

## Post Shorts

### BJ's membership sale

The Civilian Welfare Fund will sponsor a BJ's discount membership registration, 11 a.m. to 1 p.m., July 8 at the Southside Grill in the Edgewood Area located in the Stark Recreation Center, building E-4140.

BJ's Wholesale Club offers a 15-month membership for \$35 for all civilian and military personnel, retirees and contract employees. This offer is good for new customers and for membership renewals. Save \$10 and get three months free. Renewal membership holders should bring their current card with them.

For more information, call Patti Harkins, 410-436-4467 or e-mail patti.harkins@us.army.mil.

### CBRNE assumption of command ceremony today

The 20th Support Command (Chemical, Biological, Radiological, Nuclear High-yield Explosives) will hold an assumption of command ceremony 10 a.m., July 8 at McBride Parade Field in the Edgewood Area of Aberdeen Proving Ground.

Brig. Gen. Leslie C. Smith will assume command of the U.S. Army 20th Support Command (CBRNE) during a traditional military assumption of command ceremony.

Smith is currently serving as the commandant, U.S. Army Chemical, Biological, Radiological and Nuclear School and deputy commanding general, Material and Technology, U.S. Army Maneuver Support Center of Excellence, Fort Leonard Wood, Mo.

For more information, call Chanel Weaver, 410-436-3433 or e-mail Chanel.Weaver@conus.army.mil.

### Blue Cross/Shield rep visit July 13

The Civilian Personnel Advisory Center has made arrangements for a claim representative of the Service Benefit Plan Blue Cross/Blue Shield to visit APG July 13, 9 to 11:30 a.m., in building 314, Room 151E, and 12:30

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# Armstrong succeeds Blanchard as commander of 9th AML

Story by **YVONNE JOHNSON**  
APG News

Military leaders, Soldiers and guests gathered on a sun-drenched field to farewell a retiring commander and hail a new one during the change of command ceremony of the 9th Area Medical Laboratory at McBride Parade Field, Aberdeen Proving Ground June 28.

Col. Rachel A. Armstrong succeeded outgoing commander, Col. Terrell W. Blanchard, who retired after 29 years of service.

Col. Donald R. West, commander of the 44th Medical Brigade, Fort Bragg, N.C., served as reviewing officer and presented awards to Blanchard and his wife.

Blanchard was awarded the Legion of Merit and the Department of the Army Certificate of Retirement signed by Army Chief of Staff Gen. George W. Casey Jr., the Presidential Certificate of Appreciation signed by President Barack Obama and a U.S. flag.

His wife, Dr. Karen Blanchard, received a Certificate of Appreciation signed by Gen. Casey.

West said Blanchard's accomplishments speak volumes about the Soldiers who served under him.



Photo by SEAN KIEF, GARRISON PHOTOGRAPHER  
From left, Col. Rachel A. Armstrong, incoming commander, 9th Area Medical Laboratory, accepts the unit colors from Col. Donald R. West, commander of the 44th Medical Brigade as Sgt. Maj. Gerardo Soto and Col. Terrell W. Blanchard, outgoing commander, look on during the change of command ceremony at McBride Parade Field June 28.

"We are proud of your accomplishments and your unit under your command," he told Blanchard. "Thank you for your steady leadership. I wish you and Karen all the best in your future travels."

West commented on Armstrong's "impressive background"

and welcomed her to the 44th Medical Brigade Family. Regarding the unit's pending deployment in support of Operation Enduring Freedom in 2011, he said, "I have full confidence in your leadership and you have my full support. We welcome you and we look forward to working with you."

Turning to the formation of Soldiers on the field, West said that they represent the best in the nation.

"I'm fortunate to serve with you and proud to serve amongst your ranks," he said. "Good luck and God speed."

See **9TH AML**, page 7

# Shore Park grand opening set for July 14

Story by **YVONNE JOHNSON**  
APG News

The entire Aberdeen Proving Ground community is invited to attend the grand opening of the installation's upgraded recreation facility at the Shore Park Picnic Area and Swimming Pool, 11:30 a.m., July 14. Rain date is July 21.

The picnic area replaces the former Maryland Boulevard Picnic Area as the Aberdeen Area's primary recreation facility. Upgrades to the area include three new pavilions with electrical outlets, two bathroom facilities, a softball field, a sand volleyball court, a horseshoe pit and age-appropriate playgrounds. There also are three in-ground pedestal grills.

The grand opening will feature a ribbon-cutting ceremony by Garrison and Family and Morale, Welfare and Recreation leaders followed by a Community Picnic, featuring



Photo courtesy of DFMWR  
During recent organization day activities by one Aberdeen Proving Ground organization, employees enjoy the festivities under two of the three new pavilions at the upgraded Shore Park Picnic Area and Swimming Pool. The grand opening for the upgraded Directorate of Family and Morale, Welfare and Recreation facility featuring food, refreshments, kids' games and open swimming, will be held 11:30 a.m. July 14. Rain date is July 21.

free food and refreshments, children's activities, bounce houses and open swimming in the Shore Pool.

"This is a big deal," said Ralph Cuomo, FMWR. "Everyone loved the park on Maryland

Boulevard and though we lost that area, we were able to get renovations and upgrades for an even better facility."

APG Garrison Command Sgt. Maj. Rodney J. Rhoades said the new Shore Park Pic-

nic Area is the result of the Enhanced Use Lease agreement which requires St. John Properties, which is developing the Government and Technology Enterprise business park

See **SHORE PARK**, page 9

# League of Dreams starts adaptive baseball team at APG

Story and photo by **NANCY GOUCHER**  
EFMP

The 2010 League of Dreams Baseball season, sponsored by Family and Morale, Welfare and Recreation and Better Opportunities for Single Soldiers kicked off its first baseball team practice at Aberdeen Proving Ground June 26. Military and civilian Family members from APG, Harford County, and surrounding areas made up two teams for the first practice.

League of Dreams encourages individuals with special needs, ages 3 to 18, to come together to compete and have fun, regardless of their level of disability. League of Dreams gives players an opportunity to play the game to their maximum ability, especially those who do not participate in "traditional" leagues. These athletes enhance their physical and mental abilities, while developing self-esteem and confidence. The league helps to increase members' self-awareness and camaraderie while playing on a team with their peers. The rules of the game are flexible and all players have an equal opportunity to play.

Frank Kolarek, founder and



Julianna Lupacchino is cheered by BOSS Soldiers and Eric Henderson, APG Child, Youth and School Services youth sports staff member as she crosses home plate during the first day of practice for the League of Dreams team at the Aberdeen Area Youth Center June 26.

president of League of Dreams, who played professional baseball in the Oakland Athletics organization, instructed the players to various aspects of the game. He said his passion for sports and helping those in need drives his mission to create programs to provide all individuals, regardless of physical or mental capaci-

ty, the opportunity to experience the joy, challenges, and personal growth from playing baseball.

Bill Kegley, CYSS Youth Sports Director, said he hopes to form additional teams as players continue to register. Registration is on-going and all military and civilian Family members

See **DREAMS**, page 7

## Ordnance Museum closed for month of July

### Museum grounds may open in August

The U.S. Army Ordnance Museum is closed for the month of July due to the movement of nearly 50 artifacts to Fort Lee, Va. This includes the museum gallery and grounds. Some days the grounds may be open to visitors in August.

Museum director Christopher Semancik said a variety of artifacts, including armored vehicles and anti-tank and aircraft guns will be moved during this time. Future transportation schedules will determine what days the museum grounds can open to the public. The gallery is closed indefinitely.

"The gallery may not reopen until the new APG Museum is unveiled," Semancik said.

Visitors are encouraged to call before coming to visit the museum. For information, call 410-278-3602 or check with the visitor center at the Maryland Boulevard (Route 715) entry gate.

# eCYBERMISSION finalists visit APG

Story and photos by  
**RACHEL PONDER**  
APG News

More than 80 students, teachers and their Families from across the nation visited Aberdeen Proving Ground June 22 to learn about how the STEM subjects (science, technology, engineering and mathematics) are applicable to many jobs on APG.

The visit was part of a week-long educational event for 16 eCYBERMISSION finalist teams. eCYBERMISSION is a free, Web-based STEM competition for students in grades six through nine.

Students were asked to propose a solution to a real problem in their community to compete for regional and national awards, for scholarship money. In its eighth year, more than 3,300 teams submitted their research for scoring for the 2009-2010 competition.

eCYBERMISSION, managed by the U.S. Army Research, Development and Engineering Command, awarded more than \$800,000 to students from across the nation and in Department of Defense Education Activity schools overseas this year.

On June 24, the teams presented their national projects to a public audience to compete for the honor of national first-place in each grade.

During eCYBERMISSION's visit to APG, the finalists visited Woodpecker Point where some of APG's top environmental scientists from the Directorate of Public Works led discussions and activities.

As part of eCYBERMISSION's visit to APG, the students also visited the Edgewood Chemical Biological Center where they were presented with a hands-on educational outreach activity called CSI: Edgewood. (See story page 6.)

Todd Beser, environmental protection specialist, and Jessica Baylor, environmental protection specialist, led an activity about the Chesapeake Bay. Beser and Baylor showed the students how to identify different species of submerged aquatic vegetation, or SAV and evaluate water quality by measuring the dissolved oxygen, pH, and turbidity of the water. Beser and Baylor also used a seine, a large fishing net that hangs vertically in the water for students to observe and identify creatures that live in the Chesapeake Bay.

Scott English, garrison forester, and Len Wrabel, a forester and environmental scientist, ran a forestry activity. English and Wrabel discussed the importance of forest cover on APG for supporting the Army's mission, sequestering carbon, and producing oxygen. To show the importance of oxygen production by trees, the students were led through an exercise to calculate approximately how much oxygen is produced by the 14,775 acres of trees on APG. They then determined how many people that oxygen could support - approximately 600,000 people, or the population of Baltimore City.

The students were also shown how to use some of the tools a forester might use to measure trees. They used an increment borer to take a core out of a tree so they could count the growth rings and determine the age of the tree. They measured the diameter of trees using a diameter tape and estimated tree height with the clinometer. They also were shown how to measure distance by pacing off a "chain" (66 feet).

Dr. James Bailey, team leader and environmental protection specialist, and Jodi Knowles, environmental protection specialist, taught the students about the importance of wetlands. They demonstrated how to conduct a wetland delineation, which determines if an area is a wetland and how to identify a wetland's boundaries. Bailey and Knowles showed the students how to determine soil types, identify plant species, and how to use field indicators to determine hydrology.

John Wrobel, natural resources branch chief and environmental engineer, was the "master of ceremonies" for the event. He greeted the students and gave them a brief introduction to APG and the environmental program. After the students completed the rotation among the three activity stations, he wrapped up the event by explaining how environmental scientists would apply the types of data the



Dr. James Bailey, left, Directorate of Public Works team leader and environmental protection specialist and Jodi Knowles, right, DPW environmental protection specialist talk to eCYBERMISSION finalists about the importance of wetlands to the environment. The discussion, which took place at Woodpecker Point, was part of eCYBERMISSION's visit to Aberdeen Proving Ground June 22. During the event, finalists learned how STEM subjects (science, technology, engineering and mathematics) are applicable to many jobs on APG.



Todd Beser, left, Directorate of Public Works environmental protection specialist, and Jessica Baylor, DPW environmental protection specialist, far right, lead a discussion and activity about the Chesapeake Bay.

students learned to collect and described the educational requirements for becoming an environmental scientist.

"The students were very engaged in the types of work that Army environmental scientists do," Wrobel said. "Hopefully it inspired one or two to become an Army environmental professional. The day's activities increased awareness of the Chesapeake Bay, forestry and the wetlands, and how it all connects together."

Also instrumental in DPW's portion of the event was Lynda Hartzell, environmental protection specialist, who helped with organizing the event, set-up, tear-down, and assisted with leading the students from activity to activity, and Kathy Thisse, environmental protection specialist, who reserved the Woodpecker Point Picnic Area, coordinated with the Directorate of Emergency Services for sawhorse barricades, and set-up and tear-down.

During lunch at Top of the Bay, Dr. Augustus Way Fountain III, a senior research scientist from the Edgewood Chemical Biological Center, spoke to students about working in a STEM field for the U.S. Army as a civilian.

"I wanted to tell them a little bit about my story and indicate how they can serve the nation as a scientist," he said.

Fountain congratulated the students for becoming eCYBERMISSION finalists, and pointed out that there were over 13,000 participants in eCYBERMISSION this year. He said that the eCYBERMISSION finalists represented one-half of one percent of all the participants.

"You have really achieved something you should be proud of," he said. "You are just now beginning a bright career in science and engineering."

Fountain talked to the students about continuing their education in STEM subjects and encouraged them to continue to participate in scholarship opportunities



Taylor Butters, an eCYBERMISSION finalist, participates in an activity to observe and identify creatures that live in the Chesapeake Bay.

like eCYBERMISSION to help pay for higher education.

"I encourage you to continue to take part in these types of events, not just to help prepare yourself for a career in science and engineering, but also to help your parents subsidize your education," he said.

During Fountain's talk he told the students that there will be many exciting career opportunities available in the future for those who want to pursue a career in a STEM field.

"You can have fun and be a scientist and engineer," he said.

Fountain told the students to not be afraid to take risks as a scientist and engineer.

"Most scientists will learn more from failures than successes," he said.

Dr. Katie Blanding, a STEM Outreach program manager from RDECOM

who organized the week's events, said that she thought the students were eager to learn, and that they asked Fountain and the other scientists many questions.

"They were very engaged," she said. "They seemed very interested in the activities that we did today, they were like little scientists."

Berenice Cortez and Rosemary Murray, ninth grade students from Seminole Ridge High School in Florida, said that they enjoyed the day's events. Their group of four students did an investigation into the damage that makeup can cause to the skin when it has been exposed to certain independent variables, such as heat or water.

"I like participating in science activities because it gives me more experience that I need for a future career in science," Murray said.

## APG News

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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## APG celebrates delivery of first C4ISR buildings

Story by  
**NICOLE CAWTHERN**  
Garrison Transformation Office

The director of Public Works welcomed members of the Aberdeen Proving Ground community to a breakfast celebration commemorating the official Building Occupancy Date of the first C4ISR building under base realignment and closure June 30.

Tom Kuchar commented on the significance of the historical event for both Army Team C4ISR and for Aberdeen Proving Ground.

"This [didn't] just start today; this has been years in the making. It takes a lot to get to this point and we are all here to serve this mission," he said.

Kuchar thanked each organization that contributed to bringing the facility to this point. He recognized individuals and each DPW division for the efforts and hard work put forth to make the program a success. Thanks were also given to the C4ISR community as well as the U.S. Army Corps of Engineers.

Kuchar explained the role that each person is responsible for, noting that everyone is a valuable part of this team. He compared completing this project to putting together a puzzle; if a piece of the puzzle is missing or it does not fit properly, then the work cannot be completed.

Fortunately, this puzzle is almost complete. The last piece of the puzzle will be the official move-in of the new employees to the C4ISR campus, beginning in August.

The first building signed over to the ownership of the APG Garrison on June 10, was the GMS Laboratory. Three additional buildings in the Phase One campus - the GMS Tower, the GMS Fabrication Integration and Fielding Facility and the GMS Secure Storage Warehouse - were signed over to the Garrison June 29. Occupants also will begin moving into these facilities in August.

"This is a great time for APG and we're excited for C4ISR to bring their mission here," Kuchar, said.



Photo courtesy of DPW

Tom Kuchar, Director of Public Works, welcomes organization members to a breakfast celebration of the official Building Occupancy Date of the first BRAC C4ISR building June 30.

## Truck deliveries signal start of BRAC relocation

Story by  
**TIMOTHY RIDER**  
CECOM Public Affairs

Two 18-wheel tractor trailers that departed the Dr. Walter S. McAfee Center in Fort Monmouth, N.J. June 17 were the first of a massive series of deliveries that are part of a contract to relocate elements from Fort Monmouth and Eatontown, N.J., and Fort Belvoir, Va. to Aberdeen Proving Ground.

Maj. Gen. Randolph P. Strong, commander of the U.S. Army Communications-Electronics Command, came to the McAfee Center to see off the first truck, meet the loaders and talk to the husband-and-wife driving team of Chad and Tammy Beckley. The second truck to depart was also driven by a husband-and-wife driving team: Dale and Tina Joles.

"It really signals the beginning of a very significant move effort," said

Gene Coddington, a C4ISR (Command, Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance) logistics movement officer. Somewhere in the vicinity of 1,400 fully loaded 18 wheelers will follow this first delivery in a little more than a year, along with moves that require special equipment to carry heavy, oversized, and unique loads along with a variety of other vehicle types.

The transition of C4ISR components to APG will cover more than 120 highly technical and complex communications-electronics research and development laboratories; 100,000 pieces of communications-electronics test equipment; information technology equipment and other components; design, fabrication and integration facilities and a broad array of classified equipment and technology.

The equipment will be moved into 14

buildings now in various stages of construction at APG to re-create a wide variety of work spaces - including complex labs, administrative areas and secure facilities.

"As buildings become available, we will occupy them," said Coddington.

Between August and late December of this year Coddington expects nine buildings to become available at APG with the completion of the "Phase One" construction efforts, meaning personnel at both locations can expect to see very busy periods of trucking activity.

There will be somewhat of a lull in trucking in the early part of next year. Next spring into summer, however, five more buildings are expected to be completed as part of "Phase Two," and trucking will pick up again from early spring through August.

The deliveries are part of an \$81 mil-

lion contract signed in mid-December that involves the various assets of Army Team C4ISR not only at Fort Monmouth but also at organizational elements currently located at Fort Belvoir, Va.; Eatontown, N.J.; Huntsville, Ala.; and Fort Knox, Ky.

The overall transition of Army Team C4ISR to APG involves phased construction of facilities at APG, domain configurations, split-based operations and phased movements of equipment and personnel and is intended to minimize disruption of the Army Team C4ISR mission and to continue seamless support to the warfighter.

CACI International Inc. signed the contract and will provide overall project management for the move, which was mandated under the 2005 Base Realignment and Closure (BRAC) law and is to be completed no later than Sept. 15, 2011.

# Community Notes

## FRIDAY THRU SUNDAY JULY 9, 10 AND 11 W.O.V.E.N. WOMEN'S RETREAT 2010

The Women of Virtue, Excellence and Nobility (W.O.V.E.N.) will present "A Chosen People, A Royal Priesthood" (1 Peter 2:9-10), at Eden Resort and Suites, located at 222 Eden Road, Lancaster, Pa. Cost is \$250 per person for this event. A \$100 deposit is due now to reserve a seat. Space is limited. Guest speakers include First Lady Sharon Webster, Cheryl Torrain and Rev. Pamula D. Yerby-Hammack. Makes all checks and money orders payable to Bread of Life Church. Mail to: Bread of Life Church Women's Conference, P.O. Box 25, Aberdeen, MD 21001.

To register or for more information, call Sister Jennifer Myers Smith, 410-272-7818 or visit [www.bolministries.net](http://www.bolministries.net).

## SATURDAY JULY 10 PIRATE ENCAMPMENT AND PIRATE GALA

Visit the pirate camps 10 a.m. to 5 p.m. Watch the attacks on the town and cheer on your favorites. Free admission. The Lock House Museum will also hold a Pirate Gala, 7 to 11 p.m. Party with the pirates. A night of live music, dancing, auctions, beer, wine and food. The gala costs a donation of \$50 per person.

For more information, call 410-939-5780, e-mail [director@lockhousemu](mailto:director@lockhousemu)

seum.org or visit [www.thelockhouse-museum.org](http://www.thelockhouse-museum.org)

## WHITE-TAILED DEER SURVEY

Come help determine if the deer population of Leight Park is a healthy size by conducting pellet (deer scat) counts on the trails to determine how many deer live in the park. This free program will be held 9 a.m. to noon for ages 16 to adult. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## BUTTERFLY KAYAK TRIP

Float and search for butterflies among the marsh flowers. This program will be held 10 a.m. to 12:30 p.m. for ages 8 to adult. The cost is \$10 per person. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## CRITTER DINNERTIME

Watch turtles, fish and snakes eat while learning more about these fascinating creatures. This free program will be held at 1:30 p.m. for all ages. No registration required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## GREAT BLUE HERON HIKE

Walk the shores and shallows of Otter Point Creek like Great Blue Herons do, stalking frogs, fish, and more. This free program will be held 3 to 4 p.m. for all ages; ages 8 and under must be accompanied by an adult. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## SUNDAY

## JULY 11 PHLOATING PHOTOGRAPHY

Learn new photography skills in a water setting with photographer Dave Gigliotti. This program will be held 9 to 10:30 a.m. for ages 15 to adult. The cost is \$12 per person. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## MEET A CRITTER

Check out a live critter up close while discovering what makes that animal special. This free program for all ages will be held 2 p.m. No registration is required.

For more information or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## FRIDAY

## JULY 16 PATRIOTIC SALUTE DAY

All veterans and active duty service members are invited to attend "Patriotic Salute Day," a special feature of the 12th annual Mason Dixon Fair. The Mason-Dixon Fairgrounds is located at 6988 Delta Road in Delta, Pa., on the MD-PA Line, Route 165 and Route 74. Admission is free all day to veterans and active duty

service members with military, VFW or American Legion ID. All veterans, active duty service members and senior citizens are invited to attend a special early show by the Re-Creation, a song and dance troop and enjoy fair exhibits and cash Bingo, 10 a.m. to 2 p.m. Admission is free for this special event.

For more information on Patriotic Salute Day visit [www.masondixon-fair.com](http://www.masondixon-fair.com).

## BASKET BINGO

Basket Bingo to benefit the Eastern Star will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen. Doors open at 6 p.m., bingo starts at 7 p.m. Tickets cost \$12 each; extra packets cost \$5 each. Bring a non-perishable food item for a bonus prize ticket. Food and beverages will be available. For more information or to purchase tickets, call Brenda Conjour, 410-273-7332 or Brenda Compher, 717-456-5490.

## SATURDAY

## JULY 17 TEXAS HOLD'EM

American Legion Susquehanna Post 135, 300 Cherry Street, Perryville, will host a day of Texas Hold'em. The first game starts 1 p.m., the second game starts 6 p.m. Register by noon and 5 p.m. with a \$50 by in. First come, first served. There will be sandwiches and light fare available.

For more information, call 410-642-2771.

## DADDY AND ME TEA

A Daddy and Me Tea will be held 11 a.m. to 2 p.m., at Rockfield Manor located on 501 Churchville Road, Bel Air, Md. Share with a celebration of that special bond between a father-figure and his little girl. The Daddy and Me Tea is an event that will allow daddies to provide the special moments their daughters need to cultivate positive relationships, build bonds, and plant seeds that garner self-esteem, self-worth, determination and focus. Cost is \$10 for daddy and daughter duo and \$15 for an additional attendee.

For more information, call 410-638-4565 or visit [info@womenschallenge.net](mailto:info@womenschallenge.net).

## FLOATING FEAST - MIDDAY MUNCH ON THE MARSH

Enjoy the perfect summertime combo: boating and eating, featuring local foods and businesses. This program will be held 12:30 to 2 p.m. for 30 lbs. to adult. The cost is \$8 per person or \$35 per Family (limit 5 per Family). Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## TICKLE A TOAD

Meet a toad-ally awesome creature and build a house to attract toads to the yard. This program will be held 3 to 4:30 p.m. for all ages; ages 10 and under must be accompanied by an adult. The cost is \$4 per toad house. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688

*(Editors Note: More calendar events can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Community Notes.)*

## POST SHORTS

to 1:30 p.m., building E4520, Chemical Demilitarization Training Facility, Edgewood Area, to discuss claim problems and plan coverage. No appointment is necessary.

For more information, call Teri Wright, 410-278-4331.

### Hunter safety classes offered

Hunter safety classes will be held July 13, 15 and 17 in building 4303. Classes on Tuesdays and Thursdays will be held 6 to 10 p.m. Classes on Saturdays will be held 8 a.m. to noon. All classes will be held in building 4303. Students must attend class all three days. An additional class will be offered Sept. 19 for ages 16 and older.

For more information or to register, call 410-671-9070. Please leave a message if no one answers. An instructor will contact students to verify their space in the class and obtain additional registration information. Do not call after 9 p.m.

### CPR, AED classes available

Aberdeen Proving Ground Fire and Emergency Services is offering CPR and automated external defibrillator classes on APG.

Two classes will be held 9 a.m. to noon and 1 to 4 p.m., the third Wednesday of each month.

In the Aberdeen Area, classes will be held at the Post Chapel, classroom 3, July 21, Sept. 15 and Nov. 17.

In the Edgewood Area, classes will be held at the Conference Center, building E-4810, Aug. 18, Oct. 20 and Dec. 15. Class size will be limited to 30 participants.

For more information or to register, call Mike Davis, 410-306-0572, or e-mail michael.ray.davis@us.army.mil.

### ACS to celebrate 45th Birthday July 22

Forty-five years of Army Community Service support to APG will be celebrated, 11 a.m. to 2 p.m., July 22, at the Shore Park Area. All military, DoD civilians and Family members are invited to attend. Free tickets are available at the Aberdeen Area ACS, building 2754, Monday through Friday, 8 a.m. to 4 p.m.

For more information, call 410-278-7572/4372.

### FEW accepting nominations for annual scholarship

The Maryland Tri-County chapter of

Federally Employed Women presents the annual \$300 scholarship called the 2008 Dottie Dorman Working Woman's Scholarship to a deserving woman to pay for or offset college expenses incurred in pursuit of her continuing education.

To qualify a nominee must:

- Be a female federal employee in Baltimore, Cecil or Harford County.
- Currently be pursuing college-level education studies.
- Prepare a short essay (not to exceed one typewritten page) summarizing educational plans and explaining how this scholarship will be used. Indicate in the essay whether currently receiving federal aid for education, whether involved in a reduction in force, and what the promotion potential is in applicant's current federal position.

- Provide the name; home and work addresses; home and work telephone numbers; e-mail addresses; name and telephone number of current supervisor (to confirm federal employment); and name of nominee's educational institution.

- Submit application to the Maryland Tri-County FEW Scholarship, c/o Karen Jobs, 130 Remington Circle, Havre de Grace, MD 21078 no later than July 30.

The winner will be announced during the APG Women's Equality Day observance and awards ceremony, 1:30 p.m., Aug. 23, at the RDECOM Conference Center, building E4810.

For more information, call Karen Jobs, 410-436-4429 or Melissa Smith, 410-642-2411, x5129.

### Green Dragon Ball

The National Capital Region 2010 Joint CBRNE Green Dragon Ball will be held Saturday, Aug. 14, at Top of the Bay. The keynote speaker will be the Honorable Paul McHale, Jr., former Assistant Secretary of Defense for Homeland Defense. For more details visit the Green Dragon Ball Web site [www.edgewood.army.mil/greendragonball/index.html](http://www.edgewood.army.mil/greendragonball/index.html). For more information, call Tracey Kelly, 410-436-4438 or Capt. Jessica Perez, 410-436-4000, or email to [apg.green.dragon.ball@conus.army.mil](mailto:apg.green.dragon.ball@conus.army.mil).

### KWVA recruiting new members

The Korean War Veterans Association chapter 271 is actively recruiting new members. Membership is open to those who served honorably in Korea during and after the Korean War or at anytime between 1945 to the present. Associate membership

is open to non-Korean War veterans who support the goals of the KWVA.

The chapter is chartered under the National KWVA and meets quarterly on the last Monday in February, May, August and November.

For more information, contact Nick Guerra, chapter commander, at 410-272-0458.

### APG cable channel switches to Channel 97

Aberdeen Proving Ground residents who receive cable through Comcast can now view both the APG and Harford County Public Service Channels on a cable ready TV set or through a Comcast Digital cable box. The Harford County Cable channel will broadcast on Channel 21. APG's Cable channel can be viewed on Channel 97.

### Volunteer drivers needed

The Veterans Administration Maryland Health Care System needs a few good drivers to serve at the Fort Howard Outpatient Clinic, transporting veteran patients to and from scheduled appointments. The VA Maryland Health Care System will work around a volunteer's availability. Drivers for weekday mornings or afternoons are needed. Volunteers can work one day a week or more, or whatever best suits their schedule.

For more information or to sign up, call David Sevinsky, voluntary service specialist, 410-605-7102/7000 ext. 3929.

### UMBC Training Centers are granted GI Bill Eligibility

University of Maryland Baltimore County Training Centers have been approved for GI Bill eligibility, enabling veteran students to receive tuition reimbursement via the Montgomery GI Bill. For a full listing of eligible programs, visit: [www.umbc.edu/trainctr/admissions/financial.html](http://www.umbc.edu/trainctr/admissions/financial.html).

For more information, call Nick Driver at 443-543-5413.

### KUSAHC after-hours medical needs

For urgent medical services needed after hours, weekends or federal holidays, please contact Staff Duty at 410-278-1725 or call 443-807-0725. The Staff Duty NCO will coordinate your referral. To avoid Point of Ser-

vice copayment charges, you will need a referral to go to any Urgent Care Center/Clinic. Care from a hospital Emergency Room does not require a referral. If unable to reach Staff Duty and you cannot wait, seek the nearest participating facility. Please call the clinic the following business day. The Kirk U.S. Army Health Clinic Referral Management telephone number is 410-278-1736. The Patient Advocate telephone number is 410-278-1724.

### CAC Appointment Scheduler

The Directorate of Human Resources has launched an online CAC renewal appointment scheduler application to support the empowerment of DHR customers. The CAC appointment application provides customers the ability to access an automated appointment calendar and schedule their CAC reissuance within 90 days of its expiration date based on time and date availability.

Additionally, the application allows customers the flexibility to cancel and reschedule appointments to avoid work schedule conflicts and a confirmation appointment e-mail, through their AKO, as well as appointment instructions.

Customers can access the CAC renewal appointment scheduler through the APG Web site - [www.apg.army.mil/AKOSSOprompt/cacrenewal.cfm](http://www.apg.army.mil/AKOSSOprompt/cacrenewal.cfm).

For questions or more information contact Tom Shumate, 410-306-2303.

### Registration open for UMUC summer and fall 2010

Registration has begun for the University of Maryland University College summer and fall semesters.

At Aberdeen Proving Ground, UMUC will offer IFSM 300 Information Systems in Organizations (3) on Tuesdays and Thursdays, 6 to 9 p.m., Sept. 7 through Oct. 21.

Online Hybrid Class, WRTG 393 Advanced Technical Writing (3), on Mondays and Wednesdays, 6:30 to 9:30 p.m., Oct. 27 through Dec. 15.

Additional classes are available through distance education formats.

For more information or to register, visit the APG Office of UMUC in building 4305, Room 210, or call 410-272-8269 or 410-306-2048.

*(Editors Note: More Shorts can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Shorts.)*

## CSI: Edgewood – engaging eCYBERMISSION students in STEM career paths

ECBC

Scientists of the Edgewood Chemical Biological Center presented the hands-on educational outreach activity “CSI: Edgewood” during eCYBERMISSION Army Enrichment Day activities June 22.

Funded by the National Defense Education Program, the scientists showed 60 sixth-to-ninth-grade eCYBERMISSION students the relevance and excitement of science, technology, engineering and mathematics (STEM) career paths as well as the realities of their jobs at the nation’s premier resource for chemical and biological defense.

Before engaging in hands-on STEM activities, Dr. Alan Samuels, research chemist, briefed students about the areas that form the foundation for ECBC’s research development and engineering efforts, detection, protection and decontamination. Student groups rotated through three ECBC-themed work stations that gave them the opportunity to experience the real-life challenges of the center’s scientists [who] implement scientific approaches and investigate solutions for potential chemical and biological threats.

The CSI: Edgewood work stations included “Hazard Response and Presumptive Identification,” “DNA Extraction, Gel Electrophoresis” and “Surface Tension, Surfactants and the Gulf Crisis.”

Samuels took the lead on the Hazard Response and Presumptive Identification Station allowing students to use a portable Raman spectrometer to collect a spectrum on samples of various materials. The laser technology of the Raman spectroscopy helped students identify the materials in the samples that included corn starch, confectionary sugar and baking soda. Enhancing the exercise, students were afforded the opportunity to partially don personal protection equipment (PPE) and experience the challenge of collecting inert samples in a protective suit. This experiment showed students how first responders tackle the challenge of receiving an unknown material and the procedures they follow to characterize material and assess the degree of the potential threat.

Research Biologists Lalena Wallace, Dr. Vipin Rastogi and ECBC intern Tony Chowdhury introduced students to the DNA Extraction and Gel Electrophoresis Station. During this experiment, ECBC scientists guided students through the process of separating deoxyribonucleic acid (DNA) from a biological sample and visualizing the DNA material using gel electrophoresis. With the objective to isolate a non-pathogenic bacterial chromosomal DNA for detection and identification purposes, this group worked on extracting unique genetic codes that comprise the “molecular fingerprint” of the microorganism. The chemical procedure used for this exercise is called cell lysis, in which cells are broken open and other cellular components, such as DNA, are released. After isolating DNA from the solution and re-dissolving it, students analyzed the genetic material and learned

how to use this technique for the identification of the organism. While conducting this type of research, students also practiced collecting samples with pipettes.

Dr. Michael Ellzy, branch chief of Chemical Analysis Physical Properties taught students about Surface Tension, Surfactants and the current oil spill crisis in the Gulf of Mexico. His series of experiments introduced students to the concept of surface tension and the effect of surfactants on liquids’ surface tension. Using the current oil spill in the Gulf of Mexico as an example, Ellzy educated the young scientists on the challenge of finding a solution to a world-wide biological disaster and threat.

After conducting experiments that provided a visual understanding of the concepts surface tension and surfactant, students were encouraged to clean up a miniscule “oil spill” in Petri dishes using a surfactant of their choice. In the process, Ellzy encouraged students to use the scientific method which entailed delivering a hypothesis and a conclusion, recording results and sharing findings on which material best contributed to cleaning up the oil. While conducting surface displacement experiments and using pipettes to transfer water droplets onto a penny, students competed for prizes. This work station showed students the physical property of surface tension and cohesion as well as the effects of surfactants on liquids’ surface tension. Furthermore, the groups learned to apply oil spill-related scientific terms to their understanding of the scientific method. Ultimately, students experienced the challenge of solving a real-world problem, such as the oil spill, and performing scientific experiments pertaining to the area of concern.

For more information about eCYBERMISSION, contact Mary Doak, ECBC community and educational outreach program manager, at 410-436-7231.

## ECBC and CBARR celebrate completion of munitions mission

ECBC

Staff members from the Edgewood Chemical Biological Center’s Chemical Biological Application and Risk Reduction Business Unit joined representatives from the U.S. Army Chemical Materials Agency in celebrating the successful completion of the mission to destroy all non-stockpile materiel located at Pine Bluff Arsenal, Ark., during a June ceremony.

The CMA Non-Stockpile Chemical Materiel Project began destruction operations at PBA in June 2006. CBARR staff members were instrumental in operating the Pine Bluff Explosive Destruction System (PBEDS), which resulted in the destruction of more than 1,200 munitions, such as 4.2-inch mortars and German Traktor rockets captured during World War II.

The successful start of the PBEDS project was made possible after a nearly 18-month effort by ECBC to assemble a crew that would be permanently stationed at PBA to handle the most hazardous operations. A staff of 34 operators from all over the U.S., with backgrounds such as chemical engineers, chemists, chemical technicians, air monitoring and equipment maintenance specialists, were recruited, interviewed, and trained.

“The Army’s Non-Stockpile Chemical Materiel Project is the nation’s best equipped organization to provide safe, successful destruction of such a diverse inventory of recovered chemical munitions,” said Carmen Spencer, Deputy Assistant Secretary of the Army for Elimination of Chemical Weapons. “This accomplishment exemplifies the excellent work we have come to expect from this dedicated group.”

PBEDS workers completed operations in April 2010, marking the destruction of the largest recovered chemical warfare inventory in the nation. The PBEDS milestone also marks the completion of all non-stockpile materiel declared upon the United States’ Entry-Into-Force of the Chemical Weapons Convention, an international treaty mandating the destruction of chemical warfare.

“In their work with CMA’s NSCMP, ECBC personnel have once again



confirmed that they possess the knowledge and the training to work safely with chemical munitions,” said ECBC Technical Director Joseph Wienand. “I applaud our employees and our world class partners at the U.S. Army Chemical Materials Agency who have all played an instrumental role in the successful completion of this mission.”

Though Pine Bluff Arsenal was established in 1941, workers didn’t discover chemical munitions buried on post for more than 20 years after the production of chemical agents and munitions ended in 1969. Shortly after NSCMP was charged with the destruction of the recovered items as well as safe storage and monitoring, ECBC’s CBARR unit was tasked with helping to get the job done.

In June 2005, with support from the U.S. Army Corps of Engineers, NSCMP and ECBC, three separate, environmental enclosures were erected to house the mobile EDS units. An alternative to open detonation, the units provided on-site treatment and neutralization of recovered chemical warfare materiel and prevented the release of vapor, blast or munitions fragments from the process.

The PBEDS site included a command post, mobile chemical laboratory, air monitoring structures, personnel decontamination structures, and a munitions-holding facility as well as a break room and warehouse.

“Usually I just say I blow things up for

See CMA, page 7

# Anderson returns to Umatilla to become site project manager

CMA

The U.S. Army Chemical Materials Agency has announced Gary M. Anderson as the new site project manager for the Umatilla Chemical Agent Disposal Facility in Oregon. Anderson assumed the SPM position July 3 taking over for Mike Strong, who will serve as a deputy SPM.

Since 2003, Anderson has been the SPM for the Pueblo Chemical Agent-Destruction Pilot Plant in Pueblo, Colo. During this time, he was the lead government engineer responsible for management of the pilot plant's field office and oversight of the plant's systems contractor, Bechtel Pueblo.

Anderson is familiar with CMA and the UMCDP, since he served at UMCDP as the deputy SPM for three years. Prior to that, he was the shift engineer at the Johnston Atoll Chemical Agent Disposal System, known as JACADS, the first chemical weapons disposal facility.

He was responsible for daily oversight of Washington Demilitarization Company plant operations. During his tenure at JACADS, operators destroyed the mustard and VX stockpiles.

"With Mr. Anderson back in the CMA community and having unique knowledge of our program, he strengthens our commitment and expertise to rid our nation of chemical weapons," said CMA Director Conrad Whyne.

CMA remains committed to the safe and timely destruction of the nation's chemical agent and chemical warfare materiel. Final blister agent campaigns continue at CMA's four remaining destruction sites in Anniston, Ala.; Pine Bluff, Ark.; Tooele, Utah; and Umatilla, Ore. CMA continues to safely store chemical agent munitions at the Assembled Chemical Weapons Alternative sites near Richmond, Ky. and at Pueblo, Colo.

For more information about CMA, please visit [www.cma.army.mil](http://www.cma.army.mil)

## Dreams

From front page

from Team APG and surrounding communities are encouraged to join. The next practice is scheduled for 10 a.m., Saturday, July 10. Games will be played July 17, 24 and 31. Practices and games

are held, 10:00 a.m. to noon, at the baseball field behind the Aberdeen Youth Center. Parking is located at the Youth Center, Bldg 2752 Bayside Drive. All equipment is provided for the players. For registration and additional information, contact Bill Kegley, 410 278-2297, or Nancy Goucher, Exceptional Family Member Program (EFMP) Manager, at 410-278-2420.

## CMA

From page 6

a living, but it's more specific than that," said Laura Graham, ECBC PBEDS project manager. "I came to work and helped to get rid of something that's not good for people so it's been very rewarding. This isn't something many people get to do on a daily basis."

In addition to operating PBEDS and sampling residual liquid and air prior to reopening the EDS, ECBC employees lent their expertise to the NSCMP research and development team.

The collaboration resulted in the creation and implementation of new processes and state-of-the-art equipment enhancements including the Advanced Fragment Suppression System that reduced the amount of waste generated for each operation and the lift assist system designed to reduce EDS operator

stress and strain during munitions loading operations.

ECBC operators were also credited with developing the Fragment Suppression System Puller to assist in the removal of solid waste from the EDS vessel after detonation and neutralization.

Their work to develop a product that would reduce stress and strain on the operators trying to complete the task was rewarded with a U.S. patent.

"While our mission is to perform global chemical and biological operations in a safe, secure and environmentally sound manner, it's the quality and expertise of our people that make it possible for that to happen," said Timothy Blades, deputy director of ECBC's Directorate of Program Integration and CBARR team leader. "And if their know-how can help to improve the processes and the equipment along the way, everyone is successful."

For more information on ECBC or CBARR, visit [www.ecbc.army.mil/](http://www.ecbc.army.mil/).

## 9th AML

From front page

Blanchard thanked the unit for its support and said he was certain the unit would "continue to flourish under guidance of a new command team."

"My twenty-nine years in uniform have been my life's greatest privilege," he said. "Never forget that you play a vital part of defending this great nation of ours."

"I know this good group of Soldiers will support you faithfully," he told Armstrong.

Armstrong said she was excited about the challenge before her.

"I hope to build on the successes of the [9th] AML," she said.

"I'm indebted to you for the knowledge and expertise you represent," she added to the unit's Soldiers, "and I'm proud to be serving with you."

### Col. Rachel A. Armstrong

Armstrong comes to APG from the Pentagon where she served on the Army Staff as the Nurse Staff Officer to the

Surgeon General. Prior to that, she was the Military Nurse Fellow to Senator Daniel K. Inouye. Her past assignments include Walter Reed Army Medical Center in Washington, D.C., Patterson Army Hospital, Fort Monmouth, N.J., Brooke Army Medical Center in Texas and Landstuhl Regional Medical Center in Germany. In addition she served with the 46th Combat Support Hospital in Saudi Arabia and Iraq during Operations Desert Shield/Storm.

Armstrong is married to retired Col. Brett Armstrong. They have two daughters, Sarah and Anna.

### 9th AML

The 9th Area Medical Laboratory, on order, deploys worldwide as a unit or by task-organized teams to perform surveillance, confirmatory analytical laboratory testing and health hazard assessments of environmental, occupational, endemic and CBRNE (chemical, biological, radiological, nuclear and high-yield explosives) threats in support of force protection and WMD (weapons of mass destruction) missions.



Go to  
<http://ice.disa.mil>  
 Click on "ARMY" then  
 "Aberdeen Proving  
 Ground."



# FAMILY AND MORALE, WELFARE & RECREATION

## Activities/Events

### New hours

The Aberdeen Area Recreation Center, the Leisure Travel Office and the Library located in building 3326 have new hours of operation.

The Aberdeen Area Recreation Center will open Monday through Friday, 8 a.m. to 7 p.m. and 9 a.m. to 2 p.m., Saturday. The Leisure Travel Office will open Monday through Friday, 9 a.m. to 6 p.m. and 9 a.m. to 2 p.m. on Saturday. The Library will open Monday through Friday, 11 a.m. to 6 p.m.

### Maryland State Fair tickets available

MWR Leisure Travel Services offers discount tickets for the Maryland State Fair to be held Aug. 27 to Sept. 6 in Timonium. Admission tickets cost \$7 for adults; \$2.50 for children ages 6 to 11; \$17 for all-you-can-ride vouchers; and a book of coupons costs \$4.50.

For more information or to purchase tickets, visit MWR Leisure Travel Office, Aberdeen Area Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR-LeisureTravel@apg.army.mil.

### New York City shopping trip

Leisure Travel will offer eight hours of shopping in New York City July 17. Enjoy the city without the driving or parking problems. Cost is \$36 per person and includes roundtrip bus transportation.

The bus will depart 7:55 a.m. from the Edgewood Best Western parking lot on Route 24 and return 10:30 p.m.

For more information or to reserve a seat, call MWR Leisure Travel Office, Aberdeen Area Recreation Center, building 3326, 410-278-4011/4907 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

### Military Long Drive Championship qualifier at Ruggles Golf Course

Ruggles Golf Course will host the first level qualifier for the Military Long Drive Championship, 10 a.m. to 2 p.m., Aug. 7. The first place winner will receive a trophy and advancement to the second level event at Dallas, Texas on Sept. 11. The second place winner will receive a \$200 Pro Shop gift certificate and the third place winner will receive a

\$100 Pro Shop gift certificate.

Entry Fee costs \$10 per try and includes six golf balls and a chance to participate at the \$10,000 Long Drive Contest on Nov. 3, in Mesquite, Nevada.

This event is open to all U.S. active duty military personnel and Family members age 18 and older with valid military ID card, Reserve and National Guard, active and inactive, and retirees.

For more information or to register, e-mail [debra.long1@us.army.mil](mailto:debra.long1@us.army.mil).

### Pennsylvania Renaissance Faire tickets available

Tickets are available for the 2010 Pennsylvania Renaissance Faire, located on 2775 Lebanon Road, Manheim, Pa.

Tickets cost \$23 each for adults and \$9 for children ages 5 through 11. The Renaissance Faire will be held on weekends 11 a.m. to 8 p.m. Aug. 14 through Oct. 31. Enjoy a marvelous trip back in time to the days of yore featuring 35 acres of jousting knights and royal delights. Tickets are good for any day. Themed weekends include Pirate Invasion, Children's Fantasy, Heroes of the Realm, Scottish Weekend, Octoberfest, Irish Weekend and more.

For more information or to purchase tickets, call the MWR Leisure Travel Office, Aberdeen Area Recreation Center, building 3326 410-278-4011/4907 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

### Hershey Park trip

Hershey Park happy, Hershey Park fun! A trip to Hershey Park will take place Aug. 15. Cost is \$55 per person and includes park ticket and roundtrip transportation. Bus departs 7:30 a.m. and will return 9 p.m. Seats are limited, Reserve a seat today. Open to all Dod ID card holders.

For more information, call MWR Tickets and Leisure Travel Services, building 3326, 410-278-4011/4907 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

### Under the Stars golf outing

Play golf in the dark on July 10. Under the Stars golf will be an 18-hole scramble 5:30 p.m. at the Edgewood Area Exton Golf Course; break after nine holes for food and refreshments, then play the next nine holes in the dark. Awards will be presented. Cost is \$35 for annual patrons, \$45 for authorized patrons and \$55 for guests. Cost includes carts. Register now – spaces are limited to 72 people.

For more information or to register, call 410-436-2213.

### Swim Lessons

Swim lessons run July 12 through 23 for youths; July 26 through 30 for adult swim lessons and toddlers at the Shore and Bayside Pools. Swim lessons cost \$50 first Family member, \$45 for each additional Family member.

### Session 1 - July 12 to 23

#### Shore Pool

8 to 9 a.m., levels 5 and 6  
9 to 10 a.m., levels 3 and 4  
10 to 11 a.m., levels 1 and 2

#### Bayside Pool

8 to 9 a.m., levels 5 and 6  
9 to 10 a.m., levels 3 and 4  
10 to 11 a.m., levels 1 and 2

### Session 2 - Aug. 2 to 13

#### Shore Pool

8 to 9 a.m., levels 5 and 6  
9 to 10 a.m., levels 3 and 4  
10 to 11 a.m., levels 1 and 2

#### Bayside Pool

8 to 9 a.m., levels 5 and 6  
9 to 10 a.m., levels 3 and 4  
10 to 11 a.m., levels 1 and 2.

### Olympic Pool - July 26 to 30

Adult and Parent/Toddler swim lessons.

### APG Variety and Talent Show auditions

A variety show and two talent shows are planned for Sept. 24 and 25.

A Tribute to the Troops Variety Show will be held 7 p.m., Sept. 24. APG's Got Talent Show will be held Sept. 25. The youth talent show will be held 4 p.m. and an adult talent show will be held 7 p.m.

Auditions for both shows will be held 6 to 8 p.m., every Thursday beginning July 9. Auditions are open to the entire APG Community and its partners.

Volunteers and performers are needed for both shows.

For more information, call 410-278-3854.

## July bowling specials

- Children bowl for free every Monday with each paying adult.
- Each Tuesday, bowl 7 a.m. to 3 p.m. for \$1 per game. Shoe rental costs \$1.50.
- Each Wednesday, bowl 7 a.m. to 3 p.m. for 1.25 per game. Shoe rental costs \$2.
- Every Friday in July, from 7 a.m.

to 5 p.m., up to six people can bowl for \$14 an hour. Includes shoe rental.

- Each Friday, Cosmic bowling 5 to 11 p.m. for \$14 per hour.
- Cosmic Saturdays: Each Saturday, receive one hour of bowling, one whole cheese pizza and one pitcher of soda for \$32.

## APG Bowling Center Snack Bar specials

### Building 2342

The Bowling Center hours are 7 a.m. to 3 p.m., Monday and Tuesday; 7 a.m. to 10 p.m., Wednesday and Thursday; 7 a.m. to 11 p.m., Friday; 1 to 11 p.m., Saturday; and 1 to 6 p.m., Sunday.

### Week of July 5

Special #1: Sloppy joe with French fries, cookie and regular soda for \$5.50.

Special #2: Tuna salad, cookie and regular soda for \$7.50.

### Week of July 12

Special #1: American hero with potato chips, cookie and regular soda for \$6.50.

Special #2: Two beef Tacos with one burrito, cookie and regular soda for \$6.95.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



## Looking for a job?

Visit FMWR Jobs Available at [www.apgmwr.com](http://www.apgmwr.com).

All jobs for Aberdeen Proving Ground are listed at <http://acpol.army.mil/employment/naf.htm> or check out AAFES Jobs link <http://odin.aafes.com/employment/> for additional job opportunities.



## Starting the holiday healthy



Participants relax on the Aberdeen Area Recreation Center patio after the first Firecracker 5K Fun Run and 2K Walk July 1. Family and Morale, Welfare and Recreation provided event t-shirts and free beverages. Sarge's Barbecue supported the event with free hot dogs and the band Rare Pleasure provided music. Runners are reminded that a 10K qualifying run for the Army 10 Miler will be held at Hoyle Gym in the Edgewood Area, July 17. For more information, contact Dan Dolce, MWR fitness coordinator at 410-278-7933/7934; e-mail dan.dolce@us.army.mil or visit the MWR Web site at [www.apgmwr.com](http://www.apgmwr.com).

Photo by YVONNE JOHNSON, APG NEWS

### SKIES Unlimited

For more information or to register for a SKIES Unlimited class, call the Central Registration Office, building 2752, 410-278-7571/7479. Open to all DoD ID card holders. For an appointment, e-mail [stacie.umbarger@conus.army.mil](mailto:stacie.umbarger@conus.army.mil).

#### Pirate Captains Adventure

Welcome to SKIES Unlimited pirate cove where all the pirates will gather for a brand new adventure. Pirates, ages 7 to 9 will meet 5:30 to 7:30 p.m., July 12 through 15 at the AA Youth Center, building 2522. Pirates aboard the ship will make their very own feather swords, discover the many place pirates explored or use geocaching to search for buried treasure and more. At the conclusion of festivities there will be a pirate ship race. Yo ho ho... It's a Pirate Cove

for you. Every pirate should bring a nut-free snack daily.

#### Private Guitar Lessons

Private guitar lessons for ages 7 through 18 will be held 1 to 7 p.m., on Monday or Tuesday, through July 19 and July 26 through Aug. 16, at the AA Youth Center, building 2522.

No experience is necessary. Cost of the lessons is \$68 per student and includes one 30-minute session per week for six weeks.

Students also are required to purchase books required for the course as recommended by the instructor.

Books are a onetime purchase. Students must also provide their own guitar.

#### Local Heroes Workshop

Have you ever dreamed what it would

be like to be a fire fighter or policeman? Children ages 4 to 6 will get an inside scoop in this local heroes workshop, 9 to 11:30 a.m., July 19 through 22, at the CYSS Administrative Building, 2522. Cost is \$45 per child. Children will read stories of bravery and courage and then use their imagination for an activity afterwards. They may even get to meet a real live local hero. Bring a nut free snack daily.

#### Twilight Teen workshop

Twilight fans ages 9 to 14 can join a workshop, 5:30 to 7:30 p.m. July 19 through 22. Take time to explore the wonders of the books and movies. Participants will make Team Edward or Team Jacob t-shirts, create a trivia game, get creative by writing alternate endings to the story and maybe

even view one of the movies. Bring a white t-shirt and a lot of imagination and dive into this saga together. Every diehard Twilight fan should bring a nut-free snack daily.

#### Private Piano lessons

SKIES Unlimited private piano lessons will be given for ages 4 to 18, 1 to 7 p.m., on Monday or Tuesday, July 26 through Aug. 16, at the AA Youth Center, building 2522.

Lessons cost \$68 per student and include six weeks of 30-minute lessons once a week. Parents choose which time frame session they want to sign-up for when they register their child.

Students will be responsible for purchasing the required books for the course as recommended by the instructor.

## Shore Park

From front page

in the former Maryland Boulevard picnic area, to provide a replacement recreation area.

"This is an APG Garrison and FMWR park for our Soldiers, Families, civilians and contractors to enjoy," Rhoades said.

He added that providing recreational and morale-building options for the community is in keeping with the Installation Management Command campaign plan's first two lines of effort: "Soldier, Family and Civilian Readiness" and "Soldier, Family and Civilian Well Being."

"The APG Garrison is committed to finding better ways to serve the community and FMWR programs and services is a big part of that," Rhoades said.

Mike Lupacchino, director of FMWR, said the Shore Park Picnic area and pool upgrades allow DFMWR to provide outdoor recreational opportunities and to continue to grow the Shore Park area as a central hub for recreation for Soldiers, Families and civilians.

"These improvements, as well as next

year's construction of an RV campground, cabins and tent camping adjacent to the picnic area, and the future reuse plan of the [U.S. Army Materiel Command] band building for other outdoor recreation program and administrative uses will make this a destination location for leisure and recreation for Soldiers, Families and civilians," Lupacchino said.

Kenny Singleton, FMWR outdoor recreation manager noted that on regular days, entrance to the Shore Pool is free for active duty Soldiers – including Reserve and National Guard serving on active duty – and their Family members. All others must pay an entrance fee.

"The park can be reserved for organization function just like at the Maryland Boulevard site," Singleton added, "but the rental fee does not include the use of the pool."

For more information about the Shore Park Picnic Area and Swimming Pool grand opening, visit [www.apgmwr.com](http://www.apgmwr.com).

For information about reserving Shore Park Picnic Area facilities, contact Singleton at 410-278-4124, e-mail [kenny.singleton@us.army.mil](mailto:kenny.singleton@us.army.mil), or visit the MWR Web site at [www.apgmwr.com](http://www.apgmwr.com).

# Bicycle Safety – It Can't Hurt!

Installation Safety Office

Just about everyone who rides a bicycle gets a scraped knee or elbow at some point and even the most careful rider can take an occasional tumble. Still, knowing the rules of the road and taking some precautions can keep a rider from getting hurt.

According to a study by the National Highway Traffic Safety Administration released in 2010, 716 bicyclists died on U.S. roads in 2008; up from 698 in 2007. In addition, one-seventh of the cyclists killed were between 5 and 15-years-old, and the average age of a bicyclist killed on U.S. roads was 41. During this period, 710 bicyclists were killed, 210 of whom were age 35 to 54. And nearly one-fourth (23 percent) of all cyclists killed were legally drunk with a blood alcohol content of .08 or higher.

“Contrary to popular belief, the average bicyclist injured or killed is not a pre-teen or teenager, nor are they always sober,” said Lynda Rice of the Installation Safety Office. “Statistics show that older adults have more accidents on bikes than youngsters.”

The NHTSA reports that most fatalities are due to head injuries, and many more receive injuries - like broken bone or deep cuts - that require emergency medical treatment. A proper helmet can reduce the risk of a head injury by up to 85 percent, making the bike helmet the most important piece of equipment for riders to protect themselves.

The helmet can protect the brain from abrupt trauma from a fall or high-impact collision. Only helmets with stickers that state that the helmet meets the safety standards set by the Consumer Product Safety Commission should be worn.

Department of Defense Instruction 6055.4, APG Policy dated Feb. 24, 2009, and APG Regulation 190-5 all require personnel riding bicycles on the

installation to wear approved and properly secured helmets. Kevlar and sports helmets do not meet those standards and should not be used.

“Today’s helmets are actually very lightweight and comfortable unlike the old ones that fell over your eyes and felt like an anvil on your head,” Rice said. “When properly worn, helmets can save lives.”

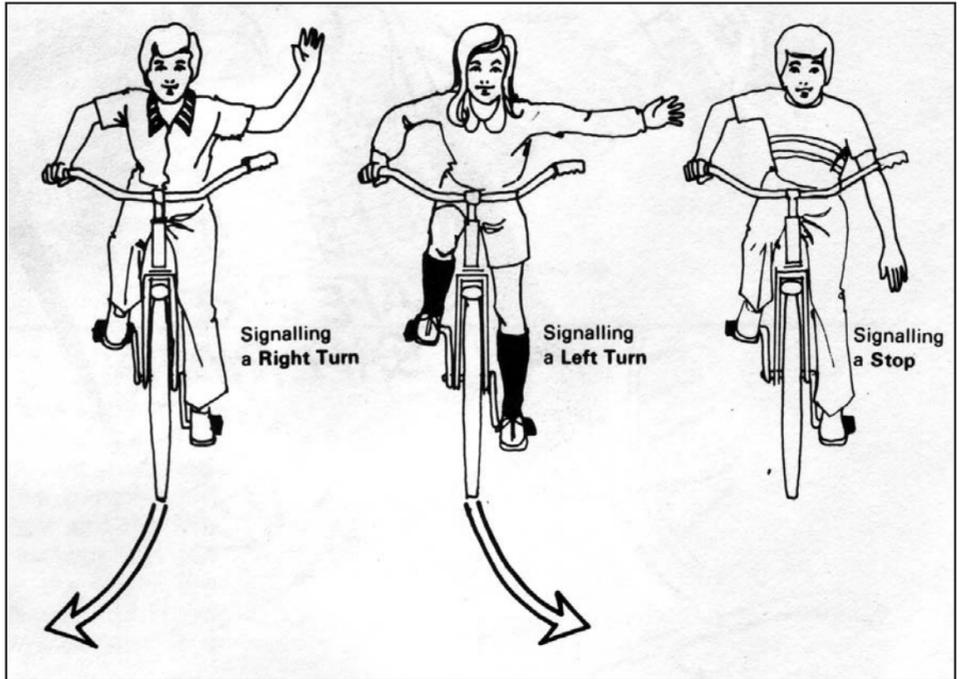
## Helmet fit and adjustments

A helmet should:

- Sit level on the head, not tilted forwards or backwards. Do not wear a hat underneath a helmet.
- Have strong, wide straps that fasten snugly under the chin.
- Be tight enough (with straps fastened) so that no sudden pulling or twisting can move it around.
- Always be fastened while riding, no dangling straps.
- Be replaced every five years or immediately after a hard impact to the head while being worn.

## Clothing and accessories, rules to follow

- Clothes worn while riding also are important to ensure high visibility, heat stress prevention, and possible entrapment hazards.
- When riding on APG, utilize a brightly reflective belt worn diagonally over the right shoulder and down under the left arm or an orange, green or yellow vest that can be worn day and night for visibility. The reflective vest or belt should be placed around a back pack if worn.
- Fluorescent-colored clothes help improve visibility for both pedestrians and vehicles. Avoid dark clothing - black, brown, or navy blue - especially during darkness.
- Wear lightweight clothes to avoid becoming overheated. Be sure to carry plenty of water, especially in the summer months.



[http://en.wikipedia.org/wiki/Hand\\_signalscaption](http://en.wikipedia.org/wiki/Hand_signalscaption)

- Make sure pant legs are secured to avoid getting caught in the chain. To prevent the problem, use an ankle strap or tuck pant leg into sock.

- If carrying a backpack, make sure the straps are tied and do not become tangled in the wheel spokes or tie the pack in a basket or strap it to a rack.

- Always wear shoes that grip the pedals. Do not ride barefoot. Never wear cleats, shoes with heels, or sandals that can easily slip off the pedals.

## Keeping safe in traffic

- Inspect the bike beforehand for proper tire inflation, worn tread, damaged frame, loose chain, worn brake pads, or frayed cable derailleurs.
- Always ride on the right-hand side of the street in the same direction as traffic.
- Don't ride too close to parked cars - doors can open suddenly.
- Bikes should be adjusted to fit the individual rider's body to prevent back and knee pain or saddle sores.

- Cyclists are required to follow normal vehicle procedures, such as stopping for stop signs and red lights, riding with the flow of traffic (except when dismounted, at which time regulations pertaining to pedestrians apply), indicating turns and yielding to right of way of traffic.

- Always walk a bike across busy intersections using the crosswalk signals.

- Be on the lookout for road hazards such as sewer gratings, manhole covers or loose gravel.

- When riding with others, always ride single file. Riding side-by-side in traffic or on the street is dangerous for cyclists and motorists.

- When passing other bikes or pedestrians on the street, always pass to their left side, and call out "On your left," or use a warning device, such as a horn, to make your presence known.

- Only one person at a time should be on a moving bike. This means not having an extra person

sitting on the handlebars or the seat while the bike is in motion.

- The use of headphones while biking on the installation is prohibited on DoD Installations. A cyclist should be able to hear everything on the road at all times. Bicycles on APG shall be equipped with a suitable battery-powered headlamp visible at 500 feet to the front, and a red reflector on the rear visible at 300 feet.

- A new Maryland law, SB51, states that a driver must pass or yield to a cyclist at a distance of at least 3 feet.

- Never change directions, or changes lanes, without first looking behind, and using correct hand signals.

“Bike riding should be enjoyable and it's great exercise,” Rice said. “With just a little forethought and pre-planning, you can be on the right track to a healthier and safer way of life.”

For more information, contact the Installation Safety office at 410-306-1095, or go to <http://bicyclesafe.com/>.



Sgt. Shawn Sims, left, a noncommissioned officer from the U.S. Army Ordnance Center and Schools' Basic Noncommissioned Officer Course, instructs James Page, 6, during the Directorate of Emergency Services Bike Rodeo held June 26.

## Bike Rodeo, Appreciation Picnic draws large crowds

Story and photos by  
**RACHEL PONDER**  
APG NEWS

Despite the heat, the first Picerne Military Housing Resident Appreciation Picnic held in conjunction with the Directorate of Emergency Services Bike Rodeo, June 26, drew a large crowd.

The event, which was held adjacent to Picerne Military Housing Office, building 2727, featured free food, entertainment, activities, information and giveaways from representatives from DES Police and Fire Departments, Army Community Service, Army Substance Abuse Program, Outdoor Recreation, Chesapeake Health, Family, Morale, Welfare and Recreation's Child and Youth Services and Kirk U.S. Army Health Clinic.

Some of the activities included a dunk tank, a moon bounce, a mobile game theater, face painting, air brush tattoos, crafts and more. Residents also had a chance to enter a prize drawing to win a GPS and tickets to an Aberdeen IronBirds game.

Nina Renfroe, who lives on post and attended the event with her children, said that the event gave her Family the opportunity to have fun and socialize with other APG residents.

"This is the first event like this that I have been to where everything is totally free," she said.

Angela Marcum, Picerne Military Housing communications manager, said that 450 to 500 people attended the event.

"We are looking forward to hosting this picnic every year to show appreciation for our residents," she said.

### Bike Rodeo

During the Bike Rodeo, children visited nine stations on their bicycles, which were manned by 30 noncommissioned officers from the U.S. Army Ordnance



Shannon Hill and his son Calvin Hill, 8, play Guitar Hero, part of the Games2U mobile game theater during Picerne's Military Housing Resident Appreciation Picnic.

Center and Schools' Basic Noncommissioned Officer Course.

Each station promoted an aspect of bicycle safety awareness, like wearing reflective gear, to be more visible to oncoming traffic, bicycling hand signals, negotiating around traffic and learning to look for and avoid road hazards.

At the end of the course, the children took a road hazards quiz and received a certificate for completing the course.

Participants also received a raffle ticket for a chance to win a new bike.

"I thought that the Bike Rodeo was a really good idea," said Phyllis Weeks,

a mother who attended with her children and husband. "Children should be encouraged to exercise more and enjoy being outside while being safe."

"I thought it was really fun and I learned a lot," added Gracie Weeks, 10.

Eric House, who works for DES invited Cub Scouts Pack 28 from Rising Sun to participate in the bike rodeo. House said that the scouts participated in the event to earn the Cub Scout Bicycling Belt Loop. House, who has triplets in Cub Scout Pack 28, said that he thought that the boys had fun while learning some rules of the road.

"I learned to always wear safety gear and to stay hydrated," said Aidan House, 8.

Community Policing Officer Mike "Big Mike" Farlow thanked everyone who participated and volunteered their time to make the event a huge success.

"We have a tight knit group of dedicated people who work well together to make these community events successful and I am very happy to have Picerne Military Housing as part of our team," Farlow said. "The Bike Rodeo is a great way to start the beginning of the summer when there will be an increase in bike riding on post," he said.



Kristen Stewart, left, 15, and Erin Phifer, 15, take part in the picnic's festivities by doing a sand art craft.



From left: Jordyn Weeks, 12, Alyssa Weeks, 7, and Gracie Weeks, 10 take a road hazards quiz, while their mother Phyllis Weeks, second from left, helps. At the end of the quiz the children received a certificate for taking the Bike Rodeo course.