



## POST SHORTS

### Recycling schedule



The recycling pickup for Wednesday, Oct. 17, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

### Civilian ID card update

Employees should make arrangements to pick up completed identification cards as soon as possible.

With the exception of those cards awaiting pickup, the backlog has been eliminated, and new applicants are receiving their cards on the spot.

Current cardholders whose cards are more than 10 years old (and they no longer resemble their photographs) should apply for new cards.

For more information in the Aberdeen Area, contact Ellen Hopkins, 410-306-2381; in the Edgewood Area, contact Michelle Tulsa, 410-436-3360.

### Closures at KUSAHC

Effective immediately the After Hours Clinic at Kirk U.S. Army Health Clinic will be closed on Sundays and holidays. Patients needing advice on their health care can call the Nurse Advice Line at 1-800-308-3518. If you feel you have an emergency problem, call 911 or go to the emergency room at the nearest hospital.

### ARL sponsors blood drive Nov. 8

The American Red Cross will conduct a blood drive on Aberdeen Proving Ground sponsored by the U.S. Army Research Laboratory in building 330, which is located at the intersection of Longs Corner Road and Tower Road on Nov. 8, 9 a.m. to 1 p.m.

To donate blood you must be at least 17 years old, weigh at least 110 pounds, have no tattoos that are less than one year old, and have no sore throat, runny nose, or productive cough. To clear the 56-day limit between donations, you must have given on or before Sept. 13 to donate on Nov. 8.

Department of Defense blood donor restrictions effective Oct. 1 can be viewed at Web site

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APG celebrates  
Hispanic heritage



## Local artist donates limited edition print to CFC

Photo courtesy CHRIS WHITE

A bald eagle ascends to the sky with its catch in an original painting by Chris White. The fourth and last in a series of limited-edition prints White has produced for the Central Maryland Combined Federal Campaign will be presented as the Eagle Award to donors of \$1,000 or more during the 2001 campaign. Aberdeen Proving Ground donors will receive a framed, signed print at a reception at Top of the Bay on a date to be announced. White is an illustrator with the U.S. Army Aberdeen Test Center. As of Oct. 10, total contributions stood at \$31,899.50. Of the 61 awards distributed, 11 were Eagle awards. For information about contributing to CFC, contact your unit representative, visit the CFC office in building 2477, or call 410-278-3131.

## AA Recreation Center opens for lunch

By Yvonne Johnson  
APG News

In response to an increased demand for lunchtime options on post, Morale, Welfare and Recreation is opening the Aberdeen Area Recreation Center snack bar for service on Oct. 15. The snack bar will serve all members of the Aberdeen Proving Ground community to include active-duty military and their family members and installation employees and contractors.

"We felt there was a need with the closure of the Patio drive-in, which offered a similar menu," said Recreation Center director Joyce Founds.

She added that because the increased security in the wake of the current national crisis can make leaving and re-entering the post a lengthy process, people are more inclined to stay on the installation during their lunch breaks.

"Right now, we will not open on alternate RDO Fridays" Founds said. "We may reconsider that option if the demand is there."

The snack bar will offer fast foods of the hamburger, pizza and cheese steak variety. Orders are prepared on the grill by a staff that will be managed by operations assistant Winona Whitaker.

Founds said the focus is not to compete with other food outlets on the installation.

"The snack bar will attract those who like something different every now and then," she said, adding that patrons who frequented the Patio are the most likely customers.

A staff of five, including cooks and cashiers, have been moved from the evening to afternoon shift; more than enough to accommodate the lunchtime diners," she said.

In addition, the roomy atmosphere with plenty of tables and booths in the large dining area should make it an easy dining-in option.

## Troops and traffic: Know the rules

By Sheila Little  
APG News

Since the changes in force protection levels over the last few weeks resulted in closure of some gates, waits at other gates and a shift in the traffic flow in the Edgewood and Aberdeen areas, many are facing a time crunch when it comes to arriving at work promptly. Drivers are reminded that once on the installation, they need to remember that additional travel time may be needed as they come across troops participating in physical training or marching in formation on the roads.

"These rules apply to the entire installation, and are in place to make sure that soldiers can safely do their physical training," said Robert Silcox, director of the Directorate of Plans, Training and Mobilization.

### Driver guidelines

The policy memo regarding safety in troop formations reads that whenever vehicles encounter facing troop formations, the passing speed limit is 10 miles per hour. Vehicles encountering troop formations from the rear will not pass while the formation is in the lane of traffic. Passing formations that are completely on the shoulder of the road is permitted at not more than 10 mph. Troop formations are defined as two or more troops with a leader.

### Running routes, times

In the Aberdeen Area, some roads have limited access on weekdays between the hours of 5 and 6:45 a.m. Boothby Hill Road has limited access from Combat Drive to Aberdeen Boulevard. Susquehanna Avenue has limited access from Frankford Street to Boothby Hill

Road. Traffic-restricted routes include from Raritan Avenue to the 5000 and 5200 blocks along Jayhawk Road and down Havre de Grace Street. Road guards are placed at the entrances to these roads prohibiting all vehicles except emergency vehicles during the designated time.

At the present time there are no restricted routes in the Edgewood Area, however there are three designated routes for troop physical training from 5 to 6:30 a.m.

The first route is north on Wise Road to building E-1675 on Scully Road and back. Another route is east on Austin Road, south on Otto Road and north onto Ricketts Point Road. The turnaround point is the parking lot at South Kingscreek Road and return to the intersection of Wise and Austin roads.

The third alternate in the Edgewood Area is east on Austin Road, south on Otto Road, south on Ricketts Point Road, east on 57th Street, east on Beach Point Road to the turnaround just prior to the water treatment facility. For the return, follow Beach Point to Ricketts and back to Austin.

### Troop guidelines

Troops are reminded that during hours of darkness or decreased visibility, all troop movements will have road guards with flashlights and reflective vests. Troops in formation will wear reflective belts. Units will limit time on any four-lane roads to crossing the road, and unit formations must cross at traffic light intersections.

"Everyone needs to know and follow the passing troop formation rules," Silcox said. "Approach with caution and remain alert whenever you see troops on the road."

## Security concerns cancel post hunting program

### Refunds are 'in the mail'

By Sheila Little  
APG News

Logistics and the need for increased security in the wake of the Sept. 11 terrorist attacks and continued threats have led to the cancellation of all hunting in the Edgewood and Aberdeen areas of the installation for the 2001/2002 fall and winter hunting season.

Provost Marshal Rob Krauer said he knows that hunters are very disappointed, but security of the installation is a priority.

"All of our recreational programs are extremely important to the installation, but the world situation has led to some changes in priorities," Krauer said. "While it is

not 'business as usual' at this time, we hope to get back to some semblance of normality as soon as possible."

The paperwork to begin the refund process for the nearly 500 hunters with APG permits is underway, along with planning sessions devoted to seeking ways to control the expanding deer herd on the installation.

Cheryl Rourke of APG's Outdoor Recreation, said hunters who have purchased APG permits can expect refunds within the next month. Hunters should not stop at the APG office for a refund, because all refunds will come from the Morale, Welfare and Recreation

See HUNTING, page 4



## Recognizing the contributions of Hispanic Americans

Photo by SHEILA LITTLE

U.S. Army Center for Health Promotion and Preventive Medicine employees, from left, Linnette Martinez, Capt. Mike Desena and Gloria Morales prepare Hispanic dishes as part of Aberdeen Proving Ground's celebration of Hispanic heritage. For stories on how organizations recognized Hispanic contributions, see page 13.

## POST SHORTS

### SHORTS, from front page

<http://www.defenselink.mil/news> or contact Staff Sgt. Carla Laing, 410-278-5843 or e-mail [dlaing@arl.army.mil](mailto:dlaing@arl.army.mil).

If you can donate, e-mail or call (no voice mail) to make an appointment.

### Hunting permits refunded for 2001 season

The Aberdeen Proving Ground Hunting Program for fall 2001/winter 2002 is cancelled as a result of increased force protection requirements.

Refunds for Aberdeen Proving Ground hunting permits will be administered through the Outdoor Recreation Office, building 2407. Refunds will automatically be processed so hunters do not need to call or visit Outdoor Recreation. All hunters will receive their refunds via check and/or credit card refund through the mail.

For more information, call the Equipment Resource Center, 410-278-4124.

### MWR opens for lunch Oct. 15

Beginning Oct. 15, the Aberdeen Area Recreation Center, building 3326, will be open for lunch, 11 a.m. to 1:30 p.m. Menu will include but not be limited to cheeseburgers, cheese steaks, hot sandwiches, appetizers and snacks.

For more information call, 410-278-2621.

### PIE meeting cancelled for October

The Parent Information Exchange, or PIE, for Exceptional Family Members will not meet for the month of October. For further assistance, contact Reeshemah Bugg, EFMP manager, 410-278-7478/7474.

### MWR events cancelled, postponed

In light of recent terrorist activity, the U.S. Army Community and Family Support Center command has postponed or rescheduled two fall Morale, Welfare and Recreation entertainment events.

The Battle of Bands scheduled for Oct. 10 to 14 at Fort Jackson, S.C., has been postponed and the talent search, Stars of Tomorrow, scheduled for Nov. 10 at Fort Belvoir, Va., has been cancelled.

"The safety of soldiers is our top priority, and right now the guidance is to keep non-essential travel to a minimum," said Marcy Stennes, acting director of Community Recreation.

The Theater BRAVO! touring production of The Complete Works of William Shakespeare (abridged) is scheduled to begin in November. Cast selections are currently underway with rehearsals slated to start in October at Fort Belvoir.

The U.S. Army Community and Family Support Center is the Headquarters, Department of the Army agency responsible for the Morale, Welfare and Recreation program that includes Army Entertainment. For more information call 703-681-1548 or DSN 761-1548.

### Bargains available at EA Thrift Shop

The Edgewood Area Thrift Shop, located in building E-1633, is open Tuesday and Thursday, 10 a.m. to 3 p.m., and the first Saturday of the month, 10 a.m. to 2 p.m. Consignments are accepted on Tuesday, Thursday and the first Saturday of the month, 10 a.m. to 1 p.m.

The last Thursday and the first Saturday of the month are Bag Sale Days. All the clearance items you can fit in a paper bag for \$2.

Merchandise varies daily. We currently have lots of infant items including strollers, bassinets and a crib.

For more information, call 410-676-4733.

### CWF sponsors two holiday trips

On Nov. 16, the Civilian Welfare Fund is sponsoring a bus trip to the Three Little Bakers Dinner Theater for the annual Christmas Show. The price is \$45 per person, which includes dinner, the show, and charter bus transportation. The bus will depart at 4:30 p.m.

On Nov. 24, the CWF is sponsoring a holiday bus trip to the Radio City Music Hall Christmas Show, on Broadway, in New York City. There will be time for shopping and lunch before the show. The price is \$99 per person, which includes the show, and charter bus transportation. The bus will depart at 7 a.m.

For reservations or more information, call Angela Keithley or Jacqueline McKeever, 410-278-4603/4771.

### Sign-up for Christmas Gift Wrap Program

Plans are underway for the 2001 Christmas Gift Wrap Program sponsored by AAFES and coordinated by the Directorate of Information Management.

All Aberdeen Proving Ground family support groups, non-profit organizations and volunteer activities affiliated with APG

are eligible to participate and should designate a point of contact to be eligible for donations.

Organizations/activities interested in participating must contact James Walker, 410-278-1261, by Oct. 26 with the name and phone number of your contact. All contacts must attend a mandatory meeting Nov. 6 at 10 a.m. in building 324. During this meeting contacts will draw for dates and times for their organization to work the gift wrap booth. Space is limited so sign up early.

AAFES will provide the wrapping paper, limited gift boxes and an area to wrap at the main PX. Organizations/activities will be responsible for providing the labor, tape, scissors, ribbon, etc., and will receive all the money their group earns. Packages are wrapped for donations only.

Gift wrapping starts the day after Thanksgiving and runs through Christmas eve.

To register your organization, call 410-278-1261.

### Organist position available at EA chapel

A contract position is available for an organist in support of the chapel program at the Edgewood Area of Aberdeen Proving Ground. Persons interested in applying for this position for fiscal year 2002 (Oct. 1, 2001 through Sept. 30, 2002) should contact Chaplain Michael Wallman at 410-278-4333/2886.

### Pollution Prevention



*To save energy, insulate your water pipes.*

APG Pollution Prevention Program, Hazardous Materials Management Policy

### Help needed to plan future MWR activities

The Morale, Welfare, and Recreation staff at Aberdeen Proving Ground would like to hear opinions about recreation and leisure programs and services offered on APG.

Volunteers are needed to participate in focus groups to discuss current and future programs and services offered on APG in areas like sports, fitness, bowling, golf, auto care, libraries, travel services, arts and crafts, indoor and outdoor recreation, classes, special events, etc.

Groups will meet periodically for no more than one hour in the Community Recreation Division conference room, building 3330 (the old Russell gym).

The information collected from the groups will be used in the planning of future MWR programs and services at APG.

If you want to be heard, contact MWR Marketing Director Gwen Meadows at 410-278-4497, or e-mail [gwen.meadows@usag.apg.army.mil](mailto:gwen.meadows@usag.apg.army.mil).

### New number for leisure travel office

The new Carlson Wagonlit Leisure Travel Office telephone number is 410-272-7124.

### Thrift Shop accepting welfare request applications

The Aberdeen Area Thrift Shop is accepting applications for Welfare Requests. All requests must be dropped off during regular business hours or mailed to Aberdeen Area Thrift Shop, building 2458, Aberdeen Proving Ground, MD 21005. The deadline for requests is Oct. 31.

The thrift shop is open Wednesday, 11 a.m. to 6 p.m., Thursday, 10 a.m. to 2 p.m. and every first Saturday from 10 a.m. to 1 p.m.

### Fast-track fall courses begin Oct. 25 at HCC

Students can earn credits toward a degree in eight weeks in a fall session beginning Oct. 25 and ending Dec. 18. Students may register in person or add a class through Oct. 24 at Harford Community College's Aberdeen Proving Ground Center, building 3146, Raritan Avenue, Monday through Thursday, 9 a.m. to 5 p.m. and alternate Friday's (Oct. 12 and 26) from 8:30 a.m. to 4:30 p.m.

For more information call 410-272-2338 or 410-278-0516. Fall term II includes courses in automotive technology, criminal justice, geography, history, human development, office systems, physical education, psychology, and speech.

Registration is also underway at HCC's Student Center.

Hours of registration are Monday to Thursday, 7:30 a.m. to 8 p.m.; Friday, 7:30 a.m. to 4:30 p.m.; and Saturday, 9 a.m. to 1 p.m. Payment is due at the time of registration. HCC accepts Visa, MasterCard, Discover, or American Express.

Mail-in and fax registrations must be received by Oct. 24, and registration must be accompanied by credit card payment information, including account number, expiration date, and signature. HCC fax registration forms are available in the Schedule of Credit Classes pamphlet, which was mailed to all Harford County residents, or from HCC's Office of Registration and Records.

For more information, call 410-836-4222 or 410-879-8920, ext. 222 or stop by the Registration and Records area in the Student Center.

Fall term II schedule of classes, applications for admission, and registration forms are available on the College's Web site [www.harford.cc.md.us](http://www.harford.cc.md.us).

### Gate operations at APG

The Harford Gate (Route 22) in the Aberdeen Area of Aberdeen Proving Ground closes each weeknight at 8 p.m. The Maryland Boulevard Gate, Route 715, (Tank Row) is the only 24 hour-a-day, seven-day-per-week access point to the Aberdeen Area. The Harford Gate continues to be closed each Friday at 8 p.m. and remains closed until 4 a.m. on Monday (unless Monday is a federal holiday, then it reopens at 4 a.m. on Tuesday).

Until further notice, the only gate open in the Edgewood Area from 8 p.m. Friday through 4 a.m. Monday is Route 24 in Edgewood.

### Post closing announcement info

Employees of Aberdeen Proving Ground concerned about whether or not to report to work should call 410-278-7669 (SNOW). Television channels 2, 11, 13 and 45, as well as radio stations WAMD, WXCX, WBAL, WIYY, WPOC, WDEL, WSTW, WSBA, WARM and WROZ will also carry this information. When in doubt, contact your supervisor.

### School bus drop offs reiterated

If the Harford County public schools experience an unscheduled early dismissal and there is not an adult available to meet young children, or if a bus cannot access an on-post bus stop, the bus will take the children to the Youth Centers. Youth Center staff will attempt to contact the parents.

It is imperative that parents tape a card inside each child's book bag with the child's name, address, telephone number, and emergency points of contact. If young children arrive at the Youth Center and do not have this information or do not know how to reach their parents, the Youth Center staff has no way to communicate with the parents.

This policy applies during an unscheduled early dismissal or in the event of an emergency when the bus does not have access to a particular bus stop. Routinely, if young children are not met by an adult at the bus stop, the bus will return children to the school and school personnel will contact the child's parents.

For additional information, contact Linda Holloway, Aberdeen Proving Ground school liaison officer, at 410-306-4520.

### Counseling through Behavioral Health at KUSAHC

In this time of need, the personnel at Kirk U.S. Army Family Clinic are doing what they can to assist the military family in the wake of the recent tragedy in New York and at the Pentagon.

Behavioral Health Care Services at KUSAHC is offering services to the Aberdeen Proving Ground community. Military personnel and their family members are eligible to receive services at KUSAHC. Civilians will be evaluated for proper referrals to outside agencies.

For anyone that has been touched by this tragedy, help is just a phone call away at 410-278-1715.

### Army guidance available on Operation Noble Eagle

Breaking news, command messages and guidance for the Army family is now being offered on a new U.S. Army Training and Doctrine Command-sponsored Web site: <http://tradoc.monroe.army.mil/nobleagle>.

Activated Sept. 19, the new site will focus on current news stories about recovery operations, world events and Army activities resulting from the recent terrorist attacks along the east coast.

Linked pages carry information on hotlines and Web sites connected with recovery operations, family readiness, and frequently asked questions addressed via message board.

# APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM, APG, MD 21005-5005, 410-278-1150. Printed circulation is 13,500.

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**Deadline for copy is Thursday at noon for the following Thursday's paper.**

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## PETS OF THE WEEK



Photo by YVONNE JOHNSON

### Got kittens?

The folks at the Post Veterinary Treatment Facility sure do. They'd love you to stop by and give one of these cute domestic shorthairs a home of their own. Call or come by the VTF to adopt your new best friend. You do not have to be active-duty military to adopt a pet. For information, call 410-278-4604.

## October is school bus safety month

By Sheila Little  
APG News

School bus safety is emphasized during the month of October, a time when children review safety rules in class and participate in bus evacuation drills. Parents should take the opportunity to review the rules of safety with their children, and emphasize appropriate procedures throughout the year.

National statistics show that nearly two-thirds of injuries and deaths of school children occur when they are boarding or leaving a bus, and out of the sight of the bus driver. Safety features on school buses designed to keep children within the view of the bus driver are a front swing arm and a side swing arm, which operate when the bus is picking up or dropping off students. Other features, such as reflective bus stripes, maintenance and safety checks and continuing education for drivers are also designed to maintain the safety of all bus occupants.

Drivers can help by being aware of when school is in session and observing bus safety rules of the road, and allowing for additional time if they commute at a time when buses are on the road.

Susie Ashby of the Directorate of Safety, Health and Environment, encourages parents to review the following bus procedures with their children.

- While waiting for the bus, stay off the street, be aware of area traffic and avoid careless behavior.
- As the bus approaches, line up off the road, and do not attempt to board until the bus had stopped and the door has opened.
- Use the handrail when boarding and disembarking.
- Find a seat and sit down, refraining from loud talking or other noise, which may distract the driver. Never put hands, arms, legs, feet or head out the window.
- Keep the aisle clear to avoid tripping hazards, especially in an emergency.
- Gather books, papers or other belongings before you reach your stop.
- Wait for the bus to come to a complete stop before standing to exit.
- If crossing in front of the bus, stay on the side of the road until you can see the bus driver's face and know that they can see you. Do not cross until the driver signals for you to do so.
- Stay away from the rear of the bus at all times.

Ashby said parents should also emphasize the appropriate way to cross the street in any situation.

"Children should always stop at the curb or edge of the road and look left and right and left again before crossing," she said.

## School children and unexpected early dismissals

By Sheila Little  
APG News

In view of the September terrorist activities and the resultant security changes on the installation, residents of the Edgewood and Aberdeen areas of Aberdeen Proving Ground should be aware that in the event of an unscheduled early closing of public schools, younger children will be dropped off at their housing areas if accessible. If the buses cannot get to the housing areas and adults are not available to meet the children, the students will be bused to the Youth Centers or returned to the schools for parents to collect.

In preparation for emergencies, all young school students living on the installation should have a card taped to the inside of their book bag listing their name, the names of their parents and child care providers if appropriate, and emergency contact numbers, to include home and work numbers. Do not expect your child to remember such information in an emergency situation.

Don Morrison, spokesman for Harford County Schools, said the school district continues to require background checks and fingerprints for all school employees, including supervisory personnel, teachers, custodians and bus drivers. In addition, children are being cautioned to be aware of their surroundings and report unusual occurrences or sightings to a responsible adult, who will then contact authorities.

"Safety for the children continues to be our priority," Morrison said.

# AFAP addresses water quality, housing, and customer service

By Sheila Little  
APG News

After Aberdeen Proving Ground's 2001 Army Family Action Plan symposium, issues raised by community delegates were passed on to the agencies concerned for follow-up.

This article, fifth in the series, covers information concerning drinking water, installing additional electrical outlets and providing customer service in the recreation and health care arenas.

### Issue: Edgewood Area drinking water

Due to chemical-filled ground and chemicals used to purify water, Edgewood Area residents have concerns about their drinking water. The water coming out of faucets can be discolored and have a terrible taste, adding to the concerns.

#### Recommendation:

Have the installation provide bottled water service to residents, or place a water filter system at the Shoppette and charge 25 cents per gallon to those residents using the system.

In addition, more effort should be made to inform residents and workers of the quality of water, using the APG News, WAPG-TV cable channel 3 and the installation Web site, [www.apg.army.mil](http://www.apg.army.mil).

#### Resolution:

The distribution system in the Edgewood Area is old and in need of repair.

Personnel in the waterworks division of the Directorate of Public Works flush the system bi-annually in April and in September to help maintain the quality of water in the system. This already exceeds the state requirement of once per year.

It is often suggested to residents that they allow the water to run for a while to flush discoloration and other impurities from the water if discoloration persists. The National Sanitation Foundation approves all the chemicals used to treat the water at the Van Bibber Water Treatment Facility and tests indicate the APG drinking water exceeds the standards set by the Safe Water Drinking Act. There are no plans nor are there funds at this time to bring in bottled water service or add a special filter at the Shoppette. The water may at times be discolored and distasteful, but is deemed by the state to be safe to drink.

#### Issue: Customer service attitude in

### Morale, Welfare and Recreation

It is the perception by some community members that employees in MWR customer service positions do not always conduct themselves in a professional manner. This attitude adversely affects the morale of the customer, and in some instances, diverts and reduces potential installation revenue.

#### Recommendation:

Provide customer service training to all MWR employees, and establish and post a customer complaint procedure that provides feedback to the complainant. In addition, publish a command policy letter detailing customer service policy and procedures.

#### Resolution:

The Army maintains a customer service program for MWR activities called "First Choice," however, in the past APG MWR has not fully participated.

Beginning in September, APG MWR plans to establish a marketing and advertising office.

Responsibilities of the office include initiating the First Choice program, conducting mandatory training for all MWR staff, and monitoring and developing tools to be used in evaluating APG MWR customer service standards.

### Issue: Electricity for garages and pavilions

There are no electrical outlets in the individual garages on Plumb Point Loop, and few outlets at the post picnic areas. Residents have difficulty seeing at night and cannot use power tools in their garages because of the problem. It requires picnickers to make special arrangements to use the pavilions when it gets dark or to play radios.

Adding electrical outlets would greatly enhance the potential of garages and pavilions.

#### Recommendation:

Install electrical outlets in all garages and pavilions on the installation.

#### Resolution:

The housing budget does not currently contain funds to install electrical outlets in individual garages, and services to carry the additional power would have to be added. If and when the funds become available, garage outlets may be added.

The Woodpecker Point Picnic Area has no power sources, therefore receptacles would be useless. Skippers Point has two pavilions with two outlets each. One does not work but is on the work order list. The receptacles at Capa Field are considered ample for that area.

There are several outlets at the Maryland Boulevard Picnic Area, but they are all on one circuit, occasionally causing an overload.

An additional circuit is planned for the Maryland Boulevard area, and should alleviate the problem.

### Issue: Excessive telephone waiting time for TRICARE service

Beneficiaries may wait as long as 45 minutes while trying to access a customer service representative. This delays obtaining appointments, reduces beneficiary morale, wastes time, causes frustration and may further complicate health conditions.

#### Recommendation:

Provide an automatic rollover to voice mail after 10 minutes of waiting, including a prompt with a telephone number and the best time to call back. Upon reaching TRICARE, a prompt should inform the beneficiary of the approximate waiting time. All calls should be responded to within 24 hours.

According to Barry Sayer, administrative contracting officer for TRICARE Region 1, the area which includes APG, Fort Meade and Walter Feed, steps were taken to correct the problem in the past, but contract issues led to attrition of the telephone customer service staff.

The company is currently recruiting and restaffing, but the recruitment and training process takes nearly nine weeks. The company is being encouraged to be very aggressive in the recruitment process and shorten the training whenever possible until they are fully staffed.

## 2 x2.5 Ab shoe

## 3 x10 AF Geico

## 3 x6.5 Gab brs

## Worldwide equipment operability to be addressed at NETWork 2001

By Robert McDaniel  
DTC

As our armed forces engage a campaign to eliminate terrorists worldwide, the assurance that our military equipment will operate anywhere in the world should become a high priority. The second U.S. Army Test and Evaluation Command Natural Environment Testing Workshop, or NETWork 2001, Dec. 12 to 13, will play a part in responding to this priority.

At last year's workshop, keynote speaker Lt. Gen. Paul Kern, director, Army Acquisition Corps, challenged attendees "no matter how good we get in simulation, we're going to have to come back to testing to verify those simulations."

Warfighters, developers, testers and evaluators will gather at the Maritime Institute of Technology in Linthicum Heights, Md., to focus on climatic and other

environmental factors that degrade system effectiveness in operational environments.

Maj. Gen. John J. Marcello, commander ATEC, will open the workshop and introduce Lt. Gen. John Caldwell, the Army's new military deputy to the Assistant Secretary of the Army for Acquisition, who has been invited to provide keynote guidance.

Also invited to speak is Maj. Gen. John C. Doesburg, commander of APG and U.S. Army Soldier Biological and Chemical Command.

This year's workshop will put into action last year's introduction to Life Cycle Environmental Profiles by developing LCEP's for specific programs in the acquisition cycle. Profiles will include storage, transportation, combat use, and requirements for testing, demonstrations and experiments in natural extreme climatic environments.

There will be six "break-out sessions" addressing the following commodity areas: soldier systems, weapons, sensors/communications, vehicles, aviation, and missiles. Conferees are asked to select one of these sessions and to apply their experience and knowledge in developing the necessary LCEP and environmental test plan.

The workshop uses an integrated product team approach and is an opportunity to meet face to face with developers, testers, evaluators, and battlelab representatives, to coordinate and define the joint needs for testing in natural (arctic, tropic, desert) environments.

Electronic registration is available through the Developmental Test Command Web site: [www.dtc.army.mil](http://www.dtc.army.mil) under "coming events."

For further information, contact Herb Egbert at 410-278-1476, DSN 298-1476 or e-mail [egberth@dtc.army.mil](mailto:egberth@dtc.army.mil).

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# Army News

## Army Guard, Reserve units called to duty

By Gary Sheftick  
Army News Service

More than 7,750 soldiers in 87 National Guard and Army Reserve units reported for active duty this week under the president's partial mobilization for Operation Noble Eagle.

In addition, thousands of other National Guard soldiers remained on state active duty, involved in the recovery operation in New York and homeland defense missions elsewhere, officials said.

The 48 National Guard and 39 Army Reserve units called to federal active duty this week are from 20 different states, the District of Columbia and Puerto Rico.

Thirty-one of the units are military police companies and detachments called up to augment force protection at military installations and airports.

Twenty-nine infantry units were called up, including the 1/149th Infantry Battalion from Kentucky, three companies of the 1/115th from Maryland, five companies of the 1/167th in Alabama, three companies of the 1/148th in Ohio, companies of the 141st and 142nd Infantry in Texas and several companies of the 185th and 160th Infantry of the California National Guard.

Four military history detachments were called to active duty, along with two transportation units, an ordnance company, a supply com-

pany, and an air defense artillery command from Orlando, Fla.

Army Reserve military intelligence units from Maryland, Georgia, North Carolina and New Jersey were called up, along with several CID detachments. The First and Third Army Augmentation Detachments were activated, and so was an Army Corps of Engineers Contingency Response Unit, a special operations command element and an Army Reserve element of the Central Command.

In addition to the forces being called up for Operation Noble Eagle — the homeland defense and support to civil authorities in the United States — officials said about 30,000 troops are now deployed overseas for Operation Enduring Freedom, the worldwide war on terrorism.

White House and Department of Defense officials said Oct. 2 that the troops deployed in the theater of operations included an amphibious ready group, about 350 military aircraft, and two carrier battle groups.

"But I want to underscore again, these are approximate numbers, these numbers change, they are flexible," said Victoria Clarke, assistant secretary of defense for public affairs. "And as we can provide information that is meaningful without compromising any of the operations, we'll do it."

## National Guard troops to secure America's airports

By Master Sgt. Bob Haskell  
Army News Service

Airport security was added to the National Guard's growing list of civil support and homeland defense missions Sept. 27, at the direction of President George W. Bush.

The Federal Aviation Administration has asked the Department of Defense to coordinate the use of about 5,000 National Guard members at 422 commercial air-

ports nationwide for the next four to six months in the wake of the Sept. 11 terrorist attacks.

"To make sure that we improve security right now, the federal government will pay for governors to call up the National Guard and place Guardsmen at inspection stations in airports," the president said at O'Hare International Airport in Chicago.

"Some airports already meet high standards," said Bush, the former Texas Air

National Guard fighter pilot. "But for those airports that need help, we will work with the governors to provide security measures - visible security measures - so the traveling public will know that we are serious about airline safety in America."

The president will work with Congress to put the federal government in charge of airport security and screening services, officials said. The

See **GUARD**, page 5

## Hunting cancelled

From front page

Central Accounting Office in Texas. Those who paid by check will get a refund check, and those who paid by credit card will receive a credit on their next billing statement.

"If you don't receive a credit or refund within the next month, call us," Rourke said.

The phone number for APG Outdoor Recreation is 410-278-4124/5789.

Jim Pottie, APG's wildlife biologist, said post officials view the overpopulation of deer as a health and safety issue, and now that hunting has been canceled, are considering other ways to control the deer population.

"Residents are very concerned about the spread of Lyme Disease," Pottie said. "We are looking at the options, which range from having a very liberal season next year to a structured culling program coordinated through installation authorities."

Pottie added that the number of traffic accidents involving deer is also expected to rise, especially in the Aberdeen Area. Currently running at nearly 100 accidents per year for all of APG, Pottie said the Maryland Boulevard Gate, also known as Tank Row, was recently designated as the 24-hour access gate at Aberdeen. The majority of traffic accidents involving deer take place along that entrance road, which has few nearby hunting areas. The increase in vehicular traffic is expected to reflect additional vehicle and deer collisions.

"At this time it is unclear which is the best option to select, but we want to find a solution that is not only effective (in controlling the deer population) but fair to all hunters," he said.

# Soldier Show mission takes on new meaning

By Harriet Rice  
Army News Service

Members of the United States Army Soldier Show were shaken by the events of Sept. 11, but the show - a 90-minute, Broadway-style, high-energy song and dance review - goes on.

Sleepy-eyed soldiers were just waking up the morning after their second show at Fort Irwin, Calif. It was their 34th stop on their 2001 tour that originated in May at Fort Belvoir, Va. It was 6 a.m. Some soldiers turned on the television.

"My roommate usually never turns on the TV, but for some reason that day she turned it on. I couldn't believe what I was seeing," said Spc. Leigha Stackpole, who is stationed at Fort Bragg, N.C., and calls New Haven, Conn., home. "I thought it was a bomb, and I was really scared."

"The first thing I saw was the World Trade Center. It was smoking, and it hadn't collapsed yet," recalled Spc. Amy Pedilla, the show's video technician and production stage manager from Galesburg, Ill.

Then came the news about the Pentagon attack.

"First, when they said a plane had crashed into the Pentagon, it was like 'Oh, that's terrible.' Then we realized another plane had crashed into the towers and we realized that this was really happening," Pedilla said.

By 8 a.m. all the soldiers boarded their bus for the 345-mile ride north to Monterey, Calif.

"We were all tuned in and listening to the radio the whole time," said Spc. Aretha Grayson, an Alexandria, Va., native stationed at Fort Lee, Va. "We kept updated on all the accounts of what was happening and the progress of the rescue attempts and all. And, you know, we just knew that even more so we had a mission that we had to accomplish."

But when the soldiers arrived at the Presidio of Monterey, officials had cancelled their show because of heavy security. Although the soldiers were disappointed, the break gave everyone a chance to deal with thoughts and emotions. Many turned to the solace of the famous scenic Pacific coastline to calm their thoughts.

"I think it's a horrible situation the nation's going to have to go through," said Spc. James Pittman, audio engineer and native of Los Alamos, N.M. "I had the opportunity to take time away to be by myself, and that's exactly what I needed to be able to get my head right."

Military discipline was maintained.

"I called a formation and gave them a reality check," said Sgt. 1st Class Angel Torres, the show's noncommissioned officer in charge. "We are soldiers and we have a mission," he said. "Even though we're performing right now, at any moment we could go from a microphone to having a weapon in our hands."

Every day, regardless of their geographic location, Torres accounts for every soldier to the U.S. Army Community and Family Support Center,

the Alexandria, Va.-based agency responsible for Morale, Welfare and Recreation.

"I have to brief force protection and accountability and protect our belongings. We're on the road, but we could be a target, like anybody else," Torres said.

After a two-day bus ride to Washington state, the troupe arrived at Fort Lewis ready to perform for the first time a week after the attack. With Lee Greenwood's God Bless the USA, the National Anthem and God Bless America added to the show, soldiers took to the stage with new inspiration and motivation.

"Everything seemed to mean a little bit more. The words to the songs rang true, and for the first time, I felt like I was really representing the United States Army and not just performing," said Stackpole.

Tears flowed freely in the flag-waving crowd during the patriotic finale.

"The whole cast was in tears," said Sgt. Carolyn Washington. "A lot of people told us, 'We needed that.' No matter how much we work or how many nails I break, it's so worth it," said the personnel specialist from Kaiserslautern, Germany.

"That was one of their best shows," Torres said. "They knew that they were needed more than ever. It's like a therapy. We help [the audiences] emotionally, you know - to smile just for one day and get back to a normal life."

(Editors note: Harriet Rice is the public affairs officer for the U.S. Army Community and Family Support Center.)



Photo by ANGELA MONCUR  
U.S. Army Soldier Show cast members Spc. Marcus Caruthers and Cpl. Belinda Parraz sing a patriotic duet mingling the melodies of Yankee Doodle and America the Beautiful.

## Guard

From page 4

Federal Aviation Administration will train the National Guard troops in airport security techniques, officials added.

Fully implementing the extensive security proposal may take four to six months, Bush said. During that time, the president said that he will ensure that every airport has a strong security presence by asking the Governors of the 50 states to call up the National Guard - at the federal government's expense - to augment existing security staffs at every commercial airport nationwide.

A National Guard Bureau

historian in Arlington, Va., said using Guard troops for airport security is similar to how they were used during the 1970 New York City Postal strike. Then, 10,845 Army Guard soldiers and 1,876 Air Guard members sorted mail and helped provide security. More than 1,000 of those troops delivered mail in the city's financial district.

This, however, is believed to be the first time that National Guard troops are being employed in this way across the country.

"We support the president's effort to maintain America's confidence in the aviation industry," said Craig Duehring, principal deputy assistant secretary of defense for Reserve Affairs. "We will

be working closely with the FAA, the National Guard Bureau and the states to expedite this effort to achieve the president's goals."

National Guard troops have been supporting security missions since terrorists in hijacked commercial airlines destroyed the World Trade Center and rammed into the Pentagon.

Nearly 300 military police officers from three Maryland Army National Guard units, for example, have helped secure the Pentagon since Sept. 12, said a Maryland Guard representative.

(Editor's note: Master Sgt. Bob Haskell is a member of the National Guard Bureau Public Affairs Office.)

## MDW assumes responsibility for Pentagon crash site

Courtesy of Army News Service

The Federal Bureau of Investigation handed over the task of managing the Pentagon crash site to the U.S. Army Military District of Washington Sept. 26.

The transfer of responsibility marks the end of the crime scene investigation following the terrorist attack on Sept. 11 at the Pentagon. MDW will oversee ongoing security operations around the damaged area of the building.

"This tragedy has changed all of our lives forever," said Maj. Gen. James T. Jackson, commanding general of the U.S. Army Military District of Washington. "I'm extremely proud of the way our military and civilian team members have worked together under such trying circumstances."

FBI officials said they will move the focus of their investigation to the Pentagon's north

parking lot and continue to sift through debris for additional evidence.

"We've been overwhelmed by the support provided by the service members, firefighters, police and relief organizations that have worked with us over the last two weeks," said Van A. Harp, Assistant Director in Charge of the FBI Washington Field Office. "Our job would have been more difficult without the selfless service of these brave men and women."

Approximately 10,000 tons of debris have been removed during the rescue and recovery efforts at the Pentagon. In addition, more than 1,500 men and women assigned to the U.S. Army Military District of Washington have provided recovery and security assistance.

(Editor's note: From a Military District of Washington news release.)

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***SBCCOM chaplain promoted to colonel***

Photo by TOM FAULKNER

*Maj. Gen. John C. Doesburg, left, commander U.S. Army Soldier and Biological Chemical Command, congratulates SBCCOM chaplain Larry Robinson, upon his promotion to colonel in the Edgewood Area chapel on Oct. 1.*



**Football update**

The following results were reported for intramural flag football for the week ending Oct. 5.

**American Division**

**Results**

Oct. 1

HHC 16th, 24; NCOA, 12

Company E 16th, 19; HHC 61st, 12

Oct. 3

NCOA, 18; Company E 16th, 6

HHC 16th, 20; HHC 61st, 7

**Schedule**

Oct. 15

6:30 p.m., Company E 16th vs. HHC 16th

7:30 p.m., HHC 61st vs. NCOA

Oct. 17

6:30 p.m., NCOA vs. HHC 16th

7:30 p.m., Company E 16th vs. HHC 61st

**Standings**

HHC 16th 3-1

HHC 61st 2-2

Company E 16th 2-2

NCOA 1-3

**National Division**

**Results**

Oct. 1

Company C 16th, 19; Company A 16th, 0

Company B 16th, 28; USMC, 12

Oct. 2

Company A 16th, 12; USMC, 10

Company B 16th, 18; Company C 16th, 13

**Schedule**

Oct. 15

6:30 p.m., Company B 16th vs. Company A 16th

7:30 p.m., Company C 16th vs. USMC

Oct. 17

6:30 p.m., USMC vs. Company B 16th

7:30 p.m., Company A 16th vs. Company C 16th

**Standings**

Company B 16th

5-0

Company C 16th

2-2

Company A 16th

2-3

USMC

0-4

**Edgewood Division**

Oct. 1

SBCCOM, 20; Company A 143rd, 13

HHC 143rd, 24; Company B 143rd, 0

Oct. 3

Company C 143rd, 18; SBCCOM, 7

**Schedule**

Oct. 15

6:30 p.m., Company A 143rd vs. HHC 143rd

7:30 p.m., Company C 143rd vs. Company B 143rd

Oct. 17

6:30 p.m., HHC 143rd vs. SBCCOM

7:30 p.m., Company C 143rd vs. Company A 143rd

**Standings**

HHC 143rd 3-0

SBCCOM 3-1

Company C 143rd 1-2

Company A 143rd 0-2

Company B 143rd 0-3

**Register soon for winter youth sports**

Aberdeen Proving Ground cheerleading and boys and girls youth basketball (league) registration will be held Monday through Friday during regular business hours by appointment with Amie Pryzagoda. Pryzagoda is also providing walk-in registrations in the evenings in Aberdeen, building 2485, Oct. 29, Nov. 5 and 7, 5 to 7 p.m. Registration in the evenings at Edgewood will be Oct. 30, Nov. 6 and 8 from 5 to 7 p.m., building E-1902.

The season runs November through March.

Cheerleader's age as of Dec. 31, 2001 must be between 7 and 14 in order to register. Bring your child for a cheerleader uniform fitting at the Aberdeen Youth Sports Nov. 10, 10 a.m. to 2 p.m. or Nov. 14 from 6 to 8 p.m. The Edgewood program will have cheerleader uniform fittings on Nov. 13, 6 to 8 p.m.

Fee is \$30 per player or cheerleader and 10 percent off siblings.

**Basketball clinics** for ages 4 to 6 (age as of Nov. 1, 2001) will be held on Saturday, Nov. 10 and 17, Dec. 1, 8, 15, 29, 1:30 to 3 p.m. Fee is \$15 (for T-shirt and award). Registration will be held the same dates and times as basketball league registration.

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DoD photo by LT. J.G. DOUGLAS E. HOUSER

Aviation ordnancemen on the USS Enterprise muscle ordnance into place as aircraft are readied for strike missions against al Qaeda terrorist training camps and military installations of the Taliban regime in Afghanistan on Oct. 7, during Operation Enduring Freedom. The carefully targeted actions are designed to disrupt the use of Afghanistan as a base for terrorist operations and to attack the military capability of the Taliban regime.



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## Message from the Secretary of Defense to DoD Personnel

“On Sept. 24, the president launched the first strike in the global war against terrorism by attacking the financial foundations of terrorist operations around the globe. Today, the United States launched the second.

“As the world knows, U.S. warplanes commenced Operation Enduring Freedom with raids on military targets and terrorist training camps in Afghanistan at approximately 12:30 p.m. Eastern time today. These raids were not a single event or a solitary campaign, but are the first in a sustained and continuous operation to destroy terrorist networks, disrupt terrorist activities and prevent further terrorist atrocities, such as the ones that occurred in the attack on America on Tuesday, Sept. 11.

“Our purpose is to shift the

balance of power from the forces of oppression to the forces of freedom. Over time, we intend to deny to terrorists the country of Afghanistan as a base of operations, provide aid to the Afghan people who are the victims of Taliban oppression, and put terrorists everywhere, and all of those who foster and facilitate them, on notice that we will root them out wherever they exist.

“As the president has said, this is not a mission we sought. Rather, it was thrust upon us. We take these actions in self-defense. We take them in deliberate response to the acts of war directed against the American people. We take them after careful planning, to identify sites where terrorists are trained, supported and harbored. To destroy their infrastructure and suppress their

ability to threaten us and others and to send a message that the friends of terrorists everywhere are at risk.

“And, we will continue, in conjunction with our friends and allies around the world, to take whatever action is necessary to defend freedom and counter terrorist aggression.

“As the men and women of America’s armed forces, you are the sharp sword of freedom. You fight without pause and without complaint, on foreign seas and in dangerous skies. You voluntarily sacrifice a life of ease and the comfort of your families, so that others may enjoy blessings and benefits of liberty.

“Your task will not be quick. It will not be easy. But your mission is clear, your cause is just, and the hearts and prayers of Americans and

people everywhere who long for freedom are with you. To each of you, military and civilian, our gratitude and our prayers.

“You have the full confidence and support of President Bush, our commander-in-chief.

“You also have mine.

“We know you are ready and we know we will prevail.”

**Donald H. Rumsfeld --**  
*Oct. 7, 2001, at the start of U.S. and coalition air attacks on Taliban-held and terrorist targets in Afghanistan.*

### APG observes Disability Awareness Month

Aberdeen Proving Ground Committee for the Disabled presents the Disability Awareness Month observance luncheon, Oct. 18, 11:30 a.m., at Top of the Bay.

The guest speaker will be Greg Smith, founder of On A Roll Radio, the only syndicated weekly commercial radio talk show on life and disability.

Other entertainment will be provided by The Dancing Wheels, an integrated profes-

sional modern dance company comprised of dancers with and without disabilities.

Exhibits by various disability support vendors will be on display, 10:30 a.m. to 3 p.m., on the upper level (elevator accessible).

Tickets cost \$14 per person and must be purchased by Oct. 11 from one of the following individuals:

Angela Cheek, EEO, 410-278-1140  
Judy Matthews, DTC, 410-

278-1050  
Terry Leicht, DLES, 410-278-3609  
Shirley Macon, CHPPM, 410-436-2577  
Mike Brown, DOIM, 410-278-2268  
Debbie Pole, DOIM, 410-278-2605  
Deana Boyd, ATC, 410-278-9186  
Debra Dempsey, CPAC, 410-278-7148  
Patricia Reeves, SBC-COM, 410-436-2917

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### Deadline for all-Army boxing, wrestling registration approaches

*Courtesy of Army News Service*

Soldiers interested in applying for Morale, Welfare, and Recreation all-Army boxing and wrestling trial camps must submit applications to their installation sports offices by Nov. 5. Women are also encouraged to apply for both sports.

For women boxers, the weight classes range from 95-pound featherweights to the 201-pound super heavyweights.

Weight classes for women wrestlers range from 101.25 pounds to 165 pounds. Although there has never been an Armed Forces Wrestling championship for women, women from the Marine Corps have wrestled in the national championships.

Female soldiers will participate in both boxing and wrestling as long as they have an opponent in their weight class from one of the other services. Since the number of slots available for women is yet to be determined, all

interested women should submit an application.

The All-Army Boxing Trial Camp is scheduled for Jan. 4 to Feb. 10, 2002, at Fort Huachuca, Ariz. The Army box-off will be held Jan. 22 to 25. The All-Army Wrestling Trial Camp will be held Feb. 4 to Mar. 27, 2002, with the Army championships set for Mar. 1 to 2.

Interested soldiers must submit a Department of the Army Form 4762-R, Athlete’s Application, through their installation sports offices. Details are available from local MWR sports directors.

Soldiers’ participation is contingent upon their commanders’ approval and release. The Army sports program is a Morale, Welfare and Recreation activity of the U.S. Army Community and Family Support Center.

*(Editor’s note: This story was submitted by the U.S. Army Community and Family Support Center Public Affairs Office.)*

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# Community Notes

## FRIDAY OCTOBER 12 COUNTRY HOE DOWN

The Harford County Country/Western Dance Association, a non-profit organization, sponsors country western dancing each Friday at the American Legion located on Parke Street, Aberdeen. Dancing will be held 7:30 to 11:30 p.m. The instructor will announce lessons. Everyone is welcome. Cost of admission is \$10 and includes draft beer, soda, chips and pretzels. For more information, call 410-272-8318.

## SATURDAY OCTOBER 13 PACT GOES TO PUMPKIN PATCH

Parents and Children Together is organizing a trip to Lohr's Orchard to visit the pumpkin patch. The hayrides are free but you must pay for the pumpkin you pick.

We will depart from the Aberdeen Area Chapel parking lot at 9:30 a.m.

For additional information, contact Diana Hayes, PACT coordinator, 410-278-7474/7478.

## RETIREE APPRECIATION DAY

The Aberdeen Proving Ground Retiree Council will sponsor Retiree Appreciation Day, 8 a.m. to noon, at the Aberdeen Area Recreation Center, building 3326. The guest speaker is retired Maj. Gen. Richard D. Murray, president, National Association for Uniformed Services. Command officials will address attendees and installation activity representatives will be available to field questions. Lunch will be served in the installation dining facility, building 4503, following the presentations. Cost is \$3.25 per person. Reservations must be made by calling retired Col. Charles Shadle, 410-663-9263 or retired Command Sgt. Maj Barry Decker, 410-306-1153.

The APG Military Retiree Council is currently looking for interested retirees to join. Input from retirees is important to improve installation support in planning programs for active duty and retired personnel and their families. The council meets three or four times a year. For more information, call Shadle, 410-663-9263 or Decker, 410-306-1153.

## DELTA CARDIFF HOLDS HERITAGE FESTIVAL

The Fifth Annual Delta Cardiff Heritage Festival will be held from 9 a.m. to 5 p.m. on Main Street and Pendyrus Street, Delta, Pa., at the Peach Bottom Community Center and the Rehoboth Welsh Chapel. The theme for this year's festival is "Saluting our Service Men and Women, Honoring our Civilians." Admission to the festival is a non-perishable food, personal care or household item (commercially packaged foods, soups, toothpaste, toothbrushes, detergent, shampoo, etc.). All admission proceeds will be donated to the Mason-Dixon Food Locker.

Activities include breakfast at Trinity AME Zion Church, located across the street from Rehoboth Welsh Chapel; demonstrations of slate splitting and welsh dancing; various singing groups; and exhibits by local organizations, churches and businesses, games, face painting, a petting zoo, a silent auction and more. The Old Line Museum also will have a large display.

No alcoholic beverages or weapons are allowed on the premises for this event. For more information, call Don and Ruth Ann Robinson, 717-456-7124, Nancy L. Smith, 717-456-5580, or David Glenn, 717-862-3538.

## WEDNESDAY OCTOBER 17 VFW LADIES AUXILIARY MEETING

The Ladies Auxiliary to the Veterans of Foreign Wars of the United States, Department of Maryland, will hold a meeting at 7 p.m., to plan the 2002 National President's Homecoming. The meeting will be held at the Aberdeen Memorial VFW #10028, behind Aberdeen Wal-Mart. Anyone who is a member of the Veterans of Foreign Wars or the Ladies Auxiliary, Department of Maryland, may attend.

## THURSDAY OCTOBER 18 DINNERTO HONOR KOREAN VETERANS

The Korean War Commemoration Committee is holding a dinner honoring living and deceased Korean War veterans at 6 p.m. at the Richlin Ballroom, I-95 and Route 24 in Edgewood. Maj. Gen. Jin Ha Hwang, Republic of Korea military attaché, will present ROK service medals. The guest speaker will be retired Air Force Maj. Gen. Nels Running. Music will be provided by the 389th Army Band (AMC's Own). Tickets cost \$27 per person and should be purchased by Oct. 15. Make checks payable to Town of Bel Air, and send to 39 Hickory Avenue, Bel Air, MD 21014.

For more information, contact Ray Astor at 410-939-1369 or Blair Cross at 410-893-8145.

## SATURDAY OCTOBER 20 POTOMAC MILLS MALL SHOPPING TRIP

The Civilian Welfare Fund is sponsoring a bus trip to Potomac Mills Mall in Virginia. The mall features 220 stores, offering discounts up to 70 percent on favorite name brand merchandise, a 15-theater movie cinema, 25 eateries and several restaurants. Get a head start on holiday shopping. The price is \$20 per person for charter bus transportation. For more information or to make reservations, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

## WOMEN'S SEMINAR

Walk of Faith Ministries is presenting a one-day Women's Seminar with Cheryl Torain of Baltimore, and recording choir "Russell Delegation," 9 a.m. to 4 p.m., at Havre de Grace High School Auditorium.

Donations are \$10 in advance and \$15 at the door. Proceeds will go to the Sexual Assault Resource Center of Harford County. For more information or to register, call 410-272-7944, 410-272-6583 or 410-676-0981.

## SUNDAY OCTOBER 21 "WALK ON THE WILD SIDE"

The Upper Chesapeake Chorus of Sweet Adelines International will present its annual show, "Walk on the Wild Side," a musical safari, at 3 p.m. The concert will be performed at St. Mary Magdalen Mission of St. Margaret, on Route 22 in Bel Air.

Tickets are \$10 per person or \$8 for students and seniors. To purchase tickets in advance or for more information, call Fran at 410/575-7602 or Vicki at 410/529-3012.

## FRIDAY OCTOBER 26 COUNTRY HOE DOWN

The Harford County Country/Western Dance Association, a non-profit organization, sponsors country western dancing each Friday at the American Legion located on Parke Street in Aberdeen. Dancing will be held 7:30 to 11:30 p.m. The instructor will announce lessons. Everyone is welcome. Cost of admission is \$10 and includes draft beer, soda, chips and pretzels. For more information, call 410-272-8318.

## SATURDAY NOVEMBER 3 WACVA MONTHLY MEETING

The Women's Army Corps Veterans Association Maryland Free State Chapter #70 will meet 10 a.m. at the Aberdeen Senior Citizen Center. All women who have served or are serving in the Women's Army Auxiliary Corps, Women's Army Corps, Regular Army, Army Reserve, Army National Guard and Army Nurse Corps are welcome to attend. Also welcome, as associate members, are women of the Navy, Marines, Air Force and Coast Guard. For more information about the association, contact Wanda Story, 410-272-5040

## FRIDAY NOVEMBER 16 CWF SPONSORSTRIPTO 3 LITTLE BAKERS

The Civilian Welfare Fund is sponsoring a bus trip to the Three Little Bakers Dinner Theater to see the annual Christmas Show. The price is \$45 per person, which includes dinner, the show, and charter bus transportation. The bus will depart at 4:30 p.m.

## SATURDAY NOVEMBER 24 CWF SPONSORSTRIPTO RADIO CITY MUSIC HALL

The CWF is sponsoring a holiday bus trip to the Radio City Music Hall Christmas Show, on Broadway, in New York City. There will be time for shopping and lunch before the show. The price is \$99 per person, which includes the show, and charter bus transportation. The bus will depart at 7 a.m.

For reservations or more information, call Angela Keithley or Jacqueline McKeever, 410-278-4603/4771.

## SATURDAY FEBRUARY 9 to 16 ABERDEEN LIONS PLAN VALENTINE CRUISE

The Aberdeen Lions Club is sponsoring a seven-night Valentine cruise to the Western Caribbean in 2002. The public is invited to join the Lions on the newest Norwegian Cruise ship. "Norwegian Sun," from Miami to Georgetown, Grand Caymen; Roatan, Bay Islands; Belize City, Belize; and Cozumel, Mexico. Snorkel on the longest barrier reef in the Western Hemisphere, swim with dolphins or stingrays, or just relax on the ship.

The package includes complimentary round-trip transfers from Aberdeen to Baltimore-Washington International Airport, round-trip air from BWI to Miami, all meals and entertainment, all port charges and taxes, and a pre-cruise get-together. Call now and receive a \$50 shipboard credit per stateroom. Enjoy a romantic Valentine cruise while helping the Aberdeen Lions Club raise funds for their community service activities.

For information, call Lions club members Joyce or Ron Landbeck, 410-272-5649. For reservations, call Accent-on-Travel, 1-800-848-3273.

## MWR UPDATE

Edgewood Arts & Crafts is a Morale, Welfare Recreation facility and is open to active and retired military, civilians, and contractors working on Aberdeen Proving Ground and their dependents. We are located in building E-4440 next to the military police station near the troop store. Hours of operation are Thursday, 1 to 9 p.m., Friday and Saturday, 9 a.m. to 5 p.m. For more information call 410-436-2153 during listed hours.

### Ceramics class

A basic ceramics class will be held Oct. 13, Nov. 10 and Dec. 8, 10 a.m. to 1 p.m. This class teaches the basics of mold pouring, glazing, and painting. Cost is \$7 plus supplies.

### Porcelain Dolls

A porcelain doll class will be held Nov 1, 8 and 15, 5:30 to 8 p.m. Cost will be \$30 plus supplies. Class participants will make a Sugar Britches doll, a great gift for friends or family. Class size is limited and pre registration is required. This is a progressive class so participants should plan on attending all three sessions.

### Woodshop Orientation

The woodshop will hold a safety orientation Nov. 3 and Dec 1, 9:30 to 10:30 a.m. The cost is a \$3 user fee. This class is required in order to use the woodshop.

### Stained Glass

A beginning stained glass class will be held Nov. 17 and Dec. 15, 9:30 a.m. to 1:30 p.m. Students will make a simple suncatcher using the copper foil method. Cost is \$25 and includes supplies.

### Framing Class

A beginning matting and framing class will be held Nov. 29, 5:30 to 9:00 p.m. Students must bring an 8 inch by 10 inch picture to class to frame. Register in advance, because class size is limited. Cost is \$15 plus supplies.

**Cross stitch thread and books are on sale for 10 cents each.**

## MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50  
Building 3245 Aberdeen Boulevard

### SUMMER CATCH

Friday, Oct. 12, 7 p.m.  
Saturday, Oct. 13, 9 p.m.  
Starring: Freddie Prinze Jr.,  
Jessica Biel



Tenley, a wealthy girl on a summer vacation with her parents on Cape Cod, falls for a local boy from a working class family - Ryan, a pitcher for Boston College who dreams of becoming a big time baseball star. (Rated PG-13)



### BUBBLE BOY (FREE ADMISSION)

Saturday, Oct. 13, 1 p.m. and 7 p.m.  
Starring: Jake Gyllenhaal,  
Marley Shelton

A young man who has lived his whole life in a bubble decides to venture out into the world when he finds out that his childhood sweetheart is engaged to another man. He builds a portable bubble and sets forth to get to her before her wedding at Niagara Falls. (Rated PG-13)

## LIBRARY BOOK CORNER

The Aberdeen Proving Ground Garrison Library has home safety books for National Fire Prevention Week.

**Home Safety and Security** by the editors of TimeLife books

**Home Safe Home** by Helen Maxwell



**Home Security** by James A. Hufnagel

**Inspecting a House** by Rex Cauldwell



**Inspecting a House: A Guide for Buyers, Owners, and Renovators** by Alan Carson

The Aberdeen Proving Ground Garrison Library has new audio books for your listening pleasure. Come by and check them out.

**Traitor to Memory** by Elizabeth George

**Warrior Class** by Dale Brown

**Up and Comer**, by Howard Roughtan



**Secret Sanction** by Brian Haig

**Seduction by Design** by Sandra Brown

**Rise to Rebellion** by Jeff Shaara

**Pearl Harbor** by Randall Wallace

**Night at the Vulcan** by Ngaio Marsh

**Hollywood Wives, The New Generation** by Jackie Collins

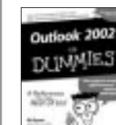


Operating hours of the Aberdeen Area Library are Saturday and Sunday, 1 to 5 p.m., Monday, Wednesday and Thursday 11:30 a.m. to 6:30 p.m. Operating hours of the Edgewood Area Library are Tuesday 11:30 a.m. to 6:30 p.m. and Friday 11:30 a.m. to 5:30 p.m.

## OC&S LIBRARY

The Ordnance Center and Schools Library is located in the basement of building 3071. Hours are Monday and Thursday, noon to 5 p.m., Tuesday and Wednesday, noon to 7 p.m., and Friday, noon to 4 p.m.

**Barron's Profiles of American Colleges - 24th edition**, compiled by the College Div. Of Barron's Educational Series



**Outlook 2002 for Dummies** by Bill Dyszel

**Quick Fixes - Windows 2000** by Jim Boyce

**Office XP - For Dummies** by Wallace Wang

**The Greatest Generation Speaks, Letters and Reflections** by Tom Brokaw

**Special Edition - Using Microsoft Outlook 2002** by Gordon Padwick

**Commercial and Institutional Maintenance Management** by Kenneth Petrocelli

**Foundations of Time Series Analysis and Prediction Theory** by Mohsen Pourahmadi

**The Chiefs of Staff, United States Army: On Leadership and the Profession of Arms** by Generals Edward C. Meyer, John A. Wickham, Carl E. Vuono, Gordon R. Sullivan and Dennis J. Reimer

**Physicians' Desk Reference Companion Guide** by the Medical Economics Company









# Dealing with stress after trauma

The following tips were compiled from a variety of sources by a team of Army and Defense Department mental-health professionals who deployed in the wake of the Sept. 11 terrorist attack on the Pentagon to assist survivors, military rescue workers, and their families.

## Normal Recovery

After experiencing a stressful or traumatic event, it takes time for our minds, bodies, and spirits to adjust and rebalance. This is normal and expected. This document details some tips to help you — as an individual, parent, and/or leader — to make this adjustment.

## Things to try

Get plenty of rest. Strenuous physical exercise, alternated with relaxation, will alleviate some of the physical reactions.

You're NORMAL and having NORMAL reactions — don't label yourself as "crazy!" Talk to people. Talk is a most healthy medicine.

Be wary of numbing the pain with the overuse of drugs or alcohol.

Reach out; people do care. Maintain as normal a schedule as possible.

Spend time with others. Help your co-workers as much as possible by sharing feelings and checking out how they're doing.

Give yourself permission to feel rotten and share your feelings with others.

Keep a journal; write your way through those sleepless hours.

Do things that feel good to you! Realize those around you are also under stress.

Do make as many daily decisions as possible. This will give you a feeling of control over your life (i.e., if

someone asks you if you want to eat, answer them even if you're not sure.).

Reoccurring thoughts, dreams or flashbacks are NORMAL — don't try to fight them — they'll decrease over time and become less painful.

Eat well-balanced and regular meals (even if you don't feel like eating).

Structure your time — keep busy.

## Stress management for parents

Traumatic events require special attention to communicating with children and adolescents. Physical safety and security takes priority.

Your response to the disaster is the single biggest factor affecting your child's response; therefore, it is helpful to discuss your own reactions with another adult before talking with your children.

Discuss the event in an open honest manner with your children, but also realize that children are not adults and should not be burdened with everything you are feeling. Children may want to talk about the event intermittently, and younger children might need concrete information to be repeated.

Be available for your child.

Limit the exposure to television or other sources on information about the disaster and its victims. Engage your child in conversation of their choosing—not necessarily about their feelings or the scene. Talking about the normal events of life is central to health.

Maintain daily routines to the extent possible. For children, school is an important part of feeling safe and normal.

Increase your child's sense of control and mastery within the household — let him or her plan dinner or the

evening's activities.

Every child has a different way of responding to trauma. It is not advisable to require the same response of everyone. Listen to your child's stories.

Now is not the time to introduce new routines. Familiar schedules and bedtime stories can be reassuring.

Reassure your children that the disaster was not their fault in any way.

Older children and adolescents may feel "stirred up." Help them understand their behavior; setting limits can help.

Some children may respond by returning to old behaviors, such as a loss of toilet training, or inability to fall asleep alone. These should be tolerated and understood.

Help your child moderate the extent to which they personalize or identify with the victims or the situation. Provide concrete information to your child about how s/he differs from the people in the accident to decrease over-identifying with the victims.

Remind your children that they are safe and with you.

## For leaders and supervisors

Take care of yourself (or you will not be helpful to your subordinates).

Listen carefully.

Spend time with the person.

Offer your assistance and listening ear, even if they don't ask for help.

Reassure them that they are safe.

Give them some private time.

Don't take their anger or other feelings personally.

Don't tell them that they are "lucky it wasn't worse." (They may not be consoled by those statements: it will make them feel guilty for feeling what they feel.) Instead, tell them

that you are sorry such an event has occurred and that you want to understand and assist them.

Don't feel like you have to have all the answers or know exactly what to do. Just being there shows them that you care. (It is okay to ask them what they would like for you to do).

## Signs of stress

• Physical signs include:

Fatigue  
Nausea  
Muscle tremors  
Twitches  
Chest pain  
Difficulty breathing  
Elevated blood pressure  
Rapid heart rate  
Thirst  
Headaches  
Visual difficulties  
Vomiting  
Grinding teeth  
Weakness  
Dizziness  
Profuse sweating  
Chills  
Shock symptoms  
Fainting

• Cognitive/mental signs include:

Blaming someone  
Confusion  
Poor attention  
Poor decisions  
Change in alertness  
Poor concentration  
Memory problems  
Hypervigilance  
Nightmares  
Intrusive images  
Poor problem solving  
Poor abstract thinking  
Difficulty identifying familiar objects or people  
Increased or decreased awareness of surroundings

Loss of orientation to time, place, or person

Disturbed thinking

• Emotional signs include:

Anxiety  
Guilt  
Grief  
Denial  
Severe pain (rare)  
Emotional shock  
Fear  
Uncertainty  
Loss of emotional control  
Depression  
Inappropriate emotional response  
Apprehension  
Feeling overwhelmed  
Intense anger  
Irritability  
Agitation

• Behavioral signs include:

Change in activity  
Withdrawal  
Suspiciousness  
Alcohol consumption  
Inability to rest  
Anti-social acts  
Pacing  
Change in speech patterns  
Emotional outbursts  
Loss or increase of appetite  
Hyper-alert to environment  
Startle reflex intensified  
Erratic movements  
Change in sexual functioning  
Non-specific bodily complaints  
Change in usual communication

These are all normal responses to abnormal events. If they continue however, this can be a problem.

## Eat right, feel right in stressful times

By Sgt. Ed Passino

Army News Service

First came denial, then the shock, as television sets played and replayed the gruesome terrorist acts Sept. 11. For servicemembers and military family members, it was more than just watching. It was a sudden attack on our lives and everything America stands for — freedom, democracy, hot apple pie, red, white and blue, Ford pick ups, '57 Chevys, baseball, space exploration, Harley Davidsons, Converse sneakers, sunsets, and Budweiser beer.

As we sit here as a country, in the aftermath we face reality — the daunting task of picking ourselves up and dusting ourselves off. We face the horror of the unknown — what next?

We sit worried, jumpy, short-fused, impatient, scared, hungry, troubled, tearful, victimized, alone. We are stressed and depressed.

Stress brings with it the ugly face of reduced feelings of security, self-worth and accomplishment. It also brings health problems like heart disease, and weight issues related to unhealthy eating.

Some people gain weight, while others lose weight. Point blank, stress is not good for the body or soul.

But there are ways to battle stress. I am reminded of the serenity prayer, "God, grant me the courage to change things I can change, the serenity to accept the things I can't change, and the wisdom to know the difference."

For some, stress comes at us with increased workloads, longer travel times, and shorter periods of self and family time.

Yet the rut of stacking too much on our work plates must not affect what is placed on our breakfast, lunch and dinner plates. That, to an extent, we control.

Studies show stress resistance can be enhanced by regular exercise and a diet rich in a variety of vegetables, fruit and whole grains. Our bodies are apt to fight

stress better when we take the time to prepare and fuel it with well-balanced meals.

For the average person this means 5 to 6 percent of your daily intake of calories should come from carbohydrates, no more than 25 percent from fat and 15 percent from protein.

*Our bodies are apt to fight stress better when we take the time to prepare and fuel it with well-balanced meals.*

- Sgt. Ed Passino

Carbs are the energy source for our bodies, without enough of them we don't function like we should. If at all possible, these carbs should be primarily from vegetables, then fruits and lastly unrefined whole grains.

These higher-complex carbohydrates (which are burned more slowly by the body) release glucose (sugar) into the bloodstream at a more efficient pace.

Examples of these include broccoli, grapefruit, brown rice, apples, baked beans, oatmeal, multi-grain and whole-wheat breads. Some indicators of not getting enough carbs are sudden, continuous headaches, the inability to concentrate, longer recovery time from strenuous physical activities, dizzy spells and a sudden lack of energy.

Fats should represent no more than 25 percent of total calorie intake. The key to this is having the fats come from monounsaturated oils such as olive oil.

Another good fat to consume is omega-3 fatty acids. These are present in most types of fish, nuts and flax seeds.

Many recent diet books and magazines claim protein should have a more pre-

dominant role in a person's diet than carbs. This concept is based on the benefits protein and amino acids provide muscles. But for the average person having 15 to 2 percent of your diet consist of protein is a good start.

Good sources of protein include lean meat such as grilled chicken, turkey breast, lean cuts of beef and fish. For vegetarians, protein alternatives include beans, soy products and supplement replacement meals like Slim Fast, Ensure, or protein drinks.

Healthy eating guidelines regarding carbs, fat and protein consumption to fight stress include:

Unless you still live in the 16th century there are things called refrigerators, coolers, freezers and dozens of other gadgets to keep things hot, warm and cold. Not to mention, Tupperware, Glad, and others have invented just as many container sizes to maintain freshness.

Eating healthy begins at the grocery store, not at the local burger or pizza joint. Avoid highly processed and junk foods.

In the end, as we sit here and battle the stress of today's tragic happenings, we can at least fuel our bodies with the right nutrients to help withstand the events to come.

Remember what you eat is important because it supplies your body with nutrients and fuel for muscle activity. The better prepared we are to eat more consistently and timely, the better success we'll have in the long run.

Although healthy eating and exercise cannot bring back our fellow Americans, it can provide us benefits that will last us throughout our own personal lifetimes.

(Editor's note: Sgt. Edward Passino, a staff writer for the Fort Belvoir Eagle, interviewed personnel at the DeWitt Army Community Hospital's nutrition care section for this article.)

## OPSEC critical everyday, everywhere

Courtesy of Military.com

Due to the heightened state of security resulting from the Sept. 11 terrorist attacks and this week's strikes on Afghanistan, servicemembers are being reminded of the importance of operational security, or OPSEC, which is a key component of anti-terrorism and force protection. Servicemembers who need to discuss critical information should use a secure telephone.

Government telephones are subject to monitoring at all times. Cell phones, while extremely convenient, are one of the easiest means of communication to monitor. No critical information should be discussed on a cell phone.

Everyone has a role in OPSEC, including family members. Information such as the cancellation of leave or work schedules can provide the adversary with another piece of the overall puzzle he's trying to piece together.

## Operation Dear Abby 2001 addresses listed

Courtesy of Military.com

Mailing addresses for the 2001 holiday season "Operation DEAR ABBY" have been announced by the Military Postal Service Agency. This year, this mail is being targeted to Fleet Mail Centers and U.S. Military Aerial Mail Terminals overseas, instead of to specific units or countries, to ensure that the mail is evenly distributed to all services across the board.

Operation DEAR ABBY is a goodwill effort begun 17 years ago by nationally syndicated columnist Abigail Van Buren to bring holiday cheer to the men and women of the U.S. armed forces. Through her column she solicits patriotic Americans to send cards and letters to our servicemembers stationed overseas. To ensure the mail is received within the required time window and falls within Department of Defense security guidelines, the mail will be limited to first class letter mail, 13 ounces or less only.

There are two Fleet Mail Center addresses for Operation DEAR ABBY Mail this year. These addresses will accept Operation DEAR ABBY mail from Nov. 15, to Jan. 15..

The two Fleet Mail Center addresses are: Any Servicemember,

OPERATION DEAR ABBY, FPO AE 09646 (Mediterranean Basin); and Any Servicemember, OPERATION DEAR ABBY, FPO AP 96385 (Pacific Basin).

## Commissaries ready to support Guard, Reserve families

Courtesy of Military.com

National Guard and reserve members called to active duty are prepared to make sacrifices in their lifestyle. One aspect of their quality of life will be improved when it comes to putting food on the table at home.

"We want to make sure the families of Guard and reserve members are well cared for in this stressful time," said Air Force Maj. Gen. Robert J. Courter Jr., director of the Defense Commissary Agency. "Normally Guard and reserve members can shop the commissary 24 days per year as

part of their benefits, but when called to active duty their commissary privileges are unlimited. We want to make sure they know the benefit is here for them."

The commissary is ranked as one of the top non-pay benefits in the military. An average savings of 30 percent on the total grocery basket means a family of four can save \$2,300 or more per year by shopping regularly at their commissary. Guard/reserve and their authorized dependents activated for under 30 days must show a valid ID and a copy of the active duty

orders, but the Commissary Privilege Card (CPC) does not have to be shown or stamped.

Guard/reserve personnel ordered to more than 30 days active duty are issued active duty ID cards, which automatically carry unlimited commissary privileges during the period of active duty.

For information on Guard and reserve commissary privilege, the DeCA Web site has a special information page: [http://www.commissaries.com/guard\\_reserve.htm](http://www.commissaries.com/guard_reserve.htm).

## Food and nutrition Web sites

The following food and nutrition Web sites are courtesy of the U. S. Army Medical Command Public Affairs Office.

Food information gateway: [www.consumer.gov/food.htm](http://www.consumer.gov/food.htm) -- Consumer information on food from the federal government is listed.

Interactive healthy eating index: [www.usda.gov/cnpp](http://www.usda.gov/cnpp) -- Provides a quick assessment of the quality of your diet, including nutrition information targeted to your specific score.

Food Safety: Gov: [www.foodsafety.gov](http://www.foodsafety.gov) -- This is

the gateway to government food safety information.

Nutrition Navigator: <http://navigator.tufts.edu/> -- This site is a rating guide to nutrition Web sites.

Center for Food Safety and Applied Nutrition: <http://vm.cfsan.fda.gov/list.html> -- Food and nutrition information from the U.S. Food and Drug Administration is provided.

Recommended Dietary Allowances: <http://www.nal.usda.gov/afnic/dga/rda.html> -- Information is provided from the National

Academy of Sciences.

Local Farmers Markets: [www.ams.usda.gov/farmers-markets/map.htm](http://www.ams.usda.gov/farmers-markets/map.htm) -- Click on your state to find a local farmers market.

Dietary Guidelines for Americans: [www.health.gov/dietaryguidelines](http://www.health.gov/dietaryguidelines) -- Online access to the fifth edition of Nutrition & Your Health: Dietary Guidelines for Americans, a joint publication of the U.S. Departments of Health & Human Services and Agriculture.

# Hispanic heritage highlighted at APG celebrations



*Sujapa Ghosh, a biologist with the U.S. Army Environmental Center, takes a closer look at collectibles from Panama in the conference center annex during the Hispanic Heritage Month observance.*

Photo by YVONNE JOHNSON

*Right, striking artwork and bright-colored garments make up the Mexican display.*



*Col. Gennady Platoff, deputy commander, U.S. Army Medical Research Institute of Chemical Defense, does the cha-cha with Aberdeen High School senior Jennifer Aguayo, 17, president of the Spanish Honor Society, and one of several members of the school's Hispanic Dance Group that performed at the Hispanic Heritage Month observance on Oct. 4 at the Edgewood Area Conference Center.*



*A colorful fan, Flamenco dolls and a collectible Matador Barbie decorate the Spanish display.*



## Hispanic observance highlights diversity among cultures

**By Yvonne Johnson**  
APG News

Promoting an atmosphere of awareness, the organizers of Aberdeen Proving Ground's Hispanic Heritage Month observance put together a unique program that not only told, but taught about the diverse nationalities that make up the nations' Hispanic Americans.

Hosted by the U.S. Army Medical Research Institute of Chemical Defense, the program, held in the Edgewood Area Conference Center, included an interactive workshop led by Yolanda Maldonado-Echevarria, Department of the Army director of the Hispanic Employment Program.

A dance session led by the Aberdeen High School Hispanic Dance Group and food samplings catered by Café Manet highlighted the theme of "Paving the way for Future Generations."

Maldonado-Echevarria also provided optional career counseling sessions for interested individuals.

Maj. Gen. John C. Doesburg, commander of APG and the U.S. Army Soldier and Biological Chemical Command, said the need for such programs in a diverse society "goes back to the principles formed by our founding fathers."

"You must have a vision of where you want to go and it must be far-reaching and tough to achieve," Doesburg said. "The only way to make that vision a reality is to understand everyone in our nation - who we are and where we came from."

He encouraged the audience to participate in the workshop and to take advantage of the career counseling sessions offered by Maldonado-

Echevarria.

"Take the time to speak with an expert in the field," he said. "Take advantage of this opportunity to be better than what we are today."

During the workshop, Maldonado-Echevarria took listeners on a journey through Hispanic history, beginning with surname origins and the history of the word "Hispanic" which she said originated during the 1980 Census when the word "Latino" was deemed "unacceptable."

"It left too many nationalities out," she said adding that, nations of Hispanic heritage include 20 different countries.

The four major groups of Hispanic ancestry in the U.S. include Mexicans, Puerto Ricans, Cubans and South/Central Americans, she added.

Each group's characteristics and lineage have come to affect American demographics.

She noted that all cultures have different customs, traditions, languages and tastes in food and music.

"A taco to me is the heel of a shoe," she said, alluding to the word's actual meaning. "To others, it's a funnel cake."

She noted that the 2000 Census cited increases in every category of the Hispanic-American population making it the fastest growing ethnic group in America with an overall increase of more than 30 million since 1994.

After the workshop, the dancers, led by Spanish teacher Diann Stormer, performed the cha-cha, Merengue and tango, then taught the dances to volunteers from the audience.

Diners enjoyed a Hispanic buffet provided by Café Manet as they were serenaded by

members of the 389th Army Band (AMC's Own) led by 1st Sgt. Enrique Alcaraz-Lopez.

Along with the audience, workshop participants included Col. Mardi U. Mark, APG garrison and deputy installation commander, Col. Edward Newing, SBCCOM chief of staff, and Col. Gennady Platoff, MRICD.

Mark presented commemorative plaques to Maldonado-Echevarria and the Aberdeen High School dancers for their participation in the program.

Platoff called the program "critical to the Hispanic-American community."

"We hope all ethnic observances continue along these lines," Platoff said. "There is a definite need to be recognized, as we are all part of America's melting pot."

Maldonado-Echevarria, a former APG garrison Equal Employment Opportunity counselor, said the workshop concept was used "to help people understand where we came from."

"I thought we went a long way toward clarifying cultural diversity," she said.

The program's organizers included Cindy Sepulveda, APG garrison EEO; Joanne Holloway, MRICD; Nellie Duprey, U.S. Army Aberdeen Test Center and the APG Hispanic Employment Program Committee. Hispanic-American Heritage Month runs from Sept. 15 to Oct. 15.

Hispanic-American ancestry evolved from the following countries:

Argentina, Bolivia, Chile, Colombia, Costa Rica, Cuba, Dominican Republic, Ecuador, El Salvador, Guatemala, Honduras, Mexico, Nicaragua, Panama, Paraguay, Peru, Puerto Rico, Spain, Uruguay, and Venezuela.

# CHPPM celebration urges accepting differences

**By Sheila Little**  
APG News

"Recognize the inherent worth and dignity of each person. Accept one another. That way we can build a world community of liberty and justice for all." Juan D. Lopez, chief of staff of the Office of the Federal Environmental Executive

The contributions of millions of Hispanic-Americans were recognized Sept. 27, at an event sponsored by the U.S. Army Center for Health Promotion and Preventive Medicine, and held at the Edgewood Area Conference Center annex.

Arranged by the CHPPM Hispanic employment committee chaired by Eleonor Gordon, a CHPPM physical scientist technician, the title of the presentation was 'Paving the way for Future Generations,' and featured a speaker of Hispanic heritage along with music, food and displays from a variety of Hispanic nations.

Brig Gen. Lester Martinez-Lopez, commander of CHPPM and a native of Puerto Rico, gave opening remarks highlighting one of the reasons that America is recognized world wide as a great nation. Although the focus of the day's celebration was the contributions of those of Hispanic heritage, Martinez said that people from all countries of the world have something of worth to add to the melting pot of the United States.

"The strength of this country results from the contributions of those from different countries, working together," he said. "We celebrate diversity. Everyone contributes a piece of what we are as a people."

Erica Martinez, a local entertainer, invited the audience to join in as she sang the national anthem, followed by two songs performed in Spanish.

Guest speaker Juan D. Lopez, chief of staff of the Office of the Federal Environmental Executive, asked questions and included his audience in digging for answers about Hispanics, rather than peppering the group with facts.

Born in Cuba, the Bel Air resident has lived in Spain and Puerto Rico, where he received undergraduate degrees in chemistry and chemical engineering. Recruited as a federal employee, Lopez was assigned to Aberdeen Proving Ground for 13 years and received a master's

degree in environmental science from Johns Hopkins University before being assigned to Washington.

Lopez, who said he was recruited as part of an affirmative action program in 1983, said dedication and results have helped him achieve his current position.

"I define success as when hard work meets opportunity," he said.

Emphasizing reaching out and getting along, Lopez suggested everyone try to learn from those of different backgrounds.

"The reason we hate is because we have fear," he said.

Quoting scripture, Lopez noted, "Perfect love casts out fear." He added, "You cannot love what you don't know."

He said celebrations in which we recognize the contributions of people who are different from us are designed to "break that barrier of fear."

"Recognize the inherent worth and dignity of each person. Accept one another. That way we can build a world community of liberty and justice for all," Lopez said.

After the program the audience was treated to Hispanic delicacies from around the world, including an appetizer of guava paste over Puerto Rican-style cheese, fried plantain, an entree which included chicken-flavored rice, cheese and meat filled empanadas or small fried pies, and yucca fritters. Desserts included dulce de leche, which is a milk-based dessert, coconut custard, and flan, a pie topped with caramel.

While munching on the complimentary foods, guests visited with their co-workers, watched a video on the Hispanic culture, and took in displays of Hispanic-style clothing, dolls, knickknacks and food products from some of the estimated 20 Spanish-speaking nations around the world.

Gordon said those she talked to felt the program was successful in providing the opportunity for a greater understanding of the cultural differences and the meaningful contributions of Hispanics.

Lynn Boyd, a chemist who attended the program, said she enjoyed everything about the program, which gave her the opportunity to recall her six years of high school and college Spanish classes. Boyd said the CHPPM program pointed out differences, but emphasized

what can be accomplished when those who are different choose to learn from each other and work together.

Boyd noted that much of the program committee was comprised of Directorate of Laboratory Sciences personnel who took on additional duty hours in the wake of the terrorist action just two weeks prior to the program.

"In light of all they were doing in support of the Pentagon mission, I was just in awe that

they were able to pull it off," she said.

Gordon said that she was proud of the program committee members' commitment, team work and camaraderie.

"They did a great job, especially when you consider that since the Sept. 11 terrorist action, many committee members were also working overtime at night and on weekends in support of a mission on the grounds of the Pentagon," she said. "I'm really proud of them."



Erica Martinez delivers a song in Spanish during U.S. Army Center for Health Promotion and Preventive Medicine's celebration of Hispanic heritage.

Photo by SHEILA LITTLE



Photo by YVONNE JOHNSON

From left, Capt. Alyson Hagan, KUSAHC; Navy Petty Officer 2nd Class Lissett Santiago and Master Sgt. Michael Wild, USUHS, and Spc. William Reeves, 3rd Infantry Division (Old Guard), pass the Edgewood Area Troop Medical Clinic enroute to completing the German-American Day road march. All qualified for the German Troop Duty Proficiency Badge.

# 2 x21 apg fcu

## MDW servicemembers march on APG

By Yvonne Johnson  
APG News

They knew it would leave them blistered and sore but they did it anyway.

More than 150 servicemembers from Aberdeen Proving Ground and the Military District of Washington stepped up to the challenge of the annual German-American Day Road March held in the Edgewood Area Oct. 4.

Participating units included the 3rd Infantry Division (Old Guard) from Fort Myer, Va., medical students from the Uniformed Services University Health Sciences, or USUHS, at Bethesda Naval Hospital, and soldiers from APG's U.S. Army Garrison; U.S. Army Center for Health Promotion and Preventive Medicine; U.S. Army Medical Research Institute for Chemical Defense; Kirk U.S. Army Health Clinic and the 520th Theater Army Medical Laboratory.

Sponsored by the German Armed Forces Command, United States and Canada, the march is one of seven events required to earn the German Troop Duty Proficiency Badge.

Spc. Tony John, MRICD, and U.S. Navy Lt. Cdr. Ken Whitwell, CHPPM, coordinated the march, which was held on APG for the first time.

John and Whitwell are graduates of the German Armed Forces Command's Train-the-Trainer course, which authorizes them to set up and supervise events on APG for local competitors.

John credited Staff Sgt. Ray Stull, 3rd Infantry Division, with providing essential elements for the march's success.

"The Old Guard provided all of our logistical support, including bottled water and fresh fruit for the marchers," John said. "We couldn't have held it without them."

He also credited local coordinators who included Whitwell, Staff Sgt. Jonathan Muniz, 520th Theater Army Medical Laboratory; Spc. Bryon Pieper, KUSAHC, and Lt. Erick Stone, Directorate of Law Enforcement and Security.

German Army Lt. Mirko Boehm led a detachment of German soldiers who oversaw registration and validated time cards as the marchers came in.

Boehm said the march was put together in only 10 days after being cancelled by his command in the wake of the Sept. 11 terrorist attacks.

"We thought it unwise to have it so soon after the tragedy so we put it on hold," Boehm said.

After urging from John and others who offered to hold the march within the secure confines of APG, the command reconsidered and authorized the event he added.

"APG and the Old Guard have worked hard to present this service for so many who were so close to earning their badges," Boehm added. "They should be commended for their efforts."

Also a train-the-trainer graduate, Stull said the march was the final step for 75 of the 90 Old Guard participants.

"Over 200 have tested this year and 175 of them will receive their badges," Stull said adding that in his two years as a trainer he has seen more than 1,000 people tested.

He noted that most of the unit had been on duty guarding the Pentagon since the Sept. 11 attack.

"They were glad to get the opportunity to come here and finish what they started," he said.

The march consists of an 18 to 30 kilometer trek, with a 25-pound ruck-sack. Starting at Hoyle Gym, marchers circled the post, including the airfield and Exton's Golf Course, before heading back to the gym under the daunting heat that dominated the day.

Many came back blistered and sore but pleased with their achievement.

"It feels wonderful," said Lt. Col. Brian Lukey, MRICD, about finishing a 25-kilometer trek in three hours, 35 minutes.

He said he "pretty much ran the last lap" encouraged by the sight of the shade and refreshments awaiting him.

Capt. Alyson Hagan, KUSAHC, agreed the march was the most grueling of the required events, which include track and field, weapons qualification and swimming.

"I kept a steady pace the whole way but it feels good to be over," Hagan said.

Pvt. 1st Class Joshua Brooks, 3rd Infantry Division said he started with a group then took off on his own.

"I felt like I needed to set my own pace," Brooks said adding that completing such a course requires "mental toughness as well as physical endurance."

"I just kept telling myself that if others can do it, then so can I," he added.

Capt. Scott Newkirk, CHPPM company commander, who completed the 25-kilometer course agreed, adding that it "helps to keep pace with a partner."

"It's physically challenging but totally satisfying when you're done," he said.

Whitwell said those APG servicemembers interested in competing for the German Troop Duty Proficiency Badge should contact their unit representative.

"We start over again in November and end with the road march in April," Whitwell said. "We'd like to get all APG soldiers and sailors involved in this worthwhile competition."

Photo by JOYCE COVERT



Katie Treadway, a youth membership assistant at the Aberdeen Proving Ground Federal Credit Union, conducts a youth session on money management at the Child Care Center on post.

## APGFCU wins Harford Award

By Joyce Covert  
APGFCU

The Aberdeen Proving Ground Federal Credit Union was named winner of the Harford Award for 2001 at a recognition ceremony Sept. 25.

Sponsored by Harford County's government Chamber of Commerce and Community College, this honor is given to companies that exemplify a strong commitment to Harford County communities.

Commenting on this recognition, president and chief executive officer Don Lewis said, "Our credit union's cooperative spirit has created a strong link with the communities we serve. We have forged relationships at every level with a diverse family of members. When we say "People Helping People," we take it far

beyond the effective delivery of financial services. Our chairman, David Gilbert, and I both acknowledge that the Harford Award is a tribute to the directors, volunteers, members, and employees who have helped us make this proud journey."

APGFCU has been a strong business presence in the community for 63 years focusing on its membership and dedicated to the community it serves.

Originally established in 1938 to serve the Department of Defense membership working at Aberdeen Proving Ground, APGFCU continues to serve the needs of its military community.

APGFCU supports the APG Service Members of the Year program, Retiree Day, financial management seminars for enrolled advanced individual training soldiers and curriculum development for the post libraries and provides sponsorship of

Morale, Welfare and Recreation and selected post events.

Companies receiving the Harford Award are measured in several key areas including creative business strategies, support of private/public education, business growth, increased employment and sensitivity to the environment.

In a year hailing "The Community We Serve," it is fitting that APGFCU is applauded for successes in areas like the support of private and public education, creative business strategies and sensitivity to the environment.

APGFCU, a not-for-profit member owned cooperative, has served the Harford and Cecil county communities for over 60 years and has locations in Aberdeen, Abingdon, APG, Bel Air, Edgewood, Elkton, and Havre de Grace.