

APG NEWS



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APG Garrison Commander Col. Gregory McClinton throws out a ceremonial first pitch at Ripken Stadium during the IronBirds' Military Appreciation Night pre-game festivities Aug. 28.

APG stars in Ripken Stadium Military Appreciation Night

Story and photo by
YVONNE JOHNSON
APG News

Aberdeen Proving Ground military leaders, Soldiers and vehicles guest starred in the annual Military Appreciation Night festivities at Ripken Stadium in Aberdeen Aug. 28. A Ripken Stadium press release announcing the special evening stated: "On Tuesday night at Ripken Stadium,

we're celebrating the heroes, not of balls and strikes, but of stars and stripes."

The APG contingent led the pre-game festivities prior to the Aberdeen IronBirds game versus the Brooklyn Cyclones.

Leading off was APG and CECOM commander Maj. Gen. Robert S. Ferrell who greeted the crowd via a videotaped message on the stadium Jumbotron. Then, APG Garrison Commander, Col. Gregory

McClinton led an ID tag presentation for a group of new recruits. McClinton was joined by APG and CECOM Command Sgt. Maj. Kennis Dent and APG Garrison Command Sgt. Maj. James Ervin.

The three leaders threw out ceremonial first pitches after League of Dreams baseball players and brothers Patrick and Connor Smith. The installation Better

See **SOLDIERS**, page 10

Garrison self assessment survey on line now

Garrison PAIO

Garrison personnel are urged to take part in the on line "Are we Making Progress Survey" to be held through Sept. 28.

A part of the Army Communities of Excellence (ACOE) program, the survey is designed to gauge the maturity of management practices and business progress and results within the APG Garrison and enhance communication up and down the chain of command.

The survey should take no more 15 minutes to complete and can be taken on any computer - a government comput-

See **ACOE**, page 10

Changes to Army Child & Youth fee policy

IMCOM

The Director of Family and Morale, Welfare and Recreation has announced that the School Year 12-13 Fee Policy containing new fee schedules for Child & Youth activities and services will be implemented Oct. 1, 2012.

The change is in accordance with the Department of Defense SY12-13 Child and Youth Fee Policy which has begun the transition of all military services to standard child care fees for each Total Family Income (TFI) category. Completion is expected by SY14-15.

The Army Child & Youth Fee Policy began transitioning

See **ARMY**, page 10

APG's Got Talent this Friday



Photo by Rachel Ponder

By **YVONNE JOHNSON**
APG News

The community is invited to come out and see what kind of talent APG has to offer and cheer for friends and coworkers during the APG's Got Talent Show 7 p.m. at the APG North (Aberdeen) recreation center Sept. 7.

Hosted by Family and Morale, Welfare and Recreation, the annual contest features vocalists, musicians, dancers, comics and other novelty acts vying for cash prizes.

First, second and third place will be chosen by judges and a People's Choice award will be chosen by the audience; the winner receives an iPad. This evening of entertainment is free and open to the entire community.

The top winners may be eligible to advance to compete in Operation Rising Star. MWR is

See **TALENT**, page 10

Patriot Day ceremony commemorates Maryland's fallen service members

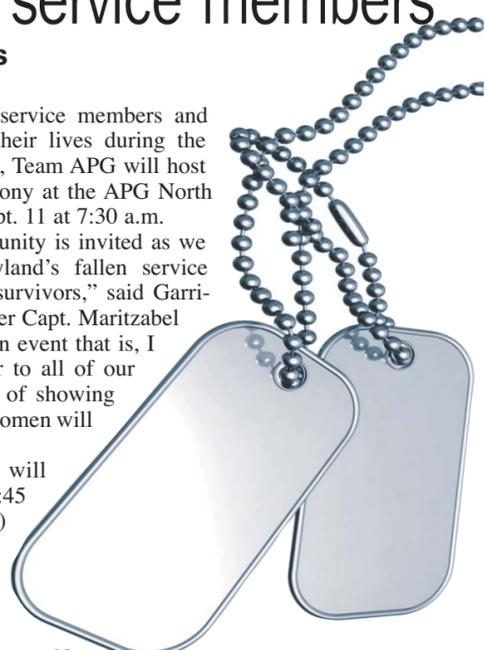
By **ADRIANE FOSS**
Garrison Public Affairs

In honor of the service members and civilians who lost their lives during the 9/11 terrorist attacks, Team APG will host a Patriot Day ceremony at the APG North main post chapel Sept. 11 at 7:30 a.m.

"The APG community is invited as we commemorate Maryland's fallen service members and their survivors," said Garrison HHC Commander Capt. Maritzabel Mustafaa. "This is an event that is, I think, near and dear to all of our hearts. It's our way of showing that these men and women will never be forgotten."

The ceremony will begin promptly at 7:45 a.m. Brig. Gen. (P) Leslie Smith, commander of the 20th Support Command

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WEATHER

Thurs.



90° | 72°

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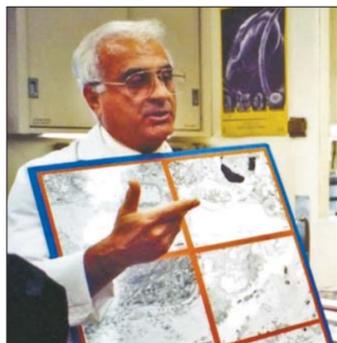
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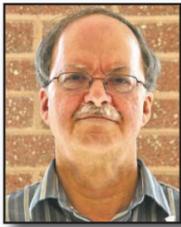
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STREET TALK

The NFL kicks off this week. Are you ready for some Football? Who are you rooting for?

I used to be a Redskins fan years ago but I moved down from New Jersey with BRAC so I'm mostly for the Jets and Giants. But I usually wait until mid-season to see how they're doing.



Rich Weidman
CERDEC

I'm a Steelers fan. I picked it up from my cousin two years ago and I've been rooting for them ever since. Hopefully they'll do good this year. My favorite players are Big Ben [Quarterback Ben Roethlisberger] and [Strong Safety Troy] Polamalu.



Toshiba Maldeis
Ufood Grill

I'm a Ravens fan! And I don't see how you could live in Maryland and not be. I'm looking forward to the season because they're going all the way this year.



Leland Hyman
AAFES

I root for the Atlanta Falcons first – plus the Georgia Bulldogs [NCAA] – and the Ravens second. I will always cheer for Atlanta but I do keep up with the Ravens and cheer for them if the Falcons aren't playing. Ray Lewis is my man.



Anthony Dorsey
DPTMS

OPINION

Teachers look to schools and parents for support

When Department of Defense Education Activity Director Marilee Fitzgerald last week proclaimed teacher support a top priority, as many school systems do, I wondered how even the best intentions would trickle down to teachers thousands of miles away.

Then I spoke to Laurie Arensdorf, a first grade teacher at Vogelweh Elementary School, Germany, and I knew. Arensdorf had just gotten home from her first day back to school – students would start a week later – when she returned my call seeking input about the new school year from a teacher's perspective. I asked how a teacher might feel supported and how important that is.

"I've gotten that feeling already!" she said. "Our principal must have talked for 10 minutes today about the value of us, and how valued we are in the school."

Vogelweh Principal Sandy Meacham "has always been like that," Arensdorf said. But the level of support was so strong, "I had a sneaky suspicion it was also coming from higher up."

"I really do think we are heavily supported," she said. "In some ways, I feel like a spoiled child. I get everything I need. Especially at my school, I know I can go to the administration with anything I need and they will support me."

Clearly, the message had got-

I feel like a spoiled child. I get everything I need. Especially at my school, I know I can go to the administration with anything I need and they will support me.

Laurie Arensdorf

First grade teacher at Vogelweh Elementary School, Germany

ten through that not only do principals have to have their teachers' backs, but they have to communicate that, as well.

It was the perfect "welcome back," Arensdorf said of the start of her second year at Vogelweh. She also taught fifth grade in Okinawa, Japan, for 13 years. "I've really hit the jackpot at my school," she said.

That feeling of support, as Arensdorf explained, comes mostly from the local level – from principals and parents – but it helps to have the full weight of the school administration directing it.

"The main thing is that I feel valued, then I can take that feeling to my class and they feel happy and valued," she said of the end result for students.

That support translates into a full team approach of teachers, the principal and administration all working together on behalf of the students, Arensdorf said. "I don't feel like I'm ever teaching by myself," she added. "It takes a whole team."

DODEA is awash with change from rebuilding and reconstructing 70 percent of its schools to adopting common core standards with state school systems – both of which Arensdorf welcomed.

"The fact that they are listening to what we need as teachers, that makes a big difference," she said.

So what can parents do to also ensure teachers feel supported?

"The biggest thing is to ask your child's teacher what you can do to help," Arensdorf said. "And, ask what you can do to help your child at home."

Don't worry about reaching out too much to your child's teacher, she said.

"If there's ever a question, just email me," she said. "I would rather have questions brought to the surface than to not know it's going on. I really need to know my students and anything you can tell me, that helps me know them better."

Lisa Daniel

Family Matters Blog

Websites teach kids how to deal with bullying

The start of school is a good time to talk to children about the complicated and heart-breaking problem of bullying. Fortunately, there are at least two good websites devoted to the cause.

The Federal Partners for Bullying Prevention website, created by the Health Resources and Services Administration and its eight partner departments, is offering a video challenge to help prevent and end bullying in schools and communities across the nation.

The contest invites youth ages 13-18 to create a 30- to 60-second video to inform and motivate youth to prevent bullying. The videos should promote an environment of kindness and respect for others, and show how not to be a bystander to bullying, Education Secretary Arne Duncan says in a video on the site. Video entries must be submitted by Oct. 14.

The Department of Defense Education Activity has joined in the federal partnership and has its own Web page on bullying prevention that gives advice to parents and kids about how to deal with bullies and prevent it.

For parents, the DODEA site advises:

- If your child is being bullied, talk to his or her teacher instead of confronting the bully's parents. If no action is

taken, talk to the principal;

- Teach your child nonviolent ways to deal with bullies, like walking away or talking it out;

- Role-play bullying scenarios with your child and help your child act with self-confidence;

- Practice walking upright, looking people in the eye, and speaking clearly;

- Don't encourage your child to fight – he or she could get hurt, get in trouble or start more serious problems with the bully; and

- Involve your children in activities outside of school so they know they can make friends in a different social circle.

The site offers these tips for children:

- If you are bullied at school, tell your teacher, school counselor, or principal. Telling is not tattling;

- Tell your parents or other trusted adults. They can help stop the bullying;

- Don't fight back. Don't try to bully those who bully you;

- Try not to show anger or fear. Students who bully like to see that they can upset you; and

- Try not to be alone in places where bullying is likely to happen, such as bathrooms or locker rooms.

Most of our children will witness

or be part of bullying in some form or another, according to the bullying prevention programs. I've never been more proud of my son than when his sixth-grade teacher told me he intervened against a bully, even as the rest of the class took the silent bystander approach. The teacher's eyes welled with tears as she told me how my son had gone against the grain.

To my surprise, when I tried to commend my son for his good judgment and courage, he recoiled, saying he didn't want to think of it again. The incident was painful not only to the child who was bullied, but also to everyone who witnessed it and then had to deal either with the guilt of not handling it right or the anxiety of how their role as bystander or intervener would affect them later at school.

Like all forms of harassment and abuse, bullying is hard to witness and even harder to deal with. Sometimes it is subtle and can leave kids confused about when someone has crossed the line, when something that may start as playful teasing isn't funny any more. The bullying prevention programs seek to ease that burden by helping kids understand what bullying is and how they can prevent it.

Lisa Daniel

Family Matters Blog

APG SEVEN DAY FORECAST

Thurs



90° | 72°

Fri



88° | 73°

Sat



83° | 69°

Sun



76° | 62°

Mon



76° | 64°

Tue



76° | 62°

Wed



79° | 64°

APG NEWS

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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During an Aug. 29 presentation, APG Garrison Command Sgt. Maj. James E. Ervin thanks Civilian Human Resources Agency Headquarters employees for their 100 percent participation during the Feds Feed Families food drive.

CHRA employees reach food drive goal

Story and photo by
RACHEL PONDER
APG News

Civilian Human Resources Agency Headquarters employees were recognized by APG Garrison Commander Col. Gregory McClinton and APG Garrison Command Sgt. Maj. James E. Ervin for 100 percent participation during the Feds Feed Families food drive Aug. 29.

This is the second year in a row that CHRA Headquarters reached 100 percent participation. Sixty-eight employees participated in the food drive, including six virtual employees who sent in money or food items.

Feds Feed Families, which ran through the month of August at APG, is a voluntary effort by federal employees to donate non-perishable food items for distribution to local food banks.

Food donated by APG employees will go to the Capital Area Food Bank which

serves more than 700 food pantries, soup kitchens, and other service organizations in the District of Columbia, Virginia, and Maryland.

During the presentation, Walt Gilley received a Commander's Coin for making the drive a success. Gilley motivated employees to participate by sending out e-mails and creating posters advertising the food drive.

McClinton said that everyone across the installation would benefit from these communication practices.

Gilley's supervisor, Benjamin Jablecki from the Training Management Division, also received a Commander's Coin, as well as, Gary Powell Human Resources Program Division. Jablecki's division was the first to reach 100 percent participation.

"You were all working together to achieve that goal; that shows great leadership," Ervin said. "You are the trailblazers for this installation."

Army mobilizes for first financial audit in its history

By **KRIS MACCUBBIN**

Office of the Assistant Secretary of the Army

The Army is gearing up for an audit of its “Statement of Budgetary Resources” by 2014 and an audit of all financial statements by 2017.

“Gearing up for an audit affects more than just the resource management community,” said James Watkins, deputy assistant secretary of the Army for Financial Operations. “It affects contracting, payroll, acquisition, logistics and other business functions. The Army is changing the way it does business and people all over the organization are seeing the impact.”

The Statement of Budgetary Resources, or SBR, is the statement that shows the money the Army has received in a fiscal year and outlines how it spent that money. In fiscal year 2011, for instance, the Army had more than \$335 billion in budgetary resources to account for.

The Department of Defense is the last remaining federal agency with financial operations that cannot muster an independent audit. Secretary of Defense Leon Panetta has described the situation as “unacceptable” in testimony to Congress.

In 2009, Congress mandated that DOD obtain a clean audit opinion of all of its financial statements by 2017. In October 2011, Panetta announced that DOD, including all of the services, would move up the timeline to obtain a clean opinion on its SBR by 2014.

The Office of the Assistant Secretary of the Army (Financial Management & Comptroller) is leading the effort to get the Army audit ready and to meet all of the deadlines.

“Responsible stewardship of taxpayer resources and operating business processes within an effective control environment are consistent with high standards of military readiness and support Army values,” said Chief of Staff of the Army Gen. Ray Odierno in a message sent to general officers in April. The



Photo by C. Todd Lopez

The Army is gearing up for an audit of its “Statement of Budgetary Resources” by 2014 and an audit of all financial statements by 2017. The SBR is the statement that shows the money the Army has received in a fiscal year and outlines how it spent that money. In fiscal year 2011, for instance, the Army had more than \$335 billion dollars in budgetary resources to account for.

“**We know people are doing good work. But they need to have the documentation in place to prove it.**”

James Watkins

Deputy assistant secretary of the Army for Financial Operations

message stressed the importance of audit readiness efforts.

In order to meet the deadlines, the Army is testing and improving the internal controls it has in place to ensure business processes are executed properly and to minimize a risk of error on the financial statements. Examples of internal controls are:

- signing and dating a receiving report or invoice to prove goods or services

actually received were compared to the items or invoice ordered

- reviewing standard operating procedures for certain business processes annually to ensure they align with generally accepted accounting principles and DOD and Army policies

- having the proper forms on file to show that someone has the authority to sign off on a business transaction

When it comes time for a financial

statement audit, auditors will select a sample of transactions for each business process, request documentation to support the transactions, and review the documentation to ensure that transactions were executed properly. If the documented evidence does not exist or the documentation does not properly support the transactions, the result could be an unfavorable audit opinion.

“We know people are doing good work. But they need to have the documentation in place to prove it,” said Watkins.

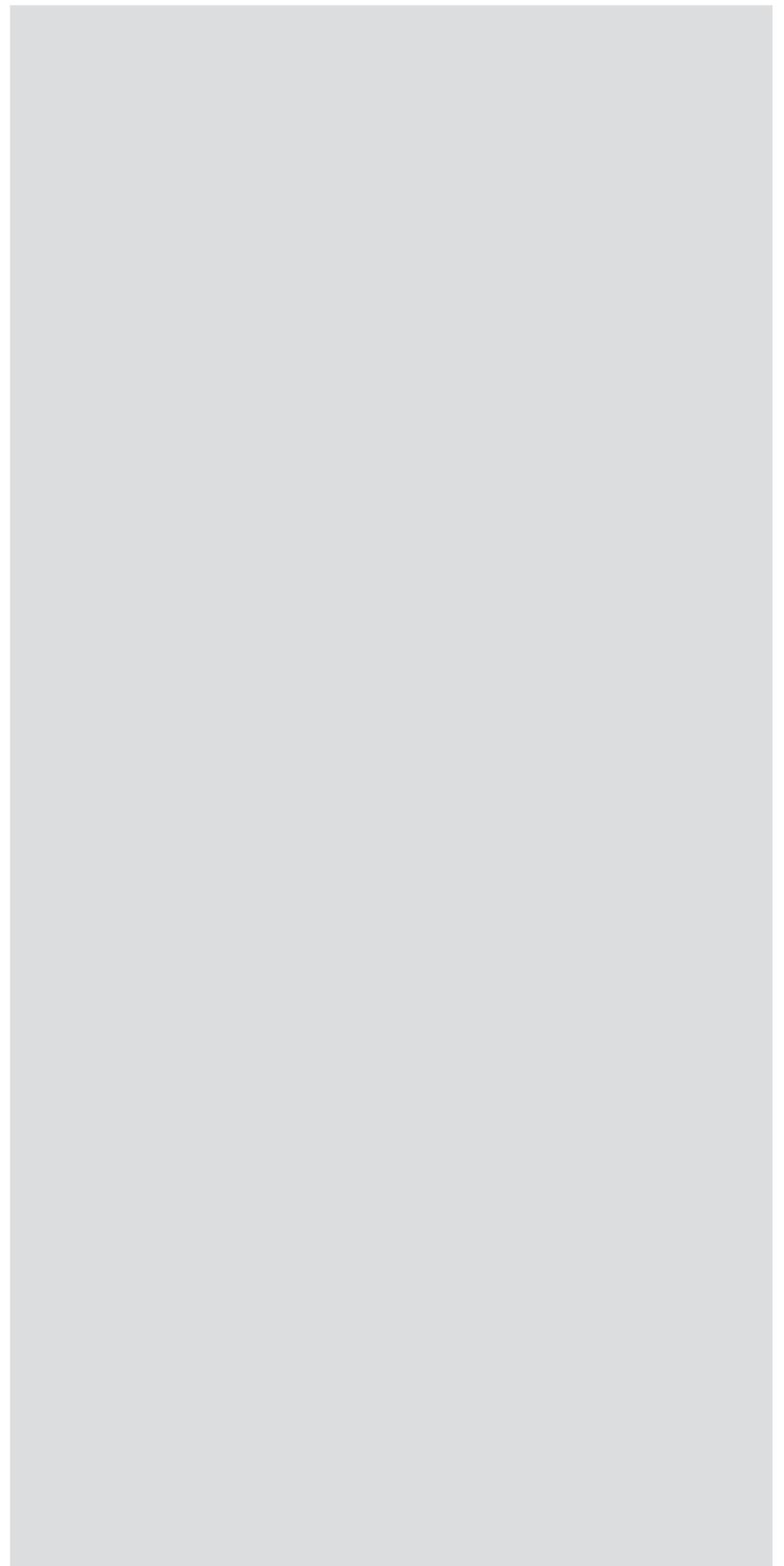
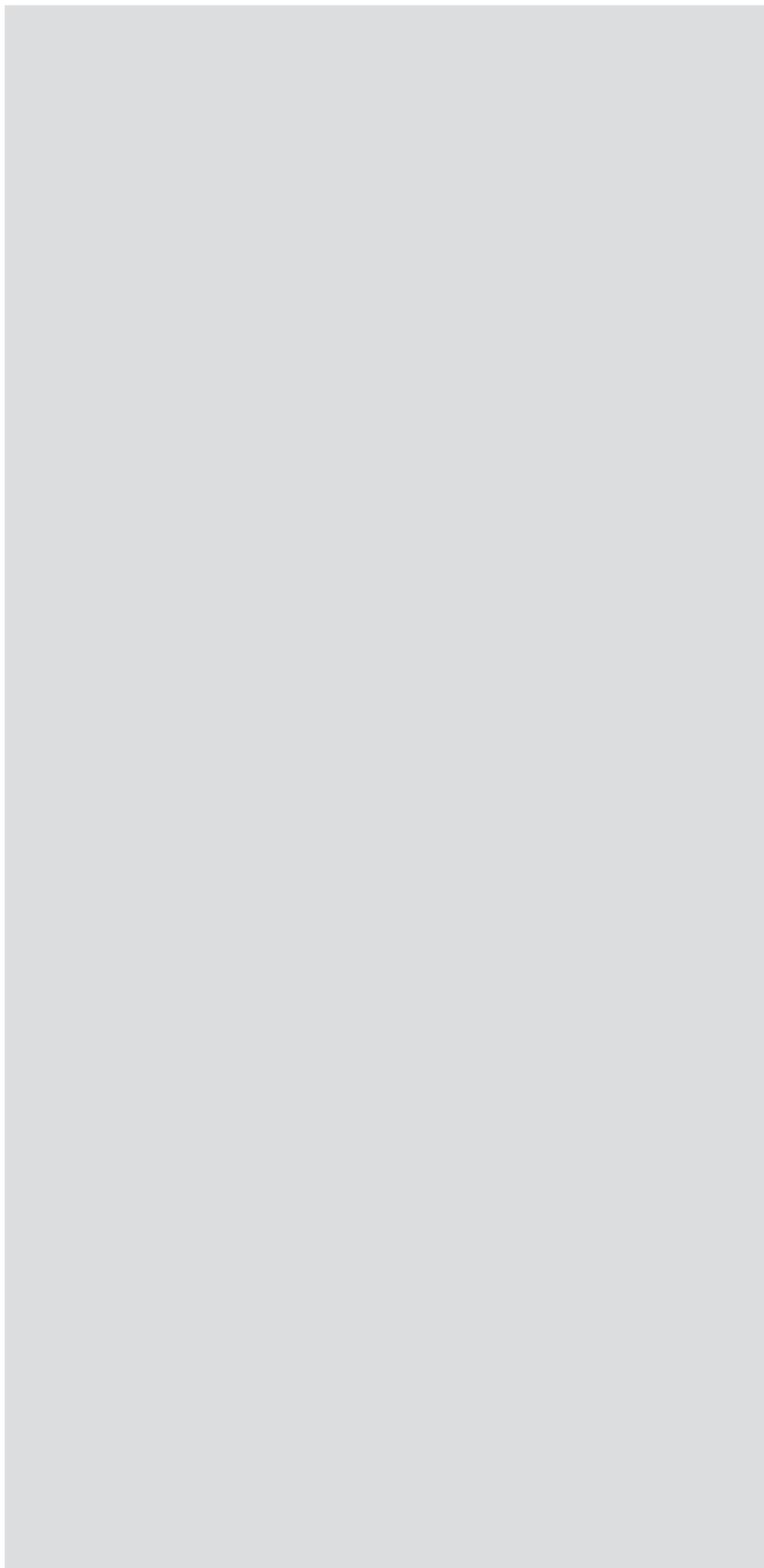
Teams from the Assistant Secretary of the Army (Financial Management & Comptroller) Office of the Secretariat, or OASA(FM&C), have been visiting installations and evaluating business processes. Along with the SBR business processes, teams have been looking at the management of assets, including military equipment, general equipment, operating materials and supplies, and real property. Teams coordinate with internal review offices to examine business processes and implement corrective actions.

The OASA(FM&C) has rolled out a series of resources, including checklists, handbooks, and training courses. The resources are meant to help everyone across the Army understand the importance of audit readiness and review the internal controls that need to be in place to obtain a clean audit opinion.

Online training courses through the Army Learning Management System have also begun to roll out. Currently the overview module is available explaining audit readiness efforts in more detail.

One-day training sessions are held each month in the Washington, D.C., area. Upcoming training sessions are scheduled for Sept. 24, Oct. 16, Nov. 15, and Dec. 20. For more information, email usarmy.pentagon.hqda-asafm.mbx.audit-readiness@mail.mil.

Visit APG News online at www.apgnews.apg.army.mil



Know the signs, save Soldiers' lives

By **JULIE SHELLEY**

Strategic Communication Directorate
Fort Rucker, Ala.

The Army is changing the way leaders, Soldiers and safety professionals receive seasonal safety information, and also are asking that everyone keep their eyes open for the signs they or their buddy might be at risk for an accident.

The Army Safe Autumn Campaign, launched Sept. 4, will be the first of four seasonal installments in this redesign, and additionally served as the kickoff for the overarching "Know the Signs" safety awareness effort.

"No Soldier comes into the Army without certain expectations," said Brig. Gen. Timothy J. Edens, director of Army Safety and commanding general, U.S. Army Combat Readiness/Safety Center. "Likewise, the Army has its own expectations, chiefly that Soldiers will abide by their training and standards and act in a disciplined manner 24/7. Unfortunately, we're seeing some Soldiers don't believe training, discipline or standards



apply off duty."

Just shy of the end of fiscal 2012, the majority of the 103 Soldier deaths occurring off duty have been attributed to indiscipline, especially regarding privately owned vehicle and motorcycle fatalities. A number of leaders at the rank of E5 and above have been involved in fatal accidents attributed to indiscipline, a fact that alarms USACR/Safety Center Command Sgt. Maj. Rick Stidley.

"Young Soldiers look up to their leaders, there's absolutely no doubt about that," Stidley said. "Any leader who will-

Safety has to be an imperative in our formations. These campaigns are one way leaders can make that happen, but tools are just tools until someone puts them into action.

Gen. Timothy J. Edens
Director Army Safety/CRSC

fully disregards the standards he enforces on his Soldiers is a terrible example and shouldn't be leading in the first place."

The KTS campaign is themed around the idea that someone always knows when a Soldier is at risk for an accident -- whether it's the Soldier, his battle buddies or his leaders. Intervention can be difficult, but it's often the only way to take action before a troubled Soldier's life ends in tragedy. Each of the four seasonal campaigns will fall under the larger KTS umbrella.

Edens encouraged all members of the Army Family to visit the USACR/Safety

Center home page, <https://safety.army.mil>, for more information on KTS and the schedule of seasonal safety campaign releases.

"Safety has to be an imperative in our formations," he said. "These campaigns are one way leaders can make that happen, but tools are just tools until someone puts them into action."

"Remember that every product we release is just a baseline -- leaders can tailor them to their own unique needs. The important thing is getting the information out there to your Soldiers."



Deborah Dodsworth

Health Benefits/ BCAC/DCAO

Meet Deborah Dodsworth, a health benefits advisor (HBA)/ benefits counseling assistance coordinator (BCAC)/ debt collection assistance officer (DCAO) from Kirk U.S. Army Health Clinic.

Dodsworth is available to assist active duty service members of all military branches, Family members and retirees with questions pertaining to their available health care benefits, like TRICARE and the Johns Hopkins U.S. Family Health Plan.

Dodsworth provides information, guidance and assistance on benefit options and provides assistance with referrals and appointments.

"I help patients find the best course of action for each situation," she said.

Dodsworth said she often explains to patients that TRICARE is a health maintenance organization, or HMO, meaning that everything needs to be coordinated through the patient's primary care physician. KUSAHC does not have an emergency room or sick call.

"You need a referral to go to any

specialty clinic or urgency clinic," she said.

For urgent medical services after hours, on weekends or on federal holidays, patients should contact the staff duty officer at 443-807-0725, to avoid point-of-service copayment charges.

If, for any reason, patients cannot reach the SDO and they cannot wait for service, patients will need to contact the KUSAHC Referral Management Office at 410-278-1736, on the next business day. Care from an ER does not require a referral.

Dodsworth also participates in community outreach events like Retiree Appreciation Day, Newcomers' Orientation and health fairs to help educate the community.

"I get a lot of satisfaction out of helping people. I am results driven so I like to resolve something as quickly as I can," she said.

KUSAHC is located at 2501 Oakington Street. Dodsworth's hours are 7:30 a.m. to 4:30 p.m. For more information, call 410-278-1719 or e-mail Deborah.Dodsworth@amedd.army.mil.

APG privatizes high voltage electricity

By **PAT BEAUCHAMP**
APG News

As of Sept. 1, City Light and Power, of Long Beach, Ca., assumed responsibility for all high voltage electrical operations at Aberdeen Proving Ground.

For nearly 100 years, federal employees at APG have operated and maintained this utility.

"As we transition into a new era of growth, increased workloads, and higher power demands, it becomes imperative that we upgrade our transmission systems to meet future requirements," said Thomas Kuchar, Director of Public Works.

"City Light and Power has been doing this successfully for 35 years at places such as March Air Reserves Base, Travis Air Force Base and the cities of Pasadena, Long Beach, Lakewood and Anaheim in California," he said. "They have built a reputation as an innovative, reliable and responsive private utility development leader."

Kuchar said there should be no visible change in the way APG customers conduct business.

"The only noticeable change in the immediate future will be that requests will be responded to by City Light and Power team members instead of DPW employees," said Kuchar.

"We expect improved reliability and responsiveness with this contract," said Jeffrey Deel, DPW Program Manager for Electrical Utility Privatization. "The contract will involve moving existing power

We are grateful for the dedication of our fine federal employees for so long. We look forward to working with our new teammates and expect great things.

Jeffrey Deel

DPW Program Manager for
Electrical Utility Privatization

lines underground and will enable us to monitor the system APG-wide from our headquarters, among other changes.

Deel said until this contract went into effect, APG had six government employees who did all the day-to-day tasks, including responding to emergency outages.

"It was a nearly impossible task," said Deel. "We are grateful for the dedication of our fine federal employees for so long. We look forward to working with our new teammates and expect great things from CLP."

As was previously the case, all requests for high voltage electrical services -- operation, maintenance and new construction -- will begin with a call to the Directorate of Public Works Service Order Desk at 410-306-1400.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For info, contact Cathy Davis at 410-306-0152 or cathy.a.davis4.civ@mail.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

Patricia Adams
Charlone Antoine
Daniel Arnold
Sarah Blevins
John Brady
Lovita Britton
Katherine Citro
Elizabeth Clein
Sarah Collier
Victoria Cwiernie
Karen Donahue

Meg Downey
Charlene Drumheller
Joanne Eberhardt
John Eppinger
Brooke Freeman-Badiane
Cheryl France-Haff
Lynae Green
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Mavis Roberts
Lisa Robinson

Pedro Rodriguez
Alicia Scales
Edwin Selby
Kathy Sereni
Lena Shelton
Debra Smith
Deborah R. Smith
Riquita Smith
Kimber Todd
Tammy Woodard
Trier Young

Garrison ‘Fall Into Fitness’ Slim Down challenge kicks off Sept. 18

By **YVONNE JOHNSON**
APG News

Garrison APG will kick off a second Slim Down Challenge for its employees looking to lose weight and get in shape beginning with an orientation noon to 1 p.m. in the conference room of Bldg. 305 Tuesday, Sept. 18.

Dubbed “Fall into Fitness,” the challenge is the garrison’s own 13-week program to help those interested in losing weight through a change in their behavioral lifestyle, according to Wendy LaRoche, health promotion officer from the APG Community Health Promotion Council, Public Health Command.

LaRoche said the program offers Lunch-and-Learn brown bag sessions with guest speakers to help participants stay focused on their goals, group work outs, and offers social support through e-mail messaging.

“The Fall Into Fitness Garrison Challenge is only for garrison employees who want to lose weight and adopt a healthier lifestyle,” LaRoche said. “Participants interested in toning versus losing weight may participate however the target audience is for those looking to lose weight.”

Healthy Living

www.apg.army.mil/apghome/sites/local/ click on Well Being

Healthy Living is a recurring feature in the APG News. It addresses health topics that matter most to our readers. To view more health topics and the Community Health Promotion Council calendar of events, visit the APG homepage <http://www.apg.army.mil/> and click on the Community Health icon at the bottom right. To suggest health-related topics for the Health Living series, email patricia.g.beauchamp.civ@mail.mil or call 410-278-1150.

The last Slim Down Challenge, Spring Into Wellness was extremely successful,” she added. “Our biggest loser lost over 19 pounds. One common correlation that we noticed was the participants that attended the lunch and learns had more success with their personal weight loss goals.”

The kick-off meeting will be both informational and the start date for those interested in participating. An official weigh in, blood pressure check and a brief counseling will be provided for those wanting to participate in the challenge. If it is determined that a person’s

blood pressure is outside of normal limits, a medical clearance may be required prior to participation.

Throughout the challenge, featured speakers will discuss food journaling, nutrition, and physical activity. These Lunch-and-Learn sessions start Oct. 2 and run through Dec. 11.

The final day of Fall into Fitness Challenge is Dec. 18. Rewards for participants will be given out on that day to include recognition in the *APG News*.

According to the Center for Disease Control and Prevention (CDC) Community Guide, there is strong evidence to

support that worksite programs are effective for obesity prevention and weight reduction and control among employees. (Visit the website <http://www.thecomcommunityguide.org/obesity/workprograms.html> to learn more).

The most effective interventions include at least one of the following strategies:

- Informational and educational strategies (lectures, lunch and learn sessions)
- Behavioral and social strategies (group counseling, skill building activities, rewards, reinforcements, inclusion of co-workers for support)
- Policy and environmental approaches (access to healthy food options, increase in physical fitness activities)
- Policy strategies (changes in rules and procedures for employees – costs, money for health clubs, special parking at gyms, work hour flexibility, change of 59 minute rule to 69 minutes)

The Fall Into Fitness, Garrison Challenge incorporates each of these proven interventions. It is therefore expected that the outcome will have a favorable result.

For more information, contact LaRoche at 410-417-2312, wendy.laroche.civ@mail.mil.

Community Health Fair set for Sept. 12

By **YVONNE JOHNSON**
APG News

The Community Health Promotion Council and Kirk U.S. Army Health Clinic will host a Resiliency Health Fair for the Aberdeen Proving Ground community 10 a.m. to 2 p.m. at the APG South (Edgewood) recreation center Sept. 12.

“This Resiliency Health Fair will cover the five focus areas of health to include physical, emotional, spiritual, family& social, and environmental health”, said Wendy LaRoche, APG Health Promotions Officer, U.S. Army Public Health Command. “It comes at a great time as APG prepares for the Suicide Prevention Stand Down. The goal has always been to take care of our APG community, both North and South.

Sunaina Singh, KUSAHC Community Health Nurse said the purpose of a Resiliency health fair is to increase community knowledge of various health topics and empower individuals to take action through the utilization of preventive screenings for health and wellness.

Singh added that health fair guests will be able to discuss and learn more about a variety of topics like Asthma, Sleep Apnea, Physical Fitness, Breast Cancer and foot care and take advantage of available health screenings for dental, podiatry, and asthma.

In addition, representatives from the Army Substance Abuse Program (ASAP) and Family and Morale, Welfare and Recreation will be on hand to provide more information about available health and fitness programs and services.

“The health fair is free, confidential and open to all,” said LaRoche, adding that she has received several emails from those who are interested in attending but unsure of the location.

“Edgewood is approximately a twenty to twenty-five minute drive from APG North and accessible through the Edgewood Road [Route 755] or Route 24 gates,” she said.

The APG South (Edgewood) recreation center is located in Bldg. E4140. Call 410-436-2713 for more information or directions.

Ending the stigma of seeking help in the Army

By **JAMES W. CARTWRIGHT, PH.D.**
U.S. Army Public Health Command

“Stigma refers to a cluster of negative attitudes and beliefs that inadvertently motivate Soldiers and leaders to fear, reject, avoid, and discriminate against military and civilian personnel with mental illnesses,” according to a U.S. Department of Health and Human Services (2003) fact sheet entitled “Discrimination & Stigma.” Stigma is still widespread in the Army.

Research about stigma indicates that it manifests itself in many ways and through various constructs. The roots of stigma are anchored in stereotypes—generalizations that are perceived to be accepted by the population at large—such as “Soldiers who seek behavioral health care are weak.” A Mental Health Advisory Team report indicates that “among Soldiers who screened positive for depression, anxiety, or PTSD, many reported that their unit leadership might treat them differently, and reported that they would be seen as weak.” Such evidence suggests that in spite of education and training, Army personnel continue to sanction the stigma of “help-seeking,” which ultimately acts as a barrier for access to preventive and stabilizing care. Imagine the scenario that is written below. Do the problems sound familiar? They should, because they are based on common experiences.

Problems with his marriage relationship were nothing new for Sgt. Allen. He expended considerable energy to contain his relationship struggles so that they would not negatively affect his military mission, duties and job performance.

Allen loved his wife in spite of their marital problems and could not imagine his life without her. When his wife finally announced that she wanted to call it quits and requested a divorce, Allen felt ambushed and emotionally unarmed. Contrary to his stoic character, he became preoccupied by and distracted with his confused thoughts and feelings as he confronted his personal crisis. Allen was uncharacteristically late for formation several days in a row, and his work performance noticeably deteriorated.

Allen felt tense, even angry, as he was counseled by his immediate supervisor. When asked why the change in behavior, Allen simply stated that he had family issues that he would get under control. His supervisor suggested that he speak with someone about the matter. This sounded all too familiar to Allen. On numerous occasions, he had counseled his own Soldiers concerning their personal problems, suggesting that they “seek help.” As he confronted his current predicament, Allen barely gave any consideration to the advice of his supervisor.

So, why was Sgt. Allen reluctant to seek help? Reluctance to seek help with personal problems is embedded in the values, beliefs and culture of America and its military. Help-seeking can be perceived as a sign of individual weakness in a culture that values physical, mental and moral fortitude. Many Soldiers believe that help-seeking can negatively affect the progression of a military career or future employability if there is documentation of a behavioral health problem,

See SOLDIERS, page 10

AAFES provides a variety of on-post eateries

By **RACHEL PONDER**
APG News

(This is the third article in a four part series on AAFES services at APG.)

APG offers a variety of restaurants contracted through Army and Air Force Exchange Services. Anyone can purchase food at Exchange restaurants; no special identification is required. [See page 11]

Exchange restaurants on military installations are convenient and known for providing healthy, inexpensive food options for those who live and work on post.

Last year Tim Hortons and Subway restaurants were added to the C4ISR campus so that employees wouldn’t have to go far for their morning coffee or to grab a quick bite to eat for lunch. And last month, APG became the first military installation to have a UFood Grill restaurant. UFood, located in the APG North (Aberdeen) Exchange, sells healthier versions of traditional comfort food, like lean bison burgers and baked fries, as well as salads, wraps, and breakfast items.

This fall, UFood Grill will open in two other locations, in Bldg. 6010 in the C4ISR campus and in the ATEC Headquarters, Bldg. 2202. The 6010 restaurant will serve items not available at the APG North (Aberdeen) Exchange.

At the UFood grand opening, APG Garrison Commander Col. Gregory McClinton said the garrison command team is currently discussing ways to provide more AAFES food options for APG South (Edgewood) customers.

McClinton said that the success of AAFES restaurants depends on community support and customer feedback by talking to the AAFES managers and by submitting Interactive Customer Evaluation, or ICE, comments.

John Shiroky, services business manager for AAFES, said that so far he has received great feedback from APG customers, who enjoy the healthy menu items.

“UFood Grill has been well received by the APG community,” Shiroky said. “Business has been great, during lunch.

Shiroky added that a new restaurant, Fruits, will be added to Bldg. 6007 by the end of the year. Fruits features smoothies made with fresh fruits and all natural and fresh-squeezed juices, as well as salads, wraps, soups and more.

Another advantage of eating at an AAFES restaurant is that it supports the local community. A portion of AAFES profits go to the Directorate of Family and Morale, Welfare and Recreation and help to underwrite post programs.

APG planning Inaugural Oktoberfest-Hooah with oompah!

By **YVONNE JOHNSON**
APG News

Mark your calendars and tell your neighbors and friends: APG will hold its first celebration of Oktoberfest, Sept. 27 through Sept. 30 on the installation’s Shine Sports Field.

The four days of family fun and entertainment being planned for young and old include German food and beverages, a Volksmarch, a Festhalle with live entertainment, carnival rides, a car show, fireworks and much more. The best part ... the event is open to the public and admission is free.

The purpose of the social event is to foster friendship and strengthen existing bonds between Team APG and its community partners.

Guests can look forward to authentic German dishes provided by Prost Restaurant from Port Deposit – formerly of Aberdeen. Plus, each festival day features a ceremony that salutes a local community- the city of Aberdeen, the town of Bel Air, the city of Havre de Grace and Cecil County.

“The city of Aberdeen is delighted that Gen. [Robert] Ferrell has reached out to the communities and wanted us to be a part of the Greater APG community,” said Aberdeen City Manager Doug Miller. “We’re very excited about this great spirit of cooperation and we are looking forward to the main event.”

The APG Oktoberfest is open to the general public for all to enjoy.

Much more information will be released through the APG News and on installation websites such as Morale, Welfare and Recreation’s www.apgmwr.com/oktoberfest.html and APG on Facebook at www.facebook.com/APGmd.

How are we doing? E-mail comments and suggestions for the APG News to patricia.g.beauchamp.civ@mail.mil

MARK YOUR CALENDAR

TODAY DEADLINE TO SIGN UP FOR THE AFCEA ABERDEEN CHAPTER GOLF TOURNAMENT

Join us for the annual AFCEA Aberdeen Chapter Golf Tournament at Rutgers Golf Course, Thur., Sept. 20. Check-in and tee assignments start 7:30 a.m. Shotgun start begins 8:30 a.m.

Sign up early – registration is limited to first 100 prepaid players. Entry fee includes breakfast, green fees, cart, lunch, unlimited beverages and snacks, prizes, awards and a catered BBQ lunch. Cost is \$110 for AFCEA members, all others pay \$120. No refunds after Sept. 6, but substitutions are allowed. Register at <http://www.afcea-aberdeen.org/files/events/Gol-Registration.html>

Proceeds benefit local deserving students interested in pursuing Science, Technology, Engineering or Math (STEM) degrees.

FRIDAY SEPT. 7 APG TALENT SHOW SLATED

FMWR will host vocalists, musicians, comics and other novelty acts during the APG's Got Talent competition 7 p.m. at the APG North (Aberdeen) recreation center. Come watch friends and neighbors compete for cash prizes and more. First, second and third place will be chosen by judges and awarded cash prizes. A People's Choice award will be chosen by the audience and the winner will be awarded an "iPad." The event is free and open to the entire community. For more information visit the Leisure Travel Office at the APG North (Aberdeen) recreation center, Bldg. 3326, 410-278-4011/4907, or the APG South (Edgewood) recreation center, Bldg. E4140, 410-436-2713, or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

MONDAY SEPT. 10 ARMED SERVICES BLOOD DRIVE

Please come and support the Armed Services Blood Program (ASBP) Blood Drive, sponsored by C4ISR Wellness Committee, on Monday, Sept 10, 2012 from 1000-1400 in the AA Recreation Center-Building 3326, APG, MD. To schedule an appointment, go to www.militarydonor.com.

TUESDAY SEPT. 11 2012 PATRIOT DAY MEMORIAL CEREMONY

Everyone is invited to attend the 2012 Patriot Day Memorial Ceremony at the APG Post Chapel at 7:30 a.m. on Tuesday, Sept. 11th. The purpose of the ceremony is to honor the brave Service members who lost their lives during the Sept. 11, 2001 attacks and their survivors.

BLUE CROSS/SHIELD CLAIM VISIT

The Civilian Personnel Advisory Center has made arrangements for a Care First Blue Cross Blue Shield claim representative to visit APG to discuss claim problems and plan coverage. The representative will be available from 9:30 to 11:30 a.m. in Bldg. 314, Room 151E and from 12:30 to 1:30 p.m. in Bldg. E4516 in APG South (Edgewood). No appointment is necessary. For more information, contact Teri Wright, Civilian Personnel Advisory Center, at 410-278-4331.

WEDNESDAY SEPT. 12 SEMINAR TO HONOR MILITARY/LAW ENFORCEMENT PROFESSIONALS

ASIS International will host a special Military/Law Enforcement Appreciation Day during its Annual Seminar and Exhibits (ASIS 2012) at the Pennsylvania Convention Center in Philadelphia, Pa. More than 20,000 security, business and government professionals are expected to attend the conference which takes place Sept. 10-13.

The event's comprehensive education program will offer 200 sessions and display exhibits from more than 700 companies across more than 230,000 net square feet.

Active law enforcement or military professionals can register online or onsite (valid government IDs must be presented at on-site registration) and will be granted free admission to all of the day's educational programs - including a special session: "Military and Law Enforcement Transitions:

Strategies for Success" - exhibits, and a keynote address by former Secretary of Defense Robert Gates.

ASIS International is the largest organization advancing the security profession worldwide. For more information, visit www.asisonline.org.

HEALTH FAIR WITH A SWING

Kirk U.S Army Health Clinic and the Community Health Promotion Council will host a Resiliency Health Fair for the Aberdeen Proving Ground community 10 a.m. to 2 p.m. at the APG South (Edgewood) recreation center. The event will offer a variety of vendors and services related to Health and Wellness. Free screenings such as dental, vision, podiatry will be offered along with health information and freebies. At noon, join in with others as they dance their way to better health. For more information, contact Sue Singh at 410-278-1771.

WEDNESDAYS SEPT. 12 - 26 TOBACCO CESSATION CLASSES

Learn how to quit and stay quit, noon to 1:00 p.m. at the APG North (Aberdeen) recreation center, Room 102. Each week a different topic will be discussed, to include: Tobacco cessation strategies, medication support options, life-style change management, diet & nutrition, stress management, and staying quit. Free to all APG DoD employees, contractors, active duty, Family members, and retirees. For additional information, contact Ann Laughton, ann.laughton@us.army.mil, 410-278-1774. Sponsored by Kirk U.S. Army Health Clinic/Public Health Nursing and the APG Community Health Promotion Council.

THURSDAY SEPT. 13 REUNION AND REINTEGRATION TRAINING - RESET READINESS

The next training will be Sept. 13 from 1:30 to 4:30 p.m. in the Aberdeen post chapel. This training presents opportunities for active duty Soldiers, DA civilians and their Family members to think about how things are going being back home, the process of transitioning into their previous Family roles and relationships, and being together as a Family after deployment.

In partnership with military chaplains, behavioral health care services, and military Family life consultants, participants will be provided opportunities to share information, learn from one another and gather the skills and resources that will assist them with reuniting and transitioning as a Family. Some of the highlights of this training include expectations, reintegration adjustments strategies and resources, healthy communication, etc.

Registration is required. For more information, call Army Community Service at 410-278-2180/7572, or email dotslyn.e.ford.civ@mail.mil.

MOAA, NDIA SYMPOSIUM

Join the Military Officers Association of America and the National Defense Industrial Association in honoring wounded heroes and their families, 8:30 a.m. to 3:30 p.m. during the 2012 Warrior-Family Symposium at the Ronald Reagan Building and International Trade Center, 1300 Pennsylvania Ave. NW, Washington, D.C., 20004

The symposium theme is: "Saluting Their Sacrifice: A Decade of Challenges and Triumphs for Our Wounded Heroes and Their Families"

Confirmed keynote speakers include Florida Congressman Jeff Miller, chairman of the House Committee on Veterans Affairs and retired Gen. Eric Shinseki, Secretary of Veterans Affairs and former Army Chief of Staff.

The 2012 Warrior-Family Symposium provides a forum for expanding on the collective efforts of government and non-government organizations to improve the physical, psychological and overall well-being of Wounded Warriors and their families.

Register online at www.moaa.org or call toll free 1-888-503-1193.

CSD PREVENTATIVE LAW SERIES

As part of an ongoing Preventative Law Series, the Client Services Division of the Aberdeen Proving Ground Legal Office will offer a presentation on how to be a successful landlord or tenant from 1 to 2 p.m. at the Post Theater, Bldg. 3245. Discussions will address the entire leasing process from the creation and signing of the lease, through move-in, tenancy, move out, and return of the security deposit. Early termina-

tion of the lease by both Soldiers and civilians will be discussed and information regarding the rights of tenants during the foreclosure process will be provided. In addition, the eviction process in Maryland will be reviewed from the perspective of both the landlord and the tenant. The presentation will last about 45 minutes; followed by a question-and-answer period. All service members, retirees and their Family members as well as government civilians are encouraged to attend. The Client Services Division attorneys will not provide individual legal advice during the presentation. Eligible clients who wish to make an appointment for individual consultations can call 410-278-1583.

FRIDAY THRU SUNDAY SEPT. 14, 15 & 16 FORT MONMOUTH REUNION WEEKEND

The Fort Monmouth chapter of the Association of the United States Army will host the 1st Annual Fort Monmouth Reunion Weekend for former employees and contractors. You do not have to be an AUSA member to attend. Events include a Sept. 14 Golf Tournament, 10 a.m. at the Suneagles Golf Course (\$95); an Evening Reunion Party, 6 to 10 p.m. at McCloone's Restaurant @ Gibbs Hall, Sept. 15 (\$60), and a Breakfast at the Applebee's Neighborhood Bar and Grill, 613 Hope Road, Eatontown, N.J., 8 to 10 a.m. (\$10).

In addition, a 1st Reunion Picnic will be held Sept. 15, 11 a.m. to 4 p.m. at the InfoAge, Camp Evans, 2201 Marconi Road, Wall, N.J. (\$25). Food and beverages will be supplied as well as a deejay and door prizes. Attendees will receive a commemorative coin and photo. Bring your own chairs, blankets, folding tables, umbrellas and alcoholic beverages. InfoAge museums will be open.

To register and pay, visit <http://www.ausa-ft-mon.org/> and click on "Upcoming Events." For more information, contact Yvonne Hicks Bova, AUSA member, at 732-389-6105 or email ybova@caci.com or Kit Roache, community coordinator, at 732-460-7870 or e-mail kroache@caci.com.

SATURDAY SEPT. 22 FAMILY FUN DAY VOLUNTEERS NEEDED

SARC is looking for volunteers to assist with the 3rd Annual Rising Above It Hot-Air Balloon Festival Family Fun Day set for Sept. 22, at the Harford County Equestrian Center, 608 North Tollgate Road in Bel Air.

Volunteers are needed to help with admissions/registration, main stage entertainment, exhibitors, vendor hall, food vendors, hot-air balloon interactive demonstrations, horse ring and feinting goats, activity areas and overall festival operations.

For more information, go to <http://sarcfamilyfunday.eventbrite.com>, email volunteer@sarc-maryland.org or call 410-836-8431.

TUESDAY SEPT. 25 HCC OFFERS ROMETRIIP

Experience an arts-centered trip to Rome with Harford Community College Jan. 3-12, 2013. The registration deadline is Sept. 25; instructor permission is necessary prior to registration.

This winter, Creative Photography, History of Furniture and Decorative Arts, Drawing I, II, III, & IV, Sculpture I, II, III, & IV, and Creative Writing are being offered as part of the travel/study experience. The price (including gratuities and tour guides) is \$3,750 per person plus tuition. The first 20 students to register will receive a \$250 discount. Contact Dr. Ellen Avitts at drellenav@yahoo.com or any of the instructors for enrollment application.

THURSDAY THRU SUNDAY SEPT. 27 - 30 APG OKTOBERFEST

It will be HOOAH with OOMPAH as APG hosts its first ever Oktoberfest celebration! Enjoy German food and beverages, carnival rides, games of chance, a Volksmarch, a car show, a Festhalle with live entertainment, fireworks and much more. Admission is FREE! Each day features a ceremonial salute to a local community: the city of Aberdeen, the town of Bel Air, the city of Havre de Grace and Cecil County. This fun-filled, four-day event will be held at the Shine Sports Field, rain or shine. Join your friends and neighbors in this family-friendly celebration of a 200-year-old Bavarian tradition. For information and updates,

check the APG News; APG on Facebook at www.facebook.com/APGmd; visit the Morale, Welfare and Recreation website at www.apgmwr.com/oktoberfest.html, or call 410-278-4011.

THURSDAY OCT. 25 DISABILITY AWARENESS MONTH OBSERVANCE

CECOM will host the National Disability Awareness Month observance, 9 a.m. to 4 p.m., at the APG North (Aberdeen) recreation center. The event includes a workshop and guest speaker to be announced. Check for updates in the APG News and on the APG Facebook site at www.facebook.com/APGmd.

For more information, contact your organization/unit EEO/EO representative or Tracy Marshall, CECOM EEO program manager, at 443-861-4366 or e-mail tracy.y.marshall@mail.mil.

ONGOING CPR, AED CLASSES SCHEDULED

The APG Fire and Emergency Services Division of the Directorate of Emergency Services is offering CPR and automated external defibrillator classes in the coming weeks. Two classes will be held the third Wednesday of each month from September through December.

Dates, times and locations are:

- Sept. 19, 9 a.m. and 1 p.m. at the APG North Chapel

- Oct. 17, 9 a.m. and 1 p.m. at the Edgewood Conference Center, Bldg. E4810

- Nov. 21, 9 a.m. and 1 p.m. at the APG North Chapel

- Dec. 19, 9 a.m. and 1 p.m. at the Edgewood Conference Center, Bldg. E4810

Class size is limited to 30 participants.

For more information or to register, contact Mike Slayman, assistant chief of EMS, at 410-306-0566 or e-mail michael.p.slayman.civ@mail.mil.

HUNTING PERMITS ON SALE

APG 2012-2013 hunting permits are currently on sale at MWR Outdoor Recreation, Bldg. 2184, and the APG North (Aberdeen) Hunting Management Facility, building 550B1. For information about hunting at APG, visit <http://www.apgmwr.com/recreation/odr/huntingfishing.html>.

REGISTRATION IS OPEN FOR UNIVERSITY OF MARYLAND UNIVERSITY COLLEGE

Fall classes at APG & HEAT Center. Session 2 10/22/12-12/16/12

- *IFSM 300 Information Systems in Organizations - Thursday 6:00-9:00pm
- *HMLS 302 Introduction to Homeland Security - Tuesday 6:00-9:00pm
- *WRTG 394 Advanced Business Writing - Wednesday 6:00-9:00pm
- *HRMN 362 Labor Relations - Monday 6:30-9:30pm
- *CSIA 412 Security Policy Analysis - Wednesday 6:30-9:30pm
- *Online Hybrid courses are offered with approximately every other session on-site and the remaining sessions online.

For further information or to register, visit UMUC's APG office in Bldg. 4305, Room 210, or UMUC's HEAT Center office at 1201 Technology Drive, Room 206, Aberdeen or call 410-272-8269/443-360-9136 or visit www.umuc.edu.

REGISTER FOR HCC CLASS- ES ON APG NORTH

Harford Community College operates a full service education office in Building 4305, the Janet Barr Soldier Support Center, on APG North. The office on APG is open Monday through Thursday and alternate Fridays from 9:00 AM to 5:00 PM. Services are available to all members of the community. Information may be obtained by calling 410-272-2338.

Registration is ongoing for the following fall semester classes on APG North:

Term II class starting October 23rd include ECON 102, Microeconomics; BA 246, Legal Environment of Business; ENG 102, Composition and Literature, and BA 210, Business Computer Applications.



**MORE
ONLINE**
More events
can be seen at
www.apgnews.apg.army.mil/calendar.

Groundbreaking MRICD microscopist retires

By **CINDY KRONMAN**
MRICD

After 54 years of service, Dr. John P. Petrali, a research anatomist and principal investigator, recently retired from the U.S. Army Medical Research Institute of Chemical Defense.

“It’s an honor for me today to acknowledge your remarkable career,” said Col. Bruce Schoneboom, MRICD commander, during Petrali’s Aug. 2 retirement luncheon. “Thank you for your service to the nation and to MRICD, and for the legacy that you’ve built here and leave to us to continue to work on.”

Petrali began serving the nation in the military while stationed at the former Edgewood Arsenal in 1959 as a medical corpsman private. Prior to being drafted, he had earned a bachelor’s degree in biology from Davis and Elkins College in Elkins, W.Va., and a master’s in pre-clinical sciences from the Boston University School of Medicine in Boston, Mass. At Edgewood, he was assigned to a predecessor lab of MRICD, where later, in 1962, he began his federal civilian career as a biologist in the Pathology Branch. There, under the mentorship of Dr. Ludwig Sternberger, Petrali trained in electron microscopy, immunology and ultra structural techniques. In 1969, he received his doctorate in anatomy and pathology from the Medical Graduate Program of the University of Maryland School of Medicine.

Recognizing the numerous ways that this technology could contribute to the research program, Petrali is credited with establishing an electron microscopy (EM) facility at the MRICD. Additionally, he has been instrumental in mentoring the next generation of MRICD microscopists, who have maintained the facility’s state-of-the-art capability, to include the installation of a field emission scanning electron microscope, with X-ray microanalysis capability.

“Being part of the EM team has had a life-long impact,” said Tracey Hamilton, who worked with Petrali since the early 1980s.

“John [Petrali] was all about education when I joined the team, and he encouraged me to earn my EM certification,” Hamilton said. “Everything I enjoy about EM today is a result of his mentorship. I’ll always remember how we saw things no one else will ever have the privilege of seeing; and we saw them together.”

During his long career at MRICD, Petrali did more than provide support for other investigators. He designed and conducted primary research to detect the mechanisms of chemical threat agents and to identify those that might predict or be used to diagnose injury. His work led to a number of breakthrough discoveries. He was one of the first to determine that the effects of nerve agents on the blood-



Courtesy photos

In a photo from the early 1990s, prior to the advent of digital imaging, Petrali examines electron photomicrographs of cryo-fixed skin cell specimens.

brain barrier were dependent on convulsive activity and the first to define the sequential ultra structural immunopathogenesis of blister formations in skin and cornea resulting from exposure to the chemical warfare agent sulfur mustard. These investigations are now considered benchmark studies for the fielding of anti-convulsants, as a first line immediate treatment of nerve agent casualties, and for the development of non-invasive immunodiagnostic strategies to confirm mustard gas exposure.

“John’s name is synonymous with ultra structural pathology at MRICD,” said coworker Dr. William Smith, who initially worked for Petrali when he first arrived at the institute in 1968.

Addressing Petrali at the luncheon, Capt. Carl Smith, chief of the Cellular and Molecular Biology Branch, and Petrali’s current supervisor, remarked, “From the perspective of a new scientist, your accomplishments are completely awe inspiring. Your contributions are immeasurable.”

Petrali is the author or co-author of more than 140 peer-reviewed scholarly articles, book chapters, and techni-

“From the perspective of a new scientist, your accomplishments are completely awe inspiring. Your contributions are immeasurable.”

Capt. Carl Smith

Chief, Cellular and Molecular
Biology Branch



Dr. John Petrali early in his career at the MRICD.

cal reports, and has given presentations at countless scientific and professional meetings. Several of his presentations have received best poster or best paper awards. He also holds two patents: “Free Floating Cryostat Sections for Immunoelectron Microscopy” and “Optical Device for Self Monitoring of Pupillary Response.”

In addition to numerous performance awards, Petrali has received a Federal Executive Board Outstanding Career Service Award (1987) and the Senior Research Scientist of the Year Award, from the Defense Threat Reduction Agency, Joint Science and Technology Office, Chemical/Biological Defense Program (2006). Petrali is a fellow of

the Microscopy Society of America and served as chairman of the National Certification Board for electron microscopy technologists from 2006 to 2009. In 2010, he was awarded an honorary doctorate of science from his undergraduate alma mater, Davis and Elkins College.

Upon his retirement, Petrali received the Meritorious Civilian Service award, recognition as a distinguished member for the U.S. Army Medical Department Regiment, an Army Medical Department 30-year medallion and an Army medallion, as well as several letters from senior leaders, including President Barack Obama, thanking him for his service and wishing him well in his retirement.

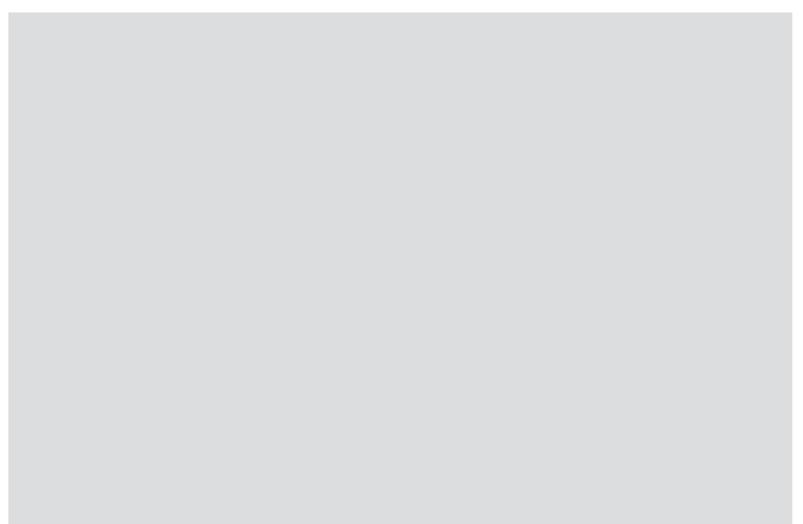
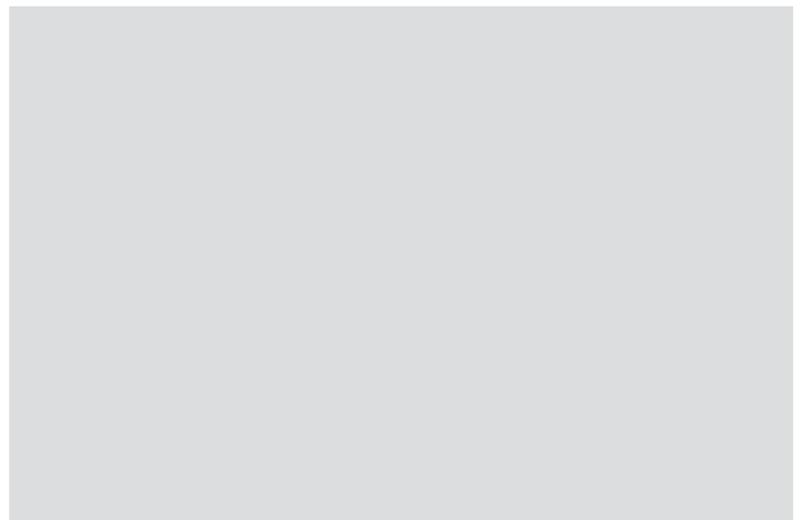
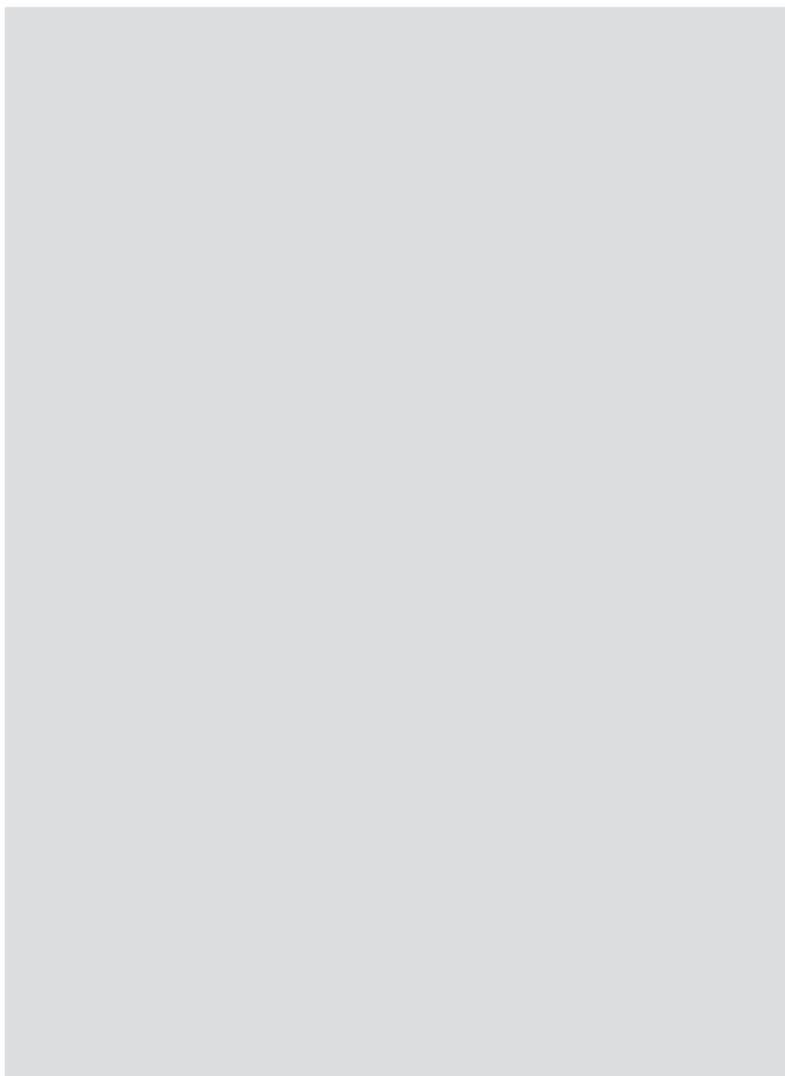




Photo by Sean Kief

Garrison Town Hall meeting highlights hiring actions and professional development

Aberdeen Proving Ground Garrison Commander Col. Gregory McClinton addresses the APG community during the Garrison Town Hall meeting at the post theater Aug. 28. This was the first APG Garrison Town Hall meeting for the garrison command team. McClinton and APG Garrison Command Sgt. Maj. James Ervin and Deputy Garrison Commander Glenn Wait also addressed the audience. Wait said there are job openings in the Equal Opportunity Office, the Directorate of Public Works, the Directorate of Emergency Services and more. Wait added that he would like to see more APG employees use the Civilian Education System. Wait encouraged employees to ask their supervisors about this free professional development training provided by the Army. Ervin asked employees to continue working together as a team and to provide feedback to APG leadership. "Team stands for, Together Everyone Achieves More," he said.

Army child and youth fee changes

Continued from Page 1

to single child care fees for each TFI category in SY10-11 with a three year individualized phase plan for each installation. The Army's SY12-13 planned target fees were adjusted to comply with updated DOD fees and fee ranges.

The Army SY12-13 Army Child & Youth Fee Policy addresses patron fees for Child Development Centers, School

Age Care, Family Child Care, Middle School & Teen programs, SKIES Unlimited Instructional Programs, Youth Sports & Fitness and Army Community based programs. The policy also addressed the discontinuation of some of the Deployment Support Services.

Charts containing the fee schedule for both the 2-week and 4-week vacation

options will be published as soon as they become available.

Parents should already have received the Memorandum letter dated Sept. 1, 2012 from Michael Lupacchino, DFMWR.

For more information, contact your Child, Youth & School Services, Child Development Center or Family Child Care facility.

Talent Show winners could be rising stars

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still accepting application for auditions to this Army-wide talent search. In Operation Rising Star, the grand prize is an all expenses paid trip for two with a professional recording studio experience and \$1,000 cash. Operation Rising Star contestants must be active duty, National Guard or Reserve from any branch of service, or a Family member of the aforementioned and compete as a vocalist. Contestants must possess a valid military ID card and be 18 or older by Nov. 13, 2012.

For more information, e-mail the Leisure Travel Office at apgr-usag-mwr-leisuretrave@mail.mil or call 410-278-4011/4907; or visit the Operation Rising Star website at www.oprisingstar.com.

Soldiers seeking help need not fear stigma

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diagnosis and/or treatment. This belief is reinforced when there is any evidence in practice that Soldiers do, in fact, suffer negative consequences when they seek help.

Allen was caught up in a personal and professional dilemma. He often counseled his own Soldiers to seek the help that could possibly alleviate their suffering, while retaining his own prejudices and believing that in truth, stigma still exists. His personal situation placed him in the most uncomfortable circumstance of having to face his

true convictions and awareness that overwhelming life events can present to anyone, not just someone else.

To squarely address stereotypes, prejudice and stigma, it is necessary for Army leaders to ensure that Soldiers can freely seek help without jeopardizing their personal integrity, reputations, work status, career goals and opportunities. Leaders must practice fair treatment in the workplace. Leaders must understand that public service announcements and leadership policy statements will not

necessarily change a Soldier's internal feelings about seeking help when needed. It requires compassion, understanding and persistent dedication to truly help Soldiers who need supportive counseling or behavioral health care.

Leaders also should be encouraged to address their own problems by seeking help as a demonstration of their commitment to ending the shame and stigma of "help-seeking." Army leaders must share the truth that anyone can be victimized by life events.

Soldiers lead patriotic evening, friendly games

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Opportunities for Single Soldiers program and Morale, Welfare and Recreation supports League of Dreams activities during the leagues' summer baseball program in Churchville, Md.

The crowd stood silent – most with their hands over their hearts - as the color guard from Company C, 22d Chemical Battalion (TE) marched onto the field and

presented the colors and as Staff Sgt. Larry Jones from Company A 22d Chemical Battalion (TE) sang the national anthem.

Other APG elements to the evening included a BOSS display in the promenade area near the main entrance; armored vehicles – a HMMWV, MATV, Stryker and Buffalo assault vehicle - from the Army Test and Evaluation

Command's Aberdeen Test Center and a giant motorized Kevlar helmet from the Visual Information Services Center.

Between innings APG leaders, Soldiers and recruits joined in friendly games, including a tug of war and a push up competition between innings. View more photos at flickr.com/photos/usagapg.

Moment of silence honors 9/11 fallen

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(CBRNE), will be the guest speaker.

During the ceremony, the name of each of state's service member who has fallen in the line of duty since Sept. 11, 2011, will be read and a semblance of their service will be added to the installation's Maryland Fallen Heroes Memorial which honors the State's Fallen since September 11, 2001.

Community members are encouraged to observe a moment of silence, along with the ceremony attendees, at 8:46 a.m., the time the first plane struck the North Tower of the World Trade Center.

The ceremony will conclude with Candle lighting in honor of all Gold Star Mothers and Families.

For more information on this event, contact Capt. Maritzabel Mustafaa at 410-278-3000.

ACOE survey to assess management, business processes

Continued from Page 1

er is not necessary. Garrison Directors will distribute the ACOE Garrison Self Assessment Survey link via email to their staffs. Directors and supervisors will provide the written URL address/survey link to those who don't have computers available in their workplace. They can also assist those personnel to gain access to a device that can access the Internet and World Wide Web.

All of the Garrison Workforce – from command group and senior leaders to contractor personnel - are asked and encouraged to participate. Participation is anonymous. No names are required.

The results of this survey will provide the Garrison Commander valuable feedback and promote continuous process improvement throughout the Garrison. It will help decide where focus, improve-

ments and changes are needed. Are we making progress? How do we know? You need to tell us. Individual input and candid responses are vital to the success of this survey. Watch for the Garrison Self Assessment Survey in your email.

For assistance or more information, contact Robert Dudek, PAIO, at 410-278-0923 or Patricia Johnson, PAIO, at 410-278-0952.

AAFES Eateries

AAFES food service facilities are open to the entire APG community. Read more on **page 6**.



(Contracted through AAFES)
 UFood Grill provides nutritious on-the-go favorites like salads, Paninis, wraps, soups, lean burgers, smoothies and more. Breakfast items are sold throughout the day. UFood Grill offers vegetarian, reduced sodium and fat, gluten free, low calorie and low carbohydrate options to health conscious customers.

Location: APG North (Aberdeen) Main Exchange in Bldg. 2401 on Aberdeen

Boulevard. Two additional UFood Grills are slated to open. One will be located in Bldg. 6010 in the C4ISR Campus and the other at ATEC Headquarters, Bldg. 2202.
Hours of Operation: 6 a.m. to 6 p.m., Monday-Friday; 8 a.m. to 4 p.m., Saturday-Sunday
Phone number: 617-962-7114
Coming Soon: Online ordering and catering
Manager: Adbelkabar Warrad



In addition to traditional American fare like burgers, French fries and ice cream, Burger King offers healthy options like salads, smoothies and chicken wraps. Burger King's new fall menu includes garden fresh salad wraps, Italian chicken basil sandwiches, raspberry fruit smoothies and popcorn chicken. Customers get 10 percent off their order when they pay with their Military Star

Card.
Location: Bldg. 2330 Aberdeen Boulevard
Dining room hours: 6 a.m. to 5 p.m., Monday-Friday; 10 a.m. to 3 p.m., Saturday
Drive-thru hours: 6.m. to 6 p.m., Monday-Friday; 10 a.m. to 4 p.m., Saturday
 Burger King is closed on Sunday
Phone: 410-273-7464 (Burger King accepts call-in orders)
Manager: Ka Haliah



Coffee Connection

A small franchise located in the APG South (Edgewood) Express mall, between the Express Store and Subway, and operated by Chelsea Keifer, manager and sole employee, Coffee Connection offers a range of gourmet coffee, cappuccino and espressos as well as lattes, smoothies, hot chocolate and other non-coffee drinks. Its eye-appealing pastries include Danish, cookies, muffins, packaged Biscotti and marble and regular pound cake. Wrapped sandwiches like turkey or ham and cheese also are avail-

able. But, Keifer says, people come for the coffee.
 "Mornings are our busiest time. All of our coffees are highly popular but people seem to like the white chocolate mocha best. There's no other place like it on Edgewood."
Location: Corner of Magnolia & Wise Roads, Bldg. E4010
Store hours: 6:30 a.m. to 2:30 p.m., Monday-Friday (Closes weekends and holidays)



EXPRESS

(formerly known as the Shoppette)
 Two Express stores serve customers in APG North and South where customers can purchase consumables such as coffee, sodas, and packaged, frozen and canned foods. Each store features a Snack Avenue for fast eats on the go. Hot dogs, pre-made sandwiches and salads, fresh and packaged fruits are the most popular items. Frequent customers delight in the avenue's Coffee Club which offers refills at reduced rates. "We change our coffee every four hours and keep our Snack Avenue foods fresh," said Edgewood Express store manager Jannelle Santiago.
 Express stores are open seven days a week. Look for monthly specials on consumables at both locations.

APG North (Aberdeen)
Location: 514 Harford Boulevard in Bldg. 2514.
Phone Number: 410-272-1681
Store Manager: Angelica Guerrero
Store Hours: 6 a.m. to 8 p.m., Monday-Friday; 8 a.m. to 8 p.m., Saturday; 9 a.m. to 7 p.m., Sunday;
 APG South (Edgewood)
Location: Corner of Magnolia & Wise Roads, Bldg. E4010
Store Hours: 6:30 a.m. to 6 p.m., Monday-Friday; 11 a.m. to 4 p.m., Saturday-Sunday;
Manager: Jannelle Santiago



Tim Hortons

(Contracted through AAFES)
 Tim Hortons features specialty coffee and donuts, as well as grilled paninis, wraps, salads, soups, and breakfast items. The turkey club is a popular option at this restaurant. Cold Stone Creamery frozen yogurt and toppings are also sold at this location.

Location: Bldg. 6002, off of Combat Drive, in the C4ISR Campus
Phone number: 443-861-6564 Tim Hortons will place large orders by phone
Manager: Chris Corbin
Store Hours: Monday-Friday; 6 a.m.-5 p.m.



SUBWAY

(Contracted through AAFES)
 Subway is known for its made-to-order submarine sandwiches and salads. Tuna, turkey meatball marinara and chicken teriyaki, are popular choices. Subway will take orders by phone and offers sandwich and cookie platters for catered events.
 Breakfast at APG Subway stores is probably five times busier than Subway stores off post, according to APG South (Edgewood) Manager Ron Smeton. "And lunch is twice as busy. I think customers appreciate the convenience as well as the food choices," Smeton said.
 Along with its signature \$5 footlongs and store-baked cookies, individual pizzas and soups of the day have gained popularity as well. Smeton said customers appreciate the wide variety of bev-

erage choices which in the Edgewood store include fruit juices and PowerAde. Monthly specials can be expected at all three APG locations.
 Monthly specials can be expected at all three APG locations.
Location: APG North (Aberdeen) Express
Phone Number: 410-272-4205
Manager: Jack Norris
Location: APG South (Edgewood) Express
Manager: Ron Smeton
Store Hours: 6:30 a.m. to 5 p.m., Monday-Friday
Location: Bldg. 6008 in the C4ISR Campus
Phone number: 443-327-7427
Manager: Jackie Hutto



Coming Soon! Froots
 Froots features smoothies made with fresh fruits and all natural ingredients

and fresh-squeezed juices. Froots' gourmet wraps, Panini, salads and soups are abundant with flavorful meats, cheeses, veggies and other wholesome goodies. According to its website, Froots is committed to providing fresh, all natural foods made from wholesome ingredients that are loaded with flavor and nutrients for health and fitness. For more information visit www.froots.com/home.html. Froots is slated to open later this year in Bldg. 6007 in the C4ISR campus.