

## Post Shorts

### Recycling schedule

The residential and recycling pickup schedule for Feb. 13, is paper. Put items in paper bags, boxes or bundles and place them on the curb.



### Noise alert

The Aberdeen Test Center at Aberdeen Proving Ground will support a training exercise Feb. 11 through 13.

Residents and boaters in the surrounding community may hear weapons firing and aircraft flying at low altitudes. Illumination devices may create flashes of light visible off post.

Activity may take place in the installation's restricted waters and/or in the air, over both land and water, and may include weapons and use of air and watercraft.

For complaints or more information, call 410-278-1147/1153 or 1-800-688-8705.

### FRG holds Valentine's Day bake sale at PX

The 9th Area Medical Laboratory Family Readiness Group will sponsor a Valentine's Day bake sale, 11 a.m. to 6 p.m., Feb. 14, at the PX. Treats include cookies, cupcakes and chocolate truffles. Donations will support the 9th AML FRG fund that is used to sponsor deployment packages for family members, Family functions and FRG meetings.

For more information, call Mary Manglapus, 9th AML FRG leader, 301-943-9767.

### Blue Cross visits APG

The Civilian Personnel Advisory Center has made arrangements for a claim representative of the Service Benefit Plan Blue Cross/Blue Shield to visit APG Feb. 12. The representative will not be available in the Aberdeen Area this visit due to painting and furniture installation. The representative will be available 12:30 to 1:30 p.m. in building E-4811 (Seminar Area of Conference Center) to discuss claim problems and plan coverage. No appointment is necessary.

For more information, call Teri Wright, CPAC, 410-278-4331.

### KUSAHC closed Feb. 18

There will be no services, including pharmacy, at Kirk U.S. Army Health Clinic Feb. 18.

Arrangements should be made to pick up medications prior to these dates.

See **SHORTS**, page 5

## Issue Highlights

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# Ceremony signifies CERDEC's BRAC move to APG

Story by **ANDRICKA THOMAS**  
RDECOM

The first phase of employee movement from Fort Monmouth, N.J., to Aberdeen Proving Ground was marked at a ribbon-cutting ceremony Jan. 31, as part of the implementation of the 2005 Base Realignment and Closure law.

In accordance with the Department of Defense report to Congress in December 2007 for BRAC, the Army Team C4ISR (Command, Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance) personnel and equipment transition to APG will be planned and conducted in phased stages to ensure the stability of operations during the relocation.

"This ribbon cutting epitomizes the message [Major] General [Fred D.] Robinson [commanding general, U.S. Army Research, Development and Engineering Command] and I both stressed at last week's town hall meeting at Fort Monmouth. And that message is that it's time to move forward," said Maj. Gen. Dennis L. Via, commander of the U.S.

Army Communications and Electronics Command Life Cycle Management Command.

The CECOM LCMC and RDECOM's Communications-Electronics Research, Development and Engineering Center are part of the Army's Team C4ISR whose mission is to deliver innovative support for the Army's critical C4ISR effort. The Army Team C4ISR is presently headquartered at Fort Monmouth and will relocate to APG as BRAC is implemented.

Via said he is confident Team C4ISR will continue to excel in executing the mission and in ensuring continuity in the C4ISR products and services.

The move will be implemented in phases to ensure a smooth transition to continue the level of superior support to the Warfighter.

"These first employees are, in essence, pioneers in the sense that they are leading the way for our BRAC relocation," said Gary Martin, former CERDEC director.

The first employees (all of CERDEC) began the transition in the fall of 2007.

The CECOM LCMC commander expressed his

appreciation to the CERDEC advanced party employees present at the ceremony. Looking to the future as the BRAC plan unfolds, Via spoke about what is ahead.

"This building represents the initial foothold of Team C4ISR at Aberdeen Proving Ground," Via said. "We look forward to the groundbreaking this spring of our new state-of-the-art Army campus here, which will herald the beginning of a new era for our command team."

RDECOM asked the U.S. Army Research Laboratory, a RDECOM subordinate element, to make space available for the incoming advance team from CERDEC. Now, the employees have temporary office space as they settle into their new duty station.

In August 2007, the U.S. Army Materiel Command approved movement of 32 CERDEC positions to APG. These positions currently support systems engineering, power and energy, battle command, networking and wireless communication missions.

"Let's take pride today in our past and in our future and pledge together to move forward to ever greater successes in support of our nation's defense," Via said.

# Troops to receive retroactive pay this month

Story by **JOHN J. KRUZEL**  
American Forces Press Service

Active duty troops will receive retroactive earnings in February, followed weeks later by a supplemental payday for non-active personnel, a Pentagon official said Jan. 29.

The National Defense Authorization Act signed into law Jan. 28 by President Bush stipulates a 3.5 percent military pay raise. This hike is 0.5 percent higher than an executive order Bush signed Dec. 28 to increase pay by 3 percent, which took effect Jan. 1.

In mid-February, the De-

fense Finance and Accounting Service will pay active duty troops the extra 0.5 percent raise earned since the start of 2008. Non-active members will receive the supplement "a couple weeks later," said Bill Carr, deputy undersecretary for Military Personnel Policy.

Carr said the Pentagon is "delighted" with the act and praised cooperation by Congress. Disagreement between the president and Congress over non-defense-related earmarks and controversial language about the Iraq War had delayed the bill's enactment.

"I think it's good news for everybody in uniform," Carr said. "This Congress has been terrific in working with us in terms of providing to the troops the things that they need."

Between 2000 and 2007, private-sector pay increased by 29 percent, while military pay jumped 42 percent during the same time, Carr said.

Meanwhile, wages paid to noncommissioned officers, which includes corporals and all grades of sergeant and petty officer, spiked by about 52 percent.

"We've made considerable headway, in terms of increas-

ing the value of military pay, to the point where we're now frankly in about the seventieth or eightieth percentile of similarly educated American earners," Carr said. He noted that the most recent raise, by virtue of exceeding the current inflation rate, will increase service member recipients' purchasing power.

Pentagon Press Secretary Geoff Morrell said the retroactive payments ensure "that our forces are compensated commensurate to their service and sacrifice."

In a news conference at the Pentagon Jan. 29, Morrell

noted that troops will benefit in various ways by provisions codified in the act.

"It lets us resume offering bonuses to new recruits and re-enlisting troops," he said.

The act also includes funding to improve health care and benefits for wounded troops and veterans.

The bill became law just a week before the next budget cycle begins as Bush sends his fiscal 2009 request to Capitol Hill. That budget proposal, along with a request for \$70 billion in emergency war spending, was delivered to Congress Feb. 3.

## Tax Center opens in new location

Story by **ERIC FEUSTEL**  
OSJA

The Installation Tax Assistance Program, directed by the Office of the Staff Judge Advocate, Client Services Division, marked the official opening of the Aberdeen Proving Ground Tax Center with a ribbon cutting ceremony Jan. 23.

Col. Bobby Towery, commander of the 61st Ordnance Brigade, presided over the ceremony. In his opening remarks, Lt. Col. Don Pollack, the installation staff judge advocate, and sponsor of the tax program recognized Sgt. 1st Class Mona Stephens for securing the tax facility and coordinating with personnel from the directorates of Installation Operations and Information Management through each phase of preparing the facility for Soldiers. Additionally, he recognized the Soldiers of Company A and Company C of the 16th Ordnance Battalion for preparing the tax center for the ceremony.

Towery congratulated the tax center staff for achieving 100 percent IRS certification and thanked them in advance for their efforts on behalf of the APG community. He urged commanders and Soldiers to take advantage of the free services provided by tax center staff.

Along with Soldiers and civilian employees attendees included Alinda Doughty, Internal Revenue Service tax specialist, and Carol Parker, manager, Comptroller of Maryland

See **TAX CENTER**, page 3

## New Year brings new leadership Conrad Whyne accepts position as CMA director

CMA

The U.S. Army Chemical Materials Agency is beginning the new year with a major change in leadership. Conrad Whyne officially replaced Dale Ormond as the new director of CMA on Jan. 25.

Ormond has served as acting CMA director since January 2007. Throughout this time, CMA has achieved many milestones - commencement of Newport, Ind., hydroly-sate shipments to Port Arthur, Texas; reaching the Chemical Weapons Convention's 45 percent agent destruction milestone; and the elimination of binary chemical weapons in the United States.

"I am proud of the CMA work force and their commitment to safe and efficient disposal over the past year," Ormond said. "Without the dedication of our government and contractor employees, my job-as well as daily CMA operations-would not have gone as smoothly. Mr. Whyne brings more than twenty years of experience and leadership to this position, and I am con-



fident that he will succeed in leading CMA through many more crucial milestones."

As the incoming director of CMA, Whyne will ensure continued secure storage and safe destruction of chemical weapons materiel, manage the closure of the demilitarization facilities, oversee Chemical Stockpile Emergency Preparedness programs and plan for Base Realignment and Closure requirements.

Whyne joined CMA in June 1984 as a project engineer while still a captain in the U.S. Army. In May 1989, he became the lead engineer for the Pine Bluff Chemical Agent

See **WHYNE**, page 12

# Army to retire BDUs

Story by **ELIZABETH M. LORGE**  
Army News Service

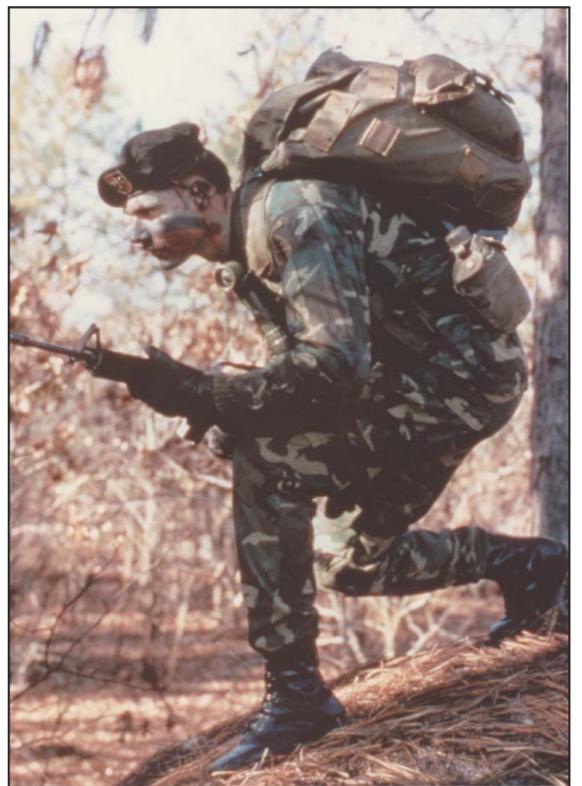
The Army's Deputy Chief of Staff for G-1 (Personnel) announced in January that the final wear-out date for the Army Battle Dress Uniform and Desert Battle Dress Uniform will be April 30 for both active duty and reserve component Soldiers.

The Army began phasing out the woodland and desert-patterned uniforms on June 14, 2004, with debut of the digital-patterned Army Combat Uniform.

"Our Army is always looking to constantly improve on everything we do, both on and off the battlefield," said Sgt. Maj. Katrina L. Easley, uniform policy sergeant major at G-1. "We took a look the combat usability of what was once a good uniform, and based upon feedback from the field, decided to improve it and fix the many problems reported. There were at least twenty changes made and the result is the current ACU."

"Response has been fantastic. Soldiers have adapted well to the new uniform and they tell us they truly appreciate the

See **BDU**, page 2



Courtesy of U.S. Army  
The Battle Dress Uniform in woodland camouflage was first issued in 1981 and has a wear-out date of April 30. The Desert Battle Dress Uniform and many of the its matching accessories are also being retired. They have been replaced by the digital Army Combat Uniform.

# Moving left of the boom on motorcycle accidents

By **COMMAND SGT MAJ TOD L. GLIDEWELL**  
U.S. Army Combat Readiness/Safety Center

Spring is the traditional start for motorcycle riding and, for many riders, Daytona Bike Week (Feb. 29 through March 9) marks the unofficial beginning of the season.

Numbers indicate motorcycle sales have steadily increased over the years, and riding is a popular activity or mode of transportation among the ranks. As engaged leaders, it is necessary to ensure Soldiers are aware of the tools/resources made available to them.

The Chief of Staff, Army, now requires the Six Point Program developed by the U.S. Army Combat Readiness/Safety Center be used by all Army units. It is the minimum standard. This program requires command emphasis, discipline, composite risk management, standards and provides alternatives, as well as a commander's assessment. The focus of the program is engaged leadership through positive assertion of proactive measures and standards.

In fiscal year 2007, there were 38 Soldiers

killed in motorcycle accidents. Safety Center data indicates that 65 percent of these motorcycle accidents involved Soldiers older than the age of 25. Of these mishaps, 60 percent involved Soldiers in the grade of E-5 or higher. Of concern about these numbers, aside from the horrific loss of life, is these fatalities include the senior noncommissioned officer ranks. In some motorcycle crashes involving fatalities, the sequence of events leading up to the incident indicate these deaths were preventable. Some of these incidents indicate that fatigue, drinking and lack of engaged leadership among fellow NCOs were paramount in the Soldier's death.

Department of Defense Instruction 6055.4 and Army Regulation 385-10, Army Safety Program, Chapter 11, state that Soldiers operating a motorcycle must complete safety training. Some Soldiers believe that these regulations only apply when they are riding on post, which is not true. The regulation states failure to wear personal protective equipment or comply with licensing or operator training requirements is

See **SAFETY**, page 11

# Two retire during January ceremony

Story by  
**YVONNE JOHNSON**  
APG News

An Aberdeen Proving Ground Soldier and a government civilian were praised for their service to the Army during the monthly retirement ceremony at Top of the Bay Jan. 30.

Sgt. 1st Class Lisa A. Jones, U.S. Army Ordnance Mechanical Maintenance School and Dr. Kenneth S. Unruh, U.S. Army Evaluation Center, retired with a combined 60 years of government service.

Brig. Gen. Frank D. Turner III, commander, U.S. Army Developmental Test Command hosted the ceremony, representing Maj. Gen. Fred D. Robinson, commander of APG and the U.S. Army Research, Development and Engineering command. Turner presented awards to the honorees assisted by Command Sgt. Maj. Pedro Rodriguez, APG Garrison.

Turner said he was honored to lead the ceremony and on behalf of the U.S. Army, thanked both retirees for their service.

He said it was not the length but the quality of service that mattered.

"The level to which they served, the tasks they were given and the achievements they accomplished speaks well of them," Turner said.

He stated that Unruh, a senior operations research analyst, was one of only a few people chosen to leave the U.S. Army Materiel Systems Analysis Activity to go to AEC in 1973, and he credited him with developing test and evaluation procedures for equipment like the UH-60 Blackhawk helicopter as well as serving on local state and county government committees.

"Here is a man marked by not only service to his country but to state and county governments," Turner said.

He called Jones, the OMMS Human Resources supervisor, "a walking success story," noting that "she leaves the Army with associate and bachelor's degrees," and that the leadership positions she held throughout her career are proof of her professionalism.

"They have to have confidence in you or you don't stay in that position very long," Turner said.

In addition, she is a longtime volunteer who has been recognized for her work with the Girl Scouts, Turner added.

"Hers is a life dedicated to serve her country as well as her community," he said.

"On behalf of General Robinson, the Army and the citizens of this country, I thank both of you for your service to the Army."

## Sgt. 1st Class Lisa A. Jones

Jones was awarded the Army Meritorious Service Medal with certificate signed by Brig. Gen. Rebecca Halstead, commander, U.S. Army Ordnance Center and Schools; the Department of the Army Certificate of Retirement, signed by Gen. George W. Casey Jr., Army Chief of Staff; and the Presidential Certificate of Appreciation, signed by President George Bush.

Her husband Norman Jones received the DA Certificate of Appreciation signed by Gen. Casey.

Jones said that along with her husband, children and mother, who traveled from Connecticut for the ceremony, she wanted to thank her Soldiers.

"Thanks to all my Soldiers," she said. "That's who my career was for."

"I have been truly blessed," she added, "And now I can really take care of my Family."

Jones was born in Bridgeport, Conn. She enlisted in the Army in 1984 and over her 24-year career served in numerous stateside and overseas assignments including Germany and Korea.

During her career she held various positions including personnel supervisor, test control supervisor, special security noncommissioned officer, and Training, Equal Opportunity and Inspector General NCO.

Jones holds an associate degree and a bachelor's in business management and is enrolled in Grantham University, working on her masters.

Her awards include the Meritorious Service Medal, the Joint Service Commendation and Achievement medals, the Army Commendation and Achievement medals, the Military Outstanding Volunteer Service Medal and the Global War on Terrorism Service Medal.

Her retirement plans include earning her master's degree and seeking a position in human resources with the government.

She and her husband Norman have a daughter, Norisa, 18 and a son, Norman Jr., 16.

## Dr. Kenneth S. Unruh

Unruh was awarded the Department of the Army certificates of Retirement and Appreciation signed by Brian Simmons, AEC director, and his wife received the DA Certificate of Appreciation signed by Col. Jeffrey S. Weissman, APG Garrison and deputy installation commander.

Unruh said he was most thankful for the support of his Family.

"I would be gone for months at a time so I have to thank my wife and my two lovely daughters," he said.

"I had a very checkered career,"

he added. "I really liked the last place I worked. The people there were like Family, and I will miss talking with them."

Unruh is a native Marylander and a fourth generation resident of Havre de Grace. He holds a bachelor's degree in geology and a master's degree and doctorate in engineering management.

Unruh began his federal career as a technical editor in 1969. After a reduction-in-force he moved to Florida and then returned to APG after 7 years as a technical editor, then operations research analyst with the U.S. Army Materiel Systems Analysis Activity. He served in numerous positions as a consultant, project chair and as an expert witness in numerous court cases earning him awards from his own and other organizations including the U.S. Army Test and Evaluation Command; the Test Evaluation Management Agency; the Federal Republic of Germany and the Department of the Army.

Unruh's plans for retirement are to walk his dog, promote his stamp collecting business and spend more time with his daughters Lisa Ryan and Erika Bankerd. He and his wife live in Havre de Grace with a Chihuahua and three cats.

# 22d Chem Bn (TE) bids emotional farewell to Army role model



Retiring Master Sgt. Fred L. Workman makes his way through the green gauntlet of Soldiers on Jan. 25 where he was met with heartfelt handshakes, tearful goodbyes and playful punches from Soldiers of the 22d Chemical Battalion (Technical Escort).

Story and Photo by  
**MAJ JOE SCROCCA**  
U.S. Army 20th Support Command (CBRNE)

On a crisp January afternoon the Soldiers of the 22d Chemical Battalion (Technical Escort) gathered outside in two long columns flanking the entrance to their building to bid farewell to one of their own.

As Master Sgt. Fred L. Workman made his way through the green gauntlet of Soldiers on Jan. 25 he was met with heartfelt handshakes, tearful goodbyes, playful punches and finally the thanks and gratitude of his commander, Lt. Col. Matthew C. Mingus.

As a boy growing up in Indianapolis, Ind. Workman said he knew he was destined to lead Soldiers.

"Every male in my Family served in the military," Workman said. "I wanted to keep the tradition alive, as my son is now doing. I only always wanted the basics out of life - a wonderful Family, happiness, good health. I have all of that and then some."

After graduating John Marshall High School in 1986 Workman enlisted in the Army, and his military resume now reads like a novel.

From Germany to the United States to Iraq, Workman served in leadership positions such as team leader, squad leader, platoon sergeant, drill sergeant, operations sergeant, first sergeant and sergeant major.

He is a graduate of more than a dozen Army schools to include the Advanced Noncommissioned Officer Course, NATO NBC School, Drill Sergeant School, First Sergeant School and the United States Army Sergeant Major Academy. At seven of the schools he attended, he graduated with honors, on the Commandant's List or as the Honor Graduate.

Pausing to compose himself in front of his battalion, Mingus spoke about Workman's honesty, integrity, dependability and professionalism.

"Everyday we are reminded of why we do what we do when we are around Master Sergeant Workman," Mingus said. "If you want to succeed, be like this man here," he said pointing to Workman.

His remarks concluded, Mingus snapped to attention and rendered a crisp salute, the highest of all military customs and courtesies, to the Soldier he had come to respect and admire.

Following Mingus, the 22d Chemical Battal-

ion (TE) Command Sergeant Major, Command Sgt. Maj. Roger L. Parker spoke to the troops.

"We work our entire careers, and in the end, all we want to know is that we were good Soldiers. Master Sergeant Workman - you're not just good, you are the best," Parker said.

At a time when everyone had gathered to give thanks to Workman for his many years of dedicated and selfless service, Workman, always the professional, took no time recounting his own heroics. He simply took a few moments to say "thank you" himself; first to his leadership, then to his Soldiers and finally, to his wife Silvia and his Family, for giving him the strength and support he has relied on throughout his long career.

"My wife loves the Army almost as much as I do," Workman said. "That may be the biggest reason why my son felt it was necessary to join the Army. Even though he graduated with a 3.95 GPA, he wanted to serve our country first before making any other decisions. He's my hero now."

Workman's son, Spc. Michael T. Workman, is following in his father's footsteps and currently deployed with the 173rd Airborne Brigade in Afghanistan.

Always the consummate NCO, Workman could not bid farewell without imparting some final words of wisdom on the young Soldiers gathered to bid him farewell.

"Have confidence in your chain of command, your training, your equipment and most importantly yourself," Workman said. "No matter what the reason is you joined, take pride in our military and our country. Positive attitudes are extremely contagious."

When Workman hangs up his boots for the last time he will retire to Clarksville, Tenn., where he said he plans to take some time off to appreciate what he has worked so hard to achieve over the past 21 years and then begin a new chapter in his life.

"The military has always been my Family. I never really had a big Family, and the U.S. Army provided that," Workman said. "I truly enjoyed leading and training Soldiers whether it was at a Combat Training Center or into combat operations. I know that sounds cheesy, but I can't stand administrative stuff."

"Farewell Dragon Soldier, we'll see you on the high ground," he said.

## 18th Annual Federal Women's Program Training Conference

Conference Center Auditorium  
Bldg E4810, Edgewood Area  
Wednesday, 5 March 2008

# Women's Art: Women's Vision

<p><b>Program</b></p> <p><b>Registration</b> Morning 0700-0800 Afternoon 1215-1250 Conference Center Seminar Area Bldg E4811</p> <p><b>Opening Ceremony</b> 0800-0830 Conference Center Auditorium Bldg E4810 * J. Blane Sibley, PAF Chairman</p> <p><b>Introductions and Welcome</b> * Col. Jeffrey S. Weissman Commander, U.S. Army Garrison Aberdeen Proving Ground * Maj. Fred D. Robinson, Jr. Commander, U.S. Army Aberdeen Proving Ground</p> <p><b>Administrative Remarks</b> * J. Blane Sibley, PAF Chairman</p> <p><b>Morning Workshops</b> 0845-1145 Conference Center Seminar Area Bldg E4810</p> <p><b>Lunch Break</b> Lunch Site - What Women Need To Know 1145-1245 Chem Devol Training Facility, Bldg E4326</p> <p><b>Afternoon Workshops</b> 1300-1600 Conference Center Seminar Area Bldg E4810</p>	<p><b>Workshops</b></p> <p><b>A Writer's Workshop</b> Conference Center Seminar Area, Bldg E4811 * Cindy Sepulveda, CPAC and * Renu Rastogi, ECBC</p> <p><b>Budget Workshop - Ways to Find Hidden Cash in your Budget</b> Conference Center Seminar Area, Bldg E4811 * Nancy Hill and * Sonya Pietrogliacomo, APG Federal Credit Union</p> <p><b>The Peak Performance Commitment</b> Conference Center Seminar Area, Bldg E4811 * Kim Goad, Ovations, Inc.</p> <p><b>Emotional Intelligence</b> Conference Center Seminar Area, Bldg E4811 * Norma Tilton, HCC</p> <p><b>The Benefits of a Mentoring Relationship</b> Conference Center Seminar Area, Bldg E4811 * Margaret D. Cottrell, CHPPM</p>
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**Pick Up Registration Packets - 0700-1300**  
Conference Center Seminar Area, Bldg E4811

**Online Registration for Workshop**  
<http://www.apg.army.mil/akossoprompt/fwp.cfm>

## BDU

From front page

improvements that were made. This uniform was designed by Soldiers for Soldiers."

All brown T-shirts, black combat boots and green and black jungle boots, woodland and desert-camouflage caps, olive-drab-green name and U.S. Army tapes, subdued-olive-green shoulder-sleeve insignias and the black rigger belt and web belt with open-faced black buckle will also

become obsolete on April 30.

Active duty and reserve component Soldiers can continue to wear the black-knit cap and the black micro-fleece-knit cap with the cold-weather woodland-camouflage field jacket until Sept. 30.

The Army Reserve Officer Training Corps wear-out date for these items is April 9.

According to Easley, there haven't been any official surveys to determine how many Soldiers still have the BDUs or Desert BDUs, but she said it's probably hard to find many

who aren't wearing the ACU.

But if Soldiers are hanging on to any of these uniforms, they can save them for posterity. They aren't required to turn them in. The only requirement is that they know the wear-out date and report for duty in ACUs May 1.

"Thousands of our great Soldiers spent many years defending our country wearing that honorable uniform. I know it means something to them, just as wearing the ACU will mean something to today's Army," Easley said.

# APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMNE-APG-PA, Building 2201, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit

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21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@apg.army.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

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# Legally Speaking

Office of the Staff Judge Advocate at [http://www.apg.army.mil/apghome/sites/installation/Staff\\_Judge/index.html](http://www.apg.army.mil/apghome/sites/installation/Staff_Judge/index.html)

## Troops, Families can access free tax-filing services

Story by  
**GERRY J. GILMORE**  
American Forces Press Service

Rather than paying a tax specialist, service members and their Families can obtain free assistance to prepare and file their annual tax returns through a special military program, a Defense Department tax advisor said in Washington Jan. 30.

The military's tax assistance program processes more than 200,000 returns each year, Army Maj. John Johnson, director of the Defense Department's Armed Forces Tax Council, said during an interview with Pentagon Channel and American Forces Press Service reporters.

"It is just one of the benefits military people have," Johnson said of the program.

Participants can visit their installation tax center for free assistance in filling out tax returns, he said, or access the Military OneSource Web site, [www.militaryonesource.com](http://www.militaryonesource.com).

"You can log on there, online, and also file for free," Johnson said of the Web site.

The online tax-filing system on Military OneSource is closed to military retirees, however.

Military members from all service branches sit on the Pentagon's tax council that coordinates the program, Johnson said.

Free tax-filing assistance services [at installations] are open to active duty and reserve component service members, as well as Family members and military retirees, he said.

Participants should bring their military-issued identification cards, W-2 Wage and Earnings statements and any other forms or documents required for tax filing, Johnson said. People who believe they may be eligible for tax refunds also should bring their bank account numbers if they'd like the refund direct-deposited into a specific account, he said.

More complicated tax-preparation work involving itemizing of returns for added tax deductions also can be processed for free, although these returns normally require more documentation, he said.

Military members receive many tax benefits.

"For example, all allowances, including housing, meals, Family separation and others, are tax-exempt," he said, as is all military pay for enlisted military mem-

bers deployed in overseas combat zones. Officers deployed in combat zones can exclude about \$7,000 of their monthly pay for federal taxes.

Service members deployed to combat zones have six months to file their taxes after departing the area, Johnson said.

Another tax-related benefit for service members deployed to overseas combat zones is the Savings Deposit Program.

Under SDP, eligible service members can contribute up to \$10,000 into their savings accounts while they're deployed and earn a government-guaranteed 10-percent return on their money, he explained.

"You're not going to beat that," Johnson said of the SDP program.

People with questions about the military's tax filing assistance program can visit the Military OneSource Web site or their installation tax center.

On Aberdeen Proving Ground, visit building 4311 off of Boothby Hill Avenue, behind the Janet Barr Soldier Support Center 11 a.m. to 7 p.m., Tuesday through Saturday. Simple tax returns will be prepared from noon to 6 p.m. on a walk-in basis. For more complex returns, call 410-278-2020 for an appointment.

## Tax Center

From front page

Elkton Office, who provides oversight and guidance to the tax center staff throughout the tax season.

Sandi Williams, installation tax coordinator, has coordinated the program the past eight seasons. Williams said the program saved customers about \$150,000 in preparation and refund fees last year.

"We prepared about sixteen hundred federal and state returns last year and the cost savings to those customers was significant," Williams said. "We want our eligible customers, especially our military, to know that we are here to serve them with a cost-free service," Williams said.

She added that unlike in past years in which the tax assistant

staff consisted of active duty volunteers, this year's staff consists of seven temporarily hired civilian employees funded by the Ordnance Center and School.

The Tax Center's new location is in building 4311 off of Boothby Hill Avenue, behind the Janet Barr Soldier Support Center. This free service is provided to active duty service members, retirees and Family members and National Guard and Reserves on active duty status.

The Tax Center hours of operation are 11 a.m. to 7 p.m., Tuesday through Saturday. Simple tax returns will be prepared from noon to 6 p.m. on a walk-in basis. More complex returns may require an appointment.

Prior to arriving at the Tax Center, customers should access, download and complete the agreement and



Photo by YVONNE JOHNSON  
During a Saturday walk-in session on Feb. 3, income tax preparation clerk Karie Jean Harry, right, explains form entries to Staff Sgt. Rodolfo Bernardino of the 16th Ordnance Battalion in the Aberdeen Proving Ground Tax Center located in building 4311.

questionnaire located on the APG homepage at [www.apg.army.mil](http://www.apg.army.mil). The Tax Center officially closes April 11 and

will stop preparing tax returns April 10.

For more information, call 410-278-2020.

# Community Notes

## SUNDAY

### FEBRUARY 10 FOUR CHAPLAINS CEREMONY

American Legion Susquehanna Post 135, located on 300 Cherry Street, Perryville, will hold a Four Chaplains Ceremony, 2 p.m.

The ceremony honors the sacrifices made by the Revs. George Fox and Clark Poling, Father John Washington and Rabbi Alexander Goode, after they gave their lives to save others on the USS Dorchester during World War II.

Refreshments will be served. Sign up at the bar. For more information, call 410-642-2771.

### COLLEGE GOAL SUNDAY

The DE-DC-MD Association of Student Financial Aid Administrators, Inc. will host the 7th Annual College Goal Sunday, 2 to 4 p.m. at the Harford County H.E.A.T. Center, located between I-95 and Route 22, Aberdeen. In the

event of snow, the program will be held Feb. 18.

The event offers free help from financial aid professionals to complete the Free Application for Federal Student Aid. The FAFSA form is required by all colleges to qualify for federal grants and loans, including most state and private scholarships.

Students attending College Goal Sunday need to bring proof of 2007 income and benefits information, such as completed IRS federal income tax returns and W-2 Forms, or proof of untaxed income for the student and parent(s). For more information, call 1-866-GO-2-GOAL or visit [www.go2goal.org](http://www.go2goal.org).

## SATURDAY

### FEBRUARY 16 BLACK HISTORY PROGRAM

Ames United Methodist Church, located at 112 Baltimore Pike in Bel Air, will host 'Experience the Spirit of Frederick Douglass,' a seminar by

scholar Michael Crutcher on the principles that shaped the life of the famous statesman, 1 to 3:30 p.m.

Light refreshments will be served. Admission is free. Seating is limited. For more information, call 410-569-6052; 410-272-0697 or 410-838-0161.

## SUNDAY

### FEBRUARY 17 BASKET BINGO

Prince of Peace Church located on 2600 Willoughby Beach Road, Edgewood, will hold Basket Bingo 2:30 p.m. Doors open 1:30 p.m.

Tickets cost \$17 in advance and \$20 at the door. Cost includes 20 regular games, raffles, baked goods and refreshments; three special games will be sold separately. A "split-the-pot" overall will be offered. No smoking is allowed.

For more information or to purchase tickets, call Joanne, 410-679-5912 or Delores, 410-679-1718.

### DAYTONA PIT PARTY

The Level Volunteer Fire

Company, located on 3633 Level Village Road, will host a Daytona 500 Pit Party, 2 to 7 p.m. Tickets cost \$35 per person and includes viewing the Daytona 500 NASCAR race on a 10-foot projection screen and refreshments. Proceeds will benefit the Charlie Riley Community Service Scholarship Foundation.

For more information or to purchase tickets, call 410-879-9320.

## FRIDAY

### FEBRUARY 22 2008 CHRISTIAN SWEETHEART GALA

True Joy Ministries will sponsor its third annual 'Christian Sweetheart Gala, 7 to 11 p.m., at the Richlin Ballroom located on 1700 Van Bibber Road, Edgewood. The formal, black-tie optional event is a non-profit scholarship fundraiser. Tickets cost \$50 per person and includes dinner and automatic entry into the 'Grand Prize' raffle for \$750. Participants must be pres-

ent to win. For those unable to attend the gala there is a 'Mystery Prize' drawing with a donation of \$35.

For more information or to purchase tickets, call Minister Kenneth W. Telsee, senior pastor, True Joy Ministries,

410-937-4051 or 410-273-9715; or e-mail [Trujoyministries@aol.com](mailto:Trujoyministries@aol.com).

(Editors Note: More Community Notes can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Comm. Notes.)

## Post Shorts

For more information, call 410-278-1724.

### New hours for the VTF

The Veterinary Treatment Facility will be open 9 a.m. to 3:30 p.m., Monday through Friday, until further notice.

### Tax Center open

The Installation Tax Assistance Program, directed by the Office of the Staff Judge Advocate, Client Services Division, provides free tax preparation and electronic filing for qualifying active duty service members, retirees and Family members.

Tax service will be provided 11 a.m. to 7 p.m., tax returns will be prepared noon to 6 p.m., through April 10.

For more information, call 410-278-1583/2020.

### MCSC accepting welfare requests

The APG Military and Civilian Spouses' Club is currently accepting requests for welfare funds.

Throughout the year, the club raises funds to provide scholarships and welfare monies to local schools, organizations, non-profit agencies, etc.

In order to be considered for the welfare funds (which will be distributed in May), a letter, postmarked by April 15 should be mailed to MCSC-Welfare Chairperson, 2806-A McCloskey Road, APG, MD 21005.

The request letter should include: purpose of the funds, amount being requested and point of contact.

For more information, e-mail Susan Burnett, [rhetor-swb@aol.com](mailto:rhetor-swb@aol.com).

### GED instructor needed at ChalleNGe Academy

A vacancy exists for a GED instructor, responsible for social studies and citizenship of academic excellence components for the Freestate ChalleNGe Academy serving 16- to 18-year old at-risk youth in a 5-month quasi-military residential program at Aberdeen Proving Ground.

This is contractual employment with no benefits. Applicants must hold a bachelor's degree and have two years

of administrative experience.

Application form, State MS100, should be mailed to Maryland Freestate ChalleNGe Academy, building 4220, Aberdeen Proving Ground, MD 21005 or call 410-306-1845.

### 'Retired Federal Employees' meets Feb. 19

Susquehanna Chapter 1522 of National Active and Retired Federal Employees Association for Harford and Cecil Counties will meet 11:30 a.m. at the Havre de

Grace Methodist Church social hall located on Congress and Union avenues. A light lunch with potluck will be served. A presentation, "Accent on Elder Law — A New Approach to Serving Maryland Seniors" will be given 12:45 p.m. A business meeting will follow at 1:15 p.m.

For more information, or for reservations, call 410-939-3973.

### National Prayer Luncheon Feb. 22

Aberdeen Proving Ground will host its annual National

Prayer Luncheon 11:30 a.m., Feb. 22, at Top of the Bay. The guest speaker will be Archbishop Edwin F. O'Brien, archbishop of Baltimore.

For ticket information, call 410-278-4333.

(Editors Note: More Shorts can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Shorts.)



# FAMILY, MORALE, WELFARE & RECREATION

## Activities/Events

### Do-it-yourself New York City tours

MWR has scheduled several day trips to New York City – eight hours for sightseeing, shopping, seeing a Broadway matinee, venturing into China Town and more Feb. 16, March 15, April 19, May 17, June 21, July 19, Aug. 16, Sept. 20, Oct. 18 and Nov. 15.

Cost is \$40 per person. The bus will depart 7:55 a.m. and will return 10 p.m. Open to all DoD card holders.

For more information or to register, call or visit MWR Leisure Travel Services, Aberdeen Area Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR\_LeisureTravel@apg.army.mil.

### New York City Liberty Tours

MWR Leisure Travel Services offers two New York City Liberty Tours, March 27 and July 19.

Cruise aboard the famous Circle Line cruise ship down Manhattan harbor to the Statue of Liberty for the best view in the city. Following the cruise, enjoy lunch on the coach touring famous and not-so-famous New York sights narrated by a

professional and friendly step on guide. Then explore and shop in midtown Manhattan. Shop for souvenirs, browse at Macy's or stroll Times Square.

Cost is \$90 per person and includes roundtrip transportation, cruise and lunch.

The bus will depart 7:20 a.m. and return 9:30 p.m.

For more information or to purchase tickets, visit MWR Leisure Travel Services, Aberdeen Area Recreation Center, building 3326, 410-278-4011/4907, or e-mail MWR\_LeisureTravel@apg.army.mil.

### Body Worlds 2 Exhibit

MWR Leisure Travel Services offers tickets to The Body Worlds 2 Exhibit at the Maryland Science Center, through March 16.

Body Worlds 2 educates the public about the inner workings of the human body and shows the effects of poor health, good health and lifestyle choices.

Tickets cost \$20.50 for adults and \$14.50 for children ages 3 to 18. Cost includes entry into the Science Center exhibit hall and the Body Worlds 2 exhibit.

For more information

or to purchase tickets, visit MWR Leisure Travel Services located in the AA Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR\_LeisureTravel@apg.army.mil.

### Amateur Boxing Night

The 16th and 143rd Ordnance Battalions face off for the first time in 2008 during the Amateur Boxing Night extravaganza March 15 at the Aberdeen Athletic Center, building 3300. Doors open 5 p.m., the event begins 6 p.m. Tickets cost \$5 for active duty military; \$10 for non-military; and \$20 for ring-side seats. Children under 6 are admitted free.

Purchase tickets at MWR Registration, building 3326, 410-278-4011/4907 or Hoyle Gym, building E-4210, 410-436-3375/7134.

### Ringling Bros. and Barnum & Bailey Circus tickets on sale

Ladies and gentlemen, come see the greatest show on earth. Tickets are available for shows March 12 through 23 at the 1st Mariner Arena in Baltimore for \$18.75 for ages 2 and older. The last day to purchase

is March 7.

For more information or to purchase tickets, visit MWR Leisure Travel Services, AA Recreation Center, building 3326, 410-278-4011/4907 or e-mail

MWR\_LeisureTravel@apg.army.mil.

### MWR hosts 'Losers ARE Winners' weight loss competition

A new weight loss competition began Jan. 14 and ends April 4. Participants must enter with a partner (groups of 3 will be accepted).

Participants will weigh in once a week. Participants who lose the most weight based on a percentage will win a prize.

Register at the AA Fitness Center, building 320 or Hoyle Gym and Fitness Center, building E-4210. Entry fee is \$5 per person.

For more information, call Jeff Pettway, 410-278-9725

### Discount ski lift tickets available

MWR Registration, Tickets and Leisure Travel Center has discount ski lift tickets for Bear Creek, Blue Mountain, Camelback, Jack Frost/Big Boulder Ski Resorts and Ski Liberty, Ski Roundtop and Whitetail.

For more information, call MWR Registration, Tickets and Leisure Travel Center,

410-278-4907/4011, building 3326, or e-mail mwr\_registration@usag.apg.army.mil.

### School age/middle school services summer program taking applications

The Aberdeen and Edgewood area's summer programs will run for nine weeks, June 16 through Aug. 15, Monday through Friday, 6:30 a.m. to 5:30 p.m.

The program is open to all qualifying children who have completed first through eighth grades. Parents can sign up for the weeks that fit their schedule.

Tuition fees are based on total Family income.

Waiting list applications may be picked up daily beginning 7:30 a.m., Feb. 19, at the Edgewood Area Youth Services, building E-1902, the Outreach Services, building 2752 or faxed to 410-278-4658.

Applications will not be distributed or accepted at the Aberdeen Area Youth Service building.

Registration will be held Saturday, April 19, at the Edgewood Area Youth Services and Saturday, April 26, at the Aberdeen Area Youth Services for all sponsors who have been offered openings by the Central Registration office. Registration packets, an up-

to-date physical and Family income information must be completed prior to the registration appointment.

A \$20 non-refundable deposit is required per child at the time of registration for each week a parent selects.

For questions or further information, call the Outreach Services Office, 410-278-7571/7479.

### Grease on Broadway

Sandy and Danny reunite once again. See Grease, 2 p.m., May 17, on Broadway. Tickets cost \$165 each and include bus transportation and Broadway play. This event is open to all DoD ID card holders. Purchase tickets in advance.

For more information or to purchase tickets, call MWR Leisure Travel Services, Aberdeen Recreation Center, building 3326, 410-278-4011/4907 or e-mail MWR\_LeisureTravel@apg.army.mil.

### Choice of shows at The Hippodrome Theater

MWR Leisure Travel Services has discounted tickets for several shows at The Hippodrome Theater, located at the France-Merrick Performing Arts Center, 12 N. Eutaw Street, Baltimore.

#### Shows include:

- "High School Musical," 2 p.m., Feb. 23; and 8 p.m., Feb. 29

- "Camelot," 2 p.m., March 29

- "The Color Purple," 2 p.m., May 3; 2 p.m., May 10; and 6:30 p.m., May 11.

Tickets are available for a limited time – purchase them now. Tickets range in price from \$33 to \$87. To order tickets, visit [www.eventusher.com](http://www.eventusher.com); enter the special password: 105MWRAPGMD and follow the instructions on the ordering page.

Price includes show ticket only, no transportation is provided. Open to all DoD ID card holders.

For more information, or to purchase tickets, visit the MWR Leisure Travel Office located in Aberdeen Area Recreation Center, building 3326, call 410-278-4011/4907 or e-mail MWR\_LeisureTravel@apg.army.mil.

## Register for Spring APG Youth Sports Program

Youths can register for softball, baseball, tee ball, cheerleading, flag football and Start Smart basketball, through Feb. 28. Walk-in registrations will be held 7:30 to 10:30 a.m., weekdays, Central Registration, Aberdeen Area Youth Center, building 2752 Rodman Road. In the Edgewood Area, register by appointment after 10:30 a.m. at the EA Youth Center, building E-1902.

For more information or to register, call 410-278-7571/7479.

### Youth Baseball and Tee Ball

Register early – teams and spaces are limited. Boys ages 5 through 15 as of April 30 may register. Cost of registration is \$45 per child for baseball and \$35 for tee ball. Practice starts the week of April 1 and games will be held on weekdays.

### Youth flag football

Boys and girls, ages 6 to 8, 9 to 11 and 12 to 14 as of April 1, can sign up. Flag football practices begin the week of April 1, games begin May 3. Games will be held every Saturday at the Aberdeen Area and Edgewood Area Youth Centers. The fee is \$45 for the season. Coaches and referees are needed to make the program a success.

For more information, call Youth Sports office.

### Cheerleading

Cheerleading for ages 5 through 14 as of April 1 costs \$45 per child. Cost for shoes and socks are not included. Cheerleading squads will cheer for APG Flag Football teams. Practice will be held 5:30 p.m. on weekdays and starts the week of April 1.

### Start Smart Basketball

This program is for boys and girls ages 3 to 5 who want to play basketball and be coached by their mom or dad. Start Smart Basketball will be held Wednesdays, March 12 through April 16. Parent participation is required. Cost is \$40 per child. Each child will receive a T-shirt, basketball and award.

### Softball

Girls ages 7 to 8, 9 to 10, 11 to 13, 14 to 18 as of Jan. 1, can register for softball. Cost is \$45 per child. Practice begins the third week of March, games begin mid April.

Interested in being an umpire or a coach? The program will play in the Eastern Harford County league.

For more information, call 410-306-2297.

## ACS upcoming events

All scheduled events will be held at the Army Community Service Center, building 2754, Rodman Road unless otherwise noted.

### Smart Start Your Business seminars

The ACS Employment Readiness Program in partnership with Aberdeen Proving Ground Federal Credit Union and Harford Community College Small Business Development Center sponsors Smart Start Your Business seminars. This free 90-minute orientation program provides an overview of the ways to start a business, the skills and duties of a successful entrepreneur and how to write a strategic business plan.

Seminars will be held 11:30 to 1 p.m., July 30, Aug. 27, Sept. 24, Oct. 22 and Nov. 19.

For more information or to RSVP, call 410-278-9669.

### Home Buying and Selling Seminar

A Home Buying and Selling Seminar will be offered by Army Community service, 11 a.m. to 1 p.m., Feb. 21, at ACS, building 2754, Training Room. All service members, civilians, Family members, retirees and contractors are welcome to attend.

The seminar will address housing as the major focus of relocation, from listing to settlement. Topics include a step-by-step look at home buying and selling; learn what questions to ask when buying a home; learn how to improve an individual credit score to buy a home; learn how to work with real estate agents; know what a homebuyer's/seller's rights are; how to sell a home for top dollar; learn home buying, selling, renting, and leasing options; how to prepare a home for the market; determining the asking price; and the qualification process.

An experienced realtor and banker will be available to answer questions.

### Job vs. Career classes for teens

Army Community Service will hold Job vs. Career classes for teens, ages 13 through 18, 12:30 to 1:30 p.m., at ACS classroom

building 2754. Classes will be held March 25, June 18 and July 23.

Today's workforce offers many challenges and rewards. Learning has a tremendous impact on future earnings. Teens will learn the benefit of a career over a job. The ACS Employment Program and Tina Mike, APG-FCU Education director, will help guide teens through the job and career preparation process so they can achieve their own employment success. Topics include:

- what employers are looking for
- how to apply for a job
- tips on resume writing
- interviewing experience

For more information or to enroll teens in this free class, call Marilyn Howard, ACS Employment Readiness, 410-278-9669.

The Waiting Families Support Group is scheduled for 6 to 7 p.m., Wednesdays, at ACS, building 2754 Rodman Road. This group is designed to provide resource information to assist spouses and Family members remaining behind while the military sponsor serves on unaccompanied tours, extended TDY or deployments.

For more information, call Marilyn Howard, ACS, building 2754 Rodman Road, 410-278-9669/7572.

A Support Group for Survivors meets 6 to 8 p.m. each Tuesday. The topic is "Talking It Out." The support group is open to adults affected by unhealthy relationships including domestic and/or sexual violence.

Family Information Network Meeting, or FIN, support group meets 11:30 a.m. to 1 p.m., the second Wednesday of the month. It is designed to provide education, information and support to those Families who are living with or caring for an exceptional Family member.

Victim Advocacy APG 24-Hour hotlines: Domestic Violence, 410-652-6048 Sexual Assault, 1-410-322-7154.

## Easter Sunday Brunch

Top of the Bay will hold an Easter Sunday Brunch, 10 a.m. to 2 p.m., March 23. Price is \$19.95 for adults, \$9.95 for children ages 5 to 11 and children under 5 eat free.

Two buffets, breakfast and lunch, will be available at the same time and diners can select from one or both.

The breakfast buffet menu includes an omelet station, French toast, scrambled eggs, sausage and bacon, biscuits with sausage gravy and home fries, smoked salmon, bagels, muffins and Danish.

The luncheon buffet includes a carving station with roast sirloin of beef and ham, chicken breast stuffed with sage and cranberry dressing, roast pork, baked cod, assorted vegetables, potatoes and rice.

Mimosa's, juices, coffee and tea are included. Reservations are required by March 20.

To make reservations, call 410-278-3062 /2552/5195.



## Free movies at the Post Theater

MWR hosts free movies at the Post Theater, 7 p.m., Saturdays and 2 p.m., Sundays.

Movies are open to active duty, National Guard and Reserve personnel and their Family members, retirees, DoD civilians and APG contractors. Children under 16 must be accompanied by an adult regardless of the movie rating.

For more information or movie schedule call the Movie Hotline, 410-278-8000 or check the APG MWR Web site, <http://www.apgmwr.com>.

Snack Bar will be open for all performances.

### HITMAN (R) Saturday, Feb. 9, 7 p.m.

The "Hitman" is a genetically-engineered, elite assassin known only as Agent 47.

### BEE MOVIE (PG) Sunday, Feb. 10, 2 p.m.

Barry B. Benson is a graduate bee fresh out of college who discovers humans are mass consumers of honey and decides to sue the human race for stealing bees' honey.

### ENCHANTED (PG) Saturday, Feb. 16, 7 p.m.

The tale of princess Giselle as she is banished by an evil queen from her magical land and finds herself in the gritty modern-day Manhattan.

### ALIENS VS PREDATOR (R) Sunday,

Feb. 17, 2 p.m.

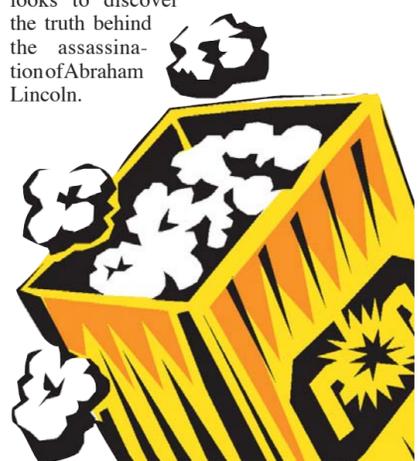
These two breeds of cosmic killers clash in the small-town streets of Gunnison, Colo.

### ALVIN AND THE CHIPMUNKS (PG) Sunday, Feb. 24, 2 p.m.

Three chipmunk brothers, Alvin, Simon and Theodore, are adopted by a man named Dave.

### NATIONAL TREASURE (PG), Saturday, March 1, 7 p.m.

Treasure hunter Benjamin Franklin Gates looks to discover the truth behind the assassination of Abraham Lincoln.



## APG Bowling Center Snack Bar specials

### Building 2342

#### Week of Feb. 4

Special #1: Chicken filet salad: Chicken filet on top of lettuce, tomato, onions, cucumbers, green peppers, cheddar cheese, pickles on the side, potato chips and soda for \$5.25.

Special #2: Chef salad with ham and turkey on top of lettuce, tomato, onions, cucumbers, green peppers, pickles on the side, cheddar cheese, one cookie and soda for \$5.45.

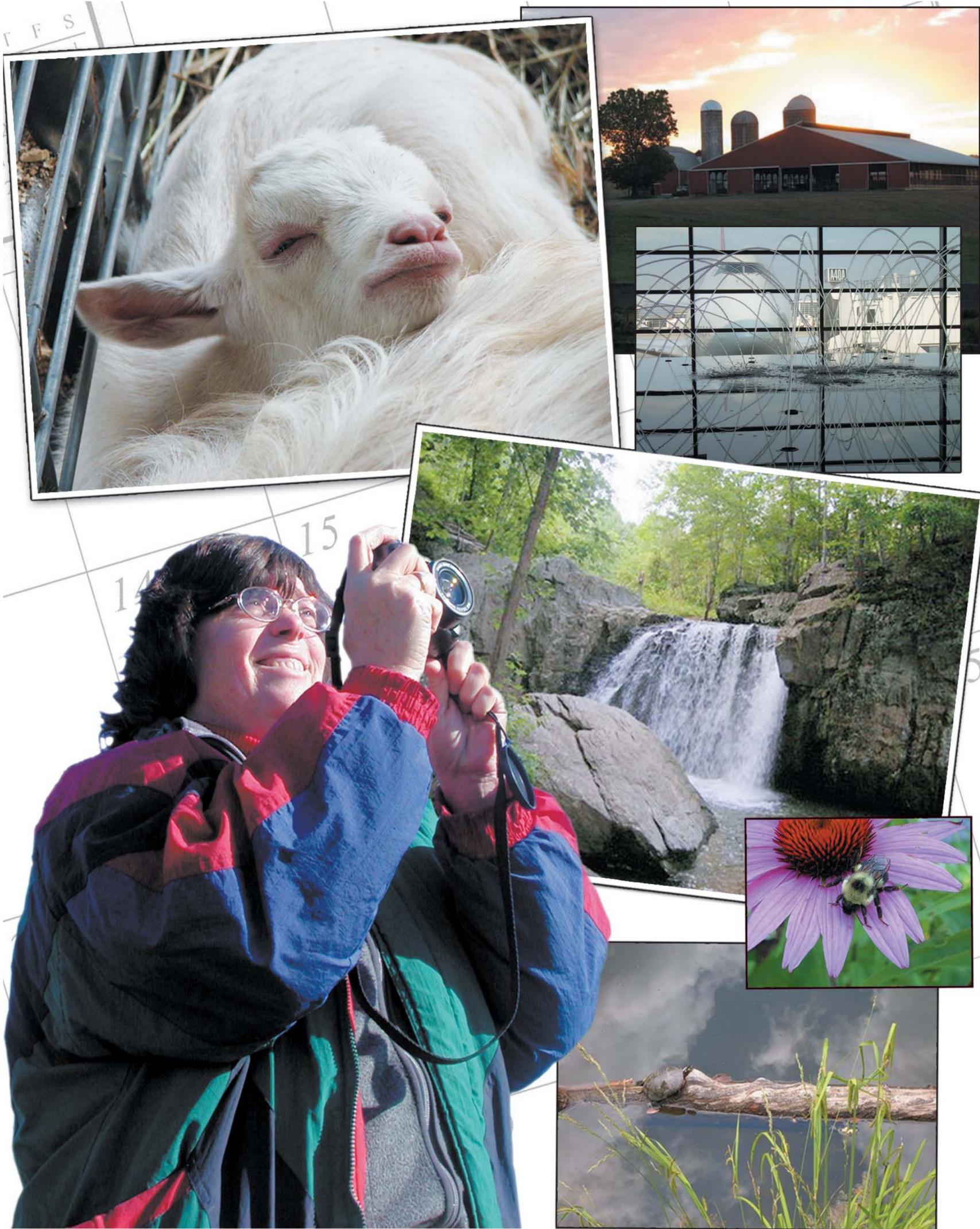
#### Week of Feb. 11

Special #1: Turkey club sub with bacon, cheese, mayonnaise, lettuce, tomato, pickles, onions, potato chips, one cookie and soda for \$6.25.

Special #2: Breaded chicken patty served on a Kaiser roll, mayonnaise, lettuce, tomato, pickles, onions, potato chips, one cookie and soda for \$5.35.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.





# Local calendar features work from APG employee

Story by  
**RACHEL PONDER**  
APG News

An appreciation for Harford County combined with a love of photography prompted an Aberdeen Proving Ground Child Youth Services worker to enter photos for the Harford County Emergency Public Information Calendar.

Renee Main, school-age site supervisor for Aberdeen Area Youth Center, had two photographs selected for inclusion in the 2008 calendar.

"Nature's Water Garden" a waterfall photo, was taken at Kilgore Falls located in Rock State Park, last spring. It was selected for the month of June.

"It was a beautiful day, and I thought I could take some good pictures," Main said. "When I am outside I try to look for unique objects, and I try to look at things from a different perspective."

Many scenes from the movie "Tuck Everlasting," filmed in 2002, were shot at Rock State Park, including Kilgore Falls.

"Watching 'Tuck Everlasting' got me

excited about taking pictures of Rock State Park," she said. "I like to go there throughout the year to take pictures."

**"Photography can show people the beauty of the world and the beauty in people. I like to take pictures of people to try to bring out their personalities."**

**-Renee Main**

Main's other photograph, "Tiny and Tired Out" was selected for the month of July. This photo was taken during last year's Harford County Farm Fair, which is held every year at the Harford County Equestrian Center in Bel Air during the last week of July.

"I carry a camera everywhere, in case an opportunity for a good photo arises," Main said. "When I saw the baby goat at the Farm Fair, it was sleeping on his mother, and I thought it was a very sweet scene. I especially wanted to focus on the expression on its face."

Main said she considers Harford County a nice place to live, especially for the photographic opportunities.

"There are many photographic places in Harford County, like Jerusalem Bridge, Gunpowder Falls State Park and Rock State Park. There are also many places that are a short driving distance from here, like Lancaster, Pa.; Washington, D.C., and Baltimore," she said.

Main's interest in photography grew after purchasing a digital camera three years ago.

"I have been taking film pictures for years, and I enjoyed taking pictures with my 35-millimeter camera, but digital photography has taken my interest even further," she said. "I've gotten serious about photography, studying photography techniques like composition and contrast."

Main said she hasn't received any special training. She has learned about photography through reading photography magazines and help from friends.

She considers photography her favorite art form.

"Photography can show people the beauty

of the world and the beauty in people. I like to take pictures of people to try to bring out their personalities," she said.

Main's interest in photography also prompted her to submit her work for awards. She won a blue ribbon in the Maryland State Fair for the "Special Photographs" category. The photo was of a fountain in the Detroit Airport, showing airplane reflections in the water. She also won first place last year for her photo, "People Posed," which featured her children, Nicole and Russell. Her photography has also been used for articles appearing in the *APG News*.

Main also uses her knowledge of photography at her job.

"I think I have been able to get more publicity for the Youth Center and its programs by being able to take photos and send them to *APG News*," Main said. "Teaching the children about photography gives them a good life skill and helps them see the uniqueness in nature."

Main plans to continue to submit her photography for awards. In the future she plans to take photography classes to advance her skills.

## Commentary: Preserving, protecting our Army's combat resources

By  
**BRIG GEN WILLIAM H. FORRESTER**  
Director of Army Safety

My job requires extensive travel, which means I'm often at airports throughout the United States and abroad. I swell with pride when I see young Soldiers at these airports returning from deployed locations to the loving arms of their Families.

I often wonder how long they have been Soldiers, from where did they depart, where they are going and who they will meet. I also wonder if these Soldiers were prepared to travel and, more importantly, if they're prepared for what awaits at their destination.

Right or wrong, I somehow believe that Soldiers are best cared for when they are in the company of fellow

Soldiers. Somewhere in my years of training and experiences with our great Army, I firmly believe that the best supervision a Soldier can have is in the unit, where there is compassionate professional leadership to watch and protect. I portend that the non-commissioned officers and officers that either launched or stand ready to receive these Soldiers are best prepared to take care of them. Even knowing that 40 to 50 percent of the Soldiers I see are en route to a theater of conflict, I am convinced that where there is an engaged leader, these Soldiers are protected.

We learned from our initial entry that there are two ironclad priorities in military operations that are engrained in us: mission accomplishment and the welfare of our Soldiers.

These priorities are as applicable in war as in peace. The honor of ownership and the responsibilities pertaining to the well being of those in our ranks lies with us. Within our formations, our Soldiers have battle buddies, NCOs and officers that attempt to ensure they make it home safely from their deployment. However, I contemplated who at home serves as guardian? The answer is simple—you, I and Family members.

As we build relationships with our Soldiers, we understand what makes them tick. Use tools such as the Leader's Accident Risk Assessment of Subordinates and Accident Risk Assessment for Individuals to help identify individuals in your formations who might be at risk for an accident. Both assessments can be found

on the USACRC Web site at <https://crc.army.mil>. You can mitigate risk factors if you are aware risk exists, and your chain of command can help. As leaders, identifying and knowing your Soldiers is paramount to protecting them.

You all should understand that as an Army having fought for six-plus years, daily executing warriors' tasks and drills, we can't allow ourselves to think our only enemy is the one we engage on battlefields. As informed and engaged leaders, we must remain focused on keeping our comrades safe with the same vigor we execute on the battlefield.

I am proud of your Herculean efforts in protecting our Soldiers on both battlefronts, home and abroad.

Thank you - and An Army Safe is An Army Strong!

## Glue guns recalled by Dollar Tree Stores due to fire, burn and shock hazards

CPSC

The U.S. Consumer Product Safety Commission, in cooperation with Greenbrier International Inc., of Chesapeake, Va., announced a voluntary recall of Crafters Square Hot Melt Mini Glue Guns Jan. 29.

Consumers should stop using recalled products immediately unless otherwise instructed.

The guns were sold at Dollar Tree, Dollar Bill\$, Dollar Express, Greenbacks, Only One \$1, and Deal\$ stores nationwide from February through August 2007 for about \$1.

The recalled glue guns can short circuit, causing the gun to smoke and catch fire. This poses fire, burn and shock hazards to consumers.

Dollar Tree is aware of seven incidents in which these glue guns short circuited resulting in two injuries, including electrical

shock and burns.

The glue guns dispense hot glue and are intended for craft projects. The recalled glue gun is black with a yellow trigger and is approximately 4 1/2 inches from the back of the gun to the tip. Attached is a 44-inch electrical cord. "Crafters Square" and product number 818261-72 or 818261-75 are located on the guns' packaging.

Consumers should immediately stop using the recalled glue guns and return them to the store where purchased for a full refund.

For additional information, contact Dollar Tree Stores Inc., 800-876-8077 between 9 a.m. and 5 p.m. ET Monday through Friday, or visit the firm's Web site, [www.dollartree.com](http://www.dollartree.com).

To see pictures of the recalled product, go to: <http://www.cpsc.gov/cpscpub/prerel/prhtml08/08175.html>



## APG offers basic, experienced rider's courses

DSHE

The Basic Rider and Experienced Rider Course is free and mandatory for any Soldier, civilian, retiree, Family member or contractor who wants to operate a motorcycle on post.

BRC is designed for the novice rider who holds a learner's permit and has his/her own motorcycle.

BRC is scheduled 9 a.m. to 4 p.m., at building 4303, Haz-

ardous Waste Training Room, on March 24 and 26, April 15 and 17, May 13 and 15, June 24 and 26, July 22 and 24, Aug. 22 and 24, Aug. 19 and 21, Sept. 23 and 25.

BRC classes also will be held 7 a.m. to noon, Oct. 20 and 22 at building 5442, Range at Susquehanna and Havre de Grace Street across from building 3073.

ERC, 7 a.m. to 1 p.m.,

at building 5442, Range at Susquehanna and Havre de Grace Street across from building 3073, is designed for the licensed motorcyclist who wants to sharpen his/her riding skills and has their own motorcycle. Mandatory for any Soldier, civilian, retiree, Family member or contractor who does not have a valid MSF card and wants to operate his/her motorcycle on

post. The motorcyclist should have at least been riding one season. Dates are: March 27, April 28, May 16, June 27, July 25, Aug. 22, Sept. 29 and 30, Oct. 23 and Nov. 14.

To enroll, e-mail [IMNEAP-SHS@apg.army.mil](mailto:IMNEAP-SHS@apg.army.mil). For more information, call H. Mike Allen, Installation Safety Division, 410-306-1081/1095 or e-mail [mike.allen@apg.army.mil](mailto:mike.allen@apg.army.mil).

## Safety

From front page

against the regulation.

Coupled with the Six Point Program, remember to be diligent and continue to move

"left of the boom," not just in accident prevention measures, but in every way that involves the safety of Soldiers in the ranks.

Safety is inextricably tied to readiness. To move "left of the boom," leaders should go beyond the lectures and

instruction on risk management and ensure it is being practiced within the ranks. While risk management remains the basic process to reduce accidents, remember engaged leadership is the key to risk management.

As an aid, work closely with safety professionals and visit

the Safety Center's Web site, <https://crc.army.mil>, which contains helpful tools regarding motorcycle safety.

The Motorcycle Safety Foundation also has tips available on its Web site, <http://msf-usa.org>.

Army Safe is Army Strong.

# Gilchrest visits Aberdeen Test Center

Story by  
**CRYSTAL MAYNARD**  
ATC

The U.S. Army Aberdeen Test Center had a special guest on Jan. 18, as U.S. Rep. Wayne T. Gilchrest of Maryland's 1st District visited the test center to learn more about the testing programs being conducted.

Gilchrest was able to see many of ATC's testing facilities and programs during his visit. Of particular interest to him was the Mine Resistant Ambush Protected, or MRAP, vehicle testing program, which is the Department of Defense's top acquisition priority.

MRAP vehicles are designed with a V-shaped hull and raised chassis to provide better protection against the blast effects of improvised explosive devices.

Gilchrest observed an MRAP vehicle undergo ballistics and survivability testing, and he said that, "the dedication and sense of urgency of the work to be done is exemplary" and that ATC testers are "stunningly competent."

ATC commander Col. John P. Rooney has organized a focused work force of more



Photo by DANA FRITTS, ATC  
Col. John P. Rooney, left, commander of the U.S. Army Aberdeen Test Center; Michael Feinberg, Travis Steffen, John Wallace, technical director, ATC employees; and Brig. Gen. Frank D. Turner, commander of U.S. Army Developmental Test Command, discuss testing programs with Rep. Wayne Gilchrest during his visit to ATC Jan. 18.

than 200 personnel working day and night on the MRAP program to perform ballistics survivability, automotive and other tests on the vehicles, and the results of ATC's testing will identify which vehicles provide the best protection.

The Army Test and Evaluation Command, which is the

Developmental Test Command and ATC's higher headquarters, provides DOD's decision makers with their findings of the capabilities and limitations of each MRAP vehicle tested.

"This process ensures that improved equipment and innovative solutions enables troops to more effectively carry out their

missions and ultimately return home safely," Rooney said.

He assured Gilchrest and his staffers with "great confidence that MRAPs are going to save many lives."

Gilchrest also visited the future location of the Automotive Technology Evaluation Facility, which is currently approved in the fiscal year 2008 defense budget. The ATEF will be a 4.5-mile engineered test track with paved and gravel road surfaces and stringent safety standoff and grading criteria to enable full range tracked and wheeled vehicle automotive testing. A test track with this full-spectrum capability will be the first of its kind. The ATEF will provide ATC the capability to support sustained high-speed testing, which is especially important now that armored vehicle convoys in Iraq are operating at high sustained speeds between cities.

At the close of his visit, Gilchrest said that "the people who work at ATC can be very proud of all their work in helping to keep U.S. service members safe."



Your health is KUSAHC's goal



## KUSAHC reiterates child care policy

KUSAHC

Before the patient enters the doors of the Kirk U.S. Army Health Clinic, on the outside brick wall is the quote, "Your health is our goal." The providers at KUSAHC want to give the best possible medical care to each patient-meaning personal individual attention without interruption. Additionally, concerns over child safety played a factor in the implementation of Kirk's Child Care Policy established July 5, 2006.

Children without appointments may not accompany a parent, guardian, or sibling into examination or treatment rooms.

Children under the age of 11 years require adult supervision anywhere with-

in the medical facility and on the grounds of the hospital. If the appointment is not urgent, patients with non-patient children and no adequate supervision must reschedule their appointment.

One option for parents with young children to consider is completing the Child Youth Services registration process upon arrival at Aberdeen Proving Ground in anticipation of future medical needs.

To register, pick up a registration packet at either the Aberdeen Child Development Center, building 2485 or the Central Registration Office, building 2752. The packet must be complete with sponsor information, an up-to-date shot record

and emergency designees (other than the sponsor or spouse). The Registration and Center Orientation must be completed prior to making hourly reservations.

The annual registration fee is \$18 per child with a maximum of \$40 per Family. The hourly rate is \$3.50. Reservations can be made up to one week in advance.

After the patients' children are registered, the patient can pick up a child care voucher for a lower fee from the Patient Advocate at the end of the visit. This is a coordinated agreement with the CDC and CYS.

Registration is by appointment. Call Central Registration, 410-278-7479 or 7571.

## Oh, my aching knees! Preventing osteoarthritis

Story by  
**KELLY FORYS**  
CHPPM

Run faster, jump higher, lift more weight. All of these skills can improve performance of Soldier duties, but they also can contribute to the development of pain, inflammation and decreased cartilage in the joints—a condition known as osteoarthritis.

Nearly 21 million Americans over the age of 25 are afflicted with this type of "wear and tear" arthritis. Over time, bones, joints and connective tissues begin to deteriorate. Stress on the body in the form of injuries, added weight and excessive pounding on the joints can increase the likelihood of developing osteoarthritis.

Osteoarthritis frequently occurs in the hands (at the ends of the fingers), spine (neck and lower back), knees and hips. Warning signs include swelling, stiffness and a crunching sound when you move the joint.

Cartilage is the slippery tissue that protects the ends of the bones in a joint such as the hands, knees, hips and spine. As cartilage wears away in a joint, the bones become less protected, and the movement of the bone against bone in the joints becomes very painful. There is no cure for osteoarthritis. Non steroidal anti-inflammatory drugs (NSAIDs--ibuprofen and stronger prescription drugs) are the most common form of therapy.

Although the damage to joints from miles of road-

marching, jumping out of airplanes or heavy lifting cannot be undone, steps can be taken to slow the progression of osteoarthritis. Follow these tips for healthier joints:

Maintain a healthy weight. Keeping body weight in the normal range helps to reduce the physical force on joints while exercising or just engaging in everyday duties.

Don't be a weekend warrior. Regular exercise is the key to healthy joints. Try low-impact exercise including walking, biking and swimming. Sporadic heavy exercise (such as weekend football games or long runs) without regular sustained training is a recipe for pain.

Eat a diet rich in fruit, vegetables and healthy fats. Fruits and vegetables provide the body with

abundant nutrients while aiding in the maintenance of healthy weight. Research has shown that foods high in omega-3 fats (the good fats, which include salmon, olive oil and avocados) decrease the likelihood of joint inflammation and slow the deterioration of the cartilage.

See the doctor if joint pain becomes a chronic, constant occurrence. The doctor might request X-rays and other tests that can illustrate the extent of the deterioration in joints. In addition, if over-the-counter medications are not helping to alleviate joint pain, the doctor might prescribe a stronger medication.

Prevention is the best medicine, so eat wisely and exercise in moderation to stay pain free.

## Whyne

From front page

Disposal Facility where he oversaw the facility's design, planning and budgeting. From

August 1994 to April 1999, Whyne served as lead engineer and associate project manager for the Anniston Chemical Agent Disposal Facility. From February 1996 through January 1997, he also served as the acting site project manager for the ANCDF field office that opened in 1996. In March

2000, he became the deputy project manager for Chemical Stockpile Disposal - now known as the Chemical Stockpile Elimination Project. He was promoted to deputy director of CMA on April 17, 2007.

Accepting his new position, Whyne said, "I am honored to lead the committed men and

women of CMA. In my twenty-four years working for CMA, I have witnessed the unflinching dedication of these individuals to safely storing and ultimately eliminating our former chemical warfare program. I look forward to upholding CMA's remarkable safety and environmental standards."