

POST SHORTS

Recycling schedule



The residential and recycling pickup schedule for Oct. 4, is plastic, glass and metal. Put items in blue bags and place them on the curb.

RAB meeting scheduled tonight

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m., Sept. 28, at the Edgewood Senior Center on Gateway Road. The topic of the meeting will be an update on the Westwood Study Area.

Board meetings are open to the public; all APG employees and citizens are invited. For more information, call the Information Line at 410-272-8842 or 800-APG-9998.

Domestic Violence exhibit comes to APG

The Army Community Service Family Advocacy Program invites everyone to the unveiling of an exhibit, "Living With the Enemy," presenting the chronicles of domestic violence on the nation's men, women and children Oct. 3 at the Mezzanine Room, Top of the Bay.

Guest speaker and award-winning photojournalist Donna Ferrato will speak on her exhibit 1 to 2 p.m. and will be available to the public until 5 p.m. Additional viewing of the exhibit will be 9 a.m. to 5 p.m., Oct. 4 and 5, and 9 to 11 a.m., Oct. 6.

RSVP by Sept. 29. For more information or to RSVP, call 410-278-7478 or 410-278-2435.

New 'Grab and Go' lunch at Top of the Bay

The Top of the Bay has a new "Grab and Go" line. The menu includes pre-made daily garden and chef salads, turkey and Swiss wrap, ham and cheese wrap and a roast beef wrap. There will also be bags of chips, pretzels and cookies for sale.

Blue Cross/Shield visits APG

The APG Advisory Center has made arrangements for a claim representative of the Service Benefit Plan Blue Cross/Blue Shield to visit Tuesday, Oct 3.

The representative will

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Warrior Brotherhood Veterans Motorcycle Club brings 'blasting thunder' to APG

Story by
HEATHER TASSMER
APG News

Usually when one hears blasting thunder, it signifies a less than pleasant experience, like the sound of a storm. But on Sept. 16, the Warrior Brotherhood Veterans Motorcycle Club brought the sound of 'blasting thunder' along with an explosion of emotion with them to Aberdeen Proving Ground.

Members of Harford County's Warrior Brotherhood along with the Military Veterans Motorcycle Club, Chosen Sons Motorcycle Club, Lynx Motorcycle Club and the Harford and Cecil County Chapter of Harley Davidson Owners Group rode from their gathering point in Edgewood to APG to talk to and have lunch with the Soldiers of the 61st Ordnance Battalion.

Eighty-three riders visited the ordnance Soldiers that day, according to retired Command Sgt. Maj. Fred Posadas, who coordinated the ride.

He said the riders were happy to come out despite rainy conditions.

"We all wanted them to know how proud we are of the sacrifices they are making to preserve freedom for people everywhere," Posadas said.

The troops would be going through training for three more weeks before being deployed.

To welcome the riders, about 500 Soldiers lined both sides of the street forming a "wall of freedom," according to club member Mary Beth Roberts.



Photos by Retired SGT. 1ST CLASS GEORGE E. MARTIN
From left to right, Timothy Timmons, Dave Clark, Tyler Baldwin and Dave Hardy lead the Warrior Brotherhood Veterans Motorcycle Club and other clubs from Harford and Cecil counties to visit with Soldiers from the 61st Ordnance Battalion at APG on Sept. 16.

One of the riders was carrying the American flag, Posadas said, which really brought whooping screams from the Soldiers when they saw it.

After the Soldiers' shouting quieted down, the riders revved up their engines, which they called "blasting thunder."

This brought even louder shouts from the Soldiers, Posadas said.

He said it was a very emotional experience. The riders are used to visit-

ing veterans at Perry Point Veterans Hospital, but this was the first time they had come to visit the young Soldiers.

"We wanted to boost the Soldiers' morale," Posadas said.

John Bloss, president of Warrior Brotherhood, also reflected on the visit.

"Everybody had tears in their eyes," Bloss said. "We saw young men and women sacrificing their time to serve our country and it was so amazing."

Dawn Metz, another rider echoed Bloss' comment.

"It was very eye opening when you see the Soldiers and they're so young," Metz said. "One [Soldier] named Cobb had just turned 18. My husband was the same age when he went to the Persian Gulf. That is what got me the most."

She is the wife of Sgt. 1st Class Eric Metz who is part of the 16th Ordnance

See **THUNDER**, page 13

My Biz - Civilians get new tool to manage personnel records

CPAC

Designed for employees, My Biz is an exciting new Self-Service Human Resources module.

My Biz brings information from an employee's Official personnel records to their workstation secure, real-time and on-line - providing the option to update personal information and keeping informed about their personnel information.

Use My Biz to access and view information about an appointment, position, personal,

salary, benefits, awards and bonuses and performance.

My Biz can also be used to update telephone numbers and e-mail addresses, disability codes, race and national origin (ethnicity and race identification) and foreign language proficiency.

My Biz brings an employee their own personal information so they can be an important part of maintaining it.

For more information about how to access My Biz, visit the CPAC Web site, <http://www.apg.army.mil/epac/index.html>.

RDECOM sweeps the 2006 Research and Development Laboratory of the Year awards

Story by
TRINACE JOHNSON
RDECOM

The 2006 Research and Development Laboratory of the Year competition award winners were announced Sept. 14 by the Department of the Army with four U.S. Army Research, Development and Engineering Command organizations capturing top spots winning or partnering in every award given.

This year a total of 12 Army laboratories and two collaboration teams competed in the areas of research and development efforts, Warfighter focus, support of Soldiers in the Global War on Terrorism and Homeland Security.

Assistant Secretary of the Army Acquisition, Logistics and Technology announced the following winners:

- Large Research Laboratory: Army Research Laboratory
- Large Development Laboratory: Armament Research, Development and Engineering Center
- Small Development Laboratory: Natick Soldier Center
- The two Collaboration Award winners were:
 - ARL & Tank Automotive Research Development and Engineering Center, for Powder Panel for Fuel Tank Protection
 - Natick Soldier Center & Army Research Institute of Environmental Medicine, for Nutritionally Optimized First Strike Rations

"I am extremely proud of the dedicated efforts put forth



Illustration by RDECOM

by the labs and centers," said Maj. Gen. Rodger A. Nadeau, commander RDECOM. "This is a great accomplishment, not just for RDECOM, but for the Soldiers who will benefit from the level of technology put out by our remarkably talented workforce."

"I know that the winners of the RDL of the Year Awards worked exceptionally hard for their accomplishments and we are very proud of their efforts," said David J. Shaffer, deputy to the commander, RDECOM. "This is more than a win for them; this is a win for Soldiers."

The RDL Awards Program was established in 1975 to honor Army research and development labs that have made outstanding contributions in science and technology, providing the Army's Warfighters with the best capabilities in the world. The RDL awards recognize labs for their outstanding contributions and their impact on enhancing

the capability of Army operational forces worldwide.

"The achievements of our centers and laboratories should demonstrate to Soldiers the robust commitment of this command and its continuous efforts in providing Soldiers the technology needed to defeat the enemy," said RDECOM Command Sgt. Maj. Eloy Alcivar.

RDECOM manages more than 17,000 military, civilians and direct contractors; with a multi-billion dollar annual budget; eight Labs, Research, Development and Engineering centers and nine International Technology centers around the globe.

For more information about RDECOM, visit www.rdecom.army.mil.

For more information about each submission, contact the individual public affairs offices: ARL, 301-394-1178; ARDEC, 973-724-7243; NSC, 508-233-5340; or TARDEC, 586-770-3438.

CFC offers incentives

Story by
MICHAEL E. GRAZIANO
APG CFC

Aberdeen Proving Ground will conduct the 2006 Combined Federal Campaign Oct. 1 to Dec. 15. The installation goal is to receive \$375,000 in donations.

Department of Defense employees can make donations by check, cash or payroll deduction. Retirees, contractors and individuals from outside the installation may donate to CFC by cash or check only.

This year's donation incentives are different from previous years. Those who donate \$2,000 or more at the Gold Plus Leadership Level will receive a CFC Medallion and a Revolving Crystal Globe. The globe, which is mounted on a pedestal, is etched with the world continents. Donors of \$1,000 to \$1,999, at the Gold Level, will receive the revolving Crystal Globe.

At the Silver Level, \$500 to \$999, donors will receive a lunch cooler with shoulder strap emblazoned with CFC logo and Bronze Level donors, at \$100 to \$499, will receive a deluxe pen emblazoned with the CFC logo.

Married couples can combine their donations to receive

See **CFC**, page 3

Retiree Day set for October 21

Story by
YVONNE JOHNSON
APG News

Retiree Appreciation Day will be held 8 a.m., Oct. 21 at the Aberdeen Recreation Center.

The annual day is an important informational event during which retirees are brought up to date on changes in benefits they receive as a result of their service.

Guests can enjoy coffee and pastries and music by the 389th Army Band (AMC's Own) while taking in the displays from various installation organizations to include Kirk U.S. Army Health Clinic, Morale, Welfare and Recreation and the Directorate of Law Enforcement and Security as well as local and state Veterans Service Organizations.

The program will feature remarks from Col. John T. Wright, APG Garrison and deputy installation commander. Wright will discuss the "Commander's Initiative: Celebrating the 90th Anniversary of Aberdeen Proving Ground." This will be a 12- to 18-month celebration beginning in December 2006 and continuing into early 2008. There also will be an update on the status of the Base Realignment and Closure initiative.

A guest speaker from the National Association for Uniformed Services will update retirees on the latest changes in benefits, specifically Combat Related Special Compensation, and other programs including the latest tax benefits from the state of Maryland, and Veterans History Project coordinator Kathy Abey will give an overview of the project, which is an official project through the Library of Congress.

In addition, retirees and their family members can dine with Soldiers in the dining facility near the Recreation Center after the program.

Local community organizations offering benefits and programs to the military community are encouraged to participate.

For more information, or to make lunch reservations, call retired Col. Charles Shadle, chairman of the Military Retiree Council, 410-663-9263, or retired Command Sgt. Maj. Barry Decker, 410-272-6342.



Photo by SGT. 1ST CLASS TROY WEAVER

From left, Sgt. 1st Class Nathan Shay, Staff Sgt. Tracy Winegeart, Kelly Weaver of Davita Dialysis, Terri Oshiro, WRAMC Red Cross station manager, Lt. Col. Linwood Clark, commander of the 143rd Ordnance Battalion and Chief Warrant Officer 5 Dennis Walker load items onto a cart on the hospital ramp during the battalion's Patriot Day donation of thousands of dollars in donated goods for wounded service members on Sept. 11.

Battalion makes second delivery for hospitalized Soldiers

Story and by **YVONNE JOHNSON**
APG News

For the second time in two months, Soldiers from the 143rd Ordnance Battalion partnered with the Davita Dialysis Company of Baltimore to finance a huge donation of goods for hospitalized service members at Walter Reed Army Medical Center.

The donation efforts resulted in \$9,300 in goods and merchandise being dropped off to the hospital's Red Cross Office Sept. 11, also known as Patriot's Day.

Sgt. 1st Class Troy Weaver, a battalion instructor, and his wife Kelly, a Davita employee, led the fundraising.

Lt. Col. Linwood Clark, battalion commander, Chief Warrant Officer 5 Dennis Walker and Sgt. Maj. Michael J. Bennett of the Wheel,

Track and Automotive Division, accompanied Weaver to the hospital then remained there to visit with several hospitalized Soldiers.

"It is always a good feeling to see and visit our Soldiers and Marines in recovery," Clark said. "If you're having a bad day, go to Walter Reed. The motivation you get from those men and women is a reminder to why we're here to train and prepare our young Soldiers for potential combat. I look forward to every visit and to the donations that are raised for the American Red Cross, our Soldiers and their families."

Other helpers included Sgt. 1st Class Nathan Shay and Staff Sgt. Tracy Winegeart.

Joan Retelle, Red Cross station chair, and Terri Oshiro, station manager, greeted the group as they unloaded the goods on the hospital dock then transported them to storage areas.

"This is great because so many people want to help but they are not sure how," Oshiro said. She led a tour of the facility that contained rooms filled with donated items from veterans organizations, scout groups and individuals from around the country.

"We are privileged to distribute these needed items to our troops who have been through so much for us," Oshiro said.

For information about donating to the wounded warriors at WRAMC call 202-782-6362, FAX 202-782-6366 or e-mail: wramc.redcross@amedd.army.mil or e-mail Weaver at troy.weaver@us.army.mil.

Kelly Weaver got the idea of helping hospitalized Soldiers from her boss, Kent Thiry, chairman and CEO of Davita Dialysis, who gave the group a \$2,000 grant from his K.T. Community Foundation which grants monies to Davita employees for community service projects.

"The foundation also contacted DELL, which donated 19 DVD players," Kelly said. She said that when she first thought of the idea she did not know how popular it would become.

"I'm really overwhelmed that it would get this big," she said. "I thought one time would be great but now with the battalion involved it's bigger than I would have dreamed, and I'm grateful that it is."

Weaver said he was stunned by the willing support of his fellow Soldiers and his chain of command. He added his thanks to Headquarters and Headquarters Company, 143rd Ordnance Battalion Commander Capt. Julie Hewett and 1st Sgt. Stanley Watts, as well as to Veterans of Foreign Wars Post 8126 in Havre de Grace.

Chesapeake Chapter clothing drive a huge success

Story by **PATRICIA O'SHEA**
Chesapeake Chapter, American Society of Military Comptrollers

When wounded U.S. Soldiers and Iraqis arrive at the Air Force Hospital in Balad, Iraq, all of their clothing is cut off.

As they are recovering from their injuries, the only clothing available is hospital gowns.

"Not a real morale booster for most people," said Kay Ferris, Community Service Chairperson for the Chesapeake Chapter, American Society of Military Comptrollers. "If the hospital had a supply of loose fitting clothing for them to wear perhaps their recovery would seem shorter."

Ferris sprang into action.

It all started with an e-mail between friends.

"Who would have thought that one short e-mail would start a chain reaction ending with the delivery of eight boxes of new clothing to the Air Force Hospital?" asked Ferris.

The Air Force hospital is located in Camp Anaconda, which gets hit by mortars so often the locals have nicknamed it "Mortar-ritaville."

There wasn't a moment to lose. The point of contact in Iraq, a U.S. Army Materiel Command Public Affairs officer, was due to return to the states by the end of September. It was already Aug. 7 and shipments to Iraq have been known to take two weeks or more.

By the next day, Ferris had contacted the chapter officers and command chaplain, convincing all of them that this project was do-able. Tasks were delegated and there was no looking back. An announcement detailing the list of desired articles of clothing and footwear was drafted, sent to the chapter membership, and the command electronic bulletin board.

Collection boxes were strategically placed in building lobbies. Letters to local merchants who had assisted the chapter in previous community service projects were drafted and delivered.



Photo by MARILYN THOMPSON

PFC Richardo Sierra is wearing one of the T-shirts sent to Iraq by the Chesapeake Chapter while recuperating in the Air Force hospital at Camp Anaconda.

The Aberdeen Stack & Store donated 20 shipping boxes. Kohl's in Bel Air was willing to give the project a 30 percent discount. Generous monetary donations for both purchasing items and for shipping the boxes were provided by the following local businesses: National Budget Muffler; Joppa Car and Truck; Joppa Automatic Transmission; Dave's Tag & Title Service; Anderson Hardware; C. H. Tire Inc.; Mullhausen Automotive, Inc.; Richman's Auto Supply; and Jiffy Hitch, Trailer & Supply Co.

In addition, the employees of the various tenant organizations at Aberdeen Proving Ground donated items for the clothing drive as well as money for the chapter's volunteer shoppers.

Clothing items were also donated by employees from the local Booz-Allen-Hamilton office.

Chaplain (Lt. Col.) Dennis L. Proffitt, U.S. Army Research, Development and Engineering Command, took Ferris shopping at the PX to purchase some of the items.

"In less than two weeks, the chapter had collected or purchased enough T-shirts, loose fitting pants, sweats, sandals, jeans, sneakers and underwear to fill eight large boxes," Ferris said.

Donations were sorted and

stacked on top of work stations, lateral file cabinets, and credenzas in the RDE-COM G-8 Financial Management offices.

Cherie Trees, chapter secretary, recruited chapter officers and members to pack up the donations, fill out the customs forms, and transport the boxes to the Post Office.

"We are packing the boxes on August 25 so our point of contact in Iraq can hand out the clothing to the sick Soldiers. Bring your lunch, wear comfortable clothes, and the most important thing is to bring your smile, and, I almost forgot -- bring your muscles."

By Tuesday, Sept. 5, the boxes had arrived at Camp Anaconda and delivery was made to the hospital.

In less than 30 days, the Chesapeake Chapter along with civilian, military, and non-government supporters had provided U.S. troops with comfortable clothing in which to spend their recovery.

"In all, approximately \$3,000 worth of clothing and footwear were shipped to Iraq. It seemed such a small token to send to the troops in Iraq," Trees said.

"The Chesapeake Chapter hopes to stay in touch with the personnel at Camp Anaconda and assist them with other needs as they become known," Ferris said.

Walter Reed Inventory

Hand sanitizers	20
Day planners from Day-Timers Inc.	96
Portable DELL DVD players	19
Bottles baby powder	5
Hand held mirrors	10
Stamps	100
Puzzles	9
Models	11
Packs AA batteries	48
Packs AAA batteries	32
Puzzle books	10
Phone cards	20
Portable radios	10
New DVD's	31
30 carton Hershey Variety pack	2
45 carton mixed crackers	6
70 carton variety granola bars	1
36 carton Hershey bars	1
30 carton M&M cookie	4
30 carton Oreo Cookies	2
300 carton envelopes	1
Package playing cards	12
40 carton Rice Krispy treats	4
115 Hershey miniature candy bars	1 bag
120 Nestle Halloween candy bar mix	1 bag
60 packs UTZ chips	2
100 packs Charms blow pops	1
Containers of individual pretzel snacks	2
DELL Carryon Bags	12
DELL T-Shirts various sizes	12

MCSC Volksmarch draws new members

Story and photos by **YVONNE JOHNSON**
APG News

The Military and Civilian Spouses Club hosted its first Volksmarch, Sept. 9, drawing several new and old members who sealed the occasion with a 2-mile walk around Plumb Point Loop.

Led by Dawn Kilmon, the wife of Lt. Col. Louis Kilmon, commander of the Joint Personal Effects Depot and volksmarch chairperson, the event included a complimentary breakfast, T-shirts, and a raffle for a Longaberger Basket, pillar and candle set and a Polish cup and bowl set.

In addition, members were encouraged to visit the group events table to sign up to help with activities like the Book Club, Tea Time, Sit 'n Stitch, Holiday Pies and other fundraisers.

"The focus is to increase membership," Kilmon said. "MCSC has a lot of community service goals, and the more members we have the more we can give back to the community."

She thanked Soldiers from the JPED who helped erect the



Eileen Campbell, APG schools liaison, right, accepts a bottle of water from Brian Rice, 12, during the MCSC Volksmarch on Plumb Point Loop Sept. 9

tent and assisted with other chores in support of the event.

Cheryl Boles, the wife of Maj. Gen. Vincent E. Boles, commander of the U.S. Army Ordnance Center and Schools, and an MCSC member, added that the group liked the idea of a volksmarch because it was "different."

"MCSC used to be a lot less active," Boles said, "But an

event like this gives us more visibility and it's good exercise."

MCSC president Gloria DeBerry, the wife of OC&S Regimental Chief Warrant Officer 5 Harold L. DeBerry, praised Kilmon for leading the successful membership drive.

"She puts her all into everything she does and we're just so pleased that she volunteered to do this," DeBerry said.

Shawna Floyd was the first new member to sign on during the volksmarch. She described herself as "new to the military."

"I heard a little bit about MCSC and I thought this would be a great way to get out, meet new people and do new things," she said.

New member Eileen Campbell, APG School Liaison, agreed.

"I've already met so many new people," she said. "This is a great way to stay active and learn more about the installation and the community."



From left, MCSC members Valerie Stockton, Paula Vogelhut and Shawna Floyd enjoy their morning stroll during the group's Sept. 9 Volksmarch membership drive.

APG News

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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Headphones can cause accidents for runners, cyclists

Use is prohibited on APG

Story by
RON KRAVITZ
DSHE

Running or jogging comes with its fair share of injuries so it makes sense to take precautions to prevent accidents, such as the kind usually caused by the bumper of a car.

Whether a jogger, runner or cyclist, much of the activity is done on the roadways.

Without the proper attire joggers/bicyclists are less visible to traffic. As the daylight hours get shorter, motorists have a more difficult time seeing anyone on the shoulder of the road.

Helpful suggestions

- Joggers/runners and cyclists should wear reflective materials, and bicycles should be equipped with reflectors.

- Joggers and runners must also follow the rules of pedestrian safety such as using sidewalks, crosswalks and yielding right-of-way to traffic.

- When there is no sidewalk, joggers/runners must travel against vehicle traffic on the road's shoulder and not in the path of traffic.

- When jogging with others

on the roadway, run in single file.

Cyclists must ride with the traffic.

Joggers and runners should double-knot their laces before starting to run. An untied shoestring may not be noticed until it becomes a tripping hazard.

Wearing headphones

The National Safety Council reports that headphones take away from the normal awareness of what is going on around a person by blocking out distractions. Scientific studies back this up.

Loud noise such as music played at high volume, triggers the body's release of adrenaline, which makes it easier to put forth

more physical effort. Music with a heavy beat keeps the

at a steady pace. Sounds like a good thing; however, on the roadway, the music blocks out the ability to be aware of oncoming dangers.

It is the inner world created by the headphones that make wearing them so dangerous. Wearers can't hear loud warning signals like sirens, train whistles or car horns. They tend to focus inward and block out visual cues as well. By contrast a person who is actually hearing-impaired compensates by becoming more visually alert.

Even without traffic hazards exercise and headphones may not be a good combination.

Researchers at the University of Nevada found



cyclist pedaling in rhythm and the runner moving

that bicycling and running pull more blood to the legs to feed working muscles. At the same time, noise-induced adrenaline released into the blood stream causes blood vessels to narrow. If a person is trying to listen to music too, there may not be enough blood to properly nourish the tiny hair cells in the inner ear. This could permanently damage hair cells causing partial or total hearing loss.

Beyond the hearing hazards previously mentioned, wearing headphones while jogging, walking or cycling violates APG Regulation 385-4, The APG Safety Program.

Wearing headphones is prohibited on Aberdeen Proving Ground. Garrison Commander Col. John T. Wright raised this as a significant concern when speaking to commanders and leaders at the recent Installation Safety and Occupational Health Advisory Council meeting.

The regulation also states that "during periods of low visibility reflective material will be worn."

If a motorist can't see the joggers and cyclists and they can't hear the motorist, the scene is set for a roadside tragedy.

Deadline approaching for filing body armor claims

IMA

The Department of Defense has established Oct. 3 as the claims filing deadline for Soldiers seeking reimbursement for certain private purchases of protective, health and safety equipment such as personal body armor.

Pursuant to a 2004 Act of Congress, the armed services began reimbursing service members in November 2005 for private purchases of qualifying equipment made between Sept. 11, 2001, and April 1,

2006, if purchases were made in anticipation of or during the service member's deployment to Iraq or Afghanistan.

Soldiers who made purchases that qualify for reimbursement, and have yet to file claims, must do so by Oct. 3. Claims should be filed with the Soldier's current unit.

Former Soldiers should mail their claims to the U.S. Army Claims Service at Fort Meade, Md.

Claims must be postmarked by Oct. 3.

More information on the reimbursement program - including qualifying details, instructions on how and where to file a claim, and a copy of the requisite claims form - is available at www.jagc-net.army.mil. Follow the link to the "Protective Gear Reimbursement Program."

Soldiers also may contact Maj. Paul Cucuzzella at the Claims Service at 301-677-7009, ext. 431, or by e-mail at paul.cucuzzella@emh1.ftmeade.army.mil.

ATTENTION ALL SOLDIERS

Soldiers charged and found guilty of a crime, could face confinement, loss of rank and discharge from the Army.

The APG Trial Defense Service office handles all types of military criminal matters, including felonies, misdemeanors and summary offenses against Soldiers.

Any Soldiers questioned by their chain of command or the police, advised of their rights or apprehended, should immediately request to speak to an attorney. With so much at stake, it is important to contact an attorney as soon as possible to protect a Soldier's rights and liberty.

Until given the opportunity to consult with an attorney, remember the "4 No's:"

NO

Waiver of rights.
Statements (oral or written).
Polygraphs.
Consent to be searched.

For more information regarding these issues, or a Soldier's rights involving a military criminal matter, call the APG Trial Defense Service office, 410-278-2156 or DSN 298-2156.

CFC

From front page

upgraded incentives.

Four raffles for a gift package of past campaign incentives will be held during the CFC campaign season.

The 2006 Contributor's Guide for national/international organizations is at Web site <http://www.cfc-cmd.org>. Paper copies of the guide and pledge cards will be given out by organization key workers and at the APG CFC Office beginning Oct. 1.



For more information, visit the APG CFC office, building 4302 on Boothby Hill Road, e-mail CFC@apg.army.mil or call 410-278-0199/98.

POST SHORTS

be available from 9 to 11:30 a.m. in building 305, room 236, and 12:30 to 1:30 p.m. in building E-4811 (Seminar Area of Conference Center) to discuss claim problems and plan coverage. No appointment is necessary.

For more information, call Teri Wright, Civilian Personnel Advisory Center, 410-278-4331.

Dining facilities serve Oktoberfest Specialty Meal

The Oktoberfest Specialty Meal will be held in the Aberdeen Area dining facilities, buildings 4503 and 4219 and the Edgewood Area dining facility, building E-4225, 5:30 to 7 p.m., Oct. 17. During this event all military personnel,

family members, Department of Defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$3.55 applies to any officer, enlisted member, and family member of sergeant or above, DoD civilian, retiree and their guests. The discount meal rate of \$3.05 applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

The Oktoberfest Specialty Meal menu includes cabbage and potato soup, pork schnitzel (jager schnitzel), German style chicken with vegetables, beef rouladen (German style), spicy spare-ribs (gewurzte schweinsrip-pchen), grilled bratwurst with sauerkraut, egg noodles, German mashed potatoes, sweet and sour red cabbage

(rotkohl), German style spinach, mushroom gravy, assorted salad bar, cole slaw with creamy dressing, cucumber relish salad (gurkensalat), assorted breads/hot rolls, bread pudding with vanilla sauce, snickerdoodle cookies, German chocolate cake, soft serve ice cream with assorted toppings, assorted condiments and assorted beverages.

Menu is subject to change without prior notification.

For more information, call Edward Parylo or Ernest Green, 410-306-1393/1398.

Amateur Boxing Night

Morale, Welfare and Recreation will host Amateur Boxing Night between fighters from the 16th and 143rd Ordnance battalions at the APG Athletic Center, Nov. 4. Doors open 5 p.m. and the event begins at 6 p.m.

Tickets cost \$5 for active-duty military, \$10 for civilians and \$20 for front row seating. Admission is free for children six years of age and younger.

Purchase tickets at MWR Registration, building 3326, 410-278-4011/4907 or at Hoyle Gym and Fitness Center, building E4210, 410-436-7134.

Convoy trainer available

A Virtual Combat Convoy

Trainer has become available for use by military units from APG and other installations. Units with the Ordnance Center and Schools have priority use of the trainer for Advanced Individual and Officer Basic training.

Available schedules include 1 p.m. to 9 p.m. on Wednesdays. Hours can be negotiated for daytime training from 8 a.m. to 5 p.m.

To schedule training, contact the 61st Ordnance Brigade S3 Office, 410-278-4920/5770.

APG Hispanic Essay and Display Contest

All APG military, civilians and family members can enter the APG Hispanic Essay and Display Contest. The submission deadline date is Oct. 10.

For more information and contest criteria, call 410-278-2529/5598/1137.

Cub Scouts hold recruiting drive

Cub Scout Pack 651 is looking for boys grades one through five and their parents to join its scouting family.

Multiple camping trips, pinewood derby races, hikes and much more are planned for this year.

Meetings will be held on Fridays at the Gunpowder Club on APG South.

For more information, call

Paul Sigler, 410-612-0185 or Duvel White, 443-655-7461.

Enrollment open for ILE Phase II

Army Reserve officers (captains promotable and majors) can now enroll for Intermediate Level Education Phase II which runs October 2006 through May 2007. To be eligible, service member must have completed a two-week ADT Phase 1 instruction at Fort Dix, N.J.

ILE is the new version of the Command and General Staff Officer Course. While many of the general topics and subjects of ILE will look similar to those of the old CGSOC course, the methods of learning are quite different. The course relies heavily on the student officer's ability to learn and study independently. ILE students will earn Military Education Level 4 and Joint Program of Military Education Level 1. These credentials qualify an officer for promotion to lieutenant colonel.

Contact an ATRRS representative to enroll in Class 302. Active duty officers are also eligible to attend the non-resident ILE course without having to leave their current duty assignments.

For more information or help with enrollment, call or e-mail Lt. Col. Mark Valeri, 443-243-8473 (cell) or 410-638-7578, mark.valeri@us.army.mil or contact the 10th Battalion Headquarters command, 410-584-0970.

Thrift Store to disburse funds

The APG Thrift Shop will accept requests for donations from service organizations and military units through Oct. 31.

The request should include the name of the organization, point of contact, address, telephone number, amount requested and specific details on how the funds will be used.

In the past, donations have been granted to area Boy Scouts, Army Community Service, the APG Fire Department and veterans' organizations.

Mail or drop off requests to APG Thrift Store, building 2458, APG, MD 21005-5001. For more information, call the store during operating hours, which are 11 a.m. to 6 p.m., Wednesday; 10 a.m. to 2 p.m., Thursday; 10 a.m. to 1 p.m., the first Saturday of the month, 410-272-8572. Consignments are only taken 11 a.m. to 2 p.m. and 4:30 to 5:30 p.m., Wednesday and 10 a.m. to 1 p.m., Thursday.

Blue Star Families of Central Maryland welcomes new members

The military families support group, Blue Star Families of Central Maryland, meets the first Wednesday of each month at 6:30 p.m. at the American Legion Post 109 located at

1610 Sulphur Spring Road in Halethorpe, Md.

Anyone who has a loved one serving in the armed forces, or is serving, and would like to meet other military families can attend.

For more information, visit Web site <http://www.geocities.com/bluestarfamiliesofcentralmd> or e-mail BlueStarFamiliesOfCentralMD@yahoo.com for additional information.

USO-Metro photo contest

USO-Metro is holding a photo contest to select the cover art for the 2007 USO Guide to Washington and Baltimore.

The contest is open to all military ID card holders including retirees, members of the reserves and National Guard and Department of Defense civilians, members of the Coast Guard and the Merchant Marine.

There is no limit to the number of pictures to be entered. Photos from sites in and around the Maryland/DC/northern Virginia areas are preferred.

A cash prize of \$300 will also be awarded to the winner.

The deadline for submission is Oct. 16. Send all pictures to USO-Metro Photography Contest, Attn: Erica Chapman, Post Office Box 1710, Fort Myer, VA 22211.

For more information, call 703-696-5655.

KWVA chapter seeks members

Chapter 271 of the Korean War Veterans Association is looking for a few good members. Any service member or veteran who has served in Korea is encouraged to attend the monthly meetings for the latest information on veterans' benefits, to participate in community service projects and to enjoy the camaraderie of fellow veterans.

Chapter members meet at American Legion Post 128 in Aberdeen, 6:30 p.m., the last Monday of each month.

For more information, call Nick Guerra, membership chairman, 410-272-0458.

Joining APG's Speaker's Bureau

Anyone who enjoys discussing their field of expertise or favorite hobby can become a member of APG's Speakers Bureau.

The APG Speakers Bureau enables military and civilian employees of APG to address on- and off-post organizations and local schools on a topic of their choice.

It is a voluntary community service offered without charge.

To become a member of APG's Speakers Bureau, call 410-278-1151.

(Editors Note: More shorts can be seen at www.apgnews.apg.army.mil under Shorts.)

Information Technology Expo in October

The Corporate Information Office of the U.S. Army Research, Development and Engineering Command and the U.S. Army Garrison APG DOIM will host the 2006 Annual Fall Information Technology Expo 9:30 a.m. to 1:30 p.m., Oct. 25, at the Gunpowder Club Conference Center, APG South.

State of the art technologies will be featured from Agency Consulting Group, Altiris, American Reliance (AMREL), AT&T Government Markets, Audio Visual Innovations, Avocent, Best Buy, Booz Allen Hamilton, Business Machines, CDW-G, Commercial Data Systems, Dell, Inc., Engineering & Professional Services, F.A. O'Toole, GovConnection, Graybar

HP, IBM, IMC Networks, Log Sec Corp, Managesoft Corp., Maryland Micrographic Service, MBC Precision Imaging, MEDI, MSC Industrial Supply, Nelson White Systems, Office Eagle, Plantronics Plug-In Storage, Ricoh, SEIDCON, SGI Federal, SPL Integrated Solutions, Tally Genicom, University Alliance, USA Mobility, Vocality Inc., Ward-Boland Associates, Westwood Computer Corp., Wright Line, Xerox Corp., and more.

Event is free to all Department of Defense, government and contractor personnel (with access to Aberdeen Proving Ground).

Coffee and donuts and a light lunch buffet will be available. For more information, call FDAE toll-free 877-332-3976 or Chris Zukowski, RDECOM, 410-436-3873, or Susan Suppa, DOIM, 410-278-7598.

Community Notes

SATURDAY SEPTEMBER 30 DISCOVERY WALK

Join a naturalist on a nature walk to discover what creeps, crawls and flies around Leight Park. This program begins at 10 a.m.; drop in, no registration, free. For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, extension 1688.

CLEVER CAMO

Come learn about the ways in which different species use camouflage and then put on camouflage and venture in the woods as a game is played. This program is from noon to 1 p.m. for ages 5 to 12 and is free. Registration is required. For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, extension 1688.

BASKET BINGO

The Ladies Auxiliary to the Water Witch Fire Company will sponsor a Basket Bingo Needy Family Benefit Drive, at VFW Post 8185, Route 222, Port Deposit. Doors open 6 p.m., Bingo starts 7 p.m. Tickets cost \$10 per person for all paper cards. Food, beverage, baked goods, door prizes and raffles will be available.

For more information or to purchase tickets, call Anne Gibson at 410-378-3338, JoAnne Bierly at 410-378-3320, or Stephanie Gibson at 410-378-2672.

SUMMER SEND-OFF CRAB FEAST

The Chesapeake Heritage Conservancy will celebrate the end of summer for the Skipjack Martha Lewis with a Summer Send-Off Crab Feast, 7 to 11 p.m., in Hutchins Park (at the foot of Congress Avenue). Doors open 6 p.m. Tickets cost \$45

per person and includes an all-you-can-eat crab feast, pit beef, hot dogs, beer, wine and soda, music, dancing, a silent auction and more. Tickets are limited.

For more information or to purchase tickets, call 410-939-4078, or in Havre de Grace stop by Amanda's Florist, Java by the Bay, Bank of Memories, or Visitors Center.

CASINO NIGHT

American Legion Susquehanna Post 135 located on 300 Cherry Street, Perryville, will hold Casino Night, 8 p.m. to midnight. There will be karaoke and wings in the lounge.

For more information, call 410-642-2771.

WEDNESDAY OCTOBER 4 COUNTY HOLDS JOB FAIR

The 18th annual Harford County Job Fair will be held 2 to 6 p.m. in the Richlin Ballroom and Ramada Inn Conference Center, Edgewood. Organizations include manufacturing, information technology, healthcare and financial services and more.

For more information, call 410-272-5400, 410-836-4603, 410-996-0550 or e-mail Regina Brown rbrown@swnetwork.org.

ARC PAIRSUITS PARTNERS

The Arc Northern Chesapeake Region, located on 4513 Philadelphia Road (Route 7), Aberdeen, will hold an Information Session on Pairsuits Partners, 7 to 8 p.m. Pairsuits Partners pairs up the Arc's Community Partners with other community members who share similar interests, goals or personal styles to develop a valued relationship.

For more information or to make a reservation, call 410-836-7177, ext. 338.

SATURDAY OCTOBER 7 FUNDRAISER TO BENEFIT CANCER SURVIVORS

Help for Oncology Problems and Emotional Support (H.O.P.E.) will hold its fourth Annual Sam Frost Celebration of Life Shrimp and Bull Roast, 7:30 p.m. to 12:30 a.m., at Jarrettsville Gardens located on 3825 Federal Hill Road. Activities include silent auction items to include passes to Ladew Gardens, Longaberger baskets, Ski Roundtop passes and more; money wheels, door prizes, and raffles including a .50 carat diamond ring in a 14kt white gold triple setting. A DJ will also provide music.

Tickets cost \$35 per person (must be 21 years of age or over). All proceeds go to benefit area cancer patients and their families. To purchase raffle or event tickets, call 717-993-2481. Raffle winners need not be present to win.

For more information or to purchase tickets, call 717-993-2824 or 717-993-2481. For more information about H.O.P.E., visit www.hopelife.com.

FRIDAY, SATURDAY, SUNDAY OCTOBER 13 - 15 USED BOOK SALE

The Abingdon Friends of the Library will hold a Used Book Sale at the Abingdon Branch located on 2510 Tollgate. A preview sale for members of the Friends of the Library will be held 5:30 to 7:30 p.m. A public sale will be open to everyone, Oct. 14, 10 a.m. to 4 p.m. and Oct. 15, 1 to 4 p.m. Donations of used books will be accepted.

For more information, call 410-638-3990.

SATURDAY OCTOBER 14 FANTASTIC FALL FESTIVAL

Edgewood Assembly of God located at 803 Edgewood Road in Edgewood is hosting its 4th annual Fantastic Fall Festival from 10 a.m. to 3 p.m. and includes games,

crafts, food, live music and entertainment and cash prize drawings.

This free event will include an obstacle course that is raced while enclosed in a large inflatable ball as well as a velcro wall, pony hops, moon bounces, a horseshoe tournament, baseball speed pitch, froggy fling, putt-putt challenge, spin art and more. There will also be a cash give away along with various prize drawings. Everyone gets one free hot dog and drink. The rain date is Oct. 28.

For more information call 410-676-4455 during office hours, 9 a.m. to 3 p.m., Monday through Friday.

SUNDAY OCTOBER 15 EIGHTH ANNUAL SWANFEST

The Harford County Parks and Recreation Department will host the 8th Annual Swanfest, 11 a.m. to 4 p.m., at Swan Harbor Farm, located on 401 Oakington Road, Havre de Grace. The family event will feature handcrafted goods, food, games, live entertainment, children's activities, a pumpkin giveaway for children, hay rides, farm house tours, canoe rides and more. Performers will include the Crawdaddies, a unicyclist, balloon artist and juggler Jerry Rowan, the Beale Street Puppets, Duchy of Chesapeake Renaissance Recreators, Teelin School of Irish Dance, bag pipe player Ed Kitlowski with dancers from the International Academy of Dance, Tir na nOg and more. Cost is \$5 per vehicle. Service animals only are allowed into Swanfest; leave family pets at home.

For more information, call Swan Harbor Farm, 410-939-6767.

SATURDAY OCTOBER 21 GHOST AND LEGENDS CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Ghost and Legends Cruise, 5:30 to 8 p.m. on the Skipjack Martha Lewis. Join the crew of the Martha Lewis for an evening of haunts and legends told by a storyteller as part of haunted Havre de Grace.

Passengers can wear their favorite costume if they wish.

Tickets cost \$35 per person. Reservations are required. Light dinner and refreshments are included. Credit cards will be accepted.

For more information or to make reservations, call 410-939-4078.

THURSDAY NOVEMBER 2 MILITARY APPRECIATION DAY

The U.S. Holocaust Memorial Museum will hold its second annual Military Appreciation Day Open House, 10 a.m. to 5:30 p.m., in conjunction with Veteran's Day. All active-duty, retired,

and family members are invited to attend.

Participants will include liberators and Holocaust survivors. All veterans, active duty military and family members will receive a complimentary military pass to enter the permanent exhibit, "The Holocaust." A children's exhibit also is available.

Liberators will be speaking at scheduled times, in different venues of the museum, and there will be the opportunity to meet survivor's who volunteered at the museum.

For more information, call Patrick Horne, 202-488-6188.

(Editors Note: More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.)

MOVIES

ADMISSION: ADULTS \$3.50, CHILDREN \$1.75

Building 3245 Aberdeen Boulevard To verify listing, call 410-272-9008, or visit www.aafes.com and click on "Movie Listing"

ACCEPTED

Friday, Sept. 29, 7 p.m.

Starring: Justin Long, Blake Lively, Adam Herschman, Jonah Hill

After being rejected by every college he applied, Bartleby Gaines (Long) decides to create a fictitious university, South Harmon Institute of Technologies, with his friends, to fool their parents. But when his deception works too well and other college rejects start to apply to his school, Gaines must find a way to give the education and future his students and friends deserves, including his own, while trying to win the heart of the girl next door. (Rated PG-13)

HOW TO EAT FRIED WORMS (FREE ADMISSION)

Saturday, Sept. 30, 7 p.m.

Starring: Luke Benward, Hallie Kate Eisenberg, Adam Hicks, Austin Rogers

Mitch Forrester and his wife Helen have packed their boys into the family station wagon and are heading to a new town with a new job for Mitch and a new elementary school for their son Billy

(Benward). It seems to Billy that everybody else, including his little brother Woody, easily adapts to the new surroundings. Billy's fears are realized in his first moments at the new school when the old adage - everybody picks on the new kid - appears to be true. Everybody except the tall, lanky girl named Erika Tanzy (Eisenberg) whose kindness simultaneously inspires gratefulness and humiliation in Billy. (Rated PG)

BEERFEST

Saturday, Sept. 30, 9 p.m.

Starring: M.C. Gainey, Paul Soter, Erik Stolhanske, Cloris Leachman

When American brothers Todd (Stolhanske) and Jan Wolfhouse (Stofer) travel to Germany to spread their grandfather's ashes at Oktoberfest, they stumble upon a super-secret, centuries old, underground beer games competition - "Beerfest," the secret Olympics of beer drinking. The brothers receive a less than warm welcome from their German cousins, the Von Wolfhausens, who humiliate Todd and Jan, slander their relatives, and finally cast them out of the event. (Rated R)

Sports

ARL employees host Cal Ripken 2006 World Series players

Story by
SHERYL COLEMAN
ARL

The families of U.S. Army Research Laboratory employee's Sherri Sumpter and Mary Kegley served as host families for four participants in the 2006 Cal Ripken World Series held at Ripken Stadium in August.

Sumpter and Kegley volunteered after reading an article in the APG News about the need for host families.

The series is for players up to 12 years old and is part of the Babe Ruth baseball organization.

They sponsored two players each from Aug. 11 through 20. All four players were from the same team so that they could interact with the same activities outside of participating in the World Series.

Sumpter and her family-a daughter, Narissa, 10 and sons Jeremy, 14, and Jason 13-opened their Joppa home to Anson Arruda, 12, the smallest player on the team, and Ekolu Martins, 13, the largest player on the team.

Kegley, Beltsville, Md., hosted Ridge Hoopii-Haslam, 13, and Dean Hosaka, 12. By

mid-week Kegley and her two players had joined Sumpter at her Joppa home.

Anson, Ekolu, Ridge and Dean all played for Hilo, Hawaii, in the Pacific Southwest, which is in the American League. The Pacific Southwest team won the trophy beating a team from Mexico. Ekolu won the home run series award.

One of Ridge's plays was featured on ESPN's top 10 baseball picks of the week. For Ridge and Ekolu, it was their last series as they turned 13 during the competition. The highlight of the series, for the players, was the fireworks, which is something they do not see often in Hawaii.

Sumpter described hosting the players as 'like a roller coaster ride of emotions that

captivates you from the introduction at the stadium, before loading the players to take them to their new home for the next nine days to the heartfelt goodbyes at the stadium after winning the World Series.'

"It was wonderful to not only host the boys but getting to know their families as well. The family members were gracious and presented us with gifts from their homeland, making us feel like a part of their family," Sumpter said.

Kegley noted that nothing could have prepared her for the time spent with the players.

"The schedules were hectic and often appeared never ending with practices, watching other teams play and our own games," she said.

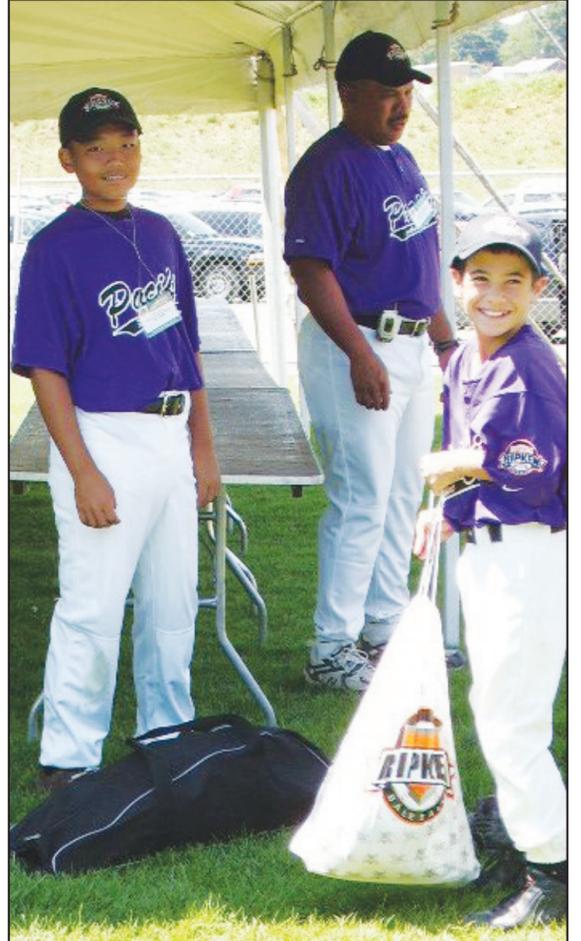
Both said the boys didn't

give into exhaustion and continually pushed ahead putting forth their best effort. Sumpter

said it was a tremendous experience for her and her family and they were grateful for the



The Hilo team poses with their award winning trophy.



Photos by SHERRI SUMPTER, ARL
Dean Hosaka, left, and Anson Arruda, right, both 12, enjoy down time with Coach KaHa prior to their next game.

CISM officials review importance of sports in the military

Story by
TIM HIPPS
USACFSC

Military representatives from 26 countries reviewed the importance of sports in the

military at the Conseil International du Sport Militaire's fourth symposium Sept. 11 through 14 at the Springfield Hilton.

CISM can best be described as an International Olympic Committee for the military. The organization played host this year to world championships for troops around the world in 24 sports, including parachuting and aeronautic, military and naval pentathlons.

"This is a special year for us because CISM at the end of 2006 will have organized 24 military world championships and many regional and continental events," said CISM President Brig. Gen. Gianni Gola of Italy. "We are considered the unique international sports organization. Thousands and thousands of military athletes and coaches and team captains and chiefs of mission

are traveling around the world to attend our events."

In 1951, the United States joined CISM, which today boasts 127 nations dedicated to "friendship through sports to get to peace," said Army Lt. Gen. James Lovelace Jr., the U.S. CISM chief of delegation.

"The real seeds of this organization started after World War I with General [John] Pershing, but the real development of the organization as we know it today occurred after World War II," Lovelace said. "It was embraced by Belgium, Denmark, France, Luxembourg and the Netherlands as they started this event February 18, 1948."

Despite approaching its 59th anniversary, CISM is not world renowned.

"We are aware of the fact that in our countries many military

authorities don't know CISM," said Gola, who sought a solution in Springfield during the symposium themed "Value and Impact of Sports in the Military." "Sport cannot be visual only to the military athletes. Sport is a common value for all of the military personnel."

CISM officials seek a balance between keeping Soldiers fit and competition-ready.

"We have to dedicate an important part of our activity to physical education reform, but at the same time, we have to promote the competitions," Gola said. "If we don't have the competitions we are not able to bring people together. I understand that some are saying we need to give priority to physical education and not to the competition. It's not the problem of priority, we need both, but we cannot forget that if we don't have competition, we lose our opportunity. Only competition obliges people to travel."

"If we promote physical education, all the Soldiers can practice physical education at home. There is no need to go to participate for championships. That's why we are insisting, as we do every year, to organize important events to give the athletes an opportunity to compete. Physical education is the base of this, but then we have to compete."

International sports competition is what CISM is all about.

"Our goal to promote universal peace may be too ambitious," Gola said. "But this is the final goal: Through sport and competition, CISM works to promote values, tolerance, friendship and peace."

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apgnews.
apg.army.mil

Leisure travel options highlight September Well-Being meeting

Story by
YVONNE JOHNSON
APG News

The monthly Well-Being Action Council meeting was held Sept. 21. The next meeting is scheduled for 9:30 a.m. Oct. 19 at the Aberdeen Chapel fellowship hall.

Stacey Umbarger, manager of the ITR/Leisure Travel Office briefed attendees on upcoming trips and special offers. They included:

- Military Appreciation Day at Six Flags America, Sept. 24
- The Comics on Duty World Tour which pays for comedy shows for troops serving in Iraq, Kuwait and Afghanistan brings four nationally acclaimed comedians to APG for two shows on Oct. 21, at 3 p.m. at the Stark Recreation Center and 6 p.m. at the Aberdeen Recreation Center.
- Pennsylvania and Maryland Renaissance festivals running through late October.
- Shop-till-you-Drop trips to New York City every weekend from early October to mid-December.
- Disney Princess Wishes coming to the 1st Mariner Arena Nov. 1 to 5.
- Tickets for the Washington Wizards vs. the Milwaukee Bucks NBA game, Nov. 11.
- White House Christmas Tour Dec. 9.
- Radio City Music Hall Holiday Show running from mid-November thru early December.
- The Broadway show, 'Chicago' playing at the Hippodrome in early January.
- Amateur Boxing Night, the 143rd Ordnance Battalion vs. the 16th Ordnance Battalion Nov. 4.
- ITR is now taking orders for the 9-11 5th Anniversary Commemorative Ornament and the 2006 White House Christmas Ornament.

For information on any events call 410-278-4907/4011 or email: mwr_registration@apg.army.mil.

Staff reports and open discussions included the following information:

KUSAHC

The no-show rate for appointments is hovering at 9 to 14 percent, which equates to 15 to 30 appointments per day, mainly in the Pediatrics clinic. Customers are asked to please

remember to call in and cancel any appointments they are unable to keep.

Two new providers arrived last month and two more are expected next month. This should provide much improved access for patients.

The pharmacy expansion is still on the books and will begin hopefully in the fall. During the expansion, pharmacy services will temporarily relocate to the back of the clinic.

Flu vaccinations are only available at this time to active duty service members.

Vaccinations for all others will be done when more doses become available.

Updated information will appear in the APG News.

For more information call the flu vaccine hotline at 410-306-3588.

COMMISSARY

The 1st Annual Seafood Road Show is Sept. 29 to Oct. 1. Fresh seafood at very reasonable prices, such as lobster tails for \$5.99 and jumbo lump crab meat at \$8.99 will be available.

Family day was Sept. 25. Families were encouraged to eat dinner together.

The Coca-Cola Company is holding a contest for the military to win a 2 day, 3 night trip to New York. Enter through the Web site, <http://www.commissaries.com>.

DMWR

A new lunch service at the Top of the Bay called "Grab & Go" offers a separate line for people on the go. Customers can come in and grab turkey, ham and cheese or roast beef wraps, and regular or Chef salads and pay in a separate line from those dining in. The service is being offered to help people who want to have lunch but don't have time to sit and eat.

The monthly social hour will be held Sept. 29 at Ruggles Golf Course. The entire APG community is welcome to come out and enjoy the company of coworkers and friends.

DIO

Air conditioning will be turned off, depending on the weather, in mid-October. Preparations will then be made to turn on the heat.

DLES

Robert Krauer, provost marshal, said there have been higher than normal incidents of

motor vehicle accidents in recent weeks due to the high influx of deer in the area, including areas where they haven't been seen before. Drivers are reminded to use caution, especially in the early morning hours and after sunset.

A request was made for extra patrols early in the morning as people are not stopping at stop signs while Soldiers are running PT. Krauer said he will address the issue.

A comment was made that civilians and family members should wear reflective clothing while jogging. Krauer said that Ron Kravitz from the Safety Office is addressing the issue in all aspects, to include the danger of wearing head phones. (See page 3.)

ACS

The Harford County Job Fair is Oct. 4 at the Richlin Ballroom in Edgewood. Employers from Fort Monmouth, N.J., a community impacted by the Base Realignment and Closure initiative, will be on hand. More than 60 employers will be on hand from private businesses, county, state and federal governments, law enforcement agencies and more. For more information, call Marilyn Howard, ACS Employment Readiness Program manager at 410-278-9669.

CHAPEL

Religious Education Classes began Sept. 24. Call the Chapel for more information at 410-278-4333.

RETIREE COUNCIL

Retiree Appreciation Day will be held at the Aberdeen Recreation Center Oct. 21 starting at 8 a.m. with coffee and donuts and music by the 389th Army Band (AMC's Own).

Installation representatives and outside agencies will be on hand to inform retirees about services and benefits. There will also be a special presentation on combat-related special compensation. Money is being turned back to the Treasury because deserving veterans are not applying for it.

Even if you're not ready for retirement, there is information

provided Oct. 21 that will be useful to you. Check the APG News for more information.

CYS

Child Youth Services is having a lunchtime seminar on College Savings Plans of Maryland, noon to 1 p.m., Nov. 1.

A representative from the state will discuss several plans including tax plans and tax deferment. There will also be a booth with this information at the Community Fall Fest to be held 10 a.m. to 3 p.m., Oct. 13.

The APG police and fire departments will have exhibits as well as other organizations. After the Fest, a free showing of the movie Monster House will be held at 3:30 p.m. in the Post Theatre. The City of Aberdeen is also participating in this Fest. Check the APG News for future updates.



Morale, Welfare & Recreation



Jonysie Uncangco, left, and Jenelle Cann, right, present their group's ideas on places to volunteer during the Child and Youth Services forum on Sept. 9.

CYS teen forum teaches leadership skills, volunteering

Story and photo by
HEATHER TASSMER
APG News

Child and Youth Services directors, counselors and teens from the Army Installation Management Activity's Northeast Region, gathered at Aberdeen Proving Ground for a teen forum Sept. 9.

CYS staff and teens from Forts Belvoir, George G. Meade, Detrick and Walter Reed attended the teen forum to exchange ideas and learn about leadership skills.

The purpose of the forum was to teach the teenagers on the youth council about what teen councils are and "plan activities for their age group," said Norma Warwick, the Youth Center facility director in the Aberdeen Area.

Tyrone Smith, Department of Agriculture youth development specialist for CYC, spoke to the staff members and teens about youth councils.

"The purpose of a youth council is to identify issues and concerns [in the teen community]," Smith said. "If you don't like something that's and concerns [in the teen community]," Smith said. "If you don't like something that's going on, it's your job to tell someone."

Youth councils should assure that issues are heard in Child and Youth Services, he said.

Smith also talked to the teens and counselors about communication and stereotypes including what a person's style of dress says about him or her and the stereotypes of adults and teens.

First, he asked the teens what adults generally think about them.

Some of the answers were that teens are out of control, disrespectful, lazy and unappreciative.

Then he asked the adults what teens generally think about adults. Some of the counselors answered that teens say adults are demanding, unfair and that they never experienced the same issues that the teens are going through today.

Smith said that statement isn't true. "[The adults] have had the same issues going on in the 60s, 70s, 80s and 90s," Smith said. "The difference is how we handle (or solve) those issues."

To emphasize this point he broke the teens into three groups and had them choose issues out of a hat such as substance abuse or violence. They had to come up with ways they would solve these issues in their youth councils.

The solution the substance abuse group came up with was to "treat it as an illness."

The group members drew a picture of a person with signs against drugs and pictures of drugs themselves such as marijuana, cigarettes and cocaine.

Another group had harsher penalties for drug abusers such as a salary cut at work if they got caught.

The group that discussed how to solve violence came up with the idea of a "non-violent pop culture" because of the amount of violence shown on TV. The group said that people should stop watching the shows containing violence so the ratings will drop and they will be taken off of the air.

Carla Ocampo from CYC in Fort Belvoir talked to the forum attendees about Promise Passport, a Clinton administration initiative to encourage youths to volunteer.

"Passport Promise promotes individual and group volunteer participation through established programs," Ocampo said.

Ocampo said, "[Passport Promise] is a fun way to volunteer in your community."

Those involved in the program receive a passport where they can put their picture and keep track of their dates of service.

She separated them into groups to discuss what kind of volunteer projects they would like to do and what kind of benefits they would gain from those experiences.

Some of the ideas the teens came up with were holding a bingo night at a nursing home, volunteering for Big Brothers and Big Sisters and participating in the Adopt-a-Road program.

Some of the benefits the teens came up with were a better chance for scholarships, opportunities to go on trips and "doing something good for someone else."

Ocampo said volunteering is not all about what a volunteer can get out of the experience but what the volunteer is doing for other people.

In addition, the CYC staff and teens discussed dates that they will hold inter-installation lock-ins.

After everyone ate lunch they separated into groups of people from their own installation to discuss what kind of activities they would like to have in their youth centers.

The many activities on Aberdeen Proving Ground's list were a New York shopping trip, an Open Mic/Karaoke night, snow tubing trips, laser tag, Hershey Park and an Ocean City, Md., trip.

The teens will conduct several fundraisers for these trips such as bake sales and car washes where they will collect donations, according to Gail Stone, CYC program and training specialist.

The teens and staff members went bowling at the APG Bowling Center after the Saturday forum ended.

"The bowling alley was great," Stone said. She said the teens and faculties bowled from 6 to 9:30 p.m.

"They were kind of played out by 9:30 so we took them back to the hotel where they hung out some more and played cards."

On Sept. 10 the forum attendees met at the Golden Corral for breakfast where the teens reported to the directors and counselors the goals and activities they discussed in their installation groups.

Stone said she was very "pleased with the turnout" of the forum and that "the kids had great attitudes."

"They came here to learn and meet new people," Stone said.

The teens discussed how the forum helped them and what they learned from it.

"I think [the forum] is helping us understand how to bring up conflicts in our youth center [so that they can be resolved]," said Jonysie Uncangco, 13, one of the teens from APG.

Jenelle Cann, 14, said, "Once it's over, we'll have more ideas to help out the youth center and the community."

Cann said she learned that teens shouldn't bring drugs into school and that elementary school children need good examples to look up to.

Elizabeth Jackson, 17, said that the teens learned leadership skills and ways to improve their youth council.

This opportunity for teens from IMA's Northeast Region to exchange ideas and discuss issues will continue. The Northeast Region conducts teleconferences quarterly, Stone said.

CYS teen representatives from each installation will discuss upcoming activities during these teleconferences, Stone said.

Comics on Duty tour returning to APG

Story by
YVONNE JOHNSON
APG News

The hilariously funny Comics on Duty World Tour returns to Aberdeen Proving Ground after a successful tour in Iraq and Afghanistan entertaining troops deployed in the War on Terror.

Three nationally recognized comedians will perform two shows on Oct. 21; 3 p.m. at the Stark Recreation Center, building E4140 and 6 p.m. at the Recreation Center, building 3326.

Tickets cost \$5 for active duty military and \$10 for general admission. The shows are open to the public and there is some adult content.

Purchase tickets at MWR Registration, building 3326, at Hoyle Gym, building E4210, or call 410-278-4011/4907.

Proceeds from shows at stateside installations allow the Comics on Duty to be able to entertain our troops serving in harms say," said Earlene Allen, MWR senior program-

mer. "Purchasing a ticket to the show is the perfect opportunity for anyone riding around with a yellow ribbon on their car to show their support."

"If you want to help support those defending us, buy a ticket or buy a ticket for a Soldier."

The Comics on Duty World Tour has been entertaining America's armed forces worldwide since 1992. It stepped up its efforts after the start of the Iraq War and to date has delivered more than 2,500 performances in the war zone as well as in Europe, Korea, Japan and nearly every stateside installation.

Steve Bills, Keith Alberstadt, Jack Mayberry and Robert Hawkins will headline the APG show. Between them they have dozens of years of experience in major motion pictures, television, radio and live stand-up in comedy clubs nationwide. Learn more about the entertainers and the Comics on Duty World Tour at the Web site www.comicsonduty.com

Activities

All services, classes and events are available to DoD cardholders, military, civilian, contractors, retirees, family members and guests. For information on these or any other events, visit www.apgmwr.com.

Army Community Services is located in building 2754, Rodman Road. For information about these or any other services that ACS offers, call 410-278-7474/2453.

Domestic Violence exhibit comes to APG

The Army Community Service Family Advocacy Program invites everyone to the unveiling of an exhibit, "Living With the Enemy," presenting the chronicles of domestic violence on the nation's men, women and children, 1 to 2 p.m., Oct. 3, at the Mezzanine Room, Top of the Bay. Guest speaker/award-winning photojournalist Donna Ferrato will speak on her exhibit and will be available

to the public until 5 p.m. Additional viewing of the exhibit will be 9 a.m. to 5 p.m., Oct. 4 and 5, and 9 a.m. to 11 a.m., Oct. 6.

RSVP by Sept. 29.

For more information or to RSVP, call 410-278-7478 or 410-278-2435.

Social Hour Friday at Ruggles Club House

The evening Social at Ruggles Golf Course will be held 4:30 to 7 p.m., Friday. Light snacks will be provided; beer and sodas and additional food will be available for purchase.

The event is held monthly, the last Friday of each month and is open to all members of the APG community.

For more information, call 410-278-4794.

For all SKIESUnlimited programs contact Central Registration for details and registration. An additional \$18 Central Registration Fee will apply if not already enrolled in the Child and

Youth Services Program. Call 410-278-7479/7571 for an appointment to register.

Volunteers needed

Anyone interested in teaching classes such as kinder-musik, history, grammar, reading, and mommy and me tumbling, should call Sarah Behl, 410-278-4589.

For more information call 410-278-4589.

MyGym parent participation classes

Age-appropriate weekly classes incorporate music, dance, relays, games, special rides, gymnastics, sports and other original activities. My Gym children have fun gaining strength, balance, coordination, fine and gross motor proficiency, agility, flexibility and social skills. The most important benefit MyGym offers, is the building of confidence and self-esteem.

Classes are held Fridays at the Aberdeen Youth Center Oct. 6 to Nov. 17. (No class on Nov. 10.)

Class times for children 18 months to 2 years are 9:30 to 10:15 a.m. and for 2 to 4 years, 10:30 to 11:15 a.m. Cost is \$55.

Martial Arts

Classes will begin on Oct. 16 and Jan. 24 and are held Monday and Wednesday, 5:30 to 6:30 p.m. at the Aberdeen Youth Center. Cost is \$70.

Special Notes: No classes on Nov. 22, Dec 25, Dec. 27, Jan 1, and Jan 15.

There must be minimum of 11 people in the class and children must be at least 7 years old.

Jujitsu

Through the practice of jujitsu students will learn the best form of self-defense defending themselves against bigger, stronger and faster opponents. Students will develop leadership and teamwork skills. All students will advance their skills no matter their gender, size, or natural ability.

Classes are Oct. 10 thru Nov. 2 and Nov. 7 thru Dec. 8.

Tuesdays and Thursdays, 6 to 7 p.m. at the Aberdeen Youth Center. Cost is \$85.

Babysitting classes

Training to become a Red Cross Certified Babysitter will be held 9:30 a.m. to 3:30 p.m., Oct. 2, Nov. 6, Dec. 28, Jan. 22 at Army Community Services, building 2754. Bring a bag lunch.

Participants must be between the ages of 13 and 15.

SCHOOL LIAISON

'Homework 911'

The new season of the 'Homework 411' television show will debut on Sept. 26, 4:30 to 5:30 p.m., on the Harford Cable Network (Comcast Channel 21/Clearview Channel 7).

The program will air each Tuesday and Thursday afternoon. 'Homework 411' provides homework tips and lessons presented by teachers with many other special features.

The show on Tuesday provides assistance to grades three to five while on Thursday grades six to eight will be supported. For more information, call HCN Executive Director Kelly Jara, 410-638-3899.

Editor's Note: Information provided by Harford County Public Schools.

Teachers' Wish List

Now that Back-to-School Nights have passed, how can parents continue to demonstrate their support of our schools? Sit down and write a letter thanking your child's teacher for their hard work. Preparing to meet 25 to 50 parents in one night can be a difficult task as there are rooms to organize, student's work to correct, not to mention parents' hand-outs to collate.

What parents can do

- A note of appreciation would be most effective in establishing positive communication between you and the teacher, and can also enhance your child's relationship with him/her.

- Be involved. Join the PTA, and prove to your child that you care about his/her school environment.

- Be a model of support for the school rules, your child will follow your example.

- Emphasize academics, not athletics. The former will lead to their achievement in life, not the latter.

- Encourage strong test results, as positive pressure will provide the subtle anxiety that helps a child focus. Over-concern will over-stress.

- Call a teacher as soon as you notice a problem. Accept parental responsibility by helping with homework, reviewing tests taken, helping to study and communicating. Still none of these policies are as important as instilling a sense self-discipline in your child.

APG Bowling Center Snack Bar specials

Building 2342

Week of Oct. 2

Special #1: Grilled ham with cheese, soup of the day, one cookie and soda for \$5.35.

Special #2: BBQ pork sandwich on hamburger bun, French fries, one cookie and soda for \$6.75.

Week of Oct. 9

Special #1: Double bowlerburger with cheese, chips, one cookie and soda for \$7.25.

Special #2: Two hot dogs, chips, one cookie and soda for \$3.95.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



Radio City Christmas Spectacular

Travel to New York City to see the Radio City Music Hall Christmas Spectacular featuring the Rockettes.

Tickets for Nov. 18 cost \$140 each.

Tickets for Dec. 2, 3, 9, 10 and 16 cost \$135 each; The bus will depart 8:05 a.m., building 3320, and depart New York at 11 p.m. Seats are limited, register early. Cost includes

charter bus transportation and a ticket for the show. There will be time before the show for shopping and lunch. Open to all Department of Defense card holders.

For more information or to make reservations, call MWR Registration, 410-278-4011/4907, e-mail mwr_registration@apg.army.mil, or visit www.apgmwr.com.



Delayed prostate cancer surgery poses no increased risk for some patients

Johns Hopkins Medicine

Delaying surgery - even for years - for patients with small, low-grade prostate cancer does not appear to increase the risk of the disease progressing to an incurable form, according to a 10-year Johns Hopkins Medicine study.

The study, published in the March 1 issue of the Journal of the National Cancer Institute, found the risk of noncurable prostate cancer - defined as a less than 75 percent chance of remaining disease-free 10 years after surgery - was the same for men receiving immediate surgical treatment and those who waited - on average - two years before surgery.

"This study suggests that for carefully selected men with prostate cancer who are monitored, the window of cure does not close in the short term. For those men diagnosed with early-stage, low-grade prostate cancer, an alter-

native to immediate surgical treatment would be careful surveillance," said H. Ballentine Carter, M.D., a professor of urology at the Johns Hopkins School of Medicine and senior author of the study.

Some researchers believe delayed treatment combined with an active surveillance program could decrease over-treatment. Others, however, believe postponing surgery might shift the patient outside the window of curability.

Men screened for prostate cancer with the prostate specific antigen, or PSA, test are on average diagnosed with the cancer 10 years earlier than men not undergoing PSA screening. While early diagnosis may contribute to a decrease in prostate cancer mortality in some patients, it may lead to invasive treatments of a cancer that may never present a health risk to the patient.

Carter says Hopkins has been enrolling patients in a monitoring program since 1995 with great success, although some patients prefer to go ahead and pursue treatment for "piece of mind."

"Some patients who learn they have cancer are anxious to have treatment 'yesterday.' We hope this study will illustrate that in many cases a safe alternative to immediate treatment is surveillance," Carter said. "Specifically, these would be men with small, low-grade tumors."

Three-hundred and twenty men believed to have these kinds of tumors have been enrolled in an active surveillance program since 1995. Small, low-grade prostate cancer was defined as having a PSA density (PSA divided by prostate volume) below 0.15, no more than two biopsy cores involved with cancer, no biopsy core that showed more than 50 percent cancer-

ous tissue and no high-grade cancer.

Thirty-eight of these patients delayed surgery for a median 26.5 months. Outcomes in these men were compared with a similar group of 150 men who had surgery after a median three months. Results showed that the risk of noncurable prostate cancer was the same for both groups. Factors associated with risk of non-curable prostate cancer included age at time of diagnosis, PSA level and PSA density.

Carter said his group is now studying blood and tissue samples from this population to better understand what puts patients at risk while they're being monitored. He said they plan to look at biomarker changes, genetic factors and lifestyle choices.

(Editor's note: Printed with permission from Johns Hopkins Medicine, Eric Vohr, 410-955-8665, e-mail evohr1@jhmi.edu.)

TRICARE Prime is portable

TRICARE Management Activity

TRICARE Prime benefits don't change when subscribers move or travel. The benefit is portable, meaning it is the same no matter where they go or where they live.

Moving to a new TRICARE region with TRICARE Prime

When customers move to a new TRICARE region where Prime is available, they do not have to change their TRICARE Prime coverage. However, customers must transfer their enrollment to the new regional contractor and select a new primary care manager to avoid expensive point-of-service charges and interruption of coverage.

To make sure subscribers have TRICARE Prime coverage while moving to their new region, it is best to wait to transfer enrollment until after arriving at the new location. Enrollees should change their primary care manager as soon as possible after they move, by filling out a form at the nearest TRICARE service center. Enrollees will then get a new enrollment card and local health care information.

When enrollees move, they must update their address in the Defense Eligibility Enrollment Reporting System as soon as possible. Enrollees may update DEERS online at www.dmdc.osd.mil/rs/owa/home, by visiting the nearest uniformed services ID card facility or by calling the Defense Manpower Data Center Support Office, 1-800-938-8552.

Retirees

Retirees and their eligible family members may transfer their TRICARE Prime enrollment from one region to another without paying additional fees. Since TRICARE Prime enrollment fees are nonrefundable, retired enrollees and their families should make quarterly payments or monthly allotments if they anticipate a move to an area without TRICARE Prime.

Retirees and their family members enrolled in Prime may move within the same TRICARE region an unlimited number of times, but they may only move from one region to another twice a year, as long as the second move is back to the original enrollment region.

Traveling with TRICARE Prime

TRICARE members may travel worldwide without a break in TRICARE coverage.

For non-emergency care, TRICARE Prime enrollees need the proper authorization to get care from their primary care manager or regional contractor, so these phone numbers should be kept with them when traveling.

If customers have an emergency when traveling, they should go to the nearest hospital emergency room, and report the treatment to their primary care manager within 24 hours.

For more information about the TRICARE Prime benefit, visit the TRICARE Web site, www.tricare.osd.mil/ or contact a beneficiary counseling and assistance coordinator in the region.

Maintaining dental insurance when moving to Army Europe

Europe Regional Dental Command

The U.S. Army Europe Regional Dental Command strongly encourages service members to keep their TRICARE Dental Insurance when relocating to U.S. Army Europe locations.

The TRICARE Dental Program gives service members a safety net for their family while stationed overseas. Whether at a new duty station in Europe or while the family is traveling, it ensures dental coverage in both elective and emergency situations.

The mission of the Army Dental Clinics in Belgium, Germany, and Italy is primarily Soldier dental readiness and wellness.

Care to other than active duty (family members) is space available at outside the continental U.S. Dental Treatment Facilities (Dental



Clinics,) in accordance with AR 40-3.

Dependent on mission other than active duty (family member), access to space available dental care can vary by both time and location.

For more information, visit www.europe.tricare.osd.mil and 'click' on TRICARE Dental Program or use the toll free phone numbers below.

1-888-418-0466 (toll-free) - available only in the locations listed below

Note: Before dialing the toll-free number above from Europe, enter the access code listed below for the country in which stationed.

Belgium 0-800-100-10
Germany 0800-225-5288
Italy 800-172-444 (including Vatican City)



LEAVE DONATIONS

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For more information, call Ronda McKinney, 410-278-8988, or e-mail rondamckinney@usag.apg.army.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

James Addas	Shelia Davison	Carolyn Johnson	Sandra Miller
Sarah Blevins	(benign paroxysmal	Beverly King (car-	Mary Pettitway
Debra Bonsall	positional vertigo)	ing for husband)	DeAnna Sampson
(daughter has brain	Susan Gorhan	Lydia Langley	Barbara Seker
tumor)	Shirley Gross	Louis McCarter	Alison Tichenor
Janet Cannedy	Hester Hayes	William B. McLean	Christine Wheaton
Leroy Carter	Rick Jernigan	(kidney failure)	Louis Winters
Rogelio Chevannes			Charles Young

KUSAHC SHOTS

HARFORD COUNTY FLU SHOT SCHEDULE

The Harford County Health Department will hold five flu clinics in Harford County.

A Drive-thru Flu Vaccine Clinic will be held 1 to 4 p.m., Nov. 3, at Ripken Stadium, 873 Long Drive, Aberdeen. The clinic offers a flu shot for senior residents or anyone who may have difficulty walking. Rain date is Nov. 6.

Other vaccination dates scheduled:

Nov. 9, 2 to 6 p.m., Richlin Ballroom, 1700 Van Bibber Road, Edgewood

Nov. 17, 10 a.m. to 2 p.m., Mountain Christian Church, 1824 Mountain Road, Joppa

Nov. 21, 9 a.m. to 1 p.m., Evangel Assembly of God 801 N. Paradise Road, Aberdeen

Dec. 15, 1 to 4 p.m., Level Fire Hall, 3633 Level Village Road, Havre de Grace

The cost for the vaccines is \$20 or Medicare may be billed with proof of card.

Adults and children ages six months and older should

receive the vaccine.

Wear a short sleeve or loose fitting shirt to allow the nurse access to the upper arm area where the shot will be given.

Two easy ways to prevent the flu is to wash hands frequently and get a flu vaccine each fall preferably between October and mid-November. FluMist nasal spray, an alternative to the flu shot for healthy people ages 5 through 49 and not pregnant, is available at all of the clinics except for the drive-thru clinic.

For more information to specific medical questions regarding the flu and the flu vaccine, call 410-638-8459.

(Editor's note: Kirk U.S. Army Health Clinic is currently providing the flu vaccine to active duty personnel. There will be an announcement when the flu vaccine will be available to beneficiaries.)



Office Eagle to celebrate National Disability Employee Awareness Month

Story by YVONNE JOHNSON APG News

October is National Disability Employee Awareness Month and the Aberdeen Proving Ground Office Eagle service stores will celebrate with special events at both locations.

Customers can enjoy an "old fashioned Hoedown" complete with hot apple cider and tasty snacks, 10 a.m. to 2 p.m. at the Edgewood Area store Oct. 4 and at the Aberdeen Area store in building 320 during the same hours Oct. 5.

Office Eagle is a retail and e-commerce business owned

and operated by Blind Industries and Services of Maryland (BISM), a not-for-profit 501(c)(3) organization. BISM provides state-of-the-art training and employment opportunities for blind and visually impaired people of all ages, from Maryland and the surrounding region.

During the celebration, Office Eagle associates will be dressed in down-home country gear, including straw cowboy hats. Decorations, music and fun activities will also be part of the celebration. In addition, a PowerPoint presentation will be on display highlighting the various services and opportunities

BISM and Office Eagle provide for the blind community.

Associates will be available to chat with visitors about the Office Eagle experience.

"Blind and visually impaired associates play a pivotal role in operations, customer service and maintenance at all Office Eagle stores, which sell everything from office supplies to military uniforms," said Rob Ennamorato, BISM communications specialist.

"At our Aberdeen Area Office Eagle location, seven of the nine associates are blind or visually impaired or physically challenged," he said.

"The Office Eagle is a

proud participant in the Javits-Wagner-O'Day (JWOD) program, a federal program in which the government buys products and services from participating state and private non-profit agencies that are dedicated to training and employing individuals with disabilities.

"A multitude of JWOD products are for sale at Office Eagle stores," Ennamorato said.

"We are proud to serve our military customers at Aberdeen Proving Ground and we invite everyone to come out, take part in the festivities and learn more about Blind Industries and Services of

Maryland and Office Eagle."

For more information, contact Barry Council, APG store manager at 410-297-4951 or E-mail oeaberdeen@comcast.net.

U.S. Department of Labor www.dol.gov

The effort to educate the American public about issues related to disability and employment began in 1945, when Congress enacted a law declaring the first week in October "National Employ the Physically Handicapped Week."

In 1962, the word "physically" was removed to acknowledge the employment

needs and contributions of individuals with all types of disabilities and in 1988, Congress expanded the week to a month and changed the name to "National Disability Employment Awareness Month." The Office of Disability Employment Policy has the lead in planning NDEAM activities and materials to increase the public's awareness of the contributions and skills of American workers with disabilities. Various programs carried out throughout the month also highlight the specific employment barriers that still need to be addressed and removed.



Janet Cannedy checks to see if an 'infant' is breathing during training for Family Child Care applicants at the Community Support Center in building 2752 Sept. 20.

Provider applicants receive child care training

Story and photos by
YVONNE JOHNSON
APG News

A group of training applicants hoping to become certified child care providers for Aberdeen Proving Ground families met for four days of intense training at the Family Child Care Community Support Center in building 2752 Sept. 18 to 21.

The FCC training includes classes on nutrition, child growth and development, medications, diseases, first aid and other areas," said Beverly Hartgrove, training and curriculum specialist. In addition, participants received handouts on diapering, special needs care, the Exceptional Family Member Program and Parent Public Relations.

"After completing the training week, they must complete background investigations, home inspections and health physicals before certification," Hartgrove said.

"This is a larger class than usual with on-post as well as off post participants," she added.

Aphrodite Corsi, FCC director said that the class size indicated that the word is getting out about FCC opportunities.

"So many who would like to be providers don't know we are here," Corsi said, adding that the FCC Office and Central Registration will maintain a list of all available providers to refer to new families.

The Sept. 20 training included Infant and Child CPR. Participants watched a movie instructing them on Mouth-to-Mouth and Cardio-

pulmonary Resuscitation and reviving conscious and unconscious choking victims, then used infant mannequins to practice the life-saving steps.

Several said they got a lot out of the training.

Amber Tarver, the wife of Staff Sgt. Kevin Tarver, U.S. Army Ordnance Center and Schools, said that she applied after seeing an FCC flyer at the Shoppette.

"I was always very interested in becoming a provider," she said. "This training was very good. I learned lots of stuff I will make me more confident about caring for children."

Barbara Briscoe already operates a home daycare off post in the town of Edgewood. She said she got involved in the training through a friend who suggested it.

"It's a refresher course for me but it's still very good training, especially for people new to childcare," Briscoe said.

The trainees will be certified in about one month and will have openings for infants to school age children, ages 6 weeks to 12 year.

For more information about FCC Training, call the FCC Office in building 2752, 410-278-7477/9832/7140.



Amanda Gorackowski practices the proper finger placement used to perform cardiopulmonary resuscitation on an infant.

Army, Navy provide humanitarian relief

Story by
PAUL MEHNEY AND ASHLEY JOHN
TARDEC

The U.S. Army Tank Automotive Research Development and Engineering Center, the Department of Interior's Bureau of Reclamation and the Office of Naval Research have deployed a team of engineers along with one Expeditionary Unit Water Purifier to Neah Bay where the Makah Indian Reservation, Wash., has nearly run dry. The diesel-powered desalination system will turn seawater into drinking water for the reservation's 1,800 residents.

An Army-Navy water purification unit arrived at the Makah Indian Reservation Sept. 11, which will supply 100,000 gallons of potable water per day to the tribe. The reservation has been on a water restriction since they declared an emergency Aug. 29.

The Indian Health Service contacted Army after learning of TARDEC's role during the Hurricane Katrina relief effort. The EUWP was transported to Neah Bay from the Navy Facilities Engineering Service Center at Port Hueneme, California. TARDEC and the Navy Facilities Center are providing logistical and operational support during the EUWP's 30-day deployment to the U.S. Coast Guard Station Neah Bay.

"Using the EUWP technology to aid in state-side humanitarian relief not only supports the near term needs of our citizens but allows the Army to see how the technology works in real world scenarios," said Col. Bryan McVeigh, TARDEC military deputy. "It gives us

[TARDEC] an opportunity to validate years of R&D desalination efforts."

The EUWP is capable of supplying potable water from virtually any water source, including nuclear, biological and chemical contaminated sources. Originally designed to support large military units during deployment and sustainment operations, the EUWP is now being used for disaster relief. A single EUWP can produce up to 100,000 gallons of potable water per day from seawater or 200,000 gallons of potable water from freshwater.

The unit consists of two separate ISO configured platforms that are compatible with the military's Palletized Load System trucks and most commercial line haul transports. The system uses ultra-filtration to process freshwater and reverse osmosis technology to filter seawater. The use of large water bladders enables the EUWP to store up to 40,000 gallons of potable water. The self-contained purification system is powered by a 60-kilowatt diesel generator.

TARDEC, part of the U.S. Army Research, Development and Engineering Command, is headquartered at the Detroit Arsenal, Warren, Mich. It is the nation's laboratory for advanced military automotive technology. TARDEC's mission is to research, develop, engineer, leverage and integrate advanced technology into ground systems and support equipment throughout the life cycle. Its technical staff leads research in ground vehicle survivability, mobility, intelligent systems, and maneuver support and sustainment. For more information, visit www.rdecom.army.mil.

Thunder

From front page

Battalion and a founding member of the Warrior Brotherhood in Maryland.

After talking with them, she said the Soldiers were very impressed with how many veterans came to meet them.

Roberts, who also came along on the visit with the motorcycle club, said she was overwhelmed when she arrived at the dining hall and saw the troops lined up.

"All I could do was cry," she said. "We were here to honor them and they were paying their respects to us."

She described it as a "Kleenex day" because there were many moments where the riders had tears in their eyes or falling down their faces.

Sgt. Maj. William Hart of the 16th Ordnance Battalion gave

Roberts a Sergeant Major's Coin. She said that made her day even more special.

She said she was very touched because several people told her that getting a coin was an honor that "only happens once in a blue moon."

Hart said he gave out the coins to Roberts and several other people "to show appreciation" for their visit.

He said when he learned that the motorcycle riders wanted to meet with and talk to the Soldiers, he had no objections.

"It was just a way (for them) to show respect to the Soldiers," he said.

In addition to the motorcycle clubs, two teens, Patrick Posadas, the son of retired Sgt. Major Fred Posadas and Tyler Baldwin, the grandson of member Dave Clark, also came along for the visit. Baldwin shared his comments about visiting the troops.

"I was very surprised when we pulled up and saw all those Soldiers," he said. "All I could think of was that they are going to fight for our country and this could be me someday."

The Warrior Brotherhood Veterans Motorcycle Club started in Maryland in 2001 by Bloss and eight other members (as part of a national club).

Posadas said most of the members are veterans who served in Korea, Vietnam, Iraq or during Desert Storm. He said members that had not served in the military still like being part of the group.

Bloss said in addition to visiting Perry Point Veterans Hospital, they also visited veterans at the Charlotte Hall Veterans Home in Charlotte Hall near Salisbury, Md.

The club members also plan to serve turkey dinner to the veterans the day after Thanksgiving at the American Legion in Edgewood, accord-



To welcome the riders, about 500 Soldiers from the 61st Ordnance Battalion lined both sides of the street forming a "wall of freedom," according to club member Mary Beth Roberts.



Channel 21 features Pentagon Channel programming

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

Monday

ATS Reloaded, 5:30 a.m.
American Veteran, 9:30 a.m.
Army Newswatch, 11 a.m.
Inside Afghanistan/FJ Iraq, 1 p.m.
Around the Services, 5:30 p.m.
Focus on the Force, 10 p.m.

Tuesday

Around the Services, 8 a.m. and 8 p.m.
RECON, 11 a.m.
Focus on the Force, 1 p.m.
Army Newswatch, 3 p.m.
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.
Army Newswatch, 7 p.m.

Wednesday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9:30 a.m. and 9:30 p.m.
American Veteran, 1 p.m.
Inside Afghanistan/Freedom Journal Iraq, 2 p.m.
RECON, 3:30 p.m.

Focus on the Force, 6:30 p.m.

Thursday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9 a.m. and 9 p.m.
Freedom Journal Iraq/Inside Afghanistan, Noon
Focus on the Force, 1 p.m.
RECON, 3:30 p.m.
American Veteran, 5 p.m.

Friday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 10:30 a.m.
RECON, Noon
American Veteran, 2:30 p.m.
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.
Focus on the Force, 6:30 p.m.
ATS Reloaded, 7 p.m.

Saturday

Around the Services, 5:30 a.m.
News Reel Anaconda, 7:30 a.m.
American Veteran, 1:30 p.m.
Army Healthwatch, 2 p.m.
ATS Reloaded, 5:30 p.m.
Battleground, 7 p.m.
RECON, 8 p.m.

Sunday

ATS Reloaded, 5:30 a.m. and 9:30 p.m.

Freedom Journal Iraq, 10:30 a.m. and 4:30 p.m.
Today's Military, 1 p.m.
Around the Service, 7:30 p.m.

Army Newswatch - Bi-weekly report on the men and women of the Army.

Around the Services - From the Pentagon Channel NewsCenter, daily half-hour program featuring military news from top defense officials and the military services from around the world.

RECON - A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. military men and women.

Your Corps - Monthly view of the men and women of the Marine Corps.

Freedom Journal Iraq - A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq.

Navy Marine Corp News - A weekly look at the men and women of today's sea service.

Opportunity Showcase - A monthly

program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the U.S. Air Force.

The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service.

Battleground - Every weekend, this series features historic films from World War II, Korean War, and the Vietnam War. A *Pentagon Channel Original Series*.

Focus on the Force - A weekly program highlighting missions, operations and people of the U.S. military.

Inside Afghanistan - Presents the latest from Operation Enduring Freedom, showing the activities of American troops in country.

ATS Reloaded - ATS-Reloaded revisits the best of the week and keeps viewers updated on information that's important.