

APG News

www.apgnews.apg.army.mil

Published in the interest of the people of Aberdeen Proving Ground, Maryland September 10, 2009 Vol. 53, No. 35



See page 2 for Year of the NCO article.

Post Shorts

Recycling schedule

The residential and recycling pickup schedule for Sept. 16 is plastic, glass and metal. Put items in blue bags and place them on the curb.



Wanted: Stories about NCOs

To showcase the year of the noncommissioned officer, the APG News is looking for story ideas to publish. Anyone with a suggestion should call the editor, Debi Horne, 410-278-1150.

MCSC annual membership drive today

The Aberdeen Proving Ground Military and Civilian Spouses Club will hold its annual membership drive, 3:30 to 6:30 p.m., Sept. 10, at the U.S. Army Ordnance Museum. There will be a tour of the museum at 4:30 p.m. All military and civilian spouses are welcome.

For more information, call Beth Nelson, 443-345-4860.

APG reports sanitary overflow

The Aberdeen Area Aberdeen Proving Ground wastewater treatment plant experienced a sanitary sewer overflow Aug. 28.

During the overnight hours of Aug. 27 into Aug. 28, the influent channel next to building 413 at the wastewater plant experienced an estimated 18,000 gallons of sewage overflow to the ground in a 90-minute period due to the heavy rainfall.

'No water contact' warning signs have been posted in the affected area. Water contact should be avoided in this area until Sept. 28.

For more information, contact the Harford County Health Department, 443-643-0301 or the City of Aberdeen, Department of Water and Wastewater, 410-272-2650.

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Viewing the remains



Photo by YVONNE JOHNSON
From left, a German Experimental Panzer IV medium tank, a Soviet Union IS III heavy tank and a Soviet Union PT-76 Model 2 Amphibious Light Tank keep watch over the former resting place of a German Panzer Mark IV medium tank in the Ordnance Museum tank farm at Aberdeen Proving Ground. The Panzer was shipped to Fort Lee, Va., during Phase 1 of the museum's relocation in August. See article on page 2.

FWP names top individuals, organizations

Story and photo by YVONNE JOHNSON
APG News

The Aberdeen Proving Ground Federal Women's Program named the 2009 outstanding woman of the year, supervisor/manager of the year and the activity most supportive of the organization's goals during the Women's Equality Day Observance and Awards Program at the Ball Conference Center Aug. 25

Elizabeth Jones of the U.S. Army Materiel Systems Analysis Activity was named the Outstanding Woman of the Year.

The Supervisor/Manager of the Year

award went to Col. Maria Gervais, commander of the U.S. Army Environmental Command, and the U.S. Army Center for Health Promotion and Preventive Medicine was selected the Activity Most Supportive of FWP Goals. Accepting the award for CHPPM was Lt. Col. Casmere Taylor. Helen Smith accepted the award for Jones.

Renee Coleman, FWP vice chairperson and a secretary with the 61st Ordnance Brigade, Ordnance Mechanical Maintenance School, hosted the event.

Guests included Tim McNamara, deputy to the APG Garrison commander and

guest speaker Shannon E. Cunniff, director of Chemical and Materiel Risk Management, Office of the Deputy Under Secretary of Defense.

McNamara thanked FWP members for their continuing efforts and the APG workforce for their support of FWP programs.

"The ultimate goal of the Federal Women's Program is to achieve a balanced workforce," McNamara said.

"Through their efforts, women at APG continue to progress in their careers while doing exemplary work in support of the Warfighter."

See FWP, page 15



Photo by DOUGLAS LAFON, ARL

The U.S. Army Research Laboratory breaks ground on its new Vehicle Technology Directorate facility Sept. 3 at Aberdeen Proving Ground. From left, Gary Martin, executive deputy to the commander of the U.S. Army Research, Development and Engineering Command; John Miller, director of ARL; Dr. Mark Nixon, director of the VTD; Col. Orlando Ortiz, APG garrison and deputy installation and garrison commander; and Col. Peter DeLuca, commander and division engineer of the North Atlantic Division, U.S. Army Corps of Engineers.

ARL hosts new laboratory groundbreaking at APG

Story by SARAH MAXWELL
ARL

The U.S. Army Research Laboratory hosted a groundbreaking ceremony Sept. 3 for its Vehicle Technology Directorate's laboratory for specialized research, development, test and evaluation to be constructed at Aberdeen Proving Ground.

The U.S. Army Corps of Engineers, Baltimore District, initially awarded a \$14.8 million contract in June to Walbridge-Aldinger Construction Company of Detroit to build the 35,930-square foot building that will house VTD's Mechanics and Propulsion divisions relocating from NASA sites in Virginia and Ohio. The move was scheduled in the 2005 Base Realignment and Closure legisla-

tion and is expected to consolidate and streamline VTD, which already has elements at APG.

Leadership from the APG Garrison, the U.S. Army Research, Development and Engineering Command, ARL, VTD and the USACE spoke at the ceremony.

With a mission of producing mobility-related science and technologies, the directorate already has excellent scientists and engineers, and the U.S. Army Corps of Engineers is providing the facilities needed to do their jobs, said Dr. Mark Nixon, VTD director.

The fully-functional laboratory, including specialized equipment, is expected to cost about \$35 million when it's finished and will enable the directorate to conduct innovative in-house research in robotics,

See VTD, page 10

HAP obtains additional funding, offers relief

IMCOM

With the high operational tempo and the economic downturn, many Soldiers and their Families have incurred the financial stress of frequent place of residence moves. To lessen this burden, the Army, as the Executive Agent for the Defense Department, has sought and obtained additional funding for the Homeowners Assistance Program through the American Recovery and Reinvestment Act of 2009.

This program provides Soldiers and their Families with mortgage assistance to minimize the financial harm, risk of foreclosure and credit damage or potential bankruptcy that could be caused when they are compelled to move in an unprecedented, depressed real estate market as a result of their service to the United States.

See HOUSING, page 5

CFC Kickoff set for Sept. 17

APG CFC Office

The Aberdeen Proving Ground Combined Federal Campaign officially starts its 2009 season of giving during a Charity Fair kick-off ceremony 11:15 a.m. to 3 p.m. at the Aberdeen Area Recreation Center, building 3326, Sept. 17.

The charity fair featuring representatives from more than 30 organizations to answer questions and provide information about their charities begins 11:15 a.m.

At 1 p.m., the kick-off ceremony featuring remarks by Col. Orlando Ortiz, APG garrison and deputy installation commander, begins, and mandatory training for CFC key workers and coordinators follows at 2 p.m.

The 2009 CFC campaign runs from Sept. 1 through Dec. 15.

Incentives

The CFC offers incentives to encourage participation in the 2009 campaign. Incentives vary by donation level, and this year there is a new Platinum Leadership Level in which donors of \$2,000 or more will receive a purple and black folding tailgate chair.

See CFC, page 9

APG celebrates The Year of the NCO

APG police officer proves mentally tough

Story by
YVONNE JOHNSON
APG News

A police officer with the Aberdeen Proving Ground Directorate of Emergency Services competed in the Army Reserves' 100th Division Training Command (Total Army School System) Best Warrior Competition held at Fort Knox, Ky., Aug. 14 to 18.

An Army reservist since 2007, Rondone was with the APG military police Battalion, which has since been deactivated, before joining the civilian police force in 2004.

He and other police officers serve and train with the 2nd/80th Military Police headquartered in Owings Mills, Md.

Rondone, who was recognized as his unit's Noncommissioned Officer of the Year in May, holds the rank of staff sergeant.

He said he knew he was eligible for the competition, but wasn't told "You're the guy" until July.

"I had about three weeks to get ready," he said.

Getting ready meant reviewing the competition's events and requirements and studying up on common tasks and Soldier skills.

He said he crammed all the studying in he could while performing his regular duties as an APG police officer.

During his five years of active duty, Rondone served in Kosovo, Macedonia and Fort Lewis, Wash., where he said, "We were always put to the challenge."

He said he knew he would have to draw on his military experiences.

"I was determined to do well," he said. "I'd done warrior-type competitions before, and I knew I could do it."

The competition itinerary was very demanding, he said.

Day 1 consisted of the Army Physical Fitness Test followed by timed events at the rappel tower and obstacle course that included navigating a rope bridge.

Day 2 included Warrior Training Task stations such as first aid, reporting intelligence information and employing a claymore mine.

Competitors competed in a 6.2 mile

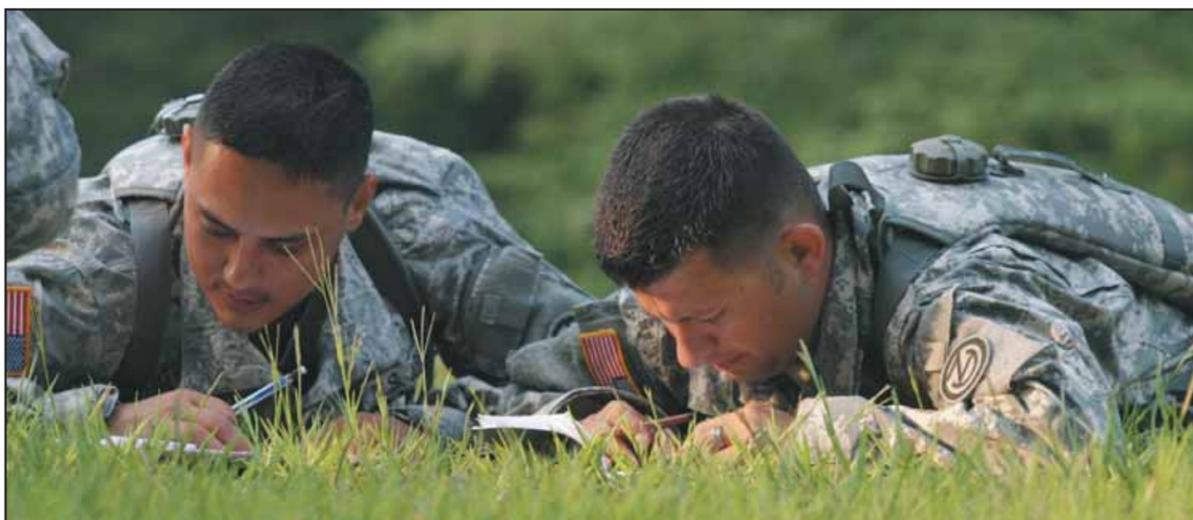


Photo courtesy of STAFF SGT JEREMY RONDONE, DES Army Reserve Staff Sgt. Jeremy Rondone, a civilian police officer with the Aberdeen Proving Ground Directorate of Emergency Services, right, and his partner, Staff Sgt. Martin Rodriguez of Colorado Springs, Colo., check map coordinates during the Army Reserves' Best Warrior Competition held at Fort Knox, Ky., Aug. 14 through 18.

road march on Day 3 and were additionally challenged by 'Misery' hill, which is 200 meters long with a 20.6 percent incline.

The day ended with weapons qualification.

The final day was a land navigation course and a board appearance before a panel of command sergeants major.

Competitors also had to submit an essay detailing their short, medium and long-term goals for their military careers.

Rondone said that although the requirements were more rigorous than he expected, he was extremely pleased with his performance.

Throughout the competition he was partnered with Staff Sgt. Martin Rodriguez who came in second-place during last year's competition.

He said the friendly competition between he and Rodriguez helped his performance.

"I had a decent score on the PT test but I was a little disappointed on the run," he said, noting his score of 287 out of 300.

However, his time on the rope bridge and rappel tower was the fastest of the competitors at 3 minutes, 8 seconds.

His strength was in land navigation, Rondone said.

"When I was at Fort Lewis, we did land navigation all the time. I went through it so fast, when I came in, the first sergeant looked at his watch and asked if I was lost. I told him I was done and he said I was the first one in."

He said he grabbed an MRE [Meals Ready to Eat] and napped for 90 minutes before anyone else came in.

He said the pace of the competition was grueling with a night land navigation course following the day course.

Competitors rose about 5 a.m. and their days ended around 10 p.m.

His biggest challenge came the day of the board when he was told he would have to wear the Class A dress uniform.

"I didn't have Class A's," he said. "The brigade sergeant major gave me his credit card and I got them and had them altered the day of the board."

He missed four out of 27 questions before the board.

He said that although he wasn't sure if he'd won, he knew he'd done well and that all the studying and focus had paid off.

He credited fellow police officer and reservist Matt Long for sponsoring and supporting him throughout the competition.

"He was fighting for me every step of the way. I don't know what I would have done without him," Rondone said.

Rondone finished third overall. His partner, Staff Sgt. Martin Rodriguez of Pueblo, Colo., was named the NCO of the Year.

Rondone said he will "absolutely" return to compete again next year.

"I learned what you can achieve with toughness and determination," he said. "I exceeded my own expectations, and I know I can do even better next year. If he can do it, so can I."

The NCO of the Year runner-up was Staff Sgt. Christopher Anderson from Lunenburg, Mass. The Soldier of the Year was Pfc. Joshua Cole from Salem, Ind., followed by runner-up Spc. Junior Victor from Palm Garden, Fla.

The top two Army Reserve Command Best Warrior regional winners will represent the Army Reserve at the Army-level Best Warrior competition at Fort Lee, Va., Sept. 28 to Oct. 2. The Army-level winners will be announced in Washington, D.C., Oct. 5.



Ordnance Museum move - The remains

Story and photos by
YVONNE JOHNSON
APG News

Although 60 impressive tanks and guns were shipped out of the Ordnance Museum during Phase 1 of its relocation to the new home of Ordnance in Fort Lee, Va., in August, there still is plenty left to view at the Aberdeen Proving Ground site.

Ordnance veterans, history buffs and students from grade school to college visit the museum on a daily basis. Many are mindful of the fact that about 180 more pieces will be removed from the site during Phase 2 and Phase 3 of the relocation in 2010 and 2011.

The museum is free and open to the public, and its 25-acre tank park is open daily during daylight hours.

Museum hours are 9 a.m. to 4:45 p.m. daily. The museum is closed all holidays except Memorial Day, Armed Forces Day, the Fourth of July and Veterans Day.

The U.S. Army Ordnance Museum at APG held one of the world's largest collections of military ordnance. Here are some samples of what remains ... for now.



M-1 Abrams

This M-1 main battle tank was one of the first models off the production line in 1980 and was used for various testing at Aberdeen Proving Ground.



U.S. Light Tank, M3A1 (Stuart) - British MK Made by American Car and Foundry, this type of tank was used by the British in 1941 in North Africa. The tank performed so well it was affectionately called "Honey" and the name stuck.



Japanese Tank - Type 94, Chu Sensha - Initial production, 1935 - Weight, 8.5 tons This tank has a 3-man crew with a 37mm main gun and two 7.7 mm machine guns. The U.S. captured this tank on Attu in the Aleutian Islands during World War II.

APG News

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PA, APG, MD 21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; send e-mail to editor-apg@conus.army.mil or debi.horne@us.army.mil or contact reporters Yvonne Johnson at yvonne.johnson5@us.army.mil or 410-278-1148 or Rachel Ponder at rachel.ponder@us.army.mil or 410-278-1149.

Deadline for copy is Thursday at noon for the following Thursday's paper.

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Commissaries help customers prepare for any disaster



DeCA

The appearance of Bill, the first hurricane of the Atlantic season, serves as a reminder that the Defense Commissary Agency can help customers prepare for any natural or man-made disaster.

DeCA Director and CEO Philip E. Sakowitz Jr. urges customers to check their medicine and kitchen cabinets, garages and wherever else they may keep their “survival kits,” and use their commissary benefit to purchase items that are missing at savings of 30 percent or more.

“Hurricane Katrina was a tragic example of why it’s important for us to heighten preparedness awareness and provide customers with items that will sustain them during a crisis,” Sakowitz said. “Our ‘What’s in Your Closet’ disaster preparedness campaign is just one of the many ways in which we help our customers stay prepared without busting their budgets.”

In September, customers can stock up their pantries and prepare for the unexpected at DeCA’s worldwide case lot sales. Customers can save up to 50

percent or more on products bought in bulk. These items range from canned goods, toilet paper, paper towels, pet supplies, cleaning and laundry products, and more.

The Aberdeen Proving Ground case lot sale is scheduled for Sept. 24 through 26.

DeCA recommends customers have the following items in their emergency “closet:”

- Water – at least one gallon, daily, per person for three to seven days.
- Nonperishable foods – canned meats, fruits and vegetables; dried fruits, nuts, raisins, cereal, crackers, cookies, energy bars, granola and peanut butter; and foods for infants and the elderly.
- Paper goods – writing paper, paper plates, paper towels and toilet paper.
- Cooking items – pots, pans, baking sheet, cooking utensils, charcoal, a grill and a manual can opener.
- First-aid kit – including bandages, medicines and prescription drugs.
- Cleaning materials – bleach, sanitizing spray and hand and laundry soap.

- Specialty foods – diet and low-calorie foods and drinks.
- Toiletries – personal hygiene items and moisture wipes.
- Pet care items – food, water, muzzle, leash, carrier, medications, medical records and identification and immunization tags.
- Lighting accessories – flashlight, batteries, candles and matches.

“Our stores are stocked and ready with emergency-essential items, and motivated staffs are standing by to provide exceptional customer service,” Sakowitz said. “So don’t wait until disaster strikes. Visit your commissary today, and you will see – it’s worth the trip!”

For more information about how to best prepare for emergencies and natural or man-made disasters, visit the Federal Emergency Management Agency Web

site: www.fema.gov; the Department of Homeland Security Web site: www.dhs.gov; and the American Red Cross Web site: www.redcross.org.

Army expects H1N1 vaccine in October

Story by
C. TODD LOPEZ
Army News Service

Soldiers and Families can expect to get two flu shots this year.

In addition to the conventional flu shot administered each fall, the H1N1 or “Swine Flu” vaccine should be available by mid-October, said Col. Deborah Knickerbocker, chief of Emergency Preparedness and Response, the Office of the Surgeon General and U.S. Army Medical Command.

Knickerbocker spoke during the Army Emergency Management Conference, Sept. 1, at the Pentagon. The conference coincided with the start of National Preparedness Month.

Getting flu shots, in addition to taking measures to prevent exposure to the virus or spreading the virus is part of preparedness, Knickerbocker said. And it is important to maintaining mission readiness.

“When Soldiers and Family members take care of themselves and prepare, they not only help the Army be more resilient, they help the local communities they are in be more resilient,” she said.

“There’s going to be vaccine, and there’s going to be enough to go around,” Knickerbocker said. “Everybody is going to get their shots.”

She said the H1N1 vaccine will be distributed to Soldiers, Families and other beneficiaries mostly through primary care providers.

“They’ll get their seasonal shots and the H1N1 shot as soon as they become available,” Knickerbocker said.

Along with the vaccinations, Knickerbocker recommends a number of common-sense measures to prevent the spread of H1N1.

“Just teaching people about how easy it is to prevent disease by washing our hands, and cough and sneeze hygiene and etiquette, it’s pretty simple,” she said. “Part of what we need to do is instill in the culture of the military - which does not really usually think this way - to stay home when you are sick. If you go to work sick, you’ll make office mates or squad mates sick.”

The H1N1 virus has made headlines because, it’s a “novel” virus, Knickerbocker said.

“We haven’t seen the virus before. And when we have a virus that people have not been exposed to before, we have no immunity to it,” Knickerbocker said.

Many of the deaths from H1N1 occurred in Mexico, and in those already immunocompromised, so the virus gained notoriety, Knickerbocker said. But the effects of the virus have not been what was expected -- not even as bad as seasonal flu.

“The message has been sent out there that this particular virus is not as virulent as we had been planning for with the H5N1 [avian flu], not as virulent as the seasonal flu,” she said. “And seasonal influenza kills about thirty six thousand [people] in this country each year.”

Knickerbocker said that while Soldiers can expect to get vaccinated for both the seasonal flu and the H1N1 flu virus, the Army does not expect the H1N1 to have damaging effects on the Army.

“I don’t think the Army is worried about this particular H1N1 virus. If it stays at the level of severity that it is now, which it is mild, it should have no more effect on operations than the seasonal flu does,” she said. “But we have to take care during flu season to try to prevent getting ill, and staying home if we are ill, to prevent operational impact.”



Commissary News



Commissaries help promote 2009 Constitution Day Poster Contest

DeCA

The Defense Commissary Agency has joined several organizations to help promote the 2009 Constitution Day Poster Contest. Commissaries worldwide are displaying colorful posters that detail basic contest requirements at www.ConstitutionFacts.com.

The poster contest is open to youths in grades K-12 (including homeschoolers) to celebrate Constitution Day, Sept. 17, by designing a poster showing how the entrant benefits from the freedoms embodied in the U.S. Constitution. Entries must be postmarked by Oct. 1. Details, resources and entry forms also are available at the GovDoc Kids Group wiki, www.govdocs4children.pbwiki.com.

Each winning student will receive two copies of his or her poster. Contest winners will be posted on the GovDoc Kids Group wiki on Election Day, Nov. 4. The first 100 entrants will receive a copy of "The U.S. Constitution & Fascinating Facts About It," a pocket-size guide to the Constitution provided by ConstitutionFacts.com.

Military children were among the participants in last year's Constitution Day Poster Contest, with winning posters coming from Kadena High School on Okinawa and the John O. Arnn Elementary School on Camp Zama, Japan, both Department of Defense Dependent

Schools. The posters highlighted how youth view the Constitution, the Bill of Rights, voting rights and the need to preserve liberties.

"I applaud what these groups are doing to raise awareness among our youth of the significance of the Constitution to who we are as a citizenry," said Philip E. Sakowitz Jr., DeCA director and CEO. "Our commissaries are honored to support this effort, and I encourage children and adults everywhere to take time out and learn more about this historic legal document."

Constitution Day is observed nationally Sept. 17, on the very day that the Constitutional Convention met for the last time to sign the Constitution in 1787. In 2004, the government established it as a federal observance and renamed it from Citizenship Day to Constitution Day and Citizenship Day. As a result, all publicly funded educational institutions are required to provide educational programming on the history of the U.S. Constitution on that day.

Co-sponsors of the poster contest are the national GovDoc Kids Group; the Kansas Library Association's Government Documents Roundtable, also known as GODORT; the national American Library Association's GODORT Education Committee and ConstitutionFacts.com.

The GovDoc Kids Group is comprised of librarians from the Johnson Coun-

ty Library, Overland Park, Kan., and Muskingum College/Visiting Librarian Service, New Concord/New Philadelphia, Ohio, and staff from the National Archives – Central Plains – Kansas City, Mo.

The project's objectives are: Promote government information in order to engage K-12 students in learning about history, culture, science and government through games and other interactive activities; assist

teachers and school librarians with locating teaching aids, lesson plans, and exciting tools to enhance students' learning; and provide librarians with a collection of free government resources to advance their reference interview and collection development decisions.

For more information, contact Government Documents Librarian Martha Childers, Johnson County Library, 913-495-2464.

AAFES NEWS

AAFES, Harley, Dr. Pepper say 'Let's Ride' with newest BX/PX giveaway

AAFES

Hogs, choppers and sissy bars aside, anyone who has come within 500 miles of Sturgis, S.D., knows that motorcycle riders have a language all their own. And whether they ride on two or four wheels, one word that everyone on the road understands is "free."

That's the word on the street in September as the Army & Air Force Exchange Service partners with Harley Davidson and Dr. Pepper to give away a Sportster to one lucky BX/PX customer.

Authorized exchange shoppers can enter to win the Harley Davidson Sportster 883 Low, valued at \$10,000, by filling out an entry form at any AAFES exchange or Shoppette before Sept. 17.

"Entry forms will be available at AAFES locations around the world, but the grand prize winner must take delivery of their new Harley-Davidson at a U.S. domestic location," said AAFES' Chief Marketing Officer Mat Dromey. "So, whether a Soldier stops into an exchange in Afghanistan for a cold soft drink or an Airman is looking for a lawn mower at a BX in Louisiana, both shoppers have an equal chance of taking home the grand prize."

No purchase is necessary to enter AAFES' Dr. Pepper Harley Davidson sweepstakes. Complete details and entry forms are now available at AAFES Main Stores, Shoppettes and on www.aafes.com. AAFES officials will randomly select a winner of the Sportster 883 Low on or about Nov. 2.



Go to
<http://ice.disa.mil>.
Click on "ARMY" then
"Aberdeen Proving
Ground."

Housing

From front page

“This program will help lessen the financial burden of selling homes in depressed housing markets and help more than eight thousand service members and Families,” said Suzanne Harrison, acting assistant for Housing and Energy Policy for the Deputy Secretary of the Army for Installations and Housing.

The ARRA HAP provides \$555 million to temporarily expand the program. Those who qualify for the ARRA HAP program—in order of priority—are:

- Wounded service members relocating for treatment or medical retirement and survivors of those who died while deployed.
- Service members and Defense Department civilians affected by the 2005 round of base realignment/closure, and unlike previous law, there’s no requirement to prove a base closure announcement caused the local housing market’s decline.
- Normal military permanent change of station moves from July 2006 to an end-date to be determined by the Secre-

tary of Defense.

The program is accepting applications at this time, with 3,700 already on file, and will be processing them once the Office of Management and Budget publish the Rule Package in the Federal Register.

All service members and DoD civilians who might qualify are encouraged to go to the HAP program’s Web site, <http://hap.usace.army.mil/>, review the eligibility criteria, and, if eligible, apply online for the financial assistance. Applicants are encouraged to periodically check the Web site for program updates and answers to frequently asked questions.

Housing crisis resources

In addition to the Housing Assistance Program, which is the most recent program being implemented to address housing challenges for Soldiers and Families, there are a number of resources under the “Housing Market Crisis: Support to Soldiers and Families” initiative and Web site, <http://myarmyonesource.com/SoldierandFamilyHousing>. The initiative was taken to ensure Soldiers, civilians, and Families have accurate information available, including many of the resources listed below:

Web sites:

- Army OneSource (Soldier and Family

housing link): www.myarmyonesource.com/SoldierandFamilyHousing/default.aspx

- Military Homefront (home buying link): www.military.com/Finance/HomeBuying/0,13397,66,00.html

- Army Housing OneStop: <https://onestop.army.mil>

- Automated Housing Referral Network: www.ahrn.com

- Housing Assistance Program (HAP): www.hap.usace.army.mil

- Military OneSource: www.militaryonesource.com, www.militaryonesource.com/MOS/Tools.aspx

- Army JAG: www.jagcnet.army.mil, <https://www.jagcnet.army.mil/8>

[52573690045C0BB/Sitemap?openform](https://www.army.mil/52573690045C0BB/Sitemap?openform)
Local and installation resources

- Army Community Services financial counseling offers spouse employment counseling.

- Army Emergency Relief offers grants and loans for Soldiers who are renting off-post.

- Chaplain support.

- TJAG support

- Housing Services Office provides a Preferred Tenant Program for those Soldiers and Families interested in renting off-post. The Automated Housing Referral Network offers listing that are targeted to military personnel and Families.

- Federal and state refinance programs

Chapel News

Commentary: 'My times are in your hands'

By

CHAP (MAJ) FRED C. TOWNSEND
APG Chapel Ministry

King David lived almost 3,000 years ago, about 1,000 years before Christ was born. David was the commanding figure in his millenium. David became King of Israel in the year 1011 B.C. and established a dynasty of kings that lead to Christ himself. He became the standard of kings in Israel. All kings were measured by him – never was there to be such a great king in all of Israel again. This is the David who fought against and killed the Philistine giant, Goliath.

I believe King David is my favorite Bible character.

There is no doubt as to David's greatness as a king; however, to many he is even more famous for his writings—the Psalms. In the Psalms David pours out his heart to God. Through these psalms we have the privilege to peek into the heart and mind of this great man of God. What do we see? We see a person, just like ourselves—full of self-doubt, frightened, struggling in faith. I can relate to a life like this.

So often, biographies of great people merely lay out their great exploits, making them larger than life. Hollywood seems to have gone down this same path. It is as though the people of their stories never experienced fear—never doubted themselves—never failed.

Through the Psalms we see the real heart and soul of greatness. In Psalm 31, we see a good example of what I am talking about. David writes, "In you, O Lord, I put my trust; let me never be ashamed; deliver me in your righteousness. Bow down your ear to me, deliver me speedily; be my rock of refuge, a fortress of defense to save me. But as for me, I trust in you, O Lord, I say 'You are my God.' My times are in your hands."

Why was David writing in this way—do you hear the distress?

In 1st Samuel, chapter 21, another book in the Bible, the rest of the story is told. David had already become famous by killing the giant Goliath. Because of this victory, the first King of Israel, King Saul, invited David to be his personal aid. Through time the young David prospered. In fact, because of King Saul's personal failings and David's faithfulness, Samuel—the great prophet—anoointed young David to be the new king of Israel.

Israel now had two kings, one occupying the thrown, that is, the rejected King Saul, and the other, King David. King David grew in popularity and King Saul became mad with jealousy, wanting to kill the young David. David fled for his life. Many of Israel's poor and rejected also fled into the hills to become part of his rag-tag army, which grew to about 400 men.

Saul's army scoured the countryside with the hope of destroying this upstart; tens of thousands of well-trained soldiers hunted for just one man—David.

Fearing for his life, David ran to a cave, the cave of Adullam. It was in this refuge of rocks that David poured out his heart to God through this Psalm that we now simply refer to as Psalm 31.

I have often experienced times of trouble—sometimes because of my own doing and sometimes because of circumstances that are completely outside of my control. Many times in life, when in times of deep distress, I too have cried, "My times are in your hands." God has never fumbled—I have always been lifted up!

Maybe you can relate to David's life, as I can. During these stressful times let us grow in our faith and overcome the difficult times of life—together. Like David, we have each other—that small army of people sharing the same circumstances of life. Like David, we have the same faithful Lord to call upon and say, "My times are in your hands."

'Putting your faith to work'

Story by
KRISTEN SZYDLOSKI
APG News

The prayer breakfast entitled "Putting Your Faith to Work" Sept. 1 began with smiling faces and the lingering smell of a hot breakfast to help encourage the continuing practice of faith.

Prayer breakfasts began last December at the Edgewood Area of Aberdeen Proving Ground and have expanded to include the Aberdeen Area. Participation has grown from about 5 to 45 people. This was the first prayer breakfast at the Aberdeen Area Chapel and will continue to occur every quarter, according to Chaplain (Lt. Col.) Jeff Züst, U.S. Army Research,

Development and Engineering Command. Greetings and thanks were exchanged before the opening prayer.

"Five volunteers helped prepare for the breakfast and they did a wonderful job," said Chaplain Young Kim, APG Chapel Ministry.

"The prayer breakfast is a good way to start the day spiritually," Züst said in his opening remarks. "Prayer breakfasts were inspired to create a tie between the workplace and what faith looks like within the workplace."

Each participant was given a religious medallion that signifies the armor of God.

"We provide the military with body

armor, and God provides each of us body armor," Züst said.

Guest speaker Lt. Col. Jonas Vogelhut, Program Executive Office for Intelligence, Electronic Warfare and Sensors, led with a prayer for the nation.

"We humbly pray for the men and women in uniform," he said, "and we wish to inspire those serving for years to come to serve with courage."

A special presentation was given following the prayer for the nation by RDECOM G-6 John Wilkes who asked all participants to "pause and thank God for the jobs we have, the personal relationships we have and for our leadership."

Wilkes offered inspirational princi-

ples including, "We are never alone," "We are Gods and he is ours" and "God is always at work around us, every minute of every day."

"The greatest thing we can do is invest in others. Make a difference and help others be successful," Wilkes said.

At the end of each presentation, Züst presented commander's coins on behalf of Maj. Gen. Paul S. Izzo, commander of APG and RDECOM.

The breakfast menu included coffee, fresh fruit, eggs, bacon and bagels, and participants were encouraged to take breakfast items back with them to the workplace to share with employees who could not attend.

Catholics invited: Coming home to the church

APG Chapel Ministry

It has been discovered that many persons have been given misinformation about Catholic practices and laws which have excluded them from full membership. An information evening for former or inactive Catholics will be held 7 p.m., Sept. 27, in the Social Hall, Aberdeen Post Chapel, building 2485 to address these issues in an honest and accurate manner.

The APG Catholic community invites anyone who answers "yes" to any of the following questions to an evening of renewed faith in Catholicism. Invited to this meeting are persons who feel that the Catholic church has failed to live up to their spiritual expectations, those who feel that the church's policies have excluded them from membership, those who feel that the church or its ministers have hurt them and anyone who was baptized Catholic and now feels alienated from the church.

- Are you a Catholic who thinks that the church has nothing to offer?
- Are you in an inter-faith marriage?
- Are you divorced and think you cannot

receive the sacraments?

- Are you divorced, remarried and believe that the church no longer wants you?
- Are you in an alternative lifestyle and think that you have no place in the church?
- Have you had an abortion and believe that you are no longer welcome in the church?
- Are you afraid to come back to the church because you have been away too long?
- Are you unable to attend mass because your spouse is deployed?
- Would you like to be part of a loving, caring, accepting military friendly community?

The evening will consist of a time for prayer, a time to address issues and matters of concern and a time for some homemade desserts, soda and coffee. Free childcare will be available.

The APG Catholic Community of St. Michael's welcomes Catholics who have been away from the church for any reason to come and see if we can be reconciled one with another. For more information, call Connie Richardson, 410-676-0179, or e-mail connie.richardson@conus.army.mil.

Photocopying military, CAC IDs a violation of federal law

U.S. Army North Provost Marshal

Recent incidents have been reported regarding the photocopying of military identification cards and common access cards by commercial establishments to verify military affiliation to provide government rates for services. The photocopying of U.S. Government identification cards is a violation of Title 18, U.S. Code Part I, Chapter

33, Section 701 and punishable by fine and imprisonment.

"This prohibition, however, does not apply to government agencies," said Robert Krauer, director of Aberdeen Proving Ground Emergency Services. "Police can make copies for official purposes."

Although asking for military/government identification is totally permissible by commer-

cial establishments, many government personnel are unaware of the prohibition on duplication of government identification.

There are no safeguards in place to insure a government identification card won't be counterfeited or "cloned" based on a photocopy by a commercial establishment. Criminal elements and terrorist organizations place U.S. Govern-

ment identification as a high value logistical element when planning acts against the U.S. military.

It's recommended that military and Department of Defense travelers provide a state drivers license or other form of photo identification to be photocopied if an establishment insists on a photocopy of the traveler's identification.

Chapel News

Jewish services

Rosh Hashanah

Join the Jewish community in observance of Rosh Hashana, the Jewish New Year and the Sabbath, 8 p.m., Sept. 18. Rosh Hashanah is the first of the High Holidays which are specifically set aside to focus on repentance that conclude with the holiday of Yom Kippur.

The Sabbath

Observance of the Sabbath will be held 7:30 p.m., Sept. 25.

Yom Kippur

Yom Kippur, the Day of Atonement, will be held 8 p.m., Sept. 27. Yom Kippur is traditionally observed with a 25-hour period of fasting and intensive prayer.

All services will be held at Temple Adas Shalom, Harford Jewish Center located on 8 North Earlton Road Ext., Havre de Grace.

RSVP and tickets are required. Tickets are free for all military members and their Families. There is a nominal charge for civilians.

For more information, for tickets or to RSVP, call Jonas Vogelhut, 410-491-2661 e-mail jonas-vogelhut@us.army.mil.



Visit APG News
online at
www.apgnews.apg.army.mil

Customer Service Assessment-What is the value and intent?



IMCOM
The annual Customer Service Assessment will be available online through Sept. 18 at www.myarmyvoice.org. Employees might ask, “What

is the value in taking this survey?” “What is in it for me?” The answer is so that the collective voices of all employees can be heard from those taking the survey.

The “Voice of the Customer” is everyone who takes the survey will collectively have a louder voice. It’s not just one person saying it’s this way or that way, it’s the powerful voice of every employee and their fellow Soldiers, Family members, civilian employees, veterans and retirees who live, work or play at Aberdeen Proving Ground, who will have a huge impact.

“What kind of impact?” The more people who take the survey, the greater is their voice in validating what is being said by the answers given in the survey. Anyone who wants to make

a difference at APG should take the survey so their voice will be heard. Also, everyone should encourage their coworkers to participate.

“What is the Garrison’s intent by having this annual Customer Service Assessment?” The intent is to hear what the community has to say, on a garrison size scale.

“Will I be able to remain anonymous when I take the survey?” IMCOM wants to know what the community has experienced regarding the services provided to customers and yes, participants will remain anonymous.

Employees will be able to tell the garrison how well it is performing customer service and how important the services provided by ranking those services from the highest to lowest priority. By doing so, APG can then focus its efforts and allocate the right resources at the right place to meet the needs of its customer. In the survey participants will be able to comment and complement.

To take the survey, log into www.myarmyvoice.org.

For more information, call Tom Johnson, CSA coordinator, PAIO, thomas.g.johnson1@us.army.mil, 410-278-6456.

Law school available to junior officers

Installation Legal Office

The Office of the Judge Advocate General is accepting applications for the Army’s Funded Legal Education program. Under this program, up to 25 Army officers may be selected to attend law school at government expense while on active duty.

Selected participants in the FLEP will attend law school at either their state’s supported school or a school that grants military members in-state tuition beginning the fall of 2009 and remain on active duty while attending law school.

Interested officers should review Chapter 14, AR 27-1 (The Judge Advocate General’s Funded Legal Education Program) to determine their eligibility.

This program is open only to active duty commissioned officers in the rank of second lieutenant through captain and must have at least two but not more than six years of active duty at the time legal training commences.

Further eligibility requirements are governed by statute (10 U.S.C. 2004) and are non-waivable.

Eligible officers interested in applying should immediately register for the earliest offering of the Law School Admission Test.

Selected officers will attend law school at a state-supported school in their state of residence or a school that grants military members in-state tuition. Register for the earliest offering of the Law School Admission Test.

Applicants must send their request through command channels, to include the officer’s branch manager at Army

Human Resources Command, with a copy furnished to the Office of the Judge Advocate General, ATTN: DAJA-PT

(Yvonne Caron-10th Floor), 1777 North Kent Street, Rosslyn, VA 22209-2194, to be received before Nov. 1. Submission of the application, well in advance of the deadline, is advised.

Interested officers should contact Maj. Stephen Coutant, deputy staff judge advocate, or Nora L. Farrell, paralegal specialist, 410-278-1112/1107, respectively.



Panic on the highway!

Installation Safety Office

“Adventures in driving decision making” is brought to everyone by the Installation Safety Office.

Read the following scenario and then from the options provided, select the best answer. The correct response is printed upside down.

Situation #51

You are driving through the mountains and have seen signs warning that you’re in a slide area, and you notice there are rocks in the roadway. Suddenly a few rocks hit the top of your car and then a few more. Now you’re concerned. Maybe there are more, and bigger, rocks coming down! What should you do?

A. Accelerate to a safe speed to get out of the slide area as quickly as possible.

B. Pull immediately off the road and stop, and if necessary, back up on the shoulder with your warning flashers on.

Answer B. Your decision to “pull immediately off the road and stop, and if necessary, back up on the shoulder with your warning flashers on,” might be a good one if you were sure that you wouldn’t be buried under a large rock slide. Backing up on a highway, even if it is on the shoulder, risks getting rear-ended. Your best choice is to accelerate to a safe speed to get out of the slide area as quickly as possible. You don’t want to be engulfed by a rock slide, that if you hit one of those rocks at high speed, it could take the wheel right out of your hands and send you into oncoming traffic.

Answer A. Your decision to “Accelerate to a safe speed to get out of the slide area as quickly as possible” is the best choice in this unknown situation. You’re on the horns of a dilemma. It is possible that a whole mass of rocks on the mountain side will come down on top of you, so you want to get out as fast as you can. On the other hand, the road is peppered with rocks already and you risk hitting one of those rocks and losing control of the wheel if you go too fast. Your answer recognizes both of these possibilities and keeps you moving out, but at a safe speed.

Eleven retire during large August ceremony

Story by
YVONNE JOHNSON
APG News

Two Soldiers and nine civilians officially ended their careers during the installation Retirement Ceremony held at Top of the Bay Aug. 26.

As a likely indicator of things to come, nine of the retirees were from the U.S. Army Ordnance Mechanical Maintenance School, which has begun its relocation to Fort Lee, Va.

Colonel Harold J. Greene, deputy to the commander, U.S. Army Research, Development and Engineering Command, presented awards assisted by APG Garrison Command Sgt. Maj. Rodney Rhoades.

The retirees included Lt. Col. Daniel S. Rusin from the U.S. Army Evaluation Center; Connie L. Edwards, U.S. Army Garrison, APG; and from OMMS, Chief Warrant Officer 5 Roger T. Cupolo, Audrey C. Boone, Lewis E. Crosby, John H. Hayward, Randall B. Meyer, Darlene C. Ortt, Jesus B. Rosario, Elijah Stevens Sr., and Lisa A. Sweitzer.

Greene remarked on the talent and careers of the retirees who totaled almost 225 years of service.

"This is a tremendous record of service to the Army and to Aberdeen Proving Ground," he said.

He commended the U.S. Army Materiel Command band's brass quintet for contributing to the ceremony and thanked retiree Edwards whose job it was to "set these ceremonies up."

"She is typical of the kind of people you see serving in our Army," Greene said.

He said that during his inauguration, President Barack Obama made comments about service to the nation and finding meaning in something greater than ourselves.

"Whether teaching Soldiers or supporting them, they really do embody that spirit," he said of the retirees.

He thanked the retirees, their spouses and Families and wished them well.

"Thank you for your professionalism, dedication and hard work in preparing our Soldiers for combat," he said.

Lt. Col. Daniel S. Rusin - U.S. Army Evaluation Center

Rusin was awarded the Legion of Merit, the Department of the Army Certificate of Retirement, and the Presidential Certificate of Appreciation. His wife, Kimberly D. Justus received DA and AEC certificates of appreciation.

Rusin retires from active duty Sept. 29 with 22 years of service. A native of Poughkeepsie, N.Y., Rusin was commissioned in the U.S. Army in 1987. He served several stateside and overseas tours including Saudi Arabia, Kuwait and Iraq. He also is a veteran of Operation Desert Shield/Desert Storm.

Rusin ends his career as a military evaluator with the Army Evaluation Center, U.S. Army Test and Evaluation Command. Rusin had a leading role in the success of leading acquisition programs such as the THAAD Program, the AEGIS Radar System and the MRAP Program.

He and his wife Kimberly have two sons. His retirement plans include working as an engineer with the U.S. Army Developmental Test Command.

Chief Warrant Officer 5 Roger T. Cupolo - OMMS

Cupolo was awarded the Legion of Merit, the DA Certificate of Retirement and Presidential Certificate of Appreciation.

His wife Stacey Ann received the DA Certificate of Appreciation. Cupolo retires Dec. 1, with 30 years of service. Born in Utica, N.Y., Cupolo enlisted in the Army in 1979. A veteran of Operation Desert Shield/Desert Storm, he served six overseas tours including Macedonia, Albania, Kosovo, Saudi Arabia, and two tours in Germany as well as several stateside assignments. Cupolo is retiring as the director of the Advanced Automotive and Recovery Department, OMMS.

He and his wife Stacey Ann have four children. His retirement plans include relocating to Alabama and pursuing a new career.

Connie L. Edwards - U.S. Army Garrison, APG

Edwards was awarded the Commander's Award for Civilian Service and DA certificates of retirement and appreciation. Her husband James Nutter received the APG Certificate of Appreciation.

Edwards retired Aug. 31 with 37

years of service.

Edwards was born in Kingsville, Md., and graduated from Perry Hall Senior High School in 1972. She began her career as a clerk typist in the APG Civilian Personnel Office. Later positions include a branch secretary, division secretary and plans specialist in the Directorate of Plans, Training, Mobilization and Surety before it was dissolved in 2001. She later served with the Directorate of Installation Operations as an operations specialist. Edwards ends her career as an operation specialist for the APG Garrison Plans and Operations Division with the Directorate of Plans, Training, Mobilization and Security.

She was heavily involved in coordinating post retirement, change of command, ribbon cutting and groundbreaking ceremonies and was lauded for striving to enhance the retirement process to make each individual feel special as they begin a new chapter in their lives.

Edwards has one son from a previous marriage. She and her husband James Nutter reside in Aberdeen.

Her retirement plans include pursuing her love of gardening, reading, camping and bird watching - particularly hummingbirds - as well as dollhouses. She has a 9-room Victorian dollhouse she built 10 years ago and hopes to build a dollhouse replica of her home.

Randall B. Meyer - OMMS

Meyer was awarded the Superior Civilian Service Award and DA certificates of retirement and appreciation. His wife Odile M. Meyer received OC&S and APG certificates of appreciation.

Meyer retired Aug. 31 with 47 years of military and civilian service. Meyer retired from the Army in 1982 after two tours in Vietnam and 20 years of service. He holds the rank of captain on the Retired Roll and major in the Inactive Reserve. His military awards include the Silver Star, Bronze Star and Meritorious Service medals. He holds a bachelor's degree in business administration and a master's in management.

Meyers entered federal service in 1983, serving in the training and operations arena in the Mainz and Wiesbaden military communities in Germany. He also served as Army Community of Excellence project officer and as a security assistance training manager with the U.S. Embassy, The Hague, Netherlands before taking a position with OMMS in 2004. He ends his career as the chief of the International Military Student Office, OMMS. His duties included responsibility for all the activities for international military students under the Department of Defense Security Assistance Training Program. His civilian awards include two Commander's Award for Civilian Service, the Achievement Medal for Civilian Service and the Commander in Chief's Special Recognition for Installation Excellence.

Meyer resides in Abingdon with his wife Odile M. Charmes-Meyer.

Darlene C. Ortt - OMMS

Ortt was awarded the Superior Civilian Service Award and DA certificates of retirement and appreciation. Her husband Charles E. Ortt Sr. received OC&S and APG certificates of appreciation. Ortt retired Aug. 31 after 33 years of service.

She grew up in Pennsylvania and Niagara Fall, N.Y. where she graduated from LaSalle Senior High School in 1965. She began her career as a clerk typist at the National Institute of Health in Bethesda in 1975. She later served in Hanau, Germany, before taking a position as a clerk typist at OC&S in 1983. Subsequent positions include service with the International/Interservice Training Department, an office established to train Royal Saudi Arabian Land Forces and Kuwait Forces on the M1A2 tank. She served as secretary to the director until the organization was disbanded in 2000 and then served for a short time with the OC&S Resource Management Directorate before assuming her current position in 2001.

Ortt ends her career as secretary to the director, Tactical Support Equipment Department, OMMS.

Her past awards include two Commander's Awards for Civilian Service and a Silver Award from the Baltimore Federal Executive Board in 2003.

Ortt and her husband Charles have three children and two grandsons. She has no plans except to enjoy each day as it comes.

Audrey C. Boone - OMMS

Boone was awarded the Commander's Award for Civilian Service and DA certificates of retirement and appreciation. Her husband Lewis C. Boone received U.S. Army Ordnance Center and Schools and APG certificates of appreciation.

Boone retired Aug. 31 with 20 years of service.

Born in Baltimore, Boone grew up in Rosedale and graduated from St. Michael's Business School.

She began her federal career in 1989 at the U.S. Army Human Engineering Laboratory, which later became the Human Research Engineering Directorate, part of the U.S. Army Research Laboratory. She spent more than 16 years with HRED in clerical, secretarial and program support position. She became an administrative officer with the OMMS Advanced Automotive and Recovery Division in 2006. She culminates her career as a management services specialist, AARD.

Her past awards include the Safety Green Cross Award for AARD's building 5116 in 2007.

Ortt lives in Pylesville with her husband Lewis who is with the APG Garrison's Directorate of Public Works.

The couple has two grown daughters - one who is employed with ARL - and three grandchildren.

Her plans for retirement include making a "honey-do" list for her husband, traveling and spending time with her Family.

Lewis E. Crosby - OMMS

Crosby was awarded the Commander's Award for Civilian Service, DA certificates of retirement and appreciation and OC&S and APG certificates of appreciation. His wife Freda Crosby received OC&S and APG certificates of appreciation.

Crosby retired Aug. 31 with more than 25 years of service. During the period of April 1983 through August 2009, Crosby was commended with maintaining a 94 percent readiness rating on an over-aged fleet of vehicles and equipment despite periods of sparse funding and being a key player in supporting the training of more than 10,000 Ordnance Soldiers annually.

Crosby was born in Philadelphia, Pa., and was drafted into the Army in 1962. He was discharged in 1964 and worked for General Electric for 10 years.

He began his federal career in 1982 with OC&S as a heavy mobile equipment repairer. An expert driver on the Heavy Equipment Transporter, HET M1070, he was an integral part of the team working with Ordnance Museum artifacts. He also was a key player in assisting with the painting and camouflaging of several vehicles for DA including two Bradley Fighting Vehicles for the Secretary of the Army. Crosby culminates his career as a heavy mobile equipment mechanic, OMMS.

He has received numerous exceptional performance, time off and individual cash awards.

Crosby lives in Edgewood with his wife Freda who works for the U.S. Army Medical Research Institute of Chemical Defense.

His plans for retirement include enjoying his hobbies of fishing, hunting and riding his motorcycle.

John H. Hayward - OMMS

Hayward was awarded the Commander's Award for Civilian Service and DA certificates of retirement and appreciation.

His wife Marvis S. Hayward received OC&S and APG certificates of appreciation.

Hayward retired Aug. 31 with nearly 47 years of service.

He ends his career as an OMMS training instructor.

Born in Brooklyn, N.Y., Hayward volunteered to be drafted into the Army in 1961. He served nearly 22 years with one combat tour in Vietnam, three tours in Korea, two in Germany and several stateside tours. He retired as a sergeant first class in 1983 and worked for Osh Kosh as a data collector at APG.

In 1984 he began his federal career at OC&S as a training specialist writer. He later served as a recovery and evacuation specialist teaching wheel and track vehicle recovery and wheel vehicle maintenance. He advanced to the level of senior instructor and received numerous awards and commendations.

Hayward resides in Harford County with his wife Marvis and two children.

His plans include traveling, completing college courses, fishing, church and civic activities and relaxing with his dog Ricky.

Jesus B. Rosario - OMMS

Rosario was awarded the Commander's Award for Civilian Service and DA certificates of retirement and appreciation. His wife Annie N. Rosario received OC&S and APG certificates of appreciation. Rosario retired Aug. 31 with 44 years of service. He ends his career as a training instructor/writer with OMMS.

Born in Dededo Village, Guam, Rosario enlisted in the Army in 1965. He served in several stateside assignments and overseas including Germany, Guam and two combat tours in Vietnam. He retired in 1985 at the rank of sergeant first class.

He began his federal career in 1985 as an instructor writer with OC&S. His duties included providing basic automotive hands-on training for Soldiers in the Wheeled Vehicle Mechanic Course, training development and mentoring instructors. He is trained and licensed on numerous track and wheeled vehicles and has received numerous awards, letters and certificates of appreciation.

Rosario and his wife Annie have five children, 21 grandchildren and two great-grandchildren. His retirement plans include spending more time with his Family.

Elijah Stevens Sr. - OMMS

Stevens was awarded the Commander's Award for Civilian Service and DA certificates of retirement and appreciation. His wife Gertrude Stevens received OC&S and APG certificates of appreciation.

Stevens retired Aug. 21 with more than 47 years of military and civilian service.

Born in Walterboro, S.C., Stevens became a brick mason in Jacksonville, Fla., after high school and then entered the Army in 1960. A Vietnam veteran, he retired from the Army as a master sergeant after 22 years of service.

Stevens began his federal career in 1984 at the Naval Air Facility, Andrews Air Force Base, Md. He became a training instructor with OC&S in 1986. During his tenure of employment he trained student Soldiers, officers, warrant officers, noncommissioned officers and foreign Soldiers. He wrote training publications, produced training films and videos, mentored new instructors and performed additional duties as Test Control and Collateral Duty Officer and as a Subject Matter Expert. He also recommended the name for the Advance Automotive and Recovery Department, AARD.

Stevens resides in Glen Burnie with his wife Pastor Gertrude Stevens of Come Just As You Are Bible Fellowship Crusade Ministry Church. The couple has three children and three grandchildren.

Lisa A. Sweitzer - OMMS

Sweitzer was awarded the Commander's Award for Civilian Service and DA certificates of retirement and appreciation. Her husband Timothy Sweitzer received OC&S and APG certificates of appreciation.

Sweitzer retired Aug. 31 with more than 35 years of service.

Sweitzer was born in Havre de Grace and grew up in Aberdeen. She attended St. Joan of Arc Catholic School and graduated from Aberdeen High School in 1973. After graduation she worked temporarily at the Bainbridge Naval Base before taking a position with OC&S in 1974. She worked various clerical positions within OC&S to include the Calibration Division, Aircraft Armament, small arms branch, Weapons Department, Directorate of Combat Development, Directorate of Resource Management, Recovery Department and Metalworking Services. She ends her career as a secretary with AARD, OMMS.

Over her career, Sweitzer received numerous performance awards and maintained exceptional performance ratings.

Sweitzer lives in Aberdeen with her husband Timothy, a retired warrant officer.

The couple enjoy RV camping and ATV mountain climbing. Their plans include moving to Pennsylvania to be closer to their children and grandchildren.

CFC

From front page

Gold Level donors of \$1,000 to \$1,999 will receive a black duffel bag imprinted with the CFC Logo. At the Silver Level, donations of \$500 to \$999 get donors a purple Travel Tumbler imprinted with the CFC logo and at the Bronze Level of \$100 to \$499 donors receive a black

and silver toolkit imprinted with the CFC Logo.

Married couples are allowed to combine their donations if they would like to receive upgrade incentives. Retirees, reservists and contractors are permitted to donate to CFC by cash, check or money orders only.

Throughout the campaign, the APG CFC will hold an Online Silent Auction featuring past incentives that users can bid on. Personnel with CAC Cards are eligible to participate in the auction. In addition, a Fort

McHenry limited edition print by Chris White is now open for bids on the site.

The Online Silent Auction Web site is www.apg.army.mil/akossoprompt/cfsilentauction.cfm

The 2009 Contributor's Guide for national/international organizations is at Web site https://www.cfcnexus.org/_chesapeake/ or www.cbacfc.org.

For more information, visit the APG CFC Office, in Top of the Bay's Down Under in building 30, e-mail apgr-usag-cfc@conus.army.mil, or call 410-278-9913.

ARMY FAMILY COVENANT

SOLDIERS ★ FAMILIES ★ ARMY CIVILIANS

Army seeks to build resilience in Families as well as Soldiers

Story and photo by
ROB MCILVAINE
FMWRC Public Affairs

"In a force where sixty percent of Soldiers are married, taking care of Families is more vital than ever," said Army Chief of Staff Gen. George W. Casey Jr. during a recent visit to the Fort Hood Resiliency Campus in Texas.

Not surprisingly, with seven-plus years of sustained combat, Army leadership is seeking new or improved ways to meet the needs of those military men and women who have experienced increased levels of stress.

One response is Comprehensive Soldier Fitness, a program to build resilience not only physically but mentally, as well. The program is designed to bring the emotional, social, spiritual and Family aspect of fitness to the same level of importance and cultural acceptance in the Army as physical fitness.

The Army currently faces increased rates of post-traumatic stress, substance abuse and suicide – all serious indicators of Soldier-stress levels. To alleviate this, Army leadership, through the Army Family Covenant, is committed to providing Families a strong, supportive environment where they can thrive.

Historically, and for obvious reasons, physical fitness has been an integral part of a Soldier's military career, and the Army has heavily invested time and resources into maintaining a physically fit force.

The mission of CSF is to develop and institute a holistic, resilience-building fitness program for Soldiers, Family members and Army civilians. The overarching goal is to provide individually-tailored skill training that leads to a balanced, healthy, self-confident force whose resilience and overall fitness enables them to thrive in this current environment and beyond.

The Army now recognizes that these additional dimensions of fitness are as important to readiness as physical health and fitness. CSF will develop a program to provide initial assessment and training of all of these dimensions to Soldiers upon enlistment. This will be followed by additional training that is incorporated into Army schools, professional military education and deployment cycles.

"Stress isn't going away," said Brig. Gen. Rhonda Cornum, CSF director. "What we're doing with this program is taking good people and making them better."

Cornum, who holds a doctorate in nutrition and biochemistry from Cornell University, completed a general surgery internship at Walter Reed Army Medical Center in 1987. Since the Persian Gulf conflict – where she served as a flight surgeon, was shot down and captured by Iraqi forces – she began urologic surgery training in



Brigadier General Rhonda Cornum and Army spouse, Kristen Clouse, discuss the many attributes of the Comprehensive Soldier Fitness program prior to meeting at Fort Hood, Texas, with Gen. George Casey, the Army chief of staff.

1993 and then took command of the 28th Combat Support Hospital at Fort Bragg, N.C.

Kristen Clouse, along with her husband Pvt. Tim Clouse who recently joined the Army, was invited to meet with Gen. Casey at Fort Hood with other Soldiers and Family members to talk about the CSF program.

"If this program had been available before my dad left for Vietnam, he might have been better prepared," Kristen said.

"General Casey asked the spouses mainly about how they handle deployment and how it affected the children.

"Of course, my husband has not deployed yet, but I did comment on how important the time between deployments could mean to Soldiers and their Families," Kristen said. "I also told him I was thankful that my husband and I had a little over a year before his deployment because it is making the transition from civilian life to Army wife easier for me."

Kristen also mentioned how important it is for the Soldier and spouse to experience things together.

"Marriages stay together when they grow together. My husband mentioned he took a test to assess any training he might need to increase his mental strength, so I definitely wanted to take the same test. Coming from a military Family I know it's important to share, not only our hopes and fears, but anything that will help us to grow physically and mentally," she said.

Families provide mission-essential capability, stability and continuity during war and peace, in support of Soldiers.

Cornum said Soldiers and

Family members must be both physically and mentally fit if the Soldiers are going to be their best on the battlefield.

"If we could improve the resilience of the people before they had some adverse event, we might very well be able to have them view it as adverse, but not traumatic," Cornum said.

Although many think that everybody who enters combat gets post-traumatic stress, it's not true, said Gen. Casey.

"Everybody who goes to combat gets stressed. But the vast majority of people who go to combat have a growth experience because while they're exposed to something very, very difficult, they prevail," Gen. Casey said. "So the issue for us is, how do we give more people the skills so that more people have a growth experience?"

CSF would equip Soldiers ahead of time to deal with traumatic events, Cornum said.

"The best way to treat a heart attack is not CPR," she said. "The best way is to prevent the heart attack. It's a lifestyle and culture change. And that's how we should look at mental health. Look at it with a preventative model and enhanced health model, not a 'waiting-till-we-need-therapy' model."

Cornum said a "global assessment tool" is under development by the Army to help assess all dimensions of Soldier, Family member and Army civilian fitness. The tool is expected to be delivered across the Army this year.

CSF is expected to be delivered to Soldiers Army wide in October. Many of the program's tools have been developed and tested regionally, including

recently at Fort Hood where Gen. Casey toured the Resiliency Campus with Fort Hood Commander Lt. Gen. Rick Lynch. The campus is Lynch's answer to questions posed by spouses about quality Family time together.

Lynch, who will become installation management commander in November, will be in a position to expand his reach from Fort Hood to the entire U.S. Army.

"The tour of the Resiliency Campus developed by Lynch may become a model for future CSF campuses," Col. Jeff Short, M.D. and CSF team member said.

According to Short, CSF will work with the Fort Hood campus to learn from them, but both might very well learn from each other and incorporate best practices.

During the tour, Gen. Casey witnessed Battlemind training, a psychological debriefing technique at the Internet Café, and entered into a small group discussion with spouses, Army civilians and Soldiers who have taken the online Global Assessment Tool.

The GAT is a questionnaire that is primarily used to determine an individual's baseline and to link him or her to education and training that will increase their mental strength.

Because CSF will be rolled out in phases with continued modifications of the GAT, everyone will have the opportunity to help make sure the Army has it right.

Developed by subject matter experts from the U.S. military and civilian universities, the GAT, used at various times during a Soldier's career, will help the Army determine which

training is most effective in building strength in the five dimensions of strength: physical, emotional, social, Family and spiritual.

"Smaller garrisons might not have a campus built," Short said. "Rather, they may just have a CSF staff. The idea is to have one to three Master Resilience Trainers at each installation. CSF, after all, is about providing resources, not necessarily having a physical location where people can go."

A potential CSF goal, Short said, is to build a CSF training school. The team may consider Fort Jackson for this, but for various reasons for right now it's just an idea.

"Most important, CSF is not just for Soldiers," said Col. Marsha C. Lilly, chief, CSF Strategic Communications. "Family members and Army civilians, during the second and third phase of the program's implementation, will also have the opportunity to participate in the program. Exactly when these subsequent phases will begin is still being determined," Lilly said.

But with the Association of the U.S. Army currently planning for the October symposium and 497 members of the Family Readiness Groups scheduled to be arriving, the Army is moving quickly to mount all three phases of Comprehensive Soldier Fitness – Gen. Casey's idea to make sure that Soldiers, Families and Army civilians are prepared.

Currently, full implementation to the entire force, including the Guard and Reserve, is scheduled for this October. Availability for Family members and Army civilians is expected to begin October 2010.

VTD

From front page

mechanics, propulsion and vehicle modeling as well as simulation, he added.

The VTD laboratory is just one part of the BRAC initiative at Aberdeen Proving Ground and the research and development capabilities will continue to improve, said Col. Andrew B. Nelson, APG BRAC Transformation Office.

"The ARL-VTD marks the nine hundred fifty million dollar mark of our one billion dollar BRAC program," Nelson said. "By summer of 2011, APG will have added more than three million square feet of operational and related space," he said.

Active and upcoming Corps projects at APG include the half billion dollar Phase I construction of the Command, Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance, or Army Team C4ISR, headquarters and operations center (Phase II construction will begin this year as well); a headquarters center for the incoming U.S. Army Test and Evaluation Command; the Automotive Technology Evaluation Facility test tracks;

the Non-Medical Chemical-Biological Facility; and the U.S. Army Medical Research Institute of Chemical Defense recapitalization project.

A groundbreaking ceremony is planned for the ATEC headquarters at APG Sept. 10 and for MRICD in the Edgewood Area Sept. 15.

"If you spend any time at APG, as most of you do, this is getting to be an almost weekly event," said Gary Martin, executive deputy to the commander, RDECOM.

Colonel Peter A. "Duke" DeLuca, USACE North Atlantic Division commander, related several personal experiences while leading forces in combat that reiterated the importance of the research conducted at ARL to Soldiers in the field.

High-altitude vehicle research to be conducted as a part of subsequent ARL-VTD construction will counter vehicle failure that troops under his leadership experienced while operating at elevations over 9,000 feet above sea level.

DeLuca also related having four vehicles blown out from under him in the field.

"In two of those cases I would either have been dead or seriously maimed if it were not for the frag kits developed

by ARL," he said. "I say thank you to ARL, deeply and personally, on behalf of myself and my Soldiers."

DeLuca referred to Lt. Gen. William B. Caldwell IV, commander of the U.S. Army Combined Arms Center and Command and General Staff College, to describe the collaboration and cooperation efforts being undertaken at APG.

"C-3 for today's officer really means command, control and communication. The example of what 'right' looks like in that configuration is here at Aberdeen," DeLuca said.

"ARL research is protecting our Soldiers today and is developing technologies that will keep them lethal and safe in the future," said ARL Director John Miller. "This state-of-the-art facility will allow our VTD researchers to continue that vital work."

The building is expected to be completed by April 2011 and will include advanced capabilities to research aeromechanics and structures, mechanical systems and propulsion materials, among other areas.

About VTD

The U.S. Army Research Laboratory's Vehicle Technology Directorate is the principal Army organization respon-

sible for the pursuit of mobility-related science and technologies. The directorate conducts innovative in-house research in robotics, mechanics, propulsion and vehicle modeling as well as simulation. It also coordinates technology applications within the Army, other services, industry and academia to leverage basic and applied research opportunities to benefit the Army. Its research leads to advanced capabilities and improved reliability for Army air and ground vehicles.

About ARL

The U.S. Army Research Laboratory, headquartered at Adelphi, Md., is the Army's corporate basic and applied research laboratory with the mission of providing innovative science, technology and analysis to enable full-spectrum operations. The Army relies on ARL for scientific discoveries, technological advances, and analyses to provide Warfighters with capabilities to succeed on the battlefield. ARL consists of the Army Research Office and six directorates--Weapons and Materials, Sensors and Electron Devices, Human Research and Engineering, Computational and Information Sciences, Vehicle Technology and Survivability/Lethality Analysis.

Community Notes

FRIDAY SEPTEMBER 11 BASKET BINGO

Basket bingo to benefit the order of the Eastern Star will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen. Doors open at 6 p.m., bingo starts at 7 p.m. Tickets cost \$12 each; extra packets cost \$5. Bring a canned good or non-perishable food item for a bonus prize ticket. Food, drinks and baked goods will be available. This is a non-smoking event.

For more information or to purchase tickets, call Brenda Conjour, 410-278-7332.

SATURDAY SEPTEMBER 12 WHITE TAILED DEER SURVEY

Harford County seems to be experiencing explosive population growth, and not just with humans. Come help determine if the deer population of Leight Park is a healthy size. Get the scoop on poop and conduct pellet (deer scat) counts out on the trails to determine how many deer call the park home. This program will be held 9 a.m. to noon for ages 16 to adult. Registration is required.

For more information, to register, or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

ANNUAL CHILDREN'S ARTS FESTIVAL

The 21st Annual Children's Arts Festival will be held 10 a.m. to 2 p.m. at Millard E. Tydings Park, Havre de Grace. Events include entertainment for young children with hands-on craft activities, scarecrow making and a Children's Art Contest.

Light fare lunch will be available for purchase.

Cost is \$5 for children ages 12 and under; adults are free. Bring old pantyhose for scarecrow making. This event is open to the public. No rain location.

For more information, contact Ruth Hendrickson, 410-272-5516, RRHEN@aol.com, or Mary Boehly, 410-939-8518, boehlyofhdg@earthlink.net.

MARGARITAVILLE CRUISE

The Chesapeake Heritage Conser-

vancy, Inc. will offer a Margaritaville Cruise, 6:30 to 8:30 p.m., on the Skipjack Martha Lewis. Tickets cost \$40 per person (21 years of age or older). Set sail with island tunes and light refreshments; margaritas, beer and soda included. Reservations are required.

For more information, reservations or to purchase tickets, call 410-939-4078.

'JUNGLE ADVENTURE' ANNUAL PATIENT CARNIVAL

The Perry Point VA Medical Center will host "Jungle Adventure," its Annual Patient Carnival for patients, Families and friends 2 to 3 p.m., in the gymnasium, building 314, at Perry Point VA Medical Center.

There will be 28 booths staffed by volunteers and decorated in a jungle theme, featuring games and refreshments. Participants can win prizes for their participation.

Nearly 200 community and veteran service organization volunteers will staff the booths, serving more than 600 veterans from Harford and Cecil Counties. Military personnel from Aberdeen Proving Ground will escort wheelchair patients and those needing assistance. For more information, call 410-605-7464.

LEGION HOLDS SPAGHETTI DINNER

American Legion Edgewood Service Post 17 is holding a Spaghetti with meat sauce dinner, 5 to 9 p.m., \$6/adult, children \$4 and children under 3 are free. For more information, call Carol Carden, 443-506-6561.

SATURDAY AND SUNDAY SEPTEMBER 12 TO 13 4TH ANNUAL BIOBLITZ

Join scientists from around the Chesapeake Bay to participate in a scientific race against time at the Fourth Annual BioBlitz. Enjoy two fun-filled days of searching the park for plants and animals to document the different species that make their home in the park. The BioBlitz is designed to increase the public's understanding of the variety of flora and wildlife at the park. Sessions to conduct inventories on marsh plants, submerged aquatic vegetation, insects, birds, herps and fish are planned. This program will be held 1 p.m. Saturday to 1 p.m. Sunday and

is suggested for adults and Families with children 8 and older and is free for all ages. No registration required. For more information or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SUNDAY SEPTEMBER 13 FAMILY NIGHT ON THE BAY

The Chesapeake Heritage Conservancy, Inc. will offer Family Night on the Bay, 5 to 7 p.m. aboard the Skipjack Martha Lewis. Treat the Family to a night on the Bay with pizza, beverages and water ice. Cost is \$15 per person. Reservations required.

For more information or for reservations, call 410-939-4078.

AMERICAN LEGION BINGO
American Legion Edgewood Service Post 17 holds bingo every Sunday. Doors open at 5 p.m., play begins at 6 p.m. For more information, call Carol Carden, 443-506-6561.

MONDAY SEPTEMBER 14 STORYTIME CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Storytime Cruise, 6 to 8 p.m. on the Skipjack Martha Lewis. Enjoy a sail accompanied with children's stories for ages 3 to 8. Tickets cost \$10 per person. Reservations required.

For more information, for reservations, or to purchase tickets, call 410-939-4078.

TUESDAY SEPTEMBER 15 SHRIMP NIGHT EVERY TUESDAY

Every Tuesday night at American Legion Edgewood Service Post 17 is Shrimp night. Purchase 1 lb. of shrimp for \$9.95. For more information, call Carol Carden, 443-506-6561.

WEDNESDAY SEPTEMBER 16 WEDNESDAY WEE WONDERS

Join the center's naturalist and her wee one for a critter encounter and hike. This program will be held 12:30 to 1:30 p.m. for ages 4 and younger. The program is free but registration is required.

good condition such as sports memorabilia, antiques/collectibles, gift cards, Christmas crafts, home craft ceramics, paintings and much more. Donated items for the auction and winning bids may be tax deductible. It is voluntary to donate to APG CFC Office.

Items will be accepted at Top of Bay Down Under 8:30 a.m. to 3 p.m.

Online Silent Auction will begin immediately.

Book/DVD Fair

APG CFC office is seeking used or new books/DVD/tapes for APG CFC Book Fair beginning Oct. 1.

Donated items for the auction and winning bids may be tax deductible. It is voluntary to donate to APG CFC Office.

Items can be accepted at Top of Bay Down Under basement from 8:30 a.m. to 3 p.m.

CPR Classes

Aberdeen Proving Ground Fire and Emergency Services offer CPR classes on APG. Two classes will be held 9 a.m. to noon and 1 to 4 p.m., the third Wednesday of each month.

In the Edgewood Area, classes will be held at the Conference Center, building E-4810, Oct. 21 and Dec. 16.

In the Aberdeen Area, class will be held at the Post Theater Nov. 18. Class size will be limited to 30 participants and will be filled on a first-come first-served basis. Pre-registration is required.

For more information or to register, call Raymond Campbell, 410-306-0566, or e-mail raymond.b.campbell@us.army.mil.

SAPG holds Retiree Appreciation Day, Oct. 17

Military retirees and their Families are invited to attend the annual Retiree Appreciation Day 8 a.m. to noon, Oct. 17, in the APG Recreation Center, building 3326. The program will include a guest speaker, vendor tables, representations from military associations and support services from the installation.

For more information, contact Retiree Council Chairman, retired Lt. Col. Joe Traino, 410-436-6471 or e-mail joseph.anthony.traino@us.army.mil; Co-Chairman, retired Sgt. 1st Class Richard Zalusky, 410-278-5036 or e-mail richard.zalusky@us.army.mil or Retirement Services Officer retired Sgt. Maj. Drew Nobles, 410-306-2320 or e-mail drew.nobles@us.army.mil.

For more information, to register, or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

MARYLAND WINE CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Maryland Wine Cruise, 5 to 7 p.m., on the Skipjack Martha Lewis. Tickets cost \$40 per person (21 years of age or older). The ship will take a 90-minute cruise around the Susquehanna flats area offering wine from a local vineyard, cheese, fruit, beer and soda. Reservations are required.

For more information or for reservations or to purchase tickets, call 410-939-4078.

THURSDAY SEPTEMBER 17 STEAK NIGHT AT THE LEGION THURSDAYS

Every Thursday night at American Legion Edgewood Service Post 17 is Steak night. Purchase a steak dinner for \$12.95. For more information, call Carol Carden, 443-506-6561.

FRIDAY SEPTEMBER 18 DESERT STORM VETERANS ASSOCIATION GOLF TOURNAMENT

The VII Corps Desert Storm Veterans Association will hold a Golf Tournament, 9 a.m., at the Meadows Farm Golf Course located on 4300 Flat Run Road, Locust Grove, Va. Tournament format is Captain's Choice (best ball), shotgun start.

Cost is \$80 per person and includes green fees, all you can eat barbecue, drinks and hole in one special gift.

Hole sponsorships are available; a contribution of \$500 toward sponsorship of a hole provides revenue for the association's scholarship fund and two free greens fees. All proceeds go to the VII Corps DVA Scholarship Fund. Make checks payable to VII Corps DVA.

For more information or to sign up, call Harold F. Shewsberry, 703-287-8873 or visit www.desertstormvets.org/.

(Editors Note: More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.)

The APG Retiree Council Web Site is also available at <http://apgretiree.com>. Any questions or comments concerning retiree issues can be e-mailed to info@apgretiree.com.

NCOs: Sign up for free trip to NYC

In celebration of the Year of the Noncommissioned Officer, the NCOs of Aberdeen Proving Ground, along with Family and Morale, Welfare and Recreation and the APG Army Substance Abuse office, are sponsoring a free bus trip to NYC Nov. 21. It is open to all active duty permanent party personnel of any rank assigned to APG. According to the sponsors, 205 seats are already taken with only 15 remaining vacancies.

NCOs interested must contact their unit command sergeant major or first sergeant to reserve a seat. It will be on first come, first served basis. Single Soldiers and Families accompanied by their sponsor are also invited. Two children will be allowed to accompany parents.

The buses will depart the APG Movie Theater parking lot at 5:30 a.m., stop for additional pick-ups at the Beard's Hill Plaza parking at 6 a.m., arriving in NYC at approximately 9 a.m. There will be stops along the way for breakfast and supper with individuals on their own for meals. The buses will return at approximately 10 p.m.

Participants will be on their own for shopping, museums, touring Ellis Island, Broadway shows or dining. A walking map will be provided to everyone along with instructions on meeting the bus for the return to APG.

HIRED!

A new Family and Morale, Welfare and Recreation program for teens ages 15 to 18, HIRED!, is an apprentice program that lets teens explore positions in FMWR facilities, like the Bowling Center, golf course, community club, Outdoor Recreation, Library, Marketing Office, and more.

The program gives guidance on preparing a resume, teaches interview techniques and provides work experience in their chosen field. Teens will receive a stipend for their work at the end of the term. For details, contact Jay McKinney, Jay.a.mckinney@us.army.mil or call 410-278-3250.

(Editors Note: More Shorts can be seen at www.apgnews.apg.army.mil under Shorts.)

POST SHORTS

Community invited to 9-11 ceremonies – 'Never forget'

The Aberdeen Proving Ground community will conduct two ceremonies to commemorate 9-11. The entire community is invited to the Edgewood Area Chapel, building E-4620, 7 to 8 a.m., Sept. 11, and Ordnance Circle in front of the U.S. Army Ordnance Center and Schools at 3 p.m.

Commissary holds case lot sale

The Aberdeen Proving Ground case lot sale is scheduled for Sept. 24 through 26.

Notice of possible noise conditions

The U.S. Army Aberdeen Test Center at Aberdeen Proving Ground will be supporting a training exercise through Sept. 13, day and night.

Activities may take place in APG's restricted waters and can include weapons firing and the use of multiple water and aircraft.

Illumination devices may create flashes or light visible off post.

Questions should be directed to 410-278-1147 or 800-688-8705.

Post Office seeking custodial help

Part-time custodial help is wanted at APG Post Offices. Working hours would be split between the Aberdeen Area Post Office (7 hours) and Edgewood Area Post Office (3 hours), for a total of approximately 10 hours.

For more information or to apply, call the Postmaster, 410-278-7967.

Armed Services Blood Drive Sept. 14

The Edgewood Chemical Biological Center and the U.S. Army Medical Research Institute of Chemical Defense will jointly sponsor an Armed Services Blood Program blood drive, 9 a.m. to 1 p.m., Sept. 14, at the Chemical Demilitarization Training Facility, building E-4516, Assembly Room A. Donors should bring a photo ID; a list of all travel outside the United States or Canada since 1980; a list of all pills or medication taken in the past four weeks and a list of all immunizations or vaccinations received in the past eight weeks.

Donors should drink plenty of fluids (water) and eat a healthy breakfast or lunch prior to donating.

For more information, call Mary Doak, 410-436-7231 or visit www.militaryblood.dod.mil/ncrbethesda.

Hispanic Specialty Meal Sept. 15

The Hispanic Specialty Meal will be held in the Aberdeen Area dining facilities, buildings 4503 and 4219 and the Edgewood Area dining facility, building E-4225, 5:30 to 7 p.m., Sept. 15.

During this event all military personnel, Family members, Department of Defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$4.25 applies to any officer, enlisted member, and family member of sergeant or above, DoD civilians, retirees and their guests. The discount meal rate of \$3.65 applies to spouses and other family members of enlisted personnel in the ranks private through specialist/corporal.

Menu includes chicken with rice (arroz con pollo), turkey chimichangas, shrimp and cheese quesadillas, beef enchiladas, beef tacos (soft and hard shell), Puerto Rican style roast pork, Spanish potatoes, steamed rice, refried beans, Mexican corn, greens with bacon, assorted salad bar, Mexican style corn bread, assorted breads, assorted desserts, soft serve ice cream with assorted toppings and assorted beverages.

Note: Menu is subject to change without prior notification.

For more information; call Edward Parylo or Ernest Green, 410-306-1393/1398.

Thrift Store holds \$3 bag sale thru September

The APG Thrift Store will hold a \$3 bag sale for items in the sale room. Many items will be moved from the front of the store to make room for newer stock. For more information, call 410-272-8572 during store hours.

CFC preparing for silent auction, seeks items

The Aberdeen Proving Ground Combined Federal Campaign office is seeking donations for an Online Silent Auction to raise money to support Combined Federal Campaign charities.

The APG CFC is seeking items in



FAMILY AND MORALE, WELFARE & RECREATION

Activities/Events

CDC implements Army's Strong Beginnings for Pre-K children

The Aberdeen and the Edgewood Child Development Centers will be implementing the Army's Strong Beginnings Pre-K program for children who turned 4 before Sept. 1, 2009. The children enrolled in the centers will automatically participate in this program.

Strong Beginnings Pre-K is a program designed to prepare children to be successful to enter school. The curriculum focuses on the social, emotional and physical development of children. It is a basic academic program to enhance school readiness. Children will participate in a variety of activities to include the Smart Start Sport program, there will be SKIES JR classes offered as well.

If there is interest, a part-day program will be offered to children from 8:30 to 11:30 a.m. at the Aberdeen Center. The centers look forward to an exciting school year for the children.

For more information, call Ruth Strauss, Aberdeen Area CDC director, 410-278-7111.

Radio City Christmas Spectacular

See the Rockettes perform in the Radio City Christmas Spectacular at the 1st Mariner Arena, 201 West Baltimore Street, Baltimore. There will be two shows, 4 or 7 p.m., Dec. 17. Tickets cost \$76.75 for adults and \$67.75 for children ages 2 through 12. Children ages 2 and under do not need a ticket if seated on a parent's lap. All tickets must be pre-ordered. Tickets are limited and are available on a first-come first-serve basis. Seats are located in the lower levels. There is no guaranteed seating. The last day to purchase tickets is Dec. 3.

For more information or to purchase tickets, visit FMWR Leisure Travel Services, AA Recreation Center, building 3326, 410-278-4011/4907 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

CYS Services open to home schoolers

Child, Youth & School Services invites home school Families to use the Aberdeen Area Youth Center, building 2522, 8:30 a.m. to 2 p.m., Wednesdays, (except for Harford County Public School off days). Children must be accompanied by at least one parent and be supervised at all times.

Children and parents will have use of the homework room, arts and crafts room, Computer Lab, with tech support 8:30 to 9:30 a.m. and 1 to 2 p.m., and the gym.

All children must be registered through the CYS Services Central Registration office, located in building 2752 Rodman Road, rooms #110 or #113. Registration is free and entitles children to become members of the Boys and Girls Club, 4-H Clubs and participate in the programs

offered at the Youth Center throughout the year. Registration packets can be picked up 7:30 a.m. to 4:30 p.m.

There is an APG LIONS Home School Co-Op program which parents may choose to join.

For more information, call Jeanne Colopietro, 443-243-2861.

The Great Russian Nutcracker

The Lyric Opera House, located on 140 West Mount Royal Avenue, Baltimore, will present the Nutcracker, 7:30 p.m., Dec. 19 and 5 p.m., Dec. 20. Tickets cost \$70.50 for all ages and must be pre-ordered. Children under the age of 2 do not need a ticket if seated on a parent's lap. Tickets are limited and are available on a first-come, first-serve basis. Seating is located in the lower levels. There is no guaranteed seating. The last day to purchase tickets is Dec. 3.

For more information or to purchase tickets, visit the FMWR Leisure Travel Services, AA Recreation Center, building 3326, 410-278-4011/4907 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

Disney on Ice presents Celebrations!

Tickets are available for Disney on Ice presents Celebrations! at the 1st Mariner Arena located on 201 West Baltimore Street, Baltimore.

Show times include 7:30 p.m., Oct. 28 and Oct. 29; 10:30 a.m. or 7:30 p.m., Oct. 30; 11 a.m., 2:30 p.m. or 6:30 p.m., Oct. 31; and noon or 4 p.m., Nov. 1.

Tickets cost \$19.25 for all ages. All seats are located in the lower levels.

For more information or to purchase tickets, visit FMWR Ticket and Leisure Travel Office at the AA Recreation Center, building 3326, 410-278-4011/2907, or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

Fall Aerobics classes

Starting Sept. 14, fall aerobics classes will be conducted Monday and Wednesday, 11:30 a.m. to 12:30 p.m., at the Aberdeen Recreation Center, building 3326.

Cost per 8-week session is \$54 per student.

Sign up at FMWR Leisure Travel Services, building 3326, Tuesday through Friday, 11 a.m. to 6 p.m. For information, call 410-278-3868.

Dog Obedience Training

During this six-week course learn how to teach your dog basic obedience commands. Classes will introduce the use of Positive Reinforcement/Clicker Training to teach your dog in a happy, non-aversive manner.

Classes will meet on Wednesday, 6:30 to 7:30 p.m., Sept. 23 through Oct. 28, at the Post Theater, building 3245. Fee is \$60.

Sign up through Sept. 17 at FMWR Registration, building 3326, or call 410-

dean Youth Center, for ages 6 to 11.

Some of the dishes on the menu include Thai Ginger Noodle Salad, Dessert Sushi and Roasted Red Pepper Hummus. Chef hats and aprons are provided because to be a chef, one must look like one.

Cost is \$145 per student.

Dance Programs for grades pre-k through 8

Pre-K - Pre-ballet and creative movement will be offered, 6:30 to 7 p.m., Sept. 17 through April 25, Thursdays, at the Aberdeen Area Youth Center, building 2522. Pre-K registrants need birth certificates to verify age.

Class price is \$70 per student.

Kindergarten and 1st grade - Ballet and pre-tap will be held 7 to 7:45 p.m. at the AA Youth Center. Cost is \$85 per student.

2nd and 3rd grades - Ballet, tap and jazz will be held from Sept. 14 through April 25, Mondays, at the AA Youth Center for students in the second and third grades. Classes will be held 7 p.m. (Exact class time depends on number of students that sign up).

Class costs \$70 per student for each separate discipline.

4th and 5th grades - Ballet, tap, jazz, hip hop and point will be held 6:30 p.m., from Sept. 15 through April 25, Tuesdays, at the AA Youth Center. Exact class time depends on the number of students that sign up. Students must audition.

Class costs \$70 per student for each separate discipline.

6th through 8th grades - Ballet, tap, jazz, hip hop and point will be held 6:30 p.m., Sept. 18 through April 25, Thursdays, at the AA Youth Center. Exact class time depends on number of students that sign up. Students must audition.

Class costs \$70 per student for each separate discipline.

Smart Start Your Business seminars

The ACS Employment Readiness Program in partnership with Aberdeen Proving Ground Federal Credit Union and Harford Community College Small Business Development Center sponsors Smart Start Your Business seminars. This free 90-minute orientation program provides an overview of the ways to start a business, the skills and duties of a successful entrepreneur and how to write a strategic business plan.

Seminars will be held 12:30 to 1 p.m., Sept. 23, Sept. 30, Oct. 7 and Oct. 14. Space is limited.

For more information or to RSVP, call Marilyn Howard, 410-278-9669/7572. Other services offered by the SBDC are also discussed.

278-4011/4907 or Stark Recreation Center, 410-436-2713.

Hearts Apart Support Group meets

Hearts Apart Support Group is one way to stay connected in the community and learn what Army Community Service has to offer the Family. Family members from all branches of service, Department of Defense civilians and contractors may participate in Hearts Apart Support Group meetings held in the APG Army Community Service building 2754, Rodman Road 6 to 7 p.m. the first Wednesday of every month (Oct. 7, Nov. 4 and Dec. 2).

For more information or to RSVP, contact Phyllis Ethridge, 410-278-2464/7572.

Walt Disney World Salutes the Military

Walt Disney World is offering active duty military and retirees a free complimentary five-day park hopper and water park ticket and up to five-day companion tickets for just \$99 each, or an upgrade to a hopper for \$124 each.

Tickets cost \$25 extra for each add-on/upgrade applied. Tickets must be purchased three weeks in advance. Tickets are not valid until activated at the theme park ticket window. Valid military ID is required at time of purchase and activation. All sales are final. No refunds, exchanges or upgrades after purchase.

Ticket prices expire Dec. 23.

For more information or to purchase tickets, call 410-278-4011/4907 or visit the AA Recreation Center, building 3326.

Orioles game specials

Purchase tickets for Orioles baseball. All game seats are located in Section 40 behind home plate. Tickets cost \$48 each; limited quantities available.

Tampa Bay Rays, 7:05 p.m., Sept. 14
Toronto Blue Jays, 7:05 p.m., Oct. 2

For more information or to purchase tickets, visit AA Recreation Center, building 3326, 410-278-4011/4907 or e-mail APGR-USAG-MWR-LeisureTravel@conus.army.mil.

Ski Roundtop Mountain Adventures

Ski Roundtop is not just for winter fun. Located at 925 Roundtop Road, Lewisberry, Pa., Ski Roundtop offers summer fun adventures that include the Vertical

Trek, Sky Ride, Bumper Boats and more.

The Vertical Trek, Sky Ride and bumper boats are open weekends only, 10 a.m. to 6 p.m.

The Vertical Trek takes 2.5 hours to complete; it begins with a chairlift ride to the top of the mountain, then participants descend more than 600 vertical feet using a series of zip lines (up to 300 feet in length), rappelling, rope bridges, tarzan swings, cargo nets and scenic walks.

Reservations are strongly recommended. The Vertical Trek is for ages 10 and up. All participants must weigh between 70 and 250 lbs. Tickets cost \$44 each.

For more information or to make reservations, call 717-432-9631, ext. 3723.

Adventure Packages are also available for adults ages 11 through 64 at \$34 per person and for children ages 5 through 10, at \$24 per person and include admission for one OGO ball ride, summer tubing, treehouse zips, the woods, bumper boats and sky rides.

There is a 250-pound weight limit to ride in the OGO ball.

For more information about Ski Roundtop Mountain Adventures, visit www.skiroundtop.com/rma.htm.

FMWR daily bus trips to Atlantic City

Roll the bones on daily trips to Atlantic City, N.J. FMWR Leisure Travel Services offers daily bus service to Trump Taj Mahal Casino. Cost of the trip is \$45 per person with \$25 back in cash and a \$5 buffet coupon.

Only for ages 21 and over. The bus will leave Vitali's Restaurant, Best Western in Edgewood 9 a.m. and return 9 p.m.

For more information, contact FMWR Leisure Travel Services, AA Recreation Center, building 3326, 410-278-4011/4907 or e-mail apgr-usag-mwr-lesuretravel@conus.army.mil.

Looking for a job?

Visit FMWR Jobs Available at www.apgmwr.com.

All jobs for Aberdeen Proving Ground are listed at <http://acpol.army.mil/employment/naf.htm> or check out AAFES Jobs link <http://odin.aafes.com/employment/> for additional job opportunities.

SKIES Unlimited

For more information or to register for a SKIES Unlimited class, call the Central Registration Office, building 2752, 410-278-7571/7479. Open to all DoD ID card holders. For an appointment, e-mail stacie.umbarger@conus.army.mil.

Youth Gaijin Ryu Jiu-Jitsu Seminar

A Gaijin Ryu Jiu-Jitsu seminar will be held for ages 5 to 18, 10 a.m. to noon, Sept. 26 at the Aberdeen Area Youth Center, building 2522. The Foreigner School of the Gentle Art Gaijin Ryu Jiu-Jitsu stresses relaxation and leverage as opposed to power and aggression. It is a true martial art which contains both grappling and striking techniques.

Cost is \$30 per participant.

Unity Tae Kwon Do School of Martial Arts at APG presents Tiny Tigers

Children ages 3 to 5 (parent participation required) can join the Tiny Tigers Unity Tae Kwon Do School of Martial Arts at APG. Instructor Kyo Sa Nim Sean A. Williams will teach this program.

Tae Kwon Do builds confidence and self-esteem in young students. Classes will be held at the Child, Youth and School Services Center, building 2522, Monday and Wednesday, 5:30 to 6 p.m., Sept. 14 through Oct. 7. Cost is \$40 per parent/child pairing.

Students must wear a white T-shirt and sweat pants. Class size is limited to 12 parent and child pairings, so register early.

Culinary kids

This hands-on class incorporates science, math, nutrition and kitchen safety into the preparation of fun and delicious culinary specialties.

Classes are Wednesdays, 5:30 to 7 p.m., Sept. 16 through Oct. 7, at the Aber-

This is a tentative schedule. Classes may be added or deleted according to attendance. Sign students up for what disciplines they want to take.

A minimum of five students are needed for class to be held. No more than 12 students per class.

Students must be registered by Sept. 8.

Private piano lessons

SKIES Unlimited private piano les-

sons will be given for ages 4 thru 18, 3:30 to 6:30 p.m., on Tuesdays or Fridays, Sept. 8 thru Oct. 13.

Lessons cost \$102 per student and include six weeks of 30-minute lessons once a week. Parents choose which time frame session they want to sign-up for when they register their child.

Students are responsible for purchasing the required books for the course recommended by the instructor.

September bowling specials

• Bowl for \$1.25 per game, 1 to 3 p.m. • Bowl for \$.75 per game, 1 to 4 p.m. Shoe rental costs \$2.

• Cosmic Saturdays: Each Saturday, receive one hour of bowling, one whole cheese pizza and one pitcher of soda for \$32.

• Each Friday, 9:30 to 11 p.m., bowl one game and get one game free. Shoe rental not included.

• There is no open bowling on Thursday and Friday evenings until 9:30 p.m. due to leagues.

APG Bowling Center Snack Bar specials Building 2342

The Bowling Center hours are 7 a.m. to 3 p.m., Monday and Tuesday; 7 a.m. to 10 p.m., Wednesday and Thursday; 7 a.m. to 11 p.m., Friday; 1 to 11 p.m., Saturday; and 1 to 6 p.m., Sunday.

Week of Sept. 8

Special #1: Egg salad sandwich with potato chips, cookie and regular soda for \$4.25.

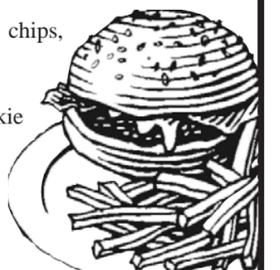
Special #2: Grilled ham and cheese with potato chips, cookie and regular soda for \$5.25.

Week of Sept. 15

Special #1: Italian sausage with french fries, cookie and regular soda for \$5.25.

Special #2: Double bacon cheese burger with french fries, cookie and regular soda for \$7.25.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.





Health Notes

Commentary: Flu update from KACC Preventive Medicine

By
DR. ANNE E. BURNLEY
Kimbrough Ambulatory Care Center

H1N1 is a new influenza (flu) virus causing illness in people that was first detected in people in the United States in April 2009. The virus spreads from person-to-person, probably in much the same way that regular seasonal influenza viruses spread.

On June 11, the World Health Organization declared a global pandemic of novel influenza A (H1N1) by raising the worldwide pandemic alert level to Phase 6. This action reflected the spread of the new H1N1 virus, not the severity of illness caused by the virus. Since the WHO declaration of a pandemic, the new H1N1 virus has continued to spread, with approximately 140 countries reporting cases of novel H1N1.

The Southern Hemisphere's regular

influenza season has begun and countries there are reporting that the new H1N1 virus is spreading and causing illness along with regular seasonal influenza viruses. The month with peak flu activity in the Southern Hemisphere was August. In the United States, significant novel H1N1 illness has continued into the summer. The United States continues to report the largest number of novel H1N1 cases of any country worldwide but fortunately, most people who have become ill have recovered without requiring medical treatment.

If you are wondering where the Southern Hemisphere is and why the events happening there right now are important to those of us living in the Northern Hemisphere, you are not alone. You may recall that the equator is an imaginary horizontal line that divides the earth into Northern and Southern Hemispheres. Included in the Northern Hemisphere

is the entire European Continent, North America, almost all of Asia, a small part of South America and two-thirds of the African continent. The earth's Southern Hemisphere contains all of Antarctica and Australia, parts of South America and parts of Africa. The Centers for Disease Control and Prevention and other experts anticipate that both the novel H1N1 virus and the regular seasonal influenza viruses will also cause illness during the upcoming 2009-2010 influenza season in the Northern Hemisphere.

The novel H1N1 vaccine is expected to be available in the fall; however, specific dates are not known at this time.

The CDC's Advisory Committee on Immunization Practices has recommended that novel H1N1 vaccine efforts be focused on people who are at higher risk of disease or complications, those who are likely to come in contact with nov-

el H1N1, and those who could infect young infants. The novel H1N1 vaccine is intended to be used alongside seasonal flu vaccine to protect people. The CDC continues to stress that people over the age of 65 receive the seasonal flu vaccine as soon as it is available.

As always, cover your nose and mouth with a tissue when you cough or sneeze; wash your hands often with soap and water. If water is not readily available, alcohol-based hands cleaners are also effective. Avoid touching your eyes, nose or mouth as germs spread that way. The CDC recommends that you stay home from work or school if you are ill with flu and limit contact with others to keep from infecting them.

For more information about novel H1N1 and seasonal Flu, visit the following CDC Web sites: www.cdc.gov/h1n1flu/general_info.htm and www.cdc.gov/flu/.

Commentary: Suicide prevention only one aspect of improving health

By
CHAPLAIN (LT. COL.)
SCOTT WEICHL
CHPPM

September is designated Army Suicide Prevention Month with the intent of improving the health of the Army's most precious assets—Soldiers, Families and Department of the Army civilians.

Suicide is only one aspect of this health improvement. Healthy living also addresses high risk behaviors, which often mask underlying challenges in a person's life.

The Army is committed to improving the physical, spiritual and behavior-

al health of all who serve. This is being done through a variety of ways and opportunities for personal wellness.

The U.S. Army Center for Health Promotion and Preventive Medicine maintains a Web site linking users to many different resources. These resources are provided to promote personal growth leading toward more healthy behaviors.

Just as each of us has a role in reducing the suicide rate, we also have a responsibility to assume healthy personal growth strategies. Resources, encouragement and ease of access are there for each person to take advantage of. If you do not find what you are looking for, talk to your chaplain, a behavioral health

provider or other trusted source to get you started in the right direction.

Several resources being reviewed for release in the fall include Suicide Prevention Awareness Training for Army leaders, Soldiers, Army Families and Army civilians. The new videos and presentations also include closed-captioning for Families and civilians. The technical guides help make presentations easier and address many of the questions that arise during group discussions. The ACE and tip cards provide easy ways to remind ourselves of the signs and responses for intervening in crisis situations, or at times when we are concerned about a friend, Family member or peer.

So, as we focus for 30 days on health and wellness, each of us has an important role in supporting health promotion, risk reduction and suicide prevention efforts. If you are not involved, then who will be?

Resource Web sites:

- CHPPM's AKO site for Suicide Prevention products, resources, research and prevention and many links to other sites, <https://www.us.army.mil/suite/page/503094>.

- CHPPM's Publication & Products e-Catalog for ordering behavioral health and suicide prevention products, http://chppm-www.apgea.army.mil/hio_public/orders.aspx.

FWP

From front page

He said the date of the ceremony was chosen to coincide with the 89th anniversary of the ratification of the 19th Amendment, giving women the right to vote.

"As we acknowledge and celebrate these historical accomplishments of women in America, we join the Women's History Project in their environmental theme: Women taking the lead to save the planet," McNamara said.

He welcomed Cunniff as an example of that theme.

"She began with the Los Angeles District Army Corps of Engineers and has risen through the ranks working hard in support of environmental compliance and stewardship," he said.

Cunniff spoke on women and leadership. She said that when communicating, qualities unique to women include the willingness to risk, empathy, stronger interpersonal skills, flexibility and persuasive motivation.

"Women can be much more broad in their communication style," she said.

"A lack of confidence, fear of change and a weak support network are some of the things that prevent women from achieving," Cunniff said, adding that to overcome challenges in her career, she asked herself 'what does it take to be an environmental leader.'

"It takes science smarts and critical thinking," she said. "You should read leadership books, take leadership courses and stay current on environmental issues. Most importantly, mentor others and communicate a clear vision.

"To achieve your goals," she said in closing, "you should develop a five-year plan and use it as a guide. Pick one thing to do every day and do it. And be sure to document your accomplishments and update your resume."

FEW scholarship

The annual Dottie Dorman Working Women's Scholarship was presented by Melissa Smith, president of the Maryland Tri-County Chapter of Federally Employed Women.

Smith presented the \$300 check to Kelly Hadaway, a U.S. Army Environmental Command employee.

"FEW is a non-profit program that falls under 'special interest programs,' and it is not



The award winning display detailing the women and events that led to the 19th Amendment giving women the right to vote sits on display in the Ball Conference Center during the Women's Equality Day ceremony hosted by the Aberdeen Proving Ground Federal Women's Program Aug. 25. The Advanced Noncommissioned Officer Academy Class 37-09 submitted the winning display and essay.

Photo by YVONNE JOHNSON

only for women," Smith said. "The difference between FEW and FWP is that FEW works with Congress and legislators."

The chapter covers Harford, Cecil and Baltimore counties, she added. For more information about FEW, contact Smith, 410-642-2411, x5129.

Coleman announced the winner of the FWP essay and display contest. The award went to the Advanced Noncommissioned Officer Academy, Class #37-09.

Elaine Jenkins, FWP chairperson, thanked the FWP program committee and guest speakers and encouraged guests to congratulate the winners and nominees and to view the ANCOC display and essay in the lobby.

"We hope that you enjoyed our tributes today, and we look forward to your continued support, cooperation and participation," she said.

FWP 2009 nominees

Nominees for Woman of the Year were Jeanne Ditter, U.S. Army Aberdeen Test Center and Celestine Beckett, Army Community Service.

Supervisor/Manager of the Year nominees included Deborah Dawson, Chemical Materials Agency; Linda Longo, U.S. Army Research, Development and Engineering Command; Lisa Roach, U.S. Army Research Laboratory; and Col. Colleen Shull, APG Dental Clinic Command.

The U.S. Army Develop-

mental Test Command and APG Dental Clinic Command were nominees for Activity Most Supportive of FWP Goals.

APG FWP 2009 Supervisor/Manager of the Year

Col. Maria Gervais, USAEC

Gervais was awarded for her support of educational opportunities and nomination of four employees – one female – for Senior Service College. She approved an acting chief rotation plan that provided two female subordinates the opportunity to serve in pivotal leadership positions. She was the key subject in a research project by the Defense Equal Opportunity Management Institute, and she was selected by the U.S. Army Training and Doctrine Command to be highlighted in its Women's History Month presentation.

Gervais routinely mentors women using her Army experience and she strongly supports the organization's partnership with Edgewood Elementary School.

Gervais, who has been with USAEC just over a year, said the organization is "very engaged" in women's programs.

"About forty percent of the organization is women," she said. "We support anything good toward growth for our work groups."

She credited her workforce with helping prepare for the organization's move to San Antonio, Texas, under base realignment

and closure legislation.

"We're taking care of those staying behind as well," she said, "we have to ensure they are taken care of as well as our mission in San Antonio. I have a very professional workforce, and they make my job easy. This was a great honor, and I'd love to take them all with me."

APG FWP 2009 Outstanding Woman of the Year

Elizabeth Jones, AMSAA

Jones was awarded for her participation in and support of FWP activities. She is a mentor for the Aberdeen Middle School Women's Mentoring program and conducts youth mentoring programs at her church. She was a guest speaker at local high schools and universities in Delaware on "How Math is used in the Army." She led matrix teams in the completion of a 6-month Department of the Army study on acquisition programs that normally take 12 to 18 months.

She participated in the AMSAA holiday Family's volunteer program for needy military and civilian Families and she leads the "Run For Shelter" 5K Race to raise money for the Faith Communities and Civic Agencies United. In addition, she leads the Matthews Meals at Riverside Community Church and the Inner Harbor Ministries, providing meals for the underprivileged and homeless.

Jones is a 2009 graduate of

the Harford Leadership Academy. She has presented papers at the Military Sensing and Military Operations Research symposiums and she has completed her master's in Applied and Computational Mathematics at Johns Hopkins University.

APG FWP 2009 Activity Most Supportive of FWP Goals

U.S. Army Center for Health Promotion and Preventive Medicine

CHPPM was awarded for its policy of encouraging women to participate in community activities and special events and to pursue senior management positions. A significant number of female officers and civilians hold leadership roles as directors, program managers, division chiefs, team leaders and other management positions.

CHPPM women have been honored with the prestigious Joseph Lovell award for exceptional initiative, creativity, innovative ability and professional excellence.

More than 25 percent of CHPPM women work on highly visible professional committees and organizations. Two CHPPM women served as director and assistant director on an annual worldwide force health protection conference. CHPPM women are represented at mid-level and/or senior positions. The organization's partnerships with Oak Ridge Institute, Harford Community College and George Washington University provides women the opportunity to excel and allows young female graduates the chance to participate in a broad range of applied research.

Lieutenant Colonel Casmere H. Taylor, CHPPM chief of staff, said the organization was honored by the recognition.

"Through challenging projects, learning and networking opportunities, CHPPM leaders work to create an environment in which all of our employees can reach their full professional potential," Taylor said. "We're deeply honored to have the opportunity to highlight but a few of the accomplishments of the organization, but proud of all the employees – especially the women who enabled CHPPM to be recognized by the Federal Women's Program. The command team is proud of all of the phenomenal women across this nation who support the defense of our grateful nation."