



APG NEWS

Published in the interest of the people of Aberdeen Proving Ground, Maryland

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ACC battalion heads to Kuwait



Soldiers from the Army Contracting Command's 926th Contingency Contracting Battalion salute as the national anthem is played during the unit's deployment ceremony at the Ball Conference Center on APG North (Aberdeen) Nov. 6.

Story and photo by **STACY SMITH**
APG News

The Army Contracting Command's 926th Contingency Contracting Battalion bid farewell to fellow Soldiers, Family and friends during a deployment ceremony

at the Ball Conference Center on APG North (Aberdeen) Nov. 6.

The ceremony honored 13 Soldiers commanded by Lt. Col. Derek Draper who will be the vanguard of an additional group assembled from across the ACC to join Operation Enduring Freedom in support of the Contingency Contracting Administration Mission Kuwait.

The occasion marked "the first military contracting battalion in the history of the U.S. Army to deploy a battalion headquarters and assume a mission in a foreign coun-

See ACC, page 14

DPW to construct new energy plant

By **STACY SMITH**
APG News

The U.S. Department of Energy (DoE) has awarded the garrison's Directorate of Public Works a grant to fund the construction of a new energy plant on APG South (Edgewood).

The plant will install combined heat and power (CHP) technology to replace the Harford County Waste to Energy Plant's municipal solid waste burning facility in 2016. The facility currently burns waste to create steam that generates APG's heat, hot water, and humidity controls.

The grant, valued at more than half a million dollars was awarded through the Federal Energy Management Program's Assisting Federal Facilities with Energy Conservation Technologies funding opportunity.

CHP technology is "the con-

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THE NUMBERS

CHP technology with have a 24 percent increase in efficiency over the current power source.

New SMA to assume office

By **LISA FERDINANDO**
ARNews

The senior enlisted adviser of the U.S. Army Training and Doctrine Command has been selected to be the next sergeant major of the Army.

Secretary of the Army John McHugh and Chief of Staff of the Army Gen. Ray Odierno announced Nov. 3 that Command Sgt. Maj. Daniel A. Dailey will be the 15th sergeant major of the Army. He will assume the Army's highest enlisted office after Sgt. Maj. of the Army Raymond F. Chandler III retires, at the end of January.

See TRADOC, page 14

Command Sgt. Maj. Daniel A. Dailey, currently TRADOC senior enlisted adviser, will be the 15th sergeant major of the Army. He will assume the Army's highest enlisted office after Sgt. Maj. of the Army Raymond F. Chandler III retires at the end of January.

Photo by Defense Media Activity



ATEC fair provides health guidance



Story and photo by **YVONNE JOHNSON**
APG News

Concerned about your blood pressure or blood sugar? How about those pesky moles on your back? And isn't it time you got serious about exercise?

These and a host of other health concerns were addressed during the U.S. Army Test and Evaluation Command health fair Nov. 6.

A multitude of vendor displays greeted ATEC and Army Evaluation Center employees, many of whom started the day with a 5K fun run. Vendors included pharmacists, dieticians, and massage therapists, as well as financial counselors and health care providers.

See HEALTH, page 12

ATEC Plans and Program Specialist Bryan Shinholt, right, gets a flu shot from Kirk U.S. Army Health Clinic Pfc. Chasity Magann during the ATEC health fair Nov. 6.

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ICE system
http://ice.disa.mil/
Facebook, http://on.fb.me/HzQlow

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WEATHER

Thursday

Mostly Sunny
chance of rain 0%



51° | 30°

More inside

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New 'Veterans Corner' **PAGE 7**

STREET TALK

How do you celebrate Veterans Day?

I served in the military for 21 years. I will attend the Veterans Day ceremony on post to honor those who fought for our freedom and to honor those who are currently serving.



Ken Anderson
PEO C3T

My husband serves on APG. We usually go to a restaurant that supports service members and veterans by giving them a free meal on Veterans Day.



Leanne O'Dell
Military spouse

I am a veteran; I celebrate Veterans Day by calling and texting my friends and Family who have served.



Doug Bailly
CECOM

I usually go to a Veterans Day ceremony, but this year I will be working. It is important to show your support to the military every day. It means a lot to Soldiers when they know people appreciate their service.



Marvin Turner
DOD contractor

Both of my grandfathers served in the military. My Family brings flowers to their grave sites on Veterans Day.



Chelsea Nori
Lunch Box employee

Commander's Corner

Native American Heritage Month

“Native Pride and Spirit: Yesterday, Today and Forever”

By **MAJ. GEN. BRUCE T. CRAWFORD**
APG Senior Commander

Since the birth of America, Native Americans have contributed immeasurably to our country and our heritage.

We are honored to recognize the outstanding contributions Native Americans have made to our Nation and our Army. Thousands have served in the Armed Forces from the early days of the Revolutionary War through today. The multitude of cultures across our landscape has helped shape our Nation. We recognize their rich heritage and honor their spirit and true devotion to our country.

Throughout our Army's past, Native Americans have been recognized for their adept skills and knowledge of this land. Through the years, they courageously worked with the early U.S. Cavalry as scouts, in World War II as Code Talkers, and in every conflict making the ultimate sacrifice for our freedom. To this day, 24 Native Americans have earned the Medal of Honor for their courage and devotion to our Nation.

Beyond the military, Native Americans have contributed to our way of life in nearly every facet imaginable. Uses for medicinal discoveries, mathematics, and even our federated representative democracy are based in part on Native American tribal leagues.



We are proud of the lasting contributions Native Americans continue to make as Soldiers, civilians, veterans and Family members in our profession that will benefit our Army for many years to come.

We are proud of the lasting contributions Native Americans continue to make as Soldiers, civilians, veterans and family members in our profession that will benefit our Army for many years to come. This month of November we express our appreciation and gratitude for the first Americans whose indelible spirit and culture make them one of our national treasures.
APG Strong, Army Strong!

Autumn safety for the entire Family

By **RON KRAVITZ**
Installation Safety Division

Autumn brings one of the most beautiful times of the year with colorful leaves and pumpkins littering the ground. The season also brings up safety issues for the entire Family. Prepare for the changing weather of the fall to ensure that your Family is happy and healthy the whole season long.



Courtesy photo

ing if it goes outside of the burning area. Children need to understand the basics of fire safety if they are outdoors during this time.

Child Safety

A pile full of leaves gives kids a way to enjoy fall, but the leaves also present a safety concern. Piling leaves on the street invites children to play near traffic, leaving them at risk for getting hit by cars. Drivers might not realize children are present if they are covered by a pile of leaves on the

Driving Safety

Fallen leaves on roadways might become slick, especially after rain. Use caution when driving and braking on leaf-covered roads. The bright sun glaring into your windshield makes it difficult to see during fall driving. Wear sunglasses to minimize the glare and slow down if you cannot see well. Also, expect morning frost or dew on vehicle windows and roadways in the fall.

Weather Safety

When hiking or camping, be aware of quickly-changing weather conditions, especially during late fall. Mountain hiking can be particularly dangerous because of the potential for colder temperatures, ice and snow in higher elevations. Take plenty of warm clothing and blankets on camping trips.

Home Safety

Some homeowners burn leaves or have bonfires in the backyard during the fall months. Avoid burning on windy, dry days. A water source nearby helps prevent the fire from spread-

street. Keep leaves in the yard and put rakes away when you are finished to prevent injuries.

Nature Safety

Think safety especially when hiking in areas where hunting is allowed. Hiking outdoors near hunting grounds leaves you at risk for being mistaken for an animal. Brightly colored clothing helps hunters distinguish you from animals. Calling out to hunters to identify your location or simply avoiding areas that allow hunting also keep you safe.

Heating Safety

Mid-fall is the start of the carbon monoxide (CO) season. This is when we start firing up furnaces, wood burners, space heaters and the like. When we button up our homes, shops and garages to keep out drafts, we also seal in carbon monoxide, a silent and odorless killer. To reduce the risk of CO poisoning in your home or shop, conduct a pre-winter inspection of common CO sources, such as furnaces, fireplaces, and gas-fired appliances.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); or OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Please contact Sue Campbell at 410-306-0266 or sue.a.campbell.civ@mail.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

Alba, Audrey	Gaddis, Lonnie	Palm, Natalie
Ashby, Patricia	Garrett, Jeanetta	Rapp, Debra
Barnes, Jennifer	Goetze, Nicole	Robinson, Jennifer
Basi, Kelly	Grimsley, Sylvia	Rodgers, Christopher
Benysek, Lee	Henderson, James	Rodriguez, Pedro
Budzinski, David	James-Stewart, Sonya	Silva, Christopher
Cannon, Marcy	Kennedy, Sandra	Smith, Brenda
Clark, Lyra	King, Martha	Smith, Sonia
Cropps, Elizabeth	Lloyd-Simpson, Tygar	Snodgrass, Deanne
Doran, Kemi	Martino, Rose	Woolfolk, Shawnda
Dunston, Samuel	McCauley, Adrienne	Wyatt, Darlene
Eberhardt, Joanne	McDonald, Scheree	
Fedorisko, Christine	McIntire, Melinda	

APG SEVEN DAY FORECAST



APG NEWS

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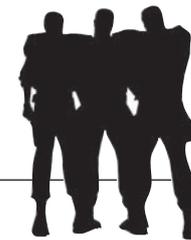
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MEMORIES OF 'NAM



Dustoff pilot recalls medevac missions

By **YVONNE JOHNSON**

APG News

Wally Mueller likes to say that veterans are victors, not victims. The Vietnam War veteran was the guest speaker at the Garrison's Veterans Day program Nov. 12.



Mueller

A native of Guttenberg, New Jersey, Mueller graduated from John Carroll University in Ohio in 1964 and received his commission in the Medical Service Corps. He attended Officer Basic Course at Fort Bragg, North Carolina and a Medical Aviator Course at Fort Sam Houston, Texas where he officially became a "Dustoff" pilot. While there, he met the company commander of the 498th Medical Company (Air Ambulance) who had Mueller assigned to his unit.

Mueller arrived in 'Nam in July of 1966 and served to July the following year, surprising his family with a visit home on the Fourth of July.

"I didn't have a chance to write and tell everybody I was coming home," he said. "I walked into the back yard. The whole family was preparing for the celebration. The first thing I told my mother was, 'Mom, I didn't kill anybody.'"

In fact, a Vietnamese baby was born on his helicopter, he added.

Mueller flew A-Model UH-1H (Huey) helicopters that were outfitted especially for Vietnam.

"They were different from the Korean War Hueys," he said. "The A model was designed for Medevac. You could actually stack three Army litters in one."

He said the standard Dustoff crew consisted of a pilot, crew chief and medic. Sometimes they'd get an Infantry Soldier volunteer to "watch out the window on our blind side when the medic

was busy working on patients."

"The toughest part about being a Dustoff pilot was deciding who gets Medevac'd and who doesn't," Mueller said.

He recalled one mission when 22 "urgents" were in need of evacuation. "I could only handle five of them," he said.

Luckily, he observed a much larger Chinook helicopter heading "up the coast." He radioed the pilot and requested assistance.

"The first thing he asked me was, 'Is it hot?' meaning were we under fire," Mueller said. "It wasn't and between me and the Chinook we got them all out."

Mueller said Dustoff crews kept the weapons that were accidentally left on their aircraft and he typically carried a .38 handgun, an M79 grenade launcher and an M2 carbine with extra banana clips [magazines] on him at all times.

"Whenever I walked down the street I got wild looks," he said. "But in case you got shot down you wanted to have a little something extra to defend yourself with."

Mueller harbors fond memories of his Dustoff missions as well as the Soldiers he served with.

"Camaraderie was tight," he said. "We were saving lives and it was a rewarding feeling. We got to the point where we just let the medics do their jobs. We didn't look back there; we just concentrated on getting out safely. And the appreciation of the Soldiers was incredible."

He recalled once running into a fellow Vietnam veteran and telling him he served as a Dustoff pilot.

"The guy stopped talking and just hugged me and cried and told me 'I'm only alive today because one of you came and got me,'" he said.

Mueller remained in the Army long enough to become an instructor pilot but left the service after receiving orders to return to 'Nam in 1969. He had married by then and his wife was pregnant.

"I got out and entered the business



Courtesy Photo

This UH-1 Iroquois is similar to the workhorse helicopters used in Dustoff Medevac units like Wally Mueller's 498th Medical Company (Air Ambulance) during the Vietnam War.

world," he said.

His wife of 47 years was an American Airlines stewardess when they met and his first job was as a food service manager with American Airlines in Nashville, Tennessee. He stayed there for four years, and then applied for a position at Edgewood with the Maryland National Guard. From 1989 to 2001, he served as the 29th Aviation Brigade property and fiscal officer and was set to retire after 37 years of service when 9/11 happened. He then was tasked to serve as the deputy director of the Maryland Emergency Management Agency in Reisterstown. Mueller retired in 2006 after 42 years of service.

Today, Mueller is an active member of American Legion Post 39 in Bel Air as well as Vietnam Veterans of America Chapter 588. He said he doesn't think about 'Nam much except when he sees something about it on TV.

"I'll always remember but I don't dwell on it," he said. "I know how the country came to view the war but I take pride in my service. I feel positive because I know I was doing something good.

"That's the message I want to bring

to people. Not every vet is some poor homeless guy. A lot of us came home and resumed normal lives and some are very successful. That's the value of belonging to Veteran Service Organizations. Guys come in and talk and all we do is listen. That's the bond that comes from shared experiences and it's even stronger for combat vets.

"Whether you served on a ship, in the air or on the ground, you know what it feels like," he said.

Mueller attends Veterans and Memorial Day programs every year, mostly to be in the company of fellow veterans, regardless of when they served.

"I want to tell people that yes, there are veterans who need help but for every one, there are 10 who are doing just fine. As service members, we were trained to work as a team, overcome obstacles, think outside the box and accomplish the mission," he said.

He added that combat veterans share an unspoken understanding that they are the ambassadors of the nation's conflicts.

"We survived," he said, "and we know we've got to go on for our country."

AMSAA hosts students at Conowingo Dam

AMSAA

Students participating in the Army Materiel Systems Analysis Activity mentoring program visited Conowingo Dam Oct. 23 as part of several activities planned for the first half of the 2014-2015 school year.

The AMSAA mentorship program works with local seventh and eighth grade students from Aberdeen Middle School to encourage them to pursue careers in science, technology, engineering or mathematics, known as STEM.

“Each AMSAA team member successfully juggles this additional commitment [and they are] enthusiastic and honored to support the overall mentoring initiative and to be given the opportunity to make a positive difference in students’ lives,” said Rachel Kozlowski, who leads the AMSAA mentorship program.

Through the program, mentors explore the ways students could change the world through a career in STEM as well as highlight how the scientific work at AMSAA benefits the Soldier, Kozlowski said.

During the visit to the Conowingo Dam on the Susquehanna River, between Maryland’s Harford and Cecil counties, the students toured the facility that highlighted the dam’s impressive structural design, hydroelectric power generation and emergency reserve capabilities.

In September, the mentorship program kicked off the school year with team building activities as well as math shortcut exercises, games and applications that demonstrated that math can be fun.

AMSAA mentors paired with 5-7 students and taught math shortcut exercises, games, and applications and facilitated the problem set-up and execution.

“Students enjoyed the activities, which reinforced that math can be fun and applicable to AMSAA’s support to the Soldiers,” Kozlowski said.

According to Kozlowski, the AMSAA mentoring program has numerous activities planned for the remainder of the



Courtesy photo

During a visit to the Conowingo Dam on the Susquehanna River Oct. 23, seventh and eighth grade students from Aberdeen Middle School participating in the AMSAA mentoring program learn how the dam generates hydroelectric power.

calendar year, including guest speaker Col. Mark Lukens, AMSAA’s military deputy and chief of staff, in November and a trip to Washington, D.C. to tour the Pentagon in December.

In January, mentors will facilitate a marshmallow challenge activity where students build a structure with spaghetti and tape to support at least one marshmallow. Students will be judged based on the structure height and the number of marshmallows supported.

“In the process, students will encounter some engineering challeng-

es, including faulty assumptions that marshmallows appear lighter than they truly are,” Kozlowski said.

Mentors will host a guest speaker from the National Security Agency (NSA) in February, who will talk about about cryptography to show them an example of a career that applies mathematics.

In March, a second engineering challenge will involve building a free-standing structure to catch eggs dropped from varying heights. Students will learn how to decelerate the egg with-

in the structure to keep the egg intact while landing

Students and mentors will travel to the Aberdeen Test Center at APG in April to visit the Munson Test Area, a moving target simulator and a robotics demonstration. The program will wrap up with a guest speaker visit to the Edgewood Chemical Biological Center in May.

For more information about the AMSAA mentorship program, contact Rachel Kozlowski at 410-278-2724 or rachel.l.kozlowski.civ@mail.mil.



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www.facebook.com/APGMd



Partnership to aid local job seekers

By **AMANDA ROMINIECKI**

APG News

Signifying a committed, ongoing partnership to help local job-seekers find employment, a memorandum of understanding was signed by Aberdeen Proving Ground and the Susquehanna Workforce Network Oct. 29.

On behalf of APG Army Community Service, Garrison Commander Col. Gregory McClinton and SWN Executive Director Bruce England signed the memorandum during a short ceremony on APG North (Aberdeen).

McClinton spoke of APG's commitment to a positive relationship with the local communities including exploring ways to find and publicize job opportunities within the community. He also spoke about ensuring the installation's gate doesn't serve as a barrier between APG and the greater community.

According to Marilyn Howard, ACS Employment Readiness Program manager, the memorandum was the result of several years of hard work and building relationships within the community and with SWN.

"It's really a win-win for all of us," Howard said. "It will help job seekers



Photo by Amanda Rominiecki

Garrison Commander Col. Gregory McClinton (right) signs a memorandum of understanding with Susquehanna Workforce Network Executive Director Bruce England Oct. 29, as Army Community Service Employment Readiness Program Manager Marilyn Howard looks on. The memorandum signifies a partnership between APG ACS and SWN to help local job seekers find employment.

make informed decisions and know what resources are out there."

Through this partnership, SWN will

provide workshops, referrals and other services to job seekers, in particular Family members of military and civilian personnel

at APG. This includes workshops geared toward learning how to apply for federal employment.

"The memorandum serves as formal recognition of a longstanding relationship between Aberdeen Proving Ground and the Susquehanna Workforce Network," England said.

"It provides an opportunity for us to reach the military, the spouses and the entire community on APG and connect them to workforce services and employment beyond the proving ground. It also gives us ongoing access to the experts on APG so we can understand the future workforce needs of the proving ground and their related contractors."

ACS will work as a conduit to connect job seekers within the APG community to SWN, provide support to community job fairs and communicate the installation's workforce needs to the community.

For more information about the ACS Employment Readiness Program, contact Marilyn Howard at maryilyn.e.howard.civ@mail.mil. For more information about the Susquehanna Workforce Network, visit www.SWNnetwork.org or call 410-939-4240.

Ban together, join Great American Smokeout

By **WENDY LAROCHE**

Public Health Command

The Great American Smokeout is an opportunity for smokers to ban together and quit smoking for 24 hours.

On Thursday, Nov. 20, service members across the nation, and those right here on APG, are asked to quit smoking and protect Family, friends, children and pets from the harmful effects of secondhand smoke – commit to quit, for yourself and your Family.

Recently, electronic cigarettes have become alarmingly popular among young and new smokers as a "safe" alternative to traditional cigarettes, but there is no extensive research to back up that claim.

According to a study by the Food and Drug Administration, analyzed samples of two of the most popular brands of e-cigarettes were found to contain traces of toxic chemicals, including known cancer-causing substances. This information prompted the agency to release a warning about the

potential health risks of e-cigarettes.

There is the also the monetary cost associated with smoking. Not taking into account long-term medical costs, if you smoke a pack a day and quit today, you would save more than \$36,000 over the course of the next 10 years. That money could be better spent toward a new car, a down payment on a house, or a college fund for your son or daughter.

While most service members know the health risks and monetary costs associated with smoking, many don't stop to remember the significant risks smoking poses to others. Secondhand smoke contains more than 250 chemicals that are harmful to anyone exposed, leading to serious health risks.

According to Army Regulation 600-63, smoking is only permitted in designated smoking areas, which must be at least 50 feet from any entrance to a building. This protects others at work from unwanted secondhand smoke, but what about your Family at home?

Secondhand smoke is especially harm-

ful to young children, who are still developing, growing and learning.

Each year, secondhand smoke is responsible for between 150,000 and 300,000 lower respiratory infections in infants and children under 18-months-old. Pregnant women, who are exposed to secondhand smoke are more likely to have low-birth weight babies and children are at increased risk for sudden infant death syndrome (SIDS).

It's not just the humans in a household that are affected by secondhand smoke, pets have an increased risk of developing lung and nasal cancer. Both cats and dogs are more susceptible to allergy and respiratory problems in smoking households.

There is also conflicting research about the claim that e-cigarettes eliminate secondhand smoke. Vapors exhaled by someone using an e-cigarette contain nicotine, ultra-fine particles and other toxins that can be just as dangerous to individuals nearby.

The easiest way to reduce the harm of

secondhand smoke to loved ones is to quit tobacco. It's not easy to quit, but there are resources available to help you – if you simply ask for them.

Commit to quit – join the movement of the Great American Smokeout on Thursday, Nov. 20 to quit smoking for 24 hours. In preparation to go smoke-free, visit www.UCanQuit2.org for quitting resources, tobacco cessation information and live support.

Healthy Living

Healthy Living is a recurring feature in the APG News. It addresses health topics that matter most to our readers. To view more health topics and the Community Health Promotion Council calendar of events, visit the APG homepage www.TeamAPG.com To suggest health-related topics for the Health Living series, email amanda.r.rominiecki.civ@mail.mil

EFMP provides resources to Families with special needs

By **AMANDA ROMINIECKI**
APG News

Keeping up with schoolwork and grades can be a daunting task for any student. For Families with a special needs child, ensuring he or she has access to a proper education and all available resources can be even more daunting.

The APG Exceptional Family Member Program provides services to both military and civilian special needs Families within the APG community who seek assistance with their child's education plan.

According to Nancy Goucher, EFMP program manager, information about community resources, Special Needs Accommodation Process (SNAP) assistance for children in Child, Youth, and School Services (CYSS), housing advocacy and special education consultations are available to any special needs Family at APG.

Included in these resources is information about ensuring a student with disabilities has the proper education program to put them on a path toward achievement.

"Grades are important and it can be very upsetting when a student with disabilities brings home low grades consistently, especially when they put forth their best effort," Goucher said. "The impact low grades may have on a stu-

dent's self-esteem and motivation can be detrimental."

Individual Education Programs (IEP) are official documents that describe the education plan designed to meet the unique needs of one child with a disability while providing Free Appropriate Public Education (FAPE). Mandated by The Individuals with Disabilities Education Act (IDEA 2004), IEPs must be developed in conjunction with, agreed upon and upheld by the student's school, Goucher said.

"These IEPs are adapted to meet a student's individual needs to really make sure the student's academic performance is progressing, and that this progress is properly recognized," Goucher said.

If a student isn't meeting their IEP, it needs to be revisited to determine whether revisions are necessary to help the student succeed, Goucher said.

APG's EFMP program has a variety of resources available for APG Families related to IEPs and special education programs, as well as consultation services.



Exceptional Service

"In addition to the consultation services we provide, EFMP has a resource library of books and countless websites that we can help Families navigate to find answers to any questions they might have about their child's education," Goucher said.

EFMP resource library

- "Special Education Law" by Pam & Pete Wright
- "From Emotions to Advocacy, the Special Education Survival Guide" by Pam and Pete Wright
- "Autism: Asserting Your Child's Right to a Special Educational Education" by David A. Sherman, Special Education Attorney
- "ADHD: 102 Practical Strategies for 'Reducing the Deficit'" by Kim Frank and Susan Smith-Rex

Recommended websites

- Grading Students with Educational Disabilities <http://www.bridges4kids.org/articles/2003/5-03/Eggert9-01.html>
- U.S. Department of Education's IEP Guide <http://www2.ed.gov/parents/>

needs/speced/iepguide/index.html#after

▪ ED.GOV: Building the Legacy: IDEA 2004 <http://idea.ed.gov/explore/view/p/%2Croot%2Cregs%2C300%2CD%2C300%252E320%2C>

▪ 10 Tips: How to Use IDEA 2004 to Improve Your Child's Special Education <http://www.wrightslaw.com/idea/art/10.tips.steedman.htm>

▪ Maryland Department of Special Education: Publications and Information See: Maryland Accommodations Manual http://www.marylandpublicschools.org/MSDE/divisions/earlyinterv/Special_Ed_Info.html

▪ The Blame Game: Are School Problems the Kid's Fault? <http://www.wrightslaw.com/advoc/articles/ALESSI1.html>

With a mission to assist military personnel and DOD civilians with Family members who have physical, emotional, developmental or intellectual needs who require special treatment, therapy, education, training and equipment or building modifications, the APG EFMP office is available to any individual who seeks assistance.

The EFMP office is located on APG North (Aberdeen), Bldg. 2503. Services and resources are available to all active duty Families, retirees and DOD civilians.

For more information, contact Nancy Goucher at 410-278-2420 or nancy.e.goucher.civ@mail.mil.



Natasha Burke, Top of the Bay wait staff member

By **STACY SMITH**
APG News

As a member of the Morale Welfare and Recreation (MWR) food and catering staff for Top of the Bay, Natasha

Burke is often the friendly face behind the cash register. Her pleasant demeanor at checkout makes for an enjoyable introduction to any meal.

Burke learned how to interact with

customers during her time working at the post's Burger King.

"I did a little bit of everything there, but I didn't like the kitchen because it was too fast-paced. So I was placed in cashiering," she said.

As a staff member at Top of the Bay, she also prepares tables before customers arrive, replenishes refreshments, bread and supplies throughout the day, and clears plates and dishes as the restaurant closes. She said she enjoys keeping the restaurant neat and orderly.

"I like to be everywhere. I'm particular in how I want things done," Burke said.

She said that working in a restaurant requires teamwork; which is something

she can relate to.

"It's a great team to work with. I feel like we try to be a Family and have each other's back," she said.

A Maryland native, Burke has worked at Top of the Bay for two years. Despite the hustle and bustle of working in a restaurant, Burke said she strives to make sure customers have a good experience.

"I try to go above and beyond for them," she said.

Top of the Bay is open for lunch 11 a.m. to 1:30 p.m., Monday to Friday, except when private events are scheduled.

For more information about Top of the Bay services, call 410-278-3062.



Come and follow us <https://twitter.com/USAGAPG>

BY THE NUMB#RS

25th Anniversary of the Berlin Wall's Fall

2.5 million

People had already fled East Germany by 1961 when the Soviet Union built the Berlin Wall to keep people from defecting to West Berlin and thus West Germany's republic. The wall stood until Nov. 9, 1989.



5,000

East Germans managed to cross the Berlin Wall and into West Berlin from 1961 to 1989 by jumping out of buildings adjacent to the wall, climbing over barbed wire, flying in hot air balloons, crawling through sewers and driving through unfortified parts of the wall at high speeds.

100+

People died trying to cross the wall into West Berlin in an attempt to escape the Soviet communist rule.

28

Number of years the Berlin Wall divided the German city into East and West Berlin.

1.6

Miles of the Berlin Wall are still standing as The East Side Gallery, a memorial for freedom covered in more than 100 paintings by artists from all over the world.

By **AMANDA ROMINIECKI** APG News
Sources: *history.com; eastsidegallery.com*

Veterans Corner

Veterans Corner is a new, recurring feature in the APG News. It addresses the topics that matter most to the veterans in our community. For more information about local veterans affairs services, visit www.maryland.va.gov. To suggest veteran-related topics for the Veterans Corner series, email amanda.r.rominiecki.civ@mail.mil.

Veterans Day: Soldier for Life

On Veterans Day we celebrate the strength, courage and dedication of the “trusted professionals” who have shaped our world for lasting peace. The brave actions of our veterans endure in the pages of history. We remember not only their gallantry on the battlefield, but also the legacy of strength and service they brought with them when they returned home.

Our veterans are “Soldiers for Life” and today we understand not only what our veterans do for this Nation but also what we can do to help them. The Chief of Staff of the Army created the Soldier for Life campaign to coordinate strategic outreach to ensure Soldiers, Veterans, and Families leave the military “career ready” and find an established network for a successful reintegration into civilian society.

We help our Soldiers Remain Strong by staying connected to the Army and assisting our veterans so they can contribute their skills and be role models in their communities. Ultimately, it’s about Trust – the Bedrock of our Profession.

People are the Army, and we forever owe a debt of gratitude for their service and sacrifice. The U.S. Army is committed to giving our transitioning Soldiers and Army Civilians the best opportunities available.

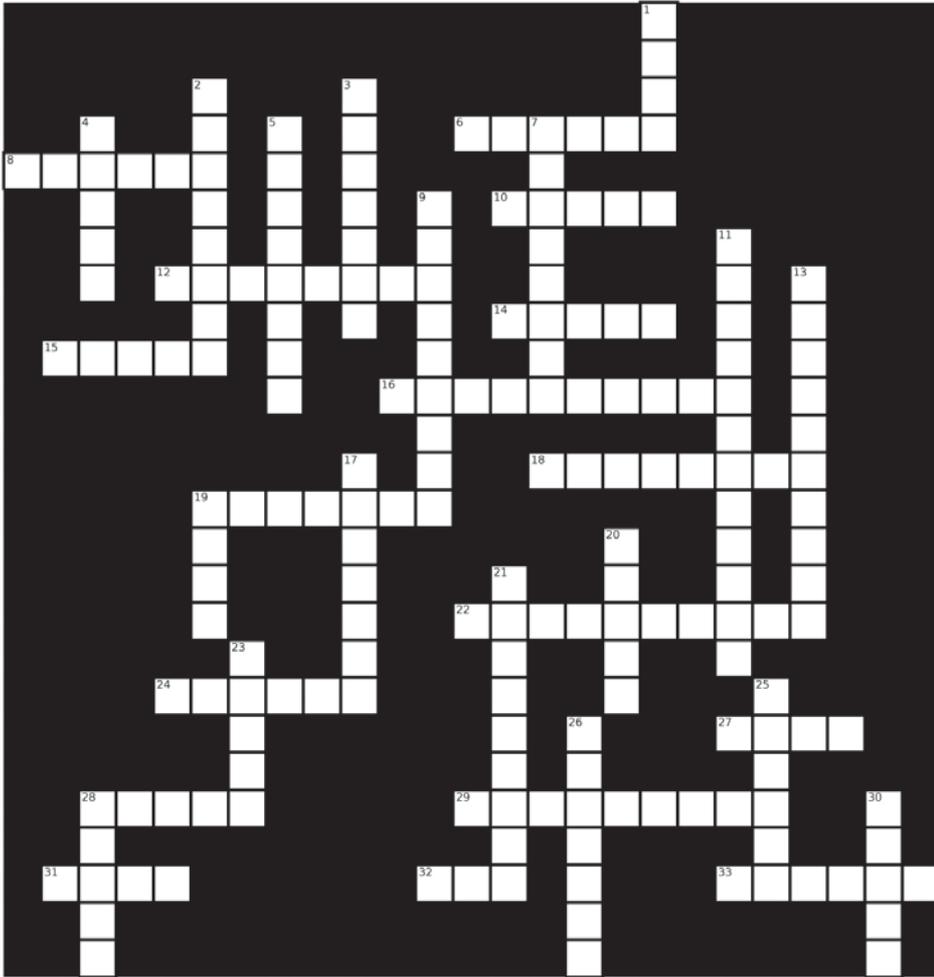
With over 31,000 veterans who reside in our local area, and based on post service contribution, veterans are not just in our community, in many cases, they are our community. Therefore, we can’t do this alone. Supporting and caring for our Army veterans and their Families requires a team approach by the Army, other government agencies, and the local community. One way of honoring our veterans is honoring our traditions by bringing back bugle calls on APG for the reveille and retreat of our flag. Honoring our flag honors those who serve.

Our Soldiers, veterans and families have given so much. It is our sacred duty to maintain their trust and faith by taking action in our communities to support and honor our veterans – the young and old – the fallen, wounded and missing – and the Soldiers still serving today. They will always remain the Strength of Army and the Strength of this Nation. Once a Soldier, A Soldier for Life.

APG Strong, Army Strong!

MAJ. GEN. BRUCE T. CRAWFORD
APG Senior Commander

The APG Crossword



By **RACHEL PONDER**, APG News

There are many famous men and women who served in the U.S. military. Here is a chance to see what you know or learn something new about these well-known veterans.

Across

6. This U.S. Navy veteran was a Prisoner of War between 1967 and 1973. He currently serves as a U.S. Senator.
8. Army veteran Dave _____ was the founder and CEO of Wendy's Restaurants
10. A counterculture icon, Hunter S. Thompson, an Air Force veteran, was best known for creating "_____ journalism."
12. He fought in the Revolution-

ary War and later became the United States' first secretary of the treasury.

14. He co-founded the Vietnam Veterans of America; In 2013 he was appointed the U.S. Secretary of the State.

15. Chuck Yeager, a World War II fighter pilot, was the first to break the _____ barrier in 1947.

16. Army veteran Elvis Presley's first RCA single "_____ Hotel," released in 1956, was a number-one hit in the U.S.

18. Served in the War of 1812;

was the only U.S. President to remain a lifelong bachelor.

19. Maj. Gen. George Custer led 210 men into battle at Little _____ against Native Americans in 1876.

22. World War I vet Earl Warren served as governor of California and head of the _____ that investigated the JFK assassination.

24. Former Marine Bea Arthur starred in "The _____ Girls."

27. Army veteran Jimi Hendrix's song, "The Wind Cries _____"

28. Air Force veteran Chuck Norris is the star of the T.V. show "Walker, _____ Ranger"

29. This former Marine is a television evangelist best known for founding the Christian Coalition.

31. Broadcast journalist and Army veteran Charles Osgood currently hosts "The Osgood _____"

32. Navy veteran Jack Lemmon starred in "The _____ Couple" with Walter Matthau

33. He served in the Missouri National Guard, and later became the 33rd president of the United States

Down

1. Air Force veteran and astronaut Buzz Aldrin made history by being one of the first people to walk on the _____.

2. American frontiersman Kit Carson made an important contribution to the _____ expansion of the United States.

3. World War II veteran Charles Schulz created this comic strip

4. Actor Peter Boyle, served in the Navy, and was most famous for his role in "Everybody _____ Raymond"

5. Oliver Stone, a Vietnam veteran, won his first Academy Award in 1978 for best adapted screenplay for the film "_____ Express."

7. This legendary folk hero fought in the War of 1812 and died at the Alamo in the Texas Revolution.

9. Paul Revere famously alerted a group of militia called the _____ about the approach of the British in 1775.

11. Army veteran Mel Brook's film

credits include "Blazing Saddles and "Young _____."

13. He served as a general and commander-in-chief of the colonial armies during the American Revolution.

17. In 1953, this World War II veteran was the first woman to breach the sound barrier. She holds more speed and distance records than any flier in history.

19. The most decorated Soldier of World War II, Audie Murphy became an actor starring in his own story, "To Hell and _____".

20. Drew Carey, served in the Marines, and currently hosts "The _____ is Right."

21. World War II Veteran Clark Gable was nicknamed "The King of _____"

23. B.B. King, who served in the Army, is known as the "King of _____"

25. This Korean War veteran played a husband whose wife is sick with Alzheimer's in 2004's "The Notebook."

26. This World War II veteran won an Academy Award in 1941 for his role in "The Philadelphia Story."

28. Gen. George Patton led the _____ Army in a successful sweep across France during World War II in 1944.

30. Tony Bennett, a World War II veteran, sings "I left my _____ in San Francisco."

Solution to the November 6 puzzle



5 out of 5 doctors prescribe a weekly dose of the APG News

Walk, don't run to your nearest APG News stand or check us out online

www.TeamAPG.com





ALL THINGS MARYLAND

Bad boy of gothic literature *Charm City still holds a candle for Poe*

By **STACY SMITH**

APG News

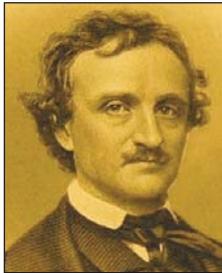
*Lo! Death has reared himself a throne
In a strange city lying alone... Where
the good and the bad and the worst and
the best*

Have gone to their eternal rest.

– an excerpt from the poem
“The City in the Sea”

How could Edgar Allan Poe have known when he penned these words in 1831 that he’d prophesied his own death?

Poe is the brilliant, bad boy of gothic literature, an unlikely hometown anti-hero for



Poe

a place that calls itself ‘Charm City.’ From all accounts, Poe had the personal charm of a garbage compactor. He could be depressive and temperamental; in fact it was his acrimonious feud with his foster father that led Poe to disavow Boston and claim Baltimore as his birthplace.

Yet, despite any personal defects, his life and work remain relevant to the city. Most notably, Baltimore’s National Football League team, the Baltimore Ravens and mascot, Poe, were inspired by Poe’s most famous work “The Raven.”

Some of the early stories Poe wrote in a tiny, brick Baltimore row house, according to The Poe House website, “would make him the father of the modern short story and create and define the modern genres of mystery, horror and science fiction.”

The Edgar Allan Poe House, a National Historic Landmark, has been well-preserved and includes many of the writer’s



personal effects, including his portable writing desk and chair. Poe lived there amongst a full house of relatives who included his aunt, grandmother and two cousins, a fact which is difficult for visitors to comprehend when they climb the narrow stairwell to the cramped living quarters. The house has a tragic air which only adds to Poe’s lore.

Another popular Baltimore destination for Poe enthusiasts is the Westminster Burial Ground, the location of his gravesite. The site’s popularity has much

to do with the nature of the writer’s life and, especially, his demise.

On Oct. 3, 1839 Poe was found alone, delirious and near-death on a Baltimore street. He was taken to Washington College Hospital where he died four days later. As if Poe had planned it himself, the cause of his death and the circumstances surrounding it remain a mystery.

The tradition of the ‘Poe Toaster,’ a mysterious, unidentified person who, for at least six decades, visited Poe’s Balti-

more gravesite on the anniversary of his birth, raising a cognac toast to the writer and laying three red roses on his grave, seemingly ended in 2009.

Since then, toaster imposters pop up every year, a tribute to the candle that Baltimore still holds for Poe.

The Edgar Allan Poe House and Museum is located at 203 North Amity Street in Baltimore. It is open to visitors on a seasonal schedule, and by appointment. For more information, visit <http://www.poeinbaltimore.org/>.

MARK YOUR CALENDAR

THURSDAY

NOVEMBER 13
NATIVE AMERICAN OBSERVANCE

Team APG and the 20th CBRNE Command will host the Native American Indian Heritage Month observance 10:30 a.m. at the Myer Auditorium, Bldg. 6000. The 2014 theme is "Native Pride and Spirit: Yesterday, Today and Forever."

The guest speaker is Lt. Col. Nathele Anderson, commander of the 4th Battalion, 321st Regiment (LSB) at Redstone Arsenal, Alabama. The event includes educational performance, exhibits and a cultural food tasting.

For more information, contact Master Sgt. Cheryl Nevels at 410-436-0321; cheryl.t.nevels.mil@army.mil or Master Sgt. Ryan Cole at 410-436-0320; ryan.p.cole.mil@mail.mil.

MONDAY – WEDNESDAY
NOVEMBER 17 – 19
2014 APG MWR SALE

APG FMWR will hold a sale of used, unneeded nonappropriated fund items, including furniture, golf carts, commercial mowers, kayaks, canoes, camping trailers, boats and more.

On Friday, Nov. 14 there will be an advanced sale for military and family members, in support of Month of the Military Family, from noon to 4 p.m.

Bids are by item tag number and must be signed with contact information. Winning bids will be contacted Thursday, Nov. 20 for pick-up within one week.

Multiple locations will be open to anyone to view and place a sealed bid on particular items, as well as "Cash and Carry" items, Monday, Nov. 17 to Wednesday, Nov. 19 from 10 a.m. – 6 p.m. All items are sold as-is, with no refunds.

- Outdoor Recreation Items (Bid items) – Fenced yard next to Auto Shop, Bldg. 2379
- Recreation Lodging Items (Cash and Carry) – Warehouse, Bldg. 3558, Rodman Road
- Recreation Lodging Items (Cash and Carry) – Bldg. 45, Plumb Point Loop
- Golf Equipment (Bid items) – Ruggles Maintenance Bldg. 5600B
- FMWR Supply Warehouse (Bid items) – Bldg. 2314, Rock Island Ave.

For more information, contact Preston Hill or Martha Kite at 410-278-7217 or visit <http://www.apgmwr.com/2014-apgmwr-sale>.

TUESDAY

NOVEMBER 18
FEDERAL EMPLOYEES HEALTH BENEFITS FAIR

A Health Fair for federal employees featuring health benefit carriers who will provide information about 2015 health plans will be held 9 a.m. to 1 p.m. at the APG North (Aberdeen) recreation center, Bldg. 3326. Health Benefits Open Season is Nov. 10 to Dec. 8. To enroll or to change FEHB coverage, employees must contact the Army Benefits Center at <https://www.abc.army.mil> or call 1-877-276-9287.

HOLIDAY SPENDING SESSION

A Manage Your Holiday Spending Informational Session will be held noon to 1 p.m. at the Mallette Mission Training Facility, Bldg. 6008, classroom 22. This event is open to APG Soldiers, civilians and contractors. Seating is limited to the first 30 personnel. For more information, contact Tiffany Grimes at 443-861-7901 or email tiffany.l.grimes.civ@mail.mil.

WEDNESDAY

NOVEMBER 19
VETERANS JOB FAIR

Fort George G. Meade will host a Veterans Job Fair 9 a.m. to 2 p.m. at Club Meade, 6600 Mapes Road. The event, to honor all veterans, is open to the general public and includes nearly 70 employers. Bring resumes and dress for success. Featured will be the Resume Doctor – a free resume evaluation and preparation assistance service. Free shuttle service will be provided from Fort Meade's Smallwood Hall parking lot to Club Meade. To reserve ASL Interpreter Service email Jerome Duncan at jerome.duncan@maryland.gov by Nov. 7.

Individuals not in possession of a DOD sticker must enter Fort Meade via MD Route 175 at the Reece Road gate. Be prepared to present a photo ID or driver's license, valid registration and proof of insurance.

For more information, go to www.ftmeademwr.com.

THURSDAY

NOVEMBER 20
FEDERAL EMPLOYEES HEALTH BENEFITS FAIR

A Health Fair for federal employees

featuring health benefit carriers who will provide information about 2015 health plans will be held 9 a.m. to 1 p.m. at the APG South (Edgewood) recreation center, Bldg. E4140. Health Benefits Open Season is Nov. 10 to Dec. 8. To enroll or to change FEHB coverage, employees must contact the Army Benefits Center at <https://www.abc.army.mil> or call 1-877-276-9287.

JAZZ CONCERT

Music lovers won't want to miss the APG MWR Jazz Concert featuring Jazz Saxophonist Mindi Abair and Guitarist Nick Colionne at Top of the Bay. Abair has toured and/or recorded with the Backstreet Boys, Duran Duran, Adam Sandler, Lee Ritenour, Teena Marie, and others, and Colionne received the 2007 International Instrumental Artist of the Year Award at the Wave Jazz Awards and was named the Artist of the Year at the 2011 Rehoboth Beach Jazz Festival.

The show begins 7 p.m., doors open 5 p.m. Advance tickets cost \$25; \$35 the day of the show while supplies last. Tickets are on sale at Top of the Bay, Bldg. 30; call 410-278-5915 or purchase online at <https://webtrac.mwr.army.mil/webtrac/apgrectrac.html>.

For more information, visit the APGMWR website at www.apgmwr.com or call 410-278-4011/4907.

FRIDAY

NOVEMBER 21
CECOM PRAYER LUNCHEON

The CECOM Unit Ministry Team will sponsor the APG Thanksgiving Prayer Luncheon 11:30 a.m. to 1 p.m. at the Myer Auditorium.

Music, food and an inspired message will be provided. The guest speaker is U.S. Army Material Command Chaplain (Col.) Scott R. Carson. For tickets or more information, contact the CECOM UMT Chaplain (Lt. Col.) Young Kim at 443-861-4353 or Staff Sgt. Carlos Vazquez at 443-861-4331.

TUESDAY

NOVEMBER 25
WHY WE SERVE EVENT

APG Senior Commander Maj. Gen. Bruce T. Crawford will host a "Why We Serve: Soldiers and Civilians" event at the APG North (Aberdeen) Myer Auditorium at 10 a.m. All members of Team APG are encouraged to attend.

For more information, contact Renee Ullman at renee.a.ullman.civ@mail.mil

WEDNESDAY

DECEMBER 3
COMMON HARDWARE SYSTEMS TECH EXPO

PEO C3T's Product Director Common Hardware Systems will host a Tech Expo 10 a.m. to 2 p.m., Bldg. 6008. The event is free and open to the entire APG community.

The CHS Tech Expo will provide a venue for program engineers and leadership to collaborate with COTS industry providers on current and future technologies. Industry vendors will demonstrate their new capabilities and cutting edge technologies that fit within the C4ISR tactical battle space, focusing on common, simple and effective solutions that map to Army priorities.

For more information, contact Joshua Graham at usarmy.apg.peo-c3t.mbx-pdchs-helpdesk@mail.mil.

THURSDAY

DECEMBER 4
XTEND BARRE

The CECOM Wellness Program will host an Xtend Barre class taught by guest instructor Tracy Robinson 11:30 a.m. to 12:30 p.m. at the APG North (Aberdeen) Athletic Center, Bldg. 3300, racquetball court.

A fusion of dance, ballet and pilates, the session is open to installation employees, contractors and military. Space is limited to the first 18 in attendance. Those who attend should wear workout clothes (yoga pants or capris with a t-shirt or tank top, as well as gym socks or socks with rubber grips; shorts are discouraged).

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes.civ@mail.mil

THURSDAY

DECEMBER 11
EATING HEALTHY FOR THE HOLIDAYS

The CECOM Wellness Program will host a Healthy Eating for the Holidays Informational Session from noon to 1 p.m. at the Mallette Mission Training Facility, Bldg. 6008, Classroom 5.

The session will provide helpful tips on how to eat healthier over the holidays and how to deal with holiday stress

without overeating. The session will also highlight holiday meal planning, recipe modification, alternate food choices, strategies for healthy eating away from home, and how to stay active during this holiday season.

The class is open to installation employees, contractors and military members, and seating is limited to the first 30 in attendance.

For more information, contact Tiffany Grimes at 443-861-7901 or tiffany.l.grimes.civ@mail.mil.

ONGOING
NOVEMBER
APG CFC MOUSTACHE COMPETITION

All APG military, civilians and contractors are invited to participate in a moustache competition to benefit the APG Combined Federal Campaign. Facial hair will compete in four categories: "Best Natural Moustache," "Best Styled Moustache," "Best Fake" and "Worst in Show."

There is no entry fee but a donation to the charity of your choice via the CFC is recommended.

In addition to individual submissions, groups of employees are encouraged to share photos of their teams, groups, organization or units in "full moustache."

Those wishing to participate must sign up by Nov. 14. Visit <http://www.signupgenius.com/go/20f0d4baf28a2f58-2014> to register.

Entry photos are due no later than Nov. 24. Winners will be announced no later than Dec. 5.

For more information or to submit a photo contact Capt. Mary Hubbard at mary.j.hubbard.civ@mail.mil and Staff Sgt. Frank Rodriguez at frank.p.rodriguez10.mil@mail.mil.

NOVEMBER
TRICARE INFORMATION SESSIONS

Kirk U.S. Army Health Clinic has arranged for a TRICARE representative to provide information and answer questions at APG at the following dates and locations:

Tuesday, Nov. 18: TRICARE Information Table - APG ID Card Office - 8 a.m. to 4 p.m.

Monday, Nov. 24: TRICARE Information Table - APG ID Card Office - 8 a.m. to 4 p.m.

Tuesday, Nov. 25: TRICARE Retirement Briefing - KUSAHC Ortiz Training Clinic - 3 p.m.

For more information, contact Kisha York, TRICARE education specialist, at kisha.a.york@healthnet.com

NOVEMBER
APG VET CLINIC SURVEY

The APG Veterinary Clinic is asking for feedback from the APG community regarding the clinic's hours of operation. Feedback from this survey will be used to determine if there is a demand for expanding or altering the current hours of the facility.

Active duty, retirees, National Guard and Family members are asked to fill out one survey per household.

The survey is three questions long and can be found at this link until the end of November: <https://www.surveymonkey.com/s/7G2QRXR>

NOVEMBER & DECEMBER
TOBACCO CESSATION CLASSES

The Harford County Health Department Cigarette Restitution Fund will host Tobacco Cessation Classes at the APG North (Aberdeen) chapel.

The classes are free of charge and open to any adult user who requests assistance in quitting. Nicotine replacement products will be offered at no cost but require a physician referral form that must be filled out by an individual's primary care physician prior to the class.

Classes will be held 1 to 2 p.m. each Wednesday through Dec. 10. Class will not be held Wednesday, Nov. 26.

For more information, contact Brenda Urban at 410-278-2739 or Linda Pegram, Harford County Health Department instructor, at 410-612-1781.

NOV. 9 – DEC. 3
KIRK OPTOMETRY CLINIC CLOSED

The Kirk U.S. Army Health Clinic Optometry Clinic will be closed until Dec. 3.

For more information, contact Keonya Huggins at 410-278-1918 or Sgt. Eric Tieman at 410-278-1920.

CPR, AED CLASSES SCHEDULED

The APG Fire and Emergency Services Division of the Directorate of Emergency Services has released its schedule

for CPR and automated external defibrillator (AED) classes for 2014. Two classes will be held the third Wednesday of each month at 9 a.m. and 1 p.m. in the same location.

Nov. 19, APG North (Aberdeen) chapel
Dec. 17, Edgewood Conference Center

Class size is limited to 30 participants. For more information or to register, contact Mike Slayman, assistant chief of EMS, at 410-306-0566 or e-mail michael.p.slayman.civ@mail.mil.

DRAFT EDGEWOOD ENVIROMETAL ASSESSEMNT OPEN FOR COMMENTS

The Army has prepared a Supplemental Environmental Assessment (EA) for the potential environmental and socio-economic effects associated with the proposed amendments to the Edgewood Area Thermal Energy Strategy.

The Draft EA and Public Notice are available for review on the APG Website. Visit www.teamapg.com, click "Installation Policies" on the lefthand navigation panel and scroll down to "Public Notice."

The environmental assessment is also accessible by typing the following URL your internet browser: <https://www.apg.army.mil/PDFs/Supplemental%20Environmental%20Assessment%20for%20the%20Edgewood%20Area%20Thermal%20Energy%20Strategy>.

Comments will be accepted until Dec. 4 and can be addressed to:

USAGAPG, ATTN: Arnold O'Sullivan
4304 Susquehanna Avenue
3d Floor Suite B
Aberdeen Proving Ground, MD
21005-5001

FIREWOOD AVAILABLE

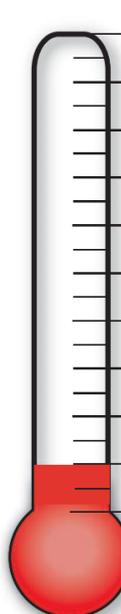
Firewood is available to authorized patrons at a cost of \$20 per level standard 8-foot pickup truck bed; \$15 per level standard 6-foot pickup truck bed, and \$5 per car trunk. Checks or money orders only will be accepted for payment. Permits to buy wood are good for ten days, or until an order is filled, whichever comes first. Permits will be issued on a first come, first-served basis 8 to 3 p.m., Monday through Thursday at Bldg. E4630 in APG South (Edgewood). For more information, contact Kathy Thisse at 410-436-8789 or Scott English at 410-436-9804.

INSIDE APG

APG commanders and subject matter experts will discuss topics of interest to the local community every Saturday and Wednesday at 7:50 a.m. during "Inside APG: Creating One Community Without a Gate," a monthly radio series on 970 WAMD. For more information about the series, to schedule or request an interview, call the Garrison Public Affairs Office at 410-278-1150. For previous interviews, follow these links: <http://youtu.be/a8vuMdxmG50>; <http://youtu.be/se7hTkwnbO8>

MORE ONLINE More events can be seen at www.TeamAPG.com

Combined Federal Campaign
Team APG Goal



\$650,000

\$585K

\$520K

\$455K

\$390K

\$325K

\$260K

\$195K

\$130K

\$65K

\$0

Visit www.cbacfc.org to make a contribution to the organization of your choice today.

For more information, contact Mary J. Hubbard at 410-436-6277 or mary.j.hubbard.civ@mail.mil

THIS WEEK IN APG HISTORY

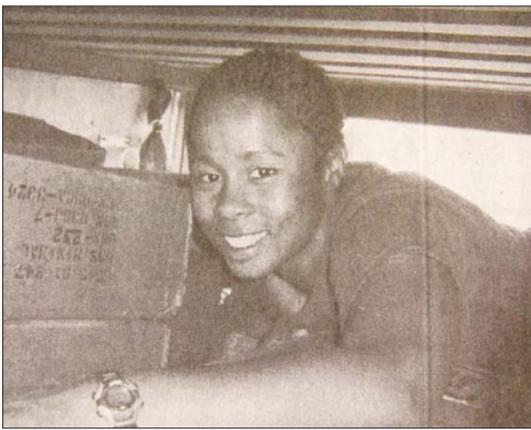


Take a look back in time as the APG News explores what made the headlines around APG during this week 10, 25 and 50 years ago. This week's APG News masthead is from 1978.

By **YVONNE JOHNSON**, APG News

2015
2010
2000
1990
1980
1970
1960
1950

10 Years Ago: Nov. 10, 2004



Left: Sgt. Nicole Washington, a laboratory technician with the U.S. Army Medical Research Institute of Chemical Defense, checks medical supplies while on temporary duty in Camp Zama, Japan while assigned to the U.S. Army Medical Materiel Agency.



Right: James Lockhart, far right, follows James Parkes, mayor of Totnes, England, far left, his wife Gisella and another U.S. veteran to St. Mary's Church for the consecration of the regimental flag of the 115th Infantry Regiment during the town's 60th Anniversary of Normandy celebration.

25 Years Ago: Nov. 15, 1989



Left: 1st Lt. Katherine Doran of the 523rd MP Company displays a charcoal drawing of her grandparents she drew from a photo.



Above: Two colorful wood ducks glide through quiet waters on APG. The wood duck population increased due to protection and restoration of wetland habitats.

50 Years Ago: Nov. 12, 1964



Above: Col. Eugene Barbero, right, director of Development and Proof Services, Arm U.S. Army Test and Evaluation Command, briefs Brig. Gen. H. Hogland, chief of Ordnance of the Swedish Army during the general's tour of APG test facilities.



Right: At 6 feet 6.5 inches tall, Pfc. Robert Swisher, of the 523rd Military Police Company stands just a bit taller than 5-foot-2 Pvt. Ann Reyes of the WAC Detachment.

Health fair promotes total body wellness

Continued from Page 1

There were new participants as well, attending to just about the whole body, covering everything from stress management and healthy eating habits alternate food choices.

Health counselors from Upper Chesapeake Health talked to employees about risk factors that could affect their overall health and ways to get back and stay in shape.

A registered dietician lectured about eating healthy for the holidays and employees loosened up during Xtend Barre sessions with certified instructor Tracy Robinson.

Attendees learned about plant-based life styles from DineKind Harford and alternate ways to kick the nicotine habit from Hypnotist Graham Phillips.

Kirk U.S. Army Health Clinic provided flu shots and nurses from Upper Chesapeake Health checked blood pressure and provided on-the-spot HbA1C (Diabetes) and Body Mass Index (BMI) screenings. Employees got immediate results and guidance and were instructed to follow up with their health care providers.

In addition, the Army Substance Abuse Program display, headed by Cindy Scott, displayed alcohol content with photos of popular mixed and bottled drinks displayed alongside their calorie and alcohol content. Scott said people were surprised by the high amount of calories per drink.

"This is in line with what we do every day; reach out to people to make sure they make safe decisions based on safe information," Scott said.

According to ATEC Health and Wellness coordinator Gale Sauer the overall goal of the event was to link community resources on and off-post with the ATEC/AEC workforce.

"I'm here to serve the workforce and to do that I need a positive networking relationship with community



Photo by Yvonne Johnson

Certified instructor Tracy Robinson leads employees in an Xtend Barre session during the exercise demo portion of the ATEC Health Fair. Xtend Barre is a 55 minute total body workout that uses a ballet bar, yoga straps, balls, weight and stretch bands to maximize fat burning and muscle strengthening.

resources," Sauer said.

"The installation, ATEC and Harford County form a wonderful coalition doing positive things; all working for the same goal of elevating the health of the community."

She pointed out that one of the Master Gardeners from the University of Maryland extension service showed listeners how to grow a garden in a small space.

"He was just so full of advice and information," she said. "I think imaginations were spurred today and people got a sense of what they can do to work toward their own fitness."

Other displays included the Army Wellness Center where Director Chris Sorrels explained about the Army Performance Triad and how subscribing to its three principles of sleep, exercise and nutrition, can improve overall health.

There was also a screened off area for free skin cancer screenings where

nurse Sandra Beam counseled listeners about skin cancer risks and prevention and gave tips on when and how often to apply sun block.

"Prevention is easy as slip, slip, slap," said Beam. "Slip on a shirt, slip on a hat, slap on some sun block and sunglasses."

At a Post Traumatic Stress Disorder awareness display, employees helped themselves to 200 free t-shirts donated to the event by militaryone.org.

"People don't think of PTSD when they think about health but it's a vital part of healthcare to those who suffer from it," said ATEC 1st Sgt. Paul Cottrell.

ATEC's Judy Matthews answered questions at the Breast Cancer Awareness display. A 30-year cancer survivor, Matthews also volunteers at the Johns Hopkins Cancer Center and attends survivor retreats with other patients. She encouraged self exams,

noting the majority of lumps are found by patients.

"I do all I can and then I realize I can always do more," Matthews said.

Sauer said ATEC's G-4 Directorate was named the Ready and Resilient Directorate for 2014 after 69 percent of its workforce showed up for the run and walk. She said that ATEC Commander, Maj. Gen. Peter Utley implemented monthly runs with military and civilian personnel.

"This was a big deal for directors," she said. "And everyone participated despite a steady rain. That kind of camaraderie and Espirit de Corps speaks for itself."

With ATEC since 2011, Sauer said she caught on to the organization's commitment to its workforce when she was a vendor here while working for Franklin Square Hospital. Next up for the unit will be the 2015 Slimdown Challenge, Sauer said, adding that she recently stood up a health promotion workgroup to help her with her many tasks.

She said she is looking forward to the support.

"The more feedback we get the more the more we can do. We have directors who encourage the workforce to participate in R2C activities so things are on track."

Sauer thanked KUSAHC chief of preventive medicine Capt. Joanna Moore for her assistance.

To take that first step toward fitness visit the AWC in Kirk U.S. Army Health Clinic or call Sorrells at 410-278-7211 or email maria.c.sorrells.ctr@mail.mil.

For more information about the Army's R2C program visit <http://www.army.mil/readyandresilient/>. For information about future R2C-focused events such as health fairs, financial planning, health counseling and more, contact Tiffany Grimes at tiffany.l.grimes.civ@mail.mil or call 443-861-7901.

Energy plant savings to offset construction costs

Continued from Page 1

cept of co-generating steam and electric," said Devon Rust, APG installation energy manager. She added that the plant will have a turbine similar to a jet engine that generates electricity and burns natural gas for steam instead of burning solid waste.

"It will be very much like having an additional boiler, just a big one" he said.

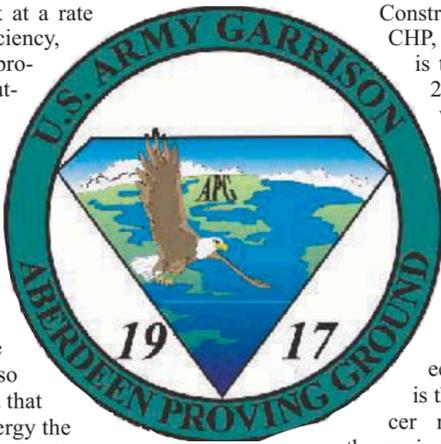
With the new CHP technology installed, Rust said the installation will "have as much steam capacity as it's losing from the waste to energy plant. But it will also generate half of Edgewood's electric load, so it's more efficient."

"If you're buying your power from a power plant, that's not very efficient. If you're generating your steam from a boiler, even if it's 80 percent efficient, that's not very efficient," she said.

Rust noted that these energy-produc-

tion options work at a rate of 51 percent efficiency, from the burning process to energy output. A plant that uses CHP technology, however, works at 75 percent fossil fuel efficiency, a 24 percent increase over alternatives.

She said the technology is also cost-effective and that eventually the energy the new CHP plant produces will save the Army enough money that the plant will essentially pay for its own construction.



Construction on the new CHP, or Co-Gen, plant is targeted for spring 2015. The plant will be located next to an already operating Army boiler plant.

"We're trying to keep all the operations in the same place," Rust said.

DPW employee Jeff Presgraves is the contracting officer representative for the project's energy savings performance contract (ESPC). This type of contract is an alternative financing mechanism authorized by Congress,

designed to accelerate investment in cost effective energy conservation measures in existing federal buildings.

"It's not [affecting] Aberdeen's appropriated funds, it's finding an alternative way to fund a project," Rust said. "The DoE grant reaches out to people who are looking into installing this technology in the first place and offers them assistance."

In addition, Rust said the Baltimore Gas and Electric Company encourages the use of CHP technology and will pay the Army rebates for installing the new equipment.

"We're maxing out their rebate program at \$2 million," Rust said.

For more information about the upcoming project, contact Rust at 410-306-1125, or email devon.a.rust.civ@mail.mil.

WORD OF THE WEEK

Archetype

Pronounced: AHR-ki-tahyp

Part of Speech: Noun

Definition:

1. The original pattern or model of which all things of the same type are copied or on which they are based; a model or first form; prototype. Also: a perfect example
2. (In the psychology of C. G. Jung) an inherited idea or mode of thought that is derived from the experience of the race and is present in the unconscious of the individual

Other forms:

Archetypal; archetypical - adjective
Archetypally; archetypically - adverb

Use:

- He is the archetype of a successful businessman.
- The Eiffel Tower is an archetypal icon of the country of France.
- The emperor himself was an archetype of what the modern world calls a constitutional monarch: he reigned but did not govern.
- Donald Trump has become an archetype of the successful businessman.

By **YVONNE JOHNSON**, APG News
Source: <http://www.merriam-webster.com/>

ACRONYM OF THE WEEK

BLM

Bureau of Land Management



The Bureau of Land Management (BLM) is an agency within the U.S. Department of the Interior. Its mission is to sustain the health, diversity, and productivity of America's public lands for the use and enjoyment of present and future generations.

The agency administers more than 245 million surface acres - most of it located in the 12 western states, including Alaska. In accordance with the Federal Land Policy and Management Act of 1976, the BLM manages public land resources for a range of uses including energy development, livestock grazing, recreation and timber harvesting, while protecting an array of natural, cultural, and historical resources. BLM's 27 million-acre National Landscape Conservation System includes 221 Wilderness Areas totaling 8.7 million acres, as well as 16 National Monuments comprising 4.8 million acres.

The BLM headquarters is in Washington, D.C. Regional offices are located in Alaska, Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Wyoming and an office in Springfield, Virginia covers the Eastern states. The BLM Director is Neil Kornze.

For more information, visit www.blm.gov.

Source: www.blm.gov

See Something

Cut along dotted lines and fold in middle for use as wallet reference Card.



Installation Watch Card

Awareness is key! Everyone is a sensor.

Do: Observe and Report

- Unusual or suspicious activity or suspected surveillance.
- Unusual questions or requests for information relating to capabilities, limitations, or operational information.
- Unusual vehicles operating in or around the Installation.
- Unusual phone calls, messages, or e-mails.
- Unusual contacts on or off post.
- Unusual aerial activity near or around the Installation.
- Any possible compromise of sensitive information.

Do Not

- Discuss any aspect of military operations or planning.
- Discuss military capabilities or limitations.
- Discuss FP measures, capabilities, or posture.
- Disclose any information related to unit deployments.

Report any suspicious activity immediately to the APG Police.

APG North 410-306-2222

APG South 410-436-2222

Off post in Md. call 1-800-492-TIPS or 911
Your call may save lives!

Provided by the INTEL DIV/DPTMS

Say Something

TRADOC CSM picked to be next SMA

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"We have the utmost confidence in Command Sgt. Maj. Dailey and look forward to having him join our leadership team," said McHugh. "His experience, leadership, devotion to Soldiers and commitment to our Army make him especially suited to assume this important duty, one that Sgt. Maj. of the Army Chandler has masterfully performed for the last four years."

Dailey, who enlisted 1989, is an infantryman and combat veteran who served four deployments in Operation Iraqi Freedom and one in support of Operation Desert Storm.

He said he is humbled by the choice. "It's every Soldier's dream -- it should be every Soldier's dream -- to someday at least have the opportunity to be the sergeant major of the Army," he said.

He told Odierno that he never "fathomed when I was a young Soldier that I'd ever be in this office receiving this type of recognition."

Dailey holds a Bachelor of Science degree (summa cum laude) from Excelsior College.

He said he and his wife of more than 20 years, Holly Dailey, are dedicated to Soldiers and their families.

"This requires a commitment well beyond any that I've ever done before and it requires leadership that frankly Soldiers need to be able to see every day," he said.

"I owe it back to our Soldiers; I have a responsibility -- an awesome responsibility ... that is not looked upon lightly by the Soldiers of the United States Army," he said.

There is a lot of work to do and it is a big responsibility, he said, in carrying on the traditions of Chandler, and in meeting Odierno's expectations and strategic goals.

"The Soldiers of this great Army deserve leadership and the highest caliber of leadership we can offer," he said.

The Army has faced challenging times and there are more challenges ahead, he said.

"What I can assure you is that we are doing the right things. I have been intimately familiar with the policy, procedures and direction that our leadership of the Army is taking us. I truly believe it is the right direction," he said.



U.S. Army Photo
Command Sgt. Maj. Daniel Dailey, Army Training and Doctrine Command's senior enlisted adviser, addresses future Soldiers after a 2013 oath of enlistment ceremony.

Lead by example

Dailey said he is a standards-based sergeant major who is approachable, mission-focused, who takes on challenging assignments, strives for the best, and places the highest priority on physical fitness for himself and his Soldiers.

"It is our job every single day to represent the best we possibly can, not only for us, for our peers and for our superiors, but most importantly for the people of America," he said.

"I'm truly excited as we move forward because I truly believe that we are heading in the right direction in the future," he said.

He credits his mentors for challenging him and helping him make the right decisions.

"I'm the benefactor of excellent leadership," he said.

Engaged leadership is important he said. Good leaders know their Soldiers and their families; it's important that Soldiers have a balance between work and home life, he said.

"I would have never made it to where I am today without my Family, and that requires balance between being a Soldier, being a father, and a husband," he said.

Soldiers should not be afraid to reach

out for help if they are facing problems, he said.

"I think we're in a time in the Army where we've really gotten rid of that stigma," he said.

"What is great is that we have leaders who say that they need help, and it really shows them young Soldiers that you truly can be successful even though you've asked for help," he said.

It is a great responsibility to be charged with the safety and wellness of Soldiers you lead, he said.

"Somebody has trusted me with their lives," he said.

"I take that very seriously, the four times that I deployed to combat, very seriously ... It's my responsibility to bring them home; every single one of them," Dailey said.

"That's the ultimate responsibility we have, not just to our Soldiers but to the mothers and fathers of this great nation," he said. "I think they would expect us to treat them like their own children."

Army tradition

Dailey, who is from the small, northeastern Pennsylvania town of Palmerton, saw the military as an opportunity for

growth and experience.

"I knew that I wanted to join the Army at a young age," he said.

"My father had served in the military, his brothers had served in the military, both of my grandfathers had service during World War II, and my oldest brother before me made the choice to serve in the United States Army," he said.

"It had a big impact on me," he said. He signed up for the delayed entry program the year before he graduated high school.

"My family was in complete support of it," he said. "I was 16 years old when I made the choice to join the military."

During his first tour, which was in Germany, he realized that he wanted to make a career of the Army.

"Originally I only came in for a short period of time, but the Army grew on me, and I said 'I want to do this thing for the rest of my life,'" he said.

However, a life in the military is not easy with multiple deployments, separation from loved ones, and tough assignments, he said.

He persevered with "hard work, discipline, and dedication," and the various leadership positions throughout his career helped prepare him for his next assignment, he said.

"The great thing about the United States Army is that a young kid from northeastern Pennsylvania in the middle of nowhere can come in here and become the sergeant major of the Army," he said.

Family bonds

"My time with my family is sacred," said Dailey, who, like many Soldiers, has been separated from his family due to long deployments.

Being away from his wife and son was difficult, but "we took one day at a time."

Holly, his "hometown sweetheart," became active in Family readiness groups and the support of those groups helped Dailey and his wife cope.

"Getting through each one of those deployments, even four of them back-to-back, some as long as 15 months, was working with those families and sharing the challenges that are associated with being deployed, especially multiple deployments for extended periods of time," he said.

ACC battalion deploys

Continued from Page 1

try," ACC Director Bryon Young said.

The 926th Contingency Contracting Battalion was activated by the ACC-APG in 2013 with the aim of providing global contracting support to a diverse customer base in support of the Army's mission. The battalion's mission in Kuwait will encompass contracts worth approximately \$6 million in services and supplies.

"We will hold the contractors accountable to the terms and conditions of the contracts and protect the government interest, ensuring we're getting the value out of the awarded contracts," Draper said.

The emphasis on quality assurance in contract administration will allow the Army to run an intermediate staging base and to flex from their area of responsibility to any place with satellite communications.

The deployment ceremony began with welcoming remarks from master of ceremony Sgt. 1st Class Larin Harris followed by the national anthem and an invocation led by Maj. Mark Rendon, garrison chaplain resource manager. Young then gave the battalion a motivational send-off.

The battalion members "are ready to assume this mission," Young said. "We have the greatest and utmost confidence in their ability to do it."

Draper spoke about the mission's goals and had a special message regard-

ing Soldiers' Families who will endure the upcoming holidays without their loved ones.

"I ask the APG community to continue its great support to our Families and to go that extra mile with an understanding of the burdens our Families will be shouldering while we move forward carrying out the Army's mission," Draper said. "Army Strong."

Draper and Master Sgt. Sandra Hypolite-Bernard then encased the 926th Contingency Contracting Battalion colors. The ceremony marked the last time the battalion will be together as a whole until they are redeployed to APG.

The ceremony concluded with a benediction and the playing of the Army Song. Attendees lined up and shook hands with battalion members, offering them their well wishes and gratitude.

"I can wish you only the best of luck and God speed," Young said. "Thank you for what you are doing. We're all proud of what you have done."

The deployment ceremony's distinguished guests included APG Garrison Commander Col. Gregory McClinton, CECOM Command Sgt. Maj. William Bruns, CECOM Chief of Staff Col. Charles Gibson and Maria Esparaguera, CECOM Office of Chief Counsel.



Photo by USMC Staff Sgt. John Jackson

Marine Corps and Royal Air Force helicopters fly in formation after departing Camp Bastion, Afghanistan, Oct. 27.

Did You Know?

The U.S. Marine Corps celebrates 239 years

The official birthday of the U.S. Marine Corps is celebrated Nov. 10, 1775: the day the Second Continental Congress decree established the Continental Marines. Here are a few historical facts and milestones not commonly known about America's most storied corps.

- Semper Fidelis, 'Always faithful,' became the Marine Corps motto in 1883. It guides Marines to remain faithful to the mission at hand, to each other, to the Corps and to country, no matter what. Becoming a Marine is a transformation that cannot be undone, and Semper Fidelis is a permanent reminder of that.

- The term "Leathernecks" comes from the 1798 uniforms with leather collars that protected Marines from sword strikes.

- An English bulldog was introduced as the first Marine Corps mascot. It enlisted in an official ceremony in 1922 and served until its death in 1927 after achieving the rank of sergeant major.

- The red stripe on the dress blue trousers is the "blood stripe" referring to the 1847 Battle of Chapultepec near Mexico City where more than 90 percent of the Marine officers and NCOs were killed.

- The Marine Corps sniper program was designed around Gunnery Sgt. Carlos Hathcock a legend with 92 confirmed kills during the Vietnam War.

For more information about the U.S. Marine Corps, visit www.marines.mil.



Yvonne Johnson, APG News
Source: www.marines.mil; www.funtrivia.com

[This is] the first military contracting battalion in the history of the United States Army to deploy a battalion headquarters and assume a mission in a foreign country.

Bryon Young
ACC Director



Want to make a difference in how services are rendered at APG? Tell us how we are doing. Visit <http://ice.disa.mil>. Click on "ARMY" then "Aberdeen Proving Ground."

APG SNAPSHOT

Take a peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.



Courtesy photos

PET COSTUME CONTEST, A BARK ABOVE THE REST

The APG Veterinary Clinic hosted a Halloween costume contest during the month of October. Pet owners were challenged to come up with creative costumes for their furriest Family members. At the end of the month, photos were judged by impartial parties.

Clockwise from left: In first place is "Dino Dane" Jake, owned by Kenneth and Melissa Harlan. "The Red Barron" came in second place, owned by Mary Jo Span, and "Hula Girl" Mila was awarded third place, owned by Joyce Hampshire.



"LITTLE MAN" LENDS A HELPING HAND WITH STYLE

APG's most mysterious resident, "Little Man," has pledged his allowance to the Chesapeake Bay Area Combined Federal Campaign. Have you?

Visit www.cbacfc.org to make your pledge, help Team APG reach its goal, and more importantly help support the local or national charity of your choice.

For more information, contact Mary J. Hubbard at 410-436-6277 or mary.j.hubbard.civ@mail.mil.

Photo by Molly Blossie

MWR presents jazz concert Nov. 20

By **STACY SMITH**
APG News

APG MWR will present a jazz concert featuring popular saxophonist Mindi Abair and guitarist Nick Colionne 7 to 9 p.m. at Top of the Bay, Nov. 20.

"The jazz concert should be a great event at a beautiful venue," said Gwynnda Dolzine, MWR event organizer. She said that headliner Mindi Abair is "well-known in jazz circles."

Abair was the featured saxophonist on the 2011 and 2012 seasons of American Idol, she played with Paul Shaffer on The Late Show with David Letterman and she joined rock band Aerosmith on their 2012 summer tour. She released her most recent solo album 'Wild Heart' in May and received a 2014 Grammy nomination in the Best Pop Instrumental Album category for collaborative recording 'Summer Horns.'



Colionne learned how to play guitar at age nine and five years later he was touring with the likes of the Staples Singers, Curtis Mayfield, The Impressions and Natalie Cole. A gifted guitarist and vocalist, Colionne is known for his dynamic, musically-eclectic live performances. He was nominated as Guitarist of the Year and Entertainer of the Year by the American Smooth Jazz Awards in 2010.

This event is open to the public, ages 21 and older, and includes a cash bar and Top of the Bay buffet for purchase. Doors open 5 p.m. Tickets are \$25 dollars in advance and \$35 dollars the day of show while supplies last.

To purchase tickets, call Top of the Bay at 410-278-5915, or order online at <https://webtrac.mwr.army.mil/webtrac/apgrectrac.html>.

To learn more about the artists, visit <http://www.mindiabair.com/> and <http://nickcolionne.com/>.

Send newspaper submissions to the APG News

Community members are asked to send all submissions for the APG News to usarmy.apg.imcom.mbx.apg-pao@mail.mil, and CCamanda.r.rominiecki.civ@mail.mil. Type APG NEWS SUBMISSION in the Subject Line. You should receive a response within three business days letting you know that the submission has been received. If you do not receive a response, please call 410-278-7274 to inquire.