

POST SHORTS

Recycling schedule



The recycling pickup for Wednesday, Feb. 23, is plastic, glass and metal. Put items in blue bags and place them on the curb.

Evening Town Hall meeting scheduled tonight

Col. John T. Wright, Garrison and deputy installation commander, will hold a Town Hall meeting for the APG community 7 p.m., tonight at the Stark Recreation Center, building E-4140.

The purpose of the meeting is to update members of the community regarding some changes in the delivery of services.

The meeting is open to all members of the community - military, civilian and family members; everyone is encouraged to attend.

For more information, call Linda Holloway, 410-306-4520.

Gospel Night this Sunday

The 32nd Annual Wilbert Davis Gospel Night will be celebrated 4 p.m., Sunday, Feb. 20 at the Aberdeen Proving Ground Post Theater. Admission is free and open to the public.

Retired Gen. Johnnie E. Wilson, former chief of Ordnance, will give welcoming remarks and Brig. Gen. Vincent E. Boles, commander, U.S. Army Ordnance Center and Schools will present awards to the winners of the command's essay and display contest.

The theme for this year's observance is "The Niagara Movement."

Guest choirs and performers include the APG Gospel Service choir; Voices of Inspiration, Helping Hands Ministries, Churchville; soloist Lisa Lyons; Sister of Elkton; 3M Connection, Aberdeen; the Jesus House Baltimore Choir, Baltimore; Sisters Singing with Anointed Voices, Aberdeen; and the Mount Zion Male Chorus, Havre de Grace.

Gospel Night began in 1973 by then Maj. Wilbert Davis. In tribute to Davis' dedication to the event, Wilson named it in his honor in 1992.

Non-ID cardholders must access APG through the Maryland Boulevard gate, Route 715. Valid photo ID is required for those ages 16 and older.

For more information,

See SHORTS, page 4

APG Soldiers twist the night away



Photo by MEGHAN BOWEN

Soldiers from the 16th Ordnance Battalion, from left, Pvs. Steve Fabre and Charles Olivencia, dance with Cornell Gunter's Coasters at the Stand Up America show at the Aberdeen Proving Ground Post Theater Feb. 9 after being invited up during the song, 'Twisting the Night Away.' See story and more photos on pages 6 and 7.

The future of Army training is now

Meggan Kring

Step through the Army's portal to promotion points and better pay.

Imagine being able to go on-line to select a course that's needed for promotion points or an upcoming deployment without ever leaving the duty station or home.

Now Soldier's can register for and take the course, and have the results put in their training and personnel record for credit accountability and, for enlisted personnel, for promotion points. The promotion points, of course, lead to better pay.

Soldiers don't have to imagine being able to do this or wait for this to happen in the future because . . . the future is now. The Army is embarking on a course of action that will revolutionize Army training. The Distributed Learning System, or DLS, is breaking new ground by bringing training to the Soldier whenever and wherever needed.

"It is critical that we upgrade the skills of our Soldiers . . . but sometimes it is hard to work on education because of [Soldiers'] irregular schedules, deployments, reassignments and family commitments. Distance learning knocks down all those barriers," according to a former Secretary of the Army.

DLS is the infrastructure that delivers distributed learning, providing the Soldier self-development, unit and mission-critical training to support both synchronous training (where the instructor and student interact while linked via videoconferencing, teleconferencing or the Internet) and asynchronous training (where the instructor and student interact via e-mail and the Internet). Distributed learning instruction may not even require an instructor's presence. It can involve several types of media, and emphasizes the use of reusable content, networks and learning management systems.

"One of the things that's important to the Army leadership from the Chief of Staff on down, whether it's the officer or the NCO chain, is Soldiers being able to reach out and touch training . . . that's the bottom line message," said Col. Sharon L. Holmes. Holmes is

the project manager for DLS, which consists of five components including Digital Training Facilities, the Army Learning Management System, Army e-Learning, an Enterprise Management Center, and the development of the Deployed Digital Training Campus.

PMO DLS and TRADOC TPIO are the team that is changing the face of training through the use of distributed learning which provides high quality, standardized web-based courseware at the right place and right time for the Soldier. Soldiers can take advantage of the DLS DTFs which were developed to provide Soldiers a place to access Web-based, job-related and self-development courses away from the work place and distractions of home.

DLS, under the direction of Holmes, has successfully fielded 274 fully operational DTFs worldwide.

TRADOC oversees the development of Military Occupational Specialty Qualification courseware and is an integral part of the Army team fielding the Army LMS. Together they have witnessed a positive impact on the individual Soldier and unit readiness.

DLS is currently fielding the new Army LMS. This technology provides 24/7 access to distributed learning courseware and collaboration with other students and instructors. From the office, home or DTF, Soldiers will be able to meet their training needs, including access to: content, course catalogs and schedules, collaborative resources and training history.

The combined capabilities of the DTFs and the Army LMS will make training coordination more efficient, delivery more flexible, and provide Soldiers the ability to track their own training history.

"The Army LMS has the potential to touch every Soldier and civilian in the U.S. Army," Holmes said.

Distributed learning affords the Soldier many benefits, including increased training

See ARMY TRAINING, page 2

New NSPS regulations available for review

CPAC

The Department of Defense and the Office of Personnel Management are issuing proposed regulations to establish the National Security Personnel system, NSPS, a new human resources management system for civilian employees in DoD.

The proposal offers new rules and processes for pay classification, performance management, hiring, reduction in force, disciplinary matters and labor-management relations.

The regulations were published in the Federal Register Feb. 14 and are available for

public review and comment for a 30-day period.

DoD employees are encouraged to review the proposed regulations and comment if desired. Comments should be submitted through the DoD NSPS Web site at www.cpms.osd.mil/NSPS.

Aberdeen Proving Ground employees are slated to enter the NSPS in Spiral 2, currently projected for January 2007.

About NSPS

NSPS will modernize a 50-year old, outdated civil service system. It will allow the DoD to attract, recruit, retain, compensate, reward, and manage

See NSPS, page 2

Tip of the Week includes energy tips

Yvonne Johnson
APG News

The APG News is including energy tips in its Tip of the Week box, space permitting.

The tips will focus on conserving resources in accordance with the October 2004 memorandum from acting Secretary of the Army, R.L. Brownlee, encouraging Army personnel to become better stewards of energy use.

"As the largest Department of Defense energy consumer, the Army must be the leader in energy efficiency, water conservation, and the use of renewable energy products and emerging technologies," Brownlee said.

This week's tip deals with infiltration, heat lost or gained due to outside air entering a building through cracks around windows, doors and through the outside shell of the structure. Infiltration is a major contributor to unnecessary heating and cooling costs and energy losses.

During the heating season, infiltration contributes to heat loss because cold infiltrated air displaces warm air and must be heated to maintain desired conditions. During the cooling season, infiltration contributes to heat gain because the warmer infiltrated air must be cooled and dehumidified.

The energy tip of the week suggestions will help reduce infiltration problems.

See this week's Tip of the Week on page 4.

Last mustard agent container is removed from CASY for destruction

CMA

The Edgewood Chemical Activity, with support from the 22nd Chemical Battalion (Technical Escort), removed the last container of mustard agent from Aberdeen's Chemical Agent Storage Yard Feb 2. The container was taken to the Aberdeen Chemical Agent Disposal Facility for agent destruction.

This marks the end of 61 years of bulk mustard agent storage at Aberdeen Proving Ground, and makes APG the first of eight U.S. Army stockpile sites in the continental United States to empty its stockpile storage area, eliminating the risk the stored agent posed to surrounding communities during the past six decades.

With the removal of the last

ton container, ABCDF enters the final phase of its mission of completely destroying the APG stockpile.

Teamwork was essential to reach this important milestone, according to Edgewood Chemical Activity/ABCDF Commander Lt. Col. Gerald Gladney.

"The ECA and 22nd Chemical Battalion worked hand-in-glove to make sure that the destruction of the stockpile was never delayed by the availability of ton containers," Gladney said. "Members of both teams came in weekdays and weekends, and worked in all weather to keep pace with ABCDF as the containers were drained and the agent destroyed."

"I am proud of the contributions that both civilians and

See AGENT, page 2



A ton container specialist, left, demonstrates how the containers that store mustard agent are drained at the Aberdeen Chemical Agent Disposal Facility, located at the Edgewood Area of Aberdeen Proving Ground, as an assistant ton container operator looks on during neutralization operations that began in May 2003.

U.S. Army photo

ISSUE HIGHLIGHTS

Page 2

Applying for federal jobs

Page 3

Quilter continues patriotic passion

Page 5

Community Notes

Pages 6-7

MWR concert shakes up APG

Page 11

MWR

Applying for federal employment

CPAC

Applying for a federal job can be confusing and complex because of all of the unfamiliar terminology and acronyms.

Job Information Center

To discover just how easy it is to apply for a federal job, a Job Information Center is located in building 2754 on APG.

The computer lab is equipped with step-by-step instruction guides to assist users in performing on-line searches for job openings, preparing a resume, transmitting an application, as well as checking the status of applications previously submitted.

The center is open 8 a.m. to 4:30 p.m., Monday through Friday.

The process

When managers want to fill a position they choose whether they want to select from an internal or external applicant pool.

Internal means the applicants currently work for the federal government on a permanent competitive appointment, or they have some other type of appointment eligibility. External means they have never worked for the federal government on a permanent competitive appointment, and they have no appointment eligibility.

When a vacancy occurs, Human Resources offices publish a vacancy announcement which is available to the public. Internal applicants are recruited through a merit promotion announcement. External applicants are generally recruited through a Delegated Examining Authority vacancy announcement. Vacancy announcements always specify who may apply in the "Area of Consideration" section. To view announcements, visit <http://acpol.army.mil/> or <http://www.usajobs.opm.gov>. See employment categories below.



Photo by YVONNE JOHNSON
Spc. Chris Montoyo of Headquarters Support Troop uses the self-help guide to search for employment opportunities at the Army Community Service Job Information Center in building 2754.

Employment categories for federal employment at APG

In-service, Army Eligible: A permanent Department of the Army civilian. A permanent DA employee can apply to any DA vacancy announcement.

30 Percent Disabled Veteran: Prior military service members with a disability rating of 30 percent or more. No time limit. Eligible to apply for job announcements open to external candidates.

Veteran Recruitment Authority Eligible: Includes disabled veterans; or veterans who have been awarded a campaign badge, Armed Forces Expeditionary Medal or Armed Forces Service Medal; or recently separated veterans. Recently separated veterans are defined as those who have separated from active service within the last three years. There is no length of service requirement. Authority is limited to positions at or below the GS-11 or equivalent level.

Veterans Employment Opportunities Act of 1998 (P.L.105-339): To be eligible for this type of appointment, applicant must be a preference eligible or veteran separated after substantially completing three or more years of continuous active service performed under honorable conditions. ("Active service: defined in title 37, U.S. Code active duty in the uniformed services and includes full-time training duty, annual training duty, National Guard duty, and attendance, while in the active service, at a school designated as a service school by law or by the Secretary concerned. A veteran who is released under honorable conditions shortly before completing a three-

year tour is also eligible.")

Executive Order 12721 Eligible: Worked as an appropriated fund federal employee overseas while a family member of a civilian employee, NAF employee, or uniformed service member serving overseas. Must have accumulated 52 weeks creditable service, received a fully successful or better performance rating, and returned to the United States from the overseas tour of duty and met time requirements.

Transfer Eligible: Current permanent, competitive service, non-DA federal civilian employee.

Reinstatement Eligible: Former federal employee who attained career status on a permanent, competitive federal appointment; or career-conditional with reinstatement eligibility. A former competitive service tenure group 1 federal employee; a former competitive service career-conditional tenure group 2 federal employee who has less than a three-year break in service; a current DCIPS civilian employee serving on a permanent appointment and applying for permanent non-DCIPS position who does not meet the eligibility requirements under the DCIPS interchange agreement but who is a former competitive service tenure 1 or 2 federal employee; or a former competitive service career-conditional tenure group 2 federal employee who is entitled to veterans preference.

Interagency Career Transition Assistance Plan Eligible: Current or former employees displaced from non-DOD agencies

and are well qualified for the position.

Severely Disabled: Applicant has a severe physical or mental impairment certified by a state vocational rehab service that limits one or more major life activities.

In-service DCIPS Eligible: A current Defense Civilian Intelligence Personnel System civilian employee serving on a permanent appointment and applying for DCIPS positions.

DCIPS/CIPMS Interchange Agreement Eligible: Currently serving on a DCIPS appointment without time limitation or has been involuntarily separated from such appointment without personal cause within the preceding year. Must be or have been serving continuously for at least 1 year in a DCIPS position. May be appointed only to permanent positions based on this authority.

NAF Interchange Agreement Eligible: Currently serving on a NAFI or AAFES position without time limitation or has been involuntarily separated from such appointment without personal cause within preceding year. Must be or have been serving continuously for at least 1 year in a NAFI or AAFES position. May be appointed only to permanent positions based on this authority.

Other Interchange Agreement: A person currently employed in another U.S. federal service position covered by an existing interchange agreement with the Office of Personnel Management, such as TVA.

Outstanding Scholar: U.S. citizen college graduate with a GPA of 3.45 or higher on a 4.0

scale for all under-graduate work or have graduated in upper 10 percent of class or major university subdivision.

Reemployed Annuitant: A former federal employee who has retired under either the Civil Service Retirement System or Federal Employees Retirement System.

Student Employment: A U.S. student enrolled or accepted for enrollment as a degree seeking student, taking at least a half-time academic or vocational/technical course load in an accredited high, technical, vocational school, or a 2- or 4-year college or university, graduate/professional school, and meets state's minimum employment age for minors and is either a U.S. citizen or permanent resident of the United States or otherwise authorized to be employed.

Summer Employment: U.S. citizens interested in summer employment only. These positions are primarily recreation aide jobs that are announced and filled through our Nonappropriated Fund Branch at <http://www.apg.army.mil/epac/html/NAF-jobs.html>.

Job announcements open to external applicants are recruited through Delegated Examining Authority and include: All U.S. citizens and nationals with allegiance to the United States. Only a U.S. citizen (including citizens of Guam, Northern Mariana Islands including Siapan, Rota, Tinian; Puerto Rico; and the Virgin Islands of the United States, including St. Croix, St. Thomas, and St. John) may be appointed.

NSPS

From front page

employees with a focus on performance, flexibility, and accountability.

Frequently asked questions

1. Will all employees be affected by NSPS initially?

The labor relations provisions will be implemented across the Department to those employees currently covered by Title 5 labor relations once DoD and OPM complete the formal collaboration process with the unions, formally notifies Congress, and finalizes the regulations.

2. Will NSPS eliminate within-grade step increases and the annual General Schedule pay increase?

Under NSPS, pay increases will be based primarily on performance and/or contribution, and unacceptable performers will not be eligible for pay increases. In a pay banding system, there are no "steps" similar to the GS system. Pay increases and/or performance bonuses are based on the employee's performance rating.

3. How will supervisors be accountable for exercising their responsibilities under NSPS?

The flexibilities proposed in the NSPS regulations bring with them an increased need for accountability. This includes employee accountability for performances, as well as supervisory and managerial accountability for the proper exercise of the authorities in NSPS. Extensive

training will be given to supervisors and managers, with a focus on improving skills needed for effective performance management. They will also be subject to the pay and performance provisions of the system and their pay will be affected by how well they perform their duties.

4. Will NSPS do away with bargaining units and employee unions?

No. The proposed NSPS regulations do not affect the right of employees to participate in labor organizations and bargain collectively. The implementation of the NSPS labor relations system will not eliminate unions or bargaining units.

For more information, visit the Web site <http://www.cpms.osd.mil/nsps>.

Awareness may lower cancer risks in blacks

Michael E. Dukes

Walter Reed Army Medical Center

In addition to an increased risk of heart disease, diabetes, eye diseases and in some cases obesity, researchers are discovering blacks may be at an increased risk for certain types of cancer.

Col. Judd W. Moul, director of the Department of Defense Center for Prostate Disease Research at Walter Reed Army Medical Center and the Uniformed Services University of the Health Sciences, has been studying racial differences in prostate cancer within the military health-care system. His research has war-

ranted a change in the way black men are screened for prostate cancer. In a recent research paper he wrote, "It has been widely recognized that there are observed differences in prostate cancers in white and black men."

"In 1995, we were the first to show that black men with newly diagnosed prostate cancer had higher (prostate specific antigen) values than white men even after adjustment for age at diagnosis and grade and clinical stages of cancer," Moul wrote.

His study also discovered, "Black men had significantly greater cancer volumes." He found

See **CANCER**, page 12

Army training

From front page

flexibility and opportunities, and less time away from their duty station and family. Benefits also include improved training coordina-

tion and information access for the Soldiers, leaders, training officers and NCOs in determining training requirements as well as training status.

"DLS provides ... the ability to distribute standardized training to individual Soldiers and units through the application of information technolo-

gy," Holmes said. "Through DLS, your future is now."

For more information or for the nearest Digital Training Facility, visit DLS at www.dls.army.mil, or contact the DTF manager on Aberdeen Proving Ground at 410-278-7024, building 4117, room 1.

Agent

From front page

Soldiers of the 22nd Chemical Battalion (Technical Escort) have made in reaching this important accomplishment," said 22nd Chemical Battalion (Technical Escort) Commander Lt. Col. Franz J. Amann. "In support of ECA, these men and women played a critical role in the movement of the ton containers to the disposal facility, and in providing continuous storage and monitoring support to the CASY. Throughout the operation, all personnel remained committed to the safety of our community and environment," he added.

ABCDF is a pilot plant using a new technology to neutralize mustard agent by blending it with hot water and sodium hydroxide. Emptied containers from the stockpile will be processed through a second ABCDF pilot plant, the Ton Container Cleanout facility, in which each container is triple rinsed using high-pressure water spray. Containers are then cut in half, are decontaminated and are monitored before recycling.

The first ton container was removed from CASY in April 2003 when ABCDF began operations. Since then, ECA has managed the safe movement of 1,817 ton containers containing 1,623 tons of mustard agent.

Destruction of the bulk chemical agent and the remaining munitions in the remaining U.S. Army stockpiles is

required under the international 1997 Chemical Weapons Convention treaty and Congressional mandate.

To date, the Army has safely destroyed more than 33 percent of the nation's stored chemical agent. Other sites currently destroying stockpiles include Tooele Chemical Agent Disposal Facility in Utah, which has destroyed more than 50 percent of its chemical agent; Anniston Chemical Agent Disposal Facility, Ala.; and Umatilla Chemical Agent Disposal Facility, Ore. Two other sites, the Pine Bluff Chemical Agent Disposal Facility, Ark.; and the Newport Chemical Agent Disposal Facility, Ind., are anticipated to begin destruction operations this year.

More information on these stockpile sites and the U.S. Army's chemical demilitarization program can be found at www.cma.army.mil.



Photo courtesy of ABCDF
Control room operators monitor neutralization operations at the Aberdeen Chemical Agent Disposal Facility.

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM-P, APG, MD 21005-5001, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The APG News is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised.

For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 2201, AMSSB-GIM-P, APG, MD 21005-5001; call the editor at 410-278-1150, DSN 298-1150; send a fax to 410-278-2570; or send e-mail to editor@apg.army.mil. Deadline for copy is Thursday at noon for the following Thursday's paper.

Staff

APG Commander Brig. Gen. Roger A. Nadeau
Public Affairs Officer George P. Mercer
Editor Debi Horne
Editorial Assistant Marguerite Towson
Contract Photojournalists Yvonne Johnson
..... Meghan Bowen
Graphic Designer/Web Designer Blake Voshell
Web site www.apgnews.apg.army.mil

Golding continues patriotic quilt making

Story and photos by
Yvonne Johnson
APG News

she plans to offer to have it displayed in the Pentagon.

"They have been displaying a lot of quilts since 9-11," Golding said. "I think it would be nice to have them display this one also."

Golding designed the WTC towers, Pentagon, Washington Monument, and stained glass window appliques then added her choice of fabric to the flag, stars and continental rose patterns that fill out the rest of the quilt.

She said she plans to continue creating quilts, which take 1 to 2 years to complete, with similar themes, perhaps even more based on 9-11, for family and friends.

"I haven't decided on a name for this one just yet, she said, but I'll probably call it September 11, 2001."

Golding's other hobbies include painting with water colors, making banners for her church and volunteering at Union Hospital in Elkton.

Still struck by the magnitude of 9-11, the Directorate of Safety, Health and Environment's Ruth Golding, continues to create patriotic quilts in memory of the victims of the terrorist attacks.

An environmental engineer and Aberdeen Proving Ground employee for 11 years, Golding has been quilting since age 14.

In 2003 she created a quilt dedicated to the survivors of the Sept. 11, 2001, terrorist attack on the Pentagon.

She recently completed her second Sept. 11 creation, a queen-sized quilt featuring depictions of the World Trade Center, the Pentagon, and hand-stitched excerpts from the Declaration of Independence, the Gettysburg Address and the book of Psalms. Golding said she might enter the colorful quilt in the Maryland State Fair, and

Ruth Golding, an environmental engineer with the Directorate of Safety, Health and Environment, displays the queen-sized quilt she created in memory of the Sept. 11, 2001, terrorist attacks.



This colorful star is one of more than one dozen of various sizes Golding included on her quilt.



A depiction of a smoldering Pentagon decorates the left side of the Golding quilt.

Flames roar from the damaged World Trade Center towers in this depiction on Golding's second 9-11 quilt.

POST SHORTS

contact Master Sgt. Arbel Connor at 410-278-2529 or Sgt. 1st Class Peggy McCormick at 410-278-9140.

Desert Storm reunion

The VII Corps Desert

Storm Veterans Association will hold its 14th Annual Memorial Ceremony and Reunion Dinner Feb. 26 at Fort Myer, Va.

Opening the event will be a service at the Fort Myer Memorial Chapel at p.m., fol-

lowed by a Jayhawk Time social hour, at 6:30, and dinner, 7:30 p.m. at the Fort Myer Officers' Club.

The cost is \$50. Dress is civilian informal.

Make checks payable to "VII Corps Desert Storm Veterans Association," and mail to VII Corps DSV (Attn: Dinner), 2425 Wilson Boulevard, Arlington, Va., 22201, before Feb. 18.

For more information, contact Hoa McNabb at 800-506-2672 or 703-522-7901, or e-mail: VIICorpsDSVA@aol.com.

APG Community Information Forum scheduled

The Aberdeen Proving Ground Community Information Forum will be held 1 to 3 p.m., Feb. 24, at the Aberdeen Area Recreation Center, building 3326.

All military, civilian personnel, retirees and their family members are invited to get acquainted with the military and civilian community at APG.

Representatives of support agencies/organizations will be present to discuss their activities.

For more information, call Marilyn Howard, Army Community Service, 410-278-9669.

Construction closes parts of School Road

Weather permitting, portions of School Road in APG's Aberdeen Area will be closed for approximately one more week for construction of a new water line near the entrance to building 5114.

The road closure will coincide with the progress of the construction.

The first closure will be the part of School Road between Pistol and Convoy roads, that is, between building 5112 and

Convoy Road.

When that segment of work is complete, School Road will then be closed between Convoy Road and the entrance to building 5114.

During construction along School Road, all traffic will be required to use Bel Air Street. Motorists and equipment operators are requested to avoid the area of construction and to obey traffic controls.

For more information, call Garrison Directorate of Installation Operations' Jerry Norris, 410-306-1159, or Gil Lookingland, 410-306-1165.

Flu vaccine for military eligible beneficiaries

Kirk U.S. Army Health Clinic is encouraging all military eligible beneficiaries to get protected by getting a flu shot.

Eligible health care beneficiaries include those who are active duty or retirees and their eligible family members.

The Kirk Immunization Clinic at Aberdeen is open Monday through Friday, 7:30 a.m. to noon, closed each day for lunch noon to 1 p.m. and reopens Monday, Tuesday, Wednesday and Friday 1 to 4 p.m.

On Thursday afternoon, the hours are 2 p.m. to 4 p.m.

For more information or updates, call the Flu Vaccine Hotline at 410-305-FLUV (4-3588).

Experience the Civil Air Patrol at APG

The Civil Air Patrol is an auxiliary division of the U.S. Air Force open for enrollment to both male and female children between the ages of 12 and 18.

The CAP offers three missions as a cadet, aerospace education and emergency services student. Meetings are held 7 p.m. every Monday in building 5443.

For more information, contact Lt. Phillip Szczepanski, 410-803-9737 or e-mail: info@harfordcap.org.

Scheduling TRICARE informational briefings, forums

Units or groups that would like to schedule TRICARE briefings should contact Nannetta Hicks, TRICARE community representative, via e-mail at nanetta.l.hicks@us.army.mil, or at the Kirk U.S. Army Health Clinic, Room A08.

FWP holds training conference

The Aberdeen Proving Ground Federal Women's Program will observe Women's History Month by hosting their 15th Annual Training Conference at the Edgewood

Conference Center and the Edgewood Gunpowder Club, 8 a.m. to 4 p.m., March 2.

The training is open to all military and civilian employees, but a supervisor's permission is required prior to registering.

Register at <http://apg-intra.apg.army.mil/apg/fwp/fwp.htm>. Problems with registering should be reported to Charlotte Albro, 410-436-4611 or Sheryl Coleman, 410-278-5964.

MCSC offers half-year membership

The Military and Civilian Spouses' Club is offering half-year membership for \$7.50.

For more information, call Sarah Novak, 410-297-8158.

Membership is open to any spouse of military or civilian associated with Aberdeen Proving Ground.



TIPS of the week

Make sure all doors and windows remain closed during the heating and cooling seasons.

Use signs to remind others to keep doors and windows closed.

Periodically check weather-stripping and caulking. Submit a work order for any that is old, cracked or peeling.

Keep the doors to unheated rooms or areas closed.

Inspect for air leakage in and around electrical outlets. Use rubber inserts to seal leaky outlets.

Submit work orders immediately for cracked or missing windows.

Cover window air conditioners and close vents during the heating season or have them removed whenever possible.

Report drafty buildings to the Installation Energy Manager at 410-306-1151.

Community Notes

**SUNDAY
FEBRUARY 20
WOMEN'S DAY PRO-
GRAM**

The Women of St. James A.M.E. Church, 615 Green Street, Havre de Grace, will host an afternoon program at 3:30 p.m. The Rev. Jeremiah G. Williams, Metropolitan United Methodist Church, Baltimore, will be the guest minister.

The program will benefit the church's 97th Annual

Woman's Day program scheduled for March 13.

For more information, call 410-939-2267.

**MONDAY
FEBRUARY 22
GUNPOWDER TOAST-
MASTERS**

Due to the President's Day holiday falling on the third Monday of February, the Gunpowder Toastmasters Club 2562 will meet 11:40 a.m. the following Monday at the Gunpowder Club

Conference Facility, building E-4650.

The daytime club meets on the first and third Monday of the month and offers an opportunity for people to improve communication, leadership and listening skills and leadership potential and to overcome the fear of public speaking.

For more information, call 410-734-6573 or 410-322-7748.

**SATURDAY
FEBRUARY 26
MCSC WOMEN'S
CONFERENCE**

The Military and Civilian Spouses' Club will sponsor a Women's Conference, 9 a.m. to 3 p.m., at the Gunpowder Club in the Edgewood Area.

The Women's Conference is a series of workshops designed to uplift, enlighten, motivate and strengthen women in their various roles as women, mothers, wives, and invaluable contributors to their workplace and local communities. The conference is for all women, including military wives and female Soldiers, women who work or live at Aberdeen Proving Ground or in the surrounding communities. Membership in the MCSC is not required. Speakers include Marianne Banister, WBAL-TV News anchorwoman; Diane Finlayson, WYPR-FM radio personality; and Nancy Jacobs, Maryland State Senator for District 34.

Cost is \$12 per person; registration is limited and is on a first-come, first-served basis. The deadline for registration is Feb. 23. No children are allowed (including infants) and no childcare will be available. You may not register the day of the conference. Registration forms are available at the APG Thrift Shop and the Army Community Service, building 2754, or visit www.apgmc-sc.org.

For more information call Moira Kearney, 410-836-5937.

**WEDNESDAY
MARCH 2
WOMEN'S HISTORY
MONTH**

March is Women's History Month. The theme for 2005 is "Women Changing America." The Aberdeen Proving Ground Federal Women's Program will observe Women's History Month by

hosting its 15th Annual Training Conference at the Edgewood Conference Center and the Edgewood Gunpowder Club. The training is open to all military and civilian employees.

Attendees must have the permission of their supervisor prior to registration.

For more information or to register, visit Web site <http://apg-intra.apg.army.mil/apg/fwp/fwp.htm>. If there are problems with registration, call Charlotte Albro, 410-436-54611 or Sheryl Coleman 410-278-5964.

**SATURDAY
MARCH 5
BASKET BINGO**

Basket Bingo to benefit USNTC Bainbridge Historical Association will be held at VFW Post 8185, Route 222,

Port Deposit. Doors open 6 p.m. Tickets cost \$10 person for all paper cards. Food, beverage and baked goods will be available

For more information or to purchase tickets, call Anne Gibson, 410-378-3338 or Brenda Conjour, 410-273-7332.

**SUNDAY
MARCH 13
WOMEN'S DAY CELE-
BRATION**

The women of St. James A.M.E. Church, 615 Green Street, Havre de Grace, are celebrating their 97th Annual Woman's Day.

Rev. Laverne Steele, Grace A.M.E., Catonsville, will be the guest speaker at the 11 a.m. service. A musical program is planned for the 4 p.m. service. For more information, call 410-939-2267.



Channel 21 features Pentagon channel programming

The Pentagon Channel will feature the following programs on Channel 21. These programs are subject to change each week and will be updated accordingly.

Monday

Army Health Watch, 2 a.m. and 3 p.m.
Air Force TV News, 8 a.m. and 8 p.m.
Studio Five, 9 a.m., 3:30 and 9 p.m.
Army Newswatch, 11 a.m. and 3 p.m.

Tuesday

Around the Services, 5:30 and 8 a.m., noon, 5:30 and 8 p.m.
Air Force TV News, 10:30 a.m.
Studio Five, 11 a.m. and 4 p.m.
Army Newswatch, 12:30 and 7 p.m.

Wednesday

Around the Services, 5:30 and 8 a.m., noon, 5:30 and 8 p.m.
Studio Five, 9 a.m., 3 and 9 p.m.
Army Newswatch, 9:30 a.m., 4 p.m.
Your Corps, 5 p.m.

Thursday

Around the Services, 5:30 and 8 a.m., noon, 5:30 p.m.
Studio Five, 7 a.m., 2 and 7 p.m.
Air Force TV News, 9 a.m. and 9 p.m.
Navy/Marine Corps News, 11 a.m. and 3 p.m.

Friday

Around the Services, 5:30 and 8 a.m., noon, 5:30 and 8 p.m.
Studio Five, 7 and 11 a.m. and 7 p.m.

Army Newswatch, 3 p.m.
Army Football, 4 p.m.

Saturday

Army Football, 4 a.m.
Around the Services, 5:30 p.m.
Army Newswatch, 7:30 a.m. and 5:30 p.m.
Air Force TV News, 3 p.m.
Your Corps, 1:30 p.m.
Studio Five, 8 p.m.

Sunday

Army Newswatch, 5:30 a.m. and 4:30 p.m.
Navy/Marine Corps News, 10:30 a.m. and 3 p.m.
Your Corps, 11 a.m.
Air Force TV News, noon
Army Healthwatch, 2 p.m.

Air Force TV News - Bi-weekly TV magazine on the men and women of the Air Force.

Army Health Watch - Health issues concerning military personnel.

Army Newswatch - Bi-weekly report on the men and women of the Army

Around the Services - From the Pentagon Channel NewsCenter, daily half-hour program featuring military news from top defense officials and the military services from around the world

Studio Five - A conversation with the military: Weekly interviews of Defense Department about today's top issues

Your Corps - Monthly view of the men and women of the Marine Corps

MOVIES

**ADMISSION: ADULTS \$3.50, CHILDREN \$1.75
Building 3245 Aberdeen Boulevard
To verify listing, call 410-272-7520.**

**NO MOVIES DUE TO THE WILBERT DAVIS
GOSPEL NIGHT SHOW ON FEB. 19.**

Stand up America show shakes up APG



Meghan Bowen
APG News

Soldiers danced in unison, civilians twisted in the aisles and the Aberdeen Proving Ground Theater became the home of rock 'n' roll music for one night at the Stand Up America Show on Feb. 9.

"Every place we go is our neighborhood; every theater is our living room," said Dave Revels of Cornell Gunter's Coasters. "So tonight we're having a house party."

Revels thanked APG's Morale Welfare and Recreation staff, especially Earlene Allen, MWR special events coordinator, and retired Lt. Gen. Jack Woodall for helping to make the show a reality.

Then the blue coated Coasters opened the show with the song, 'Twisting the Night Away,' which brought Soldiers to their feet twisting in the aisles.

One Coaster selected audience member Betty Bond to sing a song with them on stage.

"It felt good to be up there," Bond said. "The music reminds me of old times."

Bond sang the 'Lucy Brown' version of the 'Charlie Brown' classic.

The Coasters dedicated the next song to the Soldiers and APG.

"We want to dedicate this song to all of the troops and everyone at Aberdeen Proving Ground," said Revels as they began singing the Otis Redding classic 'Sitting On the Dock of the Bay.'

The Coasters sat on the edge of the stage swinging their legs whistling the melody and encouraging the audience to whistle along with the song.

The band added a bit of comedy to the performance as well.

"How many people think 'acapella' is a small town in Mexico?" asked one Coaster to the audience. "Oh we got one."

The Coasters also sang 'Elvira,' 'It's all right' and 'Loving You'.

Then they introduced the next act.

"Please welcome the divas of rock, rhythm, blues and soul, the marvelous Marvelettes," Revels said.

"Hooah," the crowd shouted.

The Marvelettes took the stage in deep wine colored sequined gowns and began by singing the song, 'Heatwave.'

Then the 'marvelous' trio featured one of their 1962 hits 'Beechwood 4-5789'.

"If you want a date, you're gonna have to remember this number," the Marvelettes said. They pointed out to one audience member and said "Oh, he's gonna go write it down."

During the song 'Playboy' one Soldier, Pfc. Jeremiah Rutledge, Company B, 16th Ordnance Battalion, walked up to the stage and held hands with one Marvelette, who walked him across the front of the stage.

The Marvelettes reached out to another Soldier in the audience for another song. "You know there's just too many fish in the sea," bantered one Marvelette as she selected a Soldier to portray Bill for the song 'Don't Mess with Bill.'

On stage, the singers vied for Bill's affections. "Well you know where I was last night," said the first Marvelette. "I was with Bill."

"Well Bill gave me a ring from QVC the other night," said the second Marvelette.

The Marvelettes also sang 'Loving You Forever,' 'Young and in Love' and 'Be My Baby.'

Then, Beary Hobbs Drifters marched onto stage dressed in red blazers and greeted the audience.

"We're here tonight for one reason," Drifter Linwood Peel said, "to take you places up on the roof, under the boardwalk, and remember to please save the last dance for me."

The Drifter's began their set with 'Up On the Roof,' followed by 'This Magic Moment.'

During the song 'Stand By Me,' the Drifter's called Rutledge to come up and give them 25 push ups on stage while they sang.

"Please give it up for the U.S. Army," said Drifter Andre Reina, as he sang the lead on the following song, 'There Goes my Baby.'

"I've been able to tour worldwide with the group, but there's nothing more honorable than performing for the troops," Reina said, noting that this was the first time that any of the three groups had performed at APG.

The Drifters ended their set with the classic song 'Under the Boardwalk.'

The groups introduced their backup band, "Free Wheelin'," whose lead guitarist, Paul Nelson, was nominated for a 2005 Grammy award for 'Best Contemporary Blues Album.'

The three groups returned to the stage to sing the title song of the show 'Stand Up America.'

Revels wrote the song, which was based on the events of 9-11, as a "lyrical photograph" of the period.

"There were a lot of tears and fear across the country then," Revels said, "but something good came from it because people came together; they wanted to know each other again."

School teachers and principals have approached him after previous concerts to acquire the song for their students to learn, according to Revels.

Revels hired a crew from East Coast Productions to document the 'Stand Up America' tour. Crewmembers commented on the response of the title song.

"When the band goes up to perform at the schools, the kids already know his song," said Jeff Adorno, videographer.

"It's a very uniting song," said Victor Vanzo, photographer and president of East Coast Productions. "It has a lot of meaning."

The APG audience commented on the title song and show as well.

"It's a good one," said Brian Vaughn, 14, about the song 'Stand Up America.' "It was cool because everyone in the theater was standing up."

Vaughn said he first saw the Coasters and the Drifters when he was six years old and this was his first time seeing all three groups including the Marvelettes.

Another young fan, Jamie Polaski, 18, thought the performance was "awesome." Her favorites included 'Stand By Me' and 'Under the Boardwalk.'

Her father, retired Army Sgt. Doug Polaski, thought the groups were "fantastic."

"I remember collecting their music when I was younger," Polaski said.

The documentary crew interviewed Garrison Command Sgt. Maj. Elvis Irby for his opinion of the APG show.

"I thought it was outstanding, a class one act," Irby said. "Hooah!"

Two Soldiers from the 16th Ordnance Battalion also gave their approval.

"I grew up with the music," said Pvt. Megan Santana. "Hearing them play brought me home again."

"I'm a fan now," said Pfc. Ivelise Hernandez.

Photo by YVONNE JOHNSON

Privates Charles Olivencia, left, and Steve Fabre, right, Company B, 16th Ordnance Battalion, dance in the aisle of the APG Post Theater during the Stand Up America concert.

Illustration by BLAKE VOSHELL



Photo by MEGHAN BOWEN
Chelsea Wilson, right, and James Venker V. left, cheer on the Drifters from the front row of the APG Post Theater.



Photo by MEGHAN BOWEN
Soldiers cheer as Beary Hobbs Drifters, the Marvelettes and Cornell Gunter's Coasters sing the show's title song, 'Stand Up America,' written by Dave Revels of the Coasters.



Photo by YVONNE JOHNSON
Cornell Gunter's Coasters sing classic songs for the APG crowd.



Photo by YVONNE JOHNSON
From left, Privates Natasha McCray and Megan Santana and Pfc. Ivelise Hernandez from Company B, 16th Ordnance Battalion, rock in unison to the sounds of The Coasters during the Stand Up America concert at the Post Theater Feb. 9.





Morale, Welfare & Recreation

Aberdeen Youth Services to participate in national photo contest

CYS

Aberdeen Youth Services is joining a nationwide search to identify talented young artists through the Boys & Girls Clubs of America's ImageMakers National Photography Contest. Sponsored by the Circuit City Foundation, the contest is part of a comprehensive initiative encouraging artistic skills, cultural enrichment and creativity in the medium of photography.

As a participant in the contest, Aberdeen Youth Services may submit members' photography in four age divisions and five categories, including color process, black-and-white

process, alternative process, digital and photo essay.

Selected photos will compete at the regional level; regional winners will be judged nationally. Forty-four national winners will be named and their photography displayed in the contest's traveling exhibition and at special BGCA events throughout the year. Winning photographers will receive an award and letter of congratulations from BGCA President Roxanne Spillett. Regional finalists will receive a certificate of participation.

"By introducing members to photography, we are giving

them the priceless opportunity to express themselves in creative and unusual ways," said Norma Warwick, facility director, Aberdeen Youth Services. "Circuit City Foundation's support will enable members to maximize their artistic talents and develop creative thinking to last a lifetime."

For more information, contact Pam Jones, 410-278-4995 or e-mail her at pam.jones@usag.apg.army.mil.

There will be an exhibit 11 a.m. to 1 p.m., April 4 through 6 at the Aberdeen Youth Services, to display the winners of the contest.

ImageMakers National Scholarship Competition

A photography program allows teens to have fun and explore photography as an art and vocation. To encourage talented Child & Youth Services members to hone their skills and pursue photography as a career, Boys & Girls Clubs of America and Circuit City Foundation offers the ImageMakers Photography Scholarship.

Four winners will each receive \$3,000 scholarships to be used for college or art school.

Help develop the artistic talents of teen members by

encouraging them to participate in this unique scholarship opportunity.

Application Process

The ImageMakers Photography Scholarship is designed for participants ages 16 through 18.

To apply, each CYM member should compile five photographs that showcase his or her talent. These photographs should be mounted for display in a portfolio together with a typed one-page personal statement written by the photographer. The portfolio, a typed per-

sonal statement and application form (available at Aberdeen Youth Services) should be submitted to Aberdeen Youth Services no later than June 3, 2005.

The top four portfolio photographers at the national level will each receive \$3,000 to be used for college or art school. All CYM members who submit portfolios for consideration will receive certificates of merit.

For more information, contact Norma Warwick at 410-278-9059 or norma.warwick@usag.apg.army.mil.

Activities

Operating hours

The MWR Registration, Tickets and Leisure Travel Center is open from 9 a.m. to 5 p.m., Monday thru Friday, and 11 a.m. to 7 p.m., the first and third Friday of every month.

If that is a training holiday, the office will be open 11 a.m. to 7 p.m. on the Thursday prior.

For more information, call 410-278-4011/4907 or e-mail mwr_registration@usag.apg.army.mil.

Powder Puff Maintenance Class

This class teaches hands on training on changing and discarding of oil and oil filters, changing and rotating tires, checking all fluids levels and refilling, use of the auto shop lifts and equipment available, and observing safety while working on a vehicle. Class will be held 5 to 7 p.m., Feb. 17, at the Auto Crafts Shop. Cost is \$5. Register by Feb. 17.

Gardening Seminar

Learn how to set-up and maintain a garden at home or business. The Master Gardener Club of Harford County will introduce the steps and procedures necessary to produce the style and quality of the garden desired. This class will be held 10 to 11 a.m., Feb. 26, at the AA Recreation Center. Cost is \$10. Register by Feb. 23.

Green Dragon Flea

Market

MWR will offer a trip to the Green Dragon Flea Market on March 11, located in the heart of the Pennsylvania Dutch Country.

Cost of the trip is \$30 per person. The bus will depart at 7:15 a.m. and return 5 p.m.

Register by Feb. 25 at MWR Registration, building 3326, 410-278-4907/4011.

Jujitsu

Jujitsu is the ancient art of hand-to-hand combat. These instructional classes, scheduled for 6 to 7 p.m., Tuesdays, March 1 through 22, in Russell Gym, are designed to enable the student to become proficient in the art of self-defense.

The course will consist of take-downs, grappling and gripping, and ground floor fighting to subdue an opponent. The instructor will give an overview and syllabus of requirements for obtaining belts, as well as the recommended training regiment for progression.

Students will be responsible for obtaining any individualized equipment needed for the program. Cost is \$35. Register by Feb. 25.

Ballroom Dancing

Become proficient in Ballroom Dancing with these instructional classes. Classes will be held 7 to 8:30 p.m., Mondays, March 7 to 28, at the AA Recreation Center.

The course will consist of hands-on instruction with

emphasis on current and popular dances. This course will help both beginner and intermediate students to learn and master the basic steps and sequences required for performing the dance routines involved in the program. Register by March 4. Cost is \$60 per person or \$100 per couple.

Adult Chess Championship

An Adult Chess Championship will be held 9 a.m., March 5 at the AA Recreation Center, building 3326. This competition will consist of round robin play with 30-minute games based on the point system. Winners will be selected based on win/loss percentage. Awards will be presented to the top three players. Players must be 18 years of age.

Cost is \$10. Register by March 3.

Fencing

Beginner classes will be taught 7 to 8 p.m., March 8 through 29, at the AA Recreation Center. Beginner fencing teaches the basic maneuvers employed on offense and defense, how to initiate or avoid an attack by an opponent and how to improve skills and timing.

Intermediate fencing runs 7 to 8 p.m., April 5 through 26, at the AA Recreation Center. Intermediate fencing will fine tune movement and execution for match conditions. Practice and develop strategies and

techniques, which will help make the fencer a successful tournament contender.

Register by April 1. Cost is \$35. All equipment will be provided.

Engraving machine at Arts and Crafts

The Arts and Crafts facility has a new engraving machine.

The New Hermes Gravograph, with its state-of-the-art font and ornamental capabilities gives customers a wider selection of graphics for special occasion plaques.

Used mainly for plaques and trophies, one new capability includes the option to space letters randomly instead of using straight lines.

A large plaque selection includes a selection of accessories and eight to 10 different metal colors.

The standard fees for engraving include 10 cents per letter and 15 cents per square inch of metal. Plaques range from \$4 to \$40 and accessories, such as organizational crests, are additional.

Anyone who has taken the Framing Class can use the area

for \$5 a day.

For more information, call 410-278-4207.

Paint your own

Edgewood Area Arts and Crafts now has a "Paint Your Own Ceramic Studio."

The ceramic studio is open to all APG civilians, active duty military, contractors and reservists and their dependents. No previous artist skills are required.

There is a wide assortment of gift items to choose from.

Hours of operation are 1 to 9 p.m., Thursday and 9 a.m. to 5 p.m., Friday and Saturday in building E-4440, next to the

Military Police Station.

For more information, call 410-436-2153.

Basic plumbing

This course will teach participants how to make plumbing repairs in their home or business including how to repair pipes and stop leaks, what steps to take in emergency situations, and when to look for warning or danger signs and why. The proper way to care for and maintain existing fixtures and other plumbing apparatus will also be covered. Cost is \$25.

Classes will be held 6 to 7 p.m., Feb. 23, in Auto Crafts.

CareerLaunch for youths

The Gap Foundation will sponsor CareerLaunch for youths ages 13 to 18 years of age, 4 to 5 p.m., March 14 through May 2, at Aberdeen Youth Services, building 2522. CareerLaunch encourages members to assess their skills and interests, explore careers, make sound educational decisions and prepare to join our nation's ever-changing work force. Mentoring and job shadowing opportunities for teens and training staff round out the program.

Attendance is free. Youths must have an active CYM membership.

Register by March 7 at Aberdeen Youth Services, building 2522, 410-278-4995.

Sports

The following results were received from the APG Sports Office for intramural basketball. For more information regarding statistics contact Donna Coyne, 410-278-3929.

American Division

Results

Feb. 7
203rd MI, 48; HHC 16th, 45
HHC 61st, 67; DLES, 47
NCOA, win; KUSAHC, forfeit
Feb. 9
HHC 61st, 84; 203rd MI 54

Schedule

Feb. 23
6:30 p.m., HHC 61st vs. NCOA
8:30 p.m., 203rd MI vs. DLES

Standings

HHC 61st	7-3
DLES	7-3
NCOA	5-4
HHC 16th	5-4
203rd MI	2-8

Edgewood Division

Results

Feb. 7
22nd Chem., 31; Company B 143rd, 30
HHC 143rd, 52; Nat. Guard, 48
Company A 143rd, 60; MRICD, 47

Feb. 9
Company C 143rd, win; CHPPM, forfeit
HHC 143rd, 47; MRICD, 26
22nd Chem. 53; Nat. Guard, 49
Feb. 10
22nd Chem., win; CHPPM, forfeit
Nat. Guard, 51; Company B 143rd, 38

Schedule

Feb. 23
6:30 p.m., Company C 143rd vs. MRICD

7:30 p.m., 22nd Chem. vs. Company A 143rd
Feb. 24
6:30 p.m., 22nd Chem. Vs. Company B 143rd
7:30 p.m., Company A 143rd vs. Nat. Guard

Standings

Company C 143rd	9-0
HHC 143rd	9-1
22nd Chem.	5-3
Company A 143rd	5-5
MRICD	2-8
CHPPM	1-10
Company B 143rd	1-10

National Division

Results

Feb. 8
Company C 16th, 45; USAF, 41
Company E 16th, 34; Company B 16th, 31
USMC, 45; Company A 16th, 39
Feb. 10
Company A 16th, 66; Company B 16th, 25
Company E 16th, 38; Company C 16th, 36
USMC, win; USAF, forfeit

Schedule

Feb. 22
6:30 p.m., Company B 16th vs. USAF
7:30 p.m., Company A 16th vs. Company E 16th
8:30 p.m., Company C 16th vs. USMC
Feb. 24
6:30 p.m., Company E 16th vs. Company B 16th
7:30 p.m., Company C 16th vs. USAF
8:30 p.m., USMC vs. Company A 16th

Standings

Company E 16th	8-3
Company B 16th	7-4
Company C 16th	6-5
USMC	5-6
Company A 16th	4-7
USAF	3-8

Lenten and Easter service schedule

Catholic services Aberdeen Area

- Regular mass is Sunday, 8:45 a.m.
 Limited weekday mass at AA starts Feb. 17 (check weekly bulletin for changes)
 Weekday mass schedule
- Feb. 23, 7 p.m., Lenten service (Stations of the Cross)
 - March 2, 7 p.m., Lenten service (Stations of the Cross)
 - March 12, 9 a.m. to 5 p.m., Confirmation retreat (AA)
 - March 16, 7 p.m., Lenten service (Stations of the Cross)
 - March 25, 7 p.m., Good Friday service
 - March 26, 7:30 p.m., Easter Vigil mass
 - March 27, 8:45 a.m., Easter Sunday

Edgewood Area

- Regular mass is Sunday, 10:45 a.m.
 Limited weekday masses (check weekly bulletin for changes)
- Feb. 17, 7 p.m., Lenten service, Stations of the Cross
 - March 10, 7 p.m., Lenten service, Stations of the Cross,
 - March 24, 7 p.m., Holy Thursday mass
 - March 27, Easter Sunday, sunrise worship, 7 a.m., Capa Field; Easter mass, 10:45 a.m., chapel
 - April 13, 7 p.m., Confirmation mass with Bishop Kaising (Archdiocese for Military Service)

• Services conducted by Father John Bauer

Protestant Services Aberdeen Area

- Regular worship is Sunday, 10:15 a.m.
 Every Wednesday, noon at AA Chapel. Lunch is provided
 March 3, 9 to 11:30 a.m., PWOC General Meeting "Passover"
 March 20, 10:15 a.m., Palm Sunday worship
 March 24, 6 p.m., Maundy Thursday Living Last Supper
 March 27, Easter Sunday worship, 10:15 a.m. at the chapel
 April 22 and 23, PWOC retreat

Gospel Services Aberdeen Area.

- Regular worship is Sunday, 12:30 p.m.
 Feb. 20, Wilbert Davis Gospel Night at the chapel
 March 12, Financial Conference
 March 26, Easter egg hunt
 March 27, Easter Sunday worship, 12:30 p.m. at the chapel

Protestant Edgewood Area

- Regular worship is Sunday, 9:15 a.m.
 Feb. 20, Fellowship Lunch following worship
 March 27, Easter Sunday; sunrise worship, 7 a.m. at Capa Field, and 10:15 a.m. at the chapel
 For more information, call the Chapel, 410-278-4333

ACSAP

From page 2

it striking that the black men in the study were, on average, about three years younger than white men participating. After another 226 cases, Moul reported the trend seems consistent.

Moul had a few questions about what might be the cause.

"What is accounting for the greater cancer burden in these black men, who seemingly have equal access to screening as the white men?" he asked. Are black men not taking advantage of early screening and testing? Is the delay in diagnosis causing larger tumors?

"We know that, in general, there has been less awareness of prostate cancer and less screening in the African-American community," he said. Data gathered during Prostate Cancer Awareness Week has consistently shown that less than half of the black men in America take advantage of the screening pro-

grams.

"On the other hand, is there a biologic factor, or factors, such as testosterone, that is making these tumors grow bigger more quickly?" he questioned. Studies have shown young black men have up to 15 percent higher testosterone levels than white men of the same age.

More recently, it has been found that black men have a genetic variation in their androgen receptor gene. Some believe this makes the receptor more active in black men.

Focusing on PSAs as an indicator of prostate cancer in both black and white men, Moul and the Walter Reed group has proven previously accepted PSA values were too high in screening young men, particularly black men. The cancer also had a greater prevalence in black men who had a family history of prostate cancer.

Moul admits it is too early to determine the exact cause for the difference in prostate cancer in black men, but he said, "We believe that screen-

ing is justified now to lessen the disparity." He recommends black men be screened at an earlier age.

"Age 40 is reasonable in an attempt to catch tumors earlier when they are smaller," he said.

"Continued public awareness in the African-American community is also needed - even a perfect screening test won't be effective if it is not recommended and no one gets it," he said.

Moul and the CPDR group at Walter Reed recently published new data showing that prostate cancer is starting to be detected earlier in black military beneficiaries. Moul and his associates find this to be very encouraging news.

While black men seem to have a higher prevalence of prostate cancer, researchers are finding that black women may face a higher incidence of breast cancer. The American Cancer Society earlier this year reported, "The age-specific breast-cancer incidence rate for African-American women under age 35 is more

than twice the rate for white women of similar age, and the mortality rate is more than three times higher."

This got the attention of Maj. Alexander Stojadinovic, of the Walter Reed Comprehensive Breast Center.

"This is an important concern for us, as 42 percent of women we care for are African-Americans," he said.

Stojadinovic, who was already conducting a study on early detection of breast cancer in younger women, said he is writing a grant to compare ethnicity-based differences in bioelectrical characteristics of women's breasts.

To find out what increased risks they may face and what screenings might be appropriate, black men and women should consult their physicians. Anyone with family history of any of the health conditions addressed in this series should discuss it with his or her health-care provider.

(Editor's note: Adapted from the Walter Reed Army Medical Center Stripe, third in series of 3.)

LEAVE DONATION

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency). Employees leaving the program should call Ronda McKinney, 410-278-8988, or e-mail rondamckinney@usag.apg.army.mil, to complete a termination form.

Employees eligible for donations in the Voluntary Leave Transfer Program

- | | |
|---|--|
| Audrey Alba | (parasinusitis, fibromyalgia condition) |
| Marian Bellis (fracture of left tibia) | Richard Hoffman |
| Dianna Blevins | Janice Johnson (diabetic neuropathy) |
| Sarah Blevins | Beverly King (caring for husband) |
| Jeanie Bowman | Danny Kopp (lung-cancer) |
| Iris Campbell (chemotherapy) | Joyce Mauldin |
| Steven Clarke | William B. McLean (kidney failure) |
| Barbara Crossley | Joe McMonagle |
| Dawn Crouse | Edward Myers |
| Cathryn Cruz (cancer) | Tess Ramos (total hip replacement) |
| Ruth Cunningham | Boyd Richards |
| Victoria Cwiernie (lyme disease) | Cheryl L. Roark |
| Carl Davis | Leigh Sanders |
| Shelia Davison (benign paroxysmal positional vertigo) | Barbara Seker |
| Geraldine Eaton | Sheilah Simberg |
| David Fletcher | Joyce Steinger |
| Renee Gaffney | Alison Tichenor |
| Charles Gambrell | Linda Tignor |
| Miriam Garcia | Tracey Thomas |
| Cynthia Hairston (Surgery) | Charles Young (kidney and pancreas transplant) |
| Beatrice Heilpern | Gary Tudor - (heart valve replacement) |
| Cynthia Henry (bronchitis with complications) | |
| Melanie A. Hoffman | |

Visit
APG News
 online at
**www.apgnews.
 apg.army.mil**