

## POST SHORTS

### Recycling schedule

The residential and recycling pickup schedule for July 5, is paper. Put items in paper, bags, boxes or bundles and place them on the curb.

### RAB holds meeting

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting 7 to 9:45 p.m., tonight, at the Edgewood Senior Center on Gateway Road. The topic of the meeting will be an update on the Bush River Study Area. Board meetings are open to the public; all APG employees and citizens are invited.

For more information, call the Information Line, 410-272-8842 or 800-APG-9998.

### Pet clinic hours

The Veterinary Treatment Facility will be closed July 3 and 4 for the Fourth of July holiday. The clinic will be open regular business hours the Friday before, June 30. For appointments or more information, call the VTF, 410-278-3911/4604.

### FBI tip line launched

The FBI has set up a staffed 24-hour tip line to further the investigation into the stolen laptop and external media drive, which contains data on millions of veterans and active duty military: 1-800-CALL FBI (1-800-225-5324).

Detectives released a model number for the stolen laptop. It is a Hewlett Packard (HP) Pavilion Notebook Laptop, identified as either model number zv5360us or 5300 series. The external hard drive is a HP External Personal Media Drive. Anyone who purchased a second-hand or used laptop and/or external hard drive with these model numbers after May 3, 2006, is asked to call the FBI tip line.

### Ed Center holds FAST Math class

A Functional Academic Skills Training Math class will run 8 a.m. to noon, Monday through Friday, through July 24, in building 4305, room 214. There will be no class July 3 through 7 or on RDO Fridays.

Participation is limited to active duty Soldiers only and is geared to raise their General/Technical Score.

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## Joint Personal Effects Depot holds change of command

Story and photo by **HEATHER TASSMER**  
APG News

Employees, Soldiers and Marines of the Joint Personal Effects Depot assembled on Fanshaw Field for a change of command ceremony June 19. Lt. Col. Deborah S. Skillman relinquished command to Lt. Col. L. Scott Kilmon Jr.

JPED's mission is to process personal effects of all Soldiers, Sailors, Marines, Airmen, Coast Guard, DoD civilians and contractors injured or killed during Operations Enduring and Iraqi Freedom.

Col. Paul Johnson, assistant director of Casualty Memorial Affairs Operations Center, said the ceremony was "...a pledge that we as a nation may continue to rely on [JPED] to perform its mission regardless of changes within its ranks."

He thanked CMAOC leaders, Col. Mary Togerson, CMAOC director, Skillman and the rest of the unit for their "superb accomplishment of a very challenging mission during a trying time for our nation."

In addition, Johnson said



From left, Col. Paul Johnson, assistant director of the Army Casualty Memorial Affairs Operations Center; Lt. Col. L. Scott Kilmon, incoming commander of Joint Personal Effects Depot, outgoing Commander Lt. Col. Deborah S. Skillman and Master Sgt. Elder Williams, depot sergeant major, pass the guidon during the JPED Change of Command ceremony June 19 at Fanshaw Field.

that Togerson, Skillman and the entire staff took care of "fallen Soldiers, Marines and

their families with the utmost sensitivity and concern." In the past 18 months, JPED

processed more than 3,800 cases of personal effects, according to Skillman.

"It's not a number I like to brag about, but to remind myself that what we do at the JPED impacts those who have suffered a tremendous loss," she said.

"This past winter was one of the worst times for casualties. The increase in casualties caused the staff to work longer hours six days a week. The staff had to work split shifts just to keep up with all the processing of personal effects," Skillman said.

She also spoke about the renovations at the JPED, which is in an old World War II facility. The renovations came after help and financing from the Army's senior leadership.

She thanked the Garrison and Ordnance Center and Schools, who played a major role in the renovations with numerous donations to the facility.

"The impact on the staff has been amazing," she said. "It has not only improved the way in which we process personal effects, but improved the quality of life for our Soldiers, Marines and civilians."

The JPED will relocate in the next few years to a new

See JPED, page 5

## APG enforcing 'Click it or Ticket'

DSHE

Law enforcement agencies across the mid-Atlantic region have started conducting nighttime checkpoints and roving patrols focusing on safety belt usage. The program is being coordinated by the National Highway Traffic Safety Administration's Mid-Atlantic Region, and will be in effect in Delaware, the District of Columbia, Maryland, Pennsylvania, Virginia and West Virginia.

The new NHTSA's report provides a detailed state-by-state profile of people who still don't buckle up. Nationally 48 million Americans or 18 percent still fail to buckle up, according to a recently released report by the NHTSA, but it varies by state. A total of 31,693 passenger vehicle occupants died in traffic crashes nationwide during 2004; 55 percent of those killed were not wearing their safety belts at the time of the crash.

"It's an indisputable fact that safety belts help save lives," said NHTSA Acting Administrator Jacqueline Glassman. "Still, millions of Americans aren't buckling up every time they are in a motor vehicle. The crackdown is about preventing tragedies through awareness, strong laws and highly visible enforcement of those laws. Today's message is simple, for your own sake,

click that safety belt or plan on getting a ticket."

The report found that most of those not buckling up were mostly young and male, likely to live in rural areas and/or drive pickup trucks.

### About "Click it or Ticket"

Click It or Ticket is a national public safety initiative that combines active law enforcement, paid public awareness advertising and the support of government agencies, local schools, community organizations and others. It continues to be an extremely effective means for increasing safety belt use — and saving lives — across the country.

More than 12,000 law enforcement agencies in all 50 states, the District of Columbia and Puerto Rico will conduct safety belt checkpoints and other special law enforcement activities as part of the effort.

It is a high-publicity law enforcement effort that gives people more of a reason to buckle up. Most people buckle up for safety. But for some people, it is the threat of the ticket that spurs them to put on a safety belt. In Click It or Ticket programs, law enforcement agencies are being asked to mobilize to focus on safety belt violations and publicize the stepped-up effort through news media and advertising. It is the

See TICKET, page 5



## Military.com offers online veteran transition assistance

Story by **YVONNE JOHNSON**  
APG News

Military.com has joined with Monster.com to launch a new Veterans Transition Center in its latest endeavor to help the men and women of America's armed forces.

The site which launched May 26 is said to offer the latest information on health benefits, careers, education, relocation and more.

It also contains state-of-the-art tools such as the 'skills translator' to convert military experiences to civilian language, review thousands of jobs and connect with 280,000 veteran mentors.

In addition, members can browse military-friendly schools that offer credit for military experience and research \$300 million in military scholarships.

Designed with the input of veterans and employers, the new Veteran Transition Center enables veterans to make the most of their military experience and benefits as well as connect efficiently with career opportunities.

The popular veteran job board, which is the heart of the transition center, serves more than half of all transitioning veterans looking for jobs.

Also available is a resume center, interviewing tips, a list of military-friendly employers, education and training options, success stories, a popular career fields listing and benefits information.

The Transition Center provides access to the nation's largest military and veteran networking tool, the Veteran Career Network, where more than 280,000 people have enrolled to assist veterans in finding opportunities in their career field, location and

organization.

According to Military.com founder and president Christopher Michel, the site was created to help ease the separation from military life.

"Enabling our members is what this company is all about," Michel said.

At 8 million members strong, Military.com is the largest military membership organization in the country, he added.

Michel started Military.com seven years ago in an effort to "bring the military together."

Along with useful information for service members and veterans, the site also offers assistance to family members.

"We have 300,000 spouses enrolled in the Military.com Spouse Career Center where they can access more than one million job sites," Michel said.

"We think veterans deserve better jobs and this is a way for companies to find them. Today, we help half the nation's transitioning veterans," he said.

Although many military installations already provide VA transition services for veterans, Military.com is a part of that effort, he added.

"The military centers offer resources for employment and we are just one of those resources," Michel said. "The difference is we serve millions throughout their lives, whether they left the service during the Vietnam Era or during the War on Terror. We are veterans working for veterans and we can help leverage their military experience to those who can use it."

For more information, visit [www.military.com](http://www.military.com).

## ISSUE HIGHLIGHTS

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APG holds bike rodeo

## Four indicted in bribery, procurement fraud scheme at APG Three ATC employees and salesman charged in conspiracy

U.S. Attorney's Office

A federal grand jury has indicted Douglas Atwell, 51, of Port Deposit; Wayne Silbersack, 64, of Forest Hill; Gerard Yursis, 45, of Parkton; and Ellis Lonabaugh, 52, of Elkton; for conspiracy to defraud the United States, bribery and theft of government property. The indictment was returned June 21, and unsealed June 22 after the arrests of the defendants.

The 15-count indictment alleges that from January 2003 to November 2004 Atwell, Yursis and Lonabaugh, civilian employees of the U.S. Army employed at the U.S. Army Aberdeen Test Center, purchased equipment at inflated prices on behalf of the Army from Wayne Silbersack, a commissioned salesman for Lawson Products. The indictment alleges that to induce them to make purchases from Lawson Products, Silbersack arranged for Army purchases to be falsely described on Lawson

order forms and invoices and to be diverted to the personal use of Atwell, Yursis, Lonabaugh and Silbersack.

According to the indictment, Atwell placed orders in excess of \$400,000 on behalf of the Army through Lawson Products, enabling Wayne Silbersack to earn a higher commission; Lawson Products to earn higher profits through excessive mark ups; and in some instances, Atwell and others to receive the equipment for their personal use.

The indictment charges that Yursis permitted the budgets he controlled as a test director to be charged for equipment ostensibly purchased for the Army, but in fact purchased so that Lawson received a higher mark up and/or the equipment was diverted to the personal use of Yursis, Atwell and Lonabaugh.

The indictment alleges that Silbersack created a Lawson Products order form and Lawson Products invoices for transmission to the U.S. Army which falsely described the items

ordered by Atwell in order to conceal the use of government funds to pay for items not needed or intended for ATC.

For example, an 8,000 watt generator was described as a "metric nuts washer assortment" on an invoice sent to the Army.

In addition, the indictment alleges that Silbersack arranged for a number of the items purchased by the Army to be delivered to the homes of the defendants, rather than to ATC. The items received from Silbersack by the government employees included a Dell computer delivered to Atwell's home address, a shed delivered to Atwell's home address described on invoices as a "large hardware assortment," golf balls falsely described as a "ball bearing assortment," an air compressor delivered to Yursis described as "an electrical kit," and a shed installed at Yursis' home address described as "con/mat tools." For the latter shed, the Army paid \$8,250, while Silbersack

had Lawson Products pay \$4,929 to Home Depot.

According to the indictment, beginning in the fall of 2004, the Army audited the ATC government purchase card program to account for the property ordered through those accounts, including property ordered by Atwell through Wayne Silbersack. To defeat the audit, Yursis and Lonabaugh delivered property which had been diverted to private use to ATC.

The defendants face a maximum penalty of five years in prison and a \$250,000 fine for conspiracy to defraud the United States; 15 years in prison and a fine of \$250,000 for bribery; and 10 years in prison and a \$250,000 fine for theft of government property.

An indictment is not a finding of guilt. An individual charged by indictment is presumed innocent unless and until proven guilty at some later criminal proceedings.

# Family Child Care Providers host Luau for children

Story and photos by  
**HEATHER TASSMER**  
APG News

Two Edgewood Family Child Care providers hosted a luau for children of home daycare on June 2 to educate them about the Hawaiian culture.

Jennifer Fisher and Tahirah Hood held the luau on Fisher's front yard which was decorated with a palm tree and beach backdrop. The providers and children wore leis to celebrate the Hawaiian theme. Some even wore grass skirts.

"We're teaching them about the culture by having them wear grass skirts and doing a hula dance," Fisher said.

To demonstrate, Fisher swayed her arms and hips as Hawaiian music played.

In addition to a Limbo and Hawaiian dancing, Anthony Vaughters, FCC mentor and director of the summer reading program, made snow cones for the children and read the book "When the Fireflies Come." After the reading Vaughters asked the children what they liked best about it.

"I liked it when they played strawberry soccer," Zoe Fisher said.

The children also made seashells in a bottle, placing sand, shiny pieces of foil and seashells into a plastic bottle.

The crafts are designed to help the children use and improve their motor skills, Fisher said.

FCC Director Aphrodite Corsi, shared her thoughts about the luau.

"This is fabulous," Corsi said. "Jennifer and Tahirah did an exceptional job with decorating and bringing a little bit of Hawaii to Edgewood."

## Becoming an FCC provider

FCC providers hold daycare in their homes. Before they can open the daycare, they are trained for a week and provisionally certified, according to Beverly Hartgrove, FCC training and curriculum specialist of FCC. Seven background checks and three personal references are conducted on each trainee before they become a provider.

After providers begin holding daycare in their homes, Corsi and FCC staff inspect the homes to make sure they are in compliance with Army regulations and the home is a safe environment.

Fisher and Hood are two of four providers in



Janai Hood and Zoe Fisher dance to Hawaiian music at the Family Child Care luau on June 2. Two FCC providers, Tahirah Hood, Janai's mother, and Jennifer Fisher hosted the luau at Fisher's house in Edgewood.

Edgewood, Hartgrove said. There are about 25 providers in Aberdeen.

The luau was just one of many educational events the FCC providers have for the children. In the past, FCC providers have taken the chil-

dren on educational trips to places such as the Edgewood Fire Station, Herr's Potato Chip Factory, the Baltimore Zoo and more recently to the Smithsonian Institute.

The FCC providers care for children who are

6 weeks to 12 years old, Fisher said.

"I like being with the kids," Fisher said. "I learn a lot from them about what they think, and learn how to put myself in someone else's shoes."



Attendees of the Family Child Care luau listen to Anthony Vaughters, FCC mentor and director of the summer reading program, read "When the Fireflies Come."



Jennifer Fisher, a Family Child Care provider and host of the luau, helps her daughter, Zoe, make seashells in a bottle during the craft session. Briney Davis waits her turn.



Beverly Hartgrove, Family Child Care training and curriculum specialist, left, and Aphrodite Corsi, FCC director, right, hold a limbo stick while FCC providers (from left) Kerry Bechtel, Jennifer Fisher and Tahirah Hood, try out their skills. Anthony Vaughters, FCC mentor, cheers on the trio of dancers.

## APG News

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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# Study revealing answers to toxic exposure

Story by  
**JOHN SCHUTTE**  
AFRL

Results of a 5-year, \$40 million study of chemical warfare agents will benefit both Warfighters and taxpayers, and will help leaders cope should the unthinkable occur — a terrorist or combat attack that exposes people to toxic chemical agents.

The research program is headed by Dr. Stephen Channel, a research veterinarian and toxicologist with the Air Force Research Laboratory, Human Effectiveness Directorate, Biosciences and Protection Division, Counterproliferation Branch.

Based at Aberdeen Proving Ground, the U.S. Army Research, Development and Engineering Command, the program involving Army and AFRL scientists and resources, is in its final year.

Operation Desert Storm put increased emphasis on health protection, prompting the Department of Defense to open a Defense Technology Objective under the Defense Threat Reduction Agency, through which this project is funded and managed.

"I say every single year we will refine and improve the human risk assessment for a specific agent," Channel said,

and each year the program has given its customers "exactly what they want, an operationally relevant, scientifically defensible exposure standard" for a traditional organophosphate chemical warfare agent.

The Toxicology Group of the R&T Directorate of the Edgewood Chemical and Biological Center and the U.S. Army Medical Research Institute of Chemical Defense are key players in this research program. In addition, Walter Reed Army Institute of Research investigators are major collaborators. The Army organizations have years of expertise in conducting exposure studies with these extremely hazardous chemical agents and have a recognized scientific reputation.

"AFRL's role in this has been its expertise with physiologically based pharmacokinetic/dynamic modeling," said Channel, also a retired Air Force officer. "That technology was largely established at Wright Patterson Air Force Base almost 20 years ago and it allows us to make more precise predictions of a toxic effect in humans when data is based on other animal models."

Researchers use physiologically based pharmacokinetic modeling, or PBPK, to quantitatively predict human



Photo courtesy U.S. ARMY  
*Soldiers in full mission oriented protective posture gear perform medical training at the U.S. Army Medical Research Institute of Chemical Defense at Aberdeen Proving Ground. Air Force Research Laboratory scientists are working to establish chemical exposure standards so Warfighters can pursue their mission without unreasonable risk.*

response to chemical exposures based on existing laboratory data. By applying a chemical's traits to the known physical makeup of humans, researchers can say with a higher degree of confidence how humans will react if

exposed to that agent.

"We take data and maximize the ability to extrapolate to humans based on physiology, for the purpose of risk assessment," Channel said. "That's why this is gratifying because we didn't produce a

box or a widget or a mask, but we have developed a defensible scientific foundation so we can make these kinds of operational risk-management decision tools...tools that the commanders need to effectively prosecute the mission."

Science-based standards let Warfighters pursue their mission with a more accurate understanding of the risks. Previously, standards were based on "kill 'em and count 'em toxicology" that provided raw numbers but low confidence in predicting human response, Channel said.

The program focuses on low-level exposure, defined as the cumulative concentration of chemical exposures over a given time, or an exposure without obvious acute medical effects, or both, according to Channel.

Historically, CWA research focused on the immediate dangers of human exposure to high

concentrations of chemical agents, and the results were used mainly to design offensive chemical weapons.

"Those are the kind of studies that don't tell you much about what the consequences are, what happens if they're used against you," Channel said. "We knew how much we had to put in a bomb or missile or mortar shell to make the (enemy) quit doing something, but we didn't really understand well what happens if it is used against us."

A person can be exposed to low-level CWAs if he is downwind from or near a chemical attack, enters an area that has been attacked, is involved in destroying chemical munitions, or contacts a partially decontaminated materiel or surface.

Results of the study should also lead to improved designs for chemical detectors and protective equipment.

## VA offers free test for HIV, hepatitis

### Improper cleaning may have put prostate patients at risk

Story by  
**GAYLE S. PUTRICH**  
Times staff writer

Thousands of veterans are eligible for free HIV, hepatitis B and hepatitis C screenings at their nearest VA facility because they may have been accidentally exposed to those diseases.

Veterans who had a prostate biopsy between 1989 and 2003 may have been treated with instruments that were not properly sterilized, according to the Department of Veterans Affairs.

In an April 14 news release, the VA listed 17 facilities where the potentially dangerous disinfecting procedure had been used. The list has since grown to 24.

Veterans must make their own testing arrangements, but the tests are free.

VA spokesmen said the chances of infection are slim, but it is important to inform veterans of even the slightest chance of exposure to such serious infections.

"VA inspectors found that the equipment used for the prostate biopsies was being

cleaned and disinfected after each procedure, but some equipment was not being scrubbed by a brush after each use, resulting in the remote possibility of infection," according to the news release.

Questions about the disinfecting procedures were raised during a routine patient safety survey, which is a quality assurance review of procedures at all VA facilities.

VA spokesman Jim Benson said the cleaning instructions for one piece of biopsy equipment, which were written by the manufacturer, are not very clear and "left room for interpretation."

Some locations did not even use that instrument, but those that did may have used what is now proven to be a less effective and potentially risky cleaning method. Instruments were being cleaned, Benson said, but not as well as they could have been at some locations.

Individual VA centers are sending out letters to anyone who could have been exposed in that 14-year span. Benson said veterans with concerns

should call even if they have not yet gotten a letter.

"If they're not sure, they can call back to their facility," Benson said. "But the problem wasn't at every location, so there are people who were never put at risk. Some centers do not use that piece of equipment."

No illnesses were reported before the problem was caught, and there have been no instances of infection reported since the problem was discovered, Benson said.

#### Risk of exposure

These are the 24 Veterans Affairs Department facilities where patients who underwent prostate biopsies between 1989 and 2003 face a possible risk of exposure to hepatitis B and C and HIV because of improper disinfecting procedures:

Buffalo, N.Y.  
Binghamton, N.Y.  
Canandaigua/Rochester, N.Y.  
Cincinnati  
Columbia, Mo.  
Fort Harrison, Texas  
Iowa City, Iowa  
Las Vegas  
Little Rock, Ark.  
Memphis, Tenn.

Miles City, Mont.  
Milwaukee  
Minneapolis  
Murfreesboro, Tenn.  
Nashville, Tenn.  
Oklahoma City  
Omaha, Neb.  
Palo Alto, Calif.  
Phoenix  
Portland, Ore.  
San Antonio  
San Juan, Puerto Rico  
Togus, Maine  
Washington, D.C.

# AAFES NEWS

## AAFES photo contest offers big dollar rewards

AAFES

It has been said that a picture is worth a thousand words and now, competing in a photo contest can make it worth \$1,000.

Through July 31, the Army and Air Force Exchange Service is sponsoring the Patriot POG Gift Certificate Photo Contest. Submission to the contest should depict the essence of activities in Operations Enduring and Iraqi Freedom, or highlight activities in support of deployed troops, such as scenes of service members returning home.

Twelve winning photos will ultimately appear on 5-, 10- and 25-cent POGs which are flat, disc-like gift certificates used in place of traditional currency at contingency exchanges. Winners will also be awarded:

- 1st Prize (2) - \$1,000 Gift Card
- 2nd Prize (2) - \$750 Gift Card
- 3rd Prize (2) - \$500 Gift Card
- 4th Prize (6) - \$50 Gift Card

"We're looking forward to viewing

all of the entries," said AAFES Chief of Strategic Marketing Mark Polczynski. "We know the photos showing support of our troops will be just as dramatic and emotional as the photos being submitted from those deployed."

The Patriot POG Gift Certificate Photo Contest is only open to authorized Exchange customers and no purchase is necessary. Designs featured in previous POG series are available online at [www.AAFES.com](http://www.AAFES.com).

Contestants may submit digital images or mail in photos. Pictures taken with any kind of camera can win as long as the final product is great. e-mail photos to [aafespog@harperhouse.com](mailto:aafespog@harperhouse.com), include AAFES POG CONTEST in the subject line. All other entries can be mailed to: Army & Air Force Exchange Service, Attn: MK-MS (AAFES POG CONTEST), 3911 S. Walton Walker Blvd., Dallas, TX 75236-1598.

Each photo submitted must include the complete identification of the picture including location, date, action taking place in photo, and identity of people in the photo. All entries must also include an e-mail address, physical address and telephone number for winner notification.

Digital entries must be submitted in a JPEG file and images are not to exceed 4 inch by 5 inch dimensions. They must be high resolution, 300 DPI, and the file size should not exceed 1.4MB. Mailed submissions should not exceed 8 1/2" inch by 11 inch in size.

Photo contest winners will be notified by Aug. 31.

For a complete list of Patriot POG Gift Certificate Photo Contest rules and information, log on to [www.AAFES.com](http://www.AAFES.com). The POG Gift Certificates Program began October 2001 to support coinage needs in the Middle East.

## AAFES to honor retirees Sept. 29 through Oct. 1

AAFES

The Army & Air Force Exchange Service's 2006 recognition of military retirees will take place Sept. 29 through Oct. 1 at Post and Base Ex-changes throughout the Continental United States, Alaska, Hawaii, Puerto Rico,

Guam, and at participating locations in Europe and the Pacific.

"The Aberdeen Main Store will be participating in the event to honor our retirees," said Thea Sarver, store manager. "September 29th through October 1 we will have special events and giveaways throughout the store. We are already planning in order to have the best event possible.

"We also started special Retiree Days the first week of June. On Wednesdays we will open at 8 a.m. for our retirees. We will have coffee and cake and play games such as bingo. Winners will receive prizes," Sarver said.

In addition to special sales and events at each AAFES main store, this year's "Still Serving" weekend will include an exclusive mailer sent directly to approximately 1.4 million military retirees.

With retirees representing nearly half of AAFES' military households, the exchange maintains a strong relationship with retirees throughout the entire year.

"Retirees make up 43 percent of our military sponsors eligible to shop AAFES exchanges," said AAFES' vice president of Direct Marketing Angela Borck. "While we pause to formally recognize these important customers during this special annual event, AAFES and its associates recognize that military retirees actively make contributions to the military community's quality of life 365 days a year."

Every time retirees choose to shop at the exchange, they provide needed support for Morale, Welfare and Recreation programs, facilities and non-appropriated fund construction projects such as

bowling and youth centers, golf courses and outdoor recreation.

"Retiree support plays a big part in AAFES' annual dividend," Borck said. "Without their support it would not have been possible for AAFES to return more than \$230 million to armed forces MWR programs last year."

Throughout the "Still Serving" weekend, PXs and BXs across the globe will host drawings, free refreshments and product samples, vendor demonstrations, door prizes, shopping-cart bingo, make-overs and fashion shows.

Authorized exchange customers can learn about activities planned for the weekend of Sept. 29 at their specific exchange by calling their local store manager. Contact information can be found online at [www.aafes.com](http://www.aafes.com) by clicking on the "store locator" link.

# JPED

From front page

facility at Dover Air Force Base, Skillman said.

"Depot personnel will design this facility and Lieutenant Colonel Kilmon will lead the project," she said.

Skillman is returning home to Alexandria, Va., to serve as branch chief of the Theater Disposition Cell of the Human Resources Command.

She said she has mixed feelings about leaving.

"I've seen the JPED go through so many changes. It was a busy time with all of the casualties but I've worked with some of the most dedicated Soldiers and Marines in the Department of Defense," she said.

Kilmon said during his time as commander he hopes to "continue the JPED mission in

## About the new JPED commander...



and Assistant S-3 in the 2nd Battalion 15th Infantry Regiment in Schweinfurt, Germany, 1st Cavalry Division Class IX Accountable Officer, Battalion Maintenance Officer and Commander of HQ & Supply Company,

Lt. Col. L. Scott Kilmon became an Infantry Second Lieutenant in May 1989. He has served in many command and staff positions including Infantry Platoon Leader, Support Platoon Leader, C o m p a n y Executive Officer

15th Forward Support Battalion, 1st Cavalry Division, Fort Hood, Texas; Instructor, Army Logistics Management College, Fort Lee, VA; and Adviser, Saudi Arabian National Guard.

He has completed many military education classes such as Infantry Officer Basic Course, Bradley Commander Course, Airborne School, Quartermaster Officer Advanced Course, Petroleum Officer Course, Combined Arms Services Staff School, Support Operations Officer Course and the Command and General Staff College, and Group S-3 and Battalion Executive Officer in the 49th Quartermaster Group, Fort Lee, Va.

He most recently served as the chief of the Professional Development Division and Director of the Logistics Training Department at the Quartermaster Center and School at Fort Lee, Va.

the same outstanding manner as Colonel Skillman."

"I look forward to facing the day-to-day challenges of command as we strive to maintain the excellent reputation of the JPED," he said.

He said he is thankful of Skillman and Williams for "passing on such a professional organization."

After recognizing the many distinguished guests, Kilmon also thanked the Soldiers,

Marines and civilians of the JPED who participated or contributed in the change of command.

"This ceremony shows I am taking charge of a top-notch unit," he said. "Dawn and I are

both looking forward to working with the Soldiers, Marines and civilians assigned to the JPED as well as the rest of APG and the surrounding local community. We understand the challenges of command knowing that Lieutenant Colonel Skillman is leaving very big shoes to fill."

Kilmon wished Skillman luck in the transition to her new job at HRC, and thanked all who took time from their busy schedules to attend the JPED change of command.

"Their participation made this a day we will never forget," he said.

Capt. Denise Gardner, JPED adjutant, shared comments about both of the commanders. She expressed a lot of respect for Skillman, describing her as a dedicated person who "doesn't believe in 'we can't.'"

She said no matter what obstacles come about, Skillman found a way to get the job done.

Gardner said Kilmon is already very motivated for his new job as commander.

"He's been asking a lot of questions to learn as much as he can about the JPED," Gardner said.

Created in September 2001 in response to the terrorist attacks of Sept. 11, 2001, JPED's original location was at Fort Myer, Va. The staff processed the personal effects of those wounded or killed in the terrorist attack at the Pentagon.

The depot relocated to APG with the mission of processing personal effects of the Soldiers, Sailors, Marines, Airmen, and civilians who were wounded or killed in the War on Terror.

# Ticket

From front page

two-pronged approach that makes these campaigns powerful: Not only are tickets issued to unbelted motorists, but the surrounding publicity ensures that people know they are more likely to get a ticket.

With this unique dragnet, NHTSA is joining forces with the nationwide "Click It or Ticket" mobilization that started May 24. With 71 percent of nighttime highway fatalities occurring to unbelted drivers and passengers, the goal is to reduce deaths and injuries on area roads and highways by increasing safety belt use with a special emphasis on nighttime drivers.

Teens are at the greatest risk of being killed or injured in traffic crashes. In 2001, 5,341 teens were killed in passenger vehicles involved in motor vehicle crashes. Two thirds of those killed were not buckled up, according to the NHTSA. This is fourteen teens a day. Many of these deaths could easily be prevented by the consistent use of safety belts. Sixty-five percent of the young people who were killed in motor vehicle crashes were not wearing a safety belt. Some of these

teens were riding in cars with adults and still weren't buckled up.

"Police officers will be out to ensure that we are wearing our seatbelts in order to prevent needless deaths or injuries," said Dr. Elizabeth Baker, Administrator, NHTSA, Mid-Atlantic Region. "Too many officers have had to make unwelcome visits to inform a mother, father or spouse that their loved one had died or been severely injured when the simple act of buckling up may have prevented the tragedy. So unless you want to risk getting ticketed or worse, always wear your belt, every trip, every time."

Safety belt enforcement is not about writing tickets, but about saving lives. There have been many incidents where an officer issued a citation to someone who wasn't buckled up or didn't have his or her child properly fastened in a child safety seat — only to have that person or child survive a serious crash shortly after the ticket was issued.

Safety belt use saves lives and prevents injuries. Between 1975 and 2000, safety belts prevented 135,000 fatalities and 3.8 million injuries nationwide, saving \$585 billion in medical and other costs. If all vehicle occupants had used safety belts during that period, nearly 315,000 deaths and 5.2 million injuries could have been

prevented — and \$913 billion in costs saved. Highway crashes are costly for everyone.

The general public pays nearly 75 percent of all crash costs, with increased medical costs, higher insurance premiums, taxes, delays and lost productivity.

Maryland, Delaware and the District of Columbia have primary safety belt laws. Maryland's official safety belt usage rate is 91.1 percent, followed closely by the District of Columbia with 89 percent.

As a reminder, airbags are no good by themselves but in conjunction with seatbelts many lives are being saved daily.

Maryland, has equipped their officers with night vision goggles, similar to those used by U.S. servicemen in Iraq. Maryland state troopers 'bagged' 44 drivers traveling unbuckled under the cover of darkness.

The APG officers are also very pro Click-it or Ticket. They check to see if drivers are buckled up when entering the base and while they're patrolling. Periodically there will be an officer observing the outgoing traffic. That officer is checking to ensure drivers are buckled up for a safe trip home.

The NHTSA's "Click It or Ticket" program is another step toward making Americans safer on the highways.

# Well-being council addresses budget woes, summer activities

Story by  
**YVONNE JOHNSON**  
APG News

Budget problems regarding maintenance and repair capabilities and summer youth activities were the predominant topics during the monthly Well-Being Council meeting at the Aberdeen Chapel June 15.

Joseph Craten, deputy to the Garrison commander, and Morale, Welfare and Recreation's Timothy Brandenburg chaired the meeting.

## DIO

Dale Knieriemen, chief of the Directorate of Installation Operations, addressed how funding problems are affecting repair and maintenance capabilities.

"With the budget problems we are challenged to provide minimum services," Knieriemen said.

Trash collection has been restored along with janitorial services for the time being and grass cutting is being discussed, he added.

"We hope to have it back in some form soon," he said.

"We are handling emergencies as they come up, but we are only doing things that absolutely have to be done as quickly as possible."

"Money is tight," Craten added,

"That's the situation right now all over."

## KUSAHC

Kirk U.S. Army Health Clinic reminds parents to schedule appointments for physicals early for school year 2006 – 2007, especially for sports and new student physicals. Information regarding clinic hours and dates will appear in the *APG News* July 6 under 'School Liaison on the MWR page.

## DLES

The D.A.R.E. graduation, held May 25 had an incredible turnout, including a representative from the governor's office in attendance, according to APG Provost Marshal Rob Krauer.

"It was a great event and we look forward to the next school year," Krauer said.

He added that the DLES reminds motorists that cell phone use while operating a vehicle is prohibited on the installation unless it is a hands-free cell phone.

"Violations may soon be citable with a \$50 offense," Krauer said.

He added that drivers and passengers are reminded to wear seat belts at all times and that motorcyclists must have the proper gear to enter the installation.

"That is not an APG policy but a Department of Defense policy," Krauer said.

## Commissary

The Commissary will be open Monday, July 3 and closed Tuesday, July 4 for the holiday. Also, fruit, cold cut and veggie trays are available in the Deli section with 48-hours notice.

"These are perfect for the holiday weekend," said Commissary Manager Tammy Spickler.

## MWR

The installation's three pools, Bayside, Olympic and Shore, are open daily throughout the summer. For hours, fees, or more information, visit the MWR Web site at [www.apgmwr.com](http://www.apgmwr.com) or call Outdoor Recreation at 410-278-4124.

## Child Youth Services

CYS will sponsor a book mobile, the "Rolling Reader" summer reading program throughout the summer. The schedule will be posted at the youth centers and in the *APG News*. For more information, see page 16.

## Chapel

Vacation Bible School will be held Aug. 7 to 11 for grades 4 to adult. To register, or for more information, contact the APG Chapel, 410-278-4333, or the Edgewood Chapel, 410-436-4109.

The next Well-Being Council meeting will be held 9:30 a.m., July 22 in the APG Chapel fellowship hall.

# MCSC awards college scholarships, donations

Story by  
**YVONNE JOHNSON**  
APG News

The Military and Civilian Spouses' Club held a reception for its 2006 scholarship winners at the First Command office in Aberdeen June 7.

The First Command Education Foundation scholarship recipient is Grace Frankenhauser.

The FCEF is an independent nonprofit organization that provides scholarships to deserving military family members at installations around the world. The foundation awards a \$1,000 scholarship to college-bound high school students and college students enrolled in programs leading to undergraduate degrees. The program is coordinated through spouses' clubs or other designated groups. The FCEF does not accept applications directly.

The MCSC's own scholarship, for MCSC members or family members, is awarded to high school seniors, undergraduate or graduate students and non-fulltime enrollees in certification, continuing education or technical programs.

In addition, through fundraising efforts, MCSC assists numerous organizations on the installation and in the local community.

This year MCSC raised \$4,450.00 to be used to help the community, according to Clair Rice, MCSC Welfare Fund chairperson.

The recipients included Magnolia Elementary School, Roye-Williams Elementary School, the Aberdeen High School Band and Dance Team, Edgewood High School, Alpha's Glory, Family and Child Services of Maryland, Birthright,

The Salvation Army, the Joint Personal Effects Depot, Kirk U.S. Army Health Clinic, the APG Directorate of Law Enforcement and Security and the APG "Flags Down Main Street" project.

"The MCSC goal is to help organizations that have an impact on our military and civilian community in a positive way," Rice said.

To request funds, organizations can mail requests to the MCSC Welfare Chairperson, 2806-A McCloskey Road, APG, MD 21005.

Applications for the MCSC and First Command scholarships may be mailed to MCSC Scholarship chairperson, 2806-A McCloskey Road, APG, MD 21005.

For more information visit the MCSC Web site, [www.apgmwsc.org/scholarship.htm](http://www.apgmwsc.org/scholarship.htm).

## POST SHORTS

To enroll, call the Army Education Center, 410-306-2042 or DSN 458-2042.

### Working Woman's Scholarship nominations open

The Maryland Tri-County Chapter of Federally Employed Women presents an annual \$300 scholarship called the 2006 Dottie Dorman Working Woman's Scholarship to a deserving woman to pay for or offset college expenses incurred in pursuit of her continuing education.

To qualify nominee must:

- Be a female employee in any federal job in Baltimore, Cecil or Harford County.

- Currently be pursuing college-level education studies.

- Prepare a short essay (not to exceed one type-written page) summarizing educational plans and explaining how this scholarship will be used.

- Provide the name; home and work addresses; home and work telephone numbers; e-mail addresses; name and telephone number of current supervisor (to confirm federal employment); and name of nominee's educational institution.

Submit application to the Maryland Tri-County FEW Scholarship, c/o Suzanne Schultz, 952 Chesapeake Drive, Havre de Grace, MD 21078 no later than Aug. 12.

The winner will be announced during the APG Women's Equality Day observance and awards ceremony 10 to 11:30 a.m., Aug. 23, at the Edgewood Conference Center, Aberdeen Proving Ground.

For more information, call Suzanne Schultz, 410-278-9514, or Melissa Smith, 410-642-2411, x5129.

### FWP nominations due

The APG Federal Women's Program is accepting nominations for Outstanding Woman of the Year, Supervisor/Manager of the Year and Activity

Most Supportive of FWP goals until July 7. These awards recognize those individuals (civilian and military) and organizations throughout APG including tenants that are exemplary in their support of FWP goals.

The winners will be recognized in a 10 a.m. ceremony Aug. 23 at the Edgewood Conference Center, building E-4811.

For information on eligibility requirements or the nomination process, call Sheryl Coleman, FWP chairperson, 410-278-5964, Diane Siler, FWP committee member, 410-436-2681 or Kathleen Praesent, Equal Employmen

### Blue Cross visits APG

The APG Advisory Center has made arrangements for a claim representative of the Service Benefit Plan Blue Cross/Blue Shield to visit July 11.

The representative will be available 9 to 11:30 a.m. in building 305, room 236, and 12:30 to 1:30 p.m. in building E-4811 (Seminar Area of Conference Center) to discuss claim problems and plan coverage. No appointment is necessary.

For more information, call Teri Wright, Civilian Personnel Advisory Center, 410-278-4331.

### DoD offers free anti-spyware

The Defense Information Systems Agency has licensed free anti-spyware software for all government employees and armed forces personnel for use on personal computer systems.

Users must be on a ".mil" workstation to download the software.

To download the free anti-spyware software, visit the DISA Web site, <https://iase.disa.mil/sdep>, or the Navy's Information Assurance Web site, <https://infosec.navy.mil>. At the INFOSEC site, click on the COMPUSEC tools tab and scroll down to the anti-spy-

ware link, second from the top. The software can then be saved to a local hard drive for writing on a CD-ROM or other portable media for home use.

(Note: Information provided by [www.military.com](http://www.military.com).)

### Joining APG's Speaker's Bureau

Anyone who enjoys discussing their field of expertise or favorite hobby can become a member of APG's Speakers Bureau. The APG Speakers Bureau enables military and civilian employees of APG to address on- and off-post organizations and local schools on a topic of their choice. It is a voluntary community service offered without charge. To become a member of APG's Speakers Bureau, call 410-278-1151.

### Field assistance in science and technology program

The Field Assistance in Science and Technology Program is a U.S. Army Research, Development and Engineering Command asset used to gain better insight into the technology needs of Soldiers in combat.

RDECOM is made up of eight national and nine international laboratories, all working to get technology to the Warfighter, quicker. The Uniformed Army Scientist and Engineer program was also implemented over the past year, coupling military scientists and engineers with Science Advisors to further enhance communication between troop leaders and RDECOM.

To share a Soldier technology need or solution with RDECOM should visit <http://www.rdecom.army.mil/business.html>.

(Editors Note: More shorts can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Shorts.)

## Soldier relives World War II battle during reenactment event

Story by  
**JONI PLATT**  
20TH Support Command

For one Army captain, history comes alive on a regular basis.

Capt. Chris Kelly, a strength manager for the 20th Support Command (Chemical, Biological, Radiological, Nuclear and High Yield Explosives) is a member of the World War II Re-Creation Association in his spare time. He recently participated in a World War II living history event in late April.

The event was held at Fort Miles, Cape Henlopen State Park, in Lewes, Del.

"I've been doing this for about five years," Kelly said.

"My father started me off on it [when] he invited me to the Battle of the Bulge at Fort Indiantown Gap [Pennsylvania]. We've been performing together since then."

The purpose of the April event was to demonstrate everyday life of coast artillerymen and to educate the public on the significance of Fort Miles and the important role Delaware played in World War II.

Open for display were the barracks occupied by the Battery during duty in 1943, as well as Battery 519, a case-ment battery that housed two 12-inch guns capable of shooting 1,500 pound shells 16 miles. There was also a demonstration on gun drills on a 6-inch gun, drill and ceremony and training on squad level tactics.

The reenactment consisted of tours of the Soldier's barracks area, gun demonstrations, tours of the battery and one of the famous observation towers.

Fort Miles was the most heavily armed coastal defense fortification in the United States during World War II. The fort's purpose was to defend the Delaware Bay and River from

infiltration or attack by the German Navy.

The industrial resources in Philadelphia, as well as the Philadelphia and Camden, N.J. Navy Yards, were key targets that could have severely hampered the abilities of the military to supply itself. Fort Miles and the men of the 261st Coast Artillery Battalion stood ready to defend U.S. soil against any such attack.

Throughout the event, Kelly and the members of WWIIRA set-up and stayed in the barracks just as the men would have back in 1943. Cots, bedding, uniforms, rifles, 1940s military bicycles, a portable Victrola record player with 78 rpm records, and a liquid gas stove for making coffee, set the ambience in the cement block building.

The park sponsored a USO-style dance complete with a live band the last evening of the event.

"It's fun and interesting.....and a good tool to educate the public on American War history and the Army in general," Kelly said.

Fort Miles is no longer important to the defense of the region and in 1964, 543

acres of the post were returned to the state, forming the heart of Cape Henlopen State Park. In April 2006, Fort Miles was added to the National Register of Historic Places.

Many of the historic areas are undergoing restoration, including the barracks, recreational and officer's buildings. The WWIIRA is assisting the Delaware State Parks and the Fort Miles Historical Association in restoring what remains of the garrison area and gun batteries to their wartime condition in 1943.

Members of WWIIRA volunteer their spare time and talents by portraying the men of Battery C, 261st Coast Artillery. Costumes for the reenactment are purchased out of their own pockets.

Kelly said he enjoys the historical reenactments.

"It's a chance to get the word out on what the Army did and does today," he said. "It has been a learning experience for me too, and now I have the opportunity to share that knowledge."

For more information on Fort Miles, visit <http://www.fortmiles.org>.



Photo courtesy of JOHN KELLY  
Members of the World War II Re-Creation Association load an 8-inch gun while the telephone operator receives angle and degree of fire coordinates from the plotting room. This photo was taken at a World War II Living History event held at Fort Miles Cape Henlopen State Park in Lewes, Del.

# Community Notes

## SATURDAY

### JULY 1

#### BASKET BINGO

Basket Bingo to benefit the Water Witch Fire Company will be held at VFW Post 8185, Route 222, Port Deposit. Doors open at 6 p.m., Bingo starts at 7 p.m. Tickets cost \$10 per person for all paper cards. Food, beverages, baked goods, door prizes and raffles will be available. All food must be purchased on the premises. No smoking is allowed.

For more information or to purchase tickets, call Anne Gibson, 410-378-3338.

## SUNDAY

### JULY 2

#### CELEBRATE THE USA

"Celebrate the USA" at Edgewood Assembly of God, 803 Edgewood Road, beginning at 10:30 a.m. Activities will include a dunk tank, pony rides, a moon bounce, games, volleyball, a horseshoe competition, crafts, basketball competitions, iron man competitions, and a wacky hat competition. A picnic lunch with special music to feast by is

from noon to 1 p.m.

The guest speaker will be the Rev. Angel Berrios, an evangelist and former youth pastor from Bethel Assembly of God in Savage, Md.

Ventriloquist and comedian Ryan Bomgardner will perform at 3 p.m. His hilarious cast includes Harold and Irene, an elderly couple; Ardy the skunk; and Jeffrey the self-proclaimed star of the show. As always... squeaky clean comedy for all ages. For more about Ryan, visit [www.ryanandfriends.com](http://www.ryanandfriends.com).

For more information, call 410-676-4455. Office hours are 9 a.m. to 3p.m., Monday through Friday.

## FRIDAY

### JULY 7

#### STORM CHASERS CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Storm Chasers Cruise, 7 to 9 p.m., on the Skipjack Martha Lewis. Tickets cost \$35 per person. Passengers will help the crew of the Martha Lewis chase away the summer storms. Drinks include mud-

slides and hurricanes. Munchies also will be included. Reservations can be made with credit card.

For more information or for reservations, call 410-939-4078.

## FRIDAY

### JULY 14

#### SINGLES NIGHT CRUISE

The Chesapeake Heritage Conservancy, Inc. will offer a Singles Night Cruise, 7 to 9 p.m., on the Skipjack Martha Lewis. Tickets cost \$35 per person. Passengers can come out for a beautiful evening sail and enjoy the company of other singles. Light jazz and beverages will be included. Reservations are required.

For more information or for reservations, call 410-939-4078.

## SATURDAY

### JULY 15

#### BASKET BINGO

Basket Bingo to benefit VFW Post 8185 Men's Auxiliary will be held at VFW Post 8185, Route 222, Port Deposit. Doors open at 6 p.m., Bingo starts at 7 p.m. Tickets cost \$10 per person for all paper cards. Food, beverages, baked goods, door prizes and raffles will be available. No smoking is allowed.

For more information or to purchase tickets, call Anne Gibson, 410-378-3338, or VFW Post 8185, 410-642-9297.

## FRIDAY

### JULY 21

#### ISLAND ADVENTURES ON THE SKIPJACK MARTHA LEWIS

The Chesapeake Heritage Conservancy, Inc. will offer Island Estuary Adventures onboard the Skipjack Martha Lewis for children ages 11 through 15. Passengers will board the Skipjack Martha Lewis at Tydings Park, Havre de Grace. The day camp is an educational, hands-on experience teaching campers the history of the skipjack, oyster harvesting and the importance of preserving the Chesapeake Bay and its waterways.

Children will study water quality, Bay grasses on the water and on an island just below Havre de Grace. Tickets cost \$35 per child. Reservations can be made by credit card.

To make reservations, call 410-939-4078.

## SATURDAY

### JULY 22

#### BEL AIR BOOK FESTIVAL

The Harford County Public Library, Bel Air Cultural Arts Commission and the Highland School Foundation

will co-host the Bel Air Book Festival, 11 a.m. to 5 p.m., at Shamrock Park. Guests will include Mary Jo Putney, author of Stolen Magic; "The Book Guys" of National

Public Radio; and "Kingsinger Jim" Hossick will entertain the preschool children. The festival is free to the public.

For more information, call Kathy Casey, 443-512-8200

or e-mail her at [belairbook-festival@yahoo.com](mailto:belairbook-festival@yahoo.com).

(Editors Note: More calendar events can be seen at [www.apgnews.apg.army.mil](http://www.apgnews.apg.army.mil) under Community Notes.)

## Taking advantage of the Maryland sales tax holiday

From Aug. 23 through 27, clothing and footwear sold in Maryland and priced at \$100 or less will be exempt from Maryland's five percent sales and use tax.

Qualifying apparel include belts, coats, jackets, pants, shoes, socks and sweaters. Special clothing or footwear designed primarily for protective use and not for normal wear, such as football pads, do not qualify. In addition, accessory items such as handbags, jewelry, ties, and umbrellas do not qualify and remain taxable.

Each qualifying article of clothing or footwear selling for \$100 or less will be exempt, regardless of how many items are sold at the same time. For example, two \$60 sweaters sold at the same time are both exempt, even though the total purchase price is more than \$100.

Items that cost more than \$100 will be taxable, even if they would otherwise be eligible. The first \$100 of a more expensive item is not tax-free. If the item costs \$110, sales tax is due on the entire \$110.

For more information about the Sales Tax Holiday, call 410-260-7980 from Central Maryland or 1-800-MD TAXES from elsewhere in Maryland, 8 a.m. to 5 p.m., Monday through Friday.



## Host families needed

The 2006 World Series event will take place Aug. 13 through 20.

The 15 teams attending the World Series are comprised of 11 and 12 year olds from all over the world: eight teams from regions across the United States, the Maryland State Champion, a Harford County representative and five international teams including Canada, Australia, Mexico, the Republic of Korea and the Dominican Republic.

More than 50 host families are still needed for this year. Becoming a host family is a rewarding experience based on comments from other host families. Providing room and board, transportation, a new social and cultural experience and a big heart can help make this community initiative a fun and triumphant event.

For more information, contact Kallie Wasserman at Cal Ripken Sr. Foundation, 1427 Clarkview Road, Suite 100, Baltimore, MD 21209, [kwasserman@ripkenfoundation.org](mailto:kwasserman@ripkenfoundation.org) or 410-823-0808.

## MOVIES

**ADMISSION: ADULTS \$3.50, CHILDREN \$1.75**  
**Building 3245 Aberdeen Boulevard**  
**To verify listing, call 410-272-9008,**  
**or visit [www.aafes.com](http://www.aafes.com) and click on "Movie Listing."**

### MISSION IMPOSSIBLE III

Friday, June 30, 7 p.m.

Saturday, July 1, 9 p.m.

Starring: Tom Cruise, Philip Seymour Hoffman, Ving Rhames, Billy Crudup

Super-spy Ethan Hunt (Cruise) has retired from active duty to train new IMF agents. But he is called back to confront Owen Davian (Hoffman), an international weapons and information provider with no remorse and no conscience. Hunt assembles his team - his old friend Luther Strickell (Rhames), transportation expert Declan (Jonathan Rhys Meyers), and background operative Zhen (Maggie Q), to rescue one of his very own trainees, Lindsey (Keri Russell). Davian is well-protected, well-connected,

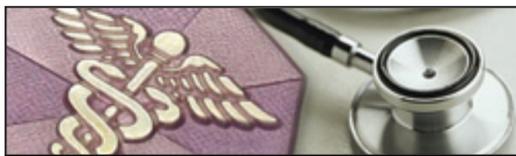
and malicious, forcing Hunt back into the field in order to rescue his wife, Julia (Michelle Monaghan), and uncover IMF double agents in the process. (Rated PG-13)

### JUST MY LUCK (FREE ADMISSION)

Saturday, July 1, 7 p.m.

Starring: Lindsay Lohan, Chris Pine, Faizon Love, Missi Pyle

Ashley (Lohan) leads a charmed life. She's beautiful and successful and has always had the strangest stroke of good luck. All that changes when she kisses a handsome stranger (Pine) at a costume party. After the lip-lock, Ashley swaps her good fortune for his horrible bad luck, which throws a real wrench into the perfect-life thing she had going on. (Rated PG-13)



Your health is KUSAHC's goal



## Scientists making gains for prevention, management of injury, pain

Story by  
**JANE BENSON**  
RIEM

Scientists at the U.S. Army Research Institute of Environmental Medicine hope to improve Warfighter performance using their knowledge of musculoskeletal injuries and the effects of non-steroidal anti-inflammatory drugs, or NSAIDs, on the body.

U.S. Army Center for Health Promotion and Preventive Medicine physicians, epidemiologists, exercise physiologists and physical therapists routinely partner with USARIEM on training injury prevention studies such as this one.

It's been a fruitful partnership for many years.

"USARIEM's research into NSAIDs is filling a gap in our knowledge that was identified at a DOD physical training working group held at USACHPPM in early 2005," said Bruce Jones, M.D., USACHPPM's Injury Prevention Program manager. "USACHPPM translates science into

prevention. If we don't have the science to do that, USARIEM and organizations like it fill the gaps with the necessary research.

"We have projects in collaboration with them on physical training, physical fitness and similar projects to this one--preventing Warfighter injuries whether in training or on the battlefield."

Warfighters have extreme physical demands placed on their bodies, including the need to move rapidly while carrying heavy loads over difficult terrain. As a result musculoskeletal injuries-which include injuries of bones, joints, ligaments, tendons, muscles and other soft tissues-are prevalent among the nation's Warfighters.

"Musculoskeletal injuries are one of the top medical problems reported by Soldiers, especially during their physical training," said Dr. Edward Zambraski, division chief, Military Performance Division, USARIEM.

Musculoskeletal injuries may impact not only a Warfighter's ability

to do his job well, but can also result in significant time away from his job to allow for recovery. In some cases, the injuries can lead to a disability discharge.

Musculoskeletal injuries are the number one cause of disability discharge, according to Dr. Paul Amoroso, an Army colonel and USARIEM research epidemiologist.

By investigating the prevalence of musculoskeletal injuries and assessing how Soldiers are being trained, USARIEM scientists hope to find ways to improve Soldier performance while reducing injury. The scientists also hope to reduce the downtime caused by Warfighter injuries.

Problems with musculoskeletal training injuries have been studied most frequently during Basic Combat Training. It is not unusual for 25 percent of men and 50 percent of women basic trainees to experience a musculoskeletal injury.

USACHPPM staff members have been investigating basic training injuries since 1980. These studies

have shown that prevention of over-training is key. "By reducing running miles and progressing training more gradually, injuries can be reduced," Jones said. "We could cut out all training injuries if we stopped training altogether, but of course that's not acceptable. So we work to reduce injuries and, in a program that's done right, we can actually increase fitness, too."

In the current study on musculoskeletal injuries and NSAIDs, Zambraski, a leading expert on the effects on NSAIDs on kidney function, said that much of Soldier use, and overuse of NSAIDs is driven by their high rate of musculoskeletal injuries.

In an effort to keep going, many Warfighters rely on NSAIDs, such as ibuprofen, aspirin and naproxen.

These pain relievers are fine in small doses, said Zambraski, but problems arise when Warfighters take them too frequently at too high a dosage.

Zambraski explained that NSAIDs

work by temporarily blocking the body's natural production of prostaglandins. PGs promote inflammation and pain, but also perform other important and essential bodily functions.

In the stomach, PGs protect the lining from acid. By taking too many NSAIDs, Warfighters put themselves at risk for ulcers or other gastrointestinal problems. In the kidneys, vasodilator PGs widen blood vessels, helping to maintain renal blood flow and to protect kidney function.

According to Zambraski, one goal of USARIEM's research program is to reduce musculoskeletal injuries which would have the beneficial effect of reducing the need for NSAIDs among Soldiers. This research is also examining the effects of other compounds that can reduce inflammation and pain, but not decrease the body's production of beneficial PGs.

For more information about USARIEM, visit Web site <http://www.usariem.army.mil/>.

## Mental health disorders diagnosable, treatable

[www.MilitaryMentalHealth.org](http://www.MilitaryMentalHealth.org)

Sometimes powerful words are used freely, without much thought to their true meaning. Someone has a bad day and says they are depressed. Someone becomes very excited about something and they are called manic. Someone performs badly on the job and mutters, "just shoot me."

A new mental health self-assessment is designed to help put the meaning back into these words. Depression, bipolar disorder, generalized anxiety and post-traumatic stress disorder are medical terms with specific definitions. They are also treatable illnesses, not personality weaknesses.

Depression is a persistent feeling of being sad, down, and blue coupled with a lack of

interest in once enjoyable activities. Some people also feel angry, frustrated, hopeless and have trouble concentrating or thinking. Trouble sleeping and changes in appetite are also common, as is a feeling of overwhelming fatigue. Many experience unexplained aches and pains such as headaches and backaches. Some think about death or become suicidal.

Bipolar Disorder combines the downs of depression with the uncontrollable "highs" of mania. The manic person will be extremely excitable or irritable. They may have a decreased need for sleep, speak very rapidly, and have an unrealistic belief in their own abilities. Their judgment is off and they may act irresponsibly, such as spending a

lot of money or engaging in unprotected sex.

Generalized Anxiety Disorder is characterized by an excessive worry about everyday things that gets in the way of daily functioning. Physical symptoms include clammy hands, nausea, and sweating. People with GAD may also become suicidal.

Post-traumatic Stress Disorder involves reliving a traumatic event from the past through intrusive thoughts or dreams. While often associated with veterans, PTSD can develop from any kind of traumatic event including car accidents, fires, or assaults. Sufferers avoid conversations or situations that remind them of the event. They often experience a sense of detachment, irritability, anxiousness and are hyper-vigilant. They may also experience outbursts of anger.

A mental health self-assessment is available at [www.MilitaryMentalHealth.org](http://www.MilitaryMentalHealth.org) for families and military personnel affected by deployment. It is something to use to check your moods at anytime, day or night. Taken anonymously, simple and easy to use, this mental health self-assessment can help determine a complete evaluation is necessary and can suggest treatment resources.

Mental health is just as important as physical health. Anyone who is puzzled by their emotions can start putting the pieces together by visiting [www.MilitaryMentalHealth.org](http://www.MilitaryMentalHealth.org) for a free, anonymous self-assessment.

## TRICARE beneficiaries save money with generic drugs

Story by  
**CHRISTELLE MICHAEL**  
TMA Communications

Many people have heard about the "little purple pill" for treating acid reflux and have seen the flying butterfly associated with treating insomnia, but few know that there are generic medications available that provide the same benefits as these heavily marketed brand-name drugs.

Nationally, generic medications save consumers an estimated \$8 to \$10 billion a year at retail pharmacies, according to the Congressional Budget Office. TRICARE beneficiaries may also take advantage of cost savings when using generic medications-up to 66 percent annually.

"The copay for generic drugs is one-third that of brand name drugs," said U.S. Public Health Service Capt. Thomas McGinnis, chief, TRICARE Pharmaceutical Operations. "When our beneficiaries are prescribed new medications, we encourage them to ask their doctor if there is a generic equivalent available."

Generic medications are as safe and effective as brand-name drugs. The Food and Drug Administration will only approve generic medicines that have the same active ingredients and produce the same clinical results as their brand-name counterparts.

DoD's pharmacy benefits regulation requires pharmacies to fill prescriptions with generic medications whenever possible. A brand-name drug may be substituted for a generic medication if a doctor establishes medical necessity.

Beneficiaries pay \$3 for a 30-day supply of covered generic medications in a network retail pharmacy compared to \$9 for a brand-name drug. When beneficiaries order generic medications through the TRICARE Mail Order Pharmacy, they may take advantage of more cost savings because they receive up to a 90-day supply of their medications for \$3.

Congress is currently looking into eliminating the copayment for generic medications



that are ordered through the TRICARE Mail Order Pharmacy. This would allow eligible beneficiaries to receive up to a 90-day supply of generic medication with no copayment.

"If Congress approves this proposal, our beneficiaries may save even more money on their prescription medications while helping DoD maintain an outstanding pharmacy benefit," McGinnis said.

Beneficiaries may search for generic medications that are alternatives to brand-name drugs by using the Formulary Search Tool on the TRICARE Web site, [www.tricareformularysearch.org/dod/medicationcenter/default.aspx](http://www.tricareformularysearch.org/dod/medicationcenter/default.aspx). For more information on TRICARE's pharmacy program visit [www.tricare.osd.mil/pharmacy/](http://www.tricare.osd.mil/pharmacy/).

For more information on the safety and effectiveness of generic medications, beneficiaries may visit the FDA Web site, [www.fda.gov/cder/ogd/](http://www.fda.gov/cder/ogd/).

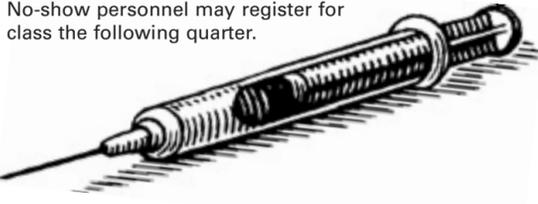
### KUSAHC Shots

#### QUARTERLY COMBAT LIFESAVER COURSE FOR QUALIFIED SOLDIERS

Kirk U.S. Army Health Clinic will hold Combat Lifesaver courses quarterly. The course is open to all qualified APG Soldiers.

Classes are scheduled for 8 a.m., July 17 through 21 and Oct. 23 through 28. Refresher courses will be announced at a later date.

Permanent party military personnel have priority for attendance. Enrollment is on a first-come, first-serve basis, with 16 spaces available. If 12 personnel do not sign in at 8 a.m., the class will be canceled. No-show personnel may register for class the following quarter.



### LEAVE DONATIONS

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For more information, call Ronda McKinney, 410-278-8988, or e-mail [rondamckinney@usag.apg.army.mil](mailto:rondamckinney@usag.apg.army.mil).

#### Employees eligible for donations in the Voluntary Leave Transfer Program

Michele Amrhein	Ashley Fisher	(kidney failure)
Sarah Blevins	Gregory Fox	Sandra Miller
Debra Bonsall (daughter has brain tumor)	Renee Gaffney	Patricia Milwicz
Jeanie Bowman	Susan Gorhan	Mary Pettitway
Gerald Brown	Sandra Green	William Sebra
Robert Brown	Shirley Gross	Barbara Seker
Janet Cannedy	Melanie A. Hoffman	Cynthia Shelton
Lisa Carroll	(parasinitis, fibromyalgia condition)	Linda Shoaf
Leroy Carter	Rick Jernigan	Ebonie Stinnette
Barbara Cascio	Carolyn Johnson	Alison Tichenor
Rogelio Chevannes	Lydia Langley	Gary Tudor (heart valve replacement)
Barbara Crossley	Robyn Lee	Christine Wheaton
Lola Daniels	Wayne Kaiser	Jerry Williams (heart attack)
Shelia Davison (benign paroxysmal positional vertigo)	Beverly King (caring for husband)	Louis Winters
Dawn Dean-Delbridge	Louis McCarter	Billie Wooten
Lawrence Eaton	William B. McLean	

## TRICARE follows college-bound students

Story by  
**LANCE CPL. JUAN D. ALFONSO**  
MCB Camp Butler - Marines.com

When a teenager turns 18 or 19, there is usually a series of events that occur that set them apart from the child they once were. Some graduate high school and join the military or head off to college. Even though they have separated from the family in most senses, they still might not be ready to handle everything that adult life has in store for them.

One of these hurdles might be health care, but with TRICARE, they can hold off on worrying about paying for the care they need right away.

TRICARE covers dependents up to the age of 23, as long as they update their identification cards, their status in the Defense Enrollment Eligibility Reporting System, are full-time college students and haven't married. To be considered a full-time college student, at least 12 credit hours must be taken per semester.

TRICARE is the regionally managed health-care program for active duty and retired members of the armed forces, their families and survivors. It is the military counterpart to employer-provided civilian health insurance.

"Now is the time of year most people begin filling out applications to enroll their kids in college," said Sandra M. Parker, the TRICARE Pacific marketing representative. "Before a child heads off to the continental United States, one decision they will have to make is determining which TRICARE option will work best for their child."

There are two types of TRICARE coverage-

-TRICARE standard and TRICARE Pacific Prime. They differ in price and amount of coverage received. Although students and their family may be enrolled in TRICARE Prime, this may not be the best choice for the college-bound.

If the student's college or university is located in an area where TRICARE Prime is offered, they can transfer their Prime enrollment.

"It isn't necessary to have all family members enrolled in the same region," Parker said. "Retirees should keep in mind that although Prime is not an option in Okinawa, it is in the United States and they can enroll their child there. However, there is an annual enrollment fee for TRICARE Prime for retirees and their dependents."

If Prime is not available in the new location, they can cancel their child's enrollment from TRICARE Pacific Prime, and TRICARE Standard will cover their child. TRICARE Standard has a 20 percent co-payment, 25 percent for retirees, after the annual deductible of \$150 to \$300 is paid. The maximum they will pay out of pocket is \$1,000 per year, \$3,000 for retirees. If the college they go to has its own health plan, TRICARE standard becomes the second payer on the claim.

"TRICARE makes it easy to get medical care when I'm not near a medical treatment facility," said Master Gunnery Sgt. Mark A. Williams the aircraft maintenance chief of Marine Aerial Refueler Transport Squadron 152, 1st Marine Aircraft Wing. "With TRICARE, my children have been able to get medical care in emergency situations."



# Morale, Welfare & Recreation

## Holiday hours

FACILITY	SAT, 1 JULY	SUN, 2 JULY	MON, 3 JULY	TUE, 4 JULY
Arts & Crafts, AA	CLOSED	CLOSED	CLOSED	CLOSED
Arts & Crafts, EA	CLOSED	CLOSED	CLOSED	CLOSED
Auto Crafts	9 a.m. - 5 p.m.	9 a.m. - 5 p.m.	CLOSED	CLOSED
Library, AA	1 - 5 p.m.	1 - 5 p.m.	11:30 a.m. - 4 p.m.	CLOSED
Recreation Center, AA	NOON - 11 p.m.	NOON - 11 p.m.	NOON - 11 p.m.	NOON - 6 p.m.
Recreation Center Snack Bar, AA	NOON - 10:30 p.m.	NOON - 10:30 p.m.	NOON - 10:30 p.m.	NOON - 5 p.m.
Recreation Center, EA	NOON - 11 p.m.	NOON - 11 p.m.	NOON - 11 p.m.	NOON - 6 p.m.
Recreation Center Snack Bar, EA	NOON - 10 p.m.	NOON - 10 p.m.	NOON - 10 p.m.	NOON - 5 p.m.
MWR Registration/ITR	CLOSED	CLOSED	CLOSED	CLOSED
Health & Fitness Center, AA	CLOSED	CLOSED	CLOSED	CLOSED
APG Athletic Center	10 a.m. - 6 p.m.			
Hoyle Gymnasium/Fitness Center	10 a.m. - 6 p.m.			
Outdoor Recreation Equipment Center	9 a.m. - 3 p.m.	CLOSED	11 a.m. - 6 p.m.	CLOSED
Chesapeake Challenge Amusement Park	NOON - 9 p.m.	NOON - 9 p.m.	5 - 9 p.m.	NOON - 9 p.m.
Olympic Pool, AA	11:30 a.m. - 7 p.m.			
Shore Pool, AA	11:30 a.m. - 5 p.m.	11:30 a.m. - 5 p.m.	CLOSED	11:30 a.m. - 5 p.m.
Bayside Pool, EA	11:30 a.m. - 7 p.m.			

## Activities

All services, classes and events are available to DoD cardholders, military, civilian, contractors, retirees, family members and guests. For information on these or any other events, please check out [www.apgmwr.com](http://www.apgmwr.com).

### Rolling Reader

The Harford County Public Library's outreach vehicle, the Rolling Reader, will join Child Youth Services in providing a free summer recreation program for children not enrolled in the CYS Summer Camp program. CYS will provide arts, crafts and game activities while children wait to go into the Rolling Reader to check out books. Children will be able to check out and return their books at the Rolling Reader or any Harford County Public Library. The Harford County Public Library's Summer Reading Program, "Clue into Reading" includes a free tote bag upon registration. Fun activities

encourage children to complete the program and receive a free book.

Library cards will be available on site for parents and children who do not have one.

Parents must bring a valid driver's license, military ID with orders, or a recent utility bill with a local address. Children under the age of 18 must have a parent or guardian fill out a library card registration form. Forms are available through the Harford County Public Library website [www.hcplonline.info](http://www.hcplonline.info) under "Library Services" or through on the installation at Outreach Services, in building 2752, office 201.

Children under the age of 13 must be accompanied by a parent or guardian.

Meetings will be held on Thursdays throughout the summer 11 a.m. to 12 p.m. at Skipper's Point Park in Edgewood June 22, July 6 and 20 and Aug. 3 and 17, and in Aberdeen at the New

Chesapeake Playground June 29, July 13 and 27 and Aug. 10.

### Aberdeen Recreation Center Snack Bar

An alternative lunch choice is the Recreation Center Snack Bar in building 3326 where there are many choices for a quick lunch 11 a.m. to 1:30 p.m., Monday through Thursday, dining inside or outside on the patio. Cheese steak subs, turkey burgers, pizza and much, much more are offered. It is open for dinner Tuesday through Sunday. Visit the MWR Web site for exact times or call 410-278-2621.

**Army Community Services is located in building 2754, Rodman Road. For information about these or any other services that ACS offers, call 410-278-7474/2453.**

### ACS Lending Closet

The Lending Closet's objective is to assist arriving and departing families and Soldiers allowing them to borrow top quality items at no cost. It is open 8 a.m. to 4:30 p.m., Monday thru Friday.

### Parent Information Exchange (PIE)

This program is for Exceptional Family Members and is 6 to 7 p.m. the second Tuesday of each month. This support group is designed to assist military families who have family members with special needs. Its goals are to improve the members' ability to cope and discuss community resources. Free child care is available; call in advance if needed.

### Play Mornings

ACS offers a weekly play group on Monday and Wednesday, 9:30 to 11 a.m. for parents and children under 6-years-old to meet other parents while their children socially interact with each other. This is an ongoing

program and play groups are held in the APG Chapel, room 5.

### ACS Birthday Picnic

There is no cost to attend the ACS birthday picnic, 11 a.m. to 1 p.m., July 20 at Maryland Boulevard Field. Free tickets are available at Aberdeen ACS, building 2754, Monday through Friday, 8 a.m. to 3 p.m., 410-278-7572, or at Edgewood ACS, building E-4630, Monday through Thursday 8 a.m. to 5 p.m., 410-436-3362.

**For all SKIESUnlimited programs contact Central Registration for details and registration. An additional \$18 Central Registration Fee will apply if not already enrolled in the Child and Youth Services Program. Call 410-278-7479/7571 for an appointment to register. Anyone interested in teaching classes such as kindermusik, history, grammar, reading, and mommy and me tumbling, should call Sarah Behl, 410-278-4589. For more information call 410-278-4589.**

### Spirit Unlimited Summer Cheer Camp

Spirit unlimited instructors work with participants to help them be their best providing young cheerleaders and dancers with an age appropriate curriculum that will challenge them and bring them a sense of accomplishment. The camp includes cheerleading and dance fundamentals for all participants to have fun learning and performing. The staff is made up of college and professional instructors from the University of Maryland, Towson State University, George Washington University, the Baltimore Ravens, the Washington Redskins and many more. Class will meet Tuesday, Wednesday, Thursday, 8 to 11 a.m. July 11 to 13, Aberdeen Recreation Center and is for children ages 6 to 15. Cost is \$60.

### Drivers education

Several sessions of drivers' education are being taught on both Aberdeen and Edgewood. Students 15 to 18 years of age must attend and complete 30 hours of classroom instruction and 6 hours in car instructions. Student must have a Learners Permit. Parents, guardians, or mentors must attend the first class with student.

### Piano lessons

## SCHOOL LIAISON

### Relocation assistance available when changing schools

Soldiers who just received their orders to move and have concerns about the family moving abroad can now turn to Military One Source. Military One Source has a Web site, phone support team, and even face to face counseling available to active duty, Guard and Reserve, including their family members. (Base helping agencies may use the services to assist others. They provide bulk orders for trainings and specific events as well.)

Visit [www.militaryonesource.com](http://www.militaryonesource.com) and click on 'Smooth Moves (Relocation).' Two topics will appear, International Relocation and Military Relocation, with subject such as:

- International relocation
- Planning a Move
- Communication Issues living abroad

- Moving Abroad
  - Relocation Stress – living abroad
  - Making a Connection in a New Community
  - Military relocation
  - Adjusting to a New Community
  - Changing Schools
  - International Relocation
  - Preparing for Relocation
  - Spouse employment
- A Document Translation service is available also.

Other educational materials free to the user include booklets, CD's, audio tips, and Web links.

For more information 24 hours a day, visit [www.militaryonesource.com](http://www.militaryonesource.com) or from the United States, call 800-342-9647. Outside the United States call 1-800-3429-6477 (use all 11 digits.) View the Web site for the collect phone number to be used outside the United States.

## LIBRARY BOOK CORNER

Operating hours of the Aberdeen Library, located in the Recreation Center, are 1 to 5 p.m., Saturday and Sunday, 11:30 a.m. to 6:30 p.m., Monday through Thursday and closed on Friday. For more information, call 410-278-3417.

### The following are a few of the new audio books available at the APG MWR Library:

**Cold Moon** by Jeffery Deaver

Intrepid NYPD detective Lincoln Rhyme is now up against a criminal mastermind called the Watchmaker. The devious murderer has killed twice already and plans eight more murders, designed specifically to make each victim suffer immensely.

**Edge of Battle** by Dale Brown

American Task Force TALON is battling a Russian terrorist group seeking to use the Mexican border to infiltrate the United States. After U.S. Border Patrol agents are massacred, the NSA proposes the use of robots to protect the border.

**Husband** by Dean Koontz

We have your wife. You can get her back for two million in cash. Michael Rafferty has 72 hours to prove that he loves his wife more than life itself. He'd pay anything and he might have to.

**Killer Instinct** by Joseph

Finder

Jason Steadman, a successful salesman, crashes his car and befriends the tow-truck driver, Kurt, eventually landing him a job at Entronics. Kurt secretly performs favors to boost Jason's reputation. But when people start dying, he's gone too far.

**Poe Shadow** by Matthew Pearl

Edgar Allan Poe died in Baltimore in 1849, apparently from an alcohol overdose. But Quentin Clark is determined to save the writer's reputation. His investigations into the actual cause of death lead him to the real detective, C. August Dupin.

**School's Out Forever** by James Patterson

James Patterson continues the best-selling story of Max – half girl, half bird – and her friends as they attempt to escape the laboratory where they've been imprisoned. Now, Max has to watch out for a new enemy: her clone.

The library's Web site, [www.apgmwr.com/recreation/libraries.html](http://www.apgmwr.com/recreation/libraries.html), provides access to the library's online catalog and also has a complete annotated listing of the library's new material, as well as a list of available films on DVD.

Lessons will be held Tuesdays and Fridays, 5:30, 6, 6:30 or 7 p.m., June 20 to Aug. 25 (no classes on July 4 or 7). The cost is \$136 for eight 30-minute sessions at the Aberdeen Youth Center. Space is limited, register now. Students will be responsible for purchasing the required books for the course as recommended by the instructor.

### SpiritUnlimited Cheerleading Camp

Camp will be held 8 to 11 a.m., July 11 to 13 at the Aberdeen Recreation Center. The camp includes cheerleading and dance fundamentals for all participants to have fun learning and performing. The cost is \$60. The staff is made up of college and professional instructors from University of Maryland, Baltimore Ravens, Washington Redskins and many more.

### Chess

Chess classes will be held 5:30 to 6:30 p.m., Thursdays at the Aberdeen Youth Center. Students will learn the basic rules of chess, offensive and defensive strategies, how to

gain advantage over opponents, what to do when behind, and moving a piece to obtain superior board position will be covered.

### Scrapbooking

Scrapbooking classes will be held 6 to 7:30 p.m., every Wednesdays in building 2752. All materials are included except students will need to bring in their own photos. Students will make a new layout during every class.

### Jujitsu

Jujitsu classes will be held 6 to 7 p.m., Monday at the Aberdeen Youth Center Gym. Grandmaster Soto, a 10th degree black and red belt, will be instructing.

### Basic Auto Mechanic class

Basic Auto Mechanic classes designed to enable the student to perform maintenance on a vehicle's engine and accessories will be held 5:30 to 7 p.m., Thursday nights at Automotive Crafts, building 2379.

For information on Outdoor Programs, call Charles

## APG Bowling Center Snack Bar specials

Building 2342

### Week of July 5-8

Special #1: Open face roast beef sandwich in gravy sauce on bread, French fries, one cookie, soda for \$5.75

Special #2: Shrimp salad sub (Choice of mayo, lettuce, tomato, pickles, onions), chips, one cookie for \$7.75

The snack bar has a variety of items to choose from including hot meals, burgers, subs, sandwiches, baskets and pizza.

For more information or to place an order, call 410-278-4041. Orders must be placed before 10:30 a.m.



# HEY KIDS!

## THIS SUMMER

### HOLLYWOOD HITS YOUR BOWLING CENTER!

GET YOUR GAME CARD AT THE BOWLING CENTER!

101 FREE GAMES OF BOWLING! BUY 1 - GET 1 FREE!\*

ENTER FOR A CHANCE TO WIN!

- Hoot movie package...the book, the soundtrack, the DVD!
- BE THE MOST POPULAR KID IN TOWN!
- Take 100 friends to a private screening party... How To Eat Fried Worms

Bowl your way to other great prizes

Promotion runs Memorial Day to Labor Day  
(Visit your Bowling Center for details.)

# APG HOLDS WESTERN BIKE RODEO



Sgts. Matthew Socwell, left, and Kenneth Coffee watch Autumn Daniel, 4, at the Crazy Crossroads station. This was one of the nine bike safety stations at the Western Bike rodeo June 17.

Story by  
**HEATHER TASSMER**  
APG News

Children and youths spent a day of learning about bike safety and having fun at the Western Bike Rodeo held June 17 on a training field near Harford Boulevard.

The bike rodeo was hosted by the Directorate of Law Enforcement and Security, the APG Community Policing Unit, Morale, Welfare and Recreation, Army Community Service, Child Youth Services, Army Substance Abuse program, the APG Fire Department and the Garrison commander.

This year between 350 and 400 people attended the event, Farlow said.

"I think we had a great turnout and the weather cooperated as well," Farlow said. "I have heard nothing but positive feedback.

"It would not have been possible without the many volunteers," Farlow said.

The bike rodeo featured nine stations that informed attendees about bike safety issues.

About 30 noncommissioned officers from the U.S. Army Ordnance Center and Schools' Basic Noncommissioned Officer Academy manned each station. They were from classes 25-06, 27-06 and 30-06. One NCO was from 26-06.

Staff Sgts. Gerald Wifong, Kyle Helphey and Guillermo Blanco helped out with the registration of bikes.

**Station 1: Bike Shop**

Staff Sgts. Kevin Gray and Allen Coffey of the NCO Academy manned the first station where children learned how to maintain their bikes so they would be safe to ride. Gray and Coffey made sure bikes passed inspection and if they didn't made repairs such as replacing a loose chain or filling up tires.

**Station 2: Seeing and Being Seen**

Children learned to pay attention to objects in front of them while riding their bikes. They also learned what they can do so that drivers can see them.

Sgt. Kenneth Annel and Staff Sgt. Jeff Johnston showed children reflective gear on bikes and reflective T-shirts they could wear to be safe.

**Station 3: Chaos Corner**

Sgt. William Lawrence and Staff Sgt. Justin Harris taught children why it's important to have traffic laws.

First the children rode around in a circle made of traffic cones without any rules. Then Lawrence and Harris asked them to make up

their own rules about which direction to ride their bikes and how fast to ride their bikes.

"Without rules some of the children would kind of run into each other [in the circle]," Lawrence said.

He said the conductors "taught children how rules and laws were designated to make things flow" to prevent accidents.

Harris said some of the children automatically rode their bikes in the same direction around the circle.

**Station 4: Demon Driveway**

Sgt. Jesse Espinoza and Staff Sgts. Norman Brenner, Jorg Waggoner, John Miller and John Mast taught children how to exit driveways safely.

The children rode their bikes through lines of chalk that represented a driveway and stopped at a bumper of a parked truck. Then Miller would hold up a poster to signify an oncoming car. The children were to stop at the bumper of a parked truck and look both ways for cars.

When Miller turned over the picture, it meant the children could ride their bikes onto the street.

Brenner said statistics show 50 percent of children who die from bike fatalities are hit by cars while they are exiting driveways.

The conductors of Demon Driveway said a lot of the children who passed through the station were three- or four-years old. They were impressed that children that young were riding bikes at those ages.

"[The bike rodeo] is a good experience no matter how old they are," Waggoner said.

**Station 5: Crazy Crossroads**

Staff Sgt. Juana Walters, Sgts. Kenneth Coffee, Matthew Socwell and Steve Terbovich taught riders to look both ways at intersections for pedestrians and cars.

One conductor held up a poster to signify a stopped car. Then another conductor acted as the pedestrian and walked across the simulated intersection. After the traffic passed, the child was to look left and right for a clear takeoff.

"The kids are picking it up fast and know what to do for the most part," Coffee said.

**Station 6: Who's There?**

Riders learned to identify vehicles behind them while moving forward as Staff Sgts. Bryan Rodrigues, Melvin Reece, Demone Whigham and Christopher Scott held up posters of cars and trucks.

"The children are doing pretty good," Reece said. "They understand the concept and



Photo by HEATHER TASSMER

Staff Sgt. Jeff Johnston talks to Katelyn Colon, 7, and Justin Colon, 9, about bike safety equipment at the Seeing and Being Seen station.

they're having fun."

**Station 7: Rock Dodge**

Staff Sgt. Steve McGill and Sgt. Kevin Shankle helped children maneuver around rocks or bricks.

"The children are doing great," McGill said. "They're very motivated to do it. They're even trying it with tricycles."

**Station 8: Dodge 'em Drive**

Staff Sgts. Kenneth White, Adalberto Mata and Benjamin Baker conducted Station 8.

Riders applied the concepts they learned from Stations 1 through 7 while dodging branches and bricks.

**Station 9: Hazard Quiz**

Sgts. Leketha Roberson, Ryan Beach, William Fox, Lashana McConneell and Arturo Romero gave riders a hazard quiz where they had to circle, four out of 12 safety hazards to pass.

After completing all nine stations, riders received a safety certificate and safety packet.

Children also participated in a slow race. Staff Sgts. Randy Jackson, Jarrod Crause, Sokh Danh and Kathleen Cook helped judge the race which involved children riding in a half circle as slow as they could without putting their feet down. The slowest winner of each race won a bike lock.

Eight-year-old DeAsia Fairley said this was her favorite activity of the bike rodeo.

"The bike rodeo was fun," Fairley said. "I learned to stop when people are walking and cars are going past me."

Parents were enjoying themselves too.

"It's a great way to spend time with the family and a great time to learn about bike safety," said Jennifer Colon, who came to the bike rodeo with her husband Sgt. 1st Class Jose Colon, and their children Justin, 9, and Katelyn, 7.

In addition to the bike safety stations, DENTAC, Child Youth Services and many other organizations set up tables. Cindy Scott, prevention coordinator of the Army Substance Abuse Program, led a Drug Free Kite Fly. Children, youths and other attendees of the bike rodeo decorated the kites and wrote drug-free messages on them.

The purpose of the Drug Free Kite Fly was for those at the bike rodeo to "show (their) solidarity for a drug-free community," Scott said. Giovanni Davis wrote "Drugs are bad" and "Eat your vegetables" on it because according to his mother LaTonya Stewart, a mess attendant of the dining facility in building 4503, he wrote it because every time he asks her about drugs she tells him to eat his vegetables.



Photo by HEATHER TASSMER

Staff Sgt. Steve McGill guides Skyler Chavez, 4, at the Rock Dodge station



Photo by HEATHER TASSMER

Giovanni Davis, 9, flies his kite during the Army Substance Abuse Program's Drug Free Kite fly at the Western Bike Rodeo June 17.



Photo by ISOLDA MCCLLELAND

Doug Farrington, fire inspector of APG Fire Department, shows children a fire truck display.