

Post Shorts

Recycling schedule

The residential and recycling pickup schedule for June 4, is paper. Put items in paper bags, boxes or bundles and place them on the curb.



Traffic alert- Ricketts Point Road construction work

Weather permitting, road work will be conducted on the inbound lane of Ricketts Point Road in the Edgewood Area from the AAFES Shoppette to the entrance of building E-3100.

Construction will take place on or about June 2 and continue through June 7. The Directorate of Installation Operations' paving contractor, Dixie Construction, will be milling off the old pavement and resurfacing the inbound lane only.

There will be a "rolling" lane closure with signage and flagmen controlling traffic. There also will be uneven pavement until the new surface is in place.

Motorists are requested to use caution and may want to use Wise and Otto roads as an alternate route.

For more information, call Michael Hardwick, 410-306-2305.

Emergency exercises scheduled June 3-5

Aberdeen Proving Ground will conduct emergency exercises Tuesday to Thursday, June 3 thru 5. These exercises will involve a variety of tenant units and activities and may cause temporary disruption of traffic, including a brief closing of one or more gates to the installation.

All APG workers, residents and visitors should be prepared for possible delays and detours during that period.

For additional information, contact APG Public Affairs, 410-278-1147.

Aberdeen Proving Ground Community Yard Sale

Army Community Service will sponsor a community yard sale 8 a.m. to 2 p.m., May 31 for APG residents. Edgewood Area residents are welcome to set up tables along the Rodman Road strip on either side of the road. The Thrift Store will be open for donations for unsold items; receipts are available for tax deductions.

For more information, call Diana Hayes, information referral and program manager, 410-278-4372, or e-mail diana.hayes@us.army.mil.

AER Campaign ends May 30

It's not too late, there is still time to contribute to the 2008 AER Annual Fund Campaign.

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Issue Highlights

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DLES honors fallen police officers with flag lowering ceremony

Story and photo by **YVONNE JOHNSON**
APG News

In a solemn tribute to the fallen, the Aberdeen Proving Ground Directorate of Law Enforcement and Security observed National Peace Officers Memorial Day, May 15, with the lowering of the post flag at Ordnance Circle to half staff.

The cadre and candidates of the APG Police Academy, DLES leaders, police officers and staff members gathered at the flag pole for the ceremony. Joining them were Col. Jeffrey S. Weissman, APG Garrison and deputy installation commander; Garrison Command Sgt. Maj. Pedro Rodriguez and Tim McNamara, deputy to the Garrison commander.

All saluted or placed their hands over their hearts as a detail of three senior officers lowered the flag and Command Chaplain (Col.) Ruben D. Colon, offered a prayer.

"By their memories we can stand firm as a community," Colon said. "Give us courage in times of trial, and lift our spirits so that we may live in confidence"

Weissman thanked DLES for allowing them "to share in this very important occasion."

"We do not forget the very threats that make this a dangerous job," Weissman said. "I do appreciate what you do every day, and I ask you to continue that vigilance."

Calling it a "bittersweet day," DLES director Robert Krauer read the National Police Officers Memorial Day proclamation.

He said he was pleased that garrison leaders took time to share in the ceremony.

"This was a cooperative effort for a cooperative interest," Krauer said. "It's important to police officers, and it should be important to everyone. I think it was a fitting occasion and an appropriate ceremony."

Joseph Darabasz, DLES deputy director, thanked the U.S. Army Ordnance Center and Schools, in particular, Col. Bobby Towery, commander of the 61st Ordnance Brigade, for their assistance and said that although the directorate observes the day every year, they opted for a more public

observance this year.

"Like the other Memorial Day [for the armed forces], this is the police officers' memorial day," Darabasz said.

Maj. Charles Ruggiero, chief, Police Services Division, noted that the President appears at the National Police Memorial in Washington, D.C., to "commemorate the sacrifices of American law enforcement professionals."

"This is only a small measure we perform here, but our hearts are just as focused on the memory of fellow officers," he said.

He added that most people have the illusion that serving on Army installations is relatively safe.

"The fact is, crime exists on all installations," he said. "Criminals are among us, and the threat is always present. Serving requires a commitment to counter all threats, and Army police officers are no less exposed to threats than their civilian counterparts."

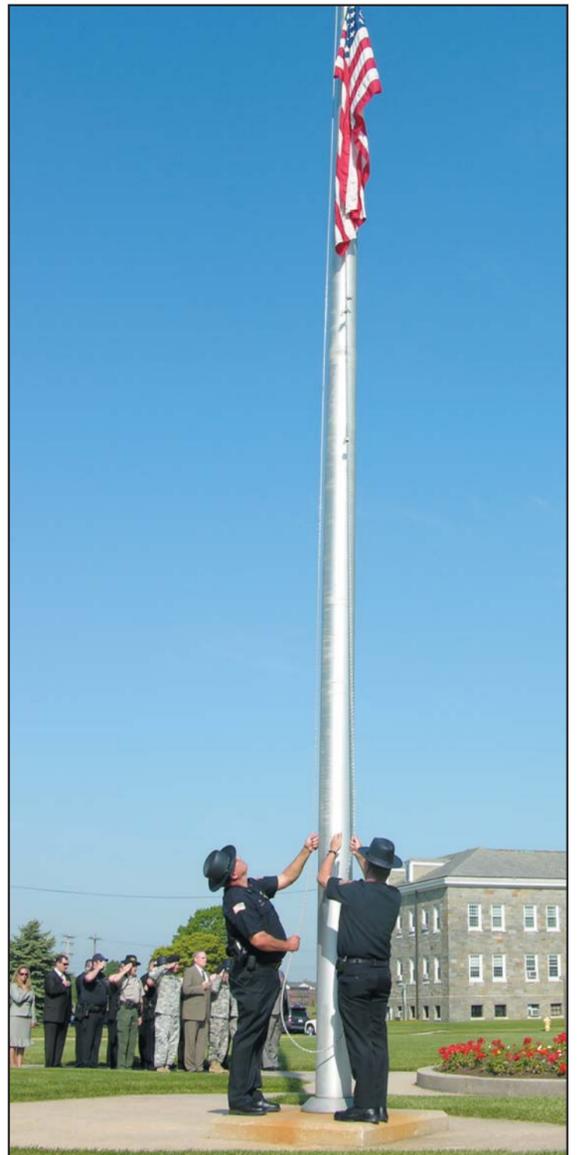
National Peace Officers Memorial Day

www.nationalcops.org

May 15 has been National Peace Officers Memorial Day and the week containing May 15 has been National Police Week since President John F. Kennedy signed Public Law 87-726 on Oct. 1, 1962.

But it was not until May 15, 1982, that the first National Peace Officers' Memorial Day Service was held. Washington, D.C., activities during National Police Week now include the annual Candlelight Vigil at the National Law Enforcement Officers Memorial and the COPS' National Police Survivors' Seminars as well as the National Peace Officers' Memorial Day Service.

National Peace Officers Memorial Day aims to remember police officers who have been killed or died on duty; demonstrate to relatives, friends and colleagues of fallen officers that their sacrifices are not forgotten and recognize annually the dedication to duty and courage displayed by police officers.



Aberdeen Proving Ground Garrison and Directorate of Law Enforcement and Security staff members look on from left as Capt. Wayne Smith, Aberdeen Area branch chief, left, and Capt. Nicholas Stamos, Edgewood Area Branch chief, right, lower the post flag to half staff during the National Peace Officers Memorial Day ceremony at Ordnance Circle May 15.

Army announces APG housing partner

U.S. Army

The Army announced May 20 its selection of Picerne Military Housing to develop the Community Development and Management Plan for Aberdeen Proving Ground, as part of the Army's Residential Communities Initiative Program.

Under the RCI Program, the Army will privatize Family housing at 45 installations, to include more than 88,000 Family housing units located throughout the United States.

Picrne Military Housing will collaborate with the Army to develop the CDMP, which will serve as the blueprint for the residential communities at APG. Preparation of the CDMP is expected to take about six months. Following acceptance of the CDMP by the Army and review by the Department of Defense, Office of Management and Budget, and Congress, implementation of the CDMP is expected to begin in August 2009.

RCI will improve, in a relatively short period of time, the quality of life for Soldiers and Families assigned to APG. Over the anticipated 50-year term all Family housing will be rehabilitated or replaced and additional new housing will be provided. In addition, RCI will bring new community centers, other ancillary facilities and amenities to meet Family housing needs at APG.

The development concept of the appearance and func-

tion for the Family housing neighborhoods within the APG installations will weave the natural and constructed environments together and result in planned residential communities. The Army is committed to improving Family housing as a means of sustaining the quality of life of its people. This will be accomplished through Basic Allowance for Housing, traditional Military Construction, and the Residential Communi-

ties Initiative Family Housing Privatization Program.

Through the RCI Program, the Army engages with private sector firms in public-private partnerships to manage, construct, renovate, maintain and operate Family housing. The RCI Program is a critical part of the Army's plan to alleviate housing shortages, rapidly improve the condition of our existing housing and sustain quality communities over the 50-year life of these projects.



Lt. Gen. Robert Wilson, commanding general of Installation Management Command, left, passes the IMCOM colors to Russell B. Hall, incoming Northeast Region director, during the recent change of responsibility ceremony at Fort Monroe. Diane Devens, the former NER director looks on.

IMCOM welcomes new Northeast Region director

Story and photo by **PATRICK BUFFETT**
Fort Monroe

"A second chance at a once-in-a-lifetime job."

That's how Russell B. Hall summed up the opportunity to begin his second stint as a regional director for the U.S. Army Installation Management Command during a change of responsibility ceremony at Fort Monroe, Va., May 19. Hall is now the IMCOM-Northeast director, swapping positions with Diane M. Devens who is heading for Heidelberg, Germany, to take charge of IMCOM-Europe.

"These are two very talented Department of the Army civilians who

have worked hard and made huge contributions to installation, Soldier, civilian and Family readiness," noted event host Lt. Gen. Robert Wilson, the assistant chief of staff for Installation Management and the commanding general of IMCOM.

"You both should be very proud that you're leaving your brethren regions a better place for all; and [for] the contributions you've made while supporting a better quality of life [for an Army] that has been at war for seven years and is undergoing tremendous change," Wilson said. "I thank you both for your service and know that you are more than up for the challenge of your new assignments."

See IMCOM, page 10

Army taking care of business through continuous process improvement

Story by **KELLY P. PATE**
Army News Service

When a CEO told the Army, 'I'd do business with you if you were more efficient,' the Army listened.

That's what happened shortly after Gen. Benjamin S. Griffin, commanding general of the U.S. Army Materiel Command, took command as he told a near-capacity ballroom of joint service members at the Department of Defense Continuous Process Improvement Symposium at the National Convention Center in Leesburg May 13.

The DoD's CPI program provides methods, tools and philosophies that can be used to improve the way the Army works through training and cer-

tifying its workforce.

In short, the Army is taking care of business more efficiently, Griffin said.

The Army does this by using joint-service strategy sharing and adopting models from the corporate world. The yield is overall gains in quality, quantity and safety, Griffin said.

As part of the four-day event, Griffin's speech for the afternoon session opened with a definition and overview of Army materiel: "If a Soldier shoots it, drives it, flies it, wears it, or eats it, Army Materiel Command probably has something to do with providing it."

He also discussed Lean Six Sigma and the role of leadership-management in shaping the military's business practices.

See BUSINESS, page 13

ZZ Top coming to APG

Story by **RACHEL PONDER**
APG NEWS

U.S. Army Entertainment and Aberdeen Proving Ground's Family, Morale, Welfare and Recreation Directorate are presenting ZZ Top, with special guests Blind Melon and Blackberry Smoke live and in concert at the Shine Sports Field, June 22.

Tickets cost \$25 in advance, \$30 the day of the show. Gates open 6 p.m. and the show starts 7 p.m. For tickets, visit the Family and Morale, Welfare and Recreation Web site, www.apgmwr.com or call 410-278-4011, or Christina Lockhart at 410-306-3697; or call Ticketmaster at 800-551-SEAT, or www.ticketmaster.com. The concert is lawn seating, rain or shine and no refunds.

ZZ Top

ZZ Top, also known as "that little ol' band from Texas," has proven to have staying power in American pop culture. Formed in 1969, they are one of few major rock bands still composed of its original recording members.

The group consists of Billy Gibbons, guitars, lead vocals and harmonica; Dusty Hill, bass and vocals; and Frank Beard, drums and percussion. The group is well known for their distinct style of music, which is a mix of blues, rock, boogie and psychedelic. They have proved to have creative and commercial success, as many of their albums have achieved platinum status. In 2004, ZZ Top was inducted into the

See ZZ TOP, page 9

Commentary: Preparing for the '101 Critical Days of Summer'

By **COL JEFFREY S. WEISSMAN**
USAGAPG



Traditionally, Memorial Day to Labor Day marks the period in which Soldiers, civilians, Families and friends are most exposed to the greatest risk from accidental mishaps and fatalities due largely to increased traveling, social events and numerous outdoor activities.

With the '101 Critical Days of Summer' upon us, many throughout APG are working diligently on their safety programs. Although these programs have excellent safety records, there is still much left to do.

To assist them, we all must actively engage in reducing hazards associated with summer - most importantly against day-to-day operations, training, recreational activities, privately owned vehicles and traffic safety.

As we all begin our proactive summer safety campaign, to include planning off-duty activities, we need to consider past year's events and then ask ourselves, what fundamental rules each of us should follow to maintain good risk management.

Safety does not take a holiday, but often times when we take a holiday so does common sense and personal risk management.

For the large number of those whom we have lost during the summer seasons, the major causes were the lack of seatbelt use, excessive speed, getting behind the wheel after alcohol consumption and the lack of proper rest. Simply put, the fundamental rules of risk management and sound judgment were broken.

Safety is an integral part in all we do 24

hours a day, 7 days a week. Be concerned not only for your welfare, but the welfare of Family, friends and co-workers. Take an active role in the safety process and set the example. Be aware of everyone's behaviors and advise accordingly.

I challenge each and every one of you to practice sound risk management. Devote time to educate our Soldiers, co-workers, Families and friends in safety awareness and practices, thereby eliminating the potential for mishaps. We deserve no less!

During the upcoming 2008 summer season, I want to take this time to wish all members of the APG community and their Families a safe and memorable summer.

Commentary: Safely preparing for summer vacation/activities

By **BRIG GEN WILLIAM H. FORRESTER**
U.S. Army Combat Readiness/Safety Center

Summertime is not the time to give safety a vacation.

The 101 Critical Days of Summer are when more of us are traveling, participating in water sports and enjoying the numerous outdoor activities and thus, increasing our exposure to potential off-duty tragedies.

Our Army's strides in decreasing on-duty accidents, through proactive leader engagement and the continual use of safety tools and awareness programs reflect tremendous efforts.

Your actions, working to protect our Soldiers while on duty, must now transfer to impact our off-duty accidents during these upcoming summer months.

We believe the Army's success in decreasing on-duty accidents is the direct result of the continuous oversight and leadership our Soldiers receive. But commander and supervisor leadership cannot physically be present 24/7.

Therein lies the challenge - how do we modify the lifestyles of our Soldiers to raise awareness and adjust actions, in a positive manner, to achieve our desired results of decreased injuries and deaths?

We believe there are other tools and paths you might pursue to achieve positive goals - those tools are Soldiers' peers and Families.

The Army has always recognized the influence and support Families have in the lives of Soldiers. Families serve as the key foundation of our value sets which factor greatly into our decision making process.

That said, it only makes sense to devote the appropriate amount to time and energy to educate Families in safety awareness and practices, thereby empowering them so

they can then educate our Army force. Tools such as the Family Engagement Kit, located on the USACRC Web site, are developed specifically for this and can stretch to the extended Family.

So enjoy your summer, but also take these best practices and recommendations to heart - you are too important not to.

- Check to see if your installation has a Motorcycle Mentorship Program. These MMPs not only provide great group ride opportunities, but also allow newer riders to hook up with more experienced riders to learn skills and techniques. Our force continues to mirror society in the continuous growth of new riders each year. We welcome our new riders, now let's mentor them.

- Remain committed to using the Travel Risk Planning System before traveling. Inspect your vehicle and plan your travel with plenty of stops to ensure you remain attentive while driving. Fatigued driving is a common contributor to vehicle accidents.

- Alcohol and water activities never mix. Alcohol affects judgment, motor skills, peripheral vision, depth perception, night vision and balance - all essential skills while enjoying water activities. Enjoy the summer months in the sun but drink responsibly.

- Never leave a fallen comrade. A comrade can fall to different types of enemies. If you see a comrade in trouble, step in and engage. Insist your buddy wears a seat belt, purchases the motorcycle that matches their riding skills and understands indiscipline is a killer.

I challenge you to make the right decisions in your off-duty activities during these 101 Critical Days of Summer and never give safety a day off.

Army Safe is Army Strong!!

Commentary: What are you doing about it?

By **COMMAND SGT MAJ TOD L. GLIDEWELL**
U.S. Army Combat Readiness/Safety Center

The 101 Critical Days of Summer are here, and I want to share some insights and accident trend analysis, for awareness, that may help make this a more enjoyable and safer season.

To date, off-duty accidents represent nearly 75 percent of all Army accidents we have suffered so far this year. If our five-year accident trend remains consistent, we can expect to endure the loss of more than 200 Soldiers before the end of this fiscal year. The loss of just one Soldier deprives us of a friend or peer, however, many others also endure pain because this Soldier was someone's father, moth-

er, sister, brother, son or daughter.

I promise you, not a day goes by when I and those here at the safety center are not trying to think of a way to prevent accidental losses. So my question to you - What are YOU doing about it? How many losses do you have to read about or how many close-calls do you have to witness before you step up and do something to prevent these needless deaths?

There are three areas responsible for more than two-thirds of all off-duty Army accidents; privately-owned vehicles, drowning and fatigue.

POV accidents with contributing factors such as speed coupled with loss of control, account for a large percentage of all Army accidents. Did you know that something as trivial as one-quarter of an inch could possibly save your life? One-quarter of an

inch roughly equates to 15 to 20 mph in the average American car; however, one-quarter of an inch can be 40 to 50 mph on a motorcycle, depending on the gear you are in.

Say you just purchased a vehicle. Beware - recent studies indicate moving from a sedan to sport utility vehicle or cruiser to sportbike can increase your likelihood of an accident. Experience doesn't always transfer; cruisers versus sportbikes are as different as sedans versus SUVs. You may find you can easily overdrive the capabilities of the machine, or rather; the machine possesses capabilities exceeding your experience level.

The Army experienced 15 drowning accidents last fiscal year. Unfortunately, that total is more than the two previous years combined. While several different factors played

a part in these losses, one factor is present in all but two of these accidents - another person's presence. From the time we're old enough to enter the water, most of us are taught not to eat before you swim and never go into the water by yourself. While it is not clear if either of these adages could have made a difference in many of these accidents, it is clear that in some maybe they could have. The second common factor present, in more than 50 percent of these accidents was the proximity of land. Fact - standing on or in close proximity to land may lead to overconfidence or a false sense of security around water. Even the best swimmer may lose their life when thrust into a situation where currents and hypothermia are present, even with a personal floatation device.

Fatigue is present more often than alcohol in off-duty accidents. Often overlooked and even less understood, over the course of the last 10 years, fatigue played a factor in claiming an average of 75 lives a year. As Soldiers and professionals, we often push ourselves by burning the candle at both ends, especially during those few precious opportunities when we can get away and relax. Rest cycles are often METT-T driven when operating in a deployed environment. In addition to leaders, Soldiers are responsible for the amount of rest they get while not deployed.

These are demanding times for our Army; but a little planning and forethought will hopefully lead you and your formation through a safe and enjoyable 101 Critical Days of Summer.

Army Safe is Army Strong!

Foundation urges motorcyclists to get involved during Motorcycle Safety Awareness Month

APG Installation Safety Office

Spring marks the traditional start of the riding season and the Motorcycle Safety Foundation is encouraging motorcyclists to take an active role during Motorcycle Safety Awareness Month to help reduce the growing number of traffic collisions involving motorcycles.

MSF asks riders to consider any or all of the following three approaches to educating themselves and other roadway users

Become a better rider

Taking refresher riding courses refines motorcyclists' skills and reinforces their strategies. Whether selecting the MSF's Basic or Experienced Rider Course or another provider's advanced courses or track schools, training is available for riders of every skill level.

For motorcyclists, the MSF has five critical messages:

- Get trained and licensed

Take an MSF Rider Course and obtain the appropriate rider's license from your state.

- Wear protective gear - Wear proper protective riding gear, most importantly a helmet made to Department of Transportation standards.

- Don't drink and ride - Ride unimpaired, never drink or use other drugs before getting on a motorcycle.

- Ride within your limits - Stay within your personal limits, never ride faster or farther than your abilities can handle.

- Be a lifelong learner - Return regularly for refresher riding courses.

Spread safety messages

Motorcyclists who volunteer their time to talk with high school driver education classes in their community provide a much-needed service. Novice car drivers need to hear firsthand that careless or impaired driving threatens the safety of motorcyclists and other

vulnerable roadway users. Presenters may wish to incorporate MSF Host-An-Event modules into their presentations: the "Intersection" kit, featuring a dramatic short film that examines a car/bike crash from the perspective of every one of the motorists involved; or the "Riding Straight" module, which includes interactive Fatal Vision® simulator goggles that give participants a realistic feeling of alcohol impairment and its harmful effects on even the simplest of tasks.

Share the experience (the MSF 'First Ride' initiative)

The Motorcycle Safety Foundation understands that not everyone wants to be - or even should be - a motorcyclist. However, non-motorcyclists can get a sense of the magic of motorcycling as well as an appreciation for the challenges and vulnerabilities of safely navigating on two wheels by

being a passenger on a motorcycle piloted by an experienced rider. MSF suggests that experienced motorcyclists who are comfortable carrying a passenger take someone on their first ride during the month of May. Riders can give a friend, relative, co-worker, or neighbor a brief, gentle ride in a non-traffic environment. (Of course, both the operator and passenger should wear full safety gear, including a DOT-compliant helmet.) Those who get a taste of motorcycling may come away with an enhanced awareness of motorcycles while driving their cars. This is critically important, since in a typical car versus motorcycle crash, the car driver violated the motorcyclist's right-of-way.

After the ride, motorcyclists can impress upon their passengers the need to remember that experience - especially the feeling of being exposed to the elements and other traffic

- when they get back in their car.

As is always the case, the MSF will: make expert safety spokespersons available for interviews; post newswire releases; seed and facilitate coverage with print, broadcast and online media; host rider training demos for media; and post information on its Web site (www.msf-usa.org) and that of Discover Today's Motorcycling (www.motorcycles.org).

The MSF staff is also spreading important messages to all kinds of motorists, including the following messages MSF developed for car drivers and other motorists:

- Please look for motorcyclists - Use your eyes and mirrors to see what's around.
- Focus on driving - Hang up and drive, put down the food, the pet, the personal grooming gear, the CD, and the reading material and save it for later.
- Use turn signals - Sig-

nal your intentions. It's also the law.

Give two-wheelers some room - Don't tailgate or get too close side by side.

- Keep it in the car - Don't throw trash and cigarettes out the window, and securely lash down cargo that can fall out on the road and become a deadly hazard.

"Improving the safety of our nation's sixteen million motorcyclists involves not only the riders' awareness of risk factors and taking appropriate precautionary measures," said MSF President Tim Buche, "it's also incumbent on car and truck drivers to be on the lookout for motorcycles and share the road responsibly, especially now that riding season is in full swing."

For Rider Course information, call Bob McNabb, APG Installation Safety Division, 410-306-1697.

APG News

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21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor-apg@conus.army.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

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POST SHORTS

This is the only time each year Soldiers are asked to help their own organization and their fellow Soldiers. Contributions remain important to allow AER to fulfill its mission of helping Soldiers in time of distress and misfortune. Contributions may be by allotment, cash, or check and will be accepted through May 30 by the AER Campaign Coordinator, Maj. Mathieu Petraitis, 410-278-3000. Time may be short but there is still time to contribute. Remember—AER is Soldiers helping Soldiers.

Volunteers needed for Retiree Council

The Aberdeen Proving Ground Retiree Council is being revitalized. The purpose of the council is “to provide the commander of Aberdeen Proving Ground, installation commander, Fort George G. Meade, Md., and the U.S. Army an insight into the problems and issues expressed by retirees residing on APG and surrounding areas.”

To help accomplish this, the APG Retiree Council is seeking volunteers to serve on the council. Interested parties should send an e-mail with contact information to: ricky.godbolt@us.army.mil or jatraino@aol.com.

RAB meeting tonight

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m. at the Edgewood Senior Center on Gateway Road.

The topic of the meeting will be an update on the Bush River Study Area.

Board meetings are open to the public; all APG employees and citizens are invited.

For more information, call the Information Line, 410-272-8842 or 800-APG-9998.

RecruitMilitary Career Fair May 29

The RecruitMilitary Career Fair event will take place 11 a.m. to 3 p.m., May 29 at M&T Bank Stadium in Baltimore.

More than 300 veterans are expected to attend this event intended to help transitioning service members, veterans and military spouses find jobs.

Attendees will be able to interview with an all-star team of national, regional and local employers in the government and private sector.

This event is produced in cooperation with President Bush's National Hire Veterans Committee (Hire Vets First), The American Legion, and the Military Spouse Corporate Career Network.

Dress for success, bring plenty of resumes and be prepared for on-the-spot interviews.

For more information, visit the RecruitMilitary Web site, <http://www.recruitmilitary.com>.

Blood Drive May 29

Save lives and donate blood at the Armed Services Blood Program blood drive, noon to 4 p.m., May 29, at the Aberdeen Area Recreation Center, building 3326, Erie Street.

For more information, call Alan Smith-Hicks, 410-306-1206; for appointments, visit the Armed Services Blood Program Web site, www.militarylifeforce.com.

USO-Metro holds 'Fun Day' for Family members of deployed Soldiers

USO-Metro, Health Net and various military support agencies will host a “Deployed Family Fun Day,” 11 a.m. to 3 p.m., May 31, at Burba Lake, Fort Meade, Md., for spouses and children of deployed service members. Family members will gather for an afternoon of fun, entertainment and activities including face painting, laser tag, a giant Moon Bounce and a visit from Operation Military Kids. A picnic buffet will also be provided. The cast of Reno 911, American animator Tom Warburton, and voice-over actress Candi Milo will be on hand to sign autographs.

Each branch of service will participate in the event, providing resources and information about what programs and services are available for Families of deployed service members. Active duty service members who will be deploying in the near future are also invited to attend and encouraged to bring their Family.

For more information, call Jessica Vastyan, 301-924-0330, or e-mail Jessica@adviceunlimited.net.

DoD holds BRAC job fair

The Department of Defense will hold a BRAC Job Fair, 2 to 7 p.m., June 4, at the Harford Community College (The Susquehanna Center) 401 Thomas Run Road, Bel Air. Jobs include engineers, contract specialists, contract officers, management analysts, program analysts, logisticians, contract managers and program managers. Job applicants will meet with DOD recruiters and can apply for federal jobs located at Aberdeen Proving Ground.

For more information, call

Stacey Lambert, 410-939-4240, or e-mail slambert@swnetwork.org.

Register for next Strong Bonds seminar

Register now for the next “Strong Bonds,” an all-expense paid three-day, two-night couples training conference July 31 through Aug. 2 for 14 married couples.

The training will be held at the Harbor Inn Hotel, St. Michaels, Md.

To register, visit <https://www.strongbonds.org/>.

For more information, contact the APG Chaplains' Office, 410-278-4333.

Summer youth volunteer opportunities at the Perry Point VA Facility

The Veterans Affairs Maryland Health Care System Office of Voluntary Service is now accepting applications for youths ages 14 to 17 from Harford and Cecil counties. Youths have the opportunity to fulfill school community service requirements, explore career opportunities and support the men and women who served this country in uniform through its Summer Youth Volunteer Program.

Students must be able to commit at least 75 hours of volunteer service throughout the summer and may work no more than three days per week.

For more information, call 410-642-1038.

Customer Training on the Acquisition Process

The U.S. Army Research, Development and Engineering Command Edgewood Contracting Division and the Edgewood Chemical and Biological Center will host a workshop entitled, “Customer Training on the Acquisition Process” to teach RDECOM customers about the acquisition process 9 to 11 a.m. and 1 to 3

p.m., June 10 in the Edgewood Conference Center, building E-4810.

Training, provided by the staff from RDECOM ECD and ECBC, will include an overview of the contracting process and Statements of Work and guidance on how they should be prepared; and the RDECOM EAC Web site, www.rdecom-ac.army.mil.

Tentative future workshop topics include preparing procurement request packages, solicitations and awarding contracts, to name a few.

For more information, e-mail Gwen Johnson, gwen.johnson@us.army.mil or Carol Edmead, carol.edmead@us.army.mil.

Command Sgt. Maj. Rivera retires June 6

Command Sgt. Maj. Luis A. Rivera, senior enlisted advisor to the 143rd Ordnance Battalion, will retire 4 p.m., June 6 at Ordnance Circle, in front of the U.S. Army Ordnance Center and Schools. Attendees are asked to RSVP with Denise Corbett, 410-436-5157.

Soldiers will have an opportunity for personal farewells during organizational day activities May 31 at the Edgewood Area sports field.

Blue Cross/Shield visits APG

The APG Advisory Center has made arrangements for a claim representative of the Service Benefit Plan Blue Cross/Blue Shield to visit APG June 10.

The representative will be available 9 to 11:30 a.m. in building 305, room 211 and 12:30 to 1:30 p.m. in building E-4520, Chemical Demilitarization Training Facility, Edgewood Area, to discuss claim problems and plan coverage. No appointment is necessary.

For more information, call Teri Wright, 410-278-4331.

(Editors Note: More Shorts can be seen at www.apgnews.army.mil under Shorts.)

Community Notes

FRIDAY AND SATURDAY MAY 29 AND 30 SUNSET CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Sunset Cruise on the Skipjack Martha Lewis, May 29 and 30. Tickets cost \$25 for adults and \$12 for children under age 10.

The ship will cruise around the Susquehanna Flats and upper Chesapeake Bay. Reservations can be made with credit card.

For more information, reservations or departure times, call 410-939-4078

FRIDAY MAY 30 ANNUAL HARFORD HOSPICE REGATTA

Harford Hospice, a member of Upper Chesapeake/St. Joseph Home Care, will hold its ninth annual Harford Hospice Regatta 6:30 to 10:30 p.m., next to the Concord Point Lighthouse located on Concord and Lafayette streets, Havre de Grace.

Tickets cost \$50 per person and include live music provided by the Alton Street Band, steak and chicken donated by Outback Steakhouse, beer and soda, silent auction and a raffle. A cash bar will be available.

All proceeds will benefit hospice patients and their Family members.

For more information or to purchase tickets, call the Upper Chesapeake Health Foundation, 443-643-3460.

SUNSET CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Sunset Cruise on the Skipjack Martha Lewis. Tickets cost \$25 for adults and \$12 for children ages 10 and under. The ship will cruise around the Susquehanna Flats area for a relaxing sail and a beautiful sunset. Call for times. Reservations can be made with credit card. For more information or for reservations, call 410-939-4078.

SATURDAY MAY 31 CHILDREN'S GARDENING IV

Grow food and flowers at the Leight Center and at home. Enjoy crafts, games, and science disguised as fun. Learn about seeds, life cycles, and growing food and flowers in a watershed-friendly way. This program will be held 1 to 2 p.m. for ages 5 to 10. Cost is \$5 per student. Registration is required.

For more information, to register, or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SUNDAY JUNE 1 MEET A CRITTER

Check out one of the live critters up close while discovering what makes that animal special. This free program will be held 1 p.m. and is for all ages. No registration required.

For more information or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

MONDAY JUNE 2 CANCER SURVIVORS LUNCHEON

Upper Chesapeake Health

Chapel News

Puppet musical show at Main Post Chapel

A Puppet Ministry Program for all ages – young through young at heart – will be presented at the Aberdeen Post Chapel 5:30 p.m., June 8. Refreshments will be served 5:30 p.m., the puppet program begins 6 p.m.

For planning purposes, register on the sheet located in the Main Post Chapel entrance.

For more information, call 410-278-2516/4333.

APG Gospel Service June 20 & 21

All men of Harford County are invited to attend the Pillars of a Godly Man Conference at the Aberdeen Area Chapel, building 2485, June 20 and 21. The subject of the conference is "God's Purpose for Man." Admission is free. Registration is required. Deadline for registration is June 14.

God has placed everyone within this unique time for a specific purpose. What an incredible sight to witness men of strength and vision rise to pursue this challenge.

Praise and Worship will feature 3MConnection.

There will be fellowship breakout sessions throughout the conference. Guest speakers and teachers are from Harford County churches.

For more information about or to register, call Elder Clarence Weaver, 41-272-6583, or e-mail cweaver@aol.com.

Register for Vacation Bible School

The APG Main Post Chapel Vacation Bible School will be held 6 to 8:45 p.m., Aug. 4 through 8, for ages 5 to those completing grade 6.

This year's theme for VBS is "Avalanche Ranch" and includes a week of singing, crafts, drama, Scripture, goodies and much more.

Nursery care will be available for all adult volunteers.

The first VBS training for adult and teen volunteers is scheduled for 6:30 p.m., June 5, at the Main Post Chapel. For more information, call Gerri Merkel, 410-278-2516 or e-mail gerri.merkel@conus.army.mil.

will honor cancer survivors at a free luncheon, 11 a.m. to 2 p.m., at the Richlin Ballroom located on 1700 Van Bibber Road, Edgewood. Guest speaker will be Dr. Wendy Harphman who will present "Embracing Life as a Cancer Survivor." Cancer survivors or those who want to recognize a survivor are invited to attend. Seating is limited; registration is required.

For more information or to register, call 1-800-515-0044.

WEDNESDAY JUNE 4 BRAC JOB FAIR

The Department of Defense will hold a BRAC Job Fair, 2 to 7 p.m. at Harford Community College (Susquehanna Center), 401 Thomas Run Road, Bel Air. Jobs include engineers, contract specialists, contract officers, man-

agement analysts, program analysts, logisticians, contract managers and program managers. Job applicants will meet with DoD recruiters. Apply for federal jobs located at Aberdeen Proving Ground.

For more information, call Stacey Lambert, 410-939-4240, e-mail slambert@swnetwork.org.

WEDNESDAY WEE WONDERS I

Join the naturalist and her wee one for a critter encounter and hike. This free program will be held 10 to 11 a.m. for ages 4 and younger. Registration is required.

For more information, to register or for directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

SATURDAY JUNE 7 WALK THE ROCK

Upper Chesapeake Health invites everyone to join the Walk the Rock for Women's Health, 7:15 to 11:30 a.m., at the Bulle Rock Golf Course. There will be a 5K walk through Bulle Rock Golf Course followed by a lecture on women's health.

Health screenings and tickets to the Ladies Professional Golf Association tournament will be provided to participants.

The walk, screenings, lecture and tickets are free.

Participants must use the LPGA bus transportation from Ripken Stadium. For more information or to register, call HealthLink, 1-800-

(Editors Note: More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.)

Military Personnel Office springs into action



Photo by JANET DETTWILER

Human Resources Office employees Joy Buckman, left, and Martha Poole, plant geraniums and petunias in gardens designed by Poole in front of building 4305. During the week of May 12 employees in building 4305 dedicated time and energy to cleaning windows, glass doors, hallways, stairwells and lobby areas around the building. Some of the staff of the Military Personnel Office worked outside creating gardens to welcome visitors. "Customer service begins before you walk into the office, so take a few extra minutes to stop and smell the flowers," said Janet Dettwiler, director, Human Resources/Adjutant General.

BRAC Townhall provides options

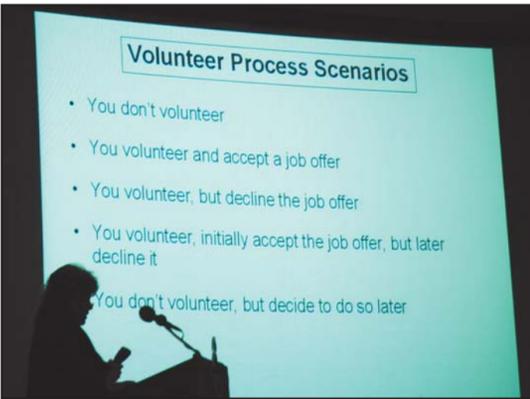


Photo by ROGERTEEL, OC&S

Kim Krauer of the Aberdeen Proving Ground Civilian Personnel Advisory Center presents volunteer scenarios that now face members of the U.S. Army Ordnance Center and Schools during a Base Realignment and Closure town hall meeting May 20 at the post theater. Civilian members of the OC&S workforce received notification letters May 22 and have 60 days to either volunteer to move with OC&S to Fort Lee, Va., or pursue other options available to them.

BDAR at Richmond AUSA



Photo by ROGERTEEL, OC&S

One interactive display at the Association of the U. S. Army's Logistics Symposium at Richmond, Va., May 13 through 15, was the Battle Damage Assessment and Repair display sponsored by the U.S. Army Ordnance Center and Schools. Staff Sgt. Spencer Buck, left, Sgt. 1st Class Loel Garrison, 2nd left, and Staff Sgt. Richard Glovas, right rear, provided information and takeaways about battlefield repairs to two exhibit visitors. The display included a damaged high mobility multi-purpose wheeled vehicle on which the exhibitors used patch and repair kits to demonstrate BDAR capabilities.



FAMILY, MORALE, WELFARE & RECREATION

Military caddies needed for AT&T Golf Tournament

Story by **YVONNE JOHNSON**
APG News

Honorary caddies are needed to carry clubs for one hole for PGA Tour Professionals during the AT&T National Golf Tournament at the Congressional Country Club, Bethesda, Md., July 2. Caddies must be active duty, and enlisted Soldiers are preferred.

Installations must provide the Soldier's name, rank, and two or three bullets about the Soldier's personal and professional life no later than June 9 for their Soldiers to be eligible. This information will be used in the introduction to the Tour Professional.

Caddies will be issued parking passes and credentials allowing them entrance to the event; they must report to the volunteer staff staging area at the appropriate time to be shuttled to the appropriate hole; and each caddy should wear a polo shirt from their installation or installation golf course with golf slacks or golf shorts.

Military installations must provide all necessary information about caddies on or before June 9.

For more information contact Donna Coyne, intramural sports coordinator, 410-278-3929 or e-mail donna.j.coyne@conus.army.mil.

SKIES Unlimited

For more information or to register for a SKIES Unlimited class, call the Central Registration Office, building 2752, 410-278-7571/7479. For an appointment, e-mail stacie.umbarger@conus.army.mil.

Drivers Ed

Drivers Education classes are conducted by Rules Driving School, Inc. Monday thru Thursday, 6 to 9:15

p.m. (Classes are also available 2:30 to 5:45 p.m.) During the summer schedule, which begins June 23, classes will only be offered 2:30 to 5:45 p.m. There are no classes on federal holidays.

Classes are held in Aberdeen at the Community Center, 34 N. Philadelphia Boulevard, room 304, June 2 thru 17; June 23 thru July 8; July 14 thru 29 and

Aug. 4 thru 19. For more information about the Edgewood Area class, call 410-278-7571.

Class includes 30 hours of classroom instruction and 6 hours of behind-the-wheel instruction.

Cost is \$295 per student. Last day to register for the class is one week prior to the first class. Students must be between 15.9 and 18 years of age. Parents must attend the first day of class. Open to all DoD ID cardholders.

Kids in the Kitchen

Children ages 8 to 14 can join Chef Paul for Kids in the Kitchen at Super Suppers, located on Route 40, Havre de Grace, 5:30 to 7:30 p.m., June 6. Cost is \$20 per student. A maximum of 8 students will be allowed. Get in on the fun by making great kid-friendly entrees for the Family. Children will make friends and food with others their own age while learning the importance of clean food preparation and nutrition. Open to all DoD ID card holders.

ZZ Top

From front page

Rock and Roll Hall of Fame.

ZZ Top was formed from two rival Houston bands, Billy's Moving Sidewalks and Frank and Dusty's American Blues.

The group takes musical inspiration from blues and rock musicians like B.B. King, Muddy Waters, and Elvis Presley.

During the 1970s ZZ Top built their loyal fan base by touring and producing albums that reflected their strong blues roots and Texas humor. Their "World Wide Texas Tour" which featured a longhorn steer, a buffalo, buzzards, rattlesnakes and a Texas-shaped stage, was legendary.

In the 1980s the group introduced a synthesizer for "El Loco" to create unusual sound effects to their music,

Activities/Events

Baltimore Orioles Games

Purchase tickets for Orioles baseball at Camden Yards:

- Pittsburgh Pirates, 1:35 p.m., June 15
- Kansas City Royals, 7:05 p.m., July 3
- Detroit Tigers, 7:05 p.m., July 18
- Chicago White Sox, 7:05 p.m., Aug. 25
- Oakland Athletics, Sept. 7, TBD
- Cleveland Indians, 7:05 p.m., Sept. 9
- Toronto Blue Jays, Sept. 28, 1:35 p.m.

For more information on other Baltimore Orioles games or to purchase tickets, call 410-278-4907/4011.

Do-it-yourself New York City tours

FMWR has scheduled several day trips to New York City – eight hours for sightseeing, shopping, seeing a Broadway matinee, venturing into China Town and more June 21, July 19, Aug. 16, Sept. 20, Oct. 18 and Nov. 15.

Cost is \$40 per person. The bus will depart 7:55 a.m. and will return 10 p.m. Open to all DoD card holders.

For more information or to register, call or visit FMWR Leisure Travel Services, Aberdeen Area Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR_LeisureTravel@apg.army.mil.

Boxing Night returns to APG

The 143rd Ordnance Battalion will face the 16th Ordnance Battalion for a night of boxing 6 p.m., June 7, in the Hoyle Gymnasium parking lot. In case of inclement weather, the event will be held in the Hoyle Gym.

Purchase tickets at FMWR Registration, building 3326, or call 410-278-4011/4907 or

the Hoyle Fitness Center, building E-4210, or call 410-436-7134.

Ticket prices are active duty military, \$5; non-military, \$10; ringside seats, \$20 and children 6 and younger are free. Event is open to the public.

Hip Hop classes

The Aberdeen Area Youth Center, located in building 2522, will hold Hip Hop Dance classes for ages 8 through 18. Classes for ages 8 to 13 will be held 5:30 to 6:30 p.m.; classes for ages 14 to 18 will be held 6:30 to 7:30 p.m. All classes will be held on Mondays.

This is a fun and energetic dance class, great for all ages and levels.

For more information or to register, call the Central Registration Office, building 2752, 410-278-7571/7479.

New York City Liberty Tour

FMWR Leisure Travel Services is offering a New York City Liberty Tour July 19.

Cruise aboard the famous Circle Line cruise ship down Manhattan harbor to the Statue of Liberty for the best view in the city. Following the cruise, enjoy lunch on the coach touring famous and not-so-famous New York sights narrated by a professional and friendly step-on guide. Then explore and shop in midtown Manhattan. Shop for souvenirs, browse at Macy's or stroll Times Square.

Cost is \$90 per person and includes roundtrip transportation, cruise and lunch. The bus will depart 7:20 a.m. and return 9:30 p.m.

For more information or to purchase tickets, visit FMWR Leisure Travel Services, Aberdeen Area Recreation Center, building 3326, 410-278-4011/4907, or e-mail MWR_LeisureTravel@apg.army.mil.

APG Bowling Center Snack Bar specials Building 2342

Week of May 26

Special #1: Ham and cheese sub, choice of mayonnaise, lettuce, tomato, pickles, onions, potato chips, cookie and soda for \$5.45.

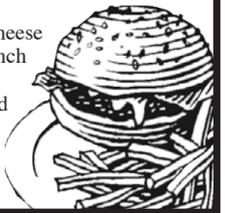
Special #2: Chicken tender sub, choice of mayonnaise, lettuce, tomato, pickles, onions, potato chips, cookie and soda for \$6.55.

Week of June 2

Special #1: Chicken filet club sandwich on hamburger bun with cheese and bacon, choice of mayonnaise, lettuce, tomato, pickles, onions, French fries, cookie and soda for \$6.95.

Special #2: Purchase one meal with soda for full price, get second meal 40 percent off. Second meal must be of equal or lesser value.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



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www.mcslpga.org

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ARMY CONCERT TOUR

ZZ TOP

Live in concert

Sunday, June 22

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With Blind Melon and Special Guest Blackberry Smoke

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which was rarely heard in the blues-rock genre. The band continued to use that style of music to produce "Eliminator" which became the group's best-selling album to date, which was a 10x multi-platinum hit.

The band's next album, 1985's, "Afterburner," expanded

Eliminator's use of synthesizers coupled with blues-rock rhythms, and was 5x multi-platinum.

Their success in the 1980s was partially due to their popular music videos that they produced for MTV, like "Gimme All Your Lovin'," "Legs" and "Sharp Dressed Man," each featuring a cherry-red

1933 Ford Coupe Hot Rod nicknamed The Eliminator.

The band is also well-known for their unique image. Two of the band members, Gibbons and Hill, sport chest-length beards, similar clothing and sunglasses which have become their trademark look. Beard, ironically, sports a mustache rather than a beard.

According to allmusic.com, "As genuine roots musicians, they have few peers; Gibbons is one of America's finest blues guitarists working in the arena rock idiom—both influenced by the originators of the form and British blues-rock guitarists like Peter Green while Hill and Beard provide the ultimate rhythm section support. Top's music is always instantly recognizable, eminently powerful, profoundly soulful and one-hundred percent American in derivation."

The band continues to tour and make new music, and has an impressive collection of 14 studio albums and six compilation albums under their belt. (Editor's note: zztop.com, allmusic.com, and www.wikipedia.com were used in this article.)

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Wounded Soldier, Family Hotline continues to serve

U.S. Army Human Resources Command

The Army's Wounded Soldier and Family Hotline celebrated its first anniversary March 19, having fielded almost 12,000 calls in a 12-month period.

The hotline was created by the Army's senior leadership as an additional resource for wounded Soldiers and their Families to help them resolve difficult medical-related issues.

"The hotline's purpose isn't to circumvent the chain of command," said call center deputy chief, Col. Robert Clark. "However, the hotline reflects the Army's determination to address and resolve Soldiers' issues as rapidly as possible. We are able to interject at senior levels in all areas and work from the top down to get issues resolved quickly."

The almost 12,000 calls have come from Soldiers across all components, as well as veterans, Family members,

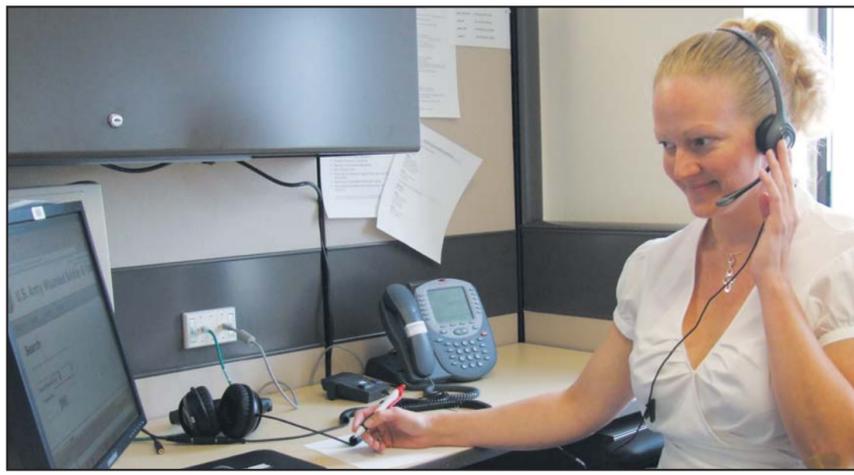


Photo by GERRY J. GILMORE, DEFENSE DEPARTMENT
Vanessa Bradchulis, a customer care representative at the "Wounded Soldier and Family Hotline" center in Alexandria, Va., often receives calls from fathers or mothers inquiring about the medical status of their wounded sons or daughters.

advocates and friends. Calls have come from all 50 states, the District of Columbia and Puerto Rico, and from as far away as Afghanistan, Iraq,

Germany, Korea, Japan, Philippines, Brussels, Italy and Kuwait. The hotline addressed almost 2,700 issues and answered approximately 6,700

other inquiries and requests for information during its first year. The remaining calls were referred to other more appropriate agencies for assistance.

While not everyone can be satisfied with the outcome of their call to the hotline, 85 percent of the issues are resolved favorably.

The top issues resolved by the hotline include those related to health care, pay and benefits, chain of command issues, legal assistance and awards questions. Not only has the hotline helped Soldiers resolve difficult issues, but hotline employees have also intervened in several threatened suicides both in theater and at home.

During the year, hotline personnel have seen some changes regarding the number and types of calls coming into the center. During this same period there was an increase in calls following the activation of the Army Medical Action Plan. Soldiers assigned to Warrior Transition Units called to inquire about assignments, and wounded and injured National Guard

and Army Reserve Soldiers requested help with activation into the active Army.

A comparison of the first six months of calls to the last six months shows an overall 29 percent reduction in the total number of calls. As the Army worked diligently to improve medical care this past year, medical-related calls fell by nearly 50 percent.

The Wounded Soldier and Family Hotline continues to meet the changing needs of the Army.

"The Army cares about its Soldiers and Families. We are going to take care of them and ensure they have every single resource available to them in the United States Army," said Col. Edward Mason, the hotline's chief.

The Wound Soldier and Family Hotline, managed by the U.S. Army Human Resources Command, in Alexandria, Va., is available 24-hours a day, seven days a week at 1-800-984-8523.

Scheduling school physicals through KUSAHC

Story by

BARBARA W. SISKIND, M.D.
KUSAHC

Physical examinations for 3- to 17-year-old beneficiaries, which are often required for daycare, school, camp or sports, are a continuation of the health supervision visits begun in infancy and are recommended by the American Academy of Pediatrics.

These 30-minute visits are available daily on a year round basis in the Pediatric Clinic at Kirk U.S. Army

Health Clinic and will continue to be available over the summer.

In Maryland, PEs are required for initial entry into daycare, kindergarten or into any grade if the student is new to the Maryland school system.

Although the state advises a PE before entry into schools and daycare settings, there is a six-month window after entry for obtaining the PE and completing the paperwork. Thus the appointments for these physicals can be scheduled after the beginning of the

school year.

Sports physicals are required before participation only for high school varsity/junior varsity sports teams. If a patient has had a PE at KUSAHC Pediatric Clinic within the past 12 months, an additional appointment and exam are not needed. The relevant information can be transcribed onto the school form by the Pediatric Clinic nursing staff.

When a patient is scheduled for a PE, they must be accompanied by a

parent or an adult with legal power of attorney.

All paperwork required by the daycare, school, sport or camp must be brought to the appointment. The forms must be completely filled out, with the exception of the health care provider portion of the form. The patient's official immunization record must also be brought to the appointment.

There is a separate form for documentation of immunizations which

can be completed by the school nurse, the Pediatric Clinic nursing staff or the Immunization Clinic staff based on review of the immunization record provided by the parent. If the child's immunizations are up to date, no appointment is needed. If immunizations are needed prior to school entry, a 20-minute "immunization update" appointment with a pediatric provider will meet that need.

(Editor's note: Siskind is the chief of the Pediatric Clinic at KUSAHC.)

Putting an end to the 'seeking mental health' stigma

Story by

JOSEPH O'ROURKE
KUSAHC

As Mental Health Month comes to an end, it is important to address the myth of the neg-

ative career impact of seeking help for a mental health issue.

This issue is important enough to the Department of Defense that, on April 18, Secretary Robert Gates, signed

a Policy Implementation that stated: "The Department of Defense strongly endorses the practice of seeking professional help to address all health-related concerns, whether mental or

physical. The department considers it a mark of strength and maturity to seek appropriate healthcare, whenever required. This is especially important for DoD, whose members are

routinely exposed to traumatic events with psychological and physical impact beyond those encountered in other environments."

Security clearances are not at risk for receiving mental health services. Question 21 of the SF 86 Questionnaire for National Security Positions, which asks about mental health treatment, has been revised, to exclude counseling for marital, Family or grief issues, unless related to violence committed by the service member. Also ruled out is counseling for adjustments from service in a military combat environment.

The policy further states that "Seeking professional care for these mental health issues should not be perceived to jeopardize an individual's security clearance. On the contrary, failure to seek care actually increases the likelihood that

psychological distress could escalate to a more serious mental condition, which could preclude an individual from performing sensitive duties. Thus, we encourage you to seek care when necessary, knowing that getting professional assistance as needed is the best way to sustain one's ability to perform well."

APG Soldiers seeking help for mental health concerns have several resources available.

- Kirk U.S. Army Health Clinic Behavioral Health, 410-278-1715
 - Military One Source, 800-432-9647
 - Health Net, 1-877-874-2273
 - Online Screening, www.MilitaryMentalHealth.org or 877-877-3647
 - Chaplains, 410-278-4333
- For more information, call 410-278-1755.

LEAVE DONATIONS

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For more information, call Ronda McKinney, 410-278-8988, or e-mail rondamckinney@usag.apg.army.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

Donald Adamson	Donna Cianelli	Jerome Hesch	Marie D. Nowak	Algje Shaw
Neoma Amberman	Joyce Clark	William Horn	Dorothy Nowak	Mark Shipman
Karen Blades	George Colletta	Sinclair Joe	Cindy Orwig	Willie Stevenson
William Bond	Barbara Crossley	Beverly King (caring for husband)	Adrienne Pearson	Angela A. Taylor
Debra Bonsall (daughter has brain tumor)	John Daigle	Paul Kuwik	Michael Querns	Carrie Theiss
Jeanie Bowman	Wayne Doyle	Glenn Kresge	Melvin Showell	Charles Young
Jane Calahan	Lisa Foust	Coby Lantry	Gloria Scott	Barbara Zenker
	Betty Genuardi	Joyce Mauldin	Barbara Seker	
	Hester Hayes		Donna Sexton	

IMCOM

From front page

Neither Hall nor Devens will find greener pastures in their new positions. The Northeast Region encompasses more garrison activities, 28, than IMCOM-Europe, 13. Devens inherited the larger workforce – 13,500 military, civilian and local national employees in comparison to the 12,700 Soldiers, DA civilians, NAF employees and contractors under Hall's purview. The Northeast Region's annual operating budget is approximately \$1.8 billion in comparison to IMCOM-Europe's \$1.3 billion. One will provide oversight for the ongoing base realignment and closure actions that affect at least 11 regional Army activities and installations while the other will carry out the long-range plan to greatly reduce the "footprint" of U.S. installations in Europe.

Both senior executive service civilians bring a vast amount of experience to their new positions.

Before retiring from active duty as a colonel, Hall held a variety of key command and staff positions including: deputy director of Training, 7th Army Training Command; commander of the 409th Base Support Battalion, Grafenwoehr, Germany; senior analyst for the U.S. Army Training and Doctrine Command, Research and Analysis Center; secretary of the General Staff of the

1st Cavalry Division; executive officer of the 3rd Battalion, 82nd Field Artillery; brigade fire support officer, 2nd Brigade (Blackjack), Fort Hood, Texas, and Charlie Battery commander 1st Battalion, 77th Field Artillery.

His civilian positions have included assistant deputy chief of staff, Personnel and Installation Management, U. S. Army Europe and 7th Army from September 2001 to September 2002, and chief, Resource Integration Office, Office of the Assistant Chief of Staff for Installation Management, Office of the Chief of Staff of the Army from August 1997 – July 2001, where he was the senior resource manager responsible for the development, analysis, coordination, and integration of requirements to support doctrine, plans, programs, policies, and guidance for resourcing and operating Army installations.

Devens began her career with the Army in 1975 at Letterkenny Army Depot where she worked while completing her bachelor's degree at nearby Wilson College, Chambersburg, Pa. She served as the Arts & Crafts Facility manager, and then as the installation program coordinator. After completing her degree, she moved to Depot Systems Command Headquarters, a major subordinate command of the U.S. Army Materiel Command, where she served as the Morale, Welfare and Recreation program director before she was reassigned as the chief of Recreation in the Community and Family Support Division, Office of the Dep-

uty Chief of Staff for Personnel, U.S. Army Europe. In 1996, she was appointed CFSD chief. In February 1999, Devens was selected as chief, Installation Management Support Directorate, TRADOC HQ, Fort Monroe, and subsequently promoted to assistant deputy chief of staff for Base Operations Support in December 2000. She became the director, Northeast Region upon its activation on Oct. 1, 2002.

Devens is a 1998 graduate of the U.S. Army War College, where she also earned a master's in public administration from Shippensburg University. She is a graduate of the Army Management Staff College, Organizational Leadership for Executives Course, Reinventing the Organization Course and the Juran Quality Improvement Course.

She also grew up in a military family – her father was an Army command sergeant major.

"Diane is passionate about her work," Wilson emphasized in his remarks. "She is a results-driven, caring and dedicated leader who understands the Army and what good quality of life means to our Soldiers and Families."

About Hall, Wilson said: "He was instrumental in planning and leading the most comprehensive change of U.S. Army garrisons in Europe ever undertaken. Congressionally mandated rebasing and restructuring of the Army's footprint within the region demanded thousands of actions. During that restructuring, he skillfully

gained efficiencies and cost savings of more than \$23 billion through the early consolidation and closure of nine installations throughout Europe.

"I have the highest respect and confidence in Mr. Hall's ability to lead large complex organizations," the general added. "The European region is losing a fine leader ... but its loss is the northeast region's gain."

"Chief of Staff of the Army Gen. George W. Casey Jr. has challenged his leaders to restore balance to the force by 2011 using four imperatives – sustain, prepare, reset and transform," Wilson concluded. "These two regional directors that I have spoken of today are agents of change. They get it ... they have proven through their performance that they understand the imperatives and the importance or restoring balance to our Army."

In her departing remarks, Devens emphasized how difficult it would be to leave the Fort Monroe community. She said it felt like "tearing herself away from friends and Family."

She then complimented her employees and the region's vast workforce.

"We've had our good days and our bad days like any Family does. But I'm proud to be able to say that on the whole we've had each other's backs and have kept two things in sight – doing the right thing on behalf of our nation and taking care of Soldiers. I have been privileged to serve with you all."

Devens also capitalized on the

opportunity to highlight the Army's Family Action Plan and the Army Family Covenant. As an "Army brat," she said, she realized the true significance of the measures, and she heralded the successes in that arena region-wide.

"We've built well over three thousand new homes through RCI, ninety child care centers with four more on the way, and we've established seven Soldier Family Assistance Centers to support the seven hundred seventy-five warriors in transition that we have in this region. Those are just a few of the many actions the Army has taken to pay back spouses and Family members for all they do."

Hall also acknowledged the sacrifices of Soldiers and Families in his closing comments.

"In my twenty-six years in uniform, coupled with [more than] fifteen years of leading garrisons or managing their resources, I've learned a thing or two about what a Soldier expects and deserves from their Army. And I will continue to bring that insight to bear everyday."

"To the region, I ask you to always challenge the convenient and easy path to success of our plans for it may not always lead us to our goal in this fast-paced environment that we live in. Remember the enemy has a vote. We have to be adaptive to sustain our Soldiers and [the Global War on Terror]. Have a passion for the plan, but do not fall in love with it for sometimes it may not be the best for our Soldiers, Families and civilians."

Self-defense class tackles domestic violence

Story and photos by
YVONNE JOHNSON
APG News

Members of the Aberdeen Proving Ground community recognized Sexual Assault Awareness Month in April by participating in the Army Community Service-sponsored self-defense demonstration at the Main Post Chapel April 29.

The ACS Sexual Assault Prevention and Response Program sponsored the program in commemoration of Sexual Assault Awareness Month.

Lynda Fernandez and Aida Rivera, ACS family advocacy program managers, hosted the event.

Also on hand was Mike "Big Mike" Farlow, detective and community policing officer from the Directorate of Law Enforcement and Security.

Farlow told listeners that violence against their person can happen anywhere and that self-defense includes being aware of their surroundings at all times.

"In unfamiliar surroundings be aware of what's going on around you at all times," Farlow said. "Predators look for weaknesses. Walk with confidence, follow your gut instinct if someone or something makes you uncomfortable, have a plan and be able to react."

He added that simply talking on a cell phone while walking through a parking lot can serve as a deterrent to a would-be aggressor.

The class instructors were Les Blizzard and his son Tom from the Dragon Storm Karate Club in Anne Arundel County.

Les Blizzard, with more than 23 years as a women's



Les Blizzard of the Dragon Storm Karate Club, left, demonstrates an arm twist on an assailant, his son Robert, during a Sexual Assault Awareness Month self-defense class in the Post Chapel fellowship hall April 29.



Demonstrating counter attack methods as well as self defense, Rob Blizzard, right, blocks a blow from assailant Les Blizzard, left.

self-defense counselor, said that he would attempt to condense a 36-hour class into 90 minutes of instruction.

He focused on two portions of self-defense – the mind and the body.

He instructed listeners on the use of parts of the body as weapons and then demonstrated a series of holds and other defensive methods that he said

anyone could do with practice.

In one instance, he demonstrated how to get out of a headlock, in which an assailant has his arm wrapped around the neck, pressed against his side, with his fist balled under the chin.

"Turn your chin toward his body to get his hand from under your throat," he said.

"This changes it from a head-

lock to a jaw lock. There's no way he can kill you in this manner," he said, adding that this simple move allows the victim time to breath, prevents fainting and allows for time to think their way out of the situation.

He told listeners to learn ways to use their body parts in their defense. Upper limbs, including arms, elbows, fingers, and lower limbs, including feet

and knees, all can be used as weapons, Blizzard said.

After demonstrating chops, choke holds, kicks, arm twists and other methods of overpowering an attacker, Blizzard told listeners that they are not helpless as long as they have arms, legs and a head.

"Whenever you do anything you have to use your entire body because [attackers] are naturally stronger than you," he said. "You have to remember that you can control the situation. You have the element of surprise on your side because attackers won't expect you to fight back."

He encouraged listeners to practice with friends to increase their speed and accuracy.

"All women, whether home

makers, students or career women, should understand and develop ways to defend themselves," he said. "There's nothing wrong with panicking. If you don't scream or holler, you're in a lot of trouble."

Attendees received reading material from Blizzard detailing self-defense moves he covered as well as personal safety and emergency contact information from ACS and Farlow.

April Peavey, a military spouse and Family Child Care provider, said she was glad she attended.

"I learned stuff I never would have thought of before," Peavey said. "Now I feel like if I ever get in that situation, I'll know what to do."

APG Outdoor Journal

Commentary: 'Eagle' scouts?

By
BILL ARMSTRONG
APG Wildlife and Marine Law Enforcement Division

I know a lot of you here at Aberdeen Proving Ground are probably getting a little tired of reading the stuff I've been writing lately about the bald eagles, especially the folks at the U.S. Army Aberdeen Test Center, but I thought this was something that might be worth sharing.

As I mentioned back some time ago, scientists down at the College of William and Mary are up here doing a project with the U.S. Fish and Wildlife Service, studying among other things, bald eagle migration patterns, nesting territories and the overall effects on bald eagles in their ever increasing close proximity to human activity. A great deal of their research involves the banding and installation of satellite tracking devices that we hope will provide valuable data to both the scientific and the military communities.

For me, being in the wildlife business as I am, the project has been a terrific learning experience.

A couple of weeks ago, we happened to be talking to a representative of a local Boy Scout group, kicking around ideas for projects and activities that might benefit prospective Eagle Scout candidates. As you know, the Eagle Scout award is based on scouting excellence and an individual's dedi-



After weighing, banding and photographing an eaglet that was lifted from a nest on Aberdeen Proving Ground, from left, Libby Mojica from the College of William and Mary; MWE Officer George Roberts; and Eagle Scout candidates Tyler and Trevor Houck, prepare to put the bird back in the nest.

cation to community service.

Anyway, the eagle banding project at APG was mentioned, and that was all it took to get the ball rolling. After talking with Dr. Bryan Watt, College

of William and Mary, himself a former Eagle Scout, and Craig Koppie, USFWS, plans were made to invite a couple of the Scouts over to give us a hand.

Photo by MWE OFFICER CHARLES VOLZ

The following Friday, Wildlife Officers Charles Volz and George Roberts were joined by Tyler and Trevor Houck, both of whom were eagerly looking forward to their

planned "adventure" to Carroll Island. The mission involved Koppie climbing the nest tree and gently lowering the eaglets to the ground for weighing, banding, photographs, etc., by Libby Mojica, also from the College of William and Mary, and Watts.

It was during this procedure that the Houck brothers were able to get "really up close and personal" with the three chicks; assisting the researchers with the taking of the measurements, recording the scientific data and preparing the eaglets for the elevator ride back up the tree to the nest.

As Volz put it, "It was absolutely heartwarming to see the enthusiasm and the awe these two youngsters had on their faces as we worked with the birds. Today you hear so much on television and from the newspapers about drugs and violence and lack of respect for traditional values, it was refreshing to share their delight in being a part of this project."

All in all, the four-hour mission out in the bushes with these two Scouts was a terrific experience for everybody. For Tyler, who is 15 and only three steps away from becoming an Eagle Scout, and Trevor, who is 13, and well on his way to that level, the event was something they will probably remember for the rest of their lives.

It was great that we were able to share APG's wildlife with them.

Business

From front page

Lean Six Sigma is a method of improving quality while removing the causes of defects and errors. Based on the practices of Toyota and Motorola, the process centers on improving production time, eliminating waste while reducing cost and creating an infrastructure of employees

(e.g. green belts, black belts) who lead these efforts.

"We're very proud of the number of green belts, black belts and master black belts we've got. We're also very proud of the fact that we're doing more and more training in-house," Griffin said.

The goal is to help the Warfighters," he added. Applying continuous process improvement, Lean Six Sigma and other aspects of efficiency improves support to the service members in the field.

Griffin urged leadership-management to explain the benefits of Lean Six Sigma; otherwise, "it will go nowhere," he said.

Griffin said idea sharing benefits more than just the Army.

"What we've attempted to do is learn from how the other services do business, and also in the private sector - we've gone out and spent time with different companies and watched their process. They've shared ideas with us,

and they've helped us improve our process, which all benefits the taxpayer at the end of the day," Griffin said.

The other services and the private sector are able to learn from the Army as well, Griffin said.

With events like the symposium, the Office of the Secretary of Defense is making strides in facilitating partnerships, he said.

"I think the effort on the part of the OSD is a positive step to bring the services together

because clearly it was a joint audience out there today," Griffin said. "There's room for sharing ideas and working closer together in the joint arena. I applaud OSD's efforts to do that. There's ongoing dialogue and education. It is truly a joint endeavor down at the production site."

Various storyboards were on display depicting the ways the services have reduced costs and improved processes. One bearing the Army logo was the Defense

Foreign Language School Rapid Improvement Event board. It showed a change in the process of incurring costs for non-Army students and a savings to the Army of an estimated \$139 million per year.

Others included the Government Purchase Card Process Improvement, which streamlined efforts to eliminate waste, and Improved Army Equipment Loss Reporting, which reduced reporting time and improved reporting accuracy.