



See page 2 for Year of the NCO article.

## Post Shorts

### Recycling schedule

The residential and recycling pickup schedule for Aug 19 is plastic, glass and metal. Put items in blue bags and place them on the curb.



### New hours for APG Post Offices

Effective Aug. 22, hours for the Aberdeen Area and Edgewood Area U.S. Post Offices will change.

The AA Post Office hours will be 9 a.m. to 1:15 p.m.; 2:30 to 4 p.m., Monday through Friday and 10 a.m. to noon on Saturdays.

The EA Post Office hours will be 11:30 a.m. to 3:30 p.m., Monday through Friday.

### Lap swimming at APG pools for military

The Olympic Swimming Pool, building 3325 and the Bayside Swimming Pool, building E-4655 will be open 6:30 to 8 a.m., Monday through Friday for lap swimming and PT for active-duty military only. Lap swimming will be available through Sept. 4.

### New hours for Perry Point VA Urgent Care Clinic

The Urgent Care Clinic at the Perry Point VA Medical Center is open 7:30 a.m. to 6 p.m., Monday through Friday (except for federal holidays). The hours of operation changed due to the decreasing demand for urgent outpatient care services during evening and weekend hours at the medical center.

All veterans who receive their care at the Perry Point VA Medical Center are reminded that they can receive medical advice or ask questions about their medications after normal business hours by calling the Telephone Care Line for

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## ISSUE HIGHLIGHTS

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Ruggles charity invitational

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ACS celebrates 44th birthday; AUSA picnic hosts 90 soldiers

# National Night Out focuses on crime prevention, safety, fun

Story and photos by RACHEL PONDER  
APG News

The annual National Night Out Against Crime, hosted by the Directorate of Emergency Services, drew approximately 300 people from the Aberdeen Proving Ground community.

The event, which was held at the McGruff House in Patriot Village on Aug. 4, was a chance for DES personnel to provide information and interact with the community in a fun environment.

The annual event, observed in all 50 states and on military installations worldwide, celebrated its 26th anniversary this year. National Night Out is designed to heighten crime and drug prevention awareness; generate support for, and participation in, local anti-crime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals that neighborhoods are organized and fighting back.

The three-hour event included displays by DES personnel, both police and fire, and com-



From left, Ann Laughton, community health nurse from Kirk U.S. Army Health Clinic, hands out health education information to Johanna Maldonado, who brought her daughter Larah Maldonado, 2, to National Night Out Against Crime, held at Patriot Village, Aug. 4.

community service organizations.

A cookout was also held providing hot dogs, chips, watermelon and drinks for visitors.

er said that he was proud of his staff and that the APG community supports the event by drawing a larger crowd every year.

DES director Robert Krau-

er said that he was proud of his staff and that the APG community supports the event by drawing a larger crowd every year.

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## Brooks & Dunn headlines Army Entertainment concert Saturday Duo announces breakup next year

Story by YVONNE JOHNSON  
APG News

Country music's top duo, Brooks & Dunn will transform Aberdeen Proving Ground into a 'Cowboy Town' this Saturday, Aug. 15, as they headline the Army Entertainment Concert featuring special guests Pat Green and Joey+Rory.

This may be the last opportunity for local fans to enjoy the award-winning duo live as Kix Brooks & Ronnie Dunn announced on their Web site Aug. 10 that the act will split up after 20 years together.

"This ride has been everything and more than we could ever have dreamed," it reads in part. "We owe it all to you the fans. If you hear rumors, don't believe them, it's just time."

Brooks & Dunn release their album '#1s and then some' Sept 8. Dates and locations have not been announced for 'The Last Rodeo Tour' in 2010.

Tickets are still available for the Aug. 15 concert for \$35 in advance, \$40 the day of the show. To purchase tickets on post visit the Leisure Ticket Office, building 3326, 11 a.m. to 6 p.m., Thursday and Friday and 2 to 5 p.m. Saturday or call 410-278-4621 during business hours; the Edgewood Area Stark Recreation Center, building E-4140, 11 a.m. to 2 p.m., Thursday and Friday or 2 to 5 p.m. Saturday; or at Ruggles or Exton golf courses (walk-in only).

Non-ID card holders can purchase tickets through TICKETMASTER at [www.ticketmaster.com](http://www.ticketmaster.com).

For more information, visit [www.apgmwr.com](http://www.apgmwr.com)

### Installation entry requirement

Entry to the installation requires a photo ID for fans age 16 and older. Drivers must present a valid driver's license. Those with no photo ID will be refused entry and no refunds will be given.

The Route 22 and 715 gates will open for fans at 4 p.m. Follow signs to designated parking areas.

Alcohol, cameras, recording devices, coolers, outside food and drinks and pets are not permitted. Any and all types of weapons are strictly prohibited. Lawn

chairs and blankets are allowed for seating. All persons and their possessions, including vehicles, are subject to inspection by APG police. The event is rain or shine and no refunds will be given.

### Motorcycle requirements

Motorcycle operators must have a valid state license with a motorcycle endorsement.

Drivers and passengers are required to wear the following personal protective equipment and clothing while operating or riding on APG:

**Garment visibility.** A highly colored reflective vest (yellow, orange or green) will be worn at all times, day or night, over clothing. A reflective belt is required around backpacks in addition to the reflective vest.

**Helmets.** Helmets must be certified to meet Department of Transportation standards and properly fastened under the chin. Novelty or replica-type helmets are not authorized.

**Goggles and face shields.** Impact or shatter-resistant goggles, wraparound glasses or full face shield properly attached to the helmet must meet or exceed ANSI Safety Code Z87.1 for impact and shatter resistance. A windshield alone is not proper eye protection.

**Mirrors.** Rear-view mirrors must be mounted on handlebars or faring and headlight must be turned on at all times.

**Sturdy footwear.** Leather boots or over-the-ankle shoes must be worn. No high-top tennis shoes of any kind can be substituted for over-the-ankle shoes.

**Clothing.** Operators and passengers must wear long-sleeved shirt or jacket, long trousers such as blue jeans or leather suit. Operators must wear full-finger gloves designed for use on a motorcycle.

See CONCERT, page 15

## Edgewood Area water sampling week of Aug. 24

DPW

Aberdeen Proving Ground will be conducting lead and copper drinking water sampling throughout the Edgewood Area the week of Aug. 24. Lead and copper sampling of the water distribution system is mandated by the U.S. Environmental Protection Agency and oversight by the Maryland Department of the Environment.

The Directorate of Public Works, Environmental Division, has selected numerous housing units and buildings within the Edgewood Area for sampling. Not all households/buildings will be asked to participate. The APG Housing Division or the

DPW-ED will contact those residents/tenants selected to participate.

Because "first-draw samples" are required, DPW-ED will be delivering a sample kit and detailed sampling instructions the day before the test date and will then pick up each sample after collection has been conducted.

Ensuring the quality of APG drinking water is a primary concern of DPW, so everyone's cooperation and assistance is vital to completing this task.

Anyone with questions or who feels they cannot participate due to scheduling conflicts, should contact Richard Wiggins, DPW, 410-306-2279.



### Boothby Hill Avenue closure

The closure of Boothby Hill Avenue, originally scheduled for Friday, Aug. 7 has been temporarily cancelled. The closure will occur at a later date and notification will be provided.

### Harford Boulevard Gate closure

As part of the new gate construction, the Harford Boulevard (Maryland Route 22) Gate will be closed from 8 p.m., Aug. 7 through 4 a.m., Aug. 31 to allow installation of the new active vehicle barrier. In mitigation, the Aberdeen Boulevard Gate will open for traffic from 4 a.m. until 10 p.m., Monday through Friday starting at 4 a.m. on Monday, Aug. 10. As always, Maryland Boulevard (Maryland Route 715) Gate is open at all times.

The following traffic routing will be in effect for the duration of this closure: Garden Drive will remain open for residents of Patriot Village, New Chesapeake Gardens and Bayside housing areas, school buses and gate construction traffic. Harford Boulevard will be closed to all traffic each side of the Garden Drive intersection. It will also be closed to all traffic west of the Rodman Road intersection and all out bound traffic will be detoured onto Aberdeen Boulevard via Rodman Road.

The Harford Boulevard gate will open from 2:30 p.m. until midnight on Saturday, Aug. 15 for the FMWR concert. The road excavations will be covered with steel plates to accommodate traffic for the event.

For more information, contact Jerry Norris, Directorate of Public Works, 410-306-1159.





# APG celebrates The Year of the NCO

## Commander promotes his hero at APG

Story and photo by  
**ROGER TEEL**  
20th Support Command (CBRNE)

A wounded warrior came to Aberdeen Proving Ground Aug. 6, to promote a Soldier who saved his life.

Lt. Col. Gregory Gadson, currently a Fellow at the Army War College at Fort Belvoir, Va., drove to the 22d Chemical Battalion's organization day activities at Capa Field on APG's Edgewood Area to pin sergeant stripes on his former battle buddy, Sgt. Eric Brown.

About 300 Soldiers, Family members and unit supporters applauded the emotional event.

"This is significant because this is the Year of the Noncommissioned Officer," said Gadson as he couched his comments. "I couldn't think of any other non-commissioned officer I would be more proud to promote."

Gadson lost both of his legs below the knee when an improvised explosive device detonated next to his up-armored HMMWV in Baghdad on May 7, 2007. The explosion threw him some 200 feet from the vehicle.

After the blast, Brown, the unit's CBRN (Chemical, Biological, Radiological and Nuclear) NCO who did double duty as the unit medic, raced from his position in the fourth vehicle of the convoy. He provided first aid to another injured Soldier before locating the colonel, then applied tourniquets to stem Gadson's loss of blood.

"The night of May 7, this man you see with me here today became my hero," Gadson

said as he put his arm around Brown.

"He is the reason I am standing here today. If he didn't get those tourniquets on my legs when he did - and prayed with me when he did - I would not be standing here today.

"When I got to the hospital, I had a blood pressure of forty. That night I went through one hundred twenty nine pints of blood. And I tell you that only to tell you how bad off I was. If it wasn't for this young man, I would not be here," Gadson said, solemnly.

Thanking the 22d Chemical Battalion (Technical Escort) leadership for the opportunity to promote his former Soldier, Gadson deflected all attention to his hero.

"This day is truly about Sergeant Brown, who is a quiet professional. He's been that way since he came to 2d Battalion, 32d Field Artillery, 1st Infantry Division, over two years ago," he said, referring to the battalion he led into battle.

"As you guys know, in these wars on terrorism they ask us to do many things that are not necessarily in our MOS [military occupational specialty], and Brown epitomizes that.

"As a young private first class, when our battalion was asked to perform as an infantry battalion in Baghdad during the surge, we realized we did not have enough medics to cover the density of folks we needed to cover on the battlefield," Gadson explained.

"Because of who he is,

See HERO, page 15



Lt. Col. Gregory Gadson "tacks on" the sergeant stripes he pinned on his battle buddy Sgt. Eric Brown, center, in an Aug. 6 ceremony at Aberdeen Proving Ground, Md.

## Top NCO calls for review of TRICARE standards

Army News Service

The Army's top noncommissioned officer recommended reviewing the standards of the military health-care program TRICARE during his testimony on Capitol Hill July 22.

Sgt. Maj. of the Army Kenneth O. Preston and the top NCOs from other services appeared before the House Armed Services Military Personnel Subcommittee to share the successes and problems of military family support programs.

Preston said military Families are experiencing problems finding TRICARE providers off installations, especially in more rural areas.

"One of the major accessibility challenges to getting quality medical care is finding sufficient health-care providers outside our military installations who accept TRICARE payment," Preston said.

TRICARE brings together health-care resources of the military and civilian medical professionals, Preston said. It serves active, Guard, and Reserve members, retirees, Families, survivors and certain former spouses worldwide.

The limited number of health-care providers who accept the plan is a result of negative past experiences with the program, Preston said.

"Many of them were left with a bad taste in their mouth from dealing with TRICARE before because of the length of time it took to get reimbursement," Preston explained.

One health-care provider he spoke with accepts TRICARE patients out of charity to help the military, Preston said.

Due to reimbursement problems, the health-care program was revamped and

Preston said he sat down with the TRICARE management team and discussed what was done to restructure and streamline the process. Although it has made significant advancement, he said the program still has gaps that need fixed.

TRICARE offers three different plans to the 9.4 million eligible beneficiaries. TRICARE Reserve Select is a premium-based plan that qualified Guard and Reserve members can buy. It is similar to TRICARE Standard and TRICARE Extra and charges a monthly premium of \$47.51 for the Soldier and \$180.17 for the Soldier and Family.

Through TRICARE, Soldiers and their Families have access to authorized providers, and they can use military treatment facilities - 59 military hospitals, 413 medical clinics and 413 dental clinics - on a space-available basis.

Soldiers and their Family members list quality medical care as a priority and a main reason to stay with the Army team, according to Preston's submitted statement to the subcommittee.

Preston said the center of the Army's commitment to supporting service members and their Families comes from two covenants - the Army Family Covenant signed in 2007 and the Army Community Covenant signed in 2008.

The covenants ensure the Army will continue to provide programs that will enhance the quality of life for everyone involved, he said.

"Both of these initiatives institutionalize and fund the programs supporting our Soldiers and their Families with the support that is commensurate with their quality of service they provide to our nation," Preston said.

## "Vets to the Valley" pilot initiative to provide training, jobs to military veterans

Also, fills in gaps for engineers, essential jobs

Story by  
**ERIN KOSHUT**  
Special contributor

In an effort to utilize one of the nation's most valuable assets—technically-trained, ex-military personnel, and to answer a tremendous need facing the United States—a shortage of trained technicians and engineers graduating from the nation's universities and colleges, the Tennessee Valley Corridor recently launched a bold new workforce development initiative called "Vets to the Valley."

The initiative will initially focus on two areas within the Tennessee Valley Corridor—Oak Ridge, Tenn., and Huntsville, Ala., with two slightly different, but locally-tailored programs designed to bring talented, military veterans together with each region's top technical organizations and employers.

The Non-Commissioned Officer Enhanced Workforce in Science, Technology, Engineering, and Mathematics, or NEW-STEM, is designed to attract more technically-trained NCOs (ranks E5-E9) exiting the Army, Air Force and other services to Huntsville. NEW-STEM will provide NCOs with the opportunity to earn their engineering degree at the University of Alabama in Huntsville in its pilot semester this fall.

NEW-STEM has just opened registration for the 2010 class, and applications for participation will be taken until Aug. 31.

"We have evaluated the needs in the engineering field and worked with

our partners to create a specific orientation, curriculum and program to meet the needs of these servicemen and women as well as the needs in the engineering field," said Dr. David Williams, president of UAHuntsville. "The NEW-STEM program is designed specifically for NCOs, and it will not only help our region bring talented young engineers to our communities to fill jobs that are essential to our success, but it will help our nation as it continues to compete on a global scale."

While pursuing their degree, students will participate in a co-op program being offered by a Department of Defense command located on Redstone Arsenal and the private sector in Huntsville, Ala. The participating organizations in the NEW-STEM program thus far include the DoD's Missile Defense Agency and the Northrop Grumman Corporation. The participating commands will provide the NCOs with a co-op/work-study program, allowing them to work in an engineering job while in school and then permanently fill that position upon graduation. Additionally, the NEW-STEM program is working with local industry to participate in the program and offer more co-ops and jobs.

"The number of new scientists and engineers emerging from U.S. universities is declining, and we will not be able to meet the demand created as our experienced engineers and scientists retire unless we address this problem," said Lucia Cape, vice president of Workforce, Huntsville/Madison

See VETS, page 4

## APG News

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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# End of an Era



## Commentary: As it should be

By **YVONNE JOHNSON**  
APG News

A historical migration took place at Aberdeen Proving Ground last week – one that when completed will permanently change not only the face but the attributes of this nearly century-old installation.

The U.S. Army Ordnance Museum began one of the largest, if not the largest, move in the history of the U.S. Army Center of Military History's Army Museum System as 60 of its assets were transported down I-95 to the new home of Ordnance at Fort Lee, Va.

While it can be stated simply that the museum is moving, the endeavor itself is anything but simple. It involves the logistical coordination of a number of elements, not the least of which is the actual movers themselves.

I spent the entire week of Aug. 3 to 7 with the contractors assigned this task and came away wholly impressed; not only with their skill but with the respect and even awe with which they handled those precious and priceless Ordnance assets.

This commentary is an introduction to a series to follow over the coming weeks of the Ordnance Museum migration – an emotional subject for many of the Ordnance faithful both on the installation and in the local community.

The series will touch on the technical as well as the emotional aspects of this move. It will discuss the planning as well as the planners. But more importantly, it will attempt to bring you face to face with the splendid symbols of the Ordnance Corps that make up the museum and hopefully provide a respectful memento for those unable or unwilling to make the trek to Virginia to view them for themselves.

I've visited the museum several

times over the past 10 years; covering stories and ceremonies, but I never fully appreciated the importance of what this community possessed until now. While there are still plenty of artifacts left to view, the gaping hole of what once was there should not be ignored. It should, in fact inspire everyone to visit, gaze upon and admire the treasured relics that are still here.

Fort Lee also is the home of the Quartermaster Corps in which I served while in the Army. Throughout my career I was stationed in maintenance and

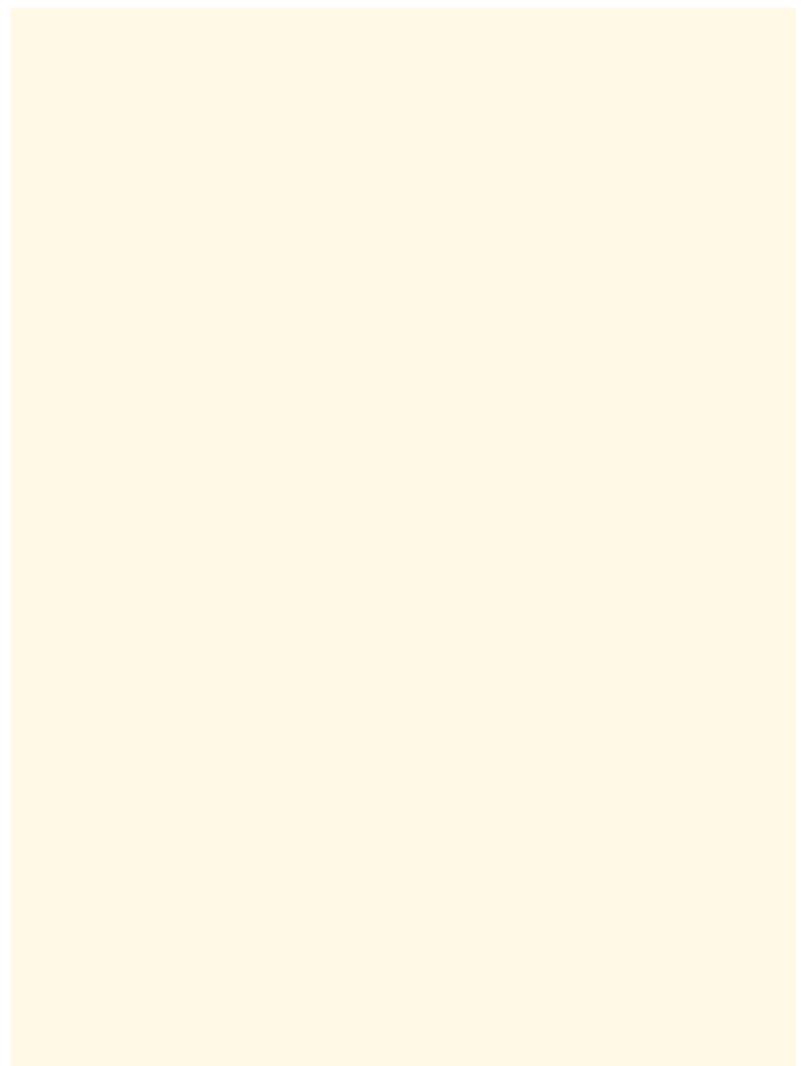
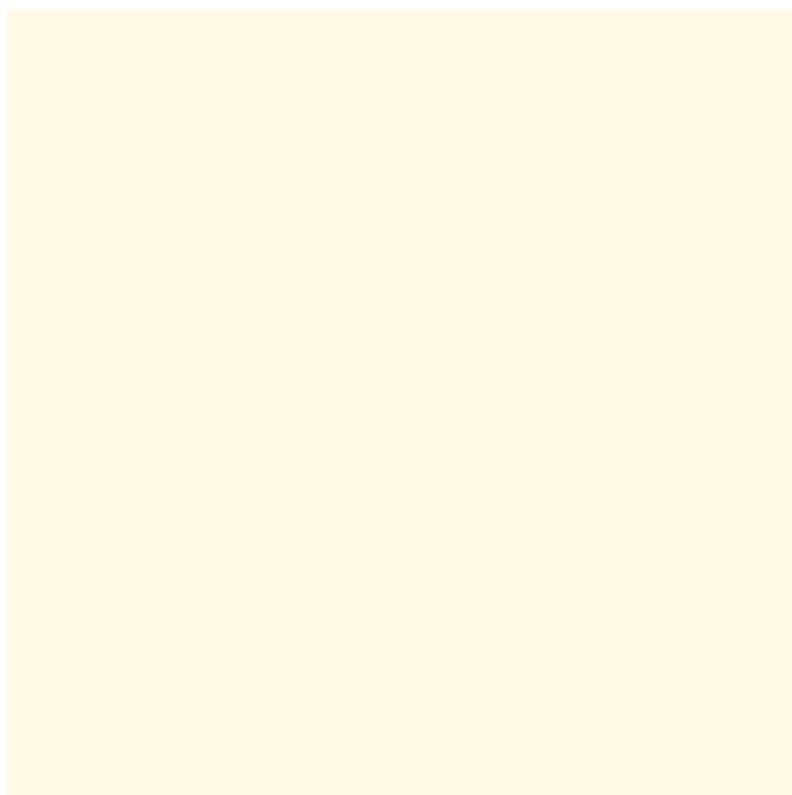
supply units with Ordnance Soldiers. Without exception, all spoke fondly of Aberdeen Proving Ground and it wasn't until I made my home here that I understood that fondness. A big part of it was due to the Ordnance Museum that houses the foundation of the Corps. Ordnance and Quartermaster Soldiers would be hard pressed to function, one without the other. And now they will not only serve together but, due to this pivotal undertaking, will learn together as well. With all due respect to the emotional aspects of this move, perhaps, this is as it should be.



Colorful markings make this light, full-track tank from France that was produced in 1935 and used during World War II appear sad to leave its home on the U.S. Army Ordnance Museum tank field at Aberdeen Proving Ground.



The 21,000-pound World War II-era French tank is all trussed up with lifting straps and loaded onto a flatbed by a 90-ton crane for its journey to Fort Lee, Va. Aug. 4.



# Gunpowder Toastmaster awarded for coaching, speaking, leading

Story by  
**DAVE GARCIA**  
Gunpowder Toastmasters

A Chemical Materials Agency employee and a local Gunpowder Toastmaster recently received four awards from Toastmasters International – one for coaching, one for speaking and two for leadership.

“This is most extraordinary,” said Carmen Lane Kifer, president of the Gunpowder Toastmasters Club. “Most Toastmasters are fortunate if they receive one award in a year.”

Thom “Coach” Hawkins became a successful club coach by serving an instrumental role helping to revive a low club membership, rebuilding the club from 12 members in February to 19 members before the end of June. “This was a win-win-win for Thom and the Gunpowder Toastmasters,” Lane Kifer said. “The club grew in membership, new officers learned club improvement processes, and new members began a journey to becoming better communicators and leaders.”

Hawkins became the first successful club coach this year in Toastmasters District 18, which includes more than 100 clubs in Maryland, western Delaware, eastern West Virginia and south-central Pennsylvania.



Hawkins also received the Advanced Communicator Bronze award by completing five projects in two advanced speaker manuals. Each speech in the advanced manual focuses on developing skills for effective communication.

Hawkins plans to continue his involvement with Toastmasters by progressing through more advanced manuals to refine and hone his public speaking skills.

Hawkins was also awarded the Advanced Leader Bronze award in recognition of accomplishments in becoming a better leader.

“Thom served as a club officer and planned successful club programs in his area of responsibility. He also presented two leadership excellence programs, “Conflict Resolution” and “Goal Setting and Planning” to club members,” Lane Kifer said.

Last but not least, Hawkins received TI’s Leadership Excellence award for completing a high performance leadership project. He chose to coordinate a communication workshop at a local summer camp for 6- to 12-year-olds. This project required a series of reviews by a leadership committee so the project would provide maximum opportunities for the project leader to learn from this experience. The project is completed by a final presentation to the committee to determine the project met the requirements.

“While I taught the campers to be conscious of their communication, they taught me to be adaptable in my approach,” Hawkins said. “They didn’t always want to do what I had planned, so I had to find ways to tie the lessons to what they wanted to do.”

Toastmasters International is an internationally recognized organization known for helping its members devel-

op leadership skills, improve speaking and presentation skills and learn to think and speak quickly and clearly. “Skills learned in Toastmasters transfer well to the work place, teaching how to give better presentations; hone management skills; effectively develop and present ideas and offer constructive criticism,” Hawkins said.

“The mission of a Toastmasters Club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth,” he said.

Gunpowder Toastmasters meets the first and third Monday (Tuesday if Monday is a Holiday) of each month from 11:40 a.m. to 12:40 p.m. in the seminar room of the Chemical Demilitarization Facility, building E4516 in the Edge-wood Area. Gunpowder Toastmasters meetings are free, open to the public, and guests are welcome.

For more information about Gunpowder Toastmasters, call David Garcia at 410-436-5013 or Carmen Lane Kifer, 410-436-8969. For more information about Toastmasters, go to [www.toastmasters.org](http://www.toastmasters.org).

## Vets

From page 2

County Chamber of Commerce. “These highly trained NCOs are mature, have technical expertise and hands-on experience, and NEW-STEM can help fill the ever-increasing gap in engineering to keep Huntsville and the nation competitive, while at the same time providing a financially secure plan for NCOs and their Families.”

The first participants in the NEW-STEM program will initially begin their paid co-op positions this summer and enter UAHuntsville in the Fall.

The NEW-STEM team is currently working with DoD and the Department of Labor’s Transition Office to begin the NCO candidate selection process.

NCOs accepted into the program will be responsible for using their GI bill benefits to pay for tuition expenses.

“The jobs that we are gaining as a result of BRAC [base realignment and closure] will be here within two years, so we don’t have time to start from scratch

to fill our immediate needs,” Cape said. “By accessing the NCOs who are leaving the service, we capture workers who can start in some capacity right now while they complete an engineering program to bring them up to full speed as BRAC is completed.”

NEW-STEM’s counterpart in Oak Ridge, Tenn., America’s Veterans to Tennessee Engineers, focuses on veterans from Walter Reed Army Medical Center and other areas, is geared specifically to attracting veterans interested in nuclear, chemical, electrical, mechanical, or civil engineering.

The America’s Veterans to Tennessee Engineers pilot program began January 2009, and participating agencies include B&W Y-12, Tennessee Valley Authority, B&W Clinch River, UT-Battelle/Oak Ridge National Laboratory, Energy Solutions, Science Applications International Corporation, Wackenhut Corporation, Pro2Serve, Bechtel, USEC, EnergyX and GEM Technologies so far.

“Our participants have already proven they are dedicated, talented men and women and we expect them to be a perfect match for the energy compa-

nies here in the Oak Ridge-Knoxville area,” said Kevin Smith, interim program Steering Committee chairman of the America’s Veterans to Tennessee Engineers consortium.

Ideally, both programs will grow to 30 participants per year and should be fully implemented by 2010.

Candidates wishing to participate in either program may find out more about the requirements and qualifications needed and apply at <http://www.tennvalley-corridor.org>.

A portion of the funding for the NEW-STEM program is being provided by a grant from the Department of Labor’s Workforce Innovation in Regional Economic Development, or WIRED, program which is administered by the Valley Innovation Alliance.

The Tennessee Valley Corridor is a multi-state regional economic development organization dedicated to promoting the Tennessee Valley Corridor as one of the nation’s premier science and technology centers, and to leveraging the Valley’s abundant research and technology assets and institutions for maximum regional economic development

and new job creation.

Building relationships and strong collaborations among our federal institutions, world-class research universities and dozens of corporate leaders in science and technology, the Tennessee Valley Corridor has helped showcase the Valley’s superior quality of life and the people, business, natural and scientific resources needed for high-tech research, development, business and investment in the 21st century.

These federal and regional assets include: NASA’s Marshall Space Flight Center; the U.S. Army’s Redstone Arsenal; the U.S. Air Force’s Arnold Engineering Development Center; the Department of Energy’s Oak Ridge National Laboratory and Y-12 National Security Complex; the Tennessee Valley Authority; the Oak Ridge Institute for Science and Education; the Great Smoky Mountains National Park; the National Transportation Research Center; the Center for Rural Development; the National Safe Skies Alliance; several world-class research universities and dozens of corporate leaders in science and technology.

# Chapel News

## Commentary: Praying in faith

By  
**CHAP (MAJ) YOUNG D. KIM**  
APG Chapel Ministry

When reading stories of miraculous healings, it is easy to wonder why some people are healed and others are not. Does healing depend upon the faith of the sick person or the faith of the healer—or some combination of the two?

Scripture doesn't give such easy formulas. We are commanded to ask elders to pray for us when we are sick, and we are promised that "the prayer offered in faith will make the sick person well: the

Lord will raise him up." (James 5:16)

However, the healing does not always occur in this lifetime.

When healing comes, it ought to point others to Christ. Those in Lydda and Sharon turned to the Lord after seeing Aeneas healed (v.35). When healing does not come, as when the Lord refused to take away Paul's "thorn in the flesh," we are able to learn that God's grace is sufficient for us, and that His power is perfected in weakness. (cf. 2 Cor. 12:9).

According to Acts 9:36-43, the story of Peter raising Tabitha from the dead has

many parallels to the story of Jesus Christ raising Jairus' daughter. (cf. Luke 8:41-56) Both occur in the privacy of a bedroom; similar commands are spoken: "Tabitha, get up" vs. "My child, get up;" and both females are taken by the hand. In recounting these similar details, Luke wants us to connect Peter's miracle to Jesus' work and mission. If we do not recognize the connections between the two, we might be tempted to become enamored with Peter. However, the very structure of this story makes us realize that the real hero is not Peter, but Peter's Christ. Though Jesus Christ has departed,

His power still abides in His people.

Here is the central point: our ministry, however powerful and eye-catching, must always bring further attention to Jesus Christ. We must have the attitude of John the Baptist: "He (Jesus) must become greater, I must become less." (John 3:30)

We have been given an even greater gift, the Holy Spirit, who "will guide you into all truth" (John 14:13) and "lives in you" (Romans 8:11). Let us be thankful for the spirit's presence and guidance. (Editor's note: Author references ACTS 9:32-43.)



## Army News

### Vice says mental health more than stopping suicides

Story by  
**C. TODD LOPEZ**  
Army News Service

The Army must go beyond preventing Soldier suicides, and take a look at addressing other symptoms of a force struggling with eight years of persistent conflict, said the service's vice chief.

During testimony July 29, before the House Armed Services military personnel subcommittee, Vice Chief of Staff of the Army Gen. Peter W. Chiarelli told lawmakers the Army is concerned with not only suicides, but also acts of violence, increased use of alcohol, drug abuse, infidelity and reckless driving.

"We've been at war for nearly eight years," Chiarelli said. "That has undeniably put a strain on our people and our equipment. Unfortunately, in a growing segment of the Army's population, we have seen increased stress and anxiety manifest itself through high-risk behavior, including acts of violence, excessive use of alcohol, drug abuse, and reckless driving."

In the most extreme cases, however, Soldiers commit suicide. And the Army has seen an increase in Soldiers taking their own lives. In 2008, 140 Soldiers in the active-duty Army took their own lives. That puts the 2008 active-duty suicide rate at 20.2 per 100,000 -- the highest ever for the Army and, for the first

time, higher than the civilian rate.

In order to better understand the rise in suicides, the Army asked the National Institute of Mental Health to study its causes in the ranks. The study commissioned by the Army will focus on behavioral health, psychological resilience, suicide risk, suicide-related behaviors, and suicide deaths across the active and reserve components.

Chiarelli told lawmakers he thinks limited time at home between deployments is one cause of stress for Soldiers and families and that increasing dwell time is a solution.

"I think the thing that would give us a leg up on this, that would help us out so much, is to increase the amount of dwell time that our Soldiers have at home," Chiarelli said. "There is no doubt in my mind that this reduced dwell time - is causing a tremendous amount of stress on the force, on Soldiers, and on families. And I have to believe the NIMH will identify that early as one of the stressors that is affecting us."

Chiarelli also told lawmakers the Army has several initiatives to improve the psychological wellness of Soldiers.

"Secretary of the Army Pete Geren and Chief of Staff of the Army Gen. George Casey consciously made the decision to expand our efforts to improve the over-

all behavioral health and wellbeing of the force," Chiarelli said. "Ultimately, we want to get left of this very serious problem. And to do so we must improve the resiliency of our Soldiers and their family members. In the past the Army's approach was primarily reactive. That has changed today - it is in fact proactive."

Part of that proactive approach to Soldier wellbeing is the Army's Comprehensive Soldier Fitness Program, Chiarelli told legislators. The program is meant to begin for Soldiers in basic training and continue throughout their career.

In written testimony to the Congress, Chiarelli wrote that the CSF program is designed to raise "mental fitness" to the same level the Army considers physical fitness.

"We recognize people come into the Army with a very diverse range of experiences, strengths and vulnerabilities in their mental as well as physical condition," he said. "Studies have shown that mental and emotional strength are just as important as physical strength to the safety and wellbeing of our Soldiers."

Chiarelli said he believed that there is an uptick in substance abuse problems in the Army as a result of ongoing stressors on the force. The Army has responded to that with an increase in substance abuse counselors, and recently, a pilot program

at one installation to allow Soldiers to self-identify for alcohol abuse without the knowledge of their command.

"We've set up special hours, after-duty hours on Saturdays and Sundays where these appointments can be made where a Soldier who self-refers can go in and get the care and counseling he needs and hopefully head off a problem before we end up in the reactive mode," Chiarelli said. By the end of August, he added, the pilot program will be expanded to three installations.

The Army is also looking at a Web-based program to deliver care to Soldiers, Chiarelli told lawmakers. A special "Web-Care" program would provide "online 'real-time' counseling via video, e-mail, live chat, or instant messaging."

The general also said part of helping Soldiers is making it permissible for them to help themselves - that means changing the culture so Soldiers are not ashamed to seek out mental health care. Chiarelli said recent assessments in theater have shown more Soldiers are willing to seek out mental health care without the concern that it is perceived as weakness or that it will affect their careers.

"We are committed to getting the message out to Soldiers that it is okay to get help," Chiarelli said. "We are making progress."

## POST SHORTS

the VA Maryland Health Care System at 1-800-865-2441.

Veterans can also schedule a same day appointment at the Perry Point VA Medical Center by calling the Telephone Care Line Monday through Friday, 7:30 a.m. to 5 p.m., 1-800-865-2441.

### AAFES curtails money order program

Army & Air Force Exchange Service facilities no longer offer money order services.

“Fortunately, these services are already available on military installations,” said AAFES’ Chief of Corporate Communications Lt. Col. William Thurmond. “These banks, credit unions and post offices will be able to meet the need for financial services such as money orders while AAFES focuses on meeting authorized shoppers’ retail needs.”

Stringent anti-money laundering requirements and DoD Financial Management Regulations that forbid “base organizations” from selling money orders when banking offices are open

prompted AAFES’ decision to curtail Money Order services at 107 of its Main Stores and 136 “Specialty” stores.

### DOL Customer Appreciation Specialty Meal Aug. 18

The Directorate of Logistics Customer Appreciation Specialty Meal will be held in the Aberdeen Area dining facilities, buildings 4503 and 4219 and the Edgewood Area dining facility, building E-4225, 5:30 to 7 p.m., Aug. 18.

During this event all military personnel, Family members, Department of Defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$4.25 applies to any officer, enlisted member, and Family member of sergeant or above, DoD civilians, retirees and their guests. The discount meal rate of \$3.65 applies to spouses and other Family members of enlisted personnel in the ranks private through specialist/corporal.

The menu includes New England clam chowder, prime rib with au jus, fried shrimp, lemon baked fish, teriyaki chicken, seasoned freedom fries, mashed garlic red potatoes, steamed broccoli, lightly buttered corn, brown gravy, cole slaw, zesty rotini salad, assorted salad bar, homemade biscuits, southern style corn bread, assorted breads, strawberry shortcake, apple pie, chocolate cake, soft serve ice cream with assorted toppings and assorted beverages.

Note: Menu is subject to change without prior notification.

For more information, call Edward Parylo or Ernest Green, 410-306-1393/1398.

### Restoration Advisory Board meeting Aug. 27

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m. at a new location: Vitali’s Restaurant & Banquets, 1709 Edgewood Road and Route 24 in Edgewood.

The topic of the meeting will be an update on the Other Edgewood Areas, Lauderick Creek and Bush River Study Areas.

Board meetings are open to the public; all APG employees and citizens are invited. For more information, call the Information Line at 410-272-8842 or 800-APG-9998.

### VA Maryland Health Care System Open House and Information Fair

The Veterans Affairs Maryland Health Care System will host an Open House and Information Fair, 10 a.m. to 1 p.m., Aug. 22, in the Outpatient Clinic at the Perry Point VA Medical Center, building 361.

Veterans and their Family members are invited to learn about VA health care eligibility and enrollment, available health care services, compensation and pension benefits, pharmacy services and burial benefits.

Information will also be available about VA programs and services to support veterans struggling due to a job loss or financial setback. Representatives will also be available to provide information and assistance to veterans returning from Iraq and Afghanistan.

Veterans interested in enrolling for VA health care should bring a copy of their discharge paperwork (Form DD214) and a photo ID to assist in the enrollment process.

For more information or for directions to the center, call the VA Maryland Health Care System’s Community Outreach Office, 1-800-949-1003, extension 5407.

### Thrift Store holds \$3 bag sale in August

The APG Thrift Store will hold a \$3 bag sale in August for items in the sale room. Many items will be moved from the front of the store to make room for newer stock. For more information, call 410-272-8572 during store hours.

*(Editors Note: More Shorts can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Shorts.)*

## FEW accepting nominations for annual scholarship

FEW

The Maryland Tri-County chapter of Federally Employed Women presents an annual \$300 scholarship called the 2008 Dottie Dorman Working Woman’s Scholarship to a deserving woman to pay for or offset college expenses incurred in pursuit of her continuing education.

To qualify a nominee must:

- Be a female employee in Baltimore, Cecil or Harford County.
- Currently be pursuing college-level education studies.
- Prepare a short essay (not to exceed one typewritten page) summarizing educational plans and explaining how this scholarship will be used. Indicate in the essay whether currently receiving federal aid for education, whether involved in a reduction in force, and what the promotion potential is in

applicant’s current federal position.

- Provide the name; home and work addresses; home and work telephone numbers; e-mail addresses; name and telephone number of current supervisor (to confirm federal employment); and name of nominee’s educational institution.

- Submit application to the Maryland Tri-County FEW Scholarship, c/o Suzanne Schultz, 952 Chesapeake Drive, Havre de Grace, MD 21078 no later than Aug. 17.

The winner will be announced during the APG Women’s Equality Day observance and awards ceremony, 1 p.m., Aug. 25, at the Ball Conference Center, Aberdeen Area.

For more information, call Suzanne Schultz, 410-278-9514 or Melissa Smith, 410-642-2411, x5129.

# Community Notes

## THURSDAY

### AUGUST 13 DAY ON THE BAY

The Chesapeake Heritage Conservancy, Inc. will offer a Day on the Bay, 9:30 a.m. to 3:30 p.m., on the Skipjack Martha Lewis. Enjoy the day sailing to Charlestown, Md., bird watching, sightseeing then lunch at the Wellwood Club and return. Tickets cost \$55 for adults, \$28 for children ages 10 and under. Credit cards will be accepted. Reservations are required.

For more information, for reservations or to purchase tickets, call 410-939-4078.

### SUNSET CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Sunset Cruise, 7 to 9 p.m., on the Skipjack Martha Lewis. Tickets cost \$25 for adults and \$12 for children ages 10 and under. The ship will cruise around the Susquehanna Flats area for a relaxing sail and sunset. Reservations are required.

For more information, for reservations or to purchase tickets, call 410-939-4078.

## FRIDAY

### AUGUST 14 NIFTY KNOTS & WHATNOTS

The Chesapeake Heritage Conservancy, Inc. will offer Nifty Knots and Whatnots for children only, 10 to 11:30 a.m., aboard the Skipjack Martha Lewis. Hoist the sails, learn the ropes and make a knot board.

Cost is \$10 per person. Reservations are required.

For more information or for reservations, call 410-939-4078.

### FRIDAY FLOATING FEASTS

Unwind from a week of work and camp with dinner on the water, the Water Strider Pontoon Boat that is, with family or friends. Meet at the Estuary Center. All trips depart from the Otter Point Marina due to low tides. Registration is required. This program will be held 6 to 8 p.m. for children 30 lbs. to adult. The cost is \$10 per person or \$35 per Family (limit 5 per Family), and registration is required.

For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

### BREWS AND CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer Brews and Cruise, 7 to 9 p.m., on the Skipjack Martha Lewis. Tickets cost \$40 per person (must be 21 years of age or older). Passengers will be treated to a cruise around the Susquehanna Flats area and offered samplings of micro brews from area breweries and munchies. Reservations are required.

For more information, for reservations or to purchase tickets, call 410-939-4078.

## SATURDAY

### AUGUST 15 FLEA MARKET

American Legion Edgewood Service Post 17 located on 41 Edgewood Road will sponsor a flea market the third

Saturday of the month, 7 a.m. to 1 p.m. Table rentals are available for \$10 per table and parking spots cost \$10 donation each.

Bring treasures to sell or come and buy treasures. Food available for purchase.

For more information or to make reservations, call 410-676-1147.

### CRITTER DINNERTIME

Come watch the turtles, fish and snakes eat and learn more about these fascinating creatures. This program begins at 10:30 a.m. and is free for all ages. No registration required.

For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

### SILVERTURTLES

Learn to make quick, easy, delicious and nutritious meals by cooking in foil on coals. Great program for scouts! This program will be held 12 to 1:30 p.m. for ages 8 to adult, age 8 to 10 with adult. The cost is \$5, and registration is required.

For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

### MARGARITAVILLE CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Margaritaville Cruise, 7 to

9 p.m., on the Skipjack Martha Lewis. Tickets cost \$40 per person (21 years of age or older). Set sail with island tunes and light refreshments. Margaritas, beer and soda included. Reservations are required.

For more information or for reservations, call 410-939-4078.

## SUNDAY

### AUGUST 16 PIRATES OF THE CREEK

Help navigate the creek on the pontoon boat in search of hidden treasure. Compass and maps will be provided. This program will be held 8:30 to 10 a.m. for children 30 lbs. to adult. The cost is \$6 for adults, and children up to age 13 are \$4. Registration is required.

For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

### LIGHTHOUSE CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a narrated lighthouse cruise, 11 a.m. to 2 p.m., aboard the Skipjack Martha Lewis in Havre de Grace. Tickets cost \$35 for adults and \$17 for children ages 10 and under.

Reservations are required. Cost includes a three-hour cruise enjoying water views of three area lighthouses: Concord Point, Fishing Battery Island and Turkey Point. A box lunch is also included. Credit cards are accepted.

For more information, for reservations or to purchase tickets, call 410-939-4078.

### SOMETHING'S FISHY

Use the magic of the seine net to reveal the canny fish hiding in Otter Point Creek and then discover their identity. This program will be held 12

to 1 p.m. for ages 8 to 12. The program is free but registration is required.

For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

### MEET A CRITTER

Check out one of the live critters up close while discovering what makes that animal special. This program begins at 3 p.m. and is free for all ages. No registration required.

For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

## SUNDAY SUNDAE

Join the Skipjack Martha Lewis for a Sunday Sundae Cruise, 7 to 8:30 p.m. Passengers enjoy an evening sail while creating their own ice cream sundaes from local ice cream shops. Cost is \$15 per person. Reservations are required.

For more information or for reservations, call 410-939-4078.

## TUESDAY

### AUGUST 18 CREATURES OF THE BAY

The Chesapeake Heritage Conservancy, Inc. will hold a Creatures of the Bay Cruise, 10 to 11:30 a.m., for children ages 6 to 14, on the Skipjack Martha Lewis. See first-hand some of the animals living in the bay. Find and identify the tiniest creature, terrapins, oysters and crabs, oh my! Tickets cost \$10 per person. Reservations are required.

For more information, for reservations or to purchase tickets, call 410-

939-4078.

### CREATURES OF THE BAY - EVENING

An evening Creatures of the Bay Cruise will take place, 6:30 to 8 p.m., for children ages 6 to 14, on the Skipjack Martha Lewis. See first-hand some of the animals living in the bay. Find and identify the tiniest creature, terrapins, oysters and crabs, oh my! Tickets cost \$10 per person. Reservations are required.

For more information, for reservations or to purchase tickets, call 410-939-4078.

## WEDNESDAY

### AUGUST 19 WEDNESDAY WEE WONDERS

Join the naturalist and her wee one for a critter encounter and hike. This program will be held 10 to 11 a.m. for ages 0 to 4. The program is free but registration is required.

For information, registration or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

### TEDDY BEAR'S PICNIC

The Chesapeake Heritage Conservancy, Inc. will take children on a Teddy Bear's Picnic aboard the Skipjack Martha Lewis, 11 a.m. to 12:30 p.m. Children can bring their favorite bear or doll for a cruise and picnic. Parents are welcome. Tickets cost \$10 per person (children only).

For more information or to purchase

*(Editors Note: More calendar events can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Community Notes.)*

## Philadelphia offers special welcome to military

Philadelphia, the city where the U.S. Army, Navy and Marines were all founded, invites the military and their Families to have some fun in America's birthplace taking advantage of tours, hotel packages and special offers available to them through Veterans Day.

The Greater Philadelphia Tourism Marketing Corporation's Web site, [www.gophila.com/history](http://www.gophila.com/history), highlights places of historic interest to the armed forces and features information about hundreds of dollars in savings available to them. Search event calendars, see photos and videos, book hotel reservations and more.

For more information about travel to Philadelphia, visit [www.gophila.com](http://www.gophila.com) or [www.uwishunu.com](http://www.uwishunu.com), or call the Independence Visitor Center, 800-537-7676.



# Health Notes

## Immunizations not just for kids

Story by  
**BETHANN CAMERON**

U.S. Army Center for Health Promotion and Preventive Medicine

Children are not the only people who need immunizations—young adults to senior citizens can benefit from immunizations, too.

Many adults become ill, disabled or die each year from diseases that could easily have been prevented by being immunized.

Immunizations also benefit people in the community where immunized persons live or work, putting fewer numbers of people at risk by preventing the spread of diseases. Diseases like influenza (flu), tetanus and measles can cost Soldiers, Families and civilian personnel time and money because of doctor visits, lost duty and work time and hospitalizations.

Some adults assume that the immunizations they received as children will protect them for the rest of their lives.

Usually this is true, except that:

- Some adults were never immunized as children,
- Newer vaccines were not available when some adults were children,
- Immunity can begin to fade over time, and
- As the body gets older it becomes more susceptible to serious diseases caused by common infections (for example, flu and pneumococcus).

These circumstances require that adults make sure their immunizations are up to date. The recommended ones are: influenza, pneumococcal polysaccharide (PPSV), Td/Tdap (Tetanus, diphtheria, pertussis), MMR (measles, mumps, rubella), varicella (chickenpox) and hepatitis B. People who travel overseas, college students and young women may require additional immunizations. Healthcare providers also recommend immunizations for adults who have chronic illness such as heart disease, lung disease and liver disease, or other risk factors such as alcoholism or

cigarette smoking.

How do immunizations work? They prevent disease in the people who receive them. A weakened form of disease is injected into the body. The body makes antibodies to fight the invader. If the actual disease ever attacks the body in the future, the antibodies will still be there to destroy it.

Immunizations protect the personal health of military personnel, help maintain mission readiness and are required. An immunized Soldier is less likely to become seriously ill from a disease that threatens his or her unit's mission. By staying healthy, the immunized Soldier helps other Soldiers accomplish their mission. Even though immunizations have reduced diseases to low levels in the United States, many diseases are still common in other parts of the world. Soldiers, civilians and contractor getting ready to deploy may require specific, additional immunizations depending on the health risks where they are deploying.

Military personnel, their Family mem-

bers and civilian personnel should work closely with their healthcare providers to schedule immunizations and make sure that immunizations are up to date.

The U.S. Centers for Disease Control and Prevention has the 2009 Adult Immunization Schedule recommended for anyone over age 18. It is available in English and Spanish and may be downloaded. To see the complete list of immunizations recommended by the CDC for adults (as well as recommendations and schedules for adolescents and children), go to <http://www.cdc.gov/vaccines/recs/schedules>.

The Military Vaccine Agency has immunization charts for U.S. military personnel in any of the Department of Defense services including the Coast Guard. MilVax also provides lists of vaccines by type of military population—trainees, active-duty and reservists, as well as for deployments. Recommended guidelines and charts are on the Web at <http://www.vaccines.mil/default.aspx?cnt=resource/servicesHome>.

## New active duty dental plan launched August 1

U.S. DoD Military Health System

Active duty service members now have a new dental program that started Aug. 1.

The new Active Duty Dental Program becomes the dental care plan for active duty service members assigned to locations with no access to a military dental facility. ADDP is also for service members referred by their dental treatment facility to the civilian network for specialty care or due to unavailability of timely DTF appointments.

TRICARE Prime Remote enrollees—ADSMs with duty stations and residences more than 50 miles from a military dental facility—are eligible for ADDP.

Reserve and National Guard members activated for more than 30 consecutive days on federal orders and who live more than 50 miles from a military dental facility are also eligible for ADDP on their activation date.

ADSMs who live in remote locations, but work within 50 miles of a dental treatment facility will continue to be

seen at a DTF.

Of the more than 81,000 dental claims filed each year by ADSMs, approximately 31 percent of them come from service members living and working in remote locations. In the past, the Military Medical Support Office of the TRICARE Management Activity handled remote dental claims and referrals from DTFs. United Concordia, Inc., will now handle these claims and referrals through the new ADDP under a contract awarded in September 2008.

ADSMs using the ADDP will be able to take advantage of United Concordia's network of dentists and specialists. No enrollment is required.

"United Concordia will establish an extensive dental provider network covering the United States, U.S. Virgin Islands, Guam, Puerto Rico, American Samoa and the Northern Mariana Islands," said Navy Capt. Robert Mitton, TMA dental program director. "TRICARE wants to ensure a high level of beneficiary satisfaction as well as controlling costs."

Letters and brochures are being

mailed to ADSMs in remote locations to inform them of the new ADDP program. To download the brochure, click the dental section under the appropriate region on the TRICARE Smart site at [www.tricare.mil/tricaresmart](http://www.tricare.mil/tricaresmart).

Learn more about dental plans and getting care at [www.addp-ucci.com](http://www.addp-ucci.com) and [www.tricare.mil/dental](http://www.tricare.mil/dental).

About TRICARE Management Activity and the Military Health System TRICARE Management Activity, the Defense Department activity that administers the health care plan for the uniformed services, retirees and their Families, serves more than 9.4 million eligible beneficiaries worldwide in the Military Health System. The mission of the MHS is to enhance Department of Defense and national security by providing health support for the full range of military operations. The MHS provides quality medical care through a network of providers, military treatment facilities, medical clinics and dental clinics worldwide. For more about the MHS, go to [www.health.mil](http://www.health.mil).

## Law school available to junior officers

Installation Legal Office

The Office of the Judge Advocate General is now accepting applications for the Army's Funded Legal Education program. Under this program, up to 25 Army officers may be selected to attend law school at government expense while on active duty.

Selected participants in the FLEP will attend law school at either their state's supported school or a school that grants military members in-state tuition beginning the fall of 2009 and remain on active duty while attending law school.

Interested officers should review Chapter 14, AR 27-1 (The Judge Advocate General's Funded Legal Education Program) to determine their eligibility.

This program is open only to active duty commissioned officers in the rank of second lieutenant through captain and applicant must have at least two but not more than six years of active duty at the time legal training

commences.

Further eligibility requirements are governed by statute (10 U.S.C. 2004) and are non-waiverable.

Selected officers will attend law school at a state-supported school in their state of residence or a school that grants military members in-state tuition. Register for the earliest offering of the Law School Admission Test.

Applicants must send their request through command channels, to include the officer's branch manager at Army Human Resources Command, with a copy furnished to the Office of the Judge Advocate General, ATTN: DAJA-PT (Yvonne Caron-10th Floor), 1777 North Kent Street, Rosslyn, VA 22209-2194, to be received before Nov. 1.

Submission of the application well in advance of the deadline is advised.

Interested officers should contact Maj. Richard Hatfield, deputy staff judge advocate, or Nora L. Farrell, paralegal specialist, 410-278-1112/1107, respectively.



# Residence-related Army accidents down by more than 100

## Safety Center tools keep Soldiers safe at home, work

U.S. Army Combat Readiness/Safety Center

Safety practices that are keeping Soldiers safe at work appear to be keeping them safe in their homes as well according to statistics released this week by the U.S. Army Combat Readiness/Safety Center.

Since the beginning of Fiscal Year 2009, there have been 141 residence-related accidents, six of which resulted in Soldier fatalities. These numbers fall far below the fiscal year 2008 total of 270 home-related accidents, 14 of which resulted in death or total disability.

While the drop in residence-related accidents is certainly something to celebrate, officials at the U.S. Army Combat Readiness/Safety Center are quick to remind every member of the Army Family that safety must continue to remain a high priority at home.

"While our homes can be a safe haven from the stresses of everyday life, the

threat of an accident is always present," said Peggy Adams, USACR/Safety Center Ground Task Force deputy director.

Officials at the Home Safety Council report that the home is the second most common location for unintentional fatal injuries in the United States, with motor vehicle accidents being first.

Adams said the most common home hazards include unattended cooking or candles; faulty or unattended electrical appliances; unsecured or improperly used cleaning and lawn products; incorrectly used power tools; and slip and trip hazards.

So far this year, the Army has lost six Soldiers to home accidents involving fires, carbon monoxide poisoning, broken glass, a fallen tree and negligent discharges.

Summer months present some unique safety challenges everyone must also be

aware of at home, according to Adams.

"Exposure to hazards associated with home landscaping and maintenance, grilling and pools increases during the summer so people must be diligent in ensuring they have adequate controls in place to address those dangers," she said.

To mitigate the risk of these at home hazards, Adams advises that all Soldiers, civilians, contractors and their Family members follow manufacturer instructions and warnings for their power tools and grills and use hearing and eye protection and wear the appropriate clothing and footwear for whatever the activity.

A quality home safety plan is also an important part of keeping residential risk at bay. Adams said a successful home safety plan often involves many of the same risk mitigation tools Soldiers use at work every day.

"During mission planning, Compos-

ite Risk Management aids our leaders and Soldiers in their decision-making process [and] Soldiers, civilians and Family members can easily apply CRM to any activity, to include those done at home," she said.

Adams encourages every member of the Army Family to visit the USACR/Safety Center Web site at <https://safety.army.mil> and check out the many products and tools available to educate users about potential hazards and how to mitigate the risks associated with home activities.

"Every Soldier, Army civilian, contractor and Family member is an important part of our Army team," Adams said. "Engagement by all members of the team and the use of all available tools and processes to integrate composite risk management into everything we do is a key part of keeping our Army team safe. Remember, an Army team that is safe is Army Strong."

## USACR/SC begins transition to Army Learning Management System

Story by  
**JENNIFER ALBERT**

U.S. Army Combat Readiness/Safety Center

The U.S. Army Combat Readiness/Safety Center took an important step in embracing the future of Army Distance Learning Aug. 3 as staff migrated 15 of the center's main DL courses from the Army Training Support Center Blackboard system to the Army Learning Management System.

The 15 Safety Center courses that are now included in the ALMS are:

- Commander's Safety Course
- Additional Duty Safety Course
- Injury Prevention through Leadership
- Composite Risk Management Basic Course
- Composite Risk Management Civilian Course

- Composite Risk Management Operational Course

- Theories of Accident Prevention
- Application of Accident Causation Theory; Military Briefings
- Accident Investigation
- Collateral Duty Safety Officer's Course
- Safety Committee Member's Safety Course

- Employee's Safety Course
- Supervisor's Safety Course
- Manager's Safety Course

"CRC's migration to the ALMS puts us at the forefront of the Training and Doctrine Command-mandated change for all Army distance learning courses," said Philip Mizzell, chief, USACR/Safety Center's Non-Resident Training Division.

The Army's intent to migrate all distance learning courseware to the ALMS was announced in June 2007 and all

Army agencies must complete the migration by Jan. 31, 2011.

Mizzell said the Armywide migration to ALMS will eliminate the multiple learning management systems currently available thus making Army online training far more user friendly.

"By training on one system, Soldiers will develop an understanding of the ALMS and will not be required to stumble through learning a new system every time there is a training requirement," Mizzell said. "After the migration is complete, Soldiers and commanders should experience less frustration and a higher online training success rate."

While the migration process has begun at the Safety Center, a handful of courses will remain on the old CRUII system at least for the immediate future

while technicians work through some technical migration issues.

Mizzell said all courses should migrate from CRUII to the ALMS by Sept. 30

Currently, all of the Safety Center's distance learning courses, whether they are a part of the ALMS or CRUII, can be accessed through one main Web site. The Web site, available under the Distance Learning/Online training tab at <https://safety.army.mil>, contains a complete list of courses and instructions for how to access them.

"Soldiers, civilians and joint forces personnel with Army Knowledge Online and Defense Knowledge On-line accounts will enjoy the ease of training on the ALMS," Mizzell said. "The ALMS helps us ensure that we are able to meet the very important mission of delivering training anytime, anywhere."

## Commentary: Beware the three leaves of poison ivy

Story by  
**RON KRAVITZ**

Installation Safety Office

As the joke goes, if we could only cross clover with poison ivy, we might get a rash of good luck. But until then, before doing projects in the yard, hiking in the woods or camping, it is wise to be aware of the hazards of poison ivy.

Often, people don't even know they've had contact with poison ivy until little bumps or blisters appear and the itching starts.

Poison ivy is not hard to recognize. The plant has three leaves on the same stem. ("Leaves of three, leave them be.") What makes it so hard to avoid is the plant is often mixed in with other vegetation and vines. It's usually not noticed that contact

was made until after the rash has begun. Keeping the skin covered in situations where contact might occur is the best way to prevent getting poison ivy.

The plants produce a resin called urushiol that causes an allergic rash which usually starts one or two days after exposure. The delay between contact and the rash can be longer. This can lead to confusion over where the exposure took place.

The first signs are a rash of red, itchy bumps or blisters. These continue to appear for many days, depending on how much resin touched the skin. This makes it seem as though the rash is spreading, although the fluid in blisters is just part of an allergic reaction and contains no chemicals or bacteria.

Many people think that a poison ivy

rash spreads when a person touches the rash and then touches another part of the body. This is an old wives tale to keep a child from scratching and possibly causing an infection.

Actually, once skin is washed with soap and water, there's no poison ivy oil left to spread. The rash appears at different times on different parts of the body because skin in some places is more sensitive than in others. The sensitive skin reacts more quickly to the poison ivy.

If you think you may have been exposed to poison ivy, wash the skin with cool water as soon as possible. If more than 30 minutes has passed since contact, however, washing probably won't prevent a reaction

Leaves of three, leave them be!

## Ironhorse Motorcycle Safety, Fun Ride

The First Annual APG Ironhorse Motorcycle Safety and Fun Ride will take place 9:30 a.m., Aug. 28 behind Fanshaw Field, Aberdeen Area.

Following motorcycle inspections and safety classes, motorcycle riders will depart Fanshaw Field and travel to Darlington Harley-Davidson for lunch. The ride will continue over the Conowingo Dam and through Port Deposit. Riders will then return to Harford County and end the ride at Capa Field, Edgewood Area.

All military, civilians, Family members and retirees are welcome to join in to add to the enjoyment and esprit de corps of the motorcycle community on post.

All riders must have a valid Motorcycle Safety Foundation Basic Rider's Course/Defensive Drivers Course card to participate, as well as wear the required protective equipment while participating.

For more information or to RSVP, call Maj. Mathieu Petraitis, 410-278-2104.

## Whatever age, whatever sport, protect the eyes

Story by  
**CARLLA E. JONES**

U.S. Army Center for Health Promotion & Preventive Medicine

More than 40,000 people a year suffer eye injuries while playing sports, according to Prevent Blindness America. However, 90 percent of these injuries can be prevented by using protective eye wear. It's important to remember that whatever game, whatever age, participants need to protect their eyes.

Eye injuries in sports happen as a result of direct contact with other competitors and from sports equipment such as bats, balls, pucks, rackets, darts and guns (even air guns).

According to the National Society to Prevent Blindness, the leading cause of sports-related eye injuries in 5- to 14-year-olds is baseball; the leading cause of sports-related eye injuries in 15- to 24-year-olds is basketball. In general, the sports with highest risk for sports-related eye injury for players not using protective equipment are basketball, racquetball, lacrosse, baseball and paintball. Sports that present a medium risk for sports-related eye injuries without the use of protective measures include tennis, football, golf and soccer.

The good news is that almost all eye injuries can be prevented by understanding safety practices and using the proper protective eyewear. Most protective eyewear for sports has protective requirements specified by the American Society for Testing and Materials. Among ASTM published standards are these:

- ASTM F803 – "Eye Protectors for Selected Sports," which addresses racket sports, women's lacrosse, field hockey, basketball, baseball and soccer.
- ASTM F1776-01 – "Eye Protective Devices for Paintball Sports."

- ASTM F513-00 – "Eye and Face Protective Equipment for Hockey Players."

Remember that regular glasses do not provide enough protection when playing sports. Safety goggles with lensed polycarbonate protectors should be used for racquet sports or basketball. Batting helmets with polycarbonate face shields should be used for youth baseball. Helmets and face shields used when playing hockey should be approved by the U.S. Amateur Hockey Association.

Protective eyewear is only effective if it's used. Use should become a habit when playing any sport. Wearing protective eyewear will decrease the risk of eye injury and should be used no matter the age of the participants.

When purchasing protective eyewear, make sure the eyewear is specifically designed for that sport or other activity. Check the label on the product to verify that the product has been tested, approved and certified.

If an eye injury occurs, an eye-care professional should be consulted right away. Keep the injured person still and calm to avoid worsening the injury. For chemical injuries, rinse the eye with water (15 minutes) before transporting the person to medical care. Wash hands thoroughly before touching an irritated or injured eye. Never rub an eye that has a speck or other foreign material in it.

Eye injuries are the leading cause of visual impairment after eye disease. Prevent Blindness America estimates 90 percent of all eye injuries are preventable. Wearing protective eyewear can prevent most eye injuries from occurring.

Make vision a health and safety a priority. To protect against eye injury wear protective eyewear and make sure children use it, too.

For more information about vision conservation, visit the Tri-service Vision Conservation and Readiness Program Web site at <http://dodvision.com/> or Prevent Blindness America at [www.preventblindness.org/](http://www.preventblindness.org/). To view ASTM standards, visit [www.astm.org/Standards/index.shtml](http://www.astm.org/Standards/index.shtml).



## Panic on the highway!

Installation Safety Office

"Adventures in driving decision making" is brought to everyone by the Installation Safety Office.

Test your driving expertise in the following situation and then from the options provided, select the best answer. The answers are printed upside down.

### Situation #46

You are driving 60 mph on a two-lane highway. Suddenly, without warning, a car coming from the opposite direction moves into your lane and is coming directly toward you. What should you do?

- Blast the horn, brake hard to slow down and then veer right onto shoulder.
- Blast the horn, brake hard to slow down and then veer left around the car.

**ANSWER A.** You did the right thing to "blast the horn, brake hard to slow down and then veer right onto shoulder." Chances are this driver has either gone down and then veer right onto shoulder. Your honk will probably arouse him enough to get him asleep, is ill or drunk. Your honk will probably arouse him enough to get him back to his side of the road, but you must be prepared to move right if he doesn't respond. And, of course, you want to get your speed down as much as possible so you maintain control when you go off the road.

**ANSWER B.** No, your decision to "blast the horn, brake hard to slow down and then veer left around the car" would be very risky. Chances are this driver has either gone to sleep, is ill or drunk. By this time, if you have veered left, you would be in his lane and in worse shape than before. Now, you may have thought, "If I don't honk, I won't disturb him and I can go left." Don't count on it. He might realize what has happened and pull back into his lane. Then, you would be the one explaining to the judge why you pulled into his lane of traffic. Keep right. Don't play hunches. Play instincts. His instinct will be to go right.



# FAMILY AND MORALE, WELFARE & RECREATION

## Activities/Events

### The Face of FMWR

FMWR Marketing is looking for the face of FMWR. All ages, backgrounds, ranks and status; civilian and active duty, singles and Families: photos are needed for the 2010 FMWR Directory.

If you are interested in posing for a few pictures, contact FMWR Marketing at [MWR.Marketing@conus.army.mil](mailto:MWR.Marketing@conus.army.mil).

### ACS Financial Readiness Program

Army Community Service will hold a free Financial Readiness Program, 11:30 a.m. to 12:30 p.m., Aug. 17, at ACS, building 2754. Guest speaker will be Allie Malle, a personal financial counselor who will present "Should I use my VA Benefit when buying a home?"

For more information or to RSVP by Aug. 14, call Arcelio V. Alleyne, 410-278-2450/7572.

### Walt Disney World Salutes the Military

Walt Disney World is offering active duty military and retirees a free complimentary five-day park hopper and water park ticket and up to five five-day companion tickets for just \$99 each, or an upgrade to a hopper for \$124 each.

Tickets cost \$25 extra for each add-on/upgrade applied. Tickets must be purchased three weeks in advance. Tickets

are not valid until activated at the theme park ticket window. Valid military ID is required at time of purchase and activation. All sales are final. No refunds, exchanges or upgrades after purchase.

Ticket prices expire Dec. 23.

For more information or to purchase tickets, call 410-278-4011/4907 or visit the AA Recreation Center, building 3326.

### Orioles game specials

Purchase tickets for Orioles baseball. All game seats are located in Section 40 behind home plate. Tickets cost \$48 each; limited quantities available.

- Texas Rangers, 7:05 p.m., Sept. 4
- Tampa Bay Rays, 7:05 p.m., Sept. 14
- Toronto Blue Jays, 7:05 p.m., Oct. 2

For more information or to purchase tickets, visit AA Recreation Center, building 3326, 410-278-4011/4907 or e-mail [APGR-USAG-MWR-LeisureTravel@conus.army.mil](mailto:APGR-USAG-MWR-LeisureTravel@conus.army.mil).

### Partial closure of Hoyle Fitness Center

Parts of the Hoyle Fitness Center, building E-4210, are closed for a few weeks so the hardwood floors in the facility can be refinished.

Areas include the issue room, basketball court, racquetball courts, weight area (behind the issue room), nautilus room, car-

## EDGE! Program seeks volunteers

FMWR Child, Youth and School Services

The EDGE! program, a part of the Aberdeen Proving Ground Family and Morale, Welfare and Recreation Child, Youth and School Services, is seeking volunteers to present a variety of classes to children, youths and teens.

Volunteers are needed to teach classes such as disc golf, rock-wall climbing, futsal (indoor soccer), archery, music composing, writing, acting, painting and a lot more.

"Our packages consist of various programs in fitness, life skills, adventure and art," said Chuck Rose, EDGE! program coordinator. "These programs are designed to be offered once or twice each week between 3 p.m. and 6 p.m. during a four-week period. The classes can also be targeted towards specific age groups, such as school-age children or middle school and high school teens."

The EDGE! programs are designed to meet the needs of APG youths and teens.

"I have received more than eighty surveys from youths and teens at the Aberdeen and Edgewood Youth Services. The programs that are being offered initially are the exact ideas from the kids themselves," Rose said. "It's what they want to see and do, so that's what we are attempting to do...put their ideas to work."

The EDGE! programs are open to all Department of Defense-eligible Family members age 6 to 18.

If anyone is interested in leading a class in one of the mentioned subjects or other soon-to-be-designed program, contact Rose, 410-278-1399.

Any youths or teens who have an interest in participating in any of the EDGE! programs can contact Chuck at the same number.

dio room, boxing area, men's new locker rooms, ladies locker room and the sauna.

Patrons can enter the Hoyle Gymnasium on the east side (parking lot side) of the building about 50 feet to the right of the current entrance. The south side of

the facility will remain operational during this work.

The hours of operation will remain the same, 5 a.m. to 8 p.m., Monday through Friday, and 10 a.m. to 6 p.m. Saturday, Sunday and holidays.

## SKIES Unlimited

For more information or to register for a SKIES Unlimited class, call the Central Registration Office, building 2752, 410-278-7571/7479. Open to all DoD ID card holders. For an appointment, e-mail [stacie.umbarger@conus.army.mil](mailto:stacie.umbarger@conus.army.mil).

### Unity Tae Kwon Do School of Martial Arts at APG presents Tiny Tigers

Instructor Kyo Sa Nim Sean A. Williams will teach this program.

Children ages 3 to 5 (parent participation required) can join the Tiny Tigers Unity Tae Kwon Do School of Martial Arts at APG. Tae Kwon Do builds confidence and self-esteem in young students.

Classes will be held at the Child, Youth and School Center, building 2522,

Monday and Wednesday, 5:30 to 6 p.m., Sept. 14 through Oct. 7. Cost is \$40 per parent/child pairing.

Students must wear a white T-shirt

and sweat pants. Class size is limited to 12 parent and child pairings so register early.

### Culinary kids

This hands-on class incorporates science, math, nutrition and kitchen safety into the preparation of fun and delicious culinary specialties.

Classes are Wednesdays, 5:30 to 7 p.m., Sept. 16 through Oct. 7, at the Aberdeen Youth Center, for ages 6 to 11.

Some of the dishes on the menu include Thai Ginger Noodle Salad, Dessert Sushi and Roasted Red Pepper Hummus. Chef hats and aprons are provided because to be a chef, one must look like one.

Cost is \$145 per student.

### Dance Programs for grades pre-K through 8

**Pre-K** - Pre-ballet and creative movement will be offered, 6:30 to 7 p.m., Sept. 17 through April 25, Thursdays, at the Aberdeen Area Youth Center, building 2522. Pre-K registrants need birth certificates to verify age.

Class price is \$70 per student.

**Kindergarten and first grade** - Ballet and pre-tap will be held 7 to 7:45 p.m. at the AA Youth Center. Cost is \$85 per student.

**Second and third grades** - Ballet, tap and jazz will be held from Sept. 14

through April 25, Mondays, at the AA Youth Center for students in the second and third grades. Classes will be held 7 p.m. (Exact class time depends on number of students that sign up).

Class costs \$70 per student for each separate discipline.

**Fourth and fifth grades** - Ballet, tap, jazz, hip hop and point will be held 6:30 p.m., from Sept. 15 through April 25, Tuesdays, at the AA Youth Center. Exact class time depends on the number of students that sign up. Students must audition.

Class costs \$70 per student for each separate discipline.

**Sixth through eighth grades** - Ballet, tap, jazz, hip hop and point will be held 6:30 p.m., Sept. 18 through April 25, Thursdays, at the AA Youth Center. Exact class time depends on number of students that sign up. Students must audition.

Class costs \$70 per student for each separate discipline.

This is a tentative schedule. Classes may be added or deleted according to attendance. Sign students up for what disciplines they want to take.

A minimum of five students are needed for class to be held. No more than 12 students per class. Students must be registered by Sept. 8.

### Private piano lessons

SKIES Unlimited private piano lessons will be given for ages 4 thru 18, 3:30 to 6:30 p.m., on Tuesdays or Fridays, Sept. 8 thru Oct. 13. Lessons cost \$102 per student and include six weeks of 30-minute lessons once a week. Parents choose which time frame session they want to sign-up for when they register their child. Students are responsible for purchasing the required books for the course recommended by the instructor.

## ACS classes

### Home buying, Selling Seminar

The Army Community Service Relocation Readiness Program will hold a free Home Buying and Selling Seminar, 11 a.m. to 1 p.m., Aug. 20 and 27 and Sept. 10 and 17, at ACS, building 2754 Rodman Road, Training Room 103. All service members, civilians, Family members, retirees and contractors ages 18 and older are welcome to attend.

The seminar will focus on home buying and selling. It also is designed to guide military Families and Department of Army civilian employees through most of the financial hurdles of purchasing and selling real estate. An instructor from Harford Community College will teach all sessions.

For more information or to register, call 410-278-2464/7572.

### Improving English skills

The Army Community Service Relocation Readiness Office will offer a free English for Speakers of Other Languages class for those needing a refresher course or for those with limited English speaking and writing skills.

Classes will be held every Friday, 6 to 8 p.m., Aug. 28 through Oct. 2 at ACS, building 2754 Rodman Road, Training Room 104.

The course is open to all military personnel and Family members, civilians, retirees and contractors ages 18 and older.

The class is also designated to provide foreign-born adults an opportunity to improve their English comprehension, reading and writing skills. An instructor from Harford Community College will teach all sessions.

For more information or to register, call the Relocation Readiness Office, 410-278-2464/7572.

### Adult American citizenship class

The Army Community Service Relocation Readiness Office will offer a free class for all military personnel and Family members, retirees, civilians and contractors, ages 18 and older, preparing to take the test for American Citizenship given by the Immigration and Naturalization Service.

The class will be held every Thursday, 6 to 8 p.m., Aug. 27 through Oct. 1 at ACS, building 2754 Rodman Road, Training Room 104.

The class covers citizenship procedures on how to fill out the application for American Citizenship, basic questions about American History and the Constitution.

Participants must attend all six classes to receive a Harford Community College certificate for attending a citizenship class. An instructor from HCC will teach all sessions.

For more information or to register, call the Relocation Readiness Office,

410-278-2464/7572.

### Buying and selling a home

Army Community Service will offer a free Home Buying and Selling workshop for all service members, civilians, Family members, retirees and contractors ages 18 and over at ACS, building 2754 Rodman Road, Training Room 104. An instructor from Harford Community College will teach all sessions.

The class is designed to guide military Families and DA civilian employees through most of the financial hurdles of purchasing or selling real estate.

Each class will be held 11 a.m. to 1 p.m., Aug. 20 and 29 and Sept. 10 and 17.

For more information or to register, call the Relocation Readiness Office, 410-278-2464/7572.

**RESUME WRITING** will be conducted 11 a.m. to 1 p.m., Aug. 14, in the Army Community Service classroom, building 2754 Rodman Road.

This workshop will provide information on how to create an effective resume and offer advice and instruction to ensure major selling points are highlighted and captured. Refine content, layout and structure of the resume for that professional edge. Attendees should bring a copy of current resume.

**RESUME WRITING** will be conducted 1 to 3 p.m., Aug. 19, in the ACS classroom, building 2754 Rodman Road.

The ACS Employment Readiness program in partnership with Kelly Employment Services will offer a resume writing class. Learn how to market personal job skills and keep the resume from ending up lost in the pile. To enroll in this free class, call Marilyn Howard, ACS employment program manager, 410-278-9669.

**INTRODUCTION TO COMPUTER**, for adults 18 and older, will be held on Tuesday's, 6 to 9 p.m., Aug. 25 through Sept. 15.

This hands-on class is designed for those with little or no background in computer. Learn the basics skills needed to operate a computer. Student must attend all sessions to receive a certificate from Harford Community College. Must register in the ACS Employment office. Seating is limited

**INTERVIEWING TECHNIQUES** will be held 11 a.m. to 1 p.m., Aug. 27, in the ACS classroom, building 2754 Rodman Road

This class will help participants to make a positive impression in the interview, answer questions effectively, ask questions that show interest, how to follow up after the interview in order to stay in the running for the job. For more information call Marilyn Howard, 410-278-9669 / 7572.

## Looking for a job?

Visit FMWR Jobs Available at [www.apgmwr.com](http://www.apgmwr.com).

All jobs for Aberdeen Proving Ground are listed at <http://acppl.army.mil/employment/naf.htm> or check out AAFES Jobs link <http://odin.aafes.com/employment/> for additional job opportunities.

## August bowling specials

• Bowl for \$1.25 per game, 1 to 3 p.m. Shoe rental costs \$2.

• Buy a combo meal from the snack bar and receive a free game of bowling. Shoe rental not included.

• Cosmic Saturdays: Each Saturday, 3 to 9 p.m., receive one hour of bowling, one whole cheese pizza and one pitcher of soda for \$32.

• Summer Blow Out Fridays, Aug. 14 and 21: Bowl for \$.75 per game per person plus \$2 for shoes.

• Cosmic End of the Summer Special: 1 to 5 p.m., Aug. 28, bowl \$.50 a game plus \$2 for Shoes. All games are

free, 5 to 10 p.m. but does not include shoe rental.

Fall and winter leagues are now forming. Adult leagues are forming Monday through Friday evenings. To join the Saturday Youth League, sign up 10 a.m., Aug. 29 at the Bowling Center. The Bowling Center also has lunch leagues, a nice time to take a break from the office and have some fun. Employees from Fort Monmouth, N.J., would like to get a league going on Tuesday night.

For more information, call the APG Bowling Center, 410-278-4041.

## APG Bowling Center Snack Bar specials

Building 2342

The Bowling Center hours are 7 a.m. to 3 p.m., Monday thru Thursday; 7 a.m. to 10 p.m., Friday; and 4 to 10 p.m., Saturday; the Bowling Center is closed on Sundays.

### Week of Aug. 10

Special #1: Chicken tender wrap with potato chips, cookie and regular soda for \$4.75.

Special #2: Ham and cheese wrap with potato chips, cookie and regular soda for \$5.25.

### Week of Aug. 17

Special #1: Double bacon cheeseburger with French fries, cookie and regular soda for \$6.95.

Special #2: Turkey club sandwich with potato chips, cookie and regular soda for \$6.95.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



# Birdies flock to Ruggles for charity invitational

Story and photos by  
**YVONNE JOHNSON**  
APG News

Ruggles Golf Course hosts several tournaments throughout the season and for the first time it played host to an international golf club consisting of several members with Aberdeen Proving Ground ties. The Maryland Birdies 2009 Invitational Golf Tournament was held July 18. The tournament followed three days of activities for club members that included attending an Aberdeen Ironbirds game, touring historic Havre de Grace and Baltimore's Inner Harbor and Great Blacks in Wax Museum.

Clubs in attendance hailed from Georgia, Virginia, New York and Canada. Maryland Birdies president, retired Lt. Col. Derrick Bryant former operations officer, 203rd Military Intelligence Battalion, said it was the club's first hosting of the annual tournament.

"We play together one weekend each month from April to October at local golf courses in Maryland and Pennsylvania," Bryant said, adding that about 120 golfers participated in the event and that Birdies clubs located in North Carolina and Cape Cod, Mass., were unable to attend.

He said that following the 2008 Invitational that was held in Canada last year, they were challenged to hold "this historical event."

"I stood up on that bus

and said, 'Maryland, we're gonna do it,'" he said.

Planning started last August and Bryant said he could not thank club officers and members enough. He also expressed thanks to Ruggles manager Deborah Long and the Ruggles Golf Course staff. "They worked with us to help us have a successful event," Bryant said. "Everyone came together for a common goal.

"It's not about golf," he added. "Everything that we do that leads up to the golf is what brings us together."

"Supporting our community is a part of our club bylaws and we believe in helping our young people grow up to be good citizens," he said.

Bryant said that Birdies clubs are required to donate proceeds to local charities and that proceeds from the Ruggles invitational would go to the Boys and Girls Club in Havre de Grace. He commended Ted Cabrall, the oldest member from the Virginia Birdies, for inspiring his participation.

"He treats golf like a business, with passion and sincerity," Bryant said.

Cabrall said he was proud of the way the Birdies have expanded over the years to include adding women.

"I'm glad women are here to see what we're trying to do and what we've done," he said, adding that the Virginia Birdies would donate \$500 to the Maryland Birdies charity.

"A lot of organizations can't do that," he said. "We work together and

we do a lot because we're doing it for the children."

Several Maryland Birdies Club members are retired civilians and military from the installation. They include retired Lt. Col. Richard Carey who also is a lay leader in the Edgewood Area Chapel's Protestant Service; retired 1st Sgt. Jeffrey Averett, choir director in the Aberdeen Area Chapel's Gospel Service; Mansfield Spicer, a retired chemist formerly with the Edgewood Chemical Biological Center; Edgar Collins, past president and a retired heavy equipment operator formerly with the U.S. Army Aberdeen Test Center; and Milton Leigh of Aberdeen, a retired APG Soldier and civilian.

Carey, who also instructed ROTC cadets at Morgan State University, and his wife Doris put together a slide show of last year's invitational that was held in Canada. Carey said their love of the game brought them to the group four years ago and that their shared commitment to the community has kept them there.

"The Birdies are just a bunch of folks who love to play golf and enjoy each other's company," he said.

Averett, the Maryland Birdies chaplain, said he enjoys playing with the group but likes the purpose of it more.

"I like being a part of what all of this means," Averett said. "It means positive things

for our community and our youth. I've learned a lot about the game from some of our older players but community is really what it's all about."

"It's a good sport to bring people together if you want to reach out and help others," added Spicer. "We chose the Boys and Girls Club because children are our future. I'm happy and proud to be a part of this organization."

Collins, who co-founded the Maryland Birdies in 2003, served at Edgewood Arsenal during his military career and later retired from ATC. A co-founder of the Maryland Birdies, he said organizers were impressed with the organization after being invited to play with the Virginia Birdies in Petersburg in the 1990s and decided to form a Maryland chapter. Collins served as the group's second president after co-founder retired U.S. Air Force Lt. Col. Perlis Finney who also was in attendance.

"It's all about making friends with folks from all over," Collins said. "We're going to be playing golf no matter what. That's secondary. We're all about helping young people."

Canadian Birdies president Bill Fecteau said he was so proud of the Maryland Birdies that his group also would donate \$500 to their charity.

"They've done a great job for their first invitational," he said. "They put a lot of planning into this and because of that we've enjoyed our time here in Maryland and we hope to come again."



Russell Irvine, a member of the Maryland Birdie golf club from Gambrills, Md., shows good form while teeing off on Ruggles Golf Course during the 2009 Maryland Birdies Invitational Golf Tournament, the first to be held on Aberdeen Proving Ground, July 18.



Maryland Birdies Alma Jackson of Abingdon, left, and Antha Williams of Aberdeen, right, watch as Natalie James of Havre de Grace putts during the July 18 invitational tournament at Ruggles Golf Course.



Members of the Virginia Birdies, retired Sgt. 1st Class Fred Middleton, from Midlothian, Va., left, watches as fellow birdie Edward Jefferson, also from Midlothian, lines up his shot.



Retired Lt. Col. Richard Carey briefs dozens of golfers from Maryland, Virginia, Georgia, New York and Canada before the start of the Maryland Birdies 2009 Invitational Golf Tournament at Ruggles Golf Course July 18.

# National

From front page

"The people that work for DES are great people and want to do great things for our community," he said.

Krauer said that he feels like the event is necessary because it gives the community a chance to get to know the people that are protecting them as well as an opportunity to learn more about crime prevention and safety.

"This event is very important to our community," he said. "I am very pleased with the excellent turnout."

Community policing officer and detective Mike "Big Mike" Farlow, who organized the event, said that he was very pleased that the community came to support the event despite some rainy weather in the early evening. He added that he appreciated the APG organizations that worked together for the event.

"The partnerships with Army Community Services, Army Substance Abuse Program, Kirk U.S. Army Health Clinic, APG Federal Credit Union, D.A.R.E., Maryland Community Crime Prevention Institute, Child Youth Services, and Police Officers from each division as well as the Fire and Emergency Services made this event possible," he said.

Farlow added that he is happy to see the event grow every year.

## Law enforcement

At the law enforcement table police officers distributed information about issues that affect the community. There were pamphlets on domestic violence, abductions, gang information and NetSmartzKidz.org, an online portal for parents, children and educators devoted to child safety. Police officers were available to answer questions from the community. The new chief of the Police Services Division, Charles Honan, made an appearance showing his support of the community programs.

At the D.A.R.E. (Drug Abuse Resistance Education) table Ann Thacker, who is the D.A.R.E. coordinator for Maryland, talked to visitors about the D.A.R.E. program, which encourages children to stay away from drugs and other risky behavior.

Thacker said that the APG community shows strong support for the program. APG also has a D.A.R.E. Dance Program which gives children a free positive afterschool activity.

Daren the Lion, who serves as the D.A.R.E. mascot, also visited and greeted visitors. As well as McGruff the Crime Fighting Dog.

The Special Reaction Team displayed a variety of weapons, tactical equipment and body armor. Officer Kurt Riley and Officer Derek Haddox manned the table and answered questions from visitors.

The SRT is a specially trained team of DES police officers armed and equipped to isolate, contain, and gather information to neutralize a special threat, if necessary.

The teams are military equivalents of civilian police department Special Weapons and Tactics (SWAT) teams. Riley and Haddox said that their table was a popular attraction among visitors that day who wanted to see their equipment up close and learn more about the SRT.

The Marine and Wildlife Enforcement Division displayed a boat and handed out hunting and fishing information as well as information about the wildlife on the base. The display was manned by officers Larry Merrill and Charles Volz.

"They did an excellent job and many members of the community visited their display," Farlow said.

## Fire and Emergency Services

Firefighters brought equipment, including a ladder truck and a fire engine and the demonstration trailer that includes a "smoke house." Fire Inspector Doug Farrington showed visi-



From left, Ashley Willis, 12, Bobbie Willis, 11, and J.T. Paramore, 8, participate in an exercise in a demonstration trailer with a "smoke house," that shows what they would do in a fire. Firefighter Doug Farrington, right, tells them what to do when a fire occurs.

tors the do's and don'ts of fire safety and what to do if a fire occurs. At the end of the presentation, real smoke entered the bedroom part of the trailer and visitors were instructed to act as if a real fire were occurring.

Several children remarked that they enjoyed going through the simulation multiple times that day.

Adie Oliver, 9, said that she thought the simulation felt true to life.

"The simulation is really good. The door is really hot; it even smells like smoke," Oliver said. "I am having so much fun here, and I enjoy visiting all the booths and getting free stuff."

Children also enjoyed going down a fire truck slide, which was new this year.

## Community organizations

The Army Substance Abuse Program representative, Cindy Scott, educated children about the effects of alcohol. Visitors who pledged to remain drug free signed their names on a balloon, which was placed around a poster of a dog wearing shoes, which reads "Taking Drugs is Just as Dumb."

Visitors who made the pledge received a camouflage bracelet.

"I wanted to do something different this year," Scott said.

Scott also talked with and gave information to visitors about the dangers of misusing over-the-counter and prescription drugs, a trend that is on the rise among teens.

"We want to give parents up-to-date information so that they will be well informed, when they talk to their children and teens," she said.

Ann Laughton, a community health nurse representing KUSAHC, distributed patient health education reading materials, among them was information about flu prevention.

Laughton said that she will be running a hotline during flu season which will provide KUSAHC patients with information on who can receive the flu shot. She also said that Community Health offers over-the-counter medication classes and tobacco cessation classes for those that are eligible. Visit KUSAHC's Web site for the most up-to-date information <http://kusahc.narmc.amedd.army.mil/default.aspx/>

## Community Reactions

Staff Sgt. Jessica Barron, who works for the Air Force Detachment 1 and attended the event with her husband and two children said that she found the event very educational for all age groups.

"It is a good chance for the community to get together," she said.

Farlow said that he received positive feedback from the community.

"It was a great experience and several members came up to personally thank us for the night of great Family fun," he said.

Garrison Command Sgt. Maj. Rodney Rhoades said that



From left, Officer Kurt Riley, part of the Aberdeen Proving Ground Special Reaction Team, talks to Bill Marion, chief of the Investigative Services Division, and 8-year-old J.T. Paramore about equipment used by the SRT.



Matthew Baptiste, 9, bounces down a fire truck slide, a popular attraction that day.

he was proud to see DES interacting with the community.

"It was enlightening to see our police and fire department so engaged with our community," Rhoades said. "They make APG safer and take care of our Families. They make our Family members proud to call APG home."

At nightfall, the event moved to the movie in the park located in the open field adjacent to Peace and Flag Courts. The movie Bolt was shown and free popcorn was provided by the ASAP.

## Bike Rodeo

As part of the National Night Out Against Crime event, a bike rodeo was held that morning at the Youth Center in the Edgewood Area, where approximately 80 children on bikes participated.

APG Police partnered with ACS and students from BNCOC class 501-09, to host the event, where children were instructed on bicycle safety. Officers Wade Norbutas and Shawn Klings assisted in the event by providing a visual image and example of a safe bike rider.



Captain Doug Schmidt talks about his job while Brandon Barron, 5, sits in a fire truck used by the Fire and Emergency Services Division.

Photos by RACHEL PONDER

# ACS celebrates 44th birthday with community picnic

Story and photo by  
**YVONNE JOHNSON**  
APG News

Army Community Service treated more than 200 Aberdeen Proving Ground Family members and service members to an afternoon of food and fun during its 44th birthday celebration at the Maryland Boulevard Picnic Area July 29.

Celestine Beckett, ACS director, thanked the events sponsors Johns Hopkins U.S. Family Health and Freedom Federal Credit Union whose representatives distributed information pamphlets and small give-away trinkets to guests.

"Thanks and appreciation to our sponsors for supporting our Soldiers and their Families," Beckett said. "We couldn't have done this without them."

She also thanked the ACS staff and volunteers and the APG Garrison's Directorate of Family, Morale, Welfare and Recreation.

The highlight of the event was a cake cutting led by Beckett and Aberdeen Proving Ground Garrison Command Sgt. Maj. Rodney J. Rhoades.

To symbolize the Army Family Covenant, Soldiers, civilians and Family members gathered around Beckett and Rhoades for the cutting of the ACS birthday cake. Participants included Rhoades' wife Lori and daughters Samantha, 15, and Megan, 13; Staff Sgt. Luis Mercado, Joint Personal Effects Depot, his wife Shantel and children Christian, 3, and 10-month-old Jhazmy; military spouse Daniel Turner and his children Michael, 8 and Daophet, 7; civilian retiree Linda Gross and her guests Emmalee Illian, 9, and Darriel Rhone, 7; Gerri Merkel, of the APG Chapel services; and ACS staff members

Diana Hayes and Kenya Proctor.

The Army Substance Abuse Program, led by Cindy Scott, supported the event with a display that introduced youths to the program's new ring toss game. Youths first toss three rings to get the feel of the game and then toss three more wearing "drunk" goggles.

"It's a great way to show children how alcohol affects the body," Scott said.

Jay McKinney, a youth workforce preparation specialist with APG's CYSS office was on hand to answer questions about the new Hired! apprentice program, which offers teens work experience in positions within FMWR.

"I've had inquiries today from several parents and teens," McKinney said, adding that applications for the Hired! program will be accepted up to Sept. 4. For more information, contact McKinney at 410-278-3250 or e-mail jay.a.mckinney@us.army.mil.

In addition, Nothin' Up My Sleeve Entertainment provided balloon art, temporary tattoos, face painting, caricatures by 'Amazing Rob,' and music by D.J. Russ and the Richlin Ballroom catered the event with hamburgers, hotdogs, baked beans, salads, chips and beverages.

Youths and parents seemed to have a good time.

"This has been great," said Staff Sgt. Lee Menzies, a 16th Ordnance Battalion welding instructor. He and his wife Tiffany brought their six children to the event.

"We had such a good time at the ACS egg hunt in the spring we didn't want to miss this," Menzies said. "Besides, it's a great way to spend lunch with your Family."



Cindy Scott of the Army Substance Abuse Program watches as Andrew Fitzgerald, 9, plays a ring toss game while wearing "drunk" goggles during the Army Community Service 44th Birthday celebration at the Maryland Boulevard Picnic Area July 29

# AUSA picnic hosts 90 Soldiers

Story and photo by  
**YVONNE JOHNSON**  
APG News

The Aberdeen chapter of the Association of the United States Army held its annual Soldier Appreciation Picnic at Capa Field July 21 while hosting 90 Soldiers as guests of the event.

Chapter president Mary Jane Jernigan welcomed the Soldiers who were led by APG Garrison Command Sgt. Maj. Rhoades.

Soldiers and chapter members dined on catered meals featuring sliced beef and ham sandwiches, potato salad, cole slaw, baked beans and beverages.

"This is our way of letting Soldiers see that AUSA is here and active and working for them," Jernigan said.

A live band, Just For Fun, provided music and Jernigan led a raffle drawing in which Soldiers won gifts like tickets to pre-season Baltimore Ravens games, Aberdeen IronBirds games, gift cards to local stores and complimentary hotel stays, while other Soldiers played a beanbag toss game provided by SURVICE Engineering.

Jernigan thanked board members, the APG Garrison and others who supported the event.

"We couldn't hold events like this without everyone coming together," Jernigan said. "This is our way of showing how we appreciate the sacrifices of those who provide our freedom."

Chapter vice president retired Col. Bill Suchting, Battelle senior marketing manager, credited Jernigan with keeping the chapter focused on the Soldier during her tenure as president.

He noted that over the past year she has led numerous drives for funds and sponsorships including the sponsorship that enabled 100 Soldiers to attend the Army Birthday Ball in June.

"Our chapter has been blessed and she's been a big part of it," Suchting said. "She's managed to pull boards and companies together to focus on Soldiers at all times. We're very lucky and pleased and we're looking forward to the influx from Fort Monmouth that will make this chapter even bigger and better."

AUSA corporate sponsors



Senior noncommissioned officers like Sgt. 1st Class Dione Allston, right and 1st Sgt. Michael Grui, second from right, of the 22nd Chemical Battalion (Technical Escort) waited for lower enlisted Soldiers to eat before being served their lunch at Capa Field during the AUSA 2nd Annual Soldier Appreciation Picnic July 21.

include APG Federal Credit Union; ACE Electronics; Bowhead Support; Digital Foundation Corporation; Dynamic Science Inc.; Freedom Vertical Technolo-

gies; Homewood Surites; R4 Inc.; SURVICE Engineering; Symetrics Industries; and URS EG&G Division, which also provided the live band for the event.

The next AUSA meeting will be held 11 a.m. at the Richlin Ballroom Aug. 19. For more information visit the new AUSA Web site at [www.ausa.org](http://www.ausa.org).

## Concert

From front page

### Brooks & Dunn

Brooks & Dunn have sold more than 30 million records, have had 23 #1 hits, and have won over 80 major industry awards. They currently hold the record for number of awards won at both the Academy of Country Music (20) and the Country Music Association (26) awards surpassing the legendary Merle Haggard in 2005, and they have been named "Entertainers of the Year" four times. Since their initial pairing, Brooks & Dunn has been at the top of country

music singles charts 23 times with songs like Brand New Man, Boot Scootin' Boogie, You're Gonna Miss Me When I'm Gone, My Maria, Only In America, and Red Dirt Road. With their exceedingly popular tours and more than 30 million records sold Brooks & Dunn continues to dominate the music industry.

### Pat Green

Pat Green's first major-label recorded album, Three Days was released in 2001 and he has since released three more albums. The hugely successful "Wave on Wave" was released and brought with it a number 3 hit for the single of the same name. In late 2004 "Lucky Ones" was Green's 3rd and final CD release on the

Universal/Republic label.

Green released his album Cannonball in 2006. The same year, he toured with label mate Kenny Chesney.

In 2008, Green released the single "Let Me", the first single for his latest album What I'm For. The single charted to #12 on the country charts, giving Green his first Top 20 single since "Feels Just Like It Should" reached #13 in 2006.

### Joey+Rory

Husband and wife duo Joey+Rory, Joey Martin Feek and Rory Lee Feek were third-place finalists on CMT's competition Can You Duet in 2008. Joey is the duo's lead vocalist, while Rory sings background vocals and plays guitar.

The husband and wife duo's debut album, The Life of a Song, was released in October 2008 on Sugar Hill Records.[2]The album debuted at #10 on the Billboard Top Country Albums chart, and #61 on the all-genre Billboard 200. It peaked at #30 on the country music charts in early 2009. Joey+Rory also appeared in television commercials for the online retailer Overstock.com.[4] In February 2009, the duo was nominated for the Academy of Country Music Awards Top Vocal Duo. Their "Cheater Cheater" video features a cameo appearance by Naomi Judd and was nominated Duo Video of the Year and USA Week-end Breakthrough Video of the Year by the CMT Music Awards.

## Hero

From page 2

because we knew we could count on him, we were able to send Brown to an EMT [emergency medical technician] course at Kansas State University just weeks before we deployed.

"We believed in Brown so much that he was the designated medic in my PSD [Personnel Security Detachment]. Everywhere I went, Brown was with me.

"He is a very special young man," Gadson said.

"I also want to recognize his parents, Steve and Kathy Brown, from Usk, Washington," he continued.

"We all have a notion to serve. We're all in this together. And for such a young man to step up and act with such poise

and professionalism says a lot about his upbringing. So Mister and Mrs. Brown, I thank you for doing such a great job with your son, Eric.

"They say that in life everybody's got an angel," Gadson added. "Well, you're looking at my angel right here...my battle buddy...and there's not a day that I don't think about him and wonder how he's doing. And I know he's going to continue to do great things.

After a short leave to drive his car home to Washington with his father, Brown will deploy to Afghanistan next month.

"I want to thank God for getting me here, and for getting Lieutenant Colonel Gadson here and for everything he's done," Brown said after his new stripes were "tacked on" by Gadson.

"I want to thank my parents and anyone who's pushed me through this so far," he said.



Photo by ROGER TEEL  
Lt. Col. Gregory Gadson, right, promoted his battle buddy Sgt. Eric Brown, center, in an Aug. 6 ceremony at Aberdeen Proving Ground, Md. Brown's parents, Steve and Kathy Brown, left, traveled from their home in Usk, Wash., to attend the event.