



## POST SHORTS

### Recycling schedule



The recycling pickup for Wednesday, Jan. 23, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

### USE BOTH LANES

Drivers are urged to use both lanes as they approach the gates to APG's Aberdeen Area.

At the barricades, motorists should alternate the right of way - allowing every other car to move into the primary entrance lane, like a zipper. This more efficient movement of traffic will speed up the process.

The provost marshal warns drivers who pull out in front of other vehicles, block traffic lanes or exhibit other aggressive tendencies, that they are driving on a federal installation and are subject to citations through the federal court system.

### Closures at Kirk to observe MLK holiday

Kirk U.S. Army Health Clinic will observe a training holiday on Friday, Jan. 18, with limited service available. Urgent appointments can be made through Nurse Triage at 410-278-1751.

KUSAHC will also be closed in observance of the Martin Luther King federal holiday on Monday, Jan. 21.

### Need help parenting a teenager?

Army Community Service has a great opportunity to help parents that need a little help parenting a teenager. "Active Parenting for Teens" is a class to help today's parents deal with the many challenges of raising a teenager. This six-week class will be held every Monday, Jan. 28 to Mar. 11, 6:30 to 8:30 p.m., at ACS, building 2754, Rodman Road.

To register for this class, or if you have any questions, contact Laura Reich, family advocacy prevention specialist, at 410-278-7478.

### MCSC to donate funds

The Aberdeen Area Military and Civilians Spouses' Club will donate funds to organizations and charities this spring. Groups interested in placing a request for funds should do so in writing.

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'Martin,' a poem written by Yvonne Johnson

# VTC up and running for APG families

Yvonne Johnson  
APG News

Technology has enhanced communication capabilities for several Aberdeen Proving Ground community family members with loved ones deployed overseas.

Several local families have taken advantage of the video teleconference, or VTC, service offered by Army Community Service, which allows participants to see their loved one as they converse.

Managed by retired Command Sgt. Maj. Godofredo Posadas, Stability and Support Operations Readiness manager, the new capability has become popular among the families of active and National Guard servicemembers.

Many who have used the service said they were surprised and pleased with it.

A Perry Hall couple, Frank and Sandra Trimble, whose son, Maryland Army National Guard Sgt. Scott Trimble, is serving in Bosnia, said they were glad they were able to see their son and know that he was well.

"It was wonderful to see him while we were talking," Sandra Trimble said. "He calls home a lot but this is so much nicer."

Married to a 22-year veteran of the Maryland Army National Guard, Trimble said her 22-year old son was the first member of the family to serve overseas.

"He was very excited about the VTC," she said. "He and my husband look forward to doing it again. It's amazing the things my family has experienced with the military," she added.

Judy DeLarosa, an Edgewood Area mom, chatted with her husband, Staff Sgt. Alexander DeLarosa, serving with a Joint Task Force in Honduras. DeLarosa is a veterinary technician with the U.S. Army Medical Research Institute of Chemical Defense.

Five months pregnant with four young children, DeLarosa said the event was a special treat for her family.

"They thought it was so cool, being able to see daddy," she said. "I think it did more for him than it did for us."

"It's real nice what ACS is doing for families," she added, noting that the organization has been in touch with her about other available services for families of deployed servicemembers.

"We're doing fine. Knowing that they're here for us keeps

See VIDEO, page 14



Photo by GODOFREDO POSADAS  
Tatyanah Quintero, 6, reaches out to her father, Maryland Army National Guard Sgt. Javier Quintero, during a video teleconference in the Army Community Service Family Assistance Center. Quintero is serving in Bosnia with the 29th Aviation Brigade. His mother, Mary Quintero, right, and daughter traveled from Randallstown for the session.

## Army Officer Candidate School board announced

Steve Schultz  
SBCCOM

On Feb. 28, the U.S. Army Garrison, Fort Meade, will convene a board for soldiers applying for attendance at the U.S. Army Officer Candidate School.

Along with the United States Military Academy and the Reserve Officer Training Corps, the Officer Candidate School remains an important source of commissioned officers for the Army.

The Army recently increased the number of soldiers who may attend Officer Candidate School. Candidates apply through local boards - Fort Meade for Aberdeen Proving Ground soldiers - and those selected begin a rigorous, 14-week course of instruction at Fort Benning, Ga.

APG soldiers who wish to become commissioned officers should prepare their applications early. The key prerequisites for eligibility are:

- Be a citizen of the United States.
- Have a GT score of 110 or higher.
- Pass the Army Physical Fitness Test scoring at least 180.
- Pass the Scholastic Aptitude Test, with a minimum score of 850 or American College

Test, with a minimum score of 19. -

- Have completed at least 90 semester hours of college study.
- Achieve a score of 80 or higher on the English Comprehension Level Test; if primary language is not English.
- Be at least 18 years old and less than 30 (can waiver age up to 35). Have a complete physical exam six months prior to date of application.

Completed packets must be submitted to the U.S. Army Soldier and Biological Chemical Command Military Personnel Office not later than Friday, Feb. 1. Each application consists of one packet containing all original documents and three photocopies of the original packet.

Additional information may be found in Army Regulation 351-5, Officer Candidate School, or the U.S. Army Ordnance Center and Schools' Web page, <http://www.armyocs.com/home/>.

For more information, contact the SBCCOM Adjutant's Office, 410-436-4141; e-mail milpo@sbccom.apgea.army.mil; or call Vanessa Cefaloni, 410-436-2130 or Steve Schultz, 410-436-3239.

## Dental Clinic to change sick call hours

Lt. Col. Michael E. Garvin

APG Dental Clinic Command

The Aberdeen Proving Ground Dental Clinic Command is changing the hours of sick call effective Feb. 1.

Currently, sick call is from 7 to 9 a.m., Monday through Friday. Effective Feb. 1, sick call will be from 7 to 8 a.m., Monday through Friday. The reason for the change is to increase operating efficiency and to open up more appointments for the patient population.

In order for sick call to be handled efficiently, the treating dentist needs to be able to triage and diagnose those patients requiring immediate

treatment to properly gauge the time required for each procedure. By consolidating the sick call period, the process will allow the sick call dentist to complete sick call in a more timely manner, and ultimately create more appointments for patients.

True dental emergencies that might occur outside the window of sick call will be seen whenever they occur.

The purpose of this policy is to create a more efficient and responsive dental treatment facility.

Any questions or concerns about this policy should be addressed to the Dental Clinic Command at 410-278-1789.

## APG announces Police Officer of the Year



Photo by SHEILA LITTLE

APG Police Officer of the Year Matthew A. Stewart

## Marine, Wildlife and Environmental Law officer named 'best of the best'

Sheila Little  
APG News

In a continuing effort to recognize one individual among those who do a superb effort to protect and defend the installation and its inhabitants, the Aberdeen Proving Ground Directorate of Law Enforcement and Security has selected Matthew Stewart as Police Officer of the Year for 2001.

Col. Mardi U. Mark, garrison and deputy installation commander presented the award to Stewart at a ceremony held at DLES headquarters, Jan. 9. Reviewing Stewart's exemplary law enforcement career, Mark noted that APG has many fine police officers to choose from for the honor.

"It is a compliment to everybody in DLES that choosing the officer of the year is so difficult," said Mark, as she expressed appreciation to Stewart and other DLES personnel for rising to the

increased challenges since Sept. 11, and for doing a superior job. "It's a team effort, and it's our gain that he (Stewart) decided to stay here and remain a part of a great team."

Stewart, a five-year veteran of APG's civilian contingent, has 11 years of experience in law enforcement. Arriving at APG as a military policeman in 1992, Stewart stayed at APG, completing his military assignment in 1995. Upon receiving an honorable discharge, and armed with an associates degree in Criminal Justice from Harford Community College, he accepted a civilian position on the force in 1996.

Stewart recognized the stiff competition for the award and said he was "pleased and honored" to be recognized for doing a job he enjoys. Stewart works in the Marine, Wildlife and Environmental Law Division, maintaining 122 nautical miles of shoreline,

and 44,000 acres of the Chesapeake Bay, streams, wetlands, swamps and marshes. Enforcing hunting, fishing and safety laws, Stewart has also participated in numerous search and rescue missions.

"I was detailed to the Marine and Wildlife Division while I was a military policeman and really enjoyed the experience," Stewart said. "My job is never the same day to day, and that's one thing I like about it. There is no typical day."

Stewart said that one drawback, however, is the hours.

"We often work a lot more during the holidays, because that's when everyone else is off, fishing, hunting or boating," he said.

"If there's one person you can count on it's Matthew. That says a lot," said Bill Armstrong, special agent in the Marine, Wildlife and Environmental Law Division

See POLICE, page 14

## Post Shorts

### SHORTS from front page

Requests should include name of organization requesting funds, the manner in which the funds will be used, list of other fund raising efforts, and a contact person for the organization (name, address and telephone number). Requests must be postmarked by April 1. Submit requests to: MCSC, P.O. Box 752, APG, MD 21005, Attn: Welfare Chairperson.

### TRICARE sponsors free admission

In the wake of the national tragedies, Sierra Military Health Services, Inc., the TRICARE provider for Region 1, sponsors free Sundays during the month of February for active duty military families at Port Discovery in Baltimore and Capital Children's Museum in Washington, D.C.

Several activities are planned for the kids, which may include creating friendship bracelets, drawing their face for the "Faces of Diversity" wall and designing squares for a "Peace Quilt."

The following guidelines are in place at Port Discovery and Capital Children's Museum for active duty family members:

- \* Up to four family members may enter free with an active duty military I.D. (one I.D. per family is necessary).
- \* Must be active duty in order to receive free admission.
- \* Any Sunday throughout the month of February.
- \* The museums will also be open to paying visitors.

Port Discovery is open on Sunday from noon to 5 p.m. and is located at 35 Market Place, Baltimore. For more information, telephone 410-727-8120 or visit Web site [www.portdiscovery.org](http://www.portdiscovery.org).

The Capital Children's Museum is open on Sunday from 10 a.m. to 5 p.m. and is located at 800 3rd Street NE, Washington, D.C. For more information, call 202-675-4120.

### APG newcomer orientation

The Aberdeen Proving Ground Newcomer Orientation will be held Thursday, Feb. 28 at the Aberdeen Area Recreation Center, building 3326, 1 to 3 p.m. All military and civilian personnel, retirees and their family members are invited to attend. Representatives of support agencies and organizations will be present to discuss their activities. Door prizes will be awarded and give-a-ways available. For more information, call Fred Posadas, relocation manager, Army Community Service, 410-278-2453.

### Access to care at KUSAHC

TRICARE Prime-enrolled patients have priority access to appointments at Kirk U. S. Army Health Clinic, or KUSAHC. Non-prime patients are seen at KUSAHC on a space available basis. Non-prime patients such as TRICARE Standard and TRICARE for Life patients can call after 11 a.m. each day for any space-available appointments. Space-available appointments are extremely limited; therefore, it may be difficult to get an appointment at KUSAHC.

If you are under the age of 65 participating in the TRICARE Standard program you can go to any participating provider in your plan. You will have a deductible and cost share to pay in this plan. If you would like KUSAHC to be your treatment facility, please visit the TRICARE Liaison Office to discuss enrollment in TRICARE Prime.

If you are a TRICARE for Life, or TFL, patient you will also be seen on a space available basis. However, you have the choice of going to any Medicare accepting physician or hospital for treatment. Medicare will pay first and TRICARE will pay the remaining fee.

The TRICARE Liaison Office is located on the third floor at KUSAHC. The hours are 8 a.m. to 4:30 p.m.

### AudioCare Call-in Refill System phone line trouble at KUSAHC

A main steam pipe ruptured at Walter Reed in mid-December and melted some of the Refill System phone lines, which has also affected Kirk U.S. Army Health Clinic. Some of the phone cables are wet and will allow a connection but have interference in the background and the refills will not process. The remaining cables are working without difficulty.

Walter Reed Army Medical Center has contacted Verizon, the contractor, to correct the problem. Verizon has stated that it may take 4 to 6 weeks for the problem to be resolved.

If you are having difficulty with the Call-in Refill system, the best way to refill your prescriptions is to use the Internet refill system. The Internet Refill System may be accessed by logging onto the refill Web site at [www.walterreed.army.mil/refills](http://www.walterreed.army.mil/refills). You can refill or inquire on the status of a prescription as well as obtain medication information. You will be presented with the following options after entering your Social Security Number and prescription numbers in the appropriate fields:

1. Order a refill
2. Check on the status of a prescription

### 3. Medication information

An alternative to the AudioCare Call-In system and Internet Web site is to bring in your refills to your pharmacy for processing.

### VTC unites military family members

Army Community Service has set up a free video teleconference, or VTC, available for military families to get in touch with their deployed loved ones. The VTC is located at ACS, building 2754, Rodman Road. Families will be able to see each other on a wide screen while they talk. To set up an appointment, call ACS, 410-278-2453/7474.

### Pollution Prevention

*Buy concentrates, larger-sized containers, or products in bulk to reduce packaging as well as save money. But, do not buy anymore than you will be able to use before the product's expiration date.*

-APG Pollution Prevention Program, Hazardous Materials Management Policy

### MCSC shares cooking secrets

The APG Military and Civilian Spouses' Club has put together a community cookbook with more than 280 recipes. This collection has been tried and tasted by servicemembers all over the world. A special section features recipes from active duty personnel in every branch of the military.

The cookbook is available for purchase on payday weekends at the PX and commissary and at the Aberdeen Area Thrift Shop. It sells for \$8 and all proceeds benefit the local community. You can also purchase the cookbook by calling Angie Salamy at 410-272-6712. She will deliver to your office on post.

### KUSAHC offers classes

The following classes will be held in the Preventive Medicine conference room (Room A-12), located on the first floor at Kirk U.S. Army Health Clinic. For more information and to register for classes, call Preventive Medicine, 410-278-1964.

**"Healthy Eating" weight control:** Class is scheduled from 7 to 9 p.m., Jan. 24. All TRICARE beneficiaries with a desire to learn more about healthy eating, parents and sponsors of children with healthy eating concerns, are invited to attend.

**Take care of yourself:** The Take Care of Yourself class will be held the first and third Wednesday of every month, 10 a.m. to noon. The purpose of the class is to teach patients how to treat minor illnesses and injuries at home and when to see a doctor. The class will be instructed by a registered nurse using the Take Care of Yourself and Taking Care of Your Child handbooks distributed to TRICARE Prime enrollees.

Attendees will receive a Medicine Cabinet Card which will allow them to request specific over-the-counter medications without having to see a primary care provider. This education class and pharmacy privilege is limited to TRICARE Prime enrollees only. To sign up for this class, call 410-278-1725.

### Killington offers armed forces reduced rate lift tickets

This season, members of the U.S. Armed Forces can ski or ride Killington/Pico for \$35 a day with the new Armed Forces Card. The card allows active duty, Reserve, National Guard, or retired members of the U.S. armed forces to purchase a lift ticket at any ticket window any day Sunday through Friday, non-holiday, at the reduced rate, simply by presenting the card and a valid military ID.

"We have created a number of money saving programs this season for various market segments," said Mike Clifford, bulk ticket coordinator. "This card provides exceptional value for members of the armed forces who ski and snowboard. As with any new program, it will be interesting to see how the card is received. So far we have received many requests for card order forms and information from individuals stationed throughout the Eastern United States. We're very excited about the warm reception thus far and hope these service men and women will take advantage of this opportunity to enjoy the exceptional skiing and riding at Killington and Pico."

There is a one-time \$10 fee for each card when ordered in advance through a base recreation or MWR/ITT office or the Killington Group Sales office. To get a card order form, members of the Armed Forces are asked to contact the recreation or MWR/ITT departments at their current duty station.

The fee is \$25 if the card is purchased online or at Killington. To receive a card order form from Killington, contact Mike Clifford at 802-422-6957, [mclifford@killington.com](mailto:mclifford@killington.com) or Barry Speare at 802-422-6132, [bspeare@killington.com](mailto:bspeare@killington.com). Cards purchased online or in person at the resort, may be picked up at the Killington Edge Center in the Snowshed Base Lodge from 9 a.m. to 3 p.m. daily.

For more information, visit Killington's Web site at [www.killington.com](http://www.killington.com).

### Updated MCSC scholarship information

Military/Civilian Spouse Club-funded scholarships (those awarded from the funds the club itself has raised over the course of the year) are available only to the members of MCSC and their immediate family members. MCSC membership is open to all spouses (or surviving spouses) and members of the armed forces of the United States on active duty or retired, and Department of Defense civilian employees and their spouses or surviving spouses. Memberships are still available for the 2001-2002 year. The annual dues have been discounted to \$6 for the remainder of this year.

The MCSC and the Edgewood Area-Officers Wives Club each administer a First Command Scholarship for \$1,000 (formerly known as the USPA IRA Scholarship) that is available to any child or spouse of an active duty, retired or deceased servicemember (excluding the Reservists and National Guard) who will be enrolled in college during the 2002-2003 school year.

### Register now for UMUC spring courses

Registration is now taking place for the University of Maryland University College Spring 2002 semester, which begins Jan. 28. On-site classes offered at Aberdeen Proving Ground include BMGT 364, Management and Organization Theory; COMM 390, Writing for Managers; IFSM 300, Information Systems in Organizations; CMST 385, Internet: A Practical Guide; and EXCL 301, Learning Analysis and Planning. Additional classes are available through the instructional television and distance education formats. For more assistance or to register, visit the APG office of UMUC in building 3146, or call 410-272-8269 and 410-278-4632.

### EAOWC to donate funds

The Edgewood Area Officers' Wives Club will donate funds to various services and charities this spring. If your group or organization is interested in receiving a donation, please submit a request in writing, postmarked no later than March 1, to Diane Payne, 3013 Cascade Drive, Abingdon, MD 21009, or by e-mail to [kdjpayne@earthlink.net](mailto:kdjpayne@earthlink.net). Be as specific as possible in stating the purpose for which the funds are requested. Be sure to include the name, title, address, and telephone number of a contact person. Actual disbursements will be made in May and those who have requested funds will be notified at that time. For more information, call Payne at 410-569-5116.

### Playmorning resumes

Playmorning is available for children between the ages of birth to 6 years. It will be held every Thursday starting today in Edgewood in building E-1902, 9:30 to 11 a.m. Playmorning continues in Aberdeen every Wednesday at the Aberdeen Area Chapel. For additional information, call Diana Hayes, Parents & Children Together coordinator at 410-278-7474/7478.

### TSP open season ends Jan. 31

The Thrift Savings Plan Open Season lasts until Jan. 31. During the open enrollment period employees may elect to enroll in TSP or change their current TSP deduction. TSP Open Season Update Pamphlets will be distributed to agency administrative offices upon receipt in the Civilian Personnel Advisory Center.

Employees are now required to contact the Army Benefits Center-Civilian, or ABC-C, at 1-877-276-9287 or [www.abc.army.mil](http://www.abc.army.mil) to enroll in TSP or change the amount of their contribution. Employees must also contact the TSP Office at 1-504-255-8777 or [www.tsp.gov](http://www.tsp.gov) if they wish to change their fund allocation. Personal Identification Numbers are required for both ABC-C and TSP. Employees who wish to change the way their current balance is invested must request a TSP Interfund Transfer. Interfund transfers can be made by calling the TSP office, using the Web site, or completing a TSP-50.

For more information, contact your servicing personnel assistant, Aberdeen Proving Ground CPAC.

# APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM, APG, MD 21005-5005, 410-278-1150. Printed circulation is 13,500.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

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**For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 324, Second Floor, AMSSB-GIM, APG, MD 21005-5005; call the editor at 410-278-1150, DSN 298-1150; fax it to 410-278-2570; or e-mail it to [editor@usag.apg.army.mil](mailto:editor@usag.apg.army.mil).**

**Deadline for copy is Thursday at noon for the following Thursday's paper.**

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## Fistful of playmates



Photo by YVONNE JOHNSON

Sylvester and Tweety are looking for new playmates. These two male domestic shorthairs have beautiful black and white coats, are playful and in need of new homes. Both are about 2 years old and neutered. They and other cats and dogs are available for adoption at the Post Veterinary Treatment Facility. You do not have to be active-duty military to adopt a pet. For more information, call 410-278-4604.

# APG chaplain assistant recognized as 'best' by AMC



Photo by SHEILA LITTLE  
Spc. David Miedaner, U.S. Army Materiel Command Chaplain Assistant of the Year, looks over the chapel accounts, part of his job as the chapel fund clerk. The trophy of a soldier that he won for being the best chaplain assistant in the AMC, is pictured in the background.

**Sheila Little**  
APG News

Spc. David Miedaner is the U.S. Army Materiel Command's Chaplain Assistant of the Year. The competition, held in Orlando, Fla., in late November, was just another item to add to the full plate of a very involved soldier, family man and part-time college student.

Serving his first Army tour as the chaplain assistant for the Aberdeen Proving Ground Garrison Chapel, the former Marine re-entered military service after a brief stint as a civilian last year.

In addition to arranging chapel events and assisting with the other functions associated with religious support, Miedaner added the job title of chaplain fund clerk, keeping the books and balancing the accounts for the garrison chapel, three months ago.

Similar to other Soldier of the Year boards, the AMC

Chaplain Assistant of the Year board members met with each candidate, assessed their specialty skills and assigned additional points for military knowledge, uniform appearance, and physical training scores.

Grateful for the honor of being chosen AMC's best, Miedaner said faith and a supportive family and co-workers were key to coming out on top.

"I'd like to give all the credit to the Lord," Miedaner said. "If anyone had anything to do with it, it was Him."

With the support of his wife Susan, Miedaner was able to keep up with his work at the chapel, prepare for the chaplain assistant board, and successfully complete a year of college credits.

Miedaner said that he found the time to study while son Lennex, 3, and daughter Sierra, 1, were sleeping. He gave credit to his wife for understanding.

"It was hard to find the time

to study, but my wife was very patient with me," he said.

Miedaner thanked his co-workers for their support, and said that he felt confident and well-prepared going into the competition due to the help of Staff Sgts. Anthony Harris and William Benjamin, chapel assistants, and Sgt. 1st. Class Vada Jones, the senior enlisted chaplain assistant at APG.

"I knew in advance that he would come out number one, and I told him that before he left (for the competition)," said Harris, adding, "He's hard-driven. When he sets his mind on something, he goes for it 100 percent."

Maj. Michael Wallman, chapel resource manager, said that Miedaner is a great representative for all chaplain assistants. Speaking from 17 years of experience as an Army chaplain, Wallman said, "He's a competent and caring individual who does his job and does it exceptionally well."

## Edgewood CB Center assists APG security

**Kelly Buckingham**  
ECBC

The Edgewood Chemical Biological Center, or ECBC, typically known for providing "chemical biological" solutions, came up with a solution to improve security at the front gates of Aberdeen Proving. ECBC designed and built more than 100 stainless steel holders for the yellow flashing lights on the Jersey barriers, which are now placed at the entrances to the installation.

An ECBC employee noticed that the flashing lights that have been in place since 9-11 were either on the ground in harm's way or falling off the Jersey barriers and breaking. As a result, personnel from ECBC's Computer Aided Engineering and Experimental Fabrication teams designed and developed holders for both the Aberdeen and Edgewood areas of APG.

"A member of my team came to me and suggested a 'fix' and I approved immediate implementation to support safety and security," said Rick Decker, deputy director of ECBC's Engineering Directorate. "It was the least we could do for our uniformed security forces."

Melvin Robinson, a member of the Experimental Fabrication Team, designed,



Photo courtesy of ECBC  
Stainless steel holders for yellow flashing lights on Jersey barriers can now be seen at the entrances of all Aberdeen Proving Ground gates.

fabricated, tested and fielded the steel holders, which now can be seen at the entrances of all the APG gates.

The Engineering Directorate takes technology concepts and produces products using state-of-the-art capabilities such as computer aided engineering, rapid prototyping and fabrication. The Engineering Directorate also leads ECBC's homeland security efforts against weapons of mass destruction.

# Sports & Recreation

## Coach Jefferson leaving behind a sports legacy

**Yvonne Johnson**  
APG News

After nearly four years at Aberdeen Proving Ground, Sgt. 1st Class Joe Jefferson, who some say set the standard for mentoring in intramural sports, is preparing to leave the military after a 20-year career.

A well-known figure in installation gymnasia, the platoon sergeant with Headquarters and Headquarters Company, 16th Ordnance Battalion is credited with guiding the unit to four consecutive flag football championships, as well as several first-place division finishes or championships in volleyball, softball and basketball as a player and as a coach. In 1999, his first year as a sports representative the unit won

the Commander's Cup trophy.

"We were always in there at the end," Jefferson said of his teams' showings. Everyone knew they'd have to go through HHC 16th."

The Leesburg, Fla., native has been involved in Army sports programs throughout his career, having played and coached as high as the All Army level. He said that what began as a fitness interest developed into a good way to mentor young soldiers.

"Athletic competition promotes esprit de corps and inspires soldiers to excel," he said. "The more they improve themselves, the better the Army becomes."

Marni Allison, chief, Morale Welfare and Recreation program branch, which supervises

the intramural sports program, agreed.

"The sports program is only as strong as the unit leadership," Allison said. "We can't do anything without dedicated noncommissioned officers."

Since 1999, Jefferson has also involved himself in Harford County sports, serving as a referee for high school volleyball and basketball games. A member of the International Association of Approved Basketball Officials, he also has called post volleyball games when not playing or coaching.

Jefferson said he could not over emphasize the importance of NCO involvement in enhancing team competition in today's Army.

"It is the NCO's job to make sure soldiers are

physically ready to perform," he said. "A good physical training program enhances the ability to perform without sustaining injuries, and competition promotes high morale."

Whether coaching or mentoring, Jefferson said sports has been the most memorable part of his time at APG, which included attendance at the basic and advanced noncommissioned officer courses in 1988 and 1992.

He plans to join his wife, Kathy, in their new home in Valrico, Fla., and is considering applying for a position as a sky marshal for domestic flights.

"I'd like to remain with the federal government," he said. "With our country at risk, I can still play a part in keeping America safe."



Photos by YVONNE JOHNSON

Sgt. 1st Class Joe Jefferson, third from right, standing, poses with the HHC 16th volleyball team that finished as runner up for the post championship. From left, front, Ron Jupiter, Ernie Woodruff, Janice Farmer, and Yalonda Goff. Rear, Ariel Rivera, Brian Bridges, Albert Jones, Jefferson, Rodney Harris and Manu Tufuga.



Trying his hands at more than 300 pounds, Jefferson participates in the annual deadlift competition at Hoyle Gym.



Photos by YVONNE JOHNSON

Jefferson, 31, defends at the net during a 2001 intramural volleyball game in which he played and coached.

### Martin Luther King Invitational 2002



The Aberdeen Proving Ground All-star Basketball Team will challenge other military installations in the mid-Atlantic States in the Martin Luther King Invitational 2002 Jan. 19 and 20 at the Aberdeen Area Athletic Center, building 3300, and the Russell Gymnasium, building 3330. Action begins at 9 a.m.

Teams included in the challenge are from Fort Meade, Bethesda Naval Medical Center, 8th and 1 Marine Corps Barracks from Washington, D.C., HQ Marine Corps at Henderson Hall and Annapolis Naval Station.

Semi-final games will begin at 10 a.m. on Sunday at the Athletic Center.

For more information, call Stacie Edie, 410-278-3931 or e-mail: stacie.edie@usag.apg.army.mil.

# Basketball Update

The following intramural basketball results were reported for the week ending Jan. 11.

## American Division

### Results

Jan. 7  
HHC 61st, 69; HHC 1/115, 37  
HHC 16th, 78; HST, 22  
KUSAHC, 51; NCOA, 48  
Jan. 9  
KUSAHC, 42; HHC 1/115, 29  
HHC 61st, 78; HST, 19  
HHC 16th, 51; NCOA, 46

### Schedule

Jan. 23  
6:30 p.m., HHC 61st. vs. HHC 16th  
7:30 p.m., NCOA vs. HHC 1/115  
8:30 p.m., HST vs. KUSAHC  
Jan. 28  
6:30 p.m., HST vs. HHC 16th  
7:30 p.m., KUSAHC vs. NCOA  
8:30 p.m., HHC 61st vs. HHC 1/115

### Standings

HHC 61st 2-0  
HHC 16th 2-0  
KUSAHC 2-0  
HST 0-2  
NCOA 0-2  
HHC 1/115 0-2

## Edgewood Division

### Results

Jan. 7  
Company C 1/115, 37;  
Company A 143rd, 31  
MRICD, 48; Company B 143rd, 49  
HHC 143rd, 40; Company C 143rd, 34  
Jan. 9  
MRICD, 59; Company A 143rd, 38  
Company C 1/115, 51;  
Company C 143rd, 37  
Company B 143rd, 46; HHC 143rd, 43

### Schedule

Jan. 23  
6:30 p.m., MRICD vs. Company C 143rd  
7:30 p.m., Company A 143rd vs. Company B 143rd  
8:30 p.m., Company C 1/115

vs. HHC 143rd  
Jan. 28  
6:30 p.m., Company C 143rd vs. HHC 143rd  
7:30 p.m., MRICD vs. Company B 143rd  
8:30 p.m., Company A 143rd vs. Company C 1/115

### Standings

Company C 1/115 2-0  
MRICD 2-0  
HHC 143rd 1-1  
Company B 143rd 1-1  
Company C 143rd 0-2  
Company A 143rd 0-2

## National Division

### Results

Jan. 8  
Games rescheduled  
Jan. 10  
USAF, 34; Company A 16th, 33  
Company B 16th, 46; USMC, 37

### Schedule

Jan. 22  
6:30 p.m., USAF vs. Company E 16th  
7:30 p.m., Company A 16th vs. Company C 16th  
8:30 p.m., 389th Band vs. Company B 16th  
Jan. 24  
6:30 p.m., Company E 16th vs. Company C 16th  
7:30 p.m., USMC vs. USAF  
8:30 p.m., Company A 16th vs. Company B 16th

### Standings

USAF 1-0  
Company B 16th 1-0  
USMC 1-0  
Company E 16th 0-0  
Company C 16th 0-0  
389th Band 0-0  
Company A 16th 0-1



## Young athletes enjoy post sports options

Photos by YVONNE JOHNSON

Top, Karate Instructor Michael A. Gilbert leads his class through movements in the Aberdeen Area Youth Center. Pictured with him from left are: Jalen Wade, Joshua Jeffers, Derrick Gibson, Carl Core, Elvin Leon, Ariane Rosario and Eric White.



Right, Youth Basketball Coach Tim Switzer draws attention from his students as he recovers a loose ball. Ready to pounce from right front are: Nicholas Woodruff, Marcus Barrell and Darrius Duckworth.



# Army News



## Aviation joins flight into transformation

**Staff Sgt. Marcia Triggs**

*Army News Service*

The aviation field is in flight toward transformation, but as long as technology keeps improving, senior leadership says an end-state is nowhere in sight.

"The old way of thinking is, this is where we begin and this is where we will end," said Lt. Gen John Riggs, the Objective Force director. "The new way of thinking is, bring the technology into the force while it's still relevant."

Riggs' job is to direct Army Transformation efforts through interim phases to the final result, an "Objective Force" that will begin to be fielded in 2013.

Riggs and other senior leaders, together with aviation industry officials, spent Jan. 7 to 9 in Falls Church, Va., outlining the aviation field's steps through the Interim Force and eventually to the Objective Force.

Riggs was the opening speaker at the Association of the U.S. Army Aviation symposium. He said that aviation, like the rest of the Army, is changing, but only with the help and resources of others. Riggs envisions Army transformation taking place over time while efforts are continuously made to sustain and improve the existing force.

"We recognize and embrace the requirement for both air



Photo courtesy SIKORSKY AIRCRAFT CORP.

*The RAH-66 Comanche is the world's most advanced helicopter for armed reconnaissance, attack and air combat. It is the cornerstone of the U.S. Army's Force XXI aviation modernization plan. The Comanche can cruise at 161 knots, dash to 172 knots, execute snap turns in four and one half seconds, and fly sideways or backwards at 70 miles per hour.*

and ground unmanned platforms," Riggs said. "We know we will need various carrier platforms, but we need a multitude of efforts before we can decide exactly what size, shape, technology, etcetera should be associated with this combinational force."

The plan for future combat systems will go to the acquisition board in 2003, Riggs said. However, decisions made at that time will not be the final decisions, he added.

The steps have not been fully scripted, Riggs said, but there are aspects that have been outlined.

"Today we conduct deep operations," Riggs said. "In the future we'll be looking at

mobile stack operations that direct and synchronize fires against targets. Now we do hasty and deliberate attacks in attack-by-fire or support-by-fire battle positions. In the future there will be different scenarios, which will support ground forces closer. The aviation field is only a part of this transformation, and it must be synchronized with the ground and joint forces that are heavily spread across the battlefield."

The Objective Force is an era, Riggs said. In order to meet the challenges that face today's Army, changes will have to be made to equipment, doctrine, training and how leaders think, Riggs said.

Aviation has been leading the Army's transformation to an Objective Force, said Lt. Col. Michael Courts, the Comanche systems synchronization officer for Deputy Chief of Staff for Programs - Force Division Aviation.

It began with the retirement of Vietnam-era aircraft, planned recapitalization and modernization of interim airframes, and continued development of the RAH-66 Comanche, Courts said. In addition to equipment, aviation is developing doctrine, organizations and training programs that support the Objective Force.

By 2004, the Army's aircraft fleet will consist of UH-60 Black Hawks, Apache helicopters, CH-47 Chinooks, OH-58D Kiowa Warrior aircraft, followed by procurement of RAH-66 Comanches, beginning in 2006.

"The Objective Force represents a transformation of the entire U.S. Army," Riggs said. "It will take the dedicated efforts of the entire Army team, industry, Congress and academia to ensure that transformation succeeds."

The aviation symposium is part of a series of symposiums that AUSA sponsors annually. Next in the series is the asymmetric warfare symposium and exhibition scheduled for April 8 to 10 in Falls Church, Va.

## Study seeks civilians' views on training and leadership

**Denver Beaulieu-Hains**

*Army News Service*

More than 95,000 Army civilians will be asked to complete a survey in what some say is an unprecedented attempt to include civilian input with military findings in the final phase of the Army Training and Leader Development Panel, or ATLDP, study.

ATLDP, the largest study of its kind, has been gathering information from surveys, focus groups and one-on-one interviews with soldiers and family members, over the past year and a half. The first three phases of the study focused on Army officers, noncommissioned officers and warrant officers.

The civilian study was added in an attempt to assess the total state of the force, officials said.

Maureen Viall, chief of Plans and Strategies for the assistant secretary of the Army (Manpower and Reserve Affairs) is the civilian study's director.

"The ATLDP civilian study is particularly timely," Viall said. "Because the Army's future state is the nucleus of our transformation and this study — along with cutting-edge initiatives such as Civilian Personnel Management System XXI — support the transformed Army."

"Civilians are part of the total force, and our inclusion in this study really demonstrates that," said Sharon Scott, an employee development specialist temporarily detailed to assist with the implementation of the project. "It's important that every civilian who gets one completes it and returns it no later than Feb. 28. There have been dramatic results already from

the previous phases of the study."

The broad-based civilian survey asks questions about Army culture, employee job satisfaction, and seeks to determine if civilians believe that operational and institutional training is encouraged and available to enhance their job performance, said Scott.

Some of the changes following the previous panel recommendations affect both soldiers and family members.

One initiative offers soldiers who have a high school senior, the opportunity to request stabilization at their present duty station. It allows them to delay moving their family to a new location until after graduation.

Based on panel recommendations, Army Chief of Staff Gen. Eric K. Shinseki directed the rewrite of training manuals FM 25-100, Training the Force and FM 25-101, Battle Focused Training.

"Civilians are leaders, too. Civilians are supporting soldiers and soldiers can't go to war without civilians," said Beth Jones, personnel management specialist with 30 years of Army civilian service who is also working with the project. "It is important that we assess training and leader development of the entire Army-both military and civilian."

Both Scott and Jones say the anonymous survey is a valuable opportunity for employees to impact change, insure attainment of the civilian objective force to support transformation, and build cohesiveness between the Army's soldiers and civilians.

## Spring, summer PX catalog available

*Courtesy of Army News Service*

The Spring & Summer 2002 Exchange Catalog will be available at military exchanges worldwide Jan. 22, offering hundreds of pages of merchandise.

The catalog offers a wide selection of items from around the world. It is divided into 10 merchandise categories - For Your Home; Recreation & Toys; Healthcare; Fashion; For Someone Special; Military Pride; Home Office; Photo; Electronics and Gifts & Collectibles.

This all-services catalog is valid through July 22 and anyone with exchange privileges can use it. Active-duty military members of the Army, Air Force, Navy, Marines and Coast Guard, as well as military retirees, reservists, National Guardsmen, Department of Defense civilians stationed overseas, exchange employees and their family members are authorized to shop.

Free electronic in-store ordering is available at AAFES exchanges and selected Marine Corps exchanges worldwide. Orders can also be placed by mail, fax or phone. To place orders

toll free from the United States or Puerto Rico just call 1-800-527-2345 or FAX 1-800-446-0163.

For your convenience, the catalog center is open around-the-clock, seven days a week, and complimentary international access calling is available from several countries. Items can also be bought from the Exchange Catalog on the Internet at [www.aafes.com](http://www.aafes.com), [www.usmccs.org](http://www.usmccs.org), [www.navy-nex.com](http://www.navy-nex.com) or [cg-exchange.com](http://cg-exchange.com).

Available at local exchanges, the Spring & Summer 2002 Exchange Catalog costs \$5. It includes a coupon for \$8 off the first purchase of \$25 or more, and shipping is free on everything ordered.

Earnings generated by purchases in the exchange, Exchange Catalog and Exchange Online Store are returned to soldiers in the form of funding for Morale, Welfare and Recreation facilities and programs.

(Editor's note: Information provided by AAFES Public Affairs.)

# Under secretary sees high morale among deployed troops

Courtesy of Army News Service

Bad weather on the Uzbekistan-Afghan border Christmas Eve turned out to be a blessing, said Under Secretary of the Army Les Brownlee, because it allowed him to spend the holiday with soldiers in Afghanistan.

Brownlee wrapped up an 11-day, eight-country trip to Europe and Southwest Asia with a stop at Bagram Air Base near Kabul. He visited soldiers guarding the perimeter of the base, and Special Forces troops who fought alongside the Northern Alliance.

At first, Brownlee was only allotted an hour to be on the ground with troops in Afghanistan.

"They were only conducting night flight operations," Brownlee said about his flight aboard a C-130 with the pilots using night-vision equipment.

When he was told of bad weather delaying the return flight, Brownlee said "the only problem I had was wiping the grin off my face. It provided a great opportunity for me to spend Christmas Eve and most of Christmas Day visiting with troops in positions around the air base."

He said the purpose of the visit was to carry the message to forward-deployed soldiers that their mission is critically important, and that the secretary of the Army and the American people appreciated what they were doing - especially since it took them away from family and friends during the holiday period.

"They know how important what they're doing is..." Brownlee said of the soldiers. "I just wanted to remind them of that and thank them for their service."

"They say they're proud to be there," Brownlee said, adding that it was encouraging to see the quality of troops in today's Army.



Photo by STAFF SGT. DAN REYNOLDS  
Under Secretary of the Army Les Brownlee meets with Air Defense soldiers at a base in Southwest Asia.

"Some of the Special Operations Forces are finally getting the recognition they deserve," Brownlee said of the green berets in Afghanistan, explaining that their stories are just beginning to be told.

"The nation is fortunate that the Army had this kind of capability on hand in Bosnia, and these kinds of soldiers available to execute where called upon," Brownlee said. "We are all proud of these Special Forces soldiers. They are the heroes - the indispensable element of this war."

Brownlee took a look at one of the small wooden saddles that U.S. troops used as they rode with the Afghanistan anti-Taliban forces.

"The stirrups were not adjustable, so some of the taller guys had their knees up

to their chins," Brownlee said. He said some of the U.S. soldiers had never ridden before, and learned quickly during "on the job training" in combat.

Brownlee, a 22-year Army veteran, retired as a colonel in 1984 and was sworn in as under secretary of the Army a month ago on Dec. 11. He said the trip was a chance for him to visit soldiers from the snows of Kosovo to the desert heat of Kuwait. He started the trip in Germany and Italy, then went to the Balkans, Kuwait, Pakistan, Uzbekistan and Afghanistan.

Brownlee found the National Guard troops in Bosnia to be "extremely professional." He visited with guardsmen from the 29th Infantry Division, 49th Armored Division and other

units. He was especially impressed with a night-motorized patrol that took him into a Bosnia village, and with a captain and his troops from the Mississippi Guard stationed at a forward operating base.

"Everywhere we went, the troops were impressive," Brownlee said, adding that morale was high.

Brownlee also visited with the acting Pakistani chief of staff and defense minister in Islamabad.

"They were obviously very concerned about the India-Pakistan border situation," Brownlee said. "One of the things I did was thank the Pakistanis for what they were doing to help the United States" by allowing U.S. access to their air space and bases.

## Volunteers eligible for grants

Courtesy of MILITARY.COM

Volunteer groups and individuals working to improve the quality of life for military personnel and their families are eligible for \$50,000 in grants through the Newman's Own Award for Military Community Excellence.

The program, in its third year, will review written proposals and award \$10,000 to the best. The rest of the money will be allocated in smaller amounts. The applications should stress the role

of volunteer groups - not paid staff. Among those encouraged to participate are Parent Teacher Associations, student classes, Scouts and spouses clubs. Last year's contest drew 69 entries. Applications are due by April 30. Specific rules are available at <http://www.fisherhouse.org> or by calling (888) 294-8560.

For more on community benefits and help, visit [http://www.military.com/Resources/ResourceFileView?file=Active\\_Family.htm](http://www.military.com/Resources/ResourceFileView?file=Active_Family.htm).

## Web site on-line for anti-terrorism training

Staff Sgt. Marcia Triggs

Army News Service

A force-protection Web site to assist anti-terrorism officers is hosting more than 12,000 visitors a day.

The Web site, which can be accessed at [www.at-awareness.org](http://www.at-awareness.org), helps soldiers meet their annual level-one anti-terrorism, force-protection training. The training is mandatory for soldiers annually and must be taken before traveling overseas.

Not everyone can log onto the site. It requires an access code that has to be issued by an installation's force protection officer.

"We sent out a message in early September telling installations to use the site, and to give us some feedback," said Kris Cline, senior security specialist for the Office of the Deputy Chief of Staff for Operations. "However after Sept. 11 everybody went to the Web and the server couldn't handle all the people who were trying to use it."

Currently the contractor is trying to increase availability, and major improvements have already been made, said David Rudd, a force protection action officer for ODCSOPS. At one time the server would crash with 2,000 users, he said. Now there is up to 6,000 people using the Web at one time.

One way to eliminate the problem of having so many people trying to get on the site is to create a product that would allow installations to load the training program on their post Web page, said David Williams, a force protection officer at Fort Gordon, Ga.

Williams said he has not been able to log onto the site because he keeps getting a message that says the site is full, and to try again later. "The site isn't readily accessible for our troops, but if each installation was responsible for their own Army directed training site, the servers could go from handling 3,000 troops to 300 troops."

Suggestions like the one Williams made are openly accepted at the Pentagon's Army Anti-terrorism Branch, Rudd said.

The traditional way of giving the required training has been a slide presentation approved by the Training and Doctrine Command, Cline said.

The Web-based training is a multiple-choice test that puts soldiers in the middle of deadly scenarios, and gives immediate feedback when the soldier chooses the wrong answers.

The training begins with a statement explaining three ways on how not to be a tar-

get of terrorism by retired Gen. Henry Shelton, the former chairman of the Joint Chiefs of Staff. He said by keeping a low profile, being unpredictable and being vigilant, soldiers can deter terrorist. Following Shelton's advice in the beginning of the training session should lead soldiers to make a number of right decisions while taking the 32-question test.

One scenario that requires soldiers to be vigilant places a soldier overseas TDY staying at a local hotel. When a stranger starts probing the soldier on why he's there, the soldier gets suspicious. After dinner the soldier notices the stranger following him as he heads back to his room.

With the foundation laid, the question is what route should the soldier take to get back to his room? Instead of getting on the elevator and going directly to his hotel room, the soldier takes the elevator to the wrong floor and then uses the steps to get to his floor. That was the correct response, but there were two other wrong choices the soldier could've chosen.

At the end of each scenario the soldier is given the correct answers, and after completing the training a certificate is issued that should be printed as proof of the training.

"The Web site was created to eliminate some of the work for anti-terrorism officers so they can concentrate on their primary mission," Kline said. "Training officers are spending two to three days a week on classroom instruction. With the Web site, they can concentrate on the anti-terrorism plan for their installation, battalion or brigade."

An anti-terrorism plan is a document that outlines what an installation is to do in the case of an emergency, Williams said. It encompasses terrorist attacks, natural disasters, physical security, chemical attacks and bomb threats, to name a few scenarios, he said.

More changes to the Web site are being made. Family members will also be able to access the site within a year. They will not be required to use the site, only strongly encouraged, Rudd said.

The wording and pictures on the Web will be toned down," Kline said. "There will not be any terrorists holding guns to people's heads, and military terminology will not be used. We don't want to scare or confuse family members. We just want to remind them to look for signs and pick up on things that are not normal, and report it."

Soldiers and family members need to realize that force protection is not just a police or intelligence community's problem, Kline said.

# Community Notes

## THURSDAY JANUARY 17 NCOA DINING OUT

The Noncommissioned Officer Academy will hold its annual anniversary Dining Out on Jan. 17, 6 p.m. in the Richlin Ballroom, located at the Comfort Inn, Edgewood. The program will honor past NCOA commandants. For tickets, \$25 per person, call Sgt. 1st Class Raymond A. LaChance, 410-278-4108.

## WARRANT OFFICERS ASSOCIATION MEETING

The Aberdeen/Edgewood Chapter of the U.S. Army Warrant Officers Association will meet at 11:30 a.m. in the Old Baltimore Room at Top of the Bay on the Aberdeen Area of Aberdeen Proving Ground. For more information, contact Chief Warrants Pete Hill or Jane Jones at 410-278-4979.

## FRIDAY JANUARY 18 FREE CONCERT

The Maryland State Boychoir will perform a free concert, 7:30 p.m. at St. Paul's Lutheran Church, 201 Mt. Royal Avenue, Aberdeen. Concert will feature music from the choir's sacred and secular repertoire, as well as spirituals, gospel songs, and "Songs from Africa." For more information, call 410-272-0434.

## ROYE-WILLIAMS ELEMENTARY PTA BINGO

Basket Bingo to benefit the Roye-Williams Elementary PTA will be held at the Elks Lodge, Route 40, Havre de Grace, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call the Roye Williams Elementary School, 410-273-5536, or Vicki Simpson, 410-272-6935. In case of inclement weather, listen to local radio and television stations for the Harford County school system. Snow date is Friday, Jan. 25.

## SATURDAY JANUARY 19 SATURDAY NIGHT COMEDY JAM PT IV

Charlton-Miller VFW Post No. 6054 presents "Saturday Night Comedy Jam PT IV" featuring from the "Kiss My Bumper" Commercial and BET Comic View, comedian HOWARD G, with special guests Kevin Anthony and Queen Aisha. Donations are \$10 in advance and \$12 at the door. Tickets are available at VFW Post No. 6054 or contact Sr. Vice Commander Terry Robinson at 410-272-3444. Show time is 9:30 p.m. to 12 a.m. There will be an "after party" Jam.

## SUNDAY JANUARY 20 MLK CELEBRATION

The Christian Education Department of St. James A.M.E. Church, 615 Green Street, Havre de Grace, is sponsoring a Martin Luther King birthday celebration program at 4 p.m. The guest speaker is Reverend Walter Henry, pastor of Wrights A.M.E. Church, Elkton. For more information, call 410-939-2267.

## SATURDAY JANUARY 26 HISTORY BEE SOCIAL

The Aberdeen Bible Church is sponsoring their second annual African-American History Bee social at the Aberdeen Bible Church, 529 Edmund Street from 2 to 4 p.m. Proceeds from this event will be used for the History Bee to be held Feb. 9, at the Edgewood High School at 6 p.m. The history bee is for children from kindergarten through twelfth grade. Children are asked questions about African-American history in a 'Jeopardy-like' forum. Prizes are awarded to the high scorers.

For information, contact the African-American History Bee coordinator at 410-538-7920 or 410-273-3278.

## MCSC INDOOR YARD SALE

The Military and Civilian Spouses' Club will sponsor an indoor yard sale, 8 a.m. to noon, at the Aberdeen Area Recreation Center, building 3326. Cost is \$10 per table. If you need to make room for new toys and clothes received during the holidays, this is the perfect solution. If you do not want to sponsor your own table, consider donating your items to the MCSC. They will arrange a pick-up of your items. For more information, call Angie Salamy, 410-272-6712, or Julie Koob, 410-297-6630.

## SUNDAY JANUARY 27 CONCERT TO BENEFIT WOMAN'S DAY

The women of St. James A.M.E. Church, 615 Green Street, Havre de Grace, will present Anointed Voices of Harford County in concert at 4 p.m. The program will benefit Woman's Day 2002. For more information, call 410-939-2267.

## THURSDAY JANUARY 31 RAB TO MEET

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting, 7 to 9:45 p.m. at the Edgewood Senior Center on Gateway Road. The topics will include updates on the Lauderick Creek CWM Removal Action and the J-Field Study Area. Board meetings are open to the public; all APG employees and citizens are invited. For more information, call the Information Line at 410-272-8842 or 800-APG-9998.

## FRIDAY FEBRUARY 1 HARFORD CHORAL SOCIETY BINGO

Basket Bingo to benefit the Harford Choral Society will be held at the Aberdeen Fire Hall, Rogers St., Aberdeen, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call Jackie Keleman, 410-838-8062.

## SATURDAY FEBRUARY 2 WORLD'S MOST POPULAR BIBLE SEMINAR COMES TO APG CHAPEL

The internationally known educational seminar, Walk Thru the Bible, will be presented at the Aberdeen Proving

Ground Chapel 8:30 a.m. to 4 p.m. This presentation will cover the Old Testament period of history in the ancient Middle East. It provides information about the geography, people, and events of ancient times that still echo in today's headlines.

Through the use of auditorium floors turned into huge maps, a mix of hand signs, catch phrases, group reviews and fun interaction with the instructor, participants may grasp the major people, places, events and the timeline of the Old Testament. The seminar is user friendly, and no extensive prior knowledge of biblical history is required.

The seminar is free, and childcare to age three is available with pre registration. Anyone interested in attending this learning adventure should contact the Aberdeen Area Chapel at 410-278-4333.

## WACVA MONTHLY MEETING

The Womens' Army Corps Veterans' Association, Maryland Free State "Chapter 70" will MEET at the Aberdeen Senior Citizen Center, Aberdeen, at 10 a.m. All women who have served or are serving in the United States Army, Army Reserve, Army National Guard, Army Nurses Corps, Womens' Army Corps and the Womens' Army Auxiliary Corps are welcome to attend and join as regular members. The women who serve with the Air Force, Navy, Marines and Coast Guard are also welcome to attend and join as Associate Members.

For more information, contact Wanda Story, 410-272-5040 or visit the WACVA Web site, [www.wacva.com](http://www.wacva.com).

## SATURDAY FEBRUARY 9 HISTORY BEE

The Aberdeen Bible Church is sponsoring its second annual African-American History Bee at the Edgewood High School at 6 p.m. Admission is free.

For information, contact the African-American History Bee coordinator at 410-538-7920 or 410-273-3278.

## FRIDAY FEBRUARY 15 CWF BUS TRIP TO DINNER THEATER

The Civilian Welfare Fund is sponsoring a trip to see the musical "Jekyll & Hyde" at the Three Little Bakers Dinner Theater. The cost is \$45 per person, which includes bus transportation, dinner and the show.

For reservations or more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

## BASKET BINGO

Basket Bingo to benefit Halls Crossroads Elementary will be held at the Aberdeen Fire Hall, Rogers Street, 7 p.m.; doors open at 6 p.m. Food, drinks, and baked goods will be available.

Tickets cost \$10; additional sets cost \$5. For tickets, call Voretta Santos, 410-272-4471.

## THURSDAY FEBRUARY 28 APG NEWCOMER ORIENTATION

The Aberdeen Proving Ground Newcomer Orientation will be held at the Aberdeen Area Recreation Center, building 3326, 1 to 3 p.m. All military and civilian personnel, retirees and their family members are invited to attend. Representatives of support agencies and organizations will be present to discuss their activities. Door prizes will be awarded as well as give-a-ways.

For more information, call Fred Posadas, relocation manager, Army Community Service, 410-278-2453.

## SATURDAY MARCH 2 GOOD SHEPHERD CATHOLIC SCHOOL BINGO

Basket Bingo to benefit the Good Shepherd Catholic School will be held at the school, 810 Aikens Avenue, Perryville, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available.

Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call the Good Shepherd School, 410-642-6265, or Brenda Conjour, 410-273-7332.

## SATURDAY MARCH 9 BUSTRIPTO DOVER DOWNS, REHOEBETH OUTLETS

Get away for the day. Take a trip with NET NEMOW to Rehoboth Outlets and Dover Downs, for shopping and gaming. Cost is \$35 per person. A chartered bus will leave the Aberdeen Plaza Shopping Center at 7 a.m. and return at 5 p.m.

For information or reservations, call 410-939-1489, 410-272-4902, or 410-272-3744.

## SUNDAY MARCH 24 WACVA FUNDRAISER

The Women's Army Corps Veterans' Association is hosting a Bull/Oyster Roast to raise money to purchase a wheelchair accessible van for the transportation of Perry Point VA Hospital disabled veterans.

The DAV Transport not only picks up veterans from their homes so they can make their doctor's appointments, but also takes them home after their appointments. Many veterans are in wheel chairs and unable to transfer themselves onto the vans without help. The volunteer drivers are not allowed to help veterans on or off the vans, therefore they are not allowed to pick up these veterans and transport them to Perry Point. The van will cost \$35,000 - \$45,000. The fundraiser will be held at the Richlin Ballroom in Edgewood 2 to 6 p.m. Tickets cost \$35. There will also be a Big 6 Wheel, plant wheel, silent auction and a raffle. Donations are needed for the silent auction. Anyone who would like to attend or volunteer should contact Wanda Story at 410-272-5040.

## SATURDAY APRIL 12 BAKERFIELD ELEMENTARY SCHOOL BINGO

Basket Bingo to benefit the Bakerfield Elementary School will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call Sandy Pierce, 410-273-7184.

## SATURDAY MAY 11 CWF BUSTRIPTO NYC

The Civilian Welfare Fund is sponsoring a trip to see "42nd Street" on Broadway, in New York City. The price is \$110 per person, which includes charter bus transportation and the ticket for the show.

For reservations or more information, contact Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

## MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50  
Building 3245 Aberdeen Boulevard



### BLACK KNIGHT

Friday, Jan. 18, 7 p.m.  
Saturday, Jan. 19, 9 p.m.  
Starring: Martin Lawrence,  
Tom Wilkinson

Jamal works unhappily at a dilapidated theme park called Medieval World.

After falling into the park's fetid meat, he crawls out into fourteenth century England. Now a stranger in a strange land, Jamal finds a variety of troubles, and as he uses 21st century street smarts and moves to help his new friends, he gets a lot more than just a history lesson. (Rated R)

### BEHIND ENEMY LINES (FREE ADMISSION)

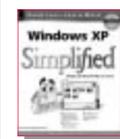
Saturday, Jan. 19, 7 p.m.  
Starring: Gene Hackman,  
Owen Wilson



A Navy pilot is shot down over enemy territory, and struggles to survive the relentless pursuit of a ruthless secret police enforcer, a deadly tracker, and countless hostile troops. With time running out, the injured pilot's commanding officer goes against orders to carry out a desperate rescue mission. (Rated PG-13)

## LIBRARY BOOK CORNER

The APG Library system has added the following items to its collection:



**Windows XP Simplified** by Ruth Maran.

**Cheap Web Tricks!: build and promote a successful Web site without spending a dime** by Anne Martinez.



**I Just Bought a Digital Camera Now What?!** by Dave Johnson.

**Hacker's Challenge: test your incident response skills using 20 scenarios** by Mike Schiffman.

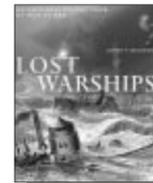
**Outlook 2002 from A to Z: a quick reference of more than 300 Microsoft Outlook tasks, terms and tricks** by Stephen Nelson.



**Mastering Windows XP Professional** by Mark Minasi.

**Great Projects: the epic story of the building of America: from the taming of the Mississippi to the invention of the Internet** by James Tobin.

**Lost Warships: an archeological tour of war at sea** by James Delgado



**Shooting at the Moon: the story of America's clandestine war in Laos** by Roger Warner.

You can receive a complete listing of the library's new materials via e-mail and also reserve items electronically. Contact the library for details.

Operating hours of the Aberdeen Area Library, building 3320, are Saturday and Sunday, 1 to 5 p.m., Monday, Wednesday and Thursday, 11:30 a.m. to 6:30 p.m.

The Edgewood Area library is only open on Tuesday, 11:30 a.m. to 6:30 p.m.

## OC&S LIBRARY

The Ordnance Center and Schools Library is located in the basement of building 3071.

Hours are Monday and Thursday, noon to 5 p.m., Tuesday and Wednesday, noon to 7 p.m., and Friday, noon to 4 p.m.





# What to do when a child has a fever

*Courtesy of Sierra Military Health Services Inc.*

A fever means that the body temperature is higher than normal. Sometimes a fever can be more difficult to detect in children than in adults. A red or pink face, glassy eyes, warm and damp skin, fatigue and lack of appetite are some common symptoms of a fever. Some causes include viral or bacterial infection, dehydration, drug reaction or a medical disorder.

Use an oral thermometer to take the temperature of children age four and over. If using an old-fashioned thermometer, shake it before starting. Put the tip of the thermometer under the child's tongue with lips closed, making sure the child does not bite down on the thermometer. Wait three minutes before removing it. The number at the end of the line is the temperature reading. If using a digital thermometer, carefully follow the directions that come with the unit. A temperature of 100 degrees Fahrenheit or higher is considered a fever. When finished, be sure to wash the thermometer with warm, soapy water.

For children under age four, a rectal thermometer is recommended for temperature readings. Shake the thermometer before starting and put some Vaseline on the tip for easier insertion. Lay the child on his or her stomach. Put the thermometer in the baby's rectum about one inch deep, aiming towards the belly button. A temperature of 100.4 degrees Fahrenheit or higher is considered a fever.

Call a pediatrician when a child three months or younger has a temperature of 100.4 Fahrenheit or higher, or when a child has a fever and seems to be acting in a strange way. Be sure to examine for a rash,

swelling or dehydration. If the child's temperature does not go down after initial consult with the doctor, re-consult your health provider.

For children three months and younger, see a pediatrician before administering any fever remedies.

Never give aspirin to a child younger than 19 years of age. This has been associated with a dangerous illness called Reye's Syndrome. Giving a child "infant" or "children's" acetaminophen is much safer than aspirin. Be sure to follow the directions carefully and give the amount that is right for the child's weight. Do not give more than what the doctor says, and only administer it every four hours. If uncertain of what to do, call the doctor or clinic before using any medications.

There are various ways to help a child feel better when they have a fever. If the doctor recommends a sponge bath, use lukewarm water and make sure the child is not shivering in the water. To prevent dehydration give the child clear liquids like apple juice, flat ginger ale or water. If the child has an upset stomach, use baby liquids like Pedialyte, Ricelyte or Infalyte to prevent dehydration.

Sierra Military Health Services, Inc., the TRICARE Administrator for TRICARE Northeast, provides this information courtesy of Optum to help identify and care for children's fevers. Optum's Health Care Information Line has registered nurses available 24 hours a day to provide helpful health information. To speak with a registered nurse, call 1-800-308-3518.



## Unit Tax Advisors can help file military members' returns

**Sandra Williams**  
OSJA

Income tax season is here. Are you prepared to file your tax return? Do you need help in preparing your return? Would you like to file your return electronically for free, and get your refund back faster than if you filed by mail?

### Free tax assistance at APG

This year the Installation Tax Assistance Program, directed by the Office of the Staff Judge Advocate, Client Services Division, will provide free tax assistance to qualifying active duty military members, retirees and family members. A Taxpayer Assistance Center has been established in building 310, wing 9, 2nd floor. It will be open to the public Feb. 1 through April 15, Monday through Friday, 8 a.m. to 4 p.m. Military units have appointed trained personnel to assist military members with tax return preparation.

### Trained volunteers

The unit tax advisors, or UTAs, have been trained in federal and Maryland state income tax return preparation. An examination at the end of the course certifies each UTA as a volunteer income tax assistant, or VITA. Military members who desire assistance in preparing and filing their income tax returns should contact their UTA. Persons who do not have a UTA, or retirees and their family members, may make an appointment for free tax assistance by calling 410-278-1583. VITAs at the Taxpayer Assistance Center do not prepare taxes on a walk-in basis, so make your appointment soon.

### Unit tax advisors

UTAs are designated in each company-sized unit to assist soldiers in preparing both the federal and Maryland state income tax returns. The UTAs can set up self-help instructional classes with proper coordination or they can prepare individual returns for soldiers in their particular units using VITA materials provided to them. Tax issues and returns beyond the scope of the VITA program should be referred to the Taxpayer Assistance Center or a paid tax preparer.

### Bring your paperwork

It is extremely important to gather all of the information needed to file an accurate return. Documents needed depend on your individual situation.

Be sure to assemble the following documents: a copy of your previous year tax return, W-2 statements, Form 1099s stating interest, dividends or capital gains, distributions from pensions and IRAs, social security cards for yourself, spouse, and all dependents, child care expenses and provider identification and address.

New this year for 2001 is the rate rebate/reduction credit, Notices 1275 and 1276. It is imperative that you know the exact amount of the rebate check you received from the IRS. This check is not your refund. It was a separate check mailed to you by the IRS.

If you think that you should itemize your deductions, you will need materials such as a mortgage interest statement (Form 1098), alimony information, medical receipts, rental reports, investment statements, and charitable contribution receipts.

Your Unit Tax Advisor cannot help you prepare a return unless you bring the needed documentation. Failure to produce any of the above documents can lead to an inaccurate tax return and IRS penalties against you, the taxpayer.

### Tax forms

Tax forms can be obtained at the library, the post office, from your UTA or at the Taxpayer Assistance Center (open Monday through Friday, 8 a.m. to 4 p.m.). The Taxpayer Assistance Center also has out-of-state tax forms.

### Electronic filing

Free electronic filing is also available through most UTAs and the Taxpayer Assistance Center. If you are due a refund and qualify for the tax assistance program, you may want to electronically file. The UTA will schedule appointments for electronic filing after careful review of each return. Electronic filing enables you to receive your refund by check or direct deposit into your bank account rather than having it mailed. The average return time is approximately three weeks for a check mailed to you and seven to 10 days for deposit into your checking or savings account.

For further information and assistance with tax preparation and/or electronic filing, contact your UTA or the Taxpayer Assistance Center, building 310, Wing 9, 410-278-1583.

## LEAVE DONATION

### Employees eligible for donations in the Voluntary Leave Transfer Program are:

Fay Walker Banker (hip replacement)	Evelyn K. Johnson (surgery)	Barbara Carol Remines (surgery)
Marian Bellis (fracture of left tibia)	Marlin Julian (heart surgery)	Angela L. Reeves (maternity leave)
Bonnie Bromley (liver transplant)	Mary B. Kane (surgery on leg)	Michael Reynolds
Daniel Brown (father has emphysema)	Jennifer Keetley (maternity)	Boyd J. Richards (care of mother)
Tammy Budkey	Beverly King (caring for husband)	Denise Robinson (maternity)
Jane E. Calahan (surgery)	William Klein	Ricky Ross (heart attack)
Nancy Coleman-Jones (surgery)	Nicole L. Klein (broken ankle)	Tami C. Rowland (maternity)
Tracy H Coliano-Hirsch (maternity)	Yvonne Lissimore (knee surgery)	Allan Scarborough (back surgery)
Geraldine S. Cragg	Angela R. Little (neck and shoulder injury)	Sherry Schaffer
Dawn M. Crouse (surgery)	Edna L. Lobodzinski (eye surgery)	Lena Shelton
Rene de Pontbriand	William B. McLean (kidney failure)	Motoko Stahl
Tricia Lin Dietz	Rebecca G. Mercer-Leto (heart attack)	Debra S. Stark (surgery)
Fred Dill	Stacy Miller (maternity)	Rachel Swearingen
Joseph R. Dugan	Sandra W. Miller (back surgery)	Alison Tichenor (surgery)
Messina Enderlein	John E. Mogan (surgery)	Sandra M. Wachter (surgery)
Wayne Erb (wife is ill)	Vincent L. Mohr (knee replacement)	Rosalind Walters-Kenion (maternity)
Denise M. Fox (maternity leave)	Shirley A. Murphy (terminal illness)	Cecelia Walton (respiratory problems)
Susan G. Grendahl (maternity)	Cecil Pennington (surgery)	Michael R. Willard
Michael L. Hitchcock (surgery)	Suaquita R Perry (maternity leave)	Charles Young (kidney and pancreas transplant)
Melanie A. Hoffman (parasitosis, fibromyalgia condition)	Debi L. Petosky (back surgery)	Andrew M. Vaught (brain tumor removed)
John C. Houck	Karen S Pense	Wanda L. Waldon (surgery)
Stephen Howard (bone marrow transplant)	Mary E. Pettway	Josephine O. Wojciechowski (care for elderly parents)
Wayne A. Jaynes		

**For information about donating annual leave, call Dave Mial at 410-278-1524 or fax 410-278-7877.**

# MWR UPDATE

## MWR needs instructors

Do you have a special talent or skill that you can teach others? Morale, Welfare and Recreation is looking for qualified instructors in dance, exercise, arts and crafts, sports, outdoor adventure, pet training, self-defense, etc. If you are interested in teaching classes for MWR, contact Marni Allison at 410-278-5567 or e-mail: marni.allison@usag.apg.army.mil.

## Super Bowl party

**Sunday, Feb. 3, 5:30 p.m., AA Recreation Center Ballroom**  
Festus Maximus at APG. Gather together with other NFL fans, pick your teams, and enjoy the Super Bowl on a BIG screen, in a sports bar atmosphere. In addition to the thrill of watching the game with a football loving crowd, you also get all-you-can-eat food bar to include soda, and door prizes, sports trivia, pick the scores and other skill games, all with fabulous prizes. Beer and wine coolers will be available at the snack bar for purchase with proof of age. Advance tickets are on sale at the Aberdeen Recreation Center, building 3326, for \$10; \$15 at the door. You must be 18 years of age or older to purchase tickets. No AIT students will be admitted. For more information, contact Donna Coyne at 410-278-3929 or e-mail: donna.coyne@usag.apg.army.mil.

## Paintball tournament,

**Saturday March 23, 9 a.m. Robinhood Paintball, Havre de Grace**  
Come out for a day of paintball fun with the added dimension of competition with a round-robin tournament. You must register into one of two divisions: (Active Duty Division or Open Division) with a team of three (18 years of age or older). Each team will receive all necessary paintball equipment and 1,000 rounds of paintballs. Additional rounds of paintballs will be available for purchase. Awards go to the top two finishing teams in each division. Cost is \$140 per team. Registration is limited to the first 20 teams and will be held Feb. 15 to March 15 at the Outdoor Recreation Equipment Resource Center, building 2407. Transportation to Robinhood Paintball is not provided. For more information, contact Charles Heinsohn at 410-278-3868 or e-mail: charles.heinsohn@usag.apg.army.mil.

## Organized lunchtime volleyball

**10 consecutive Tuesdays beginning Feb. 12 Russell Gymnasium, building 3330, 11:30 a.m. to 1 p.m.**  
Players must register in advance and teams will be formed each week before the start of play. Registration fee of \$10 covers all 10 weeks of play. Officials will call all games. Locker rooms will be available for use, and a towel service is included. Registration will be held Jan. 8 to Feb. 5 at the APG Athletic Center, building 3300 and the AA Fitness Center, building 320. For more information, contact Donna Coyne at 410-278-3929 or e-mail: donna.coyne@usag.apg.army.mil.

## Urban line dance lessons

**Every Thursday for 10 weeks Starts Feb. 21 7 to 8 p.m. AA Recreation Center Ballroom**  
Learn basic steps in the latest East Coast urban line and hand dances. Impress your friends with the New Jersey hustle, the cow funk, the swing, jitterbug and even an old favorite like the electric slide. Meet new friends, get some great exercise, have a lot of fun, and learn what you need to help you survive social events and give you the courage to get out and dance. This 10-week session costs \$60 per person and will be held every Thursday through April 25. Registration will be held Jan. 17 through Feb. 14 at the AA Recreation Center, building 3326. Class is limited to 40 participants. For more information, contact Earlene Allen at 410-278-3854 or e-mail: earlene.allen@usag.apg.army.mil.

## Lunchtime hand held computer class

**Feb. 26 or March 19 11:30 a.m. to 1 p.m. AA Recreation Center**  
Are you thinking of switching from a date book to a palm pilot or other hand held computer? Do you already own one, but think you could use it more productively? Come learn first-hand what 'hand holds' or palm pilots are, and how they can help you improve your productivity. Bring your own for hands on training or just come to listen and learn. Registration will be held Feb. 1 to 21 for the February class, and from Feb. 26 to March 14, for the March class. Class size limited to 12. Cost is \$15. For more information, contact Earlene Allen at 410-278-3854 or e-mail: earlene.allen@usag.apg.army.mil.

## The Harlem experience

**Saturday, February 23, 2002**  
Celebrate Black History month with a tour of Harlem, N.Y. Experience the history and renaissance of Harlem, starting with lunch at the world famous "Sylvia's Restaurant," the queen of soul food. After lunch, travel back in time as you tour the world famous Apollo Theater, the Cotton Club, and local museums. There will be plenty of free time for other sightseeing and shopping. Travel in a deluxe motor coach. Tickets go on sale Jan. 28 at the Information, Ticketing and Registration Office in the AA Recreation Center, building 3326 and cost \$60 per person. Limited seats are available. A bus will pick-up ticketed passengers on and

off APG starting at 7:30 a.m. For more information, contact Earlene Allen at 410-278-3854 or e-mail: earlene.allen@usag.apg.army.mil.

## Open water scuba certification (PADI)

**Classes start March 4**  
Get your Professional Association of Diving Instructors, or PADI, scuba diving certification. Pool and classroom sessions are completed in just four evening classes followed by a weekend of dives in the pool and at a local quarry. The course includes textbook, video, dive tables, logbook and certification card, which is your license to dive anywhere in the world. The course also includes use of all scuba gear, wetsuit, hood, gloves, weight belt and tanks. You must provide your own personal gear to include a mask, snorkel,

fins and boots. These products can be purchased at the class site prior to the first class. All classes will take place at Knight Divers in Edgewood. Transportation will not be provided. Attendance on all days is required for certification.

All classes will start promptly at 6:45 p.m. on the following nights:

Monday, March 4  
Wednesday, March 6  
Tuesday, March 12  
Thursday, March 14

Check-out dives will start at 8 a.m. on Saturday and Sunday, March 23 and 24. Registration will be held Feb. 1 to 19 at the Outdoor Recreation Equipment Resource Center, building 2407. Registration is limited to 20 and costs \$230. For more information, contact Stacie Edie at 410-278-3931 or e-mail: stacie.edie@usag.apg.army.mil

## Woodshop orientation

**Feb. 2 and March 2 10:30 to 11:30 a.m. Edgewood Arts & Crafts**  
The woodshop orientation is a safety course, required in order to use the woodshop. Pre-registration will be held at Edgewood Area Arts & Crafts, building E-4440, during hours of operation; Thursday 1 to 9 p.m., Friday & Saturday 9 a.m. to 5 p.m. Class size is limited and costs \$3. For more information, contact Holly Shisler at 410-436-2153 or e-mail: holly.shisler@usag.apg.army.mil.

## Framing class

**February 28 and March 28, 2002 5:30 to 9 p.m. Edgewood Arts & Crafts Feb. 2 and March 2.**

## 9 a.m. to 1 p.m. Aberdeen Area Arts & Crafts

Feb. 2 and March 2, 9 a.m. to 1 p.m., Aberdeen Area Arts & Crafts  
This beginning class teaches the fundamentals of framing and matting. Students must bring an 8" by 10" picture to frame. Pre-Registration will be held at Edgewood Area Arts & Crafts, building E-4440, during hours of operation; Thursday, 1 to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m. and Aberdeen Area Arts & Crafts, building 2407, during hours of operation; Tuesday through Thursday, 10 a.m. to 5 p.m., Friday, 10 a.m. to 7 p.m., Saturday, 9 a.m. to 5 p.m. Class size is limited to three and costs \$15 plus supplies. For more information, contact Holly Shisler at 410-436-2153 or e-mail: holly.shisler@usag.apg.army.mil, or Debbie Brooks-Harris at 410-278-2759 or e-mail: brooks-harris.debbie@usag.apg.army.mil.

## Porcelain dolls class

**Feb. 7, 14 & 21 and March 7, 14 & 21 5:30 to 8:30 p.m. Edgewood Arts & Crafts**  
Class participants will make a Sugar Britches doll, a great gift for friends or family. Plan to attend all three sessions. Pre-Registration will be held at Edgewood Area Arts & Crafts, building E-4440, during hours of operation; Thursday, 1 to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m. Class size is limited and costs \$30 plus supplies. For more information, contact Holly Shisler at 410-436-2153 or e-mail: holly.shisler@usag.apg.army.mil.

## Ceramics class

**Feb. 9 and March 9. 10:00 a.m. to 1:00 p.m. Edgewood Arts & Crafts**  
This basic ceramics class teaches the fundamentals of mold pouring, glazing and painting. Pre-registration will be held at Edgewood Area Arts & Crafts, building E-4440, during hours of operation; Thursday, 1 to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m. Class size is limited and costs \$7 plus supplies. For more information, contact Holly Shisler at 410-436-2153 or e-mail: holly.shisler@usag.apg.army.mil.

## Stained glass class

**Feb. 16 and March 16. 9:30 a.m. to 1:30 p.m. Edgewood Arts & Crafts**  
This beginning class will teach students how to make a simple sun catcher using the copper foil method. Pre-registration will be held at Edgewood Area Arts & Crafts, building E-4440, during hours of operation; Thursday 1 to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m. Class size is limited and costs \$25 (including supplies). For more information, contact Holly Shisler at 410-436-2153 or e-mail: holly.shisler@usag.apg.army.mil.

## Disney on Ice

The Information, Ticketing and Registration Office has tickets to Disney on Ice to be held at the Baltimore Arena. Ticket prices and dates are \$10.25 per person for Friday, Feb. 8, 10:30 a.m.; \$16.25 per person, Friday, Feb. 8, 7:30 p.m.; \$16.25 per person, Saturday, Feb. 9, 11:30 a.m.; \$16.25 per person for Saturday, Feb. 9, 3:30 p.m. and \$16.25 per person for Saturday, Feb. 9, 7:30 p.m. Children under the age of 2 are admitted free. Tickets are on sale until Feb. 1. For more information or to purchase tickets, call Gladys Waiters, 410-278-4011.




## Bench Press Competition

**Saturday, Jan. 26, 9:30 a.m. Hoyle Gymnasium, building E-4210**



The Community Recreation Division, APG Intramural Sports is sponsoring a Bench Press Competition.

Eligible participants for the competition include active duty military competing for Commander's Cup points and all eligible civilian male and female patrons

Military teams are limited to 15 persons, two per weight class. Trophies will be awarded to the top two finishers in each category and plaques awarded for the best lifters.

Divisions include Men's Master (over 40 years of age), lightweight and heavyweight classes; Men's Sub-Master (35 to 39 years of age), lightweight and heavyweight classes; Women's Divisions - 114 lbs., 132 lbs., 148 lbs., 165 lbs., and over 165 lbs.

Military Men's Open includes 123 lbs. (123 lbs. and under); 132 lbs. (124 to 132 lbs.); 148 lbs. (133 to 148 lbs.); 165 lbs. (149 to 165 lbs.); 181 lbs. (166 to 181 lbs.); 198 lbs. (182 to 198 lbs.); 220 lbs. (199 to 220 lbs.); and 242 lbs. (221 lbs. and over).

Deadline for sign-up is 7:30 a.m., Jan. 26. Weigh-in starts at 7:30 a.m., with a briefing at 9:15 a.m.

For more information, call Donna Coyne, 410-278-3929 or send e-mail to donna.coyne@usag.apg.army.mil.



## Schedule golf outings now

To schedule special tournaments, organization day events, or other group golf outings, contact Ruggles Golf Course in the Aberdeen Area, Stu Hinch, 410-278-4794, or in the Edgewood Area, Exton Golf Course, Gene Harris, 410-278-9452.



## Friday Night Basketball League forming

Play begins Jan. 25. For information, call Stacie Edie, 410-278-3931 or e-mail: stacie.edie@usag.apg.army.mil.

# CHPPM employee receives LIA 2001 President's Award

**Evelyn B. Riley**  
CHPPM

David H. Slaney, Ph.D., is the recipient of the 2001 President's Award given by the Laser Institute of America, or LIA, in acknowledgement of the many contributions he has made to LIA and the laser safety world.

Slaney is program manager, Laser/Optical Radiation Program at the U.S. Army Center for Health Promotion and Preventive Medicine, or CHPPM, and has held this position since September 1965. He serves as chair, Hazard Evaluation and Classification Subcommittee of the American National Standards Institute Z136.1.

Slaney, a past LIA president, is the current LIA course director, and long-time chair of LIA's safety committee. He has numerous publishing credits, including coauthorship of two books, "Safety with Lasers and Other Optical Sources" and "Medical Lasers and Their Safe Use." He is senior editor of the *Journal of Laser Applications* and an editor of *Lasers in the Life Sciences*.

The award was presented in Jacksonville, Fla., in October during the 20th International Congress on Applications of Lasers and Electro-Optics, the premier conference for researchers and end-users to meet and discuss state-of-the-art laser technology and learn about future trends.

Slaney said, "I was very honored to receive the recognition in front of a large audience of laser scientists and engineers from many countries, particularly in light of the fact that they had all braved the concerns of air-terrorism to come to the conference in early October.

The LIA is the professional society dedicated to fostering lasers, laser applications and laser safety worldwide.



Dave Slaney evaluates a portable light-measurement instrument known as a spectroradiometer.

Photo by W. BEN BUNGER III

## Evaluating Internet health information

**Carla E. Jones**  
CHPPM

The Internet is a powerful communications network that has had an enormous impact on all parts of our society. This network has vastly changed the way we obtain information.

One of the strengths of the Internet is how information can be readily accessed, shared and exchanged around the world.

A quick Internet search for "health" yields over 26 million Web pages. This raises a big issue of reliability and credibility of Internet health information. Anyone can set up a Web server and post information to a Web site without approval or verification of that information.

Consumers must take responsibility for informed decisions about Internet health information. Trust and ethics must be central to any health-related Web site.

As Donald Kemper states in the *Managed Care Quarterly* (Winter, 2001), "Looking for health information on the Internet is like hunting for wild mushrooms. If you know where to go and what to look for, or if you

have a trusted guide, you can go home with some real treasures - all for free. But if you pick wrong, you can get sick and die. It's a sobering thought."

Consumers should evaluate Internet health resources carefully. Healthfinder, ([www.healthfinder.gov](http://www.healthfinder.gov)), a U.S. Department of Health and Human Services Web site, suggests the following criteria as a basis for determining a Web site's trustworthiness.

A trustworthy site will generate affirmative responses for the first six criteria, and negative responses for the last two criteria. Does the Web site:

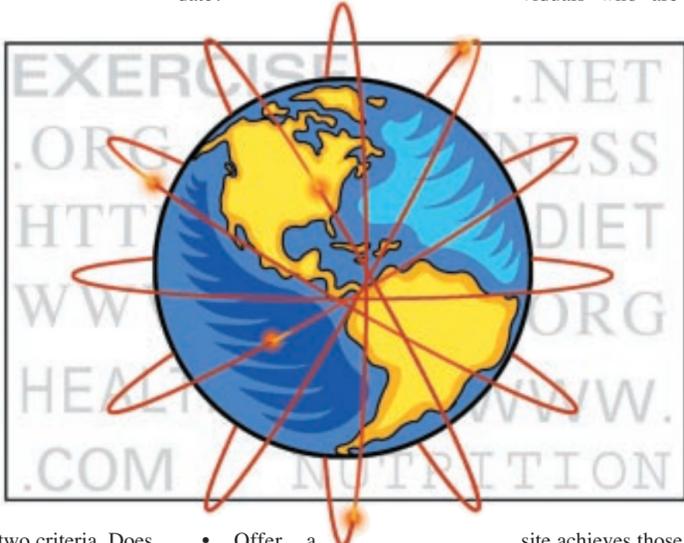
- Clearly state the Web site's purpose, authorship, and sponsorship?
- Separate advertising from health

information?

- Use reliable, verifiable sources for the Web site information?
- Keep health information up-to-date?

policy regarding personal site user information?

- Make incredible health claims?
- Offer medical advice from individuals who are not health care providers?



In addition, consumers should also consider whether the information posted to a health Web site can be verified in another way, contains any bias in presentation, and includes a variety of alternatives.

A wise consumer will also carefully examine the goals of the Web site to determine if the site achieves those goals.

Until a standard set of health Web site principles are universally adopted, consumers will have to continue to evaluate Internet health informa-

tion carefully.

Several health organizations, such as the American Medical Association have introduced various guidelines for their own Web sites. To date, these guidelines have not been accepted for all health Internet Web sites. The establishment of such criteria will go a long way toward ensuring information reliability and credibility.

In the meantime, consumers should make careful and informed decisions when evaluating Internet health information.

Basic Web site evaluation criteria and some common sense will enable each consumer to make wise health connections on the Internet.

For more information visit <http://www.healthfinder.gov>, a guide to reliable health information, <http://www.hon.ch>, Health on the Net Foundation, or <http://www.amaassn.org/ama/pub/category/1905.html>, principles governing AMA Web sites.

## Martin

**Yvonne Johnson**  
APG News

*I don't know how the stars aligned  
The night that he was born  
I don't know if he came from poverty  
I don't know if he seemed an extraordinary child  
I don't know what he wanted most to be  
I only know that every now and then someone will rise  
To lead a troubled people in their quest  
Of all the splendid heroes who are praised in history  
I do believe that Martin did it best  
Learning from the teachings of other men of strength  
And using what he learned to shed the light  
He reaffirmed the wisdom of a calm philosophy  
He reinserted hope in many lives  
The world paid close attention as he overcame his foes  
Then showered him with lavish accolades  
Like leaders past, he dreamed a better future for mankind  
Like heroes past, he met an early grave  
Today we honor him for courage  
His was not an easy road  
We celebrate his quest for civil rights  
Equality, prosperity, education and respect  
For these conditions, Martin gave his life*



Illustration by DIANE BURRIER



Photo by SHEILA LITTLE  
Prior to patrolling the installation waters, Aberdeen Proving Ground Police Officer of the Year Matt Stewart does a pre-operation inspection on one of the Marine, Wildlife and Environmental Division's patrol boats, located at the Gunpowder Neck Boat Club in the Edgewood Area of APG. The division is part of the Directorate of Law Enforcement and Security.

## Police

**From front page**  
of DLES. "He's dependable and a true professional in every sense."

Armstrong said that once Stewart returned to APG as a civilian, his familiarity with APG came in handy. Stewart was detailed to the wildlife division to assist in a sting operation that nabbed fish poachers who tried to operate unnoticed by selling perch from APG waters out of state. His familiarity with APG law and surrounding waters helped him to infiltrate the operation without detection. "We worked hard to get him back (as a civilian)," Armstrong said.

Special Agent Ralph Plummer, also of Marine and Wildlife, said, "He has a wealth of knowledge and experience in leadership and natural resources law enforcement. He's made cases for illegal commercial and recreational fishing and crabbing, recreational hunting, and boating and watercraft activities. It doesn't surprise me that he is the Police Officer of the Year. He's an excellent choice."

Kevin Forster became a mem-

ber of the police force in November. Assigned to get a better handle on his job by working with Stewart, Forster said, "He's very knowledgeable. I've learned a lot from working with him, especially about the unique aspects of the bay," he said. "I'm not at all surprised that he was chosen for policeman of the year. He deserves it very much."

At the official presentation, Rob Krauer, provost marshal, said the job of an APG police officer, seeing to the safety and security of the installation and its inhabitants is, "arguably the hardest mission on the installation." He acknowledged Stewart's history at APG as a military policeman and said, "It's an honor and privilege to have him back here as a civilian."

Civilian Maj. Joe Darabasz, DLES division chief, said the APG recognition began in 1996 as a way of showing appreciation and support to those who serve on the force. "We want to recognize the outstanding professionalism and achievements of all our police officers," said Darabasz. "The Department of the Army probably has their best police department here at APG."

## Video

**From front page**

him from worrying about us," she said.

The mother of National Guard Sgt. Javier Quintero took her granddaughter, Tatyana, 6, to see her father on the VTC. The Randallstown grandmother said she was impressed with the support and services the family has received.

"The National Guard and ACS worked together to help set it up for us. Thanks to them, his deployment has gone better than we anticipated," Mary Quintero said.

She added that her granddaughter was thrilled to see her father whom "she misses so much."

"When you can see them, you know they're okay," she said, adding that they both thought he looked very well.

"She just had a grand time talking with him," she said of her granddaughter. "And he was pleased to see what they are doing for the families."

Although there were a few communication glitches that had to be worked out, retired Sgt. 1st Class Victor McPherson said his call to his wife, Staff Sgt. Claribel McPherson went well for him and his children.

"She was unable to see us but we could see her," McPherson said. "It was great for the kids. They loved it."

With a full time job and two boys at home, McPherson, formerly of Headquarters and Headquarters Company, 61st Ordnance Brigade, added that arranging a call takes quite a bit of planning and that he is undecided about doing it again.

"We miss her but we know she'll be home soon," he said. "We'll do it again if they can work the bugs out over there."

For the Appel family, who went before and after the holidays, things went "surprisingly well." Lisa Appel said she appreciated the chance to let her husband, National Guard Maj. Gary Appel, see his children open the presents he sent them.

His parents went with us the first time and the second time my parents went," Lisa Appel said adding that children benefit most from the technology.

"It was really nice for them to see him and for him to see them, she said. That's a present you can't buy."

The VTC is one of several services offered by the Family Assistance Center to families of deployed servicemembers. Other services include relocation and financial assistance, counseling, family advocacy, childcare services and a full range of information and referral services. For more information, call 410-278-2453/7474.



Photos by GODOFREDO POSADAS  
Lisa Appel, far right, holds up a candy-filled camouflage stocking for her husband, Maryland Army National Guard Maj. Gary Appel to see during a VTC session before Christmas. Looking on is his mother, Camille Appel, left, and his daughter Delaney, 4. Not shown is Appel's father and son, Austin, 7.



Retired Sgt. 1st Class Victor McPherson, right, converses with his wife, Maryland Army National Guard Staff Sgt. Claribel McPherson. The Edgewood couple's two sons were also in atten-