

APG News

www.apgnews.apg.army.mil

Published in the interest of the people of Aberdeen Proving Ground, Maryland

January 25, 2007 Vol. 51, No. 4



POST SHORTS

Recycling schedule

The residential and recycling pickup schedule for Jan. 31, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

National Prayer Luncheon, Feb. 8

The annual National Prayer Luncheon will be held 11:30 a.m. to 1 p.m., Feb. 8, at Top of the Bay. The guest speaker will be Maj. Gen. Roger A. Nadeau, commander of APG and the U.S. Army Research, Development and Engineering Command.

Tickets cost \$10 each and are available from unit command sergeants major.

The menu includes fried chicken, roast beef, tossed green salad, rolls, tea and coffee.

For more information, call Chap. (Maj.) Fred MacLean, 410-278-4333.

Official Travel Office has moved

The Official Travel Office has moved from the APG North Recreation Center, building 3326, to building 4305.

RAB meeting tonight

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m., Jan. 25, at the Edgewood Senior Center on Gateway Road. The topic of the meeting will be an update on the Carroll Island Study Area.

Board meetings are open to the public; all APG employees and citizens are invited.

For more information, call 410-272-8842 or 800-APG-9998.

New Tax Center opens

The Office of the Staff Judge Advocate, Client Services Division, opened its new Tax Center in building 4117 Boothby Hill Road.

Hours are Monday through Thursday, 11 a.m. to 8 p.m., with tax preparations conducted from noon to 7 p.m. Walk-ins are accepted, no appointment is necessary.

Services, which are available until April 12, are free to active-duty Soldiers,

See SHORTS, page 4

ISSUE HIGHLIGHTS

Page 2... Commander talks about APG's 90th anniversary

Page 3... ASAP offers advice on the Superbowl, drinking

Page 4... Community Notes

Page 5... Well-Being Council focuses on safety, winter activities

Page 6... Safety advises on CO poisonings

Page 7... APG Forum: Book review

Page 8... MWR shares what's new

Page 12... KUSAHC Health Notes

Page 13... ATC rewards employees

90th anniversary kicks off this week

GAPG Public Affairs Office

Aberdeen Proving Ground's 90th anniversary celebration begins officially Friday, Jan. 26, when Maj. Gen. Roger A. Nadeau, APG commanding general, is host to a "kickoff" reception at the U.S. Army Ordnance Museum.

The anniversary celebration gives APG employees, residents, neighbors and friends the opportunity to reflect on the many contributions to the nation made at APG over the years, according to Col. John T. Wright, APG Garrison commander.

"It is an excellent time for all of us to reflect upon the contributions of those organizations departing APG during the next several years under the Base Realignment and Closure recommendations and to welcome the in-bound organizations," Wright said.

"APG has changed in many ways since 1917, but there's been no change in the post fulfilling the many roles and missions it has undertaken as part of

the nation's defense. The U.S. Army Ordnance Center and Schools and the U.S. Army Environmental Center

have been major contributors to the successes APG has seen over the years. We will miss them, but also will wish them well in their new locations.

"The anniversary is also a perfect time to consider the enduring research, development, acquisition, test and evaluation mission at APG. The roots of APG run deep and the

future of the installation as one of the Department of Defense's premier RDAT&E sites is assured," he said.

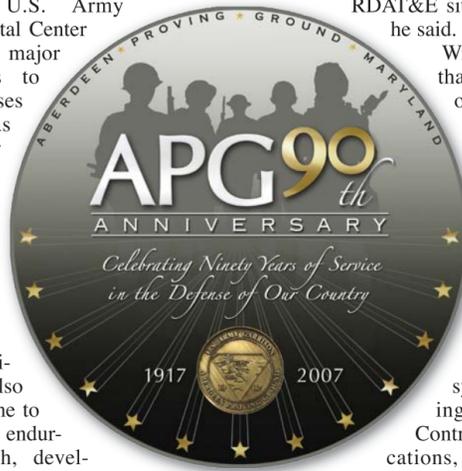
Wright also noted that the criteria of the BRAC 2005 recommendations to include an area sufficiently robust to permit full scale testing of the full array of land combat systems including Command, Control, Communications, Computers, Intelligence, Surveillance and Reconnaissance, or C4ISR, direct fire, and ground mobility; virtual and

real proximity to the intellectual heartland of the United States; and closeness to the National Capitol Region...are very similar to those used by Col. Colden L. Ruggles when the post was established in 1917.

"The 90th anniversary also is the perfect time to invite our neighbors to learn more about the post and the many roles it has taken on in the past," Wright said. "The community support given to APG has always been superb and we're already seeing contributions to the celebration by the local schools and greater community."

According to Regina Dannenfeler, director, Morale, Welfare and Recreation and the 90th anniversary coordinator, the Garrison 90th Anniversary Committee has been working hard to provide historical information documenting the many contributions of APG to share with the community during the year.

See 90TH, page 7



New leadership seeks continued success at CMA

CMA

The past, present and future were the focus at the U.S. Army Chemical Materials Agency Jan 16, as the agency's leadership changed hands.

Gen. Benjamin S. Griffin, commanding general of the U.S. Army Materiel Command, presided over the change of responsibility ceremony, during which Dale A. Ormond was named acting director of CMA, replacing Michael A. Parker.

"Without a doubt, CMA's accomplishments under Mike Parker have made the world a safer place," Griffin said, recognizing the agency's destruction of 42 percent of the U.S. unitary and binary chemical weapons. "Nothing is more critical than what CMA does."

Sgt. Maj. Jerry Curtiss presented the flag bearing CMA's distinctive unit insignia to Parker, who passed it to Griffin, symbolizing the transfer of authority. Griffin then passed the flag to Ormond, who completed the cycle by returning it to Curtiss.

To Ormond, Griffin offered encouragement to "build upon what Mike has established here."

Parker, who has led CMA since the agency's inception in February 2003, also has

been the Program Manager Assembled Chemical Weapons Alternatives since December 1996. He will continue to serve as PM ACWA.

He spoke to the CMA work force assembled for the ceremony, noting that the agency's personnel "have the rare opportunity to make the world a better place by the elimination of chemical weapons."

While acting as CMA director, Ormond will continue to serve as deputy assistant secretary of the Army (Elimination of Chemical Weapons), providing executive level policy and oversight of Chemical Demilitarization Program projects for the assistant secretary of the Army (Acquisition, Logistics and Technology)/ Army acquisition executive.

Ormond said he sees CMA as a family, made up of "innovative people who are dedicated to this program."

"My promise and commitment is to provide you with the leadership and guidance you need," Ormond said.

A U.S. Naval Academy graduate, Ormond has a master's in environmental systems engineering from Clemson University.

Before serving as DASA-ECW, Ormond was the Site Project Manager at CMA's



Photo courtesy of CMA

Dale A. Ormond, U.S. Army Chemical Materials Agency acting director, left, presents the flag bearing the agency's distinctive unit insignia to CMA Sgt. Maj. Jerry Curtiss during the change of responsibility ceremony Jan. 16.

Tooele Chemical Agent Disposal Facility in Utah. There, he oversaw all aspects of chemical weapons destruction operations, including facility technical baseline management, resource management, community outreach and regulatory compliance.

Representing the Assistant Secretary of the Army for

Acquisitions, Logistics and Technology was Dean G. Popps, principal deputy assistant secretary of the Army for Acquisitions, Logistics and Technology. He noted that, through hard work, CMA "has brought great credit upon the Army and yourselves."

"You are Army civilians," he said. "You are Army strong."

Created in February 2003, CMA combined the demilitarization and storage functions of the nation's aging chemical weapons under one organization.

Formerly, these functions operated separately under the Army's Program Manager for Chemical Demilitarization and the Soldier and Biological Chemical Command.

AFAP needs community participation

AFAP Program Office

The annual Aberdeen Proving Ground Army Family Action Plan Symposium, March 20 through 22, depends on community feedback and participation to be successful.

"We need support from all members of the community: Soldiers, family members, civilians and retirees," said Col. John T. Wright, APG Garrison and deputy installation commander. "The AFAP process lets members of the Army Community tell leadership what's working and what isn't - and what they think will fix it."

The process

Soliciting issues from the community starts the local AFAP process. Then, delegates from all areas of the community prioritize the submitted issues at the symposium. Subject matter experts assist the delegate workgroups in understanding the issues. The top issues will be presented to the command during an out brief on March 22.

Following the symposium, the APG AFAP Steering Committee will address the issues. Issue recommendations that

can be solved locally will be implemented. Any issue that is beyond the scope of APG is forwarded to the mid-level AFAP conference.

Ultimately, issues may be forwarded to the DA level. Often, AFAP results in legislation, policies, programs and services that strengthen readiness and retention. For example, through AFAP, the Service Members Group Life Insurance increased from \$50,000 to \$200,000.

"AFAP needs you to submit issues," said Marilyn Howard, AFAP coordinator. "Issues may be submitted in any area which affects you as a member of the Aberdeen Proving Ground community."

"Volunteers are also needed to assist with the conference, serve as facilitators and recorders, and serve as delegates in the workgroups, she said." "Please contact the AFAP program office to volunteer."

Example areas for issue submission include medical, housing, MWR activities, safety, security, workplace environment, civilian personnel issues, military

See AFAP, page 6



Brig. Gen. Rebecca S. Halstead, chief of Ordnance and commanding general, U.S. Army Ordnance Center and Schools, commends her team on successful retention efforts and achievements in fiscal year 2006 at the retention ceremony Jan. 8 at Top of the Bay. In attendance, among others, are 1st Sgt. David West, Non-Commissioned Officer's Academy, Regimental Command Sgt. Maj. Daniel A. Eubanks, OC&S, and Command Sgt. Maj. Anthony J. Slater, 61st Ordnance Brigade.

OC&S exceeds retention objectives in FY 06

Story and photo by ANDRICKA THOMAS OC&S

An awards luncheon congratulating U.S. Army Ordnance Center and Schools' commands and retention personnel for achieving retention mission objectives for fiscal year 2006 was held Jan. 8 at Top of the Bay.

Brig. Gen. Rebecca S. Halstead, chief of Ordnance and Commanding General of OC&S, said we are an Army that freely serves, and our retention accomplishments reflect that in the volunteer spirit of our Soldiers.

Halstead acknowledged the important role Soldiers' families play in retention efforts.

"It's not just the Soldier we enlist, it's the family as well," she

said. "Soldiering is a matter of the heart, and a Soldier's family is his heart."

"Retaining our quality Soldiers is high priority, especially as we continue the fight in the Global War on Terrorism," said Sgt. 1st Class Patricia McFarlane, career counselor, OC&S. Officers and enlisted personnel should see a career counselor prior to exiting the Army to learn about their options and benefits, said McFarlane.

Each command, 16th Ordnance Battalion, 143rd Ordnance Battalion, the Noncommissioned Officer's Academy, and the Regimental Command Sergeant Major and Career counselor were awarded plaques, marking their achievements

See RETENTION, page 7

APG 90th ANNIVERSARY Dawning of a new era in APG's 90-year history



Commander's Corner



Photo by BLAKE VOSHELL, DOIM

COL. JOHN T. WRIGHT
APG Garrison and deputy installation commander

During 2007 and 2008 Aberdeen Proving Ground will reach a significant, historical milestone. It will be 90 years since Col. Colden Ruggles selected this area to serve as the Army's "newest" proving ground replacing the Ordnance Proving Ground at Sandy Hook, N.J.

Ruggles' selection criteria was fairly simple: sufficient land to permit the receipt and testing of the "modern" weapons systems that the United States would purchase and produce in support of the American Expeditionary Force; and close proximity to seaports for efficient shipment overseas following the "proofing" and to the nation's capital so

War Department officials could easily check the progress at Aberdeen Proving Ground.

On Jan. 2, 1918, the first shot was fired down range marking our beginning as an Army installation. In the same time period, the Army selected the Gunpowder Neck to serve as a chemical agent production and 'shell filling' arsenal.

The Gunpowder Military Reservation and the nearby Fort Hoyle would continue operations following World War I and be known as Edgewood Arsenal until 1971.

Today, Aberdeen Proving Ground encompasses 72,000 acres of land and water bordering the environmentally sensitive Chesapeake Bay. The installation is home to some 18,000 service members,

Department of Defense civilians, contract employees and family members.

Throughout the coming months we will recognize and honor the contributions of the men and women who have served the nation at Aberdeen Proving Ground since its establishment in 1917.

My thanks to the 90th Anniversary Committee which has put together a fantastic calendar of events.

You will read about the history and future of the installation in the pages of the APG News.

You will have the opportunity to celebrate the heritage of our predecessors with your fellow employees and citizens.

Most importantly, you can share with younger generations your story of living, serving and playing at the "Top of the Bay."

APG recognizes young artists

Story and photo by **YVONNE JOHNSON**
APG News

The Aberdeen Proving Ground Garrison thanked students from Harford County Schools who submitted artwork focused on the installation's 90th anniversary celebration during a Student Art Exhibition at a reception at the Board of Education in Bel Air Jan. 20.

Eileen Campbell, APG Child Youth Services school liaison, hosted the ceremony and Col. John T. Wright, APG Garrison and deputy installation commander, presented coins and certificates to the honorees.

"The students used their imagination to make meaning of APG history," Campbell said. "They have used their experiences, feelings and insight from our installation historian, through his CD and brochures, to project their understanding of particular periods."

Wright thanked Campbell for organizing the event.

"As I gaze at their work and consider the different periods [of APG], I can see that this artwork represents all of it," Wright said. "As you look around, you certainly see the talent of these young men and women that really offers a balance of the proving ground."

The participants agreed that they enjoyed the project.

"I thought it would be fun, and it was," said Shakira Acevedo-Martinez, a 7th grader at Aberdeen Middle School.

She said she was inspired by her father, Sgt. 1st Class Freddie Acevedo of the Joint Personal Effects Depot.

Kristin Meredith Nohe, a 17 year-old senior at Bel Air High School, whose painting prominently featured a bald eagle, said she focused on the 1980 and 1990 time period.

"I was impressed not only by the fact that they did a lot of testing but that they also work on making the environment better," Nohe said.

Joppatowne High School's Brad Myers said the best part of his project was learning about the proving ground.

"I've lived here all my life and my parents have lived here all their lives, but I just didn't know much about APG," Myers said. "I didn't know it was such a great place."

He added that it was "the first real art project I've done," and thanked his art teacher, Denise Jackson, for suggesting it.

"I think it's incredible," added Brad's mother, Jackie Myers. "I think he really reflected the APG community."

The program included the showing of two short films about APG, one of which was created by the Directorate of Information Management's Visual Information Services Division.

Campbell thanked all participants, parents and teachers, "for everything you've done to help us celebrate our 90th anniversary."

She encouraged attendees to take a brochure further explaining the artwork and to talk to the artists.

"Our special thanks go to Sue Garrett, Harford County Public Schools art supervisor, for her assistance with the community partnership and support in the display of the art work," Campbell said. "We appreciate your warm welcome to the county-wide Student Art Exhibition and Reception."

The categories and honorees included: "Early Exploration 1600s" by Emily Burke and Melissa Groves, Edgewood Middle School; "Pre-Revolutionary Settlement 1700s" by Claire Zurkowski, Havre de Grace Middle School; "The Antebellum Era 1800s" by Emily Baker, Audrey Coughlin and Molly Garrett, Fountain Green Elementary; "Aberdeen Proving Ground Established World War I" by Jeffrey Bradley, Michael Horne Jr. and John Ranazzo, Edgewood High School; "World War II Aberdeen Proving Ground" by Jeffrey Bradley, Michael Horne Jr., Sean Lucero and John Ranazzo, Edgewood High School; "The Interior Years 1920s and 1930s" by Shakira Acevedo-Martinez, Megan Baibakis, Jasaan Beck, Nayshon Bond, Alexandra Collins and Rebeca Quinn, Aberdeen Middle School; "The Cold War Heats Up 1960s and 1970s" by Taylor Zimmerman, North Harford High School; "Civilian and Military Testing at Aberdeen Proving Ground 1980s and 1990s" by Kristin Meredith Nohe, Bel Air High School; and "Aberdeen Proving Ground Today" by Brad Myers, Joppatowne High School.



Photo by YVONNE JOHNSON

This look at APG during its early years, created by artists Jeffrey Bradley, Michael Horne Jr. and John Ranazzo of Edgewood High School, includes drawings of the bomb testing mission, the interior of troop barracks, the development of the jeep, Edgewood Arsenal's first commander, Col. William Walker, and the first commander of APG, Col. Colden Ruggles.

Logo introduced for APG's 90th anniversary

USAG

The Aberdeen Proving Ground 90th Anniversary logo celebrates nine decades of support for the nation, its citizens, Soldiers, the U.S. Army and the entire Department of Defense community.

- The five Soldiers silhouetted in the background reflect the Soldiers of 1917-2007, from left to right, World War II, Korea and Vietnam, World War I, Panama and Desert Shield/Desert Storm, and the contemporary Soldier serving in the Global War on Terrorism throughout the world in defense of freedom.

- The flanking stars along the top edge signify the three primary missions of APG: chemical defense, ordnance training and research, development, acquisition, testing and evaluation. Additionally, they represent the legacies of the former Fort Hoyle, Edgewood Arsenal, and Sandy Hook Proving Ground, N.J., which are executed today at APG.

- The U.S. Army Garrison APG coin is in the central position. The coin's logo was designed in celebration of APG's 75th Anniversary. The bald eagle soaring above the Chesapeake Bay symbolizes our national heritage and environmental stewardship.

- The 13 streaming stars lining the bottom edge reflect the 13 original colonies that joined together to form the United States; APG is juxtapose in the mid-Atlantic region, an area important during the formation of the United

States and the fight for freedom.

The logo is approved for use by all APG tenants on their letterhead and is available electronically from the garrison Directorate of Information Management Visual Information Services Division.

The banner featured at the top of this page will be used in future editions of APG News to indicate that the articles on a particular page are about the 90th Anniversary of APG.

(Editor's note: The logo was designed by Jim Bridges, Visual Information Systems Division, Multimedia, Directorate of Information Management, in collaboration with Ken Masoner, former APG 90th Anniversary Celebration chairman, and Col. John T. Wright.)

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMNE-APG-PA, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The APG News is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised.

For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 2201, IMNE-APG-PA, APG, MD 21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@apg.army.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

Staff

APG Commander Maj. Gen. Roger A. Nadeau
 APG Garrison Commander Col. John T. Wright
 Public Affairs Officer George P. Mercer
 Editor Debi Horne
 Editorial Assistant Marguerite Towson
 Contract Photojournalists Yvonne Johnson
 Heather Tassmer
 Edric Thompson
 Graphic Designer/Web Designer Nick Pentz
 Web site www.apgnews.apg.army.mil.



'Fans don't let fans drive drunk'

Give keys to a designated driver before the game begins

ASAP

The staff at the Aberdeen Proving Ground Army Substance Abuse Program wants to remind all of those who plan on using alcohol on Super Bowl Sunday to act responsibly by designating a sober driver before the big game begins.

"We're working to remind all fans to play it safe on Super Bowl Sunday, the 4th of February," said Cindy Scott, ASAP prevention coordinator. "We want everyone to remember that wherever they are watching the Super Bowl, if they plan on using alcohol, pass their keys to a sober, designated driver before the big game begins. Fans Don't Let Fans Drive Drunk. Don't get penalized for impaired driving."

Super Bowl Sunday has become one of America's biggest and most entertaining national sporting events as friends and families gather to watch the big game each year and to enjoy all of the festivities surrounding it. Yet, it is also one

of the year's most dangerous days on the nation's roadways, due to impaired driving related traffic crashes.

According to the National Highway Traffic Safety Administration, nearly impaired drivers caused 51 percent of all traffic fatalities during the Super Bowl weekend last year with blood alcohol levels below 0.08 percent.

Driving buzzed is just as dangerous as driving drunk. But serious crashes – and deaths – can be prevented. Designating a sober

driver before the Super Bowl party begins and making sure friends don't drive drunk are just two of several, simple steps to help avoid a tragic crash or an arrest for impaired driving.

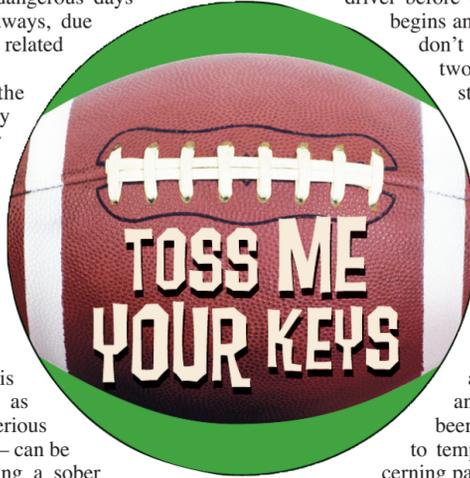
Another suggestion is to always offer guests choices of both non-alcoholic beverages and food whenever serving alcoholic beverages. There are also many acceptable and tasty alcohol-free beers and wines available to tempt even the most discerning palate.

"As a Super Bowl host, you're like the head coach for the day," Scott said. "Make sure every player on your roster has a smart game plan before the party even begins."

Nationally, more than 13,000 people died in impaired driving-related highway crashes during 2004. Every 30 minutes, nearly 50 times a day, someone in America dies in an impaired driving-related crash. Hundreds of thousands more are injured each year.

"Driving impaired or riding with someone who is impaired is simply not worth the risk because the consequences are serious and real," Scott said. "Not only do you risk killing yourself or someone else, but the trauma and financial costs of a crash or an arrest for driving while impaired can be really significant. It is not the way you want to spend your Super Bowl Sunday."

Always remember, "Fans don't let fans drive drunk."



CPSC, Fire Administration sound carbon monoxide alarm

Potential for CO poisonings, deaths rises

Consumer Product Safety Commission

Every year, winter storms leave carbon monoxide, or CO, poisoning deaths in their path. As winter's coldest months arrive, with temperatures in some parts of the United States dipping below freezing, the CPSC and U.S. Fire Administration are sounding the CO alarm.

"January and February are prime months for winter weather-related power outages," said Acting CPSC Chairman Nancy Nord. "Tragically, people are dying from carbon monoxide poisoning while trying to keep warm. Don't let this invisible killer into your home."

"The USFA is pleased to join with the CPSC in sounding a national carbon monoxide alarm," said Acting USFA Administrator Charlie Dickinson. "There is no group of men and women in this nation that are as keenly aware of the deadliness of carbon monoxide than firefighters. During times of lost power, it is our nation's firefighters who respond to the sad results of carbon monoxide poisoning when people use gas generators, camp stoves and charcoal grills in confined spaces. The USFA joins with all firefighters in reminding all residents of this nation to follow the CPSC recommendations to protect themselves against exposure to carbon monoxide."

Carbon monoxide is an odorless and colorless poisonous gas. CPSC estimates about 140 people die each year from unintentional exposure to CO associated with consumer products.

Consumers die when they improperly use gas generators, charcoal grills, and fuel-burning camping heaters and stoves inside their homes or in other enclosed or partially-enclosed spaces during power outages. They also die

when furnaces that have not been professionally and annually inspected leak CO. CPSC staff is aware through police, medical examiner and news reports of at least 32 CO deaths related to portable generators from Oct. 1 through Dec. 31, 2006.

Reducing CO poisonings and deaths is a priority at CPSC. To stop consumers from using gasoline generators indoors, the commission voted Jan. 4 to require manufacturers to place a prominent "danger" label on all new generators and their packaging.

The CPSC and USFA urge consumers to take these important steps to protect themselves against CO poisoning this winter.

- Never use portable generators inside homes or garages, even if doors and windows are open. Use generators outside only, far away from the home.
 - Never bring a charcoal grill into the house for heating or cooking.
 - Do not barbeque in the garage.
 - Never use a gas range or oven for heating.
 - Open the fireplace damper before lighting a fire and keep it open until the ashes are cool. An open damper may help prevent build-up of poisonous gases inside the home.
 - Have home heating systems (including chimneys and vents) inspected and serviced annually by a trained service technician.
 - Install battery-operated CO alarms or CO alarms with battery backup in the home outside separate sleeping areas.
 - Know the symptoms of carbon monoxide poisoning: headache, dizziness, weakness, nausea, vomiting, sleepiness, and confusion.
- If CO poisoning is suspected, go outdoors immediately, and call 911.

Safety recalls

Air rifles

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07045.html>

Stanly door handle locks

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07511.html>

Emerson ceiling fans

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07047.html>

Liberty Martin climbing harness

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07049.html>

Nintendo America

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07061.html>

Square "d" safety switches

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07062.html>

Devilbiss pressure washers

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07060.html>

Wal-MART stuffed Christmas beagles

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07058.html>

Wal-Mart Christmas mug gift set

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07064.html>

Macy's infant coveralls

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07057.html>

Clarion vehicle navigation system

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07056.html>

Hobby Lobby Christmas lights

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07055.html>

Lifetime lemonade jars

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07053.html>

Brio Bell rattles

<http://www.cpsc.gov/cpsc/pub/prerel/>

<prhtml07/07052.html>

"See Kai Run" children's boots

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07050.html>

Kelloggs Pop-Tarts frosted blueberry toaster pastries

http://www.fda.gov/oc/po/firmrecalls/poptarts12_06.html

Unilever "Ragu" pasta sauce, Old World Style, Marinara"

http://www.fda.gov/oc/po/firmrecalls/unilever12_06.html

Lifetime Brands Farberware fruit slicer

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07065.html>

Gemstone Party favor rings

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07513.html>

Liquid gel lubricant eye drops

http://www.fda.gov/oc/po/firmrecalls/alcon12_06.html

Baby Swede feeding spoons

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07066.html>

DeWalt cutout tools

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07067.html>

DeWalt battery operated reciprocating saw

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07068.html>

Regal Lager Inc double stroller

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07069.html>

Dollar Store ceramic heaters

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07076.html>

Samara Bros children's 2 piece overall sets

<http://www.cpsc.gov/cpsc/pub/prerel/prhtml07/07516.html>

See **RECALLS**, page 6

Community Notes

FRIDAY JANUARY 26 FISH, CHICKEN DINNERS

The women of St. James A.M.E. Church, 615-617 Green Street, Havre de Grace, are selling fish and chicken dinners 10 a.m. until sold out. The cost is \$7 each. Proceeds will benefit the Annual Women's Day program on March 25.

For more information or to place orders, call 410-939-2267.

THURSDAY FEBRUARY 1 REPRESENTATIVE GILCHREST PRESENTS

'HOW TO PAY FOR COLLEGE'

Congressman Wayne T. Gilchrest of the Maryland First Congressional District will present a forum on "How to Pay for College" 7 p.m., at the Chesapeake High School auditorium located on 4798 Mountain Road, Pasadena, Md.

The event will feature officials from the federal and state government and Maryland College Savings Plans who will discuss programs for financial aid.

Representatives of the U.S. Naval Academy, West Point, Air Force Academy and Merchant Marine Academy will also discuss the benefits

of free tuition in exchange for service.

Parents with children of any age are welcome to come and learn more about saving and paying for college tuition.

For more information or for directions, contact Gilchrest's office, 1-877-891-9719.

SATURDAY FEBRUARY 3 REPRESENTATIVE GILCHREST PRESENTS 'HOW TO PAY FOR COLLEGE'

Congressman Wayne T. Gilchrest of the Maryland First Congressional District will present two forums on "How to Pay for College," 9:30 a.m., at Fallston High School auditorium, 2301 Carrs Mill Road, and 2 p.m. at Loch Raven High School auditorium, 1212 Cowpens Avenue, Baltimore.

The events will feature officials from the federal and state government and Maryland College Savings Plans who will discuss programs for financial aid.

Representatives of the U.S. Naval Academy, West Point, Air Force Academy and Merchant Marine Academy will also discuss the benefits of free tuition in exchange for service.

Parents with children of any age are welcome to come and learn more about saving and paying for college tuition.

For more information or for directions, contact Gilchrest's office, 1-877-891-9719.

MCSC BASKET BINGO

The Military and Civilian Spouses Club will sponsor a Basket Bingo at the Aberdeen Fire Hall on Rogers Street. Doors open at 6 p.m. and bingo starts at 7 p.m. Tickets cost \$12 for 20 games with three cards each. Additional sets cost \$5 at the door.

For more information or to purchase tickets, call Gloria DeBerry, 410-273-1926, Judi Wurm, 410-272-8271 or Brenda Conjour, 410-273-7332.

SUNDAY FEBRUARY 11 BASKET BINGO

The Prince of Peace Church, located on 2600 Willoughby Beach Road, Edgewood, will hold Basket Bingo for all ages. Doors open at 1:30 p.m., Bingo starts at 2:30 p.m. Tickets cost \$17 in advance and \$20 at the door. Tickets are required for admission. Cost includes 20 regular games. Three special games will be sold separately. Raffles, baked goods, refreshments and a 50-50 cover-all will be available.

Proceeds will benefit the Faith Formation Program for Children and Youth.

This is a non-smoking Bingo.

For more information or to purchase advance tickets, call Joanne, 410-679-5912 or Delores, 410-469-1718.

SATURDAY FEBRUARY 17 REPRESENTATIVE GILCHREST PRESENTS 'HOW TO PAY FOR

COLLEGE'

Congressman Wayne T. Gilchrest of the Maryland First Congressional District will present two forums on "How to Pay for College," 9:30 a.m. at Parkside High School, 1015 Beaglin Park Drive, Salisbury, Md., and 2 p.m. at Queen Anne's County High School auditorium, 125 Ruthsburg Road, Centreville, Md.

The events will feature officials from the federal and state government and Maryland College Savings Plans who will discuss programs for financial aid.

Representatives of the U.S. Naval Academy, West Point, Air Force Academy and Merchant Marine Academy will also discuss the benefits of free tuition in exchange for service.

Parents with children of any age are welcome to come and learn more about saving and paying for college tuition.

(Editors Note: More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.)

MOVIES

ADMISSION: ADULTS \$3.50, CHILDREN \$1.75
Building 3245 Aberdeen Boulevard

To verify listing, call 410-272-9008, or visit www.aafes.com and click on "Movie Listing"

The Post Theater will be closed
Jan. 26 and 27; Feb 2 and 3

Post Shorts

retirees and their families.

For more information, call 410-278-2020.

Former DoD secretary to speak at SOLE meeting

The Aberdeen Chapter of the International Society of Logisticians, SOLE, will hold its monthly meeting 11:30 a.m. to 1 p.m. at Top of the Bay Jan. 31.

The guest speaker is Louis A. Kratz, vice president and managing director of Focused Logistics at Lockheed Martin Corporation and former assistant deputy under secretary of defense (Logistics, Plans and Programs), with the office of the Deputy Under Secretary of

Defense (Logistics and Materiel Readiness). The topic of discussion is "Logistics Transformation: An Industry View."

There is no cost to attend. Lunch is 'pay as you go.'

To register in advance, contact Chief Warrant Officer 3 Paul Thurston, 410-278-5554, or e-mail paul.thurston1@us.army.mil; Paul Nelson, 410-436-4574, or e-mail paul.a.nelson@us.army.mil; or Sharon Meirose, 410-306-0350, or e-mail sharon.meirose@atec.army.mil.

Bench press competition this Saturday

The intramural bench press competition will be held Jan. 27 at the APG Athletic Center. Team weigh-in is Jan. 26 and general weigh-in is Jan. 27.

The competition is open to active duty military competing for Commander's Cup points and civilians who are authorized to use MWR facilities.

For more information, call 410-278-3929/7934 or 410-436-3375.

Veterinary Clinic closings

The APG Veterinary Treatment Facility will be closed Jan. 31 for end of month inventory.

For more information, contact the VTF, 410-278-3911/4604.

NCOA holds Dining Out Feb. 9

The Noncommissioned Officer Academy will hold its 7th Annual Anniversary Dining Out Feb. 9 at the Comfort Inn Richlin Ballroom in Edgewood.

The anniversary will honor past NCOA commandants from 1987 to present.

Ticket cost is \$30 per person, and an RSVP must be received by Feb. 5.

Tickets will be on sale until Feb. 7.

For information and RSVP, contact June Conley, 410-278-8904, DSN 298-8904 or e-mail june.conley@ocs.apg.army.mil or Spc. Calandra Guidry, 410-278-9127, or e-mail calandra.stovall@us.army.mil.

Black History Month specialty meal Feb. 20

The Black History Month Specialty Meal will be held Feb. 20 in the Aberdeen North dining facilities, buildings 4503, 4219 and Aberdeen South, building E-4225, 5:30 p.m. to 7 p.m. Military personnel, family members, Department of Defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$3.65 applies to any officer, enlisted member, and family member of sergeant or above, DoD civilian, retiree and their guests. The discount meal rate of \$3.15 applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

The menu includes hearty vegetable beef soup, barbecued spareribs, fried chicken, southern fried catfish, baked chicken, oxtails in gravy, simmered ham hocks, steamed rice, baked macaroni and cheese, red beans and rice, collard greens, black eyed peas, green beans, corn bread, assorted salad bar, potato salad, cole slaw, assorted desserts, assorted breads, soft serve ice cream with assorted toppings, assorted condiments and assorted beverages.

Note: Menu is subject to change without prior notification.

For more information, call Edward Parylo or Ernest Green, 410-306-1393/1398.

Scholarships for military spouses

The national Military Family Association is now accepting applications for the NMFA's

Joanne Holbrook Patton military Spouse Scholarships. Eligible applicants include any uniformed service spouse – active duty, retired, National Guard, or survivor – studying toward professional certification or attending post-secondary or graduate school. Applications will only be accepted online and must be submitted by midnight, March 15. Online applications are available at https://secure2.convio.net/nmfa/site/SSurvey?SURVEY_ID=3820&ACTION_REQUIRED=URI_ACTION_USER_REQUESTS.

For more information, visit <http://www.nmfa.org/>.

Military scholarship applications due

Now is the time to fill out and submit an application for a Scholarship for Military Children for \$1,500. Information and applications for the 2007 program are available at commissaries worldwide as well as online at the program Web site, <http://www.militaryscholar.org>. Administered by Fisher House Foundation and funded by manufacturers and suppliers of groceries and services in the commissary system, the program has awarded more than \$4.6 million in scholarships to nearly 3,000 students since the first awards in 2001.

This year's essay topic is "If you were granted the ability to change the outcome of any event in history, what would you change and why?"

Completed applications must be turned in at any commissary no later than close of business on Feb. 21.

MCSC looking for a few good spouses

The Military and Civilian Spouses' Club is now accepting half-year memberships (January through June) for \$10. Membership is open to any spouse of military or civilian associated with APG.

For more information, call Dawn Kilmon, 410-297-6727, or visit www.apgmcsc.org.

Trial Defense Service relocates

The Aberdeen Proving Ground Trial Defense Service has relocated from building 310 to building 305 on the first floor. Enter through the glass door, turn left past the elevator and follow the corridor behind the conference room. The office is on the left.

Telephone numbers will remain the same. For more information, call Nora Farrell, 410-278-2156/5389.

(Editors Note: More shorts can be seen at www.apgnews.apg.army.mil under Shorts.)

January Well-Being meeting focuses on safety concerns and winter activities

Story by
HEATHER TASSMER
APG News

The Jan. 18 Well-Being Council meeting focused on safety concerns for the Aberdeen Proving Ground community and upcoming activities for winter and spring.

APG Garrison and deputy installation commander Col. John T. Wright welcomed everyone back after the holidays and discussed safety matters on the proving ground.

He relayed to attendees from the APG Fire Department that no fires were caused from holiday decorations and that there was one small kitchen fire.

"It's really important that residents pay attention while they are cooking," Wright said.

He stated that the cause of the fire was from someone leaving a pan on the stove unattended for a few minutes. Previous fires have also happened because of unattended cooking.

Wright advised parents to supervise their children if they are helping to prepare a meal on the stove.

He also addressed vehicle safety pertaining to the intersection of Maryland and Aberdeen boulevards.

Wright said Soldiers cross this intersection while they are going to and from Kirk U.S. Army Health Clinic between 7 and 8 a.m.

The Installation Safety Division and the U.S. Army Ordnance Center and Schools are working on a plan to prevent any accidents involving Soldiers and vehicles, Wright said.

He said they have come up with a few solutions such as placing a physical barrier between the warehouses to prevent the Soldiers from walking to the intersection, reducing the amount of Soldiers going to KUSAHC in the morning or reducing the speed limit to 35 miles per hour along that stretch or entire road.

"No decisions have been made on what we're going to do yet," Wright said.

A public meeting will be held or public comments will be considered in making the decision, he said.

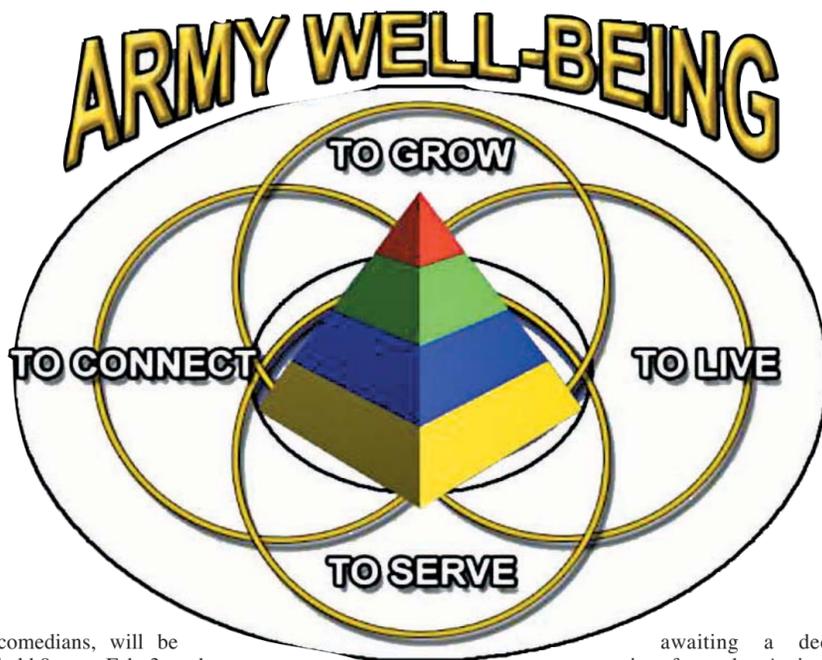
He also brought up the subject of the malfunctioning light at the APG North post office intersection. The estimated time that the light will be repaired is the end of February, Wright said.

Since winter weather has arrived, Wright reminded attendees to be careful while walking and driving in the snow or ice.

Leisure Travel Services

Leisure Travel Services Manager Stacie Umbarger updated attendees on upcoming Morale, Welfare and Recreation events and trips.

A comic show, "Comedy Explosion," featuring four



comedians, will be held 9 p.m., Feb. 3, at the APG Post Theater. Doors open at 8 a.m. The tickets can be used for an after party where attendees can meet and talk with the comics.

Tickets are also on sale for Disney on Ice which runs from Feb. 7 to 11 at the 1st Mariner Arena in Baltimore. Tickets cost \$13.25 on opening night and \$17.25 on the other nights.

The Washington Wizards vs. the Atlanta Hawks tickets are also available. Active duty personnel can get a ticket for \$30 and other patrons can buy them for \$36. Tickets are only for the lower level.

Umbarger said to pass on the word that official travel has moved to building 4305 because a lot of people have come to the LTR office to get official travel items.

For more information on MWR trips or events, check MWR In Demand, call 410-278-4011/4907 or e-mail mwr_registration@apg.army.mil.

KUSAHC

All providers are on board. KUSAHC is providing good access to care, meeting TRICARE requirements of getting patients in to see doctors after 24 hours from their calls, according to Col. William Rice, commander of KUSAHC.

The pharmacy is still temporarily located in the back of the clinic. After the work on the new pharmacy is done, it will be about three times its original size. It will also contain "state-of-the-art" new dispensing systems. The estimated time of when the new pharmacy will be ready is the end of March, Rice said.

Patients are still experiencing some malfunctioning with the automated call system. Rice requests everyone's patience while the KUSAHC staff obtains a new system.

No-shows continue to be a problem at the health clinic. Patients are asked to call even

if it is an hour before their appointment. The late policy used to allow patients to be 10 minutes late but now when patients are late, the staff will do their best to fit them in.

Only the injectable flu shots are available for Soldiers and general schedule employees not including those in the Nonappropriated Fund or Johns Hopkins program.

Commissary

Applications are available for the Scholarships for Military Children Program. The winner of the scholarship will receive \$1,500. The applications can be filled out and printed by going online, but must be manually delivered to the Commissary by 3:30 p.m., Feb. 21.

AAFES

Work is progressing to open a Subway in the APG North Shopette. The Cup has opened in the APG South Shopette.

MWR

Gina Dannenfels, director, MWR, told attendees that they will see an increase in fees and rentals. They will also see a reduction in operating hours.

"Our community of recreation is struggling with some serious reductions in funding," Dannenfels said. "We ask for your understanding. It's not something that we want to do but we have had to look very closely at how we can adjust our operations to accommodate the reductions in funds."

She said if anyone has any issues to call her or Marni Allison, chief of Recreation Division, to discuss their opinions, 410-306-4521.

In other MWR updates, Wright said that the APG library is "being used as one of the models of a community partnership."

"This is a way to increase and enhance the services available to the MWR patron while at the same time leverage community assets that are already available," Wright said.

The APG community is

information.

DIO

A letter will be distributed to occupants about weather and parking during winter conditions.

For questions or help with Directorate of Installation issues, call Pat Hector, 410-306-2010.

OSJA

A ribbon-cutting ceremony and open house were held at the Tax Center Jan. 22. Hours are Monday through Thursday, 11 a.m. to 8 p.m. with tax preparations noon to 7 p.m. The center is located in building 4117 on Boothby Hill Road.

ACS

The Army Family Action Plan symposium will be held March 20 through 22. Army Community Service is in need of subject matter experts and delegates for the symposium.

The next Newcomer Orientation will be 1 to 3 p.m., Feb. 7, at the APG North Recreation Center.

For more information on the AFAP symposium or Newcomer Orientation call AFAP Coordinator Marilyn Howard, 410-278-9669 or e-mail her at marilyn.howard@usag.apg.army.mil.

MCSC

The Military and Civilian Spouses Club will hold a Basket Bingo 7 p.m., Feb. 3, at the Aberdeen Fire Hall. Doors open at 6 p.m. Tickets cost \$12 (three cards) and will be sold at the door but reservations can be made by calling 410-272-8271 or 410-273-1926. Food, baked goods and drinks will also be available for purchase.

The next Well-Being Council meeting will be 9:30 a.m., Feb. 15 at the APG North Post Chapel.

awaiting a decision from the Assistant Secretary of the Army for Manpower and Reserve Affairs on how the proving ground will continue the library services.

"The proposal is to partner with the Harford County Public Library System and use that as the primary provider of library services for all MWR patrons," Wright said.

School Liaison

Harford County Public Schools will contact all parents of a school delay/cancellation due to snow or hazardous weather using the Alert Now System, an automated phone messaging system.

All parents will receive phone calls at 5:45 a.m. on the morning of the school delay or cancellation. Parents should make sure that the schools have up-to-date phone numbers. TV and radio stations will continue to broadcast delays and cancellations. In addition, parents can use the Web and go to www.schools-out.com to get emergency information or other important school system information. Families can arrange to have emergency information sent directly to their e-mail addresses for a small fee. See page 8 for more

U.S. Army needs volunteers for eCYBERMISSION Cyber Guides

Story by
EDRIC THOMPSON
RDECOM

Helping shape the future can sometimes be as simple as answering a question today. So to help prepare tomorrow's leaders, the U.S. Army is looking for military or civilian personnel to volunteer as eCYBERMISSION Cyber Guides.

eCYBERMISSION is a free, Web-based competition that allows students to solve community problems in the fields of science, math and technology while

competing for thousands of dollars in U.S. savings bonds. As they prepare their projects, participants work online with U.S. Army advisors, called Cyber Guides.

"Cyber Guides are extremely important to the competition because they provide guidance," said Program Manager Michael Doyle. "A lot of people don't volunteer because they don't think of themselves as 'experts' in math or science. But you don't always have to know the answer. Sometimes, it's more important to

keep the kids motivated and pointed in the right direction; after that, it's the students' job to find the answer."

Volunteers are needed to work two weekly two-hour shifts through Feb. 20.

Anyone interested in providing online assistance and monitoring discussions in the chat rooms and discussion forums should call 1-866-GOCYBER or visit www.ecybermission.com.

(Editor's note: Author is currently on a detail to the APG News.)

AFAP

From front page

benefits and entitlements, TRICARE, lodg-

ing, transportation, tuition assistance and Child and Youth Services.

Participants may use the form below to submit issues to the Army Community Service, building 2754. Issues may also be submitted electronically to marilyn.

howard@us.army.mil.

For more information or to find out how you can help, call Marilyn Howard, 410-278-9669. For additional information about AFAP and other AFAP success stories, visit www.myarmylifetoo.com.

APG needs community input

The Army Family Action Plan processes reviews, prioritizes and resolves issues solicited from the community. Members of the community submit issues and participate in prioritizing them at the annual AFAP Symposium. Issues beyond the scope of the local level are sent to the Regional AFAP Conference.

Input is needed from Soldiers, civilian employees, family members, retirees and youth. Issues may be in any area affecting members of the military community. Any issue important to well-being can be submitted.

For more information, call Marilyn Howard, 410-278-9669 or e-mail marilyn.howard@us.army.mil.

Submission

E-mail: marilyn.howard@us.army.mil
Fax: 410-278-9685

Mail:

AFAP, Army Community Service, Building 2754, Room 203,
APG, MD 21005-5001

Print clearly and provide detailed information. Use additional pages if necessary.

What is the problem? _____

Why is it a problem? _____

How can it be fixed? _____

Name: _____

Daytime Phone Number: _____

E-mail: _____

Name and contact information will allow delegates to contact submitter to clarify an issue if needed.
Incomplete issues may not be considered.

Recalls

From page 3

DeWalt generators

<http://www.cpsc.gov/cpsc-pub/prerel/prhtml07/07072.html>
Pentair Water Pool and Spa Inc.
gas pool heaters

<http://www.cpsc.gov/cpsc-pub/prerel/prhtml07/07073.html>

Nitrous oxide systems snowmobile and ATV NOS kit bottles

<http://www.cpsc.gov/cpsc-pub/prerel/prhtml07/07515.html>

Prescolite Inc trim assembly kits for recessed light fixtures

<http://www.cpsc.gov/cpsc-pub/prerel/prhtml07/07514.html>

Progress lighting trim assembly kits for recessed light fixtures

<http://www.cpsc.gov/cpsc-pub/prerel/prhtml07/07071.html>

Tan Tan tofu

http://www.fda.gov/oc/po/firmrecalls/tantan12_06.html

Contamination in raw milk

http://www.fda.gov/oc/po/firmrecalls/snyder12_06.html

Head cheese products

http://www.fsis.usda.gov/News_&_Events/Recall_001_2007_Release/index.asp

A reminder that there are still recalls on clothing with drawstrings. If children's clothing has any pullovers or hoods with drawstrings, the drawstring should be removed.



APG Forum

Commentary--Book review of 'The Interrogators, Inside the Secret War Against Al Qaeda,' by Chris Mackey and Greg Miller

By
JOHN BRAND
Special contributor

This book is a remarkable personal account of the beginnings of the Army interrogation effort in Afghanistan. Chris Mackey—an alias—was a Reserve non-commissioned officer interrogator who was called up to help staff an interrogation center in Afghanistan. Greg Miller is a professional writer.

This fascinating book is about a journey by [then] Sgt. 1st. Class Mackey, from untested but trained beginner to a smart and effective veteran interrogator. This journey was under conditions of a war where our culture is, even now, only just beginning to come to grips with the nature of the culture that opposes us, and of which a part wishes terribly to destroy us.

To set the background for this story, Mackey tells how he began his journey to war, starting from when he joined the Army as a young man. He vividly sketches his training in military intelligence, with language school and the interrogation course at Fort Huachuca, Ariz.

The theme of “no violence, no coercion” runs through this book. The book was written against the background of the prisoner abuse scandals. This is very much on his mind, and he details how the Army was determined to avoid what ultimately occurred. In particular, he gives examples of how, if the instructors at the interrogation school succeeded in making a student interrogator react with not just violence but even the possibility of violence later on when under stress, the student was immediately and summarily dismissed from the program. The “no coercion” issue is dealt with through a discussion of the [then] current field manual on interrogation and the permissible interrogation methods. (The new manual, FM 2-22.3, Human Intelligence Collector Operations, September 2006, expands and emphasizes this.)

The discussion of national policy on prisoner abuse is impassioned but equivocal—what seems to come through is that in general abuse is a very bad thing, but it may be very effective.

For this country, bad trumps effective. The bottom line for Mackey is this: “The

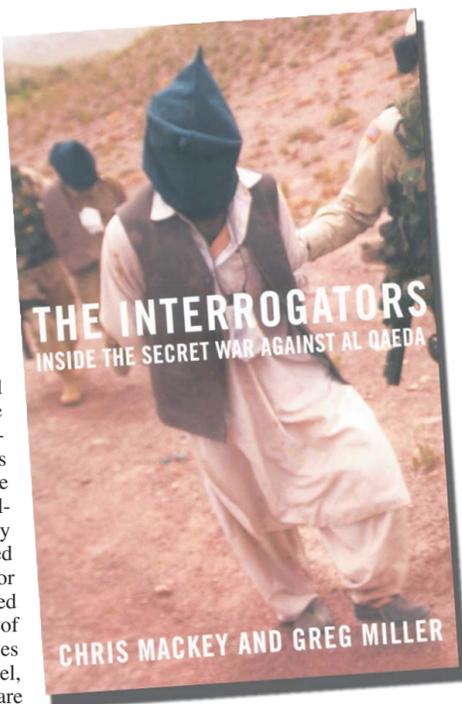
reason the United States should not torture prisoners is not because it doesn't work. It is simply because it is wrong. It dehumanizes us, undermines our cause, and, over the long term, breeds more enemies of the United States than coercive interrogation methods will ever allow us to capture.” (p. 477)

The games that the interrogators used to gain dominance over the prisoners are described and, given that some of the prisoners used mind games on the interrogators, are sometimes pathetic and sometimes funny, as a game of wits between equals can be. The point of view of the enemy culture is summed up most vividly in the chapter on the captured Al Qaeda training manual for persons captured by the United States. The use of the list of counter-interrogation techniques was almost an identifying label, using what the terrorists feel are weaknesses of the West, and especially the United States. The manual outlines conduct after capture by the United States, as not only resistance but deliberately baiting the interrogators and security people to invite attacks leaving visible marks. These would be used to manipulate an eager press and specifically the Red Cross (p. 179).

America's aversion to torture is considered a mark of weakness: the talking head on television wallowing in self-flagellation is certainly getting a point across, but not perhaps in the way they intend.

Other sections of the Al Qaeda manual detail the national characteristics of torture by the governments that make no bones about using it.

“These are clearly regarded as more formidable than Western approaches.” (p. 180) “... Americans would keep you in a cage eating halal MREs and giving you showers a couple of times a week. But when it came down to it, you could lie to them, refuse to talk, ... and there wasn't anything they could do about it. In the



long run that was our strength. But at the time it felt like a terrible weakness.” (p. 181)

We still shouldn't use coercion, according to Mackey, but deception, manipulation and mental pressure are both effective and relatively humane. During Mackey's tenure, anyone crossing the line as it was drawn at that time—no violence—was summarily thrown out of the facility. On the other hand, playing on prisoner fears, even of the prisoner's own culture, government, or terrorist comrades, is considered legitimate, is often eventually effective, and the like is done in civilian criminal interrogations here and worldwide.

This book is a must-read for anyone who wishes to have a defensible opinion on the issue of interrogation and treatment of prisoners. It is also a must for a professional Soldier.

Besides, “The Interrogators” is also an enjoyable and fascinating story, a very good read.

90th

From front page

“This anniversary celebration is already generating interest around the installation,” she said, “The Garrison Equal Employment Opportunity Office will be using the 90th anniversary theme for several of its special events.

The U.S. Postal Service in the Aberdeen Area is having a special commemorative cancellation available January 26,” Dannenfels said. “That is a very special thing for history buffs, stamp collectors and people interested in APG.”

Chris Lockhart, MWR marketing and sponsorship manager, explained that the 90th Anniversary theme will be echoed in a variety of APG MWR events, products and services.

“There are 90th Anniversary sun-catcher ornaments available from MWR and anniversary golf products available at the golf pro shops.

“We're already enjoying our participation in the anniversary,” Lockhart said, “The teamwork between all the people and activities involved has been phenomenal, and from the MWR perspective, there are going to be other events happening and products available throughout the year.”

Retention

From front page

of surpassing their retention objectives for fiscal year 2006 in initial term, mid-career and careerist Soldier categories.

Overall, OC&S achieved 102 percent for mid-career Soldiers, 103 percent for careerist Soldiers, and 143 percent for Soldiers separating from the military.

Reserve Component strengths are vital to the retention mission, as it is important to the Army mission, said McFarlane. Sixty-five percent of the Ordnance Corps is comprised of U.S. Army Reserve and U.S. Army National Guard personnel.

As the Army focuses on growing a larger force, new retention challenges arise in 2007, according to McFarlane.

“Positive leadership is the single most influential factor in a Soldier's decision to remain in the Army,” said McFarlane.

“Leaders, such as command teams, drill sergeants and sergeant majors, are the marketers of the Army career choice,” Halstead said. “Our leadership style and conduct around Soldiers could be either motivational or discouraging; let's be sure that we are motivating Soldiers as we carry the voice of experience.”

Soldiers are re-enlisting in an Army at war, further emphasizing the dedication of the current force.

“I want to thank everyone for their hard work and dedication,” said Command Sgt. Maj. Daniel A. Eubanks, Regimental Command Sgt. Maj., OC&S.

“We are at a critical time in the Army, and we have a higher percentage of Soldiers re-enlisting today than yesterday, before the ‘Long War,’” Halstead said. She said that fact is not taken lightly, as signing up to serve a nation at war is a profound choice. “We thank them for that choice.”

For more information, contact McFarlane, 410-306-2769 or DSN 458-2769.

Visit APG News
online at
www.apgnews.apg.army.mil



MORALE, WELFARE & RECREATION

Check out what's new in MWR

Story and photo by
YVONNE JOHNSON
APG News

With the new year comes a new look to Aberdeen Proving Ground's Morale, Welfare and Recreation.

The organization Web site at www.apgmwr.com has been redesigned in bright, bold colors and is more user friendly with expanded travel and recreational options and capabilities including new exercise equipment.

"Please check out the MWR Web site and the new equipment," said Chris Lockhart, MWR marketing and sponsorship manager.

The redesigned MWR Web site is not only more user friendly, it is filled with information about activities, classes, shows and events happening in the entire region, and the biggest improvement is the changes to the new MWR travel site.

Customers can use the MWR search engine to find hotels, vacation get-aways and more.

Information about tickets to amusement parks, tourist attractions, sporting events or shows as far away as Orlando's Disney World and about group rates, military discounts and Armed Forces Recreation centers are just some of the things available.

"And using the MWR search engine puts money back into the APG community," said Stacie Umbarger, manager of the MWR Leisure Travel Services Office located in building 3326.

"This gives customers a way to research exactly what they are looking for. Then they can send the information to us and we can send them a price quote," Umbarger said.

"With vacation packages, they can do just as much online as they can do by coming into the travel office."

Current special ticket offers for government ID card holders include the 'Disney on Ice: 100 Years of Magic' show at the 1st Mariner Arena in Baltimore Feb. 7 to 11 and the Nextel 2007 Daytona 500 in Daytona Beach, Fla., Feb. 17 to 18.

The MWR Leisure Travel Services Office has tickets to the National Aquarium; Colonial Williamsburg; Six Flags America; ski lift tickets; Paramount Kings Dominion; Disney World; sporting events; Hershey Park and more.

"Also, there will be tickets available for New York City plays, May 12." Lockhart said. "These include the 'Phantom of the Opera,' \$110; 'Spamalot,' \$140; and 'Hairspray,' \$105. I am looking forward to going to one of the plays in May myself."

Coming in May, there will be a MWR Leisure Travel Fair, 11 a.m. to 1:30 p.m., May 10 at Top of the Bay.

For more information, contact the MWR Leisure Travel Services Office, 410-278-4011/4907, e-mail mwr_registration@apg.army.mil or visit the Web site, <http://www.apgmwr.com/travel.html>.

Machines handle resolution makers

The post recently received a shipment of updated exercise equipment for the sports enthusiasts who frequent the installation gyms and fitness centers.

The new exercise machines, which have been distributed among the gyms and fitness centers, consist of six upright bikes, eight elliptical trainers and nine recumbent bikes.

Jeff Pettitway, manager of the APG Athletic Center, said the machines are a welcome addition, especially now when, "New Year's resolutions are driving everybody into the gyms."

"It's always busy in January," Pettitway said, adding that during the lunch hour beginning around 11 a.m., "Every machine has a body on it."

He said that while the former machines were only five years old, constant use in public arenas, such as military gyms and fitness centers, ages them faster.

"Being more modern and easy to use is the best part," Pettitway said. "Customers don't want machines that they constantly need help to use. With these, they just come in, turn them on and go. They're just loving it."

The Athletic Center received PRECOR recumbent and athletic bikes and three ellipticals.

For more information, contact the APG Athletic Center, building 3300 at 410-278-7934; Hoyle Gym and Fitness Center, building E-4210 at 410-436-3375; or visit <http://www.apgmwr.com>.



From left, Staff Sgt. Jackie Andrews, Joint Personal Effects Depot, and Ray Stevenson, a contractor with the U.S. Army Aberdeen Test Center, spend their lunch hour working out on the new exercise equipment at the Aberdeen Athletic Center Jan. 18.

Activities

Winter leagues forming

Winter Bowling Leagues now forming. For more information, call the APG Bowling Center, 410-278-4041 or visit www.apgmwr.com.

PIE changes name to Family Information Network

The Exceptional Family Member Program support group Family Information Network, or FIN, will replace the Parent Information Exchange, or PIE. The FIN will meet 11:30 a.m. to 1 p.m., every second Wednesday dur-

ing winter months through April in building 2754 first floor conference room.

For more information, call 410-278-4240.

Women's Racquetball Clinic

Women ages 18 and over can register for the Racquetball Clinic by Feb. 1. The clinic will be held 5 to 7 p.m., Feb. 6 at the Aberdeen Athletic Center, building 3300 and 5 to 7 p.m., at the Edgewood Hoyle Gymnasium, building E-4210.

Cost is \$15 for military, \$25 for all others.

The clinic will provide hands-on training for women to become better racquetball players. Instruction will include rules of the game, proper stance, grip and hitting techniques. Court movement, positioning, balance, timing and safety also will be covered.

For more information or to register, call 410-278-4011/4907 or e-mail mwr_registration@apg.army.mil.

Basic plumbing class

This course will teach participants how to make plumbing repairs at their home or business, including how to repair

pipes and stop leaks, what steps to take in emergency situations, and when to look for warning signs and why.

Classes are for adults ages 18 and over and will be held 6 to 7 p.m., Wednesdays, Feb. 7 through 28, in the Aberdeen Recreation Center, building 3326.

SKIES Unlimited

For more information and registration for all SKIES Unlimited programs, call Central Registration. An additional \$18 Central Registration Fee will apply if not already enrolled in the Child and Youth Services Program.

For more information or to make an appointment to register, call 410-278-7479/7571.

Child and Youth Services

There are immediate full day openings for 3-and 4-year olds at the Aberdeen Area Child Development Center. All active duty military and activated reservists, DOD civilians assigned to APG and contractors assigned to APG are eligible for services. The center is open daily, 6:15 a.m. to 5:30 p.m.

For more information, call Central Registration, 410-278-7571.

Ballroom Dancing

Learn to dance like Fred and Ginger. Ballroom dancing for ages 18 and older will be taught 6 to 7:30 p.m., Feb. 5 through March 5, in the Recreation Center ballroom, building 3326. No class will be held Feb. 19.

Instructional classes will teach both the beginner and intermediate students to master the basic steps and sequences required for performing the dance routines in the program.

The cost is \$60 per person or \$100 per couple. Register by Feb. 1.

Learn to salsa

Salsa Dancing lessons will be held 7:30 to 8:30 p.m., from Feb. 6 through 21, Mondays at the Recreation Center's ballroom, building 3326. Salsa is the blend of essentially Cuban and Puerto Rican dance music. Learn the fast-paced Latin dances which are popular today. These high-energy movements are perfect for the styles in use at most of the clubs in the surrounding area.

Learn to Cha Cha and Salsa

Cha Cha and Salsa dance lessons for ages 18 and older will be held 7:30 to 8:30 p.m.,

Feb. 5 through March 5, at the Recreation Center ballroom, building 3326. No class will be held Feb. 19.

Step to the beat of these fast-paced modern dances. Learn the transitional movements required to master the various dance routines and sets.

Cost is \$40 per person or \$70 for couples. Register by Feb. 1.

MWR Registration, Tickets and Leisure Travel is located in building 3326. They may be contacted at 410-278-4011/4907, by e-mail at mwr_registration@apg.army.mil or on the Web site, www.apgmwr.com.

Trip to Myrtle Beach

The Civilian Welfare Fund will sponsor a trip to Myrtle Beach, April 9 through 13. The price per person based on single occupancy is \$589; cost for double-occupancy is \$489; triple-occupancy costs \$469; and quad-occupancy costs \$459. Package includes motor coach transportation, lodging at the Sea Mist Resort, a guided tour of historic Charleston, Barefoot Landing, a visit to Broadway at the Beach, a performance at the Carolina Opry, four breakfasts, four dinners, plus all gratuities. Reservations will be accepted until all seats are full.

For more information or for reservations, call Angela Keithley, 410-278-4603/4771.

Tour the highlights of Harlem, N.Y.

Take the Soul of the City Tour in Harlem, N.Y. Feb. 17. Learn about Harlem and its start as a rural Dutch community, the transformation into a summer retreat for New York's most prominent families and how it became a mecca for African American writers and artists at the turn of the century. See famous sights and landmarks and enjoy a soul food lunch at "Sylvia's," the queen of soul food.

Cost is \$90 per person and includes roundtrip transportation, tour and lunch. The bus will depart 7:50 a.m. and return approximately 9 p.m. Register by Feb. 3.

NASCAR tickets for the Nextel Daytona 500

NASCAR tickets for the first 2007 NEXTEL Cup event, Feb. 17 and 18 are now available. Save over \$45 on a two-day ticket to the 49th Daytona 500 and the Daytona 300 NASCAR Busch Series race - just \$115. Pre-race/Nextel Fanzone passes are available for just \$75. Last day to purchase tickets is Feb. 2.

SCHOOL LIAISON

Parent notification of school delay/cancellation due to weather

Harford County Public Schools will notify parents of any school delay/cancellation due to snow or hazardous weather using the Alert Now System (automated phone messaging.)

All parents will receive phone calls at 5:45 a.m. on the morning of the school delay or cancellation. Parents should be sure that the schools have up-to-date phone numbers.

Traditional media outlets (TV, radio) will

remain in effect as well.

If using the Internet, visit www.schools-out.com to get emergency information or other important school system information.

Families can also arrange to have emergency information sent directly to their e-mail addresses. For a small fee, the group will send emergency notifications directly to a cell phone.

MCEC looking for youth artwork

Military Child Education Coalition

All military-connected children, kindergarten through high school, are requested to submit artwork, film and writing to be featured in art exhibits at the Military Child Education Coalition 2007 Annual Conference in Kansas City.

Art may also appear in the conference program, annual calendar, MCEC's On the Move Magazine or other MCEC publications.

Artwork should be 8 1/2 inch by 11 inch or smaller, and may be in color or black and white, in the medium of student's choice.

Film will be considered for the "Reel Military" Youth Film and Video Festival, July 13 at the same conference.

Rules and regulations and an official entry form may be downloaded from www.MilitaryChild.org.

Writing

Poetry and essays that are selected will be published in the MCEC 2007 Touching the Hearts of Children Anthology, and may also be considered for the 2007 Annual MCEC conference program, as well as other publications such as MCEC's On the Move quarterly magazine or annual calendar.

Themes preferred, but not limited to:

- Patriotism
- Pride in dad and/or mom
- Pride in being a military child
- Future Plans
- Transitions, Moving, Deployment
- Connections with people
- Core values
- Your community or school
- Helping others
- Resilience
- Family experiences, traditions, cultural experiences or adventures

A completed permission form will be required for consideration of submission in

any category. If a piece of artwork is selected for use, information provided by the student will be used for notification. Be sure to include name, grade, teacher's name, school name, parent's name, and phone number, mailing address with city, state/country and zip code.

Parents are asked to update the MCEC if contact information changes. Submissions will not be returned, so do not send an only copy.

All submissions are due no later than Feb. 1. Entrees should be original, unpublished work.

Mail submissions to Military Child Education Coalition, 108 East FM, 2510 Suite D, Harker Heights, TX 76548.

For more information call APG School Liaison Eileen Campbell, 410 278-2857 or MCEC directly, 254 953-1923.

Sample submission: A Military Life

There are many kinds of children in the world,

Some who stay in one place their whole life.

Then there are those who move every year to A new place and season.

And have to meet new friends and say Good-bye to others.

A military child in many states like: Texas, Virginia, Louisiana, Hawaii.

Leaving friends behind.

After nine years of moving as a military child,

Never wanting to say a real good-bye

Because someone is always there for you

Not having to say good-bye in any season.

Is being a child with friends always with you.

Experiencing the whole world as a military child.

Keyanah
Randolph Elementary School, Texas

Amateur Boxing Night

Morale, Welfare and Recreation will host Amateur Boxing Night, 6 p.m., March 3 at Hoyle Gymnasium, 143rd vs. 16th. Doors open 5 p.m. Tickets cost \$5 for active duty military, \$10 for civilians and \$20 for front row seating. Admission is free for children six years of age and younger.

Purchase tickets at MWR Leisure Travel and Tickets, building 3326, 410-278-4011/4907 or at Hoyle Gym and Fitness Center, building E-4210, 410-436-7134.

APG Bowling Center Snack Bar specials

Building 2342

Week of Jan. 22

Special #1: Double cheeseburger with bacon, French fries, one cookie and soda for \$6.95.

Special #2: Italian sausage with green peppers and onions in a marinara sauce on hot dog bun, potato chips, one cookie and soda for \$5.65.

Week of Jan. 29

Special #1: Tuna sub (choice of mayonnaise, lettuce, tomato, pickles and onions) one cookie and soda for \$5.45.

Special #2: Chicken tender wrap with lettuce, tomato, mozzarella cheese and ranch dressing, potato chips, one cookie and soda for \$4.45.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.





Your health is KUSAHC's goal



Army takes proactive strides to manage combat stress

Story by
CHRISTA B. THOMAS
Army News Service

When Sgt. Dartagnan Baker returned to Oahu in 2005 from his first deployment to Iraq, he remembered the unforgiving traffic on H-1, but he now finds it to be overwhelming and startling.

"Nobody likes traffic. But now I hate it," said Baker, who was deployed with 2nd Battalion, 11th Field Artillery Regiment. "Once, when my wife was driving on H-1, I had to roll the windows down because the congestion was making me nervous."

Baker's response, like that of many Soldiers who have experienced long, perhaps violent tours of duty, is a symptom of combat stress.

Combat stress is any type of mental stress or mental strain from being in combat, according to Dr. (Capt.) Aika Gumboc, officer in charge of Schofield's Soldier Assistance Center.

"There may be depression, anxiety or exhaustion from the high-tempo environment, yet such strain does not meet the parameters of a full-blown diagnosis of post-traumatic stress disorder, which is a clinical diagnosis."

Stress is a natural, universal human experience. Combat stress, once known as battle fatigue or shell shock, is also natural. It is the result of the heavy mental and emotional work required to face danger in combat conditions.

Combat situations may be so severe or so prolonged that a person may continue to be on "high-alert" long after the event, creating a wide range of reactions that vary by Soldier.

"In combat, Soldiers must think and act quickly," Gumboc said. "Family or fellow Soldiers might notice extreme reactions to small stressors that, prior to deployment, would not have bothered them in the least."

The stress reactions may be physical (difficulty sleeping), mental (inability to concentrate, nightmares or flashbacks) or emotional (irritability, anger or depression).

Most Soldiers returning home grapple briefly with readjustment or experience mild stress symptoms, then move on. Some are plagued by subliminal reminders - sights, smells, sounds - that may trigger stress reactions for months, even years, after.

"Sometimes at night, the sounds of heavy trucks passing by my house would give me a sort of flashback," admitted Baker. "After being back home for a while, things don't bother me as much anymore."

"In combat, Soldiers are highly accountable for equipment and their fellow Soldiers," Gumboc said. "When they get home, family members might find that their Soldier has become hyper-protective of their things."

Every Soldier has a limit and is at risk of experiencing combat stress.

"Combat stress affects all Soldiers and in no way should be viewed as a negative or weakness," explained Chaplain (Lt. Col.) Kenneth W. Stice, 25th Infantry Division chaplain. "It is not weakness; it's human nature and that's okay. There is no shame in being human and having to sort through the emotions that we all share."

"We are not weak. U.S. Army Soldiers are very capable and resilient," Stice asserted, continuing, "We are also human and should expect to have normal emotional reactions to abnormal events."

Stice said he would be more concerned about the Soldier who claims to have not been affected at all.

"That's a sure sign that you were, and just don't recognize it," he said.

Though a Soldier may not serve on the front line, he or she is just as likely to have stress reactions.

The Army Medical Department cautions family members that combat stress reactions can be caused by non-violent pressures like loneliness, boredom and discomfort during extended service in isolated, unpleasant places.

AMEDD also acknowledges that combat stress is better prevented than cured. Leaders are encouraged to correct controllable stressors "in the unit or on the home front," so the Soldier can "face the unavoidable pressures of battle without other issues on their minds."

"Soldiers need to have the comfort of knowing that their family is being taken care of, and they [need to] know whom they can turn to in times of need," Stice said.

Changing attitudes



Photo by SGT. ARMANDO L. MONROIG, 5TH MOBILE PUBLIC AFFAIRS DETACHMENT, TIKRIT Staff Sgt. Sam Fulton, squad leader, 1st Squad, 128th Military Police Company out of Huntsville, Ala., and a native of Athens, Ala., hides behind sand bags on the roof of a building at the Joint Coordination Cell in Muqadadiya, Iraq, Nov. 21. Fulton was searching for sniper positions in the buildings across the street.

Soldiers may be reluctant to seek help with stress reactions for fear of shame or loss of credibility. However, attitudes within the Army about getting help have changed dramatically.

One of the Army's more proactive approaches to managing combat stress reactions down-range are critical-event debriefings.

Stice said certain events occur that require leadership to seek out affected Soldiers.

"A traumatic event, for instance - loss of a service member, a serious injury, friendly-fire accidents or mass casualties - will trigger a critical-event debriefing within 36 hours," Stice added. "This debriefing keeps the unit healthy."

Further, each unit, down to the battalion level, is assigned a chaplain and an assistant.

"As a chaplain, one of our tasks is to be a calming presence and deal with the Soldiers who are 'stunned,'" Stice said. "A Soldier may

have to retrieve bodies from the fields, retrieve only body parts, or retrieve the bodies of children and women. We help guide them through the normal chain of emotions."

Gumboc affirmed that now more than any other time in the Army's history, Soldiers and leaders are more in tune with the importance of mental health.

"We have more resources available at home and in the theater of operations than ever before," she said. "I am very proud of what we provide our Soldiers."

"The emphasis is on getting Soldiers the health care they need and deserve, and eroding the stigma associated with getting help," she said. "The Soldier's chain of command is only notified if the safety of the Soldier or others is in jeopardy, or laws have been violated. It's on a need-to-know basis," she stressed.

TRICARE explains maternity health care services

TRICARE Management Activity

(Note: The terms pregnancy, maternity and care before, during and after childbirth are used to describe the period of time when a woman first discovers she is pregnant through her six-week postpartum and well-baby checkup.)

If a patient is pregnant, she has many choices for receiving health care services before, during and after childbirth. These services and their associated costs are related to her beneficiary status, how close she lives to a military treatment facility and her choice of TRICARE program and provider.

Active duty members

If the patient is an active duty service member, she must receive maternity services at the local MTF. If the local MTF doesn't provide obstetric services, the patient's primary care physician may refer her to a civilian provider. As an active duty member, the patient does not have any cost shares or deductibles for maternity care.

If enrolled in TRICARE Prime Remote, the patient may deliver at a local civilian hospital that her regional contractor approves.

If separated from active duty, the patient may be eligible for maternity care under certain circumstances:

If voluntarily separated from active duty while pregnant, the patient and their family members are no longer eligible for TRICARE. Patient may apply for transitional medical coverage under the Continued Health Care Benefit, a premium-based health care program, within 60 days following loss of entitlement in the military health care system. If the patient is an active duty member who separates because of a pregnancy, she may request space-available maternity care in an MTF that has obstetric capability. However, TRICARE will not provide civilian maternity care.

If the service member is involuntarily separated from active duty while themselves or a family member are pregnant, they may be eligible for health care benefits under the Transitional Assistance Management Program. If the service member participates in TRICARE Prime during the TAMP period, she needs to re-enroll in PRIME for the 180-day TAMP

period if desiring PRIME to continue. Service member may enroll in CHCBP when her TAMP period expires.

Active duty family members, retirees, their family members enrolled in prime at an MTF

A patient may receive maternity services at their local MTF when available. If the local MTF doesn't provide obstetric services, the primary care physician may refer the patient to a civilian provider. Some MTFs provide prenatal and postpartum care and use a local civilian hospital for childbirth. In either case, the patient should contact their primary care provider and regional contractor to get a referral and authorization.

If the patient is enrolled in TRICARE Prime and decides to dis-enroll to choose a doctor or midwife under TRICARE Standard, the patient should consider the following:

- Voluntary TRICARE Prime dis-enrollment may make member ineligible to re-enroll in TRICARE Prime for a 12-month period from the date of dis-enrollment. (This rule does not apply to active duty family members with sponsors E-4 and below).
- The availability of civilian obstetricians or other maternity care providers in the area. Because of rising malpractice insurance costs, many civilian obstetricians limit their practice to gynecology; others may not accept TRICARE Standard.

- The availability of pediatricians in the area.
- Find out if the patient's MTF provides space-available care. Most MTFs have resources to care for TRICARE Prime enrollees only.

If the patient is an active duty family member enrolled in TRICARE Prime Remote, she may deliver at a local civilian hospital that her regional contractor approves.

Active duty family members enrolled in TRICARE Prime or TRICARE Prime Remote with a civilian network PCM

If the patient is a TRICARE Prime enrollee in a civilian network or an active duty family member enrolled in TRICARE Prime Remote, she may work with her Primary Care Manager to obtain referrals to appropriate specialty care services and discuss delivery options. If the patient is a TRICARE Prime enrollee, the regional contractor will process and coordinate the referrals requiring authorizations.

Retirees and their family members enrolled in

TRICARE Prime with a civilian network PCM

If the patient is a TRICARE Prime enrollee, the regional contractor will process and coordinate referrals requiring authorizations.

TRICARE Prime point of service

If the patient is an active duty family member, retiree or retiree family member enrolled in TRICARE Prime, she may use the TRICARE Prime point-of-service option to get maternity care. This allows the patient to choose any TRICARE-authorized provider without a referral. However, if the point-of-service option is chosen, the patient will pay an annual \$300/individual or \$600/family deductible and a 50 percent cost share of TRICARE allowable charges. Under the point-of-service option, out-of-pocket costs don't count toward the patient's annual catastrophic cap. The annual catastrophic cap is \$1,000 for active duty family member and \$3,000 for retirees and retiree family members. Patients should carefully consider potential increased out-of-pocket costs before using this option.

TRICARE standard or extra beneficiaries

If the patient uses TRICARE Standard, she doesn't need a referral or authorization when she uses any TRICARE authorized provider for maternity care.

TRICARE Standard beneficiaries are subject to annual deductibles and pay cost-shares for each episode of care. Inpatient hospital costs vary, based on the length of stay and sponsor status.

TRICARE Extra goes into effect when the patient, as a Standard beneficiary, chooses to see a TRICARE network provider. Seeing a network provider means less out-of-pockets costs. The patient should contact her regional contractor to determine if TRICARE Extra providers are available in the area.

- Non-participating providers may bill the beneficiary up to an additional 15 percent of TRICARE allowable charges.

- This amount is updated each fiscal year.
- Under the point-of-service option, there is a 50 percent cost share and an outpatient deductible of \$300/individual and \$600/family.

For more information, contact the nearest TRICARE Service Center or the TRICARE Web site, www.tricare.mil. For more information see TRICARE Global Remote Overseas Fact Sheet.

TRICARE Prime Costs

Type of Service	Active Duty Family Members	Retirees and Their Family Members
Annual Fiscal Year Deductible (applicable to outpatient services)	\$0	\$0
Global Maternity Care Fee (if you deliver in hospital as inpatient)—includes prenatal care, inpatient professional services for delivery and postnatal care	\$0	\$0
Inpatient Professional Services for Newborn Care (not included in global maternity fee, such as pediatric services)	\$0 for active duty spouse; 100% if newborn's father is not an active duty or retiree sponsor.	\$11 per day; 100% if newborn's father is not an active duty or retiree sponsor.
Hospital Services for Inpatient Delivery	\$0	\$11 per day (\$25 minimum charge) for admission.
Newborn Cost-Share for Hospital Services	\$0 for active duty spouse; 100% if newborn's father is not an active duty or retiree sponsor.	\$11 per day (\$25 minimum charge) for each newborn inpatient day billed; or 100% if newborn's father is not an active duty or retiree sponsor.
Professional Services Fee (if you choose to deliver at home or as an Outpatient)	\$0 for mother; 100% if newborn's father is not an active duty or retiree sponsor.	\$12 per visit for mother; 100% if newborn's father is not an active duty or retiree sponsor.
Prenatal Care, Outpatient Delivery and Postnatal Care Provided by TRICARE-Authorized Birthing Center (All Inclusive Rate); or, Maternity Care Ending in Childbirth in Hospital-Based Outpatient Birthing Room	\$0	\$25 per day

TRICARE, DMDC offer help to beneficiaries with Medicare prescription plan

U.S. DoD Military Health System

Some TRICARE beneficiaries who have tried to use their TRICARE prescription plan have been surprised to learn that they are enrolled in a Medicare Part D prescription drug plan. The Department of Defense has established a place for beneficiaries in this position to get their questions answered.

In 2006, the Centers for Medicare and Medicaid Services started automatically enrolling some TRICARE beneficiaries in a Medicare Part D prescription drug plan. According to federal law, the TRICARE pharmacy benefit is considered a secondary payer to a Medicare Part D prescription drug plan. Therefore, TRICARE has

established payment rules with their claims processor to ensure compliance with federal law.

The TRICARE Management Activity, the Defense Manpower Data Center and CMS understand the frustrations some beneficiaries encounter with Medicare Part D enrollment and the use of their TRICARE benefit. These agencies have jointly developed a customer-focused process for beneficiaries to resolve Medicare Part D and TRICARE coverage issues, and obtain their prescriptions quickly.

If a TRICARE beneficiary is denied prescription coverage due to Medicare Part D enrollment and believes that he or she is not enrolled in Medicare Part D, or have disenrolled

from Medicare Part D, the beneficiary should contact Express Scripts at 1-866-363-8779. The Express Scripts customer service representative will ask for the beneficiary's permission to access Medicare Part D coverage information from CMS and determine whether the beneficiary is currently in a Part D plan. If CMS records show no Part D coverage, DMDC will update the beneficiary's Defense Enrollment Eligibility Reporting System information in one business day. Additionally, a representative from DMDC will contact the beneficiary to confirm the record correction.

If Express Scripts discovers that CMS shows the beneficiary having Medicare Part D cover-

age, they will advise the beneficiary how to obtain confirmation of disenrollment or cancellation from Medicare Part D, and how to forward the disenrollment or cancellation information to DMDC to update the beneficiary's DEERS record. Once DMDC receives this documentation, a customer service representative will update the DEERS records and telephone the beneficiary to confirm the correction.

To view current Medicare Part D enrollment status on the Medicare Web site, beneficiaries may go to www.medicare.gov, select the Medicare Prescription Drug Plan Finder option, "Check Current Enrollment" option, then select "View Your Current Plan" and follow the instructions.

ATC annual awards recognize 56 employees

Story by
SUSAN HAGAN
ATC

The U.S. Army Aberdeen Test Center recognized 56 government, contractor and military personnel during their Annual Awards Ceremony at the post theater Nov. 17.

A total of 249 employees were nominated for the various awards.

"For every person nominated, there were probably a dozen other people that could have been nominated," said Col. John Rooney, ATC commander. "We have an outstanding workforce."

The first presentation was the 2006 Army Acquisition Excellence Award for Information Enabled Army. The award was originally presented to the U.S. Army Test and Evaluation Command Tactical Wheeled Vehicle Instrumentation Team at the 2006 U.S. Army Acquisition Corps Awards Ceremony. Members of the team are Martin Bindel, David Kronick, Steven Vest and Robert Yokubinas from ATC; David Zupko and Capt. Michael Lind from the Developmental Test Command; and Claudia Wood from Yuma Proving Ground. The team was responsible for the development, implementation and successful data acquisition effort of a fleet of tactical wheeled vehicles operating in line-haul missions in Iraq.

The Commander's Quality Award, presented to an ATC work group or team for sustained high quality achievements, was awarded to the High-Speed Ballistics Data Acquisition System Team consisting of Michael Dean, Dr. Lee Francis, Corey Himes, Dustin Houseman, Jeremy Sprout and Gary Uhlund. The team researched, planned, designed, developed, and fielded a new high-speed ballistic data acquisition system. The new system is faster, has more memory, increased dynamic range and is smaller in size than the previous system. ATC now have the most advanced, easily configurable ballistics instrumentation suites in existence.

The Groak Award, awarded to Anthony Tucker, recognizes the efforts of wage-grade personnel whose duties involve providing the various types of supporting efforts, without which the ATC technical mission would not be accomplished. As the premier knowledge source for setting up the equipment for tactical communications within ATC, Tucker was instrumental in showing the initial interoperability between live current force and simulated Future Combat Systems tactical communications.

The Crozier Award, presented to a Soldier for excellence in technical test project management and support, was awarded to Sgt. 1st Class Richard Morgan, ATC's Noncommissioned Officer in Charge. Just a few of Morgan's accomplishments include support to the Joint Mask Leakage Tester and the Joint Chemical Agent Detector test, establishing and managing Soldier Readiness Programs at ATC and implementing a training calendar.

The Fritter Award for exceptional contributions by employees whose jobs give administrative support to ATC, including administrative, clerical, supply, safety, security, environmental, analytical, information management and resource management personnel was awarded to Phyllis Sowis. She demonstrated exemplary performance in preparation for and implementation of DTC's new cost tracking system. She was actively involved in the development of that process beginning in fiscal year 2004 with a Process Action Team that continued through 2005, requiring analysis of return on investment of test facilities, in addition to labor and non-labor cost analysis.

The Nichols Award, presented to Brian Gatewood, recognizes the efforts of ATC technicians without whom the ATC technical mission could not be accomplished. Gatewood supervises, oversees and executes all of the Ballistics Instrumentation Division instrumentation efforts carried out on a major test range and is responsible for the maintenance and operation of the Countdown Automated Procedure System. He supported improvised



A Stryker Mobile Gun System fires its 105-mm cannon at ATC's Trench Warfare 1 Firing Pad. The Mobile Gun System Data Collection Team was awarded the ADST Excellence in Data Collection Award at the ATC Annual Awards Ceremony on Nov. 17.

Photo by ERIKA JORDAN

explosive device testing of different hardened High Mobility Multipurpose Wheeled Vehicles and other vehicles and in preparing to execute the Stryker Live Fire Test.

The Jim Fasig Award, newly established in 2006, recognizes the contributions of an individual or group of individuals, who through their visionary efforts and innovative ideas, contribute to the overall technological advancement of ATC. It was presented to the Aberdeen Common Control Node Initial Operating Capability Team comprised of Dustin Chapman, James Feight, Jacob Rubenstein, Michelle Sauserman, and from Aberdeen Test Support Services, Brian Blanchard, David Bruno, Jonathan Buck, Adam Kukucka, Kevin Mayhew, Mark Miller Jr. and Ariel Sherman. The CCN amplifies ATC capabilities by providing a way to collect, combine and collaborate testing between ATC test ranges, industry's development sites and other government testing and training installations.

The Technical Director's Award, which recognizes authors within ATC for outstanding technical papers or reports pertinent to the test and evaluation mission, was awarded to William Roush. He developed the test plan, safety plan and instrumentation design that resulted in capturing all required data and blast overpressure for the 155-mm warhead, an IED commonly used in Iraq. This was the largest and most complex arena test conducted at ATC, and the test report proved extremely useful in developing measures to protect troops from this type of IED.

The Commander's Award, presented to Jacob Rubenstein, is awarded for outstanding individual achievement on a technical project or study resulting in significant advances in testing technology or outstanding project management. Rubenstein has supported the build-up of ATC's distributed testing infrastructure as the program manager for the Distributed Test Control Center and the CCN building renovations.

The Individual Safety Award, recognizing performance that sets an example to fellow employees by continually demonstrating safe work habits and an excellent attitude towards safety, or employee performance of specific action(s) that created safe working conditions and enhanced the safety environment in the workplace, was awarded to Harry Poynter. During setup for a test, Poynter noticed a pleasure boater that had inadvertently entered the danger area and immediately informed the test director. The boat was cleared from the area without incident.

The Group Safety Award, presented to the Range Operations Division, recognizes performance by a group of ATC employees that have demonstrated continuous, outstanding, and significant contributions to the safety program by

providing personnel with safety training, hazard identification and abatement, accident protection efforts and improvements in the occupational health environment of the workplace. The division, made up of Roy Cole, Brian Connell, Randall Drennen, Maynard Geisler, Norman Gordner Jr., Jerry Gwaltney, R. Ray Ward, and from ATSS, Jason Eycler, Benjamin Gallardy and Todd Hipsley, facilitates the daily safe and efficient utilization of the 57,000 acre range complex. They control as many as 60 different operations a day, including inherently high-risk explosives operations.

During the ceremony, ATC's mission support contracts, ATSS and Aberdeen Data Services Team also recognized some of their employees with awards.

"Our contractor workforce provides a valuable contribution to the ATC mission," Rooney said.

The ATSS Excellence in Test Support Award for an Individual, the ATSS Excellence in Test Execution Award for a Group and the ATSS Excellence in Test Support Award for a Group are all awarded for providing a high level of dedication leading to outstanding productivity, quality and safety; excellence in technical and/or skill aspects of service provided; a positive attitude and superior level of team support with coworkers, ATC and ATC's customers; and a role model for integrity and dedication to company rules and ATC regulations and procedures.

The ATSS Excellence in Test Support Award for an Individual was awarded to Joseph Graves. Graves is recognized for his support of the Advanced On Board Data Acquisition System. He is the ATSS high producing technician at the lab conducting installation and set up of the majority of performance operations including instrumentation, acceleration, braking, steering and handling and fuel consumption.

The ATSS Excellence in Test Execution Award for a Group was awarded to the Commercial Aircraft Hardening Test Program Support Team: Cesar Lopez and Keith Miles. Their efforts have ensured the success of critical test programs determining vulnerability of commercial aircraft to terrorist explosive attacks. Their efforts also assisted the Department of Homeland Security in the development and evaluation of methods and technologies designed to mitigate damage and loss of life from such attacks.

The ATSS Excellence in Test Support Award for a Group was awarded to the Building 501 Warehouse Team consisting of Diane Adkins, Charles Beard, Bobby Lane, Donald Soto, Grant Sullivan, Paul Thorton and Booker Welsh. In FY 06, the team prepared the paperwork for more than 5,500 items for turn-in, executed receiving, issuing and delivering of over 5,500 items, and collected, researched and processed

for turn-in 4,771 class IX items and 2157 Non-Expendable Property Book Equipment items. They also escorted 78 loads of fuel totaling 133,000 gallons of fuel to 20 fuel sites.

The ATSS Hindman Driving Excellence Award was presented to Danny Springer. This award is presented to an ATSS heavy truck driver that epitomizes the values and contributions portrayed by Michael Hindman who provided outstanding support on every test, regardless of weather, equipment type, duration of test, and complexity of test; always maintaining a high energy level that infects the morale of others; consistently displaying the "It's On!" attitude that associated Hindman's name with excellence; innovative and proactive when assigned to any mission; and an outstanding safety record with no safety mishaps and advocates safety interest within the driver community. Springer is always willing to help his co-workers and ensures that he completes his mission safely and in a timely fashion. He is very proficient on the vehicles that he is assigned and is an advocate of Preventive Maintenance Checks and Services.

The ADST Excellence in Test Support Award, presented to an employee for providing exceptional contributions and a high level of dedication which has led to outstanding productivity, quality and safety, was awarded to Julie Atkinson. She has gone above and beyond her responsibilities in ensuring all support is given with the highest standards and provided a superior level of team support with co-workers, ATC and ATC's customers, according to the justification.

The ADST Excellence in Data Collection Award, presented to a group of data collectors who exhibit exceptional support, dedication, professionalism, and outstanding levels of technical skills, was awarded to the Mobile Gun System Data Collection team of Julie Atkinson, Marquita Boyer, Christine Buchanan, Natalie Hampshire, Wendy Jones, Courtney Keithley, Susan Knopp, Kimberley Schillforth and Allison Shirik. This group's support to ATC and ADST is an indication of their professionalism and the pride they take in performing their mission.

The ADST Administrative Support Excellence Award, presented to Reid Hopper, was awarded for providing exceptional administrative support services to ATC's Directorates and Divisions during the period of July 2005 through August 2006. Hopper is highly dedicated, which has led to outstanding productivity, quality and safety. He is a role model for integrity and dedication while showing a positive attitude and excellent communication skills.

Rooney concluded the ceremony by once again congratulating all of the winners and nominees for a job well done.



Channel 21 features Pentagon Channel programming

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

Monday

ATS Reloaded, 5:30 a.m.
American Veteran, 9:30 a.m.
Army Newswatch, 11 a.m.
Freedom Journal Iraq, 1 p.m.
Around the Services, 5:30 p.m.
Focus on the Force, 10 p.m.

Tuesday

Around the Services, 8 a.m. and 8 p.m.
RECON, 11 a.m.
Focus on the Force, 1 p.m.
Army Newswatch, 3 p.m.
Freedom Journal Iraq, 4 p.m.
Army Newswatch, 7 p.m.

Wednesday

Around the Services, 8 a.m., 8 p.m.
Army Newswatch, 9:30 a.m. and

9:30 p.m.

American Veteran, 1 p.m.
Freedom Journal Iraq, 2 p.m.
Around the Services, 3:30 p.m.
Focus on the Force, 6:30 p.m.

Thursday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9 a.m. and 9 p.m.
Freedom Journal Iraq, Noon
Focus on the Force, 1 p.m.
Around the Services, 3:30 p.m.
American Veteran, 5 p.m.

Friday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 10:30 a.m.
RECON, Noon
American Veteran, 2:30 p.m.
Freedom Journal Iraq, 4 p.m.
Focus on the Force, 6:30 p.m.
ATS Reloaded, 7 p.m.

Saturday

Around the Services, 5:30 a.m.
News Reel Anaconda, 7:30 a.m.
American Veteran, 1:30 p.m.
ATS Reloaded, 5:30 p.m.
Battleground, 7 p.m.
RECON, 8 p.m.

Sunday

ATS Reloaded, 5:30 a.m., 9:30 p.m.
Freedom Journal Iraq, 10:30 a.m. & 4:30 p.m.
Today's Military, 1 p.m.
Around the Service, 7:30 p.m.

Army Newswatch - Bi-weekly report on the men and women of the Army

Around the Services - From the Pentagon Channel News Center, daily half-hour program featuring military news from top defense officials and the military services from around the world

RECON - A monthly information television program providing

an in-depth look at a variety of topics, highlighting the accomplishments of U.S. Military men and women.

Your Corps - Monthly view of the men and women of the Marine Corps

Freedom Journal Iraq - A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq

Navy Marine Corp News - A weekly look at the men and women of today's sea service.

Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the United States Air Force

The American Veteran - A

half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service

Battleground - Every weekend, this series features historic films from WWII, Korean War, and the Vietnam War. A Pentagon Channel Original Series

Focus on the Force - A weekly program highlighting missions, operations and people of the U.S. military.

Inside Afghanistan - Presents the latest from Operation Enduring Freedom, showing the activities of American Troops in country.

ATS Reloaded - ATS-Reloaded revisits the best of the week and keeps you updated on information that's important to you.