

POST SHORTS

Recycling schedule



The recycling pickup for Wednesday, July 24, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

APG water (perchlorate) meeting

An information meeting on perchlorate in the City of Aberdeen's drinking water production well system will be held July 18, 4 to 8 p.m. at the Senior Citizen Center in Aberdeen. The public is encouraged to attend.

For more information, call George Mercer, APG Public Affairs Office, call 410-278-1147.

Additional information can be obtained by calling the EPA's Safe Drinking Water Hotline at 1-800-426-4791 or by visiting the EPA Office of Water Web site at www.epa.gov/ogwdw/ccl/perchlor/perchlor.html.

RAB meeting announced

The Installation Restoration Program will hold its next monthly Restoration Advisory Board meeting on July 25, 7 to 9:45 p.m., at the Edgewood Senior Center on Gateway Road. The topics will include updates on the Bush River study area, Lauderick Creek CWM removal action, Aberdeen Area perchlorate detections and the New O-Field removal action.

Board meetings are open to the public; all APG employees and citizens are invited. For more information, call the Information Line at 410-272-8842 or 1-800-APG-9998.

Tickets on sale for summer concert

Aberdeen Proving Ground's Morale, Welfare and Recreation is busily planning this year's rock concert. Headlined by REO Speedwagon, opens for the Aug. 17 event are Night Ranger and Eddie Money.

Tickets are on sale for \$25 through Ticketmaster, 1-800-551-SEAT, or at the Information, Ticketing and Registration Office, 410-278-4011. Tickets will also be available the day of the concert for \$35.

Due to security considerations, only the gate located on Route 22 will be open to concert-goers, who will be directed to designated parking. Those 16 and older should bring a photo ID and plan their arrival time to accommo-

See SHORTS, page 3

Historian navigates APG waters



Dr. Susan Schmidt, a navigator, educator and historian who is recreating Capt. John Smith's 1608 Chesapeake Bay voyage, beaches The Landfall dory on Pooles Island during a stop at Aberdeen Proving Ground. Schmidt will complete the three-month expedition in September.

Story and photos by
Yvonne Johnson
APG News

A quest to re-create a part of the Chesapeake Bay's storied history brought a North Carolina educator to the waters and islands of Aberdeen Proving Ground in June.

Dr. Susan Schmidt, an English professor at Cartaret Community College in Morehead City, N.C., is conducting the Landfall Expedition, a re-creation of the 1608 Chesapeake Bay voyage of Capt. John Smith. The trip is in commemoration of the approaching 400th anniversary of the voyage.

Schmidt received permission from APG authorities to visit its waters and islands, which lie in a restricted area of the bay. Escorted by Butch Grzanka, APG garrison S-3 operations officer, her brother Carlton 'Jeff' Jeffers, commonwealth attorney, Lancaster County, Va., and her Boykin spaniel/first mate Molly, Smith explored Pooles Island and its neighboring waters on June 22. Grzanka spent two days

See VOYAGE, page 13

Officer Candidate School board announced

Steve Schultz
SBCCOM Adjutant

On Aug. 23, the U.S. Army Garrison, Fort Meade, will convene a board for soldiers applying for attendance at the U.S. Army Officer Candidate School. Along with the United States Military Academy and the Reserve Officer Training Corps, the OCS remains an important source of commissioned officers for the Army. This year, the Army approved an increase in the number of soldiers who may attend OCS. Candidates apply through local boards - Fort Meade for Aberdeen Proving Ground soldiers - and those selected begin a rigorous, 14-week course of instruction at Fort Benning, Ga.

APG soldiers who wish to become commissioned officers should prepare their applications early. The key prerequisites are:

- Be a citizen of the United States.
- Have a GT score of 110 or higher.
- Pass the Army Physical Fitness Test score 180 (APFT).
- Pass the Scholastic Aptitude Test (SAT), mini-

mum 850 or American College Test (ACT), minimum 19.

- Have at least 90 semester hours of college study.
- Achieve a score of 80 or higher on the English comprehension level test, if primary language is not English.
- Be at least 18 years old and less than 30 (can waiver age up to 35).
- Have a complete physical exam six months prior to date of application.

Completed packets must be submitted to the U.S. Army Soldier and Biological Chemical Command Military Personnel Office not later than Aug. 1. Each application will consist of one packet containing all original documents, and three photocopies of the original packet.

Additional information may be found in Army Regulation 351-5, Officer Candidate School, or the OCS Web page <http://www.armyocs.com/home/>.

For more information, call the SBCCOM Adjutant's Office, e-mail milpo@cbdcom-emh1.apgea.army.mil or call Vanessa Cefaloni, 410-436-2130.

NCOs get new career development guidance

Joe Burlas
Army News Service

An updated Department of the Army pamphlet will soon provide noncommissioned officers more robust career development guidance on the path to sergeant major.

Replacing a 15-year-old generic DA PAM 600-25, Noncommissioned Officer Professional Development Guide, the new guide will offer structured institutional and self-development career advice tailored to each military occupational specialty and skill level via the Web later this month.

"The Army has been in need of this publication for some time," said retired Sgt. Maj. Carl Armentrout, chief of Army Development Systems XXI Enlisted Component. "The field asked for better NCO professional development guidance and it is being delivered. It's very extensive."

Updating the NCO guide was one of the recommendations the Army Development Systems XXI task force made to Army Chief of Staff Gen. Eric K. Shinseki last year. According to its charter, the task force was formed in October 1999 to "chart a course for enlisted and warrant officer development and management required in the next century."

Making the pamphlet an e-book allows it to be updated quickly by MOS proponents and other Army officials when changes occur or more current information is available, Armentrout said.

As an e-book, the guide also has hundreds of hyperlinks for more detailed coverage of specific Army subjects and programs. Users can checkout the Army's Credentialing

Opportunities Online Web site to see how an MOS compares to a similar civilian profession and what is required to qualify for jobs in that career field. Another link takes users to the Army Education Web site which details information on a myriad of academic degree-building programs and available tuition assistance.

Specifically, the guide lays out the duties, prerequisites, required institutional training and recommended self-development of each MOS by career management field and skill level, Armentrout said.

Armentrout gave an update on other ADS XXI enlisted initiatives:

Career field proponents have made significant progress on the requirement to reduce MOSs to a more manageable level, he said. When the ADS XXI task force formed, the Army had 241 MOSs. The number today is less than 200.

The next step is for the Training and Doctrine Command to look across proponents to see what other MOSs might be consolidated for further reductions, Armentrout said. Low-density MOSs that are not inherently military are also being examined for possible outsourcing, he said.

On the need to staff Sergeant Major Academy instructor positions with seasoned senior NCOs, the first batch of 15 report in this summer, with 15 more following in 2003 and another 15 in 2004.

The recent practice had been to staff the academy's 48 instructor positions with sergeants major who had just graduated from the academy's training, Armentrout said.

See NCO'S, page 14

Night Ranger joins Eddie Money, REO Speedwagon for a night of rock

Sheila Little
APG News

The night air will be filled with the sounds of rock on Aberdeen Proving Ground as Night Ranger opens with Eddie Money for a summer concert headlined by REO Speedwagon at Shine Sports Field, Aug. 17.

Night Ranger first left its indelible mark on the music charts with a string of best selling albums between 1982 and 1988. Known for songs such as "Sister Christian," "When You Close Your Eyes," "Sentimental Street," "Goodbye" and "Don't Tell Me You Love Me," the band showed not only musical talent, but a talent to entertain, with 10 number one videos on MTV.

Band members parted ways in 1989, but kept busy until reuniting in 1996.

Jack Blades founded Damn



Yankees with Ted Nugent and Tommy Shaw, recording two platinum albums, wrote for performed on Aerosmith and Journey CD's and produced for Great White and Ted Nugent.

Jeff Watson released two solo albums, Lone Ranger and Around the Sun, and wrote songs for and appeared in several episodes of the CBS television series Nash Bridges. A heavy metal group founded by

Watson, Mother's Army, continues to enjoy success overseas.

Alan Fitzgerald joined the touring lineup of Van Halen during their heyday, and tours with others when Night Ranger's schedule permits. Brad Gillis released a solo album with fellow ranger Kelly Keagy on drums, and Keagy also has an album in the works.

Six years ago, the group reunited to tour with Ted Nugent, and has joined the summer tours of STYX, Bad Company, Pat Benatar, and Loverboy, among others.

Known worldwide for its high energy, musically stellar live shows, Night Ranger, along with Eddie Money, opens the summer concert at APG, with REO Speedwagon as the headliner.

Due to heightened security,

See CONCERT, page 14

Drought tip

In an effort to help the personnel of Aberdeen Proving Ground cope with the area drought, the APG News is offering a weekly water conservation tip.



save water with each flush.

- Install low-flow aerators and showerheads. They are inexpensive, easy to install, and save water and energy.
- Do not let the faucet

flow while brushing your teeth or shaving. Use a glass of water for rinsing teeth.

- Take showers instead of tub baths. Consider bathing small children together.
- If your shower has a single-handle control or shut off valve, turn off the flow while soaping or shampooing.
- Leaking diverter valves (valves which divert water from the tub spout to the showerhead) should be replaced.

When constructing a new home or remodeling your bathroom, install low consumption (1.6 gal/flush) toilets.

- Place a weighted plastic one-half gallon jug or a toilet dam in the tanks of conventional toilets to displace and

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Health

What is wellness at the worksite?

Lisa Young
CHPPM

During the last decade, wellness activities at the worksite have become an increasingly common addition to both middle and large businesses. This trend is not restricted to corporate America but can also be seen in the government workplace.

The growth of health promotion and wellness programs, which can be defined as consistent, ongoing efforts to optimize individual and organizational wellness, can be attributed to several influences. Organizations, which have identified an increase in medical costs, have encouraged employees to adopt better health habits. The more health risks employees have, the greater their use of medical care, the more time lost from work, and the larger the health-related costs.

Another reason for the development of health promotion and wellness programs is the expanded American interest in achieving greater control over health and health care. Easy access to current medical information through the Internet, managed health care that promotes cost containment, problems with physician access, increased emphasis in prevention, early detection, and self-care have all contributed to this change in attitude. This increased interest in health by employees provides an avenue for increased awareness and education of health issues and opportunities for health behavior modification through health promotion programs and events.

What are some approaches an organization can use to continue this movement towards health promotion and wellness in the workplace? Incorporating the concepts of fostering employee well being and encouraging healthy behaviors and lifestyles into the organization's mission is the first step in health promotion taking root in the workplace. Wellness activities at the worksite should take a variety of forms and include a broad spectrum of health promotion activities.



Some suggestions for ways to implement wellness are:

- On-site health fairs
- Ergonomic evaluations of employee work stations
- Organizationally sponsored recreation activities
- Civilian fitness programs sponsored by the fitness center or medical facility
- Quarterly seminars on issues that are related to well being, such as stress management
- A wellness newsletter designed for the workplace
- Bulletin board notices that highlight monthly health observances
- Awareness posters to underscore health issues like nutrition and dietary information, men's and women's health, and responsible alcohol consumption
- Smoking cessation classes and restricting smoking to outdoor areas
- Low fat and healthy snack and drink choices in the vending machines.

Promoting physical activity in the workplace is also a means to accomplish health promotion. Encouraging the use of stairways through easy accessibility and signs to support their use, adding shower facilities to support exercise by employees during or before the day, and installing bike racks and safe walking or bike paths at the facility are all ways to assist employees in their healthy lifestyle efforts.

The employee can also take an active part in promoting a "wellness" atmosphere at work. Simply taking an active role in the health promotion activities offered by your organization is an easy way to begin. Making a personal commitment to adopting healthy lifestyle habits will take you even further in this effort.

If your organization is not currently active in making health promotion and wellness a priority, then your challenge is to find out what you can do to start the ball rolling.

Gesundheit! Living with allergies

Optum Inc.

Sneezing, sniffles, runny or stuffy nose, watery and itchy eyes, headache-these symptoms are all too familiar to allergy sufferers. Seasonal allergic rhinitis, commonly called hay fever, can leave you feeling sick and desperately searching for relief.

When an allergy attack occurs, the body is responding to dust, animal dander, pollen or other substances from sources such as grasses, trees and flowers. If uncertain about what is causing the allergic reactions, keep a journal noting the surroundings at the time an episode occurs to see if any patterns develop.

You can run but you can't hide

It is impossible to completely avoid allergy-inducing irritants, but exposure can be minimized.

- Stay inside when the pollen count is high.
- Keep windows closed and use air-conditioning as much as possible.
- Replace air-conditioning

and heating filters often.

- Use indoor air cleaning systems.
- Keep humidifiers clean and free of mold.
- Think about removing carpets-they accumulate al-



lergens 100 times more than bare floors.

- Remember, pollen settles on a pet's fur; hugging the hound might aggravate the symptoms.

Some medication options

Prescription and over-the-counter medications can provide relief from symptoms but both have some side effects. Always check with a physician and read and follow all instructions and warnings.

Antihistamines: Reduce swelling, itching, sneezing, watery eyes, excessive mucus.

Possible side effects: Drowsiness and dry mouth.

Decongestants: Relieve swelling

Possible side effects: Can cause nervousness or drowsiness; can increase blood pressure in high dosages.

Corticosteroids (nasal spray form): Relieve nasal congestion

Possible short-term effects: Can cause stinging; if improperly used, can damage nasal tissue.

Possible long-term effects: Studies are underway, consult your physician.

Allergy shots: Decrease allergic response; usually weekly shots given over a long period of time.

When it becomes sinusitis

Sometimes a bout of allergies, or a cold, can turn more serious

Sinusitis, an infection or inflammation of the sinuses, may start as simple nasal congestion or it can be triggered by cigarette smoke. Blocked nasal passages permit bacteria to grow, causing an infection to develop.

See ALLERGIES, page 6

The dreaded childhood immunizations

MAJ Sharon Reese
CHPPM

Didn't school just let out for the summer? It couldn't be time to get ready for the new school year already. But the summer is passing quickly and it is that time again. Time to suffer through the hunt for just the right school clothes, to pick up those school supplies, to get the sports physicals, and yes, time to make sure the kids have all their shots.

From the moment the baby arrives, one of the hardest things a parent has to do is hold that little one while some "mean" nurse gives him/her a shot and makes him/her cry.

And who do they look at with tears in their eyes but you, mom or dad.

Sometimes it is tempting to rationalize away the need for those immunizations, but as parents, you need to be strong because the importance of childhood immunizations has not changed.

Babies are born with resistance against many diseases because of the antibodies they received from their mother. That resistance does not last long, usually no more than a year, and there are some diseases, according to the Centers for Disease Control and Prevention, where the baby does not have maternal immunity such as diphtheria, whooping cough, polio, tetanus, or Haemophilus influenzae type B.

If babies do not receive their immunizations, they are at risk when exposed to disease. When exposed, their body may not be strong enough to fight the disease.

Up to 60 percent of the cases of Haemophilus influenzae type B cases occur in children under the age of 12 months. Infants under the age of 6 months have the highest risk for complications from pertussis (whooping cough), with 72 percent requiring hospitalization and 84 percent resulting in death.

For protection against disease, children should receive most of their immunizations during the first 2 years of life, starting at birth. If your child is not on the American Academy of Pediatrics' recommended schedule for vaccination, it is easy to get back on track.

But what about the stories we see on television and the Internet about the risk related to vaccines? We are naturally worried about our children and what we put into their bodies. There are risks involved with everything we do; the question is do the risks outweigh the benefits? According to the previous U.S. Surgeon General, Dr. David Satcher, "Immunizations can be credited for saving more lives and preventing more illnesses than any medical treatment."

The risks associated with childhood immunizations are normally so minor (sore arm or fever) or so rare (seizures) that they are far outweighed by the lives saved and the illness prevented.

We see what we call childhood illnesses less and less today. But the germs that cause these diseases are still out there.

Until we can eliminate the disease, it is important to continue to provide protection. It is like using seatbelts in a car or having health insurance.

While you are thinking of the many other things you do to protect your children, do not forget the one thing that can help to protect them from disease - vaccinations. Vaccinate your children.

For more information see the following Web sites:

- <http://www.aap.org/>
- <http://www.cdc.gov/nip/publications/6mishome.htm>
- <http://www.cdc.gov/nip/default.htm>

APG News

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Deadline for copy is Thursday at noon for the following Thursday's paper.

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4-WHEEL JAMBOREE RECRUITING



Photo by DIANE BURRIER

An Army high mobility multi purpose wheeled vehicle, HMMWV, sits on display at the 15th Annual Summer 4-Wheel Jamboree Nationals in Bloomsburg, Pa., last weekend.

U.S. Army recruiter Sgt. 1st Class Edd Bills said the vehicle, which is used for recruiting events and outreach programs, draws a lot of interest. The office received 700 leads during last year's event, Bills said.

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date personal and vehicle searches.

Although the tailgate party will no longer be held, a live broadcast by radio station WOCT will be held at the main gate from 3 to 6 p.m. The show begins at 7:30 p.m., and will be held rain or shine.

Abstract submittal deadline July 24

The Army Science Conference abstract submittal is not restricted to Army Scientists & Engineers. The Call for Papers is open to all scientists and engineers that are doing work potentially relevant to the Army's mission.

The deadline for the abstract submittal has been extended to July 24. Submitted abstracts will be considered for oral presentation, posters or publication in the proceedings of the conference. Abstracts are to be submitted electronically via the Army Science Conference Web site www.asc2002.com.

For more information, call Jean at 757-357-4011.

Pentagon Memorial competition programs now available

The U.S. Army Corps of Engineers has released the requirements and procedures for entering the first stage of the competition to select a Pentagon Memorial artistic concept.

The competition program is now accessible on the competition Web site, <http://memorial-competition.pentagon.mil>.

Those unable to download the program should call the dedicated competition number, 1-866-782-4383 (toll free in the United States), and a packet of information will be mailed. The open competition is structured in two stages. Any individual or team may enter. Deadline for submissions is Sept. 11, 2002.

The memorial will be built on the grounds of the Pentagon near the impact site to honor the victims of the Sept. 11, 2001, attack on the Pentagon.

For general information about the Pentagon Memorial project, visit the project website, <http://pentagonmemorial.nab.usace.army.mil>.

Volunteers needed for rock concert

Morale, Welfare and Recreation needs volunteers for the APG Classic Rock Concert, Aug. 17, at Shine Sports Field.

Jobs include gate workers, ticket sellers, concession workers, sponsorship assistants, warehouse workers and photographers.

Licensed bus drivers and parking attendants are also needed. Staff T-shirts and training will be provided. Volunteers must be 18 or older and available to work from 4 p.m. to midnight.

For more information about volunteering, contact Ruth Overbay, 410-278-9536, or e-mail her at ruth.overbay@usag.apg.army.mil.

For general information, call 410-278-4011/4621, TTY 410-278-4110.

'Race To Read' registration underway

This summer, the garrison libraries in the Aberdeen and the Edgewood areas are joining with the Harford County Public Library's Summer Reading 2002 program.

The post libraries will serve as registration sites for children of all ages who want to join the Race to Read.

Come to the library to sign up and receive a take-home kit. Certificates and incentive prizes will be awarded to readers who complete the program.

The last day to submit reading logs and receive certificates is Aug. 31.

For more details, call Bill Todd at the post library, 410-278-3417.

Donna's offers extended hours

Summer hours for Donna's Pit Beef will be 6 a.m. to 6

Pollution Prevention

If your printer can't print documents double-sided, save paper by e-mailing documents, printing on the back of scrap paper, or providing disk copies



APG Pollution Prevention Program

p.m., Monday through Friday. For more information, call 410-272-7730.

A musical tribute to Korean War veterans July 27

July 27 is the 49th Anniversary of the Korean War Victory.

The DoD 50th Anniversary of the Korean War Commemoration Committee is offering free tickets to a special Musical Tribute to Korean War Veterans, 7 to 8:30 p.m., at the Daughters of the American Revolution Constitution Hall in Washington. The Secretary of Defense will host the concert.

Other events include a 10 a.m. ceremony at the Korean War Veteran Memorial in D.C., and at 2 p.m., there will be a ceremony at the Tomb of the Unknowns, Arlington National Cemetery.

Tickets are limited and will be on a first-come, first-served basis.

To request tickets, call 410-939-1369 before July 22; for more information, call 703-604-3414.

Commemorative Prayer luncheon

The Aberdeen Area Post Chapel will hold a prayer luncheon on Sept. 12, 11:30 a.m., at Top of the Bay. Guest speaker will be Patty Shinseki, wife of Gen. Erik Shinseki, Chief of Staff, United States Army.

Tickets cost \$5 each and will be available at the end of July.

To purchase tickets, call the AA chapel, 410-278-4333, the Edgewood Area chapel, 410-436-4109, or the Garrison Command Office, 410-278-1511.

For more information, call the AA chapel, 410-278-4333.

Preventing violence in the workplace

Are communication problems creating a hostile workplace? The Workplace Assessment Team offers a variety of Communication and Conflict Resolution classes designed to help with interpersonal problems and workplace productivity.

For more information or to schedule a class, call Paul Papp, 410-306-1079, or e-mail paul.papp@usag.apg.army.mil

Violence Prevention lunchtime classes

Paul Papp of the Work Assessment Team will hold Workplace Violence Prevention workshops in the

month at Kirk U.S. Army Health Clinic, room A-14.

This is a 90-minute class from 8:30 to 10 a.m. and is mandatory for all food service personnel (military and civilian) in the Aberdeen and Edgewood areas of Aberdeen Proving Ground.

Managers, directors or non-commissioned officers in charge of all food service establishments on post will ensure that their personnel attend this class.

Attendance at this class will be a requirement for hiring new civilian employees.

Registration should be made at least three days prior to the class date.

Class size is limited and is based on first-call, first-served basis.

For more information, contact Spc. Chris Roberts at 410-278-1956.

Aberdeen and Edgewood areas this summer.

In the Aberdeen Area, classes will be held every Monday, noon to 12:45 p.m., building 4304 in the ISD Conference Room. Class dates are July 22 and 29.

In the Edgewood Area, classes will be held every Monday in building E-4430 in the Conference Room. Class dates are Aug. 5, 12, 26 and Sept. 9 and 16.

Topics include Introduction to Workplace Violence Prevention, Refining Your Communication Skills, Conflict Resolution, Managing Workplace Stress and Religious Tolerance in the Workplace. Bring a lunch and join in.

For more information, call Paul Papp at 410-306-1079 or e-mail him at Paul.Papp@usag.apg.army.mil.

Volunteers needed at EA Thrift Shop

Volunteers are needed at the Edgewood Area Thrift Shop located across from the golf course on Stark Road.

For more information, call 410-676-4733, Tuesday and Thursday, 10 a.m. to 3 p.m.

Join the boat club

The Spesutie Island Boating Activity, or SIBA, is accepting applications for the 2002 season. Requirements to join are: possess a government identification card for Aberdeen Proving Ground, boat registration, and proof of insurance. Costs are: for a moored boat - \$11 per foot, for a boat on trailer in parking lot space - \$8 per foot, for ramp access - \$7.50 per foot.

Membership requirements include the member performing eight hours of work for the club and standing security watches.

Membership is open to active duty military, full-time Army National Guard, retired military, Department of the Army civilians employed at APG, retired APG civilians, and full-time contractors with government ID cards. Details can be found in Army Regulation 215-27.

Applications can be picked up at the SIBA clubhouse, building 36, or at Outdoor Recreation.

For more information, call Outdoor Recreation at 410-278-4124.

Food Handlers Class

The Environmental Health Section of Preventive Medicine Services conducts a Food Handler's Class on the second and fourth Wednesday of the

How to recognize a hoax or chain letter

CIAC Internet Hoax Information

Users of government-issued computer equipment have many responsibilities. One responsibility is to not participate in "chain mail" message transmissions or e-mail hoax schemes.

Army Regulation 380-19 and the Directorate of Information Management Computer User Policy require that government users not circulate chain letters or hoaxes. Any questions or issues concerning these should be immediately given to the organization Information System Assurance Officer.

This article will help users recognize a hoax and a chain letter.

How to recognize a hoax

Probably the first thing noticeable about a warning is the request to "send this to everyone you know" or some variant of that statement. This should raise a red flag that the warning is probably a hoax. No real warning message from a credible source will tell the user to send this to everyone they know.

Next, look at what makes a successful hoax. There are two known factors that make a successful hoax:

- (1) Technical sounding language
- (2) Credibility by association

If the warning uses the proper technical jargon, most individuals, including technologically savvy individuals, tend to believe the warning is real. For example, the Good Times hoax says that "...if the program is not stopped, the computer's processor will be placed in an nth-complexity infinite binary loop which can severely damage the processor..." The first time a user reads this, it may sound like it might be something real. With a little research, the user will find that there is no such thing as an nth-complexity infinite binary loop and that processors are designed to run loops for weeks at a time without damage.

The term credibility by association refers to who sent the warning. If the janitor at a large technological organization sends a warning to someone outside of that organization, people on the outside tend to believe the warning because the company should know about those things. Even though the person sending the

warning may not have a clue what he is talking about, the prestige of the company backs the warning, making it appear real. If a manager at the company sends the warning, the message is doubly backed by the company's and the manager's reputations.



Recognizing a chain letter

Chain letters and most hoax messages all have a similar pattern. From the older printed letters to the newer electronic kind, they all have three recognizable parts.

The hook

First, there is a hook, to catch the user's interest and get them to read the rest of the letter. Hooks used to be "Make Money Fast" or "Get Rich" or similar statements related to making money for little or no work. Electronic chain letters also use the "free money" type of hooks, but have added hooks like "Danger!" and "Virus Alert" or "A Little Girl Is Dying." These tie into a fear for the survival of our computers or into sympathy for some poor unfortunate person.

The threat

After hooked, users read on to the threat. Most threats used to warn about the terrible things that will happen if the user does not maintain the chain. However, others play on greed or sympathy to get the letter passed on. The threat often contains official or technical sounding language to get the user to believe it is real.

The request

Some older chain letters asked users to mail a dollar to the top ten names on the letter and then pass on the letter. The electronic ones simply admonish users to "Distribute this letter to as many people as possible." They never mention clogging the Internet or the fact that the message is a fake, they only want users to pass it on to others.

Chain letters usually do not have the name and contact information of the original sender so it is impossible to check on its authenticity.

Legitimate warnings and solicitations will always have complete contact information from the person sending the message and will often be signed with a cryptographic signature, such as PGP to assure its authenticity. Many of the newer chain letters do have a person's name and contact

information but that person either does not really exist or does exist, but does not have anything to do with the hoax message.

If a mail message is formatted with html and contains scripts, those scripts will run when the e-mail message is read. Active scripting should always be turned off for a mail reader so that malicious code like the KAK worm cannot automatically run.

Validation

Army Regulation 380-19 requires that employees not circulate chain letters or hoaxes. Any questions or issues concerning chain letters or hoaxes should be immediately given to the organization's information system assurance officer.

(Editor's note: Jason Ford, information assurance/computer specialist, DOIM, contributed to this article.)

New software to speed VA claims

Courtesy of Armed Forces News

The Department of Veterans Affairs plans to release software late this summer that will help veterans' service organizations prepare claims on behalf of veterans.

Currently, VSO representatives with powers of attorney can request medical records only in paper form from the VA.

With the new software, they will be able to review medical information in the veteran's electronic record at VA health facilities.

The software has incorporated two features to safeguard veterans' medical records. First, the software provides read-only access to medical files, so users will not be able to add, delete or

modify any information in the veteran's medical record. Second, the software limits a user's access to the medical records of only those patients for whom the VSO representative holds a valid power of attorney.

Representatives will have access to information from all VA hospitals in which a veteran was treated.

DOD expands SHAD investigation

Military Report.com

The Department of Defense has announced an expansion of the Shipboard Hazard and Defense investigation.

A team of investigators will travel to Dugway Proving Ground in mid-August to review Deseret Test Center records. The Shipboard Hazard and Defense, or SHAD, program was a subset of Project 112, a chemical and biological weapons vulnerability-testing program conducted by the Deseret Test Center from 1963 to 1969. The tests consisted of joint exercises involving the Army's Deseret Test Center, several Army and Navy vessels and Marine Corps and Air Force aircraft.

Some veterans have expressed concern that they may have been exposed to harmful substances during

these classified tests. To date, DoD has published 12 fact sheets that chronicle ships and units involved in the tests, when the tests took place, and the substances to which the crews may have been exposed. So far, investigators have identified approximately 2,700 to 2,800 service members involved in these 12 tests, many in more than one test.

Veterans who believe they were involved in SHAD tests and desire medical evaluations should call the VA's Helpline at 1-800-749-8387.

SHAD fact sheets are available on line at http://deploymentlink.osd.mil/current_issues/shad/shad_intro.shtml.

For more on veteran health benefits and issues, see http://www.military.com/Resources/ResourceFileView?file=Veterans_Health.htm.



Army News



Army ups max age to 40 for drill sergeants

Staff Sgt. Marcia Triggs
Army News Service

Noncommissioned officers between the ages of 37 to 40 are now eligible to become drill sergeants, personnel officials announced.

The policy change, which went into effect June 5, means that 3,000 more staff sergeants and sergeants first class are now eligible for consideration.

With appropriate medical clearance, 41-year old soldiers can also volunteer to be among those who transform civilians into soldiers, according to a Military Personnel message.

Another change is that on a case-by-case basis, the minimum GT score of 100 can be waived to not less than 95.

When the previous age and GT score prerequisites were put into place it was a different Army, said Master Sgt. Michael Wilson, chief of Total U.S. Army Personnel Drill Sergeant Branch.

"Soldiers are healthier and more physically fit," Wilson said. "However, we were telling them that because of their age they couldn't be drill sergeants. But a lot of them were already performing arduous tasks as platoon sergeants.

"Then there were soldiers being held accountable for a test they took 10 to 12 years ago, without regard to their military or civilian education."

Soldiers with a GT score between 95 and 99 can receive a waiver if they have successfully served in leadership positions, and have completed or are working to complete college-degree requirements, he added.

Increasing the selection of drill sergeant candidates was not the only driving force for the change, Wilson said. There are only 2,800 drill sergeants serving at once, he said. It boiled down to fairness, which means lightening up on the fairly stringent selection process. These changes are only two of the 22 prerequisites soldiers must meet before being accepted to attend the nine-week drill sergeant school.

While on the surface, the changes seem to be a win-win situation, it will eventually cause challenges for some of the senior NCOs called to serve on a mandatory two-year tour of duty, according to a first sergeant at a basic training company on Fort Benning, Ga.

"At age 40, most senior NCOs are prepping toward retirement, and being a drill sergeant requires a lot of time away from the family," said 1st Sgt. Willie Parker Jr. from 1st Battalion, 19th Infantry Regiment, Fort Benning. "However, a professional could adapt."

Some soldiers already on the "trail" said the physical challenges drill sergeants face could be a problem for older soldiers who aren't already physically fit.

"Fort Benning is an infantry school, and we run and march more than the other schools, so a person would have to already

be physically ready for the training," said Capt. John Doty, the commander for Company E, 1st Battalion, 19th Infantry Regiment.

"However, I've seen drill sergeants in their 40s in better shape than 20-year-olds. So, physical fitness will be based on the individual. It may be a factor for some, and not for others," Doty said.

In the past, soldiers age 37 and older could volunteer for drill-sergeant duty with proper medical clearance, but career branch managers were not selecting soldiers in that age category, Wilson said.

The physical fitness level of a 37- to 40-year-old was not a factor because, according to Army standard, when a soldier graduates from drill sergeant school, he would have to be as fit or more than an initial-entry-training soldier, Wilson said.

Soldiers need to score 70 percent in all three categories of the Army's physical fitness test before successfully graduating from drill sergeant school. On the other hand, IET soldiers are only required to score 50 percent.

For instance, in the push-up category, a 37- to 41-year-old soldier would have to complete 44 repetitions to score 70 percent, and an IET soldier age 17 to 21 would have to complete 35 repetitions to score 50 percent.

The trainee, who enters the Army in poor physical condition, and "green" to the Army ways, is the one who will possibly benefit the most from putting older and more senior NCOs on the trail, some said.

"Some recruits lack a father figure, and I've seen the effects a mature NCO can have on them," Doty said. "An experienced soldier helps recruits build their confidence level, and an infantryman needs to be sure of his abilities."

Soldiers interested in being drill sergeant candidates are encouraged to volunteer through the Assignment Satisfaction Key, Wilson said. ASK gives soldiers the capability to post assignment preferences directly onto the Total Army Personnel Database. To use ASK, soldiers must have an Army Knowledge Online account.

Drill sergeants receive a monthly \$275 special duty pay. Following the completion of drill sergeant duty, NCOs can expect PERSCOM to work closely with them to select a preferred assignment, Wilson said.

"The Army isn't looking for marginal soldiers," Wilson said. "Before selecting a drill sergeant candidate, his retention control points are reviewed, which is the Army's 'up or out measure,' and all of his Noncommissioned Officer Evaluation Reports are reviewed. There will always be soldiers who excel, and those are the ones we want."

Drill sergeant candidate prerequisites

Candidates must:

1. Be able to pass the Army Physical Fitness Test upon arrival at the drill sergeant school, and meet height and weight requirements.
2. Be 40 years old or less. Volunteers may be up to 41 with medical clearance.
3. Must have no record of emotional instability as determined by screening of health records and clinical evaluation by competent mental health officer.
4. Must have no speech impediment.
5. Be a high school graduate or possess the GED equivalent.
6. Be a graduate of the Basic Noncommissioned Officer Course.
7. Display good military bearing.
8. Have demonstrated leadership ability during previous tours of duty.
9. Have had no record of disciplinary action, letter of reprimand during current enlistment or in last five years, whichever is longer.
10. Have not received an enlistment bonus for current service obligation in a primary military occupational specialty that is not among those authorized for drill sergeant positions.
11. Have a minimum GT score of 100, or 95 with waiver.
12. Have qualified with M16A2 rifle within last six months.
13. Be staff sergeant through sergeant first class.
14. Have no court-martial convictions.
15. Have a minimum of four years continuous active federal service.
16. Have a commander's evaluation by a lieutenant colonel or higher.
17. Have a thorough background screening conducted by PERSCOM.
18. Have no reports of unfavorable information, such as driving under the influence, assault and drug offense, such as sexual harassment, conduct in violation of Army's policy on extremist organizations.

For more detailed information on the remaining prerequisites, information can be found in Enlistment Assignments and Utilization Management, Army Regulation 614-200.

Army educates forces on anthrax vaccine

Staff Sgt. Marcia Triggs
Army News Service

When the Department of Defense announced resumption of the anthrax vaccine June 28, the Army was ready to take the lead in educating forces on the vaccine's importance.

The Anthrax Vaccine Immunization Program Agency is an Army-led organization in charge of providing all of DoD - including all military services — with educational tools to increase community knowledge on the anthrax vaccine.

"We're not just saying, roll up your sleeves and get a shot," said Col. Randy Randolph, the AVIP director. "We want them to know that the vaccine is safe and effective protection against all forms of anthrax, including inhalation, which is the most deadly form. It also provides round-the-clock protection against the disease."

AVIP's responsibility is to provide accessible information for troops and civilians to learn more about the vaccine.

"What we're going to do is make sure that the information is in front of as many soldiers, civilians and family members as possible," Randolph said.

Individuals who are required to get the six-series shot, and the annual booster, should learn about the vaccine at their local level, said Lt. Col. John Grabenstein, deputy director of AVIP.

"On our Web site, www.anthrax.mil, there is a commander's tool kit that gives supervisors an overview of the policy, frequently asked questions and answers and a brochure with our toll free number, 1-877-GET-VACC, and Web address on it," Grabenstein said.

The AVIP Web site was redesigned to be more user-friendly, and to also answer the most anticipated ques-

tions, Grabenstein said. However, AVIP's e-mail address and toll-free number can be used if someone needs a customized answer, he said. It's the personal questions that are the most important, he added.

Everyone on AVIP's 24-member team is involved in getting troops educated on the vaccine, Randolph said. Not everyone's primary mission is to provide customized responses, but anyone could be asked to do it, he said.

"We care very much about the health and safety of our force and that extends to caring about their families," Randolph said. "We want their families to also know and understand why their spouses are taking the vaccine. We want them to know that we're

providing them with an added piece of body armor."

Last summer, there was a shortage of the vaccine, and only individuals in high-threat areas were administered the shots. Supplies of the stockpiled vaccine dwindled when Bioport, the sole manufacturer of the vaccine, failed to win the Food and Drug Administration approval for its renovated facility.

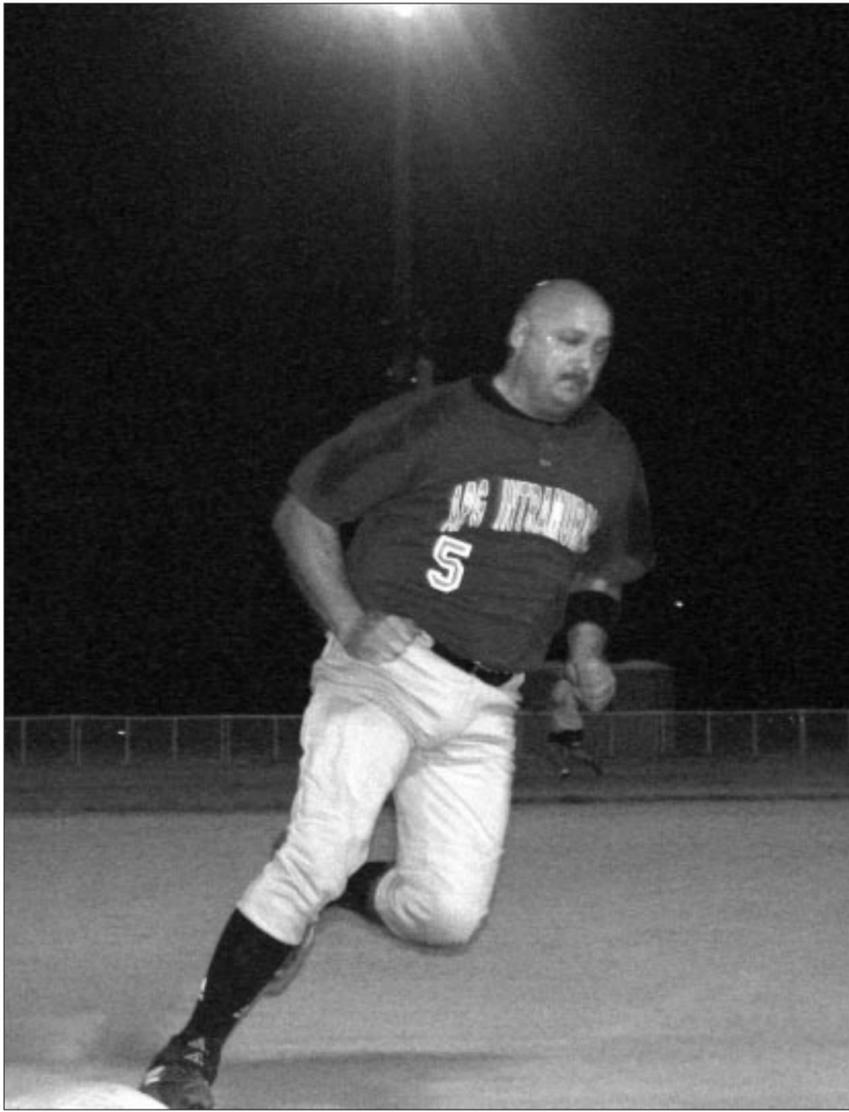
However, the Bioport plant passed the final FDA inspection in January and was licensed to produce more of the vaccine, Randolph said.

"Not only has Bioport's anthrax vaccine been FDA approved, it has been documented that the drug is safe and effective in a 200-page report

See ANTHRAX, page 6

Sports & Recreation

HHC 16th gets past NCOA, 9-8



HHC 16th co-coach Terry Bonine rounds third base after a missile to center by Victor Drayton drove in two runs to highlight the fourth inning of their Monday night matchup versus NCOA. HHC 16th won the contest, 9-8.

Unit remains undefeated, on top of division



Noncommissioned Officer Academy's Nate Shay heads around the bases after his 2-run homer in the top of the third inning gave his team a 2-1 lead over HHC 16th Ordnance Battalion. HHC 16th went on to win, 9-8 and remain undefeated at 11-0.

Story and photos by
Yvonne Johnson
APG News

The 16th Ordnance Battalion continued its dominance over intramural softball's American Division with a 9-8 win over the Noncommissioned Officer Academy on June 15.

The game went seven innings and was described as the team's first test of the season.

"That was the first time we were challenged in a long time," said HHC 16th co-coach Donnie Caver.

He added that although the team is "fundamentally sound" it will miss the big bat of veteran player Lester Daniels, who leaves this

week for the All Army Softball trials in Pensacola, Fla.

Unfazed by their opponent's strong record, NCOA coach Mark Wittle said his team is "put together pretty solid."

"We got the lineup we want, and a real strong infield is giving us confidence," Wittle said.

NCOA drew first blood in the top of the second with a run-scoring single to center by Scott Abraham, followed by the same shot for another run by Steven Bileth.

HHC 16th responded with a lead-off triple from Terry Bonine, a triple just inside the foul line from Victor Drayton and an RBI single from Mark Foglesong to seal a 2-1 lead.

NCOA responded with a clutch two-out-nobody-on double by Wittle. Jeff Houghlin drove Wittle in when he skipped a double through the legs of the HHC 16th first baseman, then advanced to third on a miss throw.

Nate Shay, the team's biggest bat, followed with a first-pitch two-run homer to go up 3-2.

It was Shay's first homer of the night. He would finish with two and be an important part of the NCOA rally.

Not to be outdone, Daniels sealed the HHC 16th victory with a bases-loaded grand slam in the fifth inning that broke a 5-5 tie.

With two more homers from Shay and Dwayne Cyrus, the Academy threatened but couldn't close it out.

"We came in knowing they were undefeated," Wittle said. "We just wanted to make them earn it. If we continue to challenge, nobody else will catch us," he added.

Now at 11-0, Caver said he and coach Bonine realize other teams are after them.

"We'll miss Daniels but we have a lot of good bats in the lineup," Caver said. "If we continue to hit and play fundamental defense like we have, we'll be hard to beat."

Children learn to score baseball, attend IronBirds game

APG Child and Youth Services Youth Education and Youth Sports is teaming up to offer an exciting program to teach kids, 5th grade and up, the basics of how to score a baseball game, while attending a minor league baseball game with the "Aberdeen IronBirds" at Ripken Stadium in Aberdeen, Aug. 6 at 7 p.m.

Registration is free to the first 20 children that sign up at the main desk at either the Aberdeen Area Youth Center, building 2522, or the Edgewood Area Youth Center, building E-1902. No sign-ups will be accepted after July 31. Each child must have a parental permission form signed and dated in order to attend the game. Forms may be picked up at the main desk at the youth center.

In order to attend the game, each child that signed up must attend a one-hour training clinic, "Introduction To Baseball Scoring," as follows:

- Aug. 5 at the Edgewood Area Youth Center, 4 to 5 p.m., for all who signed up at the Edgewood YC.
- Aug. 5 at the Aberdeen Area Youth Center, 5:30 to 6:30 p.m.,

for all who signed up at the Aberdeen YC.

Bus transportation will be provided. Each child should bring spending money. Parents are requested to drop off their children at the designated youth center prior to departure time, and pick-up as follows:

- Schedule for Aug. 6:
- 5:30 p.m. Depart EA Youth Center, building E-1902
 - 6 p.m. Depart AA Youth Center, building 2522
 - 6:30 p.m. Arrive at Ripken Stadium, Aberdeen
 - 7 to 10 p.m. Attend "Aberdeen IronBirds" game
 - *10:15 p.m. Depart Ripken Stadium
 - *10:30 p.m. Arrive at AA Youth Center
 - *11 p.m. Arrive at EA Youth Center
 - * Times are approximate

For more information, call Ivan Mehosky, APG Youth Education, 410-278-2857, Bill Kegley, APG Youth Sports, 410-278-2582, Eric Henderson, AA Youth Center at 410-278-4995, or Scott Cottrell, EA Youth Center at 410-436-2862.

Allergies

From page 2

Recognizing sinusitis

- Headache or feeling of heaviness in head and face
- Tenderness around eyes, nose or cheekbones
- Ear pressure or popping
- Yellow-greenish post-nasal discharge
- Fever
- Teeth ache but no dental problem is present
- Stuffy nose
- Morning sore throat that improves after up a while
- Dry cough that's worse when lying down or in the morning.

Home treatment tips for allergies, sinusitis

- Use a humidifier to keep nasal passages moist.
- Drink lots of fluids, especially when taking allergy medications.
- Avoid smoke and other pollutants.
- Don't blow nose too hard; it can spread infection internally.
- Keep head elevated to help sinuses drain.
- Take nasal decongestants early, before symptoms worsen and do so only if you do not have a medical condition which prohibits the use of decongestants.

Consult a doctor if fever develops or if pain or other symptoms increase or do not respond to home treatment.

Whether it's allergies, sinusitis or other health concerns, the Health Care Information Line registered nurses can answer questions and provide helpful information-24 hours every day-at no cost at 1-800-308-3518.

Anthrax

From page 5

by the National Academy of Sciences Institute of Medicine," Randolph said.

The report said that Bioport's vaccine is "reasonably safe," a term that is used because nothing is perfectly safe, Grabenstein said.

Like all adult vaccines, it may cause redness or swelling, but that is a reasonable price to pay to get the protection it gives, he said.

Last fall several U.S. citizens died from the inhalation form of anthrax, because they didn't know that they had been exposed and weren't able to get antibiotics in time, Grabenstein said.

Without the biological threat protection that the vaccine provides, an enemy

could widely disperse anthrax spores on the battlefield and many troops could die, he said.

Being protected is more important now than ever, the president said. There is still the threat of adversaries using weapons of mass destruction, Randolph said.

When the vaccine was halted last summer, it was done in steps and methodically, which is how it will be restarted, Randolph said. There are people being vaccinated now. However, it's only a small portion of the force, and resumption will be done depending on the threat and mission essential functions, Randolph said.

Bicycle safety/theft prevention reminder

Daniel Jarrell
DLES

For those who enjoy bicycling, the Office of the Provost Marshal wants to remind everyone about bicycle regulations enforced on Aberdeen Proving Ground, along with a few safety precautions and theft prevention tips for bicycle owners and riders.

- Regulations require every person riding a bicycle anywhere on APG wear an approved bicycle safety helmet.
- A bicycle ridden at night or in periods of insufficient light must be equipped with a suitable headlight and a red rear reflector. Riders are also required to wear highly visible reflective clothing or a reflective vest.
- Every bicycle must be equipped with a bell or other audible device.
- Operators are prohibited from wearing portable headphones, earphones, or other listening devices while riding a bicycle.
- Bicycles left unattended, either outside of quarters or at any other place on post such as the PX, swimming pool, etc., will be secured with a chain and lock or other locking device. The APG police may confiscate any unsecured bicycle and retain it until satisfactory proof of ownership is established. Therefore, it is imperative to keep the serial number, model number, and photograph of your bicycle in a safe place and readily available.
- Also, placing personal identification marks on several different areas of the bicycle would make identification of ownership easier.

For additional information about other bicycle regulations, questions or comments about bicycle safety and theft prevention tips, or to report a lost or stolen bicycle, contact the APG Police Services Division at 410-306-0564, Aberdeen Area, or 410-436-2222, Edgewood Area.



This week's Mystery Bowl winner

Photo by KELLY HILL

Sgt. 1st Class Kevin L. Jenkins
Company B, 16th Ordnance Battalion



Open Water Scuba Certification

To get an open water Scuba Certification (PADI), sign up at the Outdoor Recreation Center, building 2407, by July 24. Class begins Aug. 3 at the Aberdeen Area Shore Pool. With this certification, dive anywhere in the world. The \$220 registration fee includes the use of dive tables, textbook, logbook, scuba gear, wetsuit, hook, gloves, weight belt, tanks and certification card. Divers must provide their own personal gear. For more information, contact Stacie Edie at 410-278-3931 or e-mail her at stacie.edie@usag.apg.army.mil.

Table Tennis tournament

A one-day tournament featuring singles and doubles competition will be held July 28, 9 a.m., in the APG Athletic Center. All matches will be the best of three games, and the final match will be the best of five games. The tournament is open to military and civilians for \$5. Register at the APG Athletic Center by July 25. For more information, call Charles Heinsohn at 410-278-3868 or e-mail charles.heinsohn@usag.apg.army.mil.

Charles Town Races

Spend a day in West Virginia and enjoy the races, July 26, 6 p.m. to 1 a.m. Free deluxe motorcoach, dinner, and racing form is included for \$20 per person. Purchase tickets by July 22 at the Information, Ticketing and Registration office, building 3326. For more information, call Earlene Allen at 410-278-3854 or e-mail her at earlene.allen@usag.apg.army.mil.

Guided Canoe Trip on the Bay

Enjoy a scenic ride down the Chesapeake Bay with an experienced tour guide July 27, 1:30 until 4 p.m. All equipment for the trip will be furnished. Purchase tickets by July 20 at Outdoor Recreation, building 2407. Trip cost is \$10. Participants must be at least 8 years old. For more information, contact Charles Heinsohn at 410-278-3868 or e-mail him at charles.heinsohn@usag.apg.army.mil.

Softball update

The following results were reported for intramural softball for the week ending July 14.

American/Edgewood Division

Results

July 8
HHC 16th, 42; Company C 143rd, 3
HHC 61st, 13; TEU, 10
KUSAHC, 7; SBCCOM, 6
HST, 18; Company B 143rd, 4
HHC 143rd, 14; Company A 143rd, 8

July 10
HHC 143rd vs. TEU, rescheduled
SBCCOM, 25; HST, 14
HHC 61st, 28; Company B 143rd, 0
Company A 143rd vs. NCOA, rescheduled

Schedule

July 22
6:30 p.m., HHC 16th vs. HST
7:30 p.m., NCOA vs. KUSAHC
8:30 p.m., HHC 61st vs. HHC 143rd
July 24
6:30 p.m., HHC 143rd vs. HST
7:30 p.m., HHC 61st vs. NCOA
8:30 p.m., KUSAHC vs. HHC 16th

Standings

HHC 16th	10-0
HHC 143rd	8-1
HST	7-4
KUSAHC	5-3
HHC 61st	6-4
NCOA	4-4

Edgewood Division

Schedule

July 22
6:30 p.m., Company A 143rd vs. Company C 143rd
7:30 p.m., Company B 143rd

vs. TEU

July 24
6:30 p.m., Company C 143rd vs. SBCCOM
7:30 p.m., Company A 143rd vs. Company B 143rd

Standings

Company A 143rd	3-3
SBCCOM	3-5
Company C 143rd	2-4
TEU	1-6
Company B 143rd	0-10

National Division

Results

July 9
Company E 16th, 11; Company A 16th, 8
USMC, 22; Company B 16th, 0
Company C 16th vs. HHC 1/115th, rescheduled
July 11
Company C 16th, 20; Company A 16th, 7
Company E 16th, 7; Company

B 16th, 5
USMC, 19; HHC 1/115th, 11

Schedule

July 23
6:30 p.m., Company A 16th vs. USMC
7:30 p.m., Company E 16th vs. Company C 16th
8:30 p.m., HHC 1/115th vs. Company B 16th

July 25
6:30 p.m., HHC 1/115th vs. Company C 16th

7:30 p.m., USMC vs. Company B 16th

8:30 p.m., Company E 16th vs. Company A 16th

Standings

USMC	7-0
HHC 1/115th	5-2
Company C 16th	6-1
Company E 16th	2-4
Company A 16th	1-7
Company B 16th	0-7

'Reflections on Hope and Courage Art Contest' offers youth an outlet for expression post-Sept. 11

Dan Bullis
DSCC

Terrorist attacks on America rocked the nation on Sept. 11, 2001. Nearly a year later, a spirit of hope and courage is helping America and its people to heal. The Department of Defense's Deployment Health Clinical Center at Walter Reed Army Medical Center wants to capture those expressions and is inviting children and young adults to submit original artwork for its 2002 "Reflections on Hope and Courage Art Contest."

The contest is open to 6 to 18 year old children of reservists, active duty and retired military personnel, DoD, federal government, and emergency response workers. Artwork may be created in mediums including chalk, ink, pencil or paint.

A grand-prize trip to Disney World will be awarded to winners in each age group: 6 to 8, 9 to 12, 13 to 16 and 16 to 18. Cash prizes will also be awarded to first (\$500), second (\$250) and third-place (\$125) winners.

The young artists and their winning entries will be celebrated on Sept. 11 during the DHCC's First Annual Conference on

Post-Deployment Care: Risk Communication and Terrorism: New Clinical Approaches at the Hilton Alexandria Mark Center in Alexandria, Va. The art awards will be a featured part of closing conference activities scheduled to remember the heroes of Sept. 11 and those who lost their lives. The ceremony will also include musical presentations and speeches. The DHCC conference runs from Sept. 9 to 11.

The deadline for submitting artwork is Aug. 23. Entries should be mailed to DHCC Art Contest, P.O. Box 59667, Washington, D.C. 20012.

Organizations interested in sponsorship of this contest should contact Dan Bullis at 202-782-8937.

About the Deployment Health Clinical Center

The DHCC provides caring assistance to tri-service veterans and their families with post-deployment health concerns. The center also provides specialized care for veterans with persistent unexplained symptoms following deployment.

For more information about the DHCC or the September conference, visit www.PDHealth.mil.

USO Center offers Orioles tickets for \$5

The USO Center has tickets to Baltimore Orioles games for July 12, 14, 15, 16, 19, 21, 22, 23 and 24. All tickets are \$5 each and can be purchased with checks or cash only, and all sales are final. The tickets are available for pick up at the USO Center, Community Center, building 405, Fort Myer, Va.

For more information, call 703-696-2551.

Community Notes

THURSDAY

JULY 18

ASMC LUNCHEON

The American Society of Military Comptrollers, Chesapeake Chapter, will host a luncheon at Top of the Bay, 11:30 a.m. to 1 p.m. The buffet style luncheon is pay as you go. The agenda will cover the recognition of outgoing officers and the installation of new officers. If interested, contact your ASMC representative.

FRIDAY

JULY 19

BASKET BINGO

Basket Bingo to benefit Aberdeen Volunteer Fire Department will be held at the Aberdeen Fire Hall, Rogers Street, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10; additional sets cost \$5.

For tickets, call Judy Hinch, 410-272-7585, or Brenda Conjour, 410-273-7332.

SATURDAYS

JULY 20 THROUGH AUGUST 18

VFW HOSTS SATURDAY CINEMA FOR CHILDREN

Every Saturday from July 20 until Aug. 18, from noon to 3 p.m., VFW Post 6054 and Ladies Auxiliary Youth Activities Committee will sponsor a free "Saturday Cinema" for children ages five and over. The event includes free popcorn, drinks, music and a "G" rated movie.

Parents are asked to provide adult supervision for their younger children for the duration of the event. This event is open to all children living in Harford County, and is our way of saying "thank you" for supporting the VFW Post 6054 through 50 plus years of service to the community.

For more information, contact Junior Vice-Commander Keith Hammitt or Senior Vice-Commander Suzette Shields at 410-272-3444.

SATURDAY

JULY 20

FLEA MARKET

Prince of Peace Church, 2600 Willoughby Beach Road, Edgewood, is having a flea market from 8 a.m. to 2 p.m. Pit beef will be available from 11 a.m. to 2 p.m. Tables are available for the flea market for \$10. Proceeds benefit youth ministry and religious education. For more information, call Dawn Branch at 410-676-7785.

SATURDAY

JULY 27

TRIBUTE TO KOREAN VETERANS

July is Korean War Veteran Appreciation Month. The DoD 50th Anniversary of the Korean War Commemoration Committee is offering free tickets to a special Musical Tribute to Korean War Veterans, 7 to 8:30 p.m., at the Daughters of the American Revolution Constitution Hall, Arlington, Va. The Secretary of Defense will host the concert. Tickets are limited and will be on a first-come, first-served basis. To request tickets, call 410-939-1369 before July 12; for more information, call 703-604-3414.

Other events to honor Korean War veterans include a 10 a.m., ceremony at the Korean War Veteran Memorial in D.C., and at 2 p.m., there will be a ceremony at the Tomb of the Unknowns, Arlington National Cemetery.

SUMMER GALA AND FASHION SHOW

This event has been postponed. A new date will be announced in the near future. For more information, call Earlene Allen, 410-278-3854.

SATURDAY

AUGUST 3

VFW HOSTS GROWN FOLKS PARTY

Radio Personality Tim Watts and DJ Slice from MAGIC 95.9 FM will bring their "Grown Folks Party" to VFW Post 6054 Aug. 3. The show starts at 9 p.m. Advance tickets are available for \$10 and \$15 at the door the night of the event. Patrons that present a valid 95.9 Club Card will receive a discount of \$2 off the admission.

Age restrictions and a dress code will both be strictly enforced. No jeans, Timberland boots, T-shirts or athletic wear of any kind will be allowed. The event is designed for mature adults ages 25 and up only; bring photo ID. Entry

into either the bar or ballroom area of the VFW will require paying the entry fee: no exceptions.

For tickets or more information, contact Junior Vice-Commander Keith Hammitt or Senior Vice-Commander Suzette Shields at 410-272-3444.

SUNDAY

AUGUST 4

BASKET BINGO

There will be a luncheon and basket bingo, 11:30 a.m. at the Jarrettsville Volunteer Fire Hall, to benefit the American Cancer Society for breast cancer research and education. Events will include information on breast cancer education, a featured guest speaker, silent auction, door prizes and raffles.

For more information or tickets, call Christi Dolinar, 410-557-6220. Cost of donation is \$30.

MONDAY THRU FRIDAY

AUGUST 5 to 9

VACATION BIBLE SCHOOL

The First Baptist Church Aberdeen, 219 E. Bel Air Ave., invites children ages pre-kindergarten thru 6th grade to join the Amazon Outfitters: On Expedition With the One True God, 9 a.m. to noon. Through stories, art, music, and fellowship, children will see how God is with us on every journey in life.

For more information, call 410-272-2845.

SATURDAY

AUGUST 10

CWF SHOPPING AT POTOMAC MILLS

The Civilian Welfare Fund is sponsoring a shopping trip to Potomac Mills for \$20 per person, which includes charter bus transportation. The bus will depart Aberdeen Proving Ground at 8 a.m. and depart Potomac Mills at 4 p.m. For reservations or more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

SATURDAY AND SUNDAY

AUGUST 17 AND 18

FIRST ANNUAL MARYLAND SHOOT FOR THE CURE

Deer Creek Archery and the Susan G. Komen Breast Cancer Foundation are teaming up to hold a 3D shoot for the cure. Archers will be shooting the new Genesis by Mathews and will be shooting at IBO approved 3D targets by Delta Targets, supplied by Deer Creek Archery. Arrows will also be furnished.

The cost of the shoot is \$20 with \$10 going to the Susan G. Komen Breast Cancer Foundation. All registrants will be eligible for door prizes donated by Deer Creek Archery, archery manufacturers, and friends of Deer Creek Archery. There is also a silent auction for a Mathews MQ1 and a Bostick Plantation three-day, two-person bow hunt (license and travel expenses are not included). To register for the shoot, visit www.deercreekarchery.com or contact George Bennett at 410-734-9554.

FRIDAY

AUGUST 23

BASKET BINGO

Basket Bingo to benefit Aberdeen Police Association will be held at the Aberdeen Fire Hall, Rogers Street, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available. Cost is \$10; additional sets cost \$5. For tickets, call Judy Hinch, 410-272-7585, or Brenda Conjour, 410-273-7332.

SATURDAY

SEPTEMBER 7

CWF SPONSORS HOT AIR BALLOON RIDES

The Civilian Welfare Fund is sponsoring a trip to fly in a hot air balloon for \$199 per person, which includes charter bus transportation to Lancaster, Pa., and a one-hour flight that begins at 6 p.m.

Reservations can be made through June 20. Seats will be reserved on a first-come, first-served basis. A \$50 deposit per person is required.

For reservations or more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50
Building 3245 Aberdeen Boulevard



DIVINE SECRETS OF THE YA YA SISTERHOOD

Friday, July 19, 7 p.m.
Starring: Sandra Bullock, Ellen Burstyn

A group of lifelong friends stage a rather unorthodox intervention to help a young playwright unravel the truth about her complicated, eccentric mother, find forgiveness and acceptance, and let go of her painful past. (Rated PG-13)

SPIRIT: STALLION OF THE CIMARRON

Saturday, July 20, 1 p.m.
Animated



A wild and rambunctious mustang stallion, Spirit, journeys through the untamed American frontier. Encountering man for the first time, Spirit defies being broken, even as he develops a remarkable friendship with a young Lakota brave. The courageous young stallion also finds love with a beautiful paint mare named Rain on his way to becoming one of the greatest unsung heroes of the Old West. (Rated G)

SPIDERMAN (FREE ADMISSION)

Saturday, July 20, 7 p.m.
Starring: Tobey Maquire, Willem Dafoe



After being bitten by a radioactive spider, Peter Parker's body chemistry is mutagenically altered so that he can scale walls and ceilings, and he develops a "spider-sense" that warns him of approaching danger. Adopting the name "Spider Man," Peter first uses his new found powers to make money, but after his uncle is murdered at the hands of a criminal Peter failed to stop, he swears to use his powers to fight the evil that killed his uncle. (Rated PG-13)

THE SUM OF ALL FEARS

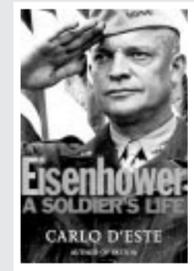
Saturday, July 20, 9 p.m.
Starring: Ben Affleck, Morgan Freeman



European neo-Nazi terrorists get their hands on a lost nuclear device, and plans to use it at the Super Bowl. The plan is to disguise the attack as being caused by Russia, in the hopes of rekindling the Cold War. Luckily, young CIA analyst Jack Ryan is on the case. (Rated PG-13)

LIBRARY BOOK CORNER

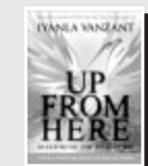
The APG Garrison Library has the following books for your reading pleasure:



Eisenhower: a Soldier's Life by Carlo D'Este. The latest account of Eisenhower's astonishing transformation from obscure soldier to one of World War II's greatest heroes.



Eve's Rib: the new science of gender-specific medicine and how it can save your life by Marianne J. Legato



The Art of the Fellowship of the Ring by Gary Russell



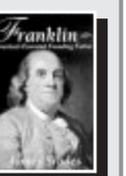
Up From Here: reclaiming the male spirit by Iyanla Vanzant



Conflict Unending: India-Pakistan tensions since 1947 by Sumit Ganguly



Red Sky in Mourning: a true story of love, loss, and survival at sea by Tami Oldham Ashcraft



Franklin: the essential founding father by James Srodes

You can receive a complete listing of the library's new materials via e-mail and also reserve items electronically. Contact the library at 410-278-4991 for details.

Operating hours of the Aberdeen Area Library, building 3320, are Saturday and Sunday, 1 to 5 p.m., Monday, Wednesday and Thursday, 11:30 a.m. to 6:30 p.m.

The Edgewood Area library is open on Tuesday, 11:30 a.m. to 6:30 p.m. For information, call 410-436-3589.

ARMY COMMUNITY SERVICES

BASIC COMPUTER SKILLS COURSE

The Army Community Service Employment Readiness Program will hold a course in Basic Computer Skills, 6 to 7:30 p.m., Thursday evenings, July 25 through Aug. 29, at Joppa Hall, Harford Community College. Basic Computer Skills is a hands on course designed for those with little or no background in computers. Learn basic skills needed to operate a computer; learn how to use commercial software packages that run in Windows; and learn how to access the Internet. Adult family members of active duty

personnel/retirees with valid I.D. have priority. For registration or more information, call Marilyn Howard, employment readiness manager, ACS, building 2754, 410-278-9669/2435.

EMPLOYMENT READINESS WORKSHOP

The ACS Employment Readiness Program will hold an Employment Readiness Workshop, building 2752 Rodman Road, second floor. Classes will be held July 29, Aug. 19 and Sept. 16, 1 to 3 p.m. Topics include a job skills workshop; finding the perfect career; Internet tools; resume pointers; and other great ideas to help with

a job search. Military family members have priority. For more information or to register, call Marilyn Howard, ACS Employment Readiness Program, 410-278-9669. Space is limited.

VTC UNITES MILITARY FAMILY MEMBERS

Army Community Service has set up a free video teleconference (VTC) available for military families to get in touch with their deployed loved ones. The VTC is located at ACS, building 2754, Rodman Road. Families will be able to see each other on a wide screen. To set up an appointment, call ACS, 410-278-2453.

APG SCHOOL LIAISON UPDATE

PARENTS NEEDED FOR YOUTH CENTER AND EDUCATION COMMITTEE

Military or civilian parents of school age children K-12 can become advocates for the Aberdeen Proving Ground youth centers and schools and educational issues.

An APG Youth Services and Education Advisory Committee is forming and needs Aberdeen Area and Edgewood Area representation. Monthly meetings will begin in September, exact time, date and meeting site will be announced not later than late August. The aim is

for the committee to be representative of APG parents of school age children, children who are members of the youth center, scouts, and other youth groups at this installation; to be an active voice, to be aware, to support, to encourage, and to make recommendations.

To help make a difference in the quality of programs and services and encourage others to get involved in our youth centers, schools, and PTA's, contact Ivan Mehosky, Child and Youth Services School Liaison/Youth Education Services Director, building 2752, Room 202 at 410-278-2857 or e-mail him at ivan.mehosky@usag.apg.army.mil.



Sgt. 1st Class Javier Aguayo, small group leader, second from right, congratulates, from left, Sgt. 1st Class John D. Guterrez, Staff Sgt. Gerard Clonessy, and Sgt. 1st Class Tito Alegria, following their June 28 graduation from the Advanced Noncommissioned Officer Academy. The three led the platoon of noncommissioned officers and Advanced Individual Training students that excelled in the end-of-cycle field training exercise, successfully defending against the opposing forces without losing one member to capture.

ANCOC class sets field exercise standards

Story and photo by
Yvonne Johnson
APG News

For seasoned noncommissioned officers, overcoming obstacles and beating tough odds may be all in a days work but the same tasks for young privates experiencing their first field training exercise, can seem insurmountable.

One recent Advanced Noncommissioned Officer Course class exceeded all standards as it mentored a group of Advanced Individual Training students through the three-day end of cycle FTX that is mandatory for students attending U.S. Army Ordnance Center and Schools courses. The group became the first to successfully resist the opposing forces and avoid capture during the exercise.

ANCOC student platoon sergeant, Sgt. 1st Class John D. Guterrez, said the group of 32, consisting of six NCOs and the rest AIT students, had one goal in mind, "32 out and 32 back."

"We were determined to not let them dominate us, and they didn't," Guterrez said of the opposing forces, commonly referred to as OP-FOR.

"After a while, we were doing so well, they put a price on my head," he added. "Anyone who brought me in had a six-pack and a pizza coming."

The NCOs were assigned students and given just a few hours to train them to perform their maintenance mission in a hostile field environment.

"The OP-FOR is out there to capture or kill you or just make life difficult," Guterrez said.

Although the experience was new to the young troops, Guterrez said they learned quickly.

"Our cover and concealment and our quick reaction force was among the best," he said.

Guterrez is a platoon sergeant with the 82nd Signal Battalion, Fort Bragg, N.C. He credited the teams' student platoon leader, Sgt. 1st Class Tito Alegria, a materiel evaluation team leader from Fort Lewis, Wash., with overseeing the successful operation.

"From the squad leader to the platoon sergeant to the platoon leader, there was good information exchange and good response

time due to the NCOs working together," Alegria said, adding that the young soldiers were very motivated and never complained.

The NCOs took time to mentor the students, most of whom were dealing with NCOs other than their drill sergeants for the first time, Alegria said.

"They were full of questions. We tried to give them a better insight into what being in the Army is all about," he said.

"Overall, we came together as a motivated team and made it happen," added Staff Sgt. Gerard Clonessy, an armament section leader from Schofield Barracks, Hawaii.

"The soldiers were the ones who did it," he said. "We could not have asked for a better team."

Clonessy said he will share the lessons he learned with his soldiers when he returns.

Sgt. 1st Class Javier Aguayo, ANCOC small group leader, said the group stayed motivated throughout, with the NCOs having a noticeable impact on the soldier's performance.

"Throughout the week they had a good plan, to teach when not doing the mission," Aguayo said.

"The FTX is where the soldier puts what he's learned to use," he added. "This group never had an injury, never went on sick call, stayed motivated and set the standard."

Speaking for the NCOs, Guterrez said they were leaving APG with the satisfaction of knowing they exceeded expectations.

"I have seen camaraderie before and I saw it again during this exercise," he said. "This is where our Army needs to be. We tried to get that through to the troops."

He said they hoped that future classes would be challenged by what they accomplished here and more motivated to achieve, instead of dreading the FTX.

"This is where we set the foundation," Guterrez said. "If we can reach the soldiers here, then we can get them in the frame of mind to defend this nation."

The soldiers who participated were from Company B, 16th Ordnance Battalion. They and the NCOs have since departed APG.

Letter to the editor

Question

Rumor has it that a fall hunting season is going to happen and guests are going to be allowed to hunt.

My question is, if this is true, why can't fisherman also fish in the security areas? Another set of eyes watching the shoreline can help with security.

Thanks,
Don Harris

Response

The decision to restrict fishing in secure areas of APG was a U.S. Army Aberdeen Test Center decision based on security, safety and mission requirements.

In the past, non-compliance with the stated rules of the fishing program led to total closure of the area on two occasions--even prior to the events of Sept. 11.

In addition, access to impact areas where munitions from past or current test operations may be encountered is a major safety concern.

Added demands on our law enforcement capabilities limited the amount of support that could be provided to either fishing or hunting.

The Hunting Program was subsequently suspended last year after the events of Sept. 11.

Turkey hunting was a test to try out new procedures the post hoped to expand into other areas. It worked, and a hunting program is planned for this fall.

ATC is reviewing the possibility of opening fishing in the security areas and is evaluating the potential to manage and enforce the rules for the program.

If reinstated, the program will be limited to employees whose normal duties provide them access to security areas. No guests or family members will be permitted. Fishing will be allowed only in areas deemed safe by ATC's Range Control Office.

Your interest in APG's natural resources is appreciated. The installation will strive to make those resources as accessible as possible without compromising mission, security or safety.

The APG News will provide updates on the fishing program as they are available.

Jim Pottie
Fish and Wildlife Biologist
U.S. Army Directorate of Safety, Health and Environment

WAPG-TV programming schedule

Channel 3 programming through Aug. 17:

APG Classic Rock Concert information
9 a.m., noon, 1 p.m., 4 p.m., 5 p.m., 8 p.m., 9 p.m.

Drought 2002

10 a.m.

2 p.m.

6 p.m.

Terrorist Threatcon implementation

11 a.m.

3 p.m.

7 p.m.

Patty Shinseki to speak at prayer luncheon

The Aberdeen Area Post Chapel will hold a commemorative prayer luncheon, Sept. 12, 11:30 a.m., at Top of the Bay.

Guest speaker will be Patty Shinseki, wife of Gen. Erik Shinseki, Chief of Staff, United States Army.

Tickets cost \$5 each and will be available at the end of July.

To purchase tickets, call the Aberdeen Area chapel, 410-278-4333, the Edgewood Area chapel, 410-436-4109, or the Garrison Command Office, 410-278-1511.

For more information, call the Aberdeen Area chapel, 410-278-4333.

Vegetation used to find cultural artifacts at APG's Poole's Island

Brian Feeney
Horne Engineering Services, Inc.

When the U.S. Army requisitioned Poole's Island as part of the land that became Aberdeen Proving Ground in 1917, the island was home to the Poole's Island lighthouse keeper, his family, and two other families. Eighty years later, scientists from APG's Environmental Conservation and Restoration Division arrived on Poole's Island looking for remnants of the three homesteads and clues that would reveal daily life on the island. The scientists studied the dense vegetation for signs of the island's past.

James Battin, an intern with the Oak Ridge Institute for Science and Education, and Deidre DeRoia, a biologist with Colorado State University, began the project during the summer of 1997. It was aimed at developing a reliable, easy method of locating old homesteads based on the unique trees, shrubs, and flowers planted by the former residents.

Battin and DeRoia started by using historical maps to identify areas where structures were likely to be found. Using a Global Positioning System receiver in conjunction with map data, they attempted to navigate to the remains of homesteads.

Once signs of a homestead were located, Battin and DeRoia conducted an inventory of the trees and other plants surrounding it. By comparing the vegetation around homesteads with vegetation in undeveloped areas of APG, they found that black walnut and sweet cherry trees together with daffodils were indicators of previous human habitation. All three species frequently were planted around homes in the 19th and early 20th centuries.

Black walnut was highly valued for its nuts, as a source of brown dye, and for hardwood. Sweet cherry was prized for its fruit and used as a root stock for grafting improved fruit varieties. Daffodils were appreciated for their ornamental value as much then as they are now.

From June through October 1997, Battin and DeRoia performed vegetation surveys around 21 historical building foundations. Some combination of black walnut, sweet cherry or daffodils was present at 19 of the sites.

Poole's Island was included in these surveys because living relatives of the last lighthouse keeper, Amasa J. Simpson, had related stories to APG personnel about life on the island before 1917. In addition, the

family members donated photographs showing everyday life on the island. The pictures show children playing, wash being hung, and men holding up fish they just caught.

The last lighthouse keeper left Poole's Island in 1918 and the lighthouse itself was decommissioned in 1939. In 1996 the lighthouse was restored by the U.S. Coast Guard. It was placed on the National Register of Historic Places by the U.S. Park Service in 1997.

Battin and DeRoia began their survey of Poole's Island by the lighthouse on the northwest side of the island. After a couple of hours of searching, they had found no evidence of the lighthouse keeper's house or outbuildings. No black walnut or sweet cherry trees were present in the area, so the scientists decided instead to look for anything unusual in the vegetation.

They soon discovered several vine-enveloped peach trees on the east side of the island. Battin and DeRoia began searching the ground around the trees and found foundations of what appeared to be a house and an outbuilding. No other remnants of the buildings remained, and no artifacts could be found.

Battin and DeRoia hope to review photographs held by the Harford County Historical Society and compare them to their findings. The house on the east side of the island is one of three reported for the island. The lighthouse keeper and his family had a house and outbuildings close to the lighthouse on the west side, and two bachelor brothers were rumored to share a house on the south end. The 208-acre island was once much larger. The fact that the house foundation on the east side is now almost on the beach suggests that extensive erosion has diminished the size of the island.

The discovery of the peach trees may be turned into living history by grafting branches from the Poole's Island orchard onto trees at the historic Mitchell House next to Ruggles golf course. This will contribute to a larger project to re-establish a Victorian-era landscape around the Mitchell House. Ground was broken on the project on National Public Lands Day last fall. Members of the Environmental Conservation and Restoration Division believe that looking to APG's past is an apt way to continue the installation's traditions.



Historic pictures of homes and out buildings from the early 1900s are all that remain from Pooles Island, except for the lighthouse and fire tower.

Courtesy of MARGARET COHEE



Pooles Island Lighthouse, built in 1825 by John Donohoo of Havre de Grace, and restored in 1996, is located on the east end of the island.



Looking east across the width of Pooles Island, rows of peach trees can be seen behind what is thought by historians to be the lighthouse keeper's home.

LEAVE DONATION

Employees eligible for donations in the Voluntary Leave Transfer Program are:

Beginning immediately, the new forms to use for the Voluntary Leave Program are OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A,

Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave

Transfer Program (outside agency). Employees leaving the program need to contact Dave Mial, 410-278-1524, so that they can complete a termination form.

Mary A Banaszak
Fay Walker Banker (hip replacement)
Marian Bellis (fracture of left tibia)
Janet H. Brezinski (surgery)
Bonnie Bromley (liver transplant)
Daniel Brown (father has emphysema)
Tammy Budkey
Jane E. Calahan (surgery)
Nancy Coleman-Jones (surgery)
Tracy H Coliano-Hirsch (maternity)
Geraldine S. Cragg
Dawn M. Crouse (surgery)
Rene de Pontbriand
Tricia Lin Dietz
Fred Dill

Joseph R. Dugan
Messina Enderlein
Wayne Erb (wife is ill)
Joyce C Green
Gerald P. Gulden
Michael L. Hitchcock (surgery)
Fern L. Hitchcock (surgery)
Melanie A. Hoffman (parasitosis, fibromyalgia condition)
Beverly A Higgins (surgery)
Stephen Howard (bone marrow transplant)
Wayne A. Jaynes
Evelyn K. Johnson (surgery)
Marlin Julian (heart surgery)
Mary B. Kane (surgery on leg)
Jennifer Keetley (maternity)
Beverly King (caring for husband)

William Klein
Nicole L. Klein (broken ankle)
Anita L Koller care for husband)
Carrie L. Lambert
Yvonne Lissimore (knee surgery)
Angela R. Little (neck and shoulder injury)
Edna L. Lobodzinski (eye surgery)
Geraldine Martin (surgery)
William B. McLean (kidney failure)
Rebecca G. Mercer-Leto (heart attack)
Stacy Miller (maternity)
John E. Mogan (surgery)
Cecil Pennington (surgery)
Debi L. Petosky (back surgery)
Karen S Pense

Mary E. Pettaway
Barbara Carol Remines (surgery)
Angela L. Reeves (maternity leave)
Michael Reynolds
Boyd J. Richards (care of mother)
Denise Robinson (maternity)
Ricky Ross (heart attack)
Tami C. Rowland (maternity)
Allan Scarborough (back surgery)
Jennifer W. Sekowski
Sherry Schaffer
Diane Scott
Lena Shelton
Motoko Stahl
Debra S. Stark (surgery)
Colvin J. Strickler II
Rachel Swearingen

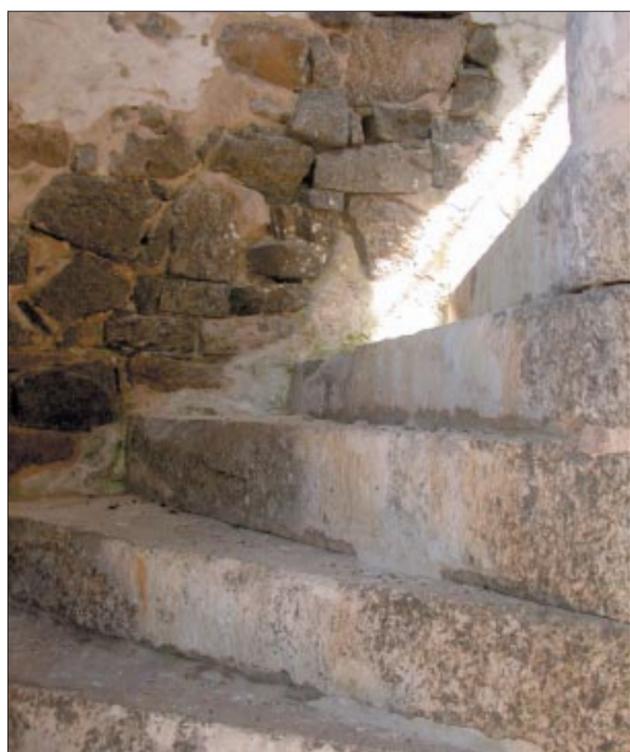
Walter J Swiderski
Hilary P. Talbot
Alison Tichenor (surgery)
Sandra M. Wachter (surgery)
Rosalind Walters-Kenion (maternity)
Cecelia Walton (respiratory problems)
Beverly A. Werner (surgery)
Michael R. Willard
Charles Young (kidney and pancreas transplant)
Andrew M. Vaught (brain tumor removed)
Wanda L. Waldon (surgery)
*Colleen Waller
Josephine O. Wojciechowski (care for elderly parents)

For information about donating annual leave, call Dave Mial at 410-278-1524 or fax 410-278-7877. (*An asterisk indicates employees working at the APG office of the U.S. Army Research Laboratory. Call Susan Goldberg, 301-394-1080, regarding ARL employees.)



From left, Molly, Carlton 'Jeff' Jeffers, Butch Grzanka, APG garrison plans and operations officer, and Officer Scott Kotlowski, Directorate of Law Enforcement and Security, take in the view surrounding Pooles Island.

Left, Susan Schmidt poses in front of the Pooles Island Lighthouse. Smith requested to explore the island in search of the lost graves of her ancestors.



Right, chalky, time worn stairs line the inner wall of the old Pooles Island lighthouse.



A stunning view of the Pooles Island south shoreline as seen from inside the famous lighthouse. A peach tree orchard of more than 400 trees grows along the shoreline.

Voyage

From front page

escorting the couple and providing assistance in researching their family history.

"I took them to all the accessible areas of the Edgewood Area to include the main post, and Maxwell and Robbins points," Grzanka said.

He added that the installation averages five to eight requests per year to visit family grave sites located on the Aberdeen and Edgewood areas.

"The Schmidt visit was the most extensive I've been involved in," Grzanka said.

The couple's ancestors owned large tracks of land on the AA/EA peninsulas, members of their family operated the Pooles Island lighthouse, and they had an uncle who retired as a chemical officer in the EA in the 1930s or 40s, Grzanka said.

"In addition, the Robbins Point shoreline has eroded to the point that the family grave site is now underwater."

Grzanka said that because of the extensive range area and danger of unexploded ordnance, the installation is not always able to accommodate research requests.

"We have records of about 10 private graveyards on APG," Grzanka said. "This office will continue to do its best to assist all

requesters who wish to visit their historical family location."

As the group shoved off from the Baltimore Yacht Club in Schmidt's 22-foot dory, Schmidt said that APG was an important stop for the project, which includes an examination of the watershed area.

"The greatest thing I can do is to bear witness to the beauty of the place," Schmidt said, adding that she is writing a book to document the trip.

Schmidt said that along with visiting sites and observing some of the same plants and wildlife as Smith and his crew, she records bay water quality and compares the findings to observations cited in colonists' journals.

"The expedition is really an excuse," Schmidt said. "I would be out here regardless."

Approaching the island, Grzanka coordinated the landing via walkie-talkie with two wildlife police officers, Scott Kotlowski and Matthew Stewart, of the Directorate of Law Enforcement and Security, who were already on site.

Kotlowski conducted a walking tour of the island's shoreline that included an inside look at the famous lighthouse.

Signs warning of the possibility of unexploded munitions dotted the perimeter of the island that once served as a munitions testing ground.

Schmidt and Jeffers said they enjoyed their time at APG, walking in historical footsteps while exploring the Chesapeake.

"More than anything else, we have witnessed the beauty of

the bay, the water, birds and fish that make up the whole estuary watershed" Schmidt said. "I will go back and share that with others.

An accomplished captain and licensed navigator for nearly 20 years, Schmidt holds two master's degrees in English and environmental studies from the University of Virginia and a doctorate in American literature from the University of South Carolina.

The Landfall Expedition, which consists of a counter-clockwise exploration of the Chesapeake Bay, from the eastern to the western shore, concludes Sept. 7.

Capt. John Smith began his voyage on June 2, 1608 and returned Sept. 7 with 13 men in an open, 24-foot boat, powered by seven pairs of oars and a sail. From Cape Henry, they crossed the mouth of the bay to Cape Charles, Va., and followed the Eastern Shore north, passing Tangier Sound and Smith Island on Maryland's eastern shore. After exploring the Nanticoke River, they crossed to the western shore at Calvert Cliffs; sailed north to the Severn River and the South River, then turned south. They proceeded 100 miles up the Potomac River to Little Falls, Va. He returned to Jamestown, then in mid-July, set out on the second leg sailing north to the Sassafra and Susquehanna rivers. Heading south, they entered the Patuxent and Rappahannock rivers before returning to the James River. Smith never found gold or cross-continent passage to India, but he befriended native tribes, recorded wildlife and composed accurate maps.



Photo by ELEANORE HAJIAN
Cadet Sebastian Andres, a senior at West Point, is researching the history of Army environmental policy as an intern with the U.S. Army Environmental Center.

Cadet opens the book on Army environmental history

Eleanore Hajian
AEC

A 21-year-old senior West Point Cadet didn't have to spend a lot of time looking for a place to pursue his top two academic interests - history and the environment.

When Cadet Sebastian Andres began looking for a place to research the history of environmental policy in the Army, the U.S. Army Environmental Center provided the answer.

This summer, Andres will spend two weeks researching Army environmental policy from 1970 to the present. He also plans to set up a database to handle the information.

"There's a lot of stuff out there, but no one is aware of where it is or who wrote it, so I am trying to find that out and compile it," said Andres, who majors in history and has a minor in environmental engineering. His research has already led to finding examples of large shifts in Army policy toward greater environmental stewardship.

Andres said he views his work as the first portion of a long-term project.

"I'm just setting up the first few blocks," he said. "Hopefully others will come after me and further develop this so that the data is available for future use."

The research will provide an important historical perspective on environmental issues that will help policy developers and environmental engineers and scientists better evaluate current trends, said Dr. Paul Thies, chief of the Conservation Division at AEC.

"This is a unique research project that will go a long way toward increasing our understanding of how the Army's policies toward the environment have evolved throughout the years," he said. "Having this historical perspective will benefit us in many ways, including making known the

contributions of the Army to the nation's environmental programs."

Andres first got interested in researching the history of the Army's relationship with the environment while developing a topic for his senior thesis. For that, he plans to report on the Army and the environment in the late 19th century.

He attributes his interest in environmental issues and nature conservation to growing up in Hollister, Calif., a small ranching town outside of San Jose.

"I'm from California, so I've probably got a lot of green tree hugger in my blood," he said. "It's the best of both worlds - tree hugging and history."

His internship at AEC is part of the Academic Individual Advanced Development Program at the U.S. Military Academy. Cadets in the program use a portion of the summer between their junior and senior years to gain practical experience in some facet of the Army.

In addition to the value of the research, Andres' internship is the start of an effort to encourage a greater exchange between AEC and the U.S. Military Academy.

Although Andres is not the first cadet to intern at AEC, his experience could help set the framework for other cadets and possibly faculty to come to AEC in the future, said Col. Michael Kelley, academy professor and group director of environmental programs at the U.S. Military Academy.

"Anytime we can have cadets engaged in academic pursuits outside of the traditional classroom, it strengthens the academic program," he said. "Opportunities like this help us to keep the academic program alive and relevant for these future leaders of our Army."

Anyone interested in the internship or database should contact Nicky Brand, AEC Conservation Division at 410-436-1579.

Concert

From front page

only the Harford Gate on Route 22 will be open to concert-goers, who will be directed to designated parking. Those fans 16 and older should bring a photo ID and plan their arrival time to accommodate personal and vehicle searches. Prepare for lawn seating by bringing blankets or chairs, but no coolers will be allowed.

Although the tailgate party will no longer be held, a live broadcast by radio station WOCT will be held at the main gate from 3 to 6 p.m. The show begins at 7:30 p.m., and will be held rain or shine.

Tickets, \$25 in advance and \$35 the day of the concert, are available through Ticketmaster, 1-800-551-SEAT, or the Information, Ticketing and Registration Office, 410-278-4011, between 9 a.m. to 5 p.m., Monday through Friday.

NCO'S

From front page

Another fix in the works is lifting a regulatory ban that prohibits command sergeants major who leave command positions for other non-command assignments from returning to command slots, he said.

A similar initiative is under review to field experienced senior NCOs in observer/controller positions at the National Training Center, Fort Irwin, Calif., and the Joint Readiness Training Center, Fort Polk, La.

"Obviously, a command sergeant major who has taken a battalion through the National Training Center a time or two is better qualified to mentor NCOs coming through NTC than someone who has never been there before," Armentrout said.