



Army wants two more BRAC rounds

By **J.D. LEIPOLD**
Army News Service

The Army wants another two rounds of base realignment and closure to optimize facility usage across the service.

While speaking March 21 before the Senate Armed Services Committee subcommittee on readiness and management support, Katherine Hammack, the assistant secretary of the Army for installations, environment and energy, told senators of the need for another two rounds of Base Realignment and Closure, known as BRAC, for fiscal years 2013 and 2015.

"The Army's fiscal year 2013 budget request is a balanced program that reflects the current fiscal environment and it supports an Army in transition while at war," Hammack said. "The Army does support the administration's request for BRAC authority in 2013 and 2015. Changes in force structure will necessitate a reevaluation of our facilities to optimize usage, capability and costs."

Hammack also told senators the Army's construction budget request reflected the nation's current fiscal reality and is a 32

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Women in Bloom



Photo by Sean Kief

Pioneers mark historic moment at APG

(From left) Winifred "Wink" Jonas, one of the first programmers of the ENIAC, and Katherine Hammack, assistant Secretary of the Army for Installations, Energy and Environment, spoke about women's achievements during a ceremony dedicating the Women's Research and Development Memorial Garden at Garrison Headquarters March 23. The memorial garden is the first of its kind in the Army. **READ THE FULL STORY ON PAGE 7.**

AER campaign in full swing

Special to APG News

The annual fundraising campaign for Army Emergency Relief, the Army's own emergency financial assistance program, has begun.

The theme for this year's campaign, which runs through May 15, is "A Strong Tradition of Soldiers Helping Soldiers."

For the last 70 years, the campaign objectives have remained the same: "To create greater awareness of Army Emergency Relief programs and benefits; and to give Soldiers the opportunity to help their fellow Soldiers."

"In 2011, APG's AER Office assisted 178 individu-

als with a total of \$234,145," said Capt. Malikah McCormick, APG's Headquarters and Headquarters Company commander. "Roughly \$67,000 of this amount was collected from our 2011 campaign."

With the remainder of financial assistance coming from AER headquarters, McCor-

mick said these numbers show how crucial the campaign is.

Established to provide prompt financial assistance for Soldiers and their Families during World War 11, AER provides emergency financial assistance in the form of no-

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Military science professor slots open

By **JEREMY O'BRYAN**
U.S. Army Cadet Command

The U.S. Army Cadet Command Professor of Military Science centralized selection board will convene at Human Resources Command Aug. 14-15. Selected officers can expect to report for duty before the start of the 2013-2014 academic year.

Active duty and active Guard-Reserve lieutenant colonel and majors interested in becoming professors of military science must have their master's or higher degree by May 31, 2012, to be considered for positions in the August board at U.S. Army Human Resources Command.

Interested officers must have completed Intermediate Level Education or Command and General Staff College, have deployed in support of Operations Enduring or Iraqi Freedom or New Dawn, have broad

Download the fiscal year 2013 Professor of Military Science Board preference sheet from <http://www.cadetcommand.army.mil/info-for-cadre-staff.aspx>.

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Photo by Yvonne Johnson

ON AIR

EA South's Devron Crockson (18) moves in to defend a leaping B.J. Bradley (18) of LINC during the season opener at the athletic center Monday night. **READ THE FULL STORY ON PAGE 8.**

Empowering the Army to achieve optimal health

By **LYN KUKRAL**
U.S. Army Public Health Command

There are 525,600 minutes in a year. In those minutes, we work, play, socialize, sleep and conduct all of the activities that make up our lives.

The average Soldier or Family member also spends 100 of those minutes with a doctor, nurse or other healthcare provider.

"We have 100 minutes a year with our patients," Army Surgeon General Lt. Gen. Patricia D. Horoho pointed out to healthcare providers at this year's Military Health System conference. "We focus the majority of our peacetime [healthcare] budgets on those 100 minutes, but are we truly influencing health?"

Influencing health, or more correctly helping you to be healthier, is where the U.S. Army Public Health Command comes in.

"Army public health is all about helping Soldiers and retirees, their Families, and Army civilians to build and sustain good health," said Maj. Gen. Jimmie O. Keenan, USAPHC commander. "National Public Health Week (April 2-8) is a good time to highlight some of the things Army public health does."

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WEATHER

Thurs.



57° | 38°

WHAT YOU CAN DO

What can you do to contribute to women's equality? Find out what community members had to say. **PAGE 2**

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Resiliency app nears 20,000 downloads

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Officials offer tips to beat summer moving rush

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ONLINE

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Army engineers, local students talk education, employment



Photo by Allison Barrow

Daniel Buschmann, CERDEC Command Power and Integration Directorate engineer, helps students create a functioning 'robotic arm' from unconventional supplies like clothing pins and toilet paper rolls during the Futures11 creative problem solving workshop.

By **AMANDA ROMINIECKI**
CERDEC Public Affairs

Eleventh-grade students from Harford County and U.S. Army engineers and scientists at APG participated in workshops and networked with each other at the Futures11 student outreach program at Harford Community College March 22.

Futures11 exposes students to local job opportunities and gives them the chance to interact with local professionals.

In her keynote address at the event, Jill Smith, director of the U.S. Army Research, Development and Engineering Command's communications-electronics center, or CERDEC, informed students about possible career paths in the government and encouraged them to value their participation in career events like Futures11.

"There are a lot of opportunities out there that encompass everything you could imagine," said Smith. "You can be what you want to be. Many of you might not know what you want to be until you get there so take advantage of these opportunities."

Students attended three informative and interactive workshops, and a networking career session throughout the day.

"This is a wonderful chance for students like myself to get involved and see what our future could realistically look like," said a Harford Technical High School student.

CERDEC engineers participated in a creative problem-solving workshop that challenged students to create a functioning 'robotic arm' from unconventional supplies like clothing pins and toilet paper rolls.

Serving as mentors, the engineers helped facilitate communication and team work between

students as they worked toward their goal.

Scientists from Edgewood Chemical Biological Center also participated, and officials from the U.S. Army Research, Development and Engineering Command provided planning and support for the event.

"I think it's important for all professionals to participate in events with students in high school," said Daniel Buschmann, CERDEC Command Power and Integration Directorate engineer and Futures11 mentor. "That way they [the students] can see their options before making a major life decision like going to college or going directly into the workforce and they can see what they're interested in."

"Part of our mission is to promote K through 12 science, technology, engineering and math education so we can help create future engineers and scientists," said Ron Seldon, CERDEC Outreach Program acting team lead, who noted the importance of CERDEC engaging with young students through these types of events.

At the networking session, students were given information about internship and employment opportunities with the government - including the Student Career Experience Program, Student Temporary Employment Program, and Science, Math & Research for Transformation Program - as a way to show students the opportunities available to them now and in the near future, said Stacey Lambert, CERDEC Outreach Program specialist.

"What inspires me is that I get to see the future. This is my view into the future of our country and our world," said Lee Arnold, CERDEC safety officer and Futures 11 mentor, who views Futures 11 as just that--the future.

WOMEN'S HISTORY

What can you do to contribute to women's equality?



Norma Warwick

APG North Youth Center facility director

"In our facility, we have the opportunity to provide children and young adults with the building blocks of good character. In establishing these important core values, to include equality for both males and females, we are influencing how these individuals will grow up to view themselves and others.



Nina Renfroe

Former military, military spouse, management studies student

"By doing any task to the best of my abilities shows that I can do the job just as well as any man. I believe that anything you do, do it well. I also believe that it's important to support and encourage other women. Don't gossip and create drama in the workplace. Be professional and focus on your job.



Megan Davis

Kirk U.S. Army Health Clinic Health Benefits Advisor, former military, military spouse

"As a mother to teenagers, I feel like I do my part by being a positive influence on the younger generation. I teach my daughter and her friends that they can be anything that they want to be. My 17-year-old daughter wants to be a homicide detective and even though it's a male-dominated field, I fully support her choice. I tell my 14-year-old son that anyone can do whatever they want to do. It doesn't matter if you are male or female.



Mary Beth Maahs

Civilian Personnel Advisory Center employee

"I promote equality locally by being supportive of other women in my personal and professional life by sharing my own experiences or listening when they need to talk. I promote international equality by volunteering, raising money for an international safe house that provides aid to victims of human trafficking.

APG SEVEN DAY FORECAST



APG NEWS

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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Photo by Yvonne Johnson

Women's leagues now forming

Foggy weather didn't stop loyal customers Alma Jackson (left) and Florine Randall from playing a round of golf at Ruggles Golf Course March 22. For those who would like to play golf competitively, a Women's Golf Association league is forming for the upcoming season, April 5 - Oct. 25. The league will meet at Ruggles, located on APG North (Aberdeen), Thursdays at 8 a.m. for an 18-hole competition. For information, call league president Pat Reith at 410-382-0977. Previous golf experience recommended. Cost is \$35 dollars to join a league, plus weekly green and cart fees.



MORE ONLINE

To view more photos of events going on at and around the U.S. Army Garrison Aberdeen Proving Ground, visit the garrison Flickr site <http://www.flickr.com/photos/usagapg/> or scan the QR code.

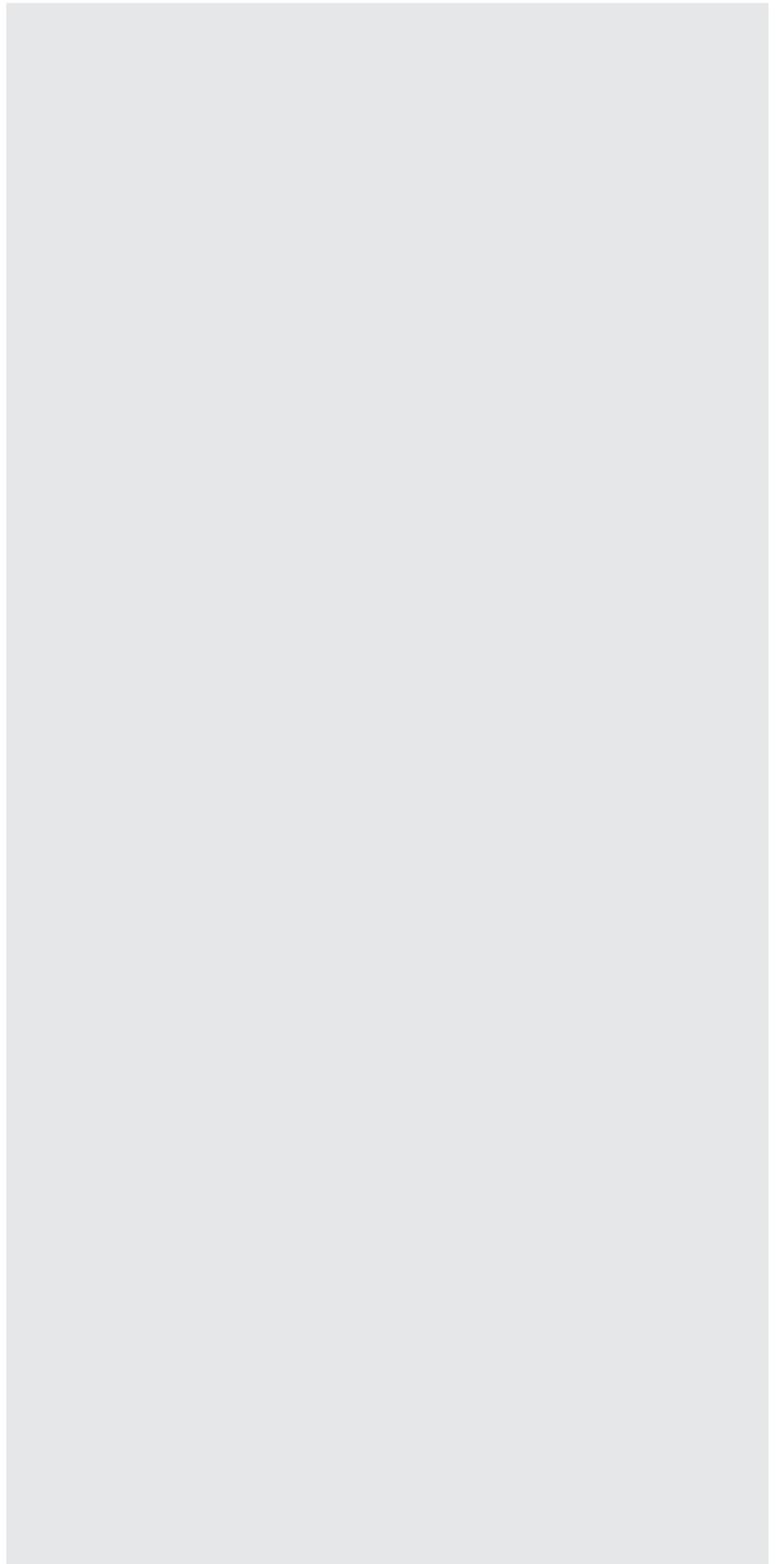
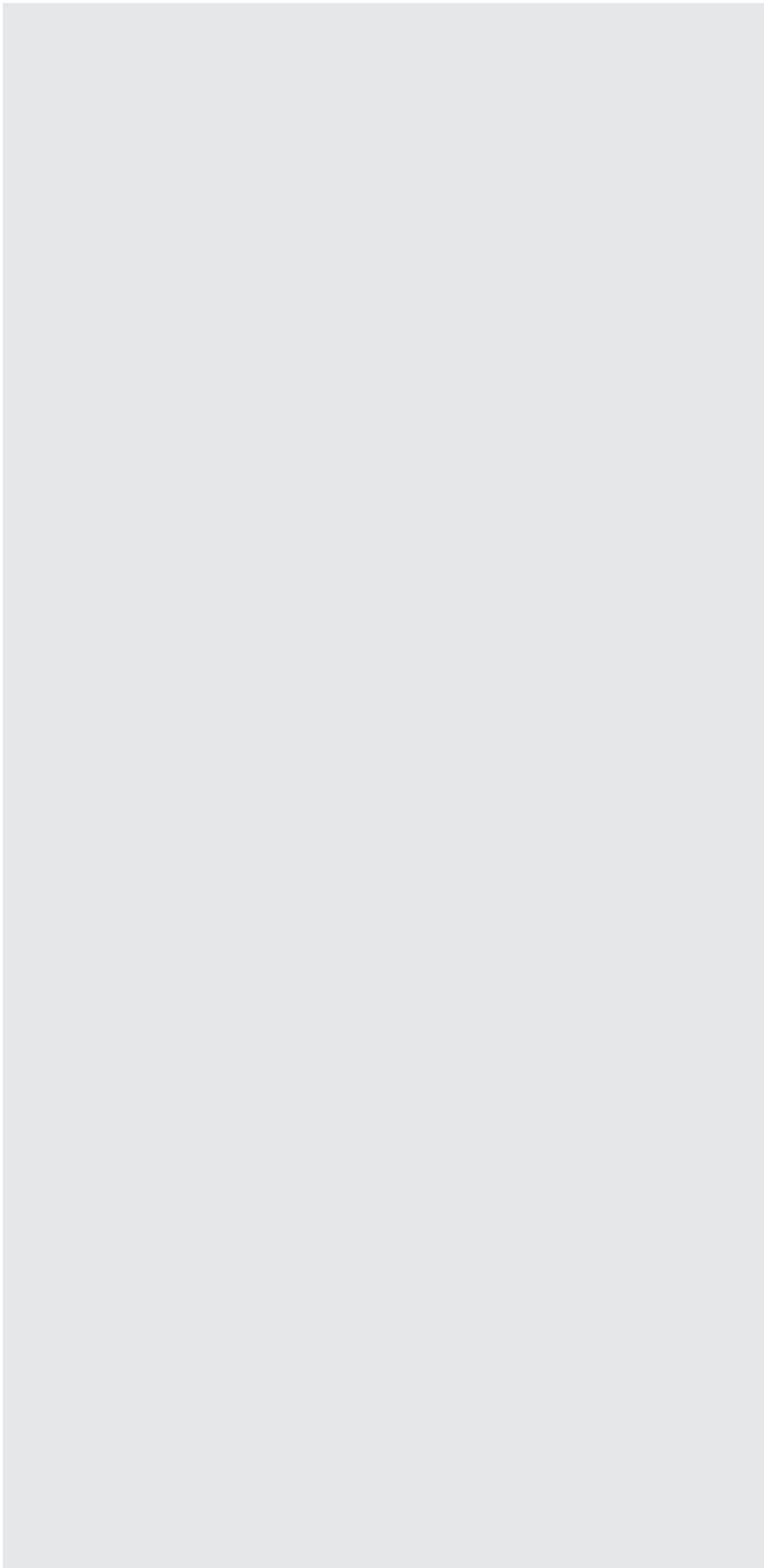
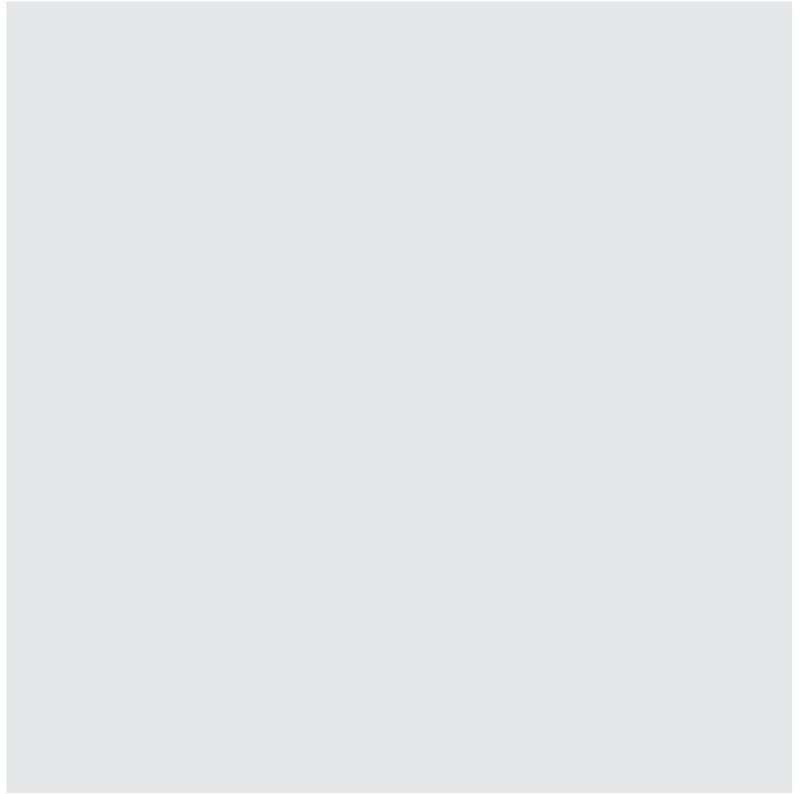
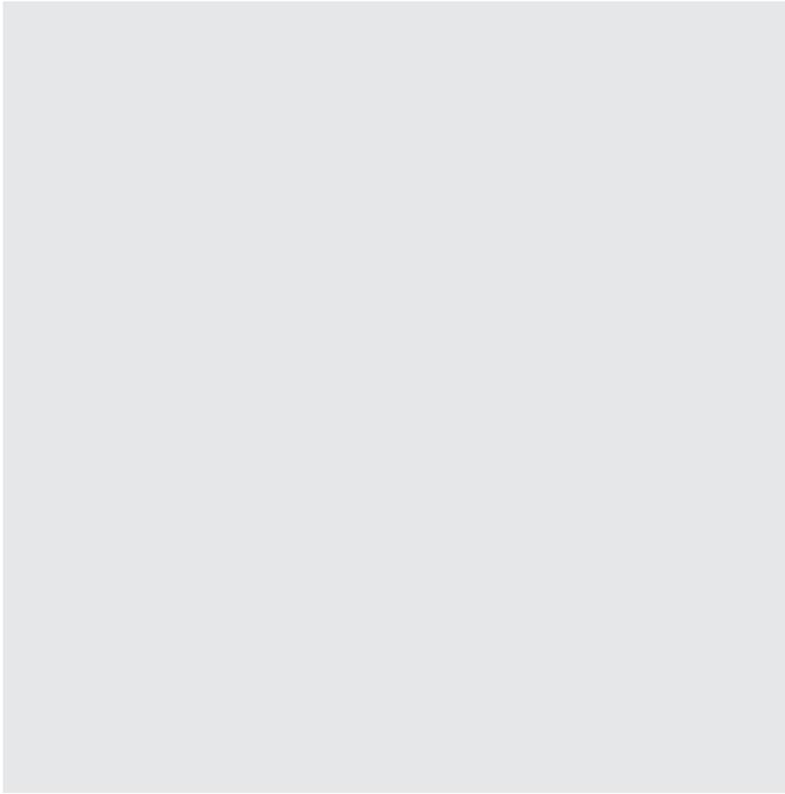




Local artisans featured at bazaar

Between talking to potential customers about her hand-knit items, Victoria Woodward works on a project during APG's Family Morale, Welfare and Recreation spring bazaar at the APG North recreation center March 20-21. The event featured homemade arts & crafts, décor, purses, jewelry, beauty products, baked goods and more. To view and download more photos, visit www.flickr.com/photos/usagapg/. Visit www.apgmwr.com for upcoming events.

Photo by Adriane Foss



DoD to screen for more RX drugs

By **KAREN PARRISH**
American Forces Press Service

The Defense Department's drug-testing program is expanding to add screening for two additional prescription medications to the range of legal and illegal drugs it currently detects.

Joe Angello, the department's director of operational readiness and safety, told Pentagon Channel and American Forces Press Service reporters the two drugs added to the screening program -- hydrocodone and benzodiazepines -- are nationally among the most abused prescription drugs now on the market. He said the program already tests for codeine and morphine.

As patterns of drug misuse change, the drug testing program responds by adding more testing procedures, he noted.

Hydrocodone is a component of a number of prescription painkillers, including Vicodin, while benzodiazepines are a class of antidepressant medication present in a range of drugs that includes Xanax and Valium.

Angello said DoD announced the new screenings 90 days before they would take effect, which is unprecedented in the more than 40 years since military drug testing began. The memorandum went out Jan. 31.

"The memorandum is giving you a 90-day warning order," Angello said. A service member addicted to prescription drugs, he added, should seek medical help.

"Don't get caught in a drug test," Angello urged. "There [are] no penalties, there's no stigma, attached to [self-referral for medical] help here."

Service members with prescriptions for the two drugs will not be subject to disciplinary action for using them within the dosage and time prescribed, Angello said.

To anyone who has medication remaining from an expired prescription, he added, "don't use those." Such drugs should be turned in for disposal, but should not be flushed, he noted, as they can contaminate the water supply.

"If nothing else, you can always turn them in through your local military police," Angello said.

Drug abuse among service members is significantly lower than in the civilian population, he said, but has a potentially much greater effect in the military.

"You're not at your peak mental acuity when you're using drugs," he said. "The military has some of the finest men and women this nation has to offer; we cannot have people in the business of arms with drug impairments."



Want to make a difference in how services are rendered at APG? Tell us how we are doing. Visit <http://ice.disa.mil>.

Click on "ARMY" then "Aberdeen Proving Ground."

How are we doing? E-mail comments and suggestions for the APG News to adriane.c.foss.civ@mail.mil

MARK YOUR CALENDAR

TODAY CAREER CLASS SET FOR TEENS

HIREd's "What do You Want to do When You Grow Up?" class is set 6-7 p.m., Room 214, CYSS Admin. Bldg. 2503. Teens ages 15-18 will learn the different careers types and educational requirements to pursue them. Students will also take an assessment and find out what careers are right for them. Walk-in registration at Bldg. 2503 is 7:30-10:30 a.m.; or call 410-278-7479/7571.

Contact jay.a.mckinney.naf@mail.mil or call 410-278-3250.

MWR TRAVEL FAIR

Let MWR help plan this year's travel plans at the 2012 Travel Fair 10 a.m. to 2 p.m. in the APG North recreation center ballroom. Reps from local attractions will answer questions.

Enter to win door prizes including hotel stays. For information, call 410-278-4011/4907.

FRIDAY MARCH 30 CECIL COUNTY DRAG WAY

Join APG MWR for a night of racing from 5-9 p.m. at the Cecil County Drag Way. Watch local racers drive their modified cars in a safe environment. Must be 18 or older, or accompanied by an adult.

Tickets are \$30. Transportation leaves Outdoor Rec., Bldg. 2184 at 5 p.m., returning at 9 p.m. Visit the Aberdeen recreation center or call 410-278-4011 for tickets. For information, call 410-278-4124.

SATURDAY MARCH 31 SKEET AND TRAP OPEN HOUSE

The Skeet and Trap Open House is 1-3 p.m., Bldg. E4737 on Hoadley Rd. Come join us for the fun, learn to shoot and meet new folks. Shotguns, ammo, and clay pigeons will be available to newcomers at no charge. Refreshments available. For information, call 410-278-4124.

SUNDAY APRIL 1 CECOM ASSESSMENT

Maj. Gen. Robert S. Ferrell, commanding general of the U.S. Army Communication-Electronics Command, has requested the inspector general of the U.S. Army Materiel Command to conduct this year's organizational climate assessment of CECOM beginning April 1.

The climate assessment will be open for 30 days and will measure your perceptions about leadership, your work, workgroups, supervision, deployment opportunities, human relationships, work-life balance, and other issues.

Your participation and candid feedback will give the commander a better understanding of where to focus his attention. The climate assessment is confidential. Only AMC IG personnel administering the assessment will have access to the data so they can analyze the feedback and provide input to the CG.

SPIRIT INNER HARBOR CRUISES

Experience the sights of Baltimore's Inner Harbor during a lunch or dinner (buffet) cruise noon to 2 p.m. or 7 to 10 p.m. See Fort McHenry, the National Aquarium, the Francis Scott Key Bridge, Federal Hill, the USS Torsk, the John Brown Liberty Ship and historic Fells Point. Tickets range from \$19.50-\$84. The cruise departs from 561 Light St. #100, Baltimore, MD 21202. Reserve your seat at the APG North recreation center. For info, call 410-278-4011 or email APGR-USAG-MWR-LeisureTravel@conus.army.mil. Visit www.Spirit-CruisesBaltimore.com.

MONDAY APRIL 2 MIXED MARTIAL ARTS CLASSES

Mixed martial arts classes begin in the recreation center, Room 104. Registration fee is \$60 for four weeks, up to six classes a week. Monday and Thursday classes are set 11:30 a.m.-1 p.m. and 4:30-6 p.m. Tuesday classes set 11:30 a.m.-1 p.m. Wednesday from 4:30 - 6 p.m. Registration can be paid at the APG North or South recreation centers. For information, call 410-278-7933/7934.

4-H CLOVER BUDS GROUP FOR AGES 6-8

The 4-H Clover Buds Group meets 9 a.m. - 3 p.m., in CYSS Admin. Bldg,

Easter brunch set at Top of the Bay

The APG community is invited to attend the annual Easter brunch at the Top of the Bay April 8 from 10 a.m. to 2 p.m.

"The menu will include a feast of breakfast and lunch items, carving stations serving prime rib and roast pork, and a visit from the Easter bunny with treats for the kids," said Top of the Bay Manager Terri Hall.

Community members are asked to register by April 2 to attend the event, hosted by the installation's Family and MWR.

Hall is hoping the facility's year-long renovations and updated menu will boost the brunch turnout.

"Since we reopened last year, our menu offers more high-quality items than we served in the past," Hall said. "For those who are new to the installation or who have never been to the Top of the Bay, this is a perfect opportunity to bring the Family and enjoy a wonderful meal. And what better location than the newly-renovated facility overlooking the Chesapeake Bay."

Hall said guest should make their reservations soon, as they fill up fast. Tickets are \$24.95 for adults, \$10.95 for ages 7-11, and free for guests 6 and under. Reserve online at www.apgmwr.com/events.html or call 410-278-3062/2552/5915.

EASTER BRUNCH MENU

Breakfast Buffet: omelet station, waffles with toppings, scrambled eggs, sausage, bacon, biscuits with sausage gravy, home fries, grits, bagels, muffins, Danish pastry, and cereal

Lunch Buffet: Carving Station with prime rib and roast pork,

chicken Cordon Bleu, shrimp Creole, rice pilaf, parsley-buttered red skin potatoes, and assorted vegetables

Beverages: mimosas, juices, coffee and tea

Assorted Desserts Table

2503, Room 214. Children will experience arts and crafts, games, and participate in community service projects. Come meet new people, have fun, and do something for others. Children must be registered with CYSS. Call 410-278-7479/7571. Email renee.a.main.naf@mail.mil or call 410-436-2862/2098.

TUESDAY APRIL 3 BEGINNER & TINY TIGERS TAEKWONDO CLASSES

The Unity Tae Kwon Do School of Martial Arts at APG presents beginner taekwondo for ages 6-14 in the APG Bowling Center April 3-June 21, Tuesdays and Thursdays. Students can select from two sessions: 6:30-7:15 p.m. or 7:15-8 p.m. This entry-level class is for students who have never participated in taekwondo. Register early; class size is limited. Price is \$150 per student for 12 weeks.

Unity Tae Kwon Do also presents Tiny Tigers taekwondo for ages 3-6 in the bowling center April 3-June 21, Tuesdays and Thursdays. Select the 5:30-6 p.m. or 6-6:30 p.m. session. Parent participation required. Tiny Tigers is age-appropriate and will help direct a child's energy into confidence and character building skills. Cost is \$100 for 12 weeks.

Register early; class sizes are limited. Call 410-278-7571/7479 to register. For information, email stacie.e.umbarger.naf@mail.mil or call 410-278-4589.

WEDNESDAY APRIL 4 BLOOD DONATION

Help support our combat warriors by supplying needed blood. A blood drive is scheduled from 10 a.m. to 2 p.m. in the APG North recreation center. For an appointment, visit www.militarydonor.com and use the sponsor code: APGMD. For information, contact Victoria Fernetto at Victoria.Fernetto@Med.Navy.Mil or 301-295-2109.

SEND YOUR REPTO TRANSPORTATION MEETING

The Transportation Demand Management Working Group will hold an April 4 meeting from 10 a.m. to noon in Bldg. 4304, third floor conference room.

The purpose of the meeting is to identify and promote ideas that will reduce traffic on local roads during peak hours. These alternatives include such methods as mass transit, car/van pooling, flex hours, telework, etc. APG organizations are encouraged to send a representative. Contact Carroll Sparwasser at 410-436-8854 or carroll.g.sparwasser.civ@mail.mil to RSVP or for more information.

BUNNY HOP FUN RUN & SPRING FESTIVAL

The annual APG South Bunny Hop Fun Run is set at 3 p.m. Runners and Families are invited to attend the spring festivals immediately following

the runs. Participants may purchase a Fun Run shirt designed for the occasion. To register or buy a shirt, visit the APG North or South recreation centers, or visit www.apgmwr.com/events. For information, call 410-278-4011 or 410-436-2713.

APG South will hold its annual spring festival in the Starke Recreation Center at 4:30 p.m. Entertainment for the entire Family, including photos with the Easter Bunny, children's crafts, live entertainment, face paintings, balloon sculptures, tattoos, food and Easter basket decorating contests. For contest rules, visit www.apgmwr.com/events.html.

HEARTS APART - "APRIL SHOWERS BRING MAY FLOWERS"

ACS Hearts Apart Support Group is a great way to stay connected in the community and learn what ACS has to offer you and your Family. The Hearts Apart Support Group will host its April Showers Bring May Flowers event, 6-7 p.m., ACS Bldg. 2503, High Point Road. Light refreshments and gifts for attendees. Hearts Apart seeks to help prepare Families for separation during deployments and TDYs. Call 410-278-2464.

THURSDAY APRIL 5 NATIONAL ALCOHOL SCREENING DAY

On National Alcohol Screening Day, stop by the lobby of any screening location, complete a five-minute anonymous survey and receive a surprise: APG North PX, A2401 Aberdeen Blvd; APG South Shoppette-E4010 Magnolia & Wise St.; KIRK U.S. Army Clinic, A2501 Oakington St and ATEC, A2202 Aberdeen Boulevard. For information, contact Cindy Scott at 410-278-4013 or Cynthia.M.Scott4.civ@mail.mil.

TUESDAY APRIL 10 ACQUISITION SYMPOSIUM

The Defense Acquisition University will host its annual Acquisition Community Symposium Tuesday, April 10, at its Fort Belvoir campus. All attendees must register through the ACS website at https://www.dauaa.org/dauaa_site/Symposium2012/12Registration20.asp.

WEDNESDAY APRIL 11 PEO IEW&S CHANGE OF CHARTER

Brig. Gen. Harold Greene will relinquish leadership of the Program Executive Office-Intelligence, Electronic Warfare & Sensors (PEO IEW&S), during a change of charter ceremony April 11 at 11 a.m. at APG's Myer Auditorium. The ceremony will be officiated by Lt. Gen. William Phillips, Military Deputy, Assistant Secretary of the Army (Acquisition, Logistics & Technology). Attendees are asked to be in place by 10:45 a.m. Following the

ceremony, Greene—who has served as the PEO since May 2011—will move to his new assignment as deputy for Acquisition and Systems Management, ASA(ALT).

BALLET AND JAZZ CLASSES

Ballet classes are set Wednesdays, April 11 - June 13, 6:30-7:30 p.m. at the Aberdeen youth center, Bldg. 2522 for ages 8-10. Registration is \$45. Students with three or more years of training will be taught classical techniques. Students are expected to know basic ballet posture, positions and movement.

Jazz classes are set Wednesdays, April 11 - June 13, 7:30-8 p.m. at the youth center. Registration fee is \$30. This beginner to intermediate class is for students devoted to multiple styles dance, from Jazz to Broadway and music videos. Ballet training is recommended, not required.

Walk-in registration is from 7:30-10:30 a.m. at Central Registration, Rooms 210 and 211, or call 410-278-7479/7571. For info, email stacie.e.umbarger.naf@mail.mil or call 410-278-4589.

MONDAY APRIL 16 SATELLITE COMMO COURSE

The APG community is invited to register and attend a "Satellite Communications: Systems, Technology, and Applications" course given by Dr. Arthur Einhorn. The course will benefit engineers, technicians, managers, planners, as well as marketing, contracts, and procurement specialists who need a better understanding of satellite communications technology and applications. For more information, call Larry Neuton at 323-496-0397.

ONGOING CHAPEL POSITION

The APG main post chapel is seeking someone who can serve as choir director, organist and soloist. It is a paid position, part-time, required for two services on Sunday, special services and rehearsal. If interested, contact Chaplain (Maj.) Jonathan Morse at 410-278-4333.

SATURDAY CRITTER FEEDING

Eden Mill Nature Center offers these feedings on Saturdays through June, at 1 p.m. for Families. Join the staff in the nature center as they feed the critters. Take a turn feeding one of the turtles or a snake. Space is limited to 10 participants, so pre-register early by calling 410-836-3050 or email edenmillnaturecenter@gmail.com. Visit www.edenmill.org for information.

UPCOMING INSTALLATION TOWN HALL

APG is seeking input on its quarterly Installation Town Hall (ITH) meeting, formerly the Community Action Council meeting. The garrison-sponsored meetings give community members a chance to voice their concerns, offer suggestions and get answers from each directorate. The garrison is seeking the following feedback:

1. What time would you like to attend ITH meetings?
2. What topics would you like to see addressed?
3. How can leadership modify the meetings to boost participation?

Email your answers to claudette.e.murray.civ@mail.mil. The subject line should read INSTALLATION TOWN HALL

IEPP PROGRAM CONTINUED

Internal Enterprise Placement Program, the IMCOM program designed to place over-hires from one installation in vacancies at another installation, has been continued. APG garrison employees can apply for positions that they qualify for at the same or lower grades. Vacancies are posted at <https://www.us.army.mil/suite/page/662838>.

Permanent change of station costs are paid by the losing garrison. Employees who are interested in relocating to another IMCOM location should contact their supervisors for a detailed package about the program or call CPAC's Carolyn Russell at 410-306-0173. Or call 410-278-9669 for Marilyn Howard (ACS) for assistance with resumes.



MORE ONLINE
More events can be seen at www.apgnews.apg.army.mil/calendar.

Female trailblazers mark historic ceremony at APG

By **YVONNE JOHNSON**
APG News

Two pioneering women—an assistant secretary of the Army and a groundbreaking mathematician—spoke to a rapt audience about women’s contributions to the Army during the Women in Bloom ceremony at Aberdeen Proving Ground March 23.

The ceremony, held in honor of APG women’s achievements in research, science, mathematics and technology, was highlighted by the dedication of the Women’s Research and Development Memorial Garden — outside Garrison Headquarters, Bldg. 305.

“For future generations it will stand testament to women’s outstanding intellectual achievements since the founding of this post in 1917,” said Katherine Hammack, who is the primary advisor to the secretary of the Army and chief of staff of the Army on Army matters related to Installation policy, oversight and coordination of energy security and management.

Referring to the Women’s History Month theme, “Women’s Education – Women’s Empowerment,” Hammack said the fight to learn spanned years and cultures and that although women now outnumber men in American colleges, “the reversal of the gender gap is a very recent phenomenon.”

“Women continue to have a crucial role in the War on Terrorism and their sacrifices in this noble effort underscore their dedication and willingness to share great sacrifices,” she said.

“I look forward to seeing this garden in bloom during future trips to APG and I hope that everyone who passes by this monument takes a moment to reflect on the contributions women have made to our national defense,” she said.

“What better place to have this memorial than Aberdeen Proving Ground – the home of research, development, test and evaluation for the Army, and home to many ‘top secret Rosies’ such as Mrs. Jonas,” said Hammack, referring to Winifred “Wink” Jonas, the first APG mathematician to work on the ENIAC – the world’s first electronic digital computer created jointly by APG engineers and the Uni-



Photo by Sean Kief

The memorial garden plaque reads: “Dedicated to the women of Aberdeen Proving Ground whose vital contributions in research, science, and technology have advanced our national defense. A grateful nation honors your outstanding achievements.”

versity of Pennsylvania. ENIAC was developed by Army Ordnance to compute World War II ballistic firing tables and was a significant contribution in winning the war.

The 87-year-old Jonas was accompanied by her husband Herbert, a BRL retiree. She shared her story of her road to APG and inclusion in the historic ENIAC project starting with her graduation from Furman University in Greenville, S.C., in 1946.

She said the women of the ENIAC worked as programmers and operators, coordinating with electrical engineers to troubleshoot problems.

“This required a basic knowledge of the machine, the wiring and operation and the accompanying IBM equipment,” she said, adding that the ENIAC operated three shifts, six and sometimes seven days a week.

She said women like her supervisor Dr. Dorrit Hoffleit, were classified as “sub-professionals” regardless of their education or experience, while men with similar credentials were deemed “professionals” and paid better.

“Dr. Hoffleit refused to work for BRL until all women got a ‘P’ rating,” she said. “All white women, that is. Tragically, black women did not gain this status until a decade later.”

Twenty-five years after resigning from BRL, Jonas returned to APG as a mainframe systems manager, retiring again in 1987. She later taught science and math at Harford Day School and two former students, Randy Coates and Lee Magness, are supervisors at the U.S. Army Research Laboratory, the former BRL.

“When I worked at BRL and programmed for the ENIAC it was a busy, interesting time,” Jonas said. “We did not have any perception that computers would become the powerful tools and aids that they have become and that we were on the cutting edge of the growth.”

She said she is “thrilled to see our work recognized here today” by the Women in Bloom memorial.

Maj. Gen. Genaro Dellarocco, commander of the U.S. Army Test and Evaluation Command, presented plaques to both Hammack and Jonas.

APG Garrison Commander Col. Orlando Ortiz thanked attendees for helping the installation celebrate the scientific contributions of women of the past, the leadership of women of the present and the promise of women of the future.

“Today is a celebration of women and their impact on our nation,” he said.

He noted that unlike the well known Rosie the Riveters, who took on men’s jobs during World War II, the women of ENIAC were instead “Top Secret Rosies,” pioneers who went unrecognized because of their gender.

“Without their service and sacrifice we would not have prevailed,” he said.

The program concluded with the unveiling of the monument by Dellarocco, Ortiz, Hammack and Jonas. The monument, located on the garrison headquarters grounds, reads: “Dedicated to the women of Aberdeen Proving Ground whose vital contributions in research, science and technology have advanced our national defense. A grateful nation honors your outstanding achievements.”

Attendees included members of the Senior Executive Service, Harford County leaders and Justin Hayes, project director representing Maryland Senator Barbara Mikulski. ATEC civilian employee Courtney Payne sang the national anthem and Garrison Chaplain (Maj.) Fred Townsend delivered the invocation.

Terri Kaltenbacher, garrison public affairs specialist and the program’s emcee, welcomed guests on behalf of Maj. Gen. Robert Ferrell, senior commander of APG and the U.S. Army Communications-Electronics Command including special attendees such as former APG Commander Maj. Gen. Nick Justice, now serving as the special assistant to the military deputy/director, Army Acquisitions Corps, Assistant Secretary of the Army for Acquisition, Logistics and Technology. She thanked Team APG and Harford County partners in making the project a success and lauded younger women like the Freestate Challenge cadets and the students of the Science and Mathematics Academy for paying tribute to the female role models who blazed the trail before them.

Kaltenbacher and Dr. Deidre DeRoia of the garrison’s Directorate of Public Works Environmental Division partnered on the project which is the first monument of its kind in the Army. DeRoia designed the garden using more than 200 native plants that will attract pollinators like hummingbirds and butterflies.

The Women’s R&D Memorial Garden is the product of a National Environmental Education Foundation grant through the DoD Legacy Program for National Public Lands Day.

DID YOU KNOW?

ENIAC was the world’s first electronic digital computer.

It was developed by Army Ordnance to compute World War II ballistic firing tables and was a significant contribution in winning the war.

EA South opens post season with 64-57 win over LINC

Story and photo by
YVONNE JOHNSON
APG News

The first game of the intramural basketball post season started March 26 with an exciting matchup between EA (Edgewood Area) South and LINC at the APG North athletic center.

Despite being seeded No. 1, EA South came from behind late in the game to post the 64-57 win.

Seeded eighth out of eight teams, LINC played much better than its 7-7 record, leading most of the first half and much of the second half by as much as 12 points. EA South seemed to catch its second wind midway through the second half, producing a stifling defense, timely steals, and a stepped-up offense that kept LINC players off balance and made each possession a battle.

EA South forward Hersey Taylor noted that the team played without its leader, Lee McLean, who coached the team to a 13-1 regular season record.

"I'm just proud of the effort we put in at the end of the game," he said. "We had a good season with only one loss and we were glad to get the No. 1 seed. Hopefully this momentum will take us through the playoffs."

The team consists mostly of civilians from APG South organizations.

Participating teams, in seed order, are #2 Beast Mode; #3 EA Heat; #4 22d Chem; #5 IEW&S; #6 Dynamo; and #7 Lockout.

Post-season play continues with games starting at 6 p.m., March 29 and April 2 and 3. The post championship is set for 6 p.m. April 4. All games will be played at the APG North athletic center.



(From left) C.J. Sabino (13) of EA South, Scott Sloan (21) of LINC, and Germaine Clark of EA South look on as LINC's Marvin Bryant (9) drives to the basket during an intramural game at the athletic center March 26.

Good health starts with good choices

Continued from Page 1

Keenan emphasized that there are two keys to building good health in what the surgeon general called "the white space"—the time between visits to a healthcare provider. Those keys are empowerment and prevention.

"One of our command's goals is to empower our beneficiaries to take greater control of their health," Keenan said. "We want to give them the tools they need—effective programs and information—so they can reach their health goals. We also want them to understand how things like maintaining healthy weight, exercising, not smoking and not drinking to excess contribute to their health," she said.

The other key, prevention of disease and injury, is the heart of USAPHC's mission.

"Prevention is better for the individual than even the best healing and rehabilitation Army Medicine can provide," Keenan said. "I don't know anyone who would rather go to the hospital than stay active and healthy."

In addition, prevention is better for military units because it ensures higher readiness through fewer lost-duty days, and better for the military healthcare system because it contributes to better

One of our command's goals is to empower beneficiaries to take greater control of their health. We want them to understand how things like maintaining healthy weight, exercising, not smoking and not drinking to excess contribute to their health.

Maj. Gen. Jimmie O. Keenan
USAPHC commander

stewardship of healthcare dollars, she explained.

Since its establishment in October 2009, USAPHC has focused on its public health efforts on building partnerships. Working with installations, garrisons and military medical treatment facilities, Army public health experts advise commanders and leaders about a broad range of public health initiatives and preventive actions. All have the basic goals of encouraging healthy behaviors, standardizing public health efforts according to best practices (methods that are scientifically valid

and that work), creating healthy work environments and installations, and preventing disease and injury.

"Army Public Health touches so many aspects of our community life that it isn't a term that can be defined in a sentence or two," Keenan said.

Some examples of USAPHC's public health activities include the following:

- If you live on an Army installation, USAPHC helps ensure your drinking water is pure.

- If you shop in a commissary, USAPHC veterinary food inspectors make sure the

food you buy is safe to eat.

- If you're doing PT with your unit, USAPHC helped develop fitness program standards that minimize injuries while maximizing your strength and endurance.

- If you've ever deployed, your pre-deployment medical threat brief was provided to your unit by the USAPHC.

- If you've ever sat in a Stryker or used an Army weapon, USAPHC likely tested its design to minimize the health risks from operating it.

- If you use Army-approved vision or hearing devices, USAPHC made sure your goggles and earplugs met high standards of protection.

- If you carry an "ACE" (Ask-Care-Escort) card in your pocket, that card—and the training behind it—was developed at the USAPHC.

USAPHC programs, from Army Wellness Centers to the e-Catalog of public health information, help build and sustain the good health of individuals and units in the "white space" between healthcare visits.

For information and product ordering, visit <http://phc.amedd.army.mil>.

AER expands categories

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interest loans or grants.

In addition, AER provides scholarships to children and spouses of active duty and retired Soldiers as well as financial support to widows and Wounded Warriors.

McCormick said every tenant on post is participating to meet APG's 2012 campaign goal of \$55,000.

"Every organization has a representative, but if you would like to donate and do not know who to contact, call HHC at 410-278-3000. We can provide contact information on your local representative, or you can donate here," said McCormick, who also serves as the AER installation campaign coordinator.

Beginning in January 2012, AER added four new categories of assistance to include: family member dental care, basic furniture needs, rental vehicles and replacement vehicles. These additions were made to meet the changing needs of today's Soldiers and Families.

In 2011 Army Emergency Relief provided \$77.5 million in assistance to more than 64,000 Soldiers and their Families. Under the streamlined

Every organization has a representative, but if you would like to donate and do not know who to contact, call HHC at 410-278-3000. We can provide contact information on your local representative, or you can donate here.

Capt. Malikah McCormick,

HHC commander and AER installation campaign coordinator

Command Referral Program, company commanders and first sergeants have the authority to approve AER loans for their Soldiers up to \$1,500.

AER assistance is based upon a valid need and is flexible in responding to all types of financial situations. There is no limit on the amount of assistance that can be provided, and no limit on the number of times a Soldier may make a request for assistance.

Soldiers requiring AER assistance should contact their unit chain of command or visit their local

installation AER office.

Soldiers and Families not near an Army installation can get AER assistance at an Air Force, Navy, Marine Corps or Coast Guard base from the Air Force Aid Society, Navy Marine Corps Relief Society, and Coast Guard Mutual Assistance respectively or from the American Red Cross call center at 877-272-7337.

Additional program information is available at www.aerhq.org or in the Army Blue Book application for smart phones.

2013 PMSB

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experience in command and staff positions, demonstrate moral attributes and personal traits to serve in a position of prestige in an academic environment, meet Army standards of military bearing and appearance, and be able to serve a three-year tour.

Each volunteer must be eligible for a permanent change of station for summer 2013. Officers should update their Officer Record Brief, DA photo, and ensure their undergraduate and graduate transcripts are in their Official Military Personnel by then Aug. 1.

The Professor of Military Science selection board has averaged between 250 to 350 professors a year for four years, according to Scott McCrea, Deputy, Military Personnel Division, Cadet Command, Fort Knox.

Officers meeting these qualifications must provide their branch assignment officers a preference sheet by June 1 to begin the Professor of Military Science board process.

Officers may download the fiscal year 2013 Professor of Military Science Board preference sheet from the Cadet Command website at <http://www.cadetcommand.army.mil/info-for-cadre-staff.aspx>. The site also lists projected summer 2013 PMS vacancies.

Email PMSBoard@usacc.army.mil for more information.

Holy Season worship schedule

Main Post Chapel (Aberdeen Area)

Protestant

- April 1, 10:15 a.m., Palm Sunday
- April 8, 10:15 a.m., Easter Sunday

Gospel

- April 1, noon, Palm Sunday
- April 8, noon, Easter Sunday

Catholic services

- April 1, 8:30 a.m., Palm Sunday
- April 4, 5:30 p.m., Anointing Mass
- April 6, 3 p.m., Veneration of Cross

- April 7, 8 p.m., Easter Vigil Mass
- April 8, 8:45 a.m., Easter Sunday

Edgewood Area

Protestant

- April 1, 9:15 a.m., Palm Sunday
- April 8, 9:15 a.m., Easter Sunday

Catholic services

- April 1, 10:45 a.m., Palm Sunday
- April 5, 7 p.m., Holy Thursday
- April 6, 3 p.m., Veneration of Cross
- April 8, 10:45 a.m., Easter Sunday

Lenten lunch and bible study

- Noon, every Wednesday, thru April 4, AA Chapel Fellowship Hall

"The Drama of Easter"

- April 8, 6:30 a.m., Location: Behind Top of the Bay, Breakfast served at Top of the Bay following service

AROUND THE FORCE

Resiliency app nears 20,000 downloads

By **CHERYL RODEWIG, BENNING BAYONET, J.D. LEIPOLD**
Army News Service

The Comprehensive Soldier Fitness Resiliency Goals Book released last June as an iPhone/iPad app has seen great success with more than 7,000 downloads.

Then just a month ago the same app became available to Android users and already more than 11,500 downloads have been recorded, said Sam Rhodes at the Directorate of Training and Doctrine, Fort Benning, Ga., who is responsible for app development, testing and revision.

The app helps users gain resiliency by setting and meeting personalized goals. It was spearheaded by the Systems Training Branch and the Signal Center of Excellence at Fort Gordon, Ga.

As a digital, interactive version of the printed CSF Resiliency Goals Book which was first released in 2010, the app allows Soldiers, civilians, veterans and Family members to connect their Global Assess-



The Comprehensive Soldier Fitness Resiliency Goals Book, previously released as an app for iPhones and iPads, is now available for Android users. The app has been downloaded nearly 20,000 times on iPhones/iPads and Androids.

Courtesy Photo

As a point of reference, the app is currently available on 934 different devices. We will continue to revise and update it to make it user friendly.”

Rhodes said the command is working on the second version of the app, which will feature other tools to enhance performance. He said it should be out by December.

To download the Android app, search the Android market for FA53.

AT YOUR SERVICE:

■ Services offered by the APG main post chapel include Friday Noon worship services, monthly marriage and financial peace seminars, a Women in Military Spiritual Resilience seminar and participation in local Yellow Ribbon events. Call 410-278-4333.

■ A variety of resilience training classes are offered monthly to Soldiers, civilians and Family members by ACS. To register or for a full listing, call 410-278- 2180/7572.

ment Tool results to practical exercises, then email the feedback to their supervisors.

The positive impact the use of goal setting could have on Soldiers after a deployment is “enormous,” added Rhodes, who was diagnosed with post-traumatic stress disorder in 2005 after three tours in Iraq. Rhodes, a retired command sergeant major, believes firmly that resiliency is the key to counteracting the effects of post-traumatic stress disorder, or PTSD.

“The dynamics of goal setting we learned over the years and taught to our peers,” Rhodes said. “Goal-setting is the number one thing that our research has shown enhances an individual’s performance, whether in playing sports, planning for college or Soldiering.”

“The secondary benefit of that is it takes and increases resiliency, and that’s the real goal here: to take and ensure we get the most resilient warriors we can and at the same time take

and increase the resiliency of our Soldiers and veterans who are challenged by some of the things they’ve seen in war,” he added.

When users download the app, they should make sure it’s the right one by looking for the CSF logo with the words “goal setting” written in yellow letters on an Army star. The app is free.

“The Android has limitations,” Rhodes said, “particularly when it comes to developing an app that will work on as many of the devices as possible.

Officials offer tips to beat summer moving rush

By **ELAINE SANCHEZ**
American Forces Press Service

With military moving season about to kick into high gear, officials are urging service members to book their moving dates early and to remain as flexible as possible when doing so.

Careful planning is vital to ensuring a smooth move, especially during the busiest season, John Johnson, branch chief for the personal property directorate quality assurance division, told the Pentagon Channel. The directorate, part of the Army’s Military Surface Deployment and Distribution Command, manages the personal property program for the Defense Department.

Each year, about 225,000 DoD and Coast Guard household goods shipments are slated for movement during the summer months, officials said. With school out for the summer, or about to be, many parents view that stretch of time as the least disruptive for a Family move and set their sights on moving over the Memorial Day or Fourth of July weekends to take advantage of the extra days off.

But this moving cluster can create a backlog for officials, Johnson said, as military shipments compete with private-sector moves during the peak moving season.

“We move almost half of the folks we move in the DoD in the summertime,” he said, noting the “peak of the peak” season takes place toward the end of June through the Fourth of July. Service members who are set on moving around this time may run into some roadblocks when trying to lock in specific dates. However, they can tip the odds in their favor by booking their moving dates early, essentially beating the moving rush, and keeping flexibility in mind when doing so, Johnson advised.

“If you go with a specific time in mind and can’t move outside of that, it makes it more challenging,” he explained.

Johnson noted some exceptions to this rule, particularly when service members have a limited time frame in which they can move. In these cases, he advises troops consider a personally



U.S.M.C. photo

With military moving season about to kick into high gear, officials are urging service members to book their moving dates early and to remain as flexible as possible when doing so.

procured move, formerly known as a do-it-yourself move, where members find their own movers or move their household goods themselves and then file for reimbursement.

DoD service members, civilians and their Families have two options to manage moves, officials said. First, they can visit their local installation transportation office or personal property shipping office to start the move process. Or, they can use the Defense Personal Property System, known as DPS, which can be accessed through move.mil. This website is the portal for DPS and the one-stop shop where members can completely manage their move process, officials explained.

Meanwhile, people can create a personal moving calendar with checklists, phone numbers and links to helpful information, Johnson suggested.

He also suggests people rifle through their garage or basement and get rid of unwanted items to reduce their shipment’s weight.

“No one wants to get a bill for being

overweight” on their shipment, he said, referring to authorized weight allowances based in part on rank or civilian pay grade.

A quick method for estimating weight is to calculate about 1,000 pounds per room, officials said, or by using the weight estimator on move.mil.

Johnson also stressed the importance of taking the time after the move to fill out a customer satisfaction survey, which serves as a “scorecard” for transportation service providers. Providers get business or don’t get business based on their survey scores, he explained, providing incentive for moving companies to do a good job. “Higher scores mean more business,” he said.

Johnson also pointed out that the process to file a claim for missing or damaged

property has changed. People formerly filed a claim through the military claims office. But now, people initiate the claim process through the online system. The carrier then contacts people directly to discuss how to get estimates or repairs.

People who are having issues with this process aren’t on their own, Johnson stressed. They can contact their local military claims officer for guidance and advice.

For questions or concerns about the moving process, people should stop by their local personal property shipping office or installation transportation office, Johnson advised.

(Mitch Chandran of the Surface Deployment and Distribution Command contributed to this article.)

AT APG

Have questions? The APG Household Goods and Outbound Transportation Office is in Bldg. 4305, 2nd Floor, Room 246, on Susquehanna Avenue. For info on outbound goods, call 410-306-2056/2057. For inbound goods, call 410-306-2059. Or visit www.apg.army.mil/apghome/sites/newcomers/goodies.cfm.

Another BRAC would focus on cost savings

Continued from Page 1

percent reduction from 2012.

“We know the fiscal challenges the nation faces and are planning accordingly to implement what was asked of us by the budget control act,” she said. “The Army has implemented a facility’s strategy to focus our strategic choices on cost-effectiveness and efficiency reducing unneeded footprints, saving energy by preserving the most efficient facilities and consolidating functions for better space utilization.”

The Army recently completed the last round of base realignment and closure. Hammack said the Army met its BRAC 2005 obligation within the six-year implementation window and it was a very different BRAC from the previous four in that it was a transformational BRAC of installations to better support the warfighter.

In the process, she said, the Army

The ‘05 round took place during a period of growth and it reflected the goals and needs of that time. The focus was on transforming installations to better support forces as opposed to saving money and space, so it’s a poor gauge of the savings the department can achieve through another BRAC round.

Dorothy Robyn

Deputy Undersecretary of Defense for Installations & Environment

shut down 11 installations, 387 reserve-component sites, realigned 53 installations and their functions at an investment cost of about \$18 billion which included

329 major construction projects.

“It transformed how the Army trains, deploys, supplies, equips and cares for its Soldiers and garrisons and the realign-

ment has enabled our troops to train the way we fight,” she said with regard to BRAC 2005. “This may not have resulted in cost savings, but it has impacted training effectiveness.”

Deputy Undersecretary of Defense for Installations & Environment Dorothy Robyn said the Army in particular used BRAC 2005 to carry out major transformational initiatives such as the modularization of the brigade combat team.

“In short, the ‘05 round took place during a period of growth in the military and it reflected the goals and needs of that time,” Robyn said. “The focus was on transforming installations to better support forces as opposed to saving money and space, so it’s a poor gauge of the savings the department can achieve through another BRAC round.”