

## POST SHORTS

### Recycling schedule

The recycling schedule pickup for Wednesday, Jan. 21, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

2004 Harford County Recycling schedules are available to APG military housing residents at the APG Housing Office, building 2727; AA/EA Re-Nu-It centers, buildings 5413 and E-5185; and the AA Collection Station, building 3558 on Rodman Road.

### KUSAHC to give flu shots to civilians

Kirk U.S. Army Health Clinic will provide DOD civilians with flu shots 1 to 3 p.m. daily in the Occupational Health Clinic on a first-come first-served basis.

DOD civilians located at Edgewood Area can go to the clinic there and also receive them.

All personnel must have a valid ID card to receive the immunization.

Do not call the clinics, just show up at the appointed time.

### Football Hall of Famer speaks at dining facility

NFL Hall of Famer Franco Harris will be speaking at Dining Facility building 4503 at 1 p.m., Jan. 15. Harris represents Super Bakery, a vendor to the APG dining facility program. He will be here to thank the employees of DFAC 4503 for a job well done during the recent P.A. Connelly competition.

All are welcome. For more information, call Ed Parylo, 410-306-1393.

### Vet Facility holds free clinic

APG Veterinary Treatment Facility, located in building 2479, will conduct a walk-in clinic, noon to 6 p.m., Jan. 15 for immunizations/vaccinations only.

Owners may bring their pets for shots, fecal exams or heartworm/lyme checks without calling for an appointment.

The clinic is for authorized individuals only, i.e. active and retired military and anyone authorized to use military medical treatment facilities such as Kirk U.S. Army Health Clinic.

For more information, call 410-278-3911/4575 between 7:30 a.m. and 3:30

See SHORTS, page 4



Members of the Company C, 121st Engineer Battalion Task Force stand at parade rest in Top of the Bay before the start of the APG Garrison farewell ceremony Jan. 7. Photo by RALPH BROTH

## Farewell honors Task Force 121 Soldiers

Yvonne Johnson  
APG News

The Aberdeen Proving Ground community gathered to thank the Soldiers of the Company C, 121st Engineer Battalion Task Force for a job well done and to wish them well during a farewell ceremony at Top of the Bay Jan. 7.

Company C, along with Headquarters and Headquarters Company and Company A augmented installation security efforts as a part of the Noble Eagle II Task Force.

Col. Mardi U. Mark, APG Garrison and deputy installation commander, led the ceremony as the unit stood in a U-shaped formation headed by its commander, Capt. John Schott and 1st Sgt. Gerald Adkins.

Mark noted the unit's accomplishments and the vital role it played while assigned to APG.

"Your performance all these months, providing

site security to facilities critical to the nation's homeland security posture, is a credit to yourselves, your units, the state of Maryland, the U.S. Army, and our great nation," Mark said. "On behalf of a grateful nation, I want to thank each one of you for taking time out of your life and answering the call of duty - to defend our homeland."

Guests in attendance included Task Force Commander Lt. Col. Thomas Jarvis and Command Sgt. Maj. Christopher Wigfall, Headquarters, 121st Engineer Battalion, Ellicott City.

Wigfall presented commander's coins of excellence to the unit and reminded them to "stay focused."

"The job doesn't end when you get home," Wigfall said. "Stay ready and let your families know you have to stay ready."

He commended the unit for a "job well done." "We can't thank you enough," he said. "You fulfilled your mission with no difficulties and made us

all proud."

Schott added that the unit, which was assigned to APG about nine months, performed both expected and unexpected missions superbly, particularly during the flooding that followed Tropical Storm Isabel in September.

"During Isabel their mission included placing sandbags, tying things down, preparing for any other contingencies, and cleaning up around the post afterward," Schott said.

He added that APG was "very professional and supportive" of the unit's mission.

"I will remember this as a learning opportunity. I got to work with a lot of troops who had to perform every day instead of just one weekend a month. I would go to war with any one of them," Schott said.

The unit will report to Fort Dix, N.J., for out-processing then return home to their families and civilian occupations.

## VA gives priority to disabled vets

Sgt. 1st Class Doug Sample, USA  
American Forces Press Service

The Veterans Affairs Department <http://www.va.gov/> wants to send veterans with service-connected medical problems to the front of the line when it comes to receiving medical treatment at VA facilities.

VA Secretary Anthony J. Principi issued a new directive to all VA medical facilities requiring that "priority access" be given to qualifying veterans seeking appointments for treatment.

The directive covers hospitalization and outpatient care, and does not apply to veterans seeking care for medical problems not related to a service-connected disability.

Priority access, Principi explained, means that when qualifying veterans come to a VA treatment facility for inpa-

tient or outpatient care, they will receive an appointment within 30 days.

"It's really as simple as that," he said.

Veterans seeking treatment need only let the administrative clerk or nurse know of their service-connected disability status, the secretary added.

If a VA facility is unable to schedule an appointment within the 30-day time limit, an appointment must be arranged for care at another VA facility, or at a facility under contract in the private sector.

"I've always felt that it is important to give veterans with service-connected disabilities a priority for care," he said. "I want to make sure that those who have a disability related to military service have a high priority for health care, whether it is inpatient or out-

See VETS, page 4



Photo by MARGUERITE TOWSON

## Arriving home from Iraq

Two members of the 400th Military Police Battalion, an Army Reserve unit of the 99th Regional Command stationed at Fort Meade, Md., depart the bus where family members awaited their arrival at the Recreation Center on Aberdeen Proving Ground Jan. 12. The unit has been stationed in Iraq since April 2003. See other photo on Page 10.

## 203rd MI awards more Soldiers



Col. Jake Jones, commander, 513th Military Intelligence Brigade, pins a Bronze Star medal to a 203rd Military Intelligence Battalion Soldier during an award ceremony in the unit's Victory Hall, Jan. 11.

Story and photos by  
Yvonne Johnson  
APG News

Seventeen Soldiers from the 203rd Military Intelligence Battalion received medals for their performance while deployed to Iraq during an award ceremony in Victory Hall, Jan. 11.

Lt. Col. James Young, battalion commander was among seven of the awardees who received the Bronze Star medal. The other 10 received Army Commendation Medals.

In addition, Young's father, retired Col. James Young, a Vietnam veteran and Purple Heart recipient, was on hand to pin the medal on his son.

"It makes me very proud," Young said. "This is a great outfit, and they did a great

job."

"This day is not about us," he added, "it's about all these soldiers and what they've done for our country."

Aberdeen Proving Ground Garrison Command Sgt. Maj. Elvis Irby, family members and dozens of Soldiers looked on as the awardees received their medals.

Col. Dalton Jones, National Ground Intelligence Center, the battalion's higher headquarters, presented the ARCOMs.

"This unit did an outstanding job," Jones said. "In accomplishing their mission, they provided current analysis and valuable information about future capabilities."

He added that the multi-component unit consisting of

active duty and reserve Soldiers, responded well to battlefield conditions in providing a vital service.

"Technicians such as these are vital in determining equipment modifications," he said. "In the event of any kind of crisis, elements from this unit will likely support it."

Col. Jake Jones, 513th Military Intelligence Battalion, presented the Bronze Stars. He offered his congratulations to all recipient's noting that the medal was the highest awarded given to anyone in the unit.

"This was earned by giving every fiber of your being to supporting Soldiers and accomplishing the mission," Jones said.

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203rd Soldiers receive awards

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Sports

# UXO Technology Test Site Program wins national award



Photo courtesy of AEC

A team tests a prospective UXO detecting system on the Standardized UXO Technology Demonstration Site on Yuma Proving Ground, Ariz.

**Michael Dillaplain**  
AEC

The Army's Standardized Unexploded Ordnance Technology Demonstration Sites Program was awarded the Strategic Environmental Research and Development Program Project of the Year Award in the UXO category on Dec. 2 in Washington, D.C.

It is a collaborative effort spearheaded by the U.S. Army Environmental Center headquartered at Aberdeen Proving Ground, in cooperation with the U.S. Army Aberdeen Test Center, the U.S. Army Corps of Engineers, the U.S. Army Environmental Quality Technology Program, the Environmental Security Technology Certification Program and SERDP.

Each year the SERDP honors programs in five environmental categories with its Project of the Year Award. The selected projects are exemplary research and development efforts resulting in significant technological impact

on the Department of Defense environmental programs.

"This program meets a major challenge to DoD's UXO program by developing standards of testing widely recognized and acceptable to regulators and the rest of the UXO community" said Jeffery Marqusee, SERDP's technical director. "The technology demonstration sites will play a major role in developing and transferring new UXO detection and discrimination technologies in the future."

For decades, Soldiers and weapons developers have gone to ranges and training areas to train with and test bombs, projectiles, grenades and other munitions. A portion of these munitions did not function as designed, becoming what is known as UXO. Over the years, UXO has accumulated from these activities at an estimated 1,700 formerly used defense sites, 25 base realignment and closure sites and a number of active installations covering millions of acres.

One major barrier to cleaning up these sites to a condition consistent with their intended use is the lack of adequate technology to reliably detect UXO and discriminate between the UXO and non-hazardous materials common to the ranges and test areas. Failure to discriminate between UXO and non-hazardous materials such as shrapnel, target parts or munitions parts results in a high percentage of false alarms that add significantly to the amount of required excavation, driving up the costs and time required to clean up a site. Even modest advances in technologies may save the Army millions of dollars in clean-up costs.

The Standardized Unexploded Ordnance Technology Demonstration Sites Program is designed to help promote the development of these technologies. It maintains two technology demonstration sites; one at APG and the other at Yuma Proving Ground, Ariz. **See AWARD, page 3**

# New fibers could lighten body armor



Greg Kreinsen, a physical science technician with the Ballistics Technology Team, trims the edges of layers of Kevlar before sewing them together to replicate the soft body armor worn behind a ballistic plate in preparation for testing.

Story and photos by  
**Curt Biberdorf**  
Soldier Systems Center

Two new fibers are vying to one day replace the respected but heavier Kevlar, the staple of body armor for decades, as the Army strives to enhance mobility by reducing the Soldier load.

Body armor is one of the more riveting individual equipment successes, especially from the ongoing conflicts in Afghanistan and Iraq, with reports of dozens of saved lives directly attributed to the bullet and shrapnel-halting ability of the helmet, flexible vest and rigid chest plate combination worn by troops.

Even though it protects well, body armor

ranks with water, ammunition and weapon as the heaviest items worn or carried by troops, according to engineers on the Ballistics Technology Team at the U.S. Army Soldier Systems Center in Natick, Mass.

"The Army is putting the best available armor materials into Soldiers' armor," said Philip Cunniff, a research mechanical engineer. "Part of our work in the Ballistics Technology Team is to develop new materials and techniques to lighten the load of those armor systems."

Body armor technology has advanced in the past century to protect the head and torso against high-velocity handgun bullets and frag-

menting munitions, such as those from artillery shells, mortar shells, mines and grenades. Lightweight small arms protection is also now available for the torso.

The nylon "flak" vest for ground troops and steel helmet from the 1960s were replaced by Kevlar vests and helmets during the 1980s in a product called Personnel Armor System, Ground Troops. At the users' request, performance increased with the PASGT system but weight remained about the same, according to Cunniff.

The next major change was in the 1990s with an improved version of Kevlar that helped lighten the vest by 25 percent and increased ballistic protection.

The team's objective is to reduce the weight again, this time by 25 to 30 percent, without losing performance. Zylon and M5 fibers show potential in meeting or exceeding that goal.

Zylon, a commercially-available fiber first developed by the Air Force in the 1980s and now produced in Japan, turned in a solid performance in testing, said Cunniff. A prototype helmet made last year with Zylon was developed as part of the Human Systems Defense Technology Objective for Ballistic Protection for Improved Survivability. The Zylon helmet weighs 1.79 pounds versus 3 pounds for the PASGT at the same protection levels.

Cunniff said two possible roadblocks with Zylon are environmental degradation and the law requiring certain military products to be manufactured in the United States with domestic materials. Zylon has shown to break down with exposure to light, high heat and humidity, although Cunniff said there may be solutions to these problems.

An alternative material to Zylon is M5, an ultra-high performance fiber developed by

Magellan Systems International in Bethesda, Md.

According to a mathematical model of Cunniff's for the estimation of impact performance based on the mechanical properties of armor materials, M5 appeared to provide exceptional impact performance.

His model indicated that M5 could cut weight by at least 35 percent compared to currently available fragmentation armor at the same protection level. So far, the ballistic impact test results with a limited, relatively low-strength sample of M5 are glowing.

"We shot it, and it came out better than we expected," Cunniff said. "We found there was something wrong with the model; we underpredicted the performance of the material. Of everything we looked at, it looks like (M5) will be a really big improvement in reducing the weight of armor."

Another feature of M5 fiber is excellent thermal and flame protection. Besides helmets, fragmentation vests and composites for use in conjunction with ceramic materials for small arms protective plates, M5 fiber could also be used for structural composites for vehicles and aircraft.

"The military market for ballistic material is cyclic," Cunniff said. "The beauty of this fiber is that it should have a lot of other markets when Army demand falls. We're hoping it becomes cost-competitive to Kevlar."

The plan is to acquire sufficient quantities of M5 fiber by next fall to make a prototype helmet, vest and small arms protective plate.

"Then we can find out how well high-strength M5 performs and find out what kind of armor we can develop for Objective Force Warrior and the Army," Cunniff said.

For more information on the Soldier Systems Center, visit Web site <http://www.natick.army.mil>.



Zylon, left, and M5 fibers are shown on spools. Both bring potential in reducing the weight of traditional Kevlar body armor.

## EARLY MORNING ROAD CLOSURES

APG News

Motorists entering the installation prior to 6:30 a.m. may notice barricades or road guards prohibiting access to certain roads on the post. The barricades or road guards protect the approved physical training, or PT, running routes for Soldiers between 5:30 and 6:30 a.m., Monday through Friday.

In the Aberdeen Area, Boothby Hill Avenue and all roads south of Boothby Hill will be closed to vehicular traffic. This includes all of Combat Drive, Student Drive, Jayhawk Road, Convoy Road, Pistol Road, School Road and all roads confined in this sector, except for access to work areas within the 5400 block at the Darlington Street intersection.

This policy went into effect Jan. 5, and allows only emergency vehicles access to the PT routes during those hours.

In the Edgewood Area, there will be four PT routes. The starting point for all routes is building E-4223 at the 143rd Ordnance Battalion.

The first route is Wise Road between Austin and Magnolia and

then return to the battalion. Wise Road will be closed to vehicular traffic during this time.

The second route is east on Austin Road to the intersection of Otto Road and south on Otto and north onto Ricketts Point Road. The turnaround point will be at South Kingscreek Road parking lot, then returning to the battalion. Signs will be posted warning motorists of PT on this route, as traffic will be permitted.

The third route is west on Austin to the intersection with Hoadley Road. Then left on Hoadley heading to the closed gate and return to the battalion.

The fourth route is west on Austin, past the chapel and family housing, to the intersection with Junkin Road. Then right onto Junkin and around the loop near Capa Field, continuing back on Junkin to the merge with Jessup Road and then back onto Austin heading toward the battalion area.

Drivers are warned not to go beyond the barricades and not to pass troop formations in their lanes of traffic.

# APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM-P, APG, MD 21005-5005, 410-278-1150. Printed circulation is 8,900.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

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# Health

## Combating the winter blues



**Maj. Niel A. Johnson**  
Munson Army Community Hospital

Winter is once again here. For most individuals, winter represents the "happy holiday season" with Christmas and New Year's, the gathering of a year's good memories, close friends, and family, and abundant festivities.

However, to some, winter offers no pleasure at all. These individuals dread the coming of winter because they have a syndrome known as Seasonal Affective Disorder, also known as "winter blues."

Seasonal Affective Disorder is characterized by recurrent depression in winter-time accompanied by increased sleep, increased appetite and carbohydrate craving. The severity of these symptoms can range from mild (functional) to severe (disabling). SAD is thought to be caused by lack of light exposure, mainly natural light from the sun, since affected individuals have spontaneous remission of their symptoms in the spring and summer when more daylight hours are available (at least in the northern hemisphere).

Anyone experiencing the above symptoms that subside in the spring, may have SAD. Treatment may not be needed if the

symptoms are mild. On the other hand, fatigue, decreased alertness, suicidal thoughts, marital discord, family stress or poor job performance may indicate a more serious degree of SAD and should be evaluated by a doctor.

The best cure would be for everyone to live near the equator where the hours of daylight remain fairly constant throughout the year. However, most choose to live in the northern latitudes, so the alternative is to find a way to get more "light" during the winter.

Treatment for SAD has traditionally been bright artificial light (a.k.a. light-box therapy) each morning for 1 to 2 hours. An average treatment may last several weeks. Although somewhat inconvenient, light-box therapy is successful in over 50 percent of patients treated.

Just going outside for some fresh air and sunlight is equally effective as light-box therapy, and is likely to be more convenient (also it's free.) A daily morning walk outside after sunrise is one way to do it. If the work schedule prohibits this before going to work, then try going outside during breaks. Sitting by a window, particularly if it's cold, can also help.

Starting or maintaining an exercise program through the winter is a great way to keep energy levels boosted. As for the carbohydrate cravings, be smart about what to eat and don't overeat - no matter how bad the craving.

Medicines can be helpful in the treatment for SAD, as well as many other types of depression. It's best that the patient and health-care provider develop a treatment plan tailored specifically for the patient based on the individual condition. In SAD, most people don't need medicine - they simply need more daylight exposure.

In summary, Seasonal Affective Disorder is a common condition that affects otherwise normal and healthy people in the winter months. It is easily treated if recognized early.

Anyone who feels that they may have the symptoms of significant SAD, or have had them in the past, should make an appointment to discuss their problem with their health care provider.

*(Editor's note: Information was excerpted from a Munson Army Community Hospital, Fort Leavenworth, Kan. release.)*

## Helping children with cold symptoms

**Maj. Niel A. Johnson**  
Munson Army Community Hospital

The time has come to review common winter illnesses and how to best manage them.

Common cold symptoms typically consist of a runny nose, nasal congestion, cough, and sometimes a low-grade fever (between 100.5 and 102 Fahrenheit).

Contrary to what many people believe, the typical cold can last a week or more and there is still no cure. Since colds are caused by viruses, antibiotics won't help.

Conservative home treatment works best: rest, plenty of fluids, perhaps some acetaminophen for fever, and lots of

tender loving care. Over-the-counter medications like decongestants may help with the symptoms but there is no good evidence that they do any good in young children.

Avoid using over-the-counter medications in children less than 6 months old. Instead, a rubber bulb syringe can be used to gently suction any mucus in the nose. Use saline nasal drops (two to three in each nostril) to loosen nasal secretions prior to suctioning. Parents should let their health-care provider know about any fever in a child less than 6 months old.

Croup is a viral infection of the big airways leading to the lungs. Croup is recognizable by a barking, seal-like cough

and a loud, harsh wheezing sound called stridor when the child breathes in. Typically croup follows a few days of cold-like symptoms, occurs in children between 1 and 3 years old, lasts five to six days, and is worse at night.

Like the common cold, croup is caused by viruses, so antibiotics don't work. Home treatment consists of rest, plenty of fluids, acetaminophen for fever, and mist treatments.

Purchasing a mister is not necessary. Instead, try having the child breath through a warm, moist washcloth or steam up the bathroom by running the shower and then sit in the bathroom with the child for 10 minutes.

Contact a health-care provider if the child starts drooling or has trouble swallowing, breathing doesn't improve after a mist treatment or becomes more difficult.

Bronchiolitis is an infection of the small airways of the lungs that typically affects children under 2 years of age. Like the common cold and croup, bronchiolitis is caused by a virus, so antibiotics don't help.

Bronchiolitis usually starts out like a cold but progresses to rapid breathing, wheezing, and a worsening cough. Home treatment consists of fluids, a cool mist vaporizer at night, and acetaminophen for fever.

Like croup, bronchiolitis can cause problems, especially for infants. Contact a health-care provider if the child can't keep liquids down, or is breathing more than 40 times a minute.

All children catch wintertime colds. Following these

guidelines will help keep them comfortable and safe.

*(Editor's note: Information was excerpted from a Munson Army Community Hospital, Fort Leavenworth, Kan. release.)*

## Award

From page 2

The program provides realistic standardized technology demonstration sites, protocols and targets for technology testing and performance. A standardized, automated scoring process has been developed to document the performance of UXO detection and discrimination sensor and platform systems. This removes subjective evaluation and allows for objective performance comparisons between system platforms across varied test conditions.

"The award is the culmination of a lot of hard collaborative work by a team formed from members of many different agencies," said George Robitaille, program manager for the project.

"The UXO community, including our armed forces, are in dire need of more effective and efficient UXO detection and discrimination tools," said Larry Overbay Standardized UXO Technology Demonstration Sites manager for ATC. "These sites and the associated collaborative programs provide an essential stepping stone required to enhance these technologies to satisfy current and future challenges.

"I would attribute this award to the vision of the program offices and outstanding team work among all involved agencies, especially our SERDP/ESTCP partners," Overbay said.

For more information about the project, visit Web site <http://www.uxotestsites.org>.

*(Editor's note: Michael Dillaplain is a Booz Allen Hamilton employee supporting the USAEC Technology Branch.)*

## Kirk offers classes

The following classes will be held at Kirk U.S. Army Health Clinic. For more information and to register for classes call Preventive Medicine at 410-278-1964.

### Diabetes education

Classes are scheduled for four consecutive Wednesday evenings, 6 to 8 p.m., Jan. 28, and Feb. 4, 11, and 18, in the Behavioral Health Conference Room 316 on the third floor. All TRICARE-enrolled individuals with diabetes or parents or sponsors

of a diabetic are invited to attend.

### Take Care of Yourself

Class is held on the third Thursday every month, 10 a.m. to noon in the Preventive Medicine Clinic on the third floor. Patients will be taught how to treat minor illnesses and injuries at home, and instructed when to see a doctor. Participants will be given medical cards, which will allow them to pick up specific over-the-counter

## EARLY DEADLINES

To assist in the observance of Martin Luther King Jr.'s birthday on Monday, January 19, we will have the following early deadlines for the **Wednesday, January 21 & Friday, January 23** editions of **The Aegis**. The **January 23** editions of the **Weekenders** and the **January 22** edition of the **APG News**:

### AEGIS Wed. January 21 Edition

**Wednesday, January 14 • Noon**

• Real Estate Ads

### Thursday, January 15 • Noon

• PP&T, Business Ads

• Legal/Auction Ads

• A/Sports Ads

• Automotive Ads

### Friday, January 16 • 10 AM

• Classified Display Ads

• PP&T (Aegis, Fri. Jan. 23 Edition)

### APG NEWS Thurs. January 22 Edition

**WEEKENDERS Fri. January 23 Editions**

**Friday, January 16 • 10 AM**

• All sections

The Business Office and the Classified Department will be closed Monday, January 19, 2004.

The Classified Line ad deadline will be Tuesday, January 20, 10 AM.

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## Post Shorts

From front page

p.m., Monday through Friday.

### Authorized exception to dual compensation laws

Current Appropriated and Nonappropriated Fund employees are eligible to keep their full-time position and also be employed as an NAF flexible employee for the following hard-to-fill positions:

- Aerobic instructor, NF-1712-02
- Bartender, NA-7405-03
- Cook, na-7404-04/05
- Custodial worker (trainee), NA-3566-01
- Custodial worker, NA-3566-02
- Custodial worker (leader), NL-3566-02
- Food service worker, NA-7408-01/04
- Gardener, NA-5003-04
- Motor vehicle operator, NA-5703-07
- Waiter (trainee), NA-7420-02
- Waiter, NA-7420-03

To receive vacancy announcements and application forms, call 410-278-5126. Completed applications can be brought or mailed to: NAF Personnel, building 305, 2201 Aberdeen Boulevard, Aberdeen Proving Ground, MD 21005-5001 or faxed to 410-278-0684.

Applicants should be aware that the approved exception authority expires Dec. 21,

### Fact of the week

To reduce the cost of drying clothes, clean the lint filter after every load to improve air circulation, and don't over-dry clothes. Use the cool-down cycle to allow clothes to finish drying with residual heat. Also, periodically inspect the dryer vent to ensure it's not blocked.

- APG Pollution Prevention Program

2004, and pertains only to the specific positions listed above.

For more information, call Jean Fuddy, 410-278-8993.

### Half price membership to MCSC

The membership year for the Military and Civilian Spouse Club has reached it's half way mark so is now offering half price membership. For more information, or to join, visit [www.apgmcsc.org](http://www.apgmcsc.org).

### Recruit the Recruiter Team to visit

The Recruit the Recruiter Team from Headquarters U.S. Army Recruiting Command, Ft. Knox, Ky., will visit APG, 9:30 a.m., Feb. 3 and 4, at the Post Theater. The team will brief all specialists through sergeants first class on the challenges, benefits and opportunities of becoming recruiters.

Recruiters who earn the Recruiter Ring during their 36-month tour are eligible for meritorious promotions and also will receive \$450 per month in Special Duty Pay upon assignment to a recruiting battalion, while receiving up to \$75 in reimbursement per month for expenses.

For more information, visit [www.usarec.army.mil/hq/recruiter](http://www.usarec.army.mil/hq/recruiter), or call Sgt. 1st Class Neftali Perez at 502-626-0465. For information about the briefing, call Master Sgt.

Arthur S. Burd at APG Post Retention, DSN 298-2769.

### Toastmasters changes meeting date

Gunpowder Toastmasters Club 2562, which usually meets on the first and third Monday of the month, will meet Tuesday, Jan. 20 because of the legal holiday.

The meeting will be held 11:40 a.m. at the Gunpowder Club, Aberdeen Proving Ground. It is open to anyone on or off post who wants to improve their communication, leadership and listening skills and overcome the fear of public speaking.

For more information, call 410-941-1120 or 410-734-6573.

### Family Child Care Providers needed in EA

The Family Child Care Office is seeking applicants to become certified Family Child Care Providers in the Edgewood Area. Applicants who are interested in providing home-based child care, especially infant care, are encouraged to apply.

Becoming a professionally trained provider offers many benefits: self employment, free training in a marketable profession, transferable credit to Army installations world wide, free use of lending library, free referrals by Central Registry,

free monthly newsletter, free workshops (nutrition, health, child development, safety, CPR, taxes), participation in the National CDA credential program and participation in the USDA food program.

For more information, call the FCC Office, 410-278-7477/8720.

### Weight Watchers meets for lunch

Lunchtime Weight Watchers meetings continue on post with the newest program from Weight Watchers - FlexPoints.

FlexPoints makes losing weight in the real world easier. Get 11 weeks for the price of 10.

Lunchtime Weight Watchers meetings are open to all APG civilian personnel, retirees, military personnel and family members.

For more information, call 410-278-1151.

### Employee LES changes

Effective with the pay period ending Jan. 24, Social Security numbers will be "masked" and only the last four digits will show on civilian employees' printed Leave and Earning Statements.

This change should help protect employees against identity theft. Only the printed LES will reflect the change and the full nine-digit SSN numbers will be visible on the LES electronically on myPay.

# Commentary — Spreading the word of God



**Lt. Col. Carol VanSchenk Hof**  
Chaplain USAGAPG

Who is God? That is not an easy question. How we see God is strongly influenced by how we see our parents and especially our fathers. Furthermore, how we see God will shape the ways we live our lives. For

example, if we see God as punitive, we may very well go through life anxious and afraid.

Recently, a junior youth group in grades three through five wrote statements and drew pictures of how they saw God. I want to share just two of them with you in this article.

"God is someone I can talk to when I'm having trouble with anything. Someone I can count on to make the right decisions. I can pray and he will do what I ask him/her to do if he thinks it's right."

A second one reads as follows, "God is a big spirit who is a very brave spirit, who gets us out of trouble, sometimes. He glows like a big light bulb. I think he appears when you need some good advice. He sort of tells you things in your mind when you feel bad, or

you've done something wrong."

What is really neat about this is that these children have begun to engage in evangelism. They are willing to tell others about God.

All of us can do the same. Virtually everyone in the United States says they believe in God, but who is the God in whom they believe? By asking that question of our friends and acquaintances, we help them think through the issue. We don't even have to correct their "misconceptions."

The Holy Spirit will do that as they continue to think and talk.

Take a chance on helping another draw closer to God.

(Editor's note: Spellings in quotes were not changed.)

## Vets

From front page

patient, and this new priority scheme is to ensure that those who are disabled go to the 'front of the line.'"

The new policy will not be without its challenges. Some 25 million veterans are in VA's health care system, and the department reports the number of veterans seeking medical

care has risen significantly, from 2.9 million in 1995 to nearly 5 million in 2003. The VA operates more than 1,300 medical facilities, including 162 hospitals and 800 outpatient clinics, but officials report the increase in veterans seeking care "outstrips VA's capacity to treat them."

The secretary acknowledged that veterans have suffered long waits for appointments at medical facilities in some parts of the country, but he said the goal for his depart-

ment will be to reduce those lines and to ensure that veterans are cared for in a timely manner.

In the past, priority access to health care went only to veterans with disabilities rated at 50 percent or more; for severely disabled veterans, priority is extended for non-service-connected medical problems, according to VA guidelines. However, Principi said, the new directive now makes priority access available to all veterans injured in service to the country.

He said the VA was established to care for the men and women who served in the armed forces, and that "we should never lose sight of that." He said his department's priority must "always be the men and women disabled in service to their country."

In addition, Principi said his department will work harder to reduce the backlog of disability claims for veterans. And he said VA is making "tremendous progress" in that effort.

"They've shown renewed commitment ensuring that if a veteran files a claim for disability compensation, he or she doesn't have to wait six months to a year. We are going to get that claim decided in 100 days or less."

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# Community Notes

## MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50, building 3245 Aberdeen Boulevard.  
To verify listing, call 410-272-7520.

### LOVE DON'T COST A THING

Friday, Jan. 16, 7 p.m.

Starring: Nick Cannon, Christina Milian

Highschool loser Alvin (Cannon) pays cheerleader Paris Morgan (Milian) to pose as his girlfriend so he can be considered cool. (Rated PG-13)



### THE HAUNTED MANSION (FREE ADMISSION)

Saturday, Jan. 17, 1 p.m. and 7 p.m.

Starring: Eddie Murphy, Jennifer Tilly

When workaholic real estate agent Jim Evers (Murphy) visits a haunted house with his family during a job interview, he meets a ghost that teaches him a lesson about the importance of the family that he has neglected. (Rated PG)

### HONEY

Saturday, Jan. 17, 9 p.m.

Starring: Jessica Alba, Mekhi Phifer

Honey (Alba) is a sexy, tough music video choreographer who shakes up her life after her mentor gives her an ultimatum: sleep with him or be black-listed within their industry. (Rated PG-13)



### SATURDAY JANUARY 17 WINTER TREE MYSTERY

The Anita C. Leight Estuary Center is sponsoring Winter Tree Mystery, 10:30 to 11:30 a.m. for ages 6 to 10. Walk in the park with a Naturalist searching for clues to solve the tree identification mystery.

For more information, call the Estuary Center at 410-612-1688 or 410-879-2000, extension 1688.

### TUESDAY JANUARY 20 ITALIAN SPECIALTY MEAL

The Italian Specialty Meal will be held in the Aberdeen Area dining facilities, buildings 4503 and 4219 and the Edgewood Area dining facility, building E-4225, 5:30 to 7 p.m.

All military personnel, family members, department of defense civilians, retirees and guests are invited to dine.

The standard meal rate of \$3.30 applies to any officer, enlisted member, and family member of sergeant or above, department of defense civilian, retiree and their guests.

The discount meal rate of \$2.85 applies to spouses and other family members of enlisted personnel in ranks private through specialist/corporal.

The Italian Specialty Meal menu includes minestrone soup, spaghetti with choice of meatballs or Italian sausage, baked lasagna, cheese tortellini with alfredo sauce and peas, chicken cacciatore, Mariano sauce/pesto sauce, pasta Toscano, herb roasted veal, veal parmesan, rosemary roasted potato wedges, Italian style sautéed squash, peas with mushrooms, assorted salad

bar, pasta salads, mixed olives and pepperoncini peppers, country tomato salad, toasted garlic bread, assorted pastries, soft serve yogurt with assorted toppings, assorted condiments and assorted beverages.

Note: Menu is subject to change without prior notification.

For more information, call Edward Parylo or Ernest Green at 410-306-1393/1398.

### THURSDAY JANUARY 22 RETIREMENT PLANNING AND ESTATE CONSERVATION

Aberdeen Proving Ground Federal Credit Union is offering this free seminar to the public, 6:30 to 8 p.m. at the Community Meeting Room at APGFCU Operations Center 1321 Pulaski Highway, Edgewood.

Topics include reverse mortgages, cost of retirement, sources of income, taxes, long-term care and developing an action list.

To reserve a seat, call 410-272-4000, ext. 5451.

### SATURDAY JANUARY 24 BASKET BINGO

The Military and Civilian Spouses' Club will sponsor Basket Bingo, 7 p.m., at the Edgewood Area Gunpowder Club. Doors open at 6 p.m. Tickets cost \$10 for three cards and additional sets of three cards cost \$5. Tickets will also be sold at the door if available. Food, a bake sale and drinks will be available and there will be door prizes, special games and raffles. Visitors can obtain a pass onto post with a valid picture ID at the gate.

For more information or to purchase tickets, call Amy Carlson at 410-939-6429, or Susan Burnett at 410-272-8438.

### First Baptist Church of Aberdeen

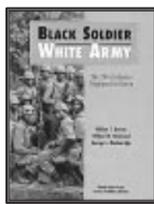
Sunday School	9:45 a.m.
Sunday Worship	11:00 a.m. & 6:00 p.m.
Discipleship Training	4:30 p.m.
Wednesday	7:00 p.m.

- Youth Ministry Teams
- SBC Children's Mission Program (3 yrs. - 6th grade)
- Prayer Meeting

Dr. Gary Johnson, Pastor  
219 E. Bel Air Ave. • Aberdeen, MD 21001  
410-272-2845

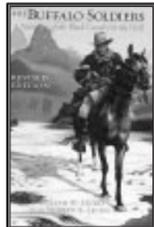
## OMMS LIBRARY

The Organizational Mechanical Maintenance Library hours are Monday through Wednesday, 8 a.m. to 4:30 p.m.; Thursday, noon to 8:45 p.m. and Friday noon to 4:30 p.m. For more information, call 410-278-4991.



**Black Soldier, White Army, the 24th Infantry Regiment in Korea** by Bowers, Hammond and MacGarrigle

**Army Officer's Guide, 49th edition** by retired Army Lt. Col Keith E. Bonn

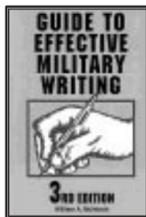


**The Buffalo Soldiers, A Narrative of the Black Cavalry in the West** by William H. Leckie and Shirley A. Leckie



**The United States Marine Corps in the Civil War-The Third year** by David M. Sullivan

**Guide to Effective Military Writing 3rd edition** by William A. McIntosh



**The Bradley and How It Got That Way** by W. Blair Haworth Jr.

**The Darkest Day, The Washington-Baltimore Campaign during the War of 1812** by Charles G. Muller



**Forged in War, The Continental Congress and the Origin of Military Supply and Acquisition Policy** by Lucille E. Horgan

**Fighting Sail on Lake Huron and Georgian Bay, The War of 1812 and its Aftermath** by Barry Gough

**Shell Shock, Traumatic Neurosis and the British Soldiers of the First World War** by Peter Leese

## Commentary

# Reminders from war

John Brand  
ARL

Harry Truman is supposed to have said that the only thing new under the sun is the history you don't know. That is especially important for Soldiers. *Military Errors of World War II*, by Kenneth Macksey, is a terrific compilation of history that may be a cautionary tale for an Army at war.

The book has been around a while but is worth a visit by the serious professional Soldier.

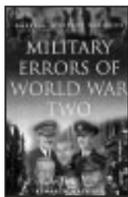
The book provides examples of military errors and down right blunders from World War II and the period leading up to it. These include well-known cases such as discussions and analyses of the grotesque mismanagement of the campaign in the Western Desert and the bloody duet in stupidity by Stalin and Hitler.

There are also very neat analyses of the strategic bombing and U-boat campaigns.

The analysis of the Japanese conduct of the war in the Pacific is especially relevant to an

Army that is locked into a slow motion war with an enemy who seems to live on a different plane of reality.

The book is loaded with insights, some of which are summarized in bulletized lists and some are embedded in the text. For example:



"In basic terms, the credo of superiority ingrained in the Japanese elite, which had encouraged them to make war by astute surprise with a technically superior force, also conspired to shut their minds (even sometimes their eyes) to the concept or evidence that their enemy might be capable of overtaking them," (p.214).

As we look toward the emergence of a military peer, this little reminder is worth noting. The consequence was the extinguishing of a nation.

There are many other examples.

The reader may not agree with everything in this book, but it is a strong medicine for "Victory Disease" (also see the article "Victory Disease," *Military Review*, July-August 2003, pp.9ff).

## 203rd

From front page

He said the 203rd is an "amazing battalion that did an amazing job in the war."

"You trained here, deployed into theater, got on the ground and attacked your mission," he said. "The greatest compliment to you is that you did it so aggressively. Be proud of yourselves for the contributions you made."

## 'A Night With Your Sweetheart'

The Protestant Women of the Chapel is sponsoring "A Night With Your Sweetheart," Saturday Feb. 14, 7 to 10 p.m., at the Sheraton 4 Points, Aberdeen. There will be a buffet, entertainment

and receive a keepsake photograph with your sweetheart.

Cost has been covered, but donations will be accepted. For information or to make a reservation, call Shirley Huffman, 410-273-1497.



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# MWR Morale, Welfare & Recreation

## Activities

MWR has a very exciting and entertaining year planned for APG. Some things to look for include Laugh4Ever Comedy Show on Feb. 7, ICW Wrestling event on March 20, Miller Lite Army Concert Tour presenting Montgomery Gentry on July 17, and lots more. Visit <http://www.apgmwr.com> for the latest information.

### Methods of registration

Register for any MWR event by visiting the specific facility for the event, mailing in a registration form found in an MWR Program Brochure, visiting the MWR Registration, building 3326, or online at [www.apgmwr.com](http://www.apgmwr.com).

### Yoga instructor certification

Yoga Instructor Certification will be held 9 a.m. to 5 p.m., Jan. 31 through Feb. 1, at the Aberdeen Area Fitness Center, building 3320. Cost is \$150 (study guides are extra). Learn the history of yoga, sun salutation variations, asana sets 1 thru 5, anatomy and physiology, yoga class structure, power yoga variations, yoga breathing and meditation techniques. Deadline for registration is Jan. 16.

### Leaping ski trip getaway

Take a motorcoach trip to Poconos, Pa., and do a little skiing and relaxing. Stay two nights in the Ramada Inn Hotel, Feb. 27 through 29, receive meals and a premium open bar. Cost is \$209 (quad), \$229 (triple) and \$239 (double). Pick up and return locations to be determined by number of registered patrons. Deposit of \$65 is due on Jan. 9.

### Pentathlon

This military only event will be held 1 to 6 p.m., Jan. 24 and 25, at Hoyle Gym. The cost is \$10 per two-person team. There will be five challenges for each team. The person with the best scores will win the event. The challenges consists of basketball 3-point perimeter shooting, basketball free throw contest, hang from the bar, chin-ups and iron cross with 15 lb. dumbbell. Register by Jan. 22.

### Professional Body Building

This class will be held on Wednesdays, 6:30 to 7:30 p.m., Feb. 4 through 25 at the APG Athletic Center. The instructional classes are hands-on training designed to teach the fundamentals of

body building. Participants will learn precise exercises and workout procedures essential for achieving desired results. Diet and nutritional needs will also be discussed. Proper exercise clothing is required. Register by Jan. 24. Cost for this class is \$40.

### Foxwoods Casino weekend trip

It's a 'sweetheart' special that includes hotel room at the Foxwoods Casino Two Trees Inn, Feb. 6 through 8, \$10 food credit or full festival buffet, \$5 food credit of full breakfast buffet, \$20 match play coupons, \$5 pull tab, 20 percent discount at any Foxwoods Gift Shop with purchase, free souvenir, two for one Cinetropolis ticket, and \$2 off museum coupon.

Two Trees Inn offers Foxwoods' guests an indoor pool and fitness room, a gift shop and a 24-hour courtesy casino shuttle. The 280-room inn has its own restaurant and lounge.

Cost is \$334 (single), \$230 (double), or \$206 (triple). Register by Jan. 16.

### Laugh 4 Ever Comedy Show

Join in the laughter at the Post Theater on 8 p.m., Feb. 7 for a comical event. Four successful comedians will rock the house with laughter: Kenny Williams, Red Bone, Barbara Carlyle and TP Hearn. Ticket cost will start at \$15 in advance and \$20 on the day of the show.

### Experience Harlem

Celebrate Black History month with a tour of Harlem, NY, Feb. 21. Starting with lunch at Sylvia's Restaurant, the queen of soul food, travel back in time with a tour of the world famous Apollo Theater, the Cotton Club, and local museums. There will still be time for other sightseeing and shopping. Bus will pick up at Edgewood Shopping Center at 7:30 a.m. and the Old Ames Shopping Center in Aberdeen at 8 a.m. Register by Feb. 5.

## Comedy Jam to bring laughs to APG

**Yvonne Johnson**  
APG News

The Morale, Welfare and Recreation and the Community Recreation Division will present the "Laugh 4 Ever" Comedy Jam at the Aberdeen Proving Ground Post Theater, Friday, Feb. 7. Doors open at 8 p.m. and the show starts 9 p.m.

The show features T.P. Hearn, Barbara Carlyle, Kenny Williams and Red Bone from BET's Comic View.

Ticket costs start at \$15 in advance, and start at \$20 at the door.

### T.P. Hearn

Also known as the 'singing comic,' Hearn, a singer turned comic has been performing since the early 80s. He has appeared on "The Apollo Comedy Hour," "Def Comedy Jam," and "Comic View" on Black Entertainment Television.

See COMEDY, page 10

## LIBRARY BOOK CORNER

Operating hours of the Aberdeen Area Library, building 3320, are Saturday and Sunday 1 to 5 p.m., and Monday, Wednesday and Thursday, 11:30 a.m. to 6:30 p.m. The Edgewood Area Library is open Tuesday, 11:30 a.m. to 6:30 p.m. For more information, call 410-436-3589.



**Washington and Caesar** by Christian Cameron

Cameron provides a compelling fictional account of a regiment of slaves, promised their freedom by the British, who fought in the Loyalist corps during the Revolutionary War. Acquired by George Washington in 1773, Caesar is sent away from Mount Vernon for having the temerity to laugh at a

comedy of errors involving his normally staid and dignified master. Forever changed after being discarded so casually, he educates himself and, once war is declared, jumps at the chance to fight alongside the British."

**Retreat, Hell!** by W.E.B. Griffin

**Crown Jewels** by Fern Michaels

**The Hot Flash Club** by Nancy Thayer

**The Amateur Marriage** by Anne Tyler

The library's online catalog can be accessed at [www.apgmwr.com/recreation/libraries.html](http://www.apgmwr.com/recreation/libraries.html).

## SCHOOL LIAISON/YOUTH EDUCATION

### FINANCING COLLEGE EDUCATION

Information is available on college scholarships and loans at the School Liaison/Youth Education Services office, building 2752. If interested, call Ivan Mehosky at 410-278-2857.

### SCHOOLS OUT

To get the latest information on Harford County Public School closings throughout the year, visit [www.schools-out.com](http://www.schools-out.com). For more information, call 410-588-5203.

### TEENAGERS PREPARING FOR SUCCESS

Based on the national best-seller by Chad Foster, and read by over a half million teenagers across the country, Ivan Mehosky is taking sign-ups through Jan. 28, for APG teens 13 years of age and up for a series of evening classes starting in February.

Meeting dates, times and location will be announced pending interest (parents will

be notified).

Using a video, lecture, group discussion and student workbook, Chad Foster relates to young people and delivers the messages that parents, educators, and employers value and reward.

Through inspirational and entertaining stories about people like Michael Jordan, Elton John, and Arnold Schwarzenegger, the teaching topics and the book's messages of success focus on: pursuit of dreams, communication skills, early career preparation, networking skills, integrity and community service.

*(About the Author: Chad Foster is one of America's most sought-after motivational speakers. Through in-person appearances or his video, he shares his messages of success with more than 120,000 students and educators each year.)*

For more information or to sign-up, call Ivan Mehosky at 410-278-2857.

## Bowling update

### Wednesday Lunch Doubles

#### Week of Jan. 10

**Men's High Game Scratch**  
Kevin Dougherty, 209  
Dan Snoha, 183  
**Men's High Game Handicap**  
Henry Schwartzman, 268  
Bart Pierce, 250  
**Men's High Series Scratch**  
Kevin Dougherty, 377  
Dan Snoha, 344  
**Men's High Series Handicap**  
Henry Schwartzman, 499  
Cliff Hubbard, 461  
**Women's High Game Scratch**  
Kathy Krout, 217  
Sue Spagnuolo, 162  
**Women's High Game Handicap**  
Betty Taylor/Kathy Krout, 264  
Shelley Sanders, 247

**Women's high Series Scratch**  
Kathy Krout, 338  
Dawn Gordner, 308  
**Women's High Series Handicap**  
Dawn Gordner, 452  
Betty Taylor, 450

### Wednesday Mixed

**Men's High Game Scratch**  
Stuart Thacker, 231  
Ken Shoemaker, 214  
**Men's High Game Handicap**  
Stuart Thacker, 250  
Ken Shoemaker, 238  
**Men's High Series Scratch**  
Stuart Thacker, 621  
Tom Curtis, 543  
**Men's High Series Handicap**  
Stuart Thacker, 663  
Charles Sorenson, 619  
**Women's High Game Scratch**  
Marian Nelson, 204  
Kathy Anderson, 200

**Women's High Game Handicap**  
Marian Nelson, 237  
Kathy Anderson, 236  
**Women's High Series Scratch**  
Anita Harris, 537  
Kathy Anderson, 521  
**Women's High Series Handicap**  
Anita Harris, 636  
Kathy Anderson, 629

### Thursday Lunch Doubles

**Men's High Game Scratch**  
Barry Hudler, 205  
Ken Paxton, 199  
**Men's High Game Handicap**  
Ken Paxton, 263  
John Heath, 260  
**Men's High Series Scratch**  
Barry Hudler, 392  
Gordon Brown, 361  
**Men's High Series Handicap**  
John Heath, 485  
Barry Hudler, 459  
**Women's High Game**

**Scratch**  
Stacy Smith, 178  
Leeann Brainard, 168  
**Women's High Game Handicap**  
Jane Fortes/Ruthann, 254  
Gina Bukowski, 244  
**Women's High Series Scratch**  
Stacy Smith, 333  
Leeann Brainard, 312  
**Women's High Series Handicap**  
Ruthann Cunningham, 475  
Jane Fortes, 470  
**Thursday National Guard Men's High Game Scratch**  
Bernard Hammond, 224  
Virgil Mills, 206/204  
**Men's High Game Handicap**  
Ronson Rajopa, 260  
Jeff Finkel, 248  
**Men's High Series Scratch**

Virgil Mills, 590  
Frank Mitchell, 537  
**Men's High Series Handicap**  
Ronson Rajopa, 682  
Virgil Mills, 668  
**Women's High Game Scratch**  
Sally Leonetti, 213  
Shelly Burmeister, 168  
**Women's High Game Handicap**  
Sally Leonetti, 270  
Barbara Adams, 230  
**Women's High Series Scratch**  
Sally Leonetti, 459  
Shelly Burmeister, 437  
**Women's High Series Handicap**  
Barbara Adams, 649  
Sally Leonetti, 630  
**Friday Fun Bunch Men's High Game Scratch**  
Johnny Jones, 222  
Virgil Mills, 201  
**Men's High Game Handicap**  
Johnny Jones, 264



# Army News



## Expanded Army Stop-Loss affects 7,000 deployed troops

**Donna Miles**  
American Forces Press Service

The Army's expansion of the stop loss/stop movement program is expected to affect about 7,000 active-duty Soldiers deployed in support of Operations Enduring Freedom and Iraqi Freedom.

Col. Elton M. Manske, chief of the Army's Enlisted Division, said the expansion will affect only Soldiers already in theater who have upcoming service expiration dates or approved or scheduled retirement dates.

Most deployed Soldiers, he explained, are not affected because they have service obligations that extend beyond their deployments.

The stop-loss restrictions bar voluntary separations and retirements for Soldiers in designated units throughout their deploy-

ments and up to 90 days after their unit returns to its home station. In addition, the stop-movement policy suspends the normal rotation of Soldiers into and out of affected units.

The expansion essentially levels the field for all Soldiers deployed in the war on terror, Manske said. Units slated for the next rotations to Iraq and Afghanistan already are subject to stop-loss restrictions based on a Nov. 13 Army announcement. In addition, mobilized Reserve and Guard troops are subject to a stop-loss policy that took effect in November 2002.

Manske said readiness requirements drove the Army leadership to expand the program to include troops deployed for the first rotation of Operation Iraqi Freedom and the fourth rotation of Operation Enduring Freedom.

"This decision is really being driven by the readiness of units and the absolute intent to keep the units themselves intact down

to as low as the squad and crew level," he said, "so we are assured of putting the best fighting force on the battlefield in support of the Soldiers as well as the Army at large."

Manske said the Army leadership recognizes that the decision probably will create hardships and disrupt plans for some of the affected Soldiers.

"The Army and Defense leadership are very sensitive to the impact that this potentially has on individual Soldiers and their families," he said. "I would emphasize that there is no intent to keep Soldiers any longer than is absolutely necessary to sustain unit readiness beyond their contractual obligations or to keep them from moving on to other assignments.

"We intend to take care of our Soldiers."

## Warrior ethos, not just for combat Soldiers

**Joe Burlas**  
Army News Service

While the warrior ethos may be central to the new Soldier's Creed, it is not new to the Army.

Field Manual 22-100, Army Leadership, published in August 1999, defines the warrior ethos as the desire to accomplish the mission despite all adversity.

The manual also states, "The warrior ethos applies to all Soldiers and (Department of the Army) civilians, not just with those who close with and destroy the enemy."

The warrior ethos is also discussed in FM 7-0, Training the Force, published in Oct. 2002: "Warrior ethos compels Soldiers to fight through all conditions to victory no matter how much effort is required. It is the Soldier's selfless commitment to the nation, mission, unit and fellow Soldiers. Warrior ethos is grounded in refusal to accept failure."

And according to Brig. Gen. Benjamin C. Freakley, chief of Infantry and Fort

Benning commanding general, the warrior ethos is about manning the force with adaptive Soldiers who do not rely on a single set of job skills to get the job done.

"What we are talking about is adaptive Soldiers who are situationally aware of what is going on around them and have a mindset that is ready to quickly adapt to changing situations and environments to accomplish the mission," Freakley said. "It is like a football team where the quarterback reads the defense on the line after the huddle and doesn't like what he sees. With a good team, the quarterback can call an audible for a different play at the last minute based upon the defensive situation."

Warrior ethos extract from the Soldier's Creed:

*I will always place the mission first.  
I will never accept defeat.  
I will never quit.  
I will never leave a fallen comrade.*

## Viewing records online

Army News Service

Soldiers can now review their personnel information on the Web in a one-page Enlisted Records Brief.

Official photographs were added last month to the online Officer Records Briefs, which first became available on the Web in June. The ERBs went online in December.

MyERB and MyORB are now both on the U.S. Army Human Resources Command homepage at <https://www.hrc.army.mil>. Just click on the "Active" link at bottom right. Then the MyORB and MyERB links can be found in the left chimney.

The Web-based solution enables active-duty Soldiers to prepare for promotions by reviewing their records summary via the Internet, HRC officials said. Army Reserve Soldiers and officers can review some of their personnel information via the My2Xcitizen portal. Both the HRC

and Reserve portals require Army Knowledge Online accounts and passwords.

"We believe that Soldiers' access to their personnel information is the best it's ever been with the ERB going online," said Col. Reuben Jones, commander of the Enlisted Records and Evaluation Center.

"If Soldiers need to make changes, they should still contact their S-1," Jones said. "Once changes are made in eMILPO, Soldiers should see corrections to their ERB within 24 to 48 hours."

The ERB virtually replaces two forms — the old three-page ERB and the four-page DA form 2-1 for enlisted personnel, officials said. They added that the new ERB is now available for viewing 24/7 on the EREC homepage.

Similar to the ORB, the ERB contains personnel information used to manage professional development, assignments, and promotions such as assignment histo-

ry, civilian and military education, awards and decorations, special skills and individual qualifications. Both documents are updated from the data stored in eMILPO.

Currently, only the ORB includes a photo. The ERB will incorporate enlisted official photographs from the Department of the Army Photo Management Information System, known as DAPMIS, in a couple of months, officials said.

The ORB site has had about 25,000 "hits" since Dec. 18 when the photos were added.

"It is important that everyone ensures ... personnel information is accurate and updated," said Brig. Gen. Rhett Hernandez, director of Officer Personnel, HRC. "MyORB with the photo is another step toward that end state."

(Editor's note: Shannon Brown, chief of the HRC Information Management Branch and Sgt. Maj. Deborah Seimer, the EREC sergeant major in Indianapolis, Ind., contributed to this story.)

## USO-Metro prepares for "Miles of Smiles" ceremony

USO

The USO of Metropolitan Washington is planning the 17th annual "Miles of Smiles" ceremony. USO-Metro will present the world's longest Valentine to the Veteran's Hospital in conjunction with the National Salute to Hospitalized Veterans Week of Feb. 12. The area's military and corporate communities are asked to join USO-Metro in this effort to remember the nation's veterans.

The Valentine consists of perforated computer paper that is attached to a large red heart, which will be presented to the veterans by a celebrity. If computer paper is not available, any

type/color paper may be used, and anything appropriate may be affixed to submissions. Participating organizations are asked to use their own paper and get as many people as possible to participate by signing, drawing and/or attaching personal cards on their portion of the card.

Participants should submit their portion of the Valentine to Dawn Ruth, building 405 Community Activities Center, Fort Myer, Va., by Feb. 6. The contributed portions will be linked together and presented to the Veterans Hospital on Feb. 12.

For more information or to participate, call Dawn Ruth at 703-696-3279 or e-mail [ruthd@fmmc.army.mil](mailto:ruthd@fmmc.army.mil).

## Sports

### Basketball update

The following intramural basketball update was received from the APG Sports Office for the week ending Jan. 9. For inquiries regarding statistics, call 410-278-3931.

#### American Division

**Results**  
Jan. 5  
ATC/HST, 36; 203rd MI, 31  
TF 121st, 39; HHC 61st, 25  
NCOA, 68; KUSAHC, 40  
Jan. 7  
HHC 61st, 47; ATC/HST, 30  
NCOA, 47; TF 121st, 28  
KUSAHC, 32; 203rd MI, 31

#### Schedule

Jan. 21  
6:30 p.m., TF 121st vs. 203rd MI  
7:30 p.m., ATC/HST vs. NCOA  
8:30 p.m., KUSAHC vs. HHC 16th  
Jan. 26  
6:30 p.m., HHC 16th vs. NCOA  
7:30 p.m., 203rd MI vs. HHC 61st  
8:30 p.m., TF 121st vs. KUSAHC  
Jan. 28  
6:30 p.m., HHC 61st vs. HHC 16th

7:30 p.m., KUSAHC vs. ATC/HST  
8:30 p.m., NCOA vs. TF 121st  
**Standings**  
NCOA 2-0  
HHC 61st 1-1  
ATC/HST 1-1  
KUSAHC 1-1  
TF 121st 1-1  
203rd MI 1-1  
HHC 16th 0-0

#### National Division

**Results**  
Jan. 6  
Company C 16th, 45; USMC, 32  
Company E 16th, 40;  
Company B 16th, 21  
USAF, 29; Company A 16th, 19  
Jan. 8  
Company C 16th, 46;  
Company A 16th, 41  
USMC, 30; Company B 16th, 21  
Company E 16th, 52; USAF, 39

#### Schedule

Jan. 20  
6:30 p.m., USAF vs. USMC  
7:30 p.m., Company C 16th vs. Company B 16th  
8:30 p.m., Company A 16th

vs. Company E 16th  
Jan. 22  
6:30 p.m., Company E 16th vs. Company B 16th  
7:30 p.m., Company C 16th vs. USMC  
8:30 p.m., Company A 16th vs. USAF  
Jan. 27  
6:30 p.m., USAF vs. Company E 16th  
7:30 p.m., Company C 16th vs. USMC

8:30 p.m., USMC vs. Company B 16th  
**Standings**  
Company E 16th 2-0  
Company C 16th 2-0  
USMC 1-1  
USAF 1-1  
Company B 16th 0-2  
Company A 16th 0-2

#### Edgewood Division

**Results**  
Jan. 5  
MRICD, 38; Company B 143rd, 37  
RDECOM, 52; Company C 143rd, 21  
HHC 143rd, 45; TEU, 21

Jan. 7  
RDECOM, 43; MRICD, 33  
TEU, 44; Company C 143rd, 43  
**Schedule**  
Jan. 21  
6:30 p.m., MRICD vs. HHC 143rd  
7:30 p.m., Company B 143rd vs. Company C 143rd  
8:30 p.m., Company A 143rd vs. TEU  
Jan. 26  
6:30 p.m., TEU vs. RDECOM  
7:30 p.m., Company A 143rd vs. MRICD  
8:30 p.m., HHC 143rd vs. Company C 143rd  
Jan. 28  
6:30 p.m., Company B 143rd vs. TEU  
7:30 p.m., Company C 143rd vs. Company A 143rd  
8:30 p.m., RDECOM vs. HHC 143rd

Jan. 7  
RDECOM, 43; MRICD, 33  
TEU, 44; Company C 143rd, 43  
**Schedule**  
Jan. 21  
6:30 p.m., MRICD vs. HHC 143rd  
7:30 p.m., Company B 143rd vs. Company C 143rd  
8:30 p.m., Company A 143rd vs. TEU  
Jan. 26  
6:30 p.m., TEU vs. RDECOM  
7:30 p.m., Company A 143rd vs. MRICD  
8:30 p.m., HHC 143rd vs. Company C 143rd  
Jan. 28  
6:30 p.m., Company B 143rd vs. TEU  
7:30 p.m., Company C 143rd vs. Company A 143rd  
8:30 p.m., RDECOM vs. HHC 143rd

**Standings**  
RDECOM 2-0  
HHC 143rd 1-0  
TEU 1-1  
MRICD 1-1  
Company B 143rd 0-1  
Company C 143rd 0-2  
Company A 143rd 0-0

### Bench press competition Jan. 24

Morale, Welfare and Recreation and the APG Sports Office is holding the Annual Bench Press Competition at Hoyle Gym, Jan. 24. Weigh-in begins at 7:30 a.m. with the competition starting 9:30 a.m.

The event will consist of five weight classes for military women, 12 for military men, and two categories each for civilian men

lightweight/heavyweight and civilian women lightweight/heavyweight.

Participants may sign up in advance at Hoyle Gym or at the Aberdeen Area Athletic Center.

For more information, call Donna Coyne, MWR intramural sports coordinator, at 410-278-3929 or e-mail [donna.coyne@usag.apg.army.mil](mailto:donna.coyne@usag.apg.army.mil).

### Start Smart Basketball

A Start Smart Basketball Program for children ages 3 to 4 will be held on Saturday afternoons in Aberdeen and Saturday mornings in Edgewood, beginning in March. Registration will be held through Jan. 30.

The program fee is \$30. Participants will be taught the basic motor skills necessary to play organized basketball while they work one-on-one and spend quality time with their parents. The program will also focus on teaching skills in dribbling, ball

handling, passing, catching, shooting, running, and agility without the threat of competition or the fear of getting hurt.

For more information in the Aberdeen Area, call Christina Keithley at 410-278-7571, [Christina.Keithley@usag.apg.army.mil](mailto:Christina.Keithley@usag.apg.army.mil), or in the Edgewood Area, call Scott Cottrell on Wednesdays at 410-436-2172.

**Volunteers needed**  
Volunteer coordinators are needed. To volunteer, call Bill Kegley at 410-306-2297, or e-mail him at [Bill.Kegley@usag.apg.army.mil](mailto:Bill.Kegley@usag.apg.army.mil).

### Bowling

From page 8

Chuck Sabina, 261  
Men's High Series Scratch  
Johnny Jones, 578  
Virgil Mills, 577  
Men's High Series Handicap  
John Lewis, 691  
Johnny Jones, 686  
Women's High Game Scratch  
Luz Montanez, 181

LaTasha Taylor, 162  
Women's High Game Handicap  
Lucy Montanez, 260  
Ronda Taylor, 251  
Women's High Series Scratch  
Luz Montanez, 473  
Ellen Hopkins, 467  
Women's High Series Handicap  
Ronda Taylor/Lucy Montanez, 665  
LaTasha Taylor, 664  
**Saturday Youth - Rising Stars**  
Boy's High Game Scratch

David Sexton, 147  
Dauvon McCormick, 144  
Boy's High Game Handicap  
David Sexton, 268  
Dauvon McCormick, 249  
Boy's High Series Scratch  
Dauvon McCormick, 367  
David Sexton, 320  
Boy's High Series Handicap  
David Sexton, 683  
John Keegan, 646  
Girl's High Game Scratch  
Jessell Cons, 135

Magan Pace, 129  
Girl's High Game Handicap  
Jessell Cons, 258  
Lawrencia Searles, 240  
Girl's High Series Scratch  
Jessell Cons, 362  
Magan Pace, 308  
Girl's High Series Handicap  
Lawrencia Searles, 665  
Jessell Cons, 632  
**Saturday Youth - Shooting Stars**  
Boy's High Game Scratch

Chris Denardi, 198  
Curtis Swauger, 190  
Boy's High Game Handicap  
Chris Denardi, 269  
Luke Lepard, 268  
Boy's High Series Scratch  
Chris Denardi, 488  
Curtis Swauger, 483  
Boy's High Series Handicap  
Chris Denardi, 737  
Juan Ponce, 667  
Girl's High Game Scratch  
Ashley Taylor, 181

Jessice Page, 124  
Girl's High Game Handicap  
Ashley Taylor, 264  
Jessica Page, 236  
Girl's High Series Scratch  
Ashley Taylor, 523  
Heather Miller, 297  
Girl's High Series Handicap  
Ashley Taylor, 716  
Heather Miller, 622



Courtesy of INTERNATIONAL IMAGING  
The anti-tank Stryker fires a Tube-launched, Optically-tracked, Wire-guided (TOW) missile during a test at Aberdeen Test Center.



Courtesy of ATC  
The Aberdeen Test Center subjects major military systems to live-fire tests on behalf of the Army Test and Evaluation Command. ATC has also designed and fabricated prototype add-on armor for tanks sent to Iraq.



Courtesy of ATC  
A Bradley Fighting Vehicle fords the water in a low spot on one of the roadway courses at ATC on APG. The Aberdeen Test Center has tested the Bradley, the Abrams tank and other vehicles that saw action during Operation Iraqi Freedom.



Courtesy of U.S. ARMY  
An Abrams tank fires a round downrange during a night test. Among its various tasks in support of Operation Iraqi Freedom, ATC tested the friendly-forces tracking system and other improvements to communications systems for the Abrams tank.

# APG testers working to support war efforts in Iraq

**Mike Cast**  
DTC

The Soldiers and civilians supporting America's fight against terrorism and weapons of mass destruction may be less visible than U.S. war fighters, but they are making a vital contribution to the nation's war efforts. Among them are the engineers, scientists, technicians and specialists who work for the U.S. Army Developmental Test Command, the technical tester for the Army Test and Evaluation Command.

Headquartered at Aberdeen Proving Ground, where its U.S. Army Aberdeen Test Center is also located, DTC oversees diverse test centers throughout the United States, enabling the command to subject military systems to rigorous testing in natural and man-made environments. The center tests everything from boots to the latest precision-guided weapons. Its testers collect and record the accurate, impartial test data that Army evaluators need to analyze system performance and report their findings.

Test support is not limited to the Army. The command conducts tests for the Defense Department and provides technical support to other government agencies, including those responsible for homeland defense and law enforcement.

Another key mission is to verify the operational safety of military systems

and document concerns about their safety. Between October 2001 and April 2003, DTC issued "Safety Confirmations" to support the "urgent materiel release" of 43 systems in support of America's war fighters. The DTC test centers often had only a short time to support the development of safety documentation.

The command's other key mission is to develop and acquire new test technologies. A large percentage of DTC's budget is invested in this effort, particularly in technologies designed to simulate operational environments.

Through investments in this and other initiatives, DTC is helping field today's technologies to war fighters while preparing to test Future Combat Systems.

## Aberdeen Test Center

Since World War I, the Army has been testing weapon systems at APG. The Developmental Test Command's ATC employs its specialized expertise to test major combat vehicle systems as well munitions, small arms, components of uniforms, tents, and even vessels used by the Navy and Marine Corps. The M1 tank and Bradley Fighting Vehicle used heavily in Iraq underwent extensive developmental testing at ATC.

As the Army geared up for Operation Iraqi Freedom, ATC provided a wide range of technical support that contributed substantially to

the war effort, and ATC technical expertise supports ongoing operations.

When an armor vulnerability of the Abrams M1A1 tank was discovered, ATC quickly helped design, fabricate and test prototype add-on



Photo by SGT. MAURICIO CAMPINO  
Marines deployed to Iraq for Operation Iraqi Freedom fire a Javelin anti-tank missile. The Redstone Technical Test Center in Alabama has supported a variety of Javelin test programs.

armor for the tank. Its team needed only seven days to help develop a concept and fabricate the armor.

The 3rd Infantry Division found it needed to enhance the situational awareness and passing of messages from tank to tank using the Force XXI Battle Command, Brigade and Below (FBCB2) communications system. The Blue Force Tracker, a satellite-based FBCB2 system, was

added to 3rd ID tanks to meet this need. ATC tested the system to ensure it would not be adversely impacted by electromagnetic interference and did the tests needed to certify system safety.

Aberdeen Test Center conducted electromagnetic interference testing of additional radios placed in a 1st Armored Division brigade commander's M1A1 Command Vehicle. Its technicians traveled to Germany to help modify the commander's tank.

Other 1st AD Brigade commanders used vehicles outfitted with similar equipment. ATC also tested the equipment and completed a safety certification.

The Army's System Enhancement Package for the Abrams M1A2 tank included new software for the tank's nuclear, biological and chemical protective system.

Software improvements to FBCB2 databases and maps of Iraq were included in the package, tailored to the needs of the 4th Infantry Division and 1st Cavalry Division. The test center completed the necessary safety-certification testing of this software.

It received a contract to fabricate

16 containers used to transport spare vehicle power packs around the world. Its Welding and Machine Shop copied the designs of existing containers, ordered the needed materials and quickly began fabricating the containers when the materials arrived.

ATC's Support Equipment Team tested the Improved Ribbon Bridge, deployed with military units in February 2003 in support of Operation Iraqi Freedom. They also tested the Dry Support Bridge and the Wolverine Bridge, deployed so forces could cross gullies and low spots throughout the Iraqi desert.

The center provided a wide range of other types of support before and during U.S. military operations overseas, often working long hours to get the job done as quickly as possible.

The Development Test Command's other centers include White Sands Missile Range, N.M.; Redstone Technical Test Center and Aviation Technical Test Center, Ala.; Electronic Proving Ground and Yuma Proving Ground, Ariz.; and Dugway Proving Ground, Utah.

## Employees answer the call

To date, 19 DTC employees had been activated for service in their Reserve or National Guard units either in the United States or abroad. Four DTC employees deployed as civilians to assist with military operations overseas.

## Comedy

From page 8

Hearns may be best known for his imitation of singers like Keith Sweat, Al B. Sure and Bobby Brown during his "Singers Who Can't Sing" bit. He is sure to leave plenty laughing in the aisles by the time he's done.

### Barbara Carlyle

Hailed as the "Diva of Comedy," Barbara "Cat Eyes"

Carlyle will keep the audience rolling with her stories about relationships, sex, and money, or the lack of them.

Tickets for the "Laugh4Ever" Comedy Jam may be purchased at MWR Registration in building 3326, over the phone at 410-278-4907/4011, or online at [www.apgmwr.com](http://www.apgmwr.com).

For more information, call Earlene Allen, MWR programs manager, at 410-278-3854 or e-mail [earlene.allen@usag.apg.army.mil](mailto:earlene.allen@usag.apg.army.mil).

Photo by DEBI HORNE

### A festive welcome home

Family members of the 400th Military Police Battalion arrived in the early morning hours of Jan. 12 to set up welcome home signs, balloons and plenty of food and drinks at the APG Recreation Center. Members of the unit have been deployed to Iraq since April 2003.

