

POST SHORTS

Recycling schedule



The residential and recycling pickup schedule for Nov. 1, is plastic, glass and metal. Put items in blue bags and place them on the curb.

Time to fall back



Don't forget to turn clocks back one hour on Oct. 29. Standard time resumes when daylight-saving time ends at 2 a.m. traditionally on the last Sunday in October.

Celebrating Halloween on APG

Halloween and the traditional "trick or treat" activities will be celebrated at Aberdeen Proving Ground on Tuesday, Oct. 31, specifically limited to 6 to 8 p.m.

Children under 12 years of age must be accompanied by an adult.

Personnel driving in the housing areas during the "trick or treat" period are cautioned to exercise extreme care, and to be especially watchful for young children who may not be readily visible or attentive to moving vehicles.

It is strongly recommended that children wear reflective markings on their costumes or carry a flashlight.

The cooperation of all concerned is being solicited to ensure a safe and happy Halloween at APG.

For more information, call Sheryl Speerstra, 410-306-4522.

MCSC taking orders for apple pie sale

The Military and Civilian Spouses' Club will be making homemade pies on Oct. 26 at the APG Chapel. Anyone interested in helping should contact Judi Wurm, 410-272-8271 or Gloria DeBerry, 410-273-1926.

MCSC is currently taking orders for the pies because only a limited amount will be made this year. The cost is \$7 per pie. To pre-order, call Judi or Gloria.

RAB meeting scheduled Oct. 26

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m., Oct. 26, at the Edgewood Senior Center on Gateway Road. The topic of

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Army unveils new advertising campaign

Army News Service

The Army announced the start of its communication and education efforts to assist the Army family to communicate to the nation its new advertising campaign – Army Strong – to an audience of Soldiers, Army civilians and family members Oct. 9.

Army Secretary Dr. Francis J. Harvey unveiled the effort to tell the Army about the campaign, a key component of the Army's recruiting efforts, during an opening ceremony for the 2006 Association of the U.S. Army Annual Meeting in Washington, D.C.

"This morning we will launch our internal communications and education phase lasting several weeks until we formally launch the new advertising campaign on Nov. 9," Harvey said. "It is vitally important that the internal Army family understand and embrace this new campaign. I believe it speaks to an essential truth of being a Soldier."

The Army is taking 30 days to educate its internal audience on the campaign's meaning. It will go "public" Nov. 9 with television, radio and online spots, as well as an updated www.goarmy.com Web site. Print ads are scheduled to begin in January, and will be directed to media that appeals



Photo by BETSY WEINER
Army Secretary Dr. Francis J. Harvey unveiled the effort to tell the Army about the "Army Strong" campaign, a key component of the Army's recruiting efforts, during an opening ceremony for the 2006 Association of the U.S. Army Annual Meeting Oct. 9 in Washington, D.C.

to young adults.

The Army Strong campaign will build on the foundation of previous

recruiting campaigns by highlighting the transformative power of the Army. It will also capture the defining experi-

DoD promotes energy initiatives to stretch dollars, improve efficiency

Story by
DONNA MILES
American Forces Press Service

The Defense Department is exploring ways to make its weapon systems and facilities more fuel-efficient and less vulnerable to market fluctuations and controls, senior defense officials told Pentagon reporters Oct. 4.

John J. Young Jr., director of Defense Research and Engineering, said DoD is putting more emphasis on improving the efficiency of its operations — for national security as well as financial reasons.

DoD is the United States'

biggest energy consumer, using more than 300 million barrels of oil every day. At those levels, a \$10-a-barrel price hike puts a \$1.3 billion dent in the defense budget and the funds appropriated to support the fighting force.

"When oil goes up \$10 a barrel, there's a billion dollars in things we don't get to do... [for] the warfighter," Young said.

But heavy dependence on oil has other repercussions for the military, too, he said. The United States imports 58 percent of its oil, so there's no solid guarantee that it will

always have access to the energy it needs.

A major goal in DoD's energy program "is making sure we ... have multiple options in a changing marketplace for assured access to the energy that is required for the military to provide the nation's security," he said.

And for deployed troops, oil dependence boils down to an even more basic vulnerability, Young said. The more fuel they need, the more convoys they need to put on the road to deliver it, and the more frequently they expose them-

selves to improvised explosive devices and other threats.

He cited "a desire to have renewable-type [energy] sources in Iraq and deployed locations so we ... potentially have to take less fuel to the deployed forces and therefore put fewer convoys at risk."

About three-quarters of DoD's oil consumption goes toward keeping the military on the move: its aircraft conducting sorties, its ships patrolling the seas and its wheeled and tracked vehicles patrolling the streets of Iraq and Afghanistan.

The military is working to make these systems less oil-dependent without sacrificing capability, Young explained. It's looking into composite materials that make vehicles lighter and more efficient, and fuel-efficient engines and alternative fuel sources to decrease its dependence on fossil fuel.

The Air Force, DoD's biggest energy user, is considering setting a goal to reduce its fuel consumption in a way that doesn't shortchange training or operations, he said. The Marine Corps recently issued a

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CFC dollars go a long way

APG CFC Office

The Combined Federal Campaign program is the authorized solicitation of employees in the federal workplace on behalf of charitable organizations.

It continues to be the largest and most successful workplace fundraising model in the world with a tradition of commitment to the community through the selfless efforts of federal employees.

In 2005 federal employees around the world raised more than \$268 million for charitable causes.

Aberdeen Proving Ground hopes to raise \$425 thousand during the CFC of Central Maryland 2006 campaign.

The following are samples of what CFC dollars can accomplish.

A \$25 contribution per pay period can:

- Provide six therapy sessions for a senior with a disability.

- Provide a metal ramp so that wheelchair bound individuals can roll from a pier onto a pontoon boat.

- Purchase four computers with adaptive equipment for blind students.

- Buy the special materials needed by two scientists for complex research that could one day save lives.

- Provide a trained and experienced hotline advocate who can offer crisis intervention, information and referrals for victims of domestic violence, their friends and family.

- Empower solutions to global environmental problems.

A \$15 per pay period contribution can:

- Save the life of an abused child.

• Pay for travel expenses for one disabled person who needs to pick up a new assistance dog partner.

- Provide a homebound AIDS patient with groceries for a full year.

- Purchase a two-week stay at camp for a disabled child.

- Buy enough essential medicines to treat the common ailments of 1,000 men, women and children for five months.

- Equip three classrooms with desks, blackboards and other furniture.

- Provide a scholarship for an underprivileged person to travel to Central America or Haiti to observe and document human rights abuses, then return to the United States to work for change.

- Provide one hot food carrier to keep meals hot while being delivered to home-bound elderly hot and appetizing.

- Offer 25 hard-cover books on grief for parents whose children have died.

A \$10 per pay period contribution can:

- Help eight inner-city youths meet and learn about people from other cultures, while staying in a youth hostel.

- Provide posters, postcards and other educational materials at two national park sites to inform park visitors about the threat air pollution poses to national parks, and steps they can take to help prevent increased pollution in their parks.

See CFC, page 14

Ordnance Corps changes commanders

Story by
ANDRICKA HAMMONDS
OC&S

The Ordnance Corps and the U.S. Army Ordnance Center and Schools will bid farewell to its Chief and Commanding General, Maj. Gen. Vincent E. Boles, at 2 p.m., Oct. 30, and will welcome Brig. Gen. Rebecca S. Halstead as the 34th incoming Chief of Ordnance and Commanding General of the OC&S.

Boles will move on to work at the Pentagon, as the Assistant Deputy Chief of Staff, Logistics (G-4), U.S. Army.

Halstead, formerly the commanding general of the U.S. Army III Corps Support Command, will become the

first female Chief of Ordnance.

Media interested in attending the event, should meet at the MD-Route 715 APG Gate at 1:15 p.m. to be escorted to the ceremony.

Due to increased security, on the day of the event, call 410-652-6547 (cell) prior to arrival to ensure coordination at the gate.

Media members interested must have a valid driver's license, vehicle registration, and proof of insurance to ensure entrance to the installation.

For more information, call Andricka Hammonds, OC&S Public Affairs Officer, 410-278-2415 or e-mail Andricka.hammonds@us.army.mil.



Aviation Brigade Command Sgt. Major David M. Jenkins unseals the colors of the 1-224th Aviation Security and Support Battalion Oct. 15 during a ceremony at the Army Aviation Support Facility hangar in APG-South. Guidon bearer Spc. Landraous Pabron waits for its return. The 224th was deactivated in 1995, and re-activated in 2001, and was then changed from just an aviation regiment to security and support as well.

NG unit gains homeland security mission

Story and photo by
PFC JOHN P. HIGGINS
MDARNG

"Nine eleven got us thinking: bring everything together with the dedicated mission," said Lt. Col. Shannon Brown of the 1st Battalion 224 Aviation Security and Support Regiment in her speech given at the unit's activation ceremony Oct. 15.

Everything has been brought together in this new kind of unit in several senses. After it's reactivation in 2001, the mission of the 1-224th has been changed to augment homeland security, including local police and emergency response units, said Maj. Michael Krause, the battalion executive officer.

That augmentation takes the form of not only 419 personnel from several states, some as far away as Alaska, but also in terms of more helicopters specifically modified for the mission, Brown said. Those resources are also spread between eight states from Maine to Virginia, making the unit's coverage one of the largest in the nation, when compared to other units spread between

three or four states.

One of those modifications is an infrared camera capable of recording and transmitting images in real time, said Capt. Kirk E. Regina, commander of Company A of the 1-224th.

All of these changes and additions come together in a unit like nothing ever seen in the National Guard before 1-224th, a point that Battalion Intelligence Officer Capt. Andrei Illias emphasized.

"I like being the first to do anything and this is a first for the Army," Illias said. "It's a little bit ground breaking I think."

Ground breaking not only refers to the method but also the equipment the unit will be using, including many helicopters that will be outfitted not only with cameras, but with communications equipment that allows for coordination with multiple emergency personnel in any given situation, Brown said.

"They are ready, they are here and they are ready to support," said Brown as she concluded her speech.

Veterans' voices

VA announces 'Veterans Pride Initiative'

American Forces Press Service

Leaders of major veterans organizations joined Veterans Affairs Secretary R. James Nicholson in Washington, D.C., Oct. 18 launching an effort to "kindle a new spark of patriotism" by asking men and women who have served in the military to wear their medals on Veterans Day.

"We are announcing a 'Veterans Pride Initiative' to remind Americans of the pride and honor in the hearts of those who have served," Nicholson said at a news conference at VA headquarters. "We expect Americans will see our decorated heroes unite in spirit at ceremonies, in parades and elsewhere as a compelling symbol of courage and sacrifice on

Veterans Day, the day we set aside to thank those who served and safeguarded our national security."

The campaign is modeled after a tradition in Australia and New Zealand, countries that honor the Australian and New Zealand Army Corps on April 25 each year, VA officials said. Nicholson said he hopes a U.S. tradition will ensue to emulate this pride in being a veteran and in honoring the nation's veterans.

VA is offering information about the campaign on a Web page, <http://www.va.gov/veteranspride/>, where veterans also can obtain information about how to replace mislaid medals and learn how to confirm the decorations to which they are entitled.

CALLING ALL VETERANS

WEAR YOUR MEDALS ON VETERANS DAY AND SHOW YOUR PRIDE

The Department of Veterans Affairs calls on all veterans to express their patriotism and pride on Veterans Day and other major patriotic holidays through a display of medals earned in their military service.

Join your comrades in public display of your military decorations. It's a way to show your community the spirit of America's veterans and remind your neighbors of the service and sacrifice of those who guarded democracy.

As we salute America's heroes on Veterans Day, Memorial Day and the Fourth of July, wear your medals and show your pride, whether participating in public observances or relaxing with family and friends. Your medals tell a story of service in the cause of freedom that all Americans need to hear.

For more information, visit the VA's Web site at: www.va.gov/veteranspride

On Cyber Patrol hosts contest

Army News Service

In a contest running through Nov. 27, the Office of the Army Chief Information Officer/G6 is seeking ideas on information assurance to feature in On Cyber Patrol, a series of cartoons and articles that reinforce IA's importance to the success and safety of today's Soldiers.

The contest is open to active-duty and reserve-component Soldiers, civilian employees and supporting contractors.

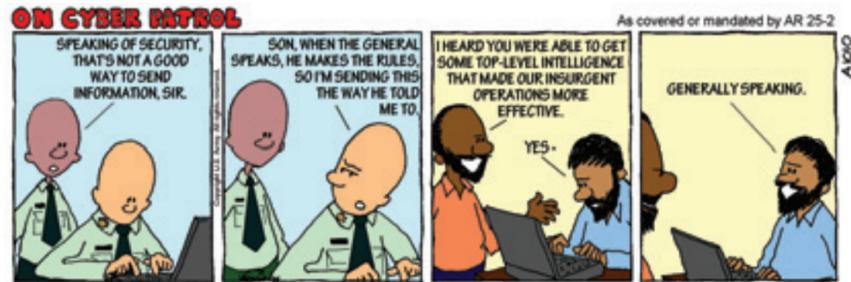
Entries should include a 500-word description of an idea – with examples – on how to keep Army networks, communications and information secure. Subjects include security issues, social engineering attempts, localized policies

and procedures that augment Army regulations, and the equivalent of cyber Darwin Awards.

The winner will have his or her likeness and idea featured in January's OCP cartoon. Individuals may submit multiple entries in separate e-mails. All material must be unclassified.

Entries must include a brief IA-centric biography and will become the property of the OCP team. If non-winning ideas are used for future cartoons/articles, the contest contributor will be acknowledged.

Entries with the participant's name, rank and unit should be e-mailed by 6 p.m., Nov. 27 to oncyberpatrol@hqda.army.mil with "OCP Contest" in the subject line.



APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMNE-APG-PA, Building 2201, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,800.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser,

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Deadline for copy is Thursday at noon for the following Thursday's paper.

Staff

APG Commander Maj. Gen. Roger A. Nadeau
 APG Garrison Commander Col. John T. Wright
 Public Affairs Officer George P. Mercer
 Editor Debi Horne
 Editorial Assistant Marguerite Towson
 Contract Photojournalists Yvonne Johnson
 Heather Tassmer
 Graphic Designer/Web Designer Nick Pentz
 Web site www.apgnews.apg.army.mil



VETERANS PRIDE INITIATIVE

2006 PROCLAMATION

WHEREAS, the 11th day of November is a day set aside in the United States to honor all Veterans of military service, and

WHEREAS, most federal employees will observe November 10, 2006, as a work holiday, and

WHEREAS, the Honorable R. James Nicholson, Secretary of Veterans Affairs, and leaders of major veterans organizations have called on America's veterans to help kindle a new spark of patriotism on Veterans Day by wearing the medals they earned during military service; and

WHEREAS, the *Veterans Pride Initiative* will serve to remind Americans of the pride and honor in the hearts of those who have served. We expect Americans will see our decorated heroes unite in spirit at ceremonies, in parades and elsewhere as a compelling symbol of courage and sacrifice on Veterans Day, the day we set aside to thank those who served and safeguarded our national security.

NOW THEREFORE, I, Colonel John T. Wright, do hereby proclaim that the U.S. Army Garrison Aberdeen Proving Ground will encourage our local Veterans to show their *Veterans Pride* on November 8, 2006, by wearing the medals they earned during their military service.

IN WITNESS THEREOF, I have hereunto set my hand this 21st day of October, in the year of our Lord two thousand and six, and of the Independence of the United States of America, the two hundred and thirtieth.

JOHN T. WRIGHT
 Colonel, U.S. Army
 Commanding

Leave donations needed for employees affected by Hurricane Katrina

Story by **MELDA CALLENDER**
 CPAC

President Bush directed the Office of Personnel Management Sept. 1 to establish an Emergency Leave Transfer Program to assist employees affected by Hurricane Katrina. A government wide program was announced Sept. 14 to coordinate the interagency transfer of annual leave donated under ELTP.

The ELTP permits employees to donate their unused annual leave for transfer to employees of their agency or other agencies who are adversely affected by a major disaster or emergency, such as Hurricane Katrina, and who need additional time off from work.

There is an URGENT need for donated annual leave for federal employees in the Gulf Coast Regions of Louisiana and Mississippi that continue to be affected by Hurricane Katrina and its aftermath. As of Sept. 14, 18,000 additional hours of annual leave are still needed to meet the needs of its approved emergency leave recipients.

- An emergency leave donor may donate a minimum of 1 hour of annual and a maximum of 104 hours of annual leave.

- An emergency leave donor may not donate annual leave for transfer to a specific emergency leave recipient.

- An emergency leave recipient may not receive more than 240 hours of donated annual leave at any one time from an emergency leave transfer program.

Interested employees should complete OPM Form 1638, Request to Donate Annual Leave Under the Emergency Leave Transfer Program, and return it to the APG Civilian Personnel Advisory Center located at 305 Longs Corner Road. A copy of Form 1638 may be found at http://www.opm.gov/forms/pdf_fill/opm1638.pdf.

For more information or to request a copy of Form 1638, contact Ronda McKinney, 410-278-8988, DSN: 298-8988, ronda.w.mckinney@us.army.mil or Callender, 410-278-8997, DSN: 298-8997, melda.callender@us.army.mil.



Freestate ChalLeNGe Academy, an at-risk youth National Guard Program at Aberdeen Proving Ground, won first place for their display poster exhibiting Hispanic culture Oct. 17.



The Aberdeen Proving Ground Youth Center placed as the runner-up in the Hispanic Heritage month display contest.

OC&S celebrates Hispanic culture

Story by

ANDRICKA THOMAS HAMMONDS
OC&S

The U.S. Army Ordnance Center and Schools Equal Opportunity Office worked for the first time with the Aberdeen Proving Ground Garrison Equal Opportunity Office to celebrate Hispanic Heritage Month with displays and food sampling Oct. 17 in the OC&S library.

The month-long celebration began with an essay and display contest addressing Hispanic-American culture and the contributions the culture has made to this country.

Col. James Gray, deputy chief of staff for OC&S, presented awards and certificates to contest winners. APG Garrison Command Sgt. Maj. Elvis Irby added his congratulations to the essay and display contest winners with Gray.

"Without having diversity, our country wouldn't be great," Gray said. He presented a trophy and certificate of appreciation to Larry Alejo, 61st Ordnance Brigade, on behalf of the first place essay winner, Ariana Vega, also from the 61st Ordnance Brigade, who was unable to attend.

Runner up, Gloria Scott, 61st Ordnance Brigade, received a plaque and certificate of appreciation as well.

"I challenge everyone to participate in these programs," Scott said. "Knowledge is

powerful, the more you do it, the more you learn."

Scott has participated in every contest since she began working for OC&S in February 2005.

"She puts her heart in it," said Master Sgt. Gail Brennan, OC&S equal opportunity advisor.

Aberdeen Proving Ground tenants weren't the only participants in this contest. The Maryland Freestate ChalLeNGe Academy, an at-risk youth National Guard program, also participated.

Earning first place in the display contest, cadets from the academy received a trophy and certificate of appreciation.

The cadets submitted a poster display depicting the influence the Hispanic culture has had on American culture and may have on its future. The display included topics such as politics, entertainment, including dance and music genre, food and sports.

Learning seemed to be the theme of the event.

"We succeeded in reaching

a bigger audience with this year's contest," Brennan said. "What the Freestate Academy cadets learned through the contest was pretty amazing."

Even the academy instructors agreed it was a learning experience for all.

"This project was not only the assignment of completing a display board but also turned into a learning session for myself, the lead instructor and hopefully the cadets that worked on it," said Rebecca Blue, Freestate math instructor.

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www.apgnews.apg.army.mil



After a presentation ceremony in the APG Garrison conference room Oct. 3, from left, APG NCO of the Year Staff Sgt. Timothy P. Inman, USAF Detachment Instructor of the Year Staff Sgt. Charles R. Dettlinger, U.S. Marine Corps Detachment Instructor of the Year Gunnery Sgt. Eric L. Darmstadt and USMC Detachment NCO of the Year Gunnery Sgt. Daniel W. Brugger show off the custom rings they received for being named the installation's service members of the year.

APG service members receive rings

Story and photo by
YVONNE JOHNSON
APG News

The Aberdeen Proving Ground Garrison rendered a final salute to the installation Service Members of the Year, Oct. 3, when Garrison Command Sgt. Maj. Elvis Irby presented custom made rings to the 2006 winners during a presentation ceremony in building 305.

"This is the last leg of our recognition of our Soldiers, Marines and Airmen who were the finest service members on APG this year," Irby said.

The recipients included APG Noncommissioned Officer of the Year Staff Sgt. Timothy P. Inman; U.S. Marine Corps Detachment NCO of the Year Gunnery Sgt. Daniel W. Brugger; USMC Instructor of the Year Gunnery

Sgt. Eric L. Darmstadt; and USAF Detachment Instructor of the Year Staff Sgt. Charles R. Dettlinger. Those not in attendance included APG Soldier of the Year Spc. Joseph M. Kraft; RDECOM NCO of the Year Staff Sgt. Veronica D. Moore; U.S. Army Ordnance Center and Schools NCO of the Year Sgt. Nixon Pacheco; OC&S Drill Sergeant of the Year Sgt. 1st Class Kris Toman; OC&S Instructor of the Year Staff Sgt. Alvin Martin; and U.S. Air Force Detachment NCO of the Year Staff Sgt. Ryan M. Voneida.

Irby told the service members he wanted them to help keep the Service Member of the Year program going by sharing what they learned with their commands.

"I encourage you to talk the

program up and encourage your fellow service members to compete," Irby said, noting that the process begins with monthly and quarterly selection boards within the units and battalions before advancing to the installation level and higher.

"It means a lot of hard work and a lot of studying, but the only thing this process does is make each and every one of you better," Irby said.

Visit APG News online at
www.apgnews.apg.army.mil

KUSAHC NCO becomes latest Audie Murphy Club inductee

Story by
YVONNE JOHNSON
APG News

A noncommissioned officer at Kirk U.S. Army Health Clinic became the region's newest Audie Murphy Club inductee during a ceremony at Walter Reed Army Medical Center Sept. 8.

Maj. Gen. George W. Weightman and Command Sgt. Maj. Jeffrey S. Miller of the North Atlantic Regional Medical Command presented the Audie Murphy medallion and a host of other awards and gifts to Staff Sgt. Marcus D. Murray, a 68-Whiskey health care specialist assigned to Fort Meade's MEDDAC who has been attached to KUSAHC since June, serving as the operations/nursing education NCO.

The NARMC covers every Army installation between Fort Drum, N.Y., and Fort Bragg, N.C., and includes Fort Knox,

Kentucky, and the U.S. Military Academy at West Point.

Although he appeared before the selection board and was approved in January, Murray said that he was not inducted until September to allow time for anyone else selected within the region to be included.

Murray said that the achievement came after two previous failed attempts.

"I was recommended by the commander and the senior medical NCO at Fort Meade," he said, "but the first time I didn't get past the board at Walter Reed [Army Medical Center], and the second time I got to the NARMC board but wasn't recommended."

"But that's okay," he said. "Those two failures helped prepare me for this achievement."

He said that preparing for the board was pretty much reviewing training and field

manuals, and Army and installation regulations as well as gaining a thorough understanding of who Audie Murphy was and the importance of upholding what he stood for.

In addition, the testing process included responding to several hypothetical situations the board members used to test his leadership potential in regard to taking care of Soldiers, he said.

"Most importantly, you have to be able to reference your training and experience to demonstrate how you would use Soldier programs like Army Community Service and Army Emergency Relief to help Soldiers in need," he said.

With nearly 10 years in the Army, Murray said he feels that he still has much to learn and considers this a leap in that direction.

Even though he wasn't inducted until last month, Murray has been attending monthly meetings with Audie Murphy club members since February.

"There are only a few in this area and I'm the lowest ranking," he said. "The rest are E-7s to E-9s."

The group routinely plans and participates in community service projects throughout the region and they visited Sgt. Audie Murphy's grave at Arlington National Cemetery together on the anniversary in June.

"I did this for the knowledge," Murray added. "It's amazing the insight and wisdom you receive from the other club members."

Along with being an Audie Murphy inductee, Murray won the 2006 U.S. Army MEDDAC Soldier of the Year for Fort Meade; he was named the Installation NCO of the Quarter, 1st Quarter, fiscal year 2006, and was the runner-up for the North Atlantic

See **MURRAY**, page 14

Energy

From front page

solicitation for a new heavy truck that includes "a very specific and precise goal that decreased fuel consumption something like 15 to 20 percent" over its current Logistics Vehicle System.

"And so in each program space, we are going to set ... fairly aggressive goals for achieving additional efficiencies" that apply technological advances, he said. "And we have already been doing that."

Many of those same strategies already are proving successful as DoD reduces the fuel needed to keep its 570,000 buildings and facilities around the world humming, Philip Grone, deputy undersecretary of defense for Installations and Environment, told reporters.

These facilities consume about 22 percent of DoD's energy requirements, but more than 8 percent of the electricity they use comes from renew-

able energy sources, he said.

DoD hopes to raise that level to 25 percent by 2025, setting the standard for the rest of the federal government as well as industry, Grone told reporters.

Throughout the military, Grone said, he sees a continued trend toward tapping diversified energy sources -- particularly more renewable sources -- that offer more efficiency and reliability to the fighting force.

"That is where I see us headed in the course of the next 10 to 25 years," he said. "Conceptually, that is where we want to be."

Whether from an operational or support viewpoint, all energy conservation ultimately supports the fighting force because it frees up defense dollars for critical training and equipment, Grone said. As these initiatives increasingly take shape, "resources will be freed up to go for higher priority efforts in supporting the mission ... (and) the pointy end of the spear," he said.

POST SHORTS

the meeting will be an update on the Aberdeen Area Study Areas. Board meetings are open to the public; all APG employees and citizens are invited.

For more information, call the Information Line, 410-272-8842 or 1-800-APG-9998.

Statistical Association hosts luncheon speaker

The Chesapeake Chapter of the American Statistical Association will host a lunch presentation by Mark Otto of the U.S. Fish and Wildlife Service, who will speak on

"Trend Estimation in a Periodic Survey of North American Waterfowl" at the Old Baltimore Room of Top of the Bay 11:30 a.m., Oct. 26. Otto will discuss the estimation of duck and goose population trends based on annual aerial transect surveys of the western United States and Canada.

The meeting is open to the public and starts with a pay-as-you-go lunch. For more information, call Dave Webb, 410-278-7014.

Thrift Store to disburse funds

The APG Thrift Shop is accepting requests for donations from service organizations and military units through Oct. 31.

The request should include the name of the organization, point of contact, address, telephone number, amount requested and specific details on how the funds will be used.

In the past, donations have been granted to area Boy Scouts, Army Community Service, the APG Fire Department and veterans' organizations.

Mail or drop off requests to APG Thrift Store, building 2458, APG, MD 21005-5001. For more information, call the store during operating hours, which are 11 a.m. to 6 p.m., Wednesday; 10 a.m. to 2 p.m., Thursday; 10 a.m. to 1 p.m., the first Saturday of the month, 410-272-8572. Consignments are taken 11 a.m. to 2 p.m. and 4:30 to 5:30 p.m., Wednesday and 10 a.m. to 1 p.m., Thursday.

CDC, CYS opens for special hours

For those parents who want to get a jump on their holiday shopping, APG North Child Development Center and Youth Services will be open 1 to 8 p.m., Dec. 2 and APG South

CDC and Youth Services will be open 1 to 8 p.m., Dec. 9. Special activities, dinner and snack will be provided for \$25 for the first child and \$20 for each additional sibling.

Register between Nov. 1 and 21 for APG North and Nov. 28 for APG South.

All children must be registered members of CYS.

Registration fee is \$18 per child with a maximum of \$40 per family for those children who are not CYS members.

To make an appointment, contact Central Registration, 410-278-7479/7571.

There is a minimum of 10 children required per site for this special opening. Spaces are limited, so register early.

Upcoming Veterinary Clinic closings

The APG Veterinary Treatment Facility will be closed Oct. 31 for end of month inventory; Nov. 10 for the Veterans Day holiday; Nov. 23 and 24 for Thanksgiving, and Nov. 30 for inventory.

For more information, contact the VTF, 410-278-3911/4604.

Visit the CFC Booth, Nov. 2, 14, 15

A CFC information booth will be set up at the PX store lobby, 10 a.m. to 2 p.m., Nov. 2 and 14, and at the Aberdeen Recreation Center for Newcomers Orientation Day, 1 to 3 p.m., Nov. 15.

MCSC hosts bingo

The Military and Civilian Spouses' Club will host a basket bingo Nov. 3 at the Aberdeen Fire Hall. Doors open at 6 p.m. and the games will begin at 7 p.m.

Tickets cost \$12 per person (for 20 games). Additional sets may be purchased for \$5 and refreshments will also be available.

Proceeds will go back to the community in the form of welfare and scholarship monies.

To purchase tickets, call Judi Wurm, 410/272-8271 or Gloria DeBerry, 410/273-1926 as the amount of tickets available at the door may be limited.

Teacher vacancy at Education Center

The Aberdeen Proving Ground Education Center is seeking a certified teacher as a Multi-use Learning Facility Instructor. The curriculum includes the instruction of basic math skills, vocabulary, reading comprehension and test taking strategies. This is an adult Education class for the Soldiers assigned or attached to APG.

The class is held 8 a.m. to noon, five days a week for four weeks at a time.

For more information, contact Robin Weber, 703-351-5001 or e-mail robin@aXseum.com.

Amateur Boxing Night

Morale, Welfare and Recreation will host Amateur Boxing Night between fighters from the 16th and 143rd Ordnance battalions at the APG Athletic Center, Nov. 4. Doors open 5 p.m. and the event begins at 6 p.m.

Tickets cost \$5 for active-duty military, \$10 for civilians and \$20 for front row seating. Admission is free for children six years of age and younger.

Purchase tickets at MWR Registration, building 3326, 410-278-4011/4907 or at Hoyle Gym and Fitness Center, building E4210, 410-436-7134.

NFFE sets meeting dates

Future meeting dates for National Federation of Federal Employees Local 178 are Nov. 16 and Dec. 21 in building E-4415; Aberdeen-South. They are held twice each day, 11:30 a.m. to 12:30 p.m. and 4 to 5 p.m.

For more information contact the union, 410-436-3942.

(Editors Note: More shorts can be seen at www.apgnews.apg.army.mil under Shorts.)



Chapel Services

Christian alternative to Halloween

There will be a Hallelujah Carnival 6 p.m., Oct. 31, at the APG Chapel. All are welcome to join in this family Christian alternative to Halloween. Activities include games, food and prizes.

For more information, call 410-278-4333.

Community Notes

**FRIDAY
OCTOBER 27
FALL FEST, CRAFT
SHOW**

The Roye-Williams Elementary School PTA, located on 201 Oakington Road, Havre de Grace, will hold a Fall Fest and Craft Show, 5 to 8 p.m.

**FRIDAY AND SATURDAY
OCTOBER 27, 28
GHOST AND LEGENDS
CRUISE**

The Chesapeake Heritage Conservancy, Inc. will offer a Ghost and Legends Cruise, 5:30 to 8 p.m. on the Skipjack Martha Lewis. Join the crew of the Martha Lewis for an evening of haunts and leg-

ends told by a storyteller as part of 'Haunted Havre de Grace.' Passengers can wear their favorite costume if they wish. Tickets cost \$35 per person. Reservations are required. Light dinner and refreshments are included. Credit cards will be accepted.

For more information or to make reservations, call 410-939-4078.

**HAUNTED BARN
BENEFITS SPECIAL
OLYMPICS**

The Testerman Electrical Company will host a Haunted Barn at Rockfield Manor, located on Churchville Road (Route 22), 7 to 11 p.m. The cost of admission is \$7 per person.

The event will feature a haunted hay ride, bonfire and food. Proceeds will benefit Special Olympics of Harford County.

**FRIDAY AND SUNDAY
OCTOBER 27, 29
FALL FOLIAGE AND
LIGHTHOUSE CRUISE**

The Chesapeake Heritage Conservancy, Inc. will offer a Fall Foliage and Lighthouse Cruise, noon to 3 p.m., on

the Skipjack Martha Lewis. Tickets cost \$30 per person and include the cruise, sandwiches and refreshments.

Enjoy a three-hour cruise around the Susquehanna Flats area and view the fall colors and lighthouses including Concord Point, Turkey Point and Fishing Battery Island. Credit cards accepted.

For more information or for reservations, call 410-939-4078.

**MONDAY
OCTOBER 30
RECOVERY
CONNECTION**

The Recovery Connection from Bel Air United Methodist Church, will hold an educational session on "What Are the Early Signs & Symptoms of Alcoholism & Drug Dependency?" 7 p.m., in the church's Youth Center located on the second floor of the church, off South Main Street. The guest speaker is

David Matukaitis, C.A.C., from Father Martin's Ashley in Havre de Grace. Topics related to addiction and recovery will be held on the last Monday of the month, 7 p.m.

For more information or to register, call the Bel Air United Methodist Church, 410-838-5181.

(Editors Note: More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.)

MOVIES

ADMISSION: ADULTS \$3.50, CHILDREN \$1.75

Building 3245 Aberdeen Boulevard To verify listing, call 410-272-9008, or visit www.aafes.com and click on "Movie Listing."

THE GRIDIRON GANG
Friday, Oct. 27, 7 p.m.

THE COVENANT (FREE ADMISSION)
Saturday, Oct. 28, 7 p.m.

THE BLACK DAHLIA
Saturday, Oct. 28, 9 p.m.



MORALE, WELFARE & RECREATION

Common interests motivate EFMP coordinator

Story and photo by
YVONNE JOHNSON
APG News

The new coordinator of the Aberdeen Proving Ground Exceptional Family Member Program is working with and caring for children with special needs.

Isolda McClelland took over the Army Community Service EFMP program in February. A 10-year Harford County resident, McClelland has extensive experience working in special needs programs.

As a Maryland Army National Guard member, McClelland was activated for several months after 9-11, therefore she is also very aware of the challenges facing military families and takes her job seriously.

"This is a very needed and relevant program," she said. "Especially during these times of so many deployments, it's even more important to make sure that families are supported."

She stressed that a common misconception about EFMP is that it will exempt Soldiers from desirable and undesirable assignments.

"That isn't the case at all," she said. "Every Soldier is eligible for worldwide assignment. Enrolling them in EFMP means that consideration will be made based on the family

needs during the assignment process but it doesn't excuse them from deployment, it means that the Army takes in account that Soldier's unique family needs."

Any direct dependent of the service member is eligible to be enrolled in EFMP, she added.

Asthma, ADHD, cancer, epilepsy, diabetes or special education needs are just a few of the ailments that bring service members to her door.

In addition, McClelland runs the Parent Information Exchange, a support group in which families can network and gain new information with like families.

"The group is open to Department of Defense civilians as well as to members of all branches, active, reserve and National Guard and you do not have to be enrolled in EFMP to attend," she said.

McClelland coordinates with case manager Karen Reed at Kirk U.S. Army Health Clinic who handles EFMP enrollments and forwards them to Walter Reed Army Medical Center.

McClelland said she wants people to know that EFMP is "here and active."

"I have an open door policy and people can come in and talk to me about anything," she said.

McClelland is located in building 2754, room 108. Her on-hand resources include pamphlets and guides with information on navigating the special education needs system, community resources, work programs, mental health services and more.

She said that local resources such as ARC, the Harford County Disability Committee and Special Education Advisory Board, are familiar with the needs of the military family.

"One of my goals is to help parents learn who to talk to and what questions to ask," she said. "It's always good to see them learn how to get the services they need," she said of military sponsors. "Having an exceptional family member can make you feel isolated and alone. Information gives them confidence and once they become comfortable using it, they do just fine."

For more information about EFMP or the Parent Information Exchange, contact McClelland at 410-278-2420/7572 or email her at Isolda.mcclelland@us.army.mil.

EFMP
AR 608-75, The Exceptional Family Member Program, is a mandatory program in all branches of the military. Its mission is to assist active



Isolda McClelland, the new Exceptional Family Member Program coordinator for Army Community Service and Aberdeen Proving Ground, is located in building 2754.

duty personnel with family members who have physical, emotional, developmental or intellectual needs that require special treatment, therapy, education, training, equipment or building modifications.

The program is designed to minimize the disruption that those needs might have upon the family during relocation and to give considera-

tion of those needs in the reassignment process through medical and educational evaluations.

Enrollment does not adversely affect selection for promotion, schools or assignment. Enrollment allows assignment managers at Army personnel agencies to consider the documented medial and special needs of family members. When possible, Soldiers

are assigned to an area where the medical and educational needs can be met. All Soldiers are still eligible for worldwide assignments.

All active duty, reservists, National Guard on active duty for more than 30 days, and Army National Guard serving under authority of Title 10, U. S. Code, who have exceptional family members are required to enroll in the program.

SCHOOL LIAISON

Science, Math Academy holds orientation meetings

The Science and Mathematics Academy at Aberdeen High School, an accelerated and enriched program of studies in science, mathematics and technology, will hold two informational meetings for prospective students and their parents 7 to 9 p.m., Nov. 29 and Dec. 11, in the auditorium. Students and parents may attend either meeting as the program is repeated.

Information about the SMA program and application process will be the focus of these meetings. Tours of the SMA will be given by current students and parents.

Applications for the freshmen class of 50 students for 2007-2008 will become available in early December 2006. The deadline for application to the class of 2007-2008 is Jan. 19, 2007. Interested parties may visit the SMA Web site, <https://hcpsowa.hcps.org/exchweb/bin/redirect.asp> or <http://www.scienceandmathacademy.com> for more information about the program.

ACS holds Family Movie Night

Army Community Service will hold Military Family Movie Night, featuring Cars, 6 to 8 p.m., Nov. 16 at the Post Theater. This is a free ticket event, with free popcorn and drinks. All military, Department of Defense civilians and family members are invited to attend. Tickets are available at ACS, building 2754.

For more information, call 410-278-4372.

Magictainment Show

The public is invited to see the Magictainment Show, 7:30 to 9 p.m., Dec. 2 at the Aberdeen Recreation Center, building 3326. Admission costs \$10 for adults and \$5 for children ages 12 and under. The show includes amazing illusions, slight-of-hand, comedy and magic.

A Christmas After Party for AIT students will follow the show.

For more information or to purchase tickets, call MWR Registration, building 3326, 410-278-4011/4907 or Hoyle Gym, building E-4210, 410-436-7134.

CDC, CYS opens for special hours

For those parents who want to get a jump on their holiday shopping, APG North Child Development Center and Youth Services will be open 1 to 8 p.m., Dec. 2 and APG South CDC and Youth Services will be open 1 to 8 p.m., Dec. 9. Special activities, dinner and snack will be provided for \$25 for the first child and \$20 for each additional sibling.

Register between Nov. 1 and Nov. 21 for APG North and Nov. 28 for APG South.

All children must be registered members of CYS. Registration fee is \$18 per child with a maximum of \$40 per family for those children who are not CYS members.

To make an appointment, contact Central Registration, 410-278-7479/7571.

There is a minimum of 10 children required per site for this special opening. Spaces are limited, so register early.

LIBRARY BOOK CORNER

Operating hours of the Aberdeen Library, located in the Recreation Center, are 1 to 5 p.m., Saturday and Sunday, 11:30 a.m. to 6:30 p.m., Monday through Thursday and closed on Friday. For more information, call 410-278-3417.

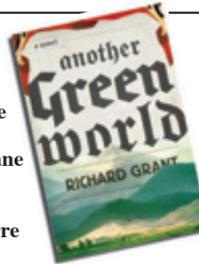
The following are a few of the new titles available at the APG MWR Library:

Another Green World by Richard Grant

Helen of Troy by Margaret George

When Madeline Was Young by Jane Hamilton

The Mission Song by John Le Carre



The library's Web site, www.apgmwr.com/recreation/libraries.html, provides access to the library's online catalog and also has a complete annotated listing of the library's new material, as well as a list of available films on DVD.

APG Bowling Center Snack Bar specials

Building 2342

Week of Oct. 23

Special #1: Bacon, lettuce and tomato sandwich, French fries, one cookie and soda for \$5.75

Special #2: Three cod strips, French fries, one cookie and soda for \$6.95

Week of Oct. 30

Special #1: Chicken salad sub (choice of mayonnaise, lettuce, tomato, pickles and onions), chips, one cookie and soda for \$7.35

Special #2: Grilled cheese sandwich, soup of the day, one cookie and soda for \$4.75

The snack bar has a variety of items to choose from including box meals, burgers, subs, sandwiches, baskets and pizza.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 am.

U.S. Army welcomes corporate partners

Story by
MARGARET MCKENZIE
USACFSC

Six new partners joined the Army Spouse Employment Partnership program during a signing ceremony Oct. 9 at the Family Forum I: "Realizing the Dream, Jobs in Your Neighborhood" during the Association of the United States Army's annual conference.

The new partners, Affiliated Computer Services, Inc., H&R Block, Humana Military Healthcare Services, the Social Security Administration, Starbucks Coffee Company and Stratmar Retail Services, along with 20 other partners, will join forces to provide employment to military spouses.

New partners for 2006 comprise companies representing the technical, financial, healthcare and retail industries, as well as the federal government.

"Our partners are reporting terrific successes in hiring spouses," said Teresita Rivera, Army employment readiness program manager for the U.S. Army Community and Family Support Center. "In the last year, ASEP partners hired more than 4,900 spouses bringing the total to more than 16,000 spouses hired through the partnership. They are focusing on specific initiatives to accommodate the increased need for jobs to meet re-stationing."

"We place great importance on increasing Army spouse employment because it is the right thing to do and because the Army understands that Soldier retention is closely linked to how well we care for each Soldier's family," said Brig. Gen. Belinda Pinckney, CFSC commander. "Our Army spouses embrace the Army Spouse Employment Partnership as it is widely recognized as a true solution with solid results."

By signing the statement of support, the corporations pledged their best efforts to increase employment opportunities for Army spouses.

"This event is a demonstration of both the Army's and your company's leadership commitment to partnership," said John P. McLaurin III, deputy assistant secretary of the Army for Human Resources. "Today marks a significant milestone for Army spouses and the promise by the Army to facilitate your company's efforts to access, develop, recruit and hire from one of the most talented, diverse labor pools in America."

"The Army and our partners know and understand the challenges faced by our career spouses," McLaurin added. "The Army Spouse Employment Partnership is leveraging the strength of our employment readiness field personnel's knowledge of local resources. Training opportunities they offer to spouses, along with a proven toolbox of assessments, can help spouses build career ladders throughout the range of opportunities offered by our corporate partners."

ASEP and the Army's Employment Readiness Program at local installations developed an even stronger relationship when they met earlier in joint strategy sessions, Rivera said.

Employment readiness program managers at local installations are connecting spouses to employers, both ASEP partners and local small businesses.

"Our ACS centers have a wonderful relationship with those small companies that are located outside the gates, and a number of them are already involved in providing support, jobs and training opportunities," said Delores Johnson, director of Family Programs for the Army.

The relationship between the Army's Employment Readiness Program and the corporate partners of ASEP has relieved some of the tensions experienced by military spouses looking for jobs.

"Spouses are comforted that they are seen as such a strong link in the Army family," Rivera said. "They can be proud of the Army's efforts in working with corporations and small businesses to strengthen relationships and build solid communication processes."

One of the results of the Army Spouse Employment Partnership is the Military Spouse Job Search database, said Rivera. It has become a virtual job center for military spouses and the corporate partners.

Currently, there are more than 45,594 jobs in the database. This number changes everyday as new jobs are posted and jobs are filled.

MSJS is also helping to brand the Army spouses as a viable talent pool.

The hope of the partners that post jobs to the site is that Army Spouses will stand up and be proud of the fact that they are a military spouse, Rivera added.

These committed companies see Army spouses as a gold mine of diverse talent.

Companies today are taking every necessary step to attract skilled individuals, Rivera said.

The diversity of employable military spouses is an important factor for the corporations involved in the program.

"We appreciate the experience, commitment and innovation you bring to this partnership, and look forward to your participation in ASEP," said Daniel B. Denning, principal deputy assistant secretary of the Army and deputy assistant secretary of the Army for Training, Readiness and Mobilization.

"By investing ourselves in this partnership, we are investing in America herself. By strengthening job opportunities for Army spouses, you strengthen the Army and when you strengthen the Army, you strengthen America," Denning added in his remarks to individuals attending the signing ceremony.

The new partners join 20 others that provide employment opportunities to military spouses through ASEP.

Partners include Adecco USA, Army and Air Force Exchange Service, Army Career Alumni Program, Army Civilian Personnel, BellSouth, Boys and Girls Clubs of America, Computer Systems Corporation, Concentra Inc., CVS/Pharmacy, Defense Commissary Agency, Dell, Inc., EUR-PAC Service Inc., Home Depot, Lockheed Martin, Manpower Inc., Sabre Holdings/Travelocity, Sears Holdings Corporation, Sprint SunTrust Bank and United Services Automobile Association.

For more information about the Army Spouse Employment Partnership, visit www.myarmylifetoo.com.



Channel 21 features Pentagon Channel programming

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated as necessary.

Monday

ATS Reloaded, 5:30 a.m.
American Veteran, 9:30 a.m.
Army Newswatch, 11 a.m.
Inside Afghanistan/FJ Iraq, 1 p.m.
Around the Services, 5:30 p.m.
Focus on the Force, 10 p.m.

Tuesday

Around the Services, 8 a.m. and 8 p.m.
RECON, 11 a.m.
Focus on the Force, 1 p.m.
Army Newswatch, 3 p.m.
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.
Army Newswatch, 7 p.m.

Wednesday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9:30 a.m. and 9:30 p.m.
American Veteran, 1 p.m.
Inside Afghanistan/Freedom Journal Iraq, 2 p.m.
RECON, 3:30 p.m.
Focus on the Force, 6:30 p.m.

Thursday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9 a.m. and 9 p.m.
Freedom Journal Iraq/Inside Afghanistan, Noon
Focus on the Force, 1 p.m.
RECON, 3:30 p.m.
American Veteran, 5 p.m.

Friday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 10:30 a.m.
RECON, Noon
American Veteran, 2:30 p.m.
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.
Focus on the Force, 6:30 p.m.
ATS Reloaded, 7 p.m.

Saturday

Around the Services, 5:30 a.m.
News Reel Anaconda, 7:30 a.m.
American Veteran, 1:30 p.m.
Army Healthwatch, 2 p.m.
ATS Reloaded, 5:30 p.m.
Battleground, 7 p.m.

RECON, 8 p.m.

Sunday

ATS Reloaded, 5:30 a.m. and 9:30 p.m.
Freedom Journal Iraq, 10:30 a.m. and 4:30 p.m.
Today's Military, 1 p.m.
Around the Service, 7:30 p.m.

Army Newswatch – Bi-weekly report on the men and women of the Army.

Around the Services – From the Pentagon Channel NewsCenter, daily half-hour program featuring military news from top defense officials and the military services from around the world.

RECON – A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. military men and women.

Your Corps – Monthly view of the men and women of the Marine Corps.

Freedom Journal Iraq – A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq.

Navy Marine Corp News – A weekly look at the men and women of today's sea service.

Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the U.S. Air Force.

The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service.

Battleground - Every weekend, this series features historic films from World War II, Korean War, and the Vietnam War. *A Pentagon Channel Original Series.*

Focus on the Force – A weekly program highlighting missions, operations and people of the U.S. military.

Inside Afghanistan – Presents the latest from Operation Enduring Freedom, showing the activities of American troops in country.

ATS Reloaded – ATS-Reloaded revisits the best of the week and keeps viewers updated on information that's important.

The APG Forum

Commentary—Helping domestic violence victims



By **HEATHER TASSMER**
APG News

October is designated as Domestic Violence Awareness Month. Domestic violence is not something people like to think about every day but we should take the time to have empathy for victims.

One important statistic I've learned about domestic violence that had a big impact on me is that "every 15 seconds a woman gets abused."

I believe no one deserves to be pushed, punched, burned or stabbed by a significant other, parent or anyone.

Although I have turned into a kind of domestic violence awareness activist in the past couple of years, I am not a victim of domestic violence myself. I am thankful my parents or my boyfriend have never laid a hand on me.

My strong feelings about domestic violence began when I learned a friend from college had an abusive boyfriend. This friend, "Sandra," told me all about it for a story I was writing to submit to the school newspaper, The Penn.

Sandra stated that her boyfriend

seemed like the nicest guy when she first met him and that she was very attracted to him. As time went on, he turned out to be verbally and physically abusive.

Unfortunately, Sandra felt trapped because she was insecure about herself and was already sharing an apartment with him.

Sandra believed that her insecurities came from growing up with a verbally abusive mother.

I believe these insecurities were the main reason she stayed with her abusive boyfriend.

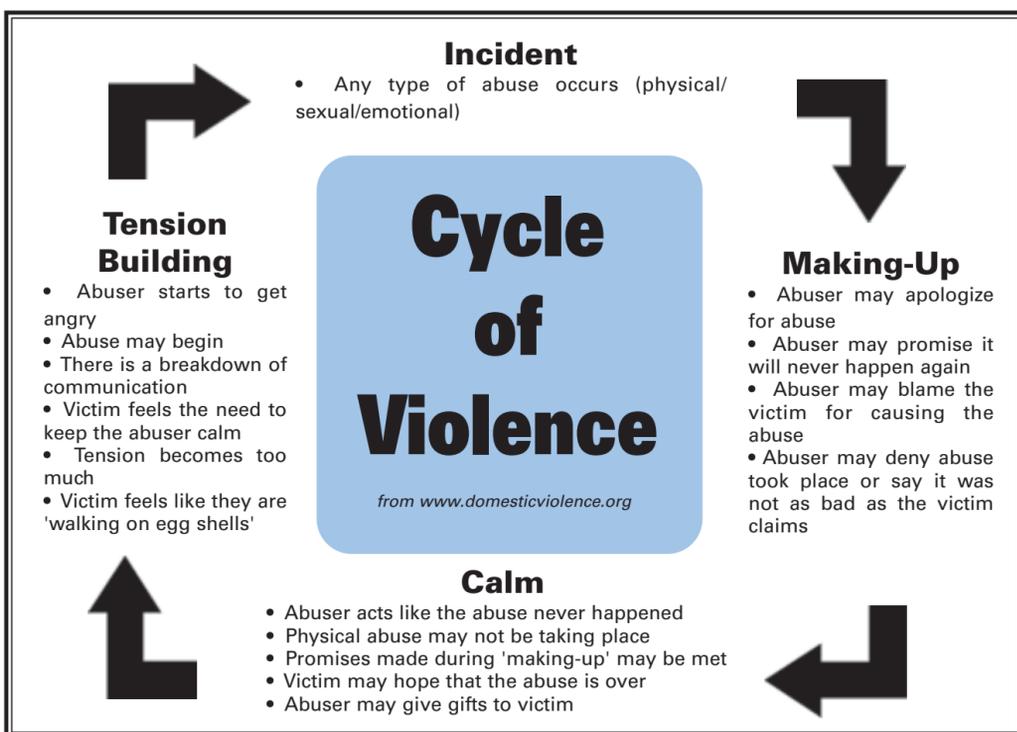
The relationship ended when police intervened one night. Her boyfriend had been physically abusing her and himself. He not only ruined her life at the time, but also damaged some of her belongings. The damage was done, but at least she walked away.

Domestic violence not only affects the lives of victims, but also their children. Studies have shown that children may act out in the same manner as an abusive parent after witnessing the abuse.

My advice to everyone is if you find out someone close to you is a victim of domestic abuse, do not ignore it. Reach out and be a friend. Show him or her where to get help because if victims don't receive counseling, the abuse may never stop due to the cycle of domestic abuse. See chart for more details.

There are a few stages to the cycle of domestic violence. These stages are tension building, the incident or form of abuse, making up and the calm or "honeymoon" stage, according to the Domestic Violence Handbook, www.domesticviolence.org.

If you agree with me, you may be asking, "What kind of signs should I look for? What kind of people are



victims?"

The Domestic Violence Handbook's Web site is a very good reference for these kinds of questions. You can find information about victims, abusers and other facts.

In the "Who are the Victims?" section, the Web site gives information about why victims are afraid to seek help.

Another fact that especially caught my attention was a section at the bottom of the page that read, "If you are being stalked..." which is another form of domestic violence.

I think that this is very important because the site says stalking "often

turns to physical violence." Also, if someone is frequently calling you or a friend, hanging out by his or her door at night and writing them letters, they clearly have a lot of issues.

Among the many other helpful resources on the site are common myths about domestic violence.

One of the items under the myths is a statement that many victims who do leave their abusers "lead successful and violence-free lives."

After Sandra left her abuser, she went to college and made the Dean's List. She proved to be an intelligent, talented and ambitious woman. She no longer exhibits insecurities, which

abusers seem to pick up on and take advantage of.

In order to follow my own advice about helping victims, I leave you with contact information for Army Community Service. ACS recently hosted an informative domestic violence exhibit titled, "Living with the Enemy." (For more information about the exhibit, go to the APG News Web site's Oct. 19 issue for the story.) Also, ACS is planning on starting a domestic violence victim support group. For more information, call 410-278-7478 or e-mail Aida Rivera, Family Advocacy Program Manager, aida.rivera@apg.army.mil.

Commentary--Guarding information is everyone's responsibility

ON CYBER PATROL

It's really very simple. If we keep our information and communications secure lives will be saved. Operational Security and Information Assurance are not just Army programs; they are a mindset that requires the constant attention of every Army officer, enlisted Soldier, civilian employee, contractors - and their families.

It used to be a whole lot easier to keep a secret when Soldiers carried muskets and marched onto open fields in tight formation. You deployed patrols to ward off scouts, you armed and escorted your messengers and you kept your Soldiers out of taverns and away from pretty faces.

Now it's a little more complicated.

Technology has given us great communication capa-

bilities. It has also opened the door to eavesdropping and spying opportunities where the enemy can be half a world away and reading or listening in as if he was seated right next to you.

Technology has also given us great capabilities in securing our information flow. Firewalls, encryption and PKI have taken over the jobs of patrols and armed messengers on the networked Army of today.

There are those that would tell you that technology is the ultimate answer to any security challenges the Army might have. The fact is that in an open environment that is simply not the case. There is and always will be the human factor.

It's always easy to fall victim to the pressures of deadlines, pressure from higher ranks and civilian leaders. It's faster to cut cor-

ners and bypass policies and procedures. It's easy to justify actions because it only happened "just once."

The fact is no break in the IA/OPSEC perimeter is justifiable. There's too much at stake.

If all Army personnel from general staff to raw recruits do not follow IA/OPSEC policies and procedures we will remain vulnerable.

The enemy is smart, technically able, and very active and if given an opportunity will exploit it. Our cyber and communication defenses are being probed every nanosecond from a wide variety of sources; state sponsored intrusions, terrorist activities even little Billy next door.

The only true protection is human vigilance and the only person that can ensure that happens is you.

CFC

From front page

- Provide abstinence brochures for approximately 175 high school students.
- Improve Medicare coverage for 50 low-income elderly people.
- Provide school supplies for one child for an entire year.
- Provide one teenager with 18 hours of training in leadership, conflict resolution, cross-cultural sensitivity and community organizing.
- Provide an entire high school with educational and training materials about the U.S. national park system.
- Provide wheelchairs for two landmine vic-

tims in Southeast Asia.

- Provide two hearing aids for low income, hearing-impaired people.
- Support Sexual Orientation in the Workplace training programs that combat homophobia and discrimination at work.
- Provide one student with a school lunch every day.
- Provide specialized summer recreational programming for 12 children with disabilities.
- Unite a waiting American child with a loving, adoptive family.
- Buy a video on parenting tips for a case worker to give to 24 at risk families.

For more information, or to make a contribution, contact a CFC key worker, visit the APG CFC Office in building 4302, or call 410-278-0197/0199 or TTY: 800-201-7165 ext. 4102780198



Murray

From page 6

Regional Medical Command NCO of the Year competition in March.

Murray said his career goals include earning the Expert Field Medical Badge, becoming a drill sergeant, and continuing to train, lead and mentor Soldiers as well as earning a master's in business management.

Murray thanked his commands, at Fort Meade and at KUSAHC, for their support, noting that commanders and fellow Soldiers from both units attended the ceremony.

He said that he hopes to make sergeant major one day but that even if he doesn't one primary goal has already been met.

"My goal was to better myself as a Soldier," Murray said. "I always knew I could be one of the elite."

Staff Sgt. Marcus D. Murray

A native of Kenansville, N.C., Murray entered the Army Medical Corps in 1996

shortly after graduating from high school. During his career, he served as a medical specialist, unit armorer, squad leader, battalion master driver, section chief and operations noncommissioned officer. His past assignments include Fort Polk, La., Baumholder, Germany and Fort Meade, Md.

Murray's military education includes the Medical Specialist Course, Unit Armorer Course, Primary Leadership Development Course, Master Driver Training, Basic Noncommissioned Officer Course, Instructor Training Course, Allergy/Immunization Course and Commander's Safety Course.

His civilian education includes an associate degree from Lexington University.

His awards and decorations include the Army Commendation Medal, (1 OLC); the Army Achievement Medal (2OLC); the Good Conduct Medal (3rd award), and the Global War on Terrorism Service Medal.

Audie Leon Murphy

June 20, 1924 - May 28, 1971

Audie Murphy was an American Soldier who became world famous during World War II. In 27 months of combat action, he became the most decorated Soldier in the history of the U.S. Army.

Shortly after his 18th birthday in June 1942, Murphy joined the U.S. Army, after first being turned down by the Marines and the paratroopers for being too small.

During the Germany campaign Murphy was credited with killing more than 240 German soldiers and wounding and capturing many others.

By the end of the war, he was a legend within the 3rd Infantry Division due to his heroism and battlefield leadership.

His military awards include the Medal of Honor, the Distinguished Service Cross, two Silver Stars, the Legion of Merit, two Bronze Stars with Valor device and three Purple Hearts.

Murphy also participated in many official campaigns in North Africa, Sicily, Italy, France and Germany, earning

him the European-African-Middle Eastern Campaign Medal with one silver battle star, four bronze battle stars, plus a bronze arrowhead representing his two amphibious assault landings at Sicily and southern France.

In addition, the French government awarded him the Legion of Honor (Grade of Chevalier), its highest award, and he received three Croix de Guerre, two from France and one from Belgium. Murphy spent 29 months overseas and just under two years in combat with the 3rd Infantry Division, all before his 21st birthday.

Along with the Medal of Honor, the military's highest award for valor, Murphy received 32 additional medals for bravery and service.

After the military he moved on to a successful career in film that included the popular war movie, 'To Hell and Back.'

Audie Murphy's motto was, "You lead from the front."

Murphy died in an airplane crash in May 1971.

History of the Sergeant Audie Murphy Club

www.audiemurphyclub.com

The original Sgt. Audie Murphy club was started at Fort Hood, Texas, in 1986. Several key people - officers, enlisted Soldiers, government civilians, and an artist from Killeen, Texas - were instrumental in getting the club up and running. Leading the effort was Lt. Gen. Crosbie Saint and Command Sgt. Maj. George L. Horvath, then III CORPS commanders; awards clerk Jean Crisp; and Don Moore, a Killeen artist who helped design the logo and club awards.

In 1991, III CORPS Commander Lt. Gen. Pete Taylor and Command Sgt. Maj. Richard B. Cayton expanded the Fort Hood installation club to include all of III Corps. This included Fort Riley, Kansas; Fort Sill, Okla.; Fort Bliss, Texas; Fort Polk, La.; and Fort Carson, Colo.

In 1993, Cayton became the sergeant major of the U.S.

Army Forces Command. Soon after, the Sgt. Audie Murphy Club went FORSCOM-wide to include the Army Reserves and National Guard.

In 1994 during a Sergeant Major of the Army conference, the Sgt. Audie Murphy Club spread Army-wide to all commands with installations retaining the selection process for their own NCOs. In 1998, the club membership was estimated at more than 3,000 members and growing.

The crest

Don Moore, an illustrator from Killeen, Texas, designed the crest. The crest depicts the American Bald Eagle superimposed over an olive branch wreath, a saber, and a lightning bolt. In front of the eagle are U.S. Army staff sergeant stripes. The eagle firmly clutches a powder-blue banner, the color of the infantry, in both claws. On the banner, the words Loyalty, Caring, Discipline, and Professionalism are displayed.

CYS, McGruff House get 'spruced' up

Story and photos by
HEATHER TASSMER
APG News

Family Child Care and the Community Policing Unit teamed up with Home Depot to do beautification projects Sept. 25.

Mike "Big Mike" Farlow, community policing officer, and the FCC staff, providers and children pulled weeds and planted trees and flowers outside of the Child and Youth Services building and McGruff House.

FCC, a division of CYS, is a child-care agency that certifies military spouses to take care of children inside their homes. The FCC office is located in the CYS building. Aberdeen Home Depot representatives brought trees

to be planted at the CYS building as part of an outreach project, according to Joe Bannon, Home Depot sales manager.

Everyone had a hand in planting, including the children.

The FCC providers and staff members prepared the children for weeding and gave them gloves to wear. The children did not hesitate to help with pulling weeds.

The day was educational for the children because they found some insects while they were weeding and had a chance to talk to Farlow about being a police officer.

A few of them asked him various questions about being an officer and got to sit in the police car.

McGruff House in Patriot Village received a face lift with flowers planted as borders.

Larry Bond, a Home Depot gardening supervisor, shared some comments on how he felt about helping with the project.

"I enjoy it," Bond said. "It's fun being with the little kids, and helping out makes you feel good."

Liliana Rands, an FCC provider and spouse of Sgt. 1st Class Robert Rands, Headquarters and Headquarters Company, 16th Ordnance Battalion, was one of the many people who helped out with the FCC restoration.

"It doesn't look abandoned anymore," she said.

FCC training and curriculum specialist Beverly Hartgrove said she was pleased with the beautification.

"I'm happy to have trees you can actually see, and new mulch too," Hartgrove said.



From top, FCC provider Liliana Rands, Eric Kelly, Robert Rands Jr. and Mariah Bradley help with planting a tree outside of the Child and Youth Services building. This tree planting was part of a Home Depot outreach project that took place Sept. 25.



McGruff gives Gaige Lloyd, 3 and Zoe Fisher, 4 stickers and pencils after they helped with planting flowers, while Home Depot sales manager Joe Bannon readies the bed for planting.

She also expressed thankfulness for all of the help.

"We got done a lot quicker than I thought," Hartgrove said. "We had plenty of help."

Farlow echoed Hartgrove's comment, saying that he thought the representatives "did a great job."

"It is good to see people helping and giving back to the community," Farlow said.

The Home Depot in Aberdeen also holds workshops for children the first Saturday of each month.

The workshops "teach children do-it-yourself skills and tool safety, while at the same time help to instill a sense of accomplishment," according to Home Depot's Web site, www.homedepot.com.

CYS uses 'green thumbs' for garden in APG South

Garden produces giant cucumber

Story by
HEATHER TASSMER
APG News

The members of Child and Youth Services in Aberdeen Proving Ground South tried out their "green thumbs" when they started a garden in the spring.

They planted various items with the help of Roxanne Moore, the CYS nutritionist, according to CYS site supervisor Renee Main.

Main said Moore knew that she liked to garden and that was one of the main reasons to start one.

The garden was not only fun for the children but also educational.

"Gardening provides an opportunity to teach so many different subjects at one time," Moore said. "Children can learn about science, nutrition, geography, farming and cooking."

Moore also helped with APG North's garden.

The CYS staff, children and youths used tires as planters for the vegetables and other items.

Main said they also put a fence around the garden to protect it from animals.

She talked about what the garden was like at APG South.

"At the Edgewood Youth Center I was tickled to see how much the children loved to mix the soils, plant the seeds and carry buckets of water to their garden," Moore said.

The garden items included green peppers, tomatoes, cucumbers, rosemary, peppermint, lemon verbena, and flowers to create some



Photos by RENEE MAIN
This cucumber in APG South's Child and Youth Services' garden was 16 inches long. The other items the CYS staff members, children and youths planted were tomatoes, green peppers, rosemary, peppermint, lemon verbena and flowers.

color for the garden.

She said some of the vegetables didn't grow because of the heat but one of the cucumbers did. One of them grew to be 16 inches long.

Main said the cucumber was discovered

side, Sullivan told her she saw a cucumber.

"I was thinking it was one of the little starters that were on the vine," Main said. "She said no and pointed to a cucumber that was hidden in the grass and was growing over the inner tube."

Sullivan shared her remarks about finding the cucumber.

"I was surprised to see it," she said. "It didn't seem like the time of year for it. Cucumbers quit growing in July."

Main said, "One of the staff members yelled out 'farm fair quality.' We all laughed. This cucumber is a miracle that it even grew, and undetected at that."

"As the summer went on the children watered and did a little weeding but mostly minimal care," she said.

Main said the children and youths appreciated that some of the vegetables were growing. She said the children and youths weren't able to do a lot with the garden because they weren't used to farming or gardening.

The children and youths had a chance to pick and take home peppermint and lemon verbena, which are both used in making herbal teas, she said.

"I think the kids were amazed that peppermint came from a plant," Main said.

Main said that APG South CYS plans on having a garden next year.

"I'd like to expand it and beef it up," she said. "[APG North's] garden is better because it is enclosed. Here we have to do the enclosing ourselves. If it were not enclosed, we would just be growing deer food."



From left, Bronte Goldsmith, Roxanne Moore and Kiana Guidry plant flowers for the APG-South garden.



Catelynn Murphy plants lemon verbena at the APG South CYS garden. Lemon verbena is used in herbal teas.