



September is National Recovery Month 2013

By **DEVITA D. HAMPTON**
ASAP

National Recovery Month is a national celebration of recovery that promotes the benefits of prevention, treatment, and recovery from mental health and substance use conditions.

It is observed the month of September. Recovery month spreads the positive messages that behavioral health is essential to overall health, prevention works, treatment is effective and people do recover.

The APG Army Substance Abuse Program seeks to promote a message celebrating recovery, thanking service providers for their work and spreading the word that we are a part of the APG community – Team APG.

This year's theme for National Recovery Month is "Join the Voices of Recovery – Together on Pathways to Wellness."

The ASAP mission is to strengthen the overall fitness and effectiveness of the Army's total workforce and enhance the mission readiness of Soldiers.

ASAP supports the positive message of recovery, resilience and whole-life wellness.

The community is invited to attend

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Photo by Sean Kief
Sergeant Major of the Army Raymond F. Chandler III and his wife Jeanne address the APG audience of Soldiers, civilians, contractors, Family members and Freestate Challenge Academy cadets and cadre at the Post Theater during their Aug. 20 visit to the installation.

SMA hosts APG town hall

By **YVONNE JOHNSON**
APG News

During his first trip to Aberdeen Proving Ground since assuming responsibility as the Army's senior noncommissioned officer, Sgt. Maj. of the Army Raymond F. Chandler III said he learned a little something about what APG is all about. Chandler toured the installation Aug. 20 and shared his stance on current issues and concerns affecting Soldiers, civilians and Families during a town hall meeting at the post theater.

Chandler was met by APG Garrison Commander Col. Gregory McClinton, Installation Command Sgt. Maj. Kennis Dent, and Garrison Command Sgt. Maj. James Ervin.

After a short meeting with installation senior NCOs, the SMA took an aerial tour of APG led by Installation Safety Officer Ralph Cardenuto. A capabilities demonstration of the 22d Chemical Battalion (Technical Escort) led by Command Sgt. Maj. Montonya Boozer, followed, and then Chandler met with some of the installation's noncommissioned officers at Top of the Bay.

Accompanying Chandler was his wife, Jeanne Chandler, who visited with Army Community Service Director Janice Downey, FMWR Director Mike Lupacchino and unit Family Readiness Group leaders before rejoining him at the town hall meeting.

Chandler is the senior enlisted advisor to Army Chief of Staff, Gen. Raymond T. Odierno, on all enlisted matters; particularly in areas affecting Soldier training and quality of life.

He sits on a variety of councils and boards that make decisions affecting enlisted Soldiers and their families and is routinely called to testify before Congress.

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Photo by Renee Main

APG emergency medical personnel give children at the APG South (Edgewood) youth center a quick lesson in cardio pulmonary resuscitation during Safety First week activities.

First aid focus of safety week

By **YVONNE JOHNSON**
APG News

Fifty-two children and 12 staff members participated in the event. Facility lead Renee Main thanked Directorate of Emergency Services firefighters and medical personnel led by Fire Inspector Chris Starling and Mike Slayman, assistant chief of EMS for their support.

Children and youth at the APG South (Edgewood) youth center observed Safety First week Aug. 12-16 with a visit from APG emergency responders. The day included a First Aid and CPR class, a fire engine and ambulance display and a "smoke house" exercise that demonstrates how to safely leave a smoke-filled room or building.

"APG emergency responders are always willing to come out and support safety efforts for our kids," Main said. "We have a great partnership."

New fire chief to focus on training, professionalism

By **YVONNE JOHNSON**
APG News

Scott DeLay wanted to be a helicopter pilot or a firefighter when he grew up. Firefighting ultimately became his choice and since his first gig as a volunteer firefighter in high school he hasn't looked back.

DeLay took over as chief of the garrison's Directorate of Emergency Services' Fire and Emergency Services Division in June. He brings more than 25 years of experience to the position.

DeLay comes to APG from Fort Riley, Kan., where he served as fire chief from 2008 until earlier this year. His past assignments include station fire chief at Davis-Monthan Air Force Base, Ariz.; assistant fire chief at Fort A.P. Hill, Va.; and deputy fire chief at Fort Lewis, Wash. He proudly proclaims

that he has served in every position from trainee to chief and his no-nonsense work ethic earned him an offer as a fire chief at age 29.

DeLay said that while his past assignments consisted of large and very active fire sta-

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WEATHER

Thurs.



86° | 75°

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STREET TALK

Do you have any tips on how to prepare for emergency situations?

Have emergency supplies in your car, like an ice scraper, flash light, blanket, tools, first aid kit, flares and jumper cables. Learn how to change a flat tire and pay for a roadside assistance plan. You never know when you will need it.



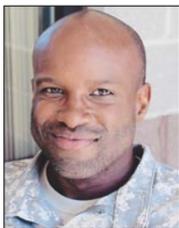
Vanessa Wamsley
Military Spouse

I decided to invest in a generator for my family since we were experiencing frequent power outages at our house. Our family has an area that we set aside for emergency supplies. It is important to have supplies ahead of time, because when a weather emergency happens it can be difficult to find supplies because everyone needs the same items. It's important to have a wind-up radio so that you can stay connected and informed even when your power goes out. I also try to keep my cell phone charged, and that also helps me stay connected.



Kate Ong
JPEO-CBD

Since I travel to different military posts for work, I always make sure I get important numbers like the local fire and police departments, in case there is an emergency. At the hotel, I locate the nearest exits so I know where to go if I need to leave the building quickly.



Maj. Garrett Hines
Army Reserves

I check my security system, smoke detector and flashlights frequently to make sure they are working. I always try to keep my gas tank full. If I am traveling, I find the nearest police station and nearest hospital, in case I need to get there quickly.



Jose Rivera
Military Retiree

Beware of digital pics geotags

By **TONY E. DAVIS**
Operations Security Officer, Fort Meade, Md.

What is geotagging?

A new function of many computing devices -- including smartphones, some digital cameras and even portable game systems in some cases -- is the ability to track your location to near-GPS precision.

While this feature is designed for "location services," which can be fun or useful, it also presents a risk.

In particular, many devices add location data to photos by default. Called "geotagging," the data becomes part of the image file and goes wherever the image goes. By uploading or sending such images to the Internet, you may have provided an adversary with critical information.

Consider:

* Public sharing sites such as FlickrR or GoogleT maps are public. An adversary can search by location to see who takes photos there and research the users who took the photos.

* Even profiles that are set to "private" could compromise photos if the privacy controls are not set or used properly. The hosting service itself could sell or lose your data as well.

* Pictures taken at sensitive locations can lead adversaries directly to supply depots, command centers or our troops. Pictures taken from home -- often found in the same user's pro-



file -- can also paint a target on friends and family.

* If many photos are available from the same user or a collection of related users (several people in the same military unit, for example), the adversary may be able to determine patterns of your activities.

What to do:

1. Be aware.

Now that you know about this capability, think twice before taking and sending photos. You can test to see if you have geotagging capability by taking a photo and checking properties in Win-

dowsR Vista or higher.

Some photo editors as well as several custom programs allow for the viewing and manipulation of location data.

2. Evaluate the need.

Do you have a specific point or purpose to tagging photos? If not, it's far simpler to disable the feature instead of trying to remember to "clean the photos" later.

Instructions can be found by searching for the model of your phone with the keywords "disable" or "geotag."

Bottom line:

Even if posted briefly, photos can enable the adversary to capture vital information and record exact grid coordinates.

Rather than risking "forget-then-regret," consider disabling the feature, thus avoiding the risk entirely.

Cadets reunite with loved ones during Aug. 25 Freestate Challenge Family Day

Story and photo by **RACHEL PONDER**
APG News

Cadets in Class #41 were reunited with their loved ones during the Maryland National Guard Freestate Challenge Academy's Family Day Aug. 25 at Capa Field on APG South (Edgewood).

The day began with the cadets marching and standing in formation and reciting the Pledge of Allegiance in front of their families. The cadets later joined their families for lunch and to spend quality time together.

This event was the first time cadets have seen their families since in-processing July 14.

For 22 weeks, cadets ages 16-18 will live in the academy's residential program, a structured, disciplined, quasi-military environment. These teens are in the program voluntarily, because they want a second chance at an education.

Because cadets have limited phone use and are not allowed to use the computer for e-mails or social networking, many keep in touch with their families the old-fashioned way, by writing letters.

"I think I appreciate my family more now that I don't see them every day," said Cadet Kameron Johnson from Bowie, Md. "I am actually glad that I don't have access to technology, because I don't want those distractions around me right now. I am able to focus on improving my life. I am more mature now."

Johnson's mother, Kim, said she was proud of all that her son has accomplished so far, and was happy to have the whole family together again.

"He looks so different," she said. "He is more muscular because of the required PT. I also notice a positive change in his attitude."

Johnson's mentor, Edward Jenkins, a friend of the family, also attended the festivities. All cadets have at least one mentor they communicate with while they are in the residential phase. Mentors play an ongoing role in the student's life, and serve as a support system for the cadet during the 12-month post-residential phase. Mentors and cadets dis-



(From left) Cadet Nkenge Evans gives his sister Neriah Evans a piggy back ride during the Maryland National Guard Freestate Challenge Academy's Family Day at Capa Field on APG South (Edgewood) Aug. 25

cuss the student's future plans and spend time together, often providing service to the community or exploring job and school options.

"This program helps (at-risk) teens become productive citizens, I am very impressed," said Jenkins, who is retired Air Force. "I will try to be a good role model and a good friend to Kameron. I will encourage him to succeed."

RDECAM Civilian Tiffany Evans, from Edgewood, said that while it is difficult to not see her son, Nkenge Evans, she is focused on the end result, graduation.

"These teens are all here for different reasons," she said. "They have to want to do better, and will benefit if they are committed to the program. I am looking forward to seeing my son walk across that stage in December."

APG SEVEN DAY FORECAST

Thurs



86° | 75°

Fri



86° | 74°

Sat



85° | 71°

Sun



85° | 71°

Mon



84° | 68°

Tue



83° | 68°

Wed



80° | 67°

APG NEWS

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ACC integrates contracting Soldiers

Story and photo by **ED WORLEY**
ACC

In an effort to streamline command and control of its military contracting Soldiers, the Army Contracting Command is attaching portions of its Expeditionary Contracting Command forces to several of ACC's stateside organizations.

The action reduces the ECC span of control from the day-to-day oversight of Soldiers executing their stateside contracting mission, allowing the ECC commander to focus on overseas installation and contingency support, explained Lt. Col. Kevin Nash, ACC Integration project officer.

It also gives the Mission and Installation Contracting Command and ACC contracting centers direct supervision of Soldiers supporting stateside operations within their organizations, he said.

Maj. Gen. Camille M. Nichols, ACC commanding general, said her intent is to "streamline mission command, better manage our military contracting Soldiers' workloads and enhance contracting Soldier professional development.

"This action provides greater predictability for our civilian contracting leaders in assigning work to Soldiers in their offices," she said. "It also provides greater professional development opportunities for contracting Soldiers as they are offered increased contracting experiences."

Nichols said it also allows ECC to focus on the day-to-day overseas contracting mission and operational contract support tasks associated with Army Service Component Commands.

Brig. Gen. Ted Harrison, ECC commanding general, said the realignment will help 51C contingency contracting Soldiers develop their contracting skills.

"Future military operations will continue to demand expeditionary contracting Soldiers who are trained and ready to meet Army Service Component Command needs," Harrison said. "ACC integration allows the Expeditionary Contracting Command's 51Cs to hone their skills in day-to-day contracting missions in Mission and Installation Contracting Command installation contracting offices as they support the Army's generating force. This 'work as they fight' strategy will prepare them to deploy and support Army operational forces anywhere in the

world. ECC is confident that the MICC civilian contracting experts will equip our contracting Soldiers with technical knowledge and provide hands-on experience through coaching, teaching and mentoring."

Brig. Gen. Kirk Vollmecke, MICC commanding general, said the integration improves both the civilian and military contracting workforce.

"The synchronization and integration of uniformed members across the Mission and Installation Contracting Command provides indispensable technical, hands-on contracting training and experience for Army contingency contracting Soldiers," Vollmecke said. "Soldiers and contracting civilians working alongside one another drive positive change and bring balance, skill and depth to the acquisition workforce. This unified teamwork and collaboration with ACC and our Army customers is a key to continued success."

Nash said the operation will occur in four phases. It began in December with the realignment of MICC contracting offices under four field directorate offices. MICC FDOs are aligned at sites with their major customers, and the 34 MICC subordinate contracting offices are grouped by customer to bring consistency to operations and improve contract administration and oversight.

Phase 2 begins in February, Nash said, attaching MICC-associated contingency contracting battalions, senior contingency contracting teams and contingency contracting teams to the MICC. ACC contracting center-associated contingency contracting teams will also be attached to their corresponding contracting centers during Phase 2.

"Attaching a unit to another unit means that, while the attached unit still 'belongs' to its higher headquarters, it takes its daily taskings from the unit to which it is attached," Nash explained. "The units we're attaching still 'belong' to ECC, but they are working directly for the organizations they are attached to."

Phase 3 begins in April, he said. ECC will add two contracting support brigades that will be attached to the MICC headquarters. The 418th CSB will be headquartered at Fort Hood, Texas, and the 419th CSB will be headquartered at Fort



Valerie Tipton provides Staff Sgt. Wallace Newton some advice on a contract. Newton is a member of the 626th Contingency Contracting Team, Redstone Arsenal, Ala., and has been a contracting specialist for four months. Tipton is a contracting officer in the Base Operations Division, Army Contracting Command-Redstone Arsenal.

Bragg, N.C.

The final phase calls for the 412th CSB, Joint Base San Antonio-Fort Sam Houston, Texas, to be attached to the MICC headquarters on Oct. 1.

Nash said ECC will retain assignment of the CONUS-based CSBs and continue to be the ACC lead for operational contract support activities.

In the event of a mission requiring CONUS-based ACC units attached to the

MICC or centers, Nash said ACC will publish an operation order that detaches those selected units back to the ECC for execution of the required mission. "Upon completion of the mission, units would redeploy and be re-attached to the MICC or centers as required, he explained."

"ECC will continue to be the ACC lead for all contingency contracting Soldier individual and unit training functions," he said.

APG Job Fair & Expo draws more than 300

Story and photo by
YVONNE JOHNSON
APG News

Uncertainty about the future employment opportunity landscape drew more than 300 jobseekers to the 2013 APG Job Fair and Expo at the APG North (Aberdeen) recreation center Aug. 21.

Army Community Service Employment Assistance Manager Marilyn Howard hosted the event assisted by workforce partners from the Maryland Department of Labor, Licensing and Regulation. They included veterans representative Kevin O'Neill and business service representatives Jack Charles and Linda Newman.

Vendors representing 54 different businesses were on hand to collect resumes and applications and answer questions about their organizations. The wide variety of attendees presented opportunities in financial, police and correctional, federal, state and local government, educational, commercial, and private industry as well as within APG organizations.

Vendors

At the Hero 2 Hired display, regional manager Carl Peters said the program which began in 2011 has helped employ more than 17,000 veterans and has partnered with more than 3.6 million jobs online.

"We have 58 case managers in a global effort to help men and women find and keep jobs," Peters said.

He added that the "3-legged effort" includes the Employer Support of the Guard and Reserve (ESGR) and Yellow Ribbon Reintegration Program which



(From left) Case Manager Bud Johnson explains how Hero 2 Hired helps veterans find employment as regional manager Carl Peters and Giselle Bella of CACI listen in during the Army Community Service Job Fair and Expo at the APG North (Aberdeen) recreation center Aug. 21.

were tabled nearby.

At the Civilian Personnel Advisory Center display personnel said they were kept busy answering questions about everything to do with finding and applying for a federal job. Veteran Employment Coordinator Joe Wiest and human resources specialists Jill McClintick and Chantill Scholfield offered pointers and provided brochures on how to navigate the USAJOBS website as

well as tips military spouse, wounded warriors and other hiring processes.

"We're here to get people through the process," Wiest said.

Points of contact for the following programs include:

- Schedule "A" for applicants with disabilities: Jill McClintick, jill.mcclintick@us.army.mil or Angela Francis, angela.d.francis.civ@mail.mil
- Wounded Warrior Program: Karen Felts, karen.g.felts.civ@mail.mil
- Military Spouse Program: Carolyn Russell, carolyn.p.russell.civ@mail.mil or Linda Uniatowski, linda.j.uniatowski.civ@mail.mil.

Angela Corrieri of the Veterans Entrepreneur Program said several attendees asked about the program which offers training for would-be veteran business owners.

"We meet once a week but there's a lot of homework," she said, adding that the class teaches veterans how to present their businesses. The next class begins Sept. 13, Corrieri said. For more information, contact her at 443-619-4968; e-mail acorr@

startuppartersinc.org or visit the website www.startuppartersinc.org

Attendees said they got a lot out of the expo.

"It had a lot of good information; more than other job fairs I've attended," said Mark Lehl, a local veteran who said his sister-in-law told him about the expo.

"I thought it was very informative," added Vicki Bailey, a civilian with the Army Test and Evaluation Command.

Recently married, Bailey said she was gathering information for her husband who will soon be moving to the area. She said she gathered a lot of reading material from several vendors.

"They offered a lot of help [about] filling out resumes and listed websites, businesses and contacts," she said. "He'll be excited by the opportunities."

APG will partner with DLLR and the Susquehanna Workforce to present the Harford County Job Fair, 2 to 6 p.m. at the Richlin Ballroom in Edgewood, Thursday, Oct. 3. For more information, visit the Susquehanna Workforce Network website <http://www.swnetwork.org/jobfair.php>.

Soldiers, civilians, veterans and Family members peruse the more than 50 vendor displays in the APG North (Aberdeen) recreation center during the Aug. 21 Army Community Service Job Fair and Expo.



Flu vaccines at APG starting next month

By **JONATHAN GOLDSMITH**
KUSAHC

Flu season is quickly approaching and the recent cold snap reminds us it's time to gear up to get immunized.

The Centers for Disease Control and Prevention (CDC) report of the 2013-2014 season emphasizes that flu seasons can be unpredictable, and the CDC recommends a yearly vaccination for people 6 months or older as the best defense against the Influenza virus.

"Kirk United States Army Health Clinic (KUSAHC) is ready to ensure that our entire population: military, family members, retirees, medical staff, and civilians are protected from the flu virus," says 1st Lt. Joanna Moore, Chief of Preventive Medicine at KUSAHC. "KUSAHC plans to start immunizing the APG population starting in mid-September with an aggressive campaign including mobile vaccination clinics"

continues 1st Lt. Joanna Moore.

"Kirk Army Health Clinic will use multiple modalities to get the word out to the APG community as flu season approaches, including the APG News, Channel 97, the KUSAHC website (<http://kusahc.nrmc.amedd.army.mil/default.aspx>) and the use of social media such as our Facebook page (<https://www.facebook.com/KUSAHC#!/KUSAHC>)," said Robert Townsend, the Patient Advocate/Public Affairs Officer at KUSAHC.

The CDC projects that manufacturers will produce between 135 million to 139 million doses of vaccine for use in the United States. For 2013-2014, most vaccines manufactured will be trivalent and created to fight H1N1, H3N2, and B/Massachusetts/2/2012 like virus. In addition to being vaccinated, individuals can take some easy steps to help avoid contracting the flu virus, such

Healthy Living

www.apg.army.mil/apghome/sites/local/ click on Well Being

Healthy Living is a recurring feature in the APG News. It addresses health topics that matter most to our readers. To view more health topics and the Community Health Promotion Council calendar of events, visit the APG homepage <http://www.apg.army.mil/> and click on the Community Health icon at the bottom right, or scan the QR code (at right) with your smart phone or enabled device. To suggest health-related topics for the Health Living series, email patricia.g.beauchamp.civ@mail.mil or call 410-278-7274.



as washing hands frequently, avoiding those infected, and staying home from work or school if possibly infected. Be aware of the common symptoms of flu:

- Fever or feeling feverish
- Cough
- Sore Throat
- Runny or stuffy nose
- Muscle or body aches
- Headaches
- Fatigue
- Some people may have vomit-

ing or diarrhea

Individuals should not get the vaccine if they are allergic to chicken eggs, have previously had severe reactions to the vaccine, are under 6 months of age, are at the time moderately ill, or have a history of Guillain-Barre' Syndrome. More information including time and places to receive your flu vaccine can be found online on the KUSAHC Facebook and webpage or by calling the Influenza Hotline at 410-306-3588.

Your mental health or your security clearance

By **JAMES SCROGGINS**
CECOM

The old stigma that seeking mental health treatment could impact your clearance is a thing of the past.

It used to be that answering "yes" on question 21 of the SF 86 (Questionnaire for National Security Positions) would raise a flag and usually have an adverse affect on the adjudication of your interim clearance or eligibility.

Times have changed and the wisdom of mental health treatment has prevailed. In light of the mental and emotional health issues affecting our workforce today, the importance of treatment and its benefits are now better understood. The U.S. Government's position toward seeking treatment for mental health conditions has

"The patriots who have volunteered to serve in our armed services have no equal in the world. I made a solemn commitment to the congress, to the nation, and to you to keep the welfare of men and women in uniform uppermost in my mind at all times."

Robert M. Gates
Former Defense Secretary

changed. The vital importance of mental health is recognized and the proactive management of mental health conditions and wellness is strongly

supported. The rationale behind this change in policy is that an individual who has experienced a mental health condition may in fact benefit

from mental health treatment and support. If left untreated, mental and emotional health conditions may affect an individual's reliability, judgment and trustworthiness.

When it comes to answering YES on question 21 of the SF 86, the Under Secretary of Defense for Intelligence wants you to know: "Your decision to seek mental health care will NOT in and of itself adversely impact your ability to obtain or maintain a national security position. In fact, seeking personal wellness and recovery may favorably impact your eligibility for a national security position. All information pertaining to treatment will be handled on a strict need-to-know basis and any misuse of information provided is punishable under applicable privacy laws."

FWP names top individuals, organizations

Story and photo by **RACHEL PONDER**
APG News

The Aberdeen Proving Ground Federal Women's Program celebrated Women's Equality Day with an observance and awards ceremony Aug. 22 in the Ball Conference Center. This event was hosted by the U.S. Army Research, Development and Engineering Command and the APG Federal Women's Program Committee.

The annual observance celebrates the passing of the 19th Amendment to the U.S. Constitution, which granted women the right to vote. After a 72-year campaign the amendment was ratified Aug. 20, 1920.

This was the 29th year that APG has recognized outstanding employees and organizations that promote equal opportunities and professional growth for federal women in the workplace.

The guest speaker was the Deputy Program Executive Officer for Command, Control and Communications-Tactical, Mary Woods, who has worked for the federal government for 28 years.

"During my lifetime I have seen great strides in equal rights for women," she said. "I have seen a big shift in the number of women in leadership positions and middle management positions."

Woods said that she was fortunate to have bosses that mentored her, giving her an opportunity to excel.

"It is important that we give those around us those opportunities," she said.

Woods said that today women reap the benefits of those who fought for the right for women to vote and to have equal rights. Woods noted that our country continues to make strides in equal rights.

For instance, this year the U.S. military officially lifted the ban on women fighting in combat, thus by 2016, every position in the U.S. military will be open to women.

Outstanding Woman of Year

Suzanne Singleton, from the U.S. Army Materiel Systems Analysis Activity received the Outstanding Woman of the Year award. Singleton works as a lead operations research analyst in the Weapon Systems Analysis Division.

She was recognized for her dedication to the Army, AMSAA, and her local community.

In addition to being active in the Federal Women's Program from 2009 to 2011, this year Singleton established "Lunch & Learn" sessions to foster continuing education on relevant technical issues in the AMSAA workforce.

Singleton also mentored a female intern assigned to the Risk Team, and in 2008-2009 she volunteered as a Capstone Project Mentor for a senior student at the Aberdeen High School Science and

Mathematics Academy.

She also chairs the AMSAA Holiday Families Program Committee, which provides food, new clothing, and new toys to disadvantaged military and civilian families during the winter Holiday season.

Singleton thanked her supervisor, Randy Wheeler for nominating her, and her co-workers.

"AMSAA has given me a lot of great opportunities," she said. "I enjoy my job not only because of the work I do, but also because of the people I work with."

Other nominees include Kristine Augustyniak, Army Test and Evaluation Command and Bonnie Kolaya, ATEC.

Supervisor of the Year

Brad Bradley, a GS-15 Branch Chief from AMSAA, was named supervisor of the year for promoting equal opportunity and professional growth for federal women.

As an Equal Employment Opportunity Coordinator for AMSAA, Bradley conducted an analysis on women and minority representation in the organization. Through his analysis, he found that the organization generally met industry standards for percentage of women employed in the technical fields, and exceeded industry standards on recent hiring and promotion of women. However, he highlighted that the percentage of women in leadership positions fell below the percentage of women in the workforce. To help address this concern, Bradley recommended to AMSAA senior management that it continue assignment of women on hiring and promotion boards; encourage high-grade mentors to women; appoint more women to manage major projects to allow demonstration of leadership skills; and support women attendance in senior-level training programs. A recent action by AMSAA management was the successful nomination of a woman to Senior Service College.

Another outcome was AMSAA management formation of a Workforce Diversity Working Group to develop an implementation plan to increase workforce competitiveness, to include women, across the organization for future promotion opportunities.

"Upon presentation of the Workforce Diversity results, the AMSAA Director (James Amato) reiterated his policy that workforce diversity is one of his top three priorities for the organization," Bradley said.

In addition to being an EEO Coordinator, Bradley also serves as a mentor for a number of AMSAA employees. Of the six employees he consistently mentors, half are female and all have served in high-grade positions either temporarily or permanently.

Other nominees include Angeli-



The Deputy Program Executive Officer for Command, Control and Communications-Tactical Mary Woods speaks during the 29th Annual Women's Equality Day Celebration Awards Program at the Ball Conference Center Aug. 29.

na Reese-Dashiell, Communications-Electronics Command; Wilma Solivan, CECOM, Cynthia Carpenter, Communications-Electronics Research, Development and Engineering Command; Heather Hilton, Patricia Craten, Louise Spangler, Kelly Hacker, Norma Yowell from the Army Test and Evaluation Command; Mary Martinez, Edgewood Chemical Biological Center.

Organization of the Year

The Edgewood Chemical Biological Center won the award for activity most supportive of FWP goals. The ECBC Director of Program Integration, Suzanne Milchling, a Senior Executive Service member, accepted the award. In honor of National Women's History Month in March 2013, ECBC sponsored a series of events to develop and recognize females across generations and career levels in the organization. Initiatives took place in person and online, offering multiple opportunities for workforce engagement including a month long speaker series featuring influential women from the APG and Harford County Community, a guest blog series and a themed newsletter focused on "Women in Science & Engineering."

ECBC also offers career development opportunities for men and women, including a new Mid Level Career Development Cohort Program. During the program, participants attend a number of formal classroom sessions, receive individual coaching, participate in directorate "field trips", and engage in team building activities and present team projects. In 2012, five of the 14 participants were female.

This is third consecutive year that ECBC has won the award. During Milchling's remarks she challenged other organizations to promote diversity in the workplace.

"It's an organizational culture we are working on, we believe that we need diversity in the workforce," Milchling said.

Other nominees include AMSAA, U.S. Army Public Health Command and PEO C3T.

FEW Scholarship

Sheryl Coleman, president of the Maryland Tri-County Chapter of Federally Employed Women, presented the annual Dottie Dorman Working Women's Scholarship to Letitia Mathews, from the U.S. Army Public Health Command.

"This scholarship will help tremendously, I am extremely grateful," Mathews said. Mathews is a senior at Sojourner-Douglas College, Baltimore Campus, majoring in business administration. "I am looking forward to graduating and achieving my goals."

The scholarship is awarded to a female federal employee who works in Baltimore, Cecil or Harford County and is currently pursuing college-level education studies. FEW is a private membership organization that works with Congress and legislators as an advocacy group to improve the status of women employed by the federal government. The Maryland Tri-County Chapter of FEW covers Harford, Cecil and Baltimore counties. For more information about FEW contact Coleman at 410-278-5964.

Preparing for a storm: Part 1 Tornadoes

By **YVONNE JOHNSON**
APG News

Don't let the relative quiet in the Atlantic and Caribbean over the past few weeks lull you into a false sense of security. Historically, June and July are the quietest months of the Atlantic Hurricane season while August and September have delivered some of the world's most devastating storms. And remember, last year's Superstorm Sandy blew through just a couple of days before Halloween ... in LATE OCTOBER!

Recent heavy rains and the Aug. 13 rush hour tornado warning should serve as reminders of just how unforgiving Mother Nature can be as well as how quickly things can turn from good to bad. September is Emergency Preparedness Month but regardless of the season, it just makes sense to have an emergency kit and family communication plans in place for you and your loved ones. Guidelines for kits and plans can be used for several types of emergencies.

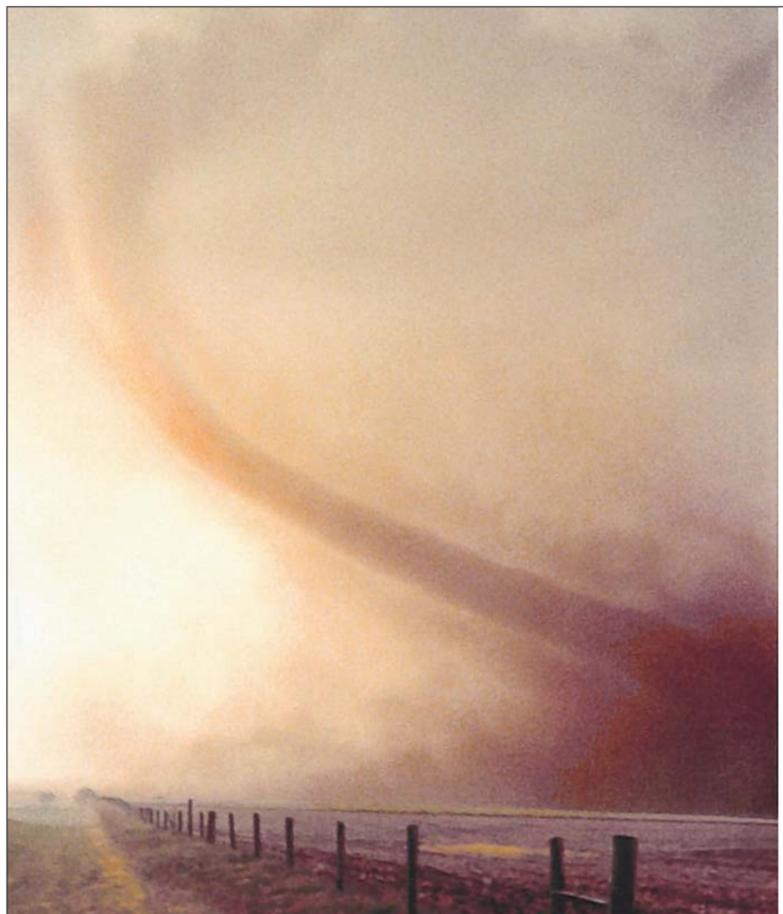
Along with a few helpful tips to help you Build A Kit and Make A Plan this article focuses on the season's most prevalent weather emergencies – tornadoes and hurricanes – and offers guidelines about what to do before, during and after these weather events.

View more in-depth information at www.ready.gov or on the Maryland Emergency Management Agency website at <http://memaryland.gov>.

Free Preparedness Apps:

Helpful apps to guide you before, during and after a storm or other emergency include:

Hurricanes by American Red Cross app: A hurricane tracker app available for iPhone and Android. Monitor conditions in your area or throughout the storm track, prepare your family and home, find help and let others know you are safe even if the power is out – a must have for anyone who lives in an



area where a hurricane may strike or has loved ones who do.

Federal Emergency Management Agency (FEMA) app: contains preparedness information for different types of disasters, an interactive checklist for emergency kits, a section to plan emergency meeting locations, information on how to stay safe and recover after a disaster, a map with FEMA Disaster Recovery Center locations (one-stop centers where disaster survivors can

access key relief services) and Shelters, general ways the public can get involved before and after a disaster, and the FEMA blog.

Red Cross Reuniting Families

If you become separated from your family, during an emergency, use your family communications plan or contact the American Red Cross at 1-800-RED-CROSS/1-800-733-2767 or visit the American Red Cross Safe and Well site: www.safeandwell.org

The American Red Cross also maintains a database to help you find family. Contact the local American Red Cross chapter where you are staying for information. Do not contact the chapter in the disaster area.

Tornadoes

Tornadoes are nature's most violent storms. Spawned from powerful thunderstorms, tornadoes can cause fatalities and devastate a neighborhood in seconds. A tornado appears as a rotating, funnel-shaped cloud that extends from a thunderstorm to the ground with whirling winds that can reach 300 miles per hour. Damage paths can be in excess of one mile wide and 50 miles long. Every state is at some risk from this hazard. Some tornadoes are clearly visible, while rain or nearby low-hanging clouds obscure others. Occasionally, tornadoes develop so rapidly that little, if any, advance warning is possible. Before a tornado hits, the wind may die down and the air may become very still. A cloud of debris can mark the location of a tornado even if a funnel is not visible. Tornadoes generally occur near the trailing edge of a thunderstorm. It is not uncommon to see clear, sunlit skies behind a tornado.

Before a tornado

- Listen to NOAA weather radio or to commercial radio or television newscasts for the latest information. In an emergency, always listen to the instructions given by local emergency management officials
- Be alert to changing weather conditions. Look for approaching storms.
- Look for the following danger signs:
 - Dark, often greenish sky
 - Large hail
 - A large, dark, low-lying cloud (particularly if rotating)
 - Loud roar, similar to a freight train

Continued on Page 7

Continued from Page 6

If you observe any of the danger signs, prepare to take shelter immediately

During a tornado

If you are under a tornado warning, seek shelter immediately. Most injuries associated with high winds are from flying debris, so remember to protect your head.

If you are in a structure (residence, small building, school, nursing home, hospital, factory, shopping center, high-rise building):

- Go to a pre-designated shelter area such as a safe room, basement, storm cellar, or the lowest building level. If there is no basement, go to the center of an interior room on the lowest level (closet, interior hallway) away from corners, windows, doors, and outside walls. Put as many walls as possible between you and the outside. Get under a sturdy table and use your arms to protect your head and neck.

- In a high-rise building, go to a small interior room or hallway on the lowest floor possible. Put on sturdy shoes. Do not open windows.

If you are outside with no shelter:

- Immediately get into a vehicle, buckle your seat belt and try to drive to the closest sturdy shelter.

- If your vehicle is hit by flying debris while you are driving, pull over and park.

Stay in the car with the seat belt on. Put your head down below the windows; cover your head with your hands and a blanket, coat or other cushion if possible.

- If you can safely get noticeably lower than the level of the roadway, leave your car and lie in that area, covering your head with your hands

- Do not get under an overpass or bridge. You are safer in a low, flat location.

- Never try to outrun a tornado in urban or congested areas in a car or truck. Instead, leave the vehicle immediately for safe shelter.

- Watch out for flying debris. Most fatalities and injuries during tornadoes are caused by flying debris.

If you are in a trailer or mobile home:

- Get out immediately and go to the lowest floor of a sturdy, nearby building or a storm shelter. Mobile homes, even if tied down, offer little protection from tornadoes.

After a Tornado

Injuries may result from the direct impact of a tornado or afterward when people walk among debris and enter damaged buildings. A study of injuries after a tornado in Marion, Ill., showed that 50 percent of tornado-related injuries were suffered during rescue attempts, cleanup and other post-tornado activities. Nearly a third of the inju-

ries resulted from stepping on nails. Because tornadoes often damage power lines, gas lines or electrical systems, there is a risk of fire, electrocution or an explosion. Protecting yourself and your family requires promptly treating any injuries suffered during the storm and using extreme care to avoid further hazards.

Check for injuries

Do not attempt to move seriously injured people unless they are in immediate danger of further injury. Get medical assistance immediately. If someone has stopped breathing, begin CPR if you are trained to do so. Stop a bleeding injury by applying direct pressure to the wound. Have any puncture wound evaluated by a physician. If you are trapped, try to attract attention to your location.

General safety precautions

- Continue to monitor your battery-powered radio or television for emergency information.

- Be careful when entering any structure that has been damaged.

- Wear sturdy shoes or boots, long sleeves and gloves when handling or walking on or near debris.

- Be aware of hazards from exposed nails and broken glass.

- Do not touch downed power lines or objects in contact with downed lines. Report electrical hazards to the police and the utility company.

- Use battery-powered lanterns, if possible, rather than candles to light homes without electrical power. If you use candles, make sure they are in safe holders away from curtains, paper, wood or other flammable items. Never leave a candle burning when you are out of the room.

- Never use generators, pressure washers, grills, camp stoves or other gasoline, propane, natural gas or charcoal-burning devices inside your home, basement, garage or camper - or even outside near an open window, door or vent. Carbon monoxide (CO) - an odorless, colorless gas that can cause sudden illness and death if you breathe it - from these sources can build up in your home, garage or camper and poison the people and animals inside. Seek prompt medical attention if you suspect CO poisoning and are feeling dizzy, light-headed or nauseated.

- Hang up displaced telephone receivers that may have been knocked off by the tornado, but stay off the telephone, except to report an emergency.

- Cooperate fully with public safety officials.

- Respond to requests for volunteer assistance by police, fire fighters, emergency management and relief organizations, but do not go into damaged areas unless assistance has been requested. Your presence could hamper relief efforts and you could endanger yourself.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency).

For info, contact Cathy Davis at 410-306-0152 or cathy.a.davis4.civ@mail.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

Lamar-Reevey, Kellie
Solomon, Je'Neane
Svezzese, Denise
Hampton, Devita
Smith, Amanda
Parker, Inger
Winne, Janeen
Evans, Doretha
Smith, Deborah A.
Barrett, Patrick
Blethens, Matthew
Decker, Kathy
Merritt, Robert

Rodriguez, Alex
Alba, Audrey
Bruner, Stephen
Chiola, Hallie
Crawford, Iris
Jones, Deborah
Eberhardt, Joanne
Johnson, Mark
Lamacchia, Rosemarie
France-Haff, Cheryl
Bailey, Sharon
Hoffman, William
Young, Michele

Park, Jessica
Blethen, Lena
Crawford, Curtis
Burrell, Dianne
Shelton, Lena
Paris, Scott
Conigliaro, Kenneth
Garabo, Ryan
Robinson, Jennifer
Mayes, Katherine
Sumic, Angie
Griffith, Owen
McClintick, Jill



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Visit us at <http://apgnews.apg.army.mil/archives/archives.html>
or scan the QR code



MARK YOUR CALENDAR

TUESDAY

SEPTEMBER 10 LIFE INSURANCE FAIR

The CECOM Wellness Program will host The 2013 Life Insurance Awareness Month (LIAM) fair at the Myer Auditorium, Bldg. 6000 from noon to 1 p.m.. This year's national spokesperson for Life Insurance Awareness Month will be Norman Julius "Boomer" Esiason, retired NFL MVP and current television analyst. Several representatives will provide information on buying life insurance to protect the ones you love. This event is open to everyone on APG.

SATURDAY

SEPTEMBER 14 WOMEN'S HOME BUILD

Due to rain delays, the Team APG Women's Home Build project has been rescheduled to 7:30 a.m. to 3:30 p.m., Saturday, Sept. 14. For more information, contact Linda Patrick, PHC, at 410-436-1023, linda.d.patrick.civ@mail.mil; Sheryl Coleman, ARL, at 410-278-5964, sheryl.l.coleman.civ@mail.mil; or Tracy Marshall, CECOM, at 443-861-4366, tracy.y.marshall@mail.mil.

FAMILY DAY AT THE POST CHAPEL

Unlock 4,000 years of Godly wisdom in five memorable hours. Fun and interactive family learning is planned on Sat., Sept. 14 from 9 a.m. to 4 p.m. Lunch and refreshments will be provided; childcare is available. Registration forms are available at the Aberdeen Area Chapel, building 2485. To register, or for more information, call the chapel at 410-278-4333/2516.

MONDAY

SEPTEMBER 16 INTERNATIONAL ASSOCIATION OF ADMINISTRATIVE PROFESSIONALS (IAAP)

Administrative Professionals! Would you like to be on the cutting edge of your craft and enhance your promotion potential? The IAAP is looking for you! Our group represents various businesses and facilities within Harford County such as Battelle, Booz Allen Hamilton, SAIC, U.S. Army, Harford Community College, Upper Chesapeake Hospital, Boeing, and more. Our meetings focus on enhancing your administrative education, training, leadership development, research, community outreach. We offer professional certifications which are recognized industry standards. The Harford Chapter meets every third Monday from 6:00 pm to 7:30 pm in the Harford Community College area; the next meeting will be Monday, Sept. 16 in the Chesapeake Dining Room North. For more information, visit <http://www.harfordiaap.org>; our Facebook page IAAP-Harford Chapter or at IAAP.HC@gmail.com.

TUESDAY

SEPTEMBER 17 BALANCE AND MY ACHING

FEET

The CECOM Wellness Program will host a Balance and My Aching Feet Informational Session at the Myer Auditorium, Bldg. 6000 from noon to 1 p.m.. The guest speaker will be Chris Brinton MPT, CwCHP, ATI Physical Therapy, will discuss practical ways to manage foot/heel pain, Anatomy of the foot, foot mechanics and treatment options.

AMERICAN SIGN LANGUAGE CLASS

The Fall 2013 American Sign Language class begins Tuesday, Sept. 17 and continues each Tuesday through Dec. 10. The class will be held 11:30 a.m. to 12:30 p.m. at Bldg. E3330-31, room 270 in APG South (Edgewood). The ASL class is free and is open to anyone with a CAC or military ID card including spouses. The text book "ABC, A Basic Course in American Sign Language," can be purchased online [amazon.com or barnesandnoble.com] or at local book stores. To register, or for more information, contact BethAnn Cameron at 410-436-7175, bethann.cameron.civ@mail.mil; Pat Reeves at 410-436-2917, patricia.j.reeves6.civ@mail.mil; or Randy Weber at 410-436-8546, randy.k.weber.civ@mail.mil.

TUESDAY AND WEDNESDAY

SEPTEMBER 17 & 18 BJ'S MEMBERSHIP SIGNUP

Save \$10 off the \$50 in-store membership fee for Inner Circle and \$20 off the \$100 in-store membership for the Rewards Program. Memberships are for 15 months instead of 12. All forms of payment accepted. Discounted memberships are only available at on-site signups – not in store or on line. Sign up at the APG South (Edgewood) Recreation Center, Bldg. E4140, on Tuesday, Sept. 17, from 11 a.m. to 1:30 p.m. or at the APG North (Aberdeen) Recreation Center on Wednesday, Sept. 18 from 11 a.m. – 1:30 p.m.

WEDNESDAY

SEPTEMBER 18 RESILIENCY HEALTH FAIR

The APG Community Health Promotion Council and Kirk U.S. Army Health Clinic will host the second annual Resiliency Health Fair 10 a.m. to 2 p.m. at the APG South (Edgewood) recreation center. The health fair will offer a variety of free screenings, health information, and giveaways and is a great way to consult with health professionals, assess your health status and take control of an overall health plan on the road to fitness.

For more information on the resiliency health fair, contact Sue Singh, KUSAHC Community Health Nurse, at 410-278-1771.

WEDNESDAY

SEPTEMBER 25 TAKING CONTROL OF FUTURE EVENTS THROUGH LONG-TERM CARE PLANNING

Have the stock market and housing values eroded your retirement savings? For many people, it has.

Now, just imagine what impact extended (or long-term) care for you or a loved one would have on your retirement savings and if anything would be left for your loved ones. In many cases, it can be devastating. Are you financially ready or emotionally prepared to meet the costs needed? GEBA can help. To help prevent the severe financial hardship that paying for long term care can bring, Long Term Care insurance should be an important part of your overall financial plan.

The CECOM Wellness Program will host a Long-Term Care Planning informational session where, GEBA representatives, will discuss the general information on preparing future Long-Term Care planning at the C4ISR campus, Bldg. 6008 (Mallette Mission Training Facility) in Room 4 from noon to 1 p.m.

THURSDAY

SEPTEMBER 26 SO YOU THINK YOU'VE GOT TALENT

Enjoy a night of great talent and fun as MWR and BOSS host the "So You Think You've Got Talent" variety show at the APG North (Aberdeen) recreation center, Bldg. 3326 Erie Street. Doors open 5 p.m., show starts 7 p.m. Admission is free and open to the public.

Participation is open to active duty military, civilians, contractors, retirees and Family members age 16 and older. Auditions are set for 6 to 8 p.m., the following dates: Aug. 27 & 28 at APG South (Edgewood) recreation center, Bldg. E4140; Sept. 10 & 11 at APG North (Aberdeen) recreation center, Bldg. 3326 Erie Street.

Categories are: Vocalist, Group Vocalist, Instrumentalist, Band (maximum five members), Dancers, Dancer, Spoken Word, Comedy and other novelties.

Awards: Active duty and civilian categories will be awarded:

- 1st Place - \$300
- 2nd Place - \$200
- 3rd Place - \$100.

People's Choice Award – 8.9-inch Kindle Fire

Most Talented Unit streamer

To register, contact the Leisure Travel office in the APG North (Aberdeen) recreation center Bldg. 3326, Erie Street, at 410-278-4011/4907, or visit the APG Morale, Welfare and Recreation website at www.apgmwr.com.

NDIA/WID LEADER LUNCHEON

The Joint NDIA/WID Leader Luncheon will be held at the Ruggles Golf Course clubhouse to discuss leading the future of Army communications systems. RSVP at <http://www.widmidatlantic.org/Events.html>. Cost is \$20. Guest speaker is Mary Woods of DPEO C3T.

SATURDAY

SEPTEMBER 28 9TH ANNUAL "SUPPORT OUR HEROES" GALA

Tickets are now available for the 9th Annual Support Our Heroes Gala to be held 6 to 10 p.m. at Waters Edge Events Center, 4687 Millennium Drive, in Belcamp. Featured will be live and silent auctions; music and dancing, heavy hors d'oeuvres and carving station, cash bar. Proceeds benefit the Fisher House Foundation, supporting wounded warriors and their families.

Tickets on sale now. Sponsorship opportunities available. For more information, visit www.chesapeakeheroes.com

FRIDAY – SUNDAY

OCTOBER 11 - 13

OKTOBERFEST

Save the dates for the 2nd annual APG Oktoberfest celebration to be held at Shine Field Friday afternoon through Sunday. For more details, go to <http://apgmwr.com/SpecialPages/2013Oktoberfest.html>

ONGOING OPENINGS AT YOUTH CENTERS

The Aberdeen and Edgewood programs currently have immediate openings for the 2013-2014 school year at their School Age & Youth Services facilities. Openings are available in both locations for eligible users. For more information, call 410-278-7571/7479.

CYSS PARTNERS WITH

HOMESCHOOLERS

The Child, Youth and School Services at APG is trying to establish a partnership with authorized users who home-school their children in the Aberdeen and Edgewood areas. CYSS is willing to open their facilities during the week so home-schooled children can have access to classrooms, the computer lab and gym on a scheduled basis. For more information, call 410-278-7571/7479.

SUMMER NIGHTS UNDER THE LIGHTS

Hop a ride on the CYSS bus and catch Friday Night O's home games, all summer long.

The bus departs the APG North (Aberdeen) Youth Center at 5 p.m.; bus departs APG South (Edgewood) Youth Center at 5:30 p.m. Return times will vary.

CYSS members ages 9-18 are eligible to participate. Cost is \$28/game. Must be registered by COB Tuesday preceding each game date (3 DAYS PRIOR TO EACH GAME). For more information, contact Conor Joyce, conor.j.joyce.naf@mail.mil or call 410-278-1399.

FRIDAY NIGHT OPEN RECREATION FOR TEENS

The APG North (Aberdeen) Youth Center, Bldg 2522, invites all high school students out to its free Friday Night Open Recreation for Teens, every Friday from 6 p.m. to midnight. Teens are invited out to meet new friends, shoot some hoops or just play some pool. Bring up to two non-DoD friends to join in the fun. For more information, call 410-278-4995.

HDG FURLOUGH FRIENDLY DISCOUNTS

Several Havre de Grace businesses are offering discounts to APG's furloughed employees from now until the end of September. Participating businesses will offer a 20 percent discount, Monday to Friday, to APG employees affected by the furloughs. Customers must show their common access or military ID cards to take advantage of the offer. A "Furlough Friendly Community" logo and decal will be posted on windows and doors of participating businesses. To view the list, visit www.hdgtourism.com.

KEYSTONE CLUB

This free class for high school students meets every other Friday, 7 to 9 p.m. at the APG North (Aberdeen) Youth Center, Bldg 2522. This unique leadership development experience provides opportunities for young people ages 14 - 18. Youth participate in activities, both in and out of the club, in three focus areas: academic success, career preparation and community service. With the guidance of an adult advisor, Keystone Club aims to have a positive impact on members, the club and community. Participants may bring up to two non-DoD friends. For more information, call 410-278-4995.

DARTMOUTH COLLEGE RESEARCH STUDY

Geisel College of Medicine at Dartmouth is sponsoring a research study for post-deployment veterans. If you are a recent veteran experiencing difficulty adjusting to life post-deployment and need help accessing or deciding whether to seek mental health treatment, please call Meissa at Geisel School of Medicine at Dartmouth at 603-448-0263 ext. 135. You will be asked questions as a way to screen potential subjects for a DOD-funded research study. Everything is done by phone and is completely confidential. Eligible Veterans will receive compensation for their time.

INSIDE APG

APG commanders and subject matter experts will discuss topics of interest to the local community every Saturday and Wednesday at 7:50 a.m. during "Inside APG: Creating One Community Without a Gate," a monthly radio series on 970 WAMD. For more information about the series, to schedule or request an interview, call the Garrison Public Affairs Office at 410-278-1150.

For previous interviews, follow these links: <http://youtu.be/a8vuMdxmG50>; <http://youtu.be/se7hTkwnb08>



At your service

Devita D. Hampton

Social Services Assistant for the ASAP

As an Army Substance Abuse Program social services assistant, Devita D. Hampton assists with the coordination of counseling services for active duty Soldiers, Department of Defense civilians, retirees and their Family members.

Most recently, Hampton facilitated and presented Resiliency and Stress Management training for APG audiences.

In addition, the ASAP offers prevention and education services, Employee Assistance Program services, Clinical Substance Abuse Program services, suicide prevention services and bio chemical drug testing.

Hampton noted that plans are being made to mark National Recovery Month 2013 and National Suicide Awareness

Month in September.

"Both events will highlight the efforts from our APG Family as well as senior leadership emphasizing that behavioral health is important," she said.

She added that the best part of her job is the satisfaction of, "knowing that I helped somebody."

Check the APG News and APG Facebook for more information.

Hampton is located in ASAP Bldg. 2477, Chesapeake Avenue. Her hours are 7 a.m. to 4:30 p.m., Monday-Friday.

Contact her at 410-278-1716; 410-278-DRUG; e-mail devita.d.hampton.civ@mail.mil or visit the ASAP page on the APG Garrison website at <http://www.apg.army.mil/apghome/sites/local/>.



MORE ONLINE

More events can be seen at www.apgnews.apg.army.mil/calendar.

C4ISR prayer luncheon focuses on resiliency

By **RACHEL PONDER**
APG News

Members of the Command, Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance community gathered for faith and fellowship during the C4ISR Prayer Luncheon Aug. 21.

The guest speaker, the U.S. Army Test and Evaluation Command Chaplain (Col.) David Hillis, focused on how to remain resilient during difficult times, like furloughs and sequestration. Hillis said people will find hope and strength if they turn their troubles to God.

Hillis said the Army has seen great changes through the years. Deployments, demanding workloads and budgetary cutbacks have put strain on Soldiers, the civilian workforce and their Families. Hillis said during difficult times he turns to Philippians 4:13, "I can do all things with Christ who strengthens me."

"We place a lot of emphasis on taking care of the body and the mind, but what about our soul?" Hillis said. "What do we do to maintain that part of us that we cannot necessarily see but we can certainly feel?"

Hillis said in addition to physical courage we need a "soul of courage" in order to prosper, which is strengthened by something beyond ourselves.

"Faith brings us courage when we



U.S. Army Test and Evaluation Command Chaplain (Col.) David Hillis speaks at the C4ISR Prayer Luncheon held in the Myer Auditorium Aug. 21. Hillis focused on how to remain resilient during difficult times, like furloughs and sequestration. He said people will find hope and strength if they turn their troubles to God.

Photo by Rachel Ponder

don't think we can go on anymore," he said.

"Faith prepares the soul for the unexpected."

Hillis concluded by saying we need to put our trust in God no matter what happens.

"We need to believe that God has a plan, even though we might not understand it," he said.

Hillis added that faith is also about

service.

"When we reach out to others in need, I believe the Lord strengthens us as well," he said.

The Deputy to the Commanding General Gary Martin thanked Hillis for his words, noting that prayer luncheons refresh and rebuild the community.

The program included musical performances by Emmanuel Kim and the C4ISR Strings & Brass Band and prayers

and scripture readings by employees from the U.S. Army Communications and Electronics-Command and ATEC.

Distinguished guests included APG and CECOM Commander Maj. Gen. Robert Ferrell, APG and CECOM Command Sgt. Maj. Kennis Dent, the CECOM Chief of Staff Col. Charles Gibson, Garrison Commander Col. Gregory McClinton and Garrison Command Sgt. Maj. James Ervin.

Chandler: 2014 may bring full sequestration

Continued from Page 1

Town Hall Meeting

Soldiers, civilians, Family members and cadets from the Maryland National Guard's Freestate ChalleNGe Academy attended the afternoon town hall where they had an opportunity to hear the senior enlisted Soldier's priorities. Chandler used short video clips to illustrate his point on several subjects.

The Army Profession

Chandler asked members of the audience to stand and define "character," "commitment" and "competence" and said the three characteristics were essential to becoming a professional Soldier. "The Army Profession" manual, a professional development tool initiated by Chandler, is available at <http://cape.army.mil/aaop/doctrine.php> and was launched on the Army Birthday, June 14.

Suicide prevention

One challenge to the profession, Chandler said, is the number of suicides across the Army. Reminding Soldiers that the NCO Creed states, "No one is more professional than I," Chandler said today's Soldiers are challenged to make sure they are doing what they are supposed to be doing while ensuring their battle buddy is living by the same standard.

"In almost every [suicide] case," he said, "there was alcohol, a weapon and a failed relationship involved. If we choose to, we can reduce suicides in the Army. Look for those three things and you can save someone's life."

The issue is bigger than the Army and includes every spectrum of society, he said, adding that his words were meant for all listeners. "It's not just uniform to uniform. Whatever the spectrum is, we are the Army Family and families look out for each other. In order for [Soldiers] to be successful, we all have to be successful."

He encouraged everyone to familiarize themselves with Army Community Service and Army Substance Abuse Program services and resources.

Sexual Assault

Chandler drew a close comparison when explaining the effects of sexual assault. He asked listeners to think about how it felt to have something stolen from them and equated similar feelings to sexual assault and rape.

"Unlike when someone steals an item from you that can be replaced, they take something you cannot buy back," he said, adding that to defeat sexual assault more energy and outrage must be applied against it. "We should be fired up and angry that we tolerate criminal activity," he said. "If

the NCOs get behind it, we're going to solve this challenge. When we tolerate mediocrity or violence, then we are the problem."

He said the first priority is to encourage Soldiers to come forward—and when they do—believe them. "We cannot be skeptical," he said, acknowledging that instances of false statements have occurred.

"There's an answer for someone who comes forward and makes a false statement and we'll handle that," he said, "but in 99 percent of cases, something happened. We've got to do our part. We need an understanding from our perspective that we can change things but we all have to contribute."

He added that while members of the House and Senate are concerned about sexual assault in the military and not satisfied with how military leaders are addressing the situation, he believes the solution lies within the ranks.

"We are taking action and holding leaders accountable," he said.

Regarding retention and training during an era of budgetary uncertainty, Chandler said though the Army has high standards when it comes to providing the nation with a ready force, training will suffer if the next budget is not approved. He said he believes there is a distinct possibility 2014 will bring a full sequestration which means about a 50

percent decrease in defense spending.

"The last thing we want is to send Soldiers not trained into combat," he said.

As for retention and recruitment, "There will always be opportunities to serve our needs proudly and with competence," he said, with regard to current and future Soldiers.

"We want you to be a part of our team."

Coin presentations

Chandler presented his challenge coin to several Soldiers who were selected by their units as outstanding or contributing above and beyond.

He said he didn't know what to expect from APG but after researching installation organizations and viewing programs in place for Soldiers, civilians, retirees, Families, and Survivors, he was very impressed with what he saw.

In the grand scheme of things, "APG is extremely important," Chandler said.

"Research and science is how we will move forward into the future. We have to put a lot of emphasis and investments on future innovations that will only make us more efficient.

"This is a significant and important workforce," he said. "I didn't know this place was so beautiful. It's like a little jewel you don't notice at first because you get blinded by the bigger ones."

Chief calls fire unit 'community partner'

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tions, the testing and evaluation mission at APG, as well as the makeup of its tenant organizations presents unique challenges. Along with adjusting to those and other challenges, DeLay said he plans to focus on community outreach programs and professional development.

He said one long-term goal is for the APG fire department to "rebrand" itself as more of a "community partner."

"We want to be known as an all-hazard response [unit] for on and off post," he said, "and we want to make sure that when we are called off post they see us as a group of highly dedicated professionals."

Because government civilians outnumber Soldiers on APG, DeLay said the department has to "retrain its thought process to the worker so that fire prevention and safety messages go home with them."

"The message doesn't stop at the gate," he said.

DeLay said he is looking internally for personnel in key positions who are will-

ing to go out and help implement these changes.

Training and outreach, as it stands, are commendable, he added, noting that DES personnel maintain close relationships with APG organizations, particularly the ones located furthest from responders.

"We have over 500 AEDs (automated external defibrillators) on post and we maintain quality training with the goal of having someone with basic knowledge at every site," he said, adding that DES emergency responders teach fire prevention, first aid and safety to more than 10,000 people per year.

"We will find a way to get you trained," he said.

Internal training for firefighters and emergency medical personnel is another matter, DeLay said. A career program manager for 3,500 firefighters across the country, DeLay said he plans to completely redevelop the current training program which is 15 years old.

He said community programs will be incorporated into the training with the overall goal of building a better, smarter

and more knowledgeable unit.

"The goal is to enhance employee development," he said. "As community partners, they will provide better service to our customers with the skills provided to them."

Having the Maryland Fire Institute located at the APG South (Edgewood) are also a plus for DES DeLay said.

"Bringing other agencies here and letting them see what we have to offer them as far as training is a great opportunity," he said. "We will absolutely take advantage of every opportunity to continue training with outside agencies."

Scott M. DeLay

DeLay's career began at McKenzie Valley Fire Protection District in Oregon from 1989-1992 and progressed to Hill Air Force Base in Utah from 1992-2001. From 2001 to present he served as station chief or higher at Davis-Monthan Air Force Base, Ariz., Fort A.P. Hill, Va., and Fort Lewis, Wash., before taking the fire chief position at Fort Riley, Kan.

He is a graduate of the Community Risk Development and Service Based

Contracting courses; the Defense Threat Reduction Agency WMD Response course; the Defense Acquisition University and Army Management Staff College Advanced Program; and Fire Officer IV (Strategic Leadership & Management) course as well as the National Fire Academy Executive Leadership Program Applied Research Project.

DeLay was the first Fire and Emergency Services leader in the Army to be accepted into the Army Management Staff College Continuing Education for Senior Leaders Course. He has also blended the National Fire Academy Model for Education and Interoperability course with Army educational programs for a clearer understanding among firefighters and leaders of the non-traditional education elements of the Fire Service.

His awards include the IMCOM-C Stalwart Award (2012) and individual recognition from President George W. Bush for actions taken as the Incident/Operations Commander during multiple casualty events that resulted in a local declaration of a State of Emergency in 2005.

Installation ASAP promoting message of recovery

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an observance of National Recovery Month which will be held noon to 1 p.m. Sept. 17 at the ASAP Bldg. 2477 on Chesapeake Avenue.

National Recovery Month

Celebrated during the month of Sep-

tember, Recovery Month began in 1989 as TreatmentWorks! Month, which honored the work of the treatment and recovery professionals in the field. The observance evolved to National Alcohol and Drug Addiction Recovery Month (Recovery Month) in 1998, when the observance expanded to include celebrating the accomplishment of individuals in recovery

from substance use disorders. The observance evolved once again in 2011 to National Recovery Month to include all aspects of behavioral health.

For more information, visit the National Recovery Month website at <http://www.recoverymonth.gov>.



APG SNAPSHOT

A peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.

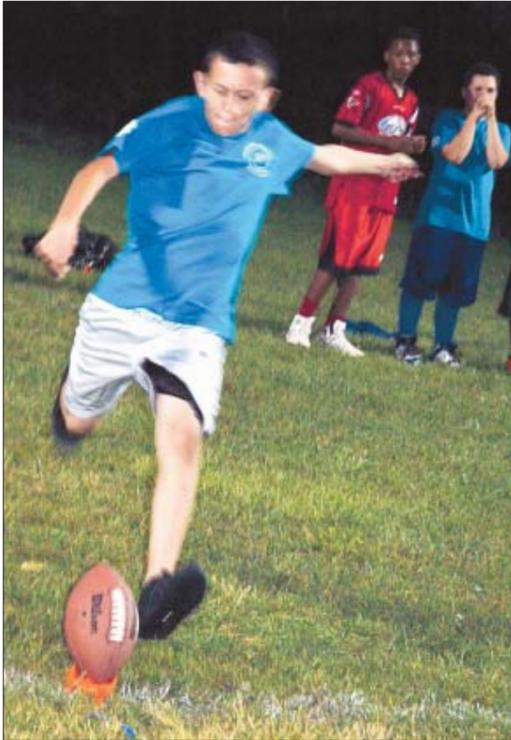


Photo by Yvonne Johnson

SHARING IS CARING

(From left) Master Sgt. Adrienne Harris, 1st Area Medical Laboratory; Reginald Perry, assistant principal; Sue Osborn, principal; Master Sgt. Keyana Washington, Kirk U.S. Army Health Clinic and president of the APG Sergeant Audie Murphy Club; and Sgt. 1st Class Michelle Williams, U.S. Army Research Laboratory pose with donated school supplies they presented to the Roye-Williams Elementary School Aug. 22. Washington said the group decided to support Harford County Public Schools during the coming school year and thanked APG Schools Liaison Stacie Umbarger for providing the school supply wish list. SAMC members placed donation boxes in units around the installation to collect the more than 1,300 donated items and even provided a coffee maker for the schools' staff and faculty. Washington credited Williams, a candidate for induction during the next SAMC board in October, for spearheading the project. "She just took charge and made it happen," Washington said.

APG HOSTS NFL PUNT, PASS AND KICK COMPETITION



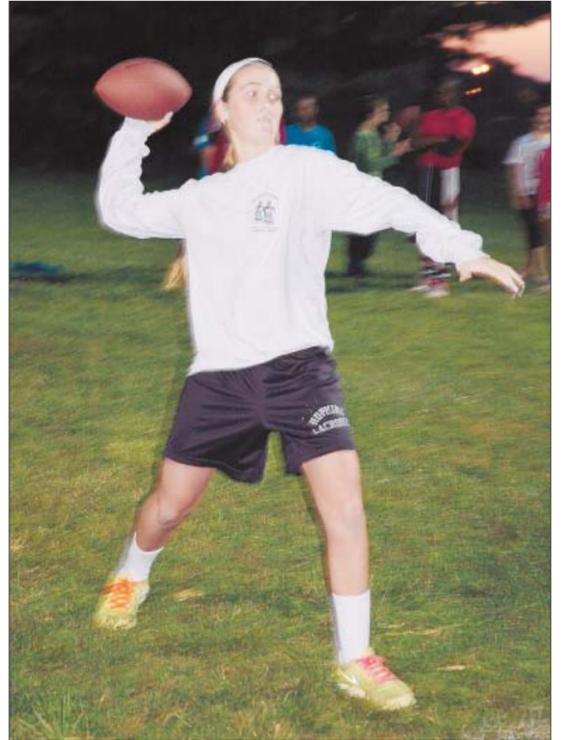
Twenty-two Aberdeen Proving Ground children, ages 6-15, participated in annual NFL Punt, Pass and Kick Competition hosted by Child, Youth and School Services Youth Sports and Fitness program at the APG North (Aberdeen) youth center soccer field Aug. 23. The top finisher in each division will go on to compete in the sectional competition held at St. Paul's School in Brooklandville, Md. The NFL PP&K competition allows children to learn football fundamentals in an engaging and non-contact environment.

Left: Tyler Long prepares to kick during the Punt, Pass and Kick competition Aug. 23.
Right: Kayla Koch prepares to pass the football during the Punt, Pass and Kick competition Aug. 23.

Photos by Rachel Ponder

Winners are:

- | | |
|------------------------------|-------------------------------|
| 6-7 Boys
Ashley Sims | 10-11 Girls
No participant |
| 6-7 Girls
Shyanne Surette | 12-13 Boys
Anthony Chase |
| 8-9 Boys
Robby Kleist | 12-13 Girls
Kayla Koch |
| 8-9 Girls
Kamari Sims | 14-15 Boys
Taevaughn Buie |
| 10-11 Boys
Tyler Jenkins | 14-15 Girls
Maria Shamblin |



PLAYING FOR KEEPS

(From left) ATSS coach Tyler Thomas high-fives David Blake as he rounds third base during the team's 5-run third inning that put them up 11-0 on the way to a 25-0 drubbing of AMSAA during the Non-competitive Intramural Softball Championship game at Shine Field Aug. 27. AMSAA came back to win game #2, 13-10 for the right to face the Edgewood Non-competitive winner. The intramural softball tournament concludes Aug. 29. The championship game starts 5:30 p.m. at Shine Field.

Photo by Yvonne Johnson