

## POST SHORTS

### Recycling schedule



The residential and recycling pickup schedule for Oct. 19, is plastic, glass and metal. Put items in blue bags and place them on the curb.

### Lecture series includes APG topics

The Aberdeen Heritage Trust will sponsor two Historical Lecture series, 7 to 8 p.m., in the Aberdeen City Council Chambers located on 60 North Parke Street. The Oct. 12 guest speaker Dr. William Atwater, curator, U.S. Army Ordnance Museum, will discuss the Ordnance Museum. On Dec. 7, guest speaker Jeffrey Smart historian, U.S. Army Research, Development and Engineering Command, will discuss Edgewood Arsenal in the 1920s.

### KUSAHC holds bratwurst sale

Kirk U.S. Army Health Clinic will hold a bratwurst sale, 11:30 a.m. to 1 p.m., Oct. 13 and 20, in the horseshoe of the KUSAHC entrance. A bratwurst meal costs \$5 and includes chips and soda; a single bratwurst costs \$3.50; chips cost 75 cents; water \$1; and sodas cost 75 cents. Proceeds will go to the Dining In Committee.

### MCRT meeting scheduled

The APG Minority College Relations Team will hold its first quarterly FY07 meeting, 10 a.m., Oct. 18, at Top of the Bay Gun Powder Lounge. All team members and those interested in becoming a member are encouraged to attend.

For more information, send an e-mail to APG-MCRT@apg.army.mil

### Dining facilities serve Octoberfest Specialty Meal

The Oktoberfest Specialty Meal will be held in the Aberdeen dining facilities, buildings 4503 and 4219 and the Edgewood dining facility, building E-4225, 5:30 to 7 p.m., Oct. 17. During this event all military personnel, family members, Department of Defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$3.55 applies to any officer, enlisted member, and

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## APG readies for Community Awareness Day Fall Fest

Story by  
**HEATHER TASSMER**  
APG News

This is the second year in a row that the Aberdeen Proving Ground Fire Department is hosting the Community Awareness Day Fall Fest at the police and fire station 10 a.m. to 3 p.m., Oct. 14.

The APG police and fire departments, Army Substance Abuse Program, Army Community Service, Morale, Welfare and Recreation, Child Youth Services, Kirk U.S. Army Health Clinic and many other agencies are working together to offer information and activities for the APG community.

Fire inspector Doug Farrington, this year's event chairman, said the committee worked hard this year and is hoping the community will take advantage of this educational and fun event for all ages.

"The large turnout to this APG community event makes the committee want to work even harder every year," Farrington said. "We have some new and some old favorites [activities] returning this year, and we hope to see some new faces as well as those that have joined us in the past. It should be a very informative and interesting day for everyone."

The theme for this year's Community Awareness Day is "Watch What You Heat." The APG Fire and Emergency Services Division is planning demonstrations to emphasize kitchen safety at 1:45 p.m. and a

See FALL FEST, page 9



Photo by REBECCA CHISHOLM  
Fire and protection specialist André Fournier demonstrates that a cup of water does little to douse this grease kitchen fire during the kitchen fire demonstration at last year's Community Awareness Day Oct. 15, 2005. For a schedule of events and map for this year's event, see pages 8 and 9.

## Domestic violence affects everyone, especially children

ACS

The epidemic of domestic violence affects people of every class, age, race, disability and gender.

Women are on the receiving end of abuse in at least 85 percent of domestic violence cases, according to the National Coalition against Domestic Violence.

While not widely reported, men are also victims of abuse.

Violence can begin at any stage of a relationship and

often continues after the relationship has ended with life altering effects to victims, their children and anyone who cares for them.

The term domestic violence is used to describe the physical, sexual or emotional abuse inflicted on a man or woman by their partner or ex-partner.

"Domestic violence is a societal problem with devastating effects that without some form of intervention can last a lifetime," said Aida

Rivera, Army Community Service family advocacy program manager.

Abuse often involves coercion, threats, financial deprivation, verbal and emotional abuse and social isolation, among others.

More than three million children a year witness domestic violence episodes in their home, leaving them at greater risk for being abused and affected by the reality of what they have been exposed to.

"Children are at greater risk for harm either through witnessing abuse, becoming caught in the middle of an altercation between parents or caregivers, or becoming the target of abuse," said Lynda Fernandez, ACS victim advocacy coordinator and installation victim advocate. "It's significantly important to remember that these children are our friends, family, neighbors, classmates and members of our community."

Some domestic violence victims are faced with the struggle between leaving an abusive relationship and their belief that it's best for their children to have both parents together.

These victims often stay in abusive relationships because they feel they have no other choice, according to statistics.

Ironically, research shows that even if children have not seen the violence or if they

See VIOLENCE, page 14



Photo by JOE ONDEK, ATSS/SVERDRUP TECHNOLOGY CONTRACTOR

## Avoiding animals when driving

DSHE

The nation's rural highways are posted with many types of caution signs warning motorists of possible dangers. Steep hills, sharp curves, and changing road conditions are all important warnings that most motorists heed. In addition to these rather predictable situations is one of the biggest inherent dangers in rural as well as small towns and cities. That is the sudden appearance of an animal on the roadway.

Consider the risks associated with deer, livestock and other animals while traveling the rural roadways. Most states report between one and five percent of motor vehicle accidents involve hitting an animal. Nationwide, these animal/vehicle accidents cause thousands of injuries and hundreds of deaths each year. For example, in California, out of 4,298 animal/vehicle accidents, there were 644 personal injuries and eight deaths. In Pennsylvania, out of 1,509 such accidents, there were 531 personal injuries and five deaths. In Indiana, which represents the midsection of the country, 9,988 accidents, 406 personal injuries were reported with two fatalities. In most states, one or more fatalities result from animal/vehicular accidents each year.

Additionally, millions of dollars

are lost due to vehicle damage. Although most insurance companies cover such losses, consider the inconvenience of being without a car for the length of time required to repair the damage. Then, too, think of the deductible and cost of rental vehicles.

Recent reports indicate that more than 400,000 deer/vehicle collisions occur annually on the nation's highways. Reported deer/vehicle collisions in Maryland have continued to rise, with more than 22,900 accidents reported in 2001.

As deer and human populations have grown in the metropolitan areas, this danger has become greater. Although no accurate statistics are available regarding the combined property damage and personal injury loss resulting from deer/vehicle collisions in Maryland, property damage alone is conservatively estimated to be in excess of \$6 million annually.

More wildlife is killed by vehicles than hunters nationwide. Programs are underway to help stop this serious and wasteful loss of wildlife. Underpasses and walkways are being engineered into today's highway systems. More signs to alert motorists to certain high risk areas are being posted along the highways in an effort to reduce animal/vehicular accidents.

See DEER, page 2

## Natural disaster victims helped through charities

Story by  
**MICHAEL GRAZIANO**  
CFC Chairman

Everyone has seen the devastation of the Atlantic and Caribbean coasts caused by hurricanes and earthquakes. Families are displaced and their lives ripped apart by deadly natural disasters.

Unfortunately, many lives are lost and the destruction left behind, both emotional and physical, can destroy families' lives.

Many charitable organizations provide assistance to disaster victims and have been approved to participate in the 2006 Combined Federal Campaign. Contribution to the CFC can be made through an organization's key worker to the following charities:

- 0117 AARP Foundation, 202-434-6200, [www.aarp.org/foundation](http://www.aarp.org/foundation)
- 1401 Adventist Development & Relief Agency International, 800-424-ADRA, [www.adra.org](http://www.adra.org)
- 1979 Air Compassion America, 866-270-9198, [www.aircompassionamerica.org](http://www.aircompassionamerica.org)
- 1828 Alley Cat Allies, 240-482-1980, [www.alleycat.org](http://www.alleycat.org)
- 1803 Alley Cat Rescue, 301-277-5595, [www.saveacat.org](http://www.saveacat.org)
- 0437 America's Second Harvest, 800-771-2303, [www.secondharvest.org](http://www.secondharvest.org)
- 0504 American Cancer Society, 800-ACS-2345, [www.cancer.org](http://www.cancer.org)
- 1801 American Humane Association, 303-792-9900, [www.americanhumane.org](http://www.americanhumane.org)
- 0508 American Kidney Fund, 800-638-8299, [www.kidneyfund.org](http://www.kidneyfund.org)
- 0510 American Lung Association, 800-LUNG-USA, [www.lungusa.org](http://www.lungusa.org)
- 0700 American Red Cross, 202-303-4520, [www.redcross.org](http://www.redcross.org)
- 0333 AmeriCares, 800-486-HELP, [www.americares.org](http://www.americares.org)
- 1133 Ananda Marga Universal Relief Team, Inc., 301-984-0217, [www.amurt.net](http://www.amurt.net)
- 1228 Angel Flight, 800-296-3797, [www.angel-flight.org](http://www.angel-flight.org)
- 1262 Angel Flight America, 877-858-7788, [www.angelflightamerica.org](http://www.angelflightamerica.org)
- 1802 ASPCA: American Society for the Prevention of Cruelty to Animals, 212-876-7700, [www.aspc.org](http://www.aspc.org)
- 2022 Association of Gospel Rescue Missions, 800-624-5156, [www.agrm.org](http://www.agrm.org)
- 2002 Baptist World Alliance, 703-790-8980, [www.bwanet.org](http://www.bwanet.org)
- 2674 Big Brothers Big Sisters International (BBBI), 215-717-5130, [www.bbbsi.org](http://www.bbbsi.org)
- 1414 Brother's Brother Foundation, 412-321-3160, [www.brothersbrother.org](http://www.brothersbrother.org)
- 0102 Catholic Charities USA, 703-549-1390, [www.catholiccharitiesinfo.org](http://www.catholiccharitiesinfo.org)
- 0309 Catholic Relief Services, 800-235-2772, [www.crs.org](http://www.crs.org)
- 1561 Child Welfare League of America, 202-638-2952, [www.cwla.org](http://www.cwla.org)
- 9265 Children's Miracle Network, 801-278-8900, [www.cmn.org](http://www.cmn.org)
- 1946 Children's Network International, 877-264-2243, [www.childrensnetwork-international.org](http://www.childrensnetwork-international.org)
- 0428 Christian Appalachian Project, 866-270-4227, [www.chrisapp.org](http://www.chrisapp.org)
- 2047 Christian Relief Fund, (800) 858-4038, [www.christianrelieffund.org](http://www.christianrelieffund.org)
- 0055 Christian Relief Services, (800)33-RELIEF, [www.christianrelief.org](http://www.christianrelief.org)
- 0310 Christian World Relief, (818)502-1988, [www.christianworldrelief.org](http://www.christianworldrelief.org)
- 2105 Coast Guard Foundation, 860-535-0786, [www.cgfdn.org](http://www.cgfdn.org)
- 0520 Cystic Fibrosis Foundation, 800-FIGHTCF, [www.cff.org](http://www.cff.org)
- 1811 Days End Farm Horse Rescue, 877-442-1564, [www.defhr.org](http://www.defhr.org)
- 1407 Direct Relief International, 800-676-1638, [www.directrelief.org](http://www.directrelief.org)
- 2108 Disabled American Veterans (DAV) Charitable Service Trust (Disabled American Veterans Charitable Service Trust), 859-441-7300, [www.dav.org](http://www.dav.org)
- 1246 FARM AID, 800-FARM-AID, [www.farmaid.org](http://www.farmaid.org)
- 1234 Federal Employee Education and Assistance Fund (FEEA), 800-323-4140, [www.feea.org](http://www.feea.org)
- 2052 Feed The Children, 800-627-4556, [www.feedthechildren.org](http://www.feedthechildren.org)
- 0113 Gifts In Kind International, 703-836-2121, [www.giftsinkind.org](http://www.giftsinkind.org)
- 1501 Giving Children Hope (Global Operations and Development), 866-392-hope, [www.gchope.org](http://www.gchope.org)
- 0300 Global Impact, (800)836-4620, [www.charity.org](http://www.charity.org)
- 0025 Habitat for Humanity International, 800-422-4828, [www.habitat.org](http://www.habitat.org)
- 1457 Heart To Heart International, 913-764-5200, [www.hearttoheart.org](http://www.hearttoheart.org)
- 1838 Hearts United for Animals, 402-274-3679, [www.hua.org](http://www.hua.org)
- 1200 Human Care Charities of America, (Independent Charities of America), 800-477-0733, [www.hcare.org](http://www.hcare.org)

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FCC provides holds Octoberfest event

# Army News

## Personnel recovery training to begin for all Soldiers

Story by  
**J.D. LEIPOLD**  
Army News Service

The Warrior Ethos, "I will never leave a fallen comrade," makes clear the Army's commitment to recover Soldiers, Department of the Army civilians and its contractors should they be lost, isolated, missing, detained or captured while in an operational environment.

Beginning in November, the Army's Personnel Recovery Branch will kick off formal personnel recovery training to all units slated for deployment. The goal is to train all Soldiers in personnel recovery tactics, techniques and procedures within the next 24 to 48 months according to Col. Timothy Waters, chief, Personnel Recovery Branch.

"The chief of staff of the Army and the director of the Army staff find personnel recovery training to be a vital requirement for every opera-

tions plan," Waters said. "Even though we can train all Soldiers initially, training will have to be maintained.

"Personnel recovery training will be included in all Soldier readiness programs, in unit training, drill schedules for the Reserve and National Guard, and in monthly training schedules for the active component so it becomes second nature," he said.

Personnel recovery training will eventually be taught at basic and advanced individual training, as well as officer basic and advanced training.

In the past, personnel recovery was relegated to a specific force, but publication of Field Manual 3-50.1, "Army Personnel Recovery," makes it official doctrine that applies to all Soldiers.

This is a significant change, Waters said, because now a procedural system will be in place that is



understood at individual to command levels.

Waters said the first 15 of 60 Reserve and National Guard Soldiers are in the final stages of

their formal training as instructors in personnel recovery tactics, techniques and procedures. Following completion, they will be deployed to force deployment platforms and continental U.S. replacement centers to train Soldiers preparing to deploy, and in-theater to train Soldiers already deployed.

Personnel recovery training will include such recovery tasks as reporting, locating, supporting, recovering and returning/reintegrating.

Individual training will also be available in classified and unclassified formats and include survival, evasion, resistance and escape techniques, as well as the Code of Conduct

Today, in an asymmetric battlefield where it's hard to distinguish friend from foe, FM 3-50.1 formally acknowledges it's no longer solely special operations or aviation units at risk of capture or detainment, it's all

Soldiers – including transportation specialists, military police, civil affairs units and transition teams.

"We've always gone after those who are isolated, missing, detained or captured; there's no change in mindset. We now recognize all Soldiers to be at risk because of a battlefield that doesn't have lines and an enemy who could be around the corner," Waters said. "Before, when you put a Soldier in Baghdad in a truck and he made a wrong turn he could, in fact, fall into enemy hands without our expectation of that. Now, we'll be preparing for those things to happen through the training starting in November."

Sound Off...What do you think? Join the discussion.

FM 3-50.1 is available at Army Knowledge Online, [www.us.army.mil](http://www.us.army.mil) and at the Training and Doctrine digital library, [www.train.army.mil](http://www.train.army.mil).

## Committee examines issue of women separating from military

Story by  
**STEVEN DONALD SMITH**  
American Forces Press Service

Female military doctors, lawyers and chaplains are more likely than their male counterparts to leave the military after serving five to eight years. The Defense Department Advisory Committee on Women in the Services wants to know why.

By examining these three career fields, the committee hopes to understand why female service members in general have such higher rates of military separation, Mary Nelson, chairwoman of DACOWITS, told the Pentagon Channel Aug. 25.

Nelson said it's important to retain more women, and understanding why they leave may help to accomplish this.

The main reason women are getting out after five to eight years of service is to start a family, she said.

"They don't want to have a two-week-old [baby] and have to be deployed," Nelson said.

A possible solution to the problem, she said, is "on-off-ramps," or points at which service members can take a leave of absence from the military. While calling the concept a good idea, Nelson acknowledged that it comes with some issues.

"If we have these off-ramps, where people can get out and take a two-year leave, then it becomes an issue of when they come back, where are they?" she said. "Are they still with the same class they entered with? If so, then they're at a great disadvantage and aren't going to be promoted through the ranks. So as they come back, adjustments have to be made to their date of rank so that they're competitive again.

"It seems like we have provisions for people to leave for educational reasons, then come back in, so maybe this could be extended," she added.

Because survey data never tells the full story, DACOWITS members go to installations and hold focus groups among female

service members, Nelson said. Committee members ask a broad range of questions to help them understand the problems these women face and their reasons for wanting to leave the military.

When meeting with these women, the committee members are eager to illicit possible solutions from the women, Nelson said.

The committee's 2005 report studied issues related to work/life balance and found that most women put their families first.

"They're making the decision based on their family as well as their deep desire to serve their country," she said.

For example, the committee concluded that female service members garner great satisfaction from overseas assignments, but consider their families' needs first, Nelson said.

"I think that really was the focus of our report last year," she said. "How can people balance their work, their career and the needs of their families?"

Numerous high-ranking military officials of both genders stressed to Nelson that women offer something the military would not have without them.

"They offer a different perspective. They offer a different way of looking at things, a different way of communicating, a different way of gathering points of view and getting consensus," she said. "It's a different way of doing things, and it's something the military members I've talked to feel very strongly that the military needs."

The Defense Department Advisory Committee on Women in the Services was established in 1951 by then-Secretary of Defense George C. Marshall. The committee is composed of civilian women and men appointed by the secretary of defense to provide advice and recommendations relating to the recruitment and retention, treatment, employment, integration and well-being of highly qualified professional women in the armed forces.

## Deer

From front page

Department of Natural Resources Secretary John A. Griffin said, "Motorists need to heighten their awareness of deer during the fall breeding season. Deer don't look both ways when they cross a highway."

As a motorist, be alert to the warning signs that symbolize animals are in the area. When road signs indicate wildlife, driving behavior should be immediately modified. Slow down. Animals act on instinct and not human-type thought processes. Avoiding vehicles is not a normal behavior for an animal. They feel threatened by vehicles and act in unpredictable ways.

Some obvious indications are seeing animals in the brush along the road, or their droppings in the roadway. Skid marks from other vehicles, or dead animals along the road tell there are animals in the area. Other indicators include vehicles in front braking rapidly on an otherwise open roadway.

Nighttime is especially dangerous for both animal and motorist. Sight capabilities are diminished during night hours for humans, while headlights blind an animal. Nighttime indicators for motorists include flickering of headlights or taillights in front; signifying something is passing between the vehicle in front and the motorist. The same is true of roadside reflectors.

### Avoiding collisions with deer

Two-thirds of all deer/vehicle collisions happen during the months of October, November and December. This is when deer are most actively traveling about.

Daily deer activity peaks at dawn and dusk, which often coincide with motor-vehicle commuter traveling times.

Deer travel in groups - if you see one, expect more. Highway areas where there have been numerous deer/vehicle collisions often are already marked with deer crossing signs.

Because of the ideal conditions on APG the whitetail deer are very numerous, according to Steve Wampler, Environmental Conservation and Restoration Division.

"There have been 175 collisions with deer already this year outside the fenced areas," Wampler said.

These precautions are recommended for motorists to reduce the chances of striking a deer:

- Use extreme caution when driving at dawn and dusk; this is when driver visibility is poor and the deer are most active.
- Slow down when approaching deer that are standing near roadsides. Deer may "bolt" or change direction at the last minute.
- If a deer is crossing the road, slow down and use extreme caution. Deer travel in groups, expect other deer to follow.
- Use flashers or a headlight signal to warn other drivers when deer are spotted on or near the road.
- Use caution and be alert when driving on roadways marked with deer crossing signs. These signs are placed in areas that have had a large number of deer/vehicle collisions.
- Use high beams when they don't affect oncoming traffic to see farther down the road.
- Above all slow down to avoid hitting a deer but do not swerve. This can cause loss of control.

Of course every case is different, but there are a few things to consider if this should happen. The most important thing to remember is to maintain control of the vehicle. Apply the brakes in a controlled manner. Deer are quick and agile animals. It is more likely that they will leap out of the path before anyone would be able to brake and steer around them. Most serious injuries occur when a driver skids out of control and leaves the road or, worst of all, swerves into oncoming traffic. Obviously these circumstances arise quickly allowing very little time to react. Try to think ahead. When spotting a deer crossing sign think about what to do if one suddenly jumped into the road. Mentally practice keeping a cool head and reacting in a controlled fashion. If it should happen one day the reaction would be more appropriate.

When driving along high risk areas, additional driving precautions should be taken. Increase caution. Stay alert, and search both sides of the road for animals and indications of animals. Extend visual horizons as far down the roadway as possible. Be prepared to deal with an animal in the roadway at any instant. Stay aware of changing conditions that control options to maneuver a vehicle.

Remember, animals can't change behavior to avoid a motorist; therefore, the motorist must modify driving behavior to avoid the animal.

# APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMNE-APG-PA, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900.

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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## CFC

From front page

- 0452 Humane Society of the United States, The, 202-452-1100, [www.hsus.org](http://www.hsus.org)
- 0348 International Orthodox Christian Charities, 866-803-4622, [www.iocc.org](http://www.iocc.org)
- 0351 International Relief Teams, 800-638-8079, [www.irteams.org](http://www.irteams.org)
- 0319 International Rescue Committee, 877-refugee, [www.theirc.org](http://www.theirc.org)
- 2653 Islamic Relief, 818-238-9520, [www.irw.org](http://www.irw.org)
- 0335 Lutheran World Relief, 800-597-5972, [www.lwr.org](http://www.lwr.org)
- 0071 Matthew 25 Ministries, 513-793-6256, [www.m25m.org](http://www.m25m.org)
- 0035 Medical Teams International, 800-959-4325, [www.nwmedicalteams.org](http://www.nwmedicalteams.org)
- 0365 Mercy Corps, 800-292-3355, [www.mercycorps.org](http://www.mercycorps.org)
- 2526 Mercy Medical Airlift, 757-318-9174, [www.mercymedical.org](http://www.mercymedical.org)
- 1498 Mercy-USA for Aid and Development, Inc., 800-556-3729, [www.mercyusa.org](http://www.mercyusa.org)
- 2038 Operation Blessing International Relief and Development Corp., 800-730-2537, [www.ob.org](http://www.ob.org)
- 2735 Operation USA, 800-678-7255, [www.opusa.org](http://www.opusa.org)
- 2038 Operation Blessing International Relief and Development Corp., 800-730-2537, [www.op.org](http://www.op.org)
- 0320 Oxfam America, 800-77-OXFAM, [www.oxfamamerica.org](http://www.oxfamamerica.org)
- 1816 PETA: People for the Ethical Treatment of Animals (People for the Ethical Treatment of Animals), 757-622-7382, [www.peta.org](http://www.peta.org)
- 0433 PETsMART Charities, 800-738-1385, [www.petsmartcharities.org](http://www.petsmartcharities.org)
- 0325 Project HOPE, 800-544-4673, [www.projhope.org](http://www.projhope.org)
- 0899 Rebuilding Together, Inc., 202-483-9083, [www.rebuildingtogether.org](http://www.rebuildingtogether.org)
- 0338 Salvation Army World Service Office (SAWSO), 800-SALARMY, [www.salvationarmyusa.org](http://www.salvationarmyusa.org)
- 2068 Samaritan's Purse, 800-528-1980, [www.samaritanspurse.org](http://www.samaritanspurse.org)
- 0326 Save the Children, 800-728-3843, [www.savethechildren.org](http://www.savethechildren.org)
- 0060 Society of St. Vincent de Paul Council of the United States, 314-576-3993, [www.svdpsusa.org](http://www.svdpsusa.org)
- 0560 St. Jude Children's Research Hospital, 800-822-6344, [www.stjude.org](http://www.stjude.org)
- 0674 Starlight Starbright Children's Foundation, 800-315-2580 [www.starlight.org](http://www.starlight.org)
- 1824 United Animal Nations, 800-440-3277, [www.uan.org](http://www.uan.org)
- 0352 United Methodist Committee on Relief, 800-841-1235, [www.umcor.org](http://www.umcor.org)
- 9889 United Way International, 703-519-0092, [www.uwint.org](http://www.uwint.org)
- 0100 United Way of America, 703-836-7100, [www.unitedway.org](http://www.unitedway.org)
- 2835 Volunteers of America, 800-899-0089, [www.volunteersofamerica.org](http://www.volunteersofamerica.org)
- 9969 World Hope International, Inc., 888-466-4673, [www.worldhope.org](http://www.worldhope.org)
- 0370 World Vision, 800-777-5777, [www.worldvision.org](http://www.worldvision.org)

Because a variety of circumstances can affect an organization's administrative and fundraising expense rate, donors should contact the organization directly if they wish to receive more information.

The 2006 Contributor's Guide for national/international organizations is at Web site <http://www.cfcmd.org>. Paper copies of the guide and pledge cards are available from each organization key worker or at the APG CFC office.

For more information, visit the APG CFC Office at building 4302 or call 410-278-0197/0199 or 800-201-7165 ext. 410-278-0198.

## POST SHORTS

family member of sergeant or above, DoD civilian, retiree and their guests. The discount meal rate of \$3.05 applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

For more information, call Edward Parylo or Ernest Green, 410-306-1393/1398.

### SAME Chesapeake holds meeting

The Society of American Military Engineers Chesapeake Post monthly meeting will be held 11:30 a.m., Oct. 19, at Top of the Bay. A representative from the Directorate of Installation Operation will present a briefing titled "BRAC Update."

RSVP by Oct. 18 to Donna Vereb, 301-670-5485 or Tony Price, 301-732-1154.

### CHPPM hosts ergonomics open house

The U.S. Army Center for Health Promotion and Preventive Medicine will hold an ergonomics open house 10 a.m. to 2 p.m., Oct. 25, in building E-1570, room 206, APG South. Military personnel and Department of Defense civilians and contractor are invited. The event includes demonstrations, hands-on activities, ask-an-ergonomist, Ergo-Teasers, information on ergonomic services provided at APG and Army-wide, door prizes and refreshments. For more information, call Nancy Cammarota at 410-436-3928.

### Well-Being Council meeting Oct. 19

The next Well-Being Council meeting will be held 9:30 a.m., Oct. 19, at the main Post Chapel.

### MCSC apple pie sale begins soon

The Military and Civilian Spouses' Club will be making homemade pies on Oct. 26 at

the APG Chapel. Anyone interested in helping should contact Judi, 410-272-8271 or Gloria, 410-273-1926.

MCSC is currently taking orders for the pies because only a limited amount will be made this year. The cost is \$7 per pie. To pre-order, call Judi or Gloria.

### Blood drive scheduled Oct. 23

Headquarters and Headquarters Company, U.S. Army Garrison, will hold an installation blood drive 9 a.m. to 2 p.m. at the Edgewood

Chapel.

Appointments are encouraged in order to decrease wait times; but walk-ins are welcome.

The drive is sponsored by the Armed Services Blood Program and all blood collected will only be distributed within the military community.

For more information or to make an appointment, call Ruby V. Ferrer, 410-278-3000.

*(Editors Note: More shorts can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Shorts.)*

### Information Technology Expo in October

The Corporate Information Office of the U.S. Army Research, Development and Engineering Command and the U.S. Army Garrison APG DOIM will host the 2006 Annual Fall Information Technology Expo 9:30 a.m. to 1:30 p.m., Oct. 25, at the Gunpowder Club Conference Center, APG South.

State of the art technologies will be featured from Agency Consulting Group, Altiris, American Reliance (AMREL), AT&T Government Markets, Audio Visual Innovations, Avocent, Best Buy, Booz Allen Hamilton, Business Machines, CDW-G, Commercial Data Systems, Dell, Inc., Engineering & Professional Services, F.A. O'Toole, GovConnection, Graybar

HP, IBM, IMC Networks, Log Sec Corp, Managesoft Corp., Maryland Micrographic Service, MBC Precision Imaging, MEDI, MSC Industrial Supply, Nelson White Systems, Office Eagle, Plantronics Plug-In Storage, Ricoh, SEIDCON, SGI Federal, SPL Integrated Solutions, Tally Genicom, University Alliance, USA Mobility, Vocality Inc., Ward-Boland Associates, Westwood Computer Corp., Wright Line, Xerox Corp., and more.

Event is free to all Department of Defense, government and contractor personnel (with access to Aberdeen Proving Ground).

Coffee and donuts and a light lunch buffet will be available. For more information, call FDAE toll-free 877-332-3976 or Chris Zukowski, RDECOM, 410-436-3873, or Susan Suppa, DOIM, 410-278-7598.



# Morale, Welfare & Recreation

## MWR talent search seeks Soldiers

Story by  
**YVONNE JOHNSON**  
APG News

Morale, Welfare and Recreation is looking for talented singers, dancers and musicians to try out for the next APG Talent Search for a possible spot on the Army Soldier Show.

Tryouts will be held 6:30 p.m., Oct. 17 and 25 at the Stark Recreation Center, building E-4140 and 6:30 p.m. at the Aberdeen Recreation Center, building 3326, Oct. 18 and 24.

Prizes will be awarded to the top three finalists. This event is for active duty Soldiers who sing, dance or play an instrument only.

The Talent Search Show will be held 7 p.m., Nov. 18, at the Stark Recreation Center.

Purchase tickets at MWR Registration, building 3326, call 410-278-4011/4907, or visit Hoyle Gym, building E-4210, 410-436-7134.

## Combative Tournament results

MWR

The U.S. Army Ordnance Mechanical Maintenance School hosted its second Combative Tournament at the Aberdeen Athletic Center Sept. 23. An extension of the OMMS Combative Course, the tournament is presented in collaboration with Morale, Welfare and Recreation.

### Results

#### Women's division

1st place, Kristina Wright, BNCOC  
2nd place, Crystal Boylen, Company B 143rd  
3rd place, Kelly Nardiello, Company C 143rd

#### Middleweight

1st place, John Stull, NCOA  
2nd place, Maltese Jones, Company C 16th  
3rd place, Brad Hartung, Company B 16th

#### Men's division

##### Flyweight

1st place, Granville Bracy, NCOA  
2nd place, Robert Mereno, OBC Team 1  
3rd place, David Winkler, OBC Team 2

##### Light Heavy Weight

1st place, Gregory Spence, Company E 16th  
2nd place, Daniel Scott, Company C 16th  
3rd place, Thomas Fitzwater, BNCOC

##### Lightweight

1st place, Anthony Larence, NCOA  
2nd place, Josh Santa, Company C 143rd  
3rd place, Kooki Dunn, Company B 16th

##### Heavyweight

1st place, Aaron Spence, Company E 16th  
2nd place, Miquel Bonilla, Company C 16th  
3rd place, Ramon Troya, Company C 16th

##### Welterweight

1st place, Carlos Villa, Company B 16th  
2nd place, Jim Perez, NCOA  
3rd place, Fred Carpenter, BNCOC

##### Team results

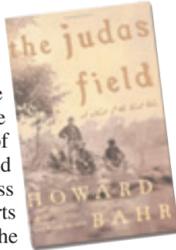
1st place, Company C 16th  
2nd place, NCOA  
3rd place, OBC Team 2

## LIBRARY BOOK CORNER

Operating hours of the Aberdeen Library, located in the Recreation Center, are 1 to 5 p.m., Saturday and Sunday, 11:30 a.m. to 6:30 p.m., Monday through Thursday and closed on Friday. For more information, call 410-278-3417.

### The following are a few of the new titles available at the APG MWR Library:

**The Judas Field** by Howard Bahr  
Howard Bahr's fictional account recreates the Battle of Franklin (often referred to as the Gettysburg of the West). The book's pace and detail are wrenching, and it is starkly devoid of romanticism. Within the battlefield scenes is a depiction of controlled mass butchery on a field of blood, body parts and utterly obliterated human beings. The reader puts down the book with a sense of shock to find he is not actually inside a level of hell.



**Mad Dogs** by James Grady

**Damnation Street** by Andrew Klavin

**The Nubian Prince** by Juan Bonilla

The library's Web site, [www.apgmwr.com/recreation/libraries.html](http://www.apgmwr.com/recreation/libraries.html), provides access to the library's online catalog and also has a complete annotated listing of the library's new material, as well as a list of available films on DVD.

## APG Bowling Center Snack Bar specials

### Week of Oct. 16

Special #1: Chicken tender wrap with lettuce, tomato, ranch dressing, mozzarella cheese, chips, one cookie and soda for \$4.35.

Special #2: Chicken filet club with bacon and cheese (choice of mayonnaise, lettuce, tomato pickles and onions), French fries, one cookie and soda for \$5.85.

The snack bar has a variety of items to choose from including box meals, burgers, subs, sandwiches, baskets and pizza.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 am.

## SCHOOL LIAISON

### Future leaders to attend conference

The 17th annual Harford County Equity Leadership Program (H.E.L.P.) Conference will be held 9:30 a.m. to 1 p.m., Oct. 27 at Harford Community College. The H.E.L.P. Conference is co-sponsored by Harford Community College and Harford County Public Schools through the Office of Equity and Cultural Diversity. "Keep it Real!" is this year's conference theme. Student representatives from all HCPS secondary schools will be in attendance. The purpose of the conference is to inspire young leaders and to inform students about equity issues in an interactive format.

For more information, contact Charlotte Ryan or Michael Seymour in the Office of Equity and Cultural Diversity, 410-809-6065.

### Christmas in New York

MWR will sponsor a trip to New York City on Dec. 2, 9 and 16. Cost of the trip is \$39 per person. There will be eight hours for shopping in Times Square, Chinatown and more. Open to all DoD card holders.

For more information, call MWR Registration, Tickets and Leisure Travel, building 3326, at 410-278-4907/4011.

Visit APG News online at  
[www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil)

# Community Notes

**FRIDAY, SATURDAY,  
 SUNDAY**

**OCTOBER 13 - 15  
 USED BOOK SALE**

The Abingdon Friends of the Library will hold a Used Book Sale at the Abingdon

Branch located on 2510 Tollgate Road. A preview sale for members of the Friends of the Library will be held 5:30 to 7:30 p.m. A public sale will be open to everyone, 10 a.m. to 4 p.m., Oct. 14, and 1 to 4 p.m., Oct. 15. Donations of used books will

be accepted.

For more information, call 410-638-3990.

**SATURDAY  
 OCTOBER 14  
 FANTASTIC FALL  
 FESTIVAL**

Edgewood Assembly of God located at 803 Edgewood Road in Edgewood is hosting its 4th annual Fantastic Fall Festival from 10 a.m. to 3 p.m. and includes games, crafts, food, live music and entertainment and cash prize drawings.

This free event will include an obstacle course that is raced while enclosed in a large inflatable ball as well as a velcro wall, pony hops, moon bounces, a horseshoe tournament, baseball speed pitch, froggy fling, putt-putt challenge, spin art and more. There will also be a cash give away along with various prize drawings. Everyone gets one free hot dog and drink. The rain date is Oct. 28.

For more information call 410-676-4455 during office hours, 9 a.m. to 3 p.m., Monday through Friday.

**HARVEST HOME**

The Stewardess Board of St. James A.M.E. Church, 615 Green Street will host Harvest Home, 11 a.m. to 3 p.m. Food for sale includes vegetable beef and chicken soup, chicken and fish sandwiches and baked goods. Items on the White Elephant table may be purchased.

For more information or to place orders, call 410-939-2267.

**HOLIDAY GRAPEVINE  
 WREATH**

Create a grapevine wreath for indoor or outdoor use. This program is from 2 to 3 p.m. for ages 12 to adult and costs \$5. Registration is required. For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**SUNDAY  
 OCTOBER 15**

**SWANFEST AT SWAN  
 HARBOR FARM**

Celebrate autumn while enjoying live entertainment, craft vendors, hayrides, pumpkins, children's games and activities, hands-on crafts, food and canoe rides provided by the Anita C. Leight Estuary Center staff. Stop at the Estuary Center Booth by the water. For information call 410-939-6767. This program is from 11 a.m. to 4 p.m. at 401 Oakington Road, Havre de Grace. Cost is \$5 per car, no registration is needed.

**BEAVERS AND BOATS**

Join a naturalist for an evening of sleuthing through the estuary in a kayak looking for evidence of beavers. Cost is \$10 and is from 5 to 7:30 p.m. for ages 10 to adult, under 13 with an adult. Registration is required. For information or directions to the Anita C. Leight Estuary Center, call 410-612-1688 or 410-879-2000, ext. 1688.

**TUESDAY  
 OCTOBER 17  
 FREE FINANCIAL EDU-  
 CATIONAL SEMINAR**

Freedom Federal Credit Union will hold a free financial educational seminar, 6 to 8 p.m. at Freedom's Park Avenue branch located at 2019 Emmorton Road, Bel Air. All members and the public are invited to attend.

For more information or to RSVP, call 1-800-440-4120.

**THURSDAY  
 OCTOBER 19  
 56TH ANNUAL INTER-  
 NATIONAL CREDIT  
 UNION DAY**

Freedom Federal Credit Union will celebrate International Credit Union Day. The celebration includes door prizes, free gifts, free educational materials, and refreshments for members visiting its branches. The public is also invited to learn about the history and philosophy of what makes credit unions different.

**FRIDAY  
 OCTOBER 20  
 NATIONAL MAMMOG-  
 RAPHY DAY**

To commemorate National Breast Cancer Awareness Month, participating radiologists will provide free or discounted mammogram screenings and the Harford County Health Department Breast and Cervical Cancer Screening Program will sponsor mammograms and gynecological exams for women at no cost who meet program guidelines. To locate the nearest participating radiology facility, call the American Cancer Society at

*(Editors Note: More calendar events can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Community Notes.)*



**Chapel Services**

**Catholic scripture class**

A Catholic Bible scripture class will be held 11:45 a.m. to 12:45 p.m. every Wednesday at the main chapel, building 2485. Passages will be from the Lectionary in preparation for the Sunday readings. The format will be a video lesson, discussion and prayer. Everyone is welcome. Attendees should bring lunch.

**MOVIES**

**ADMISSION:  
 ADULTS \$3.50,  
 CHILDREN \$1.75**

**Building 3245  
 Aberdeen Boulevard**

**To verify listing,  
 call 410-272-9008,  
 or visit  
[www.aafes.com](http://www.aafes.com)  
 and click on  
 "Movie Listing."**

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**THE WICKER MAN**  
 Friday, Oct. 13, 7 p.m.

**INVINCIBLE (FREE  
 ADMISSION)**  
 Saturday, Oct. 14, 7 p.m.

**IDLEWILD**  
 Saturday, Oct. 14, 9 p.m.

# Environmental groups, students team up to help APG wood ducks

Story and photo by  
**HEATHER TASSMER**  
APG News

To enhance Aberdeen Proving Ground wildlife for National Public Lands Day volunteers from the Maryland Wood Duck Initiative and Harford County school students built cedar nesting boxes Sept. 19 at Harford Glen Park in Bel Air.

National Public Lands Day was on Sept. 30 and is “the nation’s largest hands-on volunteer effort to improve and enhance the public lands American’s enjoy, according to the National Public Lands Day Web site, [www.publiclandsday.org](http://www.publiclandsday.org).

Jim Bailey, a natural resources manager with the APG Garrison Directorate of Health, Safety and Environment and Clifton Brown, executive director of the Maryland Wood Duck Initiative, worked together to make the project possible.

MWDI’s mission is to “enhance Maryland’s wood duck population primarily by advocating and demonstrating a best practices approach in artificial nest programs statewide,” Brown said.

The duck population is not in trouble around APG.

“It [APG] contains excellent brood rearing habitat, and it is a very attractive, large site to develop a showcase public project,” Brown said.

The project not only benefits the ducks but also the students.

“It gives them the whole wetland experience,” he said. “They get to see where the ducks are and why they abandon their homes.”

The students also get to learn about other wildlife around APG and Maryland.

Fifty four students and several teachers from Harford County Schools including Joppatowne, C. Milton Wright, Fallston, North Harford and Harford Technical High, built 100 boxes in two hours for the project.

Wounded combat veterans at Walter Reed Army Medical Center are assembling another 20 boxes “to help and develop fine motor skills on new prosthetics,” Brown said.

Only 80 of the boxes will be placed on APG, he said. The remaining boxes will be placed on the Eastern Neck Wildlife Refuge and on Walter Reed’s grounds.

The boxes needed to be replaced because they had been on APG for many years, according to Bailey.

A wood duck nest program had previously existed at APG, Brown said.

“Typical to many well intentioned programs, if boxes and their predator guards are not cleaned and maintained, they become essentially worthless in a few years or worst, annual death traps for the eggs



Amy Kreisel, 16, a Fallston High School student, adds a side to a wood duck box on Sept. 19 for a National Public Lands Day project. Other Harford County schools such as Joppatowne, C. Milton Wright, North Harford and Harford Technical High, were also involved in the project to help the wood ducks that make Aberdeen Proving Ground their home.

and even the hen,” he said.

National Public Lands day “calls for grants every year,” Bailey said.

So he applied for a federal grant and received \$4,100 for the materials.

Bailey talked about why the grant was beneficial to APG.

“[The grant] was free resources for us to do natural resources management,” he said.

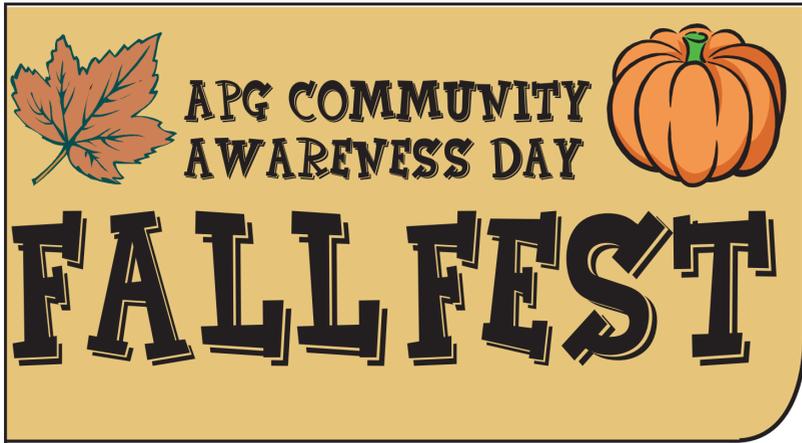
The students were pleased

with the project too. Although missing some classes was already a positive outcome of the day for the students, they had other positive remarks about the project.

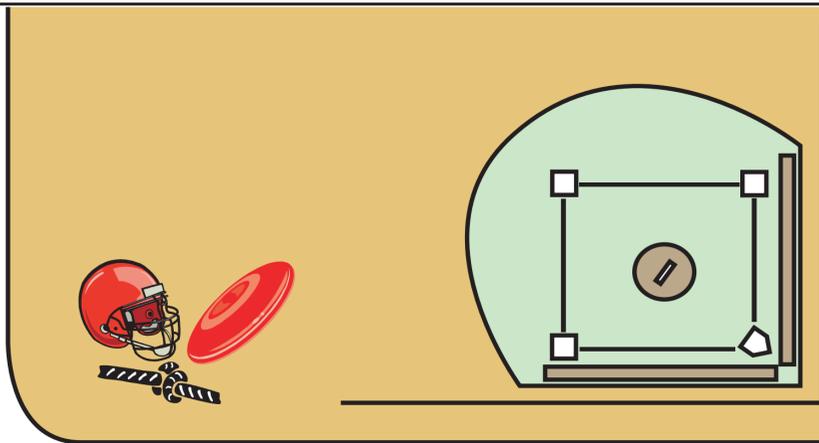
“I like that I get to meet people and have fun,” said Amy Kreisel, a 16-year-old from Fallston High School.

Kreisel said that the project will help to increase the duck population.

See **WOOD DUCKS**, page 14



# APG COMMUNITY AWARENESS DAY FALL FEST



Rock Island Avenue – (closed to traffic)

**Bldg. 2314** **Bldg. 2312** **Bldg. 2308**



Frankford Avenue – (closed to traffic)

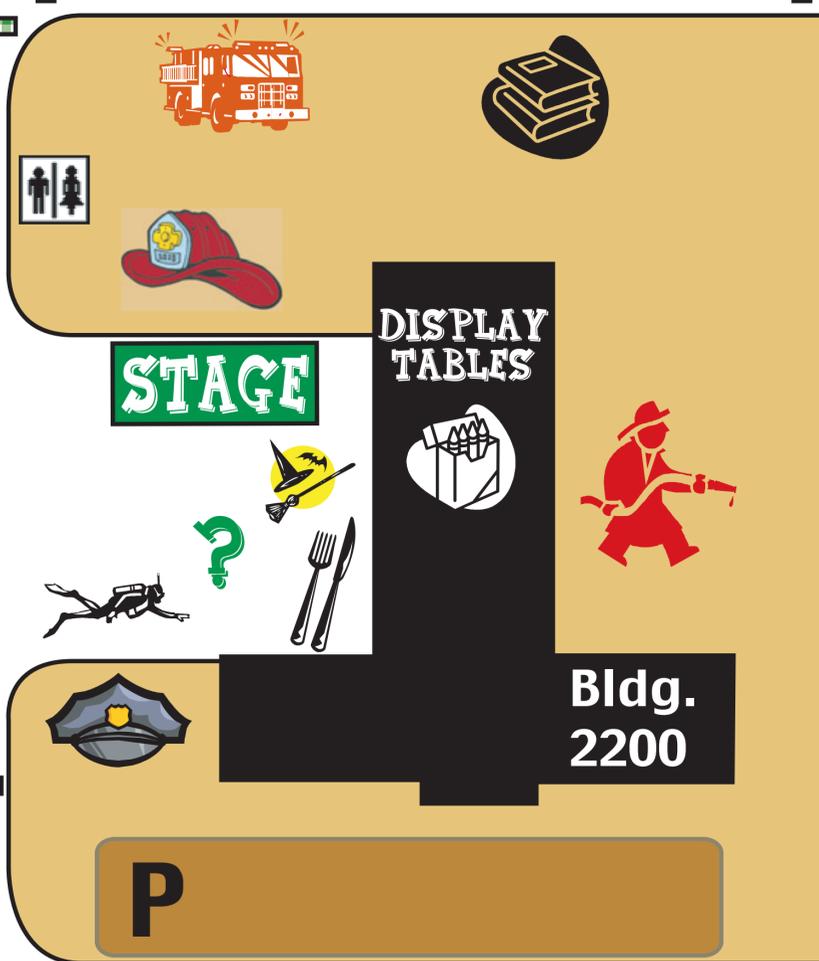


**Bldg. 2200**

STAGE

DISPLAY TABLES

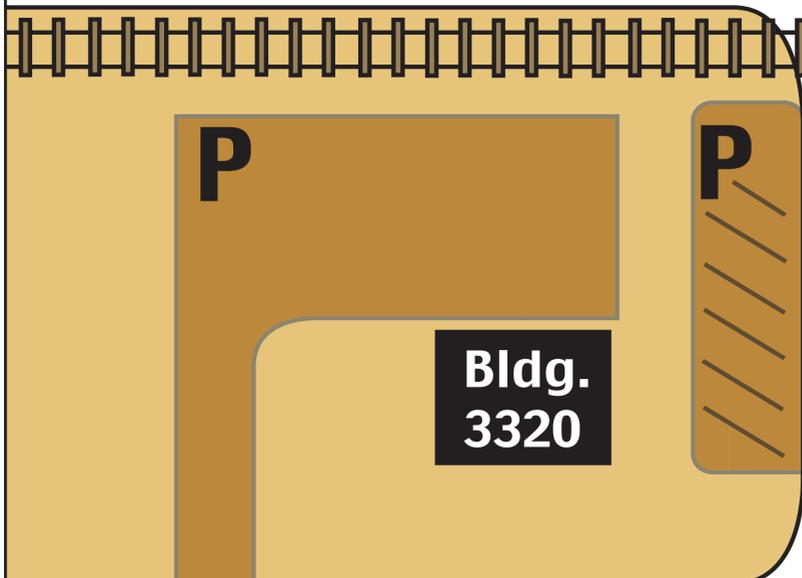
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Aberdeen Boulevard

**Bldg. 3320**

P



**Bldg. 3245**

P



Raritan Avenue

## Fall Fest

*From front page*

bedroom fire at 2:30 p.m.

The Community Awareness Day offers a variety of entertainment for all ages. There is plenty in store for children such as arts and crafts, a book fair, a scarecrow stuffing station, hayrides and even a children's game hosted by the Aberdeen Volunteer Fire Department "Bucket Brigade" and a youth Firefighter Challenge by the APG Fire Department.

McGruff the crime-fighting dog will put on a puppet show emphasizing safety as well as celebrate his 26th anniversary.

Music will be provided by the 389th Army Band (AMC's Own).

Other demonstrations include the Mason Dixon Rescue Dogs and the APG Canine Unit.

Special appearances include Dora the Explorer, Elmo, Smokey the Bear, Ferrous, the Ironbirds mascot and members of the Baltimore Blast and cheerleaders.

There will be a static display of fire and rescue equipment, the Maryland State Police helicopter, a UH-60 Blackhawk helicopter from the Maryland Army National Guard Aviation Support Facility in Edgewood South and a Stryker from the U.S. Army Aberdeen Test Center.

Attendees can also participate in various sporting events throughout the day, including Frisbee golf and touchdown dance contests.

Free food and drinks will be served from 11 a.m. to 3 p.m., including hot dogs, chips, drinks and cake.

The day's activities draw to a close at 3 p.m., but the day's fun is not over yet. Parents can bring their children to the free movie, "Monster House," being shown at the Post Theater beginning at 3:30 p.m.

For more information, see the Community Awareness schedule and map or call 410-278-4685.

### Fall Fest schedule of events

10 a.m.	Mason Dixon Rescue Dog demonstration
10:30 a.m.	Football throw contest
11 a.m.	Hayrides, meet Dora the Explorer, face painting begins, 389th Army Band (AMC's Own) performance (on stage), Baltimore Blast and cheerleaders arrive
11:30 a.m.	Frisbee golf contest
Noon	Elmo, Extreme Family Entertainment clowns, McGruff, Smokey the Bear visit the venue; Youth Bucket Brigade activity, Firefighter Challenge
12:15 p.m.	389th Army Band (AMC's Own) performance (on stage), McGruff anniversary cake, Army Substance Abuse event (drunk goggles station)
12:30 p.m.	Tug of war contest
1 p.m.	APG Police canine unit demonstration, Touchdown dance contest (on stage), meet Ferrous, the Ironbirds' mascot
1:30 p.m.	McGruff Puppet Show (on stage)
1:45 p.m.	Kitchen fire demonstration
2 p.m.	Sparky
2:30 p.m.	Bedroom fire demonstration
3 p.m.	Closing
3:30 p.m.	Free movie, "Monster House," at the Post Theater

### Building 2200 indoor display tables

- APG Federal Credit Union
- APG Fire Department
- Army Substance Abuse Program
- APG Veterinary Service
- Civilian Welfare Fund
- College Savings Plan
- Community Based Nurses
- Home Depot
- Installation Restoration Program at APG
- Kirk U.S. Army Health Clinic
- Maryland Committee for Children
- Military and Civilian Spouses' Club (*place apple pie orders*)
- Morale, Welfare and Recreation
- including Outdoor Recreation, Sports, Army Community Service, APG Child Youth Services, Family Child Care, Aberdeen Child Day Care, Child & Youth Services, APG-South Child Development Center (*Craft activities include spooky lollipops, make a dream catcher, pumpkin bean bag throw, jewelry making with beads, and more*)
- Post Chapel
- Target
- TRICARE
- U.S. Army Aberdeen Test Center

### Index of symbols

- |   |  |
|---|--|
|  APG Fire Department                                     |  Sports                                 |
|  Aberdeen Volunteer Fire Department                      |  Free movie, "MonsterHouse"             |
|  APG Police  |  USborne Books                          |
|  Havre de Grace Dive Team                                |  Crafts                                 |
|  APG K-9/Mason Dixon Rescue Dogs                         |  Scarecrow stuffing station             |
|  Maryland State Police/MD ARNG helicopter static display |  Witches Brew (CWF apple cider station) |
|  U.S. Army Aberdeen Test Center Stryker                  |  Food                                   |
|  Fire demonstrations                                     |  Information table                      |
|  Firefighter Challenge                                   |  Restroom                               |
|  Baltimore Blast/cheerleaders                            |  Road closure barriers                  |

## Environmental initiative brings new hope for wood ducks

Story by  
**CLIFTON BROWN**  
MWDI

The Maryland Wood Duck Initiative started in 2004 as an all volunteer, non-profit venture. Its mission is to enhance Maryland's wood duck population and to generate a greater appreciation of the wetland habitats in which they live by advocating and demonstrating a "best practices" approach in artificial nest box programs. The wood duck is Maryland's most populous native, wild duck.

Educational and other external affairs programs which complement the "total wetland experience" are being increasingly developed.

### Why nest boxes?

Initially they were used to help save wood duck populations from severe endangerment from simultaneous mature forest removal. This mature forest removal may have many natural cavities that drain adjacent wetlands and over harvest.

Populations have recovered and are growing steadily to significant and healthy levels.

Nest boxes now supplement

population growth where cavities are limited or non-existent in proximity to good brood rearing habitat.

Artificial nest programs also allow close-up study of the reclusive wood duck's nesting habits and provide a unique, relatively easy-to-access wildlife educational forum to study not only the duck but its reaction to changes in its local environment.

### Why the MWDI?

Maryland has 6,000 to 8,000 nest boxes erected across the state. Field inspections indicate that more than 65 percent are either not functional or poorly supervised such that the productivity is substantially below the brood habitat potential if a "best practices" approach were adopted.

### MWDI plans

MWDI's focus is to build a database of Maryland's box inventory and initially develop its public land programs into a "best practices" status.

MWDI will conduct various research projects and leverage its growing information base. Advocacy of "best practices" in the private sector



Photo by JOE ONDEK, ATSS/SVERDRUP TECHNOLOGY CONTRACTOR

will routinely occur and various "cause and effect" results will be published as developed to reinforce the message and encourage a change in resource management practices where needed.

### Funding

MWDI has not solicited membership dues and donations like other non-profit organizations. Funding for program materials has been provided from several wildlife and conservation organizations with a mandate for such expenditures.

MWDI provides labor and other volunteer services to build, install and monitor the nest boxes.

A seven-year MWDI - MD DNR Partnering Agreement provides annual funds for materials for use on public lands from Migratory Bird Stamp money.

Other project funding besides the U.S. DOD Legacy grant for Aberdeen Proving Ground has been obtained from the Chestertown Wildlife Exhibition and Sale (Kent County projects), Friends of Blackwater (Blackwater Refuge project), Maryland National Capital Parks and

Planning Commission - Jug Bay Marathon (Jug Bay project), and Chesapeake Farms (Dupont's conservation property in Kent County).

Various businesses provide use of equipment, work and storage space and some supplies, while metal pole salvage occurs in cooperation with the Maryland Department of Highways in three counties.

Some volunteers have informally provided miscellaneous expense coverage such as use of vehicles and gasoline, which has been important at the current gasoline prices and since MWDI has no direct funding source for these type costs.

MD DNR staff have provided direct assistance in several areas in addition to the materials funding.

MWDI's state wide collaborators are MD DNR - Wildlife & Heritage Service, the U.S. Fish and Wildlife and Ducks Unlimited.

The Web site, [www.mwdi.net](http://www.mwdi.net), is to be launched by end of October. For information and to get on the MWDI e-mail list, contact Clifton Brown at [cliftonabrown@aol.com](mailto:cliftonabrown@aol.com).



## Channel 21 features Pentagon Channel programming

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

### Monday

ATS Reloaded, 5:30 a.m.  
American Veteran, 9:30 a.m.  
Army Newswatch, 11 a.m.  
Inside Afghanistan/FJ Iraq, 1 p.m.  
Around the Services, 5:30 p.m.  
Focus on the Force, 10 p.m.

### Tuesday

Around the Services, 8 a.m. and 8 p.m.  
RECON, 11 a.m.  
Focus on the Force, 1 p.m.  
Army Newswatch, 3 p.m.  
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.  
Army Newswatch, 7 p.m.

### Wednesday

Around the Services, 8 a.m. and 8 p.m.  
Army Newswatch, 9:30 a.m. and 9:30 p.m.  
American Veteran, 1 p.m.  
Inside Afghanistan/Freedom Journal Iraq, 2 p.m.  
RECON, 3:30 p.m.  
Focus on the Force, 6:30 p.m.

### Thursday

Around the Services, 8 a.m. and 8 p.m.  
Army Newswatch, 9 a.m. and 9 p.m.  
Freedom Journal Iraq/Inside Afghanistan, Noon  
Focus on the Force, 1 p.m.  
RECON, 3:30 p.m.  
American Veteran, 5 p.m.

### Friday

Around the Services, 8 a.m. and 8 p.m.  
Army Newswatch, 10:30 a.m.  
RECON, Noon  
American Veteran, 2:30 p.m.  
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.  
Focus on the Force, 6:30 p.m.  
ATS Reloaded, 7 p.m.

### Saturday

Around the Services, 5:30 a.m.  
News Reel Anaconda, 7:30 a.m.  
American Veteran, 1:30 p.m.  
Army Healthwatch, 2 p.m.  
ATS Reloaded, 5:30 p.m.  
Battleground, 7 p.m.  
RECON, 8 p.m.

### Sunday

ATS Reloaded, 5:30 a.m. and 9:30 p.m.  
Freedom Journal Iraq, 10:30 a.m. and 4:30 p.m.  
Today's Military, 1 p.m.  
Around the Service, 7:30 p.m.

Army Newswatch – Bi-weekly report on the men and women of the Army.

Around the Services – From the Pentagon Channel NewsCenter, daily half-hour program featuring military news from top defense officials and the military services from around the world.

RECON – A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. military men and women.

Your Corps – Monthly view of the men and women of the Marine Corps.

Freedom Journal Iraq – A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq.

Navy Marine Corp News – A weekly look at the men and women of today's sea service.

Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the U.S. Air Force.

The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service.

Battleground - Every weekend, this series features historic films from World War II, Korean War, and the Vietnam War. *A Pentagon Channel Original Series.*

Focus on the Force – A weekly program highlighting missions, operations and people of the U.S. military.

Inside Afghanistan – Presents the latest from Operation Enduring Freedom, showing the activities of American troops in country.

ATS Reloaded – ATS-Reloaded revisits the best of the week and keeps viewers updated on information that's important.



# KUSAHC observes National Breast Cancer Awareness Month

www.healthnetfederalservices.com

The National Breast Cancer Awareness Month program is dedicated to increasing awareness about the importance of the early detection of breast cancer through a nationwide campaign.

Kirk U.S. Army Health Clinic recognizes this important month and will be featuring a series of articles throughout October.

This year an estimated 270,000 women in the United States will be diagnosed with breast cancer.

Breast cancer is a tumor that starts from cells of the breast. While the exact cause of breast cancer is not fully known, certain risk factors are linked to the disease. A risk factor increases

a person's chance of getting such a cancer.

"Gaining a better understanding of the controllable and uncontrollable risk factors can help with prevention and/or recovery," said Milagros Borrero-Ruiz, KUSAHC community health nurse.

#### Uncontrollable risk factors

- Female gender
- Age – over 50 years old
- Family or personal history of breast cancer
- Ethnicity: White women are more likely to get breast cancer, but African American women are more likely to die from this cancer.
- Early menstrual cycle: Starting the menstrual cycle before age 12.

strual cycle before age 12.

- Late menopause: Beginning menopause after age 55.

#### Controllable risk factors

- Reduce alcohol intake
- Maintain a healthy weight
- Be more active
- Breastfeed child/children
- Talk to a doctor if taking hormones

#### Early detection

Finding breast cancer early is best for successful treatment.

Follow these guidelines for better breast health: Women age 20 to 39 should do monthly

breast self-exams and have a breast exam by a health care provider every three years.

Women 40 years of age and older should do monthly breast self-exams, have yearly breast exam by a health care provider, along with a mammogram.

Women with a family history of breast cancer should talk to their health care providers about starting mammograms earlier than age 40.

For more information, talk with a doctor.

To participate in the observance of this awareness, visit Kirk U.S. Army Health Clinic during normal business hours for informative brochures and resources.

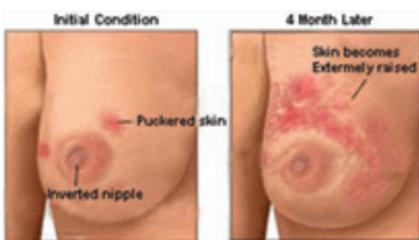
## Breast cancer comes in form not commonly known

www.healthnetfederalservices.com

Breast cancer is often associated with finding a lump in a breast. However, there is a type of breast cancer that doesn't involve lumps of any kind. Inflammatory breast cancer has symptoms much like insect bites or a breast infection and can easily be misdiagnosed.

Symptoms of inflammatory breast cancer are associated with the appearance of the breast. The skin may become red, pink or purple and it may be swollen, bruised or warm and the texture may be similar to that of an orange peel. Inflammatory breast cancer can also cause a number of symptoms that are often associated with a breast infection. These symptoms include breast pain or soreness, itching of the breast, color changes of the skin around the nipple, dimpling of the breast and changes in the appearance of the nipple.

Breast infections are common in women that are breastfeeding; they can cause a fever and are easily treated with antibiotics. Inflammatory breast cancer, however, does not usually cause



www.calcuttayellowpages.com/advert/104831risk.html  
Progressing of Inflammatory Breast Cancer of right breast

a fever, and will not respond to antibiotics.

Inflammatory breast cancer is rare and only accounts for a small percentage of breast cancer cases, but it is aggressive and can develop rapidly.

Anyone experiencing any symptoms related to this disease, or is being treated for a breast infection and the symptoms are not going away, see the doctor right away and ask for further tests.

(Editor's note: Provided by Preventive Care Services.)

## 'Health Check' offers cancer prevention, early detection

Story by **SANDRA NORCROSS**  
Moncrief Army Community Hospital

An online tool, the Great American Health Check launched by experts at the American Cancer Society, is aimed at increasing awareness about the importance of early cancer detection and to encourage people to get tested.

The Great American Health Check is an easy-to-use, confidential, on-line health-assessment tool. It asks users questions about gender, age, height, weight, family history of cancer, dietary habits, physical-activity levels and alcohol and tobacco use.

The tool helps users understand which early detection tests they should take to find potential cancer at an early stage and when treatment is most likely to be successful.

It also provides users with information on how to reduce cancer risk by doing such things as quitting smoking and maintaining a healthy weight.

After providing information to the Great

American Health Check, users receive a personalized cancer-action plan that outlines recommended cancer-screening tests and lifestyle changes.

"While cancer remains one of the top health concerns of Americans, many people may not realize cancers that can be prevented or detected earlier by screening account for about half of all new cancer cases," Dr. Stephen F. Sener, national volunteer president of the American Cancer Society, said last year.

Breast, colon, rectum, cervix, prostate, oral cavity and skin cancers are among those easily spotted by early detection tests. Tests for cervical and colorectal cancer may also detect changes in cells before they become cancerous, according to the society.

To access the Great American Health Check, go to <http://www.cancer.org>, then click on the Great American Health Check. Or, visit a local military medical treatment facility's health promotion staff.

## Legal Issues

### Justice Department presents Web site to explain military rights

Story by **JIM GARAMONE**  
American Forces Press Service

The Department of Justice has launched a Web site to protect service members' rights, Attorney General Alberto R. Gonzales said Aug. 14.

Gonzales, speaking to the Disabled American Veterans annual convention in Chicago, said the Justice Department has made it a priority to enforce civil rights laws for American service members.

"The law recognizes that although we can never thank you enough for your service, we can take away some of the worries that Soldiers might face when they are deployed," he said in prepared remarks.

The government promises that service members' jobs will still be theirs when they come home, and that they cannot be discriminated against by their employers because of their military service.

The United States vows that service members will be able to vote and that their vote will be counted. And it

promises that service members "will have procedural protections in civil actions, like lawsuits or property possessions, when serving overseas."

The Justice Department Web site, [www.servicemembers.gov](http://www.servicemembers.gov), outlines the rights service members have under the Uniformed Services Employment and Reemployment Rights Act, the Uniformed and Overseas Citizens Absentee Voting Act and the Service members Civil Relief Act.

"These basic civil rights are enforced by the Department of Justice, and I can assure you that the department's staff and prosecutors are deeply committed to these enforcement efforts," Gonzales said. "We feel that it is an honor to serve those in uniform in this way. It is our way of saying thank you for your service."

The attorney general said these are not just "pie in the sky" rights, but issues that directly affect people.

In one case, Justice Department officials filed its first complaint alleg-

ing that American Airlines violated rights of employees who also serve as military pilots. The case was brought on behalf of three military pilots employed by American Airlines. It states that the airline reduced the employment benefits of pilots who had taken military leave, while not reducing the same benefits for pilots who had taken similar, non-military leave, Gonzales said.

"In another vivid example of the people for whom we enforce these laws, the department recently won a consent decree from an employer who terminated employment of a serviceman named Richard White the very same day that Richard told his boss he was being called to active duty," the attorney general said. "The consent decree requires the employer to pay back wages to Mr. White."

"What leads an employer to treat a Soldier like an inconvenience is something for a higher power to judge. But here on earth, we have USERRA, and we'll use it for

Richard White and for Soldiers like him, as often as is necessary."

Voting is another service member right the Justice Department guards.

"Earlier this year... (the department) addressed long-standing structural issues affecting uniformed military personnel posted both in this country and overseas who wished to vote in North Carolina, South Carolina and Alabama," Gonzales said.

These states had run-off elections too close to the primary elections to allow these voters to receive and return ballots. With cooperation from state election officials, the department was able to redress each of these violations.

"As the 2006 general election approaches, we will continue vigilant protection of the voting rights of service members, their families and other overseas citizens," he said.

Gonzales also addressed the Service members Civil Relief Act.

"Thanks to this law, men and women currently serving in Iraq and

Afghanistan have procedural protections in place that will allow them to be less distracted by litigation back home – by someone trying to repossess a leased car, evict their spouse and children, sell their house at an auction or run up penalties on credit cards with 21 percent interest rates," he said. "It's hard to respond to a civil lawsuit while you're focused on improvised explosive devices, and the law protects service members for that reason."

Enforcement of this law is a readiness and morale issue, he said.

"Men and women in uniform, like all Americans, have to honor their obligations," he said. "However, Congress long ago decided, wisely I think, to provide protections to them against lawsuits while deployed overseas on active duty."

Gonzales urged any service member with questions to go to the Justice Department Web site. Military lawyers can help service members and their families navigate through the laws.

## Violence

From front page

have not been physically hurt, they absolutely "feel" what is happening in their home and to their family.

"The risk to children is that without intervention, they can grow up and repeat the cycle of abuse by becoming victims, or by becoming abusers themselves," Rivera said. "Parents are children's primary agents of socialization. They are their children's primary teachers, mentors and models. Children learn what they live."

Children are resilient, each responding to domestic violence in their own way. But many who witness violence or are abused themselves show signs of great distress.

Younger children may become anxious; complain of tummy-aches or start wetting their beds. They may have difficulty sleeping, may have temper tantrums and may start to behave as if they are much younger than they actually are.

Older children may react differently. Generally, boys seem to express their distress much more outwardly and can at times be overly aggressive and disobedient, often utilizing violence to resolve problems.

Girls are more likely to internalize their distress by withdrawing from people and may become anxious or depressed. Many suffer from low self-esteem and have a negative self image, which leaves them more susceptible to eating disorders, or to harming themselves by taking overdoses or engaging in self-mutilation. Often these children do poorly in school and may suffer from flashbacks, nightmares, and other signs of post-traumatic stress disorder.

While there are many long term effects to children who witness domestic violence, the good news is that with early intervention, a healthy support system and a positive environ-

ment, most children can overcome the negative effects, break the cycle of abuse, and grow up to have healthy relationships.

"Children are our greatest and most precious resource," said Celestine Beckett, ACS officer. "The ACS Family Advocacy Program provides programs and services to aid APG families to become strong and move forward to a healthy and brighter future, and help children stay on the right track."

"We encourage everyone to learn more about domestic violence prevention and victim advocacy services by contacting the ACS Family Advocacy Program at 410-278-7478/2435," Beckett said.



Photo courtesy of DONNA FERRATO, DOMESTIC ABUSE AWARENESS INC. (NYC) FROM THE BOOK LIVING WITH THE ENEMY (Aperture)

### Are you or someone you know in an abusive relationship?

You might be in an abusive relationship if your spouse or partner:

- Acts in ways that make you feel afraid.
- Controls what you do, who your friends are, and where you go.
- Isolates you from family and other support systems.
- Makes all of the decisions without considering you.
- Tells you that you're a bad parent and threatens to take your children away from you.
- Prevents you from pursuing an education or career.
- Intimidates you with guns, knives, or other objects.
- Shoves, punches, kicks, slaps or chokes you.
- Threatens to kill you or to commit suicide.

If you or someone you know is in an abusive relationship, help is available through:

The ACS Family Advocacy Program, 410-278-7478/2435

Harford County Sexual Assault and Spouse Abuse Resource Center Inc. 24-Hour Hotline, 410-836-8430

The National Coalition Against Domestic Violence, 1-800-799-SAFE (7233)

APG Directorate of Law Enforcement and Security, 410-306-2222

Military OneSource, 1-800-464-8107

Civilian law enforcement, 911

## Wood Ducks

From page 7

Joe Bankert, an 18-year-old from C-Milton Wright, also said he enjoyed building the duck boxes.

"It's fun to hammer and glue the boxes together," Bankert said. "I don't get to do it very often."

The teachers who came along also showed interest in the project because they teach environmental studies classes in the schools.

"It's an exciting project because it gives upper level environmental students a chance to get involved in [helping out] the environment," said Laura O'Leary, a teacher from North Harford High School.

Karen Williams, a teacher from Fallston High School who also teaches an environmental studies class, said it gave her Environmental 1 students a chance to see what the upper level class would be like.

The building of the boxes was just the first step of the project, according to Brown.

The next step will be placing them on the proving ground in the next couple of weeks after APG staff "ensures pathways are clear of unexploded ordnance," Brown said.

"Only a portion of the boxes will be installed in the first year to determine which habitat areas the ducks find most attractive for artificial nests as there are numerous natural cavity areas they currently use," he said. "Artificial nests will supplement the limited number of such cavities and provide an almost predator-free nesting environment."

Bailey, in cooperation with MWDI volunteers if necessary, will coordinate monitoring and checking the boxes for use, productivity and other aspects, he said.

# F.C.C. provider holds Octoberfest

Story and photos by  
**HEATHER TASSMER**  
APG News

German music, Halloween games and scarecrow making were just a few of the activities that a Family Child Care provider in Edgewood held to celebrate Octoberfest on Oct. 2.

FCC, a division of Child and Youth Services, is a child-care agency that certifies military spouses to take care of children inside their homes.

Born in Frankenthal, Germany, Jennifer Fisher, held an Octoberfest to celebrate Halloween and her German heritage. Fisher dressed in lederhosen for the occasion.



Aviana Rogers, 4, waits as she is handed an apple from the bobbing apple bin. Several children tried to bob for apples with the assistance from the adults.



Three-year-old Gaige Lloyd waits to play musical chairs while enjoying a healthy snack. The Octoberfest attendees also enjoyed FCC training and curriculum specialist Beverly Hartgrove's home-made pretzels.



Zoe Fisher, 4, paints her pumpkin for the craft session of Octoberfest. FCC events usually include a craft session to entertain and help children with their motor skills.



Brittany Chambers, 11, stuffs a scarecrow that she, her twin sister, Rachel, and her 12-year-old brother, Chad, made. The three siblings and their 13-year-old sister, Amber, are neighbors of Jennifer Fisher and helped her decorate for the Octoberfest. Hartgrove, donated the clothes for the scarecrow.



Rachel Roybal, 6, and 5-year-old Brianna Lloyd dance to German music.