



Army releases third quarter accident data

By **MARGARET BANISH-DONALDSON**
U.S. Army Combat Readiness/Safety Center

Data recently compiled by the U.S. Army Combat Readiness/Safety Center, Fort Rucker, Ala., show the third quarter of fiscal 2012 has been the deadliest yet this year regarding accidents, with 42 Soldiers lost between April 1 and June 30, 2012.

Overall, however, fatal accidents remain on the decline, with total fatalities six percent lower at quarter's end than numbers from the same time frame in fiscal year 2011.

"The fact that we've maintained a steady reduction in accidental losses through spring and now summer says a lot about the disciplined commitment to safety principles by our Soldiers and engaged leaders at every echelon," said Brig. Gen. Timothy J. Edens, director of Army Safety and commanding general, USACR/Safety Center. "I'm optimistic we can close 2012 with the best safety performance we've seen in 15 years."

Fiscal year 1997 was the Army's safest year on record, with 150 accidental fatalities reported both on and off duty. To date in fiscal year 2012, 112 Soldiers have died in on- and off-duty accidents.

While off-duty fatalities were down seven percent from last year's total through the end of the third quarter, fatal motorcycle accidents rose by 14 percent from the same time frame in

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Fatal accidents remain on the decline, with total fatalities six percent lower at quarter's end than numbers from the same time frame in fiscal year 2011.

ASSUMPTION OF RESPONSIBILITY



Photo by Sean Kief

APG Garrison welcomes new CSM

(From left) Incoming APG Garrison Command Sgt. Maj. James E. Ervin receives the noncommissioned officer's sword from APG Garrison Commander Col. Gregory R. McClinton during the assumption of responsibility ceremony held at the APG North recreation center July 17.

Marijuana substitutes prohibited by Army

Office of Fort Meade
Staff Judge Advocate

Soldiers face a new drug threat in the form of Salvia Divinorum and "Spice," two substances that have been on the rise as marijuana substitutes.

Recent changes in federal law make it illegal to possess most forms of Spice. Similarly, all marijuana substitutes are illegal in the Army and may subject the Soldier to court-martial, nonjudicial punishment (Article 15) or separation.

Salvia Divinorum is a naturally occurring hallucinogenic plant compound from the mint family. Spice is a synthetic cannabinoid made up of many different compounds. Both have been misused for their mind-altering or drug-like effects.

Salvia Divinorum is available commercially in both leaf and extract form. Ingestion may cause intense and dangerous LSD-like psychedelic

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APG Post Exchange celebrates 117 years with host of savings

AAFES

In 1895, the War Department issued General Order 46 directing commanders to establish an Exchange at every post. Since then, Exchange associates have faithfully served alongside servicemembers wherever they are called to serve. Today, whether at Bagram or Barksdale, troops and their families know the Exchange is there.

On July 25, APG's Exchange facilities will mark the Army & Air Force Exchange Service's 117th birthday with a host of savings and specials.

Shoppers using their Military StarR Card to fill up at the Express from July 25-27 will see a discount of 17-cents per gallon. The Military StarR Card will also



EXCHANGE
ARMY & AIR FORCE EXCHANGE SERVICE

pay dividends at the food court on July 25 as diners can take 20 percent off orders at Exchange-operated restaurants such as Burger King. Also on the 25th, Express patrons can enjoy free 20- and 30-ounce

fountain drinks and 20-ounce Fresh Java until 1:17 p.m.

The birthday savings even extend online where www.shopmyexchange.com will offer a one-day sale on hundreds of products including a 40" Sharp AQUOS 1080 LCD TV for \$717, up to 25 percent off name-brand watches and 66 percent off select fine jewelry.

"To say that this benefit has been around for 117 years is a testament to the loyalty of generations of military shoppers," said the Exchange General Manager Jonathan Bright. "July 25th is our annual opportunity to celebrate and thank them for making the Exchange their first choice."



Photo by Yvonne Johnson

A country summer

Country singer Natalie Stovall and lead guitarist Joel Dormer team up during her performance for the APG Summer Fest July 12. Hundreds enjoyed food, fun and games during the summer celebration at the APG North (Aberdeen) recreation center. **SEE PAGE 6**

9th AML colors cased

By **YVONNE JOHNSON**
APG News

Another chapter in the history of the 9th Area Medical Laboratory came to an end July 16 as the colors of the storied unit were cased during its inactivation ceremony at Top of the Bay.

The official party consisted of Brig. Gen. Leslie C. Smith, commander of the 20th Support Command (CBRNE); Col. Jeffrey J. Johnson, commander of the 44th Medical Brigade; and 9th AML Commander Col. Rachel A. Armstrong.

Master Sgt. Michael Sellars, 9th AML sergeant major and Staff Sgt. Dustyn Rose, senior platoon sergeant, assisted in the casing of the colors.

Smith presented Armstrong the Legion of Merit award during an

See **9TH AREA** page 9



Photo by Sean Kief

(From left) Commander Col. Rachel A. Armstrong holds the unit guidon steady and Col. Jeffrey J. Johnson, commander of the 44th Medical Brigade looks on as Master Sgt. Michael Sellars, sergeant major of the 9th Area Medical Laboratory, rolls up the unit colors during the 9th AML Inactivation Ceremony at Top of the Bay July 16.

WEATHER

Thurs.



90° | 75°

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STREET TALK

What (products, services or changes) would you like to see at the PX and other AAFES facilities on post?

I live on post in Edgewood and I like going to the APG Express (Shopette) because it is so close. I am happy with the selection and the service, but I wish it was open later in the evening to accommodate those who live on post. Usually by the time I get off work, the store is closed.



Spc. Lamont Deschields
20th Support Command

I have a small amount of time for lunch so I wish the APG Express had a better selection of healthy "grab and go" items like you see at other convenience stores. I would also like to see a salad bar area.



Colleen Carrion
AMSAA employee

I like the barbershop in the PX. I can find most items that I need in the PX, but can't shop there very often because I work 12-hour shifts. I would like the PX to offer extended hours. I would also like to see more healthy options offered at the restaurants on post.



Antonio Ortiz
CECOM employee, retired military

The APG Express, PX and commissary offer convenient shopping for post residents, and the service is great. I wish there was a big food court with at least six or seven restaurants, like you see on other military posts. I also think women would benefit from a beauty shop, where they can take a break, go get their nails done.



Brenda Torrales
Military spouse

OPINION

Team APG Olympics

As the world's attention is drawn across the Atlantic Ocean to the 2012 Summer Olympics, I want to invite you to Aberdeen Proving Ground where TEAM APG is holding the first ever, Team APG Olympics on July 26.

These two events are kindred in spirit although different in their intent. The goal of the London Olympics Games is more about the competition, while the goal of the APG Olympics is more about camaraderie and fellowship among the Soldiers, civilians and their families, within the Aberdeen community.

Much like the iconic five rings of the Olympic symbol whose intertwined rings on a field of white represent the five continents whose people participate in the Olympics, we endeavor to bring together the 80 diverse commands who call Aberdeen Proving Ground home.

Additionally, Team APG's event parallels the Army's covenant with our Soldiers and civilians by promoting healthy living and activities for our most valued asset—our people.

We strive to ensure all of our people—Soldiers, civilians and Family members, have every opportunity to stay physically fit and participate in events that bring us together as a team. We are more than just an installation made up of separate organizations.



Much like the iconic five rings of the Olympic symbol whose intertwined rings on a field of white represent the five continents whose people participate in the Olympics, we endeavor to bring together the 80 diverse commands who call Aberdeen Proving Ground home.

We are Team APG, working together for the common good of the Army. Team APG is the future of the Army.

Team APG Olympics was designed to foster team building and organizational morale, and promotes personal fitness through healthy inter-organizational competition.

Scored competitive events will include volleyball, softball, basketball, kickball, golf, relay race and flag football. There will also be a few recreational events such as horseshoes, billiards, Wii® bowling, dominos and card games on hand.

I want to encourage every member of the APG family—Service members and civilians alike—to bring their family members to watch the competition and in some cases, join in the competition.

The event is open to all organizations on APG. In addition to the sporting events, food vendors and entertainment for the kids will be on hand such as McGruff the Crime Dog, a dunk tank, fire truck and bouncy house. In the event of rain, the event will be held on Aug. 2.

Whether or not you come out to participate, eat the great food or just cheer on your team, I hope to see you there to see who will win the first APG Commander's Cup!

Army Strong!

Maj. Gen. Robert S. Ferrell
Commander, U.S. Army
Communications-Electronics Command
& Aberdeen Proving Ground

Tips given to help parents protect children

Each new generation of parents keeps its children closer to home, supervises them more carefully, and guards them from both neighbors and strangers alike. With the rise of the Internet, they're even running background checks on babysitters and troop leaders.

And still, children go missing. Every day in the United States, 2,000 youngsters are reported missing, according to the National Center for Missing & Exploited Children. Each year, 58,000 are taken by people unrelated to them and 200,000 are snatched by members of their own families. Sadly, there's no relief in knowing the child may be with family.

George Molho knows that only too well. As a 7-year-old in 1978, he was taken to Greece from his home in Houston by his father, a man with a brutal temper, an obsessive need for control and a sadistic desire to inflict pain. No one, not even his mother, believed him when he anticipated his father's plan to spirit him away and tried to warn them, Molho wrote in his new memoir, *Scarred* (www.georgemolho.com).

Now a passionate advocate for child kidnapping and abuse victims, Molho said awareness of the problem and efforts to develop solutions that protect children should be a top national priority.

"One thing every parent can do to protect their children comes right from my own experience— and I don't

When young children express fear or concern about even a close friend or family member, adults tend to chalk it up to shyness, a ploy for attention, or fantasy.

think parents know how very important it is," Molho said.

"My mother thought I was being paranoid when I shared my worries with her. She took me to a psychologist, who said I was making up the story because I was upset that my parents weren't living together anymore."

When young children express fear or concern about even a close friend or family member, adults tend to chalk it up to shyness, a ploy for attention, or fantasy, Mr. Molho said.

"Trust your child's instincts," he said. "If they act uncomfortable around someone because they can't verbalize their feelings, or if they tell you they're uncomfortable, trust them. No matter who it is, if they tell you a person scares them, protect them."

He offered these other lesser-known tips for protecting children from kidnapers, whether they're friends or family:

■ Teach children how to fib on the phone. If they're home alone, for instance, and someone calls asking to speak to their mother or father, they might say, "My mother's busy in

the kitchen right now and asked me to answer the phone and take a message." Put them to the test by having someone they don't know, one of your friends or co-workers, call.

■ Make approved lists of people who will deliver any important news to them. If Mom or Dad is in trouble or hurt, only these people will know and will tell the child. Even if Uncle Bob tells them Mom is in the hospital and the child needs to go with Uncle Bob, if he's not on the approved list, the child should not go. This is a common ploy.

■ Teach them, train them and give them permission to defend themselves. This is very important and it saves lives. Most children are taught to be polite and respect adults; it's far safer to risk offending an adult—even if it turns out the adult meant no harm. Screaming, kicking and running away are perfectly acceptable if a stranger grabs your arm—even if the stranger is smiling sweetly.

Cheryl Molstad
News-Enterprise

APG SEVEN DAY FORECAST



APG NEWS

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Photo by Yvonne Johnson

(From left) USAMRICD's incoming commander, Col. Bruce A. Schoneboom, accepts the unit flag from the commander of U.S. Army Medical Research and Materiel Command, Maj. Gen. James K. Gilman, while USAMRICD's outgoing commander, Col. Peter J. Schultheiss, looks on during a change of command ceremony at McBride Parade Field July 12.

USAMRICD welcomes new commander

By **RACHEL PONDER**

APG News

The U.S. Army Medical Research Institute of Chemical Defense ushered in new leadership at Aberdeen Proving Ground during a change of command ceremony July 12 at McBride Field.

Col. Bruce A. Schoneboom assumed command of USAMRICD from Col. Peter J. Schultheiss, who spent two years leading the organization. USAMRICD is the nation's leading science and technology laboratory in the area of medical chemical countermeasures research and development.

The Commander of the U.S. Army Medical Research and Materiel Command, Maj. Gen. James K. Gilman, presided over the ceremony, passing the unit colors from Schultheiss to Schoneboom symbolizing the transition of responsibility.

Gilman said that Schultheiss demonstrated superb leadership in overseeing construction of USAMRICD's new state-of-the-art facility which will be completed September 2013.

"Pete has been one of the best first time commanders I have seen in my 33 years of Army experience. "

Gilman added that in the next two weeks Schultheiss will finish his education from the United States Army War College, which prepares high-level military personnel and civilians for strategic leadership responsibilities.

"His ability to complete the War College through distance education speaks to his self-discipline, and his ability to manage time, focus on big picture issues and effectively utilize key subordinates," Gilman said.

Gilman welcomed Schoneboom and said that his career and educational experience has prepared him well for senior leadership.

During Schultheiss' remarks he thanked the workforce of USAMRICD, the team of military service members, government civilians and contractors who he worked with for four years, two as a commander.

"You have been tremendous teammates," Schultheiss said.

Schultheiss said that USAMRICD personnel work together to meet three major mission areas: education and training in chemical casualty care; medical chemical defense consultation to the

See SCHONEBOOM, page 12

APG employee wins gold at Maryland Special Olympics

By **RACHEL PONDER**
APG News

An Aberdeen Proving Ground contractor won three gold medals during the Special Olympics Maryland annual Summer Games held at the Towson University campus last month.

Danny Grau, who has worked as a janitor at the C4ISR complex for two years, won two gold medals during the trail riding and equitation competition, in which riders are judged on their performance and control of their horse. He also won one gold medal during the softball competition.

The Special Olympics is the world's largest sports organization for children and adults with intellectual disabilities, providing year-round training and competitions to more than 3.7 million athletes in more than 170 countries.

Grau, who is autistic, began therapeutic riding at Normandy Farms in Harford County at age 9. Three years later he began competing in equestrian sports at the Special Olympics.

"Danny always liked horses, he excels in equestrian sports, and throughout the years he has won many gold medals," said his father, Fred Grau, a contractor who works for the U.S. Army Test and Evaluation Command and is an assistant coach on Danny's softball team, the Red Dogs.

"I have fun, meet new friends and, of course, I love winning medals," Danny said.

His drive to win medals took him all



Photo by Fred Grau, Special Olympics Volunteer

Danny Grau prepares for the equestrian sports competition held at the Prince George's County Equestrian Center during the Special Olympics Maryland annual Summer Games June 9. Grau won two gold medals during the trail riding and equitation competition and one gold medal during the softball competition.

the way to the 2007 Special Olympics World Summer Games in Shanghai, China. To prepare for the equestrian competition he would run six miles on the treadmill every day. He took home the bronze medal in equitation, the silver in relay racing and received fourth place in trail riding.

"They treated him like royalty there," Fred said. "Before and during the com-

petition he was self-motivated, very disciplined. Participating in the Special Olympics has taught Danny how to have a good work ethic which prepared him for his job at APG."

In addition to participating in softball and equestrian sports, Danny also competes in floor hockey, skiing and basketball competitions during the Maryland Special Olympics' annual Winter Games.

Fred, who has served as a coach for nine years, said that he immensely enjoys volunteering for the Special Olympics.

"I have seen a number of athletes grow up and mature right before my eyes," he said. "The athletes have become my friends. Sometimes I think I have learned more from them than they have from me."

Fred added that about 40 athletes from Harford County participate in the Special Olympics. Athletes practice 10 weeks before competition. They are grouped in competition teams according to the athlete's and team's ability level. To learn more about Harford County's Special Olympics program, contact Mile Watkins at mdwatkins@harfordcountymd.gov or 410-638-4899.

Other winners

Other janitors who work at the C4ISR campus also won medals for softball during the Maryland Special Olympics. Keith England and Sarah Hall, Danny's teammates on the Red Dogs, also won gold medals. From the Bulldog team, Stacey Hull, Brian Parks and Chris Hanson, who compete in a different division, won bronze medals. These individuals are contractors from Chimes International, which provides vocational training for individuals with mental and physical disabilities, and other specialized needs.



Raul Camacho-Vargas
Hardlines Manager, AAFES Post Exchange

Meet Raul Camacho-Vargas, Hardlines Manager at the AAFES Post Exchange or PX. While hardlines generally refers to electronics, jewelry, appliances, etc., the job requires Camacho-Vargas to be "up on everything" and he is primarily responsible for "tending to" the overall store while assisting store manager Debbie Armendariz.

Camacho-Vargas said he considers handling customer complaints one of his most important roles and that his personal philosophy is to "treat customers the same way I would treat my Family."

"My goal is to keep the customer sat-

isfied without breaking store policy," said Camacho-Vargas. "I want customers to know me by name and I try to remember theirs and I tell our associates to talk to their customers and get to know them as well."

He said he'd like people to know that AAFES managers are approachable and want to hear from them, even when it's about items not available at the APG store.

"We're familiar with most popular brands and if it's available at Fort Meade or Dover [Air Force Base, DE] for example, or at other AAFES facilities we can order it and have it sent here," he said.

PX hours are 10 a.m. to 6 p.m., Monday through Friday and 10 a.m. to 4 p.m., Saturday and Sunday.

British soccer camp comes to APG

Story and photo by
RACHEL PONDER
APG News

Over 60 children, ages 5-14, braved the summer heat during the Challenger Sports British Soccer Camp at the Aberdeen Proving Ground North (Aberdeen) soccer field July 9-13.

The annual summer camp, hosted by Child, Youth & School Services, brings experienced coaches who are trained primarily in the United Kingdom. This year APG campers also received instruction from a Brazilian coach, Philippe Sousa.

According to the Challenger Sports British Soccer website, the goal of the summer camp program is to deliver "quality coaching with a unique British cultural twist."

The website also lists Challenger Sports as the most popular soccer camp provider in the United States and Canada. This year over 3,000 communities will host Challenger Sports summer camps and clinics for over 150,000 players.

Each day the coaches taught the children soccer fundamentals, coached scrimmages and held daily competitions. The children were divided into different countries to compete for the "World Cup," which was given at the end of the week. Children were also selected as their team's "Most Valuable Player" of the day for demonstrating good sportsmanship.

Ryan Thomson, a coach from Ireland, said that campers were taught proper soccer techniques ranging from dribbling, passing, shooting, tackling and defending. Campers also learned about team work.

"Challenger Sports British Soccer Camp emphasizes respect, responsibility, integrity, sportsmanship and leadership," Thomson said. "We also want them to have fun. That is very important to the coaches. We want to show



(From left) Coach Philippe Sousa and Peter Castaldi, 10, watch as Ben Muzzelo, 12, and Ben Stroka, 12, go for the ball during the Challenger Sports British Soccer Camp held at the Aberdeen Proving Ground North (Aberdeen) soccer field July 9-13.

the children how much fun they can have playing outside, staying active. Children can learn so much by playing sports."

Thomson added that he appreciated the assistance that the CYSS Sports staff provided throughout the week to ensure the camp was a success.

"They were very helpful," Thomas said. "They always made sure we had plenty of water to drink, and were available whenever we needed them."

Capt. Christian Marks, from U.S. Army Test and Evaluation Command, who watched from the sidelines during his lunch break, said that his son Cameron Marks, age 5, was so eager to learn more about soccer that he asked to attend the full day camp.

"I think they do an excellent job incorporating key soccer drills," Marks said. "These drills help them develop as soccer players."

Camper Leslie Thompson, 12, said that she was excited to use what she learned at camp in school.

"I love soccer, I think this camp will help me prepare for the upcoming season," she said.

For information on upcoming CYSS Sports activities visit http://www.apgmwr.com/family/youth_sports.html or call CYSS Sports Director Bill Kegley at 410-306-2297.



MORE ONLINE

To view more photos of events going on at and around the U.S. Army Garrison Aberdeen Proving Ground, visit the garrison Flickr site <http://www.flickr.com/photos/usagapg/> or scan the QR code.

First APG Summer Fest draws hundreds

Story and photos by
YVONNE JOHNSON

APG News

From toddlers to seniors, the APG Community Summer Fest, held at the APG North (Aberdeen) recreation center July 12, offered something for everyone. APG service members, civilians, contractors, retirees and their Families enjoyed carnival style arcade games with prizes, kiddie inflatables and a water slide.

Live entertainment included Duffy Kane and the Freedom Train with Kane singing lead, Brent Mingle on bass and Jeff Gillis on drums offering up their own style of "Rockin' Texas Blues;" Mic Gaines and The Tru, a local singer transplanted from Eatontown, N.J. and specializing in a kind of contemporary soul and rock mix; and Elvis impersonator Michael O'Connor.

In addition, entry to the Olympic Pool was free and open to everyone during the festivities. Closing out the evening was Country music sensation Natalie Stovall and incredibly funny stand-up comic Paul Varghese who performed in the center's ballroom. Most festivities were held outdoors on the patio.

APG organization displays included a Designated Driver Registration booth where those signing up as designated drivers received a bracelet and a beverage cup from the Army Substance Abuse Program.

"Our goal is to have this in place to give folks the opportunity to make choices, especially when beer is being sold," said ASAP prevention specialist Cindy Scott.

The Family and Morale, Welfare and Recreation booth offered giveaways and displayed flyers and other information about upcoming programs, events and trips. Big Boy Foods and 1st Sgt's BBQ provided food and beverage choices from Italian sausage and cheese steak to barbecue chicken and rib dinners. A beer and wine tent provided adult refreshments.

Helping out FMWR organizers at the game booths were 17 youth from the hired! program, led by Jay McKinney who said the time served goes toward their work hours.

"They've worked community events in the past and they will continue throughout the summer," he said, adding that hired! teens will be involved in other community events throughout the summer.

Guests said they enjoyed the Summer Fest.

"They're all enjoying themselves and



MacKenna Steining, 9, concentrates on the Ice Cream Madness game as her mom Tamara Haney, right, looks on along with her grandfather, Thomas Haney, left. Mackenna is the granddaughter of Joyce Steining of Kirk U.S. Army Health Clinic.

having a good time," said Lt. Col. Tom Aarsen of U.S. Army Test and Evaluation Command who brought his family as well as visiting relatives from Wichita, Kan. He said he learned about the Summer Fest through the APG News and e-mails.

Wanda Brooks, a dispatcher from the transportation motor pool, said she was pleasantly surprised to receive a beverage cup at the ASAP booth.

"Everybody wondered what the Summer Fest would be like but we're having a good time," she said. "This is good, wholesome, Family time."

Upcoming MWR events include the APG Olympic Sports Day on July 26; the Army Entertainment Concert featuring Boston, Kansas and Grand Funk Railroad Aug. 11; and a gospel concert featuring Yolanda Adams Aug. 18.

To learn about upcoming MWR events and services, call 410-278-4011 or visit www.apgmwr.com.



From left, Khayla Memos, 6, and Nathaniel Kolbon, 7, laugh it up in the Fun Derby, one of several inflatables available for children during the APG Summer Fest July 12.



Comedian Paul Varghese delights the audience with humorous stories covering everything from politics to being skinny and growing old during his performance for the APG Summer Fest.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For info, contact Cathy Davis at 410-306-0152 or cathy.a.davis4.civ@mail.mil.

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MARK YOUR CALENDAR

TODAY OPEN MIC & KARAOKE

Open Mic Thursday at Ruggles Golf Course is the time to show off your talent. Invite your friends and co-workers to Open Mic and Karaoke July 19 from 6-9 p.m. in the Ruggles Golf Course clubhouse. Free admission. Complimentary bar foods, limited snack bar operations and a beer and wine cash bar. All participants must be 18 years and older. For more information, call 410-278-3854.

EXPLORING YOUR TRUE COLORS WORKSHOP FOR AGES 15-18

This free workshop is July 19 from 5 p.m. to 6 p.m. in the APG North (Aberdeen) Youth Center, building 2522. The True Colors Assessment provides easy-to-understand insights into behavioral styles and personality types. Whether it's in a personal or professional setting, these insights can help improve communications and improve cohesiveness among team members. Register at CYSS Central Registration offices in building 2503, rooms 210 or 211. Walk-in registration is 7:30-10:30 a.m., or call for an appointment at 410-278-7479/7571. For more information, contact jay.a.mckinney.naf@mail.mil, or call 410-278-3250.

INTRODUCTION TO KAYAKING CLASS

Join the two-day Introduction to Kayaking classes July 19 and 26 or Aug. 6 and 23. Learn basic skills of kayaking from a certified instructor. Cost is \$35 per person and open to patrons 18 and older. Upon successful completion, patrons will receive one free kayak rental. Call 410-278-4124.

SUNDAYS JULY 22 - AUG. 19 SUNDAY BRUNCH AT SUTHERLAND GRILLE

Brunch will be served July 22, Aug. 5, Aug. 19, Sept. 9 and Sept. 23 at the Sutherland Grille from 10 a.m. to 2 p.m. for only \$9.95. The meal includes made-to-order omelets, breakfast and lunch items, a waffle station and a salad bar. To make a reservation, call 410-278-4794.

MONDAY, TUESDAY, THURSDAY, FRIDAY JULY 23, 24, 26, 27 BEGINNER ARCHERY CLASSES

APG MWR will host beginner archery classes July 23, 24, 26 and 27 from 5:30-7 p.m. at the APG North archery range, Bldg. 550B1. The class will teach beginners about archery form, safety, shooting basics, range rules and safety gear. Registration is \$5. Call 410-278-4124.

MONDAYS JULY 23, 30, AUG. 13 SKEET AND TRAP LESSONS FOR AGES 14-18

Learn about shotgun safety and proper use July 23, 30 and Aug. 13 from 9 a.m. - 1 p.m. at the APG South (Edgewood) skeet and trap range, Bldg. E4737. Lessons are free. Transportation is not provided. The range has shotgun shooting opportunities for all skill levels. Contact connor.j.joyce.naf@mail.mil, or call 410-278-1399.

MONDAY JULY 23 RIBBON CUTTING CEREMONY

Please join us at the Ribbon Cutting ceremony for the Newly Renovated Kirk Primary Care Clinic. After 14 months of hard work, our new clinic is now open! The ceremony will be held July 23 at 3:00 p.m. at Kirk U.S. Army Health Clinic with MG Robert Ferrell as the keynote speaker. Thank you for your patience during the renovation and we hope that you join us at the re-opening celebration. At Kirk, Your Health is our Goal!

SUMMER CONCERT SERIES: PINT & DALE

Seattle-based duo William Pint and Felicia Dale bring their songs of the high seas to the Havre de Grace Maritime Museum's summer concert series. Free admission (suggested \$10 donation to cover traveling expenses for performers). Concert will take place at the Havre de Grace Maritime Museum, 100 Lafayette Street. For more information, contact Darlene Perry at 410-939-4800 or at directorhdgmm@gmail.com

TUESDAY JULY 24 C4ISR HEALTH FAIR SET

The APG Community Health Promotion Council will host a Health Fair 11 a.m. - 1 p.m. at the Myer Auditorium, Bldg 6000 in the C4ISR Center of Excellence Campus. Services and activities will include hearing, vision and blood pressure screenings and nutrition, tobacco cessation and weight management activities. Representatives from FMWR; local fitness and weight management facilities and various health care providers will offer program information, door prizes and other promotional items. The event is sponsored by the C4ISR Wellness Committee.

For more information, contact Tiffany Grimes at 443-861-7910 or e-mail tiffany.l.grimes.civ@mail.mil.

BASIC BUDGETING CLASS

Make plans to attend one of Army Community Services' free Basic Budgeting classes July 24, Aug. 28, Sept. 18, Nov. 6 and Dec. 4 from 11:30 a.m.-12:30 p.m. at ACS, Bldg. 2503 on Highpoint Rd. Do you want to learn to balance your budget? If so, this class is for you! Call 410-278-9669/7572.

WEDNESDAY JULY 25 MAD MONEY CITY

APG Army Community Service invites teens to this event July 25 from 11:30 a.m. - 2:30 p.m. at ACS, building 2503. Participants will learn how to prepare and plan for some of adulthood's biggest events and challenges. Registration is required. Space is limited. To reserve a seat, call 410-278-9669/7572.

THURSDAY JULY 26 OLYMPIC SPORT DAY SET

Team APG is hosting a community-wide Organization Day, dubbed Olympic Sports Day, at various locations on post July 26. The day is set aside for garrison and tenant organizations to strengthen partnerships and build camaraderie while participating in competitive sports.

Scored events include softball, kickball, volleyball, flag football, 3 on 3 basketball, two-mile race and golf skills. Events will take place at APG North's Shore Park, multiple softball fields, the recreation center and gym.

Food will be available, and awards will be presented for each event and the overall winner will receive the Commander's Cup.

FRIDAY JULY 27 WOMEN'S SCHOLARSHIP DEADLINE

The Maryland Tri-County Chapter Federally Employed Women (FEW) presents the 2011 Dottie Dorman Working Women's Scholarship. The women selected for this honor will receive a \$300 scholarship to pay for or offset college expenses incurred in pursuit of her continuing education. Applications must be received by July 27. For information, contact Melissa Smith at 410-642-2411, ext 5129, or Karen Jobses at 410-436-4429.

KEYSTONE TEEN PIZZA PARTY MEETING

The Boys and Girls Clubs of America's Keystone Club at Aberdeen Proving Ground will meet July 27 from 7-8:30 p.m. in the APG North Youth Center, building 2522. This event is free and open to ages 14 to 18 years old. Teens will learn to make leadership decisions, engage in academic and career experiences and to serve others. Register at CYSS Central Registration offices in building 2503, rooms 210 or 211. Walk-in registration is 7:30-10:30 a.m., or call for an appointment at 410-278-7479/7571. For more information, contact jay.a.mckinney.naf@mail.mil, or call 410-278-3250.

DOD TO MARK 59TH ANNIVERSARY OF KOREAN WAR ARMISTICE

The Department of Defense 60th Anniversary of the Korean War Commemoration Committee has announced efforts to reach out to Korean War Veterans and their families across the country and encourage them to join a commemorative program celebrating the 59th anniversary of the signing of the Korean War Armistice.

The program, titled Heroes Remembered, is open to the public and takes place 9 a.m. at Arlington National Cemetery, Va.

Korean War veterans, Family mem-

Fitness path closure

On or about July 30, joggers and walkers utilizing the fitness path around the airfield on APG South (Edgewood) will experience a slight detour in the vicinity of the Ricketts Point Road and N. Kings Creek Road intersection.

The detour will consist of a transition from the asphalt trail to an approximately 400-foot long wooden walkway around utility excavation. Users of the trail are asked to use caution in this area. The detour will last approximately three weeks.

bers, and friends interested in attending the event can RSVP online at <http://koreanwar.defense.gov/july27rsvp.html>.

THURSDAY AUG. 2 INSTALLATION TOWN HALL

Aberdeen Proving Ground will host an installation-wide town hall meeting on Thursday, Aug. 2, from 10:30-noon, at the post theater, with APG Commander Maj. Gen. Robert Ferrell and APG Deputy Commander Col. Gregory McClinton addressing the APG community.

The installation town hall takes the place of the former Community Action Council and the entire APG community is invited to attend. The meeting will focus on topics of interest to all APG personnel to include family members and beneficiaries.

Participants may ask questions in person during the meeting, or by writing them on cards. Questions may also be submitted in advance on APG's Facebook page, or by sending an email to lynn.witkowski@us.army.mil.

For more information about the event, call the APG Garrison Public Affairs Office at 410-278-1150.

FRIDAY AUG. 3 FREE CONCERT IN THE PARK

Enjoy golden slippers, show tunes and ragtime in Mumpers struttin' style at the Millard E. Tydings Park in Havre de Grace on Friday, Aug. 3 at 7:30 p.m.

Bring chairs and picnics. For more information, contact the Havre de Grace Arts Commission at 410-939-2100.

SATURDAY AUGUST 4 A CRAB'S LIFE PONTOON

Head out on the Creek in search of Maryland's favorite crustacean, the blue crab. Return to shore for a savory sampling. This program will be held at 4:30 to 6:30 p.m. for ages 8 to adult, 8 to 14 with adult. The cost is \$12 and online registration is required at www.otterpointcreek.org.

For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SUNDAY AUGUST 5 HONEY BEES AND US - DISCUSSION

New bee hives are in the Park for education and research. Mike Elder, beekeeper, will conduct monthly discussions on "Honey Bees and Us," followed by weekend hive demonstrations. Please come for any or all of these informative and exciting events. This program will be held 7 to 8 p.m. for all ages, under 13 with adult. The program is free but online registration is required at www.otterpointcreek.org.

For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SATURDAY AUGUST 11 BOSTON WITH KANSAS AND GRAND FUNK RAILROAD CONCERT

APG Family and MWR and Army Entertainment present Boston with special guests Kansas and Grand Funk Railroad Aug. 11 at the Aberdeen Proving Ground Shine Sports Field. Advance tickets are \$30. Tickets can be purchased online at www.apgmwr.com/events.html, the Leisure Travel Office in the APG North (Aberdeen) recreation center and the APG South (Edgewood) recreation center. For information, call 410-278-4011 or 410-436-2713.

WHITE TAILED DEER SURVEY

Harford County seems to be experiencing explosive population growth and not just with humans. Come help determine if the deer population of Leight Park is a healthy size. Come get the scoop on poop and conduct pel-

let (deer scat) counts out on the trails to determine how many deer call the Park home. This program will be held 9 - 11 a.m. for ages 16 to adult. The program is free but online registration is required at www.otterpointcreek.org.

For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

HONEY BEES AND US - HIVE DEMONSTRATION

New bee hives are in the Park for education and research. Mike Elder, beekeeper, will conduct monthly discussions on "Honey Bees and Us," followed by weekend hive demonstrations. Please come for any or all of these informative and exciting events. This program will be held at 11 a.m. - 12 p.m. for all ages, under 13 with adult. The program is free but online registration is required at www.otterpointcreek.org.

For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

WEDNESDAY AUGUST 15 FWP HOSTS WOMEN'S EQUALITY DAY PROGRAM

The Aberdeen Proving Ground Federal Women's Program (FWP) is hosting their annual Women's Equality Day Program, Wednesday, Aug. 15, 2102, 10:30-11:30 a.m., Ball Conference Center, Building 3074. The program will recognize the Woman of the Year, Supervisor/Manager of the Year, and the Most Supportive Organization of the Year. For additional information, contact Teresa Rudd, teresa.d.rudd.civ@mail.mil, 410-436-5501 or Carmela R. Wilson-Styles, Carmela.r.wilson-styles.civ@mail.mil, 443-395-4771.

JOB FAIR AND EXPO

Meet with top companies seeking active duty, guard, reservists, transitioning veterans and college students at the American Legion, 44 North Parke St., Aberdeen from 10 a.m. - 3 p.m. Maryland Department of Labor and Licensing representatives will be there to help you with your job search. The Maryland Department of Veterans Affairs will also be there to answer questions concerning Medical, VA services, education benefits and more.

For more information, call 301-363-8533 or go to www.vetopps.com.

SATURDAY AUG. 18 YOLANDA ADAMS CONCERT

APG, in partnership with Ames United Methodist Church will host a gospel concert featuring Grammy and Dove Award-winning artist Yolanda Adams at 3 p.m. at the Post Theater. The concert pays tribute to Wounded Warriors in Maryland. Tickets are \$30 and can be purchased at the APG North and South recreation centers. Tickets for active duty Soldiers are \$25 and must be purchased over the counter. To purchase tickets online, visit <https://webtrac.mwr.army.mil/webtrac/apgrectrac.html>. For more information, call the APG Leisure Travel Office at 410-278-4011.

WEDNESDAY AUGUST 22 APG'S SENIOR MANAGERS ASSOCIATION LUNCHEON

The Senior Managers Association is a newly created association established as a networking forum for GS 14/15s (and other pay system equivalents.)

Guest speaker will be Ms Monique Ferrell, (SES) Deputy Auditor General, U.S. Army Audit Agency, speaking on the topic "Can you hear me now?"

R.S.V.P. by August 20 to POC: Eugene L. Vickers, 410-436-0807

Alt POC: Cecilia Magee, 443-395-8165



MORE ONLINE
More events can be seen at www.apgnews.apg.army.mil/calendar.

Army to discontinue NASCAR sponsorship

By **C. TODD LOPEZ**
Army News Service

After this year, the Army will no longer sponsor a NASCAR team as part of its national branding and accession efforts. But the service will continue other programs to attract new Soldiers and keep itself in the public eye.

"We do a wide array of traditional advertising, and we also do a whole bunch of digital outreach through web platforms and social media," said John Myers, director, marketing support element, Army Marketing and Research Group.

"We are in every state and every major market, with other marketing and advertising assets, Motorsports, particularly NASCAR, is only one tactic of our overall branding strategy to connect the Army with America."

During fiscal year 2012, the Army committed about \$8.4 million to NASCAR sponsorship, which includes 12 NASCAR races. The relationship between the Army and the NASCAR team it sponsors with Ryan Newman will end when the current NASCAR season concludes.

Myers said the Army is looking to reach a particular segment of the population, men between the ages of 18 to 24. But the NASCAR audience, he said, is "starting to skew older."

Now, he said, "we can't justify the investment in NASCAR as much as we can in other things that we are doing; so when our budget is being reduced, we have to make tough decisions. This is a process that we continually undertake as far as analyzing what we are getting for our marketing activity."

The Army isn't pulling out of motorsports entirely. Marketing with the National Hot Rod Association, or NHRA, for instance, "is still giving us good numbers," Myers said.



U.S. Army photo

The Army pit crew changes two tires on the Army Chevy Impala following a caution for light rain. After this year, the Army will no longer sponsor a NASCAR team as part of its national branding and accession efforts. But the service will continue other programs to attract new Soldiers and keep itself in the public eye.

The Army has a 10-year, ongoing relationship with NHRA and Tony "the Sarge" Schumacher.

"We want to continue that relationship in 2013," Myers said, "because the metrics are suggesting that it is still a very good market for us."

The Army is also involved in the All-American Bowl championship each January. Next year, during the January 2013 All-American Bowl, the Army will kick off a partnership with the NFL Hall of Fame when it announces, at the bowl game, the 2013 U.S. Army Pro Football Hall of Fame Award for Excellence Program winner.

The winner will be chosen from a pool of 10 high school students and can

be anyone who demonstrates excellence in academics, athletics or community service. Myers said the partnership with the NFL Hall of Fame will be good for the Army.

"How the public considers the NFL, their brand awareness and how it aligns with Army values, that's probably one of the better picks if you are looking for opportunities to exploit," Myers said. "The attributes and values that we insist upon are very closely aligned with some of the values that members who have been selected for the NFL Hall of Fame display."

The Army is looking to market to a more diverse audience, and so its efforts include targeting more than just sports.

"In everything we do, we want to make

sure that we are reaching the prospect target population, in a number of ways," Myers said. "Not only in numbers; 18 to 24-year-old young men is our major target market, but also within that market, also other mission aspects. If you're going to be representative of the American population, which the Army wants to do, you need to have proper representation of diversity and ethnicity."

Around the United States, the Army puts itself in front of the American public, and in front of potential Soldiers, through sponsorship of and participation in the activities of groups like the League of Latin American Citizens, First Robotics, the Thurgood Marshall College Fund, Infinite Scholars, the Hispanic Association of Colleges and Universities, Great Minds in STEM, the National Society of Black Engineers and FFA.

Myers said the Army is looking for a prospect pool of "high quality and diversity." To do that, he said, the approach must be tailored to reach a diverse market. And the Army must also influence parents, teachers, peers and community leaders.

"We do thousands of events across the country," Myers said. "Robotics competitions; we invest in events such as FFA, Skills USA, Association for Career and Technical Education and dozens more. We will redistribute the NASCAR funds to supplement our approach to these other venues that have a higher payoff for us."

While the Army's sponsorship of NASCAR will end, the Army will continue marketing itself to the American people and seek new recruits.

"We will continue, as we always do, to investigate opportunities to put the Army forward to the American people and the prospects that we need to join the Army," Myers said.

Combatting childhood obesity: A family affair

By **ALLISON POMPEY**
U.S. Army Public Health Command

At what age do you remember starting to make healthy food choices? For many of us those decisions don't happen until later in life.

The obesity epidemic has grown considerably in recent years, particularly in children and adolescents. In fact, one in every three American children is overweight or obese. Like other childhood health conditions such as diabetes and asthma, obesity in children requires some form of lifestyle intervention. Numerous studies have found that overweight children and teens are much more likely to become overweight adults unless they make positive lifestyle eating and physical activity changes. Parents and guardians are key decision-makers who affect the lifestyle needs when it comes to the nutrition, physical activity and health of their children.

While the problem of obesity is largely due to inactivity coupled with poor diet, several other factors also contribute to the problem. Those factors include culture, a family history of obesity, medications, medical illness, stressful life events/changes, low self-esteem and depression or other emotional problems. Children who are overweight are at greater risk of developing compli-

Healthy Living

www.apg.army.mil/apghome/sites/local/ click on Well Being

Healthy Living is a recurring feature in the APG News. It addresses health topics that matter most to our readers. To view more health topics and the Community Health Promotion Council calendar of events, visit the APG homepage <http://www.apg.army.mil/> and click on the Community Health icon at the bottom right, or scan the QR code (at right) with your smart phone or enabled device. To suggest health-related topics for the Health Living series, email adriane.c.foss.civ@mail.mil or call 410-278-1150.



cations such as diabetes, high blood pressure and heart disease. Additionally, these children are at an increased risk of developing emotional problems such as depression and anxiety.

Although the risks and complications associated with childhood obesity are burdensome, they are not necessarily permanent. Families can do a number of things to combat obesity. By making healthy eating and regular exercise a Family activity, parents can improve the chances of successful weight control and

positively affect their children's health in a big way.

The American Academy of Pediatrics recommends families start with one of the 5-2-1-0 behaviors listed below and set specific goals to improve their health:

- 5 - Eat at least five fruits and vegetables every day.
- 2 - Limit screen time (i.e., television, computer, video games) to two hours or less per day. Children younger than 2 should have no screen time at all.

- 1 - Strive for one hour or more of physical activity every day.

- 0 - Drink fewer sugar-sweetened drinks. Try water and low-fat milk instead.

In addition to the 5-2-1-0 goals, adopt family activities like eating breakfast every day; limiting fast food, take-out food and eating out at restaurants; and preparing foods at home and eating meals together as a family. Turn family time into fun, active time by taking a family bike ride or hike, going to the park and throwing a ball back and forth, or taking a family martial arts class.

Choose to be healthy—use 5-2-1-0 goals every day. Remember small changes can make a big difference in the long run! Maintain a lifestyle for your child that supports healthy eating and active living. Discuss your child's weight with a doctor at least annually. A registered dietitian can assist with developing goals for healthy eating and physical activity.

Go online to www.kidseatright.org for reliable, scientifically-based health and nutrition information to help children grow healthy. In addition, the Centers for Disease Control and Prevention has more information about Childhood Overweight and Obesity: www.cdc.gov/obesity/childhood.

9th Area Medical Laboratory cases colors

Continued from Page 1

informal ceremony prior to the inactivation ceremony.

He praised Armstrong's leadership, particularly during the unit's last two years during which it participated in five major exercises along with its humanitarian deployment.

Quoting noted American journalist Walter Lippmann who wrote: "The final test of a leader is that he leaves behind him in other men the conviction and the will to carry on," Smith said that last year's Operation Tomadachi helped not only the U.S. forces stationed there but the nation of Japan and praised Armstrong's "outstanding leadership" for its successful execution.

"The troops from the 9th AML were always amazing with their knowledge," he said. "Units come and go and colors are raised and lowered but it's about the people and what the unit stands for. We are so proud of the Soldiers of the 9th AML and what they have done for our nation."

Johnson said that while it appears to be the closing act, understanding the 9th AML history makes it likely the unit will "rise again."

"Every mission has its risks and as leaders we must do our very best to mitigate those risks," he said. "This unit has accepted some of the most difficult missions since World War II – in the India, Burma and China theaters and during

Vietnam, earning 15 campaign streamers and three meritorious unit citations.

He said the 9th AML could not distinguish itself any better than it did during its "exceptionally meritorious performance in support of the natural disaster" in Japan.

"All of us can imagine what it would have been like [if the tsunami had hit] on our shores and we would have wanted a unit like the 9th AML on the ground," he said.

He credited Armstrong with providing invaluable technical advice during the Japan mission that allowed units – numbering 50,000 service members – to plan and execute their missions; for the unit's "outstanding performance in four joint task force exercises; and for increasing the unit's flexibility and deployability.

"It's clear that Col. Armstrong was the right leader at the right time for this unit," he said.

Armstrong said, "We did what we do best – interpreting data to help commanders. I will cherish this opportunity for the rest of my life."

She thanked her team members who included Sellars and Executive Officer Lt. Col. Gregory Johnson along with "the great Soldiers of the 9th AML."

"I am so proud of the accomplishments of the 9th AML. It has been a tremendous honor to command this unit,"

Units come and go and colors are raised and lowered but it's about the people and what the unit stands for. We are so proud of the Soldiers of the 9th AML and what they have done for our nation.

Col. Jeffrey J. Johnson

44th Medical Brigade commander

she said. "You were brilliant and courageous and I wish you all the best."

The brass ensemble from the Maryland National Guard's 229th Army Band provided the ceremony's music.

The 9th Area Medical Laboratory Mission:

On order, deploy world wide as a unit or by task-organized teams to perform surveillance, confirmatory analytical laboratory testing and health hazard assessments of environmental, occupational, endemic and CBRNE threats in support of force protection and WMD missions.

The 9th AML was activated during the latter months of 1943. In early 1944, the unit began operations in Northeastern India to support the India-Burma and China theaters of operations. The unit served in both the India-Burma and China theaters until October 1945. For

its important contributions the unit was awarded the Meritorious Service Unit Plaque in June 1945.

In September 1963 the 9th AML was activated at Fort McPherson, Georgia. The unit participated in 15 Vietnam War campaigns and was awarded three more Meritorious Unit commendations for exceptionally meritorious service in support of military operations in the Republic of Vietnam conducted between June 1966 and February 1972.

Inactivated again in 1972, the 9th AML was reactivated in September 2004. In 2011, its Soldiers deployed to Japan in support of Operation Tomadachi where they were instrumental in establishing theater sampling providing rapid, actionable information to senior mission commanders. For its actions, the unit has been recommended for the Army Superior Unit Award.

Use of new drugs can carry stiff penalties

Continued from Page 1

experiences, which may include hallucinations, uncontrolled emotional outbursts, incoherent speech, changes in perception, and dizziness. In high doses it can cause unconsciousness and short-term memory loss.

Salvia Divinorum is also referred to as Magic Mint, Diviner's Sage, Sage Goddess, Emerald Essence, "la pastora (the shepherdess)," and, in context, simply as "Dalvia."

Spice is a mixture of herbs and synthetic cannabinoid compounds that, prior to March 1, 2011, was legally marketed by commercial sources. Spice could be purchased on the Internet and at local smoke shops. It was often advertised as incense or an "herbal smoking blend."

Users commonly smoke Spice to produce a feeling of euphoria similar to that caused by marijuana. It is 10 times stronger than an equivalent amount of marijuana.

Spice can cause decreased motor function, loss of concentration and impair-



Salvia Divinorum is a naturally occurring hallucinogenic plant compound from the mint family. Spice is a synthetic cannabinoid made up of many different compounds. Both have been misused by Soldiers for their mind-altering or drug-like effects. Secretary of the Army John M. McHugh issued an Army-wide policy prohibiting the use and possession of any synthetic cannabinoid or other marijuana substitute. This includes Salvia Divinorum and Spice.

U.S. Drug Enforcement Agency photo

ment of short-term memory.

Spice was marketed under the brand names of Spice Silver, Gold, Diamond, Tropical Synergy, Yucatan Gold, Dream, Blue Lotus, Bombay Blue, Gold Seal and Magic Silver.

Prior to March 1, 2011, synthetic cannabinoids such as Spice were legal for civilians to possess and use. However, on March 1, 2011, the Drug Enforcement

Agency placed five forms of synthetic cannabinoids used in Spice into Schedule I of the Controlled Substances Act.

This action by the DEA makes possessing and selling Spice illegal. Under federal law, punishment for possession of Spice containing these chemicals will be similar to punishment for possession of marijuana.

More importantly, on Feb. 10, 2011,

Secretary of the Army John M. McHugh issued an Army-wide policy prohibiting the use and possession of any synthetic cannabinoid or other marijuana substitute. This includes Salvia Divinorum and Spice.

The policy is punitive. Soldiers who violate the policy are subject to prosecution under Article 92, United States Code of Military Justice, for failure to obey a lawful general order. The maximum punishment at a court-martial for possession or use of either substance is confinement for two years, forfeiture of all pay and allowances, and a dishonorable discharge.

Soldiers should not be tempted to experiment with these substances or fooled by the ease by which they can be obtained. Being caught in possession of either Salvia Divinorum or Spice can destroy a Soldier's career.

Soldiers caught in possession of either substance will most likely lose rank or be separated from the Army.

Schoneboom assumes command

Continued from Page 3

Department of Defense and Interagency, and research toward products that will protect Warfighters and civilians from the devastating effects of chemical warfare agents, toxins and toxic chemicals.

"We have the right organizational structure and mindset and soon we will have a new physical structure to meet the future demands," he said.

Schultheiss added that he looks forward to continued involvement in the Chemical, Biological, Radiological and Nuclear (CBRN) Enterprise when he serves in his upcoming position as director of medical countermeasures for Health Affairs.

Schultheiss also welcomed Schoneboom to the USAMRICD team.

"You have the personal attributes and professional credentials to provide outstanding leadership as USAMRICD moves forward," he said.

During Schoneboom's remarks he thanked Schultheiss for his leadership.

"Leadership is built on the Army values of loyalty, duty, respect, selfless service, honor, integrity and personal courage; this has been a central theme under the command of Col. Schultheiss and will continue to guide us in our work in support of the nation's security," he said.

Schoneboom remarked that his personal style and motto that has guided him is to "do the right thing."

"This usually translates into the way which is most difficult, most meaningful in terms of accomplishments and outcomes," he said. "We will be outcome

focused to insure that the work that we do brings true and measurable value to those service members which put themselves in harm's way, defending our freedom and the liberties that we as a free nation are able to enjoy."

Col. Bruce A. Schoneboom

Schoneboom was commissioned into the U.S. Army in 1985 after receiving a bachelor of science in nursing from Central State University in Edmond, Okla. He also holds a master of health sciences in anesthesia nursing from Wesleyan University in Fort Worth, Texas, and a master's degree in national security strategy from the National Defense University's National War College, Washington, D.C., and a doctor of philosophy in neuroscience from the Uniformed Services University of the Health Sciences in Bethesda, Md.

Schoneboom's past assignments include serving as an intensive care registered nurse in Landstuhl, Germany and a certified registered nurse anesthetist at Tripler Army Medical Center in Honolulu, Hawaii. He also deployed to Afghanistan in support of Operation Enduring Freedom and was the detachment commander for the 14th Combat Support Hospital.

Schoneboom has also served as a faculty member for the Uniformed Services

University of the Health Sciences. He has held many key positions at USUHS including serving as the associate dean for Academic Affairs, Graduate School of Nursing. In this role, he was responsible for curriculum design and promoted faculty enrichment for the school's master's and doctoral programs. Schoneboom collaborated with other senior leadership to advance the mission of the university through education, research and service.

While at USUHS, Schoneboom was the principal investigator on numerous funded grants and had an established funding and publication record. His research interests include investigating neuro-immune responses of the central nervous system to viral pathogens with known bioterrorist capabilities and the development of new monitoring technologies with operational and garrison applications.

Schoneboom is recognized for his contributions to science and his exemplary service record. He is the recipient of the Defense Superior Service Medal, Bronze Star Medal, the Defense Meritorious Service Medal, the Meritorious Service Medal with two oak leaf clusters, and the Joint Service Commendation Medal. He was awarded the "A" Proficiency Designator – the highest award given in recognition of professional accomplishment within the Army Medical Department. Schoneboom has been inducted into the Order of Military Medical Merit, the National Academy of Practice, and as a fellow in the American Academy of Nursing.



Accidents

Continued from Page 1

2011. Lack of discipline, primarily speeding, failure to wear personal protective equipment and reckless riding, has dominated motorcycle accident reports during this fiscal year.

On duty, accidental fatalities fell 43 percent during the third quarter, due largely to a 64 percent decline in ground fatalities that offset a slight rise in aviation fatalities throughout the year.

Edens praised leaders and Soldiers for their dedicated efforts and encouraged them to remain vigilant throughout the remaining months of summer and fiscal year 2012.

"Our Army's men and women are making the difference," said Edens. "They deserve the credit for our successes, but just because we're doing well doesn't mean we can relax."

"Historically speaking, the worst could be yet to come for accidents. Everyone needs to be on top of their game and looking out for one another."

The annual Army Safe Spring/Summer campaign, which features media tools designed to address common seasonal hazards and assist leaders and Soldiers in their safety efforts, is available online at <https://safety.army.mil>.

Team APG Olympic Sports Day

Staff report

The Team APG Olympic Sports Day is set July 26 and open to all APG organizations and Family members. A shuttle bus will run among activity points on APG North (Aberdeen). Anyone attending the event may ride the bus.

To sign up or for more information, contact your organizational point of contact below.

Community members can also sign up by contacting their organizational lead as follows:

- ATEC: Master Sgt. Sheila Sango, sheila.n.sango.mil@mail.mil
- KUSAHC: Sgt. David Holohan, david.holohan@amedd.army.mil
- PHC: Master Sgt. Jeffery Arbenz-Smith, 'jeffery.arbenzsmith@us.army.mil'
- 20th Spt. Cmd. Sgt. 1st Class Stephanie Brown, stephanie.n.brown.mil@mail.mil
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- Check the installation website for more information.

SHUTTLE STOP	ARRIVAL TIME	DEPARTURE TIME
SHORE PARK	10:20 a.m.	10:30 a.m.
CYSS FIELDS	1035 a.m.	10:45 a.m.
RUGGLES GOLF COURSE	1055 a.m.	11:05 a.m.
SHORE PARK	11:15 a.m.	11:25 a.m.
CYSS FIELDS	11:30 a.m.	11:40 a.m.
RUGGLES GOLF COURSE	11:50 a.m.	1200 p.m.
SHORE PARK	12:10 p.m.	12:20 p.m.
CYSS FIELDS	12:30 p.m.	12:40 p.m.
RUGGLES GOLF COURSE	12:50 p.m.	1:00 p.m.
SHORE PARK	1:10 p.m.	1:15 p.m.
CYSS FIELDS	1:20 p.m.	1:25 p.m.
RUGGLES GOLF COURSE	1:35 p.m.	1:40 p.m.
SHORE PARK	1:50 p.m.	1:55 p.m.
CYSS FIELDS	2:00 p.m.	2:05 p.m.
RUGGLES GOLF COURSE	2:15 p.m.	2:20 p.m.
FANSHAW FIELD	2:30 p.m.	
AA MOTOR POOL	2:40 p.m.	

The impact of alcohol on warm weather activities

By **CINDY SCOTT**
ASAP PC

Don't let alcohol put a chill on your summer, urges the Army Substance Abuse Program (ASAP) by helping the APG community understand a few simple facts about alcohol. The sunshine, warmth and long days of the coming season provide a wealth of opportunities for recreation and relaxation, but, when mixed with alcohol, these activities can turn dangerous and even deadly.

According to Cindy Scott, ASAP Prevention Coordinator, "Alcohol consumption can cause a loss of inhibitions, which may leads to aggressiveness, poor judgment, and reckless movements in the water while boating, swimming and diving. This can cause faulty coordination and disorientation in the water, and impair a person's swallowing and breathing reflexes -- both of which are essential to swimming."

The following statistics underscore the negative consequences of alcohol consumption:

- Drinking may be a factor in 80%

of boating fatalities, says the National Transportation Safety Board. According to the National Safety Council, boating accidents are this country's second-largest cause of transportation injuries.

■ According to the National Institute on Alcohol Abuse and Alcoholism, alcohol is involved in an estimated 38% of drowning deaths. Data assembled recently for the Surgeon General shows that this number rises to between 40 and 50% for young males.

■ Forty percent of all diving injury victims consume alcoholic beverages, according to the same report.

Alcohol consumption during the summer months for heavy drinkers can contribute to heat dehydration which can increase the chances of having a stroke,

particularly for individuals with high blood pressure. Hypoglycemia and heart rhythm irregularities are additional dangers of drinking on a hot, sunny day.

With so much fun to be had, why let alcohol put a chill on your summer? People under the age of twenty-one, drivers and people planning water-related recreational activities should stay away from alcohol. Even those who observe the Federal government's recommendations for moderate drinking (two drinks per day for men, one for women) should bear in mind that alcohol may affect them differently during their favorite summer activity. For more information contact Cindy Scott at (410) 278-4013/DRUG or Cynthia. M.Scott4.civ@mail.mil.

Did you know?

The National Transportation Safety Board states, drinking may be a factor in 80% of boating fatalities.

According to the National Safety Council boating accidents are this country's second-largest cause of transportation injuries

The President's 2012 Securing Americans Value and Efficiency Award

On July 10, 2012, President Obama launched The Securing Americans Value and Efficiency (SAVE) Award. This annual contest, began by the President in 2009, encourages federal employees to submit ideas for innovative ways to reduce spending within their respective agencies and departments.

Since 2009, federal employees have submitted more than 75,000 ideas. These ideas have led to agencies saving hundreds of millions of dollars, rooting out redundancy and waste, and making government more efficient, effective, and accountable to the American people.

The Army Senior Leadership Team wants to make all federal employees aware of the launch of this year's contest and encourages participation throughout the Department. The SAVE Award will run July 10-24, 2012, and one winner will have the opportunity to present his or her idea to President Obama.

All contest submissions are confidential, and can be made at <http://www.whitehouse.gov/save-award>.

The SAVE Award Program allows everyone to have a voice in making the Army better by finding smart, creative ways to do more with less for the American people. Any questions about the SAVE Award should be directed to DoD-SAVEAward@osd.mil.



Photo by Rachel Ponder

STORY TIME AT THE POST LIBRARY

Family and Morale, Welfare and Recreation employee Alberto Barnes reads a story about Independence Day during story time at the APG post library July 3. The APG post library, located in the APG North (Aberdeen) recreation center, will host a free story time for ages 2 to 5 years old every Tuesday from 2 to 2:30 p.m. Parents and caregivers are invited to bring their children, listen to stories and participate in a variety of activities. No registration is required. The post library is open from 11 a.m. to 6 p.m. Monday-Friday and Saturday from 9 a.m. to 2 p.m. For more information call 410-278-3417.

MD ROUTE 132 GATE OPEN
DON'T FORGET!

The Aberdeen Gate, MD Route 132, is open for inbound traffic weekdays from 5:30 to 9 a.m. Monday to Friday with very light traffic. Motorists are asked to consider using the Aberdeen Gate to ease slow traffic that may be encountered due to the detour at the MD Route 715 gate. The Aberdeen Gate is also open for outbound traffic on weekdays from 3:30 to 5:30 p.m. It is closed on weekends and holidays and is not open for visitors or deliveries.