901, tiffany.l.grimes.civ@mail.mil.

SUNDAY MAY 24

MD CENTER FOR VETERANS EDUCATION AND TRAINING 20TH ANNUAL 5K/10K RACE

The Maryland Center for Veterans Education and Training, Inc., (MCVET) will host the 20th Annual 5K/10K Races starting 7:30 a.m. (5K) and 8:30 a.m. (10K) at the Baltimore War Memorial Plaza, 500 E Fayette Street, Baltimore, MD 21202.

For the 5K, pre-registration is \$25; race day registration is \$30. For the 10K, pre-registration is \$30; race day registration is \$35.

All proceeds benefits the MCVET mission to provide homeless veterans with comprehensive services to enable them to rejoin their communities as productive citizens.

To register, go to www.mcvet.org or www.charmcityrun.com.

For more information, contact MCVET race director Roseline Taylor at 410-576-9626, Ext. 253 or info@mcvet.org or www.facebook.com/MCVET.Baltimore

WEDNESDAY MAY 27

STRONG BONDS MARRIAGE RETREAT

A one-day Strong Bonds Marriage Retreat will take place at the Vandiver Inn, 301 South Union Avenue in Havre de Grace from 8:35 a.m. to 3:30 p.m.

Meals and child care will be provided.

For more information, contact the APG main post chapel at 410-278-4333.

ONGOING

ARMY WELLNESS CENTER AT APG SOUTH CLINIC

The Army Wellness Center is seeing clients at the APG South (Edgewood) clinic, Bldg. E4110. Clients can have metabolism and body composition assessments and other services without having to drive to APG North (Aberdeen). Service members and their family members, retirees and Army civilians can make an appointment through the APG North AWC, or be referred by their unit or primary health care provider at Kirk U.S. Army Health Clinic. Upcoming APG South AWC dates are:

- April 30
- May 15, 20, and 28
- June 11, 16, 26, and 30

For more information, or to schedule an appointment call 410-306-1024.

THROUGH 2015

2015 CPR, AED CLASS SCHEDULE

The APG Directorate of Emergency Services has announced the CPR/AED class schedule for 2015. Classes are open to the entire APG community.

May 20 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

June 17 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

July 15 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Aug. 19 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

Sep. 16 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Oct. 21 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

Nov. 18 – APG North (Aberdeen) Chapel, Bldg. 2485 – 9 a.m. and 1 p.m.

Dec 16 – APG South (Edgewood) Conference Center, Bldg. E4810 – 9 a.m. and 1 p.m.

For more information, contact Mike Slayman at 410-306-0566.

miscellaneous

FRIDAY MAY 1

2015 VETERANS SUMMER SPORTS CLINIC APPLICATION DEADLINE

The Department of Veterans Affairs (VA) is accepting applications from veterans interested in participating in the 2015 National Veterans Summer Sports Clinic.

The 2015 National Veterans Summer Sports Clinic will be held Sept. 13-18 at the VA San Diego Healthcare System in San Diego, California. The annual event is expected to attract veterans from all over the country who have sustained a variety of injuries ranging from traumatic brain injury and polytrauma, to spinal cord injury or loss of limb.

The National Veterans Summer Sports Clinic represents VA's continued commitment to offer adaptive sports and recreation therapy as an integral part of a successful rehabilitation program.

The deadline to apply for the 2015 National Veterans Summer Sports Clinic is May 1. For more information or for an application, visit <http://www.summersportsclinic.va.gov>.

Public Health ‘Best Warriors’ compete

By **JANE GERVASONI**
U.S. Army Public Health Command

U.S. Army Public Health Command Soldiers work in locations around the globe to support the command’s public health mission, but once a year, the 12 Best Warriors from each of five regions and the USAPHC headquarters come together to compete for the command’s Best Warriors.

The weather at APG’s Lauderick Creek training area, cooperated March 31-April 2 as Soldiers and non-commissioned officers tested themselves by taking the Army physical fitness test and a written exam, as well as locating markers in day and night land navigation and engaging simulated enemy targets in a weapons qualification event. The final event was an appearance before a command sergeant major board.

“We competed against ourselves, and we were supported by everyone,” said Spc. Michael Murphy, Headquarters and Headquarters Company, who earned Best Warrior Soldier of the Year honors.

Murphy credited Sgt. Eric Jimenez, fellow competitor from HHC, with being his mentor and providing support during the competition.

Sgt. Kil Jong Lee, Public Health Command Region-Pacific, said he competed last year.

“My motto is never to quit,” Lee said. His persistence paid off as he earned Best Warrior NCO of the Year this time around.

All the competitors said the competition was physically and mentally demanding, and they praised the cadre who coordinated the event.

The competitors received three-day passes, and in addition, Lee and Murphy were presented with Army Commendation Medals. They will compete against



Photo by Christina Graber

U.S. Army Public Health Command Soldiers from across the globe compete for top honors in the Best Warriors Competition at APG’s Lauderick Creek training area March 31 - April 2.

other U.S. Army Medical Command Soldiers in the MEDCOM Best Warrior Competition scheduled for the first week of May in Texas.

“Our Soldiers and NCOs get great support from others in their regional commands,” said Command Sgt. Maj. Paul Ramos, USAPHC command sergeant major. “They help each other

enhance their technical and tactical skills. The competition promotes and inspires excellence.”

Other USAPHC Soldiers who competed:

Sgt. Luis Rivera Capales and Pfc. Keturah Branch, PHCR-Europe; Sgt. Kil Jong Lee and Spc. Charleston Moore,

PHCR-Pacific; Sgt. Kourtney Wallace and Spc. Yevheniy Andreyko, PHCR-North; Staff Sgt. Michael Waters and Sgt. Robert Lutton PHCR-South; Sgt. Olayori Ogunnaike and Pfc. Emmanuelle Braaten, PHCR-West; and Sgt. Eric Jimenez and Spc. Michael Murphy, USAPHC-HHC.



Photo by Molly Blossie

Crawford, APG Soldiers read to local students

In celebration of Month of the Military Child, APG Senior Commander Maj. Gen. Bruce T. Crawford and other APG Soldiers visited Roye-Williams Elementary School in Havre de Grace to read to students as part of the school’s Read Across America initiative.

“Interacting with today’s youth was a great experience and I’m constantly amazed at their curiosity and passion for learning,” Crawford said after the event. “This was also a chance for us to praise and give thanks to our educators here who are truly at the tip of the spear in growing our nation’s future leaders.”



APG CATCH-A-POACHER PROGRAM

A wide variety of wildlife call Aberdeen Proving Ground home. The APG Conservation Law Enforcement Branch is asking you to be a partner in protecting and preserving the natural resources here on post. If you see or have knowledge of poaching or illegal activity involving wildlife or natural resources, you can use the SUBMIT-A-TIP hotline to anonymously provide information to catch a poacher.

Call the SUBMIT-A-TIP “HOTLINE” at 410-306-4673.
Emergencies or violations in progress should always be reported via 911.

When reporting poaching or illegal activity involving wildlife or natural resources on APG, please take note of the information listed in the form below.

Name/Description/Address of the Poacher
Location/Days/Times & Type of Poaching
Vehicle/Vessel Description or Registration #

You can also cut out this completed SUBMIT-A-TIP form and mail it to:
2200 Aberdeen Blvd. APG, MD 21005

See Something

Cut along dotted lines and fold in middle for use as wallet reference Card.

Provided by the INTEL DIV/DPTMS

Say Something

Installation Watch Card

Awareness is key! Everyone is a sensor.

Do: Observe and Report

- Unusual or suspicious activity or suspected surveillance.
- Unusual questions or requests for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around the Installation.
- Unusual phone calls, messages, or e-mails.
- Unusual contacts on or off post.
- Unusual aerial activity near or around the Installation.
- Any possible compromise of sensitive information.

Do Not

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss FP measures, capabilities, or posture.
- Disclose any information related to unit deployments.

Report any suspicious activity immediately to the APG Police.
APG North 410-306-2222
APG South 410-436-2222
Off post in Md. call 1-800-492-TIPS or 911
Your call may save lives!



MEMORIES OF 'NAM



Vet recalls the war 'we should have won'

By **YVONNE JOHNSON**
APG News

Shubuta, Mississippi sits near the southern border of Clark County, just west of the Chickasawhay River. Jesse L. Shanks Sr. grew up in this tiny town – which numbered just 441 people in the 2010 Census – during what he calls the nation's "pre-Civil Rights Era."

A well-known member of the APG community, Shanks said the rustic upbringing he received in the Deep South of the 1930s and 40s helped prepare him for 'Nam.

"We walked a mile to the schoolhouse where we had one teacher who taught kindergarten to 8th grade," Shanks recalled, adding that during winter, children took turns gathering wood for the potbelly stove that warmed the room. In high school, Shanks walked one mile to a bus stop for a six-mile ride to school.

There was never much time for play, Shanks said. The oldest of 12 siblings, two of whom never reached adulthood, Shanks and his brothers and sisters worked the family farm when they weren't in school. Milking cows was a daily morning routine before school, and afternoons meant shucking corn, baling cotton, chopping wood or tending to other chores around the farm.

"We worked six days a week and went to school five days if there wasn't too much work to do," he said.

Due to family responsibilities Shanks was unable to finish high school but he later obtained his GED and went on to gain an associate degree in automotive mechanics and a bachelor's degree in business management courtesy of the GI Bill.

"Education is good to have, but it will wear you out," he said.

Shanks was 22-years-old when he was called up in the 1952 draft during the Korean War. He took basic training as a wheeled vehicle mechanic in the Ordnance Corps at Aberdeen Proving Ground and was headed to Korea when his orders were changed to Japan.

After his initial tour overseas he decided to stick with the Army and he warmed to the leadership role of the non-commissioned officer ranks. Eventually, he decided to reach higher.

Shanks applied for and was promoted to chief warrant officer. He attended the Ordnance Officer Basic Course at APG in 1958 and he would go on to serve three tours at APG during his career, as a mechanic, a motor sergeant and an

instructor.

"I saw a lot of people go through here," he said.

Shanks served two tours in 'Nam from 1968-69 and from 1971-72.

His first tour was as a Maintenance Shop Officer with the 610th Engineer Battalion and his second was with the 62nd Engineer Battalion.

"We built our own hooches out of wood and lumber," he recalled. "I remember it rained a lot and it was cold and we used potbelly stoves."

During his first tour, he led a maintenance shop that worked on wheeled vehicles weighing up to 5 tons. His unit supported the I Corps Tactical Zone supporting elements in the northernmost province of South Vietnam. Divisions such as the 1st Cavalry, 23rd Infantry, 101st Airborne, 5th Infantry and 82nd Airborne served in this area, along with smaller Army brigades and elements of the III Marine Expeditionary Force.

Shanks said he arrived just after the Tet Offensive, the eight-month long wave of attacks by the Viet Cong against South Vietnam and Allied forces. He said the consensus among fellow Soldiers was that they could win the war if military leaders were calling the shots instead of politicians.

"We didn't fight the war the way we should have fought to win," he said. "There was too much politics involved."

From 'Nam, Shanks went to Germany. A husband and father by then, two of his children were born in his first duty station at Nellingen Barracks near Stuttgart.

He soon returned to 'Nam in 1971, but said he found things less intense than his first tour.

"Things were winding down; we didn't even carry weapons," he said. "When I would fly helicopters north to check on our troops the policy was don't fire on the ene-

my unless they fire first. So, you see what I mean by we didn't fight the war to win."

Shanks returned to APG after his final tour in 'Nam and retired at the rank of chief warrant officer two in 1972.

He said working his way back into society was not problem.

"I know some guys had problems but I focused on my goals," he said. "I knew what I wanted to do."

He joined the U.S. Postal Service and worked in Joppa and Bel Camp where he became the postmaster, as well as Port Deposit. He retired from the USPS in 2003.

Always active in the community, Shanks is a member of Veterans of Foreign Wars Post 6054 in Perryman, where he's held several offices, and with the Alpha Phi Alpha Fraternity. He said he also

served 20 years on the APG ethics commission.

A member of the APG chapel for 35 years, Shanks said he's witnessed an amazing transformation of the installation – namely from a population once heavy with Soldiers to one in which government civilians outnumber all others.

"Change has been constant," he said. "When I first came here in 1952, there were five active chapels on post and there were four buses you could catch to

take you back and forth. But the world is a lot more dangerous now. Things are shifting, especially since 9/11, and you have to change with the times."

Shanks said he will always remember 'Nam as "a war we should have won."

"We had tanks, B52s, trucks, helicopters, M16s, and machine guns. All the North [Vietnamese] had was AK-47s and 22s [rifles] and they ran us out of 'Nam," he said. "We had all the fire power we needed. It just doesn't make sense."

Shanks was the first African-American postmaster in Harford County as well as the first male African-American post-



master in Cecil County. He's held leadership positions with the National League of Postmasters, and local chapters of the United Negro College Fund and the National Association for the Advancement of Colored People.

At 83-years-old, he continues to stay busy. He and other Vietnam veterans were honored during the 41st Annual Spring Gala of the Washington D.C. Chapter of The Rocks, Inc. held in Springfield, Virginia April 18. The organization is one of hundreds across the nation that have signed on as commemorative partners of the Vietnam War 50th Commemoration.

Shanks said he enjoys staying busy. A widower for 10 years, he said family and his many interests keep him going.

"If I had to pinpoint anything I'd just have to say I enjoy life. "I tell young people you can live a good life and not get in trouble and still have fun. It's hard to get through to them sometimes because the world has gone crazy."

"I've been truly blessed," he added. "I thank God for the parents who taught me to trust in the Lord. He saw me through Korea and two tours in Vietnam. He gave me a wonderful wife, a wonderful family, two careers and great friends. And I can still get around on my own."

He added that his personal philosophy is his favorite scripture, Romans 8:28, which has guided his life. It reads: "And we know that in all things God works for the good of those who love Him, who have been called according to his purpose."

"I can do all things, through Him," Shanks said.

"I thank God for the parents who taught me to trust in the Lord. He saw me through Korea and two tours in Vietnam. He gave me a wonderful wife, a wonderful family, two careers and great friends."

Jesse Shanks
Vietnam Veteran

PrepareAthon urges emergency preparedness

By **AMANDA ROMINIECKI**
APG News

As part of FEMA's bi-annual America's PrepareAthon April 30, garrison emergency management personnel are taking steps to ensure Team APG is prepared for any emergency that could happen in the community.

Emergency preparedness guides and pamphlets will be available at several locations across the installation on both APG North (Aberdeen) and APG South (Edgewood) starting next week to help educate members of Team APG about how to prepare for and respond to an emergency.

Preparedness and readiness can soon be found at the commissary, exchange and Kirk U.S. Army Health Clinic on APG North and at the Express and Edgewood Clinic on APG South, said Emergency Management Specialist

Bill Fowler.

Emergency management personnel will also be out in force at the Newcomers Orientation April 29 to educate the newest members of Team APG about what to do and where to turn during an emergency.

According to garrison Emergency Management Specialist Pedro Rodriguez, the resources at these locations will be continuously updated and include information relevant to the time of year.

Emergency management personnel created an APG-specific Personal Readiness and Emergency Preparedness Guide to help Team APG prepare for emergencies and have local information easily accessible. Copies of this guide will be available at any of the locations previously mentioned.

The Army continually encourages Soldiers, civilians and their families to

prepare for all hazards or emergencies, whether they are at work or at home. Ready Army, the Army's proactive readiness campaign, encourages all members of the Army community to "be smart, take part, prepare, and join America's movement to stay safe during disasters" by taking action to prepare yourself and your family for any emergency as part of America's PrepareAthon.

Rodriguez and Fowler encourage members of Team APG to take a moment April 30 to review their family's emergency plan and supply kit, or to take the necessary steps to make a plan and kit if one doesn't exist.

To receive the latest information during an emergency on APG, be sure to register or update your contact information in the Mass Warning Notification system AtHoc. Read more about AtHoc on page 2.

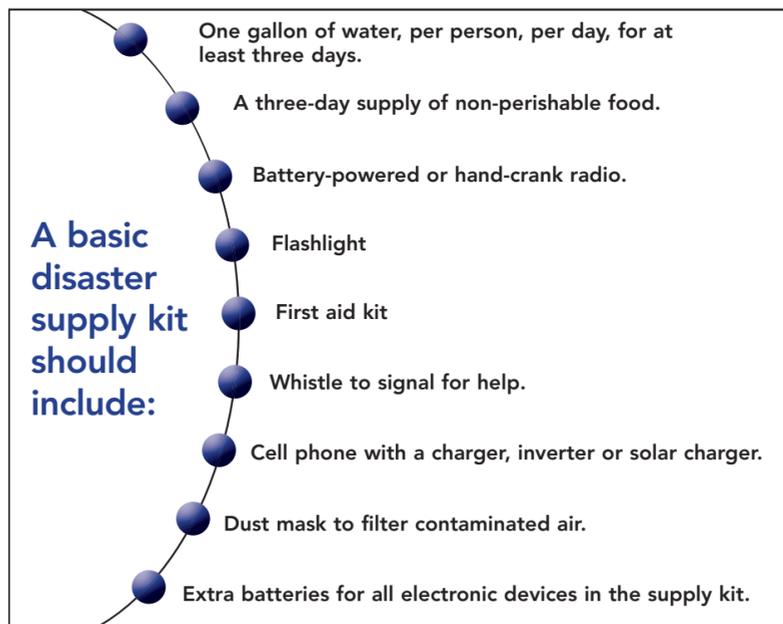
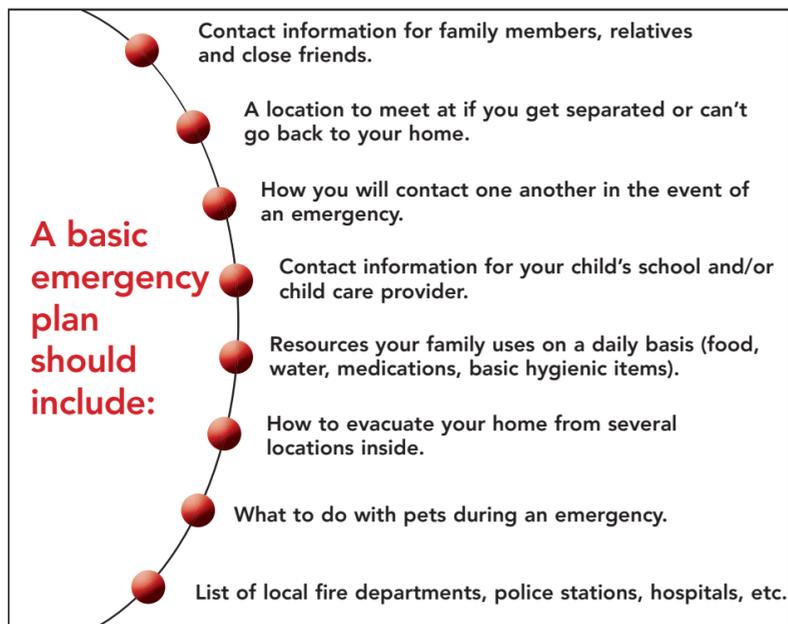
Emergency notifications and post clo-

sures or delays will also be posted to the APG website, www.teamapg.com, and Facebook page, www.facebook.com/APGMd. In the event of an emergency or natural disaster, there are two shelters on post at the APG North athletic center and at Hoyle Gym on APG South.

Individuals can also text SHELTER + your zip code to 43362 (4FEMA) to find the nearest shelter off-post. For example, someone who lives in Bel Air would text SHELTER 21014 to 43362.

To learn more about what you can do to keep you and your family safe during an emergency, pick up a readiness guide at one of the various locations on post, or visit www.acsim.army.mil/readyarmy or www.ready.gov.

Check back next week with the APG News for more preparedness tips related to tornados and flooding, common emergencies for the area this time of year.





ALL THINGS MARYLAND

Maryland's diverse landscape

Exploring the state one campsite at a time

By **KRISTINE AUGUSTYNIAK**
Special to APG News

While my husband and son are native Marylanders, I am not, so I have tried to find different places to visit during the summer. There are so many beautiful places in Maryland to visit. The state is very diverse in its landscape (though I do admit to missing the desert landscape and temperature of El Paso, Texas, where I'm from originally).

Every summer since 2004, my family has visited Ocean City in September for Sun Fest, but three years ago my son mentioned wanting to go camping. I did some research and discovered Maryland has quite a few ridiculously affordable campsites.

Since my family does not have a "sleeping in a tent" kind of disposition, I checked in with the APG MWR Outdoor Recreation office to see what it would cost to rent one of their recreational vehicles. The cost was so good we couldn't pass it up.

In 2013 we headed west to Catoclin Mountain Park, located in Thurmont, Maryland in Frederick County, for the Fourth of July weekend. The park is also the home of Camp David, the president's country retreat. A little bit of history about Catoclin can be found online at http://www.nps.gov/parkhistory/online_books/cato/hrst.htm.

Catoclin Mountain Park was absolutely beautiful; the scenery far exceeded anything I could have hoped for. My family and I swam, paddle boated, hiked and even went into town to visit the Catoclin Zoo and take part in Independence Day festivities. It was a wonderful time for all.

For the more outdoorsy types, Catoclin has tent sites and cabins available to rent. This is a fun time and place for a family summer vacation.

Another place we have camped – and by far my favorite so far – is Janes Island State Park in Crisfield, Maryland along the Chesapeake Bay. About a four hour drive from Aberdeen, Janes Island is an hour south of Ocean City.

We decided to stay in one of the park's small cabins: a one room cabin



Photos by Daniel Augustyniak

(Clockwise from top left)

- Located along the Chesapeake Bay on Maryland's eastern shore near Crisfield, Janes Island State Park offers beautiful water views and a relaxing ambiance.
- Catoclin Mountain Park, located in Thurmont, Maryland in Frederick County, offers more than 25 miles of scenic hiking trails at various lengths and difficulty levels. The park is also the home of the president's country retreat, Camp David.
- For those who do not have a "sleeping in a tent" kind of disposition, cabins are available for rent at Janes Island State Park, some of which are just steps from the shoreline. Fishing, crabbing and kayaking are popular activities at Janes Island.

with a grill and fire pit outside. Our cabin was right along the shore, just 20 steps from the door to the water.

The crabs and fish are plentiful in Janes Island, and with a Maryland fishing license you can keep the catch. We fished every day; unfortunately, the crabs down there are really smart and they kept "skunking" our lines.

The park has boating slips, bicycle paths and areas to kayak, which are also available to rent. In town, there is a small museum and a few shops selling local arts and crafts and a few small restaurants.

If camping is not your thing, just go down for a weekend and participate in the Crisfield Freedom Fest and the 68th Annual Hard Crab Derby, a crab-themed

festival including crab races, crab cooking and picking contests, a carnival, parade and fireworks.

Another really neat thing to do when visiting the Crisfield area is to take a short cruise to Smith Island, which is home to Maryland's official state dessert: the 10 layer Smith Island cake.

Smith Island is a very small island that borders Virginia that was originally inhabited by the English in the 17th century. The locals are known for their "relic accent." It is not a large inhabited island by any stretch but the people are very nice and they thrive on the summer tourism.

Overall, our visit to Crisfield was a wonderful stay. In order to truly appreciate Maryland's wildlife, this is one of the

best places to go. It was very relaxing. Just thinking about the tall grasses slowly dancing in the breeze and the occasional heron flying by makes me want to go back. For more information about Janes Island State Park, visit http://www.stateparks.com/janes_island_state_park_in_maryland.html.

Catoclin Mountain Park and Janes Island State Park are just two places that capture some of the beauty and history that make up Maryland. They have different landscapes but epitomize what is so diverse about our state.

Kristine Augustyniak is an APG civilian with the U.S. Army Test and Evaluation Command. Her husband, Daniel Augustyniak is an ATEC contractor.



(Above) Medical Laboratory Technologist William Robinson calibrates a chemistry slide for a test in the Kirk U.S. Army Health Clinic Medical Laboratory. (Right) KUSAHC Medical Laboratory Technologist Gail Dawson prepares to draw blood from patient Spc. Stacy Weaver of the U.S. Army Test and Evaluation Command. A state-certified phlebotomist, Dawson is responsible for drawing blood for analysis.

KUSAHC marks Medical Laboratory Professionals Week

Story and photos by **RACHEL PONDER**
APG News

Kirk U.S. Army Health Clinic is recognizing Medical Laboratory Professionals Week with educational activities and displays, through Friday, April 24. The theme for the week is "Not All Heroes Wear Capes, Some Wear Lab Coats."

Medical Laboratory Professionals Week is an annual celebration of laboratory professionals and pathologists who play a vital role in every aspect of health care. According to the American Society for Clinical Pathology, there are more than 300,000 practitioners of clinical laboratory science who perform and interpret more than 10 billion laboratory tests in the U.S. every year.

"I think this week is important because our work is usually done behind the scenes," said Staff Sgt. Hippolyte Tavares, the laboratory's non-commissioned officer in charge. "The lab is very influential, [lab results] can determine a patient's course of treatment."

At KUSAHC, seven professionals with

combined experience of 116 years, work in the Medical Laboratory department.

"Our staff members are highly proficient and are committed to taking care of the APG community. They really go above and beyond," Tavares said. "That makes my job as NCOIC very easy."

He said that many patients have anxiety about getting laboratory work done, especially tests that require the lab tech to draw blood, which is why excellent customer service is necessary.

"I see myself in the chair. Every patient that comes in is actually my mother, my sister, my kids, myself," he said. "My upmost goal is that patients receive the best care. Compassion is important."

Tavares added that medical lab professionals have to be very detailed oriented.

"It takes a special person, with a special skill set," he said. "We treat every specimen like it is contaminated and take all the necessary precautions. We don't take short cuts."

Senior Medical Technologist Robert Carpenter, who has 38 years of experi-



ence, called his job very rewarding. Prior to working at KUSAHC he served in the military for 22 years as a medical technologist.

"The best thing about this job is that we are helping doctors diagnose patients who might have health problems like high cholesterol or diabetes," he said.

Pfc. Gabriel Guerrero, a medical technologist who is new to the team, said his goal is to strive for accuracy.

"A simple mistake could cost a life," he said. "We take our jobs very seriously."

KUSAHC Medical Laboratory technicians conduct testing in the areas of hematology, chemistry and urinalysis. Staff members also perform hemoglobin A1C, pregnancy, strep throat and influenza tests.

If the lab does not have the capabilities to do a specific test on-site, the specimen is shipped to the Walter Reed National Military Medical Center in Bethesda, Maryland.

Last year, the laboratory received accreditation from the College of American Pathologists (CAP) based on the results of an on-site inspection. The accreditation program is widely recognized as the 'gold standard' and has served as a model for various federal, state, and private laboratory accreditation programs throughout the world.

KUSAHC Medical Laboratory hours are from 7:30 a.m. to 4:30 p.m., Monday through Friday. For more information visit <http://kusahc.narmc.amedd.army.mil/Pages/lab.aspx> or call 410-278-1714.

MORALE, WELFARE & RECREATION



Upcoming Activities

LEISURE & TRAVEL MISSION IMPROVABLE COMEDY SHOW APRIL 23

The improvisational comedy troupe "Mission IMPROVables" will perform an improv comedy show with audience participation, similar to "Whose Line is it Anyway?" at the APG North (Aberdeen) recreation center April 23. Doors open at 6 p.m. and the show begins at 7 p.m. Food will be available for purchase, along with a cash bar. Tickets are \$10 in advance, \$15 at the door (if available). For more information, or to purchase tickets, contact the Leisure Travel Office at 410-278-4011/3931.

BROADWAY'S PIPPIN TICKET DEADLINE APRIL 28

Discount tickets to Broadway's "Pippin" are available for the June 25, 8 p.m. show at the Hippodrome Theater in Baltimore. The show features high-flying, extraordinary acrobatics, wondrous magical feats and soaring songs from the composer of "Wicked." Adult tickets are \$38, with seats available in the right and left orchestra. For more information, or to purchase tickets, call 410-278-4011.

SHEN YUN PERFORMING ARTS TICKETS APRIL SHOWS

The Leisure Travel Office has tickets available to the Shen Yun Performing Arts. Shen Yun brings to life 5,000 years of Chinese civilization through classical Chinese dance and music in an exhilarating show you will never forget. Tickets are available for the 1:30 p.m. performances at the Kennedy Center Opera House in Washington, D.C. April 25 - 26. Ticket prices range from \$48-230. To purchase tickets, visit the Leisure Travel Services Office at the APG North (Aberdeen) recreation center.

BALTIMORE ORIOLES DISCOUNT TICKETS 2015 SEASON

The Leisure Travel Office is offering discount tickets to Baltimore Orioles games during the 2015 season at Oriole Park at Camden Yards in Baltimore. For pricing and availability, contact Leisure Travel Services at 410-278-4011/4907. Tickets can be purchased at the Leisure Travel Services Office at the APG North (Aberdeen) recreation center.

NEW YORK CITY BUS

TRIP JUNE 6

Plan your own sightseeing or shopping trip, or schedule to see a show June 6 and let MWR take care of the transportation during the next MWR Bus Trip. The cost is \$48 per seat. The bus will depart the APG North (Aberdeen) recreation center at 7 a.m. and will return to APG at approximately 9 p.m., depending on traffic. The registration deadline is May 22. To reserve a seat, visit the Leisure Travel Services at the APG North (Aberdeen) recreation center.

CHILD & YOUTH SERVICES SAT PREPARATION CLASSES THROUGH APRIL 30

Get ready for the SATs with Sue Fassold, who works with students of all levels to prepare them for all areas of the SATs: Critical Reading, Math, and Writing. Online video chat small-group sessions offered in the Aberdeen Youth Center, Tech Lab. Winter Session: Every Thursday, March 26 - April 30 (SAT Test Date: May 2) The preparation class does not include the official exam. Each class is limited to five students per session. AGES: 14-18 years COST/FEE: \$225 (this includes the cost of the SAT Prep Book) For more information, contact Shirelle Womack at 410-278-4589 or shirelle.j.womack.naf@mail.mil.

SPORTS & RECREATION SPRING GOLF PRO SHOP SALE WHILE SUPPLIES LAST

All 2014 items at the Ruggles Golf Course Pro Shop will be sold at cost. Take advantage of this sale with huge savings on balls, gloves and sportswear. Ruggles is open 7 a.m. to dusk, seven days a week.

KAYAK CLASSES MAY-JUNE

APG Outdoor Recreation will host two-day kayak classes on the following dates:

- May 14 & 15
- May 28 & 29
- June 4 & 5
- June 11 & 12
- June 29 & 30

The first day of each session is instruction, the second day is an excursion. The two-day class is \$50 per person. Class begins at the APG Outdoor

Recreation Center, Bldg. 2184, at 6 p.m. and ends at dusk. For more information, or to register, contact the Outdoor Rec. Office at 410-278-4124.

BABYSITTING COURSE JUNE 29 - JULY 1 JULY 21 - 23

APG Child, Youth and School Services, in partnership with 4-H, will offer a class to familiarize participants with all the responsibilities of babysitting as well as becoming certified in CPR/First Aid. Students will receive a certificate of completion of the course as well as their CPR/First Aid cards. The course is two days in length, 9 a.m. to 3 p.m. each day. It will be held at Bldg. 2503, Highpoint Road, in the second floor conference room. This free course is open to youth ages 13 to 18. Registration is required. For more information, or to register, contact Shirelle Womack at 410-278-4589.

2015 SWIMMING POOL PASSES

MWR pools open Memorial Day weekend. Get ready for summer now and purchase your summer pool passes. Pool passes are on sale now at the Outdoor Recreation Center, Bldg. 2184, and the Leisure Travel offices at APG North (Aberdeen) and APG South (Edgewood) recreation centers. Passes can also be purchased at the Bayside Pool on APG South or the Olympic Pool on APG North during operating hours, starting Saturday, May 23. Pool pass prices:

- 30-day Individual Pass - \$35
- 30-day Family Pass - \$70
- Season Individual Pass - \$85
- Season Family Pass - \$175

Passes are valid May 23 to Sept. 7, 2015. Active duty service members and their families swim free. For more information, call 410-278-4124/5789 or email usag-mwr-outdoorrec@mail.mil.

GET GOLF READY ONGOING

Take part in this five-week course to learn the game of golf for only \$99 for the entire session. Space is limited. Call the golf shop for dates and times at 410-278-4794.

COMMUNITY RECREATION APG THEATER GROUP

AUDITIONS SATURDAYS

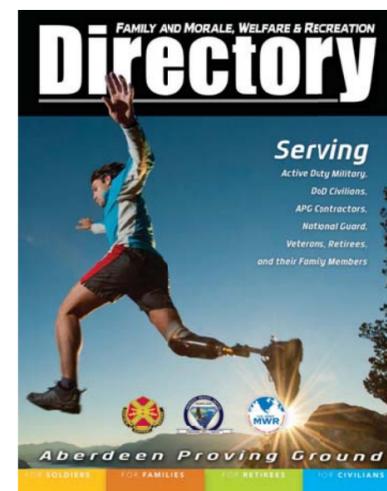
The APG Drama Group is hosting auditions for "Farewell to Vinnie," a murder mystery theater show. All experience levels (or no experience at all) are welcome. Positions needed include: stage and prop managers, production crew, lead roles and extras. All cast members must be able to commit to a mandatory rehearsal schedule. Performance is scheduled for May 21 at the APG North (Aberdeen) recreation center. For more information, call 410-278-4011.

ARMY COMMUNITY SERVICE CREATING A SOLID SPENDING PLAN

Make plans to attend this free class to learn how to balance your finances. This information can help you stay disciplined and organized financially, which is the first step to knowing your overall financial health. In this easy to follow one-hour class, whether employed or unemployed, you will get the information you need to create and maintain your personal financial goals. Class will be held on the following dates from 11:30 a.m. to 12:30 p.m. at Army Community Service, Bldg. 2503:

- Wednesday, June 17
- Wednesday, Sept. 9
- Wednesday, Nov. 18

Registration is required. To reserve a seat call ACS 410-278-9669/7572.



Learn more about APG MWR activities and services by going online at www.apgmwr.com and downloading the FMWR Directory.

APGMWR
APG Drama Group is hosting
AUDITIONS
for
"Farewell to Vinnie"
Murder Mystery Theater
AA Recreation Center Saturdays 9-11AM

Past talent? New talent? No talent?
All are Welcome!

Positions needed for Stage and Prop Managers, Production Crew, Lead Roles, Extras, speaking parts, Extras-non-speaking parts.

All cast members must be able to commit to a mandatory rehearsal schedule

Performance is May 21, 2015,
at the APG Recreation Center

For more information call 410-278-4011/3907

April 2015
Month of the Military Child
YOUNG LIVES, BIG STORIES
Contest

Share your story!
Share what it's like to be a Military Child through words and drawings for a chance to win great prizes!
Visit www.armymwr.com to enter and learn more.
#MOMC

YOUNG LIVES, BIG STORIES

The U.S. Army Family and Morale, Welfare and Recreation is hosting a "Young Lives, BIG Stories" drawing and writing contest for military children in honor of Month of the Military Child. Children have the chance to win prizes including an Apple Laptop, Xbox or Wii. All submissions should be related to the question: "What does it mean to you to be a military child?" Children ages 3-4, and in kindergarten through second grade are encouraged to submit drawings. Children in third through 12th grade must submit a written piece. All work must be original. Entries must be submitted by April 30. Visit www.armymwr.com/momc-big-stories for contest rules and the entry form.

Carpools, trains make for green commute

By **SYREETA GROSS**
APG Commuter Center

Check out these five facts about making your commute to APG less stressful, more affordable and eco-friendly.

1. APG has a commuter center to help Soldiers, federal employees and contractors find commuting alternatives to APG, such as vanpools, carpools and mass transit.

The Commuter Center is a contracted resource provided by the APG Garrison. Currently, there are more than 30 vanpools that commute to APG from as far as New Jersey and as close as White Marsh, Maryland.

The Commuter Center is located in the APG North (Aberdeen) recreation center, Bldg. 3326. It is staffed from 11 a.m. to 1 p.m., Tuesday through Thursday. For more information contact Syreeta Gross, syreeta.a.gross.ctr@mail.mil, 410-278-5491.

2. Active duty military members and federal civilian employees, including non-appropriated fund employees, are eligible to receive \$130 a month to commute to work.

The Army Mass Transportation Benefit program (MTBP) provides up to \$130 a month to cover commuting cost via vanpool, train or bus. On February 13, 2015, legislation was introduced to the U.S. House of Representatives that would raise the benefit to \$230 a month.

To use the program, employees must first apply with the APG MTBP program manager, Debbie Zellman. Contact Zellman at debra.l.zellman.civ@mail.mil or 410-278-2252. Contractors must check with their company's human resource manager for program availability.



3. Commuters can save money and help the environment by not commuting to work in single-occupancy vehicles.

According to the U.S. Environmental Protection Agency, there are more than 210 million vehicles on the highways. Carbon emissions from gasoline fueled vehicles contribute to poor air quality which can cause illnesses from breathing difficulties to cancer. Reducing the number of vehicles on the highway reduces

the amount of vehicle emissions.

Also, commuters who ride together save money on the cost of fuel, wear and tear on their vehicles and even stress by dividing driving responsibilities.

4. Commuters south of APG can use the MARC commuter train to commute to work.

Two trains arrive in morning to the Aberdeen train station, one at 6:06 a.m., MARC 554, and the second, MARC 502 at 7:44 a.m. In the evening two

trains depart, the first at 5:19 p.m., A85, and the second at 6:33, MARC 579 p.m. A vanpool provides the connection from the Aberdeen train station onto APG North.

There is currently no connection from the Edgewood train station onto APG South but the MARC trains do make stops in Edgewood. The A85, an AMTRAK train that honors monthly MARC train fares, does not stop in Edgewood. For a complete MARC Penn Line schedule, go to http://mta.maryland.gov/sites/default/files/Penn_Full_111714.pdf or grab a schedule from the Commuter Center and find out more about the vanpool last mile shuttle.

5. Guaranteed Ride Home (GRH) program is a free program provides free rides to commuters when an emergency happens.

Commuters are sometimes hesitant to use mass transit because they fear that they will not be able to get home in the case of an emergency or having to work late. However, if you carpool, vanpool, ride a bus, train, bike or walk to work at least twice a week, you are eligible for the GRH program.

In Maryland, the free program provides four free rides home if you are stranded because you have to work late or if you or a family is sick. In Delaware, the program provides five free rides that are reimbursed. To sign up in Maryland, go to www.commuterconnections.org/. To sign up in Delaware, visit www.ridesharedelaware.org or call 1-888-RIDE-MATCH. If you live in Adams, Berks, Cumberland, Dauphin, Franklin, Lancaster, Lebanon, Perry and York counties in Pennsylvania, call 1-866-579-RIDE to enroll.

Hands-free doesn't mean distraction-free

By **AMANDA ROMINIECKI**
APG News

Many people think using a hands-free device to talk on the phone while driving—whether it is an earpiece or through the car's stereo system—is a safer alternative to using a handheld device.

According to the National Safety Council, however, more than 30 studies have shown that using a hands-free system provides little to no safety benefit.

The AAA Foundation for Traffic Safety found that hands-free features in dashboards actually increase one's mental distraction level. The Texas A&M Transportation Institute reports that using voice-to-text is more distracting than physically typing texts while driving, but any form of texting more than doubles the length of your reaction time.

While talking on the phone or texting, it all comes down to the fact that your mind is distracted from the task of operating a 3,000+ pound vehicle hurtling down the roadway.

Think of it this way: people have been driving stick shift vehicles for decades just fine. Clearly, the issue is not about keeping two hands on the wheel, but more about keeping your mind on the

road. April is National Distracted Driving Month. Both the National Safety Council and the National Highway Transportation Safety Administration continue to urge drivers to put down the phone, turn off the distraction and keep your eyes and mind on the road.

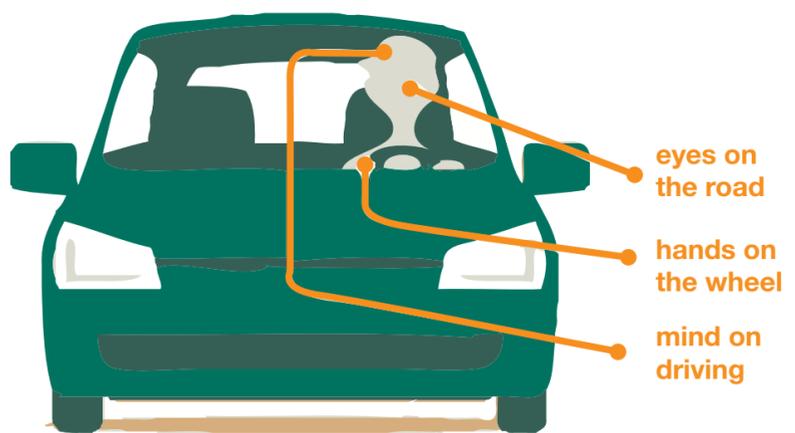
According to the NHTSA, at any given moment during daytime hours approximately 660,000 drivers are using cellphones or another electronic device while driving in the U.S. That number has grown steadily since 2010.

In 2013, more than 3,000 people were killed in car accidents involving distracted drivers and more than 420,000 were injured.

While many state laws allow for the use of hands-free devices, including Maryland, it is important to avoid the distractions of texting or talking on the phone all together. Take the pledge to drive distraction-free.

Follow these tips from the National Safety Council to avoid using your cellphone while driving:

- Turn off or silence your cellphone before driving.
- Pre-set the navigation system or



Graphic by National Safety Council

music playlist before driving.

- Keep your cellphone in the trunk or glove compartment to avoid temptation.
- Set special ringtones for important incoming calls to indicate you should pull over to take the call.
- Tell family, friends and coworkers not to call your text you when they know you're driving.
- Install an app on your phone that disables it while your vehicle is in

motion.

- Ask a passenger to answer your phone and say you'll call back when you get to your destination.
- Change your voicemail greeting to let people know you might be driving and you'll call them back when it is safe to do so.

For more information about the dangers of distracted driving, visit www.distraction.gov or www.nsc.org/cellfree.

CECOM Wellness Room opens

The CECOM Wellness Room officially opened April 16 during a ribbon cutting ceremony featuring APG Senior Commander Maj. Gen. Bruce T. Crawford, center, APG Army Wellness Center Director Chris Sorrells, left, and CECOM Wellness Room Coordinator Tiffany Grimes, right.

Once or twice a month an APG Wellness Center representative will visit the room to perform on-site metabolic testing, body composition assessments, and counseling of CECOM employees. The room will also be used by the CECOM Wellness Program for various wellness activities such as slim down weigh-ins, private health counseling by volunteer health professionals and screenings.

The CECOM Wellness Room is located on the C4ISR Campus in Bldg. 6001, room 222.



Photo by Kristopher Joseph

Troops destroy more than 75,000 pounds of explosives in New Mexico

By **WALTER T. HAM IV**
20th CBRNE Command

Soldiers, from two U.S. Army Explosive Ordnance Disposal, or EOD, companies, eliminated more than 75,000 pounds of explosives during operations in New Mexico over the past month.

The 734th EOD Company demolished 15,000 pounds of explosives at White Sands Missile Range, New Mexico, and the 741st EOD Company destroyed 60,000 pounds of ordnance at New Mexico Tech's Energetic Materials Research Testing Center in Socorro, New Mexico.

The EOD companies are assigned to the 20th Chemical, Biological, Radiological, Nuclear, Explosives, or CBRNE, Command, the only Defense Department formation that combats CBRNE threats throughout the globe.

Based on 19 posts in 16 states, 20th CBRNE Soldiers and civilians serve with joint, interagency and allied partners worldwide to combat threats ranging from weapons of mass destruction to improvised explosive devices, or IEDs.

Since the command was activated in 2004, 20th CBRNE EOD troops have defeated more than 50,000 IEDs in Iraq and Afghanistan.

As part of the 20th CBRNE Command's 71st EOD Group and 84th EOD Battalion, the two EOD companies cover more than 992,000 acres at Fort Bliss, Texas, and White Sands Missile Range, New Mexico.

Stationed on Fort Bliss, the companies also conduct defense support to civil authority missions with law enforcement agencies in New Mexico, Arizona and the nine western most counties of Texas.

"My teams were afforded the opportunity to practice disposal procedures on an array of missiles, rocket motors and warheads," said Capt. Nathan S. Vail, commander of the 734th EOD Company.

Vail said the mission on White Sands Missile Range gave his EOD technicians the chance to learn more about missiles and their components.

"We don't frequently deal with missiles at Fort Bliss beyond the occasional response to a misfired TOW [tube-launched, optically-tracked, wire-



(Left) Soldiers from the 741st Explosive Ordnance Disposal Company destroy ordnance at New Mexico Tech's Energetic Materials Research Testing Center in Socorro, New Mexico. An excess of ordnance items that had been tested on or were waiting to be tested on had degraded and became dangerous, requiring the safe destruction of those materials.

(Below) Soldiers from the 741st Explosive Ordnance Disposal Company destroy ordnance at New Mexico Tech's Energetic Materials Research Testing Center in Socorro, New Mexico; one of the nation's premier explosives development, research, and testing facilities.

Courtesy photos

guided] missile," said Vail, who served in Afghanistan. "The ordnance we trained with at White Sands Missile Range was much larger and the demolition procedures were more in depth."

Vail said that safety was the top priority for his five EOD teams involved in the mission.

"We typically deal with lesser quantities and much smaller items," Vail said. "The scale of the demolition training required a lot of coordination to ensure proper use of material handling equipment as well as safety precautions, such as fire and medical emergency services on standby."

Capt. Sean R. Ashby, operations officer for the 741st EOD Company, said the demolition mission at the Energetic Materials Research Testing Center came about by a call from the Navy's EOD Detachment in Dahlgren, Virginia.

Ashby called the Energetic Materials Research Testing Center one of the nation's premier explosives development, research, and testing facilities.

"There was an excess of ordnance items that had been tested on or were waiting to be tested," Ashby said. "Some items had been there for so long or had been experimented on multiple times that they became degraded and dangerous."

"We demolished 252 ordnance items," said Ashby, who has deployed to Afghanistan and conducted a Humanitarian Mine Action mission in



Tajikistan.

Ashby said the operation made his EOD Soldiers better by exposing them to a wide variety of explosives.

"Operations like this make our unit more combat effective by giving EOD Soldiers exposure to real-world, hands-on training on ordnance items that may be seen on the battlefield," Ashby said. "IEDs are dangerous but there are still plenty of ordnance items that can kill you if not handled properly."

"Not only do these operations give EOD Soldiers training on ordnance identification but they also give them

experience that they can later call upon for large-scale demolition operations," Ashby said.

Brig. Gen. JB Burton, commanding general of the 20th CBRNE Command, said the missions were another example of the real-world operations the Soldiers and civilians conduct throughout the globe daily.

"Our 20th CBRNE Command Soldiers and civilians not only support military operations around the world but they also safeguard the homeland from CBRNE threats," Burton said. "They are the absolute best at what they do."

BY THE NUMB#RS

National Donate Life Month

April is National Donate Life Month, encouraging Americans to register as organ, eye and tissue donors and celebrating those who have saved lives through the gift of donation.

121,000,000+

Registered organ, eye and tissue donors in the U.S.; approximately 50 percent of the population.

1,000,000+

Total tissue transplants performed each year. The surgical need for tissue has been steadily rising.

123,200+

People currently in need of a life-saving organ transplant.

50,000

Sight-restoring corneal transplant procedures performed each year.

150

Individuals who are added to the nation's organ transplant waiting list, on average, each day; about one every 10 minutes.

21

Number of people who die every day while waiting for an organ to become available.

By **RACHEL PONDER** APG News
Sources: <http://donatelifelife.net/ndlm/>



Have a great idea for a story?

Know about any interesting upcoming events?

Wish you saw more of your organization in the paper?

The APG News accepts story ideas and content you think the APG community should know about.

- Story ideas or content must be geared toward the greater APG community and cannot appear to endorse any private company.
- The deadline for content to appear in an upcoming issue of the APG News is the **Thursday PRIOR** to publication. The APG News cannot guarantee submissions received after the Thursday prior to publication will appear in the next issue of the paper.
- Send story ideas or pre-written content to amanda.r.rominiecki.civ@mail.mil or call 410-278-7274 for more information.
- Please note, the APG News editor reserves the right to (1) reject any content deemed inappropriate, irrelevant or against regulation, (2) delay the publication of submitted material if it is not timely and (3) edit or shorten content for space and style reasons without altering the meaning of the submission.



Like us on facebook

www.facebook.com/APGMD

Follow us on twitter

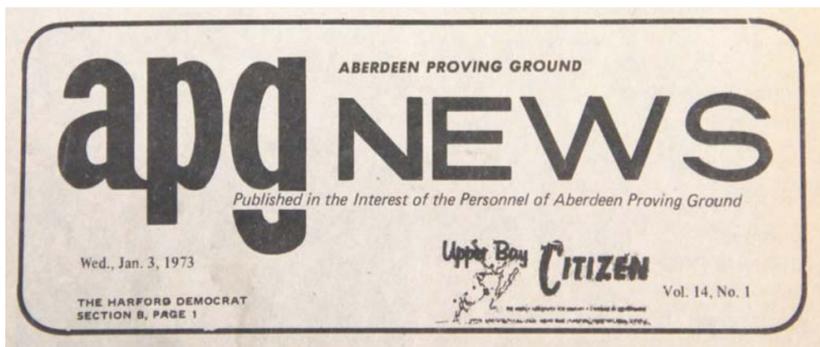
<https://twitter.com/USAGAPG>



Check us out on flickr

<http://www.flickr.com/photos/usagapg/>

THIS WEEK IN APG HISTORY



Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 1973.

By YVONNE JOHNSON, APG News

2015

10 Years Ago: April 21, 2005

(Right) Lt. Col. Richard B. Parker, right, commander of the 16th Ordnance Battalion, holds the Company G 16th guidon as battalion Command Sgt. Maj. William L. Hart rolls up the unit colors for casing during a deactivation ceremony signaling the end of the Individual Ready Reserve retraining mission.



(Below) Engineers inspect the Ton Container Cleanout system that earned the Aberdeen Chemical Agent Disposal Facility the Engineering Excellence Award from the American Council of Engineering Companies.



2010

2000

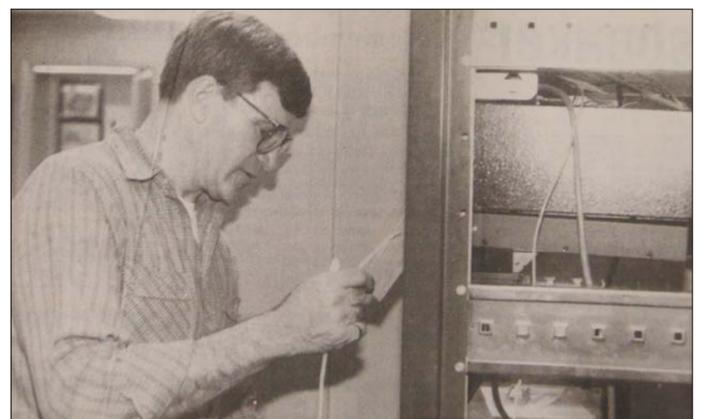
25 Years Ago: April 18, 1990

1990



(Left) Lt. Gen. Fred Hissong Jr., deputy commander for Materiel Readiness, U.S. Army Materiel Command, hugs his grandson Billy before his retirement ceremony at the APG recreation center.

(Below) A recipient of the U.S. Army Test and Evaluation Command Professional Award, Ed Simmons adjusts a control box for the post public address system.



1980

50 Years Ago: April 22, 1965

1970



(Left) Capt. James V. Wasson, right, is awarded the Bronze Star Medal by Maj. Gen. James W. Sutherland Jr., TECOM commander, for "outstanding meritorious service against a hostile force in Vietnam from April 1964 to March 1965.

(Right) Burn patient Anthony Dillon waves goodbye from his wheel chair in the physical therapy clinic at Kirk Army Hospital as his mother, Mrs. James F. Dillon, right, and Capt. Helen Jacobs, chief of physical therapy, left, look on. His father, Sgt. 1st Class James F. Dillon is with Special Forces in Vietnam.



1960

1950

Run, festival promote exercise, family fun

Continued from Page 1

ty to say how much we appreciate you and your families.”

During the event, volunteers stations along the route sprayed runners and walkers with colored cornstarch.

Family members and volunteers alike said they had a fun time.

Master Sgt. Alexandra Perez, of the 20th CBRNE Command, brought her 23-month-old daughter, Cecilia, along for the fun of it.

“It’s her first run,” Perez said. “I love it, I think [the 2K] is a good length for children. It’s an excellent event for families.”

Military veteran Jamie Turner participated with her daughter, Melody Turner, 6, and other friends.

“I loved it, it was great event for children and adults,” she said. “I liked that the event promoted exercise and got the whole family involved.”

Volunteer Corbyn Holt, 14, said he had a great time spraying participants with yellow cornstarch during the run.

“It’s absolutely enjoyable,” he said.

After the run, a festival was held on the grounds of the APG North (Aberdeen) youth center, featuring fun games and activities from more than 40 on- and off-post vendors.

The APG Performance Triad hosted a “Big Kid Boot Camp,” which included drill and ceremonies, a firing range with water balloons, a low crawl line and a physical fitness test.

Other festival highlights included a punt, pass and kick competition by the Child, Youth and School Services (CYSS) sports program, fire engine displays by the Directorate of Emergency Services, and a mini obstacle course from the Bayside Child Development Center.

Because April is also Alcohol Awareness Month, Cindy Scott and



(Left) Volunteer Terrell Hall, 16, blasts Korey Coley Jr., 14, with yellow cornstarch during the Month of the Military Child 2K Color Family Fun Run Festival hosted by Team APG April 18.

(Below) Freestate ChalleNGe Academy cadets celebrate the end of the run with leftover blue powder. The cadets served as volunteers during the event.



Jody Owens from the Army Substance Abuse Program handed out information about alcohol and substance abuse. Scott and Owens challenged attendees to walk a path while wearing goggles that simulate drunken impairment.

Other festivities included balloon art, face painting and an animal show by the Painted You entertainment company. The APG Community Spouses Club provided hair wraps and temporary tattoos, Kilby Cream gave out free

ice cream cones and the 20th CBRNE Command and the Maryland National Guard 29TH Combat Aviation Brigade distributed free hot dogs, chips and drinks.

Lead event organizer Stacie Umbarger, of CYSS, thanked all volunteers, who included members of the Sergeant Audie Murphy Club, Better Opportunities for Single Soldiers (BOSS), Freestate ChalleNGe Academy, and teen volunteers from the APG

North (Aberdeen) youth center and the Aberdeen Middle School Advancement Via Individual Determination (AVID) program.

“Without volunteers we wouldn’t be able to pull an event like this off,” Umbarger said.

Crawford said she was happy to see organizations working together to support military families.

“Teamwork makes APG strong,” she said.



COLORFUL FAMILY FUN AT MONTH OF THE MILITARY CHILD CELEBRATION

(Clockwise, from top left) Zaniyah Carter, 4, handles a rainbow boa at the Painted You animal show; Lilia Ordway, 3, participates in a mini obstacle course by the Bayside Child Development Center; Taylor Flagg, 9, holds an albino ferret; Orrin Jacobs, 3, pets a bearded dragon; Fun Run participants get showered with yellow dust; Friends hug in a cloud of dust near the end of the finish line.



At your service

Ruthza Rimpel, Education specialist

By **RACHEL PONDER**
APG News

As a Child, Youth and School Services (CYSS) education specialist, Ruthza Rimpel provides homework and education assistance to children who attend

the APG North (Aberdeen) youth center. In addition to helping children ages six through 13 with their homework, Rimpel also plans and leads “Power Hour” each Wednesday and Friday. During Power Hour, children participate

in fun, educational activities designed to reinforce learning.

Her goal, she said, is to plan lessons that will challenge the children and keep them engaged after school.

“We cover reading, math, science, history – all subjects,” she said. “The children love Power Hour, they ask about it every day. I really like my job; the kids are fun.”

Rimpel added that when students are in the homework lab, they are learning critical study skills that will prepare them for high school and beyond.

In addition to the homework lab and Power Hour, Rimpel occasionally assists with the SMART Girls program for girls, ages nine to 12. SMART stands for Skills, Mastery and Resis-

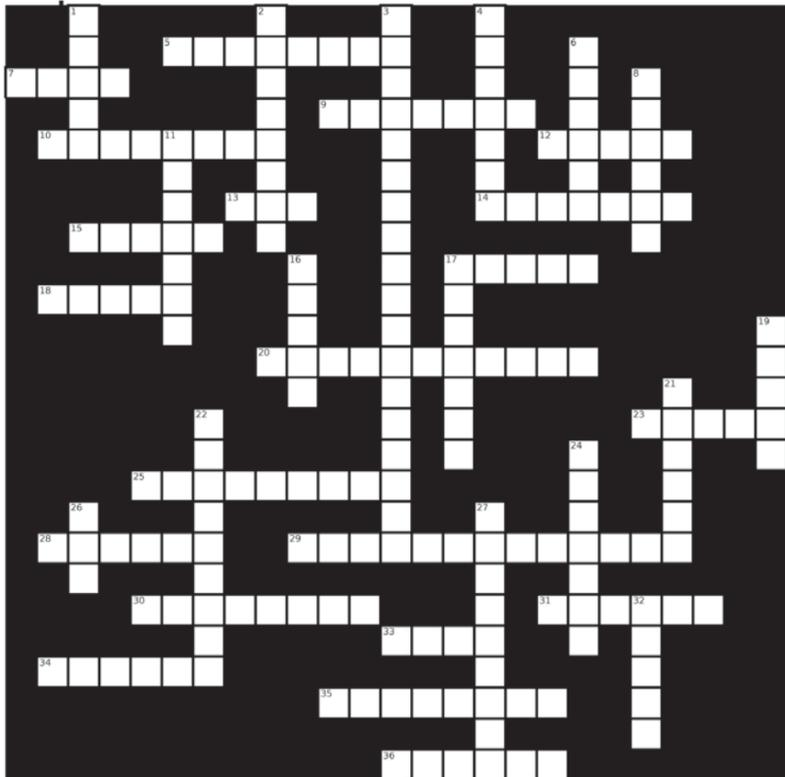
tance Training and is part of the Boys & Girls Club of America curriculum. The program teaches girls how to make positive choices.

Rimpel has served in this position for a year. Prior to coming to APG, she worked at a Fort Meade youth center for two years as a homework instructor. She also taught high school biology for six years.

Rimpel holds two bachelor’s degrees in psychology and biology and a master’s degree in business administration. She is currently pursuing a doctorate in education.

For more information about APG CYSS programs visit <http://www.apgmwr.com/child-youth-school-services/cyss-home> or call 410-278-7571.

The APG Crossword



By **STACY SMITH**, APG News

Baseball season is here once again! Challenge your knowledge of America’s favorite pastime by completing this puzzle.

Across

- 5. Pitcher Jim Bagby ended this player’s 56-game hitting streak.
- 7. In 1998, the Major Leagues saw Mark McGuire and Sammy _____ race to break Roger Maris’ long-standing home run record.
- 9. City that hosted the first Major League Baseball All-Star game.
- 10. Player Cal Hubbard is in both the baseball and _____ Hall of Fames.
- 12. In the mythology surrounding the Chicago Cubs, The Curse of the _____ Goat is supposedly responsible for the team not reaching the World Series

since 1945.

- 13. Player Earl Averill hit a line drive during the 1937 All-Star Game that broke this part of Dizzy Dean’s body.
- 14. Name for a batter who hits many extra-base hits.
- 15. Baseball players Robert Moses Grove, Vernon Gomez, and Steve Carlton are all known by this nickname.
- 17. Baseball announcer who was famous for his signature phrase, “Holy Cow!”
- 18. Number of record-setting Most Valuable player awards Barry Bonds has received.
- 20. This city in New York is the site of the National Baseball Hall of Fame and Museum.

23. Baseball great known for such colorful sayings as, “It ain’t over till it’s over.”

25. Type of pitch invented in 1863 by Brooklyn Excelsior William Cummings.

28. Casey Stengel hit the first World Series home run at this team’s stadium.

29. Considered the basis of the modern game of baseball, these rules were introduced in 1845; also a type of pant.

30. Won four American League batting titles in alternating years in the 1920’s; nicknamed “Slug.”

31. Oldest active ball park in Major League history.

33. Famous slugger who played for the Baltimore Orioles before joining the Boston Red Sox in 1914.

34. The first recorded argument between a baseball player and this official occurred in 1846.

35. Illegal baseball pitch in which the ball has been altered by the application of saliva, petroleum jelly, or some other foreign substance.

36. Former Oriole who broke Lou Gehrig’s record for playing the most consecutive games of baseball.

6. Shortstop Honus Wagner was known as “The _____ Dutchman” due to his exceptional speed and German heritage.

8. Only pitcher in Major League Baseball to win a World Series game in three different decades.

11. Player Ty Cobb holds the highest career _____ average of all time.

16. This team moved to D.C. to become the Washington Nationals in 2005.

17. Only player to ever hit 40 home runs and steal 40 bases in the same season.

19. Outfielder ‘replaced’ by Babe Ruth when he came to the Yankee’s in 1920.

21. Player with the highest number of votes ever garnered for an elected member of the Hall of Fame.

22. Before the introduction of cowhide in 1974, baseballs were wrapped in _____.

24. Baseball position Babe Ruth started his career playing.

26. Player George Brett was accused of using too much pine _____ on his bat in 1983, causing a game-winning home run to be nullified.

27. A pitch that nearly hits the batter.

32. Another name for a strike out.

Down

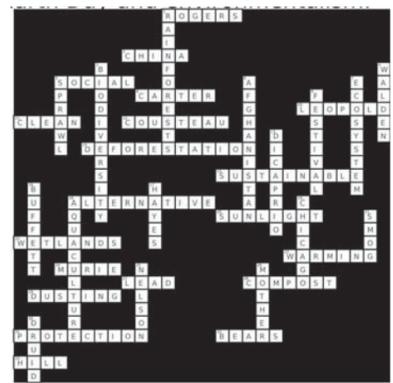
1. The Chicago White Sox hosted the infamous “_____ Demolition Night” promotional event in 1979, regarded as the culmination of a backlash against the music genre.

2. Deadball Era John McGraw was known as “Little _____” due to his dictatorial coaching methods.

3. Country that has contributed the most players to Major League Baseball outside of the United States.

4. Six days before the start of the 1947 season, this team called Jackie Robinson up to the Major Leagues.

Solution to the April 16 puzzle



WORD OF THE WEEK

Anachronism

Pronounced: uh-NAK-ruh-niz-uh m

Part of Speech: Noun

Definition:

- 1. the representation of something as existing or occurring at other than its proper time, esp. earlier
- 2. anything that is or seems to be out of its proper time in history

Related Forms:

- (Adjective) anachronistic or anachronous;
- (Adverb) anachronistically

Use:

- He is an anachronism from a past era, somehow transported to the present and mysteriously alive.
- Soon physical books will be completely replaced by e-books and will represent nothing more than an anachronism.
- One life is equal to another now, rank is an anachronism.
- Clearly that is a bit of anachronism that no longer fits any reality.

By **YVONNE JOHNSON**, APG News

Source: <http://websters.yourdictionary.com>; <http://dictionary.reference.com>

ACRONYM OF THE WEEK

CSS

Central Security Service (Fort Meade)

An agency of the Department of Defense, the Central Security Service (CSS) was established in 1972 to integrate the National Security Agency (NSA) and the Service Cryptologic Elements (SCE) of the armed forces in the field of signals intelligence, cryptology and information assurance at the tactical level.

Within the NSA and CSS partnership, senior military and civilian leaders to address and act on critical military-related issues in support of national and tactical intelligence objectives. CSS coordinates and develops policy and guidance on the Signals Intelligence and Information Assurance missions of NSA/CSS to ensure military integration.

By **YVONNE JOHNSON**, APG News
Source: www.nsa.gov; www.wikipedia.org



Carl, how popular is the APG Facebook page?

So popular, Fort Meade comes to us for updates



like us on facebook

www.facebook.com/APGMd





Courtesy photo

Ribbon-cutting marks opening of SHARP Resource Center

The APG Sexual Harassment Assault/Response and Prevention (SHARP) Resource Center officially opened its doors April 15 during a ribbon cutting ceremony at the Janet M. Barr Soldier Support Center, Bldg. 4305. The ribbon-cutting coincided with the 2nd Annual APG SHARP Summit which was held the same day. APG Senior Commander, Maj. Gen. Bruce T. Crawford presided over the ceremony.

Participants included, from left, Tracy Marshall, Installation SHARP Program Manager; Jyuji Hewitt, Deputy Director for the U.S. Army Research, Development and Engineering Command; City of Aberdeen Mayor Michael E. Bennett; APG Senior Command Sgt. Maj. William G. Bruns; Dianne Crawford; Maj. Gen. Crawford; Monique Ferrell, director, U.S. Army SHARP; Turhan E. Robinson, civilian aide to the Secretary of the Army; Maj. Gen. Peter D. Utley, U.S. Army Test and Evaluation Command; Brig. Gen. JB Burton, U.S. Army 20th CBRNE Command; Col. Gregory McClinton, APG Garrison Commander and (not pictured) Garrison Command Sgt. Maj. Jeffrey Adams.

SHARP summit targets mid-level leaders

Continued from Page 1

the Nation,” the summit was designed to feed off last year’s inaugural event and bring leaders together to continue the mission of raising understanding, exchanging ideas and sharing best practices.

Summit attendance was targeted at enlisted leaders from sergeant to command sergeant major, civilian leaders and supervisors in the GS-12 to GS-15 range and officers ranked between O-2 (first lieutenant) and O-6 (colonel). General officers, members of the senior executive service and other command sergeant majors were encouraged to attend.

The summit coincided with the ribbon-cutting opening of APG’s SHARP Resource Center, one of 12 in the entire Army, dedicated to providing a one-stop environment for any SHARP related matter.

Ms. Monique Ferrell, Director, Headquarters, Department of the Army SHARP Program Office, served as the key note speaker for the Summit. Also attending was Turhan Robinson, the Maryland Civilian Aide to the Secretary of the Army (CASA).

“I am an Army wife and an Army mother,” Ferrell stated. “I am very protective of my two soldiers and I share that same passionate concern for protecting all our soldiers, civilians and family members, no matter where they serve.

“I know Army leaders are committed to eliminating sexual harassment and sexual assault. Each one of us has an obligation to eliminate such behavior across the ranks. This is an important issue that threatens military and civilian alike.

“Army efforts to date have generated momentum to achieving ultimate success. And we must attain success. Sexual harassment and sexual assault is an insider threat to discipline and internal trust and therefore Army operations. Allowing such to exist affects all, down to the lowest levels.”

Ferrell also trumpeted the opening of APG’s SHARP Resource Center as an example of the Army’s serious intent. “The APG SHARP Resource Center puts APG at the forefront of combatting SHARP issues. As one of 12 pilot stations Army-wide, I know we will learn valuable lessons from the work being done here at APG.”

After the conclusion of Ferrell’s keynote address, the day evolved into panel discussions on various overarching SHARP issues. Dialogue was encouraged on each topic. The first panel was a “Leadership” panel and covered topics such as creating a professional work environment, accountability, retaliation via social media, the civilian-vs-military response and the benefits of a coordinated response. Participants on this panel included the panel lead Maj. Gen. Peter



Photo by Stacy Smith

20th CBRNE Command Sgt. Major Harold Dunn IV asks a question during the 2nd Annual APG SHARP Summit at the APG North (Aberdeen) recreation center April 15.

Utley, U.S. Army Test and Evaluation Command; Command Sgt. Maj. Harold Dunn, 20th Chemical, Biological,

Radiological, Nuclear and high-yield Explosives (CBRNE) Command; Mr. Carmen Spencer, Joint Program Executive Officer – Chemical and Biological Defense; and Maj. Gen. Linda Singh, The Adjutant General, state of Maryland.

The leadership panel was followed by a “Junior” Panel, manned by junior leaders on APG and designed to discuss challenges and topics that might be seen at lower levels in the ranks. These topics included Company-level SHARP programs, a SHARP Command climate, retaliation and bullying and accountability. Led by Capt. Sojung Yu, Headquarters and Headquarters Company, 22nd Chemical Battalion, CBRNE, the panel featured Capt. Tarik Jones, Joint Land Attack Cruise Missile Defense Elevated Netted Sensor System (JLENS) company commander; Pvt. Amber Shaw, 20th CBRNE; and civilians Andrea Tavers, U.S. Army Research, Development & Engineering Command, and Leah Badham of CECOM’s Logistics Readiness Center.

Shaw was likely the most junior member of any panel, but answered directly from her perspective when quizzed on what “leadership” means to her.

“What makes up a good command cli-

mate? Respect,” she answered without hesitation. “Respect fosters trust. Leadership should also guide and mold the soldier without overstepping the bounds of that authority. And there should be zero tolerance for those not adhering to such boundaries.”

She cited “building comradeship” as a key element in team and trust building.

“Comradeship is a best practice. It improves situations. Training scenarios can also be used to identify problems before they arise but training only annually may not be enough. Any instance of sexual harassment or sexual assault is devastating to the morale and affects both the accuser and the accused.”

After a midday break, the panels continued. Real-life issues were discussed in a “Survivor & Bystander” panel with a survivor telling their story and SHARP experience.

The fourth and final panel was staffed by subject matter experts and discussed what a SHARP investigative process/collaboration might look like, prosecution efforts, medical response(s), victim legal support and victim care (civilians). Experts from Kirk U.S. Army Hospital Clinic, the U.S. Army Criminal Investigative Division, Special Victims Prosecution and Council and the Harford County Community Outreach Program were members of that panel.

Crawford closed the day-long event by stating “Ten years from now, we will be facing this same threat if we don’t address it now. Twenty years. Thirty. It won’t go away unless we make it happen now. We must eliminate it now.

“But this is going to be a journey – a marathon – not a sprint. This effort will have to continue and we must have the perseverance to overcome. This is going to take everyone realizing we are clearly in this for the long haul.”

The summit is an ongoing opportunity for various leaders at multiple levels to make a real impact in changing the culture surrounding the response and support of victims of sexual offenses. Change must be coordinated across all levels of leadership and victims must know and be confident that leadership will take action if a crime is reported.

The Army continues to work with the Defense Department to implement prevention strategies across the Army and is actively communicating with other military service branches, the Secretary of Defense and Congress on this top Army priority.

Sexual assault remains the most underreported crime in the Army and in the nation. But raising awareness in discussions such as the SHARP Summit will go far in eradicating the issue on all levels.

Volunteers set 'tremendous example' for others

Continued from Page 1

Maj. Gen. Bruce T. Crawford, APG senior leader and commander of the U.S. Army Communications-Electronics Command, praised the volunteers for exhibiting selflessness toward others despite having other commitments.

Volunteers are "mothers, they're fathers, they're sisters, they're brothers, they're in school, they're doing many things, and yet they take time out to give to others," he said. "Thank you very much for what you're doing. You're setting a tremendous example for our youth. And you're giving back to this community."

Crawford, his wife, Dianne Crawford, CECOM Command Sgt. Maj. William G. Bruns, and his wife, Robin Bruns presented certificates and awards to honorees. ACS also recognized contributions made by APG Family Readiness Groups and the Freestate Challenge Academy.

APG Volunteers of the Year are Capt. Mary Hubbard, Ayesha Varnadore, Melinda Conway, Timothy Knox and Jordan Conway. Of the five winners from each category, Conway was named the overall APG Volunteer of the Year.

APG Volunteer of the Year & Family Member Volunteer of the Year Melinda Conway

Conway donated more than 1,500 hours in support of APG and surrounding off-post communities. She's been an active volunteer since her arrival at APG, concentrating her energies in Army Community Service (ACS), the post chapel, the Army Test and Evaluation Command (ATEC), and in local schools. She was responsible for setting up her unit's Family Readiness Group; she solicited family members to participate in the APG Holiday Gift Wrapping Program, and assisted program managers in virtually all aspects of ACS operations.

She served as the APG 2014 Angel Tree coordinator. More than 500 angels were distributed and gifts were provided to more than 200 families in need. She also contributed her time and talents to the Protestant Women of the Chapel and the APG Better Opportunities for Single Soldiers program. She served as the Aberdeen High School



Photo by Molly Blossie
Dianne Crawford, center, takes a moment to speak with Janiya White, 10, left and Jaya Coats, 9, during the social prior to the Volunteer of the Year event April, 16.

PTSA treasurer and helped stand up the Booster Club.

"I do it [volunteering] because I enjoy it" Conway said. She said her roles as a mom and a military spouse inspire her to volunteer, and that seeing her son, Jordan Conway, also win was an "amazing surprise."

Military Volunteer of the Year Capt. Mary Hubbard

Hubbard was recently reassigned to the U.S. Army Communication-Electronics Command (CECOM). She was previously assigned to the Edgewood Chemical Biological Center (ECBC) where she took an active role in STEM outreach with local school children and planned the 2014 STEM and Scouting event hosted at APG. She also served as an upper district Boy Scouts of America STEM local mentor. Hubbard volunteered to lead the APG Combined Federal Campaign, where her efforts were instrumental in the success of the program and the collection of more than \$400,000 dollars.

She encourages others to volunteer and is a strong advocate for outreach programs. "Volunteering was a way I could give

back to the community," Hubbard said. "As someone that's been injured overseas while deployed, I needed something to do to occupy my mind. Taking the time to do something for others made me feel better about my situation."

Civilian Volunteer of the Year Ayesha Varnadore

Varnadore represents Program Executive Office Command Control Communications-Tactical (PEO C3T). She revitalized the Army Community Spouses Club in 2014 and currently serves as president. She helped coordinate efforts to raise funds for school scholarships for APG community youth, and also volunteered her time to support locally-sponsored families in need during the holiday season, ensuring that PEO C3T could achieve its goals and provide each child with necessities, such as clothing, shoes and toys. She also helped build homes in support of Habitat for Humanity, completing her first home in 2014.

"I've always loved being part of a team and I also enjoy the gift of giving. Any time I can combine those two things, I am overjoyed," Varnadore said.

Retiree Volunteer of the Year Timothy Knox

Knox is recognized for his efforts in support of the Big Brothers and Big Sisters program and APG youth services. He's passionate about teaching children life skills, and serves as a youth mentor, instilling confidence and good decision-

making skills.

"I love it [volunteering]. I believe that we all should give back. We should take the time out to invest in the next generation," Knox said.

He said he stresses personal responsibility which encourages success in academics. Knox also coaches both football and baseball for installation youth services teams, where he emphasizes fun, fair play and sportsmanship.

Knox is the installation Alcohol and Drug Control Officer and director of the Army Substance Abuse Program (ASAP).

Youth Volunteer of the Year Jordan Conway

Conway is recognized for his willingness to support his parents' volunteering ventures in support of APG and its surrounding communities. He's credited with 170 hours of service to the Protestant Women of the Chapel, Mountain Christian Church, and Aberdeen High School PTSA.

"My dad's in the military; I'd like to be in the military, too. I just like to give back," Conway said.

Additionally, he donated numerous hours in support of the ACS program managers, assembling and moving furniture, hanging seasonal decorations, and assisting with the Angel Tree project.

2015 APG Volunteer of the Year Nominees

Military: 1st Sgt. Paul Cottrell; Master Sgt. George Hudson; Capt. Tamika Thornton; Sgt. Jason Shick

Civilian Employees: Jennifer Applegate; Rick Cozby; Andrew Eiler; T'Jaec Ellis; John Gillette; Danielle Kays; Marti King; Pete Leon Guerrero; Greg Mrozinski; Leslie Preyor; Dennis Teefy

Family members: Serenity Coats; Christa Feldi; Corrie Maas

Retirees: Larry Alejo; Benjamin Casole III; Ron Hayes

Youth: Gabrielle Anderson; Llandyn Armstead; Azaria Ballou; Anthony Chase; Gianna Dawson; Alexandria Eure; Dominic Francis; Claire Hageman; Hunter Lewis; Aida Miranda; Karisia Ocasio; Marc Vogelhut; Samuel Vogelhut; Jeremiah Vogelhut

APG Organizations: Kim Garman, FRG Leader, 1st Area Medical Laboratory; Letecia Mesngon, FRG Leader, Medical Research Institute of Chemical Defense; Jenn DeLongchamp, FRG Leader, 20th CBRNE Command; Rosalba Hillburn, FRG Leader, Alpha Battery, 3rd Air Defense Artillery (JLENS); Melinda Conway, FRG Leader, ATEC; Diana Davis, FRG Leader, 46th Chemical Company; Charles Rose, Director, Freestate Challenge Academy.

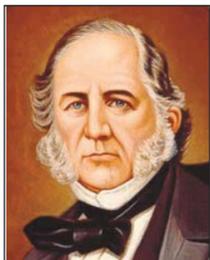
Did You Know?



Courtesy photo

Reenactors stage the Battle of San Jacinto at the Battleground State Historic Site near the San Jacinto Monument in La Porte, Texas, southeast of downtown Houston.

The Battle of San Jacinto that took place April 21, 1836, and became the decisive battle of the Texas Revolution that secured the independence of Texas from Mexico, lasted less than 20 minutes.



American Soldier and politician, Maj. Gen. Samuel "Sam" Houston, who would become the only person to be elected governor of two states, led the surprise Texian Army attack on Gen. Antonio Lopez de Santa Anna's Mexican Army. About 630 Mexican soldiers were killed and 730 captured, while only nine Texans died.

Houston, who signed the Texas Declaration of Independence March 2, 1836, organized recruits as the 1st Regiment Volunteer Army of Texas after the March 6 fall of the Alamo. In all he had about 1,500 raw recruits facing Santa Anna's far superior numbers.

While thought to be retreating, Houston's forces achieved a complete surprise on Santa Anna forces, which had split into three parts in hopes of surrounding Houston. The Texian Army snuck up on the relaxing Mexican soldiers, many of whom were taking siestas, nearly none of whom were expecting any form of attack.

Caught completely off guard by a surprise attack in broad daylight, most either surrendered or ran in retreat. Sadly, many of the attacking Americans, who were said to shout "Remember the Alamo" during the attack, slaughtered hundreds of the Mexican Soldiers, contrary to Houston's orders.

By most accounts the battle was over in just 18 minutes.

Santa Anna was captured the next day and held as a prisoner of war. As a condition of his release, he recognized the Republic of Texas and agreed to remove the Mexican army from the region, paving the way for the Republic of Texas to become an independent country.

Though its statehood was delayed due to its wishes to join the Union as a slave state, Texas became the 28th state in the United States of America in 1845. Fort Sam Houston in San Antonio, Texas is named in Houston's honor.

Yvonne Johnson, APG News

Source(s) www.wikipedia.org; www.history.com

Mission IMPROVable comedy show tonight

Continued from Page 1

audience members participate as co-agents, yelling out suggestions during the act's missions. On-the-spot audience participation makes each mission unique, its website said.

Mission IMPROVable was named the 2014 Readers Choice Comedy Act of

the Year by Campus Activities Magazine. The group was also named the 2013 Entertainers of the Year.

For more information, visit www.missionimprovable.com.

Check out more upcoming APG MWR events on page 10 or visit www.apgmwr.com.

APGMWR presents Comedy Night at the AA Recreation Center featuring

MISSION IMPROVable

Thursday April 23
Doors open 6PM Event begins 7PM
(Food available for purchase/Cash Bar)
Tickets: \$10 in advance \$15 at the door (if available)

Tickets on sale: www.apgmwr.com
For information contact LTO 410-278-4011/3931

APG SNAPSHOT

Take a peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.



Photo by Rachel Ponder

DES FIRE INSPECTOR READS TO CHILDREN

APG Directorate of Emergency Services Fire Inspector John Frank Jr. shows several toddlers the book, "The Gingerbread Man Loose on the Fire Truck" at the APG North (Aberdeen) Child Development Center April 17. Frank visited several classrooms to read books and answer questions about being a firefighter as part of the center's Month of the Military Child celebrations. At first, the children were more interested in Frank's uniform and badges than sitting for story time.



Photos by Stacy Smith

CHILDREN CREATE CARDS FOR WOUNDED WARRIORS

(Above, left) Austin Witt, 5, excitedly makes a card for a Wounded Warrior at the Bayside Child Development Center April 16. (Above right) From left, Brooklyn Knight, Caleb Gatto, Austin Witt and Charles O'Connor get in touch with their artistic sides while creating greeting cards for Wounded Warriors.

APG SOLDIERS, LOCAL STUDENTS CELEBRATE READ ACROSS AMERICA

Pvt. Syndi Kloczkowski, Kirk U.S. Army Health Clinic, reads to students at Roye-Williams Elementary School in Havre de Grace as part of the school's Read Across America initiative. The event was rescheduled to April, in celebration of Month of the Military Child, after the initial event was canceled due to a snow storm that closed schools on Read Across America Day March 2.

Photo by Molly Blossie

