

POST SHORTS

Recycling schedule

The recycling pickup for Wednesday, Jan. 31, is plastic, glass and metal. Put items in blue bags and place them on the curb.

APG "Volunteer of the Year" nominations

Nominations are being accepted until Feb. 21 for the annual APG "Volunteer of the Year" award.

Nomination packets may be picked up at Army Community Service, building 2754, Aberdeen Area library, building 3320, Edgewood Area library, building E-4405 and building 324, first floor. Nominations should include all volunteer service on or for the APG community between Jan. 1 and Dec. 31. Nominations must be addressed to Alice Surette, Installation Volunteer Coordinator, and received in building 324, first floor, by Feb. 21 to be considered.

Awards will be presented to the most outstanding military, retiree, civilian, family member and youth volunteer at the post-wide Volunteer Recognition Ceremony and Reception on April 26 at 7 p.m. at Top of the Bay. Everyone is invited to attend this free annual event to recognize exemplary achievement in volunteer service at APG.

For more information on how you can recognize your very special volunteer, call 410-278-5469.

NCOA Dining Out

The Noncommissioned Officer Academy, NCOA will hold its 1st Annual Anniversary Dining Out on Jan. 26 at the Comfort Inn's Richlin Ballroom in Edgewood. The program will honor past NCOA commandants from 1987 to present. Tickets cost \$25. For information, contact Sgt. 1st Class Jeffrey Butz at 410-278-5090, DSN 298-5090.

MCSC offers scholarships

The Aberdeen Area Military and Civilian Spouses Club is currently accepting applications for scholarship money. Applicants must be spouses or children of military members (active duty, retired, or

See SHORTS, page 2

ISSUE HIGHLIGHTS

Page 4:

APG inventors take on challenges and assist neighbors

Page 5

Community Action Council meeting highlights

Page 6

Winter blues and depression

Page 7

Community Notes

Page 11

Sports and fitness

Page 12

Military.com offers travel deals for military



Photo by YVONNE JOHNSON

After 28 years outside in the elements, a fully-restored French Renault R-35 light tank sits on display inside the Ordnance Museum. The model, known as the Hedgehog, was manufactured from 1935-1940. The vehicle bears French and Italian markings because it was captured and re-employed by the Italian Army after the fall of France in 1940. Its markings were researched, identified and applied by Ordnance Museum historians.

Ordnance Museum restoration underway

By Yvonne Johnson
APG News

In what once was an abandoned school building on Aberdeen Proving Ground, a group of men are working to bring about a historical change.

The men are contractors with Engineering Documentation Systems, Inc., a company that has taken on the slow and tedious task of restoring the more than 240 armored vehicles, tanks and artillery pieces that make up the collection of military ordnance on the grounds of the U. S. Army Ordnance Museum and along Maryland Boulevard's Tank Row.

Under the guidance of museum director, Dr. William F. Atwater, every item in the 25-acre Tank Park that borders the museum, will be stripped, drained, repainted and re-marked. Atwater said environmental concerns led to the restoration project.

"We are trying to prevent a problem," Atwater said. "We have been identified as a potential polluter because our pieces have lead

See RESTORATION, page 3



Photo by LAMONT HARBISON

Technician Charley Barr removes out-of-date wiring in preparation for the new telecommunications equipment installed Jan. 4.

Telephone upgrade in progress at APG

By Sheila Little
APG News

In a continuing effort to upgrade the 1985-era telecommunications on Aberdeen Proving Ground, approximately half of the 15,000 telephone numbers were converted to a new switch on Jan. 4.

Damage suffered at APG during Hurricane Floyd in September of 1999 highlighted the need for a better quality communications system on post.

Brig. Gen. Dean R. Ertwine, commander of the U.S. Army Developmental Test Command, initiated the effort by contacting the Project Manager for Defense Communications Switched Systems at Fort Monmouth, New Jersey.

"When I saw the damage Hurricane Floyd could cause to an installation's communications

system," said Ertwine, "I knew we had to do something to get this project funded."

By highlighting the damage to the aging analog system, Ertwine was able to move APG higher on the priority list for telephone upgrades.

Ultimately, \$2.5 million was provided for the upgrade which will become available June 30.

The upgrade consists of seven additional communication networks, adding 20,000 feet of cable to the existing cable mainframe, installing a new power source and over 15,000 connections required for incoming and outgoing calls. These changes will provide increased telephone line capacity, enhanced reception and improved quality of transmission.

Additional work scheduled to

See PHONE LINE, page 6

New APG regulation covers use and navigation of post's waters

New rules governing the use and navigation of the post's waters are now in force at Aberdeen Proving Ground. The regulations, which will have an impact on commercial fishers and crabbers, went into effect Jan. 1.

According to Special Agent W. F. Armstrong, Directorate of Law Enforcement and Security, Marine and Wildlife Law Enforcement Division, the new APG Regulation 210-10, "Use and Navigation of Restricted Waters of Aberdeen Proving Ground and Control of Commercial Fishing and Crabbing," applies to everyone who uses APG's waters, and the changes in the new regulation are significant - especially for those conducting commercial fishing operations here.

"The waters of the Chesapeake Bay surrounding Aberdeen Proving Ground fall within the special maritime jurisdiction of the United States," Armstrong said. "Our primary concerns are the safety of those individuals using our waters and the protection of the natural resources found here."

"One of the more important changes in the regulation involves the mandatory reporting of the commercial catch in APG waters," he said. "It is essential for us to know the extent of the commercial fishery and the impact the industry is having on our natural resources."

The new regulation also simplifies the APG Commercial Fishing Permit fee structure.

"The previous fee was determined by the types of equipment and methods being used in the commercial fishing activity," Armstrong said. "It could be confusing and sometimes necessitated the commercial fisherman making several trips to APG in order to obtain the correct permit. We simplified the process and eliminated the different categories, creating one \$50 annual permit, which applies to all types of commercial fishing."

Armstrong also explained some of the measures the post is taking to

See FISHING, page 12

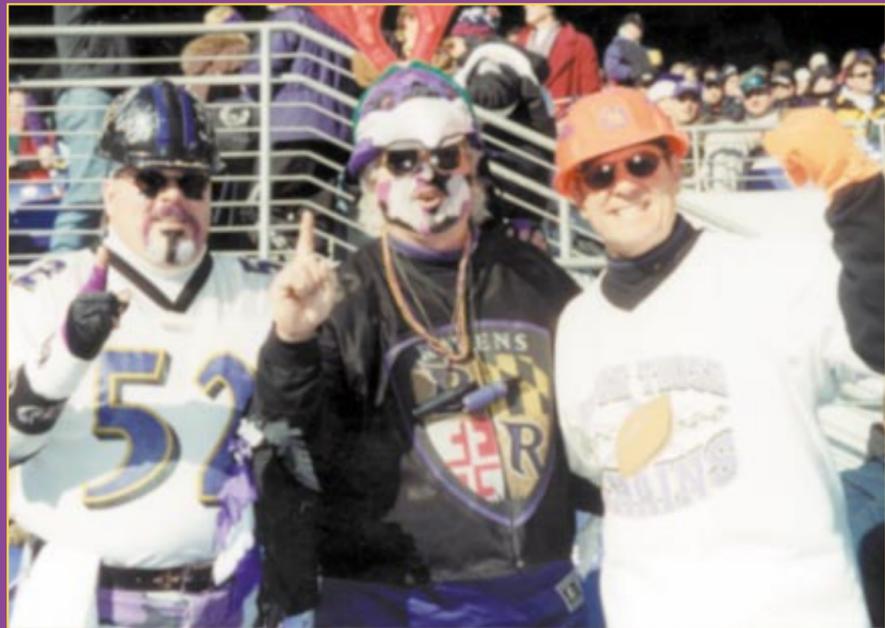


Photo by NEAL SNYDER

Ultimate Ravens Fans

Matt "Fan Man" Andrews, center, of the U.S. Army Environmental Center, celebrates a Baltimore Ravens victory on Jan. 14 with "Big Larry" Norwood, left, and Gil "Chain Gang" Sadler. Norwood, Andrews and Sadler were the Ravens Ultimate Fans for 2001, 2000, and 1999 respectively. See story on page 11.

POST SHORTS

SHORTS, from front page

reserve).

Applications are available on Aberdeen Proving Ground at the Post Office, Library, Thrift Shop, and Education Center. They are also available at Harford Community College and local high schools.

The deadline for application is March 15.

For more information, contact Tannia Ross at 410-297-4972.

61st Ordnance Brigade prayer breakfast

The 61st Ordnance Brigade is hosting a prayer breakfast at 6 a.m. Jan. 31 at Top of the Bay. Guest speaker will be Chaplain (Col.) Scott McChrystal from the U.S. Military Academy at West Point, N.Y., and music by the 389th Army Band's Brass Quintet and NECPOC Gospel Choir.

Tickets are \$5, available through sergeants major in the 61st, 16th and 143rd brigade and battalions. For more information call 410-278-2994 or 9313.

Disney on Ice

The Aberdeen Area Youth Center has joined the Edgewood Area Youth Center in organizing a trip to the Baltimore Arena on Saturday, Feb. 10, to see Disney on Ice Presents: Snow White and the Seven Dwarfs. The cost of \$17 per member includes admission and transportation. The bus will depart the AA Youth Center at 10 a.m. to return at 3 p.m. The bus will depart the EA Youth Center, Building E-1902, at 10:15 a.m. to return at 3 p.m. There are a limited number of tickets available to be sold on a first-come, first-served basis. In the Aberdeen Area, contact Donna Woodards, 410-306-4507. In the Edgewood Area, contact Cardelia Lee at the Edgewood Area Youth Center, 410-436-2862 or 2098.

Learn the dangers of a high risk lifestyle

Does your personality and lifestyle leave you at high risk for ill health, injury, debt, family problems or even an early demise?

To learn more, the Employee Assistance Program is sponsoring a lunchtime four-week series, which includes classes on high-risk life styles, financial planning, performance nutrition and parenting.

Classes will be conducted from 12 to 1 p.m. on Feb. 6, 13, 20, and 27 at the Army Community Service, building 2754, located behind the Housing Office. Classes in Edgewood will be held at the Chapel on Feb. 15, 22 and Mar. 1 and 8 from 12 to 1 p.m. Bring a brown bag lunch.

For more information, call Paul Papp or Emmanuel John at 410-278-7474/5319.

Black History Month Luncheon

The U.S. Army Medical Research Institute of Chemical Defense is sponsoring a Black Employment Program to celebrate Black History Month on Feb. 21 at Top of the Bay. Lunch is scheduled to begin at 11:30 a.m. Tickets cost \$9 and must be purchased in advance before Feb. 14, by contacting Helen Wells at 410-436-2455, Carleen Jackson at 410-436-2463, or Darlene Johnson at 410-436-2461.

Valentine salutes hospitalized veterans

The USO of Metropolitan Washington and the Veterans Affairs Medical Center will present the "World's Longest Valentine" to hospitalized veterans on Wednesday, Feb. 14, 1:30 p.m. The "Miles of Smiles" ceremony will be held in conjunction with the National Salute to Hospitalized Veterans Week at the VAMC, Washington.

The Washington Redskins Dance Team will perform, and after the ceremony, will visit the hospital wards to hand out portions of the card along with donated candies and flowers. Everyone is invited to participate in the creation of the Valentine for this heartwarming event.

For more information on the Valentine, call the USO-Metro Programs Office at 703-696-3297. For more information about how you can participate in the VAMC program, call Dewayne Vaughn, 202-745-8692.

Raffle tickets available for "Americana" Quilt

The Military and Civilian Spouses Club of APG is sponsoring a quilt raffle. The quilt is a queen size "Americana" quilt made by members of the MCSC. Raffle tickets are \$1 each or six tickets for \$5, and may be purchased at the Thrift Shop or by calling Diane Wilson, 410-297-8508. Drawing will be March 14. Proceeds to benefit morale and welfare funds.

Curtailed of furnishings turn-in

Due to the curtailed service at the Single Stock Fund Turn-In Section

until Feb. 15, the Furnishings Management Branch will not accept turn-ins from units until the first week of February. For more information contact Carol Lamp at 410-278-4655.

Family child care training offered

Family Child Care training will be held during the week of Feb. 12 in building 2752. Interviews will be held on Feb. 6 and 7. Applicants who are interested in providing home-based child care, especially in the Edgewood Area, are encouraged to apply. Being a professionally-trained provider in a warm home environment offers many benefits: extra cash, self employment, free training in a marketable profession, transferable credit to Army installations world wide, free use of lending library, free referrals by Central Registry; free monthly newsletter; free workshops (nutrition, health, child development, safety, CPR, taxes), participation in the National CDA credential program; and participation in the USDA food program. For details, call Gail Smith (AA), 410-278-7477/8720 or Kathy Reese (EA), 410-436-2692/3355.

Restoration Advisory Board meets Jan. 25

The Installation Restoration Program will hold its monthly Restoration Advisory Board meeting on Thursday, Jan. 25, 7 to 9:45 p.m. at the Edgewood Senior Center on Gateway Road. The topic will be the J-Field Study Area. Board meetings are open to the public; all APG employees and citizens are invited. For more information, call the information line at 410-272-8842 or 1-800-274-9998.

Tutors available at Aberdeen Area Youth Center

Wendy Haslup is available for tutoring every Tuesday and Thursday from 6 to 8 p.m. at the Aberdeen Youth Center. Call her there Monday through Friday to set up an appointment, 410-278-4995 or 410-278-9061. For more information about the tutoring program and other activities, contact the Aberdeen Youth Center at 410-278-4995.

Thrift Savings Plan Open Season

Thrift Savings Plan is open for changes to enrollment until Jan. 31. During the open enrollment period employees may elect to enroll in TSP or change their current TSP deduction. TSP Open Season Update Pamphlets will be distributed to agency administrative offices upon receipt in the Civilian Personnel Advisory Center.

Employees must now contact the Army Benefits Center-Civilian (ABC-C) to make an open season change. Enrollment form TSP-1 can no longer be completed or processed by the CPAC. Employees may call the ABC-C at 1-877-276-9287 or access the website at www.abc.army.mil to enroll in TSP or make a change.

Employees who wish to change the way their TSP account balance is currently invested must request a TSP Interfund Transfer. Interfund transfers can be made up to once a month by calling the ThriftLine at 504-255-8777 or by completing a TSP-30, Interfund Transfer Request, available on the TSP website, www.tsp.gov. The TSP website includes current TSP information, forms and publications.

Eliminating mustard agent at APG

Get answers about how the Army is safely eliminating the mustard agent stockpile stored at Aberdeen Proving Ground. Call or visit the Edgewood Chemical Stockpile Outreach Office located in the Woodbridge Station Shopping Center, 1011B Woodbridge Center Way, Edgewood, 410-676-6800. The office is open Monday through Friday, 8:30 a.m. to 5 p.m. Current information is also available at www.pmc.dapgea.army.mil

Kirk will help you kick butts

Four one-hour tobacco cessation classes will be held on Thursdays from 12 to 1 p.m. Feb. 1, 8, 15, and 22 in the Preventive Medicine Conference room (room A-12), Kirk U.S. Army Health Clinic. All military beneficiaries are eligible to attend.

Four two-hour evening classes will be held from 7 to 9 p.m. Feb. 6, 13, 20, and 27.

For more information and to register for the first class, call Preventive Medicine at 410-278-1964.

Preregistration is required because class size is limited. Classes will be offered monthly.

SBCCOM volunteer team seeking members

The U.S. Army Soldier and Biological Chemical Command Volunteers for Medical Engineering team is seeking individuals interested in participating in team activities in 2001.

In its third year of operation, a new member orientation is scheduled

for Feb. 1 at 4 p.m. in the Berger Lab Auditorium (building E3549). Membership is open to anyone who wants a chance to 'give back' to the elderly and disabled in the Harford and Cecil County communities.

The team projects require a wide variety of skills. In particular, the team is looking for anyone who wants a chance to demonstrate his or her ability to manage a project from start to finish and demonstrate a 'can-do' attitude.

The main VME office in Baltimore requires only a first year face-to-face orientation and \$10 fee for liability insurance. For subsequent years, participants need only pay the \$10 for liability insurance coverage and watch a short reorientation video.

Volunteer participation looks great on a resume.

Contact Bob Coen at 410-436-8213 or email rcoen@sbccom.apgea.army.mil to reserve a place on the team.

To learn more about the VME team, visit web site <http://www.sbc.com.apgea.army.mil/RDA/vme/vme.htm>

KUSAHC healthy eating course offered

Kirk will help you develop healthy-eating habits during a two-hour session to be conducted 6:30 to 8:30 p.m. on Feb. 15. A health and wellness counselor will cover reading food labels, the food pyramid, food proportions, and diet and exercise as related to weight loss. Training will be conducted in the Preventive Medicine Conference room (room A-12), Kirk U.S. Army Health Clinic. All TRICARE beneficiaries are eligible. For more information and to schedule for the first class, call 410-278-1964.

Register now for UMUC spring courses

Registration is now taking place for the University of Maryland University College Spring 2001 semester, which begins Jan. 27. On-site classes offered at Aberdeen Proving Ground include Business Management (BMGT) 392, International Business Management; Communication (COMM) 390, Writing for Managers; and Information Systems Management (IFSM) 300, Information Systems in Organizations. Many additional classes are available through the instructional television and distance education formats.

For further assistance or to register, visit the APG office of UMUC in Building 3146, or call 410-272-8269 and 410-278-4632.

NCO Induction Ceremony

Kirk U.S. Army Health Clinic will be holding its Noncommissioned Officer Induction Ceremony on Feb. 1 at 10 a.m. with guest speaker Command Sgt. Maj. Ronald Stallings. Call Staff Sgt. George Torbert, 410-278-1765 or 1784 for reservations.

Annual service member recognition luncheon

The 2001 Aberdeen Proving Ground Service Members' Recognition Luncheon will be held Wednesday, Feb. 7, 1:30 p.m. at the Four Points Sheraton Hotel in Aberdeen. Post and local organizations will honor APG's Army, Marine and Air Force Noncommissioned Officer of the Year, Instructor, Marine and Soldier of the year; U.S. Army Drill Sergeant of the Year.

The price is \$13.50 due by Feb. 1 to 1st Sgt. Clarence Ward in building 4125. Make checks payable to Four Points Sheraton Hotel. For more information, contact Sgt. Ward at 410-278-3000.

5th annual Contract Challenge Competition

The Upper Chesapeake Chapter of the National Contract Management Association is sponsoring the 5th annual "Contract Challenge" competition with a buffet lunch beginning at 11:30 a.m. on Feb. 14 at the Heron Room of the Gunpowder Club in the Edgewood Area.

Cost is \$9 per person. Match wits with your colleagues and friends answering questions concerning the latest trends in and enduring principles of acquisition and contract management.

For this year's Valentine's Day competition the women have challenged the men for a friendly battle of the sexes. The game will include a "kiss and tell" feature and a few other surprises. Come in red and root for your favorite team. If you wish to register for the buffet lunch, call or e-mail Diane Spear, 410-436-7344, or diane.spear@sbccom.apgea.army.mil on or before Feb. 12.

You may simply attend and bypass the buffet, but you will miss a chance for a special door prize. "Continuous Learning: Contract Challenge" has been designed to be a learning experience. This event is estimated to provide at least one contact hour of learning for DAWIA continuous learning points.

APG News

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM-P, APG, MD 21005-5005, 410-278-1150. Printed circulation is 13,500.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

Editorial content is prepared, edited and approved by the APG Public Affairs Office. The APG News is printed by Homestead Publishing Company, a private firm in no way connected with the Department of the Army, under exclusive written contract with APG. The civilian printer is responsible for commercial advertising. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of the Army or Homestead Publishing Company of the products or services advertised.

For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 324, Second Floor, AMSSB-GIM-P, APG, MD 21005-5005; call the editor at 410-278-1150, DSN 298-1150; fax it to 410-278-2570; or e-mail it to editor@apg.army.mil. Deadline for copy is Thursday at noon for the following Thursday's paper.

STAFF

APG Commander	Maj. Gen. John C. Doesburg
Acting Public Affairs Officer	George P. Mercer
Acting Editor	Pat McClung
Editorial Assistants	Marguerite Towson
	Lynn Witkowski
Staff Writer	Pat McClung
Contract Photojournalists	Yvonne Johnson
	Sheila Little
Graphic Designer	Diane Burrier



Photo by YVONNE JOHNSON

Command Sgt. Maj. Carlos Estronza, left, presents the SBCCOM Commander's Coin to Tech. Sgt. Mark Gegenbach, the U.S. Air Force Noncommissioned Officer of the Year during the 2000 Service Member of the Year Recognition Luncheon at the Four Points Sheraton in Aberdeen. Also shown are Marine NCO of the Year, Sgt. Andrew Antenoracruz, and Marine of the Year, Lance Cpl. Yvonne Flores.

APG's best will again be honored during the 2001 luncheon on Feb. 7, 1:30 p.m. at the Four Points Sheraton. Join post and community leaders in honoring U.S. Army, U.S. Marine Corps and Air Force NCOs of the Year, Marine, soldier and airman of the year, Army and Air Force instructors of the year and the Army Drill Sergeant of the Year. The price is \$13.50 due Feb. 1 to 1st Sgt. Clarence Ward in building 4125. Make checks payable to Four Points Sheraton Hotel. For more information, contact Ward at 410-278-3000.

Ordnance museum pieces undergo restoration



Photo by YVONNE JOHNSON

Contractors with Engineering/Documentation Systems, Inc., attach towing chains to a Mk.X M 1920 4.7-inch 13-ton self-propelled artillery piece for transport into a paint bay. The 1920 gun is sitting on individual track dollies, designed by EDSI workers to aid in transporting the museum's delicate items through the restoration process. From left are Joe Wheeler, Jerry Kendrick, EDSI program manager, and Tim Jordan. Not shown, supporting the rear of the artillery piece, are Jeff Jordan and Willie Brown.

RESTORATION, from front page
base paints, fuel in the tanks, and radium-coated dials. In compliance with environmental regulations, those are things we have to clean up."

Patricia McCloskey, a Cultural Resource specialist with the Safety and Environmental Office explained that the potential hazard was realized five years ago.

"The Directorate of Safety, Health and Environment informed us of a possible problem in August of 1994 during the annual storm water survey," McCloskey said. "We won't have a problem as long as we act now."

Precautions have already been taken to ensure that no soil contamination has occurred as of yet. Fifty-five cubic yards of soil were removed from the museum grounds for analysis and the tank parks' 25 acres were analyzed grid-by-grid and found to be clear of contaminants.

"Now comes the hard part," said Atwater.

It was determined that in order to meet environmental standards, every piece of equipment would have to be stripped of all paint, and drained of all fluids. They would then have to be re-lubricated and repainted. That is where EDSI comes in.

One by one ordnance pieces are being taken to the restoration site operated by EDSI that has been designated that task. Frank Bochnowicz, a contract officer representative whose job is to ensure that all restoration methods comply with safety and environ-

mental standards, supervises the site.

"A lot of regulations are involved here," said Bochnowicz. We have to clear everything we do down to the type of paint we use."

Assistant program manager, Willie Brown explained that the restoration process is painstakingly slow and meticulous.

"We take photos of every step of the process, down to every nut and bolt that's removed or replaced," said Brown. "We detail every action by sketching, measuring and recording in a daily log book exactly what was done."

First, they tried removing the paint using baking soda as a blast medium.

"The problem with that," said Atwater, "is that it raised the Ph level in the water we were recovering. Because of the Ph level, the water had to be treated as hazardous waste. Now we use water as a blaster. It's cheaper and more environment-friendly."

In a booth inside the site, vehicles, tanks and artillery, pieces are subjected to water blasts pressurized at 42,000 pounds per square inch, PSI, that remove the paint down to base metal.

Atwater explained that the plodding, methodical process will produce a standard operating procedure other museums can learn from.

"What we're undertaking has never been done on this scale before," Atwater continued. "We're really writing the doctrine as we go along."

Re-painting the items may be the simplest thing to accomplish in the restoration process.

The Ordnance Museum has maintained samples of the exact colors, shades and markings that went on most of the vehicles and munitions in the collection.

"We have Russian green, British desert, Japanese brown, and a shade of German black that actually changes colors depending on the environment, said Atwater. With the restoration of original colors and markings, the collection will regain the look of authenticity it lacked prior to the restoration process.

"The only problem is the process is expensive," said Atwater.

The final phase to the restoration plan is even more ambitious than the current one. The Ordnance Museum foundation

hopes to raise enough funds to build an addition to the present building that will be large enough to house the entire ordnance collection; approximately 300,000 thousand square feet.

"This entire collection is worth in excess of \$500 million dollars," Atwater declared. "Some of these items are absolutely unique. Federal laws say you have to preserve them. Why put them back outside again after all that?"

McCloskey estimates the entire project will take eight to ten years to complete. She and Atwater agreed that the environmental concerns that led them to where they are now, would remain a top priority.

"We want to avoid any possibility that we might damage Mother Nature," Atwater said. "Myself and my entire staff live in and around this area."

"There is no precedent to what we are doing," McCloskey explained. "So we will proceed with caution.

Our goal is to accomplish this restoration in an environmentally safe and friendly way and to share our experiences with other organizations."

APG inventors take on challenges and assist neighbors

By Sheila Little

APG News

If you like the idea of making a difference by using your time and expertise to enrich the lives of others, Volunteers for Medical Engineering is looking for you.

A local team consisting of individuals from various backgrounds, including scientists, engineers and medical personnel, has scheduled a new member orientation for those interested in helping neighbors with motor difficulties.

VME, organized in 1982 by a Westinghouse engineer, focuses on improving the independence of individuals with disabilities and the elderly, through modifying existing devices or designing new ones.

Headquartered in Baltimore, the organization has several branch locations throughout the state of Maryland. APG is home to some of the organization's active members.

U.S. Army Soldier and Biological Chemical Command employee Robert Coen became involved with VME in the fall of 1998. After attending a one-day seminar entitled Inventor for the Day, sponsored by VME in Baltimore, Coen became a member and organized a local team based in the Edgewood Area's Berger Building. Currently comprised of scientists, engineers, and medical personnel from SBCCOM and the Center for Health Promotion and Preventive Medicine, an additional group of Army Research Laboratory employees also operates on the installation.

Currently the Edgewood Area team is looking to expand their ranks and fields of expertise.

"We have mechanical engineers, chemical engineers, some physical therapists, and those who work in computer-aided engineering," Coen said. "What we would like to do is expand our team to provide expertise in additional areas, including people with electrical skills and all kinds of medical backgrounds."

"What makes us unique is the fact that we act as our own Client Service Team," Coen said. He said that acting as a CST, volunteers visit the client and custom design and build the item to match the individual client's need.

"Most other members of VME have different people visit the client, and others do the work," he said.

Coen added that the team welcomes employees from all tenants to join.

"In particular, we're looking for anyone who wants a chance to take the lead and demonstrate their ability to manage an effort from start to finish."

The group receives a project idea, and those who wish to participate work with the client and other interested VME members to meet the challenge.

"Participants who volunteer for a project get the chance to demonstrate their persuasiveness, innovation, and emotional intelligence," Coen said, adding that the appreciation that comes from area clients is an added bonus.

Katie Meyers, a 10th grade student at Fallston High School, received the team's wheelchair backpack invention, which consists of a front-mounted tray and backpack combination. Previously having to rely on others to get her materials for her, Katie can now press a button to move books, papers and pencils within easy reach.

Judy Meyers said her daughter's new backpack took some time to design, but worked out great.



Photo by CONRAD JOHNSON

SBCCOM employees and VME members Mark Schlein, kneeling, and Peter Schlitzkus make adjustments to the team's backpack tabletop invention for Fallston High School sophomore Katie Meyers, 16.

"We take so many things for granted, but for Katie, not having to rely on others to get her class supplies was such a gift," she said. "For her, this was a really big step."

"The volunteers were very careful, making sure they addressed safety issues and gearing it to Katie's abilities," Meyers said. "The result is just wonderful."

Since organizing a little over two years ago, the group has designed and delivered nine completed projects, supported by SBCCOM Commander Maj. Gen. John C. Doesburg, Coen said.

Current team members are CHPPM employees Steve Chervak, Sean McDonald and Sean Nay, SBCCOM employees John Call, John Carpin, Bob Coen, Mindy Rupp Daugherty, Ron Hinkle, Joe Machinski, Jeff Matthews, Ed Meseke, Robert A. Miller, Connie Riley, Peter Schlitzkus, Randy Young, and retired SBCCOM employee Robert Morrison.

SBCCOM's VME partners include the Harford County School System, the ARC of Harford County, Harford County Commission on Disabilities, and Maryland Chapter of the National Multiple Sclerosis Society.

Members of the APG community are encouraged to participate as volunteers or to refer potential clients to the VME Team..

For those interested in joining VME, a new member orientation is scheduled for Feb. 1, 4 p.m., in the Berger Laboratory Auditorium, building E-3549. For more information call Bob Coen at 410-436-8213.

Command, tenant, and neighborhood reps discuss plans and post issues

By Sheila Little
APG News

The Community Action Council met in the main conference room of APG Garrison headquarters at 9 a.m. on Jan. 11. Col. Robert J. Spidel, garrison commander and deputy installation commander, presided over the meeting covering health information, business news, and special events planned for APG.

Health issues

Jan Spellman, patient advocate for Kirk U. S. Army Health Clinic, announced that females wishing appointments in the new Women's Wellness Clinic should call 410-278-1800. Healthy eating classes are being offered through the Preventive Medicine Clinic from Jan. 18 through Feb. 15. Call the clinic, 410-278-1964, for more information.

Spellman announced that those over 65 who were previously dropped from TRICARE when they reached that age, are now eligible to participate in TRICARE coverage if they have proof of Medicare Part B coverage. Those who wish to participate, but are not sure if they are enrolled in Part B, can check their status by calling the Social Security Administration, 1-800-772-1213. Proof of enrollment in Medicare Part B is to be hand-carried to room 161, the Defense Enrollment Eligibility Reporting System Office, in building 4305, the Military Personnel building. The building faces APG sports fields on Susquehanna Avenue, behind the commissary. Coverage begins later this year.

Staff Sgt. Robert Conway, non-commissioned officer in charge of the Immunization Clinic, said Kirk has enough influenza vaccine for those awaiting a dose. Troops should be vaccinated or scheduled for vaccination by Jan. 23. After that date, all dependent and retiree KUSAHC beneficiaries over the age of 18 can stop by

the clinic for a flu shot. Those under age 18 must go through Pediatrics.

Department of the Army civilians can stop by the Occupational Health clinics in both Edgewood and Aberdeen areas, for their inoculations from 1:30 to 3 p.m. on Jan. 24, 25, or 29. In the Aberdeen Area, Occupational Health is located on the third floor of KUSAHC, building 2501. In the Edgewood Area, Occupational Health is located in building E4110, the Edgewood Area Health Clinic.

Lt. Col. Michael Garvin, dental clinic commander, noted a change was made in the leave and earnings statement for dental insurance. Dental insurance was previously listed as a payroll deduction. Beginning at the end of January, the insurance will appear

as an allotment. He assured attendees that although the billing is different there is no lapse in coverage.

Shopping

Steve Bielefeldt, manager of the local Army and Air Force Exchange, said the main exchange will be open during annual inventory on Monday, Jan. 29.

Bielefeldt also said a barber and a dry cleaner drop-off are now located in building 4311, the former phone center building. Both establishments are operating under the limited weekday hours of 4 to 7 p.m. A sandwich shop is planned to join the barber shop and dry cleaner in the future.

The Edgewood Area Shoppette has changed hours of operation to more closely reflect the desires of the community. New weekday hours, which began Jan. 16, are

6:30 a.m. to 7:30 p.m. Previous hours of operation reflected a half hour later in opening and closing times.

Richard Nornhold, manager of the commissary, reminded attendees of the \$1,500 scholarship available to qualified high school seniors and college students. Students must be a dependent of a qualified commissary patron. One scholarship will be awarded through the APG store. Applications, which must be returned by Feb. 15, are available at the commissary office or can be downloaded at www.commissaries.com.

Special events

Addressing upcoming events, Roy Ballinger, director of the

See CAC MEETING page 12

'Winter blues' may affect soldiers, families

By Patricia Simoes
Army News Service

WASHINGTON (Jan. 8) - People who feel depressed only in the winter may have a Seasonal Affective Disorder known as winter depression or winter blues.

"SAD is a layman term used to describe what psychologists diagnose as major depressive episodes that present with a seasonal pattern," said Maj. Novella C. Williams, chief of adult behavioral health at Walter Reed Army Medical Center.

"In most cases the depression begins in fall or winter and remits in the spring."

Symptoms of SAD include excessive eating and sleeping, craving for sugary and/or starchy foods and lack of energy, Williams said.

"The best way of dealing with the winter blues is to promote awareness among soldiers," Williams said. "People must understand the importance of staying active during the winter."

She recommends "getting out and doing things that bring joy." People should maintain their workout routines, be outdoors and enjoy as much daylight as they can, and have normal social activities, she said.

SAD may be linked to the shortness of the days and the lack of light during the winter, Williams said. She added it's especially prevalent in Alaska and areas with short winter daylight hours.

"Depression is definitely an issue here," said Col. Victor C. Bell, a psychologist at the Bassett Army Community Hospital at Fort Wainwright, Alaska. The long nights, cold weather, small houses and lack of shopping malls affects the mood of soldiers and their families, he said.

Some medical experts have linked melatonin, a sleep-related hormone, to SAD. This hormone, which may cause symptoms of depression, is produced at increased levels in the dark, so people feel depressed when the days are shorter and darker, according to the National Mental Health Association.

The most common treatment for SAD is phototherapy or bright light therapy, which has been shown to suppress the brain's secretion of melatonin, according to the National Mental Health Association. There are two light therapy devices at Fort Wainwright. Although there have been no research findings to definitely link this therapy with an anti-depressant effect, many people respond to this treatment, according to the association. If phototherapy doesn't work or if it's not available, an anti-depressant drug may reduce or eliminate the symptoms, Bell said.

About 5 percent of the American population may have winter depression, and another 10 to 20 percent may have a mild



case of the depression, according to the American Academy of Family Physicians. In the United States, SAD is more common the farther north one goes. For instance, SAD is seven times more common in the state of Washington than in Florida,

according to the academy.

SAD is more common in women and in people in their 20s and 30s, but it's unclear if the statistic is meaningful, Williams said. The term SAD can also be used for recurrent summer depressive episodes, Williams said, but

it's more commonly used for episodes associated with the beginning of the fall and/or winter season.

Link to original news item:<http://www.dtic.mil/armylink/news/Jan2001/a20010109sad.html>

APG upgrades telephone system

PHONE LINES , from front page

be completed by April 30 includes removal of all old GTE telephone system equipment and transfer to the APG Garrison Salvage Yard.

Directorate of Information Management telecommunications specialist and project manager for the upgrade, Preston N. Smith, said similar work is planned for the Edgewood Area.

"A switch upgrade for the Edgewood Area is scheduled to begin this month, and be completed by the end of July.

"Some enhanced features could include caller ID, call waiting, and a maximum 48-port conference call bridge," said Smith. "Once completed, the new system upgrade will provide the latest communications system software for both the Aberdeen and Edgewood areas."

Customers requesting upgraded services should contact their telephone control officer.

Community Notes

FRIDAY JANUARY 26

COUNTRY DANCING

Country western dancing, sponsored by the Harford County Country/Western Dance Association, will be held at American Legion Post 128, Parke Street, Aberdeen. Dancing will be held from 7:30 to 11:30 p.m. Everyone is welcome to attend. Cost is \$10 and includes draft beer, soda, chips and pretzels. For more information contact Joy Eichholtz, publicity chairman, at 410-272-8318.

THURSDAY FEBRUARY 1 "1001 BLACK INVENTIONS" AT HCC

Washington's Pin Point Theater will perform "1001 Black Inventions" at Harford Community College's Chesapeake Theater at 7 p.m. Providing a look at the amazing lives of black men and women whose genius impacts our daily lives, it is presented in cooperation with GEAR-UP - Gaining Early Awareness and Readiness for Undergraduate Programs - a partnership between HCC, Aberdeen Middle School, Susquehanna Workforce Network, Inc., and the Harford County branch of the NAACP. Tickets cost \$15 for adults and are free for ages 17 and under. For tickets and information call the box office at 410-836-4211.

FRIDAY FEBRUARY 2 WACVA MEETING

There will be a meeting of the Women's Army Corps Veterans Association Maryland Free State Chapter 70 at 2 p.m. at the Senior Citizen Center, Aberdeen. All women veterans, active duty, Army National Guard, Army Reserve, Women's Army Auxiliary Corps, Women's Army Corps, Army Nurse Corps, and women soldiers of the Air Force, Navy, Marines, and Coast Guard are welcome to attend and join as members of the chapter, members at large, and associate members. For more information, contact Wanda Story at 410-272-5040 or check out our web sites at www.wacva.com and www.armywomen.org.

PORCELAIN DOLLS

A beginning porcelain doll class making a Sugar Britches Doll will be held on Feb. 2, 9 and 16 from 9:30 a.m. to 12:30 p.m. at the Edgewood Arts & Crafts Center, located in building E-4440. Preregistration is required because class size is limited. Cost is \$30 plus supplies. Call 410-436-2153.

FRIDAY FEBRUARY 9 THREE LITTLE BAKERSTHEATER

The Civilian Welfare Fund is sponsoring a trip to the Three Little Bakers Dinner Theater to see "Showboat." The price is \$46 per person and includes dinner, the show and charter bus transportation. For more information or reservations call Angela Keithley or Jacqueline McKeever, at 278-4603/4771.

LEAVE DONATION

Employees eligible for donations in the Voluntary Leave Transfer Program are:

Ameneh M. Arasten (maternity)	surgery)
Fay Walker Banker (hip replacement)	Angela R. Little (neck and shoulder injury)
Marian Bellis (fracture of left tibia)	Rebecca G. Mercer-Leto (heart attack)
Barbara Boyd (mother is ill)	Nicholas J. Lombardo, Jr. (heart attack)
Bonnie Bromley (liver transplant)	Stacy Miller (maternity)
Daniel Brown (father has emphysema)	Mary V. Overstreet (twisted and sprained wrists and legs)
Tammy Budkey	Debi L. Petosky (back surgery)
Nancy Coleman-Jones (surgery)	Cecil Pennington (surgery)
Bonnie K. Day (surgery)	Barbara Carol Remines (surgery)
William H. Davis (recovering from illness)	Michael Reynolds
Tricia Lin Dietz	Janice M. Rice (assist ill mother)
Fred Dill	Denise Robinson (maternity)
Surinder K. Dillon	Ricky Ross (heart attack)
Joseph R. Dugan	Tami C. Rowland (maternity)
Messina Enderlein	Allan Scarborough (back surgery)
Wayne Erb (wife is ill)	Sherry Schaffer
Willa Freisheim	Lena Shelton
Penelope K. Galoff (maternity)	John E. Smith
Norman L. Greear	Motoko Stahl
Michael L. Hitchcock (surgery)	Rachel Swearingen
Melanie A. Hoffman (parasitosis, fibromyalgia condition)	Ronald L. Taylor (chronic pulmonary disease)
Stephen Howard (bone marrow transplant)	Frances L. Thomas
Wayne A. Jaynes	Rosalind Walters Kenion (maternity)
Evelyn K., Johnson (surgery)	Cecelia Walton (respiration problems)
Carole Jones	Willie Williams
Marlin Julian (heart surgery)	Charles Young (kidney and pancreas transplant)
Jennifer Keetley (maternity)	Josephine O. Wojciechowski (care for elderly parents)
Beverly King (caring for husband)	
William Klein	
Yvonne Lissimore (knee	

For information about donating annual leave, call Dave Mial; 410-278-1524; or fax 410-278-7877.

HAIR JAM 2001

Hair Jam 2001 will be held at Top of the Bay Ballroom at 10 p.m. The Hair Show begins at 10 p.m. Hair styles will be presented by beauty and barber shops in Harford County, including Anthony's Barber and Beauty Salon, Charleena's Higher Expectations Beauty Center, Classic Trends II barber and Beauty Salon, For The Total You Beauty Salon, Gentlemen's Edge Barber Shop, Gilda's Just a Hair Better, Marvelous Marvin's Cuts, Rokia's Hair World, Supreme Cutz Barber Shop and Turning Heads Beauty Salon. Dance will be from 11 p.m. to 2 a.m. Out Da Way Entertainment will provide music. Age limit is restricted to 21 and over. Dress to impress; no sneakers, timberlakes, sweat suits, jeans or bandanas. For more information or to purchase tickets, call 1-888-934-7031.

SATURDAY FEBRUARY 10 CERAMICS CLASS

A basic ceramic class will be held on Saturday, Feb. 10 from 10 a.m. to 1 p.m. at the Edgewood Arts & Crafts Center, located in building E-4440. This class will teach the basics of mold pouring, glazing and painting. For more information call 410-436-2153.

SUNDAY FEBRUARY 11 VALENTINE'S DAY BRUNCH

Show your loved one how much you care by treating them to Top of the Bay's Valentine Brunch. Two seatings will be held, from 9:30 to 11:30 a.m. and from 12:30 to 2:30 p.m. Reservations are REQUIRED by 4:30 p.m., Thursday, Feb. 8 by calling 410-278-3062/2552. Telephonic credit charges (VISA and Mastercard only) are accepted.

The breakfast menu will include an omelet station, French toast, waffles, sausage, bacon, creamed beef with biscuits, home fries, grits, Danish, muffins and cereal. The lunch menu includes carved top round of beef and roast turkey, seafood newburg, herbed pork chops, pasta, potatoes and rice, assorted vegetables, assorted deserts, champagne and other assorted drinks. Complimentary flowers and candy will be given to your sweetheart. Cost of the brunch is \$13.95 for adults, \$6.95 for children ages 6-11, and under age 6 are free. An Easter brunch also is planned for Sunday, April 15.

WEDNESDAY FEBRUARY 14 EA OFFICERS' WIVES CLUB LUNCHEON

The Edgewood Area Officers' Wives Club will hold its monthly luncheon on at the Olive Tree Restaurant in Aberdeen. Social hour begins at 11:30 a.m. and lunch is served at noon. Stephanie Borneman of The Hay's House Museum will speak on the colonial life of a woman. Entrees include lasagna, fettuccini primavera, or chicken parmigiana, soft drink or iced tea, and Italian salad, garlic herb breadsticks and cheesecake. Cost is \$12.50 and includes tax

FINANCIAL TIP OF THE MONTH

Establish a budget and stick to it

Have you ever withdrawn \$50 from an ATM to discover two days later it's gone and you don't know where? In order to meet your financial goals establish a budget that will meet YOUR needs, not the Jones's. To do this, keep track of your everyday living expenses to find the leaks. Do this for one month. Hint: A daily cup of coffee can cost you \$200 a year or more.

For more information on these or other financial topics please call Tricia Jewitt at the Army Community Service, 410-278-4372.

SAFETY TIP OF THE MONTH

Adventures in driving decision-making brought to you by the Installation Safety Division.

Situation: Imagine driving 65 mph (posted speed) on a large interstate highway. You are moving with the flow of traffic and there are vehicles quite a distance ahead of you. Suddenly the cars are slowing and stopping and you're coming up on them fast. What should you do?

A. Stomp on the brake to come to an emergency stop.

B. Hard brake to reduce speed, then medium brake to maintain steering control.

Answer A. Your decision to "stomp on brake to come to an emergency stop" may not have been the best choice. You shouldn't have to come to a panic stop - this could send you into a skid or result in getting run into from the rear. Since you have been moving with the flow of traffic, you'll have time to slow at the same speed that the cars ahead of you are slowing. Although you have less braking time because they've already started before you, still they should be far enough ahead.

Answer B. You did the right thing. You don't have to make a panic stop. "Hard brake to reduce speed, then medium brake to maintain steering control" is the way to go. Driving along an interstate with a posted speed of 65 miles an hour and moving with the flow of traffic means you'll have time to slow at the same speed that the cars ahead of you are slowing. The biggest hazard you have under these circumstances would be to stomp on the brakes and get into a skid or stop too quickly. Doing that you could get run into from the rear.

and gratuity. Call Diane Payne, 410-569-5116 or Jenna Edens, at 410-676-1487 for reservations by Feb. 9.

SATURDAY FEBRUARY 17 STAINED GLASS

A beginning stained glass class will be held from 9 a.m. to 2 p.m. at the Edgewood Arts & Crafts Center, located in building E-4440. Students will make a simple suncatcher using the copper foil method. Cost of the class is \$25 and includes supplies. For more information, call 410-436-2153.

SUNDAY FEBRUARY 18 WILBERT DAVIS GOSPEL NIGHT

February is Black History Month. The U.S. Army Ordnance Center and Schools is sponsoring Wilbert Davis Gospel Night at 4 p.m. at the Post Theater. For more information contact Master Sgt. Davis, OC&S Equal Employment Opportunity office at 410-278-5598.

TUESDAY FEBRUARY 20 BLACK HISTORY MONTH MEAL

The annual Black History Month meal is scheduled at post dining facilities, buildings 4219, 4503, and E-4225 from 5:30 to 7:30 p.m. Military, family members, Defense Department civilians, retirees and guests are invited for a meal of old-fashioned bean soup, spareribs, fried and baked chicken, fried catfish, roast beef, pulled pork, black-eyed peas, ham hocks, baked macaroni and cheese, steamed rice, corn-on-the-cob, greens with ham hocks, corn bread with bacon bits, salad bar, potato salad, fruit salad, cole slaw, with assorted pies, puddings, ice cream, fresh fruit and beverages.

The standard meal rate is \$3.20. The discount meal rate of \$2.65 applies to spouses and other family members of soldiers with rank private through specialist/corporal. For information call Edward Parylo or Joyce Thane, 306-1393/1398.

WEDNESDAY FEBRUARY 21 COURSE FOR GIRLS AGES 11 AND OLDER

A free 10-week course for girls ages 11 and older will be held on improving outer appearance while discovering inner beauty, Feb. 21 to April 25, from 6:30 to 8:30 p.m. at the EA Chapel. Topics will include diet, exercise, facial beauty, fashion and wardrobe, hair styling, etiquette, fashion show and self-esteem.

Call Gwen during business hours Tuesday through Friday at the EA Chapel office, 410-436-4107/4109, or in the evenings, call Audrey Vermont, 410-272-3803.

LIBRARY UPDATE

The Garrison Library has books for the New Year's weight loss resolutions. Come by either the Aberdeen Area Library or the Edgewood Area Branch Library and check out some books.

Body for Life: 12 weeks to Mental and Physical Strength by Bill Phillips

Complete Home Fitness Handbook edited by Edmund R. Burke

Eat to Win for Permanent Fat Loss by Robert Haas
Eating Well for Optimum Health by Andrew W. Weil
Eight Weeks to Optimum Health by Andrew W. Weil
Fit for Life: A New Beginning by Harvey Diamond
Fitness for Dummies by Suzanne Schlosberg
Mayo Clinic on Healthy Weight
The Pilates Body by Brooke Siler
Weight Training for Dummies by Liz Neporent

The Aberdeen Area library, building 3320 on Aberdeen Boulevard, is open Monday through Wednesday, 11:30 a.m. to 7:30 p.m., and Saturday and Sunday, 1 to 5 p.m. The Edgewood Area library, building E-4405 on Austin Road, is open Wednesday and Thursday, 11:30 a.m. to 7:30 p.m., and Sunday, 1 to 5 p.m.

MOVIES

Post Theater admission is \$3 for adults, \$1.50 for children.

VERTICAL LIMIT

Friday, Jan. 26 and 27, 7 p.m.

Starring: Chris O'Donnell, Robin Tunney

A young climber must launch a treacherous and extraordinary rescue effort up K-2, the world's second highest peak, to save his sister and her summit team in a race against time. (Rated PG-13)

THEYARDS

Saturday, Jan. 27, 9 p.m.

Starring: Mark Wahlberg, Joaquin Phoenix

After serving time in prison, Leo just wants to get his life back on track. So, Leo returns to the one place he thinks will be safe, home. There, he takes a new job with his Uncle Frank, and is reunited with his longtime friend, Willie and Willie's girlfriend Erica. But in the yards, he's drawn into a world of sabotage, high stakes, pay-off and even murder. (Rated R)

RETIRES FOR JANUARY

The monthly retirement ceremony will be at Dickson Hall, January 31, at 2 p.m.

Ernest M. Atwell, ATC, 32 years
Frederick C. Baldauf, SBCCOM, 41 years
Sylvia M. Bauer, PMCD, 42 years
Margaret K. Boyle, ATC, 16 years
Flora W. Bradley, DTC, 27 years
William A. Broadhurst Jr., ATC, 30 years
Edward F. Carson, DSHE, 40 years
Charlotte E. Case, ARL, 25 years
Clarence L. Choate, SBCCOM, 37 years
Aivars K.R. Celmins, ARL, 36 years
Edward F. Colburn, SBCCOM, 28 years
Peter W. Dolan, TEU, 32 years

Donna W. Donache, DTC, 32 years
Francis W. DuBois Jr., ATC, 37 years
Julia DuBois, DTC, 25 years
Patricia A. Easter, DLES, 33 years
Warren T. Eller, SBCCOM, 39 years
Michael G. Finkle, AEC, 43 years
Lucinda J. Giles, PMCD, 17 years
Richard J. Graham, SBCCOM, 41 years
George J. Gray, SBCCOM, 38 years
Glen R. Gray, ATC, 40 years
Phyllis A. Gray, SBCCOM, 36 years
Charles B. Haley, ATC, 23 years
Joseph Huerta, SBCCOM, 35 years
Janet W. Hurley, ATC, 20 years

George A. Jack, ATC, 35 years
John D. Jackson, PMCD, 30 years
Franklin O. Johnson, ATC, 34 years
Walter K. Jones, ATC, 34 years
Richard E. Kehoe, OC&S, 41 years
Louis T. Kline Sr., DPW, 14 years
John R. Kopczyński, SBCCOM, 22 years
Frank G. Lattin, SBCCOM, 32 years
James C. Libby, DTC, 39 years
Malcolm E. Little, SBCCOM, 37 years
Thomas A. Lucas, ATC, 32 years
Frank J. Malkin, ARL, 39 years
Janet M. McMillion, SBCCOM, 37 years
Robert A. Miller, SBCCOM, 38 years

Donald H. Nesbit, SBCCOM, 25 years
Robert T. Pakulski, DPW, 27 years
Joseph A. Rehrmann, SBCCOM, 37 years
Betty G. Sexton, ATC, 20 years
Joanne M. Sexton, DRM, 20 years
Elaine R. Smith, AMC Acquisition Center, 33 years
William E. Smith, SBCCOM, 33 years
Ronald R. Sommer, ATC, 31 years
Richard A. Stephens, ATC, 39 years
Robert M. Taylor, ATC, 29 years
Audley J. Thomson, DPW, 5 years
Carlos Torres Costa, OC&S, 46 years
Betty J. Wyman, AEC, 37 years
John G. Zdenek, IRAC, 35 years

Sports & Fitness

USMC rides Barfield to 38-26 win over Company A, 16th

By Yvonne Johnson
APG News

It wasn't a scoring clinic; it just looked like one.

The U.S. Marine Corps Detachment's Quinn Barfield strapped on an invisible saddle and carried his team to a stunning 38-26 win over Company A, 16th Ordnance Battalion during a Jan. 17 matchup at the Aberdeen Area Athletic Center.

The win was stunning because Barfield scored 27 of the team's 38 points.

The lanky 20 year-old from Victoria, Texas, said he enjoys playing on a team that has welded together so quickly.

"We've only played three games but already we know each other pretty well," Barfield said. "We're pretty tight and there's no bickering."

There certainly was no bickering about who got the ball that night.

The team's obvious go-to man, Barfield, dominated the offense, and defense, from the perimeter, in the paint and at the free throw line.

He played with a reckless abandon found in players more interested in winning than in looking good. It was refreshing to watch.

Company A, down 21-12 at the half, put up a challenge in the second half but didn't seem to have an answer for Barfield.

"We're searching for our offense right now," said J.R. Oglesby, a student coach who



leads the team under the guidance of senior drill sergeant Lawrence Sheperd.

Undaunted by the team's 0-3 start, Oglesby said he still looks forward to a challenging season.

"They're enthusiastic and they work hard," he said. "All we can do is get better."

Antonio Fails was Company A's high scorer with 14 points.

USMC's Michael Thomas was the teams' next highest scorer with 5.

Coach Pat Hannon, despite the team's winning performance, refused to underestimate his opponent.

"They played with a lot of energy the whole game," Hannon said. "I told my guys at half time not to let up or they'd come back



Photo by YVONNE JOHNSON

Left, Company A, 16th Ordnance Battalion's Caprice Hall (33) goes after the ball against U.S. Marine Corps' Jarvis Conic (32) and Quinn Barfield (22) during the Jan. 17 game. Above, USMC's Anthony Andrew (52) draws a crowd while he scores two points. USMC won the game, 38-26. Surrounding Andrew are Company A's Antonio Fails (23), Danny Johnson (21) and three unidentified players; USMC's Kerry Byrun (44), and Barfield, the game's high scorer with 27 points.

on us."

"Not to worry," added USMC team captain, Anthony Andrew who was unhappy with the high turnover count. "That's what happens when they don't do what the coach says."

Despite an occasional lapse, Andrew said the team's focus is to win this year's basketball championship.

"We plan to take the tourney, and we will take the tourney," Andrew said. "Mark my words."

Barfield summed it up for all participants in Intramural Basketball.

Downplaying a performance that will be tough to top, he simply said, "I just like to play the game."

Rent ski equipment from Outdoor Rec



Are you planning a ski trip this winter? If you are, stop by the Equipment Resource Center at Outdoor Recreation and rent your skis today.

It is offering a downhill ski season package (skis, boots and poles) for \$100. Keep the equipment until April 1. This also includes three free ski tunings through the season. You can also rent skis for the season for \$70 or boots for \$30.

Rent skis from ERC for \$7.50 a day, boots for \$5 a day and poles for \$2.50 a day, or get the whole set for \$14.00 per day. Take 25 percent off when you rent ski sets for four or more days.

Rent has snowboards from ERC for \$15 a day, and ski bibs and car racks for \$5 a day.

Stop by the E R C building 2407, and get pre-fitted for skis. For more information call 410-278-4124/5789.

Basketball Update

The following results were reported for intramural basketball for the week ending Jan. 19.

ABERDEEN DIVISION

Results
Jan. 17
HHC 61st, 44; NCOA, 24
Company E, 16th, 47; Company C, 16th, 39
USMC, 38; Company A, 16th, 26
Jan. 18
HHC 61st, 34; HHC 16th, 30
NCOA, 51; KUSAHC, 35
USMC, 46; Company E, 16th, 40

Schedule

Jan. 29
6:30 p.m., Company E, 16th vs. HHC 16th
7:30 p.m., USMC vs. HHC 61st
8:30 p.m., KUSAHC vs. Company A, 16th
Jan. 31
6:30 p.m., USMC vs. Company C, 16th
7:30 p.m., HHC 16th vs. NCOA
8:30 p.m., HHC 61st vs. Company B, 16th

Standings

HHC 61st	4-0
NCOA	4-1
USMC	3-1
HHC 16th	3-2
KUSAHC	2-2
Company C, 16th	1-3
Company E, 16th	1-3
Company B, 16th	0-2
Company A, 16th	0-4

EDGEWOOD DIVISION

Results
Jan. 17
Company A, 143rd, 40; 520th TAML, 38
Company C, 143rd, 56; Nat. Guard, 55

HHC, 143rd, 86; Company B, 143rd, 44

Schedule

Jan. 29
6:30 p.m., Company B, 143rd vs. Company A, 143rd
7:30 p.m., Company C, 143rd vs. HHC 143rd
8:30 p.m., 520th TAML vs. Nat. Guard
Jan. 31
6:30 p.m., 520th TAML vs. Company B, 143rd
7:30 p.m., Company A, 143rd vs. Company C, 143rd
8:30 p.m., HHC 143rd vs. Nat. Guard

Standings

Company C, 143rd	3-0
Company A, 143rd	2-1
520th TAML	2-1
Nat. Guard	1-2
HHC 143rd	1-2
Company B, 143rd	0-3

THE WEEK'S TOP SCORERS

Jan. 17
HHC 61st, Thompson, 11; NCOA, Dean, 6
Company E, 16th, Washington, 11; Company C, 16th, Richardson, 11
USMC, Barfield, 27; Company A, 16th, Falls, 14
Jan. 18
HHC 61st, Thompson, 12; HHC 16th, Caver, 9
KUSAHC, Johnson, 14; NCOA, Hill, 16
Company E, 16th, Givens, Gibson, 9; USMC, Barfield, 19
Company A, 143rd, Brown, 17; 520th TAML, Mitchell, 15
Company C, 143rd, Coleman, 21; Nat. Guard, Jones, 13
HHC 143rd, Trent, 33; Company B, 143rd, M. Green, 12

January specials at the Bowling Center

The Aberdeen Proving Ground Bowling Center snack bar offers a variety of menu items including cheese steak subs, burgers, chicken fillet sandwich, meatball subs, wing dings & wing zings, pizza, french fries and more. Until Jan 27, if you buy a key chain at the snack bar with a meal, you will receive a

free drink.

From Jan. 29 through Feb. 2, there will be an E1-E4 Special Bowl (three pay for two). Identification must be shown.

For more information contact Dave Brewner at 410-278-4041.



APG fans rally behind Ravens



By Neal Snyder
USAEC Public Affairs

Coach Brian Billick didn't put the Baltimore Ravens in the Super Bowl. Neither did linebacker Ray Lewis or defensive back Rod Woodson. Nope.

It was the guys and gals in the purple paint. And those who don't paint themselves understand those who do. Fans, buying the tickets and watching the games, provide the financial and probably spiritual pieces that let owner Art Modell build his juggernaut aimed at Tampa's stadium.

Ravens fever has caught hold at Aberdeen Proving Ground, and fans of every stripe show a little more purple this week as the local team girds for a Super Bowl showdown with the New York Giants.

"Everybody's on the bandwagon now," said Matthew Andrews, a program manager with the U.S. Army Environmental Center.

Throughout Harford County, home of the proving ground, "this is like fever, spreading like wildfire. This is great. I went into the grocery store Sunday and one out of every two people had Ravens gear on."

Andrews knows fandom. The program manager for the U.S. Army Environmental Center is, in reality, Fan Man, the Ravens' Ultimate Fan for the 2000 football season. His name is inscribed on a display at the Football Hall of Fame in Canton, Ohio.

With his fiberglass raven's head helmet and purple wings, he might become for the Ravens what his uncle, legendary Willie the Rooter, was for the Colts. He even has the Fan Van — decorated with team signatures — designed to do for pre-game "tailgating" what the Batmobile does for the streets of Gotham.

According to Andrews, being the Ultimate Fan has been an enjoyable experience. He's been on local radio and TV and made a number of personal appearances in full Fan Man costume.

"Sometimes I come home [from work] pretty spent," Andrews said. "But there's the excitement. I see a piece on TV and all of a sudden the adrenaline flows, and there I am back out there."

This year has been good for the relationship between the fans and the team. In interviews, team members "say they hear us and know we support them," Andrews said. "I know the level of noise at the stadium this past year has been higher than ever."

But you don't have to follow the Fan Van around post to see the Ravens colors on APG.

"The whole place has turned purple," said Jerry Bainbridge, a computer specialist with the Aberdeen Test Center's Technology Core. "We have a lot of people putting on Ravens jerseys and lots of Ravens

stuff hanging around people's offices. I've seen cars with Ravens flags on them."

He's known among the stadium fan crowd as "Cat in the Hat" for his headgear which sports a patch from the final game at Memorial Stadium.

Being a Ravens fan came easily to Bainbridge. "They're Baltimore's team," he said. "When the Colts were here I was behind the Colts, when the [short-lived United States Football League] Stars were here I was behind the Stars, when the [Canadian Football League] Stallions were here I was behind the Stallions. Baltimore has had the USFL champions, the CFL champions and the NFL champions."

But among the green Army uniforms you'll catch a hint of purple, too. Some soldiers stationed at APG, even those from other towns, are catching Ravens fever.

"The fans are great. They tend to make you a fan whether you want to or not," said Capt. Anissa McNeill, operations officer for USAEC.

"I'm from North Carolina and we didn't have a team when I was growing up. I tend to take on the team for whatever city I'm in," she said. "This is the first city I've come to with professional teams, so I've become a football and baseball fan."

Therefore, she's been a Ravens fan since their inaugural season in PSINet Stadium. "I've been for the Ravens whether they had a winning season or not."

McNeill said she plans to spend Super Bowl Sunday at a friend's house, watching the game.

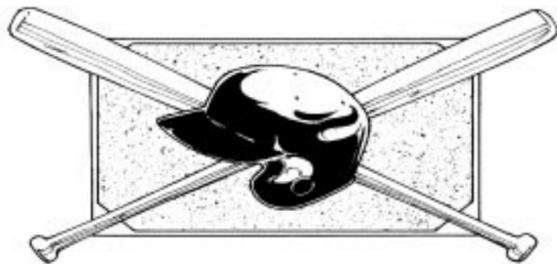
Bainbridge plans to go to a bull roast at Rosedale Gardens near Baltimore, and watch it with members of several "Ravens' Nests."

And Andrews will trek to Tampa, ticketless but ready to party. Visa, the sponsor of the Ultimate Fan program, gave its Super Bowl ticket to Larry "Big Larry" Norwood, the Ultimate Fan for the 2001 season. Policy, said Andrews. He admits to little jealousy—Norwood is another member of the five-man Fan Van tailgating crew.

"I would encourage soldiers to rally around the facilities they have available and watch the game," Andrews said. "They have the unique experience of being part of a community that has a chance to win the Super Bowl. Some of them may not come from towns that have professional football. They may never be in this experience again."

Matt "Fan Man" Andrews, of the U.S. Army Environmental Center, celebrates a Baltimore Ravens victory with "Big Larry" Norwood, left, and Gil "Chain Gang" Sadler. Norwood, Andrews and Sadler were the Ravens' Ultimate Fans for 2001, 2000, and 1999 respectively.

2001 youth baseball/softball registration



Aberdeen and Edgewood Area Youth Services will conduct baseball/softball registration during the month of February.

Registration will only be available at the AA Youth Center, building 2522 on Feb. 6, 13, 22 and 29 from 5 to 7 p.m., and at the EA Youth Center, building E-1902 on Feb. 8, 15, 20, and 27 from 5 to 7 p.m. Sorry, no late registrations will be accepted due to team entry deadlines.

Children can sign up for T-ball for their age as of July 31 (ages 4 to 6), coach pitch (ages 7 to 8), kids pitch (ages 9 to 15), and softball (ages 9 to 18). Cost for registration is \$30 per child; \$20 for T-ball. Practice will begin the first week of April.

At registration time, all children need to bring a completed sports physical, Youth Services annual registration fee, baseball/softball registration fee and birth certificate or military identification.

Volunteer coaches are also needed. For more information, call Bill Kegley, 410-306-2297.

Military.com unveils travel deals for military

By Mike Doble
Military Advantage

Military.com, the online presence of Military Advantage, Inc., announces the launch of three new travel services: the authoritative guide to "Space Available" travel; special discounts on commercial air, hotel and car rental; and an unusual array of extreme military adventure travel opportunities, including Army Ranger-type survival training and flights in supersonic fighter jets.

"Since members of the military community are heavy travelers, we help them save time and money in selecting great travel destinations," said Chris Michel, CEO of Military Advantage. "We make Space A flights and lodging easier to use and offer a wide assortment of fun travel packages and valuable deals."

Space A Travel Guide:

The definitive guide for worldwide Space A travel and lodging, the Military.com Space A Travel Guide helps service members and their families take advantage of this benefit and gain easier access to affordable travel. The guide also helps active duty, family members, reservists, and retirees understand their eligibility for this valuable benefit.

Military Adventure Travel:

Travelers with a desire to go beyond the typical vacation experience can venture into extreme territory with Military Adventure Tours such as:

- Fly in a supersonic fighter jet.
- Drive and fire armaments of a main battle tank.
- Float in zero gravity on flights like those used to film scenes from the movie Apollo 13.

Learn Army Ranger-type jungle, desert or mountain survival skills.

Discount Travel Deals:

Military.com provides worldwide reservations for hotels, vacation homes, airline tickets, rental cars and tours. Packages include military historical tours, history channel tours, fishing vacations, golf vacations, cultural and adventure vacations.

About Military Advantage

Military Advantage serves the 80 million Americans in the military community, offering solutions to consumers and the government agencies that serve them. Military Advantage addresses the unique needs of military consumers and offers solutions related to careers, VA loans, financial planning, GI Bill, travel, relocation and more. Through Military.com, the largest online destination for the military community, Military Advantage keeps the broader military community informed and connected for life. It was founded by members of the military community and Internet professionals, with offices in San Francisco, Washington and New York.

CAC shares information

CAC MEETING, from page 5

Directorate of Community and Family Activities, said a Valentine's Brunch is scheduled for Sunday Feb. 11, at the Top of the Bay. The price is \$13.95 for adults, \$6.95 for children ages 6 to 11, and free to those under age 6. Menu items include a breakfast menu of French toast, waffles, sausage, bacon, creamed beef with biscuits, omelet station, home fries, pastries and cereal. Lunch selections are seafood newburg, roast turkey, carved roast beef, pork chops, pasta, potatoes and vegetables, assorted desserts, and various beverages, including champagne and Bloody Marys. Complimentary candy and flowers for your sweetheart are available to attendees. Two seatings, 9:30 to 11:30 a.m. and 12:30 to 2:30 p.m., are offered. Make reservations by close of business Feb. 8, to 410-278-3062.

An Easter brunch at the Top of the Bay, planned for Easter Sunday, April 15, is on the schedule, and will reflect the appropriate spring/Easter theme.

Ballinger also said scheduling difficulties for the spring Rhythm and Blues and Dog Days of Summer concerts have delayed announcements for the 2001 concert season. Concert dates and talent will be announced as soon as contracts are signed.

Safety on the ice

APG residents are cautioned to avoid the ice on APG, and caution children to do the same. Susie Ashby, spokesperson for the Directorate of Safety, Health and Environment, said the ice on the waters around the proving ground is often too thin to support the weight of children and adults. Military Police will monitor the situation on post.

Marilyn Spence, speaking for the Housing Division of the Directorate of Public Works, said all smoke detectors installed in 1990 or before have been replaced with new ones.

Alice Surette, installation volunteer coordinator, said nominations for Volunteer of the Year are due by Feb. 21. Packets explaining the nomination procedure are available by calling Surette at 410-278-5469.

The Volunteer of the Year ceremony is scheduled for the Top of the Bay, 7 p.m. on Apr. 26.

Housing budget, energy issues, neighborhood concerns

Spidel said that the housing budget cuts remain at 42 percent below the previous budget amount, and encourages all residents to follow housing safety guidelines in order to avoid potential problems. All residents are asked to unhook outside garden hoses during the freezing weather to avoid bursting water pipes. Residents are also reminded that participation in housing cleanup is part of the privilege of living on post. The next cleanup will take place in the spring.

DPW Director Lt. Col. Thomas Kuchar suggested residents turn back the thermostats in their residences when leaving for the weekend and at night, to save on the installation energy bill. This idea is similar to the energy saving program followed by some installation tenants. No one is to turn off the heat entirely, Kuchar said, adding that all unoccupied hous-

ing is kept at 55 degrees, lowering the energy cost, but saving the quarters from cold temperature damage.

Spidel said the energy saving program followed by APG Garrison and several tenants resulted in a savings \$800,000 last year, and thanked participants for their cooperation.

Residents who damage their quarters through neglect, such as failing to disconnect outside hoses during cold weather, are subject to repair or damage charges, Kuchar said.

Neighborhood issues

Neighborhood concerns included speeding in APG neighborhoods, parking violations, and a request for a scooter safety policy to be issued in conjunction with trampoline guidelines.

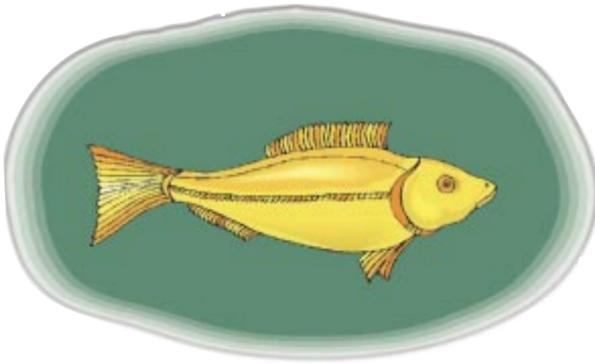
Those noticing speeders are requested to note the time and tag number and report it to the military police. Parking violations can also be called into the station. Trampoline guidelines and a scooter safety policy are being formulated and reviewed.

Kuchar said housing residents are to continue to call DPW if something in their residence breaks.

"I encourage folks to call in if they have something that needs to be fixed," Kuchar said. "We may be able to make a partial repair, and a list of open work orders is helpful in justifying funding requests."

The next meeting of the Community Action Council is planned for Feb. 15 at 9 a.m. in building 305.

Rules apply to everyone who uses APG's waters



FISHING, from front page

protect resources.

"We have implemented measures to close the Bush and Gunpowder Rivers during the month of February to support the State of Maryland Department of Natural Resources' concern for the status of the yellow perch," he said. "February is critical in the reproduction process and the closure will afford the species a better opportunity to reach natural spawning areas."

APG Commercial Fishing Permits and copies of the new regulations are available at the Outdoor Recreation office. Their hours of operations are Saturday and Sunday from 7 a.m. to noon, Monday, Tuesday and Thursday from 10 a.m. to 5 p.m., and Friday from 10 a.m. to 7 p.m.

Those with questions regarding the regulation can contact either

MAIN NEWS PP&T SPORTS

Subscribe now...

BUSINESS REAL ESTATE LEGALS

Save over 50% off the newsstand price!

The Aegis
\$39.90 annual in county

The Record
\$17.64 annual in county

Includes tax. Different out-of-county rates apply.

FREEWHEELIN' CLASSIFIED

Your **community,**
Your **life,**
Your **newspapers.**

Call now!

To order your subscription today call a Circulation Representative at **Homestead Publishing Co.**

410.838.0611 (local) or **410.879.3610** (Baltimore)