

POST SHORTS

Recycling schedule



The residential and recycling pickup schedule for April 26, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

Law Day luncheon scheduled for April 24

The Office of the Staff Judge Advocate will sponsor the APG Law Day celebration luncheon 11:30 a.m., April 24, at Top of the Bay for all personnel, civilian and military, as well as interested members of the APG and Harford County communities.

Frederic Smalkin, Senior Judge for the U.S. District Court for the District of Maryland and Commanding General for the Maryland Defense Force, will be the guest speaker.

Tickets are available through April 20. For more information, contact Marie Antoinette Joiner, 410-278-1592 or e-mail her at marie.a.joiner@us.army.mil.

Updated CAC PIN reset information

The APG Garrison Directorate of Information Management is conducting CAC resets for personnel serviced by the garrison DOIM 8:30 to 11:30 a.m., every Tuesday and Thursday, and by appointment only, at building 316.

For more information and to have the CAC reset on non-scheduled days, contact Irving Sherrod, 410-278-3193 or Edna Lobodzinski, 410-278-4012.

Register for the 2006 Army Birthday Ball

Celebrate the Army's 231st Army Birthday Ball, 5:30 p.m., June 10, at the Hilton Washington Hotel in Washington, D.C.

All U.S. Army Soldiers, family members, Department of the Army civilians, contractors, retirees, veterans and their guests are invited to attend the event. Tickets cost \$70 each and include dinner and entertainment. A limited number of discounted tickets of \$40 each will be available for E-6s, GS-7 civilians and below.

For more information, or to register for the 2006 Army Birthday Ball, visit Army Knowledge online at www.us.army.mil and follow the link to the ball. Seats are limited.

See SHORTS, page 4

PX holds grand opening



Red, white and blue balloons greet visitors to Aberdeen Proving Ground Main Exchange during the facility's Grand Opening festivities April 12. Other vendor's within the building offer opportunities for civilian shopping. See article and more photos on pages 6 and 7.

Photo by YVONNE JOHNSON

Law Day 2006--'Liberty Under Law: Separate Branches, Balanced Powers'

Story by
MARIE ANTOINETTE JOINER
OSJA

Aberdeen Proving Ground will celebrate Law Day 11:30 a.m., April 24 with a luncheon at Top of the Bay. United States District Judge Frederick Smalkin will deliver the keynote speech.

Smalkin feels privileged to be this year's guest speaker.

"As a former ordnance officer, I look forward to returning to the home of the Ordnance Corps," Smalkin said.

Smalkin is also the commanding general for the Maryland Defense Force.

The Office of the Staff Judge Advocate will host this year's luncheon.

"As the Staff Judge Advocate for Aberdeen Proving Ground, I have the privilege of delivering legal services to all its citizens," said Col. Brian Brady. "I have the special honor to sponsor Law Day for 2006."

Law Day reaffirms the nation's commitment to the rule of law.

"The rule of law is the foundation upon which this great nation governs itself in big matters as well as small. Respect for the law is the primary ethic that governs service members and all government employees who are all sworn to support and defend the Constitution of the United States," he said.

"The Constitution provides for separation of powers, which for over 200

years, has evolved to deliver a quality of life and degree of liberty for citizens that is unmatched anywhere in the world. That is an awesome accomplishment and one which all citizens of Aberdeen Proving Ground rightly have cause to be proud. I encourage everyone to reflect on what the rule of law means to them on Law Day," Brady said.

Understanding Law Day

"The first principle of a good government is certainly a distribution of its powers into executive, judiciary, and legislative, and a subdivision of the latter into two or three branches."-- Thomas Jefferson to John Adams, 1787.

In 1958, President Dwight D. Eisenhower signed the first Law Day

Proclamation declaring the importance of recognizing the rule of law in this nation. Law Day underscores how the law and the legal process have contributed to the freedoms that all Americans share.

The theme for Law Day 2006, "Liberty Under Law: Separate Branches, Balanced Powers," highlights the cornerstone of the American system of government--the separation of powers. Law Day is a day designed for all to honor the legacy of one of the most important documents of the 18th century and beyond: the United States Constitution. This living document has survived for over 200 years chiefly because of the separation of powers.

See LAW DAY, page 8

Education Center to host Troops to Teachers workshop

Story by
YVONNE JOHNSON
APG News

The Aberdeen Proving Ground Education Center will present a Troops to Teachers Workshop for eligible individuals considering a transition to public school teaching 10 a.m., Friday, April 28 in building 4305, room 243-B.

Robert Henry, TTT coordinator for the state of Maryland, will host the program. Henry said the workshop will provide an overview of the program focusing on information specific to Maryland, and discuss eligibility, registration and financial assistance opportunities.

All active duty, retirees, National Guard and Reserve, their spouses and college-aged children are encouraged to attend, Henry said.

"Program providers will also be on hand. They include Harford Community College, the University of Maryland Baltimore Campus, the College of Notre Dame, Towson

University and Goucher College, which has a new partnership with Baltimore City which is open to those in surrounding areas.

"In Maryland, there is a real need for teachers," he said. "Colleges don't fill enough vacancies and we have to bring in teachers from other states."

The Troops to Teachers program provides proven, experienced personnel, he added.

"We want mature individuals with real-world knowledge," he said. "They bring more to the plate and to the classroom."

In the past 12 years, within Maryland, the TTT/STT programs have provided more than 100 teachers and more than 8,500 nationwide with a 75 percent retention rate over five years.

For reservations, to the TTT/STT Workshop, call James Vanduyne, education services specialist, 410-306-2042 or e-mail him at james.vanduyne@apg.army.mil.

APG Holocaust observance set for May 10

Story by
YVONNE JOHNSON
APG News

The Aberdeen Proving Ground Equal Employment Opportunity Office will host the annual Days of Remembrance observance 10 to 11 a.m., May 10, at the Post Theater.

Days of Remembrance is a national commemoration of the Holocaust, the systematic and state-sponsored persecution and murder of approximately six million Jews by the Nazi regime and its collaborators before and during World War II.

The word "holocaust" is a word of Greek origin meaning "sacrifice by fire." The guest speaker is Emmy Mogilensky of Park Heights. Mogilensky escaped the Holocaust as a child when her parents put her on a train, known as the Kindertransport, for England while they stayed behind in Germany, where they were killed by the Nazis.

After reaching adulthood, she came to the United States in 1950, married an American Soldier and settled in Albany, N.Y.

Since then, Mogilensky has been an outspoken speaker on the Holocaust and has written a number of published articles on the subject.

She served on the advisory committee to the New York State Department of Education for the creation of a Holocaust Studies curriculum, which is now in every high school in the state, and she served on New York State Senator Manfred Ohrenstein's advisory committee for the Permanent Holocaust Exhibit and Research Center in Albany, which opened in January 1986.

That same year, Governor Mario Cuomo appointed her to the state Holocaust Memorial Commission.

Mogilensky moved to Baltimore in 1987 and became the program director of the Jewish Historical Society and Museum of Maryland. In 1994, Baltimore Mayor Kurt Schmoke appointed her to the Mayor's Commission on Disabilities.

She retired in 1998 and spends her time speaking, writing, and volunteering for the American Red Cross Holocaust and War Victims Search Center.

Soldiers take over classrooms at Roye-Williams

Story and photo by
KHAALID WALLS
OC&S

Thirty Soldiers, both drill sergeants and instructors, took command of several classrooms April 7 at Roye-Williams Elementary School as part of an ongoing partnership between the school and the 16th Ordnance Battalion.

The event was the brainchild of 16th Commander Lt. Col. Richard Parker, whose intent was to allow Soldiers to get hands-on experience in leading classrooms and an opportunity to interact with the students and staff.

"It was cool," said third grader Kenneth, whose class was taught by Staff Sgt. Lawrence Smith in place of third grade teacher Jennifer Spiker.

Spiker was on hand during the three-hour period as a "battle buddy" of sorts for Smith.

Smith was provided with the lesson plan that would have been covered ordinarily. The plan included taking attendance, checking the previous

night's homework, administering a spelling test, monitoring individual reading time and reading a book passage aloud to the students.

Smith said the session went very well.

"It was business as usual. They looked at me as sort of a substitute teacher in ACU [Army combat uniform]," he said jokingly.

He said his presence had deeper significance as well.

"The kids see us showing an interest in them. Who knows, we might be looking at the next general or president," he said.

Spiker believes the partnership is also beneficial for the staff. Earlier in the school year, the teachers from Roye-Williams visited the 16th Ordnance Battalion and experienced first hand a day in the life of a Soldier.

"Understanding each other helps us communicate better," Spiker said.

Nearly 85 percent of the students at the school have some sort of connection with the military, according to



Staff Sgt. Smith, 16th Ordnance Battalion, selects a student to answer a spelling question April 7 at Roye-Williams Elementary School as part of the battalion's school partnership program.

Roye-Williams Principal Sue Osborn.

"We get a chance to see how hard the Soldiers work in their careers and how hard they work in their family lives," Spiker said.

Soldiers have participated in various activities as part of the partnership throughout the academic year. To wrap up the year, Soldiers will participate in Earth Day activities in early May.

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16th Ordnance honors its own



Morale, Welfare & Recreation

Activities

Business Operations Division reservations can be made by calling 410-278-3062 /2552/5195, Monday through Friday, 8 a.m. to 4:30 p.m.

Golf

For more information on this or any other event at the Golf Course, contact Ruggles Golf Course, building 5600, 410-278-4794.

Opening day tournament

Ruggles Golf Course opening day tournament will be held April 29 with a 9 a.m. shotgun start due to the rainout on April 8. Patrons may enter as a team or individually to the Captain's Choice Format.

The entry fee ranges from \$20 to \$48 and includes greens fee, cart and range balls prior to event, food, beverage and prizes.

Register by April 26 at Ruggles Pro Shop, building 5600, 410-278-4794.

Exton Opening Day

Tournament

Exton's Opening Day Tournament will be held April 22 with an 8 a.m. shotgun start in a Captain's Choice Format.

Cost is \$15 for members and \$30 for all others. Cost includes greens fee, cart, range balls prior to start of event, food and beverage and prizes.

Patrons may enter as a team or individually.

Register through April 21 at the Exton Golf Course Pro Shop, building E-1200 block, 410-436-2213, or Ruggles Golf Course Pro Shop, build-

ing 5600 block, 410-278-4794.

Link Up 2 Golf

Link up 2 Golf is back and will be held at Ruggles and Exton Golf courses. The program is designed to welcome new and returning golfers to the game.

At Ruggles Golf Course, five consecutive classes will begin May 2, 5:30 to 7:30 on Tuesdays and May 6, 1 to 3 p.m. on Saturdays. At Exton Golf Course, class begins May 3, 5 to 7:30 p.m. on Wednesdays.

Cost is \$99 for E1 through

E5, \$119 for authorized players and \$139 for the public. Fee includes seven hours of instruction time, three hours on-course, free use of rental clubs, range balls and additional range tokens during sessions.

For more information or to sign-up, call Ruggles Golf Course at 410-278-4794, or Exton Golf Course, 410-436-2213, or call Dave Correll, 410-278-4794.

For more information on MWR activities, call 410-278-7474 or visit Web site www.apgmwr.com.

SCHOOL LIAISON

Harford County public schools prekindergarten and kindergarten guidelines

NEWS RELEASE

Harford County Public Schools, April 7, 2006

Prekindergarten

Beginning in fall 2003, prekindergarten enrollment was affected by two state and federal acts: 'No Child Left Behind' and 'Bridge To Excellence.' Based on those acts, economics became an important factor in determining prekindergarten eligibility. Other factors that qualify a child for prekindergarten are also considered. These include month of birth, speech and language status, medical history, and family background.

To be eligible for pre-kindergarten in fall 2006, a child must turn four years old by Sept. 1 (born on or between Sept. 2, 2001, and Sept. 1, 2002). Interested families may pick up an application at any Harford County elementary school. The completed application must be submitted in person to the elementary school with the pre-k program for which the parent or guardian is applying. A family may submit an application to only one pre-k site. If more than one application is submitted, the child's eligibility will be jeopardized.

The first prekindergarten application period will be held in each of the schools listed below, with the pre-k teacher available only on Friday, May 5, beginning at 9 a.m. The first pre-k application process will end 4 p.m., June 9. The second application period extends from June 12 through 8:30 a.m. on the first day of school in August. To apply and have his or her child considered for pre-k, a family member must answer all questions on the application, providing complete accurate information that can be verified. The attendance notification and parent-teacher conference form must be signed. A copy of the family's current income tax form, the child's birth certificate, and proof of residence is also required as part of the application process. The health inventory is not required until the child is accepted into the program. No application will be considered complete until all documentation is submitted. Completing the application is necessary for a child to even be considered for prekindergarten, but it does not guarantee acceptance.

Children attending a pre-k program in their school attendance area may ride the

school bus to and from pre-k. Parents of children living outside the school attendance area must provide transportation for their child if he or she is accepted. If transportation interferes with regular attendance or with a child being picked up on time, the child may not continue in the program. Harford County elementary schools with a pre-k program include: Abingdon, Bakerfield, Bel Air, Church Creek, Darlington, Dublin, Edgewood, George Lisby at Hillside, Hall's Cross Roads, Havre de Grace, Homestead-Wakefield, Joppatowne, Magnolia, Meadowvale, North Harford, Prospect Mill, Riverside, Roye-Williams, William Pace/Old Post Road, and William S. James.

The purpose of pre-k is to prepare at-risk children for kindergarten. Through a structured educational program that consists of instruction in language arts and mathematics, theme-related project work, self-directed activities in learning centers, literature and outdoor play, children acquire the work habits, academic knowledge, and social skills needed for kindergarten readiness. Pre-k operates in two half-day sessions: from 9 to 11:30 a.m. and 1 to 3:30 p.m. each day. Children must attend regularly. Parents must make the commitment to their child's early education by ensuring that their child attends regularly and by participating in two parent-teacher conferences a year.

Kindergarten

To be eligible for kindergarten in fall 2006, a child must turn five years old as of Sept. 1 (born on or between Oct. 1, 2000, and Sept. 31, 2001). Countywide kindergarten registration day is May 5.

Children may be registered on May 5 or any weekday thereafter, Monday through Friday. Documents needed for kindergarten registration are: child's birth certificate, social security, immunization record, and parents' proof of residency. It is recommended that parents contact the elementary school in their area by phone for further information before registering children.

For more information or to obtain assistance in completing the pre-k application, contact an elementary school with a pre-k site or the Office of Early Childhood, 410-588-5362.

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: IMNE-APG-PA, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The APG News is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised.

For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 2201, IMNE-APG-PA, APG, MD 21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@apg.army.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

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And special guest

June 24, 2006
7 p.m.

Aberdeen Proving Ground - Shine Sports Field

Tickets:
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Phone 410-278-4907/4621/4011
TTY 410-278-4110
email: mwr_registration@apg.army.mil
www.apgmwr.com

\$30 Advance
\$35 Day of Show









Preventing substance abuse on APG



Understanding Alcohol Withdrawal Syndrome

ASAP

Alcohol withdrawal syndrome is a set of symptoms that people have when they suddenly stop drinking after using alcohol for a long period of time.

Some people have mild shakiness and sweats. Sleep disturbances are very commonly experienced after alcohol is withdrawn from the addicted body. Hypoglycemia or low blood sugar often occurs as well with its own set of symptoms when a physically addicted person tries to quit drinking.

Some people hallucinate (hear and see things that don't exist). The worst form of withdrawal is called "DTs" (delirium tremens). DTs have the potential for being fatal if not treated by a doctor.

Withdrawal symptoms rarely occur in people who only drink once in a while. Symptoms usually occur in people who have been drinking heavily for weeks or months and then suddenly stop drinking. People who have gone through withdrawal before are more likely to have withdrawal symptoms each time they quit drinking.

Seek medical attention

Doctors need to know when their patient is going through withdrawal so he or she can make sure it doesn't lead to more serious health problems or to make sure the wrong diagnosis/treatment isn't given for the patient's condition.

If someone goes through withdrawal a number of times without getting the right treatment, their symptoms may get worse each time. So even if the withdrawal symptoms don't seem so bad, it's important to see a doctor.

This is especially true for people who have had a bad withdrawal before and people who have other health problems, such as infections, heart disease, lung disease or a history of seizures.

People who quit using other drugs (such as tobacco, injected drugs or cocaine) at the same time they stop drinking alcohol might have

severe withdrawal problems. They should see a doctor before they quit.

Severe alcohol withdrawals can be fatal or they can merely seem like a bad hangover. It takes a doctor to discern when immediate medical attention is needed.

The doctor can keep track of withdrawal symptoms so that more serious health problems don't develop.

Symptoms of mental illness may also occur along with the physical withdrawal symptoms and these will need to be addressed by a doctor as well. There are prescription medicines which can be prescribed to help alleviate withdrawals and reduce physical discomfort. He or she can also give emotional support.

Help from family, friends

The urge to drink again during withdrawal can be very strong. Some people may put themselves into dangerous situations.

After withdrawal symptoms go away, it's important for the person to join a treatment or sobriety program, such as Alcoholics Anonymous. Support from family and friends can help a person find success in one of these programs.

For more information on sobriety programs in the local area, contact Cindy Scott, ASAP prevention coordinator, at 410-278-3784, or e-mail Cynthia.Scott1@apg.army.mil, or Bill Sanchious, ASAP EAP provider at 410-278-3519, or e-mail William.sanchious@apg.army.mil, stop by the office in building 2477 and speak with a staff member, or visit the ASAP Web site www.apg-intra.apg.army.mil/apg/asap/ and click on the blue ASAP box on the right side of the APG Web page.

TRICARE eligible individuals can seek help also through Kirk U.S. Army Health Clinic. Dianne Hoffman is the clinical director at KUSAHC for APG substance abuse treatment programs and can be reached at 410-278-1737.

LEAVE DONATIONS

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and

OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). For more information, call Ronda McKinney, 410-278-8988, or e-mail rondamckinney@usag.apg.army.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

| | | |
|---|---|---------------|
| Michele Amrhein | (paranasal sinusitis, fibromyalgia condition) | Louis Winters |
| Sarah Blevins | | Billie Wooten |
| Jeanie Bowman | Lydia Langley | |
| Gerald Brown | Robyn Lee | |
| Robert Brown | Wayne Kaiser | |
| Lisa Carroll | Beverly King (caring for husband) | |
| Leroy Carter | Louis McCarter | |
| Barbara Cascio | William B. McLean | |
| Rogelio Chevannes | (kidney failure) | |
| Barbara Crossley | Sandra Miller | |
| Lola Daniels | Patricia Milwicz | |
| Shelia Davison (benign paroxysmal positional vertigo) | Mary Pettway | |
| Dawn Dean-Delbridge | William Sebra | |
| Lawrence Eaton | Barbara Seker | |
| Ashley Fisher | Cynthia Shelton | |
| Gregory Fox | Linda Shoaf | |
| Renee Gaffney | Alison Tichenor | |
| Susan Gorhan | Gary Tudor (heart valve replacement) | |
| Shirley Gross | Christine Wheaton | |
| Melanie A. Hoffman | Jerry Williams | |

POST SHORTS

Job openings at Challenge Academy

The following positions are vacant at the Freestate Challenge Academy.

A full-time contract GED classroom instructor is needed for someone with a bachelor's degree or higher. Experience working with students with a diverse background is preferred.

Military Youth Worker positions are open for those looking for a challenging job working with youth between the ages of 16 and 18 years old.

The positions are contractual with a starting hourly salary of \$11.91.

Resume must show six month's experience working with youth. Full-time and part-time positions are available.

To apply, call 410-306-1839/1845.

EEO volunteers needed

The Equal Employment Opportunity Office is looking for volunteers for the following committees: Asian American/Pacific Islander, Black, Federal Women, Hispanic, Native American/Alaskan Native and Program for People with Disabilities

For more information or to volunteer, call 410-278-1137.

Hours of operation change at Badge/ID Offices

Common Access Card serv-

ices has been extended at the Aberdeen and Edgewood Badge/ID Offices. Common Access Card services are available by appointment only for civilians and contractors. The Aberdeen and Edgewood Badge/ID Offices will be open on RDO Fridays for CAC services.

To make an appointment for CAC services at the Aberdeen Badge/ID Office, call 306-2380/2381/2383.

To make an appointment for CAC services at the Edgewood Badge/ID Office, call 436-3360/3446/3488/3459.

Other services including personnel clearing, security badges, fingerprinting and vehicle registration will be held 8:30 a.m. to 12:30 p.m. and 1 to 4 p.m., Monday through Thursday and 8:30 a.m. to 12:30 p.m. and 1 to 3 p.m., non RDO Fridays.

The Badge/ID Office will be closed for these services on RDO Fridays, with the exception of CAC services.

Blue Cross visits APG

The APG Advisory Center has made arrangements for a claim representative of the Service Benefit Plan Blue Cross/Blue Shield to visit Tuesday, May 9.

The representative will be available 9 to 11:30 a.m. in building 305, room 236, and 12:30 to 1:30 p.m. in building E-4811 (Seminar Area of Conference Center) to discuss claim problems and plan coverage.

No appointment is necessary. For more information, call Teri Wright, Civilian Personnel Advisory Center, 410-278-4331.

Boat club holds Safety Expo

The Spesutie Island Boat Club will hold a Safety Expo 9 a.m. to noon, May 20, featuring boat inspections from 9 a.m. to 3 p.m. only, a safety video, a flare display, Coast Guard and APG Fire Department representation and more. Coffee and donuts will be available.

All are welcome. For more information, call Tim Sprucebank, 410-278-5618.

KWVA chapter seeks members

Chapter 271 of the Korean Wars Veterans Association, KWVA, is looking for a few good members.

Korean War veterans or any service member who has served in Korea is encouraged to attend the monthly meetings to learn about the latest goings on in the state and federal legislatures regarding veterans' benefits, to participate in community service projects, and to enjoy the camaraderie of fellow veterans.

Group members meet at VFW Post 10028, the fourth Tuesday of each month at 7 p.m. For a membership application or more information, contact Nick Guerra, chapter president, 410-272-0458

New hours for Edgewood Health Clinic

The clinic is closed every Thursday after 1 p.m. for training. For more information, call Sgt. Erin Massey, 410-436-7466.

(Editors Note: More shorts can be seen at www.apgnews.apg.army.mil under Shorts.)

Community Notes

**SATURDAY
APRIL 22
SEVENTH ANNUAL
SUSQUEHANNA
RIVERSWEEP**

The Lower Susquehanna Heritage Greenway will sponsor its 7th Riversweep, Annual Earth Day Shoreline Clean-up, rain or shine, 10 a.m. to 1 p.m. during low tide. Volunteers will meet in any one of three locations: the Community Park in

Perryville, Marina Park in Port Deposit and Tydings Park Gazebo in Havre de Grace. Participants are urged to wear old clothes and bring gloves. Riversweep draws individuals, families and youth groups together for a day of hard work and fun. Free lunch and T-shirts will be provided to participants who register in advance. For more information or to register, call 410-457-2482, or visit www.hitourtrails.com.

EARTH DAY CELEBRATION

The Havre de Grace Maritime Museum located on 100 Lafayette Street, Havre de Grace, will hold an Earth Day Celebration, 11 a.m. to 5 p.m. Events will include a nature hunt, planting native wildflowers, making nature crafts, and learning the art of bayscaping. Folk singer Don Shappelle will perform at 3 p.m. Admission is free.

For more information, call 410-939-4800.

EARTH DAY 2006 AT FESTIVAL PARK

Celebrate Earth Day at Aberdeen Festival Park 11 a.m. to 4 p.m. Enjoy a fun, activity packed day for all ages with live music, a rock climbing wall, a "Moon Bounce," recycle games, face painting, environmental exhibits, food and more. Bring a 100 percent cotton T-shirt to Tye-Dye. Bring a blue grocery bag of packaged people or pet food to benefit those in need and get three free game tokens.

Aberdeen Festival Park is located 2 blocks from Rt. 40 and W. Belair Avenue at Howard and Franklin streets across from the library.

Rain date is April 23.

For more information or directions, call 410-297-4215.

EARTH DAY 2006 AT ABERDEEN FESTIVAL PARK

Enjoy a fun day with live music, a rock climbing wall, a "Moon Bounce", and more. Stop by the Estuary Center's booth for face painting. This event is free for all ages. It is from 11 a.m. - 4 p.m. Rain date is Sunday, April 23.

(Editors Note: More calendar events can be seen at www.apgnews.apg.army.mil under Cmty. Notes.)

See tall ships during the Volvo Ocean Race stopover

Sail Baltimore will host six visiting ships during the Volvo Ocean Race stopover at Baltimore's Inner Harbor April 22 through May 8. All ships will be open to the public for free tours at various times during their stay. The ships include the Cisne Branco, Brazilian Navy; Stad Amsterdam, Netherlands; Gazela, a three-masted barquentine from Philadelphia; Pilot Schooner Virginia, a replica of the original Virginia Pilot Schooner; Schooner Sultana, Chestertown, Md.; and Thomas Jefferson, a NOAA research vessel.

For more information on arrival and departure dates for specific ships, call Sail Baltimore at 410-522-7300 or visit www.sailbaltimore.org.

MOVIES

ADMISSION: ADULTS \$3.50, CHILDREN \$1.75

Building 3245 Aberdeen Boulevard

To verify listing, call 410-272-9008, or visit www.aafes.com and click on "Movie Listing."

THE SHAGGY DOG

Friday, April 21, 7 p.m.

Starring: Tim Allen, Robert Downey Jr., Kristin Davis, Danny Glover

This remake of the classic flick tells the story of a lawyer (Allen) who occasionally transforms into, well, a large, shaggy sheepdog. Needless to say, the spontaneous changes don't help his legal career, but they do help him learn how to be a better family man, which makes his wife (Davis) happy. (Rated PG)

AQUAMARINE (FREE ADMISSION)

Saturday, April 22, 7 p.m.

Starring: Emma Roberts, Joanna "JoJo" Levesque, Sara Paxton

After a freak storm, a sassy mermaid (Paxton) finds herself in a pool with two teenage girls (Roberts, Levesque). They become friends, and then the mermaid falls for a hunky life-guard and enlists the

girls to help her win his heart. (Rated PG)

ULTRAVIOLET

Saturday, April 22, 9 p.m.

Starring: Milla Jovovich, Cameron Bright, Nick Chinlund, Sebastien Andrieu

Set in the late 21st century, a subculture of humans have emerged who have been modified genetically by a vampire-like disease (hemophagia), giving them enhanced speed, incredible stamina and acute intelligence. As they are set apart from "normal, healthy" humans, the world is pushed to the brink of worldwide civil war aimed at the destruction of the diseased population. In the middle of this crossfire is an infected woman, Ultraviolet (Jovovich) who finds herself protecting a nine-year-old boy who has been marked for death by the human government as he is believed to be a threat to humans. (Rated PG-13)

PX grand opening displays new look

Civilian shopping area included in celebration

Story and photos by
YVONNE JOHNSON
APG News

With cake, balloons, live music and merchandise specials, the Aberdeen Proving Ground Post Exchange showed off its new and improved appearance after months of renovation during a grand opening celebration that drew hundreds to the facility April 12.

A rainbow of red, white and blue balloons greeted customers who took part in the festivities.

Many commented on the main building's wider aisles and improved lighting which gives it a much larger appearance.

"It's almost a new store now," said John Shiroky, regional manager of Consolidated Exchange services, Fort Meade.

"With new fixtures, flooring, lighting and upgraded images, it's as close to having a new store without building one from the ground up," he said adding that the new digital sign in front of the store will not only display the time and weather conditions, but also advertise special promotions or events.

He said that meeting customer needs remains the goal of the exchange services.

"Anytime we can make our services and facilities better, we will," Shiroky said. "We owe it to our customers to provide them with a com-

fortable shopping experience."

Thea Sarver, PX manager, added that improvements include a wider variety of merchandise choices as well as new seasonal items located in the store's Four Seasons shop.

"We were able to bring in a large selection of ready-to-assemble furniture, and there are good deals on lawnmowers, barbecue grills, plants and lawn furniture in our Four Seasons section, just in time for the warmer weather," Sarver said.

Shoppers took advantage of the special prices and giveaways that were offered as part of the reopening festivities.

"I like everything about the new look," said Sgt. Sophia Green as she and fellow Soldier Staff Sgt. Lisa Hunter shopped for bargains.

"It even seems [the personnel are] friendlier with new personalities," she said.

Hunter said she admired the new furniture and shoe selections as well as the cashier lanes and wider aisles.

"Now it's more in line with what you find at other installations," she said.

Entertainment for the event included live music by Jazz artist Shaakir, a native New Yorker and Berklee College of Music alumnus, who has been on a military tour entertaining troops and their families since Sept. 11, 2001.



New to the PX is ready-to-assemble furniture, center. A larger variety of plants, lawnmowers, grills, bath towels and more is now available for military ID card holders.

Concessions are for everyone

Concessionaires located in the outer mall of the PX participated in the event as well, giving away promotional samples, coupons and raffling off merchandise.

Many don't realize that these services are open to everyone, not just military ID card holders.

The Cup Gourmet Coffee Shop

Opened earlier this month, The Cup Gourmet Coffee Shop is managed by co-owners Laura Magsanen and Tracy Siler. The Cup offers gourmet coffees, espresso and cappuccino as well as pastries and wraps.

"Our coffee is the freshest you'll find anywhere," Magsanen said. "It's fresh roasted every day."

"Now this is fresh coffee," Chief Warrant Officer 3 Dan Singh agreed as he sampled their coffee and pastries.

The shop hours are 6 a.m. to 6 p.m., Monday thru Friday; 8 a.m. to 4 p.m., Saturday and 9 a.m. to 5 p.m. on Sunday.

"We're asking everyone to stop in," Siler said. "We think you'll find it's a great way to start your day."

GNC - General Nutrition Centers, Inc.

For health enthusiasts or those just looking to eat smarter, the GNC store offers a full range of vitamins, vitamin supplements, energy and weight loss enhancers as well as protein bars and cough drops.

Shelly Smith, manager, said that what puts the store above other franchises is that the GNC Gold Card discount is everyday.

"That's a big savings for everyone," Smith said.

She added that the store is popular with Soldiers and civilians.

"We have a large selection of adult and children's vitamins and multi-vitamins, and our weight loss and muscle enhancers are most popular

among the Soldiers," she said.

The store also supports Morale, Welfare and Recreation programs and donates thousands of dollars in gifts to Soldier athletes annually.

Petals & Blooms

Petals & Blooms is a full-service florist shop that uses the Teleflora service to deliver flowers nationwide. A subsidiary of the National Floral Supply of Maryland, Inc., the shop is managed by Missy Bratton and Glenda Devage.

"We are primarily here for service members but civilians can make purchases as well," Devage said. "Anyone is welcome to our services. She said that much of their sales are "spontaneous," but like any florist shop, it experiences busy periods.

"Valentines Day and Mother's Day are probably our busiest, but much of our sales come from anniversaries and birthdays," she said. "Folks don't have a lot of time for gift shopping. This makes it quick and easy." Parties, promotions and retirements are also popular as well as weddings.

"We offer a full range of bridal services as well as a discount for events taking place at Top of the Bay," she said.

The shop also delivers orders received from Soldiers deployed overseas in Iraq or Europe to local family members.

"We deliver as far north as Havre de Grace and as far south as Joppa, normally within a 15-mile radius," Devage said.

The floral designers are Johanne Wing and Tierra Bailey, a 16-year old part-time employee from the Harford Tech Floral Design Program.

Hair Salon

Roxanne Freeman manages the mall's Hair Salon, which features walk-in service for just about anything.

"We specialize in highlighting, relaxing, perm waving, cuts and styles," Freeman said.

"Anything can be done by walk in or by appointment," she said. Shelves filled with hair care products for sale adorn the shelves in the salon which consists of half a dozen sinks and reclining chairs and a tastefully decorated waiting area.

"I really like it here," Julissa Chavez, 12, said as she received an eyebrow wax removal treatment from Freeman.

The shop hours are 11 a.m. to 4 p.m. Monday thru Friday; 9 a.m. to 7 p.m. Saturday and 9 a.m. to 5 p.m. on Sunday.

Anthony's Pizza

For a fast lunch on the go, or a tasty dinner alternative, there is Anthony's Pizza. Managed by foreman Ron Howard, it offers plain and specialty pizza, whole or by the slice, a variety of Buffalo wings and salads.

Customers can eat in at one of the lobby tables or take out.

"People can also call in orders for faster service," Howard said. Sodas and Otis Spunkmeyer cookies also are available.

Anthony's Pizza hours are 10:30 a.m. to 7 p.m., Monday thru Saturday, and 10:30 a.m. to 5 p.m., Sunday.

Lone Wolf Specialty Den

Run jointly by Lone Wolf Jim and Boot Guy Ray, who has a similar establishment in building 4311, the Lone Wolf Specialty Den offers military novelty items like jackets, boots, T-shirts and accessories.

"We probably have the largest patch collections in the area," Jim said, adding that military and civilian boots, T-shirts and western wear, such as hats, boots, and boot bracelets are the store's biggest movers.

In addition, the den offers a full range of services, including custom embroidery, silk screening, military jackets, logos and novelties, flags, custom guidons, shoe/boot repair, fashion and sport clothing and FAX and copy service.

Shine Stand

For a professional look to your footwear, stop by the Shine Stop for the "shine of your life," according to operator Orié Frink.

"We specialize in boots but we do everybody," Frink said.

"He's really good, I always come back," said Spc. Anna Chica, Headquarters and Headquarters Company, 61st Ordnance Brigade, as

she sat back for her boot shining.

Also a barber with the mall's barber shop, Frink said he shines boots as time permits.

"If I can't do it on the spot they can drop them off and pick them up later," he said, adding that he has a full service buffing machine as well.

"We clean and shine but we can't repair them," he said.

The Shine Stand is open 11 a.m. to 7 p.m., Monday thru Friday.

Intermittent vendors

Frequently appearing in the PX mall, with services for everyone, military and civilian, are businesses set up by private vendors most of whom are local residents or employees.

Burrart Design

Owned by Diane Burrier, a graphic artist with the U.S. Army Environmental Center, BurrartDesign is a custom made-to-order air brush service.

Burrier said she sets up shop at the PX several times a year, usually before holidays. Her silk screen designs are 100 percent original and based on orders from clients.

"They can use the samples I have or they can bring in photos or designs they have in their heads," Burrier said.

She fills orders on a while-you-wait basis, about 20 to 30 minutes, or clients can pick them up at a later date. Her T-shirts come in children's and adult's sizes.

For more information, visit www.burrartdesign.com

The Corner Store

The Corner Store offers an assortment of jewelry and gifts. Gold and silver chains, military branch rings, cubic zirconia and diamonds, for a fraction of the price.

"All items come with a lifetime warranty," said manager Connie Anderson. "The best part about operating here is getting to know all the Soldiers," she said, noting that they are her most frequent customers. "They really like the personalized photo greeting cards and dog tags," she said.

"We also are offering grills for gold teeth which are becoming very popular," she said.

The concession is open on the 1st and 15th of every month.



Spc. Anna Chicas, Headquarters and Headquarters Company, 61st Ordnance Brigade, left, receives boot shine service from Orié Frink, right, manager of the Shine Stand in the Post Exchange foyer.



Chief Warrant Officer 3 Dan Singh enjoys a cup of coffee and pastries from The Cup Gourmet Coffee Shop during the PX open house April 12.



Artist Diane Burrier demonstrates her air brushing technique used at her kiosk located in the PX.



Proprietor Connie Anderson rearranges the ring display on the Corner Store jewelry and gift stand.



Roxanne Freeman, manager at the Hair Salon, gives Julissa Chavez an eyebrow wax treatment.



Soldiers wait in line for lunch and refreshments at Anthony's Pizza.



Lone Wolf Specialty Den



GNC



Petals & Bloom

Safety

Realizing the dangers of aerosol can storage, use

AMC

This safety alert provides information on the safe storage and use of aerosol cans.

Recently, a small flash fire occurred while a worker was emptying a trash can. Based on a preliminary investigation, aerosol cans of cleaning products were stored in the bottom of the trash can for easy access and the protective cap came off one of the cans. The weight of the garbage bag pressing on the nozzle released the contents, trapping flammable gas vapors underneath the plastic garbage bag. As the worker attempted to remove the plastic trash bag, static electricity ignited the trapped flammable gas vapors. The worker suffered a slight burn, equivalent to a mild sunburn, on his arm.

Aerosol cans are used everywhere—at the workplace and in the home.

The propellants in aerosol cans are pressurized and may contain flammable chemicals such as propane, butane, isopropane, and isobutene. These gases have the potential to cause both fires and explosions if they are sprayed or released unintentionally (due to puncture or damage) and then are exposed to an open flame, pilot light, spark, or static electricity.

Safe storage, use tips in the office

- Always read the instructions on the can and any product information accompanying the can.
- Store and use aerosol products in accordance with the label and manufacturers recommendations.
- When not in use and prior to disposal, keep the cap on the aerosol can.
- Ensure chemicals in aerosol cans are

included on the office site hazardous material inventory list.

- Ensure all employees are familiar with the hazardous material inventory list, Material Safety Data Sheets for all hazardous materials in the workplace.

- Keep aerosol cans away from heat sources and open flames, including direct sunlight (i.e. window ledges).

- Never smoke when using aerosols, they can become blow torches and cause severe burns.

- Never aim aerosol cans at any heat source such as cookers, heaters, or open fires.

- Do not leave pressurized containers (of any kind) in a vehicle where they can be exposed to sunlight or extreme heat.

- Whenever possible, completely use up the contents of an aerosol can for its intended purpose.

- Do not empty aerosol cans by discharging the contents directly to the environment.

- Do not use damaged or old cans. Dispose of properly.

Tips for home use

- Never leave aerosol cans within the reach of young children or household pets.

- Never throw aerosol cans into open fire (i.e. burning household rubbish) or onto a bonfire.

- Empty cans can be safely disposed with household trash.

- Non-empty aerosol cans might be classified as hazardous waste – check the label for information, then consult with a municipality for “special waste” collection days.



All of these items are convenient and useful, but users of aerosol products need to remember their potential dangers.

Law Day

From front page

The writers of the Constitution, the founding fathers of this country, did not want another monarchy or a potential dictatorship, so they established a government composed of separate but interconnected parts. No one part is more vital than the rest, and each requires the cooperation of the other to function.

Article I of the Constitution

gives the legislative branch (Congress) powers over the budget, including the power to raise taxes, to borrow and spend money, to declare war, and to establish and support the armed forces.

Article II defines the President's executive powers, including the power to oversee federal agencies, to nominate federal judges, to grant pardons, and to serve as the Commander in Chief of the nation's armed forces.

Article III protects the Supreme Court's judicial abili-

ty to make decisions in cases without fear of reprisal from Congress or the President. This power is known as judicial review.

The Constitution divides these powers among the three separate branches but also creates a system of checks and balances. By creating this system of checks and balances, the writers of the Constitution understood there would be conflict between the different branches of government. This very conflict would ensure that no one branch became too powerful thereby exceeding its constitutional limits.

“This year we celebrate “liberty under the law” by remembering our founding fathers and the amazing foundation of government they created for the American people,” Brady said.

Tickets are available only in advance by calling 410-278-1592 or e-mailing marie.a.joiner@us.army.mil.



Your health is KUSAHC's goal



DoD attacks rising pharmacy costs, improves quality

TRICARE Management Activity

In the first full year since the Department of Defense began implementing the Uniform Formulary process to review and classify prescription drugs, \$500 million has been saved through improved formulary and contract management.

In addition, since its deployment in 2001, the Pharmacy Data Transaction Service has avoided more than 171,000 potentially life-threatening drug interactions, according to Dr. William Winkenwerder, Jr., assistant secretary of Defense for Health Affairs.

"More than 2.1 million prescriptions are filled in the Military Health System during a typical week," Winkenwerder said. "Since we began using the Pharmacy Uniform Formulary last year, we have been able to move forward rapidly to make prudent decisions that protect our beneficiaries' health and at the same time save costs."

The Uniform Formulary, implemented in 2005, established a process that places prescription drugs into one of three cost-share tiers, based upon their relative clinical and cost effectiveness.

"These pharmacy decisions reflect our strong interest in seeing that our beneficiaries get the medications they need," Winkenwerder said. "It is our goal to ensure that the best balance of efficacy and cost effectiveness is accomplished."

The DoD Pharmacy and Therapeutics Committee meets quarterly to recommend medications for placement on the Uniform Formulary or to be non-formulary. The group is made up of physicians and phar-

macists, representatives from the military Services, the Department of Veterans Affairs and the Coast Guard. Their recommendations are vetted with a Beneficiary Advisory Panel, whose membership includes representatives of active duty families and retirees, civilian health care professionals and TRICARE contractors.

The Uniform Formulary is just one of several measures that DoD has implemented over the past five years to enhance quality and reduce costs, according to Capt. Tom McGinnis, TRICARE chief pharmaceutical officer.

"Savings have also come from DoD/VA pursuing joint contracts for our pharmacy programs. In fiscal 2007, it is estimated that we will save nearly \$200 million alone by using joint national contracts," he said.

A critical component to the success of the pharmacy program is the implementation of federal pricing.

"We currently receive federal price discounts for prescriptions dispensed through our military hospitals and clinics and our mail order program," Winkenwerder said. "We also believe that federal pricing authority extends to the pharmacy retail network. The pharmaceutical companies disagree, and an organization representing their interests has filed suit against us. This is unfortunate. We are trying to get this resolved because the financial benefits to the department and the taxpayers are considerable."

Beneficiaries are also being encouraged to use the TRICARE Mail Order Pharmacy program for their maintenance medications because they will save

money and it is convenient.

"Mail order is a win/win because it reduces the department's costs dramatically, while offering maintenance medications to our beneficiaries for reductions from what they are paying to the retailers," he said.

"The program is perfectly safe and convenient and the prescriptions are delivered directly to your home," McGinnis said.

The Department is launching a marketing campaign to encourage more TRICARE beneficiaries to use mail order. "Beneficiaries can access a registered pharmacist at any time via a toll-free number to answer any questions they have about their prescriptions," he added.

In 2001, DoD implemented, a new cutting-edge, off-the-shelf software program for physicians and pharmacists called PDTS, it has improved the quality of DoD prescription services and enhanced patient safety by reducing the likelihood of adverse drug interactions and duplicate treatments. With each new or refill prescription, a screen automatically checks the prescription against the beneficiary's complete medication history before it is dispensed. This is a transparent online activity that occurs in the background for health care providers.

"PDTS has resulted in much higher quality medical care not only for DoD beneficiaries, but for many other Americans as well," McGinnis said. "PDTS is the first data system to centralize such information and make it available through the entire community of TRICARE providers."

This initiative prompted civilian medical facilities and pharmacies nationwide to use adverse event screening software.

"For the Military Health System, it has reduced fraud and abuse, created better management reporting, saved money through the avoidance of adverse events because they cost money to treat – and most important, PDTS has increased patient safety," McGinnis said.

DoD is planning to implement other initiatives to manage costs of the pharmacy benefit so that it can be sustained into the future. In February, as part of the President's budget for 2007, the department rolled out some modest pharmacy cost share increases.

"There will be no fee changes whatsoever for the active duty service member," Winkenwerder said. "For all other beneficiaries including those aged 65 and over, there will be no pharmaceutical co-pays in military clinics and zero co-pays for mail order generic medications. However, there will be increases in retail pharmacy co-pays and higher co-pays for a few non-covered medications."

Brig. Gen. Elder Granger, deputy director of TRICARE, is proud of the DoD Pharmacy Program and its great strides.

"These health benefits our military community enjoys have been earned and are richly deserved," he said. "We are committed to sustaining this world-class health system by placing it on a sound fiscal foundation for the long-term."

For more information on the Uniform Formulary, visit TRICARE's Web site, www.tricare.osd.mil/pharmacy/unif_fm.rm.cfm.

More troops, families tapping into DoD counseling services

Story by **DONNA MILES**
American Forces Press Service

With high operational tempos and multiple deployments increasingly becoming the norm, more service members and their families are seeking counseling services, the Pentagon's family policy chief said.

The Department of Defense started expanding its array of counseling services shortly after Sept. 11, 2001, to help counter the stress military service places on service members and their families, particularly during wartime, Barbara Thompson, director of DoD's Office of Family Policy told American Forces Press Service.

The result is a vast family-assistance counseling network that emphasizes problem solving and communications skills that help individuals and families get through difficult times.

"This is a particularly challenging time for families and service members," Thompson said, noting the frequency of deployments that often separate families for 13 to 14 months at a time.

But deployments aren't the only stressful times, she said. The busy period leading up to a deployment can be almost as difficult, and the adjustment time immediately after a deployment can be the toughest of all.

The National Mental Health Association identified symptoms affected

people may experience:

- Difficulty completing tasks
- Trouble concentrating
- Fear and anxiety about the future
- Apathy and emotional numbing
- Irritability and anger
- Sadness and depression
- Feeling powerless
- Extreme hunger or lack of appetite
- Difficulty making decisions
- Crying for no apparent reason
- Headaches or stomach problems
- Difficulty sleeping
- Excessive drinking or drug use
- Feeling withdrawn

Everyone experiences stress differently, and these and other symptoms aren't unusual for people who have undergone deployments or had a loved one deploy, Thompson said.

"These are normal reactions to difficult circumstances," she said.

The goal, she said, is to address these issues before they escalate.

The National Mental Health Association recommends tips for coping during difficult times. They range from avoiding excessive exposure to news and talking with others to exercising, eating right and taking part in relaxing, soothing activities.

The group urges people who can't seem to shake these feelings to seek treatment.

Nearly every military post has a family service or support center, chaplain,

child development center or other service where families can get help, from crisis intervention to counseling, depending on their need. In many cases, non-medical counseling -- educational and outreach sessions as well as individual, group and marriage counseling - is the best medicine, Thompson said.

Services extend beyond active duty troops and their families to include two groups not always included in military programs: National Guard and reserve members not on active duty, and DoD civilian employees who have deployed overseas.

"This is a system of support as a service member and a family traverses the military lifestyle," Thompson said. "It's life coaching, problem solving and providing that extra level of support when a crisis occurs."

Educational sessions, the broadest form of counseling provided, focus on basic life skills, such as stress and anger management, communications, decision making and financial stability.

Outreach sessions are a bit more targeted, with counselors or social workers attending town hall meetings and greeting troops arriving from deployments to ensure they know counseling services are available if they need them. Counselors also present briefings before, during or after deployments and offer group coaching.

In addition, trained social workers and

counselors offer private counseling to help people who request it work through troubling issues. These issues can run the gamut, from deployment-related anxiety and family conflicts to emotional or financial difficulties.

"We realize that for many people, these issues are not in isolation," Thompson said. "They're often layered challenges that overlap. The trick is to address them as early as possible before they become bigger challenges."

Thompson emphasized that such programs augment rather than replace the military's network of unit leaders, chaplains, child development center staffs, and family support centers that have traditionally offered the first step in crisis intervention.

Troops or family members interested in these programs can get a referral from these base service providers. They can also request help directly by calling Military OneSource, toll-free from the states at 800-342-9647 or overseas at 800-3429-6477.

Thompson calls it a positive sign that several thousand service members have taken advantage of the non-medical counseling services offered and expressed hope others will follow their lead.

"We want to make sure everybody has access to this expertise," she said. "It's a way of helping families cope with the day-to-day issues that affect their lives."



Channel 21 features Pentagon Channel programming

As of April 3, the Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

Monday

ATS Reloaded, 5:30 a.m.
American Veteran, 9:30 a.m.
Army Newswatch, 11 a.m.
Inside Afghanistan/FJ Iraq, 1 p.m.
Around the Services, 5:30 p.m.
Focus on the Force, 10 p.m.

Tuesday

Around the Services, 8 a.m. and 8 p.m.
RECON, 11 a.m.
Focus on the Force, 1 p.m.
Army Newswatch, 3 p.m.
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.
Army Newswatch, 7 p.m.

Wednesday

Around the Services, 8 a.m., 8 p.m.
Army Newswatch, 9:30 a.m. and 9:30 p.m.
American Veteran, 1 p.m.
Inside Afghanistan/Freedom Journal Iraq, 2 p.m.

RECON, 3:30 p.m.
Focus on the Force, 6:30 p.m.

Thursday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 9 a.m. and 9 p.m.
Freedom Journal Iraq/Inside Afghanistan, Noon
Focus on the Force, 1 p.m.
RECON, 3:30 p.m.
American Veteran, 5 p.m.

Friday

Around the Services, 8 a.m. and 8 p.m.
Army Newswatch, 10:30 a.m.
RECON, Noon
American Veteran, 2:30 p.m.
Freedom Journal Iraq/Inside Afghanistan, 4 p.m.
Focus on the Force, 6:30 p.m.
ATS Reloaded, 7 p.m.

Saturday

Around the Services, 5:30 a.m.
Inside Afghanistan/VA News, 7:30 a.m.
American Veteran, 1:30 p.m.
Army Healthwatch, 2 p.m.
ATS Reloaded, 5:30 p.m.
Battleground, 7 p.m.

RECON, 8 p.m.

Sunday

ATS Reloaded, 5:30 a.m., 9:30 p.m.
Freedom Journal Iraq, 10:30 a.m. & 4:30 p.m.
Today's Military, 1 p.m.
Around the Service, 7:30 p.m.
Army Newswatch – Bi-weekly report on the men and women of the Army

Around the Services – From the Pentagon Channel NewsCenter, daily half-hour program featuring military news from top defense officials and the military services from around the world
RECON – A monthly information television program providing an in-depth look at a variety of topics, highlighting the accomplishments of U.S. Military men and women.

Your Corps – Monthly view of the men and women of the Marine Corps
Freedom Journal Iraq – A daily news program produced by American Forces Network Iraq. The program focuses on military missions, operations and U.S. military forces in Iraq
Navy Marine Corp News – A weekly look at the men and women of today's

sea service.

Opportunity Showcase - A monthly program dealing with a variety of subjects that benefit small business owners, transitioning military members and other subjects of opportunity-produced by the United States Air Force

The American Veteran - A half-hour video news magazine designed to inform veterans, their families and their communities about the services and benefits they have earned through their service to America and to recognize and honor that service

Battleground - Every weekend, this series features historic films from WWII, Korean War, and the Vietnam War. A Pentagon Channel Original Series

Focus on the Force – A weekly program highlighting missions, operations and people of the U.S. military.

Inside Afghanistan – Presents the latest from Operation Enduring Freedom, showing the activities of American Troops in country.

ATS Reloaded – ATS-Reloaded revisits the best of the week and keeps you updated on information that's important to you.

St. Joan of Arc School holds Career Day

Story by
LAURIE DAWSON
St. Joan of Arc School

Students at St. Joan of Arc School in Aberdeen were given a glimpse of the many career opportunities Harford County has to offer on Feb. 25 when more than 15 different professions were showcased.

A presentation and display provided by the U.S. Army under the direction of Col. John T. Wright, commander U.S. Army Garrison Aberdeen Proving Ground, was a hit with students of all grades.

"We are very proud of our military and were thrilled that Col. Wright brought such a fine display to showcase APG for our students," said coordinator Debbie Hersey. "Several students in our school currently have parents who are deployed and this display brought the work of their parents close to home."

Throughout the day, students also enjoyed a variety of displays and discussions with law enforcement officers from both APG and the city of



Photo by JIM ANDREWS
Students at St. Joan of Arc School get a first-hand look at the many job opportunities offered at Aberdeen Proving Ground from U.S. Army Garrison Commander Col. John T. Wright during a Career Day presentation Feb. 25.

Aberdeen, Adrienne Earnshaw of Long & Foster Realtors, Dr. Ellen Ciannelli with Bel Air Veterinary Clinic, Amy Daney with Elberton Hill Farm of Darlington, and Aberdeen Mayor Fred Simmons, to name a few.

"The Career Day experience at St. Joan of Arc School gave all students the opportunity to see how the lessons they learn in the classroom today will prepare them for their future in the world of work," Hersey said.

Upcoming APG Chapel events

SPIRITUALITY OF RELATIONSHIPS

Lauri Przybysz from the Baltimore Archdiocese will present a program entitled Spirituality of Relationships, 6 to 8:30 p.m., Monday, April 24, at the Aberdeen Proving Ground Main Post Chapel. Everyone--couples, singles, military, civilians are invited to attend. The presentation will focus on building a relationship with God and other people that are healthy and life-giving. There is no cost or registration required. For more information, call the APG DRE, Gerri Merkel, 410-278-2516 or e-mail gerri.merkel@apg.army.mil.

VACATION BIBLE SCHOOL 2006

APG Vacation Bible School will be 6 to 8:30 p.m., Aug. 7 through 11. More information will be forthcoming.

RELIGIOUS EDUCATION CLASSES

Classes for pre-schoolers through high school aged students for the Protestant, Gospel and Catholic Chapel communities are still in session. Registration is always open. For more information, contact the Main Post Chapel, 410-278-2516/4333.

WALK THRU THE BIBLE

The Old Testament Walk Thru the Bible program/training is scheduled for Saturday, Sept. 23, at the Main Post Chapel. More information will be forthcoming as the date draws nearer.



Maj. James Andrews, 15th Ordnance Battalion executive officer, left, hands the Army Meritorious Service Medal to Patrick Hall, the son of the late Staff Sgt. Howard Hall who was killed in an automobile accident on Aberdeen Proving Ground March 1, as Battalion Command Sgt. Maj. William Hart looks on during an informal award ceremony at the city of Aberdeen Fire Station April 7.

16th Ordnance honors its own

Story and photo by
YVONNE JOHNSON
APG News

The noncommissioned officers of the Aberdeen Proving Ground lost a respected team member when Staff Sgt. Howard Hall, an instructor-writer with Headquarters and Headquarters Company, 16th Ordnance Battalion, passed away from injuries received in a traffic accident on post March 1.

Mindful of his contributions to his fellow NCOs and to the Advanced Individual Training Soldiers he trained, commanders submitted his name for the same honor any honorably discharged NCO would receive upon leaving the service.

Led by Maj. James

McAndrews, the battalion's executive officer, and Battalion Command Sgt. Maj. William Hart, the U.S. Army Meritorious Service Medal was presented to Hall's son, Patrick Hall, a firefighter with the city of Aberdeen, during an informal ceremony at the Fire House April 7.

Hall, 20, has been with the unit for eight months.

Before the reading of the award, McAndrews told Hall that his father was a highly valued and respected NCO.

"The unit seriously misses his loss," McAndrews said. "Everyone here is here on behalf of the unit and the many Soldiers he instructed," he said of the NCOs in attendance.

"This award is the result of

the command's appreciation for his contributions to Soldiers and to the Army," Hart said, adding that posthumous awards are, "typically given to the next of kin after the Soldier's death."

"We thought that this way it would mean more to his son and his family," Hart said.

Sgt. 1st Class Armando Bustos, the late Staff Sgt. Hall's supervisor, told his son, "Your father was a good man."

"He did it all," Bustos said, noting that Hall taught NCO Academy and Warrant Officer students as well as AIT Soldiers.

"He could teach everything and I could count on him for anything," he said. "He was a good man and my section was hit very hard by his loss."

The NCOs formed a line to offer their condolences, congratulations and offers of support to Hall and his family after the ceremony. Through tear-filled eyes he thanked them for the heartfelt gesture.

"They didn't have to do this and the fact that they would take the time to do this means a lot," he said, adding that he didn't even know about the award until the day before. "I was surprised," he said. "This is a real comfort."

